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# House&Garden

1975

**MORE DECORATING** for your dollar

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**MORE LIVING** in our new action-packed, small-sized kitchen

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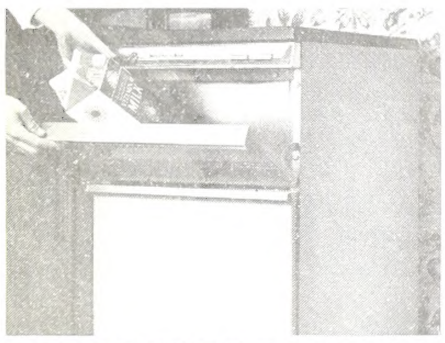
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# House & Garden

(INCORPORATING **LIVING** FOR YOUNG HOMEMAKERS)

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TOM YEE

**ON THE COVER:** 1975 Super Kitchen—action-packed, small-sized—only 15 feet square, it is as efficient a kitchen as the most demanding cook could want, yet looks good enough to entertain in. Space for parties is created by sliding doors, mirror-covered, which open into the dining room, from which the picture here is taken. Designed with Corning and Formica, this kitchen works whether you're a cook or a guest. Corning's 3 + 1 cooktop (3 thermostatically controlled areas where you can use *any* flat-bottomed pan, plus 1 area, which works with *all* your pots and pans, however shaped) can be reached from either side. Ultramarine Blue Formica and open glass shelving are some other design aspects of House & Garden's 1975 less-is-more Super Kitchen. To see it all, please turn to pages 54 through 59.

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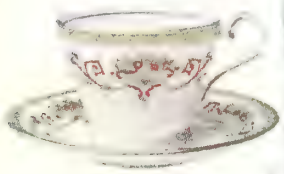
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pillow cases to dream on.
And remember. Like new Calico Dot
here. From a little town in Georgia
called Thomaston.

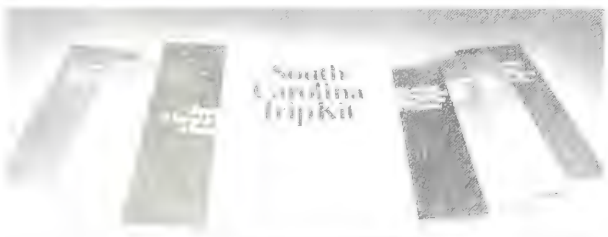
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QUESTIONS & ANSWERS

# Antiques

BY LOUISE ADE BOGER




### Russian Samovar

*I would like to know if my samovar is a genuine Russian one. I found this inscription next to the steam vent.* *N.C.G.—Denver, Col.*

Yes, you have a genuine Russian samovar, which was made at the Medviodevi factory, established at Tula in 1840. Your samovar is especially interesting because it is a complete service consisting of teapot, hot water urn, bowl, and tray. The tea essence was kept warm in the teapot and was diluted in the teacup with hot water.



### Kellogg Medallion

*I have a sofa and six chairs with this medallion. The name is "C. L. Kellogg," for Clara Louise Kellogg, a famous American opera singer. Is this popular furniture or made for an individual?* *K.McC.—Tomah, Wis.*

It is popular furniture, probably made in the 1870s or early 1880s. Singer Clara Louise Kellogg (1842-1916) organized an opera company in 1874, which was widely known in the U.S., and her enterprise and energy in directing it were notable. She retired from her profession after her marriage in 1887.

### Leap Frog Penny Bank




*Our bank has two boys playing leap frog; one jumps over the other and bumps a lever that lets the coin drop into the trunk. Where does the bank come from? Is it old?*
*P. L. Pittston, Pa.*

The leap frog bank is a very realistic bank and was patented on September 15, 1891 by J. and E. Stevens of Cromwell, Conn.




### English Marks

*My old pottery has English marks. Why are so many marks English? When was this mark used?* *W.W.—Cincinnati, Ohio*

In the 19th century, the main suppliers for the American market were the English. The Staffordshire potters W. H. Grindley registered your pattern "Malta" in 1883. Pre-1891 versions have "Tunstall" as the last word instead of England.

*Continued on page 3*



The authentic *Independence Hall Collection* by Pennsylvania House remembers 200 years of gracious American tradition.

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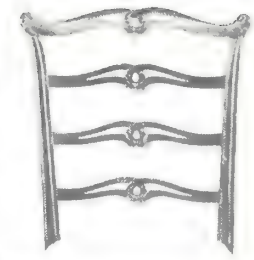
*fine bedroom, dining room and occasional furniture*



APOTHECARY CHEST
width 42", depth 13½",
height

UNION-NATIONAL, INC.
JAMESTOWN, NEW YORK 14701


ANTIQUES *continued from page 6*





### Ladder-back Chair

*I bought a pair of ladder-back chairs at auction. I don't know if they are old. What is your opinion.* *C.T.—Interlaken, N.J.*

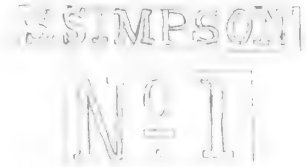
Judging from your photograph, we are inclined to think your Chippendale style ladder-back chair is a successful 20th-century reproduction. The seats for this type of chair were either of the "slip in" kind or with upholstery covering the seat rail. We think that the former gives the chair a more finished and therefore more elegant look.



### German Ring Flask

*Have you any information about this vase or jug that I got in England?*
*J.C.—Port Coquitlam, B.C., Canada*

The form of your pitcher or jug has been adapted from a distinctive German Renaissance salt-glaze stoneware form, namely the ring-flask, especially identified with Siegburg wares. Your glazed, earthenware ring-flask is probably also German in origin, about the 1870s or 1880s.






### American Teapot

*I can't identify the origin of my pewter teapot. Can you tell me from the mark that I've sketched?*
*F.C.Z.—Milwaukee, Wis.*

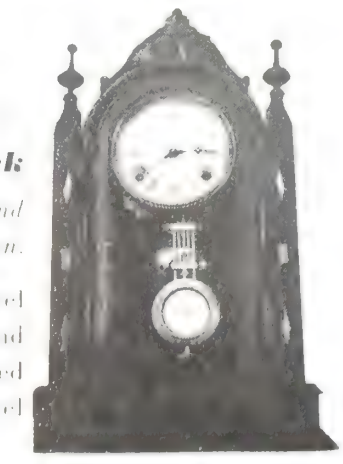
Your teapot was made by the American pewterer Samuel Simpson, who worked at Yalesville, Conn., about 1835-52; New York about 1845-47.



### Bohemian Epergne

*This epergne was sold to me as being Amberina. I'm not sure. What do you think it is?* *N.S.C.—Lufkin, Tex.*

Your glass epergne is not Amberina, but like Amberina it is a heat-sensitive glass, meaning when a portion is reheated a second time it takes on different tones of color. Your epergne is Bohemian glass, probably dating about the 1880s.



### Connecticut Clock

*Could you tell me who made my clock, and about when.* *H.L.—Westport, Conn.*

Your "Turret" spring driven walnut mantel clock was made by the Ansonia Brass and Copper Co., Ansonia, Conn., who showed the model in an 1874 catalogue. The model was discontinued about 1877 or 1878. ■



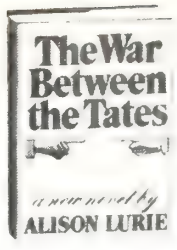

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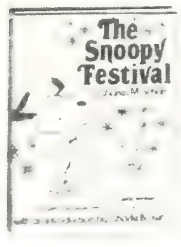

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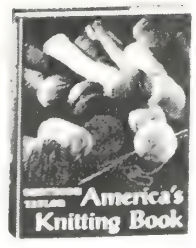

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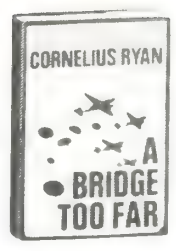

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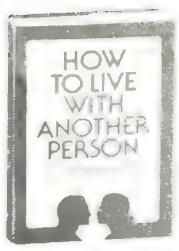

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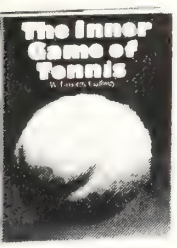
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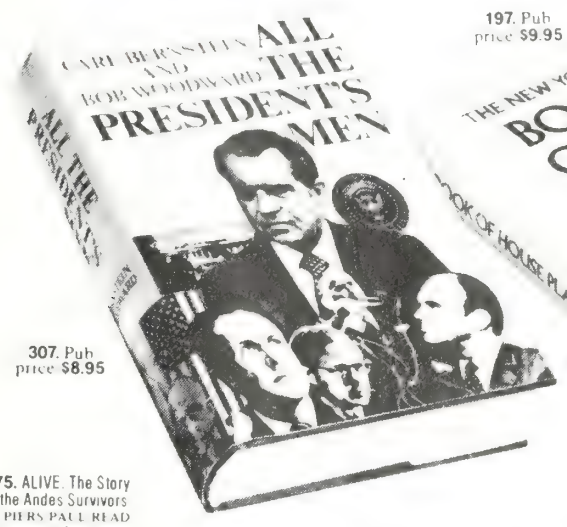
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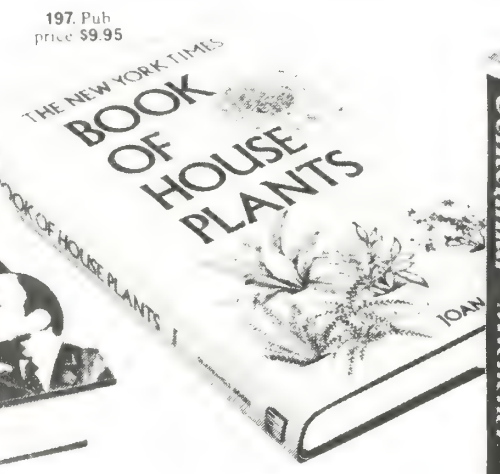



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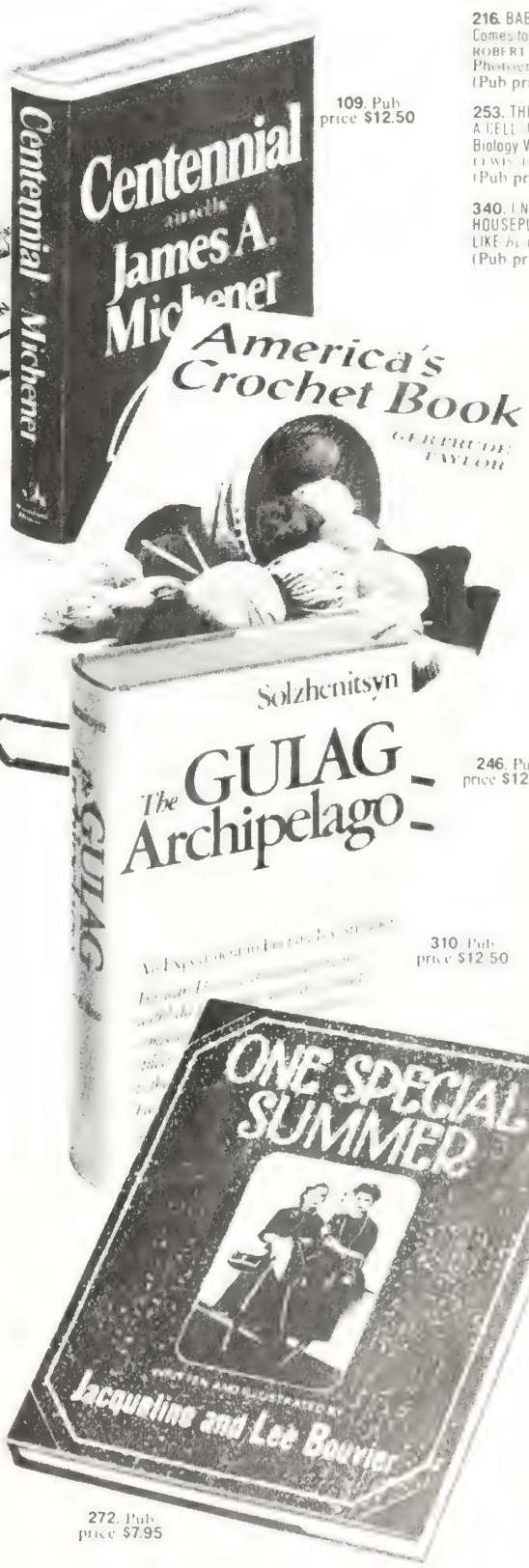



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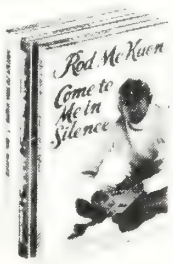
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SOME NOTES ON GOOD LOOKS AND GOOD HEALTH

# *Going into the new year* feet first

***Five steps to foot care from orthopedic surgeon and international foot specialist, Dr. Nathaniel Gould***

**BY CAROLINE SEEBOHM**

Foot-loose and fancy-free . . . Sounds lovely, doesn't it? The interesting thing is that being fancy-free has a lot more to do with your feet than you might imagine. Unhappy feet, whether through bad circulation, aching muscles, poor balance, or constricting shoes, can cause backache, neck pain, and an all-over feeling of fatigue. (Young people, particularly, who complain of tiredness and lack of energy are often found simply to be wearing the wrong kind of shoes.)

We are, however, becoming much more foot-conscious—particularly women. According to Dr. Nathaniel Gould, chief orthopedic surgeon at Brockton Hospital, Massachusetts, a founder and former president of the American Orthopaedic Foot Society, Inc., most women today are wearing shoes that are practical and comfortable. "As far back as the 14th century," he says, "we find high heels and pointed toes for women. People in the past paid no attention to comfort. But today with women out of the house, doing jobs that men were doing, they are on their feet much more and find it's essential to be comfortable.

There are new developments afoot in orthopedics, too, Dr. Gould points out. The American Orthopaedic Foot Society, founded only six years ago for research and education into foot problems, works closely with shoe manufacturers in trying to produce better-shaped shoes. One of its earliest successes was getting manufacturers to stop making pointed-toed shoes for children, in vogue at the time. A big effort is being made to "educate the man in the shoe store" to give you the right design and fit. "I can see the time," says Dr. Gould, "when you will walk into a shoe store in the morning, casts will be made of your feet, and you will return in the afternoon to pick up your shoes."

Dr. Gould also told me a piece of exciting news for the feet of the future. "We have just discovered that certain defects of the feet [for example, calcaneo-vulgus feet, where the feet muscles and ligaments have been stretched, causing painful and inhibiting flat feet] are a predisposition before birth and can be diagnosed at that time. This means a baby can be given corrective surgery within the first six months, which is when it is most effective. Before now, flat feet sufferers had little recourse. Children today can start out with healthy feet and straight legs."

If you think that maybe you are not giving your feet the attention they clearly deserve, here are five ways to care for them from Dr. Gould:

***Take care of your feet as much as you take care of your hands*** —wash them, powder them, cream them, trim the nails (straight across, which helps prevent ingrowing toenails), keep them clean.

***Walk a little more.*** The chief way that blood comes uphill from the lower extremities is by action of the muscles on the veins.

*Continued on page 11*



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## GOING INTO THE NEW YEAR FEET FIRST

*continued from page 12*

If the muscles are not exercised sturdily every day to some degree you tend to get stasis of the circulation and a tiredness, which affects you all over. Circulation is improved just by motion—you don't have to climb or jog, just walk at your own most comfortable pace.

***Foot exercises.*** For instance, walking on the ball of the foot and pressing the feet help circulation and take out some of the tiredness. Circulation of the feet really has to be worked on since the feet are so far away from the heart. When you are resting and put your feet up, put them not just on the floor but higher than your heart.

***Watch out for callouses and corns.*** They mean something is wrong. Corns are usually attributed to confining footwear. Callouses mean there is something wrong with the way you are standing or walking or in the way you direct hit the floor. Your shock absorbers aren't working properly, creating hard skin. See your doctor for either of these problems—they can be corrected.

***To wear the right shoes.*** This is a huge subject, but briefly, follow these guidelines:

*(a) Wear healthful, safe, and shoes.* Leather is soft, flexible, and allows the foot to breathe. Rubber heels give lift and prevent skidding, but thick rubber soles are not good for long periods of time—they disturb the breathability of the foot so it will perspire and get tired.

*(b) Shoes should be as light as possible.* Think how many times you pick up your feet—the added weight of the shoe only creates more effort.

*(c) Wear boots only for protection against the elements or for sports or certain jobs.* They can be very tiring.

*(d) Wear as low heels as possible.* High heels throw you off balance. To see what this means, strip down in front of a long mirror and watch yourself walk across the room in high heels. The knee has to be bent, the hip also bends, the lumbar region has to make an extra high arch, the neck cranes, the head is held badly. The higher the heel, the more you curve. As a matter of fact, if you are wearing a 2-inch heel you do not automatically become 2 inches taller, because your body is having to make these compensatory curves for balance. High heels also thwart the motion of the foot from going through its shock-absorbing action, which affects the joints all the way up the leg and into your back and up to your neck, jarring your whole body.

The act of wearing shoes is not what's wrong—it's wearing shoes not proper for *you*. Have a foot check-up to find out the predispositions of your feet with an orthopedic surgeon specializing in feet, or at a foot clinic (these are now being set up all over the country in response to this new foot consciousness)—then you can find the right shoes for you. For instance, when you try it on, you should measure the width of the shoe sole to make certain it is big enough and learn how high your arch is—a person with a high arch should have a shoe that fits the arch and supports it. Lower arches need similarly lower-arched shoes. Wiggle your toes in the shoe—the "toe box" should be deep enough not to press your toes. See that the shoe has a straight inside last—so that your inside heel and big toe are in a straight line.

Wearing the right shoes and keeping your feet healthy means you really will be foot-loose and fancy-free this coming year and forever. ■




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Carpet gives rooms wall-to-wall sameness in both color and texture.

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Just think of the spectacular effect you could get by using ceramic tile on your living room floor.

Or think of the dramatic look you can get in a hallway or in your foyer.

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And, as strange as it may seem, the older it gets, the better it looks.

Now, if ceramic tile makes a lot of sense on floors, just consider it for the kitchen. On the walls. Countertops. And on splash backs.

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The glazed decorator tiles used to remodel the fireplace shown above cost just $149.40. Which shows what a little tile and a little money can do to warm up a room.

But these ideas don't have to be just pretty pictures in a magazine.

You can create the same kind of excitement right in your own home.

In your dining room, with one accent wall of sculptured tile.

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PHOTOGRAPHS BY OTTO STORCH

Or in the bedroom, with a wall mural from floor to ceiling instead of a headboard for your bed.

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## *A great American idea*

# SEVENTY YEARS OF AMERICAN GLASSMAKING

BY KENNETH BATES

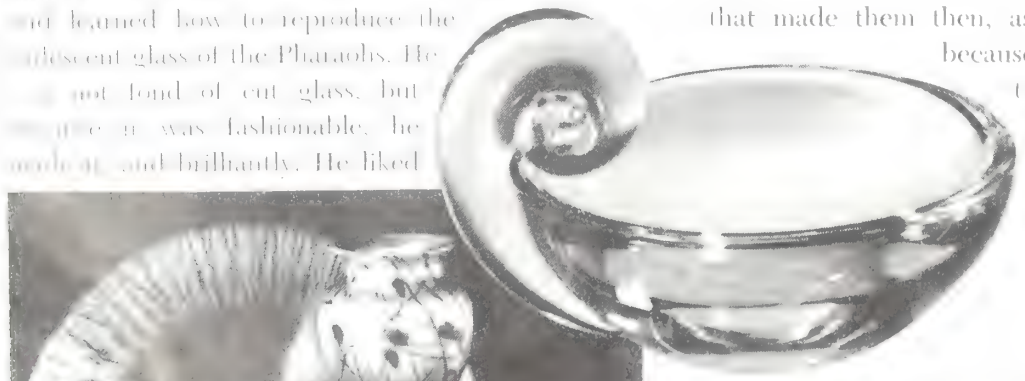
Like Hans Christian Andersen's little girl whose red shoes wouldn't let her stop dancing, people who love American glass can't stop collecting. Nor do they want to. Indefatigable, they hunt until they find what they want, which they usually do, unless it is a piece of Steuben glass designed by Frederick Carder during the first third of this century. To come by, this is a trophy that requires the patience of a saint. Mr. Carder was an Englishman who came to this country in 1903 and established in Corning, N.Y., the Steuben Glass Works, an independent firm, which in 1918 became a division of the Corning Glass Works. (Steuben is the name of Corning's county.) In a few years, Carder had revolutionized the industry, at least in its design aspect. A combination of visionary and artisan, he probably came as close to genius in his field as has anyone. Paradoxically, he was a classicist—and also a revolutionary.

This was the period of Art Nouveau, that astounding style based on natural forms that today we find somewhat more extravagant than natural. Carder admired it, but interpreted it in his own way in untold forms and colors. He designed everything from table services (some of them included six different stemmed glasses for as many wines—a test for even a prestigious wine cellar) to cologne bottles that looked as though they were made of precious gems to bowls of *Verre de Soie*—a glass invented by Carder that looks and feels like frozen silk. He never stopped creating new techniques, new formulas. His colors were ravishing and arrived at in such complicated ways as incorporating crushed glass of one color with molten glass of another, and then enclosing the whole in a vase or bowl in clear crystal. Sometimes he would combine three layers of color to produce a curious tint neither he nor anyone else knew could exist outside nature. His favorite he called Plum Jade. He loved the work of the ancients and learned how to reproduce the iridescent glass of the Pharaohs. He was not fond of cut glass, but since it was fashionable, he made it, and brilliantly. He liked engraved and etched glass, however, and his triumph, to him, he called Intarsia, the Italian word for inlaid wood, and produced by an intricate technique whereby a design in colored glass was encased between two layers of clear crystal. The three layers had a total thickness of less than ⅛ of an inch. He began experimenting with this process in 1916, and when he thought it was perfect, so did the Metropolitan Museum of Art, who exhibited it in 1925. Today, fewer than 100 examples of Intarsia are known to exist, and most of them are tucked away like gold in museums.

And that is why the collector is apt to go slightly mad tracking down his quarry. Occasionally, some of the Carder pieces appear at estate auctions, but not often. There isn't that much of it. Sometimes a plate or two can be wheedled out of a friend or be found sitting like a dusty jewel on a back shelf in an antiques shop. And the fact that the glass ceased being made in 1932, when Mr. Carder retired, helps not at all. It was the year that colored glass, as most things do, went out of style, and after thirty years of pleasant profit-making, Steuben began to lose money.

The only obvious answer was a change of image, and the man who changed it was Arthur A. Houghton, Jr., who became president of the company. Young, inexperienced, but enormously *aware* (his great-grandfather was the founder of Corning Glass), he knew that the pendulum had to swing as far to the left as it had to the right (or vice versa), and proceeded accordingly. With two associates, John M. Gates, an architect, and Sidney Waugh, a sculptor, Houghton initiated the new regime. Where Carder's glass had been as resplendent as a rainbow, Houghton's was absolutely colorless, pure, and, at first, austere. The early pieces, mostly tableware, were more utilitarian than decorative, but they bore the stamp of elegance that made them then, as now, unique. In time, because Houghton loved sculpture and painting, he instigated the creation of the decorative object—not utilitarian at all, simply

*Continued on page 18*



*Gold Aurene dish and vases (1.1.1.) designed by Frederick Carder during the 1920s. "Aurene" is a word coined by Carder. Latin in derivation, it means cold sheen. Large vase lent by the Smithsonian Institution, small vase and dish lent by private collectors. Olive dish, above, designed by John Dreves in 1939 during the Houghton period. In the collection of the Cooper Hewitt Museum of Decorative Arts and Design, Smithsonian Institution, New York, N.Y.*






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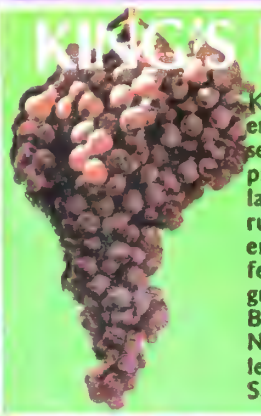

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**"The glass is so varied that you can collect it in two ways: for its sheer ornamental beauty, or for something meant to be lived with and used every day of your life"**

## AMERICAN GLASSMAKING *continued from page 16*

something beautiful to look at and wonder how it had ever taken form. Inspired by legends, nature, and poetry, they were poems in themselves—sculptured ones. Some designs were one-of-a-kind, or made in a limited number; others can still be commissioned if one can afford the not inconsiderable price.

Which brings us right back to the subject of collecting. These are not (in the sense of old pressed glass goblets) "collectable" objects (except for museums and millionaires), and while most of them can be seen at the Corning Museum of Glass, this involves traveling, not easy if you live in the far reaches of Texas or Nebraska. Which is what inspired the Toledo Museum of Art, noted for its collections of glass, to pose the idea of a traveling exhibit that would cross the country (even go to Canada) over a period of two years, a "road show" that would perform in nine different museums. (*See schedule, below.*) Delighted with the idea, Steuben immediately went to work assembling the collection, borrowing from its own museum and any others that owned an important piece. The glass travels like royalty in specially designed cases with felt-lined top sections that look like vitrines, and lighted as carefully as a tableau in the theatre—sometimes with incandescent light, sometimes with fluorescent tubes, depending on the nature of the glass.

When it is time to move on to the next city, the glass goes into a lower compartment filled with "pigeonholes" that fit them like a glove, and all interstices are filled with a plastic packing material. Then off go the travelers, safe as houses.

About one quarter of the exhibit consists of Carder designs, the rest is drawn from the Houghton period. Some are so magnificent that they have been gifts of state to other countries. Others are so simple that they are meant to be lived with and used every day. Always, the emphasis is on the crystal itself and the cycle it has run from glorious color to its present and unique colorlessness, purity, and optical brilliance. In either case, the glass is startlingly *alive*—a great achievement in the craftsmanship of American glass-making. We are fortunate to have it, if only to look at it in museums, because there is nothing quite like it anywhere in the world. ■

### EXHIBITION SCHEDULE

| | |
|---|---|
| **Toledo Museum of Art**<br>Toledo, Ohio | Nov. 17 to<br>Dec. 29, 1974 |
| **National Museum of History & Technology, Smithsonian Institution**<br>Washington, D.C. | Jan. 27 to<br>May 11, 1975 |
| **Corning Museum of Glass**<br>Corning, N.Y. | June 1 to<br>Aug. 17, 1975 |
| **Art Institute of Chicago**<br>Chicago, Ill. | Sept. 14 to<br>Oct. 26, 1975 |
| **Minneapolis Institute of Art**<br>Minneapolis, Minn. | Nov. 23 to<br>Jan. 4, 1976 |
| **Amon Carter Museum of Western Art**<br>Fort Worth, Texas | Feb. 12 to<br>Mar. 28, 1976 |
| **Virginia Museum of Fine Arts**<br>Richmond, Va. | May 3 to<br>June 6, 1976 |
| **Royal Ontario Museum**<br>Toronto, Canada | July 1 to<br>Aug. 15, 1976 |
| **Museum of Fine Arts**<br>Boston, Mass. | Sept. 12 to<br>Oct. 24, 1976 |




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HELP TO SPEED THE MAIL . . . USE ZIP CODES

# THOUGHTS FOR *the hostess*

**BY MARY MOON HEMINGWAY**

A recent chance discovery of my old high school yearbook reminded me of my indomitable principal's constant exhortation to her pupils to "finish in style." Her admonition haunts me again and although it may seem somewhat paradoxical to begin a new year with an emphasis on endings, I think it's a good idea to make a great last impression. That's what is often remembered most.

With this in mind, you should plan your desserts carefully. ***What can be better than fruit for a fine finale?*** Pears in particular: Pears peeled, simmered in a medium brown-sugar syrup, then soaked in triple sec and served cold . . . Pears cored, filled with marmalade, dashed with curaçao, and steamed . . . Pears poached in vanilla syrup and doused with kirsch-flavored raspberry sauce and sprinkled with chopped pistachio nuts . . . Fresh pears with a subtle, soft cheese (L'Explorateur, St. Benoit, Coulommiers) or with a stronger Stilton, Gorgonzola, Bleu de Bresse.

***There's more to apples than pie.*** Peel, core, butter, sugar, and bake apples until just slightly soft, then flame with kirsch or apple brandy at the moment of serving . . . Cook apple quarters in vanilla syrup, keeping them firm. Drain and place on a bed of spiced applesauce, sprinkle with macaroon bits, and bake until warm. Superb with sour cream. . . . Apple crêpes: apple betty made with butter-fried bread and Calvados; apples baked with a filling of marron purée; applejack soufflé—***you can create any number of great desserts with apples.***

On a cold night ***try a hot macedoine of fruits*** steeped in a citrus syrup, or peaches baked with allspice, honey, and brandy. I love a baked custard pancake—clafoutis with fruit.

And ***end a dinner party with coffee with a difference.*** There's always the popular Irish coffee, but why not try coffee dolloped with rum and pass slivers of orange zest to spark it. Or give your guests a chance to spike their own coffee by offering a choice of coffee go-togethers: anisette, brandy, triple sec. I also like a heady blend of strong coffee, cocoa, sugar to taste, and a whipped-cream topping. And as a pleasant final touch to any after-dinner coffee, serve lemon peel and cinnamon stick stirrers.

I think it's fun to ***have a high tea, which can merge discreetly into a before-dinner, informal cocktail party***—a great follow-up for golf, skating, cross-country skiing. Provide something for every taste with a memorable variety of foods (many can be prepared easily in advance). Sweet sandwiches can be made from pound cake, stale brioche circles, or Genoa cake, buttered and spread with jams, chopped nuts, and fruits and spiced cream cheese. Toasted sandwiches are particularly good made with French bread slices and flavored butters—basil, tarragon, anchovy, mustard, and filled in order with tomato rounds, a chopped egg and pickle mixture, cucumber or duxelles, and chopped ham. A bowl of steak tartare ringed with slices of black bread and the proper accompaniments of lemon wedges and capers makes delightful eating at the end of a day. A sweet thought: broiled cinnamon toast and angel food cake (the latter turns gooey on top). No matter what else you have, a masterful layer cake is still a must—maple, maybe, with macadamia nuts or a sugar-powdered lemon Bundt cake. ■



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# The original: Amaretto di Saronno.®

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# SPECIAL SUPER KITCHEN BOOKLET OFFER

Many of the marvelously efficient appliances, decorative materials and furnishings featured in House & Garden's Super Kitchen '75 were supplied by the country's leading manufacturers. A number of them offer consumer booklets that explain and illustrate how beautifully their products perform. Colorful and informative, these booklets can show you how easy it is to bring super new looks to your kitchen too. You may order any of them by filling in the coupon below, circling the number of each booklet desired. Arrangements have been made for you to order directly from House & Garden so that your booklet requests can be filled as promptly as possible.



1. ENERGY SAVER DISHWASHERS, stainless steel food waste disposers with Wham Jam Breaker to shatter even the toughest jams. A trash compactor to help keep your home neater. And a hot-water dispenser that's almost like having a "built-in teakettle." All are KitchenAid appliances described in colorful literature. Hobart Corporation.



2. NEW BATH LIFESTYLE. Colorfully illustrated brochure contains 12 pages of bathroom design and decorating ideas featuring the Formica system of paneling without grout lines. Formica Corporation.



3. ORDINARY TAP WATER BECOMES CLEAN, SPRING-LIKE REFINED WATER with the Waterfine water refiner—new appliance that removes the most undesirable invisible solids in your water. Read about the many benefits to you and your family in this booklet from the Water Refining Company. 25¢



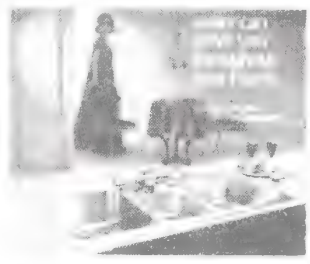
4. BUILT-IN VACUUM CLEANING. Illustrated folder explains plug-in convenience of VACUFLO System. Dust and dirt are picked up, whisked through tubing to power unit located in either basement or garage. Easy installation in new or existing homes. [illegible] Products.



5. BUILT-IN FREEZERS/REFRIGERATORS can add the glamourous look that a fully equipped kitchen needs. Easily and economically installed. Consider the wide choice of models and sizes for flexible arrangements, shown in colorful booklets from Sub-Zero. 25¢



6. BRILLIANT COLORS burst from these 30 pages showing the liveliness of Tru-Test Paints. Paint can do things for your rooms—blue can beautify, red can dramatize, green can calm them. Helpful hints for color planning. Includes popular House & Garden Colors. Cotter & Co. 50¢



7. DRAMATIZE ANY COLOR SCHEME WITH STAINLESS STEEL SINKS. Decorate with flexibility. Eliminate hard scouring and bleaching. Elkay Mfg.'s 36-page color booklet is bursting with new ideas for kitchen, bath, laundry, and recreation room. "Bon Appetit Recipes" included. $1



8. DO IT WITH MIRRORS! They can expand space, magnify beauty, reflect natural light, give depth and dimension to a dark area, add decorative accents, spotlight handsome furniture or art objects. Brochure shows several decorating ideas with mirrors to enhance any room's atmosphere. Libbey-Owens Ford Co.




9. "AN EXCITING NEW WORLD OF MICROWAVE COOKING" is a hard-bound 168-page new cookbook from Litton Industries. It's crammed with over 300 recipes that will satisfy a wide range of tastes and family styles, and can be used for more elaborate occasions as well. $6.95



10. BEAUTIFULLY SIMPLE FLOORS in a wide variety of styles and colors are illustrated in this 32-page catalogue from the Flintkote Company. Many of the reinforced vinyl floors shown are available in Peel and Stick tiles as well as the regular non-adhesive back tile. 20¢



11. FAUCETS THAT WORK WITHOUT WASHERS. A remarkable line of quality single & two-handle faucets are featured in a 18-page, 4-color brochure from the Delta Faucet Company. Designed to mix and match, a wide variety of styles are compatible with any bath, lavatory, or kitchen decor.




12. YOU'LL COOK BETTER AND WORK LESS. Corning's 16-page brochure describes the cooking and easy-cleaning benefits of its new 3+1 smoothtop appliances—three thermostatically controlled surface units and one Multipan™ unit for all your favorite non-flat pans. Free-standing and slip-in ranges as well as built-in cooktops and wall ovens are shown in color.

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THE ENERGY DILEMMA—
A PROGRESS REPORT

# New ways to control the energy you use and new equipment for making more

BY SANDRA ODDO

Here it is January again, and chilly. Gas is in short supply again. We are not surprised. There's still a margin of time, but we're one year further into a very difficult energy situation. It is, as the title of a recently published Ford Foundation energy project report says, *A Time to Choose*.

More and more evidently, the best choices seem to be the natural ones—wind, sun, and water. Energy sources that are alternatives to fossil fuel, that don't have to be strip-mined or broken down by burning, that have been around as long as the world has, but that are suddenly new and young and urgent. Of the companies handling the equipment for alternate forms of energy, perhaps half are less than two years old. They're formed of idealists, individualists, people who are concerned for the environment—and who also happen to be, it seems, hard-headed technicians. Groups of people in Vermont, Colorado, New York, Massachusetts, and California have begun to try to build comfortable, viable communities that do not depend on the use of fossil fuels. And the building committee for one Middle Western church is seriously looking for ways to put the sun to work for its graceful Gothic sanctuary.

Things are still not moving nearly fast enough to suit many concerned and aware people. Most government programs in alternate energy to date have been good programs, but they've been for institutions—schools, office buildings, hospitals. Private citizens are beginning to do it for themselves.

It is, perhaps, a turning point in national character and consciousness. So far all our approaches to energy have been encouragements of use and of waste. Now we have reached the end of the throw-it-away era. From now on, the slogan must be: Build it better, use it longer, value it more. Because, as Dennis a slogan from fashion [illegible] are going to have to get back to basics, and it feels good.

"Basics" means, at this point, conserving the fossil energy we have left, and finding replacements for it. Energy conservation is more than a matter of switching off lights. Without a reorientation in thinking, old habits quickly reassert themselves. But once a commitment to conservation is made, once a house becomes a habitat, some new patterns become obvious. Soon, big-time energy spenders look like, well, the *last* of the big-time spenders. Several new ways of looking at household goods and machinery may help.

**Life-cycle costs.** This is the big step. Acquire major home appliances not on the basis of what they cost to buy, but on what they cost to buy, *operate, and service*. A $400 refrigerator, for instance, will actually cost about $1,100 over the eight years of its normal lifespan, according to a study done at M.I.T. The owner of a $500 color television set might expect to spend another $500 during its usable life, 35 percent of that for repairs. A $600 set might be a better bargain, if it cost less on a life-cycle-cost basis. The life-cycle cost of a heating system is probably the most significant single figure in the cost—in energy and money—of a house. A solar heating system may cost from $3,000 to $5,000 to install but the operating costs are virtually nil. Electric heating is much less expensive to install, but its life cycle costs are staggering—$9 per million BTUs (at 3¢ a kilowatt hour), compared with $3.20 for solar heat, according to Dr. G. C. Szego, president of Inter-Technology. Find out life cycle costs from manufacturers.

**Net Energy Requirement:** As energy gets scarcer, we will have to become more conscious of how it's spent in manufacturing and how we can save it—saving's less important in terms of money than in terms of more available energy. For instance, it costs 2.18 kilowatt hours of energy (about 18 cents-worth at current household

*Continued on page 28*





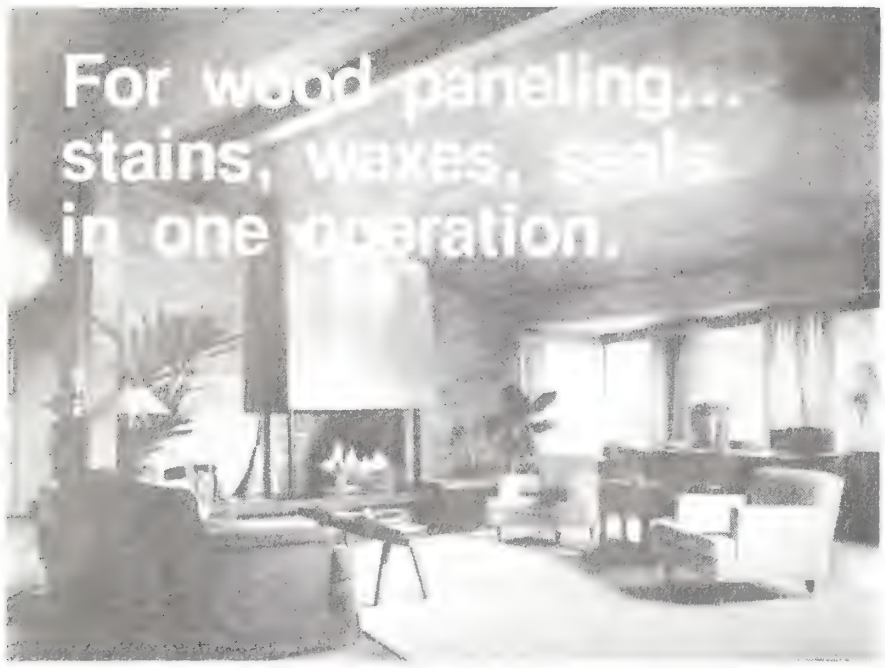
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**"Choose major home appliances on the basis of what they cost to buy, *operate* and *service*"**

## THE ENERGY YOU USE *continued from page 26*

rates) to put one aluminum soda can on your grocer's shelf, according to a study done by Dr. R. Stephen Berry of the University of Chicago. If 25 percent of the aluminum were recycled, it would have cost 1.7 kwhr, saving 22 percent of the energy for more important things. Every product of a manufacturing process can be evaluated this way. Even though plastic bags are a petroleum product, for instance, they still cost less energy to produce than paper bags do (and they can be reused)—so the energy conservationist prefers them. Your consumer's vote, cast thoughtfully through what you buy, can have a real effect. ("Energy Thrift in Packaging and Marketing," a summary of Dr. Berry's findings, is available for $1.25 from the Department of Chemistry, University of Chicago, 5735 S. Ellis Street, Chicago, Ill. 60637.)

With these two principles in mind, carefully examine your patterns of energy use, remembering that *everything* involves energy. How can you cut net cost (and sometimes it takes some digging to find out what that cost is)? How can you reduce life-cycle cost? What's being wasted? What have you got that you can use better? Meanwhile . . . don't forget to turn off the lights and keep the thermostat down.

With all the good will in the world, the individual citizen is not accountable for more than about 5 percent of the savings possible through energy conservation. Residential use of energy accounts for less than one fifth of the national pie-chart of energy use. But the individual citizen can still do a surprising amount, with a certain amount of determination, to free himself from the total domination of petroleum and commercially generated electricity. Free fuel abounds around us, pollution-free, constantly renewed, in sunlight and in the wind.

"I'd have to agree that anybody building a new house now, without considering the use of solar heating, would be foolish," says Dr. Szego. It's the most easily available new energy resource. Enough sun falls on the U.S. daily to supply all our present needs with collectors on .2 percent of our landmass, even if we collected it at no more than the presently possible 10 percent efficiency, according to Van Citters, manager of information services for General Electric.

A recent G.E. survey indicated that 40 million of the 60 million new houses that will be built by the year 2000 will have the capacity for solar heat. If present consumer trends continue, only 4½ million will actually have it—but 20 years later, 44 million houses will be heated by the sun. Even now, even in northern parts of the country (where interest in solar heat seems to be stronger, despite less sun), a solar installation can be expected to supply between 60 and 80 percent of heating needs. Last year at this time, there were less than a dozen solar-heated houses in this country. This year, the best guess is that there are more than 100 in construction, the first results of the "thousands and thousands of requests for information" reported by those few industries that make solar heating equipment.

Solar heating and cooling of houses still have massive problems, but they are mostly problems of economics and esthetics, not technology. If you should want to add solar heat to your house, new or old, here's what you would need:

- A good south-southwestern exposure.
- Some place—roof, garden, house wall—to put solar collectors. They should be placed at an angle close to 45 degrees where they will receive the most possible sunlight.
- Some solar collectors. You can buy one, design your own, or build one from existing plans. Collectors are basically flat black surfaces that absorb heat from the sun, insulated behind and covered with glass in front to keep heat from escaping. Air, water or other fluid circulates over the plate and carries the heat away to be used. Each square foot of collector surface will heat two to three square feet of house. Four will provide all the hot water one household may need; 20 should heat an average house. Single collectors cost between $150 and $300; an entire system completely installed might run from around $3,000 to $5,000.
- Some place to store the heat. Sunshine, unfortunately, just doesn't coincide with the peak need for heat—and the sun has a

*Continued on page 38*

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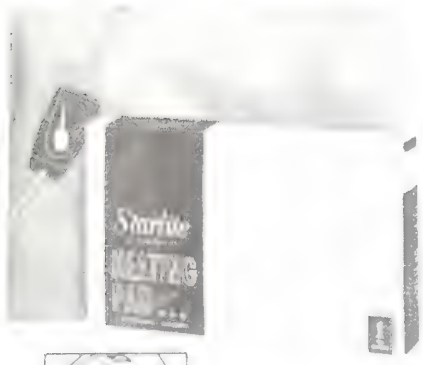
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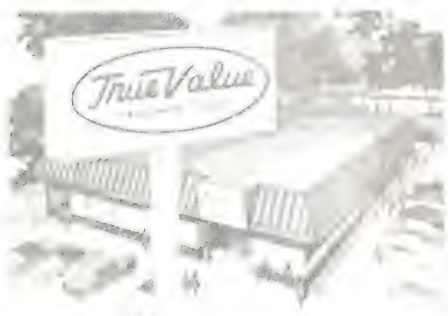





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# HOME IMPROVEMENT IDEAS FOR *the house fixer*

BY WILL MORRI

**CONCRETE BLOCK WALLCOVERING.** *Genon Hercules, a new vinyl material, can be applied directly to concrete block, is available in 54- and 27-inch-wide rolls in colors such as blueberry, empire green, nasturtium, terra cotta. For installation, right, a latex primer is applied over the block to seal out mildew and moisture. Adhesive is then spread over the wall and the back of the material whose thickness and deep woven texture will hide cracks, patches, water joints, and surface defects. It is scrubbable and strippable and can be washed with water and a damp cloth. With the use of a special latex primer, the material can also cover textured plaster, poured concrete, or metal surfaces and glazed tile. Coated Fabrics Group, General Tire & Rubber Co.'s Chemical/Plastics Div.*





**MIRROR MIRROR** is the name of a new one for make-up an shaving, *left*. Glare-free and fog-proof, it has a 40-watt bulb insi the fixture that provides a circle of light around the back-to-bac plain and magnifying mirrors. To use either mirror the circula white plastic fixture can be revolved full circle on its white and yello stand and can sit on the dressing table or be hung on a wall. 12-inch wide, 11½ inches high, it's portable—plugs into any 115v outlet. $1 at drug, discount, and cosmetic counters. Clairol, Inc.

**POWER SYSTEM** *for homes provides electricity if blackouts or other emergencies occur. The auxiliary generating system, right, consists of a 5,000-watt, engine-driven electric generator set and a load transfer switch. When regular commercial power goes off, the generator can produce 120, 240, or 120/240 volt electricity for lights, water pump, heating system, freezer, security system, and appliances. This "Home Standby Power System" is a self-contained independent unit: installed outside the house, the generator set includes the fiberglass housing, electric starter, battery charger, and 5 gallon gasoline tank. The load transfer switch, installed above it, lets electric power from the generator enter house wiring and it also disconnects utility power lines to prevent electrical current from the generator entering them. The generator can operate on gasoline, LP, or natural gas. Onan Div. of Onan Corp.*





**FOUR-PANEL ENTRANCE DOOR.** *left*, handsomely detailed, has moldings of injection molded plastic. Eliminating any need for mitering, hard-to-match joints, nails, screws, or glue, the moldings are not patched together, as in old wood doors, but factory fabricated in a single piece. The door is available in 2-foot, 8-inch or 3-foot widths, comes as a complete prehung unit comprising door slab (a laminated "sandwich" of polystyrene foam in a steel skin), a magnetic weatherstripped frame (it prevents heat loss) and an adjustable sill. Pease Ever-Strait Door Systems.

**THERMOCYCLER** *is new device to equalize hea distribution in a room. I many rooms, heat, whic rises, may stratify at ceilin level and be wasted. Th pipe-like appliance draws he air down and circulates it s the room is evenly warme Reducing heat loss in a roo saves money and conserve energy. The movable uni $39.95, is molded of Genera Electric's Noryl thermopla tic resin and is said to ope ate quietly, has a one-ye guarantee. Thermo-Cycl Inc.* ■

# NO MATTER HOW YOU COOK NOW, WITH CORNING'S NEW 3+1 RANGE YOU'LL COOK BETTER AND WORK LESS. NO OTHER RANGE CAN MAKE THAT PROMISE.



Imagine melting butter or chocolate, or thickening a delicate sauce, *without* a double boiler, and without fear of it burning.

Or cooking up a pan of bacon until it's crisp, setting a dial to "lo," and knowing that your bacon will stay warm and crisp, without overcooking, until you're ready to serve it.

Or leaving dinner to simmer gently away in the kitchen, while you're in the living room with your guests, confident that the gentle simmer will remain a gentle simmer.

Imagine a cooking system with temperature controls that simply do not allow food to burn, scorch or curdle.

One that will eliminate most pot watching and a good deal of pot washing.

In short, a system that will help you cook better and work less.

You get all this with the CORNING® 3 + 1 Range.

## The secret? The most precise temperature control ever built into a range.

To get it, we've equipped three of the cooking areas (this is the "3" in 3 + 1) with thermostats that actually read the temperature of the bottom of the pan.

The thermostats watch the pots for you. Making sure a simmer stays a simmer.

What's more, to eliminate burning and scorching caused by hot spots in conventional burners, our engineers designed special elements which distribute heat evenly.

## Let's settle the pots and pans question once and for all.

You *can* use your own pots and pans on the three thermostatically-controlled cooking areas. As long as they have flat bottoms.

And to make sure you have a good selection of flat bottom pots and pans, we include a set of permanently flat Cookmates™ cookware with each 3 + 1 Range or cooktop.



This way, you're assured of the incredible cooking precision we've been talking about.

And one more thing about Cookmates cookware. They go from freezer to range to table. That means one pot to wash instead of three.

The more you use Cookmates cookware, the more you'll appreciate their versatility.

## Now for the "1" in 3 + 1.

Some things don't require all that precision. Like boiling water for spaghetti.

Besides, not all your pots and pans have flat bottoms.

So we've given the 3 + 1 one "Multipan"™ unit. It works with any pot and pan in your kitchen. Flat bottom or not. Which means it's ideal for a canner, pressure cooker or soup pot.

Of course, a great cooking system wouldn't be complete without a great oven. And ours has two advantages.

First, it's big. Big enough to hold three 8″ cake pans on one shelf.

Second, it's self-cleaning. In fact, it gets completely clean in about two hours.

## What about those other smooth-top ranges?

Corning invented the smooth cooktop in 1966.

Suddenly, everybody's making them.

But when you buy anyone else's smooth-top, that's all you get: the smooth top.

You don't get the thermostats, the even heat, and the cookware. And you don't get Corning's exclusive 3-year warranty on the glass top.

Remember this when comparing prices.

You pay more for the Corning 3 + 1 Range.

But you'll cook better and work less.

No other range can make that promise.

For more information about the 3 + 1 Range, or our built-in unit, the 3 + 1 cooktop, see the yellow pages under "Ranges" for your nearest Corning dealer. Or write Corning Major Appliances, Corning, N.Y. 14830.

**CORNING 3+1 RANGE.**

We invented smooth-top cooking.

Cookmates, Temp-Assure and Multi
Trademarks of Corning Glass Works, Corni

# How liberated is your household?

As we travel around the country, all of us at House & Garden are finding new attitudes about the household, about the roles and responsibilities of the members. We'd like to know what's new with you. We hope you'll help us with the homework this short questionnaire. You don't have to sign it. All you need to do is cut it out and mail it to **House & Garden, Dept. S, Box 1910, Grand Central Station, New York, N.Y. 10017.** Then, in a future issue, we'll tell you what you've told us, and you'll know just how liberated your household is.

**1** ***Who lives in your household? Are you***
*Do you share it with husband or wife?*
*Children?*
*Relatives?*
*Friends?*

| | Male | Female |
|---|---|---|
| | ☐ | ☐ |
| | ☐ | ☐ |
| | ☐ | ☐ |
| | ☐ | ☐ |
| | ☐ | ☐ |

**2** ***Compared with 2 or 3 years ago, do you spend more time at home?*** ☐ ***Less?*** ☐ ***About the same?*** ☐

**3** ***Are more people coming to spend time with you***

| | Yes | No |
|---|---|---|
| *For meals?* | ☐ | ☐ |
| *Just for visits?* | ☐ | ☐ |

**4** ***If you have paid household help, is it full time?*** ☐ ***Part time?*** ☐

**5** ***Who does what in your household?***

| | You | Husband Wife Relative Friend | Shared | Paid help |
|---|---|---|---|---|
| Who knows the color of the cat's eyes in your house? | ☐ | ☐ | ☐ | ☐ |
| Who feeds the dishwasher? | ☐ | ☐ | ☐ | ☐ |
| Who loads the washing machine? | ☐ | ☐ | ☐ | ☐ |
| Who makes the phone calls the [illegible] time-saving appliances [illegible] to be repaired? | ☐ | ☐ | ☐ | ☐ |
| Who pays the household bills | ☐ | ☐ | ☐ | ☐ |
| Who makes the beds? | ☐ | ☐ | ☐ | ☐ |
| Who takes care of the dogs, cats, gerbils, parakeets, or whatever? | ☐ | ☐ | ☐ | ☐ |
| Who most frequently gets your dinner? | ☐ | ☐ | ☐ | ☐ |
| Who drives the car? | ☐ | ☐ | ☐ | ☐ |
| Who initiated the move the last time you moved to your house or apartment? | ☐ | ☐ | ☐ | ☐ |

**6** ***Do you use any professional maintenance services?***

| | Yes | No |
|---|---|---|
| Clothes or linen service | ☐ | ☐ |
| Window washing | ☐ | ☐ |
| Household cleaning | ☐ | ☐ |
| Pool maintenance | ☐ | ☐ |
| Other | ☐ | ☐ |

**7** ***If there are things that you're doing now for your home (like canning vegetables or crafts) that you were not doing two or three years ago, what are some of them?***

**8** ***When you entertain at home***

| | You | Husband Wife Relative Friend | Shared | Paid help |
|---|---|---|---|---|
| Who mixes the cocktails? | ☐ | ☐ | ☐ | ☐ |
| Who makes up the guest list? | ☐ | ☐ | ☐ | ☐ |
| Who decides on the menu? | ☐ | ☐ | ☐ | ☐ |
| Who does the cooking? | ☐ | ☐ | ☐ | ☐ |
| Who sets the table? | ☐ | ☐ | ☐ | ☐ |
| Who clears the table? | ☐ | ☐ | ☐ | ☐ |
| Who pays the bills? | ☐ | ☐ | ☐ | ☐ |
| Who does the dishes? | ☐ | ☐ | ☐ | ☐ |

**9** ***Are there rooms or things in your house that seem to belong to one more than the other? If you have any of the following, are they mostly***

| | Yours | Husband's/Wife's Relative's/Friend's | Shared |
|---|---|---|---|
| Study/den/library | ☐ | ☐ | ☐ |
| Barbecue | ☐ | ☐ | ☐ |
| Plants | ☐ | ☐ | ☐ |
| Portable hair dryer | ☐ | ☐ | ☐ |
| Hobby room/workshop/sewing room | ☐ | ☐ | ☐ |
| Paintings | ☐ | ☐ | ☐ |
| Piano or organ | ☐ | ☐ | ☐ |
| Hand tools | ☐ | ☐ | ☐ |
| Record or tape player | ☐ | ☐ | ☐ |

**10** ***What kind of room would you most like to have for your very own? (For instance, a studio or home office)***

**11** ***Do you think of your house as*** (number in order of importance) A private refuge? ☐ A family center? ☐ A gathering place for lots of family and friends? ☐

**12** ***How involved are you in your neighborhood or community?***

| | Yes | No |
|---|---|---|
| Are you active in a community group—planning board, garden club, historical or preservation society? | ☐ | ☐ |
| Do you belong to a neighborhood association? | ☐ | ☐ |
| Have you initiated some improvements in your community? | ☐ | ☐ |
| Do you share with your neighbors in an informal way? (For example, they use your power mower, you use their swimming pool.) | ☐ | ☐ |

What do you share?

**13** ***If you have children, how do they participate in the household?***

| | Yes | No |
|---|---|---|
| Do they take care of their own rooms? | ☐ | ☐ |
| Do they cook regularly? | ☐ | ☐ |
| Do only on special occasions? | ☐ | ☐ |
| Do they help with parties? | ☐ | ☐ |
| Do they have specific household chores that they're responsible for? | ☐ | ☐ |
| Do they have a voice in family decisions? | ☐ | ☐ |

**14** ***How do you manage the finances in your household?*** Is yours a two-income family? ***Yes*** ☐ ***No*** ☐ If yes, for how many years?

***How do you handle the following in your household?*** (For instance, most of the charge cards may be the wife's, the credit cards the husband's, the bank accounts joint.)

| | Yours | Husband's/Wife's Relative's/Friend's | Joint |
|---|---|---|---|
| Charge cards | ☐ | ☐ | ☐ |
| Credit cards | ☐ | ☐ | ☐ |
| Checking accounts | ☐ | ☐ | ☐ |
| Savings accounts | ☐ | ☐ | ☐ |
| Health insurance | ☐ | ☐ | ☐ |
| Life insurance | ☐ | ☐ | ☐ |
| Tenant's or homeowner's insurance | ☐ | ☐ | ☐ |

**15** ***Are you under 35?*** ☐ ***Between 35 and 50?*** ☐ ***Over 50?*** ☐

**16** ***If you are married, is this a first marriage?*** ☐ ***Or a second?*** ☐

**17** ***Do you live in the country?*** ☐ ***In a suburb?*** ☐ ***In a small city?*** ☐ ***In a large city?*** ☐

**18** ***Are you satisfied with the division of labor and responsibility in your household?*** ***Yes*** ☐ ***No*** ☐ ***If not, how would you change it?***

**Thank you very much.**

# HOW TO TAKE A BEAUTIFUL VIEW AND PUT IT WHERE YOU WANT IT.



A choice of views is getting to be a luxury. We at Libbey-Owens-Ford have a few ideas about conserving the ones we have. Bring them indoors. Just pick the appropriate wall and do it with mirrors.

This dramatic mirrored fireplace wall was made from beveled mirrors cut to create an elegant design . . . and one that provides two lovely views of the outdoor scene for the price of one. The mirrored fireplace facing also adds to the feeling of spaciousness.

With rising construction costs becoming an increasing limitation to the size and detail that go into today's homes, solutions like this are a more and more important way to build in size and beauty.

Mirrors always create new ideas. For more information on decorative uses for mirror products, write Bill Maxwell, Libbey-Owens-Ford Company, 811 Madison Ave., Toledo, Ohio 43695.

LOF

# A funny thing happened on the way to the perfect paint

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**Ordinary latex flat paint** is tough to wash really clean without spoiling the finish, because stains can penetrate and settle into the surface.*

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# Introducing super scrubbable E-Z Kare latex flat enamel ...perfect for both walls and woodwork.

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# *Vegetables are Beautiful*



*Shirley Tafta harvests a bounty of fresh vegetables and flowers all grown in the same beautifully designed garden. Park's Whopper Tomato, Seneca Chief Corn, Butterbar Squash, Bell Boy Pepper, Harvester Queen Cabbage, Hot Weather Lettuce, Blue Lake Bean, Dark Opal Basil, Golden Triumph Celosia, Danica Begonia, and Tiger Marigold — all grown from Park seed, showing their robust vigor.*

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You can almost smell the fresh flowers and taste the luscious vegetables in Park's 1975 Flower Book. It contains over 3,000 of the newest, best flowers and vegetables ever—plus the old favorites and rarities. All 124 pages are illustrated in natural, true-to-life color. Park insures your gardening success by including helpful growing information and a complete selection of seeds, growing supplies, bulbs and house plants.

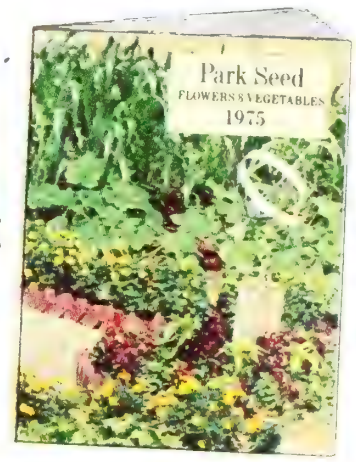
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Park's catalog offers many varieties not available elsewhere, along with hybrid seed of great value because of its disease resistance and its remarkable ability to grow larger and more abundant flowers and fruit, with brighter, clearer colors. Diagrams for this garden and several others are available in Park's 1975 catalog, which will assure you the most profitable and enjoyable year ever in gardening.

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**"If a $500 color television set costs another $500 to operate during its usable life, a $600 one that costs $300 to operate is a better buy"**

## THE ENERGY YOU USE *continued from page 28*

nasty habit of disappearing at night and, sometimes, during the day too. The most effective storage method so far is also one of the simplest—and the most cumbersome. A 1,500-to-3,000 gallon water tank is surrounded by small rocks. Water heated in the collectors is stored in the tank, heating the rocks. Air is forced through the hot rocks and used to heat the house. Dr. Harry Thomason, who built the first of five solar-heated houses in Washington, D.C., nearly fifteen years ago, says he can store heat for four to seven days this way. Heat can also be stored in eutectic salts, chemicals that melt in the heat of the sun and recrystallize when it gets cold, releasing heat.

● An auxiliary system. Until storage and collectors are a little more efficient, the sun can't do everything. The back-up system—probably the original heating system in an older house, or a very small conventional unit in a new house—starts up when the thermostat drops below a certain point.

● A heat pump might help. It concentrates heat from outside air—even below-freezing air—or from solar collectors, and dumps it inside the house. General Electric, which expects to sell nearly a million of them this year, estimates that a heat pump can increase the efficiency of any heating system by nearly 50 percent.

Using the sun to generate electricity is far more difficult and far more expensive than using it to produce heat. It's done with solar batteries, wafers of silicon or cadmium sulfide crystals that encourage charged electrons to travel when they're exposed to light, generating electricity. It costs, says Robert Johnson, marketing manager of Solar Energy Systems, some $50 to $70 a watt to do it. Solar cells have been installed in some experimental houses, but so far, their real use has been to pow-

*Continued on page 42*




the indoor sunshine machines FROM Aladdin

Aladdin's Greenery Machinery combines the features of professional gardening products the indoor gardening hobbyist can appreciate. Their usefulness and attractive designs make them right at home anywhere, showing off plants and helping make indoor gardening practical. It's like bringing the outdoors in for your convenience. At garden shops and better stores.



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## Now, with the proper guidance, even the beginner can master the art of Chinese cooking

# *The Cooking of China*

Your Introductory Volume To

TIME LIFE BOOKS *Foods of the World*

FREE, for 10 full days

You'll get *that proper guidance* in *The Cooking of China*, your introductory volume to TIME-LIFE BOOKS best-selling series, FOODS OF THE WORLD. It helps take the confusion out of Chinese dishes such as sour-and-hot soup, smoked chicken, pepper steak. You'll find easy-to-follow recipes, tested in our own kitchen. How-to illustrations and step-by-step instructions make the most exotic dish a pleasure to prepare. Examine the volume and its companion Recipe Booklet FREE for 10 days. Read them. Work with them. Here are some of the fascinating things you'll discover . . .

### How To Plan a Perfect Chinese Meal

Don't worry about courses when you plan a Chinese dinner party. Every dish is served at once. Sample menus help you balance your choice of dishes so that preparation and cooking are simple and orderly. The book has "prepare early" dishes such as braised star anise beef . . . slow-cooked dishes such as barbecued spareribs. These leave you free for shrimp with peas or another favorite stir-fry dish.

### A Sumptuous Meal with a Few Simple Rules

The Chinese make preparation and cooking two separate procedures. Most preparation means chopping and should be done in advance. If certain ingredients aren't available, don't worry. *The Cooking of China* will show you how to substitute spinach for cabbage, broccoli for bean sprouts. No need to invest in new equipment. You can cook "Chinese" with utensils right from your own kitchen.

### The Cooking of China — Free for 10 Days

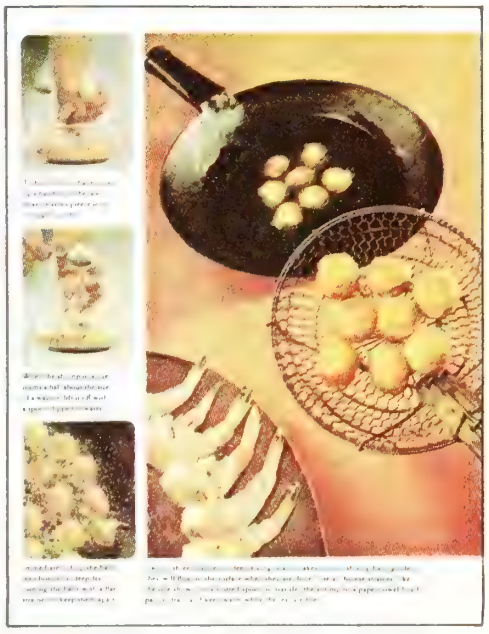
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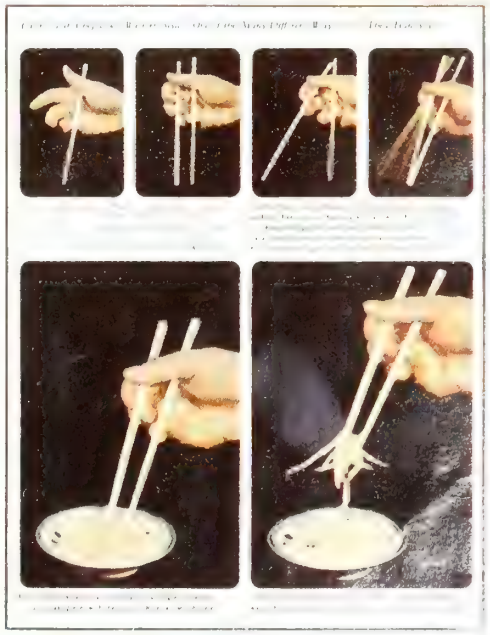

- Book size: 8½" x 11" • 206 pages
- 87 pages of full-color illustrations
- More than 70 authentic Chinese recipes



**Two Simple Wrappers.** *Wontons* and egg-rolls are easy to prepare. They are filled, shaped and cooked in a variety of ways. Shown above are basic techniques for folding and filling egg-rolls and several kinds of *wontons*.



**Deep-Frying.** The Chinese deep-fry everything from shrimp toast and *wontons* to beef and chicken. Deep-frying is done in several stages. Shown above is the step-by-step preparation of deep-fried shrimp balls.



**Eating with Chopsticks.** Illustrated above is the basic technique for using chopsticks. However, there's no one-and-only way to use chopsticks. Simply adjust this basic grip to o[illegible] is easy and comfortable for you.

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*Companies producing equipment for alternative energy:*

AAI Corp., Box 6767, Baltimore, Md. 21204: complete systems, plans to sell collectors.

Edmund Scientific Company, 605 Edscorp Building, Barrington, N.J. 08007: *plans and license for Harry Thomason's solar house.*

Energy Alternatives, Inc., Box 233, Leverett, Mass. 01054: *wind generators.*

Environmental Energies, Inc., 11350 Schaefer Drive, Detroit, Mich. 48227: *wind generators, solar collectors, domes for skylights, literature, low energy home models, wood stoves, complete installations.*

Frank L. Suhay, Glendale, Cal. 91201: *water heaters.*

General Electric, Appliance Park 4-206A, Louisville, Ky. 40225: *heat pumps.*

International Environment Corp., 129 Halstead Ave., Mamaroneck, N.Y. 10543: *solar collector.*

International Solarthermics Corp., Box 397, Nederland, Colo. 80466: *solar collector/storage unit.*

Inter-Technology, Box 340, Warrenton, Va. 22186: *solar collectors and complete solar heating installations.*

Olin Brass, East Alton, Ill 62024: *metal plates for solar collector.*

PPG Industries, One Gateway Center, Pittsburgh, Pa. 15222: *solar collectors.*

Real Gas and Electric Co., Box A, Guerneville, Cal., 95446: *wind generators, solar collectors, bicycles, electrically powered motorcycles.*

Revere Copper and Brass, P.O. Box 151, Rome, N.Y. 13440: *solar collectors, roof and collector combination.*

Solar Energy Systems, Newark, Del. 19711: *cadmium sulfide solar cells, panels.*

Solar Power Corp., 186 Forbes Rd., Braintree, Mass. 02184: *silicon solar cells.*

Solar Wind, RFD 2, East Holden, Maine, 04429: *wind generator*

Sunworks, Inc., 669 Boston Post Rd., Guilford, Conn. 06437: *complete systems, technical publications.*

Spectro-Lab, 12484 Gladstone, Sylmar, Cal. 91342: *silicon solar power generation.*

Westinghouse, Gateway Center, Pittsburgh, Pa. 15222: *heat pumps.*

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Your building materials dealer has complete information on Marlite Planks. Maybe you should stop by his store today.

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## THE ENERGY YOU USE *continued from page 38*

er lights on buoys, off-shore oil-drilling rigs, small boats, or other hard-to-get-to places.

For electrical generation at the moment, the wind is a friendlier ally. In order to enlist it, you will need:

- A location with a fairly steady prevailing wind. Wind generators, those windmills designed to produce electricity, usually need an 8 to 12 mile an hour wind to work. Many places can't supply that—but if you can't get it at home level, you might try a little higher up, atop a taller tower. Wind gets gustier with altitude.
- A place to put a bank of batteries, which store the electricity produced by the wind generator until it is needed. Two cars would probably provide a fail-safe system for any house, but the price of batteries is falling.

Small wind. The number of American companies that distribute [illegible] and engineers have created [illegible] during the [illegible] Water-pumping [illegible] a couple of [illegible] and [illegible] Australia. They survive from 200 to 72,000 watts in power, and from $600 to $56,000 in price. For residential use, a system costing $5 to $6,000 would provide ample, even generous power. It's a one-time cost, though. From then on, except for possible repairs, your electricity is free.

Within the next two or three years, there should be a number of American designs available. Everybody's experimenting. "It's like the day of the Model T Ford, full of excitement," says John Todd, one of The New Alchemists, a Cape Cod research group that integrates wind, sun, and water to farm [illegible] fish as a regular crop. NASA and the National Science Foundation have both invested [illegible] amounts of money in wind research. From a rim-run generator [illegible] look like a 30 foot bicycle [illegible] mounted on a historic 19th [illegible] in Providence, R.I., to the floating monsters that [illegible] of the Unknown Mechanics [illegible] [illegible] simple [illegible] the [illegible] airplane propeller [illegible] mankind's oldest machine is being examined for new uses.

maybe you think only of ranges when you think of us. That's O.K. But there's more. In fact, there's a whole new range of ideas. And we've assembled them together in one totally Tappan kitchen. We'd love to give you a tour.

First, look at Tappan's line of spacious Quaker Maid cabinets.

Our first appliance is a new side by side refrigerator/freezer. Its water dispenser gives you a ready supply of cold water. At the push of a button. This 24 cubic foot beauty rolls on wheels, so it's easy to clean around.

volume. The compactor can be built in or free standing.

Next on the tour is the Tappan Food Waste Disposer. This sound-insulated, continuous-feed unit disposes of food scraps and bones in seconds.

This push button dishwasher has 13 different ways to clean your dishes plus high-volume, 3 level washing action.

Now let's move on to the Tappan Microwave. This family-size oven cuts cooking time as much as 75%. It really conserves energy! And the automatic defrost cycle will save even more time. It's an affordable necessity.

of the kitchen fast. It's just one of many kinds of gas and electric ranges available.

Tappan's solid products are backed by Tappan's solemn promise. Every Tappan appliance is covered by Tappan Sentinel Service with 3,500 outlets nationwide, it provides you with service when you need it. Where you need it.

If you're going to make changes in your kitchen, make them Tappan.

The company with the whole new range of ideas. SENTINEL SERVICE

# The totally Tappan kitchen. A whole new range of ideas.




Refrigerator/Freezer Compactor Disposer Dishwasher Microwave Over/Under Ra

TAPPAN

Serving the heart of



1. At the famous Saratoga races, Deborah Diane Voss excitedly lit up a cigarette when her prize gelding was coming down the backstretch.



2. Her horse won. She lost.



You've come a long way, baby.

# VIRGINIA SLIMS

*With rich Virginia flavor women like.*




...geon General Has Determined
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Regular: 16 mg."tar," 1.1 mg. nicotine—
Menthol: 17 mg."tar," 1.1 mg. nicotine av.
per cigarette, FTC Report Mar.'74

# YOUR MONEY MORE FOR YOUR MONEY MORE FOR YOUR MONEY MORE FOR

More space for the money

# New Barn for living

precut, ready to truck to you anywhere in the U.S.A.



2

1

**Here's a barn that's delivered by truck.** About $20,000 is the cost of the building package that includes plans, framework, walls, floors, ceilings and roof panels, doors, insulating glass windows, insulating sliding glass doors, screens, plus old-time nails to hammer everything together. Your local contractor lays the foundation on your own land, puts up the building, sees to wiring, plumbing, heating and bathroom equipment. Construction costs the country, but Emil Hanslin, designer of these Yankee for model K 48 for construction plus shipping over $2 per mile for model K 48 shown tory. For more information write Yankee Barn Homes Inc., Grantham, N.H.







**Barns are informal, flexible, and spacious, three good reasons for choosing them today for housing.** They can be set down almost anywhere, any state, and look right. The Yankee Barn K 48, *see plan above,* answers all the needs of a family with two or three children. There are three bedrooms (one on the ground floor and two upstairs) and two bathrooms. A 24-foot-square living room soars two stories, with a floor to ceiling brick fireplace. Below this, a recreation room for youngsters and guests. A study off the living room, and a crafts loft, adapt to guest rooms when needed. This all adds up to a total 1776 square feet of general living space plus 1152 square feet of basement. As you see in photograph **2**, the package can be trucked anywhere in the U.S. Eight-foot modular additions can be trucked in and added on later should you want to expand. Framework is constructed in the same manner as old barns; posts and beams (many recycled timbers from old buildings) are precut and numbered for easy on-site assembly. Factory-fabricated exterior panels are of rough sawn Douglas fir board, with a plank effect, by U.S. Plywood. Exterior stain finish by Samuel Cabot. Roof is of red cedar shingles, **1**, over the same Douglas fir board panels. The factory-cut system steps up construction time considerably. A local contractor, with four or five men, will take two to three weeks to complete the house. If you feel the need, the Yankee Barn company will send an expert to supervise the team on the site, at e[xtra] cost. Charles Morris Mount did th[e] orating in this particular barn [to] it warm and inviting with com[fy] upholstered seating, lots of ru[gs] wicker, a natural texture that r[eacts] beautifully against all [the] bering. Sofas, **3**, are cove[red] and white Herculon tw[ill] "Oxford" group by Kroehl[er] fabric covers the [wing] ottomans glimpse[d] also by Kroehler. [Plus] and white prints fr[om] Town" sheet collection by Martex. Graphics from Prints on Prince Street.

*Big space for big living—two-story, 24-foot-square living room flows out to cedar deck, one-story alcoves at each end, one for dining, one as study-guest room*

2

3



**The Yankee Barn is for all seasons.** In winter you can cozy up around the fireplace, **1.** which in this case has recycled bricks saved from an old Boston building. In summer, you're out on the sun-splashed deck, **4** and **6.** here nestled in a wood at Eastman, N.H. Triple sliding glass doors lead out to the deck from the living room. Deck dining chairs with aluminum frame and vinyl strapping by Keller-Scroll. For cool-weather dining or summer suppers, a trestle table and black painted captain's chairs make handsome furnishing in the dining alcove, **2.** These by Temple-Stuart. Prints from The Griggsville Wild Bird Society. On the floor, inch-thick random width pine boards cover large structural floor panels based with plywood. In the kitchen, **3.** the rustic feeling continues with Vermont Barnboard surfacing drawer and cabinet storage; tawny butcher block on the counters. The side-by-side refrigerator freezer, built-in electric oven and four-burner cooking unit are all by Tappan. Blender and toaster, Proctor Silex. As in old barns, there is a pleasant mix of loftiness and little private hideaways. The study, **5.** is a quiet little retreat off the large living space, and converts to a useful guest room. Unseen, a music system by K.L.H. explained in more detail on page 144. For shopping information, see page 145.

# Glass walls and a deck extend barn living





*om top to bottom spaces designed to use as you wish—here, master bedroom and essing-room-bath on ground floor, one spacious loft that can be used as a master studio*

2




**When it comes to decorating, a barn proves more flexible than almost any other kind of house.** You can fill it with antiques and rich rugs or old Colonial farmhouse pieces. But it looks equally well with modern furniture, as these pictures show. The loft over the living room, **2** and **3.** is tremendously useful for crafts and hobbies, a place where you can leave things out. It is set up here for weaving with a School Products loom. The banquette, a couple of Simmons twin-sized mattresses backed with cushions, turns it into a double guest room at night. Fitting neatly beneath windows, flexible white lacquered storage units from Thayer Coggin's "Less is More" collection. The downstairs master bedroom, 11 by 16 feet, **4.** and bath dressing room, a generous 8 by 13 feet, **5.** have the same blue sweep of nylon Patcraft carpet to provide smooth flooring and a note of continuity. Dressing the bed, sheets, matching quilts, and pillow covers from the Martex "Paris Out of Town" collection. Here and elsewhere in the barn, windows are shaded with marvelous white aluminum Levolor Riviera blinds with inch-wide slats, letting in light while cutting out glare. (For more, see page 144.) This particular barn is a three-story structure, **1.** which allows ample space in the basement for laundry, utilities and a huge family room. For shopping information, see page 145.

READLE

# Barn living in flexible spaces

1

*Exposed timbers define two small loft bedrooms with tiny crow's-nest at peak*

2

*Big basement room with a working fireplace provides flexible space for a whole variety of family activities and entertaining*

3





**The barn makes perfect living for children,** almost like being in a tree house. They enjoy the fun of imaginative, timbered spaces so different from conventional rooms. And in wintertime, or rainy days, the downstairs family room gives them plenty of space to let off energy. Boys' bedroom, 11 by 14 feet, bright with Swedish cotton prints "Point" and "Counterpoint" by Jack Lenor Larsen, **4.** has special appeal with its ladder leading up to a crow's-nest, **5.** also a good viewing corner equipped with Magnavox TV. In the girl's bedroom, **1.** (she shares bathroom, **6.**) which is a comfortable 10 by 14 feet, "Fishhead Plaid" cotton by Connaissance wraps the bed and its pillows. Bottom up window shades by Joanna Western are laminated with plain red cotton sailcloth. In the cellar playroom, **3.** organized with Ping-Pong and other games, tough vinyl upholstered love seats and ottomans make sense for youngsters. They and the table are from Kroehler's "Country Life" group. Wall art from Poster Originals. When Emil Hanslin first thought of the instant barn, **2.** he imagined it would attract the second home owner. "But it's turned out to be year-round living. Barns have become primary houses because people want this kind of living today." So he continues scouring old mills, warehouses, and other buildings being demolished and rescuing old timber, beams, and siding for a new life in the Yankee Barn. For shopping information, see page 145.

READ IT

# Barn living on many levels



1



2



3

**How to make the best use of space is becoming more and more of a challenge in the seventies.** For instance, designing a kitchen that not only *works*, but is also pretty enough to eat in with guests—in a space only 15 feet square, the size of a smallish average kitchen in a house or apartment. William Machado and his associate, Norman Diekman, who designed the 1975 Super Kitchen for House & Garden with Corning and Formica, went even further. This kitchen opens up by the use of sliding doors into the dining room, *see plan, below,* thus doubling the entertaining space and showing just how flexible a small kitchen can be.

**A small kitchen demands ingenuity of design.** Sliding doors, for instance, mean that you can steal space from dining or living areas to add to the kitchen and have complete privacy—yet if you want that space for parties, just slide the doors! **1** The mirror-lined sliding doors are seen here open, revealing Corning's CounterWarmer and cooktop, strategically placed to be reached from either side, whichever room you are in. Mirrors are used extensively, because mirror makes space—on both sides of the doors, on the kitchen wall opposite, which contains doors to laundry, pantry, and china closet, and as cabinet trim—all by the National Association of Mirror Manufacturers. Vinyl quarry tile floor —the same in both rooms for continuity and easy care—is by Flintkote. **2** The opposite view, from the kitchen looking e dining area, with sliding doors now closed, revealing trellis stenciled on the mirror. Cabinets and custom hood in Ultramarine Blue Formica—a color theme of this ess steel pot rack, easily accessible. Antique table and chairs look pretty for lunches with friends. So do nhouse windows. Butcher-block cart makes a mobile rface. **3** Same view, sliding doors open to dining area.

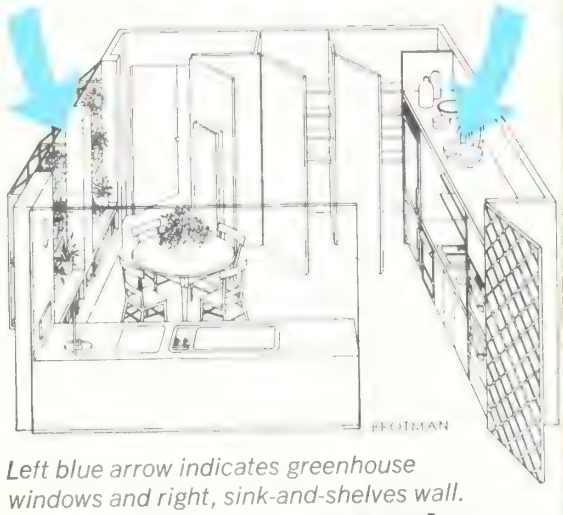
uper Kitchen 1975

# 5 feet square and action packed



YEE

**nctional and pretty at the same time an artful combination in a small chen.** Each wall here serves a purpose, looks attractive. **1** The sink-and-shelves l, *plan below, right arrow,* or "plumbing" l, with sink and dishwasher, seen through greenhouse window, is flanked on one e by Sub-Zero refrigerator/freezer, on other, by Corning built-in electric double n. Storage shelves are glass, mirror-cked for space and light. Big shelf ve is open to ceiling for less-used s. Note the mirror trim under sink d cooktop—a pretty detail. **2** The enhouse windows, *plan, left arrow,* m Lord & Burnham are both decora-e *and* useful—why not grow herbs re as well? White latex paint for ceil-g and wall by Cotter. Quadrille "Roman ipe" tablecloth. Butcher-block cart ubles as serving tray. Shelf under win-ws holds NuTone built-in intercom and AM/FM radio. **3** Wall opposite cooktop is all storage. Pantry door is open, revealing adjustable shelves. Vegetable cart fits neatly inside. To the right, china closet; to the left, laundry—all mirrored outside, Formica-lined inside. Recessed lighting by Lightolier.



*Left blue arrow indicates greenhouse windows and right, sink-and-shelves wall.*

# Mirrored walls and greenhouse windows pace up the Super Kitchen

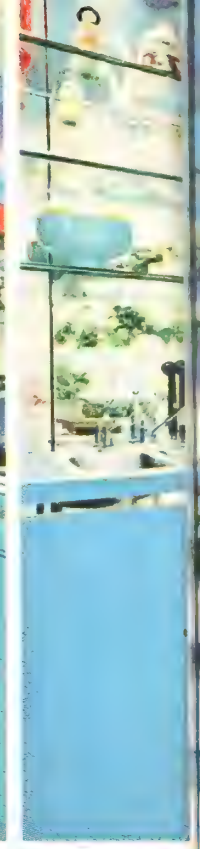




1



2





5



6





9



10






# More action in every foot of Super Kitchen

**It's when you get down to the details of a kitchen that everything must *work* for you**—in a space like this, every little thing counts. **1** How the mirrors work to make space—the trellis at the far end is actually a reflection of the sliding doors, looking from the dining area. (See the double-image vase of flowers?) **2** Same picture, with all mirrored doors at the far end open to reveal closet for glass and china with serving cart inside, pantry (wine storage below), and laundry with built-in ironing board on the back of the door. Two-size Dixie cup dispensers fit on the pantry door. **3** On counter at right of sink, Ronson's built-in Foodmatic. The power module with speed selector raises and lowers in and out of counter by hydraulic lift-lower mechanism. Below, lots of attachments (blender, beaters, juicer, shredder) on custom molded trays in cabinet. Further right, Corning double-oven. **4** Outside, looking in—through Lord & Burnham's greenhouse windows. Each window is 48 by 72 inches (you can get them smaller). Plants sit on latticed aluminum shelving—removable bottom panel for gravel. **5** Ultramarine Blue Formica storage—drawers and tray slot. **6** More storage under Corning cooktop. All cooktops come with a 5-piece set of Corning Cookmates cookware, as seen here. **7** Sink from Elkay with hot water dispenser (190 degree water on tap) from KitchenAid. Single handle faucet, detergent dispenser, and scrub and spray washing attachment from Delta. **8** Iron-A-Way ironing board pulls out from door panel. Beyond it, Sub-Zero refrigerator/freezer, and KitchenAid built-in undercounter dishwasher, both specially paneled in matching Formica. **9** Corning electric cooking surface—glass ceramic with custom pattern. Hot-light feature to indicate which unit is heated. Thermostats read temperature of bottom of pan! **10** Next to cooktop, Corning CounterWarmer (doubles as chopping block/work space), easy to reach from dining area when sliding doors are open, as are Elkay cold water faucet and sink beside it. In wall, built-in Thermador bread and food toaster. **11** On cart, Litton Minutemaster microwave oven. **12** Behind laundry door—Frigidaire Laundry Center in one unit 2 feet wide. Throughout our 1975 Super Kitchen, Water Refining Company's Waterfine turns ordinary tap water into refined water automatically, and Vacuflo built-in cleaning system from H-P Products provides cleaning ease. More kitchen details, see page 150; shopping information, page 145.





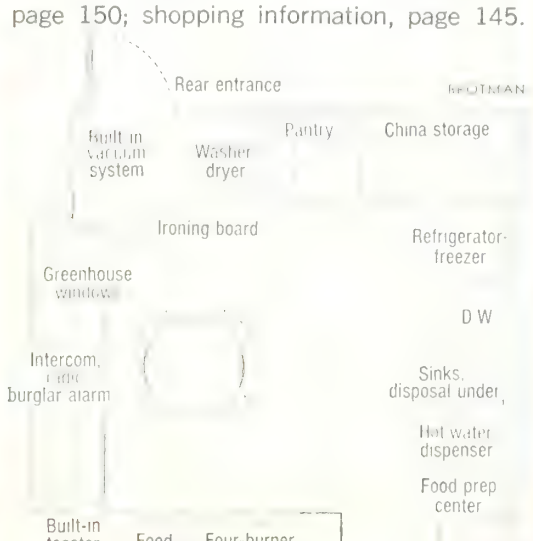










A distinguished architect advises you on

# how to get more house for your money

BY CHARLES MOORE

EDITOR'S NOTE: *Charles Moore, many of whose houses have appeared in House & Garden, has been head of the architecture schools at Yale and Berkeley and is now Professor of Architecture at the University of California at Los Angeles. Recently, with two other architects—Gerald Allen, an editor at* Architectural Record, *and Donlyn Lyndon, Professor of Architecture at M.I.T.—he has written* The Place of Houses *(Holt, Rinehart & Winston, $17.95). "The main premise of our book is that anyone who cares enough can create a house of great worth, or renovate one already built, whether with his own hands or with the aid of an architect and builder." In detailing the choices that are involved in achieving a successful house, the authors have drawn on their own experience as practicing architects and on their study of the houses of the past. Here, Charles Moore, drawing on the book and his own experience, suggests some ways to get more house for your money.*



Getting the most for your money is getting the things you care about in a house, with the least money paying for things you don't care about. When you're building a house, one of the most useful exercises is to go down the list of all the things you think you want and see how many of them you really want and need. Depending on your circumstances and interests there are lots of things that may not be really important to you, from appliances you're not interested in and may never use to standard expendable rooms that you have no need for. Does the way you live demand both a family room and a living room? Or if you are happy to sleep in a closet bunk like the Norwegian ones, there's absolutely no reason to have a 16-by-20-foot bedroom. Spend your money on something you're interested in. On the other hand, if sleeping in a closet would drive you crazy and you like to wake up in a big room, then that's what you ought to have. Or maybe some of the rooms you want can be combined. For instance, if a dining room is not something you care a lot about but a library is, you can certainly have a library that becomes a dining room on the occasions when you need one.

Making check lists will help you identify the components of your house and the choices that you have—even if you are buying a ready-made house instead of building. The quality of the space you have is just as important as the amount. The biggest, best-equipped kitchen you can plan won't make you happy if you like to cook in a sunny place and it isn't. In our book, *The Place of Houses*, we've worked out a ten-point questionnaire to help people visualize the kind of space they want for what they do. Go through the days you'd like to spend, answering the following ten questions for each action of the day (how and where you'd like to be, for example, when you get up in the morning, take a bath, eat breakfast, work on your household accounts, or on your needlepoint, fix lunch, read a book, cook dinner, welcome friends, mix drinks, eat dinner, talk after dinner).

**WOULD YOU LIKE TO:**

**1. Move widely (sweep down the stairs)? Or tightly (squeeze into a corner)? Or not at all (be in repose)?**
**2. Be formally dressed? Informally dressed? Undressed?**
**3. Be in the mood for display? Or seek shelter from view?**
**4. Be alone? With another? In a group?**
**5. Be indoors? Or outdoors? Or in between?**
**6. Be in a large space? Or a small one? One that's sheltered? Be open and sunny?**
**7. Be served by machines? Or left to make it on your own?**
**8. Be surrounded by objects you care for? Or free of them?**
**9. Be quiet? Or tuned into the sound of others?**
**10. Be warm? Or cool? Or even hot? Or cold?**

People naturally vary in their desires and their personalities. Let's take as an example the circumstances of a bath for two very different people. One would like to sweep into the bath, undressed and sheltered from view, but with another in a large sunny space opening to a terrace. Another person might prefer to squeeze into a shower alone in a small sheltered, quiet, indoor space.

Your lists combined with those of the other members of your family will help you clarify what each of you cares about, judge the number of separate rooms you need, and what they might be like.

If you are buying a house or an apartment, it seems to me that a very good rule is to look for—if it's still possible at this inflationary point—something simpler and cheaper than you can afford so you have the leeway to do something that is of special interest to you. Often there is not that much difference in space or pleasure between a $35,000 house and a $40,000 house. But the difference in money lets you have something you really want—a pool, maybe, or a luxurious bathroom or a really great garden room—a place that is everything you want it to be, but is just not included in the normal format of a house.

Excitement, it seems to me, comes in a house where there is some kind of vivid imbalance of effort, when effort has been put just on the things that really matter to the people who live in it. Trying to maintain the same level of finish or expensiveness from the laundry to the living room usually gives you no chance for the exciting moment—the wall of glass opening to a beautiful view, a magnificent fireplace, a superb painting. I remember vividly an apartment in St. Thomas—simple white walls, white British officer's chairs, a simple table and then several Dufy paintings. It was wonderful. You really saw those Dufys as you would not have in a room where all the furnishings were competing for your attention.

Say you have a dining room, you don't have any furniture for it, you have just so much money seems to me more to the point to the beautiful table you really l even if it takes most of the buc and then get inexpensive direct chairs to finish the furnishing.

Part of the point is don't sp money unless you care. But par it is also that a director's chai quite a beautiful object, inexpen as it is. If you are able to free w you're really seeing from all the sociations that go with it, and if can see it in other surroundings, t it means more and the surroundi mean more. And then, for exampl you needlepoint covers for your rector's chairs you add still anot level of surprise and involvem

Old houses are full of possibi and they can satisfy our desire connect with the past. Also t were built to be comfortable with the mechanical devices like air ditioners that are in standard today. If people wanted to be c fortable in the summer in the with only limited directions that can come from, they knew eno to make the ceilings high enough that the hot air would go to the and the cool air would go drift around where they stood or sat big part of the excitement w 100-year-old houses that were fectly standard when built is the not standard now. They're just al unbuildable. You couldn't start f scratch and afford one.

Another thing worth noticin that you don't have to think of y house strictly in terms of the li of your lot. In fact, the walls of y house don't relate to some ima ary lot line, they relate to the wall you see, to the bounds of space on the other side. So thi that are interesting that happen side the walls of the house—bea ful sunsets, a park to walk in, shops to shop in—can give an e mous added value to your ho And these considerations apply well to the house buyer or ap ment renter as to the house buil

Once you've clarified what care about, you can pare and c bine until your house fits y budget. From suppliers you can costs of specific material and eq ment. An architect or a designe a builder can help you realize y ideas in technical terms, but for y house to be of real value to you, y values must inform his expertise

Decorators tell you

# how to get more decorating for your dollar

BY PATRICIA CORBIN

House & Garden asked leading designers to give their ideas on how to get more out of the decorating dollar, particularly today with rising costs. All the designers had definite views, bringing their personal thoughts to the problems of decorating and giving specific ways of getting more for money spent.

"Everybody has to work within a budget, no matter how rich he is," says Joseph Braswell, "and whenever you spend money, you should spend with caution." He agrees, as all the designers do, that a total plan is necessary. "It must be like the script of a play, every facet thought out with a projected timetable—and that means all levels of living in terms of a lighting program, a color program, a furniture program, and so on. After all, living creatively, in harmony and peace, is the best value for your money."

David Easton and Michael La Rocca define value as twofold: getting your money's worth in dollars, and getting your money's worth in esthetics. "To get the most out of money, you have to define yourself: How do you live, what do you want? We have to have a reassessment of values, in ourselves and in our surroundings. If you want to buy value, remember, the simplest things are the purest, and the most valuable."

"Put more thought into what you buy," say Nancy Goslee and John Robert Moore II. "Style is free, you must have value in yourself. Use your personality and grow with a room. Pamper what you have. Add to that with care, and do not be inhibited by what other people have or what other people like."

"In decorating a room you can save money by losing some preconceived ideas," explains Ronald Bricke. "For instance, some people think that windows and beds should always be covered up, but often that isn't necessary. Particularly, if there is pretty light from the windows. And when pillowslips and sheets are coordinated with handsome blankets or comforters."

Angelo Donghia believes that there are perennial money savers that will always give a big effect for less spending: wallcoverings and slipcovers. "Whether you have a tiny apartment or a big house, you can cover more space with pattern; and for fabrics, think of using sheets. They're still the best bargains for materials. For a bedroom you can use a top sheet for a bedspread; have it quilted and it doubles as a comforter. I think, too, that inexpensive pillows can make a big decorating statement; you can have them as small as pincushions or as large as mattresses. All the variables can be used in a room to make it cozy and warm with color."

Architectural designer Martin Lipsitt says that large masses of color and texture can bring the most daring transformations with the most magical results. "Most of us make changes in our surroundings to keep up with the changes we're constantly making in ourselves. It's a process that never stops, and getting the most change for the least amount of money is a nice habit to get into. You can cover a lot of decorating ground quickly by the lavish use of beautiful but less extravagant materials. Use polished cotton and woven straw instead of polished steel and [illegible]

Betty Sherrill agrees: "You want to get maximum [illegible] money, and paint can do it. Floors can be painted, stencil[led] tern and protected with polyurethane. Windows needn't ha[ve] curtaining—you can use slim Levolor blinds. Bringing colo[r] is always good value; you can do it with books, pillows [or] yourself in needlework or patchwork; or have one colorfu[l] and use it on all the sofas and chairs."

Alexandra Stoddard, author of *Style for Living* (Doubleday[,] few fine possessions give quality to a room, and a plan of action [to] be to go from room to room, removing the mistakes and clutter. [Put] things in shopping bags and either give them to charity or sell them. Rooms shouldn't be clogged up, because there is no space for peop[le]. Everything should be gleaming and meticulous—fresh paint, polished floors, clean windows, flowers and green plants. A room should be party-ready every day. It's not how you spend your money on new possessions; the most important thing is spending your money to maintain what you have. Get the Mr. Fix-its to repair and refurbish."

David Barrett has advice for the young with few possessions: "Don't buy anything trendy. Basics are best, like solid upholstered furniture, comfortable and long-lasting."

Ellen McCluskey thinks that one of the best values for a room is what goes on the walls. "When you walk into a room, you see everything at eye level. It's important to cover sinful architecture with paint or pattern and to concentrate on the 'eyes' of the room: the windows and pictures. Prints and drawings can be made important with matting and beautiful frames. Windows can give an uplift with gay chintz."



In Robert Metzger's opinion, background is all important, too. "Color and fabric can give the most impact, make the most success of a room." He advises anyone thinking of changing or adding to a room to stay away from gimmicks and tricks, and to concentrate instead on permanence and classicism. "Every purchase must be evaluated carefully, and in order to choose, you must familiarize yourself with everything available. Nothing should be a whim."

Vladimir Kagan is firmly against what he calls "disposable decorating." "Put your money in permanent items, furniture that will be as attractive tomorrow as it is today—nothing frivolous, but things that are utilitarian, comfortable, that possess good style and excellent quality."

"If you get poor quality construction in furniture, even though it may look good and cost less, then you've spent your money uselessly," says Ruben de Saavedra.

Mark Hampton thinks that a lovely piece of furniture may be expensive because of its great quality. "If you want one extravagant thing, you have to count it as an investment on a long-term basis."

"The best quality is the most you can get for your money," is Mario Buatta's advice. "If you buy a really well-made piece of furniture, you know your dollars are well-spent because that furniture will last." He also prefers slipcovers to upholstery. "Upholstery gets soiled so fast that I have sofas and chairs covered in cotton twill, then slipcovered, and everything can be easily taken off and cleaned."

Robert Perkins cautions that decorating not done to a basic plan is usually decorating with waste. "If you do things hodgepodge, you're apt to make mistakes. His tricks for dollar saving are to invest in a few big pieces of furniture, instead of having more little ones. "You get a solid substantial room; and it looks more comfortable and settled." He also thinks that if you cover your soft furniture in one color it brings unity, giving the space a more finished look. "Cotton materials are the great bargains for curtains, slipcovers—less expensive and you don't spend as much for your fabrics as you do for your furniture."



"With labor costing more," John Rieck says, "the decorating dollar can go much further if you can do much of the work yourself. Old-fashioned elbow grease saves money; and anything you can make yourself will give you a great sense of [illegible]

Louis Bromante has the last word: "If you are [illegible] whether adding, changing, or starting fresh [illegible] whole house, then think of it as a project that [illegible] must approve of. If your husband doesn't like [illegible] area rugs, then you better know it before [illegible] money. Rooms are for people and what they [illegible] The greatest saving can come about if you keep this in mind."

# How to make a room lea




**To make one room serve as both a living room and a dining room—** a space 20 by 23 feet to work with —furniture has to be versatile. The round table, 1 (foreground), is covered with a quilt during the day, but at meals can be set to seat eight or as a buffet to serve twenty or more. For sitting and talking, big comfortable sofa parts are designed to move into interchangeable seating arrangements. Four corner armchairs, one armless chair, and two ottomans can be put together to make sofas, a long L-shaped section, or they can be put against a wall if there's a big party. Making the most of a wall of windows, walls and ceiling are glazed the blue of the sky on a sunny day, which seems to bring the outside right indoors. Canvas shades control the light and keep the room simple. Indoor trees and plants echo the leafiness of a tree-filled square five stories below windows.

## Living room-ining room-studio with pull-around furniture and an open arrangement


2

# any lives







**Making one room do the work of two while still preserving a sense of lots of space** to move around in is essentially what owner Marie-Pierre de Cicco and designer Gilles Saint Gilles have achieved in her living room-dining room on these pages. Besides furniture that moves and uncluttered walls that look like the sky, certain treasures collected since childhood or found on trips lend the room warmth. For instance, Marie-Pierre de Cicco's love of plants and baskets and Chinese bamboo is just as important to the room as the 18th-century French commode, **3.** The sculpture on top is by a friend, Bruno Romeda. A Chinese cock on a pedestal near the windows, **1.** came from her family. A kilim rug bought on a trip warms up the floor and gives it some pattern. Other pattern is provided by the quilt on the round dining table. At night straight-backed Chinese bamboo chairs **2.** can be pulled up around, the quilt can come off, and the table set with a batik cloth from China Seas. Often, however, the table is set up for a buffet. Zigzags in pink and yellow provide more muted pattern in John Stephanidis's canvas design that covers the big armchair. Th[illegible] also contributes to the atm[illegible] Lamps called "Rocks" sit on the [illegible] by the plants. They are m[illegible] fiberglass, shaped to look [illegible] boulders when not lit, bu[illegible] glowing from within, they [illegible] the room. From Atelier A, P[illegible]

DAVID MASS[illegible]

*Room that leads many lives*

# All-in-one bedroom-study-bath

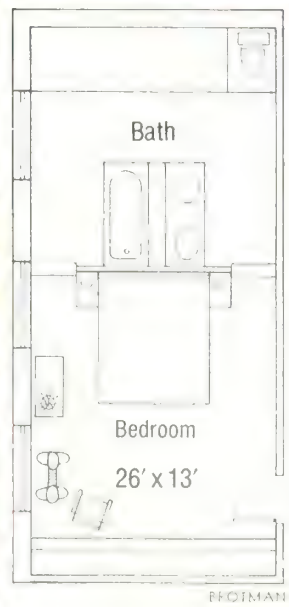


**Taking a conventional bedroom (18 by 13 feet) and bath (8 by 13 feet) and treating them a one room frees much more space for living.** The result is a place to rest, to read, listen music, watch television, write letters, and do accounts. The beauty of the room, however, that most of its different functions, apart from the books, **2.** are tucked away, making th space there is seem larger. Lacquer white bookshelves and cabinets fit all along one en of the room. Television, record player, records, files, radio, and camera equipment all g behind doors in these cabinets. Part of the cabinet top folds out to make a writing and a ty ing table. The bed, **1.** with an American red and white quilt and another geometric patte from Kenya, covering headboard and box springs, provides the color focus that ties the roo together. A Calder gouache is more red and white, above the bed. Max Ernst drawing abo the straw table. Two brass figures, *left,* by Hans Rudolf Giebeler. Red lamps, Boutique Danois

## One wall organized for books, music, television, with an office-in-a-cabinet






**Clever design clears the way for more space to live in** especially in the bath part of the bedroom-bath on these two pages. The large Tangerine-colored block that holds a tub and two sinks sits compact and hidden from view on the other side of a partition from the bed, **3.** This third of the room seems much larger than it is because of the way Gilles Saint Gilles has designed it—instead of having a mirror hanging in front of the two sinks and blocking the view out the windows just beyond the tub, the mirror went up on the wall partition to the left, **1.** Closets, drawers and a toilet are all concealed behind doors to the right of the sinks and tub, *see plan*, The wall high "scale" posters are by Pierre Raynaud. The Tangerine from Robinetterie Zazzeri in Flo

PHOTMAN

# Bath organized for a bigger-than-it-is feeling

...llbs in water

indoor trees

# New Guide to Gardening Indoo



## woodsy containers

EAGLE

Plants indoors are a green l
even breathe oxygen they replenish.
need us. They need light, air, food and d
for their feelings of warmth and cold (they car
from baking sun or put on a sweater in winter)
grooming, sometimes doctoring. They respond t
healthy growth, even a quiet companionableness. S
your-money ideas: Start free plants from orange, lemo
other seeds. Cover seed lightly with soil and keep moist in a
spot, over 70 degrees, until it germinates. Take cutt
plants, friends' plants, broken and old plants. Put them i
ture greenhouse you can make from a plastic bread bo
box, terrarium, fishtank, anything with a clear lid, or use a flower pot or food container covered with a plastic bag. Take 3 to 4
cuttings just below a leaf node; insert in moist vermiculite, perlite, or porous mix. Keep in a warm spot, out of direct sun, or under artificial light. In 3-6 weeks well-rooted cuttings can be potted up. Plants need humidity; boost it by misting foliage daily. (Some household liquids come in spray bottles you can rinse and use.) Always water deeply, thoroughly, with tepid water when the soil approaches dryness but before the plant wilts. Overwatering ruins plants and runs up the water bill, so when in doubt—don't. Feed lightly, too. Many good growers feed with every watering but suggest a dilute solution of ¼ teaspoon plant food per gallon of water. As for pests, wash or spray with a sudsy detergent first, then inquire about safe pesticides or systemics made for indoor use.

DAVID MASSEY

**SOME FLOWERING PLANTS THAT DO WELL INDOORS**
**NOTE: Warm, 60-75 degrees. Moderately cool, 50-60. Cool, 40-50.**

| | |
|---|---|
| **Begonias**<br>Angel Winged<br>Semperflorens<br>Rhizomatous<br>Semi-tuberous<br>Rieger | Warm to moderately cool, 60-70 daytime, 55 at night. Full sun fall and winter, some or filtered sun in spring and summer. Good humidity (50 percent if possible). Soil evenly moist when plant is in active growth. |
| **Bulbs,** forced<br>Hyacinths | In water: Set in glass so base of bulb barely touches water. Root in cool dark place (or refrigerator) 4-8 weeks. Put in moderately cool dark place 1-2 weeks. Move to warm sun. |
| Paperwhites<br>Lily-of-the-valley (pre-cooled pips) | In water on gravel, perlite, or sand: Set so base of bulb barely touches water. Cool stage not necessary. Root in moderately cool dark place 2-4 weeks. Move to warm sun. |
| Daffodils<br>Tulips<br>Hyacinths<br>Crocus | Covered with soil in pot with good drainage: Water, drain, keep in warm room 1 week. Root in cool dark place (or refrigerator) 10-15 weeks; keep moist. Put in moderately cool dark place 1-2 weeks. Sun. |
| **Bromeliads** | Warm. Full sun to indirect. Keep water in leaf cup, soil dryish. Mist. |
| **Camellia** | Cool, prefers daytime 68 degrees, or lower; 40-45 at night. Indirect sun. Moist. Outdoor summer shade. |
| **Gesneriads** | Warm. Full sun to indirect. Moist. Family includes African violet, gloxinia. |
| **Holiday Plants**<br>Azaleas<br>Chrysanthemums<br>Cinerarias<br>Primulas<br>Poinsettias | Moderately cool for most. (Poinsettias like 70 degrees in daytime, not less than 60 at night.) Filtered sun or indirect light. Moist. Avoid drafts and drying out. For repeat bloom put in greenhouse or outdoor garden; discard cinerarias. |
| **Orchids**<br>Cattleya<br>Cymbidium<br>Paphiopedilum<br>Phalaenopsis | Warm for most (moderately cool for cymbidiums). Bright light but not full sun. High humidity (a humidifier almost a must). Phalaenopsis least demanding. Moisture needs vary but fiber or bark should not dry out. |
| **Spathiphyl-** | Warm. Low light. Moist to wet. |



## hanging baskets

Bulbs in water last a long time and can be enjoyed in head-to-toe beauty; tulips are grown in earth, rinsed, set in sparkling glass, *opposite page, far left.* Plants that grow as tall as trees make spirits soar, like the camellias in a cool stairway, *left,* of a Chicago house designed by architect I.W. Colburn. Newest containers are natural. A basket slipcovered with sheet moss, kept alive by misting, holds a pot of primulas, *top,* by Jean-Jacques Bloos. Lights can maintain plants through winter. In Seattle kitchen of the David Fukuis, Boston ferns, *above,* hang from adapters on light tracks by Halo Lighting. *Right:* Rose-scented geranium with Earth Spike



## plant lights



Bright sunlight and a cool hallway keep writer Valentine Lawford's geraniums blooming happily all winter on Long Island. The good looks and vigor of all his plants are enhanced by the way he groups them. Middle-sized and small plants like each other's company; they need the shared humidity. Massing them also makes watering simpler. These plants are staged on waterproof glass tables and a tile floor. To protect wood floors or carpets: Set pots on rigid invisible plastic. Group them in galvanized or plastic trays or large kitchen pans filled with pebbles. Move in a picnic bench to use as a shelf under a window. Put a rolling dining cart to work. Put a box on casters. Fit three or four pots with saucers into one good-looking low basket.





# Decorating with plants– grouping and lighting your plants indoors

onal impact, can do almost as much for a room as an impressive sculpture or piece of furnitur

tall plants like living art objects. On a table covered with an American patchwork quilt, e

tus like giant euphorbia is a triumph in form and texture. It is in a straw cache

t that is allowed to get quite dry between waterings. Cactus plants are neglectables, good for people on the g

the ceiling. Its wide fronds are dramatized at night by a gleaming parenthesis lam

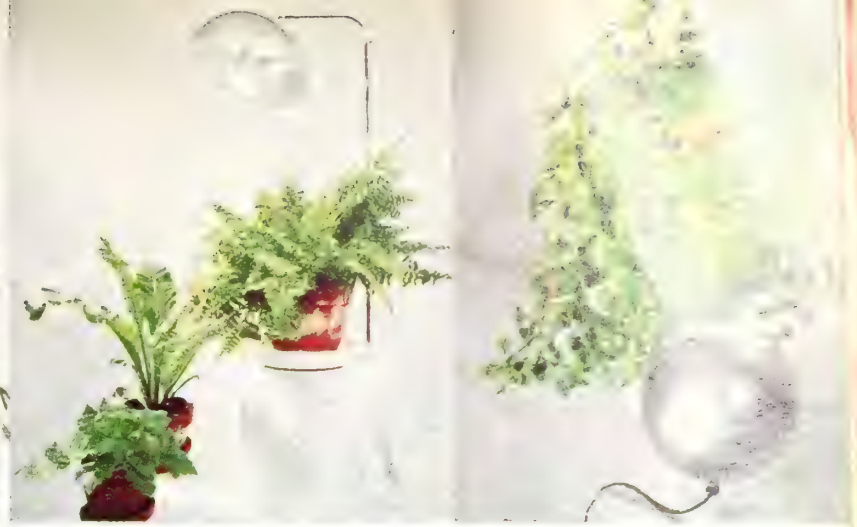
he ferns. *Living with Plants: A Book of Home Decorating & Plant Care* (Wil

hat characterizes plants by size, style, decorative use. *House Plants Indoors/Outdoors* (Ortho) is a colorful, info

*How To Handbook* (Walker) by Peter Loewer describes hydroculture (water-plus-nutrients) for 150 plants. *Th*

A. Elbert describes plants, equipment. Many plants in House & Garden's Charts available through Teleflo





Artificial light is a boon to indoor gardeners. All plants need light—sun shine, fluorescent, or incandescent. Fluorescent tubes are cool and h[ave] the color spectrum plants need for active growth and for flowering; the[y] can be used 12-16 hours at close range. At a distance of 3-6 feet and o[n] for 8-12 hours, incandescent floodlight (not spots, which focus their heat) supplement window light, help maintain low-light foliage plants. A close-up use for incandescents is helping seeds germinate and cuttings to form roots, when a warmth of 70-80 degrees is beneficial. Incandescents are also decorative, can dramatize plants at night. Most fixtures on this page were fitted with 75 or 150 watt Duro-Lite Plant Lites. Their incandescent red-orange-yellow spectrum is balanced with blue, which aids photosynthesis. Light from any of George Kovacs's magnetic bar-hung Zonkers, or bottom Pluckie, could enhance a ficus benjamina, *left*. Roosevelt fern, bird's nest fern, piggyback (Tolmiea), *above*, are accented by an adjustable Hi Lo Grow Lamp by The Lite Factory. For Swedish ivy, *above right*, nightlighting is by a Plant Lite ball by Robert Sonneman, while tulips are highlighted by Clip-On from The Lite Factory. For shopping, see page 145.





## SOME TALL GROWING PLANTS TO GROW AS TREES INDOORS

**NOTE: All do well in 60-75 degree rooms.**

| | |
|---|---|
| **Abutilon** Flowering maple | Full sun. Moist. Repot often. Grows quickly from small to tall. For tree form, brace branches to main stem with florist wire. |
| **Aralia**/ Polyscias balfouriana | Some sun to bright indirect. Barely moist. Do not overwater. Sometimes called Ming Tree. |
| **Banana** tree Musa nana | Full sun to filtered. Moist. Mist often. |
| **Beaucarnea** recurvata Ponytail | Full sun or bright indirect. Moderately dry between waterings. Prefers cool nights, 50-55 degrees, but tolerant. |
| **Brassaia** actinophylla/ Schefflera | Some sun to bright indirect. Moderately dry between waterings. Also called Umbrella tree. |
| **Cactus** and succulents incl. euphorbias | Full sun to indirect. Moderately dry between waterings. In winter less water, cool air. Cactus prefers 40-65 degree range; euphorbias, 55-75. |
| **Dizygotheca** elegantissima | Indirect or filtered sun. Moist. Also called False Aralia. |
| **Dracaena** marginata Dracaena fragrans massangeana | Some sun to indirect. Moderately dry. Do not overwater. D. marginata has red margins. D. massangeana resembles and is called Corn Plant. |
| **Ficus** retusa nitida India laurel Ficus benjamina Weeping fig | Indirect light. Moderately moist. F. benjamina with drooping branches and F. retusa nitida, with erect branches, often drop their small glossy leaves when moved but adjust to favorable conditions. Same family as rubber plant. |
| **Palms** Caryota mitis Fishtail Chamaedorea elegans Chamaedorea erumpens Bamboo Chrysalidocarpus lutescens Areca/ Butterfly Howea fosteriana Paradise | Needs vary. Filtered sun or indirect light t[o] Moderately moist, not wet. (Fan palms [are] exception. Most fans prefer wet soil an[d] humid atmosphere. Chamaerops hu[m] Rhapis excelsa, however, like warmth, [and] maerops does best in direct sun.) |

# Growing plants in glass, behind glass, and in baskets

Water, essential to all plants, can start some bulbs, show off others—these rinsed tulips and daffodils, for instance. To introduce children to gardening indoors, root onions in water. Idea, *below right*, for a "Young Sprouts" tablesetting at Tiffany, is by Bob Springman of Horticulture Design. Potatoes, ginger roots, pineapple tops, and other edibles also root in water in bright light. To root an avocado pit, rest flat end in water in light or dark 1-2 months; change water weekly. Plant seed in soil and keep moist. When shoot is 6 inches, bravely cut it back to 3 inches for strength.






## SOME PLANTS FOR INDOOR HANGING BASKETS

**NOTE: All do well in rooms 60-75 degrees.**

| | |
|---|---|
| **Allamanda Bougainvillea** | Full sun. Moist. Humid. Prune to prevent climb |
| **Begonias** | Light needs vary. Moist. See Flower Chart. |
| **Chlorophytum** Spiderplant | Indirect light. Moderately dry between waterings. A baby boom—pot the offshoots for new plants. |
| **Christmas cactus** | Sun in winter, indirect light in summer. Moist. After summer growth, keep quite dry, unfertilized, at 50 to 55 degrees 6-8 weeks to set buds for winter bloom. |
| **Cissus** Grape ivy Kangaroo vine | Some sun to indirect. Moderately dry between waterings. (Plectranthus, Swedish ivy, likes similar conditions.) |
| **Coleus** | Full sun. Moist. Humid. Pinch to make bushy. |
| **Ferns** Asparagus | Indirect light. Moist. High humidity. Boston, holly, rabbit's foot, and sword are good basket varieties. Not a true fern, but culture similar. |
| **Gesneriads** Achimenes Columnea Episcia | Full sun to indirect. Moist not wet. Humid. Colorful flowers. Keep episcias on the warm side. |
| **Herbs.** Thyme Rosemary Tarragon | Some sun. Keep on cool side. Keep rosemary moderately moist, others moderately dry. Mist often. |
| **Impatiens** | Indirect light. Moist. Humid. |
| **Ivy.** Hedera English ivy Canary ivy | Some sun to indirect. Moist. Moderately cool nights. Prone to spider mite if dry—shower weekly. Canary also called Algerian ivy, easier. |
| **Lantana** | Full sun. Moist. Moderately cool nights. |
| **Scindapsus** | Indirect light or filtered. Barely moist. |
| **Sedums** and **Succulents** | Indirect light. Needs vary, from moist to dry between waterings. No hot sun or wind. |
| **Tolmiea** Piggyback | Indirect light. Moist. Moderately cool nights. |
| **Tradescantia** T. zebrina | Some sun to indirect. Moist, but tolerant. Produces tiny flowers in bright light. |

Painter Peter Bradley, whose work is shown at the André Emmerich Gallery, wanted to grow orchids in his Manhattan loft. Architect Paul Heyer succeeded in designing a living room, a bath, an entire apartment around a hexagonal, tropical greenhouse. Roughly 12-by-6 feet, it has glass and waterproof Sheetrock panels framed by 2-x-4's. A brick and sand floor was laid over polyurethane sheets. Three fluorescent units, each with four High Output tubes, are suspended by chains from the high ceiling and give good growing light 12 hours a day. The temperature range is 68 to 85 degrees, while humidity stays at a high 70 percent. There are a heater, humidifier, humidistat, faucet, and hose. Ventilation is provided by a jalousie transom in the door and a fan facing it. All wires are grounded. Hanging plants hooked on stout rods filter light for plants below. Mr. Bradley bought some of his orchids at Lager & Hurrell, please see page 145. Metal sculpture is by Anthony Caro.







BRONSON

TOM YEE

kets of tradescantia and semperflorens begonia, *left,* sedum *inset above,* were grown by Rudolph D. Nabel of te Plains, N.Y. For easy care, he recommends plastic with drip-saucers, and long-nosed watering cans for ultaneous watering and feeding. Among the hanging its in Mr. and Mrs. Alexander Eltz's New Jersey porch len, *above,* are ivy geraniums and a mammoth chloro- um. Open in summer, the porch is enclosed October May by glass panels in frames that fit between brick mns; baskets hang from rafters and wall brackets. In rdinary room, try light tracks, strong curtain rods, or and-S-hooks screwed into ceiling joists (usually set y 16 inches). *Right:* More containers to bring nature in- s: cinerarias in make-believe bark, from Robert Webb; erwhite in twig basket from Ronaldo Maia Flowers; inth in moss by Jean-Jacques Bloos. See page 145.

# HOW TO CLEAN YOUR

## PREVENTIVE CLEANING INCLUDING MACHINES THAT DO THE DUSTING

- [illegible] Once the Space Gard Air Cleaner," uses no electricity, and according to the [illegible] removes up to 90 percent airborne dust. By Research Products.
- Or [illegible] Electro-Air" models are said to remove up to 95 percent dust plus odors; some are self-cleaning. Available as adjuncts to central furnace or in portable models. By Emerson Electric. Other manufacturers: Carrier, General Electric, Honeywell, Westinghouse.
- Your air conditioner also cuts down dust coming in. Don't forget to clean filter once a week.
- To pull tobacco smoke out of the air, [illegible] little open dishes of vinegar around the room.
- Increasing the humidity in a room helps settle out dust. One humidifier maker says the average heated home has a [illegible] relative humidity he recommends 20 to 55. And you can lower the thermostat a little and still feel as warm. Some manufacturers: Lau Industries, Research Products, West Bend, Westinghouse.
- Simple humidifiers: pans of water on top of the radiator.
- Vacuum-dust with your vacuum's brush and nozzle accessories. Think of installing a central vacuuming system so all you take room to room is nozzle and hose. Some manufacturers: Budd, H P Products, Pullman.

*When now do have to dust:*

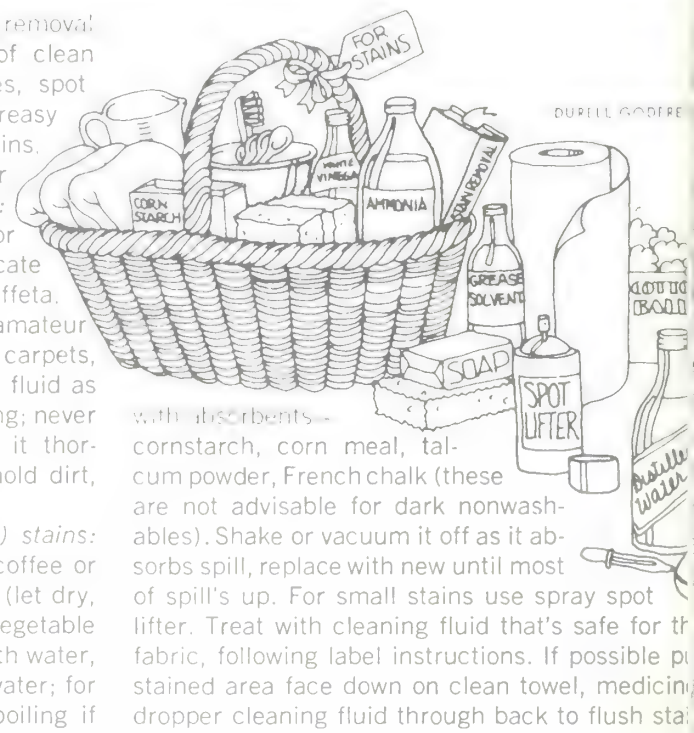
- Keep the dust on your cloth by spraying it with Endust. The cloth you've used to polish the furniture makes a super dustcloth.
- A long-handled virgin wool duster—great for hard-to-reach places, and lanolin in the wool holds dust. *For shopping information, see page 152.*




**TRICKS TO SAVE TIME:** ▬Keep a household book. Staple in all "how to care for" ins tions and warranties that come with furniture, fabrics, and appliances. Index brand nam household supplies, other information relevant to you. ▬Whether for overall or spot clea start with mildest treatment and gradually increase strength to mildest treatment that wi job. Test treatments first in an inconspicuous place. ▬Make the most of limited time by c most important task first, least, last. Make every minute work—while the washer is g kitchen floor is drying. From former White House housekeeper Mary Kaltman's book *Keepin With Keeping House* (Doubleday, $5.95). ▬For everyday chores find a time that's easi maybe wash the bathroom before your bath. Keep your head busy with your hands—put on m you love or think up the week's menus. Give yourself a reward at the end to make you wa finish faster. ▬Don't feel peculiar putting dusting cloths in end-table drawers and lemon in your desk drawer. You never know when the urge to wax your desk will hit you and shouldn't pass it up. Keep a "room-by-room resumé" of your cleaning and plant-care ins tions for housesitters. From Alexandra Stoddard's *Style for Living* (Doubleday, $12

**EMERGENCY STAIN BASKET** Fill basket with stain removal book plus pieces of clean terry towel, sponges, spot lifter, like K2r, and powder absorbent for greasy stains, cleaning fluid to dissolve greasy stains, water in squeeze bottle to dilute water based stains, medicine droppers. *Note:* 1. When in doubt, phone dry cleaner for advice before attempting treatment. Delicate fabrics (silk, satin, gabardine, velvet, taffeta, suede) should be rushed to the cleaner—amateur treatment can worsen stain. 2. On rugs, carpets, upholstery use as little water or cleaning fluid as possible to avoid wetting backing or stuffing; never use soap or detergent—you can't rinse it thoroughly, and soap, made to attract and hold dirt, causes rapid resoiling.

- *For nongreasy (generally water-based) stains:* alcoholic drinks, berries, blood, catsup, coffee or tea without cream, fruit juice, milk, mud (let dry, brush off, then treat), perfume, urine, vegetable juice, wine. *Method:* Immediately flush with water, blot with clean towel. For most use cool water; for blood, cold; for coffee or tea, as hot (boiling if possible) as fabric will stand. If insufficient, work liquid detergent into stain, rinse thoroughly. If stain persists, soak in cool water. Repeat detergent treatment. Sugary stains, like fruit juice, soft drinks, may dry invisible, but turn permanent brown when ironed or put in dryer. Don't let dry—flush with water at once.
- *For greasy stains:* butter, car grease, waxes, lard, margarine, oils. *Method:* Spoon up, soak up with absorbents—cornstarch, corn meal, talcum powder, French chalk (these are not advisable for dark nonwashables). Shake or vacuum it off as it absorbs spill, replace with new until most of spill's up. For small stains use spray spot lifter. Treat with cleaning fluid that's safe for th fabric, following label instructions. If possible pu stained area face down on clean towel, medicin dropper cleaning fluid through back to flush sta off (not through) fabric. Shift towel as it absorb stain. Never put articles dampened with flan mable solvent in washing machine or dryer.
- *For combination (both greasy and nongreasy) stains:* chocolate, coffee or tea with cream, crean gravy, ice cream, lipstick, mayonnaise, paint, sala dressing, shoe polish, soup. *Method:* Use cleanir fluid treatment first, let dry completely, then us water treatment.




# 1

## WALLS

**Dust with a vacuum brush or a soft cloth-covered mop. Work from the floor up—the only way to prevent streaking. Use [illegible] wash vinyl or painted [illegible] except [illegible] shedding that's been on walls 2 weeks, doesn't appear on cloth when you test cleaning solution in obscure area. *From Time Home Services.***

# 2

## WINDOWS

**Wash windows from left to right on inside, top to bottom on outside. Then if there are streaks you'll know which side they're on. Don't wash windows with sun right on them—it dries them too fast. Leaves streaks. *From The Soap and Detergent Association.***

# 3

## WOOD FLOORS

**Brush-vacuum *light soil*. Once a week sweep with barely damp mop, dry. For *medium soil*, rusty water marks, sand gently with fine steel wool dipped in paste wax. Remove *heavy soil* with soft cloth wrung in turpentine or mineral spirits (flammable). Then wax—see instructions above. *From the wood floor specialist William J. Erbe.***

# 4

## MIRRORS AND GLASS

**To make mirrors and glass sparkle, use Windex spray and wipe off with newspaper. Newspaper's lintless, more absorbent than cloth. Glass scratches—dust only with a damp cloth to keep soil from leaving its mark. *From mirror specialists at Sequin Mirror & Brass.***

# 5

## WOOD FURNITURE

**If varnished or sh lacked, use paste w like Butcher's; for hi gloss, Pledge. To wax, dirt, many stai wipe with benzene. remove light scratch alcohol, water, he rings, rub boiled l seed oil and pum powder gently w grain using burlap gloss matches. *Fr Charles Sundquist c inetmaker.***

# HOUSE LIKE AN EXPERT

By Margaret Mora

## NING IDEAS FOR SPECIAL MATERIALS

han vinyl with mild soap and water or vinyl cleaner inyl Magic" by Magic American.▬Good for asphalt, and linoleum tile, which may soften with too strong detergent solution—Murphy's Oil Soap, also mois-▬For quarry tile, cover with paste of scouring pow- water. Let sit five minutes, scrub with stiff brush. wipe dry. Don't use colored cleaner (may stain). To rust and mold, use "Copper-Brite," also a great pol- tarnish-retardant for copper, brass, or stainless steel , hearth equipment, frames—takes blue heat marks nless.▬Any colorfast lampshade without glue can ed in cool sudsy water. Remove colored trim. Brush om top to bottom with clean soft brush. Rinse well. tightens as it dries (hang by frame). Put on lamp urn on light to finish drying. Finger-press pleats. For nd parchment shades, wipe with "Absorene," which rks on vinyl windowshades, nonlacquer paint, sturdy st) wallpapers.▬Clean glass fixtures, chandeliers p-dry "Chanda-Clean" by Hagerty or "Crystal Glo" by ntinental. Before spraying turn off light, put down th or mask wall with newspaper. Then wipe glass with il—sheds dust! From Seguin Mirror & Brass.▬Spe- d finishes—Oil: Wipe dirt up with boiled linseed oil. p soil sand with 0000 steel wool, reoil. Antiqued or : Wipe very gently with cloth wrung in Ivory soap m water, one wrung in warm water, dry. From cabinet- Charles Sundquist. Raw wood: Scott's Liquid Gold izes, cleans, heightens natural color and grain, is ellent and anti-mildew! Great for any wood finish ached.

## NG WOOD FLOORS

he William J. Erbe Company, Wood Floor Specialist the best finish, apply paste wax by hand with soft cloth. Rub tion of grain or inlay. Let dry as long as possible (so paste izes" wood). Buff by machine weighing at least 60 pounds, ly 100, work usually for professionals.▬With paste wax and hat gets average wear, wax 2 or 3 times a year; 3 to 6 times for fic areas. New floors are thirstier—wax 2 or 3 times in first six Paste wax never needs stripping.▬Liquid waxes take up soil, some old wax. Faster, easier to apply, but need waxing ten (once a month) and stripping (about twice a year).▬ r the wax, the secret's very thin even coats, each thoroughly re the next's applied. The more coats, the less often you wax.

## TIPS FROM INTERIOR DESIGNER, ANTIQUE DEALER RICHARD V. HARE

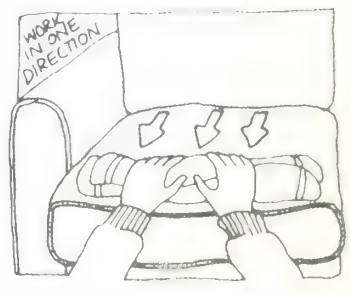
● Damp, soapless cleaning for [illegible] ances, rugs, carpets, and upholstery [illegible] clean, clear water, no soap or detergent [illegible] more important—no bleach or [illegible] nia. (Close curtains before cleaning.) Have plenty of clean white [illegible] towels on hand. Dip clean towel in water, wring out till just *slightly* [illegible] Roll towel into cylindrical shape and graze the surface of the item with light, uniform strokes, working in one direction only and always turning the towel so a clean surface is exposed. Don't rub and take care (especially on water stainables like silk) to cover fabric uniformly. Dry using same procedure with clean dry towels. Can be used on virtually everything—even Oriental carpets and wood paneling.




● To keep antiques and other wood furniture clean, waxed, and shiny in one swipe use self-polishing liquid waxes like Pledge—less smeary than lemon oil and gives a somewhat stain-resistant finish. Don't use on oiled surfaces. One caution: Use a very thin coat, especially around crevices where polish can clog. Unlike paste or non-self-polishing liquid waxes, this type isn't absorbed by wood but builds up on surface. Occasionally use naphtha to remove excess, on soft cloth or on cloth-wrapped fingernail for crevices.




● Whatever the finish, if it's wood never put a drink directly on it—use coasters. A remedy for water and heat stains, which he uses—gently—even on antiqued finishes: Apply a paste of cigarette ashes and olive oil to stain. Let stand, rub gently with grain with damp cloth. Dry. Rewax.




● Great trick for window sills, especially in the city. Clean thoroughly—he swears by Fantastik spray, "It is fantastic! It may take up a little paint, but the speed is worth it." Then apply transparent paste wax with soft cloth, let dry, buff. (As soon as a new paint job is thoroughly dry, wax!) Then spray lightly with Fantastik—seems to counteract soot, grease, and brings dirt up without streaking when you wipe sills. Renew wax as needed. Don't forget to clean the outdoor before the indoor half.

***Booklets you can send for:***

*The U.S. Government's* Removing Stains from Fabric, *Home and Garden Bulletin No. 62, 40¢. List of other pamphlets,* The Home, *free. The Superintendent of Documents, Washington, D.C. 20402.* Housekeeping Directions, *25¢, The Soap and Detergent Association, 475 Park Ave. S., New York, N.Y. 10016.* Furniture Care, Rug and Carpet Care, Floor Care, *free, Johnson Wax, Consumer Education Dept. HG, Box 567, Racine, Wisc. 53403.* Aids to Interior Decor Fabric Care, *free, AIDS International, Dept. HG, 4420 N. Fairfax Dr., Arlington, Va. 22203.* For Love of Wood, *50¢, Scott's Liquid Gold, Box 7192, Denver, Colo. 80207.*

## 6

### RUGS AND PHOLSTERY

**um thoroughly at once a week. high ic areas more of- Experts discour- do-it-yourself ning except for emergencies (see ve). Instead use a essional service— that will clean up- tery, rugs, carpets, our home is Dura- n International.**

## 7

### CERAMIC TILE

**Clean with ammonia solution, Top Job, Lysol Basin/Tub/Tile Cleaner, or similar germi- and fungicide—stronger, leaves less film than detergent. For touch-ups, window cleaner. Use vinegar on hard-water spots, kerosene on soap scum. To ease cleaning, seal cement grout twice a year with a naphtha-silicone brick sealer. *From American Olean Tile.***

## 8

### LEATHER

**Most upholstery leather made in the last 25 years is specially finished. Just dust, occasionally wash with cheesecloth wrung in tepid water and mild, soap like Castile or Ivory. Saddle soap, ammonia water, furniture polishes, oils can stain or remove finish on this type leather. *From furniture maker Kroehler.***

## 9

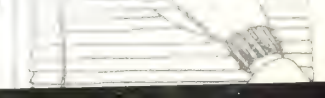
### ACRYLIC PLASTIC

**Damp dust to cut static, prevent scratching, as will paste car wax (not a cleaner-wax combination). Test—may yellow white. Wash with tepid water and mild dishwashing liquid. Remove grease, paint, with naphtha. Never use toothpaste, window cleaners, scouring powders. *From Rohm & Haas, maker of Plexiglas.***

## 10

### VENETIAN BLINDS

**Wash with garden gloves dipped in [illegible] suds, then water. Fingers *da* top, bottom, each slat in one [illegible] tion. Do outside in towel-lined [illegible] scratch) tub. *From The Soap & Detergent Association.***



# wo little houses designed to get a lot of livi

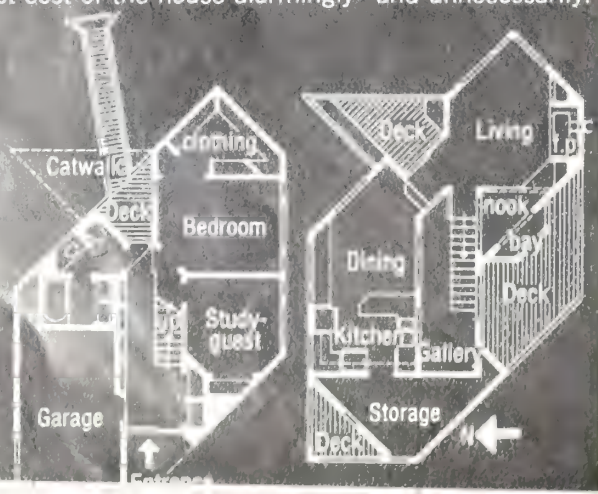


JOHN FULKER

## 1 Two-story gallery opens up every room in a house 29 feet wide

The best laid plans of land developers often go awry because of nature's refusal to be consistently flat. So we have what is called the "hopeless" plot—too narrow, too steep, too hedged in by adjacent houses. Yet the land may be well located, laden with trees, and despite its lack of breadth, highly desirable. This, in Seattle, Wash., is such a site, and on it architect David Fukui designed a house for himself and his wife that is only 29 feet wide, yet has the psychological *feel* of being built on a half-acre lot. For privacy (a narrow lot's challenge), he had to be a bit unconventional. Faceted like a prism, the house, **1**, crisscrosses its site, *see plan, below,* so that its windows are angled *away* from neighboring houses rather than staring into them. Reversing the procedure of active areas downstairs and quiet ones above, bedrooms are on the first floor, while living room, dining room, and kitchen are on the second—leafily screened by treetops, the best curtains in the world. The most unusual feature of the house, however—and what really makes it work—is the center stair hall (the Fukuis, who are both American-born Japanese, call it "The Street"), **2**, a two-story-high gallery with metal staircase painted terra-cotta red, pretty with pale mushroom walls, and a sloping glass skylight for a roof. It floods the center of the house with light, is part library, part greenhouse, part picture gallery, and stretches from the front door to a rear catwalk that sails out through the trees and ends in a little porch perched (as is half the house) on stilts—a trick to bridge the steep decline of the site, which otherwise would have to have been filled in, thus raising the quite modest cost of the house alarmingly—and unnecessarily.

Hexagonal plan, *right,* and the way things work. Garage, which is part of house, opens directly to gallery, as do master bedroom, guest room-study, and bath. Bedroom windows are high on [illegible] to shut out the [illegible] more than less. Upstairs, rooms are wide open to the gallery so they may enjoy its skylight. There is even a little outdoor living: two decks off the [illegible] room—one to catch the [illegible] sun, the other, **3**, for



# t of a little piece of land







Living room, **3** and **4**, has two alcoves—one for a fireplace with a raised hearth tiled floor, and a *very* contemporary version of a Franklin stove. Shelves on either side hold music system and records. Blue denim Italian sofa is called a Tootsie Roll, and so it is. Second alcove holds a platform in a glass bay opening to the larger deck, **5**. Nice place to be lazy, platform floor is covered with white canvas pads heaped with cushions. Dining room and kitchen, **6**, are almost one room, with only a work counter as a divider. Hence, a pleasant openness, plus an overhead garden: ferns hung on pendant hooks inserted in kitchen light track.

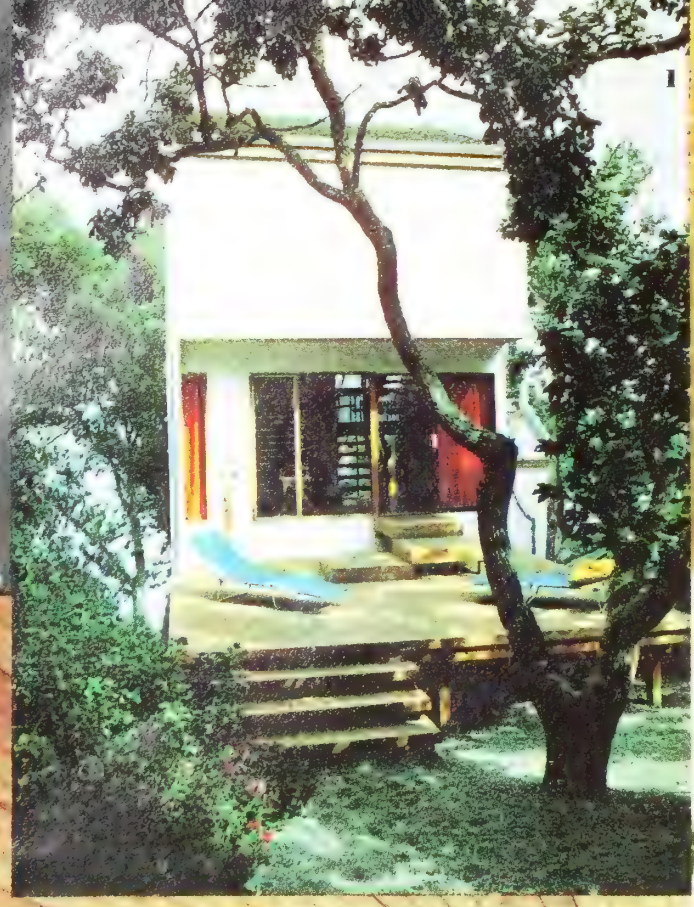


Little house
designed
or lots of living

JOHN AULICH

1 2

# 2 Six levels prove that there is always room at the top







3 This is a house of singular sweep—most of it *up*. Designed by architect Terence J. Williams for himself and his family, it commands a superb view of Shoal Bay in Victoria, B.C. But its site is so narrow (39 feet) and its neighbors so close that, to avoid too-familiar proximity, the house itself could only be 24 feet wide. 4 Quite literally, Mr. Williams rose to the occasion with a lofty zigzag of split levels that, without costing a fortune, met all challenges. Set farther back from the road than its neighbors (a strategy to gain privacy), the house is entered by walking through a pretty courtyard, then up a few steps to a deck, the front door, **1**, and the entrance hall, **2**. In the hall: a wall of glass, a wall of storage, a powder room, a ceramic tile floor, and a cedar staircase that ascends from the lowest level to the topmost. *(See cross section, opposite page.)* The hall is a rainy-day playroom for the Williamses' little girl and her friends, kept in view by Mrs. Williams from the dining room, **3**, one flight up, and the adjacent, quite open kitchen, **4**. The dining room is hung over the living room like a walled-in balcony—the "wall" being a railed barrier of clear Plexiglas, **7**, that filters light, yet provides complete safety. Curled over the edge of the dining room floor is a band of [illegible] a velvet ribbon across the living room's ceiling.




5



6

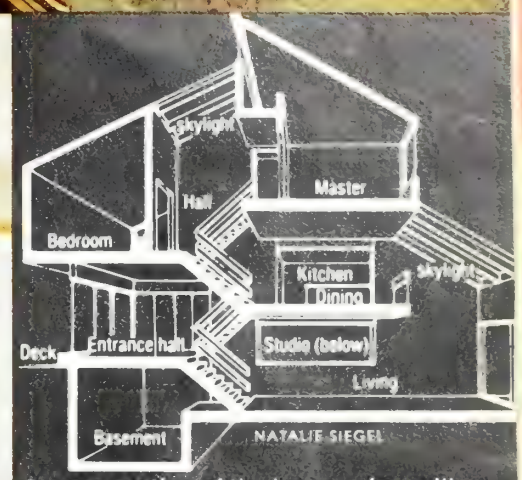


7



8






A cross section of the house, *above*, illustrates the complexity of its design, its total lack of wasted space, its remarkable use of glass. (Small windows in side walls do *not* confront those of the neighbors.) All sunlight comes from the front and rear of the house and the slanting roofs: sliding glass doors, fixed glass, and skylights—marvelous sun traps. At the top of the house are the child's room, **5**, master bedroom, **6**, and a bath. Descending a half flight, one comes to the guest room, *see plan*, then down past the dining balcony to the living room, **7** and **8**, with a glassless "picture window" looking down into a studio on the basement level. A skylighted alcove holds television, music system, and books; at the ocean end, sliding glass doors open to a deck and the garden, **9**, with a magnificent 350-year-old arbutus tree—reason enough for wanting the property. Shrubbery ends with a 60-foot drop to the sea—precipitous, rarely climbed, but if only to look at, wonderfully romantic.

**9** *Building materials*, page 144






# NEW BUILDING MATERIALS
## with a handmade look

Simple changes pack a wallop. 1 Big design for walls—super-sized "Eggs" silkscreened on cott sailcloth. 50 by 50 inches. Looks great stretched on the wall or hung as banner. Designed by bino Cimonetti for Big/Art Designs. 2 Tile to a different drummer—big, A-shaped "Serie Amant ceramic tiles jigsaw together on walls or floors. By Hastings. 3 Graceful weathering of aged whi paint—"Country Place" plywood paneling. By U.S. Plywood. 4 As delicate looking as birds' eg —"Flowers and Birds" ceramic tiles for floors and walls. By Mid-State Tile. 5 Autumn's harve "Apples," silkscreened on heavy canvas. 50 by 72 inches. From Big/Art Designs. 6 With natural bleached and weathered look—"Forester" hardboard paneling by Masonite. 7 Deep gnarled and grained with the look of random planking. "Conestoga" plywood paneling by Evan 8 Sun Yellow rays mold squares within circles. Ceramic tile for floors and walls. By Agenc

MATHEWS

# Bathroom

Do-it-yourselfers, arise! "Easy Set" tile system, **9.** 5 sheets of nine 4-inch-square ceramic tiles. Joints are pre-grouted with flexible silicone rubber for super easy installation. Very mildew and stain resistant. By American Olean. **10** Bold, handpainted pattern on ceramic tile for a personal statement on floors or walls. "RT Salina" by Country Floors. **11** Classic simplicity of clear blue on cream and hints of foreign coastlines. "Madeira" ceramic tile for walls. By Summitville Tiles. **12** For the young-at-heart, "Blue Denim" plastic laminate to spruce up walls and countertops. By Evans Panelyte. **13** Compose your own syncopated combination on floors or walls with "Theme" ceramic tiles by Country Floors. **14** The soft, dry texture of old barns recreated in rustic "Country House Plank." Wall planks by Marlite. **15** Stripped-down "Trees" vibrate color. 36 by 50. Silkscreen on sailcloth. Big/Art Designs. **16** Thin-slatted blinds in over 100 colors! Here in House & Garden Sweet Lime. "Riviera" by Levolor. For shopping information, turn to page 145.

## More for your money in a make-over

A small 40s Spanish-style house in Northern California—nothing remarkable, you might think, looking at the outside, opposite p
But inside is an unexpected world of space, light, and purity of line. Space is created by taking everything out except the essential or the beau
For the owner, Dr. Leo Keoshian, it's a nonmaintenance house. For the designer, John Dickinson, it's an understated house. "It has a look tha
longs very much to this century," he says. "We removed all Mediterranean-style interior moldings and woodwork round the windows, and r
the windows to give height to the room." The trick is to eliminate, rather than to add. You don't need much to create an effect like this—the les
better. The money in this budget goes on a few, perfect things. The living room reflects shades of the white spectrum—infused with a soft, p
light. On the floor, a specially woven wool carpet with a Mondrian-like pattern on white, camel, and pale gray, designed to frame the location
furniture. Canvas upholstery everywhere, with two sets of cushions (so one set is always clean). White vinyl base for sofa and two armless c

# Big space and inventive ideas in a little house



*Frames of stainless steel raise all windows and bookshelf to match height of the original leaded window at the far end of the room.*

*Clean white painted space opens up the room, with original wood trim of ceiling, mantelpiece, and fireplace giving perspective and contour.*

*Window frames built out of the wall to accommodate white canvas Roman blinds, banded in vinyl.*



Clean lines everywhere—the two lamps, *left*, have porcelain bases with baked enamel shades, trimmed in brass. The tables they sit on are designed to conceal speakers —brass-legged with canvas side flaps banded in vinyl. The room, an [illegible] furnishings in it, were designed by John Dickinson for a purpos[illegible] open up the room and cre[illegible] Yet it remains a very person[illegible] The hand replica collectio[illegible] reflects the interest of [illegible] a plastic surgeon s[illegible] hands. Bisque clay collection on [illegible] telpiece, *left*, was given to the d[illegible] for his work in Antigua. White fiberglass figure at far end of room is by Manuel Neri. Figure on table under window is by Jeremy Anderson. [illegible]

*Inventive ideas in a little house*

# *The same pale colors and beautiful materials flow room to room*



Hall Living

How to create a mood with no color, no clutter, and clean, spare space. Take the dining room, *a* for instance. Stainless steel for windows and service door, raised to make height. Lighting behind panels tha and hinge like cabinets so you can change bulbs—all on dimmer. Canvas blinds, pulled down, give escent effect. At the far end, two consoles made of marble, crafted with a broken edge all the way round as th straight from the quarry. Iron sculpture on the left console by David Anderson—a dark touch, lik floors, archway and doors, *opposite page.* Dining room chairs adapted from a 1930s design, of bleached oak, with canvas cushions. Bleached oak also lines the inside of the white lacquered dining tab prevent the sharp corners from chipping, *opposite page, far right.* All furnishings designed by John Dickinson tribute to a feeling of space flowing from room to room. Watercolor by Gorky. Manzanita wood table centerp

room of
quer, rubbed
wn marble,
steel.



A view of the entrance hall showing the continuous line made by the subtle pattern of the carpet through each room.



Looking from the living room to the dining room showing original arch and doors—dramatic in these white rooms.

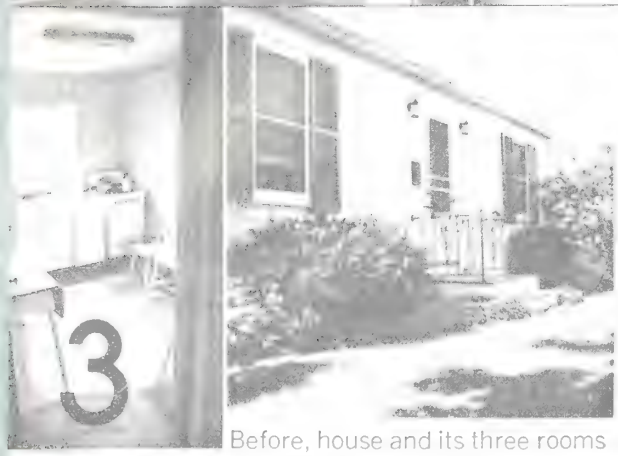
HORST

*More for your money in a make-over*










# *Big living*
## *and imaginative design in a three-room house*

Before, house and its three rooms

**Before remodeling, this was a typical, pleasant but tiny three-room weekend house.** Patterned wallpaper and slipcovers didn't help its rather ordinary rooms. After, opened up and all-white, a place where light plays all day, it seems like a big house. Its owner, Miki Denhof, has gained responsive space to live in indoors and out, but extensive changes look more drastic than they really are—rooms, roof, all but one wall remain the same.

**The first question was where to steal space.** With the help of designer Gina Beadle, Mrs. Denhof found that even small houses can have a surprising amount tucked away. First, the ceiling came off, **1.** opening an overhead triangle to the roof. Old ceiling joists were bunched, then boxed in to make beams. Planks applied to strengthen roof make triangles at beams and emphasize "psychological space" gained by removing ceiling. As do the indirect lights, controlled by rheostats, along the beams' upper sides. The back wall was moved out 4 feet to make a dining area. Stripping away interior walls from the fireplace to expose the chimney, which rises eccentrically to the middle of the roof, also opened up a 5-foot hall, once a dark tunnel. The bedroom, **2.** got new windows and, by moving a door from its front to its side, a closet twice as easy to get at. An attic stairway gave way to let-down stairs and the kitchen, **3.** gained two closets. New cabinets, a little rearrangement finished the job.




After, the new front and plan







Around the chimney, right side of the roof triangle is open. The other, left, is covered in mirror cloth to reflect light from the window opposite.



Driftwood plank, Siamese rubbing are cabinet doors in bookcase. Desk top is cantilevered.





Sunlight from south-facing windows warms the living room with its Spanish leather chairs and a Finnish horseskin on the painted floor.

**A new deck, painted to match the floor inside, extends the house out to the garden.** Surrounded by thoughtfully sited trees, it has a bench built into the railing at one corner, herbs in a tub, white geraniums, roses everywhere. Redesign of the windows —many shapes and sizes, asymmetrically placed, chosen to shape space and light— was an important part of the remodeling. For privacy, windows in front were eliminated. At the back, glass doors open dining area and bedroom, *opposite page,* to the deck. A long slit (seen from outside, *below)* in front of the desk, *above,* helps define a white wall, definite as sculpture, for a white construction by Robert Courtright. The high triangle of glass in the living room, the bedroom's horizontal windows bring in sky and treetops. Curtains or shutters close at night for intimacy. On the outside, bleached siding is overlapped more than usual to create 3-dimensional line-drawing effect that Mrs. Denhof wanted. The house is deliberately black and white —black painted floor, white walls and ceiling, rough-sawn beams painted satin white —with small touches of color like the stenciled desk, bedroom fabric, softened by the trees and plants and flowers that are important to the owner. The house is still tiny, but almost nobody realizes it.

*ative design in a three-room house*

# *efully placed dows and a deck l in the outdoors*





In the bedroom—just big enough to hold two beds, two chairs, and a table for breakfast or tea—a sudden splash of blue, the only print and the only large area of color in the house.

BEADLE



# How to get more for YOUR FOOD MONEY

BY PENELOPE WARTH

## Planning and the supermarket

*Sound planning will invariably result in more food for your money. Plan weekly menus carefully and realistically and shop specifically for them.*

***Write out a grocery list and stick to it.*** Impulse buying can wreck a budget.

***Buy enough so you don't have to run out at the last minute to pick up a couple of things*** at the nearest specialty shop, always a more expensive proposition.

***Comparison shop.*** Watch advertisements in local newspapers. It may pay to go slightly out of the way for the best buy (many city dwellers find that despite the high cost of gas they've cut their food bills by going to the suburbs and country to shop). Ethnic areas are also a source of good value. Be aware of prices of items that don't fluctuate much so you can immediately spot which market offers the best buy. Keep a cost list of basic supplies. When it comes to sales, if you've noted prices all along, you will know if it is really a sale or just a come-on.

***If you have one, carry a pocket calculator when you shop.*** It makes comparing prices and quantities a snap and helps you stay within your budget. And you can double check your bill right at the checkout counter.

***Buy good quality canned goods for optimum flavor***—stock up when there are specials. Buy economy sizes if you can use them. Use coupons but only for items you like and use. Consider what you'll use a canned good for to determine what form to buy it in—it is silly to buy solid tuna instead of chunk when it will be flaked for salad, or whole tomatoes instead of crushed for sauce or soup.

***Remember when you buy packaged, prepared convenience foods*** that you are paying much more than double for them on a price-per-pound basis.

***Make every cent count nutritionally.*** For instance, substitute fresh fruit and vegetables for expensive, low-nutritive snacks.

***Consider the cleaning products you use and consolidate.*** Often one product actually does all the work for which you have three.

***When buying wine, check case prices.*** Shops in many states by law offer a discount if buying by the case.

## Cultivate your butcher

*Many people find it pays to go to a butcher or fish market instead of always buying precut, prewrapped meat or fish. You can get exactly what you want, and also bones and trimmings for stocks, soups.*

***Investigate meat or vegetable cooperatives.*** The best seem to be small, about ten to twelve members, who know each other's cooking habits so that purchases are truly usable.

***Learn about meat grades.*** Choice is best for economizing and if properly aged by a good butcher, flavor and tenderness. There is more waste in the more tender prime.

***Learn meat cuts.*** Which have a lot of bone and waste?

***Estimate the actual meat weight.*** Chuck is a good all-around beef cut—it can be used for braising, stewing, ground meat dishes.

***Everywhere people are changing their meat buying—and eating—habits to less.*** Shoppers are buying more poultry and fish, and looking for protein in other sources such as eggs, peas and beans, and cheese, then buying more vegetables to fill out the meal.

***Lesser-known cuts of meat are often less expensive because there is less demand.*** Veal and lamb shanks, ribs, and breasts are still good buys. A steak such as round or shoulder, marinated to tenderize it, can be as flavorful as a porterhouse. Beef liver cut in strips, cooked quickly can be as lovely as calf's liver.

***Look for sales and specials, buy in quantity, rewrap properly in freezer wrap*** (which keeps out air), weigh, label, and freeze. Meat prices used to be seasonal, but no longer.

***Realize that you pay for boning and cutting.*** Veal is more expensive cut into scallopine than if bought as a piece; beef fillet, more cut into mignons than whole; chicken breasts, boned than whole; fish, filleted than whole. It pays to learn to cut your own meat, but at the same time, you must balance time spent against money saved.

***Buy and cook enough for two or more meals***—count on leftovers. Roasts thus are a good buy: a whole leg of lamb can yield chops for one meal, then the roast and leftovers for two or more meals.

## Getting the most from your cooking

*"Time is money, too, and you can make it w for you by cooking intelligently," says Ja Beard in* How to Eat Better for Less Money *James Beard and Sam Aaron (Simon & Schus To get the most from your food money, it i sential to learn how to cook properly and in natively. It pays to know such things as roas at a lower temperature means less shrinkage less drying out than roasting at a higher*

***Simply eat less meat.*** Americans eat much meat and don't need it. One way to the amount consumed and its cost is to ***ca differently***—carve an expensive steak as would a London broil: across the grain d onally in long thin slices; it goes a lot further.

***Learn Chinese and other ethnic c sines*** to stretch meat; by adding vegetab grains, peas and beans, or pasta to make in esting, flavorful dishes.

***Consume everything you buy.*** meat, poultry, or fish bones and trimmings stocks and soups, the leftover meat, vegetab salads ground or chopped for stuffings, has croquettes, quiches, soufflés, crêpe fillings, so Make bread crusts, stale cake, and cookies crumbs. Save and freeze egg whites. Vegeta scrapings make a good soup stock. Leftover fr are good for soufflés, crêpe fillings, tartlet filli

***Consider whether you can save making everything from scratch.*** It may cheaper, for example, to make your own yogh

***Have good equipment that works w for you to save both time and money*** you have three good knives and keep them sha all boning, slicing, chopping, and paring bec a breeze. Do as much as possible by hand to s on utility bills.

***Cook in quantity, even if cooking two,*** especially dishes that will improve by ting. This pays in lower utility bills, time, effort.

***It is less expensive to entertain home,*** especially if you serve "luxury" foo than it is to eat them in restaurants. Reflect th in menu planning: a first course, which can the vegetable course, can be relatively inexp sive and filling, so you and your guests won't h as much room for extravagant entrées.

## A greengrocer's tips

*Generally, fresh vegetables and fruits are a better buy than frozen or canned if you buy seasonally, which is essential. Don't get a craving for asparagus or peaches in January. Eat fresh vegetables at the peak of their season for maximum flavor and maximum value. Be guided by crop conditions—cool weather, too plentiful to harvest, can mean high yield and low price.*

***However, some frozen and canned vegetables are always a better buy than fre*** Frozen peas, lima beans, and spinach are usually less expensive than fresh; beets, tomatoes, and c are better buys canned, except at the height of their season when you can buy them from local growe

***Canned or frozen fruits are more expensive than fresh*** because of preparation la and the spiraling cost of sugar. You pay for the syrup.

***Dried peas and beans are a better buy than canned on a yield per pound bas*** and also a good source of protein.

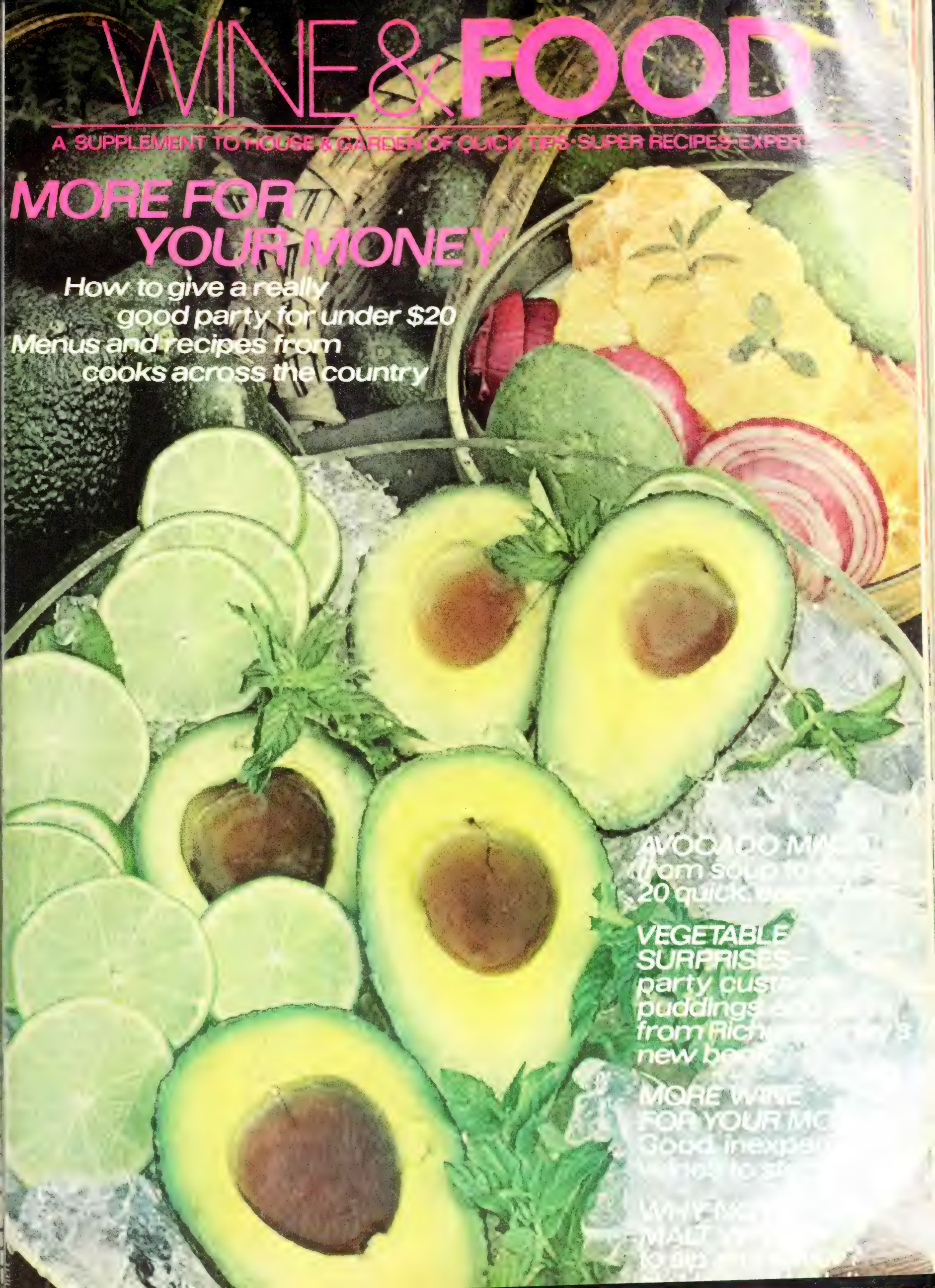
***Rediscover potatoes.*** They are cheap, a good source of carbohydrates, potassium, a vitamin C if they are cooked in their jackets, and a small portion is filling but is not fattening. ■

# WINE & FOOD

A SUPPLEMENT TO HOUSE & GARDEN OF QUICK TIPS · SUPER RECIPES · EXPERT

## MORE FOR YOUR MONEY

How to give a really good party for under $20
Menus and recipes from cooks across the country




AVOCADO MA… 3
…from soup …
20 quick …

VEGETABLE
SURPRISES –
party cust…
puddings …
from Rich… 3
new be…

MORE WINE
FOR YOUR MO…
Good inexpe…
…hop to …

WHY YE…
MALT …
to sip …

# Close your eyes and, if your taste has such a memory, think of the sweet, tender, butter-drenched meat of a king crab,

yet only 35 years ago that taste was a secret, buried 600 feet deep in the cold waters off the Alaskan coast. Then one summer day in 1939, sailing off Kodiak Island, the tide was unusually low. And there they were. Mountains of them. Strange, thorny-legged monsters that stretched nearly four feet from



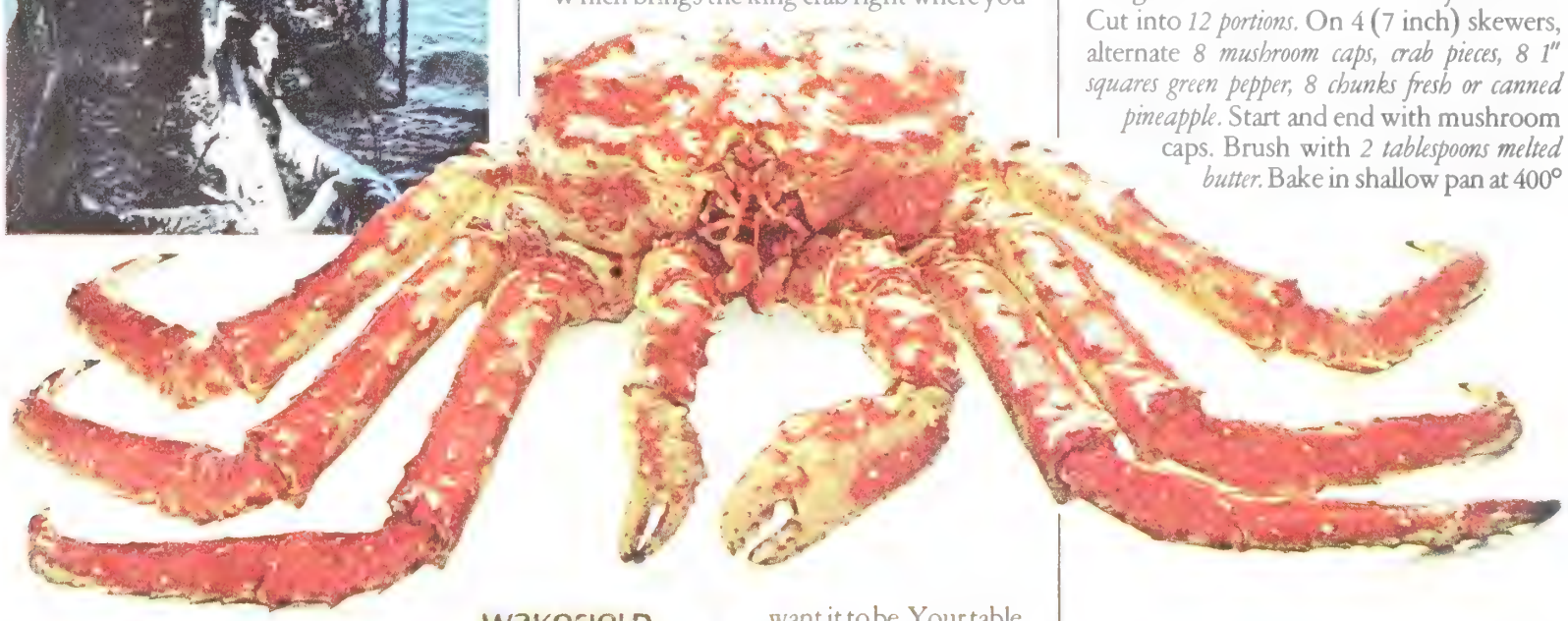
claw to claw. As ugly to behold as they were good to eat. (It's amazing that anyone ever thought of eating one.) What a surprise to find the leg and claw meat so pleasingly sweet. The crew feasted well that afternoon. And as they ate, each thought to himself: that crab has a future.

The first crab fishermen Wakefield hired were salmon fishermen, moonlighting during the two month off-season of their year. They were perfect. Already familiar with the deep, choppy waters and the blustery Alaska weather, they were right at home fighting 100 mile an hour winds to haul in the massive nets. (Trawl nets were the first method of catching king crab. Later, "pots" or wire-mesh traps were used and still are to this day. Even though the average pot may yield 30-40 crabs, all females - and males averaging less than seven inches across their backs - are returned to the sea.) The life of a crab fisherman can be taxing and dangerous. In the early days three or four fishing boats were lost a year. The modern crab fisherman is handsomely paid for his 10 months work but his hours are long, the risk – though diminished – is still there, and there is great demand on the spirit.

You've taken the king from his ocean. The problem now: how do you preserve and package the special, seafresh flavor of your great discovery?

The solution wasn't easy. But the breakthrough finally came. By cooking the crab immediately after the catch in a cauldron of boiling seawater, then flash-freezing the cooked crab meat, we were able to keep its luscious taste and texture intact. (Incidentally, to be sure you get every last bit of Wakefield King Crab taste coming to you, move the package from the freezer to the refrigerator 24 hours before serving.)

Which brings the king crab right where you want it to be. Your table. Here's your chance to crown the king (and yourself) with glory. How can you serve it? Let us count (some of) the ways:







Hot Crab and Cheese Crescents, Deluxe Crab Quiche, King Crab Legs En Brochette, Wakefield Salad-in-A-Bun, Wakefield Crab Jambalaya, Imperial Crab Appetizers, Avocado and Crab, Alaska Crab Chowder, Crab Cake Bunwiches and King Crab Seashell Supreme.

For these recipes and more write:
Wakefield King Crab Recipes Box 2444 H
City of Industry, California 91746
We'll send them to you. Free. As a matter of fact, here's one right now. Free.

*KING CRAB LEGS EN BROCHETTE*

Thaw and drain *1 (12 oz.) package frozen Wakefield Alaska Ready Split King Crab Legs.* Carefully remove crab meat in large pieces using kitchen shears to cut away tendons. Cut into *12 portions.* On 4 (7 inch) skewers, alternate *8 mushroom caps, crab pieces, 8 1" squares green pepper, 8 chunks fresh or canned pineapple.* Start and end with mushroom caps. Brush with *2 tablespoons melted butter.* Bake in shallow pan at 400° for 10 minutes. Turn occasionally; baste with additional butter. Serve on *rice pilaf* with mushrooms and onions prepared from *2 (12 oz.) frozen packages* as package directs. Pass curry or other favorite sauce if desired. Makes 4 servings.

Though we've dedicated this page to our first love, the king crab (available as Frozen King Crab Legs and Frozen King Crab Meat), there are other Wakefield seafood specialties equally deserving of your consideration:

Frozen Snow Crab, Frozen Deviled Crab, Frozen Flounder 'N Deviled Crab and Frozen Tiny Shrimp.

In the months to come, Wakefield will bring you information on these products with recipes and serving suggestions in the hope that your taste for fine seafood may have only fond memories.

WAKEFIELD

# What has the fewest calories?




Unless you said the potato, you were wrong. But don't feel badly. Lots of people make the same mistake. They think that carbohydrate foods are really a luxury, with little or no nutritional return. But actually, the body needs more carbohydrates than fats and proteins put together, so carbohydrates are really the biggest single need in a well-balanced diet. 2/3 of a cup of potatoes mashed with milk is a surprisingly low 87 calories, topped with a pat of butter (35 calories) only 122 calories total. In addition, the potato provides you with significant amounts of Vitamin $B_1$, iron, niacin and close to 1/3 the recommended daily allowance of Vitamin C.

So next time you sit down to a really terrific meal like this one, don't look askance at the potato. It's really something good that's good for you.

Caloric contents: lamb chops-210; potato-122; carrots-149; salad-127; hard roll-175; milk-160; sherbert-130.

Sources: Food Values of Portions Commonly Used, Bowes & Church, 11th Edition, 1970; Nutritive Value of Foods, USDA, 1971; The Brand-name Calorie Counter, C. T. N[illegible]

# Avocado magic

## from soup to dessert

## 20 quick, easy ideas

by Jane Ellis



d

*For a quick and easy chilled avocado soup, blend avocados with homemade chicken broth in a blender. Add sour cream and whipping cream to taste. Season with a bit lemon, salt, pepper, celery salt, and onion salt.*

*Avocado Vichyssoise.*



AVOCADOS FOR SUMMER SALADS

*Spoon chili into an avocado shell.*

*Super dessert, Avocado Tahiti, from the Duchess of Windsor section the cover of Wine & Food: Halve 3 avocados and remove stones. In a small bowl dissolve ½ cup brown sugar in ½ cup dark rum (Meyers's is good) and mix well. Pour liquid into cavities and serve on a bed of chopped ice. Serves 6. Or in the same proportions mix white rum with powdered sugar and a squeeze of lemon juice and pour into avocado cavities, decorate with a sprig of mint.*

*avocado lime ice cream*

*Avocado*



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ONLY FRIGIDAIRE

# Vegetable surprises

## party custards, puddings, and tarts from Richard Olney's new book

**Pop carrots in a pudding, make lettuce into a custard, and pack potatoes into a tart—exciting new ways to serve the great vegetable favorites from Richard Olney author of *Simple French Food.**

### LETTUCE CUSTARD

*Ingredients:* 1½ pounds (4 heads) Boston lettuce; 1 cup heavy cream; 4 eggs; salt; pepper; nutmeg; butter; 2 tablespoons butter.

*Method:* Preheat oven to 375°. Prepare lettuce heads as for a salad, parboil them, counting 3-4 minutes from the time that the water returns to a boil; drain; refresh beneath cold running water; and squeeze them free of excess moisture. Chop lettuce.

In a bowl whisk together cream, eggs, salt, pepper, and nutmeg and stir in the lettuce; taste for seasoning, and pour into a buttered charlotte mold or deep baking dish against the bottom of which has been firmly pressed a round of buttered parchment paper. Cook in oven in a bain-marie for 45-50 minutes or until the center is firm to the touch. Run a knife around the edges before unmolding, lift off the round of parchment, and, as a garnish, serve either as is or moistened with roasting juices. As a course apart it is lovely with a lightly buttered tomato sauce. Serves 4-6.

### POTATO TART

*Ingredients:* 1 pie dish lined with short paste, crimp edges as for a single-crust pie and a round of pastry cut to the inside dimensions of mold; 1½ pounds potatoes, finely sliced, wiped free of excess starch, but not rinsed; salt; 1 cup heavy cream; pepper.

*Method:* Preheat oven to 375°. Fill pie shell with layers of overlapping potato slices, salted, and place pastry on top, piercing it in several places with the sharp tip of a paring knife. Bake for about 35 minutes. Remove from the oven, carefully lift off the pastry lid, pour the cream over the potato surface, pepper to taste, replace the pastry lid and bake for another 15 minutes. If pastry is browning too much, place a sheet of aluminum foil loosely on top. Serves 4-6.

### CARROT PUDDING

*Ingredients:* 2 pounds carrots, peeled and coarsely grated or passed through the medium blade of a food mill; ⅓ cup butter; juice of ½ lemon, or to taste; salt, to taste; 1 teaspoon sugar; 1½ cups heavy cream; 3 eggs; salt and pepper, to taste; butter.

*Method:* In a saucepan add carrots, butter, lemon juice, salt and sugar and add just enough water to barely cover, bring to a boil and simmer, covered, for about ½ hour; over a high flame, stirring constantly with wooden spoon, cook until the liquid has evaporated. Cool mixture about 10 minutes. In a bowl whisk together the cream, eggs, and salt and pepper; stir into the carrots, pour into a buttered baking dish, and bake for about 35 minutes or until the surface is swelled and brown. Serves 4-6.

### TURNIP GRATIN

*Ingredients:* garlic; 3 tablespoons butter; 1½ pounds turnips, peeled thickly, sliced ⅛-inch thick, parboiled 2-3 minutes, drained; salt; pepper; 1 scant teaspoon finely crumbled dried herbs; 3 ounces prosciutto, cut into fine julienne; 3 ounces Swiss Gruyère, cut into very thin slices; ½ cup heavy cream; ¼ cup bread crumbs.

*Method:* Preheat oven to 400°. Rub a small gratin dish with garlic, let dry and grease with 1 tablespoon butter. Arrange the turnip slices, slightly overlapping, in three layers, sprinkling with salt, pepper, herbs, and the ham in between the 2 intermediate layers. Arrange the slices of cheese on top, pour over the cream, sprinkle with bread crumbs and cover with remaining butter. Bake 45 minutes. Serves 4.

### ONION PUDDING

*Ingredients:* 1 pound sweet onions, halved, finely sliced; 3 tablespoons butter; ¼ cup flour; 2 eggs; salt; pepper; ⅔ cup milk.

*Method:* Preheat oven to 450°. In a pan stew the onions gently in 2 tablespoons butter for about ½ hour without letting them color. In a bowl add flour, eggs, salt, pepper, and milk and whisk until smooth; stir in onions (slowly if still hot). Butter gratin dish with remaining butter. Pour into dish, bake 20-25 minutes or until swelled up and browned. Serves 4.

### GRATINÉED SPINACH LOAF

*Ingredients:* 1 cup heavy cream; 1 egg; salt, pepper, hint of nutmeg, to taste; 1 pound spinach, parboiled, drained (but not squeezed dry), and chopped; freshly grated Parmesan (or a mixture of Parmesan and Gruyère); butter.

*Method:* Preheat oven to 450°. In a large bowl beat the cream, egg, salt, pepper, and nutmeg together, stir in the spinach and pour mixture into a buttered gratin dish. Sprinkle surface with grated cheese and distribute shavings of butter. Bake for 20 minutes or until well colored. Serves 4.

### GRATINÉED CAULIFLOWER LOAF

*Ingredients:* 2 small or 1 large cauliflower (enough for 2 cups of purée), in flowerets and parboiled; 2 eggs; ¾ cup heavy cream; salt; pepper; ½ cup freshly grated Parmesan; 2 tablespoons butter.

*Method:* Preheat oven to 450°. Coarsely purée cauliflower through a vegetable mill. In a large bowl mix cauliflower with whisked eggs, cream, salt and pepper to taste, and pour into a buttered gratin dish. Sprinkle surface evenly with cheese and distribute paper-thin shavings of butter and bake for about 20 minutes or until the surface is nicely colored. Serves 4. ■

"Cauliflower whipped with eggs and cream and a hint of cheese makes a savory custard"

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As featured in House & Garden Magazine. Designed by Emil Lauchli Associates

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# Why not a tot of malt whisky to sip and savor?

by Henry McNulty

*Macpherson had a son*
*Who married Noah's daughter*
*And nearly spoiled ta Flood*
*By trinkin' up ta water.*
*Which he would ha' done—*
*I, at least believe it—*
*Had ta mixture been*
*Only half Glenlivet*

You should ever a little spoon nicest it you have ever wondered why anyone pollutes good whisky with water. Take a fine single malt whisky and pour some into a whiskey glass. Sniff the aroma. Then add a touch of water, put your hand over the mouth of the glass, and give the combination a good shake. Sniff again. Water, oddly enough, will have liberated the bouquet and made its effect more powerful.

Single malt whiskies give you a chance to sample both bouquet and flavor of what is actually the original Scotch. It was the only kind of Scotch there was until about 1830 and it was already being distilled nearly fifteen hundred years before that. As a drink, whisky and water or soda is a baby—hardly a hundred years old.

Pure malts are unblended whiskies, distilled in a pot still from a mash of malted barley, and the best of them are comparable to a fine cognac brandy. Most of them have a robust peat taste which the connoisseur is closer to nectar than any other modern drink. The peat flavor is there because the malt is "smoked" by a peat fire.

Even the Americans who drink Scotch mostly drink the blended kind, what makes it taste like Scotch, as distinguished from other whiskies, is the malt used in the blend. It was eighteen years ago that I first sampled the different malts of the Highlands and islands. Then I went to Glasgow and Greenock, and the island malts Islay, Skye, Orkney, and Mull.

Once I was marooned on the island of Islay for eight hours because the single plane that flew me to the single malts needed attention. One of my traveling companions found the place so enchanting, or possibly intoxicating, that he bought himself a house there during those eight hours. He has spent all his vacation time there ever since, near a huge peat bog. The very bog that belongs to Laphroaig, one of the most aromatic of the smoky malts. Devotees of its fans (its flavor has been described as "a mixture of seaweed and tarry rope"), this unique and marvelous delicacy owes its special flavor to the smoke from chunks of half-formed coal, which is peat, carved out of the neighboring soil with huge wooden spades and piled along the Islay roads to dry before being used for malting.

**CARROTS WITH MALT WHISKY**
**Slice up 1½ pounds carrots and put them into a pan, raw. Mix in 1 tablespoon each lemon juice and sugar. 2 tablespoons each butter and your favorite malt whisky, and a bit of salt. Stir this around with the carrots over a low flame until butter melts. Cover and put in the oven (375°) for an hour stirring once in a while.**

My friend Marjorie Heilbron, wife of the director of the Long John Distilleries that owns Laphroaig, has given me a secret malt whisky recipe for carrots that comes out slightly caramely, and tastes superb.

The greatest malt whiskies (there are over 100 malt distilleries in Scotland) include Glenlivet (the oldest obtainable being twenty years old), Glen Grant, Glenfiddich (seventeen years), Talisker, Glen Flagler (eight years), Glendullan (twelve years), Tamnavulin (seven years), and dozens more interspersed in the Scottish mainland and islands plus Keith and Dufftown. Blend of single malt makes Strathisla also have a wonderful flavor, but not at all of the same quality as the Scottish or Irish.

**MALT ROB ROY**
**Two parts 10-year-old Glenfiddich single (meaning the product of one distillery), 1 of sweet vermouth, a dash of bitters, ice. Stir and strain into a glass. This Rob Roy has a pungent, subtly different flavor**

from different vineyards in France.

Generally malts take longer to mature than grain whiskies. Most of them are in the keg for seven years at least. The special characteristics of the best of them are said to derive from the peat, the climate, and the pure water of the Scottish burns, or rivulets. Each has its own particular bouquet, character, and taste.

Malt whisky is distilled in commercially inefficient, traditional, copper stills with an onion shape that has not changed for centuries, nor has the distilling process. Barley is first dampened to start it germinating. After a week or so the wet barley's sprouting is stopped by drying over peat fires. Then it is mixed with hot water and fermented with yeast. This produces a sort of weak "beer" that is twice distilled. Malt whisky is born from the second distillation. It is then that the knowledge and skill of the stillman comes into play, for only his sixth sense can decide where to start and stop the run of whisky.

So important do whisky distillers think the size and shape of the old time pot still, that when new distilleries like Tormore, on the Spey near Scotland's ski resorts in the heart of the malt whisky country are built, the stills are faithful copies of the old. Even then, creation of a new distillery is an act of faith for, the experts say, it is impossible to assess the quality of a brand new still in advance; old pot still or no.

Present day blended whisky came about partly by mistake. When the "patent still," a sort of production line process, was invented, Scotland suddenly had a glut of alcohol. (How is it possible?) or "fat spirit." The alcohol was shipped to London ostensibly to make gin, the then popular drink. But until it was redistilled, it retained a good deal of whisky flavor. So some sly publicans mixed the unredistilled gin with a bit of malt whisky, thus avoiding some of the malt tax that made whisky expensive (they had inflation then too) and sold it as whisky. This caused a really large public stink and a legal case in 1909 that finally decided, once and for all, that a mixed grain and malt was "whisky" no matter what purists said.

And purists always have a lot to say. For example, the true malt drinker insists it should be sipped, savored, and revered, perhaps with a drop of water, "but on no account with ginger ale or similar minerals." Adding soda to "pure" malt whisky, they say, is like joining the singing at the Met. Eyebrows will be raised. Ostracism will be your lot.

Yet, there are partisans of mixing a Malt Rob Roy cocktail, for example such as the luxurious one I had at London's Savoy Bar.

Despite iconoclasts, malt remains essentially a fine sipping drink, one of the smoothest is Glendullan, from a distillery that usually sells only blending whisky. It is not over-peaty and has waited for your taste buds for twelve years in kegs in Dufftown. Another is Balvenie, like Glenfiddich, made by William Grant and Sons, who say whisky was first a medicine, "good for preservation of health, prolongation of life and the

**MALT SIDE CAR**
**Two parts malt whisky, 1 part Cointreau, 1 part lemon juice. Shake, strain, and serve.**

relief of colds, colic, dropsy, palsy and smallpox." In 1505 only surgeons and barbers, who were considered medical assistants, had the right to sell whisky.

A favorite dish of mine to go with malt whisky is haggis, the old Scottish joke. But don't laugh, you must try it. It is a gourmet treat when well made, like a spicy sausage. Traditionally the Scots use a sheep's stomach to wrap the sausage in for cooking, but you don't need to. Any big sausage casing will do if you boil the dish. Or simply put ingredients in a bowl and steam it. Here is how:

Boil half a pound of liver (calf, sheep or pig) for 10 minutes, cool,

he broth. Mince liver finely, s it through a seive. Parboil ions and chop small. Chop pound of beef suet. Put 1 Quaker Oats in a thick, dry d toss it over a flame until . Add the liver, onions, suet. with salt, pepper, cayenne, nixed Italian herbs (mar- thyme, oregano, basil, rose- savory, and sage—or any nation thereof that you like). n with the broth until it is y." Turn into a greased bowl team for two hours. When rve it, serve tots of straight hisky, or pour some over the itself. Mouth-watering.

ng a sausage casing is more ional. Fill the casing 5/8 o give it room to expand. out air, sew up casing. Thrust fast boiling water; turn the down and boil slowly for hours without lid, adding as needed. Prick the casing it first swells to prevent an sion. (The real recipe also for sheep heart and lungs, ed finely in the mixture—eave that to the hardy Scots.)

e farther North you get in the h Isles the better the malts There is nothing like a tot alt after a freezing day of ng a deer or trying to catch non in the Spey. You can l a few days living like a at the same time satisfying possible yen to do a malt ky tasting, at a place called Seafield Sportings Club in fshire for about $150 a day, $60 for salmon rights and for deer stalking.

ow for a few business notes. whisky as an investment can s interesting as drinking it. e are, however, 115 malt dis- ies in Scotland and what they e is by no means a production- commodity. Prices vary wild- ike grain futures, so whisky ng is speculative in the ex- e. There is no organized sky Exchange, no official list ying or selling prices, and no antee that a parcel of whisky produce profits. In short, the formula for a would-be sky investor is to trust your , count costs, and take chances. or those of you who like some- g more solid for your money, e is always the possibility of oming a distiller. In Scotland one can do so simply by apply- for a license, and paying about for it. There are a couple of ll hitches, like having to build nises that the excise authorities rove and the plant has to be of mercial size. But still (oops, y) it's a lovely dream. ■





# More wine for your money

## Good, inexpensive wines to stock up on

There are many good, inexpensive wines in the stores now waiting for you to discover. If you find one that looks interesting, try it; if you like it, buy a case, which usually carries a 10 percent discount. Here are some favorites of people who love wine and love to entertain. Most are well distributed; the prices are approximate and will vary somewhat across the country.

A fan of wine for parties, *James Beard*, together with many of his friends, likes to serve a sparkling one and a dry white one. His favorite, ***Boyer Brut Blanc de Blancs***, a sparkling wine from the Savoie, $4.99, served along with ***Saint Veran***, a white wine from the lower Burgundy area, $2.99. Mr. Beard serves these wines as they are and also with a splash of black currant, strawberry, or raspberry liqueur. "Sparkling wine is lovely with a drop or two of any of these fruit flavorings; the wine takes on a beautiful wash of color."

*Suzanne Taylor*, see her party page 94, and her playwright husband, *Samuel Taylor*, have their own favorite jug wines, which come in fifths as well as the half and full gallons. ***Louis Martini Mountain Red***, $4.85 half gallon, they find a robust, fresh red wine; ***Italian Swiss Colony Rhineskeller***, $2.69 half gallon; ***Gallo Chablis Blanc***, $2.89; ***Almadén Mountain White Chablis***, $3.50, are their picks.

"It is sometimes fun to serve a red and a white wine together for dinner," suggests *Julie Dannenbaum*. "I have friends who don't like red wine and you should always be able to drink what you like, so I copy the Italians who serve both a red and a white simultaneously at formal dinners." Mrs. Dannenbaum's choices: from California, ***Almadén Mountain White Chablis*** and ***Almadén Mountain Red Burgundy***, both about $3.50 half gallon; from Italy, ***Rusticano Red*** and ***Rusticano White***, both 68 ounces, $3.89. "The white I also serve before dinner as an apéritif, sometimes mix all with a half teaspoon of cassis."

***Vino Da Tavola***, $3.50 half gallon, "an excellent, hearty, honest red wine," is photographer *Emerick Bronson's* latest wine find; he also picks up ***Gallo Hearty Burgundy*** and ***Ecu Royal Country Red*** $3.99 half gallon, to serve for dinner and parties like his dinner for eight on page 93.

Recently at a large party *Maurice Moore-Betty*, served ***Kriter***, that great sparkling wine from Burgundy, $4.95. "It's festive, easy to serve, and inexpensive in the long run, as you don't usually drink more than two or three glasses. If a guest asks for wine as an apéritif, I serve a French jug wine, ***Ecu Royal Country Red or White***, $3.99 a half gallon. As an inexpensive wine to serve with dinner, I like ***Saint Veran 1973***, $2.99 or ***Canon de Brem 1969***, $3."

From the new wines, *Women's Wear Daily's* food and wine writer *Doris Tobias* picks Gallo's new selection of varietal wines; a great value for a party at $2 a bottle and $4 a magnum. "I like the ***Gallo Chenin Blanc*** for a white, the ***Barbera*** for a red, and the new ***Taylor American Chablis*** at $1.85 a fifth, $4.19 a half gallon is a good new one from New York State." "Easy to drink and gentle on the budget," she says of ***Brianlt & Cie Blanc Superior*** and ***Rouge Superior*** from Monsieur Henri, a magnum, 48 ounces, for $2.99, "it comes in a large Bordeaux style bottle that looks nice on the dining table." Miss Tobias also likes ***Grey Goose Liebfraumilch***, a gentle soft German wine, a double liter, 67 ounces, for $4.49 is good value for a party of eight.

"Look for the French country wines," advises *José Wilson*. "Try one bottle, if you like it, snap up a case as the price is bound to go up. I like ***Côtes du Rhône Rouge***, $2.29, from Sherry Lehmann in New York or ***Macon Blanc De Prisse 1973***, $2.89. ***Alexis Lichine's Muscadet*** at $1.99 is good, and the ***Corbières 1973***, a red wine from the south of France, is a terrific value at $1.99."

As an inexpensive wine apéritif *Nika Hazelton* serves a Yugoslavian dry red, ***Hepok Mostar Blatina***, $2.65, and a spicy white ***Slovin Traminec***, $2.55.

The much fancied jug wine, ***Gallo Hearty Burgundy***, $1.79 a half gallon is the choice of *Cleo K. Gruber*—look for her party page 93. It is also the one and only house wine at her husband Leon's London Chop House restaurant in Detroit. At home they also like to serve ***Mondavi Chenin Blanc*** $3.47 a fifth, or a ***Soave Bolla 1971***, which is about $3.59 a fifth or $7.49 a half gallon, or a young ***Beaujolais Brouilly***.

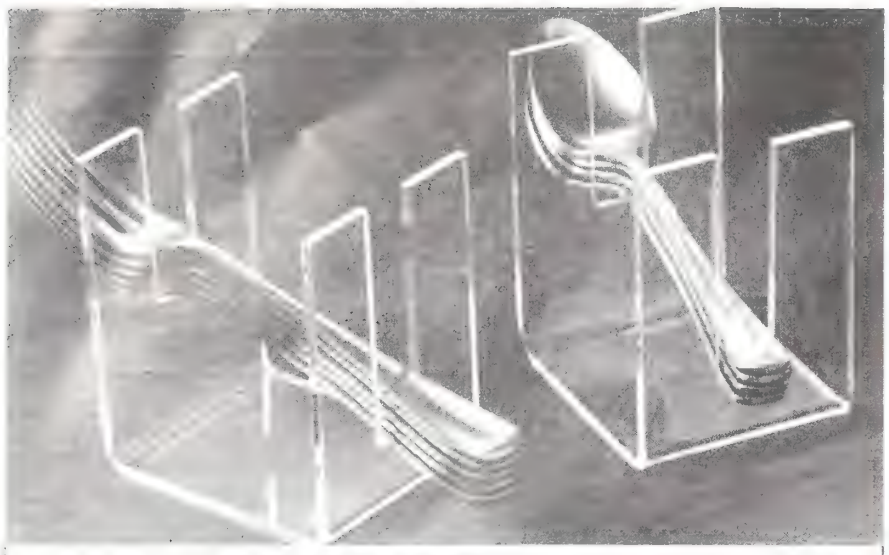
"Magnums are great buys when you're having a group of people," suggests *Emalee Chapman*, who recommends two magnums for ten people; one favorite is ***Louis Jadot Beaujolais 1972*** at $9.40. Mrs. Chapman also picks jug wines ***Château Rege Burgundy*** at $3.25 a gallon, which she discovered at ***Jades Restaurant*** in San Francisco and serves at her buffet for ten on page 152.

Light fresh wines, like ***Paul Masson Rhine Castle***, $2.39 a fifth, ***Almadén Grenache Rosé***, $2.00 a fifth, and ***Paul Masson Cabernet Sauvignon***, $3.49 a fifth, are all good with the lamb ragout that *Evadna Hammersley* serves for her budget party page 91. "Lamb is such a delicate meat it needs a light wine," says Mrs. Hammersley, who finds a Rhine or Moselle a good choice for those who prefer a slightly sweet wine with lamb. "It's just a question of personal taste, it's no longer considered bad form to serve a white wine with red meat."

Young and fresh with a spritzy quality is how *Annemarie Huste* describes her favorite ***Blanc Pedauque***, $1.85 a bottle (John Dennis selection). She serves it for parties and at her cooking school.

*Lolita Roy* likes ***Bolla Bardolino***, $2.63, or a ***Cruse Beaujolais***, $2.55, to serve for her party page 91.

***Chuselan Côtes du Rhône Villages 1972*** at $2.50 [illegible] choice of *Molly Finn* [illegible] with Jeri Laber of *Cook* [illegible] *Carefree Weekends* [illegible] Schuster) and [illegible] giver. She also [illegible] ***Fumé 1972***—[illegible] ***es Troisgros*** at [illegible]



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*Please add 50¢ post. & hdlg. N.Y. residents add applicable taxes*

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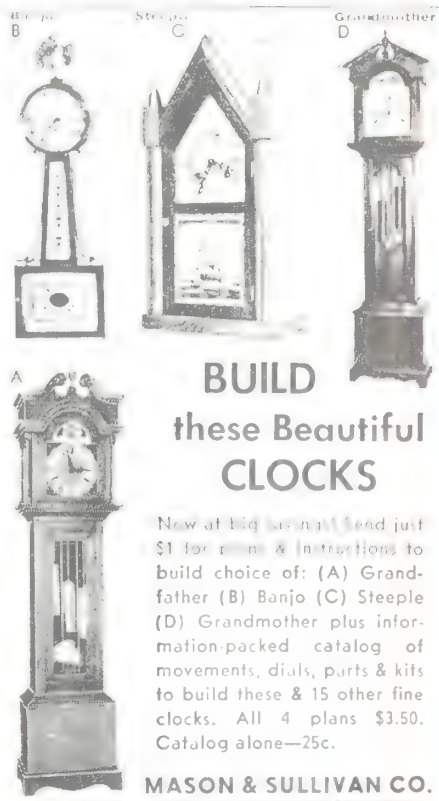
## Handblown Crystal ENGLISH MUFFIN JAR



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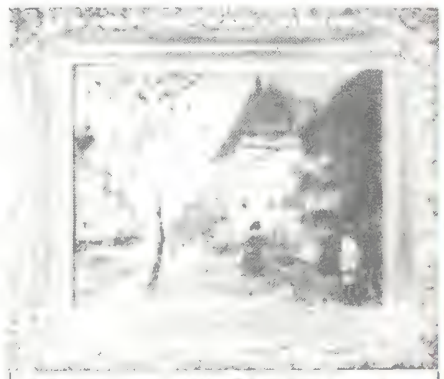

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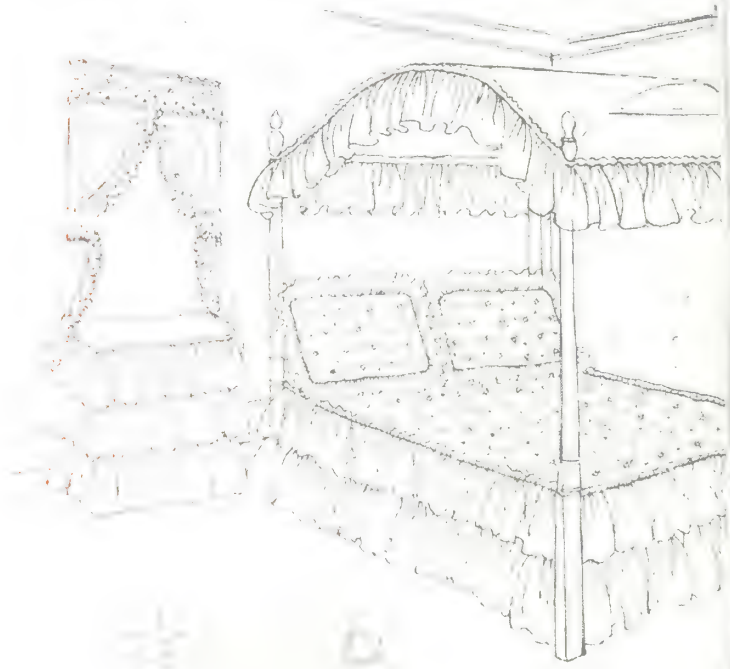
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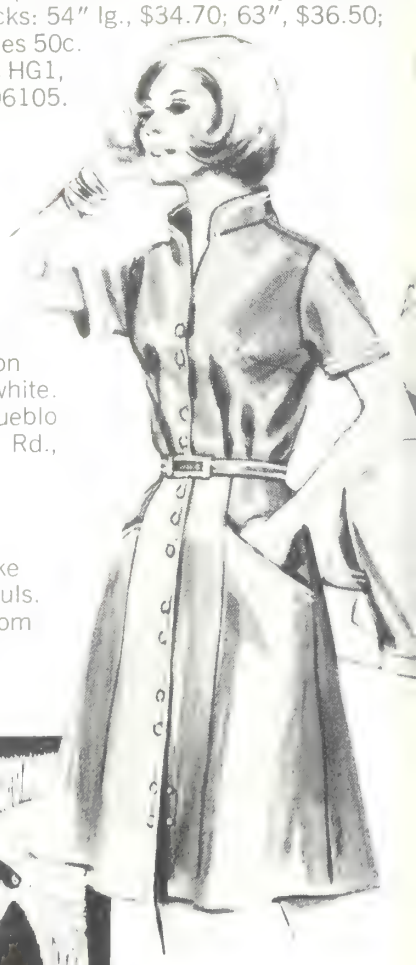


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Embroidered "Flora" washa iron dacron ninon, white, bl yellow, green, pink, gold, re white. Quilted spreads: twin $47.30; full, $54.50; queen, king, $99.50. Plain canopy, full, $23; queen or king, $41; quilted pillow sham, $14; vanity skirt, $27. valance $6.50. 100" w. ruffle tie backs: 54" lg., $34.70; 63", $36.50; 72", $39; 81", $43.70. Ppd. Swatches 50c. Curtain catalogue, 95c. Hildegarde's HG1, 597 Farmington Ave., Hartford, CT 06105.

### ON THE GO!

Action-back classic fashion. Snap front, deep tunnel pockets. Easy bodice, expanding darts, vented action-back. 7-gore skirt, walkable A-line hem. Cadet blue cotton and polyester, top stitched with white. 10 to 20. $20 plus $1 post. Old Pueblo Traders, 600 HIC-So. Country Club Rd., Tucson, AZ 87516.



### TRIPLE CROWN WINNER

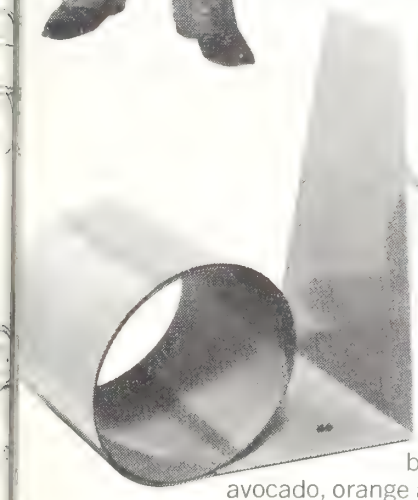
Lithograph—black on parchment-like paper. Original block cut by Burk Sauls. 11" by 14", $7.50, 15" by 18" custom matted, framed in black, $23. Ppd. Catalogue, 25c. The Tattered Boot, HG1, Lamont, FL 32336.





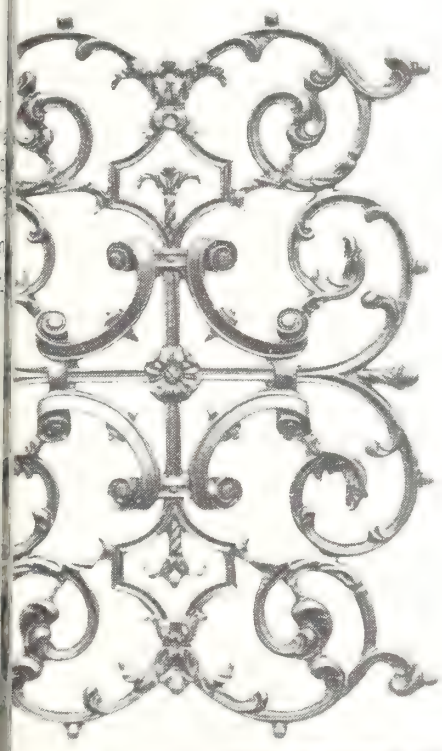
## PATCHWORK CORDUROY

Soft all cotton pinwale corduroy printed with look of washed, patched denim. Jacket, western yoke, brass snaps, even sizes: 36 to 44. Pants, belt loops, sewn front creases, sizes: 28 to 38. Set, blue only, $45 plus 50c post. Color catalogue 75c. Ah Men Clothing, HG, 8900 Santa Monica Blvd., Los Angeles, CA 90069.



## INGENIOUS IDEA

Bookholder, an English import. Spring steel coil adjusts automatically to hold two to 22 inches of books. White, red, black, royal blue, plum, yellow, avocado, orange acrylic finish $5.95 plus 50c post. Pentalic Corp., HG1, 132 W. 22nd St., New York, NY 10011.



## ORNAMENTAL

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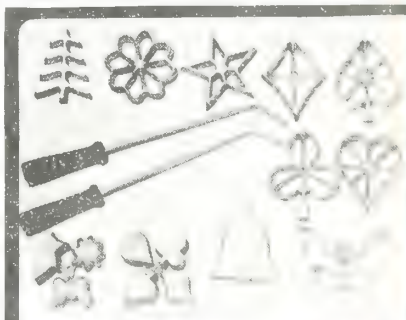
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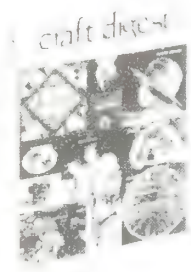
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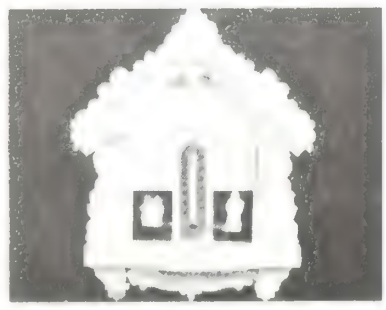

HOW-TO HANDBOOK
Twenty-eight popular crafts such as enameling, china painting, jewelry, and doll making in a fascinating book. Hundreds of pictures, instructions, background material. 288 pages. $5.95 plus 40c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



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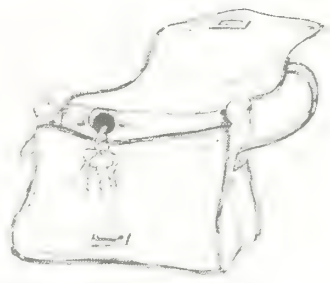
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Woven reed baskets, decorative in themselves, impart special beauty to whatever they hold. Use them for plants, ornamental bottles, various display items. Each 20" dia., hang 2¾ ft. Each $12 ppd. Carmel Beach, Catalogue Dept., HG1, 625 Cannery Row, Monterey, CA 93940.



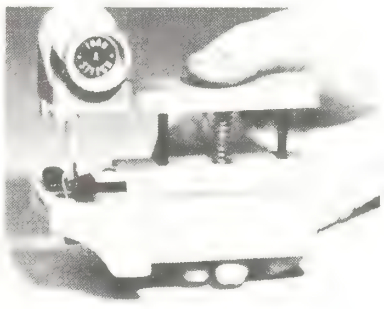
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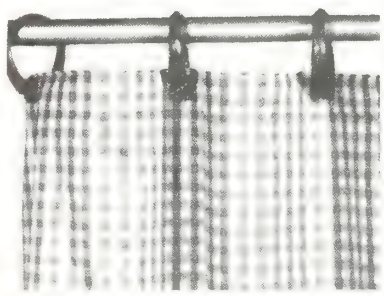
## FLOWER FLAIR

Stitch bright blooms in shades of gold, lime, moss and aqua on deep green linen pillow. 12½" sq. Kit has design-stamped linen, yarns, back. #9131 Swedish import. $16.95 plus $1 post. New catalogue, $1. Skon, Dept. GE1, 55 Lambert Lane, New Rochelle, NY 10804.



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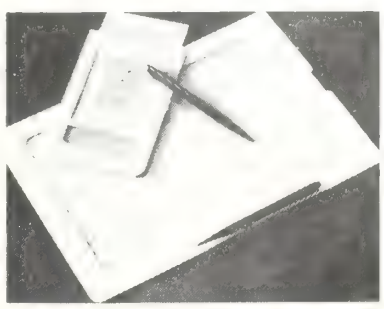
## BACK BOON

Reading, eating, watching TV in bed—that's luxury! For extra comfort a foam-padded, floral printed back rest to cushion back and shoulders. 24" h., 16" w. with brass frame; light weight; adjusts to 10 positions. $15.98 ppd. Better Sleep, HG1, New Providence, NJ 07974.

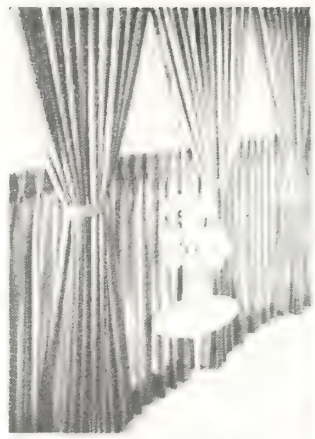


## MAGIC MEMOS

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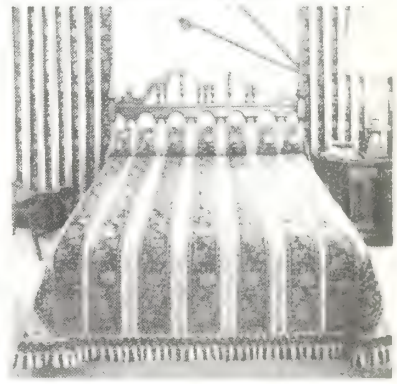
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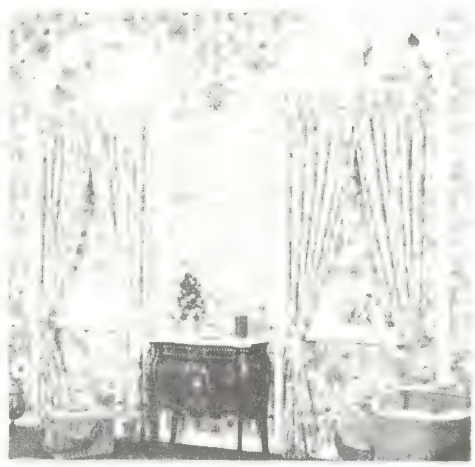
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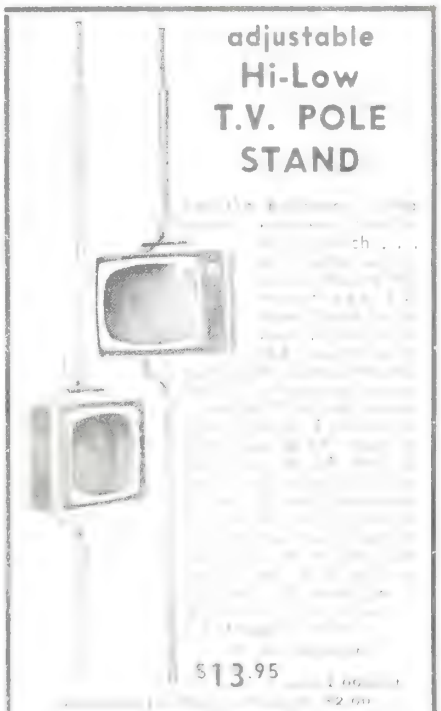
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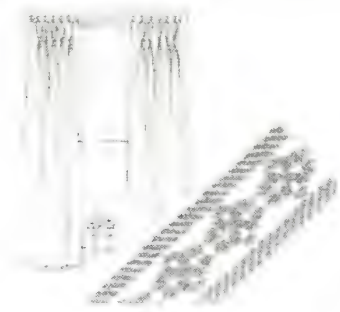
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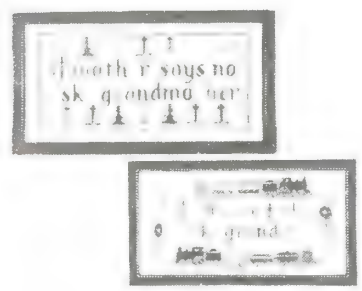
## WAY BACK WHEN

Mini replica of 1900 edition of a Sears Roebuck catalogue—when prices were lowest since 1800! Fascinating what pennies could buy. 388 pages, 4000 illustrations. 5¼" x 7". $2.95 plus 30c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## GUESS WHAT

What starts out as a handsome newspaper caddy, holding your evening paper, could set off a guests' game of suggestions for other uses. Solid cherry, dark cherry or buckwheat honey finish. 25" h. $24.10 ppd. Carl Forslund, HG1, 122 E. Fulton, Grand Rapids, MI 49502.



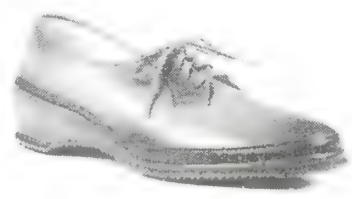
## GRANDPARENT'S DELIGHT

Belgian linen stamped for cross-stitching in bright colors. Wood frame 8½" x 16", maple or mahogany finish. Grandmother's or Grandfather's kit, $3.75 each; also "Grandchildren are God's Reward for Growing Old" kit, $3.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



## CURTAIN CLAMPS

Shower curtains won't blow out of the tub when plastic magnetic holders are snapped on to the curtain. Permanently magnetized; won't rust or mar. Eliminate wet floors. Set of three, $1.49 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## FLYTES FORECAST

Zigzag rubber soled Flytes. Grain calf with smooth calf: black; bone/malt; navy/light blue; teak/brown; black/otter; beige/otter; white. 2½ to 12, widths AAAA to EE. 2½ to 10, $25.95; 10½ to 12, $26.95. Add $1 post. Free catalogue. Solby Bayes, HG1, 45 Winter St., Boston, MA 02108.



## BEAR FACTS

There's nothing like a bear rug to brighten up a den or office. Spring-back fiber model here has long pile in white, brown, black, gold, cosmic blue, red, spearmint or pink (specify) with real-looking head. 5' by 7'. $110 ppd. Bruce Bolind, HG1, Boulder, CO 80302.

# SHOPPING AROUND

## PLUSH COMFORT



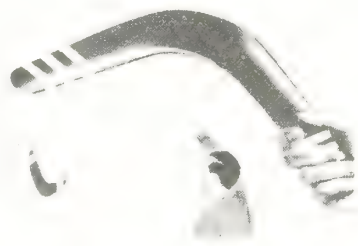
"Christina" chair is 36" h., 30" w. with dacron-filled cushion, arm protectors, lined skirt. $156.75; in your fabric, $110. Exp. chgs. coll. Furniture catalogue and fabric selection forms, $2. Hunt Galleries, Inc., HG751, 2920 N. Center St., Hickory, NC 28601.

## SHEAR PLEASURE



Snipping fabric is a snap with easy-design high-rise shears whose handles move over the material instead of behind it—less effort, cleaner cuts! 8" l. and nickel-plated. $8.95 plus 65c post. New catalogue, 25c. Suburbia, Inc., Dept. 370, 366 Wacouta, St. Paul, MN 55101.

## HAPPY RETURNS



For throwing practice and fun, try a boomerang! Replica of famous hunting weapon used by Australian Aborigines soars hundreds of feet, then circles back. Scientific air-foil design. $1.98 plus 35c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## SNOWY SECURITY



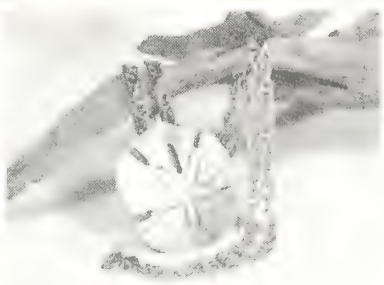
No more slipping or sliding on icy streets. Ice cleats eliminate the worry of snowy, wintry weather. Slip on over boots or shoes, fasten in a jiff, flex with each step for self-cleaning, ladies sizes/men's sizes. $3.49 pair plus 50c post. Holly House, HG1, 417 Lake Ridge, Dallas, TX 75238.

## GET IT TOGETHER



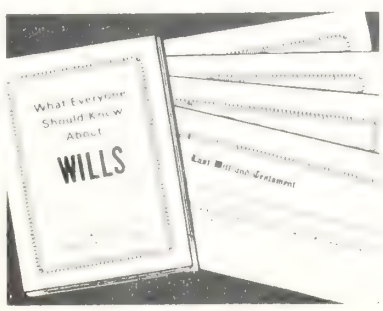
For the jigsaw puzzle fan! Any photo, color or black and white, can be made into an 8" by 10" die-cut jigsaw photopuzzle; photo is returned unharmed. Black and white, $2.95; hand colored, $3.95. Ppd. Cadlyn's, HG1, 2077 New York Ave., Huntington Sta., NY 11746.

## LEGENDARY DOLLAR



Antiqued pewter sand dollar pendant on a matching chain is an unusual gift from the sea and a compliment for all costumes; will intrigue all who see it. $5.50; matching pin, $3.25 ppd. Catalogue, 50c. Pat Baird Ship's Wheel, Inc., HGJ-5, Nottingham Sq. Rd., Epping, NH 03042.

## FAMILY PROTECTION




About time to think about making a will to protect the family. "Wills—How to Make and How to Break Them" is written by an attorney. Personal history and asset sheet and four will forms incl. $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.


The Talbots



**Smart Stripes** Our long-sleeved shirtdress from Shirtmaker® of polyester/cotton chambray buttons down the front and has a white vinyl belt. Blue/white or pink/white Sizes 6-18. $32.00.

**Apple Delight.** Our classic wrap skirt, in an appealing apple print from Meadowbank of polyester/cotton duck, is bound and tied in navy braid and reverses to solid green. Red/navy/green on white. Sizes S, M, L, XL. $26.00.



Add $1.25 postage with order.

**Send for our latest free color catalog.**

THE TALBOTS, Dept DR, HINGHAM, MASS. 02043
Duxbury, Lenox, Mass.; Avon, Hamden, Conn.

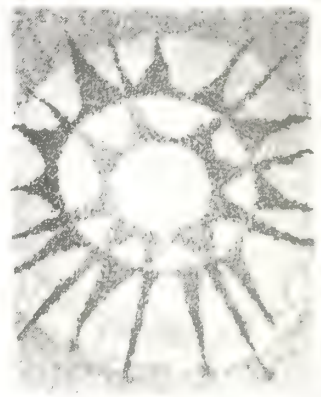
EMBROIDERIES



**GULLS BEFORE THE MAST.** Two sparkling white seagulls with gold and cocoa accents. Easy to embroider square rigger on huge 27 x 37" oatmeal linen sky. #4350. $42.95 + $1.50 post. Send $1 for color embroidery catalog of exquisite Swedish designs.

skön **EMBROIDERIES**
55 Lambert Lane
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RYA KITS

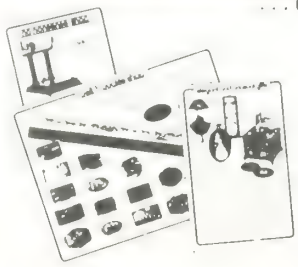


**NEW RYA COLLECTION.** One simple stitch makes these pre-started wool rya wallhanging, rugs or cushions. Kits imported from Sweden feature lustrous rug wools, easy to follow color charts and English instructions. Send $1 for new color catalog of award winning designs.

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**Please Make Note of a Few of the Offering Prices**

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| **1KT cut Emerald** | **$49** |
| **1KT cut Ruby** | **$47** |
| **3KT cut Star Sapphire** | **$78** |

We have located an Indian gem exporter's inventory that has not been touched for many years. Therefore we are able to offer you jewels from our "find" for a fraction of what they would normally cost

Every stone in this inventory is fine quality, and has true luster and rich brilliant color. Your gems will be treasured and passed on from generation to generation

In the past few years alone, precious gems have increased in value by as much as 400%. As demand grows this trend is sure to continue. Therefore, this is a very unique and temporary situation wherein you may buy real precious gems for little more than artificial ones

**We suggest that if you decide to invest in any of these rare gemstones, that you take them to one or more jewelers for appraisal. If they fail to meet the remarkable value promised, you may return them within 40 days from the date of purchase for a full refund.**

*Please review the following list carefully. Limit 3 gems per customer. No dealer orders accepted. Orders will be honored on the basis of earliest postmark date. All stones are finest cut, suitable for any jewelry setting.*

**Brilliant quality *Emerald*.** Beautiful verdant green color, finest cut, true light & luster. **1 carat round gemstone** ..... **$49**

**Brilliant quality *Ruby*.** Breathtaking red color finest cut, true light & luster **1 carat round gemstone** ..... **$47**

**Brilliant quality *Sapphire*,** regal blue, true light and luster, **1 carat round gemstone** ..... **$40**

**Brilliant quality blue *Star Sapphire*,** clear luminous six line star, **3 carat round gemstone** ..... **$78**

**Deep red *Garnet*,** top quality and cut, clean and transparent, **3 carat round gemstone** ..... **$33**

**Deep purple *Amethyst*.** Top quality and best luster. Best cutting, clean, **2½ carat round gemstone** ..... **$48**

**Top quality and cut. Smoky Quartz *Topaz*.** Huge stone, very deep color **40 carat gemstone** ..... **$27**

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| Ruby | 1 Carat $47 each | | |
| Sapphire | 1 Carat $40 each | | |
| Star | 3 Carats $78 each | | |
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| [illegible] | 3 Carats [illegible] each | | |
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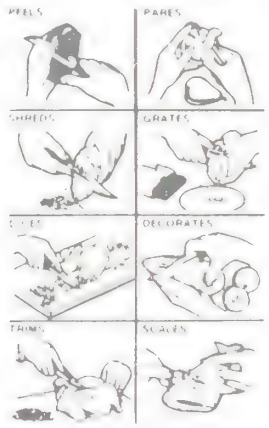


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$204.00, shipping charges collect

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**Ephraim Marsh**


# SHOPPING AROUND



## PUFFY PILLOW KIT

In stores puffy patchwork pillows are out of sight price-wise, the kit including 64 precut fabric patches, polyester batting and instructions is $7.95 ppd. Finished pillow is washable, too! Quilts & Other Comforts, Dept. HG, 5315 W. 38th Ave., Denver, CO 80212.



## 1776 CLOCK

Americana collectors will want to celebrate the Bicentennial by adding a limited-edition 30-hour alarm clock. Comes with a registration number and Elgin guarantee. Bronze finish. $21 plus $2 post. Postamatic Company, Inc., Dept. HG175, Lafayette Hill, PA 19444.



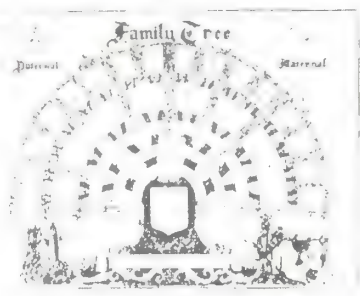
## HOME GREENHOUSE

Special plants that need tender loving care thrive in a home greenhouse for city or country gardening. Easy-to-assemble kit; thick vinyl fitted cover, strong aluminum frame; no foundation needed. $139 ppd. Free brochure. Sun/America Corp., HG1, Box 125, Houston, TX 77001.



## STRAW VOTE

Winners in the decorative accessories category are intricately handwoven straw planters for indoor greenery. To group or not, they're 6″ x 6″, 7″ x 6½″, 8″ x 7″, 9″ x 8″, in natural color. Set of four, $12.95 ppd. Largo, HG1, Lei Box 18123, Denver, CO 80218.



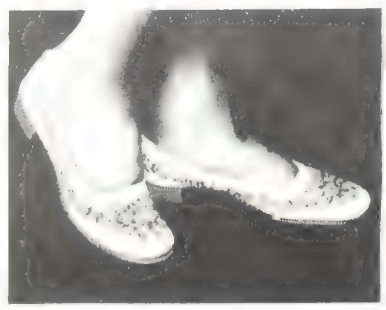

## GROW A FAMILY TREE

Create a six generation family tree on a beautiful antique parchment chart 11″ by 14″. Using different color inks, it can be made into an heirloom to display proudly and be the foundation of a family record. $2., 3, $5 plus $1 post. The Ship's Chandler, HG1, Wilmington, VT 05363.



## STRAP CLIPS

Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. Set of two, $1 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## ELEGANT COMFORT

A delicate look of petit point tapestry goes to your feet in flower tones on beige. Elastic edge. Perfect hostess slippers; hard soles with ⅞″ heels give protection outdoors. M(6-6½), ML (7-7½), L (8 8½). $5.99 ppd. Walter Drake, HG98 Drake Bldg., Colorado Springs, CO 80940.

## HI, YOU!

A unique cap style has first name knitted in as part of its design. Warm in non-allergenic washable yarn. White, red, orange, brown, green, navy. One stretchy size fits all. For men, women, children. Print name. $14.95 plus 50c post. Holiday Gifts, Dept. 301-F, Wheat Ridge, CO 80033.




## HOT STUFF

To keep coffee hotter, a cup with a separate earthenware liner! Armetale cup 4" h., holds 7 oz.; matching saucer is 5¾" dia. Liner is earthenware in antique white. Set, $11.50; four sets, $39.98. Add $1 post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



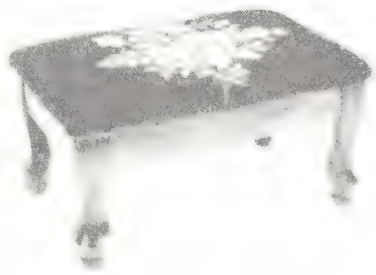
## BIG PICTURE

Keep an eye on things the easy way—a magnifying glass with clip to attach to pocket is always handy for seeing tiny print, diagrams. 1¾" dia. magnifier has 4" black handle. $1.29 plus 20c post. #159. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## VICTORIAN

Echo of the past century. A graceful footstool with striking floral needlepoint cover. Mahogany, fruitwood or walnut finished hardwood base, removable top, to change as you please. 14" by 9" by 8" h. $17.95 plus $2 post. Catalogue, 25c. Fiesta Arts, Inc., HG1, Greenvale, NY 11548.



## ARTIST FIELD CASE

Durable plastic fitted with 7 basic colors in 2-oz. tubes, 1 large titanium white, and 2-oz. jars matte and gloss medium; 1 acrylic, 1 soft hair, 2 bristle brushes; palette, knife, cup. $15.95 plus $2 post. Crown Art Supply, HG1, 840 Broadway, New York, NY 10003.



## NATURE'S BEAUTY

Lovely florals in miniature oil paintings. They're not prints, but signed originals framed in museum-type gold-finish metal. Hanging fixture and easel back for walls or shelves. 5" x 7". Pair $3.95 plus 70c post. World Art Gift Shop, HG1E, 606 E. State St., Westport, CT 06880.



## FUN JEWELRY

Wear "the real thing" in 1⅞" tall replicas of transparent plastic filled with convincing colored liquid. Pendant on 24" goldtone chain, safety clasp $1.19. Pierced-type earrings with 24k gold-flashed wires $1.98. Ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.





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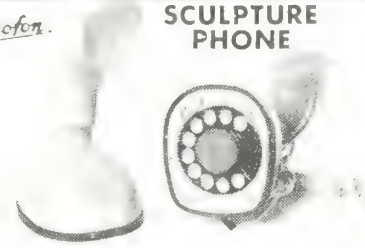
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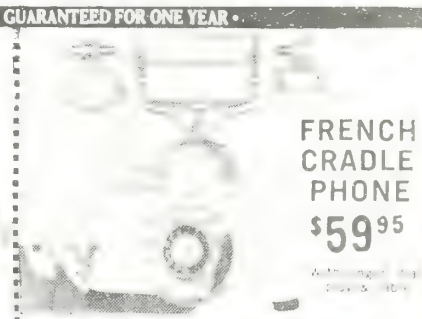


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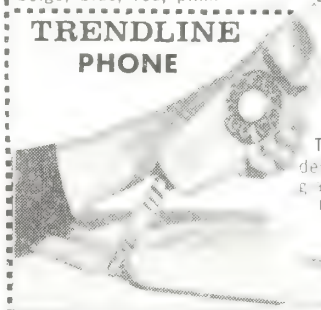


Swedish prize winner. Dial and stop button at bottom. Colors: white, ivory, green, beige, blue, red, pink.
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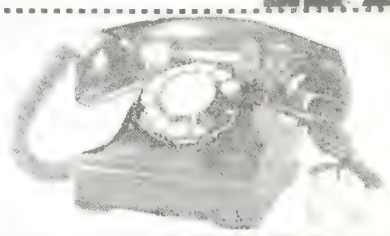


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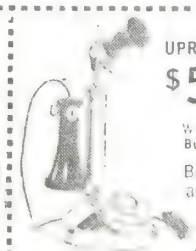


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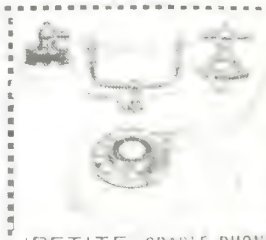




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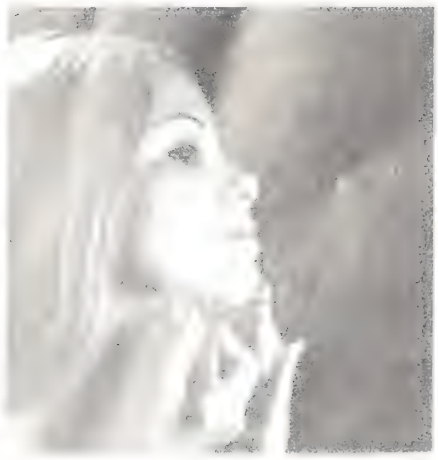
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## SHOPPING AROUND



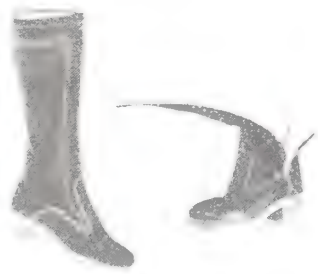
### OAKEN BEAUTY

You'll appreciate the sturdy quality of perfectly seasoned solid oak. Flat grain sanded, ready to finish. Table comes in three sizes: 36" $130; 42" $140; 48" $150. Natural oak finish, $10 extra. Exp. coll. Write to Marion Travis, HG1, Box 292, Statesville, NC 28677.



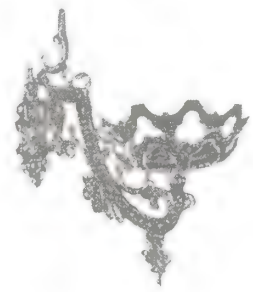
### DISNEY PEEL 'N' PRESS

Donald Duck and Mickey Mouse will brighten the walls of any child's room. Full color on sponge washable Mylar. Peel the figure off and press on the wall to stick. Mickey, $3.95; Donald, $2.95 plus 50c post. Both, $6.90 ppd. Romar Sales, Dept. RS-138, 380 Madison Ave., NY 10017.



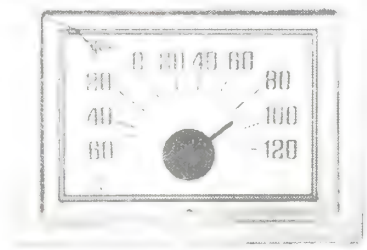
### ITALIAN STYLE

Luxury leather boots all handcrafted with crepe soles, zipper, warm plush lining. Half sizes 5-10 (no 9½), one width. Smooth grain in dark brown or black $29.95; suede finish in dark or light brown $24.95. Ppd. The Shoe Store, G-1, Box 282, Chester, NJ 07930.



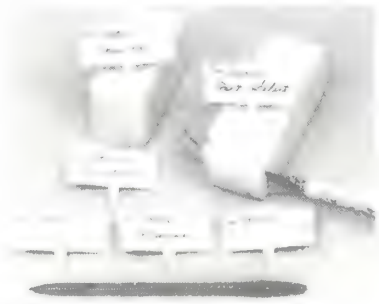
### PLANT ELEGANCE

Inspired by Victorian kerosene lamp bracket in intricate black cast iron. Now holds flowers or greenery on wall. Arm extends 9½". 4" dia. bowl holds most clay pot sizes. $2.99 plus 55c post. Greenland Studios, Dept. 7540, Greenland Bldg., Miami, FL 33059.



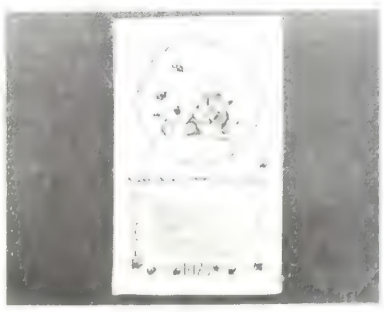

### SEE-EASY THERMOMETER

Winter's in tne air. See through thermometer sticks outside a window and lets you size up the season. Even youngsters can read exact degrees. 3½" by 2½". $1.98 plus 25c postage. Send to Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### MARK THE CHEESE

Cheese and wine tasting parties have become a vogue from coast to coast. Blank pronged porcelain plaques come with marking pencils to identify six varieties. Marks wipe off. Set of six, $6.50 ppd. Artisan Galleries, HG1, 2100 N. Haskell Ave., Dallas, TX 75204.

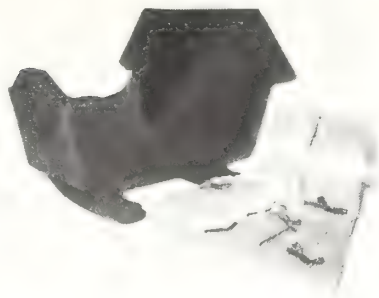


### "BUMBLEBEE"

Pretty calendar towel printed with a Berta Hummel sketch on washable imported linen. Lovely soft colors with an encircling garland of tiny posies. 17" by 29". After 1975, convert it to a pillow cover. #9797. $3.95 plus 25c post. Downs, Dept. 1401, Evanston, IL 60204.

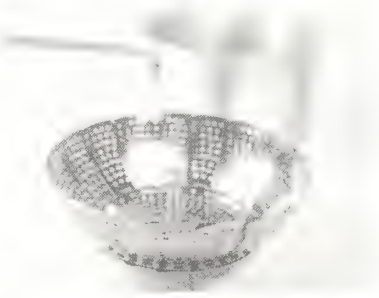
# SHOPPING AROUND

## DOLL'S DREAM



Reproduction doll's cradle ready to finish (screws incl.) is a natural. 8″ w., 20″ l., 15″ h. Gingham pillow and comforter in red, yellow or blue. Cradle, $24; pillow, comforter, $10. Add $1 post. Do-it-yourself plans (cradle) $2.50. The Gift Horse, HG1, Box 28902, Atlanta, GA 30328.

## SAUCEPAN STEAMER



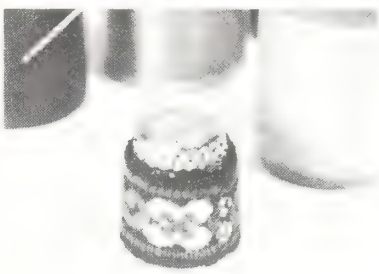
French cooks make vegetables taste good and stay nutritious by keeping them above boiling water in a steamer like this. Stainless steel, 5½″ dia. at bottom; expandable top opens to 9½″. $3.98 plus 50c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## COUNTRY SMOCK



Colorful patchwork and calico to wash and wear. Blue buttons and rick rack. Mini floral stripe on yoke, flip-up cuffs. Patch pockets. S, M, L (XL $2 extra). Fingertip $18.95; knee length $22.95. Ppd. J. Jill, Ltd., Dept. HG-15, Great Barrington, MA 01230.

## UNIQUE THIMBLE



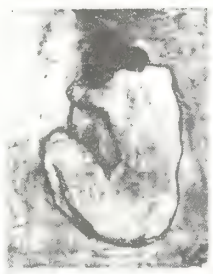
Typical Tyrolean motifs are done in needlepoint on the band of a dainty golden metal thimble. A joy to wear doing stitching chores or fine embroidery. Different designs. $2.98 each; 2, $5.75. Add 25c per order. Harriet Carter, Dept. HG-12351, Plymouth Meeting, PA 19462.

## FANTABULOUS!




Super liquid is made by adding water to powder. Watch green liquid come to *life*. It defies gravity, crawls out of containers, is freezable and may be deactivated; it glows in the dark. $1.95 plus 20c post. West-Berg Enterprises, HG1, Box 4749, Colorado Springs, CO 80909.

## PICASSO LITHOGRAPH



Color lithograph by the 20th century master, 18″ by 24″. $4.95 plus 95c post; stretched on wooden bars, $7.95 plus $1.95; framed, silver trim, $19.95 plus $1.95. Catalogue, 50c or free with order. Lambert Studios, Inc., HG1, 910 N. La Cienega Blvd., Los Angeles, CA 90069.

## HOCUS-POCUS




Easy-to-follow tips on how to become an expert on sleight of hand card tricks. Fascinating hobby for you, fun for your family and friends. 84 card tricks, to while away time. $1.29 plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.




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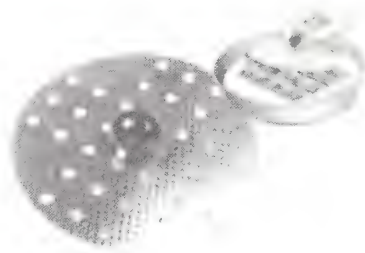
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# SHOPPING AROUND



## PLANTERS' PRIZE

Translucent plastic in smoke-tone or opaque white makes beautiful pots or clay pot containers. Waterproof set of four in graduated sizes from 4⅛" h. to 6⅜" h., 4¼" dia. to 6⅝", $4.98 plus 50c post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



## NO MORE CURLS

Now you can have crunchy bacon —minus the curls. Bacon press keeps bacon flat while conducting heat for evenly-cooked crispy meat. Fits any round pan 9" or larger. For draining grease, too. $1.29 plus 30c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



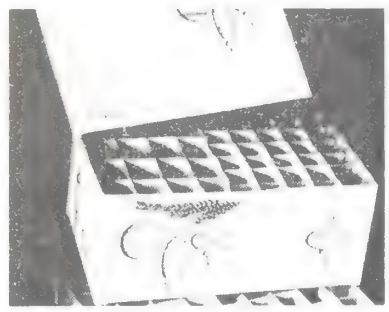
## MEMO MINDER

You can't very well forget any appointments, birthdays, party dates when you jot them on a 22½" x 16½" calendar. Shows 6 months at a time, 1975 through 1976. For diary too. $1.29 plus 35c post. Greenland Studios, Dept. 7537, Greenland Bldg., Miami, FL 33059.



## FANCY FOOTWORK

Flower-trimmed kidskin flats keep spring in your step all winter long. ¾" heel. Black, navy, red, pale blue, hot pink, yellow, emerald, white. Sizes 5½-10 in N and M widths. $21 plus $1.25 post. Catalogue is free. The Talbots, Dept. EV, Hingham, MA 02043.



## STOWAWAY

Nothing like preparing now for Christmas. Ornament chest has two lift-out trays, holds 92 ornaments of 3 sizes; space for 8 sets lights, tinsel, other tree-trimming paraphernalia. 27" x 18" x 12". Assembles easily. $8; two for $15. Ppd. Bruce Bolind, HG1, Boulder, CO 80302.




## AWARD AT WILL

Framed Award of Merit on parchment paper 13" by 10". Space for hand lettering name, event, date and organization. Black and red printing; black wooden frame. $2.98 plus 35c post. Order #107 Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

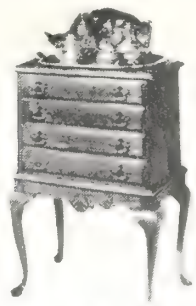


## GIBSON GIRL

Art deco, a beautifully hand-carved original reproduced in sterling silver. Your choice of antique finish or 24k gold overlay. On 24" chain to wear and to treasure always. $18 ppd. The Jamaica Silversmith, HG1, 407 Rockaway Ave., Valley Stream, NY 11581.

### TREASURE CHEST

Keep flatware tarnish free with a solid cherry chest, brass pulls, Pacific silver cloth liners, drawers 2″ d. Distressed fruitwood finish. Brown or reddish brown. 24″ w., 15″ d., 37″ h. $189 exp. coll. Catalogue, $1. Ephraim Marsh, Dept. 264, Box 266, Concord, NC 28025.



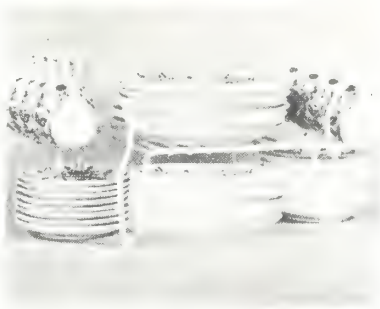
### A TOAST!

A commemorative Presidential decanter makes an ideal server for toasts. "Gerald R. Ford—38th U.S. President" decanter is of rich ruby-colored glass, stands 7¾″ tall. A proper gift for the proper host. $7 ppd. Holly City Bottle, HG1, Box 344 C3, Millville, NJ 08332.



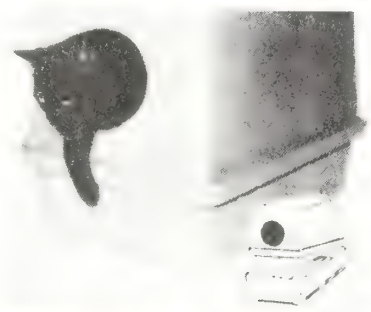
### OPEN SHELF STORAGE

Store china conveniently and in full view with vinyl cushioned metal caddy 9″ high and 11½″ across. Caddy holds 40 pieces saving cupboard space, and it prevents chipping and breakage. $3.49 plus 75c post. Holiday Gifts, Inc., 301-G, 7905 W. 44th Ave., Wheat Ridge, CO 80033.



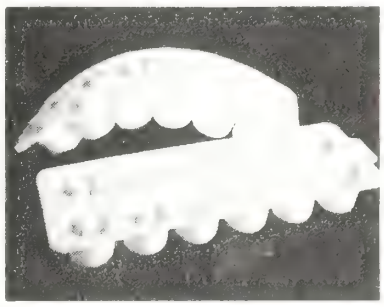
### FELINE HYGIENE

Cats are known for their fastidious way. This litter pan confines odors, hides wastes and stops litter spills. Top removes. Molded plastic, 16″ w., 22″ l., 18″ h. in red, blue, green, yellow or white. $18.95 ppd. Haugen Products, HG1, 709 W. Huron, Ann Arbor, MI 48103.



### NICE ICE

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*Hildegarde's* HG, 597 Fa[illegible]




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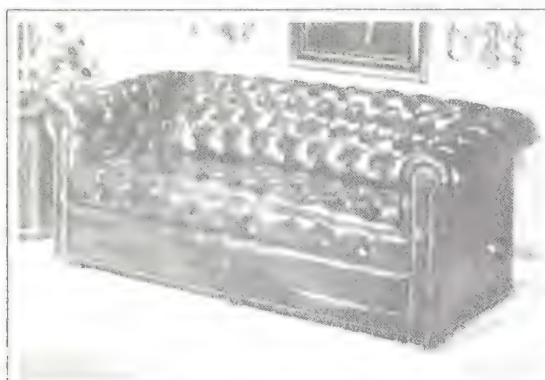
New miracle crystal clear liquid glass chemical sensation creates a washable, waterproof, heat-or-cold proof iron bond. For permanent mending or repair of glass, china, crockery, ceramics and porcelain.

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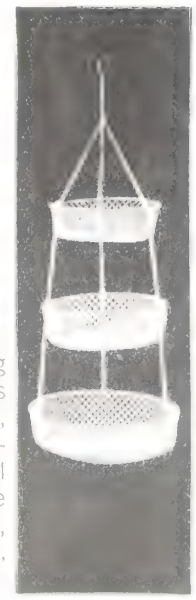
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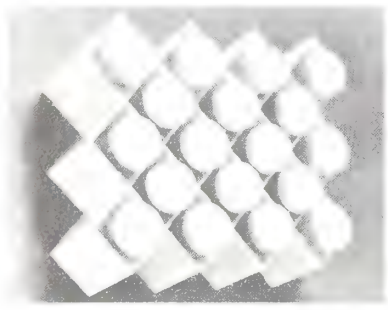
### CREATIVELY YOURS

There's a variety of stimulating ideas featuring maple hardwoods as country-style dining tables, work tables, mobile carts, shelving, benches, counter tops—all shown in a 44-page catalogue 50c. From Butcher Block & More, HG1, 1600 So. Clinton, Chicago, IL 60616.



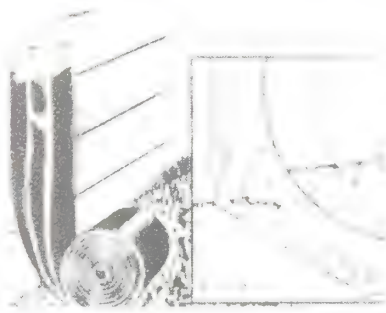
### THREE TIER DELIGHT

Hanging wire baskets hold green plants, fruits and colorful vegetables or anything you will in a graceful arrangement. Baskets are 10″, 12″ and 15″ dia. Hangs 38″ over all and folds flat when not in use. $8.95 plus 85c post. The Gift Tree, HG1, Box 55, Kensington, MD 20795.



### FOR YOUR SPICES

Neat white rack fitted with 18 glass bottles. Have airtight screw tops over removable shaker tops. High-impact acrylic, 10″ h. x 12″ w. 24 washable spice labels, included, other names available. $20 plus $1.50 post. Kaleidoscope, HG1, 288 The Prado N.E., Atlanta, GA 30309.



### OFF, OFF AND AWAY

Green plastic sleeve distributes rain water away from down spout across lawn or shrubbery. Sleeve stays rolled up until it rains then unrolls as water flows and spreads through sprinkler holes. 9′ L. $1.49 plus 20c post. Anthony Enterprises, 585 Market St., San Francisco, CA 94105.



### STATUS SPOOF

Nothing could be more "authentic" than *this* coat of arms. You don't have to know their ancestry to give it, simply print the name. Black and bright red like the traditional ones—7″ by 9″. Unframed $2; framed $4. Ppd. The Art Room, HG1, Box 224G, Sylvania, OH 43560.



### LASTING ROSES

Exquisite little bowl in fine bone china. Its lovely petals, artfully sculptured, are hand-painted by English artisans. A decorative note for your house, a charming gift. 4″ high. $3.95 plus $1.25 post. World Art, HG1E, 606 E. State, Westport, CT 06880.



### UP TO SCRATCH

Sooth that hard-to-reach itchy spot with a back scratcher that's battery operated! Chrome-plated metal reach-extender is 15″ l.; operates on two "C" cell batteries (not included). $3.98 plus 40c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## STRAWBERRY MINI KIT

Revival of an old art. Seed beads with needlepoint make picture, pin cushion, potpourri holder. Hand-painted 14-mesh Swiss canvas, Nantucket 4-ply wool yarn, needle, beads. 2 1/16" by 1⅞". $3.95 plus 50c post. needlepoint, HG1 2308 Harrison St., Kansas City, MO 64108.



## FAMILY AFFAIR

Clever clear-plastic cabinet keeps all toothbrushes free from dust and mix-ups. Holds 5 in separate compartments, each with its own door, ever ready and sanitary. $1.29 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## PICTURE THIS

Clock's 8" dia. face shows one of your favorite photos! Send group or solo shot for electric or battery-operated clock (batteries not incl.). Black and white photo, $19.95; color, $24.95; add $1 for negative or slide. Ppd. Photo Poster, Dept. X655, 210 E. 23 St., New York, NY 10010.



## TIME THIEF

Is your pool robbing you of time? Meyco safety pool cover takes two minutes to put on or remove. Keeps out dirt, leaves; children and pets are safe when you're away. Discourages algae. Custom made, any size. Meyco, HG1, 138 Haven Ave., Port Washington, NY 11050.



## PROVINCIAL PILLOW

Cross stitch design for 16" pillow. Kit includes design on oyster Belgian linen, wools, linen for pillow back, cording. Two tone red, blue, green, gold, brown, black/gray or rose wools. $5.95 ea; 16" form, $2.50. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



## LONG BALL AWARD

Prize for the golf widow to give her he man or as an award for The Fearless Foursome. On natural wood frame, 5½" by 7". Reads, "For the golfer who hits a long ball" with space for name. $2.98 plus 35c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.




## COZY FAVORITE

A smart topper to wear anywhere for lightweight warmth. Has two layers of nylon, insulated with 5-oz. Dacron polyester fiberfill. Oyster, navy, pepper red, burgundy. S(10-12), M(14-16), L (18), XL(20-22). 34". $30 ppd. Johnny Appleseed's, HG1, Box 702, Beverly, MA 01915.







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Sort, count, wrap pennies, nickels, dimes, quarters in seconds. Simply slide coins into 4 channels. Shows the totals as you go. No more fumbling with the wrapper. Real timesaver for merchants, cashiers, clubs, collectors, etc.

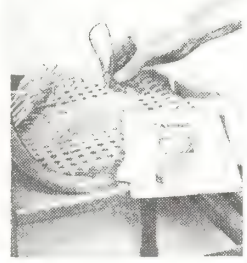
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### MARKED CARDS

Deck of tricksters has tapered edges for such touch selection. A variation in back design lets you distinguish any card held by opponents. Instructions plus 21 tricks. $2.98 plus 20c post. Order #161. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### OLD STYLE SCALE

Black and gold Melamine scale is a note of nostalgia that works to the ½ ounce in '75 as its larger model did in the 1900's. Weighs up to two pounds. 5½" by 6½" by 7¾". $10 plus $1.50 post. No Nonsense Shops, 113-HG, 808 White Bridge Lane, Hanover Park, IL 60103.



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### SCENIC STITCHERY

Country scene is done in cross-stitches in shades of gold, green and brown. Kit has stamped design on 12" x 16" cotton, cotton embroidery thread, needle, instructions. $7.95 plus 50c post. Color catalogue, 25c. Tower Crafts, HG1, Box 575, Champaign, IL 61820.



### KNIT VALET

Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man made fibers. $1.49 plus 20c post. Order D Fuzz-It from Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

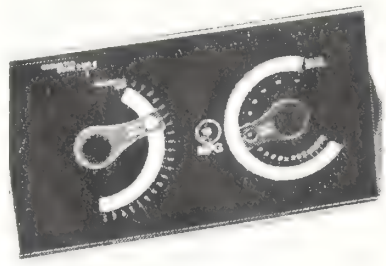
# SHOPPING AROUND

## CELEBRATION '76



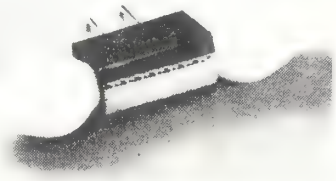
Hand cast pewter plate with inset porcelain plaque, "Spirit of '76", the famous painting celebrating the indomitable revolutionaries. 10½" dia. Certificate of authenticity with each. $14.95 ppd. Romar Sales, Dept. RS-146, 380 Madison Ave., New York, NY 10017.

## MILEAGE COMPUTER



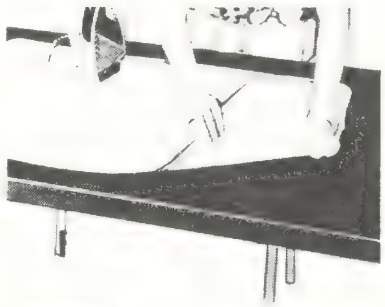
Computing chart clips on windshield visor enabling easy computation of miles per gallon, fuel required for trips, miles left to drive on remaining fuel. Valuable to all with soaring fuel costs. $4.98 plus 65c post. Harriet Carter, Dept. HG-12151, Plymouth Meeting, PA 19462.

## CENTURY LIGHT



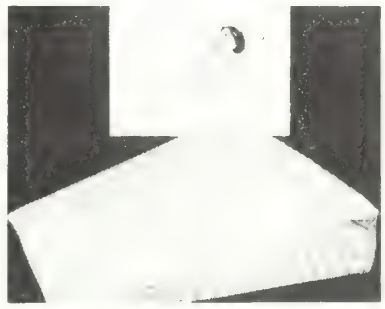
Ingenious night light is said to last 36500 nights—that is, a hundred years! Stays cool, plugs into wall socket to light dim areas softly. Continuous operation costs just 2c a week. $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## INSTANT TOUCH-UP



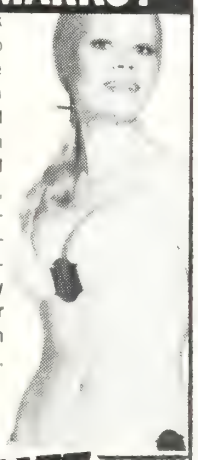
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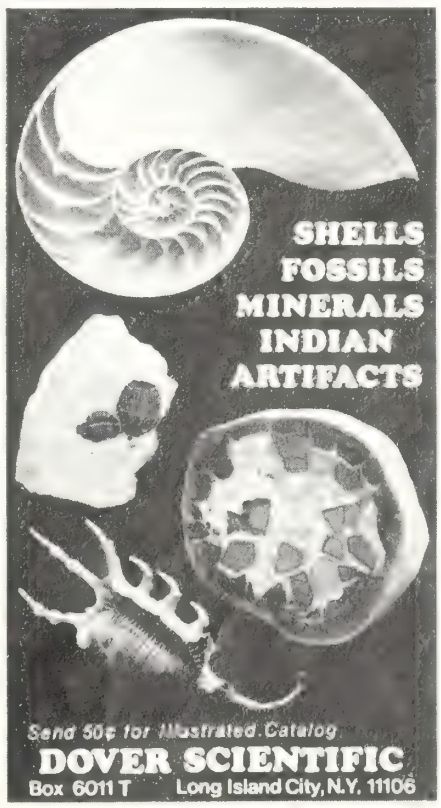
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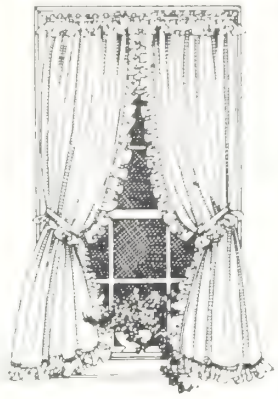



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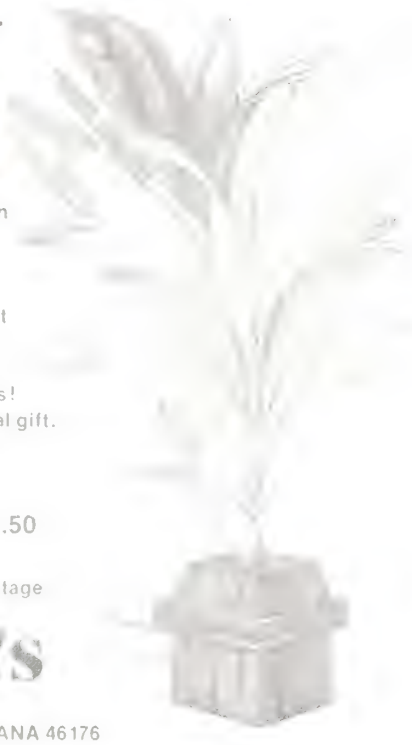
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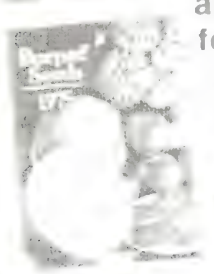


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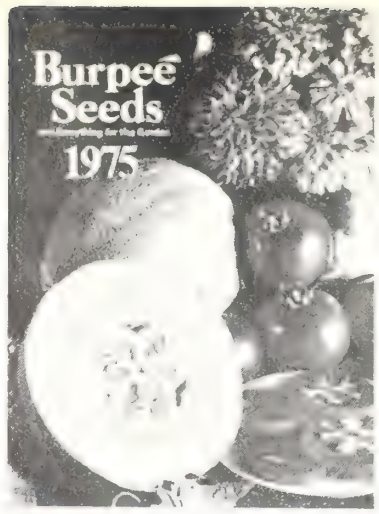





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## NEWS FOR '75

Ambrosia cantaloupe, Candy cane zinnias, Golden Hawaiian marigolds, a few of the new hybrids introduced in Burpee's new free seed catalogue, 600 photographs, 450 in color. For home gardens. W. Atlee Burpee, 5325 Burpee Bldg. Warminster, PA 18974.

## NEW ACCENT

Clearly a handsome showoff for your favorite plant. Big Lucite links attached to 16" dia. shelf suspend the Lucite pot holder that's 7½" in dia. Overall length is three feet. $23.95 plus $1.65 post. Catalogue 25c. Connoisseur Imports, HG1, Box 22, West Hartford, CT 06107.



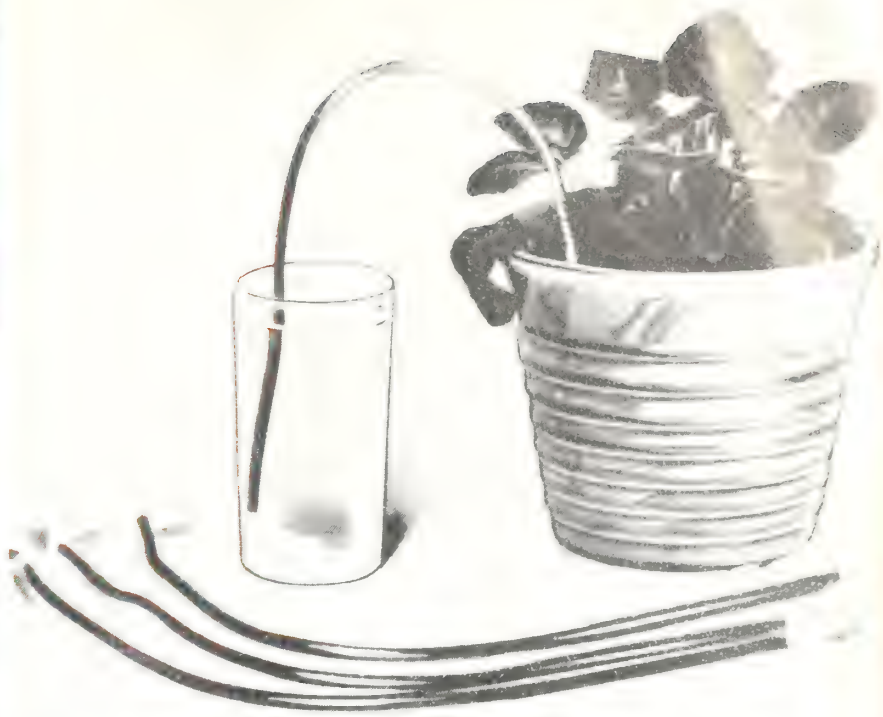

## WEEDLESS GARDENING

"The Magic Plastic Garden" illustrated booklet tells how to eliminate weeding by using black plastic as mulch. Method used by large truck farms now adapted for backyards. Written by a lazy gardener, Aileene Chasteen. $1.25, ppd. Inside Out Publishing Co., HG15, 5305 Denwood Ave., Memphis, TN 38117.



## PLANT BUBBLE

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## WICKER WONDERLAND



**WALL LAMP** Suspended from a rattan bracket with lacy natural wicker 11" shade. 9 ft. rattan cord and fully [illegible] fied. Takes up to 100 watt bulb. Painted add $3.00.

**VICTORIAN WALL SHELF** [illegible] books, knick knacks, beauty aids in two closed wood shelves. Interwoven of natural rattan. [illegible] high. $12.95 plus postage. Painted add $3.00. Painted in Yellow, Green, Blue, Pink, White, Orange or Black.

**WALL RACK** Useful hand [illegible] rattan hooks for towels, [illegible] to $6.95 plus $1.00 postage.

**HANGING BASKET** [illegible] rattan chain, can support up to 7 lbs. rattan bracket included. $4.95 each, two for $8.95 plus $1.00 postage.

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Chair-Loc "Swells" Joints Tight

[illegible] tighten [illegible] SWELLS [illegible] Chair-Loc clamp back, rungs legs [illegible] ever tight. Also use Chair-Loc for dowels [illegible] handle [illegible] joints. Plastic [illegible] with applicator nozzle [illegible] 3 oz. bottle $1.50 ppd. Send cash, check or M.O. N.J. residents add 8¢ tax.

CHAIR-LOC CO. Dept. HG175 Lakehurst, N.J. 08733





# PORTABLE FAN

Just flick on the portable mini fan for the freshest breeze this [illegible] Beat the heat! You can be cucumber cool anywhere, anytime. [illegible] side of the shore. Battery operated (battery not included). [illegible] lightweight plastic with stand for desk or table use.

**PORTABLE FAN . . $1.98** + 35¢ Mailing Each

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Anthony Enterprises Dept. HG-15 585 Market St., San Francisco, Calif. 94105


# SHOPPING AROUND




## GOLFER'S FRIEND

Basic putting information helps eliminate some of those mental myths that often scare golfers as soon as they approach the green. Howard A. Sasse's book gives many new tips to improve putting. 68 pages. 4" by 7". $2.75 plus 25c post. Wood Wand, HG1, 27 Clyde Ave., Buffalo, NY 14215.



## TO HAVE AND TO FOLD

[illegible] ving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. $59.95. Exp. coll. Assembled. Danish catalogue, 25c. Genada Imports, HG1, Box 204, Teaneck, NJ 07666.



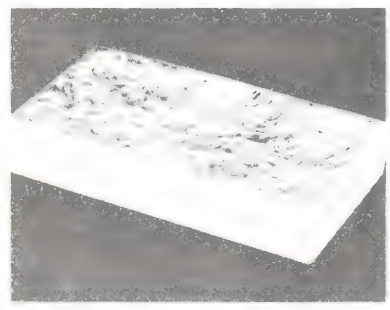
## TABBY TRIVET

White tile features the shorthair tabby, a real tiger when it comes to protecting table surfaces. Cork backed and 6" by 6", it can be hung on the wall as a decorative note. $2.98 plus 40c post. Anthony Enterprises, HG1, 585 Market Street, San Francisco, CA 95105.



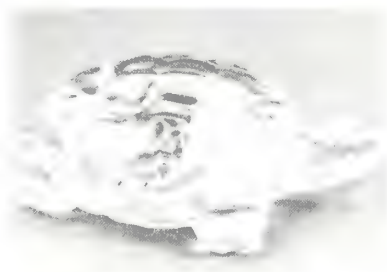
## GOT AN IDEA?

Don't let it die for lack of direction. If you've thought up a new product, or figured how to improve an old one, get "How to Safeguard & Market Your Invention To Industry." It's free. Lawrence Peska Associates, Dept. 302, 500 Fifth Ave., New York, NY 10036.



## COLLECTOR'S CASE

Opulent cigarette case is a work of art, part of a limited edition, numbered. Handcrafted in pure sterling silver, designed to be a treasured heirloom. 7¼" by 4" by 1½". $250 plus $3.50 post. Free brochure. The Silversmith, HG1, 10305 Crestmoor Dr., Silver Spring, MD 20901.



## SPARKLING CRYSTAL

Exquisite carving of turtle in solid crystal brings out every shell marking. Signed by Tyko, its Swedish artist-designer. A lovely addition to your coffee table or curio cabinet. Length 3¾" head to tail. $9.98 plus 95c post. Ferry House, HG1, Briarcliff Manor, NY 10510.

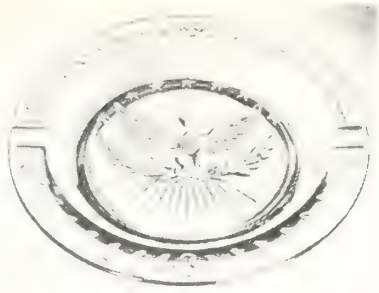


## SHUT EYE

Sleep is king night or day that you [illegible] er of light that could disturb the psyche, the body's rest. Flexible foil and elastic band's so contoured that it fits any [illegible] $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

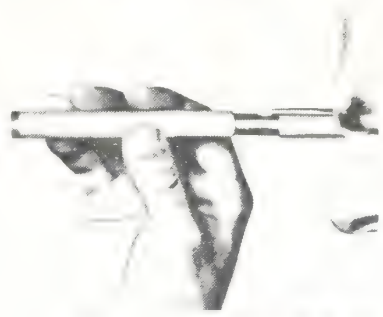
## OLD GLORY

Historic symbol of America's pride, the eagle, is celebrated in a handsome amber glass ashtray. With Colonial stars and leaf border, it's 9¼" dia. $5.50; pair, $10. Ppd. Americana catalogue, 50c. Sturbridge Yankee Workshop, HG1, Brimfield Tpke., Sturbridge, MA 01566.



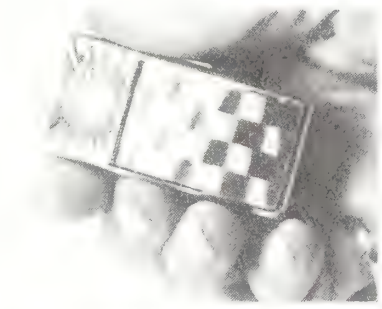
## SLEUTH'S 'SCOPE

Amateur detectives have a fine time with the pen size telescope with eight power magnification; it adjusts quickly for long-range viewing and converts to 30 power microscope. $2.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## SPOT OF LIGHT

Handy mini jewel flashlight is a tiny treasure 1¼" x 2½" x ½", most powerful light of its size. Carry it in pocket or purse to shed light. For emergency use, it gives a total of four hours of light. $10 plus 65c post. Camalier & Buckley, HG1, 7222 47 St., NW., Washington, DC 20015.



## COMMUTER'S CADDY

Whiz through those "exact change only" lanes—you'll always have coins ready with this self-stick car caddy. Nickels, dimes and quarters find their nooks. And so do specs! $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## WHAT'S A SPURTLE?

Do-everything utensil invented by Graham Kerr, "Galloping Gourmet." Five varieties; curved or flat to scrape pans or bowls and a hollow for spill-free draining. Solid wood 2" by 11" rack. Set, $5.98 plus 50c post. The Country Gourmet, G1, 512 So. Fulton Ave., Mt. Vernon, NY 10550.







**CHANDELIER CLEANER**

Just spray it on and allow to dry. No wiping necessary. Your crystal chandeliers will sparkle in a blaze of glory. Protects and preserves all surfaces with an invisible coating of miracle silicone. 7 oz. spray can.

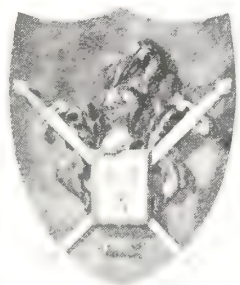
**CHANDELIER CLEANER** ..... **$2.98 + 55¢ Mailing Each**

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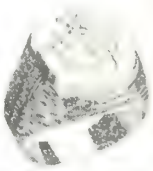
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| hand-carved in wood 16x13" | $65.00 |
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**BEAUTIFUL WILDFLOWERS** bloom in cross-stitch. Complete sampler kit includes stamped natural Belgian linen, vibrant colored wool, and clear instructions.

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| No. 7 Dandelion Kit | $1.75 |
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**Ornamental Storm Door**

Add a practical touch of elegance and charm to your home with authentic Cast Iron patterns crafted inside a heavy steel frame.

**Shipped complete (with installation instructions) including:**
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An ideal solution to those people who can't sleep naturally without the aid of two or more pillows. No mattress to lift; arches well down your lower back and is lightweight. A must for all those insisting on completely relaxing rest. Equal in elevation to three down pillows. Can be used just as effectively to elevate legs. 27" long, 27" wide, tapered from 7½" high. With washable cotton cover.

BED WEDGE . . . . . $14.98 + $1.50 Mailing Each.

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## Little Red Heart Box

finish, white interior, a year 'round re- a greenback. 2" long, ¾" deep. From W. Germany.

8452 $3.00; 2 for $5.85

of unusual items

*Downs* DEPT. 1401-A
EVANSTON, ILL. 60204

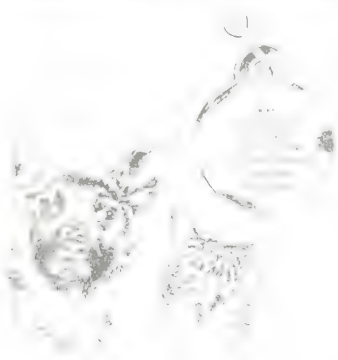


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Amazing dipper scoops ice ic! Self-defrost- etically sealed scoop hard- e. Cuts through coldest ice cream, tive ll other ice ned! Sani-

$5.95 Pp

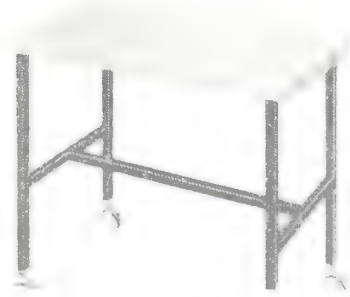
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## LIFE LONG ID TAG FOR PETS

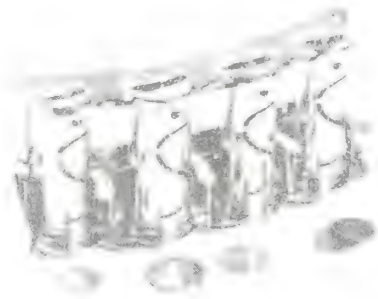
getting lost. This Identification Tag ary information for and phone number — free. Lifetime polished el, complete with collar hook. $1.00 ppd. Your order will be FIRST CLASS MAIL

# SHOPPING AROUND



### BUTCHER BLOCK

Top 30" by 18" by 1¾" on steel frame, locking casters. Working or serving. 30½" h., matte black frame $99; stainless steel $139.50. 34" h., black $109; stainless $149.50. Exp. coll. Catalogue $1. J & D Brauner, HG1, 1331 So. Michigan Ave., Chicago, IL 60605.



### CHANGING TIMES

The best gadget ever invented for separating and dispensing nickels, dimes, pennies and quarters. Made of sturdy chrome it on a belt—ideal for any business without a cash register. $4.98 plus 45c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### 1, 2, 3—YOU'RE IN!

A distinctive ring of sterling silver has a sinuous curve that is accented by the contrasting icy brilliance of 7 make-believe diamonds. Wear more than one for fun (like three, as shown ). State size. $20 each; three, $50. Ppd. Oleda Unlimited, Inc., HG1, 15 E. 63rd St., NY 10021.



### AT YOUR SERVICE

Placemats are always flat and ready when you keep them in a press. Strong board folder in pastel floral, ribbon tie, 20" x 14" x 2". Holds 24. For mats, $6.95 plus 75c post.; for napkins, $3.95 plus 50c post.; both $11.95 ppd. Elizabeth McCaffrey, HG1, Northport, NY 11768.



### TWO VIEWS

Pocket magnifier has two lenses for close-up work—four-power or eight-power magnification! Ideal for seeing small type, splinters, stamps. Lenses fold into protective case. $3.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### HOT DISH COVER-UPS

Woven corn husk containers for rectangular oven dishes come in three sizes: 3 qt., 2 qt., and 1½ qt. Perfect disguise to take hot dishes from the oven to the dining table. The three sizes stack neatly, too. $9.95 plus 85c post. Gift Tree, HG1, Box 55, Kensington, MD 20795.

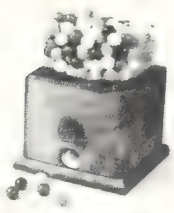


### WINDOW WONDER

Chemically-treated glass cleaning cloth makes windows shine a "dry cleaning" way! Washable cloth works its zip clean wonders on car windshields, mirrors, too. $1.29 plus 15c post. Order from Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

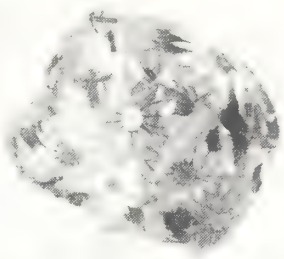
## BY GUM!

For nostalgia buffs, a solid aspen wood bubble gum "machine" with heavy glass top. 11" h.; great for dispensing three pounds of candy and nuts, too. $10.98; one lb. gum, $2.50; 3 lbs., $6.98. Add $1 post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



## HAIR DRYER HOOD

Bonnets for portable hair dryers become tired so quickly, and replacements are hard to find. Wildflower pattern hood fits all table model dryers, attaches with a clamp and a turn on the hose. $2.98 plus 30c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## PORTRAIT IN OIL

True work of art painted on linen canvas from your photograph. Choose from 12 portrait painters. Canvas sizes from 12" by 16" to 30" by 40". Prices from $89.50 to $895. Catalogue, "How to Order an Oil Portrait," 25c. Van Dyke Oil Portraits, HG1, 153 E. 57th St., NY 10022.



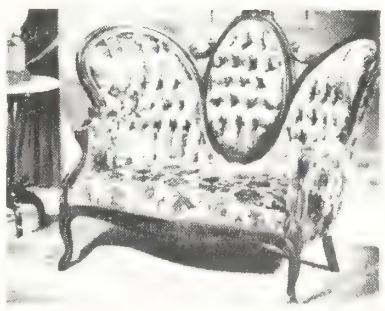
## NO-SHINE DISCOVERY

Simple Teflon cover for steam irons is the solution for ironing serge, gabardine, dull-surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without any ugly shiny areas. $1.29 each plus 15c postage. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## LOVE IN BLOOM

Mirror-back love seat, a reproduction of an 1850 style, has handcarved Victorian rose-and-leaf design, handtufted back and sides. Solid mahogany. 42" h., 55" l., 30" d. $429.95 exp. charges coll. Catalogue, samples, $1. Magnolia Hall, HG1, 726 Andover, Atlanta, GA 30327.



## ST-R-ETCH TO FIT

Apply liquid leather stretch to tight-fitting shoes and it makes even suede and patent conform to the foot as you walk. Simple to apply and relief is almost instantaneous. $1.59 plus 25c postage. Order from Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.




## OH, YOU KID!

Needlepoint design in the "art deco" style of the 1920s. Black, white, gray persian yarns. Kit includes printed design on 14-mesh mono canvas, yarns, needle: 10" x 12". $9.95 plus 75c post. Catalogue 25c. The World of Stitch 'n Knit, HG15, Box 709, Framingham, MA 01701.



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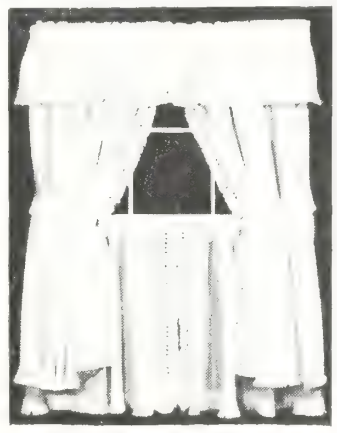

Judy—Blue to royal, Bone-to-brown ombre kid. Black, navy blue white, brown kid and multi-color pastel kid. Sizes 2½ to 12. For Widths AAAA to EE. 2½ to 10 27.95 10½ to 12 28.95

Glenda — Black, Navy, Beige, White, Grey-black-white kid. Blue to royal and Beige ombre kid. Multi-color pastel and pale pastel kid. Deep multi kid.

Multi-color-cobra. Sizes 2½ to 12. For Widths AAAA to EE. 2½ to 10 27.95 10½ to 12 28.95

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$1.00 postage for 1st pair. 25¢ each additional pair



**Colonial FRINGE Curtains**

Yesterday's styling with today's convenience—50/50 Fortrel/Avril. EXTRA WIDE! Each pair is 90". Mix or match—two pr. cottage style with valance (as shown), full length, tier on tier, tier and valance, split swag. 24"—**$5.00**, 30"—**$5.50**, 36"—**$6.00**, 45"—**$7.00**, 54"—**$8.00**, 63"—**$9.00**, 72"—**$10.00**, 81"—**$11.00**, Valance 12"x70" **$3.25**, Split Swag **$6.50**, Tie Backs **$1.00**. Specify White or Eggshell, size & quantity. Please add $1.25 each order for post. & handling.

**Send 50¢ for "Old Manor House Curtain Booklet" with actual fabric samples**

*Satisfaction Guaranteed*

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GO PRETTY 1975



Patches of rayon silk velvet in shimmering solid colors of red, green, purple, pink, yellow and blue—each piece individually cut and sewn to create this beautiful ankle-skimming party skirt for your wearing pleasure—perfect for a night on the town or entertaining at home.

Flattering A-line, framed with black border, fully lined—has black zipper and elasticized waistband. Sizes 8-18 very modestly priced at $45.00 ppd.

A glamorous partner is our long sleeve V-neck ruffled blouse in wash & wear polyester silk jersey in matching colors of red, pink, blue or black. Sizes 8 to 18—$20.00 ppd. Money back guarantee if not delighted.

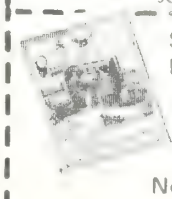
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*The Spiral Staircase Lamp*

The Spiral Staircase Lamp
End Table
Bookcase
Plant Showcase
Collection Display



Three graduating display shelves One tall tapering lamp. All crafted expertly in solid maple, finished in a warm mellow cherry 18"W 18"D 27¾"H to top tier. 65"H in all. Shade not included. $59.50. PPD. Shipped KD with easy screw-together assembly



Send 25¢ for The Yield House Home Catalog

Yield House
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Address _____
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## If tweezing your brows and applying eye makeup makes you frantic . . . Fret no more!!!

A noted eye doctor was approached by a hat without her t see what she is doing, she can't do what she ing that no available magnifying mirror can give a strong image without distortion, the doctor hand-ground prescription lenses and silvered them to provide a

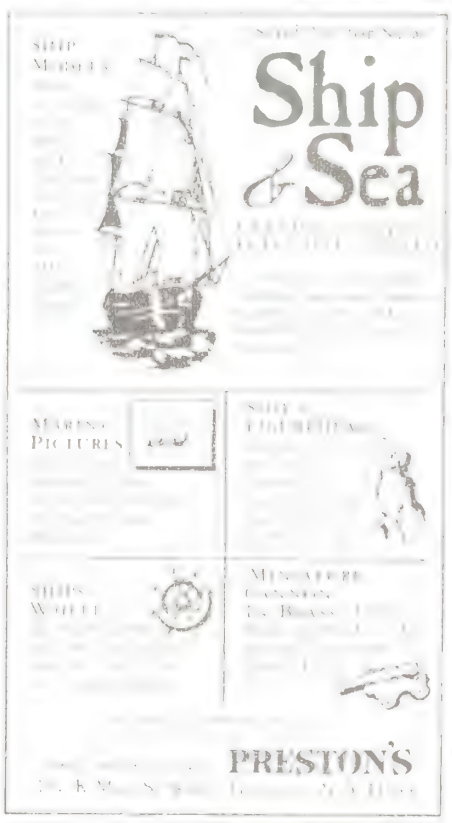
t "Magic Focus" standing mirror has a flexible, brass, "goose-neck" arm for White frame and base

touch-ups, order our lovely n). It's dou- with plain and Magic Focus mir- and sharply WITHOUT YOUR GLASSES re- scription or bifocals. A necessity for contact plus $1.50 postage. Compact is $5.00; guarant

**THE FERRY HOUSE,** Dept. HG-175, Briarcliff Manor, N.Y. 10510




THE JAMAICA SILVERSMITH
VALLEY STREAM, N.Y. 11581, DEPT. HG175






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THE GIFT TREE

20795



IMPROVED Model . . .

## HAND EMBOSSER For Personalized Stationery

$9.95

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POSTAMATIC CO. Dept. HG-12, Lafayette Hill, Pa. 19444

# SHOPPING AROUND



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A unique table of hand-carved sheesham wood in an intricate flower and leaf design, topped by a hand-engraved removable solid brass tray. Table folds flat. 15½" x 15½". $19.98 plus $1.50 post. Harriet Carter, Dept. HG-12551, Plymouth Meeting, PA 19462.



### CUT-UP TEASE

Bright plastic golf tees are a perfect way to insure the return of an opponent's slice or hook—or even to miss the ball entirely. Torsos are a great booby prize for a tournament. Dozen assorted, $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### THE "ARGO"

Treasure for his finger: yellow or white 14k gold ring centered with a brilliant 2k Strongite stone, a multi-faceted synthetic with the remarkable hardness of a true diamond. $102 plus $1 post. Free brochure available. The Strongite Co., HG1, 2 W. 47th St., New York, NY 10036.



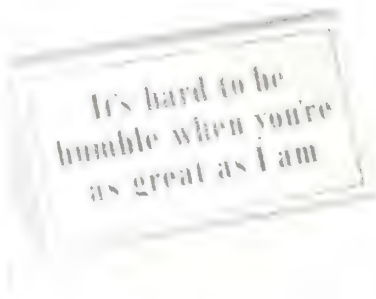
### SPORTS IN THE SUN

Adjustable green plastic visor permits sports enthusiasts who must wear glasses to see everything clearly no matter how bright the sun. Visor eliminates glare and is easy on the eyes. $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



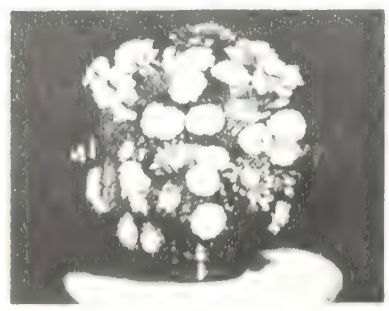
### BARBER'S BOON

Hair-cutting sessions at home are easier when a big plastic hair catch tray captures the clippings. Snaps around neck to prevent itchy strays, untidy floors. Just empty into wastebasket. Great for permanents, too. $1.69 plus 35c post. Holiday Gifts, Inc., 301-H, Wheat Ridge, CO 80033.




### LOUD AND CLEAR

Gold-colored metal desk plaque proclaims in black lettering: It's hard to be humble when you're as great as I am. No false modesty or is it ego-assuaging? 4" x 4" stained wooden stand. $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### POSY PRINTS

Garden-bright lithographed flower prints show zinnias, asters, dahlias, marigolds, snapdragons in warm reds, yellows, oranges browns on dark background in copper bowl. 20½" x 25½". Order picture A, first in a series, $19.95 ppd. Cecilia, HG1, Box 2263, Chapel Hill, NC 27514.

## SHOPPING AROUND

### HEFTY HOOKS



Arrange two hanging plants in different ways on an adjustable steel bracket. One hook stays put, the other adjusts 8″ to 10″ from wall. Matching screws included. Choose black or white. $3.98; two, $7.50. Add 50c post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

### DRYING DEMON



Clothes dryer installs in bathroom, basement or garage; has 12′ nylon lines to hold anything from swim suits to snow suits. Lines rewind out of sight when not in use. 12 tiny clothes pins. $4.98 plus $1 post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

### OLD ENGLISH WISH



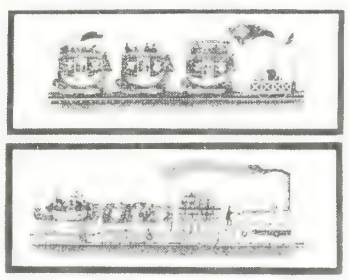
Warm walnut finished plaque ready for personalization and hanging. 11″ by 8″ with white inscription, "Eate, drynk and be Merrye," golden crown atop shield with lovely damsels, bright colors. State name. $5.95 plus $1 post. Cadlyn's, HGK1, 2077 NY Ave., Huntington Sta., NY 11746.

### REST-A-PHONE



No handed talking! Phone rest adjusts for either left or right shoulder keeping hands free. Padded with nonmarking rubber. Fits all hand sets. Black, beige, white, gray, green or red. $2.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

### AGE OF STEAM



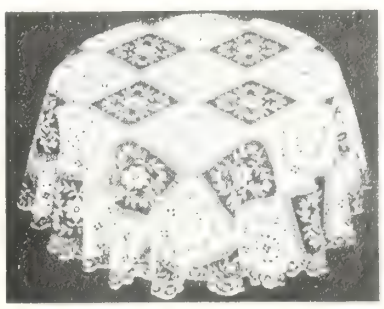
Quartet of early steam locomotives by American artist, Logan, are reproduced on heavy parchment paper 26″ wide, 9″ h. So great to hang and frame as a grouping in the home or office. 4 for $2, plus 50c post. World Art Group, Dept. HG1E, 606 E. State St., Westport, CT 06880.

### DIETERS AHOY




Gag place setting guaranteed to help in weight loss. Bottomless spoon, cut off knife and fork will keep dieters from over-eating and give them and other guests a good laugh. $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

### POINT de FILET CLOTH



In white or champagne cotton. Sizes, oblong: 52x70″, $16. Oblong or oval: 70x90″, $23; 70x108″, $28.40. Oblong only: 70x126″, $32; 70x144″, $38.30. Round: 70″, $20; 90″, $41. Add $1 post. Hildegarde's, HG1, 597 Farmington Ave., Hartford, CT 06105.






# MUSCLE TONER

A wonderful exercising aid made of firm resilient rubber with space for each finger, designed to strengthen hand and arm muscles. Also recommended by doctors for relief from arthritic pain, aches and stiffness.

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Ginger Snap Station





BLEUMETTE "DEMI BRA"

Nude color.

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# SHOPPING AROUND



## NEW-LOOK NECKLACE

Fashion's triple chain of varying lengths and designs combines two flat chains that surround the third bearing a lovely intricate filigree pendant and tasseled chains. 34" long. Goldplated. $10 plus 40c post. Vicki Wayne, 610-HIP, So. Country Club Rd., Tucson, AZ 85716.



## TUB SAFETY

Safety rail for bathtubs is the ideal way to assist in getting in or out. Not just for the handicapped or senior citizens, it keeps spry kids from slipping. Chrome plated steel 8" by 11". $13.98 plus $1 post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



## CAT AND MOUSE

Now he sees it, now he doesn't—that intelligent cat you know will love playing "mouse in the hole." The mouse is an elusive ball that will entertain him for hours. Blue plastic; 6" dia., 3" h. $3.95 ppd. Catalogue, 25c. Suburbia, Inc., Dept. 371, 366 Wacouta, St. Paul, MN 55101.



## IGHT SAVER

For sewers who find the eyes of needles growing smaller. Needle threader consists of a plastic funnel into which the needle is spindle to transfer l to needle, blade to cut l. $1 plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



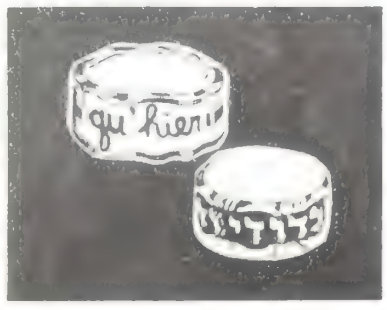
## BELLE IN A BOLERO

Shell-stitch Orlon bolero with the look of a hand-knit turns a blouse and skirt into a delightful ensemble. Washable, of course. White, pink or light blue in S, M, L or XL sizes. A year round favorite! $7.95 plus $1.58 post. New Hampton General Store, Dept. G1, Hampton, NJ 08827.



## SPLATTER CATCHER

Cooks love the efficient work of a pure aluminum spatter shield that protects against flying frying , mixing bowl batter. Three , 9" h., fold flat for $2.98 plus 45c post. Anthony Enterprises, HG1, 585 t St., San Francisco, CA 05

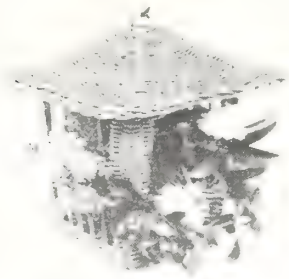



## RING TWICE

*French:* I love you more than yesterday, less than tomorrow. *Hebrew:* I am my beloved's and my beloved is mine. For women and men, state ring size. Sterling $15 each; in 14K gold $85. Ppd. The Jamaica Silversmith, HG1, 407 Rockaway Ave., Valley m, NY 11581.

# SHOPPING AROUND

## HANGING BEAUTY



Natural rattan cage makes a delightful planter hung with green vines. A splendid background for dried arrangements, too. 10″ by 10″ on a 10″ rattan chain. Why not hang a pair in window. $5.95 plus $1 post. Catalogue 25c. Fran's Basket House, HG1, Rte. 10, Succasunna, NJ 07876.

## SOFT SLEEPING



Smooth, elegant satin sheets, machine-washable! Black, red, white, gold, royal blue, avocado, plum. Set: fitted bottom sheet, straight top, two cases. Twin, $19.50; full, $20.50; queen, $23.50; king, $27.50. Ppd. Royal Creations, HG1, 330 Fifth Ave., NY, NY 10001.

## JIFFY PARKER



Parallel parking dial can end the guesswork and help avoid bent fenders, frayed nerves. Fits any type of car, makes it easy to park perfectly on the first try, every time. $2.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## LET IT STORM



Lined with polyester fleece, nonskid crepe rubber soles and sueded water-repellent uppers, all trimmed with acrylic mouton and leather. Worn over shoes, any size heel. Whole sizes 5-10. Black, brown. $25 plus $1.25 post. Free catalogue. The Talbots, Dept. EU, Hingham, MA 02043.

## NO EVIDENCE



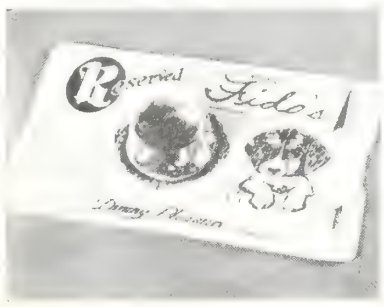
Rust disappears without a trace from colorfast fabrics, porcelain sinks and toilet bowls with a remover that needs no rubbing or scrubbing. Terrific on tarnish, too. $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## CARPET TAPE



Double-faced adhesive vinyl tape for rugs and carpets at the pool, patios and porches. 1½″ wide, it is easy to apply; re-usable. Prevents skids or falls. Waterproof to withstand splashing. 12′ roll $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## MEALTIME MAT

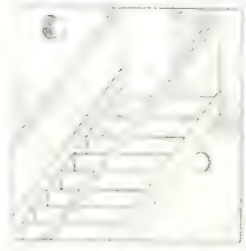



Give your pet a foam placemat that won't skid around while he eats. Personalized with his name; center space for bowl. Black lettering and decoration on yellow. 22″ by 14″. Specify dog or cat. $1.69 plus 35c post. Holiday Gifts, Dept. 301-k, Wheat Ridge, CO 80033.






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# CLOSET LIGHT

A practical solution for adding that extra lighting for out-of-the-way places in your home without having to pay for costly wiring. Ideal for closets, on or under stairways or storage areas. Attaches easily to wall or ceiling. Operates on standard batteries (not included).

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SOFWEAR SHOES, Dept. DG, 1711 Main, Houston, Texas 77002.



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**LITTLE STREAKERS!**



Little Girl



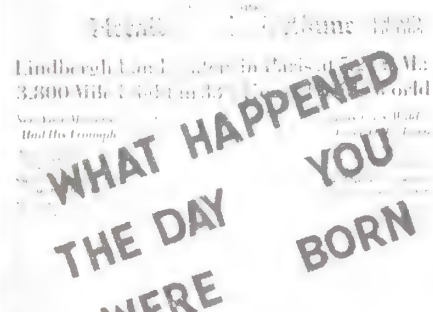
Little Boy

These adorable needlepoint pictures are a delight for everyone! The outlined figure of the little girl is set against a pink background, and the boy against blue. Each kit includes design in full color on 10 hole mono canvas, 100% wool yarn, needle and instructions.

| | |
|---|---|
| Little Boy | $3.50 |
| Little Girl | $3.50 |
| Also available | |
| 5" X 7" Walnut Frame | $3.50 |

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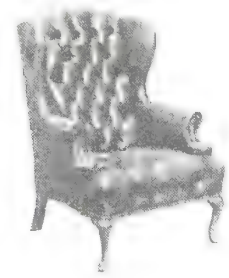
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# SHOPPING AROUND



## ENGLISH LIBRARY CHAIR

Handsome chair of top grain glazed leather, brass nail trim, legs finished in fruitwood or mahogany. Black, deep red, brown, olive, tortoise or gold; swatches available. 46" h., 32" w., 34" d. $359.95 exp. charges coll. Catalogue, $1. Jonas Fields, GE15, Box 52526, Atlanta, GA 30305.



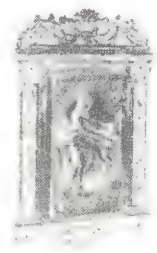
## MINI GARDEN KIT

Tidy wicker basket holds tools for your plants' good health. Spade, hoe, rake for potting and soil aeration; plus spray atomizer for bathing foliage. Metal heads, wood handles. 6" by 6". $6.98 ppd. Creative Enterprises, HG1, 1732 Butler Ave., Los Angeles, CA 90025.



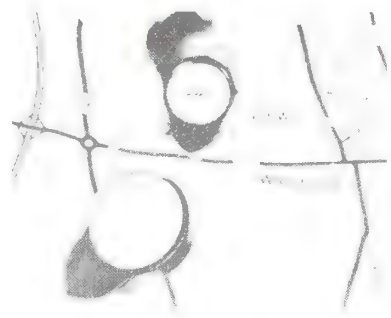
## NON-SKID PROTECTION

Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.
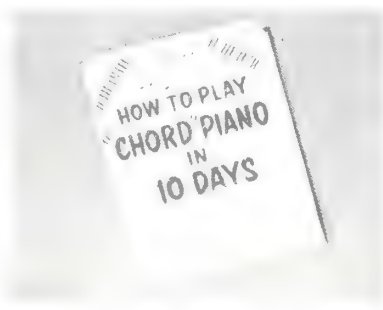


## FRENCH MAILBOX

Copy, reproduced in cast aluminum. Hand-finished in white, black, verdigris, goldspun white, pewter. Latched door, hinged knob; figures in bas relief. 14" w., 23" h., 4". Mail container, 12" x 8". $39.95, plus $2.40 post. The Patio, Dept. HG15, 550 Powell, San Francisco, CA 94108.



## MARK THE SPOTS

Travelers who use maps love a mileage meter. Just roll it along a map to translate inches to mileage—regular miles, kilometers or nautical. On reverse, a compass with luminous indicator. $3.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.




## MUSIC MAKER

Surprise friends, and yourself, by learning "chord" piano from new "chord lessons" book. Play pop tunes with your right hand as left creates rhythm of major, minor, 7th chords. $3.99 plus 75c post. Greenland Studios, Dept. 7541, Greenland Bldg., Miami, FL 33059.



## CURVE COMFORT

Caressingly soft nylon stretch lace makes a bra to wear for natural ease and control. It's ideal for sleeping as well as daytime activities. Snap front. White; A-B or C-D. $3.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## DAMASCENED CREST



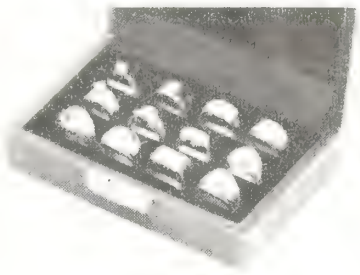
Family crest inlaid in 24k gold on black metal for handsome button set for blazer or jacket. Toledo damascene works last forever. Send copy of crest or we research. 3 big buttons, 4 small, $45 ppd. Extras $6 each. Heraldica Imports, Inc., HG1, 21 W. 46th St., New York, NY 10036.

## BELIEVE IT OR NOT



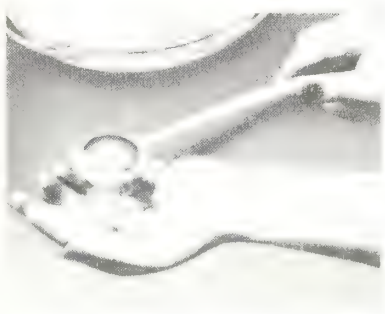

This might be the perfect way to save for that proverbial rainy day. It's a knitted sock with a change purse clasp attached to the top. The sock is long enough to hold a trove of cash. $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## HOME PROJECT



Browse through 40 color pages containing hundreds of jewelry items at popular prices. Show them to friends and co-workers so you can take care of their orders and earn money yourself. Catalogue free. Merlite Industries, HG1, 380 Madison Ave., New York, NY 10017.

## ICE BREAKER



Here's a time-saving, easy-to-work gadget you'll find indispensable. One or two light taps and ice for mists, juleps, shrimp or seafood cocktails is crushed in a trice. Great gift idea. $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## FRINGED COLONIALS



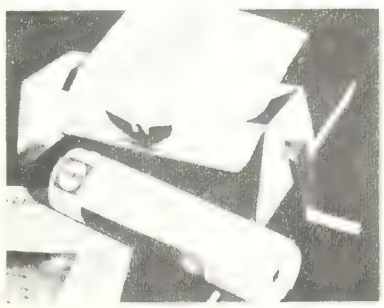
Double-knotted 4" fringe on unbleached or white muslin. 72" w. per pair; tiers, 24", $5.50; 30", $6; 36", $6.50; 45", $7; 38" cut away swag, $7. Valance, 11" by 80", $3.50. Add $1.50 post. per order. Free brochure. Old Colony Curtains, G513E, Box 759, Westfield, NJ 07090.

## ZIP!



Stubborn, hard-to-reach zippers get their come-uppance with a gold-plated chain pull to be attached before the garment is on. 18" l. To unzip, attach at top before starting. $1.69 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## FUEL SAVER



Convert old newspapers into clean-burning "logs" with an ingenious roller. Insert news sections, turn handle until log is 4" dia. Black or gold metal bin. 19" l. x 6" h. Instructions. $15.95 plus $1.25 post. Radco Supply Co., Dept. HGE, Box 362, Malden, MA 02148.





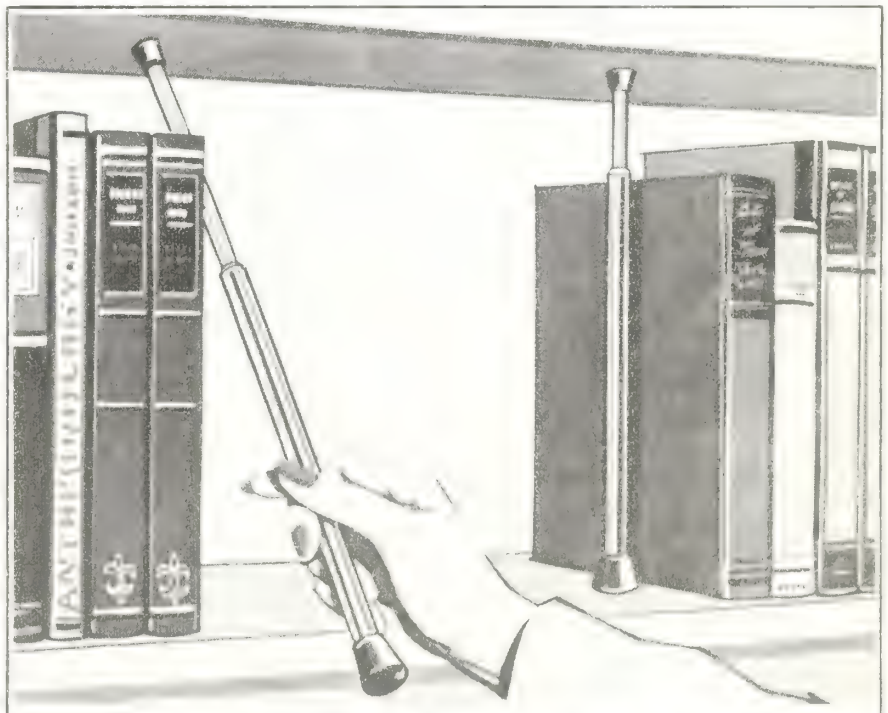

# SHRINK STOMACH

Waist Watchers will feel muscle tighten and see stomach shrink from first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups. Progress Chart included.

**Single Waist Wheel** ..... **$5.98** + **80c Mailing Each**
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Spring post bookends keep book shelves neat and orderly. Gold anodized aluminum encases a steel tension spring. Poles fit shelves from 9½" to 13½" in height. Great for big art volumes. Set of 2.

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# SHOPPING AROUND



## FAINTING SOFA

Victorian lounge of hand-carved Honduras mahogany. Regular walnut, fruitwood or white with brushed gold. Velvets, brocades, tapestries. 82" x 25¼" x 37". $559.95. Exp. coll. Catalogue, $1. Martha M. House, HG1, 1022 So. Decatur St., Montgomery, AL 36104.



## MUM'S THE WORD

Playful youngsters—chatty teenagers—are discouraged from unsupervised use of the phone when it's under lock and key. Telephone lock is metal for sturdy protection. Two keys. $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



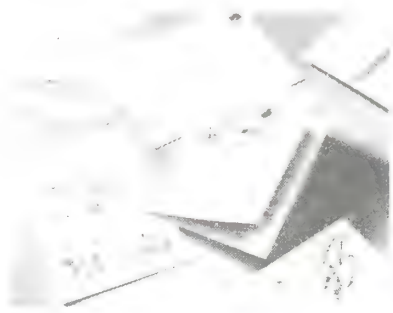
## PENSIVE FROG

Needlepoint design to do in froggy green on 12" sq. cotton canvas with Paterna Persian. $6.95 with design, wools, needle and instructions. Add 50c post. Wood frame: oak or white finish, $2.25. Purple hippo, pink elephant, oth... Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



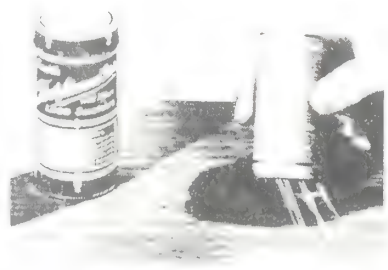
## REAL CUT-UP

If you love snipping recipes, cou... ...ids and *Shopping Around*, clipit paper cutter speeds the job. Neater and safer than scissors. Order now for your school chil dren. $1.29 plus 20c post. from Anthony Enterprises, HG1, 585 ... et St., San Francisco, CA 94105.



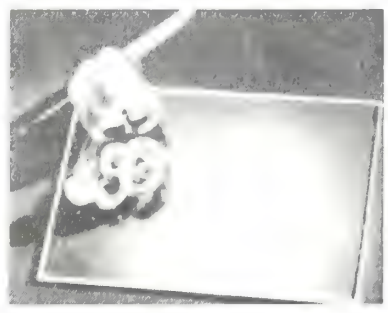
## PETITE ...

Brilliantly colored prints of Picasso works in a raised glossy finish are on white note paper for dazzling correspondence. Folded cards are 7½" x 5½". Box of 10 with envelopes, $3.98 plus 40c post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



## MAGIC TOUCH

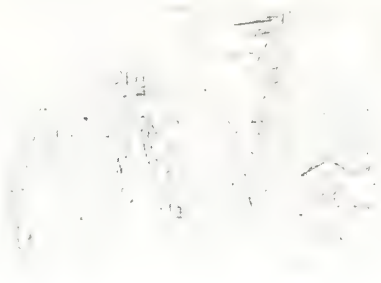
One stroke of "Almond Stick" and superficial scratches disappear from pianos, furniture, woodwork. For mahogany, walnut, oak and other finishes. Used by professionals. $1.98 plus 25c post each. Anthony Enterprises HG1, 585 Market St., San Francisco, CA 94105.



## CLEAR AS A WHISTLE

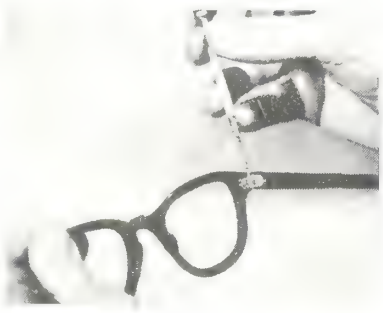
Clear Lucite cutting board that saves surfaces from scratches while you slice, chop or carve. Dishwasher safe, heat-resistant, 8" by 11" $2.50; 12" by 16" $3.95; 14" round $5.98. Ppd From Colonial Garden Kitchens, Dept. HGE1, 270 W. Merrick Rd., Valley Stream, NY 11582.

## NEW ENGLAND CHARM



Sketches of old church tower, waterfront, cobblestone street and covered bridge all reveal artist Leonard Henry's love of such typical scenes. In black and white. 9½" x 25". Set of four $3 plus 25c post. Home Decorator Service, HG1E, 606 E. State, Westport, CT 06880.

## FIX-IT KIT



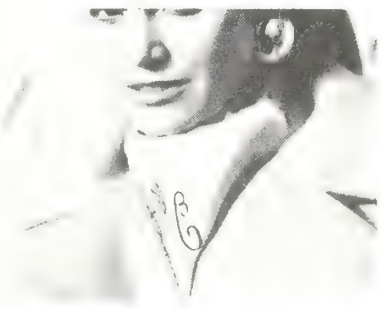
Oh, those miserable moments when eyeglass frames part company! To cope, a clever kit that helps get it all together: professional optical screwdriver and an assortment of tiny frame screws. $1.49 plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## VITAMIN SAVER



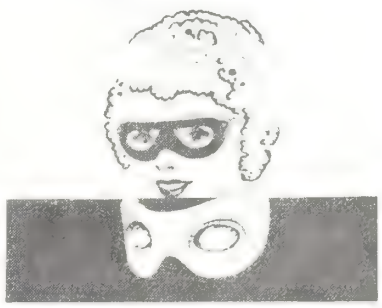
French steamer helps to retain fresh flavor and crispness of vegetables, frozen foods. Basket fits most pans, stands on legs. Aluminum; lift-out handles. $1.49 plus 35c post. Greenland Studios, Dept. 7539, Greenland Bldg., Miami, FL 33059.

## MANY ROLES



Wear long acetate satin scarf as sash or turban, too. 50" x 11". White, blue, mint, pale pink, hot pink, gold, bronze, red, tangerine, orchid, silver, avocado or black. $3.75 ppd. Monogram $1.50. Scintilla Satin Shop, Dept. G, 4802 No. Broadway, Chicago, IL 60640.

## NO MORE SUDS



Foam sponge shower goggles with clear plastic lenses permit shower takers to watch while eyes are protected from both water and soap. Self-adjusting elastic strap, one size fits all. $1.29 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## WAIST WHITTLER



The Sauna trim belt, designed to slim your midriff, inflates to cover entire waist area so it perspires. Made of washable vinyl plastic, feather-light and adjustable. $4.95 ppd. American Image Industries, Inc., HG1, 276 Park Ave. So., New York, NY 10010.

## WHAT'S IN STORE?




Take a look into the future with fortune-telling cards that friends will find fun, too. Each card has a different picture or sign for answering questions on love, happiness, finance. $2.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



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We're not making any claims, but sportsmen, socialites and actors share the copper craze. They swear by some magic mumbo-jumbo, copper gives aches and pains the brush off. 100% pure copper.

**MEN'S COPPER BRACELET** ..... **$3.98 + 30¢ Mailing Each**
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# WIPE AWAY BURNT-ON GREASE

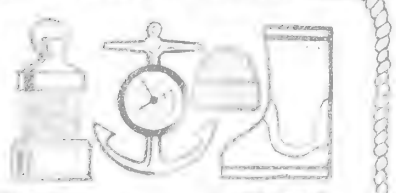
New miracle cleaner for aluminum, chrome, stainless steel, cast iron, porcelain enamel, solid copper and brass. Removes carbonized grease and encrusted build-up fast from frypans, waffle irons, skillets, burner wells and rings, barbecue grills, etc. Will not darken or pit utensils. 7 oz. can.

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Sizes 8-18

**$20**
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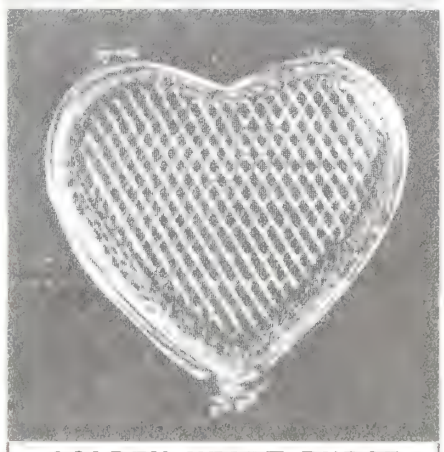


# BIRDSEED BUCKET

**HOLDS 10 POUNDS**

Even keeps pet food dry too—Red metal with cardinal motif. Handle for convenience. 10" high. $10 plus $1 shipping. Catalog 50¢ redeemable with order.

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## GOLDEN HEART PURSE

Golden mesh purse for pocket or tote will carry keys, change, lipstick, rosary, etc. Easy to find in busy handbag.
Rigid golden metal mesh purse, heart shape, 3¼" x 3¼", with golden clasp. Wonderful Valentine gift. **$2.95** each; **$12.95** for five, ppd.

*Elizabeth Mc Caffrey*
Dept. HG-1
Northport, New York 11768

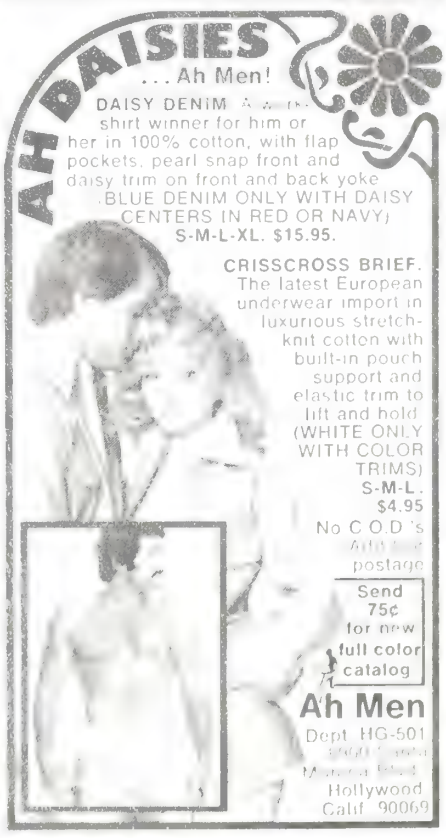
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DAISY DENIM ... shirt winner for him or her in 100% cotton, with flap pockets, pearl snap front and daisy trim on front and back yoke. (BLUE DENIM ONLY WITH DAISY CENTERS IN RED OR NAVY) S-M-L-XL. $15.95.

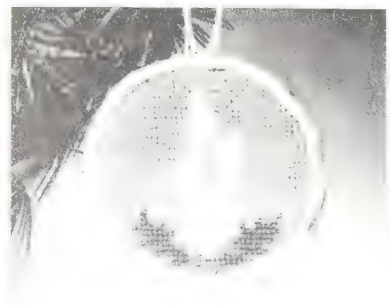
CRISSCROSS BRIEF. The latest European underwear import in luxurious stretch-knit cotton with built-in pouch support and elastic trim to lift and hold. (WHITE ONLY WITH COLOR TRIMS) S-M-L. $4.95

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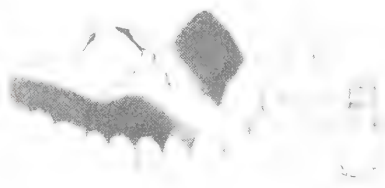
**Ah Men**
Dept. HG-501
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Hollywood
Calif. 90069

# SHOPPING AROUND



## LIGHT FOR 1975

Dated needlepoint ornament kit, fourth in series. Hand-painted Christmas candle on white tape-bound canvas with white yarn for candle, coral ground; needle; felt backing. 3½" dia. #9955. $5 plus 25c post. 1974, '73, '72 series also available. Downs, Dept. 1401, Evanston, IL 60204.



## WHOLE TEETH

Emergency repair kit for plastic dentures replaces loosened teeth in upper and lower plates, fixes cracks. Easy to use. Keep a kit on hand at all times. Indispensable for travelers! $1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



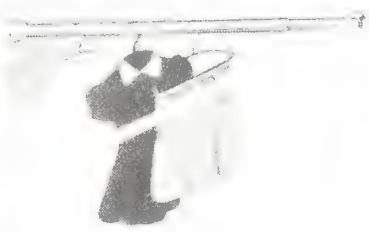
## TAKING STOCK

An inventory supports fire and theft claims. My-Complete Household Inventory makes it easy to list possessions room-by-room, record financial information, 8½" by 5½". $12.50. Name in gold, add $1. Ppd. Personal Records Ltd., HG1, 1075 W. Fifth Ave., Columbus, OH 43212.



## SOLID BRASS SPRAY

Personalized mist sprayer for indoor plants is in solid brass and ready for three old English initials (please print). 6" h. and lacquered to preserve shine. Spray delivers a gentle film of mist. $3.98 plus 50c post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



## DRIP-DRY ROD

Perfect solution for drip-dry garments, sheer curtains, hosiery. Adjustable 25" to 31" chrome-finished bar, hooks over shower rod, locks in place. No screws or adhesive; garments drip in tub. $3.98 plus 50c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.




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Kinlen Co. • Dept. HG-15B
809 Wyandotte • Kansas City, Mo. 6410

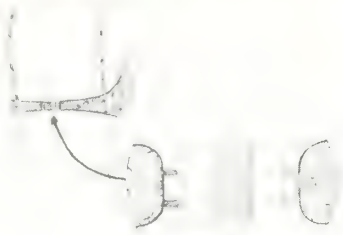
## SHOPPING AROUND

### BOUQUET MAKER



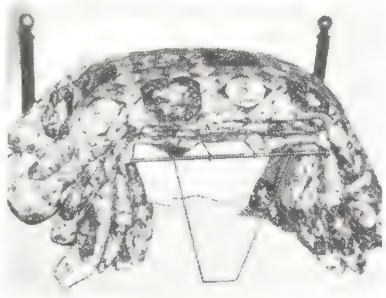
Needlepoint flower on 14-mesh canvas has perky yellow pollen center, pretty petals and leaf. Use your own yarn and ideas to stitch it, then add others. All 16″ tall. $4.50 plus 50c post. Free 1975 catalogue. Needlepoint Shores, Dept. GG, Box 123, Wayzata, MN 55391.

### E-X-T-E-N-S-I-O-N



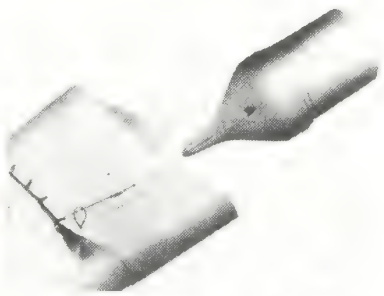
Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

### SECRET SPREAD REST



What a great idea! A caddy that hides beneath mattress of beds with low (or no) footboards. Slip it out at bedtime for a bedspread rack to simplify morning make-up. King, queen, double beds need two. $7.83 ea.; two $14.83. Add 90c post. Garrett's, HG1, Box 12274, Dallas, TX 75225.

### QUICK STITCHES

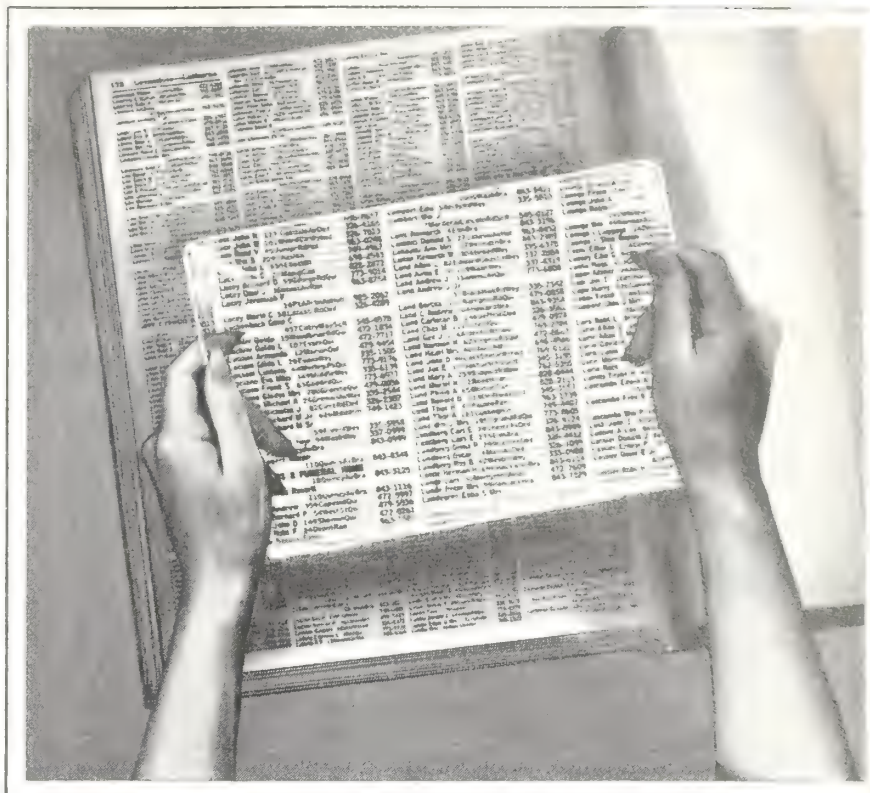


E-Z Stitcher makes hand-sewing a breeze. It holds a full spool of thread and uses a regular sewing machine needle, making a loop stitch similar to knitting. Use for hems, basting, applique. $1.29 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

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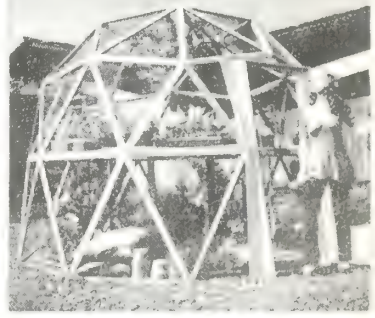
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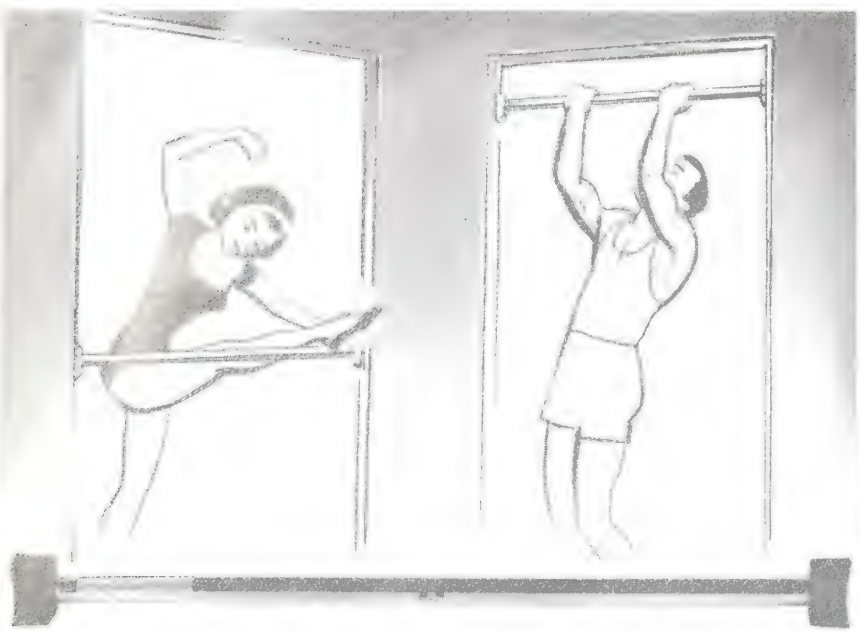
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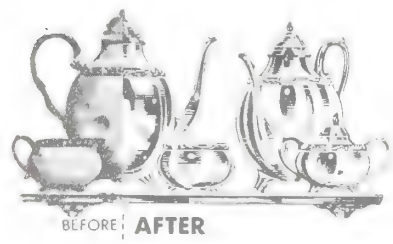
## I.Q. of 145 and Can't Remember?

A noted publisher in Chicago reports there is simple technique for acquiring a powerful mem ory which can pay you real dividends in bo business and social advancement and worl like magic to give you added poise, necessa self-confidence and greater popularity.

According to this publisher, many people c not realize how much they could influenc others simply by remembering accurate everything they see, hear, or read. Whether business, at social functions or even in casu conversations with new acquaintances, the are ways in which you can dominate eac situation by your ability to remember.

To acquaint the readers of this publicatio with the easy-to-follow rules for developir skill in remembering anything you choose remember, the publishers have printed full de tails of their self-training method in a ne booklet, "Adventures in Memory," which wi be mailed free to anyone who requests it. N obligation. Send your name, address, and zi code to: Memory Studies, 555 E. Lange St Dept. 752-00, Mundelein, Ill. 60060. A pos card will do

# SHOPPING AROUND



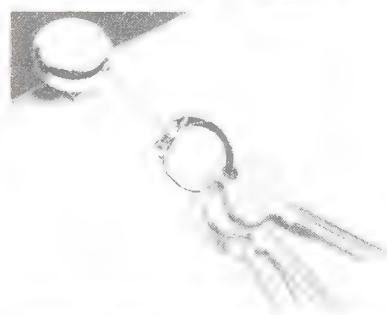

### SILVER PLATING SALE

For a limited time only silver plating at sale prices. 100% guaranteed; dents are removed at no extra charge. It is a perfect time to have heirlooms fixed and quadruple silver plated. Free price list. The Senti-Metal Co., Silverplating Div., HG1, 1919 Memory Lane, Columbus, OH 43209.



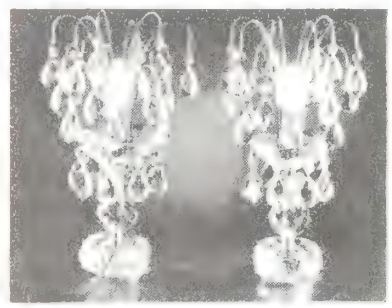
### EVER READY

Walnut stained hardwood holder with brass hooks holds up to 24 belts at the ready for selection. 8″ by 5½″ by ¾″, it may be hung in closet or on the back of the closet door. $5.95 plus 70c post. Sleepy Hollow Gifts, HG1, 6651 Arlington Blvd., Falls Church, VA 22042.



### REEL-Y HANDY

Practical key holder does away with fumbling and groping. Reel clips inside purse: unreels keys, automatically rewinds into case. Does away with fumbling. Clip to bag, pocket or belt. $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### BOUQUETS OF LIGHT

Hand-cut crystal showered with prisms gives a soft diffused light. Bulb is almost concealed by the crystal flower-like drops. 16½″ h. 9″ dia., $39.95 a pair. Exp. coll. Perfect anniversary gift. Catalogue 25c. Luigi Crystal, HG1, 7332 Frankford Ave., Philadelphia, PA 19136.

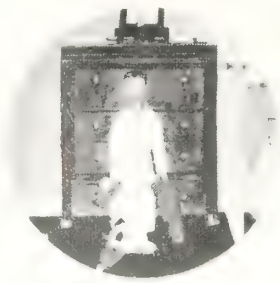


### ENLIGHTENING PEN

By daylight, a nifty ballpoint—but whisk it into darkness and it shines! Chrome-plated satin finish pen comes with penlite battery and refill. Great for jotting middle-of-the-night brainstorms. $5.98 plus 40c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

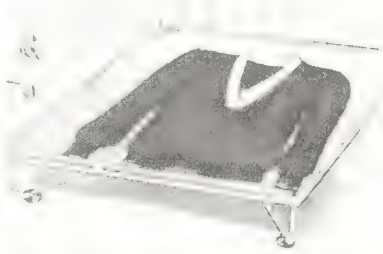
# SHOPPING AROUND

## FIRST EDITION



For collectors: the famed Norman Rockwell picture, "Truth about Santa," now in 8½" dia. plate. Fine translucent china, alive colors. $19.50 ppd. Write for "Platter Chatter" with complete price list. Edd, the Florist, Inc., HG1, 823 North Court, Ottumwa, IA 52501.

## NET EFFECT



Sweaters dry in a breeze on a fabulous frame that lets air circulate through fine net. 24" x 24"; reinforced corners fit over metal frame that's hinged to fold flat. Ideal for stockings. $3.98 plus 50c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## ONLY NATURAL



For centuries now, the people of Bethlehem have carved beads from olivewood. Rich grain slightly varnished for increased beauty and wear. Perfect accent for dress or sweater. 46" l. $3.95 ppd. Shopping International, Inc., 876 Shopping Intl. Bldg., Norwich, VT 05055.

## HIDDEN ASSETS



Adjustable money belt is worn under clothing around waist. Inner pockets hold folded bills or important papers. For men to wear under business suits, ladies to conceal beneath dark slacks. $3.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## LINGERIE HOLDERS



Bra and slip straps stay put with lacy white fabric pads that slide on easily. No cutting, tenderness or drooping straps. One size fits everyone. No straps, no fasteners. Shoulders stay smooth. $1.49 pr. plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



# MEN AND WOMEN'S MONEY HOLDERS

Bosom Money Cache snaps onto the bra or slip straps. Holds folding money or other valuables. Plastic lined with a fold-over flap. Washable. Also Men or Women's Adjustable Money Belt with zippered compartments.

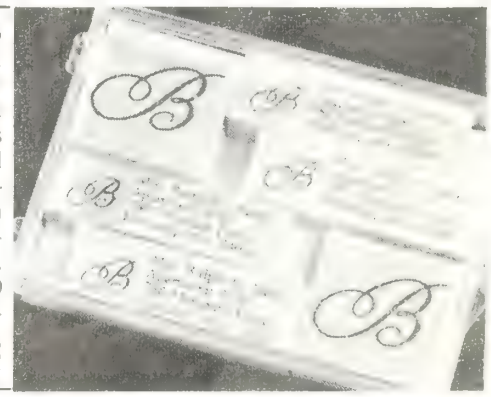
**Bosom Money Holder . . . . $1.98 + 20¢ Mailing**
**Men or Women's Money belt . . $3.98 + 30¢ Mailing**

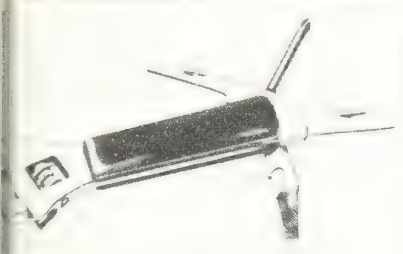
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**GOLDEN OPPORTUNITY** to stock up on a supply of elegant name and address labels. The set includes 250 black on gold 1½x ½" script initial address labels and 125 matching gold initial 1x1" envelope seals. [To 20 letters per line, 4 lines] We use them to personalize everything—stationery, checks, to identify books. Packed in 2x3" plastic box, $3.50 ppd. Via air add 52¢. Bruce Bolind, 21 Bolind Bldg., Boulder, Colo. 80302. Thank you kindly!





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A novel, precision made 7 IN 1 WRENCH OL has been recently introduced by JAMES HAYNES, Import Export, in Savannah nessee.

This combination tool comes with a crescent nch, bottle opener, phillips screwdriver, ide ular screwdriver, knife and punch.

t's lightweight yet rugged enough for any plus it is small enough to be easily carried pocket, purse, brief case or glove compartment.

The 7 IN 1 WRENCH TOOL is made of ong nickel plated steel for long rust free life d it also has a vinyl handle for a non-slip p. It measures 6½ inches overall and its mplete price is only $8.98 each plu 50¢ for ttage and handling.

This unique tool is available from:

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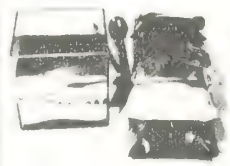
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Optional bias skirt, lined, tucks top inside or out for different look.

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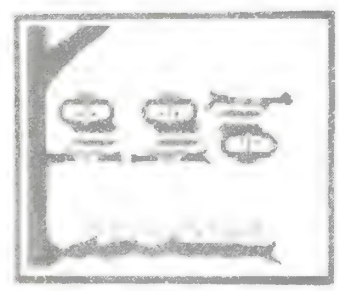
### WALKABOUT STROLLER

"Debra," has 1¼" wedge heel, zigzag rubber sole. Widths AAAA-EE, 2½ to 12. Smooth trim grain calf. Beige with otter, bone with malt; navy with light blue; white; black. 2½-10, $26.95; 10½-12, $27.95. Add $1 post. Free catalogue. Solby Bayes, HG1, 45 Winter St., Boston, MA 02108.



### STRETCH SAUNA SUIT

Zip into a uniquely designed sauna exercise suit and go about chores or relaxing and excess body moisture is shed. One size fits all and you get diet and exercise books, too. $8.98 plus $1 post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



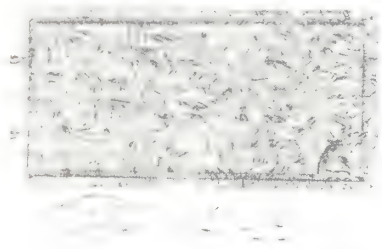
### NEEDLEPOINT FUN

Kit with amusing picture and legend "Nobody's Perfect," hand-painted on 12-mesh white interlock canvas. Persian-type yarns, yellow, brown, greens, and white; needle; complete instructions. Finished size 10" x 12". $17.95 plus $1 post. The Stitchery, HG1, Wellesley Hills, MA 02181.



### SAFETY FIRST

Keeps those dangling electrical cords off the floor and out of the way with cord shortener that holds up to three feet of cord. Just wind excess cord around shortener. Only $1.49 for set of six plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### ARTFUL CARVER

Danish teakwood carving board is a gourmet delight. With support feet and grooved gravy well, it's 24" x 12" and comes with stainless steel knife and fork. Looks great hanging up, too. $26.95 plus $1 post. Sunset Cove, HG15, 8645 E. Lee Lane, Tucson, AZ 85715.




The **SAFE 2-Way PET DOOR**

## FlexPort

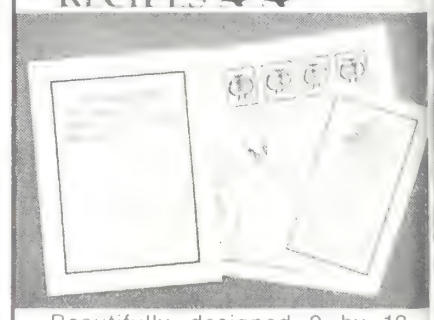
Why be a doorman for your pet? FlexPort ends scratched doors and whining. Keeps out flies, wind, rain. Gives you and pet complete freedom. Soft plastic triangles close gently and tightly. Easily installed. Send for free folder.



**TUREN, INC., DEPT. HG1**
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A PORTFOLIO OF THIRTEEN KITCHEN-TESTED RECIPES

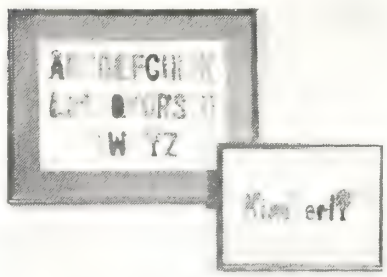


Beautifully designed 9 by 12 inch recipe portfolio. Thirteen separate and distinct gourmet delights printed in up to 4 bright colors on various size heavy white paper. Suitable for framing, wall groupings, decoupage, or preparing gourmet delights. Great gift or collectors' item. Only $6.95 plus 25¢ postage.

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West Des Moines, Iowa 50265

### WHO'S ZOO?

Water color animal alphabet spells names (specify) in bright colors. 9″ x 12″, matted, up to eight letters, $4.95; more letters, each 50c. Entire alphabet, capitals or small letters matted, 14″ x 18″, $10.95. Add 75c post. Lauras Loveables, Dept. 1, Box 7381, Las Vegas, NV 89101.



### LIGHTHEARTED

Lovely ivory-look pendant on a matching circlet, its back opening clasped securely by a fine golden circlet. Golden base-metal accents the 2″ x 2½″ heart. An ideal Valentine gift. #F1039-7k. $6.95 plus 85c post. The Helen Gallagher Collection, Dept. F588, Peoria, IL 61632.



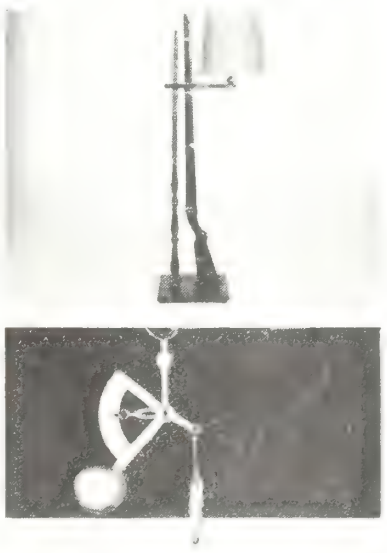
### MONEY MINDER

Dollars collect under a handsome dollar sign magnetized money clip that keeps it all together. Gold-finish dollar sign is on 2½″ metal clip to hold paper bills poshly. $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### ON TARGET

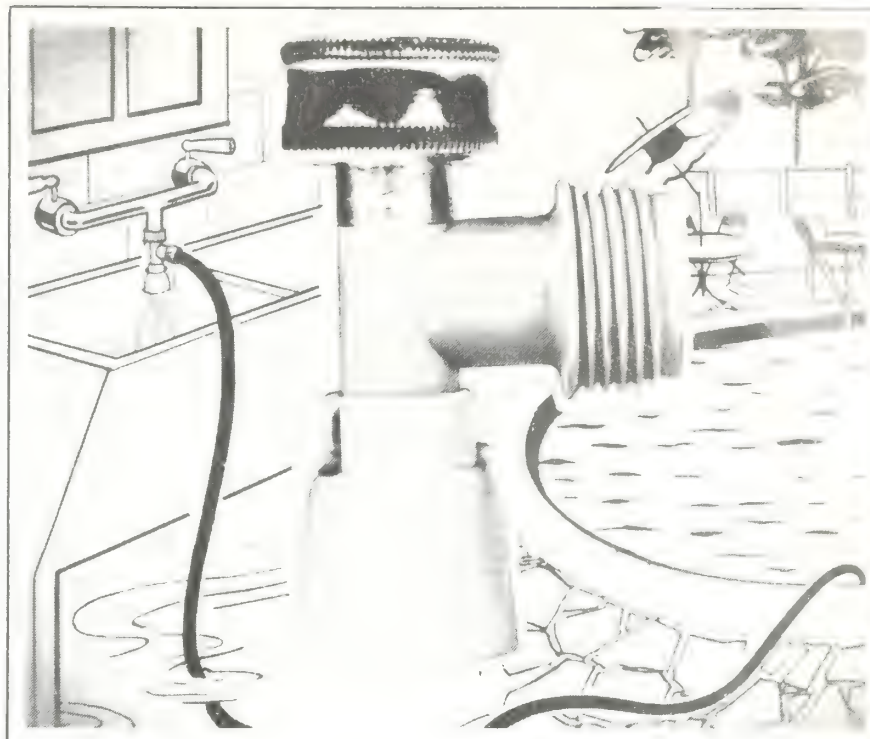
Rifle lamp holds musket on its 56″ h. maple stand. Musket is 40-cal. with 36″ barrel. Natural burlap shade. Combination lamp and musket, $79; lamp only, $33; musket only, $49. Ppd. The Muller Co., HG1, 11 Dogwood Hollow Lane, Miller Place, NY 11764.



### WEIGH AWAY

Hand postal scale checks postage for your lengthy letters wherever they go. Shows ounces (up to 4) on one side, grams on other. A must for compulsive writers, a nice travel gift. $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.





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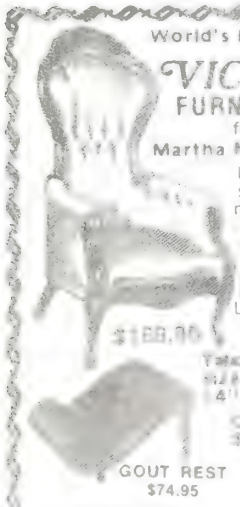
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### HIGH AND AIRY

Trio of plant hangers comes with 6" dia. white drip-proof trays supported by transparent nylon cords. Hang plants together or around a room for garden look. Set of 3, $3.95 plus 40c post. Home Plant Displayers, HG1, 51 E. 42nd St., New York, NY 10017.



### ROLL 'EM!

Do your bit for ecology: recycle newspapers into fireplace logs. Black metal log roller makes it easy; comes with 200 wire ties. Looks great with its maple finish handles. $29.95; 500 extra ties, $6.95. Add $1.50 post. Holiday Gifts, Dept. 301-J, Wheat Ridge, CO 80033.



### SH-H-H PEACE

Silence is golden, but these days we get precious little of it. Soft, pliable silencers slip into the ears, have an easy-to-grasp flange for safety. Slip them in every night for refreshing sleep. $1.98 a pair plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



### FRESH IDEAS

New two-piece acrylic "display-ettes" retain moisture for perishable main dishes, desserts, appetizers; also work with fruits, artificial flowers! Platter or bowl base, 9" dia., $9.95; 12", $13.50. Ppd. The Gift Scene, HG1, 1836 Forestdale Dr., Box 1011, Encinitas, CA 92024.



### QUICK TRIM

Handy hair-trimmer does the job professionally in minutes. Made in Sweden, fine quality, adjustment for regular trim, medium, scalp-close. Trims as it combs. Mom can do the job or Dad. $2.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

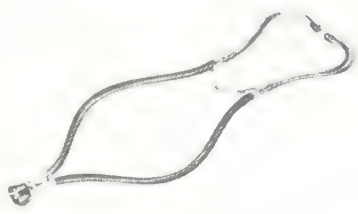
# SHOPPING AROUND

## "COTTAGE" KIT



Needlepoint handbag, plastic canvas. Persian-type yarns in gold, white, red, grays, green, brown; gold felt lining; base studs; brass fastener; plastic handle; needle; instructions. 8¾" x 4" x 8½" h. $13.95 plus $1 post. The Stitchery, HG1, Wellesley Hills, MA 02181.

## STETHOSCOPE



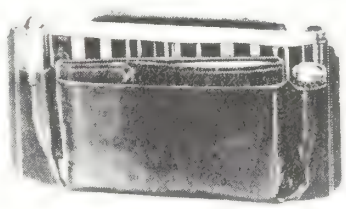
Young and old alike learn the mysteries of the heart with an authentic stethoscope. Just like doctors and nurses use. It's fitted with rubber hose, chrome plate fittings, plastic ear caps. $5.98 plus 30c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## WALL WIZARD



Like magic, wall-mounted rack holds all sizes of magazines neat and handy. Lucite rack, 11½" x 10¼" x 3", is clear for easy selection; solves space problem; comes with mounting screws. $11.98 plus $1 post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

## HELP'S AT HAND



Changing handbags is hazardous, especially if you tote a bureau drawer's worth of gear. If you insist, be wise with a purse organizer—seven pockets. In multi-toned fabrics. 7" by 3½". $1.69 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## PROTECTION!



Non-allergenic foam fleece mask slips over mouth and nose to protect from sick room germs, paint, cleaning fluids or garden sprays. One size fits all. Washable and reusable. $1.69 each plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.




# TUB TAPE

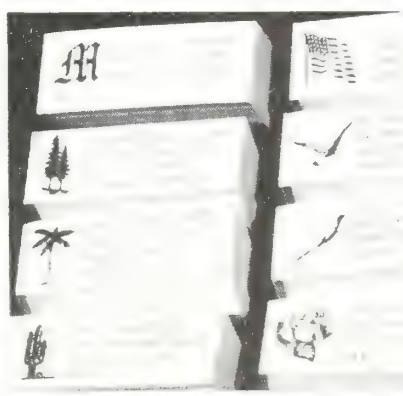
Self-adhesive white vinyl tape seals the cracks and openings around the bathtub, sink or basin. Just press tape onto surface and it's ready to work. Also Sink 'N Wall and Tub 'N Floor Tape.

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| **Tub Tape, ¾" x 11 ft.** | **$2.98** | + | **40¢ Mailing Each.** |
| **Sink 'N Wall Tape, 2" x 6 ft.** | **$2.98** | + | **40¢ Mailing Each.** |
| **Tub 'N Floor Tape, 1½" x 5½ ft.** | **$2.98** | + | **40¢ Mailing Each.** |

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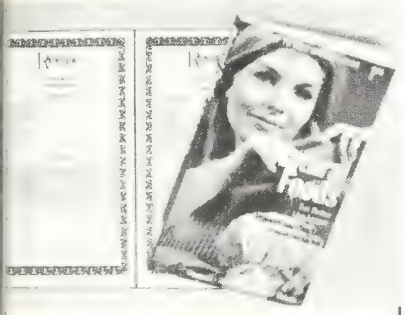
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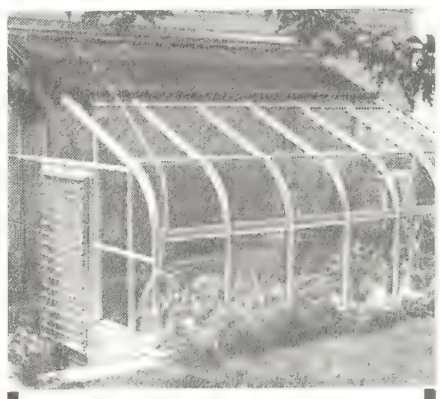


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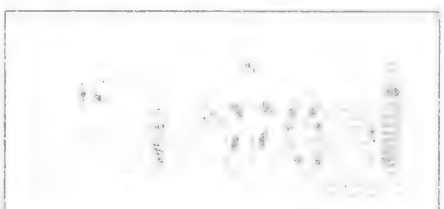
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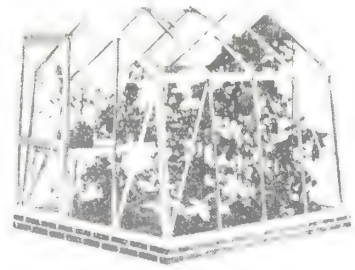


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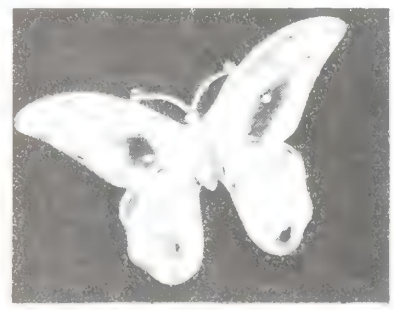
## NEVER TO RETURN

For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweez. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE-39, 5701 W. Adams Blvd., Los Angeles, CA 90016.



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Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, two needles. $3.98 plus 35c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



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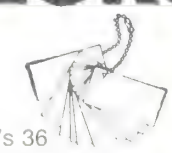
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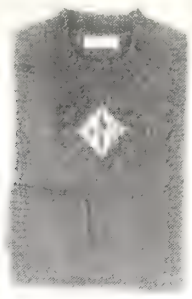
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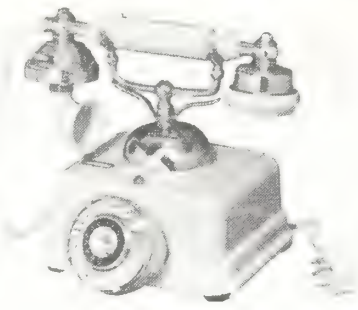
### SHETLAND PULLOVER

Crew neck, raglan sleeved Shetland wool. 36 to 40. Cream, beige or gray heather, shamrock, bluebell, ice blue, hot pink, yellow, lime, persimmon, navy. $18; white, navy, brown, charcoal monogram, $5. Post., $1.25. Underline last initial. The Talbots, Dept. EW, Hingham, MA 02043.



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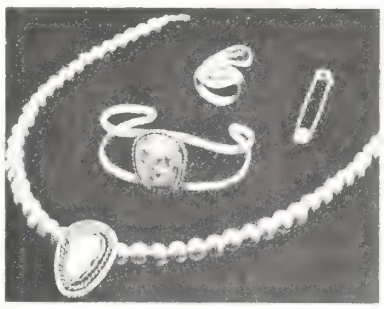
### BLANKET CONTROL

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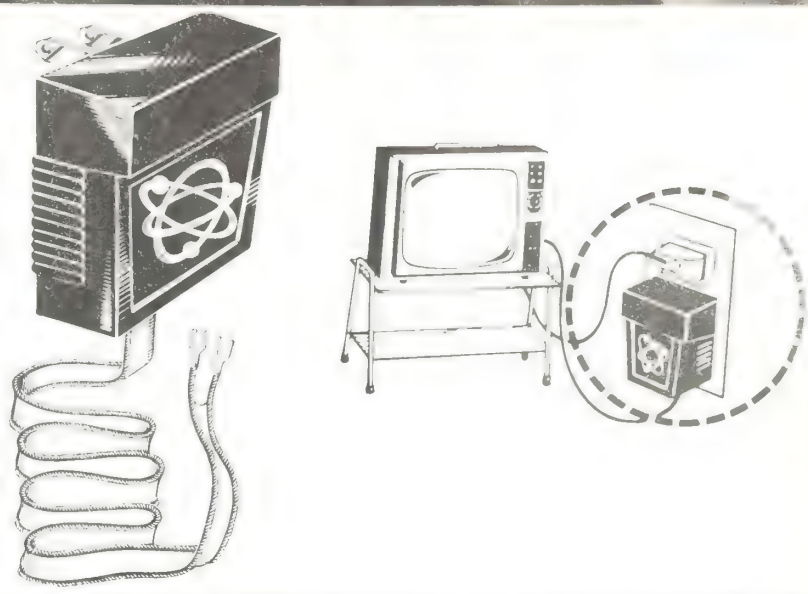


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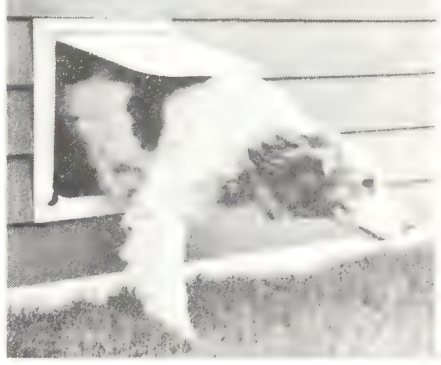
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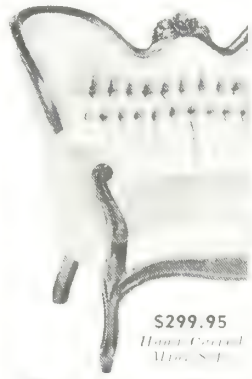
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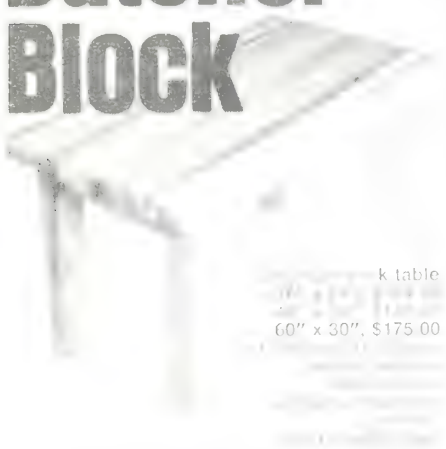
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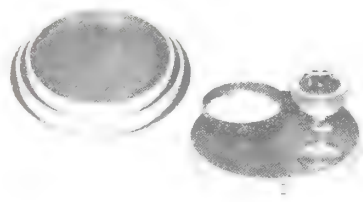
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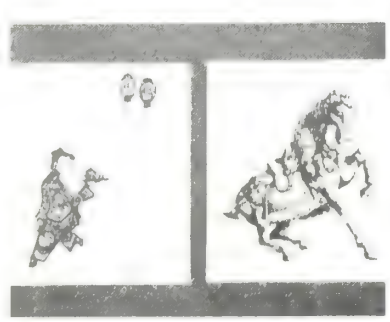
### KASHMIR CREWEL

Heavenly spreads and tablecloth are hand-worked in crewel embroidery on natural hand loomed cotton. Imported from Kashmir. Twin, $70; full, $80; queen, $90; king, $100. 70″ dia. cloth, $50; 90″, $60. Ppd. Catalogue, swatch 50c. Gurian's, HG1, 276 5th Ave., NY 10001.



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### BATIK ART

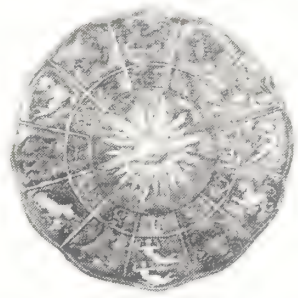
Beautiful hand-dipped colors on textured cloth express the ancient art of batik painting by skilled Oriental artisans. A unique touch for any wall. 14″ by 17″. Other designs available. $3.95 plus 60c post. World Art, HG1E, 606 E. State, Westport, CT 06880.

## TWISTY KEY RING



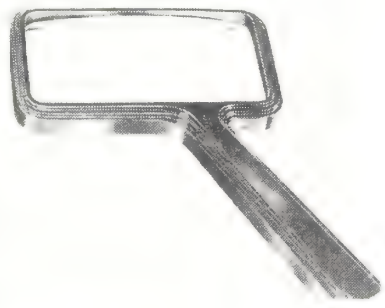
Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.49 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

## STAR ATTRACTION



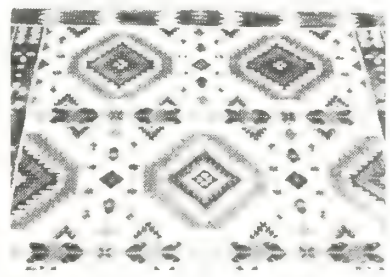
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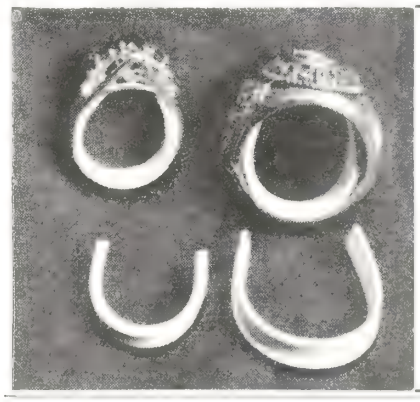
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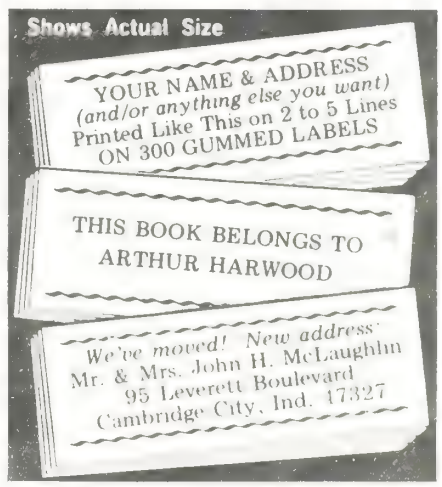


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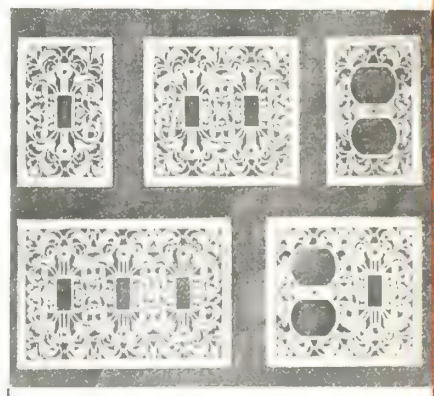
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# building facts

**Materials and equipment used in the house, page 16**



*Music in the area has been performed from a stereo system. At left, placed in the couch-bookshelves, the KLH model 23A includes a KLH solid-state powerhouse receiver, Garrard changer, and two KLH loudspeakers matched overall for vertical or horizontal placement, with removable grille panels. The entire system costs $585.90. At the barn windows, eight narrow slat blinds perform the job of letting in enough light while cutting out glare, or if necessary, an unattractive view. They're made of aluminum, come in any of over 100 different colors, with a wand tilting mechanism. Riviera Blinds by Levolor.*

ARCHITECT: Emil Hinchman Associates
INTERIOR DESIGNER: Charles Moore
CONTRACTOR: Yankee Environmental Systems, Inc.
SIZE OF HOUSE: 1,500 square feet
SIZE OF LOT: 1 acre

**STRUCTURE**

**Foundation:** Reinforced poured concrete piers, concrete wall and concrete foundation walls.

**Framing:** Southern pine post-and-beam frame and conventional frame construction.

**EXTERIOR OF HOUSE**

**Exterior walls:** Cedar clapboard siding by Georgia-Pacific Corp. Insulated 2-by-6-inch studs, 16 inches on centers.

**Exterior finish:** Stain.

**Roof:** Built-up roofing.

**Decks:** Redwood.

**Insulation:** Fiberglass batts in walls and roof.

**Windows:** Aluminum frame, fixed glass panels and casement windows with bronze finish, sliding glass doors, screens by North American. Front door, 1¾-inch, solid-core pine.

**INTERIOR OF HOUSE**

**Interior walls:** ½-inch dry wall wallboard.

**Interior finishes:** In major rooms, white; in basement, willow print.

**Floors:** Cotton fabric-backed floor covering panels of "Flashtex," ¼-inch Douglas fir-backed with ¼-inch Plywood Classpaper, Inc. 2-by-4-inch wood tiles 16 inches on centers, and ½-inch plywood sheathing topped in living-dining, kitchen, study area by 1-inch thick, random-width pine boards; in other rooms by carpet.

**Lighting fixtures:** Track lighting and other ceiling fixtures by Prescolite Mfg. Co.

**Fireplace:** Second-hand brick from old Boston building.

**Hardware:** Dexter Lock Div. Kwikset Industrial Corp.

**Kitchen cabinets:** Custom-made base cabinets of Vermont hardboard.

**Kitchen countertops:** Maple butcher block.

**Plumbing fixtures:** In kitchen, stainless steel double sink; in bathroom, fixtures by American Standard Inc.

**MECHANICAL EQUIPMENT AND APPLIANCES**

**Appliances:** Thermador cook-top range with built-in oven, under-cabinet hood and fan, and Thermador refrigerator-freezer; Dynamic Corp. trash compactor; Kenmore dishwasher and Whirlpool Corp. clothes washer and dryer; Peerless Mfg. Div., Westinghouse Air Brake Co. disposer; Delta Faucet Co. kitchen sink fixtures; Moen Div., Standard Screw Co. bathroom fixtures; Chromcraft Corp. kitchen table and chairs; Kroehler Mfg. Co. living room furniture; Simmons Co. bedroom furniture; Sunbeam Corp. vacuum cleaner; Hoover Co. floor polisher; Sylvania Electric Products Inc. lighting fixtures; Lightolier Inc. track lighting; Lutron Electronics, Inc. dimmer controls; Honeywell heating system; Dunham-Bush, Inc. heat pump; Carrier Air Conditioning Co. air conditioning; Ruud Mfg. Co. water heater.

**Materials and equipment used in the house, page 71**

ARCHITECT: David H. Fukui, Hobb-Fukui Associates
INTERIOR DESIGNERS: Roy E. Strom and Judith L. Davison
LANDSCAPE ARCHITECTS: Richard Haag Associates
CONTRACTOR: John Reed
SIZE OF HOUSE: 1,150 square feet
SIZE OF LOT: 11 by 100 feet

**STRUCTURE**

**Foundation:** Concrete columns and concrete foundation walls.

**Framing:** Wood frame Western platform construction.

**EXTERIOR OF HOUSE**

**Exterior walls:** 1-by-4-inch tongue and groove Western red cedar siding from Mann Lumber Co.

**Exterior finish:** Semitransparent white stain, "Olympic 900" by Olympic Stain Div. of Comerco, Inc.

**Roof:** Built up roofing; layers of composition asphalt by Crow Roofing Co.

**Decks:** Fir board.

**Insulation:** In walls and exposed floors, flexible blankets of glass fiber; on roof, rigid glass fiber board by Owens-Corning Fiberglas Corp.

**Windows:** Aluminum frame, white enamel finish, fixed glass panels and casement windows by H and D Co.

**Skylight:** Aluminum frame, white enamel finish, standard greenhouse component by Jack Williams and Co.

**Doors:** Front door, aluminum frame folding door with obscure glass; glass door to catwalk, aluminum frame, white enamel finish, storefront door by H and D Co. In living room bay, aluminum frame sliding glass doors from Jack Williams and Co.

**Garage door:** Hand operated, roll up by Stanley Door Systems.

**INTERIOR OF HOUSE**

**Walls and ceilings:** Dry wall, gypsum wallboard.

**Interior finishes:** Walls in gallery, living-dining areas, kitchen, pale yellow; in master bedroom, wood cloth in mushroom color by J. H. Thorp Co.; in study-guest room, linen covering by Carnegie Co.; in bathroom, vinyl covering in custom color by Norton-Blumenthal Co.

**Floors:** In entrance gallery and bathroom, 6-by-6-inch white ceramic tile by Pomona Tile Mfg. Co.; in living room, bedroom, study-guest room, wall to wall carpet by Kent Carpet Co. In dining area and kitchen, white oak hardwood by Kelley Goodwin.

**Lighting fixtures:** In living, dining, kitchen areas, recessed track lighting in ceiling by Halo Lighting Div., McGraw-Edison Co. In living room bay, recessed cylindrical ceiling light by Prescolite Mfg. Co. In gallery, outdoor floodlights by Steber Co. Dimmer controls by Lutron Electronics, Inc.

**Fireplace:** Ready-made metal unit, Manchester-Pierce, Majestic Co., Inc.

**Hardware:** Door latch sets by Sargent & Co., cabinet hardware by Colonial; bathroom hardware by Dryad.

**Music system:** Portable system: receiver-tuner by Fisher, turntable by Dual, cassette tape deck by Advent, speakers by KLH.

**Kitchen and bathroom cabinets:** Wood, custom made, painted.

**Kitchen and bathroom countertops:** In kitchen, plastic laminate by Wilson-Art; in bathroom, Micarta plastic laminate by Westinghouse Electric Corp.

**Plumbing fixtures:** In kitchen, double sink by Kohler Co. In bathroom, lavatory by American-Standard, Inc.; glass fiber tub by Borg-Warner Corp.; mixing faucets by Moen Div., Standayne Co.

**MECHANICAL EQUIPMENT AND APPLIANCES**

**Appliances:** Range with oven, refrigerator, food waste disposer by Frigidaire Div., General Motors Corp., dishwasher by Whirlpool Corp. Laundry washer and drier by General Electric Co.

**Water heater:** 66 gallon tank by National Glasteel.

**Heating system:** Forced warm air heating system in two zones. Two furnaces, one for each zone and floor level by Dunham-Bush, Inc.; two thermostat controls by Honeywell.

**Materials and equipment used in the house, page 76**

ARCHITECT: Terence J. Williams, Wade Stockdill Armour & Blewett
INTERIOR DESIGNERS: Terence J. and Elizabeth Williams
CONTRACTOR: Paul Barbieri of Seaboard Construction Co.
SIZE OF HOUSE: 2,000 square feet
SIZE OF LOT: 39 by 200 feet

**STRUCTURE**

**Foundation:** 8-inch poured concrete walls dowelled to exterior rock base.

**Framing:** Standard wood frame construction with plywood sheathing.

**EXTERIOR OF HOUSE**

**Exterior walls:** Stucco-plaster on metal mesh applied over plywood sheathing. Stucco-plaster troweled on cathedral textured coat thrown on by brush.

**Exterior finishes:** "Olcote" preservative by Pratt & Lambert, Inc. "Cedartone" stain by Olympic Stain Div. of Comerco, Inc.

**Roof:** Red cedar shingles.

**Insulation:** Glass fiber batts in walls, 4-inch, in roof, 6-inch.

**Windows:** Cedar framed fixed glass and glass louver operating windows.

**Skylights:** Fixed, clear plastic skylights by Perspex.

**Doors:** Exterior bronze finish aluminum frame sliding glass doors by Westeraft.

**INTERIOR OF HOUSE**

**Interior walls:** Dry wall, wallboard. In bathroom, end wall of diagonally laid mahogany boards and black matt finish plastic laminate by Arborite around tub.

**Ceilings:** On all flat ceilings, 1 by 6-inch cedar boards; on sloping ceilings dry wall, wallboard.

**Floors:** In entrance hall, living room, kitchen, bathroom, brick-shaped ceramic tile by Carl Buckplate Co. In bedroom, wall to wall carpet.

**Interior finishes:** White paint by Dicker & Martens Paint Co., Ltd.

yurethane preservative on wood rds, cabinets, stair rail by Bafco l. Paint Co.

**usic system:** Portable stereo sys- -tuner by Beomaster, turntable by orens, speakers by Wharfedale.

**binets:** In kitchen, bathroom, and vder room, cabinets custom made Japanese Sen wood; kitchen stor- wall custom made of eucalyptus.

**untertops:** In kitchen, bathroom. l powder room, black, matte finish stic laminate by Arborite.

**umbing fixtures:** In kitchen, double stainless steel sink, in bathroom and powder room white fixtures by American-Standard, Inc.

**MECHANICAL EQUIPMENT AND APPLIANCES**

**Appliances:** Built-in wall oven, 4-burner electric cooktop, refrigerator, laundry washer and drier by Westinghouse Electric Corp. Ventilating exhaust fan by NuTone, Inc.

**Heating system:** Forced warm air heating system with oil burner fired furnace by Lennox Industries, Inc. Controls by Honeywell. ■

# Shopping information

***All prices approximate. *Consult your interior designer or store decorating department. Postage indicated by ( ).***

**IE YANKEE BARN**

**ges 46-47:**

**ing Room**

**fa:** 90″ x 39″ x 28″ high, upholstered gray and white Herculon fabric, on sters. $550. From the "Oxford" group Kroehler. **"Slouch Couch" sleep- sofa:** 79″ x 37″ x 39½″ high, upstered in gray and white Herculon ric, has 60″ x 72″ mattress. $779: **omans:** 30″ x 40″. $150 each. Both Kroehler. **"Gloria" armchair:** 26″ 33″ x 33½″ high, natural wicker me; **armchair:** shown in alcove, ″ x 33″ x 33½″, of natural wicker. th from Walter's Wicker. **Antique stle table:** 8′ x 3½′ x 29″ high, tural finish oak. $1100; **crocks and gs:** one-of-a-kind pieces imported m France; **antique candlesticks;** from Elux Putting Antiques. **Pot- y serving dish:** on trestle table. 3.50; **small pottery bowls:** on cof- table. $1.50 each. From The Pot- y Barn. **Large open basket with ndles:** containing wildflowers, $45; **tique blue/white platter:** shown coffee table, $225; **antique blue/ ite dish:** on coffee table, $30; **an- que Thai carved animal:** $180; **an- que blue/white plate:** on tree trunk ble, $38. From John Rosselli. **Tree unk table:** smoothed, natural wood, signed by London-Marquis. From ten-Clarey-Stern.* **Open wicker sket with handles:** $30. At Le enier. **Antique wooden horse:** 000. From Kelter-Malcé. **Screen- ints:** #2 and #3 from a series of 7 Karl Pfahler. $75 each. Published Edition Domberger Stuttgart. At ints On Prince Street, N.Y. **"Tree verlasting" antique quilt:** c. 1910, ″ x 76″. $575. At Nonesuch, Ltd. **Flair" architect's lamp:** 45″ ex- nsion, with wall or clamp attachment. 3; $3 attachment. By Luxo Lamps. **ntique Turkish kilim:** 15′9″ x 12′ ide; **antique kilim:** in alcove, im- rted from Afghanistan, 11′6″ x 4′10″ ide. Both from Stark Carpet.* **"Pro- incial Blossoms" (blue/white) nd "Provincial Paisley" (indigo)** **percale sheets:** From the "Paris Out of Town" collection by Martex. **"Riviera" aluminum window blinds:** slats less than 1″ wide, in white. By Levolor Lorentzen, Inc.

**Pages 48-49:**

**Living Room**

**Antique blue/white dish with scalloped edge:** on tree trunk table. $90; **antique fireplace broom:** $9. From John Rosselli. **Pair of antique andirons:** 24″ high. $250. At Edwin Jackson. **Antique decoys:** from a collection of decoys at Elux Putting Antiques. **Log basket, tree basket:** from a collection of baskets at The Pottery Barn. **Basket with begonias:** imported from the Philippines. At Banana.

**Dining Room**

**Dining table:** 68″ x 38″, X-shaped trestle base with turned wood legs; **Captain's chairs:** dark wood finished seat, gold stenciled decoration. Dining table and chairs by Temple-Stuart. **Antique blue/white platter:** $195; **open basket with handles:** $24. From John Rosselli. **Nature prints:** shown are "Eastern Cottontail" by Richard Timm; "Canada Goose," "Eastern Meadowlark," "Robin," and "Baltimore Oriole" by Richard Sloan. 22″ x 20″ limited edition collector's prints. From $50. By The Griggsville Wild Bird Society.

**Deck**

**Dining side chairs:** 20¼″ x 21½″ x 31½″ high, aluminum frame. $84. From the "Contempra" collection by Keller-Scroll. At Mayhew. **Antique wood side chair:** woven seat. From Luten-Clarey-Stern.* **Yellow enameled plates:** $1.35 each; **red enameled mugs:** $2.25 each; **carafe:** $12.95; woodhandled flatware. All from The Pottery Barn. **Open basket with handle:** from Le Grenier. **Cotton napkins:** from Henri Bendel. **Red teapot:** $15.95; **"Citromatic" juicer:** by Braun. $27. Both at Hammacher Schlemmer. **Antique spoon holder:** from Dorothy Schlesinger Antiques. **Round flat basket with handles:** on wall. At Le Grenier. **Antique kilim runner:** from a collection of kilim rugs at Stark Carpet.* **Kitchen utensils:** from The Pottery Barn unless otherwise indicated. **"Lap Naps":** may be used as a dish towel or [illegible] napkin. From the "Paris Out of Town" collection by Martex.

**Alcove**

**Primitive pine Windsor chair:** c. 1800. $285. At Dorothy Schlesinger Antiques.

**Kitchen**

**"Side-by-side" refrigerator/freezer:** 3 doors, 33″ x 29″ x 66¼″ high, photographed with barn siding trim; cantilevered glass shelves, roller wheels, separate meat temperature control. $685; **electric built-in oven:** 26½″ x 23″ x 29⅝″ high, self-cleaning, lift-off oven door, adjustable broiling temperature. $320; **electric built-in surface unit:** one 8″, three 6″ elements plug out for cleaning; 25¾″ x 21½″ x 3½″ depth; lift-up top. $80. All by Tappan. **Five-speed blender:** 7½″ sq. base, 15″ high, 48 oz. plastic container, 1 oz. measuring cap in lid; in white only. $23.95; **Four-slice toaster:** 15½″ x 5″ x 7⅛″ high, chrome body, snap-open crumb tray, "Select Ronic" toasting control. $26.95. Both by Proctor Silex.

**Kitchen cabinets and closet doors:** available in distressed white pine, spruce, or hemlock in random widths from 3″ to 14″ in standard 8′ lengths. By Vermont Barnboard, a product of WIMCO Inc.

**Pages 50-51:**

**Loft**

**Swedish floor loom:** 24″ weaving width, 12 dent reed, 29″ x 33″ x 56″ high, pine with natural finish, easy to assemble. $265. At School Products. **Covered African baskets:** large, 24″ sq. $105; small 17″ sq. $75; **large open basket containing woolen materials; small covered basket on storage units; woven pillows,** all from Luten-Clarey-Stern.* **Storage units:** 2 door cabinets, 21″ x 18″ x 24¼″ high, right and left. $210 each; chest unit, 31″ x 18″ x 24½″ high. $240. From the "Less is More" collection by Thayer Coggin. At Bloomingdale's. **Rectangular wicker basket; picnic basket:** with cover and latch closing. Both from Le Grenier. **"Pantheon" polished brass standing lamp:** adjusts from 30″ to 49″ high. $149. By Koch & Lowy. **Handcrocheted afghan:** from The New York Exchange for Woman's Work. **"Beautyrest Backcare II" twin mattress and boxspring:** by Simmons. **"True Joy" carpet:** shown in rich blue. By Patcraft Mills.

**Loft #2**

**Antique American Indian basket:** 18″ diam. $135. From Dorothy Schlesinger Antiques. **Open basket with handles:** $15. At The Pottery Barn.

**Master Bedroom**

**"Provincial Rose" and "Provincial Ribbon" percale sheets:** From the "Paris Out of Town" collection by Martex. "Provincial Rose," twin sheet, $7.50; pillowcases, $3.25 a pr; comforter, $42. At Bloomingdale's. **Wicker Parson's table:** 24″ sq. x 18″ high. At Walter's Wicker. **Bamboo pitcher:** [illegible] **basket:** [illegible] **antique blue** [illegible] **platter:** [illegible] Jean Rosselli. **"Rose"** [illegible] 22″ x 28″. [illegible] **Sculptured Grasses.** At [illegible] Prince Street. **"Pantheon"** [illegible] **standing lamp:** adjusts from [illegible] 49″ high. $149. By Koch & Lowy. **Antique American wooden bucket** with Black-eyed Susans. $90. At [illegible] thy Schlesinger Antiques. **Storage units:** white lacquered finish, designed by Milo Baughman for Thayer Coggin. At Bloomingdale's. **Baskets on chest:** imported from the Philippines by Banana. **Blue ceramic plates:** 10″ diam. $75. At John Rosselli. **Large flat open basket:** on wall. From a collection of baskets at Luten-Clarey-Stern.* **"True Joy" carpet:** 100% nylon in rich blue, used throughout Master Bedroom and Dressing Room. By Patcraft Mills. **Solid-State AM/FM digital clock radio:** 10½″ x 7″ x 3½″ high, slide volume control, 3-hr. slumber switch, 24 hr. alarm. $50. By Magnavox.

**Dressing Room**

**Acrylic bench:** 16½″ x 10″ x 18″ high. $132; acrylic accessories. At Hammacher Schlemmer. **Large open basket with handles:** holding towels. From Luten-Clarey-Stern.* **Open basket under sink:** from Banana. **Stool/basket table:** 18½″ diam. x 13½″ high. At John Rosselli. **"Provincial Leaf" bath towels:** from the "Paris Out of Town" collection by Martex. **"Beautyrest Backcare II" queen mattress and boxspring:** by Simmons.

**Pages 52-53:**

**Girl's Room**

**"Beautyrest Backcare II" full mattress and boxspring:** by Simmons. **Wicker trunk:** 42″ x 16″ x 16″ high, brass trim and hardware. Walter's Wicker. **"Fishhead Plaid" cotton fabric:** covering bed and pillows, 48″ wide, 30″ repeat. From The Design Works of Bedford-Stuyvesant for Connaissance. **Laminated window shades:** each shade measures 35¼″ wide x 6′ long, plain hem, bottom-up installation. By Joanna Western Mills, member, Window Shade Manufacturer's Association. **Red fabric laminated to window shades:** cotton sailcloth, color #24034, 54″ wide. By Stroheim & Romann.* **"Giano Vano" table:** 15½″ sq. x 16″ high, white ABS plastic, open area inside for storage. By Artemide USA. **Swing arm table lamp:** 19″ high, extends to 23½″, chrome stand. $48. By Koch & Lowy. **"Cornucopia" quilt:** 80″ x 82″, c. 1920. $250. At Nonesuch, Ltd. **Antique wooden doll:** $20. At Nonesuch, Ltd. **Toys and animals:** from a large selection of toys at The New York Exchange for Woman's Work. **Open basket with handle:** holding toys. From Le Grenier. **"Sunflower" poster:** 36¼″ x 24½″ from a series by The New York Botanical Gardens. $10. At Poster Originals. **"Daltuft II" carpet:** 100% Creslan acrylic. By Pat-

*Continued on next page*

[illegible] **Antique English** [illegible] At [illegible]

**"Yuca" AM portable** [illegible] At Macy's.

**Ottoman** [illegible] **Lamp table,** 20" [illegible] natural wood base and stretcher, $180. All from the Classic Life [illegible] **Antique horse weathervane** [illegible] At Keith Wilson Antiques. **Antique kilim rugs:** [illegible] selection at Stark Carpet. **Pastel** [illegible] Hooper, 30" [illegible] Morris Limited. Both at Design Research. **Pair of antique andirons:** [illegible] **Antique** red wool [illegible] **Antique rug in front of sofa:** Southwest American [illegible] $1000. At Dorothy Schlesinger Antiques. **Blue leather backgammon board:** [illegible] Hammacher Schlemmer. **"Log Cabin" antique quilt:** [illegible] **Antique appliqued quilt** [illegible] $425. Both at The Patchworks.

**Boys' Room and Mini Loft**

**Bunk beds:** [illegible] polyfoam mattresses and white [illegible] Bunk bed, $[illegible] At The Children's Workshop.

**"Counterpoint" Swedish cotton fabric:** covering beds, 59" wide, 5" repeat, $28.80 a yd. **"Point" Swedish cotton fabric:** covering pillows, 59" wide, 5" repeat, $28.80 a yd. Designed by Sven Fristedt and Vivianne Sjolin. From the Boras Collection at Jack Lenor Larsen. **"Giano Vano" tables:** 16" [illegible] pair, $[illegible] at [illegible] **"Sonna" flexible tube lamp:** 11" high, tube in yellow or white, shade in [illegible] By Koch & Lowy. **"Dalluft II" carpet:** [illegible] By Patcraft Mills.

**Mini Loft**

**Round** white [illegible] diam. At The Other Guy. **Stoneware butter plate:** $2.25. From a large [illegible] **Stoneware pitcher:** [illegible] **Stoneware mug:** [illegible] **Stoneware bowl:** [illegible] **Stoneware plate:** [illegible] **Stoneware cup:** [illegible] **Stoneware saucer:** [illegible] **Stoneware sugar bowl:** [illegible] **Stoneware creamer:** [illegible] **Stoneware teapot:** [illegible] **Stoneware salt shaker:** [illegible] **Stoneware pepper shaker:** [illegible] **Stoneware spoon rest:** [illegible] **Stoneware soup tureen:** [illegible] **Stoneware platter:** [illegible] **Stoneware vase:** [illegible] **Stoneware pie plate:** [illegible] **Stoneware casserole:** [illegible] **Stoneware baker:** [illegible] **Stoneware bean pot:** [illegible] **Stoneware teapot:** [illegible] **Stoneware coffeepot:** [illegible] **Stoneware sugar bowl:** [illegible] **Stoneware creamer:** [illegible] **Stoneware cup:** [illegible] **Stoneware saucer:** [illegible] **Stoneware plate:** [illegible] **Stoneware bowl

**'ablesetting:**
**8-ounce flask:** from the "Creative Glass" group. $10. By Corning. **"Orolo" goblets:** $10 each; **"Bistro 3" atware:** $18 per 6 piece setting: **Green Caughly" dinner plates:** 6.25 each. By Stangl. At Tiffany & Co. **'ablecloth fabric:** "Roman Stripe" otton fabric, 52" wide, 9" repeat, fabc quilted for photography. By Quadlle Wallpapers*. **"Seto" plate:** used s fruit plate. $180. At Art Asia: **Vera erve permanent-press napkins:** 1.75 each. Linens by Vera. **Acrylic alt and pepper shakers:** $25. By ialto Products. At Woodward & Lorop.

. **On serving cart:**
**Green Caughly"** cheeseplate, $16. ups and saucers, $6.50. 14" oval plater, $16. By Stangl. At Tiffany & Co. **Bread knife:** $13.50. At Hoffritz for utlery. **"See-Thru" Electromatic lectric percolator:** by Corning; **Nisen teak salad bowl and scoops:** at loomingdale's; antique oil and vinear cruet.

**On windowledge:**
**Oval rice basket with cover:** $24. At rt Asia; Trim Line telephone; notead; **On shelf below greenhouse indow: TV:** black and white 5" ortable. $127. By Sony. At Hammachr Schlemmer.

**'antry:**
**Roll About cart:** 18" x 13" x 30" high, white baskets. $24.95. At Hammacher Schlemmer. **Acrylic wine rack:** on loor. $20. At Bonwit Teller.

**On Cooktop:**
**3-qt. saucepan:** $13.95. From The ookmates Cookware group by Corning.

**'ages 58-59:**
. **Above glass shelves:**
**Two sake bottles with calligraphy:** 36 each. At Art Asia.
**Top glass shelf:**
**'Camelia" coffeepot:** $25. At Neiman-Marcus.
**Middle glass shelf:**
**2½-qt. Creative Glass "Glasserole":** $10. By Corning; **"Green Caughly" mugs:** $5 each. By Stangl. At Tiffany & Co. "Montaigne" Optic rystal: $12 each. By Baccarat.
**Bottom glass shelf:**
**'Creative Glass Maxi Stacker":** $9; **two "Super Stacker" sets:** $5 each. By Corning; **two brass 19th-cen. Indian cups:** $30 each; footed Persian bowl. $180. From Art Asia. **"Quartet" 9 ounce On-the-rocks glasses:** $2. At Design Research.

2. **China closet** L to R:
**Top shelf:** "Edelweiss" teapot, $62; ups and saucers, $22.50. By Ceralene. **2nd shelf:** "Creative Glass" 1 liter carafe. $8. By Corning. "Poppy" cups and saucers. $9 each; soup bowls. $5.80 each. By Vera for Mikasa. At Macy's. **3rd shelf:** "Edelweiss" cream soup bowls with saucers, $34 each. By Ceralene. "Green Caughly" deep dish pie plate, $13.50; mugs, $5 each. By Stangl. At Tiffany & Co. **4th shelf:** "Montaigne" Optic crystal wine and port glasses, $12 each. By Baccarat. "Orvolo" footed glass bowl, $36. At Design Research. **5th shelf:** Acrylic ice bucket. $15. By Rialto Products. At Woodward & Lothrop. "Ripple" tumblers, 12 ozs. $1 each. From Fitz & Floyd. "Quartet" 14 oz. highball glasses, $2.50 each. At Design Research. **6th shelf:** "Orvolo" beer mugs: $10 each. **7th shelf:** Ripple tumblers in green and yellow. $10 set of 8. From Fitz & Floyd.
**On floor:**
**Large brown sake bottle:** $90. At Art Asia. "Endzo" ABS yellow vase, $17. By Heller Designs. Custom butcher block cart, $190. By J & D Brauner; "Green Caughly" salad bowl, $24. By Stangl. At Tiffany & Co.
**Pantry:**
**Two Dixie Cup dispensers:** by American Can Co.
**Laundry Area:**
**Two yellow plastic fire extinguishers:** $17.50. By Rogin Ltd. At Bloomingdale's.
3. **On counter:**
**International Pyrexware glass soufflé:** $1.95; pyrex measuring cups, 69c. By Corning.
**Middle glass shelf:**
**Small celadon bowl:** $60. At Art Asia. 5. **Napkins:** $21 each. From Porthault.
**1st drawer:**
**Red plastic cutlery dividers:** $6.95. At Seabon.
**2nd drawer:**
**"Vera Verve" permanent press napkins:** $1.75 each. By Linens by Vera. **Green polka dot napkins:** $21 each. At Porthault.
6. **On counter:**
**Butter tub:** $27. To order through Harriet Amanda Chapman; **Italian winnowing basket:** $3.50. At Gallery 100. **Nissen beech cutting board:** at Bloomingdale's; **butcher's knife:** $9.50. At Hoffritz For Cutlery. **10"ceramic skillet:** $15.95. By Corning. **5½-qt. stainless steel Dutch oven:** $41. By Cuisinarts. At Bloomingdale's.
**Storage below cooktop:**
**1st shelf:**
**"Cookmates Cookware"** by Corning.
**2nd shelf:**
**Stainless steel cookware** by Cuisinarts; **glass double boiler** by Corning.
8. **Built-in Ironing Center:** 42" board, adjustable to 2 heights, sleeveboard and iron included. $115. Iron A Way. 9. **"Green Caughly" stoneware:** pitcher, $30. By Stangl. At Tiffany. 10. On shelf below greenhouse window: **2-piece ceramic hibachi:** $120. At Art Asia.
**Storage**
**1st shelf:**
**Bakeware:** cookie sheet, $1.69; loaf pan, $1.49; oblong cake pan, $1.98; cupcake tin, $1.98; round cake pans, $1.27 each. By Ekco.
**2nd shelf:**
**"Creative Glass Glasserole":** 1½ qt. with cork trivet. $8. Corning.
**3rd shelf:**
**Waffler and grille:** $37. By Farberware. At Macy's.
12. **"Champagne hamper":** basket top shelf. $30. From F. O. Merz. **"Creative Glass Super Stacker":** containing detergent. $5. Corning. **Large oak basket with handle:** on floor. $27. From F. O. Merz.

**THE ZEST OF GROWING PLANTS**
**Page 67:**
**Top:**
**Moss basket with primulas:** from $20 at Jean-Jacques Bloos Ltd.
**Middle:**
**Pendant adapter:** for baskets or light fixtures; adapter of Lexan plastic snaps into Halo track lighting. $6.11. By Halo Lighting, a Division of MacGraw-Edison.
**Bottom:**
**"Earth Spike Grow Lamp":** 7" and 24" long removable chrome spikes; lamp stands 25" to 41" high in white or black. $16. By The Lite Factory. At The Apartment Store.
**Page 69:**
**Top left:**
**"Zonker System":** 4' long bar base to be used for wall lamp. $45. From top down: "45° Zonker," 7" long, 3" wide. $19.50; "Zonker" with 5" diam. "Collar," 7" long, $39.50; "Square Zonker," 7" x 4½", swivels in all directions. $39.50; "Zonker Globe," 4½" diam., rotates in all directions, $45; "The Pluckie," 6" diam. ring, 9¾" long, $55. Designed and available at George Kovacs.
**Small photo middle:**
**"Hi Low Grow Lamp":** for medium-sized table plants. 16" aluminum reflector, all chrome with black cast iron plant base, adjusts from 28" x 42" high. $40. By The Lite Factory. At The Apartment Store.
**Small photo right:**
**"Chrome Fixtured Plant Lite":** 7" oval ball on a clear acrylic ring, 8" overall height. $29.50. By Robert Sonneman.
**Middle photo:**
**"Clip-on" lamp:** 7" metal reflector. 10" overall length. $13. By The Lite Factory. At The Apartment Store.
**Light bulbs used in some light fixtures: "Plant Lite" incandescent bulbs:** 75-Watt Plant Lite, 3¾" diam. $5.69; 150-Watt Plant Lite. $5.99. By Duro-Lite Lamps, Inc.
**Page 70:**
**"Wedgwood" white porcelain bowls:** $7.75 each; **"Salem" sterling spoons:** $24.50 each; **crystal dish:** $19; **crystal pitcher:** $30; **Val St. Lambert crystal vases:** $63 size shown. All from Tiffany & Co.
**Furniture and pillows:** from Luten-Clarey-Stern.* **TV:** from Bloomingdale's.
**Toys and books:** from FAO Schwarz.
**Living room with greenhouse:** Chairs designed by Mies van der Rohe. Cocktail table designed by Vico Magistretti. Chair and table from Knoll. Mohair rug from Rosecore Carpet. Soft furniture designed by Scott Barrie. Some orchids from Lager & Hurrell, 426 Morris Ave., Summit, N.J. 07901; catalogue, $2; refundable with first purchase.
**Page 71:**
**Hanging baskets:** from Nabel's

**Faux-bark planter** w[illegible] **cerarias.**
**Moss basket** wit[illegible]
[illegible]**wcloth** [illegible]
Jacques Bloos Ltd.

**NEW BUILDING MATERIALS**
**Pages 78-79:**
1. **"Eggs"** silkscreen on sailcloth; 50" x [illegible]" Other designs available. Designed by Albino Cimonetti. From $45-$90. Write Big Art Design[illegible] **"Serie Amanta" ceramic tiles:** [illegible] overall length, in white or chocolate, for walls and floors. At Hastings Tiles, Inc. 3. **"Country Place" plywood paneling:** [illegible] color shown boathouse. $10.95 per panel. By U.S. Plywood, a division of Champion International. 4. **"Flowers and Birds" ceramic tiles:** 3" x 3", for walls and floors, available in four color combinations. $1.46 per sq. ft. loose; $1.61 per sq. ft. mesh mounted. By Mid-State Tile Co. 5. **"Apples" silkscreen on sailcloth:** 50" x 72". Other designs available. Designed by Albino Cimonetti. From $45-$90. Write Big/Art Designs. 6. **"Forester" hardboard paneling:** 4' x 8' panels, color shown driftwood #221. From $11-$13 per sheet. By Masonite. 7. **"Conestoga" plywood paneling:** 4' x 8', color shown alpine, ½" sq. grooves. $9.98 per 4' x 8' panel. By Evans Products. 8. **Ceramic tiles:** 8" x 8", for walls and floors. $8.15 per sq. ft. At Agency Tile Co. 9. **"Easy Set" ceramic wall tile system:** 1 sq. ft. sheet of 9 4" x 4" ceramic tiles with joints filled with silicone rubber; in 6 colors, each package contains covering for a 5-sq.-ft. area. $9.45 per package. Simplified cutting kit, $8.19. By American Olean. At Sears. 10. **"RT Salina" ceramic tiles:** 8" x 8", handpainted. $7.50 a sq. ft. At Country Floors. 11. **"Madeira" ceramic tiles:** 4" x 4" x ½" thick, for walls only. From the Summitstyles Collection by Summitville Tiles, Inc., a member of the Tile Council of America. 12. **"Blue Denim" plastic laminate:** for walls and countertops, in stock sizes; 30" x 96"; 30" x 120"; 30" x 144"; 50" x 144", 50c a sq. ft. By Evans Panelyte. 13. **"Theme" ceramic tiles:** 8" x 8", for walls and floors; other positive negative colors available. $4.10 a sq. ft. for black white; $4.90 [illegible] sq. ft. for colors. At Country Floors. 14. **"Country House Plank" wall planks:** 8' long x 16" wide plank [illegible]/8 a sq. ft. By Marlite. 15. **"Trees" silkscreen on sailcloth:** 36" x 50". Other designs available. Designed by Albino Cimonetti. From $45-$90. Write Big/Art Designs. 16. **"Riviera" aluminum window blinds:** slats less than 1" wide, shown in House & Garden Sweet Lime, made to order. By Levolor Lorentzen.

**WINE & FOOD**
**Page 89:**
**Shaker baskets:** from a collection of baskets at The Jo Jo Shop. ■

*For store addresses, write House & Garden Reader Service, 350 Madison Ave., N.Y.C. 10017.*

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# THE GARDEN MART

You might think that gardening folk would relax and take it easy during the winter months, but not a bit of it. First off, we're anxiously awaiting the arrival of the usual heap of catalogues. Then we're chewing on pencils, deciding what to order. Finally, we're standing impatiently

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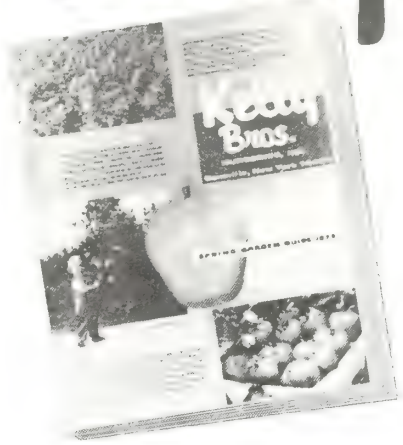
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on the doorstep, waiting for the appearance of seeds, plants or the equipment it takes to make them grow.

Although garden shops and sales centers have proliferated in recent years, most of us still rely on mail ordering for things that are a little bit off of the beaten path. Specialists in certain plants—begonias, for instance—depend almost entirely upon the mails to keep their customers happy. And those little, hard-to-find gadgets so many of us find indispensable for successful gardening—only the mail order firms can stock and supply them.

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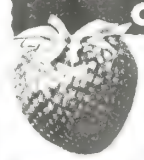
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# More super equipment for our small-sized super kitchen

There are five more reasons why House & Garden's 1975 Super Kitchen, page 54, is not just a pretty face. With space at a premium, every detail must be worth its weight in gold to busy cooks. Wherever you look, something helps you.



On the wall, *left*, a built-in bread and food toaster by Thermador. Toasting slot is undivided to accommodate extra long slices of bread as well as regular-sized slices and toastable foods. The dimensions are 9 5/16 inches high, 15 5/16 inches wide, with stainless steel finish and wood grain handle.



Snugly fitting into a shelf, *right*, Securicom built-in, room-to-room intercom, AM/FM radio, intruder detection alarm, door buzzer that sounds throughout the speaker system, by NuTone. Yellow pages and Trimline telephone.



Wall clock, *left*, called an ElectroSelector—controls Waterfine's system for turning ordinary tap water into refined water automatically. The clock is like a remote control—lets you monitor and control the operation with a flick of the finger. Doubles as an attractive time clock. Beside it, two plastic fire extinguishers neatly mounted on the wall from Rogin.



Two-size Dixie Cup Dispensers from the American Can Company, *below*, affixed to the pantry wall. Easy to reach for children—easy to use for quick long drinks. 3-ounce cup and 5-ounce cup in a lot of new colors and designs.





Vacuflo built-in cleaning system with a hidden power unit, *above*, for cleaning [illegible]ise throughout the house, from H-P Products. Lexan wall inlets are about the same size as an electrical outlet, inconspicuous when installed. No bags or filters and no recirculation of dust—dust is exhausted outdoors. Hoses available in 21-, 24-, or 28 foot lengths. All purpose cleaning tool [illegible] set also included—truly action packed.

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## Building and Remodeling

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**2. YOU, TOO, CAN HAVE A FIREPLACE.** Heatilator's three booklets, "Fireplacing Simplified Systems," "Building Specialties," and "Gas Fireplaces," show you a variety of models and options to fit any room plan and complement any décor.

**3. NEW IDEAS WITH WOOD WINDOWS.** Pella Rolscreen windows and doors are as beautiful as they are easy to maintain. Colorful booklet illustrates how Pella designs add charm and style to any house.

**4. PARQUET WOOD FLOORING AND WALL PANELING.** Two brochures: one illustrates parquet floor patterns available in genuine Thai-Teak and other exotic hardwoods; the other, decorative wood wall paneling. Bangkok Industries, Inc. 50c

## Decorating

**5. "BEAUTIFUL ROOMS MADE EASY"** by Nettle Creek. This 64-page, full-color booklet shows you how to create "the Nettle Creek Look." Includes the art of Nettle Creek fabrics; the art of beautiful bedrooms and windows; the art of decorating with pillows and accessories. $1

**6. INFORMAL FRENCH FURNITURE**—Henredon's Four Centuries. Warm. Distinctive. Elegantly informal. An ultimately livable collection of dining room, bedroom and occasional furniture in the French country style of the 17th and 18th century. Henredon Furniture Ind. $1

**7. PUT PROPER LIGHTING WHERE YOU NEED IT.** Progress Lighting brings you 160 full color pages of imaginative lighting and decorating ideas for indoors and outdoors. $1

**8. A PRACTICAL SOLUTION ANYWHERE SPACE IS LIMITED** is an Expandway commode. Illustrated pamphlet from Saginaw Furniture shows several commodes that convert into a variety of different sized tables. Style numbers, storage areas, dimensions, and a brief description of each piece is given.

**9. CABINETS CAN PERFORM WONDERS . . .** delightful room planning package from International Paper Co. shows fresh cabinet ideas, kitchen plans, and use of vanities; plus creative arrangements that feature walls using Long Bell cabinets throughout your house or apartment. $1

## Eating and Entertaining

**10. "SMALL WORLD OF BIG TREATS"** is a collection of distinctive entertaining ideas and recipes featuring liqueurs from Holland, Switzerland, Turkey, and Israel, and Jamaica rum. Prepared in cooperation with House & Garden from Park Avenue Imports.

**11. QUICK-BROWNING AID ALSO SPEEDS COOKING.** Ten-page recipe booklet describes Brown-Quick instant marinade, a product created by cookbook author, Helen Worth, for her distinguished cooking school. Helen Worth Enterprises.

**12. "A MEASURE OF GOLD"** is a 24-page booklet brought to you from "21" Brands Inc., filled with recipes for beverages, glazes, marinades, sauces, batters, entrées, crêpes, dressings, soups, and desserts. The versatile spirit in all —Galliano.

**13. "ITALIAN INTRIGUE"** is a colorfully illustrated pamphlet from Foreign Vintages. Listed are many recipes for food and drinks. Amaretto Di Saronno—a legendary Italian liqueur is the delicious taste in each. Brief history of how the liqueur came to be is given.

**14. "AVOCADO BRAVO"**—a 18-page booklet tracing the history of this most versatile New World fruit—includes dozens of tantalizing recipes for appetizers, beverages, entrées, desserts. Nutritional information, buying, storing and preparation tips given. California Avocado Advisory Board. 50c

**15. "THE HORS D'OEUVRES RECIPE BOOK."** Twenty-five prize-winning recipes, selected from 10,000 tempting entries in the Seagram's V. O. International Recipe Contest, have been assembled in this colorful 16-page booklet. Seagram Distillers.

## Potpourri

**16. SOUTH CAROLINA TRIP KIT.** A packet containing folders on campgrounds, state parks, beaches, mountains, golf courses, historic homes and gardens plus a big color brochure and South Ca[rolina highway] [map]. South Carolina Department of Parks, Re[creation] & Tourism.

**17. FLOWERS AND VEGETABLES** in a 124-page, four color catalogue listing 3,000 varie[ties] & germinate[r] culture guides. New selections feature Dianthus Magic Charms and Petunia Titan. George W. Park Seed Co.

**18. SPRING PLANTING** [guide] [to] [Wayside] Gardens' full-color catalogue. Everything is included from annuals to trees. Also, refund certificate and Fall Planting catalogue included with [order].

**19. SOME HELPFUL DOS AND DON'TS ABOUT MOVING** are discussed in the Aero Mayflower Van Lines Moving Kit, from how much it will cost to what to do about storage. There is also a handy checklist to organize your move out and in.

**20. "INVITE WILDLIFE TO YOUR BACKYARD"** is a 12-page, color reprint from the National Wildlife Federation showing how to develop your own land into an inviting habitat for animal life. Included are ideas for the kinds of trees and shrubs you can plant to help provide food, cover, and safe areas for rearing the young.

**21. MOVING DAY MADE EASY** is the subject of "Good luck, pal . . . and good bye"—an 18-page brochure from Atlas Van Lines that outlines the moving experience from preliminary estimate to final placement of possessions in your new house. 50c

## Order coupon for booklets

January, 1975

Circle the number of each booklet you want, and enclose check, money order, or currency in amount indicated for those requiring payment. Add 50c for postage and handling. No stamps. Allow up to four weeks for delivery.

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 *continued from page 94*

EMALEE CHAPMAN'S PARTY FOR 10
$19.90 IN SAN FRANCISCO

*Wine*
*Oysters on the Half Shell*
*Spinach Timbale*
*Oxtail Pie*
*Macaroni Timbale*
*Caramel Oranges*
*White Beans with Tuna*
*Wine, Cheeses and Fruit*

Any staple in the cupboard for the better part of a year can pick up quality overnight, and a shelf of well-aged wines and reasonable vintage ports are the Mecca of many a fanatic. For fanatics and for the slightly overprepared, there are classics. Here's a party for cooking and wine buffs that starts with everything from the grape through to the last bottle, makes a really unusual but delicious meal, and stays within the budget. Only three of the dishes will be new to your guests, and they won't have much trouble with any of the recipes. Make an assortment of cheeses and fruits for dessert, and you're done.

Pastry can be made two days ahead and stored in the refrigerator. The beans, tuna, and timbale can be browned ahead; put the oxtail pie in the oven and the beans will blend and develop in the minutes it takes you to open the wine.

*Menu*

*White Beans with Tuna*
*Eggs Stuffed with Spinach*
*Macaroni Timbale*
*Oxtail Pie*
*Caramel Oranges*
*Wine, Cheeses and Fruit*

*Time required: 1 pound used*

## WHITE BEANS WITH TUNA

drain, cover with fresh water and bring to a boil. Simmer for 1½ hours until beans are tender. (Do not salt.) Drain and reserve cooking liquid. Add beans to the warm bean sauce. When cold add a generous amount of tuna fish and oil on top of the beans. Serves 8-10.

## PEPPERS STUFFED WITH SPINACH
(red or green)

*Ingredients (preparation):* 2 bunches spinach, cooked, drained dry and chopped; ½ cup grated Parmesan cheese; 1 cup soft bread crumbs; ½ cup white pepper; 2 tablespoons capers; 2 tablespoons chopped anchovies.

*Ingredients for sauce:* 3 onions, chopped; 2 tablespoons butter; 1 cup fresh tomatoes, chopped; 1 teaspoon basil; salt and pepper to taste.

*Method for stuffing:* In a bowl combine spinach, cheese, egg and cream and mix well. Stuff pepper halves with mixture and set aside.

*Method for sauce:* In a skillet cook tomatoes in butter for 10 minutes. Add cheese, basil, salt, and pepper and mix well.

*Method for assembling:* Preheat oven to 350°. Place stuffed peppers in ovenproof dish and bake 30 minutes. Pour sauce over peppers. Serves 8-10.

## MACARONI TIMBALE

*Ingredients for pastry:* 1 cup flour; ½ cup cold butter; 2 egg yolks; about 4 tablespoons ice water.

*Ingredients for béchamel sauce:* 3 tablespoons flour; 2 tablespoons butter; 2 cups milk; salt and pepper to taste; 1 scalded sweetbread lightly sautéed in butter.

*Ingredients for meat sauce:* 1 yellow onion, finely chopped; 1 tablespoon fresh parsley, finely chopped; 1 tablespoon fresh basil, chopped; 1 pound round chuck; ½ pound lean pork, ground; salt and pepper to taste; ½ cup red wine; 2 cups peeled tomatoes, chopped coarsely; 4 cups beef bouillon.

*Ingredients for assembling timbale:* 1 pound cooked macaroni; ½ cup grated Parmesan cheese; béchamel sauce; 1 egg yolk mixed with 2 tablespoons water.

*Method for pie crust:* On a smooth surface put flour and cut in butter with two knives until mixture is like coarse meal. Add egg yolks and water. Roll out ⅔ of dough and line a 9-inch pie pan. Chill. Roll out remaining dough and cut into ½-inch strips. Chill.

*Method for béchamel sauce:* In a saucepan cook flour and butter for 3 minutes. Gradually add milk, salt, and pepper and cook until thickened. Cut sweetbread into small pieces and add.

*Method for meat sauce:* Sauté onion, parsley, basil in olive oil. Add meats and continue to cook until brown; season with salt and pepper. Add wine and boil mixture for 5 minutes. Stir in tomatoes and simmer a few minutes; add 3 cups bouillon, cover, simmer 1½ hrs. If mixture is too thick, add additional broth.

*Method for assembling timbale:* Preheat oven to 400°. Line a deep spring-form pan with piecrust, saving enough for top. Bake 10 minutes until lightly tan. Mix macaroni with meat sauce and cheese. Put a layer of meat and macaroni mixture in pan, cover with a layer of béchamel sauce and continue layering until pan is filled. Seal with pastry. Cut pastry and brush with yolk and water mixture. Bake timbale for 10 minutes. Reduce heat to 350° and continue baking 25-30 minutes. Cool 5-8 minutes. Remove sides of pan and serve on a platter. Serves 8-10.

## OXTAIL PIE

*Ingredients:* 1 oxtail, cut into pieces; ¼ cup oil; ¼ cup warm brandy; ½ cup celery, chopped; ½ cup carrots, chopped; ½ cup onion, chopped; ½ cup dry white wine; 1 cup fresh, ripe, tomatoes, chopped coarsely; 1 cup beef stock; salt and pepper to taste; ½ cup mushrooms, sliced thinly; 1 pie dish with pastry baked 10 minutes in 450° oven plus a round of pastry for top.

*Method:* Preheat oven to 450°. In a heavy skillet sauté oxtail in oil until dark brown. Remove oxtail, pour off oil in pan and return oxtail. Add brandy and ignite. Over low heat stir in celery, carrots, onion and cook until soft. Add wine and bring to a boil, simmer for 2 minutes. Add tomatoes, stock, salt, pepper, mushrooms. Cover and simmer 2 hours; meat should be very tender. Chill, scrape off and discard fat on top.

Fill pastry shell with oxtail mixture, cover with pastry top and cut slits. Bake 20-30 minutes until browned.

## CARAMEL ORANGES

*Ingredients:* 8-10 oranges; 2 cups water; 1½ cups sugar; kirsch to taste (optional).

*Method:* Peel oranges with a sharp knife, so no white is left. In a saucepan combine water and sugar and boil until thickened. Dip oranges into syrup, turning so coated (about 2-3 minutes). Remove oranges and arrange on a dish. Cut peel into slivers. Boil peel for 6 minutes. Drain. Add peel to syrup until transparent. Top each orange with caramelized peel. Serve very cold. Add kirsch to syrup and spoon over if you wish. Serves 8-10. ■

# SHOPPING INFORMATION

*continued from page 72*

**MACHINES THAT DO THE DUSTING**

All prices approximate, for average installation; depend on many factors like furnace type, house structure, local contractors' prices may vary greatly from manufacturers' suggested unit. See the Yellow Pages of your telephone book or write to the addresses below.

**High Efficiency Air Cleaner**

"Space Cord Air Cleaner" about $ installed. Research Products, Madis Wis. 53701.

**Central Electronic Air Cleaners**

"Electro Air" Slim Twin units can dishwasher-cleaned, about $350 stalled. Self-cleaning units about $ installed. Electro-Air Div., Emers Electric Industrial Park, Harris Ark. 72601.

5-ton unit for average house ab $450 installed. Carrier Corp., P.O. 1 1300, Syracuse, N.Y. 13201.

Hand-cleanable unit about $ $500 installed. Consumers Instit General Electric Company, Applia Park, Louisville, Ky. 40225.

For forced-air systems: dishwash cleanable unit about $400-$450. S cleaning unit, $550-$600. Honeyw Minneapolis, Minn. 55408.

"Precipitron" models for forced gravity, electric, hydronic furna about $275-$475 installed. Central R idential Air Conditioning Div., W inghouse Electric Corp., Norman, O 73069.

**Portable Plug-In Humidifiers**

Room model, $25-$29. Home (to 2 sq. ft.) models, $50-$120. West Be Company, West Bend, Wis. 53095.

5 models from $60-$100. Westi house Electric Corp., Gateway Cen Pittsburgh, Pa. 15222.

**Central Humidifiers**

"Vapor-Air" For forced air, gra electric, hydronic furnaces. VA2 large house, $165-$240 installed. VA for average house has wall-mounted midistat, $175-$250 installed. VA4 small house, $90-$125 installed. Con Div., Lau Industries, 2027 Home A Dayton, Ohio 45407.

"Aprilaire" models for forced furnaces about $175 installed, or dronic (hot water) with own fan, $ installed. "Chippewa" forced air m els, $150 installed. Research Produ Madison, Wisc. 53701.

**Central Vacuuming Systems**

For average 2-level house $400-$ Budd Built In Vacuum Cleaner 115 Main St., Wycoff, N.J. 07481.

"Vacu-Flo" 2-valve system, $ exclusive of labor. HP Produ Louisville, Ohio 44641.

System for 2100-sq.ft. house, ab $450 installed. Pullman Vacuum Cle er Corp., 1701 Bard Lane, East M dow, N.Y. 11554.

**Long-Handled Virgin-Wool Dus**

$3.50 plus postage (2 lbs.) from T Original Vermont Country Store, W ton, Vt. 05161.

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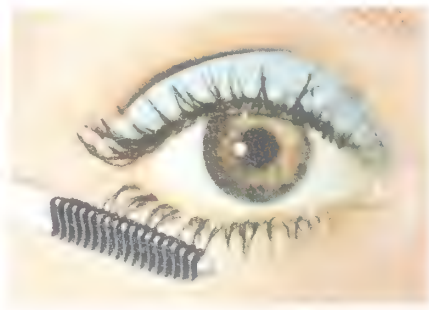
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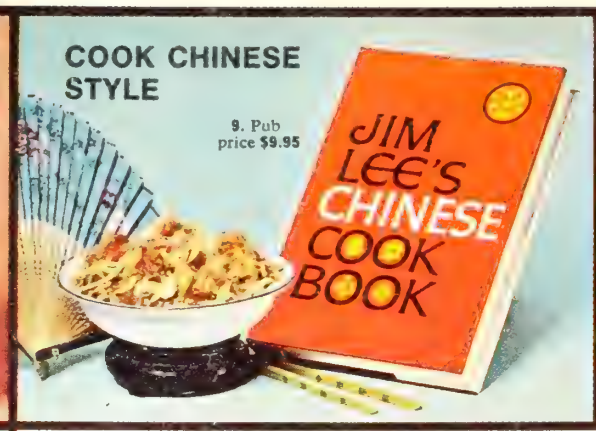
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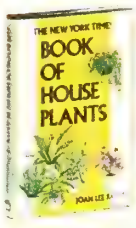



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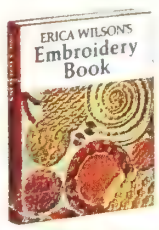
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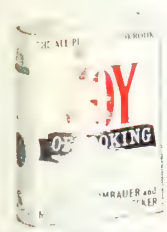



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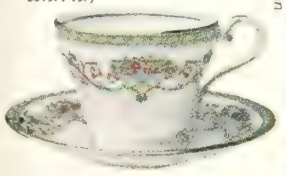


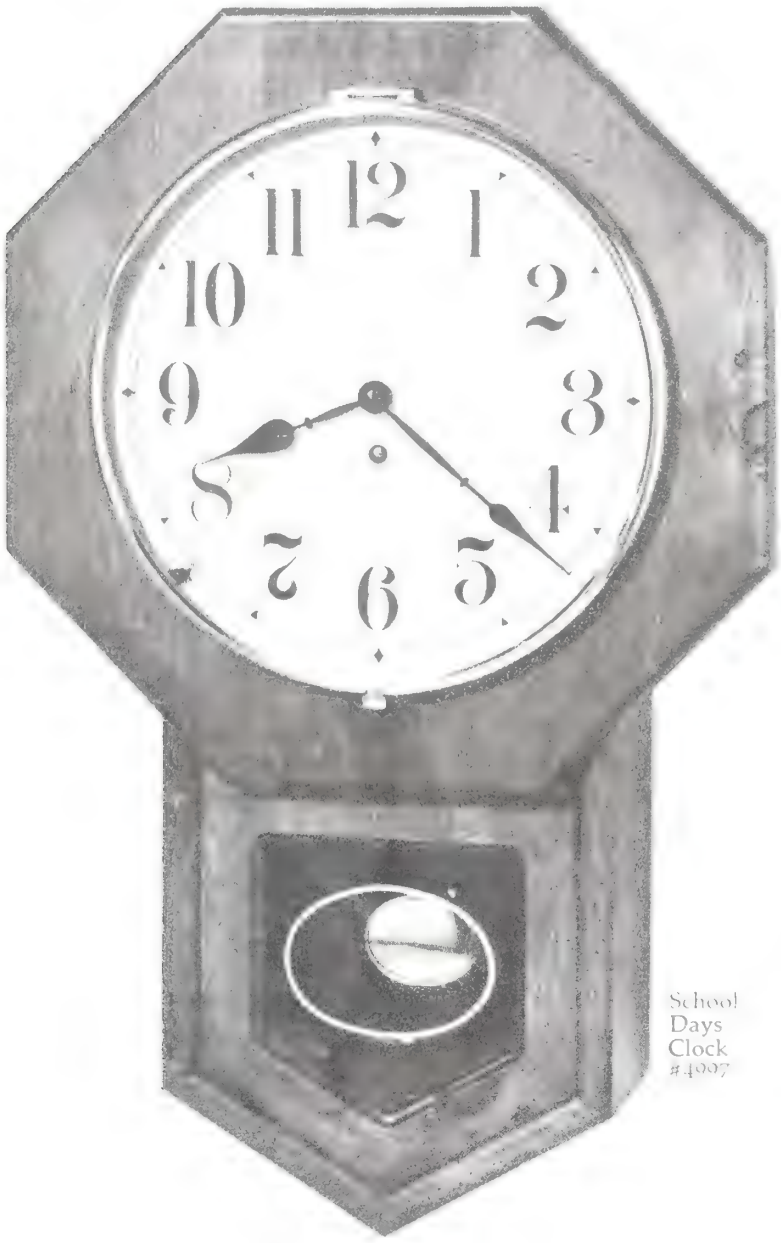
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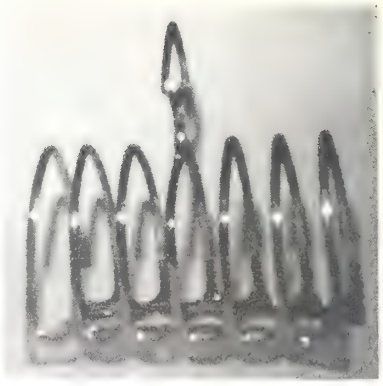
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## ANTIQUES

*continued from page 6*

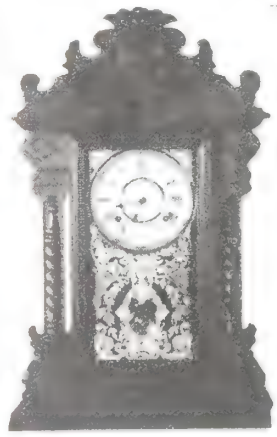


### *English Toast Rack*




*I picked up this toast rack on Portobello Road in London. I have drawn the markings that appear on its back. I would be interested to know if it is an antique (and, if so, when and where it was made) or if it is merely an old toast rack.* *C.O.P.—Washington, D.C.*

Your toast rack was made by the English Victorian silverplaters William Hutton & Sons of Sheffield and London. (The "B P" in your mark indicates that it was plated on Britannia, a metal similar to pewter.) Toast racks were introduced in English silver in the 1770s. Today they are frequently used as desk accessories to hold letters.



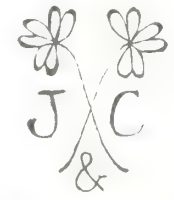
### *Garfield Clock*

*Our clock has the words "Ansonia Clock Company, Brooklyn, N.Y." inside the back wall. What can you tell me about its age and background?* *W.R.P.—Minneota, Minn.*

This clock is the "Garfield" model, made as late as 1908, and is one of six clocks introduced late in 1896 or 1897 known as the "G" assortment (Griswold, Gallatin, Galatea, Gilmore, Girard, and Garfield) made by Ansonia. They sold for $5.25 with strike, $5.55 with gong.

### *Bavarian China*

*I have sketched the inscription and mark that's on the bottom of my old china. Where and when was it made?* *J.N.A.—Macon, Ga.*




Your china was made at a porcelain factory started at Marktredwitz, Bavaria, Germany in 1872 by Jaeger & Co. It made chiefly table, coffee, and tea services. "Malmaison," the name of the pattern, comes from the château of Malmaison, an 18th-century building famous as the residence of the Empress Josephine.



### *French Perfume Bottle*

*I have a glass fan-shaped "object" with raised floral designs. Where the base joins the fan on the bottom is the word "Baccarat." What was this used for and can you tell me how old it is?* *J.F.W.—Sikeston, Mo.*

Your Baccarat "object" is a perfume bottle whose stopper has been lost. It is typical of the costly and beautiful glass bottles ordered by major French scent manufacturers who were rapidly developing in the first years of the 20th century. ■


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# *Lend me your* Ears

***Some words of advice from ear specialist Dr. S. Evans Ganz***

**BY CAROLINE SEEBOHM**

The joy of music, the voice of someone you love, the sound of a bird singing, of silence—pleasures granted us by that most remarkable of instruments, the human ear. Not only does the ear allow us to hear what goes on in the world, but it also works to keep us on our feet.

It consists of three parts. The outer ear is the part you see—a shell-like cartilage with many folds to catch the sound waves. It is covered by skin, which very closely adheres to this underlying cartilage. This is important, because if you get even a tiny ear infection, there is very little room for swelling, and the pain is therefore much greater than you would expect. The cartilage of this outer ear continues along a canal until it meets part of the mastoid bone, which goes to the eardrum—a distance of roughly 1 to 1½ inches. This canal is lined with fine hairs and some 2,000 wax producing glands. Since it is covered with skin, it also contains sweat and sebaceous glands. The job of the outer ear is to gather sounds from the air and pass them on to the eardrum, which vibrates—these vibrations are then conducted into the inner ear, the organ of hearing.

The middle ear, on the other side of the eardrum, has three tiny bones (the smallest bones in your body), which conduct the eardrum's vibrations to the inner ear. The inner ear contains two very delicate organs, housed in the mastoid bone, (the hardest bone in your body)—the cochlea, which is shaped like a shell, and three small chambers, which control your balance. The cochlea contains the organ of Corti, which is covered with many fine hairs arranged like the strings on a harp. Here the vibrations of sound are changed into nerve impulses and conducted to the hearing center of the brain. The organ of balance contains semicircular canals, filled with fluid, monitoring your sense of balance. If you close your eyes and tilt your head, you can feel it—because the fluid in these canals has tipped. Seasickness is the result of the malfunctioning of the semicircular canals—when rapid, irregular, and continuous waves of motion persist, your balance is disturbed.

By the age of ten, your hearing is at its keenest—as many as 20,000 vibrations per second. By thirty, it's down to about 15,000. As you get older, your blood supply diminishes, and since the two organs of the inner ear are supplied by only one blood vessel, obviously hearing is affected—it's simply part of the aging process.

There are, however, ways you can keep your ears at their finely tuned best, according to Dr. S. Evans Ganz, Attending Surgeon, Manhattan Eye, Ear and Throat Hospital, and Diplomate of the American Board of Otolaryngology. Here are his suggestions:

***Clean your ears with a washcloth only.*** Wax is a protective mechanism in the ear that nature provided, and normally it loosens itself and falls out. Pushing cotton-tipped sticks or other things in the ear to dislodge wax simply pushes the wax further down the canal into the eardrum where it cannot possibly escape and affects your hearing. If you do have a problem with wax (some people simply have more active wax glands than others) have it professionally removed. "In fact," says Dr. Ganz, "I don't advise putting anything down the ear—sticks, drops, fingers—they can all cause infection. The old adage that you shouldn't put any-

*Continued on page 12*




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## "The old adage that you shouldn't put anything smaller than your elbow in your ear makes excellent sense"

LEND ME YOUR EARS *continued from page 10*

thing smaller than your elbow in your ear makes excellent sense."

***Protect your ears against extreme cold or heat.*** "Since the skin of the ear adheres very closely to the underlying cartilage," explains Dr. Ganz, "and since blood supply to the ear is not profuse, the ear is highly subject to changes in temperature, particularly to frostbite. Both frostbite and severe burns come from the same cause, a disturbance of the blood supply tissues. All skiers should cover their ears."

***If you have a cold, do not fly.*** If you must fly for reasons of emergency, spray your nose with a nasal spray. "This is very important," Dr. Ganz says. "When you have a cold, your nose is congested, and the pressure spreads from the nose along the eustachian tubes to the ears. If you fly, what happens? No plane is completely pressurized—so there is increased pressure in your ears. With a cold, that double pressure can rupture your eardrum. And the precaution is so simple—if only more people knew about it—a nasal spray opens the tubes and prevents that pressure. In fact, it's not a bad idea to do it even if you haven't got a cold. This also holds true with scuba diving—if you have a cold, use the spray before you dive."

***Avoid loud noises if possible.*** Children who listen to very loud pop music constantly are damaging their hearing nerve and will be hard of hearing at an early age. Industrial noise causes the same damage. Anyone exposed to excessive noise should wear earmuffs or earplugs as long as they are not of a very hard material—this is the only exception to the "nothing in the ear" rule.

To know more about your ears is, perhaps, to appreciate them more—and to care for them means that you can continue to be enchanted, in Shakespeare's words, by the "noises, sounds, and sweet airs, that give delight." ■

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POLLY BERGEN . . . What's new and great to use with one of those hand-held shower sprays featured in the New Bath Equipment on page 68? Head-to-toe products that really go together—*New Moisturizing Shampoo* for your hair and soap for your body—both lightly scented with "Tortue." "*Tortue*" *Soap* comes two cakes to the box, $7. Shampoo, 8 ounces, $5. At Bloomingdale's; Carson Pirie Scott; Rich's, Atlanta; Robinson's.

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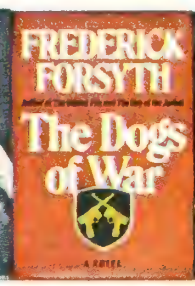

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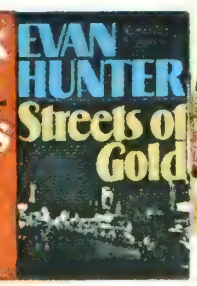

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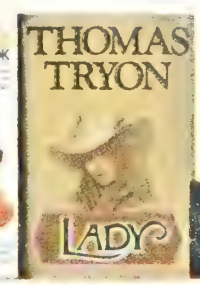

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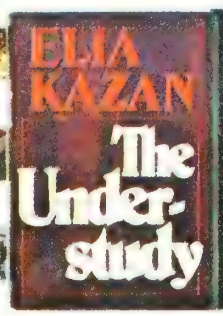

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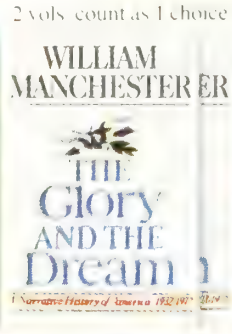



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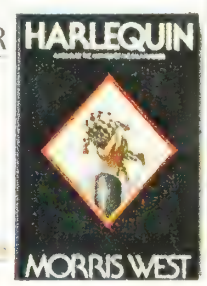



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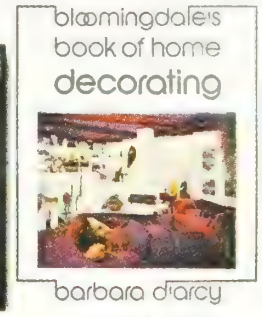
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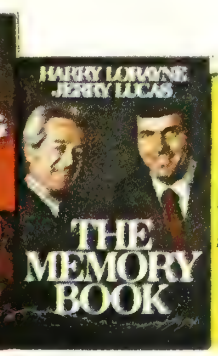

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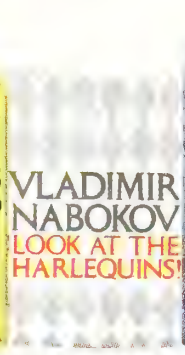

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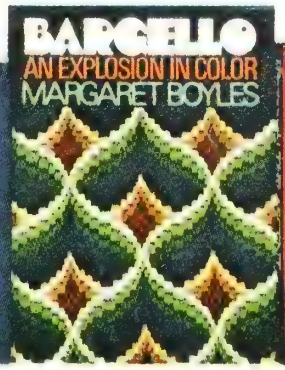

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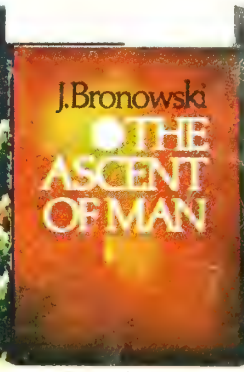

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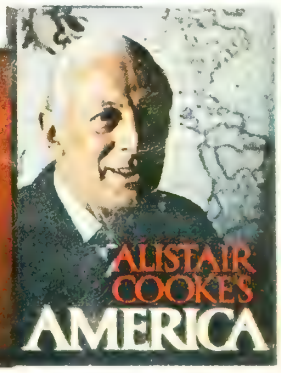

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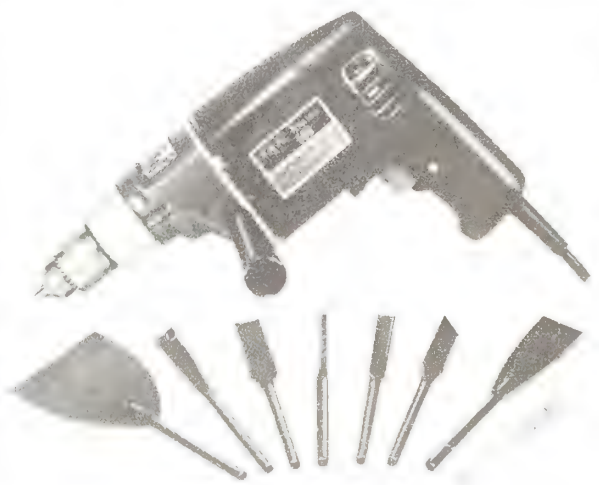
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# HOME IMPROVEMENT IDEAS FOR *the house fixer*

BY WILL MORR

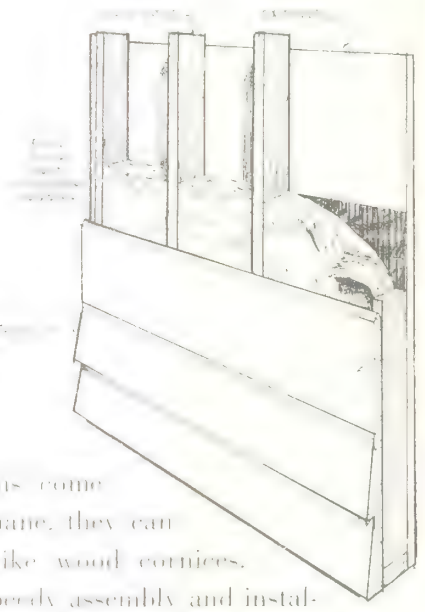
**PORTABLE FIREPLACE** *needs no chimney, flue, or foundation. The steel unit, 8 feet high, 30¾ inches wide, weighs 125 pounds and can be hung on a house or apartment wall with a bracket. An electric simulated log in the fireplace and a heating element and fan plug into a standard 115-volt outlet. The log produces the burning log effect and a thermostat controls the flow of heat; it can be turned up and louvers under the hearth draw in room air, which is warmed by the heating element and returned to the room through the flared hood. Primed in gray, the fireplace can be painted any color. $335 with electric log, $385 with a gas log and a gas pipe connection. Heatilator Fireplace Div., Vega Industries.*



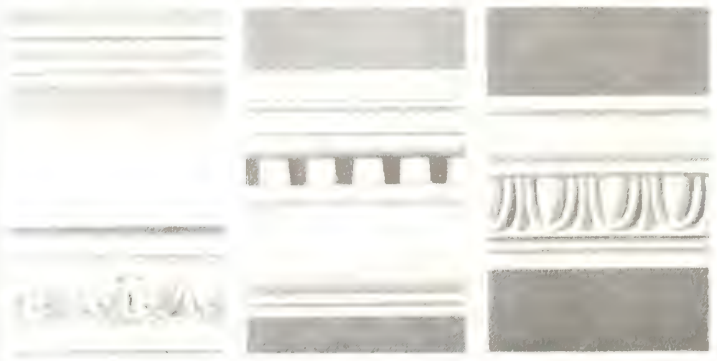


**XTRA-TOOL,** a single power tool, does the work of many. For repairs, hobbies, the portable, electric hand tool functions as a ⅜-inch drill or as a high frequency to for scraping rust, paint, and wallpaper, and for chiselin gouging, lifting putty and tile. It is also a hammer drill pe forming heavy-duty work and it is a power screwdrive To put it to these various uses, you twist the tool's coll ring to the prescribed setting activating a cam and ratch in the tool's housing. Double insulated for safety, it has ⅓ horsepower motor, with adjustable forward and rever speed control, and plugs into any 115-volt outlet. A v riety of optional accessories may be had—for example, wood chisels, gouges, scrapers—and all standa ¼-inch drill accessories can be used with it. Skil Corp.

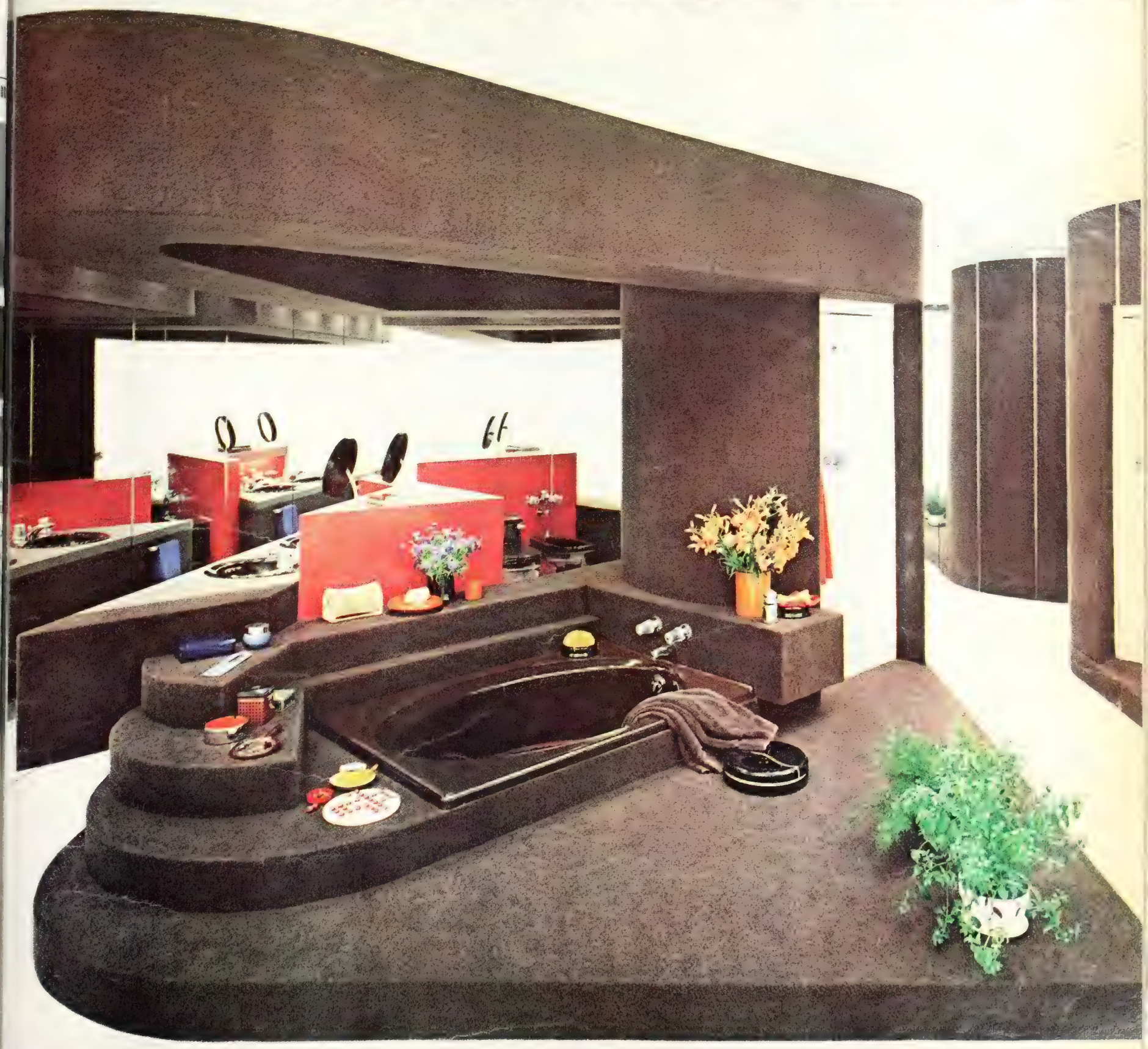
**TOTALWALL INSULATION.** *a new system to conserve heating or cooling and save energy expenditure, substitutes Styrofoam insulation for usual sheathing of wood frame houses. The 1-inch-thick panels are applied on the exterior across the wood studs and framing of the whole house; this framework is customarily uninsulated and loses heat. Ribbons insulating batts with vapor barriers facing indoors are installed as usual between the studs for double insulation. At an estimated extra cost of $135 in insulation for a 1,100-square-foot house, savings of $2 to $5 a month are claimed in electric heating-cooling costs with this Totalwall system. Amspec, Inc., Dow Chemical Co.*



**CORNICE MOLDINGS.** authentic copies of traditional designs come in 10-foot lengths and are molded in one piece. Of lightweight urethane, they can be painted, sawed, drilled, sanded, painted, stained or carved. Unlike wood cornices, which have to be fitted together piecemeal, they save labor costs by speedy assembly and installation, need no blocking and furring. *Left to right:* Shell and bellflower cove design is 7 inches high, projects 5¼ inches. Dentil moldin primed white for paint, beige for stain, is 4¾ inches high, projects 3¾ inches. Egg and da molding is 3¾ inches high, projects 3¼ inches Focal Point, Inc. ■



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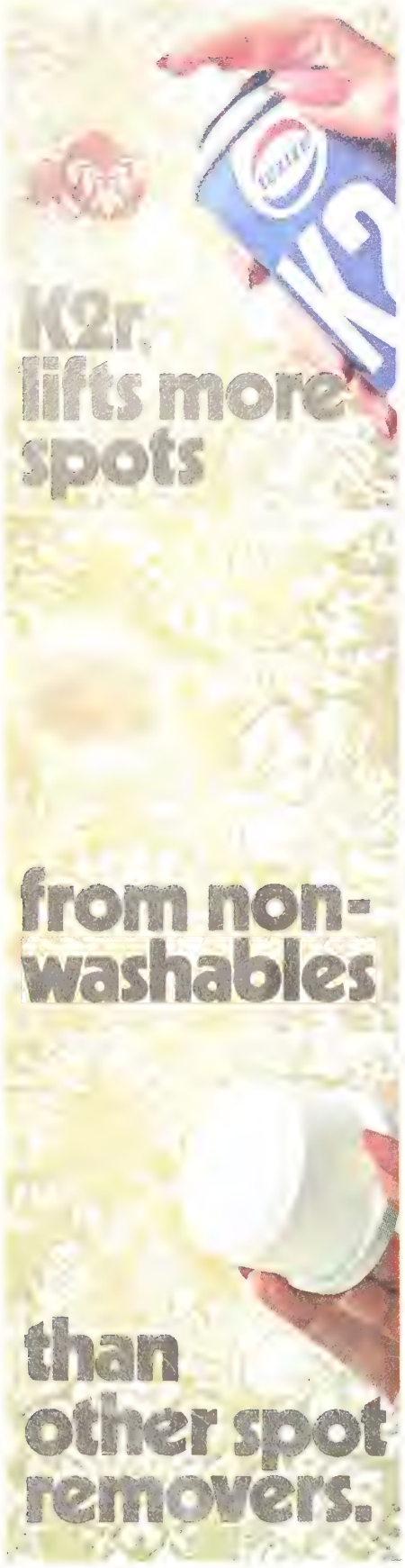
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*A great American idea*

# THE NATIONAL TRUST FOR HISTORIC PRESERVATION

BY KENNETH BATE

Those who have enjoyed the splendors of such great houses as Woodlawn Plantation or Shadows-on-the-Teche know that the National Trust for Historic Preservation has been responsible for working these not-so-small miracles. As the Bicentennial Celebration approaches, the Trust is also the answer to a question confronting many people: What can I do to be an active contributor to the Celebration? The answer is simple. Become a member of the Trust.

Nonmembers may not know that the Trust was chartered by Congress in 1949 as a charitable, educational, nonprofit corporation to further the national preservation policy, and to facilitate public participation in the preservation of sites, buildings, and objects of national significance. In 1949 the Trust had a professional staff of one, two rented rooms in Ford's Theatre in Washington, 165 members and $6,000 in assets. As the Trust's president, James Biddle, says, "You have to start somewhere." Today, the Trust has 64,000 members, owns 13 properties, has a $3.9 million annual budget, and a headquarters staff of 103 persons. In 25 years the Trust has acquired, restored, and (with one exception) maintained its 13 historic properties, all beautiful, all very much a part of our heritage, all open to the public—again, with one exception, Casa Amesti in Monterey, Cal. Since it was given to the Trust with no endowment for its maintenance, it has been put to successful adaptive use as a men's club. The "open" houses are Belle Grove in Middletown, Va.; Chesterbrook in Stockbridge, Mass.; Cooper-Molera Adobe in Monterey, Cal.; Chevedon in Germantown, Philadelphia, Pa.; Decatur House in Washington, D.C.; Lyndhurst in Tarrytown, N.Y.; Mount Harmon in Cecilton, Md.; Oatlands in Leesburg, Va.; Pope-Leighey House in Mount Vernon, Va.; Woodlawn Plantation in Mount Vernon, Va.; The Shadows-on-the-Teche in New Iberia, La.; and the Woodrow Wilson House in Washington, D.C. In a sense, they are museums, but their restoration is so thoughtful, so painstaking—down to the minutiae of their periods—the houses seem once again alive and lived in, qualities unknown, as a rule, to the conventional museum. Nor are they ever dormant. They are available to community activities, meetings, garden parties, almost anything that has a historic connotation. In short, they are *used*.



*Woodlawn Plantation, Mt. Vernon, Va., given by Washington to his foster da*

"Aliveness" is very much a part of the Trust's philosophy, and in its 25 years of activity, a great deal more than the restoration of celebrated houses has been added to its program. Historical societies throughout the country can now make use of the Trust's advisory services. The Department of Field Services offers professional expertise in projects so comprehensive that, because one might not even dream that they exist, we list them here. They are: administration, archaeology, architectural history, architecture (historical and restoration), career counseling, decorating arts curatorship, fund raising, historic building surveys, horticulture, legal techniques of preservations, museology, museum interpretation and programs, planning, preservation research, property management, publications, public relations. An awesome list with no stone left unturned.

So much activity, naturally, is expensive, and is only possible through grants from foundations, gifts (property, money, historic objects), fund raising, and the income from membership subscriptions. These fall into three categories: one for individuals, one for nonprofit organizations, one for business firms. They range in cost from $5 for a student membership to $15 for an active membership to $1,000 for a business firm's sustaining membership. Between these figures, the fees climb the scale according to the kind of membership—supporting, sustaining, contributing—desired. Whatever the member needs and can

*Continued on page 2*






*The Teche Near Thorne Landing, from [illegible] of the Teche outside*



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**"We are a nation of doers. Let us work together to save our heritage in a renewed Spirit of '76"**

THE NATIONAL TRUST *continued from page 18*

colonial forests . . . than his more . . . and privileges . . . to the quar- . . . *Preservation* and the monthly *Preservation News*, free admission to National Trust properties; professional counsel on preservation problems; opportunities to attend the National Trust's annual meeting, regional conferences and local seminars; discounts on most merchandise at the Preservation Bookstore, and access to the Trust's preservation library, archives, and collection of slide lectures on preservation history and architecture. (For membership blanks, write to National Trust for Historic Preservation, 740-748 Jackson Place, NW, Washington, D.C. 20006).

Along with all these fascinating things, the Trust has prepared an extraordinary kit (available at the above address) dealing with the approaching Bicentennial and what the *individual* can do to help honor it and stimulate interest in our heritage and learn more about our forefathers. The Trust's suggestions are sound, provocative, and in certain instances fun. See some of them in the box below.

The suggestions below are only a sampling. There is a detailed youth program, and a list of support contacts—architects, Junior Leagues, the U.S.A. and many more—to help you. As the Trust points out, every community in all the 50 states can have its own commemoration.

Finally, as its very personal contribution to the Bicentennial, and as a unique way of celebrating its 25th birthday, the Trust, for the first time in its history, is allowing replicas to be made of certain of the rarer pieces of furniture in its possession (all of them are in one or another of their Historic Houses) and manufactured for sale to the general public. The workmanship, as it must be, is impeccable (see page 72) and the cost is not exorbitant.

In all these ways, the Trust is helping all Americans interested in the helping and planning and implementing of preservation programs in the years immediately ahead. "Because we are a nation of doers," the Bicentennial Administration has stressed, "let us work together to save our heritage in a renewed spirit of '76." ■

### *What you can do for America's Bicentennial celebration*

1. *Interest local historical groups in conducting an architectural survey of significant community properties: sites, buildings, structures, objects and districts.*
2. *Preserve a historic building in your community and put it to new adaptive uses.*
3. *Launch fund raising drives, such as costume balls where guests come dressed as one of their ancestors. (Fun, surely!)*
4. *Conduct oral history programs to tape record the reminiscences of older members of the community.*
5. *Encourage civic organizations and schools to show films on historic preservation and related subjects.*
6. *Suggest that local theatre groups put on original plays (every community has an aspiring playwright) with historical themes. (The Broadway musical comedy hit 1776 ran almost two years and became a successful film.)*
7. *Combine walking tours (or bicycling or boating tours) of historic town and homes.*
8. *At county fairs and church bazaars, feature foods made from old recipes and homegrown ingredients. (If you don't have the old recipes, try to find them.)*
9. *Have exhibits at historic property museums. Articles that explain the history of the community should be solicited from town residents.*
10. *Encourage local libraries to set aside areas for materials relevant to the commemoration of the Bicentennial.*
11. *Set up community workshops to encourage young and old alike to recapture pride in handmade work—weaving, embroidering, quilting, rug hooking, needlepoint, ceramics, painting, woodworking.*


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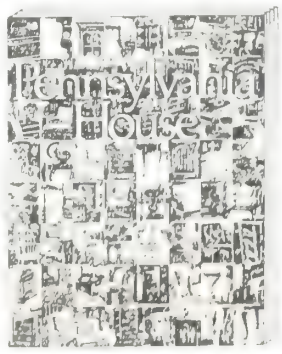
**South Dakota**
Aberdeen ..... Malchow's

**Texas**
Austin ..... Louis Shanks of Austin
Dallas ..... Hathaway Cottage
Dallas ..... Liberty House
Houston .... Waddells (both stores)
San Antonio .... Leonard's Colonial Shoppe
Texarkana . Whites Glenwood House

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Cedar City ..... Antone's Interiors

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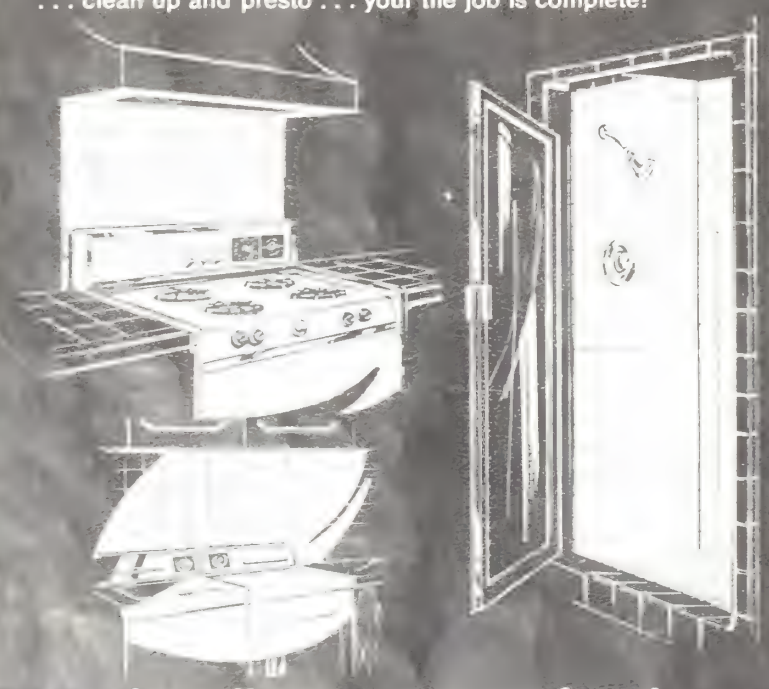
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# NOTES OF A Happy Housekeeper

BY MARY ELIZABETH FALTER

When we moved into this house and remodeled the old kitchen, we had ***the problem of where to place the kitchen stove.*** We wanted to put it directly under one of two large windows. "Impossible," said the contractor. "No way to install the ventilating fan." "Can't do it," said the appliance dealer, "because the window sill is lower than the back of the stove." The only other spot for the stove was a dark corner. Finally, one of the workmen came up with a bright idea. He suggested we sacrifice the bottom third of the window to make the sill flush with the top of the stove and use the upper third to accommodate the ventilating fan. This would leave a window about 2 feet high, which could be fitted with louvered glass. The idea worked very well. First, I have a pretty outlook when I'm cooking and, because the view tilts somewhat to the west, I'm often treated to a lovely sunset. Second, there is a generous window sill above the stove for pots of chives and parsley and our blue and white Cornish Ware salt, pepper, and flour shakers. We put hooks on both sides of the window reveal and they hold cooking utensils. Best of all, I can crank the window louvers open for a few minutes when the kitchen becomes too warm.

At long last there's ***a new extension hose that fits virtually all makes of canister vacuums*** and adds a generous 12 feet to the average hose, tripling its cleaning range. This means that the whole interior of your car can be vacuumed with the canister still on the ground. And a stairway can be cleaned from top to bottom without moving the vacuum. It enables you to reach into difficult corners, dust high rafters. The wide range the hose provides makes cleaning more efficient since the canister doesn't have to be moved so often. This Regina extension hose and adapter kit comes in a sturdy fiberboard Store-and-Carry kit, which includes a crevice tool and upholstery brush. It sells for under $15. Great for use on boats, too.

Many ***people who wear Medic Alert disks*** around their necks or wrists do so because they have acute allergies. It follows that they could also be allergic to nickel, the base metal in most inexpensive jewelry. When I first started wearing my Medic Alert, the tag didn't bother my skin but the chain did, where it rubbed against my neck. That left me with two choices: Have it copied in pure gold or silver or find some other way to hang the disk around my neck. I finally settled on a length of soft, fine fishing line— the kind they make leaders with. It's almost invisible and can be replaced easily. Sometimes, if I wear a low-necked dress or special jewelry that is at odds with the disk, I just take it off, cut a short piece of the nylon line, and wear the disk on my wrist.

*Continued on page 84*

# How deep do you plant a peony?

## and other jottings from a garden notebook

BY WILLIAM B. HARRIS

here is no good reason for any rdener to have instant recall of formation on the planting depth other idiosyncracies of plants at are not hard to grow but hich will sulk if handled on terms her than their own. For years I ept a small alphabetical refernce, and jotted down information at I found in books, was told by ose who knew more than I did out gardening, or that I obrved. I still do. This is a distillam of that notebook. Some of it is ownright frivolous.

***Achillea.*** the botanical name r common yarrow (whose modrn hybrids are not common), was devil for me to learn how to prounce. For years I called it "aill'ea." Then I bought a book on e pronunciation of botanical ames. "Ack-ill-lee'a" is right, but still tend to come down hard on e "kill." The hybrid, "Coronation old," makes a spectacular bouuet when dried, and arranged ery tightly, blossom-to-blossom, nd formed into a dome. Blooms, hen cut mature, keep their shape nd turn to burnished gold. If lusted carefully with a vacuum leaner, the arrangement keeps inlefinitely. It can easily use up a ouple of hundred blossoms.

***Adenophora.*** The only way o tell this perennial (A. farreri is he best variety) from campanula s that its blue flowers are droopng and appear as racemes on 30nch stems. It is indispensable in n all-blue border, but the thing is mpossible to move—so those who want more plants must take cutings, for divisions invariably fail.

***Agapanthus.*** Not the least ardy, but a great patio plant in the north, for it over-winters inside with a little care. It is hard to believe that offsets from one plant will fill an 8-inch container in three years and produce six to eight wiry stalks with flowers that stay in bloom for nearly two months. Later the seed heads make unusual dried flowers. Getting this result requires summer and winter feeding with 20-20-20 soluble fertilizer. Feed half strength every two weeks. Watering: It is difficult to give Lily-of-the-Nile too much water when it blooms; water normally at other times. But don't forget watering or the tips of the leaves will brown. Compost for potting should be coarse for good drainage. Don't worry if the plant becomes heavily root-bound—give it just a touch more food.

***Ajuga.*** When I started to take a keen interest in plants, I believed everything I read or heard. One was that ajuga would drown out weeds. It is not true that this pleasant creeper with its pert short flowering stalks keeps out weeds, not in the north, anyway. It may be true in the south where it is evergreen. Here one gets enough weeds to be troublesome.

***Althaea rosea.*** Years ago, a friend, an artist and dedicated gardener, reported he had a new strain of hollyhocks (he guessed they were mutations), which were dwarf. He had found them in an abandoned garden. He gave me some seed, which produced lovely 7-foot stalks with luscious single blossoms. He was baffled. Artists sometimes have very little money, and he had less than that. His real interest was in herbs, which he grew well, so I figured any money he spent for fertilizer was for the herbs, and teased him about not feeding the hollyhocks. "Great Scott!" he said, "I was starving those nice things!" I am reminded of the story because single hollyhocks seem very difficult to find. There seem to be none in the big catalogues and garden centers don't know about them. The swing toward the doubles and powderpuff varieties seems unfortunate—they have the size and leaf shape but they don't look like hollyhocks. All hollyhocks are biennials in cold climates, but they reseed so heavily they act like perennials.

***Alyssum.*** The variety *saxatile citrinum* makes a delicious cascade of pale yellow flowers in the spring when planted in a hanging

*Continued on next page*

There's something kind of nice about picking your own vegetables for dinner. Everything tastes better, and the savings don't hurt a bit (as lots of new backyard farmers are finding out).

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keep the plant growing lushly. I advise use of these plants for screening foundation plantings of stone or brick buildings, even after the soil has been properly prepared, is invariably due to rain washing lime out of such structures and sweetening the soil above tolerable levels. Mulching with about 2 inches of compost or old cow manure is required and the mulch should be kept at that depth with annual additions—but don't mulch beyond the 2-inch mark. If you use fresh woodchips or chunks of pine for mulch, remember that in rotting down they deplete the soil of nitrogen—so pull the mulch back in the spring and work in fertilizer. It is well to pinch off spent blooms to keep the plant growing instead of producing seed. But if you have many plants this will be time-consuming, so skip it—big plantings mean spectacular displays and each plant doesn't have to be at its very best for an over-all show, anyway.

***Begonias, tuberous.*** As an amateur I had very uneven results for years. Advertisements said to plant them in the shade; even some gardening books mention this shade-loving characteristic. And my potting mediums, although made of soil, compost, and sand, were heavy. I grew a few beauties from California seedlings, but couldn't explain my many fa ures. Then in 1939 I saw t Blackmore & Langdon strain England and found out all I cou about begonia culture from t firm. But it wasn't until after t war I made much headway. A since we started to produce the in 1952 culture has changed rapidly my old notes are date But some points haven't change

The business of shade was nev true. They like all the light th can get, no direct sunlight, exce for perhaps a couple of hours the morning. Spacing tubers in t flats, bottom heat, covering tube with a half inch of starting m dium, potting them to larger p as they grow have not change But starting-and-growing-on me ums for pot culture have be radically altered. Now a soille medium is used for both starti and growing. It is half coarse pe and half vermiculite, trace el ments, a low nitrogen fertiliz and lime. (For 5 pounds use pinch of powdered trace element a level tablespoon of 5-10-5, a equal amount of lime. If Germ peat, which is coarse, cannot b found, screen Canadian peat a use the coarse parts. This enough to start and grow on abo ten tubers.) This medium pr vides splendid drainage of exc water, a high retention of mo

## GARDENER'S MIND *continued from preceding page*

Basket. Only trouble is a short-time thing at seeds of bloom if the seedpods are left [illegible]

***Bouvardia.*** It is a surprising bush [illegible] blue-flowering plants grow it for cool, deeply prepared bushel with humus and lots of grit to keep it quickly and placed in full sun. That's practically dawn-to-dusk.

***Aquilegias.*** Columbine love a very long [illegible] potted lovely honey and colors, but after about three or four years the crowns push up above the surface, die out, and the plant collapses. I have tried dividing them with a sharp belt of earth, then [illegible] doesn't work. So I [illegible] plants. Most gardeners [illegible] one [illegible] seeds [illegible] it. [illegible] photo [illegible] [illegible] [illegible]

e, but feeding once a month teaspoon of fish emulsion to a llon of water during the grow- season is necessary.

When I first grew begonias, I d that the little red buds identi- d the top of the tubers, so I ited for those buds to appear fore starting them. The ones I red had plenty of red buds hen I looked at them in late bruary, but the new ones did t. So I waited for red buds on em. But my failure rate on new es was triple the rate on old. hat happened? My bulbs owed buds because they had en badly stored; the new ones, mmercially stored, were in fine ndition when they arrived. hey should have gone into a flat. hen a gardener has success with is old tubers and loses most of he new ones, he is certain the new es were not sound. And no one n possibly change his mind.

***Campanula.*** These perennials nd to fail after more than three ears in place. So divide them be- re they disappear. Campanula re not different from other peren- ials growing from crowns; they st have to be rejuvenated more ften. There are so many species f this fine blue or white perennial hat a late June to October garden ould be made with nothing else.

***Chrysanthemum.*** It is hard ot to buy bright pots of mums n the late fall, for they are so ap- ealing. And that's reason enough or planting them. But in cold cli- nates they can't be counted on to ive more than the last good show f the season, for few of them sur- ive. Hardy mums are not really ardy, something garden books, atalogues, and dealers (obvious- y) do not mention. A bushy, root- d cutting or strong side shoot rom a clump, planted in the spring nd pinched back until July 4, will row into an excellent border plant y mid-September.

***Chrysanthemum Maximum.*** Far too many gardeners try to grow shasta daisies, a delightful plant with masses of flowers, in un- protected locations in cold cli- mates. Shastas resent cold, below minus 10 degrees and they should have protection at that tempera- ture. They are successful in our minus 20-degree climate in only one location—midpoint in a white border facing south, to the north a 4-foot terrace wall; the plants are protected with pine boughs and snow cover is usually excellent even into spring. Chances of find- ng warmer zones on your grounds are good; experiment.

***Cimicifuga.*** Almost all gar- deners know the snakeroots but many don't grow them because they are so hard to find, which, in turn, means that they are so hard to propagate that few nurserymen are interested. Once in hand they are no trouble to grow. Moving them after they've been in place a couple of years is generally fatal.

***Clematis.*** This is about the showiest vine and one with a very long season of bloom. It is easy to grow well, but unless you've heard that it must have a quarter of a cup of lime each spring, gently worked into the soil, it just sits sulking silently—then dies. Correct prun- ing is important, not only cosmet- ically, but for the production of flowers. The jackmanii varieties are pruned back to 18 inches above the ground before growth starts in early spring; prune others for shape and air circulation. Sometimes a clematis vine will start dying back—one or two canes, then it all goes. This is caused by a virus about which lit- tle is known—except plants well cared for are seldom bothered.

***Clivia.*** Getting this old-fash- ioned house plant to bloom (my great aunt had one) baffles a lot of indoor gardeners. The secret, if it can possibly be called that, is that clivia enjoys being pot bound, cramped in its living space. When will clivia that you have just bought burst into bloom? If it is a good strong plant in a 5- or 6- inch pot and pot bound (you see fleshy roots on the surface), it could bloom within the year, otherwise, it will have to grow some more. I have three big plants and can't possibly tell you when they will bloom—one may bloom a month after the others, then next year be the first to bloom. Mature plants can show in February, but some will wait until mid-July; in 1974 one of our plants bloomed twice. Two large flushes. It would be nice to know why. They start going dormant shortly after bloom, but throw new leaves again about two months later. During this time they want little water—[illegible] and the roots rot. You'll know when this happens, for [illegible] will easily lift right out of the [illegible] sans roots. Repot it [illegible] throwing new roots [illegible]

It is enough [illegible] that herbaceous [illegible] den) peonies are [illegible] deep; the graf[illegible] placed 7 [illegible] *This is the fi[illegible] practical [illegible]*




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# Music—
## a marvelous means of communicating your feelings

### An interview with Werner Torkanowsky and Caroline Stoessinger

BY BEVERLY RUSSELL

EDITOR'S NOTE: *Werner Torkanowsky is Musical Director and conductor of the New Orleans Philharmonic Symphony Orchestra. He has performed with all the major orchestras in Europe and the U.S.A. In the South, he embarked on an important scheme for introducing good music through the symphony orchestra to communities that have not been accustomed to concerts. He has initiated very successful programs for young children, too, all of which are recognized as a contribution to the quality of life in the South. Caroline Stoessinger is a concert pianist and musical educationist, formerly a faculty member of Brooklyn College. She has given recitals all over the world, is a member of the York Chamber Ensemble, and recently produced a six-volume set of records for children called* The Gift of Music.

TORKANOWSKY: A lot of qualities are slowly disappearing in the tremendously realistic world we live in. There is a difference between a standard of living and a quality of living. Sometimes we lose sight of this. You can increase your standard, but the quality of life may go down. Look, absolutely nothing is left to the imagination really today! Consider the difference between television and radio. Now you see it all. In the past you were very creative when you listened to a program. The voices were there, but you supplied the scenario and I'm sure scenarios were as different as the people who were listening. Music remains as a way you can exercise your imagination and your fantasies. And I don't mean as an escape but as an enhancement of reality, to make life and events more beautiful. Music fits every reality in a sense.

STOESSINGER: And it's a way of releasing emotional tensions, of keeping the sensitivities alive. If you cry to music, the music is not going to laugh at you. You can feel love—and the music is not going to reject you. There is no threat to you as a person in expressing particular emotions through music, so the release it offers becomes tremendously valuable, especially since most of us have been taught from childhood to hold back our feelings: love, hate, anger, whatever it is.

TORKANOWSKY: Music can make you cry, it can make you feel very happy, want to dance, to love? It can make you want to do all kinds of things. And the same music that made you dance one day will make you feel sad another. Why? I don't know and I hope I never have an answer. The whole thing is that music can increase your communication on a personal level. Music conducts human emotions and personalities like metal conducting heat. And we need this dimension in our world of almost total electronic communication in which human communication has almost broken down. The abstract concepts travel very quickly from person to person. If two people listen to music, somehow they can tell what each is thinking, without anything being said. It brings them very much closer together, whether they talk words or don't talk words.

STOESSINGER: Sometimes it's hard to put thoughts into words. Our language, which was invented as a means of communicating rational thoughts, is sometimes just too limited to explain profound ideas. There are no words to express joy. But you may be able to play something on records, if not actually on an instrument yourself, that helps someone understand how you feel, or know your thoughts better.

TORKANOWSKY: Words are really often masks we hide behind, you know. There is always the residue of the unsaid. What did she mean by that? What did he mean by that? Communication through music is more direct.

I also believe music is important because it is an affirmation of order. Suddenly you listen and there

*Continued on page 30*

# Thelma Turkel.
# Wife, mother, and Interior Decorator.

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oking, cleaning, chauffeuring, and
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ur office and "showroom" can
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is an order in sound, a form, a melody, a beginning and a middle and an end. This is satisfying, because while we do like change, we also need a sense of constancy.

STOESSINGER: When people who are beginning to explore classical music ask me what they should listen to, I always say, try Mozart. He wrote melodies with a beginning and a middle and an end. They are overwhelmingly beautiful, but easy to remember, easy to hear, easy to hang on to. Think of the popularity of the slow movement of the C Major Piano Concerto, which was used as a background in the *Elvira Madigan* movie.

TORKANOWSKY: For me there is only good or bad music. Not popular and unpopular. There are some great rock songs, great. Rock and popular music communicate the joy of being alive. But for an emotional probing of your own self, we must leave that to the great classical composers. They provide more of a spiritual thing. Pop and rock are a physical thing. There's room for both, there must be both. I don't believe in the separation of the two. Who needs to believe that physical is bad and spiritual is good? It could also be the other way. Good popular music is social commentary, and there are all kinds of very exciting visceral experiences when you listen to that kind of music.

STOESSINGER: Folk music has a lasting value too. It's music of the soul, which has lived and been handed down from generation to generation. It's involved with universal ideas, which is why classical composers have often borrowed from this thematic material and incorporated it into their works in a more complex way. I agree you shouldn't feel bound to like a composer just because his music is said to be "good" or "great" and has been historically recognized as such. You don't necessarily like to eat every kind of food in the world. You may prefer one color over another. You simply do, it's more congenial to you. Bach may appeal if you have a logical mathematic mind, but if you are romantic, Chopin, Brahms, or Mahler will correspond to your emotional makeup.

Exploring music helps develop your sensitivity to sound, every sound. You may hear noises that other people don't hear. You may enjoy music and you wish you could hear! You are more conscious of processes, hence the beauty of all kinds of sound. And very acutely aware of silence too, and the importance of quiet.

TORKANOWSKY: We talk about music giving you an "up." And it does! I see people who come to our concerts—and something happens when they come the third or fourth time. A commitment to something other than the usual values they have in their lives. I mean, suddenly besides the materialistic values there is something else; it's toward their own identity. They discovered themselves personally and each other through music. It changes their relationships. It's a bit like a Spanish audience after a bullfight or a theatre audience after a Greek tragedy. The good concert, let's say Beethoven's Ninth, promotes a chain reaction. This particular segment of music reminds you of a part of your life, your experiences, your childhood memories. It brings forth associations if you are open to it—sights, smells, sounds. Everything can be released in a condensed way, rather like the last minutes of your life, when it all flashes in front of you.

STOESSINGER: Like so many activities in life, the more you are involved with music, the more you get out of it. It would be nice to go to a concert every day, but you're not going to suffer if you don't. The live performance is always more inspirational than the recorded one. It's precious because it exists for one moment only in time and space, richer because there is the sense of communication and contact with the performer and you add your own aural dimension. The performers probably take more risks, it's more stimulating for them to have an audience to play off. They struggle to express in a more direct way, the beauty or the sadness and all the other emotions in whatever they are playing.

TORKANOWSKY: Music is probably one of the very few genuine things we have left in life. It remains unchanging, uncorrupted in a world of fad and fashion. I sound like a missionary, though I'm not a missionary, really, at all. I just happen to believe it's terribly important. Music ties into those areas of undefinable definitions, the shadow land, the twilight zones. We were born in mystery, originated in mystery. We don't know where we came from and we don't know where we are going. We have a naive childlike belief in the unknown, the intangible, the mystic, the psychic. I feel this is the basic need for music. ■

# Are you getting the most out of your weekends?

ur weekend and vacation life is changing in America. We know ow how important a change of pace, a change of scene is to a ealthy and full life. New living patterns are developing and we at ouse & Garden want to know how involved our readers are in these hanges. Will you take a moment to fill in this questionnaire? Check nore than one answer to a question if you wish. You don't have to gn your name. All you need do is mail it to **House & Garden, ept. S, Box 1910, Grand Central Station, New York, N.Y. 0017.** Then, in a future issue we will tell you what everyone has old us, and you'll know more about what's happening and, perhaps, find some new ways to get more out of your weekend living.

**1** ***Do you consider the weekend a time to***

| | *Yes* | *No* |
|---|---|---|
| est and refuel? | ☐ | ☐ |
| ngage in sports and activities? | ☐ | ☐ |
| o crafts and projects? | ☐ | ☐ |
| atch up on household chores? | ☐ | ☐ |
| rganize for the week ahead? | ☐ | ☐ |
| e by yourself? | ☐ | ☐ |
| ee family and friends? | ☐ | ☐ |

**2** ***Do you change the way you live at home on weekends?***

| | | | |
|---|---|---|---|
| ☐ Do you get up later? | ☐ Earlier? | ☑ The same time? |
| ☐ Eat fewer meals? | ☐ More? | ☑ The same? |
| ☐ Plan more elaborate menus? | ☐ Simpler? | ☐ About the same? |
| ☑ Entertain more? | ☐ Less? | ☐ About the same? |
| ☐ Dress less formally? | ☐ More? | ☑ About the same? |

**3** ***What would be a typical weekend schedule in your family right now? What would you be doing . . .***

Friday night? _____

Saturday morning? _____

Saturday afternoon? _____

Saturday evening? _____

Sunday morning? _____

Sunday afternoon? _____

Sunday evening? _____

**4** ***What are your favorite weekend activities?***

| | *Winter* | *Summer* |
|---|---|---|
| Gardening | ☐ | ☐ |
| Cooking | ☐ | ☐ |
| Crafts | ☐ | ☐ |
| Entertaining | ☐ | ☑ |
| House-fixing projects | ☑ | ☐ |
| Picnicking | ☐ | ☐ |
| Camping | ☐ | ☐ |
| Outdoor sports like golf, tennis | ☐ | ☐ |
| Sports events | ☐ | ☐ |
| Movies, theatre, concerts | ☑ | ☐ |
| Museums or art galleries | ☐ | ☑ |
| Shopping | ☐ | ☐ |
| Short excursions | ☐ | ☐ |
| Reading | ☐ | ☐ |
| Listening to music | ☐ | ☐ |
| Other | ☐ | ☐ |

**5** ***On weekends which rooms do you live in more?***

| | *Winter* | *Summer* |
|---|---|---|
| Living room | ☐ | ☐ |
| Family room | ☐ | ☐ |
| Bedroom | ☐ | ☐ |
| Kitchen | ☑ | ☐ |
| Library | ☐ | ☐ |
| Terrace or patio | ☐ | ☐ |
| Porch or deck | ☐ | ☐ |
| Garden | ☐ | ☐ |

Other _____

**6** ***When do you entertain most often on weekends?***

| | | | |
|---|---|---|---|
| Friday night | ☐ | Breakfast/brunch | ☐ |
| Saturday | ☐ | Lunch | ☐ |
| Sunday | ☐ | Drinks | ☐ |
| | | Dinner | ☐ |
| | | Late supper | ☐ |

**7** ***Do you have / Do you plan to buy one this year or next?***

| | | |
|---|---|---|
| A boat? | ☑ | ☐ |
| A motor home? | ☑ | ☐ |
| A swimming pool? | ☐ | ☐ |
| A truck, jeep, tractor? | ☐ | ☐ |
| A greenhouse? | ☐ | ☐ |

**8** ***What time of what day in the weekend do you love most?*** _____

***Why?*** _____

**9** ***Do you feel a change of scene is important?*** ***Yes*** ☐ ***No*** ☐

**10** ***How many weekends were you away from home in the last 12 months?*** ___ How many were 3 days? _____

**11** ***Do you have a weekend or vacation house?*** ***Yes*** ☐ ***No*** ☐

Do you have more than one? Yes ☐ No ☐ If yes, how many? ___

Why do you have more than one? _____

**12** ***Is your weekend/vacation house***

| | |
|---|---|
| In the country? | ☐ |
| By a lake or river? | ☐ |
| By the sea? | ☐ |
| In the mountains? | ☐ |
| In the desert? | ☐ |

**13** ***How many miles is your weekend/vacation house from your main residence?*** _____

How do you get there? Car ☐ Train ☐ Plane ☐ Other _____

**14** ***Has the increased price and/or shortage of gasoline changed your weekend plans or activities?*** ***Yes*** ☐ ***No*** ☐

**15** ***Is your main residence / Is your weekend/vacation home***

| | | | |
|---|---|---|---|
| A house? | ☐ | A house? | ☐ |
| A rented apartment? | ☐ | A rented house or apartment? | ☐ |
| A condominium? | ☐ | A condominium? | ☐ |
| A cooperative? | ☐ | A cooperative? | ☐ |
| | | Other? | _____ |

**16** ***Is your second house owned by your family*** ***Alone?*** ☐ ***Or shared?*** ☐

**17** ***What do you think of as the "ideal" second home to have today?*** ***A house*** ☐ ***A condominium*** ☐ ***A cooperative*** ☐

**18** ***Is your weekend/vacation house in a planned leisure community?*** ***Yes*** ☐ ***No*** ☐

Are you planning to move to one? Yes ☐ No ☐

**19** ***If you have a weekend/vacation house, is it*** ***Old?*** ☐ ***New?*** ☐ ***Modern?*** ☐ ***Traditional?*** ☐

Did you build it? ☐ Buy it? ☐ Remodel it? ☐

Did you furnish it with things you already had? ☐ Or buy new? ☐

Is it decorated in much the same way as your main residence? Yes ☐ No ☐

If not, how does it differ? _____

**20** ***If you have a second house, which do you think expresses better your interests and personality?***

***Your second house?*** ☐ ***Your main residence?*** ☐

***Why?*** _____

**Thank you very much.**

# *For charm of the past... joy of the present... thrill of the future...* Go South, young man, go South!

BY JAY HERBERT

The spring of the year is one of the very best times to visit the Southern states. The weather is balmy, the countryside colorful with azaleas, rhododendrons, camellias, the many beach and mountain resorts offer pleasure-assured vacations.

As we approach the Bicentennial year, you will find a host of historic sites and you can take advantage of the spring-time pilgrimages to ante bellum houses and gardens that are not generally open to the public. But the reason for going South doesn't all lie in reliving its past, there are brand new experiences awaiting the traveler. For instance, the Busch Gardens at Williamsburg, Va., will open providing a look at 17th century Europe with a collection of mini-areas England, France, Germany, Hastings, a French Canadian trapper's outpost. Each will be a self contained entertainment unit with its own shops, rides, restaurants. Turn-of-the-century steam trains, a monorail, sky lift, and packet boats transport you from one area to another.

When you go to New Orleans you will surely want to attend a major sports event, see your favorite superstar perform, or wander through a fascinating exposition at the new Superdome, the largest enclosed stadium-arena in the world.

Or you can step into the future in RCA's exciting new "Space Mountain at Disney World in Orlando, Fla. Here is a simulated space trip that the Disney people have called the ultimate thrill ride," you whiz through space in a spacelab experience until the creation of hair-speed space flight [illegible] the patch and [illegible] spinning into a [illegible]

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[

**Tur.** *April.*
*w Orleans.* **Jazz and Heritage stival.** *Mid-April.*
*w Orleans.* **Spring Fiesta.** lurs of houses and gardens, out- r art show. *Late April.*
*w Iberia.* **Justine Bottle Ba- ar and Flea Market.** *Early ue.*
*nzales.* **Jambalaya Festival.** *rly June.*
Additional information: Tourist velopment Commission, Box 291, Baton Rouge, La. 70804.

**ISSISSIPPI**
*utchez.* **Pilgrimage.** Tours of ore than 30 ante-bellum houses tours daily of 5 homes), also ndlelight tours. *Mar. 8-Apr. 6.*
*ulf Coast.* **Spring Garden Pil- image.** *Mar. 9-22.*
*ort Gibson.* **Pilgrimage.** *Mar. -23.*
*loxi.* **Garden Club Pilgrimage.** *arch.*
*ss Christian.* **Arts and Crafts estival.** *March.*
*scagoula.* **Garden Club Pil- image.** *Mid-March.*
*ss Christian.* **Garden Club Pil- rimage.** *Mid-March.*
*ulfport.* **Spring Pilgrimage.** *larch-April.*
*ckson.* **Pilgrimage.** *Late March- arly April.*
*olumbus.* **Pilgrimage.** Twenty istoric houses visited. *Apr. 4-13.*
*xford.* **Pilgrimage.** *Apr. 18-20.*
*ckson.* **Mississippi Arts Festi- al.** *Apr. 22-27.*
Additional information: Travel nd Tourism Dept., Miss. Agricul- ural and Industrial Board, 1504 Valter Sillers Bldg., Jackson, Miss. 9205.

**ORTH CAROLINA**
*Vinston-Salem.* **Southern Art Show.** *Mar. 7-9.*
*outhern Pines.* **Antiques Fair.** *Mar. 27-28.*
*Vinston-Salem.* **Antiques Show.** *Apr. 4-6.*
*tatesville.* **Carolina Dogwood Festival.** *Apr. 9-13.*
*outhern Pines.* **House and Gar- den Tour.** *Apr. 9.*
*harlotte.* **Home and Garden Tour.** *Apr. 10-12.*
*denton.* **Pilgrimage of Historic Edenton and Countryside.** *Apr. 11-13.*
*Fontana.* **Spring Flower Walks.** *Apr. 20-26.*
*Wilmington.* **North Carolina Azalea Festival.** *Mid-April.*
*Mocksville.* **Antiques Show and Sale.** *May 7-8.*
*Asheville.* **Spring Wildflower Pilgrimage.** *May 16-18.*
*Bakersville.* **North Carolina Rhododendron Festival.** *June 16-21.*
*Beaufort.* **Old Homes Tour.** House tours. Antiques show and sale. *Late June.*

Additional information: Travel and Promotion Div., Dept. of Natural and Economic Resources, Raleigh, N.C. 27611.

**SOUTH CAROLINA**
*Hilton Head Island.* **Tour of Homes.** Fourteen homes recently built among live oaks, palms, magnolias, and pines. *Mar. 15-16.*
*Beaufort.* **Tour of Ante-bellum Plantations.** *March.*
*Charleston.* **Festival of Houses.** Sixty-five of the city's finest pre-Revolutionary and ante-bellum houses, garden tours, arts and crafts shows, other events. *Mid-March-mid-April.*
*Columbia.* **South Carolina Spring Festival.** Garden tours, arts and crafts shows. *First week in April.*
*Georgetown.* **Plantation Tours.** *Early May.*

Additional information: Dept. of Parks, Recreation & Tourism, Box 1358, Columbia, S.C. 29202.

**TENNESSEE**
*Gatlinburg.* **Spring Wildflower Festival.** *April.*
*Knoxville.* **Dogwood Arts Festival.** Marked trails, antiques shows, art exhibits. *Late April.*
*Cosby* **Ramp Festival.** Food and music. Tribute to "sweetest tasting and vilest smelling plant that grows." *Late April.*
*Memphis.* **Cotton Festival.** Parade of floats, tours of historic houses and sites. *May 3-10.*
*Nashville.* **International Country Music Fanfare.** The nation's leading country music performers in concert. *June 11-15.*
*Elizabethton.* **Rhododendron Festival.** Over 600 acres of rhododendrons on Roan Mt. *June*

Additional information: Div. of Tourist Information & Promotion, 2611 West End Ave., Nashville, Tenn. 37203.

**VIRGINIA**
*Alexandria.* **New Homes Tour.** Federal style houses. *Feb. 8.*
*Alexandria.* **Old Homes Tour.** Colonial houses. *Feb. 22.*
*Williamsburg.* **Annual Antiques Forum.** *February.*
*Williamsburg.* **Garden Symposium.** *Mid-March.*
*Statewide in Virginia.* **Historic Garden Week.** Houses and gardens are opened to the public throughout the state. An official guidebook giving dates and details may be obtained from Historic Garden Week Headquarters, 12 E. Franklin St., Richmond, Va. 23219. *Apr. 19-27.*
*Charlottesville.* **Dogwood Festival.** *Late April.*
*Norfolk.* **International Azalea**

*(Continued on next page)*

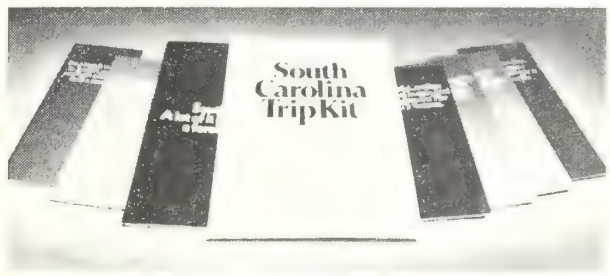

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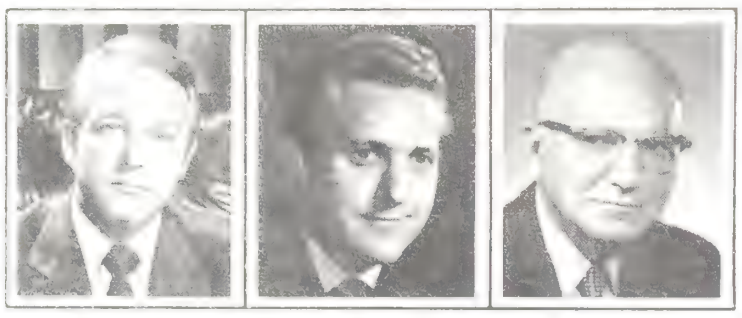
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**"During Historic Garden Week in Virginia (April 19-27) you can go through houses and gardens not generally open to the public"**

## GO SOUTH *continued from preceding page*

**Festival.** *Late April.*
*Alexandria.* **Outdoor Antiques Show and Sale.** *May 24.*
*Fairfax.* **Plantation Days.** Tour of Sully Plantation. Craft demonstrations. *Mid May.*
*Petersburg.* **Antiques Show and Sale.** *May.*
*Roanoke.* **Art Show** *June.*
*Portsmouth.* **Historic Home Tour.** *June.*

Additional information: Virginia State Travel Service, 911 E. Broad St., Richmond, Va. 23219.

### BOOKLETS TO HELP YOU DECIDE WHERE TO GO, WHERE TO STAY

House & Garden will send you, free of charge, any of these booklets to help you plan your trip in the South if you fill out the coupon on page 36.

**ALABAMA.** Truthfully, if immodestly, a colorful booklet declares "*Alabama Has It All*" (1)—the "all" being scenic and historic attractions, sporting facilities, in fact whatever turns you on to an enjoyable vacation . . . *Interstate Interludes* (2) suggests twenty-three different and off-the-beaten-track short vacations you can enjoy while in Alabama, with maps detailing your route and descriptions of what you will want to see and do . . . The *Grand Hotel* in Point Clear (3) offers a packet of brochures on the myriad facilities of this four-season resort on Mobile Bay. In addition to booklets describing the hotel and the many ways you can enjoy yourself while staying there, you receive a brief history of Point Clear and a folder giving local weather information.

Everyone who's fascinated with space travel (and who isn't?) will want to visit the *Alabama Space and Rocket Center* (4) in Huntsville, and if you're curious about battleships, you can tour the USS Alabama (5), famous for its World War II exploits and now a state shrine anchored in Mobile.

**ARKANSAS.** This state proclaims that "*Arkansas Is a Natural*" (6) in a booklet graphically describing and illustrating the many reasons to visit the state and revel in its natural beauty, recreational facilities, traditional Ozark crafts and mountain music.

**FLORIDA.** Florida has twelve great vacation regions and what each has to offer the prospective tourist is depicted in "*Florida*" (7) . . . One of the most popular vacation centers is Fort Lauderdale and one of the most popular places to stay there is the *Bahia Mar Hotel and Yachting Center* (8).

If instead of a resort city you prefer the "tropic isle" approach look into *Marco Beach Hotel and Villas* (9) situated on Marco Island on the Gulf of Mexico. Although it offers 3½ miles of white sand beach, it is not a *primitive* tropic isle. Marco Beach Hotel has 12 tennis courts, two 18-hole golf courses, and all the amenities necessary for a luscious vacation . .

**GEORGIA.** To keep Georgia on your mind—as the song suggests—its tourist department offers a packet of booklets spelling out the attractions of *Georgia* (10), whether you want to go there, as one booklet proclaims "for a good time or a lifetime." Particularly interesting to House & Garden readers, perhaps, is a booklet illustrating many of the historic houses that you can see throughout the state.

Georgia's *Stone Mountain* (11) is a place lovers of natural beauty and outdoor recreation revel in. Folders tell about its skylift, the inn where you can stay, camping facilities, railway tour, places of historic interest.

*The Cloister* (12) on Sea Island is one of America's outstanding resort hotels. You'll see why it is justly famous as you peruse its booklet . . . On St. Simons Island, *Sea Palms* (13) is a delightful golf and racquet club, fine for both the doer and the watcher.

*Callaway Gardens* (14) at Pine Mountain is the place to enjoy the Southern Appalachian wildwoods and flowers or, if you want a little action too, play golf, fish, swim, canoe.

**KENTUCKY.** This state's wrap-up is "*Call of Kentucky*" (15) and the call is a siren song indeed because of its many luring places of interest—the Blue Grass country, Louisville and The Derby, Mammoth Cave, dozens of sites of major historic importance, and lush mountain and lake scenery.

**UISIANA.** When you think of isiana you immediately think New Orleans, but this state has ny more places you should find ulating and they are described *iee and Savor Louisiana* (16) two other booklets included in packet . . . However, New Orns will probably be your home e. Where to stay? There are ny hotels in the famous French arter all of which offer modern venience combined with the velous old-world ambiance for ch the Quarter is renowned. help you select the hotel that's right for you, consider: *The t Louis* (17) with its typically nch furnishings, authentic nch courtyard, and prize-win- restaurant; *The Ponchartrain* ) a luxury hotel, world-famous, l rated 4 stars in the Mobil de; the *Sheraton-Chateau Leyne Hotel* (19) combining all Sheraton know-how without rificing any French Quarter inacy (a bonus: there's no charge children under twelve) . . . If want to be in the heart of the but don't want to stay in the nch Quarter, investigate *Le Paon* (20) a hotel that, according its brochure, features "the Baue elegance of 18th-century nce combined with a rare atsphere of good living."

Once settled, you'll want to exre New Orleans. To help you, *ew Orleans Is a True Original"* 1), a two-booklet packet details various guided tours available . Certainly one stop will be the *Louisiana Superdome* (22), largest stadium-arena-exposin center in the world, completeenclosed, designed to house jor sports attractions, exposins, live entertainments, convenns . . . Ten minutes from downvn New Orleans are 8 acres of dscaped loveliness, *Longue Vue rdens* (23).

When you leave New Orleans, u'll probably head for *Baton uge* (24) as a result of reading alluring booklets . . . And not from Baton Rouge are *Rosewn Plantation and Gardens* 5). Rosedown, built in 1835 and e of the great ante-bellum mans, has been completely restored d decorated with period furnishgs, offering a look at a way of e that's about vanished.

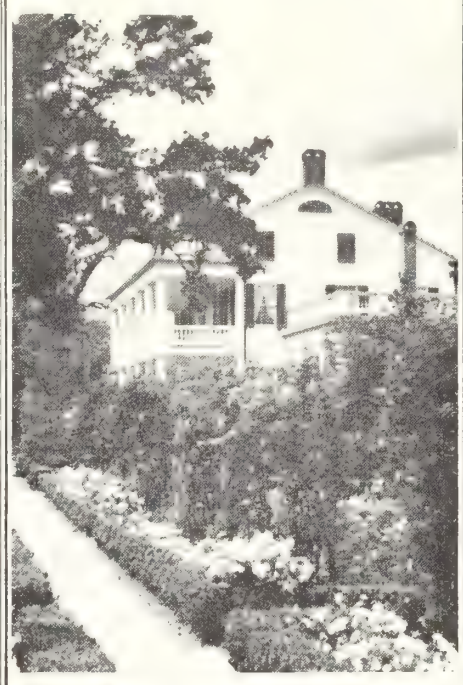
*The Shreveport-Bossier Region* 6) of Louisiana has many outnding attractions—house tours, autiful gardens, an outstanding useum. Included with the brohure package is a list of hotels d motels.

**ISSISSIPPI.** To discover all

*Continued on next page*


# ROSEDOWN

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A Holiday Inn to serve you. The gardens of Rosedown are part of Audobon Pilgrimage Mar. 14, 15 & 16.

# The Innocent Island.

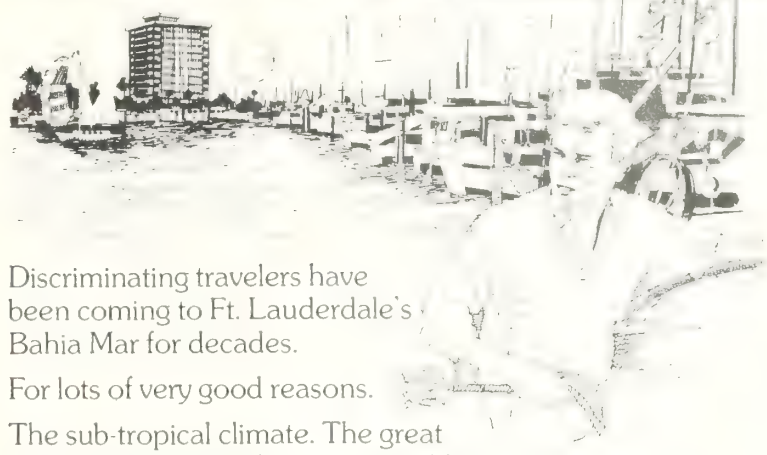
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## GO SOUTH *continued from preceding page*

the delightful places and events you can enjoy on either a short or prolonged stay, see the comprehensive *Mississippi Travel Guide Book* (27) . . . If you seek lovely stretches of beach, comfortable hotels, excellent opportunities for indoor and outdoor sports—in short, a relaxing yet stimulating vacation—your search is over. So declares "*Sun's Up on the Mississippi Gulf Coast*" (28).

**NORTH CAROLINA.** Two handy booklets will set you on the way to *North Carolina* (29). One gives a thorough rundown of all the pleasures and treasures the state has to offer. The other, especially interesting for "floraphiles" describes and illustrates the state's wonderful flowers and gardens.

North Carolina likes to call itself "Golf State U.S.A." because of its many championship courses. If you're a golf buff—or just want a lively vacation look into *Pinehurst Golf and Country Club* (30) with its bent grass greens, guest villas along the 18th fairway, an outstanding restaurant.

**SOUTH CAROLINA.** To plan each step of your visit, send for the *South Carolina Trip Kit* (31), which includes many booklets offering information on places of historic interest, beach resorts, campsites, golf courses, a calendar of events, even a complete road map.

A famous Southern seaside resort, *Myrtle Beach* (32) offers everything you have come to expect in a complete beach area—not to mention some really great golf courses.

Charleston is one of the loveliest, most gracious, and most interesting of Southern cities. A packet of booklets about *Charleston* (33), its historic sites, ante-bellum houses, guided tours, schedule of events, is yours for the asking.

Hilton Head Island is one of South Carolina's fine resort centers and *Sea Pines Plantation* (34) one of its fine places to stay. A brochure offers special golf and tennis vacation plans.

**TENNESSEE.** Tennessee considers itself the "*Land of Family Fun*" (35) and its Calendar of Events certainly is convincing. You can attend everything from the famous Cotton Carnival to a Ramp Festival. There's something doing for everyone every month . . . One of its cities to explore is *Memphis* (36). Its portfolio gives suggestions for a walk around town, a day's outing, and many sites you will want to see. Included is a brochure on Chucalissa Indian Town, an archaeological site-museum.

If you like to spend your vacations in the mountains, the *Great Smoky Mountains* (37) is for you. The Gatlinburg Directory provides information on accommodations, campgrounds, lodges, restaurants, crafts, gift shops; another booklet tells of the scenic beauties, flora and fauna to be found in Great Smoky Mountain National Park, and a third tells all the things to see and do in The Smokies.

**VIRGINIA.** Perhaps more than any state, Virginia abounds with reminders of the nation's past, and in the wake of the Bicentennial year, it is a perfect place to savor our heritage. Where to go and what to see is described in "*Virginia*" (38) a 36-page booklet that reminds you, also, that Virginia has much more to offer than places of historic interest—beaches, mountains, outdoor sports. ■

### ORDER COUPON FOR BOOKLETS

Circle the number of each booklet you want. Add 50¢ for postage and handling. Do not send stamps. Allow up to four weeks for delivery.

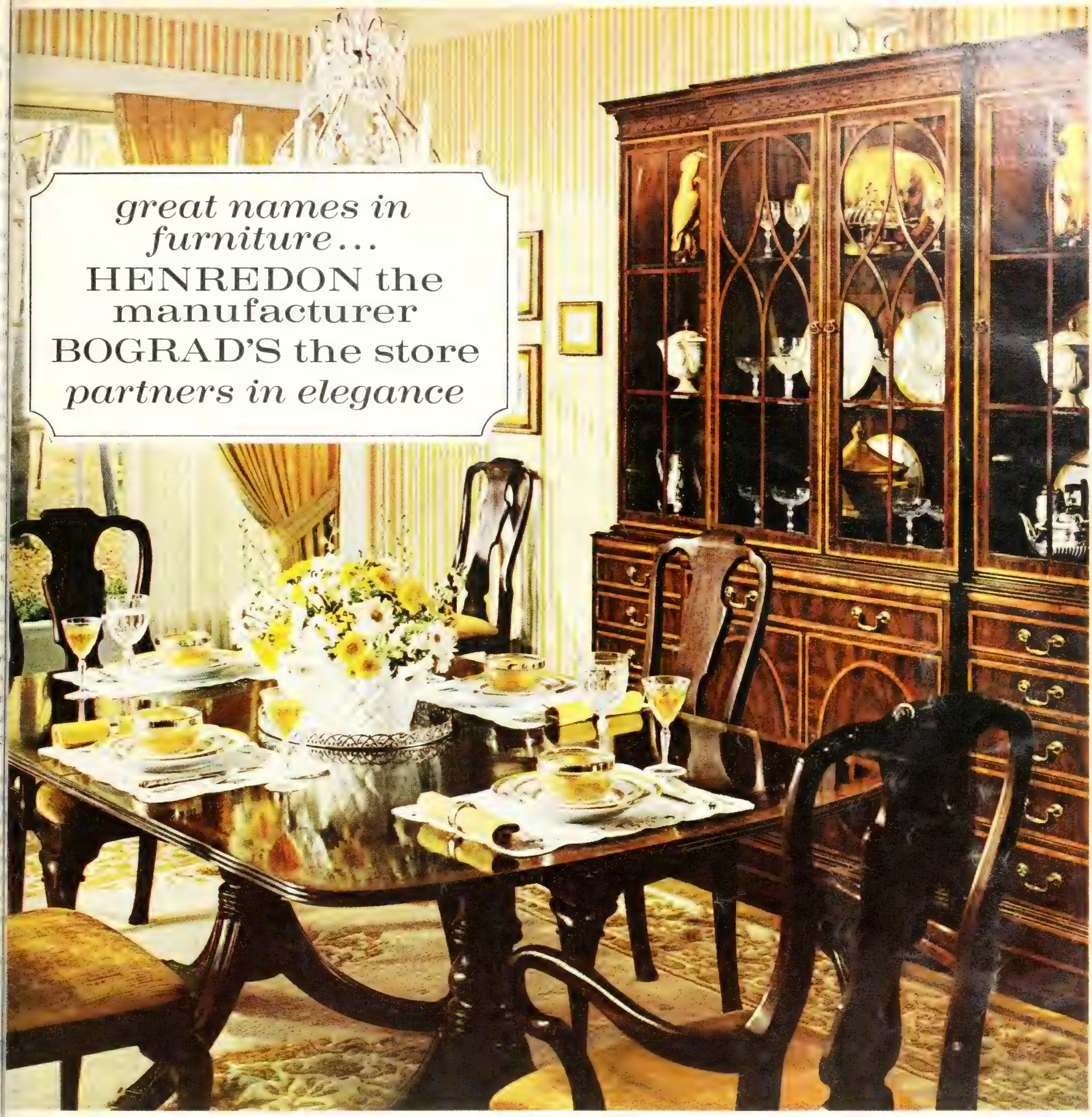
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# How to capture he new American spirit and make it work for you

House & Garden, February, 1975

How is it that some people always seem to get things done? Apparently nothing snags their course, stops them from achieving what they set out to do. Are they special people? If so, can they pass along their special formulas? These questions seem well chosen today, as we walk on the edge of history with so much change, so many new possibilities and alternatives opening up before us. We may feel a need to readjust the way we live. We may have a clue about how we *want* to live. But how to do it? There's a new American spirit that gives us the will to achieve—where does it come from?

It turns out, from research by social scientists, that achievement is a compound of various factors that make up inclination. Put organization, creative thinking, imagination, enthusiasm, interest, curiosity, initiative, concentration, hope of success together into the same project, temper it with a dash of selfishness (which is what gives us drive) and you have the certain basis for achievement.

Professor John W. Atkinson, psychologist at the University of Michigan's Survey Research Center, author of a new book *Motivation and Achievement* (Winston-Wiley)—a capstone of 25 years' work on achievement—goes on to tell us the person with that enviable knack of getting things done rarely tackles more than he judges he can manage successfully. He or she is never too eager, or too pressing. "The true achiever is a realist, opts for the 50-50 risk, rather than the more difficult and speculative one, and will not stick doggedly at a highly improbable venture, or waste time in pursuit of the impossible. Thus, you have a person operating at peak efficiency most of the time." Not that he or she automatically selects the comfortable, safest route, either! "This type will not rest content with continual mastery of the old, familiar tasks, or with successes, when there are new realistic possibilities of accomplishment open. They like challenge and the sense of having done something well, so will strive more persistently when confronted with an opportunity."

The achiever achieves partly because of a love of life. Daily activity comes naturally and is not a critical test. Work is never a duty but offers intrinsic reward. Success is a matter of effort and ability, failure never attributed to bad luck or unexpected circumstances beyond control.

We find this analysis fascinating and an accurate monitor in reference to all the people included in this issue. All have achieved the satisfaction of living in the way they really want to live. They represent the new American spirit spreading right across the country, a spirit of individual action mixed with thoughtfulness. A revival of personal effort to improve both the private and public world around us. "In the affluent sixties, there was much more interest spent on personal relationships," declares Professor Atkinson. "The emphasis on personal achievement, and effort, and energy has become more salient in the seventies. Shifting views about individual roles are tied into this. Achieving, traditionally part of the male role, is very much in the process now of being defined as the central part of the female role, as well. We're in for a very exciting period."

Just to dispel those lurking fears of failure, psychologists have indicated that achievement is made up of 25 percent inspiration, 50 percent endeavor, and 25 percent distraction—in other words, you need *some* time for other activities to compose an interesting life.

## Take this issue for inspiration

Across the country and in the houses chosen for this issue, we're finding a new evolution in the American spirit of living and decorating. It's essentially a love of comfort, efficiency, and a range of ideas for living picked up all over the world but used in a totally American way. It's a look that translates in many ways according to one's needs. To open, we've chosen examples from San Francisco, Chicago, New York—and throughout the pages, throughout the country, including Texas, Vermont, Long Island, you'll see more wonderful ways Americans are living.

## New American Decorating

# What this new house in San Francisco represents is a couple's decision to rethink the way they live. They wanted a house with all the rooms as informal and comfortable as a small library in their former house had been.

Apart from the clean, spacious lines of the shell of the house, its thick walls and high ceilings, what gives character more than anything else is the use of natural, untreated materials everywhere. Cottons, wickers, woods, stone, over-sized plants, and big comfortable furniture are all the work of interior designer Michael Taylor who also helped to design the house itself. In the living room, *below and left,* sofas are covered in cotton-linen herringbone. Cypress tree stumps serve as tables, massive mantel is fossilized stone. Melon-colored, melon-shaped pillows are designed to go under an arm to make leaning and lying on the sofas even more comfortable.

he bed is made of pine logs
tained dark. Pillow shams, comforter,
ushion—all white sheeting.





Untreated oak planks panel
he library. The rug is straw.



With a grown family, it was easy for the owners to streamline when they built their new house, *top.* Fewer bedrooms were needed. They wanted more fun and less housekeeping. Accustomed to traditional furniture, they still wanted some of it but wanted new things that would look right in California. Michael Taylor designed floor to ceiling windows, which he fitted with shutters. Storage throughout the house is hidden in the thickness of the thick walls behind touch doors. Lighting is recessed. There are no fragile materials. In the bedroom, *above,* the comforter-bedspread is made from white sheets and goes to the laundry. There's a duplicate to be used while the other is washed. Floors are either oak or a pattern of stone in wood, *opposite page, bottom.*

In a new San Francisco house

## Naturals for easy indoor-outdoor living

e dining table is a big pedestal shape made of travertine. Consoles
fossilized stone with a pair of plants used as though they were sculpture.
17th-century grain thrasher hangs up as art at the other end of the room.

New American Decorating in Chicago

# A made-over carriage house to live and work in



**An old carriage house,** now showing no sign of its 19th-century origins, the remodeled house is both a place to live and a place to work. If Mr. Skrebneski wants to work late in the studio downstairs, he has only to climb to the second floor, where a large living room and a sitting room were added to the old coachman's quarters, now dining and bedrooms, to be at home. The sandblasted concrete steps, *below*, are guarded by a 7-foot wooden figure that, in the 17th century, stood on an Italian building façade. Close to the heart of Chicago, the location is total convenience for a man who may take pictures far away, yet, at home, doesn't want to waste minutes traveling to work. The long city lot is an almost-secluded park. Where the original house stood, a drive and small courtyard, *above*, provide an approach and parking space. Careful, very simple landscaping creates a pocket of green under the tall Chicago skyline reflected in window.







**Light, the even all-day glow that photographers love.** Space where life and work could coexist, at all hours of the day and night. A place to put together a love of Paris, exemplified by antique French furniture, and a taste for Bauhaus and cubist art. A place to entertain easily, perhaps four, perhaps thirty-four people—"I knew what I needed," says photographer Victor Skrebneski. What he had was a tumble-down house with a carriage house, in better shape, behind it. It took a year of plans, demolition, and reconstruction, but now where carriages once were kept, there is a studio and, above it, a spacious apartment designed by interior designer Bruce Gregga. It's organized—"I like things just so, put together"—but fluid, the colors, variations on a single theme; the textures, natural and rich. The floors are travertine, the walls a matching cream-pale color that suffuses light. The 18th-century furniture, at night, is reflected in full-length mirrors that slide out of pockets in the walls to hide the windows (shown opened, *left;* closed, *below).* And everywhere the eye is directed, a work of art receives its focus. The house is not a museum, says Mr. Skrebneski. He does not consider himself a collector. "They're just things I really love." But it is a place to display those things, none of them newly bought, some of them friends for twenty years. In the second-floor living room, *left,* up stairs boxed in with marble (seen in the lower corner) and easily at home together are, counterclockwise, a Ptolemaic head, a Lalanne sheep (behind the sofa), an African witch doctor figure, paintings by Gleizes and Valmier, a bronze by Max Ernst on a tall pedestal. On the commodes, African sculptures keep company with one by Man Ray. *Above:* a painting by Gleizes, a sculpture by Peyrissac.

HORST



In a Chicago carriage house

# Every room's a sitting room





**Every room in the house is, in a way, a sitting room, but the real sitting room, *left*, has special attractions,** a skylight that lets Mr. Skrebneski take pictures by daylight upstairs as well as by floodlight in his studio, and doors to a small terrace that make trips to the country for summer sun unnecessary. "I've made everything as simple as possible for myself," he says. The art: a Fang mask, a Bombois nude, another Gleizes (*above*, over sofa), African figures stand near the small bar, a Domela over the fireplace. The dining room, *far left, top and center,* is a room with several lives. Sometimes it is a library, and the French ormolu table is a desk dominated by two 18th-century Chinese porcelain cranes, in front of a painting by Bauer. Sometimes it's another sitting room. Even when it becomes a dining room, it can be either informal or, as here, a place for a quietly formal dinner for three. For big parties, Mr. Skrebneski turns his studio into a huge dining room. The dining room is separated from the bedroom, *far left, bottom,* only by a pair of large Chinese Coromandel screens. The Louis XV bed is also a sitting place. Sisal floor matting, fur, old ivory silk add to the range of brown and gold textures used throughout the house. The kitchen, *below,* is the only room that's any other color: blue and white paint on the parquet floor, blue-patterned faïence plates on the walls. The big central block, holding almost all the equipment, is a cook's dream of convenience.

HORST



Here's a city apartment that updates and streamlines a way of living that already included lots of well-loved furniture and art—as well as a steady flow of guests for dinner, cards, drinks. It had to be an apartment that worked effortlessly for all sorts of entertaining.





*To make a big space look even bigger meant paring down. Windows were enlarged. Paneling, moldings, sconces, and a marble mantel were stripped away. Track lighting was put up, the floor bleached and stained two shades of beige-white to show the checkerboard of the wood. Walls and ceilings were painted a rich creamy white. These basic changes were made by Angelo Donghia of Donghia Associates to create a fresh background for things that owner Lewis R. [illegible] Mr. Donghia to edit his [illegible] work for his life. Comfortable, big scale chairs [illegible] everything old and [illegible] down [illegible] apart. Ta[illegible] Jap[illegible] ntury Chi[illegible]*



New American Decorating in New York

# An apartment streamlined for living and entertaining



In a New York apartment

# A fresh background for favorite furniture and art





*The versatility of the living-dining room is what makes it so easy to entertain in. The same table used for dinner splits into two for cards and the same comfortable chairs in a cotton stripe pull around them,* opposite page. *When Lewis Bloom has a buffet party, both tables are pushed up against the windows and everyone sits all around the room. A third card table is at the opposite end of the room,* opposite page, inset, *near the door to a terrace that serves as an extra room in summer where guests can have drinks before dinner. The bedroom,* above, *follows the theme of modern comfort, and neutral colors that Angelo Donghia felt would update the existing furniture. The bed where two figures buttress the headboard has been covered in gray flannel along with the walls. A gray flannel pillow sham comes off at night. The spread is a comforter. The library,* left, *retains the original paneling and a cozy atmosphere. It doubles as a guest room with a sofa that pulls out into a bed.*

HORST

# ARE YOU LIVING THE

## 7 stories of people who are living just the way they want to and how they've managed it

By Beverly Russell

Do you ever have any doubts about the way you live? Do you wake up sometimes in the morning wishing your bedroom and bathroom were different, yet you don't exactly know how? Your feelings may get confused when you come home from a weekend or a vacation—so *glad* to be back with the old familiar things! You love your house, why should you change it, you think? The reason is that deep down, because we all like stability, we hesitate about change. Yet change can be stimulating, invigorating and until you go through it you can't possibly know how much better your life could be. Listen to the California couple whose house is photographed on page 40...

1 "We were so happy in our old house, really. We loved the antiques and the paintings we'd collected over the years. We decided to make a move when our children were all gone, all but one married, and a house with six bedrooms was too big for us. Most of our friends were moving into condominiums or apartments for convenience, when we decided to build they told us we were out of our heads. But it turned out we had two marvelous years doing it." The husband went on: "I am an outdoors man and I like to be very comfortable. I conform in business like everyone else so that ***it's important to me to have a house that's easy to live in. I don't want to be told that I can't walk on the rugs. In my new one, there is nothing to interfere with my freedom.***"

The idea of total change evolved slowly as they worked with their decorator Michael Taylor. "I always thought we'd move with all our things, then gradually I came to realize that practically all we were keeping were the mattresses," recalled the wife. "I started out looking at prints for curtains and color chips for paints and so on. It turned out there's not a curtain in the house and all the rooms are white. Most of our paintings are in the garage, a lot of furniture has been sold but we haven't missed it for two seconds. In fact, when we moved into the house we had almost nothing in our bedroom, except the carpet and a box spring and mattress, nothing in our den, but we couldn't stop admiring every room and it was practically an empty house...."

The couple found out simply that living with natural textures, wood, travertine, wicker, rattan, sisal, sheepskin leather, with shells and plants ("Who ever thought wood belonged with cactus?"), really created an atmosphere that matched their outgoing, free-and-easy personalities. White airy rooms suited their expansive mood. [illegible] They used to and [illegible] The new travertine dining table seats sixteen on rattan chairs [illegible] whole room encourages informality. "Gorgeous tablecloths, all put away in drawers are never used now." They added in a final summing up: "[illegible] It was a big surprise to [illegible] an extraordinary process and very regenerating."

2 If this tells the story of how close personal possessions and surroundings can be altered to express personality more accurately, Victor Skrebneski's carriage house, page 44, indicates the effect of physical location on individual happiness. If you're a country person at heart, feel locked in in the city, or if you prefer one city's pace over another's, perhaps there *is* something you can do about it. In this instance, Mr. Skrebneski, a photographer, decided to give up New York for Chicago, his hometown. "The slower pace is one of the attractions here," he conceded. "Life is much simpler. It would be impossible for me to live like this in New York, to have this space, my own courtyard and parking. It's like having New York's Paley Park all to myself. Actually I had that in mind when I remodeled the carriage house. Having the trees is a very comforting situation. From here I can be in New York in two hours, spend a weekend with my friends on Long Island if I want to, and it's much quicker to get to the Coast, being central, Midwest."

The remodeled building allows him to live and work in the same place—for him a particularly successful arrangement. ***"The idea of having everything together helps me to relax. I work late a lot, it's very convenient just to walk upstairs, rather than fight with traffic.*** I know I don't have to get into a car, be somewhere by a certain time. I like things organized so I've tried to make everything as simple as possible for myself. Mentally this does simplify. I'm in the city center yet in summer I sunbathe in the atrium, the refrigerator is in the kitchen, I don't have to go anywhere. I love being alone, I like to read a lot—when you're with people all day you have to have time for yourself. I can do everything I want to here, in this environment."

3 Sometimes greater satisfaction with a living environment comes through being able to work under the same roof, *part time*. Donald Chapell, an architect, thoughtfully built his house on Long Island, page 58, near enough to New York so that he can spend four days "working weekends" in it. "I get more done," he remarked. "It's very quiet out there, you can work all the time, there's really nothing much else to do, no distractions. You can't get television and you can barely get radio. These contrasts make for greater concentration on work projects. I wouldn't give up New York completely, I like the city, being involved in all that it has to offer, but I couldn't enjoy it unless I could get away. ***I need more light and space, to see trees in my own backyard,*** in fact I even see deer sometimes while I'm eating breakfast."

4 When there's a big personal interest in your life, work apart, your house can and should be organized to take it in. On page 62, see how Sammy Davis Jr. wired his whole house for sound. Music and old movies have always been important to him. "At one time," he admitted, "we used to show films on an old sheet draped across the wall. The times it fell down! Now we have a professional projection room, which needs a professional projectionist, and a permanent screen fixed in the living room. You practically need to have majored in electronics to understand how some of my equipment works. ***But we just love to have people to see movies, to have music whenever we want.***"

5 The Addisons, page 54, love entertaining, too. Bruce Addison is a good cook and thinks absolutely nothing of doing a party single-handed for sixteen or thirty with help from his wife Gillis on marketing and preparation—and does so very often on Saturday nights. He planned their weekend barn with decorator John Rieck to have a kitchen that is part of a living room library. Here guests gather for drinks while the cooking is finishing off. They may set up a table in the main living room for eight, in addition to the table for twelve in the dining room proper. "This is our fourth house in fourteen years of marriage," explained Gillis Addison. "Bruce has to have a project, he's not happy unless he's designing or building something. I don't mind exchanging houses. I don't dig my heels in and say, oh I'm never going to move. Things change, you have different needs. A lot of people do feel terribly possessive about a house and its contents, but I'm not the kind of person who gets sentimental about things. We sold everything with our last house on the beach and started this from scratch. Before, everything was red, white, and blue and modern, this

# WAY YOU REALLY WANT TO LIVE?

ouse has a barn feeling and country furniture at all came from antiques shops around the eighborhood. I can't tell you how much we did ourselves, but it was worth it, things mean ore. That's the pleasure, don't you think."

They are dedicated country weekenders, join gardening, swimming, tennis, playing volley all and other activities with their eleven-year-d twin sons. "I've spent all my life in the city oking out to someone else's window so I need pace and freedom," said Mrs. Addison, "I feel rribly confined in a small space. ***I don't like nall nests. I want to look out. Every oom you walk through in this house ooks out to some marvelous scene. I can ist sit and stare and be fulfilled.***"

6 You can probably tell that you're living in the way that's really right for you, if your surroundings change your daily activity. This happened to Robert Hall, a one-time Wall Street roker, who is now involved full time in a job s executive vice-president of the Windham oundation, a trust organized to preserve and estore the town of Grafton in Vermont, see age 72. Mr. Hall, an enthusiastic outdoorsman, rst went to Grafton as a boy when his parents ought an old farm. "The roads were unpaved, e washed in the stream, heated water for a ath on the stove, and lived with kerosene mps." Gradually, as his aunts and uncles and ousins bought houses around, the family began take more of an interest in the town's rehabil-ation. "One of my aunts left some money for ne start of a small foundation and that just ort of got us going. We did up the Village Store, ne Tavern, the gas station, and several houses nat were falling into ruin. Then we started a heese factory to provide jobs in the neighbor-ood. As all this expanded, I hoped that I would articipate in the running of the foundation, and did. What we really have now is a program, nd a good program is probably never complete. here will always be another house, there will lways be another piece of land, something else hat we can do...." While Mr. Hall and his fami- are still only weekenders and summer people they live in New Jersey), they anticipate they vill be there more. ***"We all love working on he restoration projects, rounding up an-iques and paintings that may be needed.*** We hope to be full-fledged insiders in the town ne day, it has a great wave of young people oming up and living there very happily."

7 Living the way you really want to live may take a lot of determination and much effort, as Mr. James Amster's story indicates. It is nearly thirty years since he first found what was for him he perfect place in town. Slowly he brought an ld carpenter's house, its yard, and surrounding uildings back to life in central Manhattan, see age 78. "I'm a 19th-century man and I like to ive in a 19th-century way," he explained. "I go to my friends' city apartments and they're vonderful but ***I like to live in a house, the cale is right for me, I always love to get ome and down to earth.*** The garden is ter-ibly higgledly-piggledy but it's really country iving in the city. It's taken me twenty years to get it to look like that, but I've always believed n doing more and more because I feel tomorrow hould be a better day. I never stop. I believe hat everything you do in life, the more care and ttention you put into it, the better you can make t. You can do that with food, with decoration, I think you can do it with almost everything...." ■

By Dr. Robert Tyson

# A quiz to help you find out

Are you living as you really should? Are you missing satisfactions that should be yours? How easy it is to drift along, assuming that your life is what it is and will stay that way. Stop for a moment. Take stock of some vital areas that should be paying dividends. Let the check list identify satisfactions you're missing. Then see how you can raise your score for enjoyment. Read each pair of questions. Think them over, don't linger. Put a check mark next to the one question, either A or B, that fits you best. Be as frank with yourself as you possibly can.

☑ A or B

## DOES YOUR HOUSE REALLY SUIT YOU?

☐ Are you always wishing you could change your rooms in some way?

☐ Do you wish you could have colors you see in other people's houses?

☐ Do your living spaces give you a cramped feeling?

☐ Do you just endure the furniture you have now?

☐ Do you feel distressed by your kitchen, wish you could change it all around?

☐ Do you feel you just don't want to be bothered with a garden or indoor plants?

☐ Do your rooms really make you feel comfortable?

☐ Do you like the colors in your own house?

☐ Do your living spaces provide enough comfort and privacy?

☐ Is your furniture comfortable and attractive?

☐ Do you find your kitchen arrangements practical and pleasant looking?

☐ Do you find it rewarding to think about gardening, indoors or out, and taking care of growing things?

## YOUR SOCIAL LIFE?

☐ Do you see your friends mostly as a matter of duty?

☐ Is there really no friend with whom you can talk confidentially?

☐ Is it a rare and special occasion when you see your friends?

☐ Do you feel uncomfortable when you meet new people and avoid such meetings as much as you can?

☐ Do you have true rapport with your friends?

☐ Do you have at least one friend with whom you can be almost completely frank?

☐ Do you visit friends (or have them come to see you) as a regular and important part of your life?

☐ Do you feel stimulated and pleased when you meet new people?

## DO YOU GET ENOUGH REAL PLEASURE?

☐ Are you almost always concerned with how you're doing, worried about things in general?

☐ Are your muscles and your mind usually set tensely for some purpose?

☐ Do you hardly ever find time for a play, a movie, a TV program, concert, or exhibition just for fun?

☐ Is your day almost entirely occupied by serious, practical, realistic problems?

☐ Day after day, do you do mainly what you've done before?

☐ Do you stay at home for your vacation or go back to a place you really don't feel enthusiastic about?

☐ Do you really enjoy yourself and live for today as well as for tomorrow?

☐ Do you see to it that your muscles and mind "let go" and really relax quite often?

☐ Do you definitely make time for diversions such as those mentioned?

☐ Do you let your imagination carry you off in playful flights of fancy, just as a release from the real world?

☐ Do you deliberately look for new experiences: topics to look up, something interesting you never followed up, a different newspaper, a new store to explore, some craft to try your hand at?

☐ Do you spend your vacation at a place you can really look forward to, perhaps a new one?

CHECK YOUR SCORE AND ANALYSIS ON PAGE 97

The New England barn-shaped house nestles into the Long Island landscape as if it had been there forever, **1.** But only two years ago these were potato fields and the lovely old wood that panels the entire house inside was two tumble-down barns and an old log cabin on a Virginia ranch. Now it shapes a new way of life with traditional things for its owners.

Mr. and Mrs. Bruce Addison wanted a complete change. And they like to build houses. The beach house they built several years ago was crisply modern but when they moved, they left everything, even the furniture. This house, designed by Mr. Addison and decorator John Rieck, is country—with a difference. Mr. Rieck, working with the Addisons for the third time, helped them combine tradition with drama. The new board-and-batten exterior, **4.** is appropriately barn red, a soft shade echoed startlingly, **2.** in three oversized sofas posed like soft sculptures around the huge stucco fireplace. The upholstery is three heavy cotton prints, cut apart and sewed together diagonally. Except for six upholstered pieces, those here and three in what the Addisons call "the other room" (on the following page); all the furniture is local, found in country antique shops no more than 20 miles away. Sliding barn doors, **3.** open to the children's rooms downstairs, and to the master bedroom above. Wood colors were carefully blended for walls; the floor is a bold sweep of white tile throughout the house.



BEADL.

12

**Weekend living in the American spirit**

# A beautiful new barn built from old barn materials








Living rooms have plenty of outdoor space nearby; a central kitchen for easy entertaining; bedrooms separated for privacy.



3





In a beautiful new barn

# Generous space for family living and entertaining



4

The "other room," **1.** is a family room, library, party room, sitting room, and anteroom to the kitchen where Mr. Addison, who does a lot of the cooking, is separated from the children or his guests only by a bar-type counter, **3.** There's another fireplace for rainy, snowy days and a glassed-in triangle by the chimney to let sun in. Originally, the Addisons had not planned a dining room, but the afterthought for entertaining, **4.** turned out to be a perfect addition to balance the brick-paved outdoor deck (seen through the windows, **3**). The brick-floored dining room with its country table for ten brings the outdoors in with plants and a stag print hung against the view. All the prints, the paintings, all the animal figures in the house are of nearby forest creatures. The house is flexible. Each room has several lives. The master bedroom, **5.** with its bed curtains shirred onto curtain rods hung from the ceiling, is also a sitting-and-reading room, privately apart from the rest of the house. It has a lovely view over trees and distant fields. Seven years ago when they first bought the property, Mr. Addison planted 500 black pine sprigs. They were 6-foot adolescents ready for rearrangement when the house was finished. Now, **2.** they make it seem as if it has always been there.

BEADLE

5



Weekend living in the American spirit

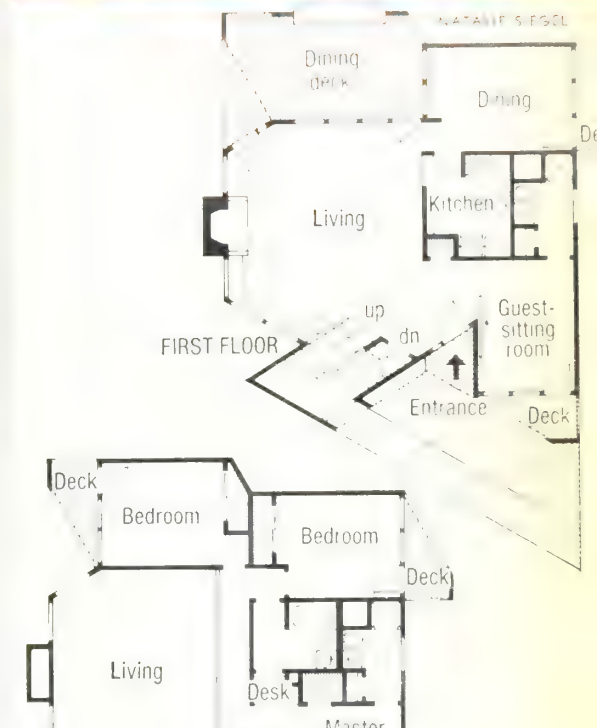
# An exciting new house wrapped around a soaring living room

One of the most appealing aspects of a contemporary house is that it need not be circumscribed by being crammed into a traditional mold. It can look like anything you and your architect want it to look like—as long as you get a pretty good idea, just by looking at it, that it will be a comfortable place to live, loaded with light and air, and either bring the outdoors in or the indoors out—or both. Here, for example, is a *very* modern house designed in an idiom all its own. Set on a heavily wooded acre of land in East Hampton, N.Y., it is the home of architect Donald Chapell, a young Texan who built it for himself (and in summer, his parents), and who loves Long Island, its ocean and trees so much that he made his summer house a winter house, too. It is built to know no season.



[illegible]ind of fractured cube with fins," says architect [illegible]. Technically, the description is [illegible]ngly accurate, *see plan, opposite page,* if a bit [illegible] cube of fantasy, with [illegible] like jiggle in the sharply [illegible] roadside façade. The angle helps to capture the [illegible] decks, one atop another [illegible] and practical embellishments for [illegible] rough-sawn [illegible] with cant[illegible] shaft shingles, and the [illegible] the two-story living [illegible]






In the living room, *left, above, and below,* the three largest glass panels are fixed polished plate and so heavy they had to be hoisted into place with a crane. Narrow strips beneath them are awning windows and open for ventilation. Mr. Chapell, who was his own decorator, likes the simplicity of white, natural wood, and the occasional zest of color. Oak flooring is smoothed with a polyurethane finish to give it the toughness and easy upkeep of a gymnasium floor. Owner-designed sofas wear slipcovers of white seersucker made in one piece and held taut with drawstrings that tie under frames. Color? An orange-red metal sculpture; a vivid kilim rug. Ornaments? Two beautiful carved wood Javanese geese on the fir-board mantel. *Building materials and equipment on page 152.*



In a new weekend house

# Romantic views from decks and windows and balconies



For all its angles and almost indescribable shape, the house has none of the "hardness" that can make modern design seem cold. Each façade is broken into a different pattern with windows, decks, and indentations that create a play of light and shadow. They vary from the side *above*, with its bold, pillar-like chimney, to the rear, *opposite page, top*, with its dining deck bright with Italian plastic chairs. The house is even interesting to look *down* on, *right*. Here, from the master bedroom deck, one gets a view that is fascinating, almost classic, in the elements of its design. Mondrian would have liked this [illegible] played Juliet (or even learned her moonlit speeches) would love the living room balcony, *far right*. All balconies are romantic, of course, but this partic[illegible] by being thrust out into the great lofty room to give it variety and also to break its height.









, *right,* is pure white spiked with
l-orange of the plastic laminate
's and backsplash. "Small, but I
a small way." Dining room, *far*
s big enough to serve quite a lot of
way" cooking. Table is Chapell-de-
handsome chairs are modern
rs of natural ash. Hung like a tapes-
quilt made by the owner's grand-
in 1884. "It's part patchwork, part
ne embroidery, part oil painting."

Sammy Davis, Jr. at home with

# GREAT AMERICAN SOUND



Favorite way of spending an evening, for the Sammy Davis, Jrs., is to have friends for dinner and a movie. Paintings on living room wall, **2,** flip back, **1,** to allow for film projection from room behind. Black box, **4,** controls intercom to projection room, front door, pool house, even the fire department.



After so many years on the road, being in restaurants, calling room service for a cup of coffee, you get to a point where you just want to stay home and have everything happen around the house." So, planted in the walls of Sammy Davis, Jr.'s Hollywood house, **5,** is enough electronic equipment to rival a spacecraft—to help him put on music, movies, parties, whenever he pleases. Since sound has always been a major part of his life, every room is wired for quadraphonic music and person-to-person communication. When he couldn't find the fixtures he needed, he simply set about designing them himself and had them built by an electronics specialist. TV comes in triplicate "one for regular TV, one for closed circuit in the house, one for video tapes and closed circuit outside." All are controlled from various points: the office console, **3,** the living room bar or the bedside unit, **6.** Center of operations is the tape room, **7,** with the special collection of taped and recorded music, movies on video tapes, plus

Set into far wall of tape room, **7,** reel-to-reel, color record playback unit for video tapes, **8,** to left of 12-inch Trinitron TV monitor. Below, reel-to-reel audio tape deck for two or four channels. Another four-channel reel-to-reel tape deck, **9,** is next to FM tuner and two integrated amplifiers. Equipment by Sony.

GREENE

An idea bath for two

# 2 bathrooms in one with a big plus






BROTMAN

This is the new idea bathroom for two. Big—32 by 20 feet approximately—space divided equally for husband and wife; each completely private—yet together when they want to be. Privacy is achieved by separate entrances (this

n for Mr.





The far end of the bathroom is flooded with natural light from the skylights, *left.* The bath, shower, and sauna are tiled in small creamy-white mosaics, which blend perfectly with the creamy-beige and dark salmon wool carpet, specially designed for the room —the pattern is an abstract "S." The marshmallow cube ottoman is covered in pale salmon linen. The front of the sauna and the bath are paneled in mirror, bordered by tile—effective when you walk toward them along either corridor. The shower has glass each side so you can see through to the planted area, *opposite page, top left.* Each side of the room is individually planned. For her, *below right,* creamy towels, black marble for basin trim, toilet, and bidet, Plexiglas stool covered in Indonesian batik. Recessed revolving toothbrush and glass holder at right of basin below built-in medicine cabinet. Theatrical bulb lighting each side of mirror. For him, *below left,* black towels, built-in hair dryer above them (you just stand under it). Pre-Columbian mosaic mask above mirror, soft brown kid seat, recessed fluorescent lighting above mirror (like hers), custom chrome basin fixtures (like hers). Each side has its own closets. The exercise area is mirrored, *opposite page, bottom;* below towel storage is a stainless steel built-in scale.

## An idea bath for one

# planned for a very organized man

New idea bath for one—created by using practical bathroom materials in a dazzling new way. It is the ingenious setting of shiny surfaces and subtle colors that makes it so contemporary and unique in look. The washbasin and tub are surrounded by champagne-colored oxidized aluminum. Mirror covers the ceiling and washbasin wall and fits between the drawers, *above*. Brown Formica covers closet doors and medicine cabinet, *below*, reflecting like glass. The closets, lined in light wood, show the perfect organization achieved throughout the bath by designer François Catroux.



Everything in this man's bathroom has a practical us
The brown tinted glass panel, for instance, at the foot
the bath, *above and left*, prevents splashing as well
partitions the room, giving perspective. The step up, s
*floor plan*, is also a divider, separating the bath are
from the washing/dressing area. All the reflecting su
faces (mirror, Formica, aluminum) clean with just
wipe, as do the acrylic lampshades each side of th
washbasin. Formica doors conceal bidet and toilet fo
privacy, *below*, matc
ing closet doors o
posite. The rectangul
space beneath the bat
tub, *above*, contains r
diators, so heat float
up around you as yo
bathe. The mirro
above the washbasi
slides back to reveal
window. The to
let and bidet are
is painted green
*below*, the sam
color as trim o
towels and bat
mat. The carpe
throughout
pale brown woo

# Bright bath inventions

to make you feel good and look good



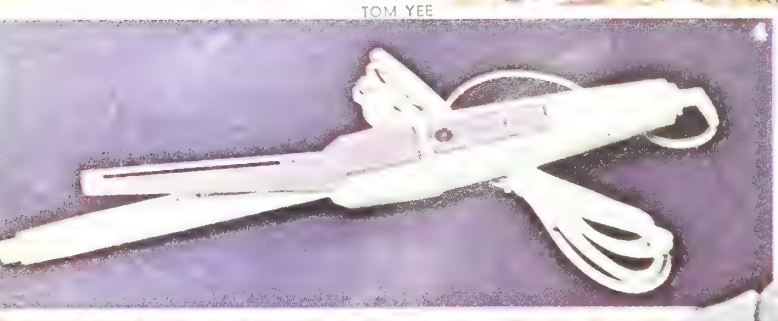
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TOM YEE





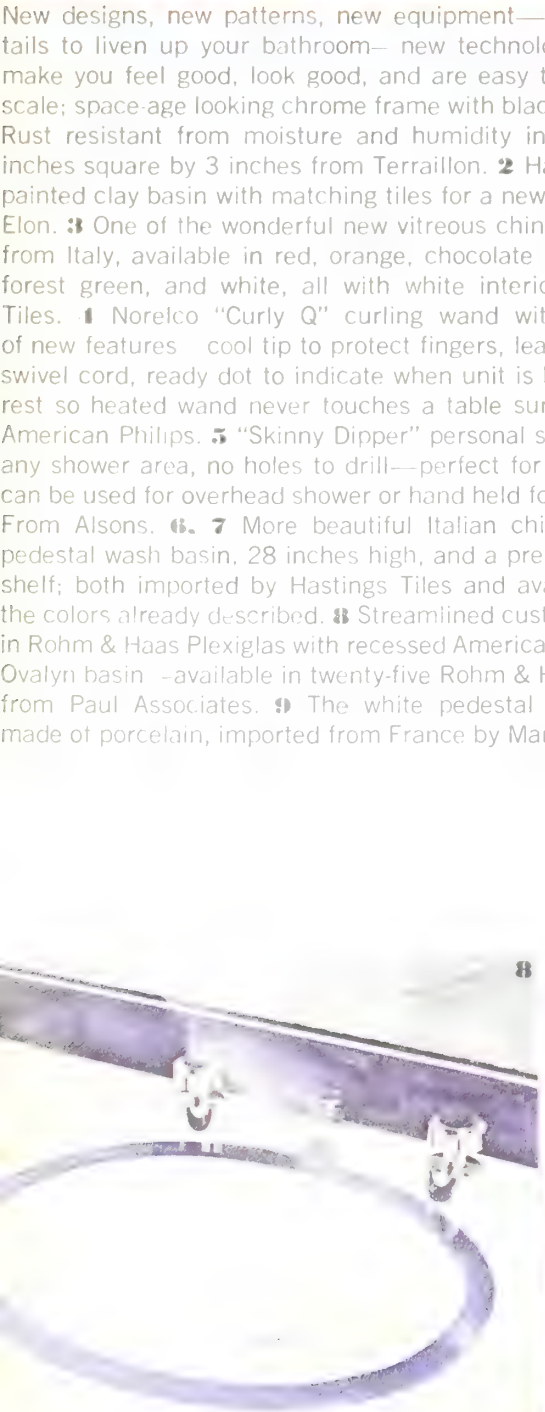
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8



9

MATHEWS

New designs, new patterns, new equipment—new decorating details to liven up your bathroom— new technological inventions to make you feel good, look good, and are easy to use. 1 Bathroom scale; space-age looking chrome frame with black padded vinyl mat. Rust resistant from moisture and humidity in the bathroom. 12 inches square by 3 inches from Terraillon. 2 Handmade and hand-painted clay basin with matching tiles for a new, prettier look, from Elon. 3 One of the wonderful new vitreous china bathroom fixtures from Italy, available in red, orange, chocolate brown, cobalt blue, forest green, and white, all with white interiors—from Hastings Tiles. 4 Norelco "Curly Q" curling wand with mist. A number of new features cool tip to protect fingers, leak-proof mist vessel, swivel cord, ready dot to indicate when unit is heated, safety heel rest so heated wand never touches a table surface. From North American Philips. 5 "Skinny Dipper" personal shower installs in any shower area, no holes to drill—perfect for apartments. It can be used for overhead shower or hand held for hair or body. From Alsons. 6, 7 More beautiful Italian china imports—pedestal wash basin, 28 inches high, and a pretty bathroom shelf; both imported by Hastings Tiles and available in all the colors already described. 8 Streamlined custom counter in Rohm & Haas Plexiglas with recessed American Standard Ovalyn basin -available in twenty-five Rohm & Haas colors from Paul Associates. 9 The white pedestal shell basin made of porcelain, imported from France by Marion Wieder.



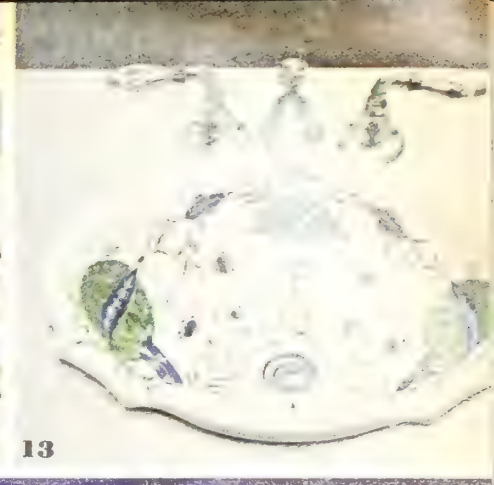
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11



12



13

# HOW TO TAKE CARE OF YOUR

## THE LATEST WORD ON DETERGENTS

Detergents are chemical mixtures compounded to work well with present-day laundry equipment. A typical laundry detergent formula contains: 1. A surfactant to lift dirt from clothes. 2. A builder to soften water, aid cleaning. 3. A processing aid to help powder pour freely. 4. An agent to protect washer parts. 5. An antiredeposition agent to prevent dirt from going back on clothes. 6. A fabric whitener/optical brightener for a whiter looking wash. 7. A perfume. Phosphates were the main compounds used as builders for many years, but they have been banned by legislation in some areas; in others, both phosphate and nonphosphate builders—carbonates and citrates—are available. Citrates are used in liquid detergents, carbonates in powders. If your detergent has a carbonate builder, you may want to add a nonprecipitating water softener to wash and rinse water to prevent calcium carbonate build-up on fabrics and washing machine parts. With continuing research, formulas are changing. For example, unbuilt laundry detergents (Era, Dynamo) that function without phosphates, carbonates or citrates are available. For best results, read regularly all usage information on your detergent and laundry aids packages. *Dr. Mary Purchase, Professor, New York State College of Human Ecology.*

## WHAT TO DO ABOUT HARD WATER

Moderately hard to hard water occurs in over half the households in the United States. Call your local water company to find out the hardness in your area. There are three ways to combat hard water. 1. Make sure you use enough detergent, or 2, use a nonprecipitating water softener in the wash and rinse water, or 3, have a water softening unit installed. With a softener, you'll need much less detergent. A case study printed in *Hotel Management* shows that linens washed in soft water will last longer, feel softer, and look brighter. You can install either a water softening unit or an entire water conditioning system, which filters and refines water to take out pollutants. If iron is your problem, have an iron removal filter installed. The Water Refining Company, Culligan, and The Bruner Division of Calgon all make water conditioning systems. They can be piped to provide conditioned water only where you want it. Write for information to Water Refining Company, 500 North Verity Parkway, Middleton, Ohio 45042; or Culligan International Company, Northbrook, Ill. 60062; or Bruner Division, Calgon Corporation, 4767 North Thirty-second Street, Milwaukee, Wis. 53209.

**ENERGY-SAVING COLD-WATER WASH**

**Using sodium carbonate laundry detergents, most every lightly soiled fiber will respond well to a cold water wash even in hard water areas.**

*According to Consumers Union research.*

**Try it, but if needed, use hot water occasionally**

## TO BLEACH OR NOT TO BLEACH

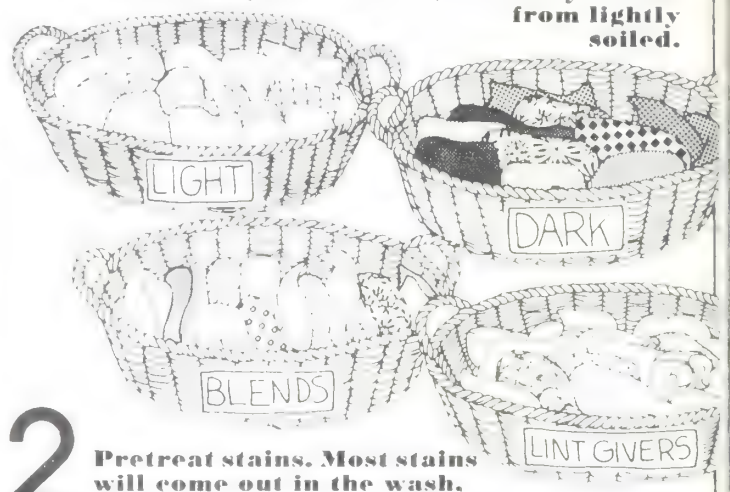
Chlorine, oxygen, and perborate bleaches are available for home use. Chlorine bleach, the strongest, is great for deodorizing and sanitizing and removing many stubborn stains. Great for cottons, it shouldn't be used for wool, silk, spandex, and noncolorfast items. Check care labels. Be sure to know if there is iron in your water—chlorine reacts with iron and can cause yellow and brown stains. Dilute chlorine bleach 4 parts water to 1 part bleach, and pour into washer when full of water, not directly onto clothes. Oxygen bleach is safe with a wide range of fabrics and is not as strong as chlorine bleach. If used regularly, it will keep synthetics and blends white. Perborate is the mildest so should be used for the most delicate fabrics in the wash. *Maytag Encyclopedia of Home Laundry.*

## NEW LIFE FOR GRAYED OR YELLOWED LINENS

Yellowing and graying of fabrics are usually caused by improper washing methods. Yellowing appears when heat is applied to a grease or oil build-up. Graying might be color bled from other fabrics or redeposition of dirt. Reconditioning [illegible] both situations call for hot water washing. To strip the fabrics of [illegible] lots of detergent. Rewash with lots of a nonprecipitating [illegible] conditioner, and if the situation is really bad, add 2 cups ammonia. Wash [illegible] and ammonia or bleach, but never both together as the [illegible] uses toxic gases. *Washing Tips booklet from Frigidaire.*

## STEP BY STEP TO A GOOD MACHINE WASH

**1** **For a large family wash, sort cottons and linens from blends and synthetics. Dark from light colors, and both from whites. Lint-givers (terry towels) from lint-receivers (men's socks). Heavily soiled from lightly soiled.**




**2** **Pretreat stains. Most stains will come out in the wash, but for oil or grease, presoak in detergent or use a prewash product.**

**3** **If the wash is heavily soiled, you will want to bleach. Decide what kind is right for the fabrics in the load.**

**4** **Select water temperature. Hot for whites, light colors; warm or cold for deep colors; warm, not hot, for blends or synthetics if wrinkling is a problem.**

**5** **Fill machine and add detergent and water conditioner, if needed. Dissolve detergent before adding clothes. If load is very greasy, add 1 to 2 cups ammonia. If you have used a soak cycle, add more dissolved detergent to wash water.**

**6** **Add wash. Don't overload. To balance, put large and small things in the same wash. Use mesh bag for delicate things.**

**7** **Many machines have separate controls for the rinse cycle. A cold rinse will work well for everything and is especially good for blends, synthetics, and fabrics with special finishes. If needed, add fabric softener to the rinse water only. 1 cup white vinegar in the rinse water will restore special finishes like a flame-retardant finish on children's sleepwear. Try adding ¼ cup clear rosewater or orange flower water, or lavender or even a few drops of your favorite eau de cologne to the rinse water for a sweet smelling wash.**



**8** **Empty washer as soon as it has completed cycle. Put laundry out to dry or put in dryer. Most fabrics can be dried at high heat. Don't overload the dryer as this will set wrinkles. Balance the load with both large and small articles.**




**9** **If you are planning to iron immediately, before drying cycle is completed, take out anything you want to iron damp such as cotton or linen tablecloths and napkins.**

**10** **Folding is according to personal taste. Tip for fitted sheets—put all four corners over one hand and shake to straighten edges. Fold in quarters.**

# HOUSEHOLD LINENS LIKE AN EXPERT

By Penelope Wisner

## SHING BLANKETS

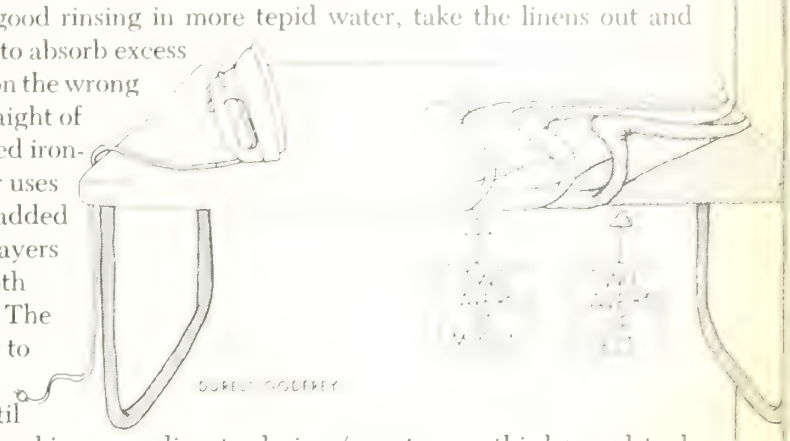
kets should only be washed if labeled so. Treat l blankets as you would your good wool sweater. k in Woolite, or a similar detergent designed for l, in your washing machine or bathtub. Dry over e and stretch into shape. Electric blankets can etimes be washed. Fill washing machine with m water and dissolve detergent. Soak for 15 to minutes, then agitate gently at slowest speed for minute. Use fabric softener in the rinse water. dry the blanket, preheat dryer with some fluffy y towels in it, then put blanket in for a few min-s. Remove while still slightly damp. Finish drying a line or rack stretching back to original shape. synthetics, use the same method as for electric. all blankets, when completely dry, brush up nap press binding with a cool iron if needed. Try g a blanket cover to keep the blanket clean and h. It can coordinate with your sheets and keep a work to a minimum. *"Your Guide to Brighter sh Days," a Kenmore booklet by Sears.*

## WN COMFORTERS

***perts do not vise home wash- down comfort- s. You can clean m in a coin erated dry clean- machine, or eck your yellow ges for a special- . If storage has ttened your quilt, one or two cycles in your dryer at a warm or air only setting will fluff it up nicely.*** **William Schachter. J. Schachter Corporation. New York City, maker of fine down comforters.**

## TIPS AND TECHNIQUES FROM MRS. ELLA MCALLISTER WHO HAS SPECIALIZED IN LAUNDERING FINE LINENS FOR OVER 35 YEARS

Mrs. McAllister washes every[illegible] and her surprisingly simple meth[illegible] easy to deal with any situation. H[illegible] techniques Mrs. McAllister uses for [illegible] Gimbel's fine collection of embroidered [illegible] lace table linens gathered over the years from all over the world. ● Most important for those linens of voile, bis, and handkerchief linen is soaking in tepid water with mild soap—Mrs. McAllister uses Ivory Flakes. This will take out just about anything, she says. If not, just rub gently with more soap. ● But never bleach. ● After a good rinsing in more tepid water, take the linens out and wrap them in terry towels to absorb excess water. ● Then iron damp on the wrong side only, and with the straight of the fabric, on a well-padded ironing *table*. (Mrs. McAllister uses a table with Formica top padded with 2 layers thick felt, 2 layers muslin. Covers with oil cloth between ironing sessions.) The table makes it much easier to do the big tablecloths. ● Iron with a cool iron until completely dry. ● Fold napkins according to design (quarters or thirds), and tuck tissue paper in folds of tablecloths to prevent wrinkling. ● Store mat and napkin sets in plastic envelopes to keep them together and clean. ● As for *stains*—again Mrs. McAllister makes it easy—douse with cold water, then soak. ● For wine stains, soak in cold water, sprinkle with salt if stubborn, let sit, launder as usual. ● For mildew salt and lemon juice is good, or just soap rubbed directly on spots. ● To remove candlewax, scrape off excess, lay pieces of butcher's paper on both sides and iron with cool iron. Wax will melt into paper. Run hot water over area and launder as usual. ● For lipstick—try soaking and gentle rubbing with lots of suds. ● Combat yellowing with liquid bluing. ● Use Carter's iron rust soap for rust stains.



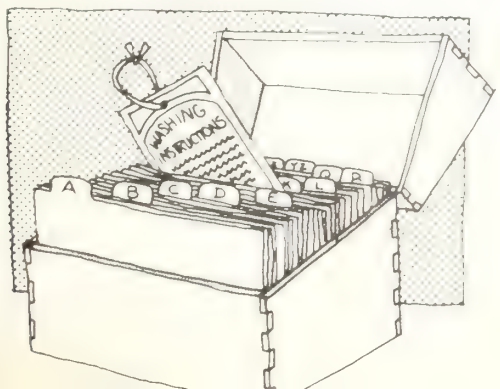
## WHEN TO STARCH

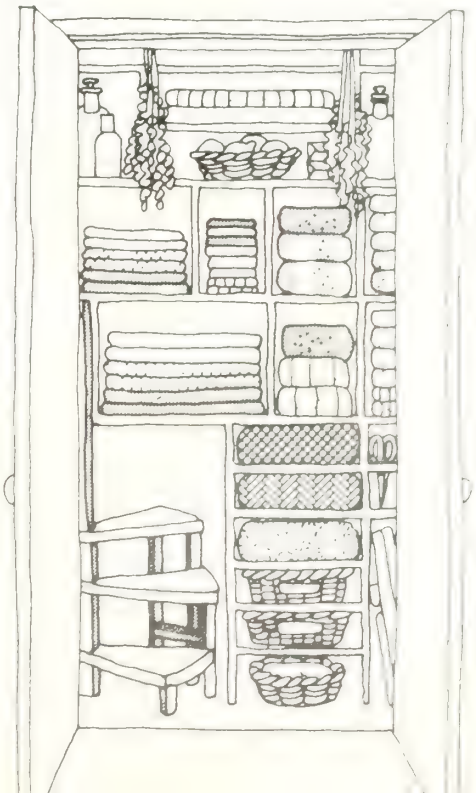
tarch is a natural product made from wheat or rice to use on fabrics of natural fibers to add body and crispness. Dry starch is good for large loads n the washing machine, liquid starch when you are doing only a few hings at once. Both are added to fresh water after the final rinse. Spray tarch to use while ironing includes silicones to let the iron move easily. t's good for touch-ups and may substitute for dampening fabric. Plastic tarches penetrate fibers and last through several launderings. *Maytag Encyclopedia of Home Laundry.* Spray-on fabric finishes give extra body o blends, much as starch gives body to cottons and linens.

## IRON LIKE A PROFESSIONAL

Iron linens damp, but never wringing wet, on a large table with a good, *dry* iron. (Professionals use heavy, 7 to 10 pound irons and the old-fashioned flat irons heated on gas burners.) To be absorbent and soft, sheets and napkins are never starched. Lawn and batiste mats or cloths need light starching. Damask is glazed so needs no starching and should be ironed on face side to bring out sheen. Iron linen damask with a moderately hot iron, silk or rayon damask with a warm iron. *Harold Lamel of Madame Blanchevoye, Fine Hand Laundry recommended by Porthault Linens.*

**THE LAUNDRY OOM OR CORNER** It should be attractive, colorful, and part of the working and living section the house. You'll need a few shelves for supplies, bins, or ndry baskets so you can sort immediately. Bright paper-vered cardboard boxes are pretty, too. Label boxes for ting. A bulletin board for stain-removal tips. A box or file your equipment's instruction booklets and for the care truction labels. A radio or TV for entertainment.



## LINEN CLOSET, WHERE?

Any closet, cabinet, or armoire will do. Adjustable shelves are good. Keep a supply of tissue paper to tuck into folds that may crush and for wrapping linens to keep them from yellowing. Stack freshly laundered thin[illegible] bottom. Plastic cases are good protection, especially for the tablecloth used only on holid[illegible] Hang pine needles or a big bunch of lavender from the ceiling, or put sachets here and there.

# A REVITALIZED TOWN

Grafton, Vermont, is at once a preservation and a rejuvenation. After 200 years of ups and downs, the village has become so full of life and charm that it is attracting all kinds of people, some as visitors, some eager to put down roots to build a new, more satisfying life.



The new vitality of Grafton is greatly due to the work of the Windham Foundation (see page 18) established principally with funds left by Mr. Dean Mathey. The population (in 1820, 1,481; in 1940, 393) is now 446—and growing. The new cheese factory is the town's pride; the old inn, superbly remodeled, is famous. There is great interest in wildlife preservation, and the beautifully restored old houses, **1.** are a delight to both citizens and visitors.

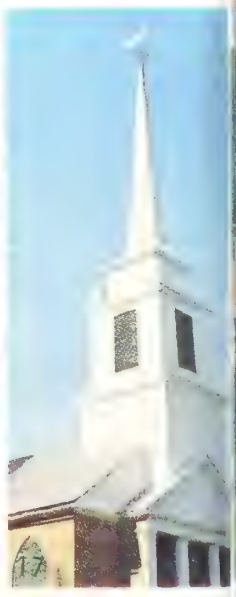




Main Street, **9.** with some of Grafton's grander houses, restored by the Foundation as faithfully as possible *outside*, modernized *inside*. Sensible idea. The library, **10.** the former Dr. Butterfield house. 16,000 books are listed in its catalogue.





Signpost, **15.** for the Grafton Tavern, **16.** a beautiful building built in 1801. A museum in itself, it is noted for its delicious New England food. The Brick Church, **17.** Unheated, it is the summer church. The heated White Church is used in winter. Reverend Parsley preaches at both. Head, heart, hands, and health, **18.** the 4H Club on Memorial Day.



**2.** [illegible] **3.** exactly as it [illegible]rs, modern freezers and gourmet delicacies.















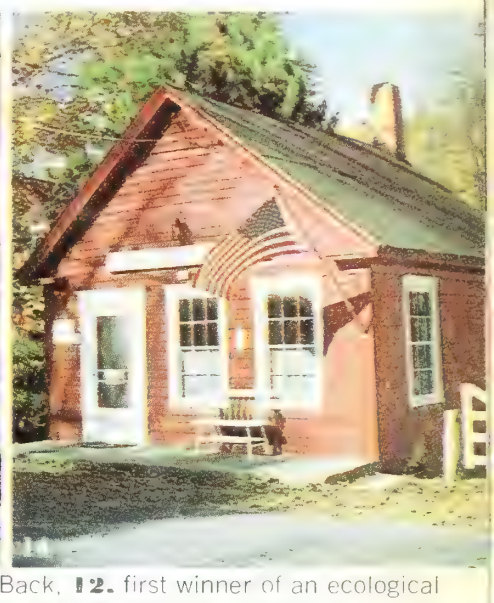



treatment for an upper veranda, **4.** Arched roof is painted pale blue emblazoned with gold stars. Landmark: Target Rock Farm, **5.** home of Mr. and Mrs. Harold el, Jr. Memorial Day highlight, **6.** the Grafton Cornet Band. Organized in 1867, the ranks have swelled. and due to added instruments, so has the music. The n Covered Bridge Cheese Factory, **7.** often mistaken for a church, and at the roadside, its "billboard," **8.** A delicious Cheddar, the cheese is shipped far and wide.









house, **11.** of the nursery designed by Augustus Chauncy, a gifted horticulturist who did much to beautify Grafton. Gary Back, **12.** first winner of an ecological rship established by the Foundation. He is setting a trap in which to band a grouse. Autumn in Grafton, **13.** and one of the ponds created as resting spots for ing birds. The old Post Office, **14.** now the Historical Society Museum and jammed to its eaves with photographs and charming memorabilia of the town's past.




painted furniture, **20.** in the Robert Hall house. He ecutive Vice-President of the Foundation. The Halls an outdoor buffet, **21.** The "new" Post Office, **22.** Grafton gift shop, **23.** announces its whereabouts.






Gala breakfast party, **19.** in the huge country kitchen (called, in its day, the Keeping Room) of the Harold Vogels' Target Rock Farm. On the menu, two famous Vogel specialties: hot grog and a woodcock mousse.





# CORATING
# ST WITH NEW
# MERICAN
# SPIRIT

n from the very best of traditional Amer- design—new things for your house to be and enjoyed. A complete tablesetting, of new pewter. "Charger" service plate, estown" flatware, tankard and porringer aw vegetables and sauces. All by Reed & on. Handmade quilt, handcarved wooden s and bowls are from America Hurrah ques. Pitcher and celery holder of Ameri- pressed glass from La Cuisinière. The sic "rat-tail" pattern in easy-to-care-for less flatware, **1.** "Bicentennial" also by & Barton. **2** Tiny 4-inch pincushion is roidered with birds and flowers in crewel hery. From The Lark. **3** Reading glass a 5-inch handturned handle. From les Deacon & Son. **4** Gambrel roof of pine rs "The Old Umbrel- House." It is one of y collages or beauti- old façades found in Harbor, Long Island, gned and construct- y Bill Ball. **5** Bright "Bandana" vinyl wall- ring with small black ers. Designed by Le- De Mar for Per- ive Concepts. **6** Lin- nd cotton fabric in a Wedgwood Blue. ncil Flowers" from Williamsburg Collec- by Schumacher. Lemon yellow enve- es are lined with the onial pineapple de- . "Hospitality" sta- ery by Crane. **8** Ma- any letter rack repro- ed from an original -century piece. From rles Deacon & Son. *ht:* A sitting room with niture reproduced to rk the 25th anniver- y of the chartering by ngress of The National st for Historic Preser- ion. (Please see "A eat American Idea," ge 18.) Wing chair, table, end table, and screen are derived m originals at Wood- n Plantation near Mt. non. The footstool and e chair are reproduced m pieces made in Phil- elphia. All by Hickory air. "Plantation Bridg- " fabric and vinyl wall- vering from the Charles- Collection by Greeff. rniture, Imari china, t-shaped teapot, tea rvice, rug, pear dish, d basket from Lord & ylor. Bargello pillow Woolworks. Shopping formation on page 98.

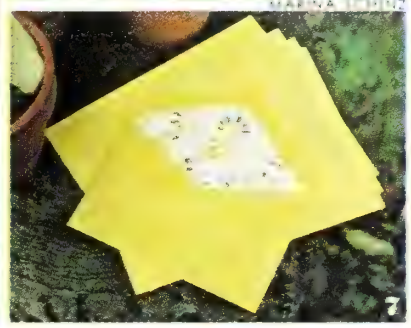

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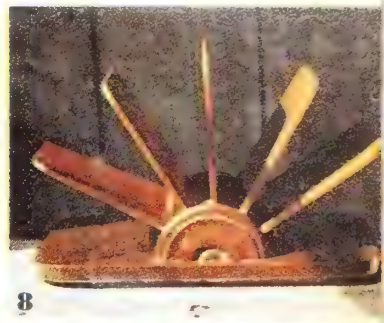

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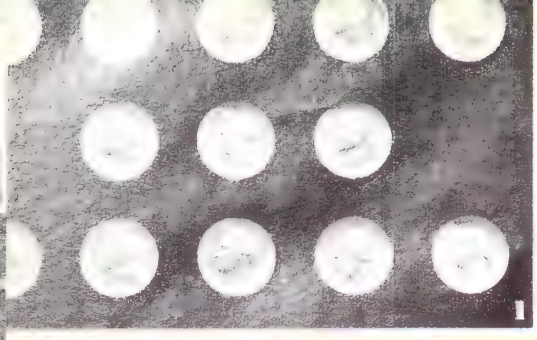

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# New American Zest
# everything that's up to date







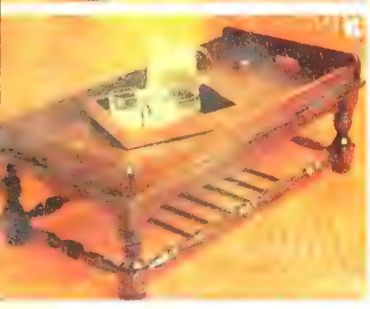


Statesmen from the original thirteen Colonies that made America are depicted in the "Liberty Memorial Collection" of sterling coins, **1**. Limited edition by Gorham. **2** Cameo portraits wreathe a porcelain "Patriots Bowl" that measures 9¼ inches across. By Lenox. **3** Colonial-styled, 8-quart aluminum pot has an aluminum inset basket—great for canning, putting up preserves. By West Bend. **4** A Windsor bench to seat three with a stenciled design on the back. There's a cushion for it, too. By Heritage. **5** Two seater ottoman with cushion and without, **6**, so that it can be used as a lovely pine cocktail table. By The Bennington Pine. **7** Bright red and blue "Dakota Star" cotton fabric treated with Scotchgard. Designed by Julian Tomchin for Riverdale. **8** Classic Hitchcock chair with a cane seat, turned legs, stenciled design on back, harvest painted finish. By Hitchcock. **9** Silver-plated coffee and tea service—an 11-cup coffee server and a 9-cup teapot. "Americana" by Reed & Barton. **10** Rounded bottoms and curved sidewalls for easier turning and stirring are part of the design of "Hearthstone" cast-iron cookware. The skillet and glass lid are part of a six-piece set by General Housewares. **11** Wallcovering in paper or vinyl with two borders to choose from. Top right is 11½ inches wide; lower right, only 3½ inches wide. Overall pattern, lower left, is a stencil design. It's all called "Tip Toe Tulip" from Charles Barone. **12** Early American twine spindle of bleached pine. At Bloomingdale's. **13** Old-fashioned railroad lamps in brightly painted metal, and updated with scented kerosene. At Bloomingdale's. **14** Cotton chintz fabric of bright, colorful stars comes in a throw bedspread, quilted coverlet and a dust ruffle—all treated with Zepel. It's "Stacy's Quilt" fabric by Desley. **15** "Willow Tree" Oxford bone china banded in platinum. By Lenox. A 30-foot cathedral ceiling and two banks of windows in a remodeled barn, *right*, give this room a wonderful sense of affinity with the garden and woods around it. It's a room filled with Early American pieces updated for comfort. Sofa and club chair are covered with "Stanford Floral" cotton fabric; the chair and ottoman in "South Street Floral Stripe;" and the wing chair in a lively faux-patchwork called "Star of the East." Fabrics from the South Street Seaport Collection by Schumacher. Upholstered pieces by the State of Newburg and Hickory; butler's tray, brass standing lamp at Lord & Taylor; durrie rug by Stark; sculpture by Paul Feeley at the Betty Parsons Gallery; "Casual Trend" rug by fireplace by Schumacher; porcelain lamp by Royal Haeger. For shopping information, please turn to page 98.













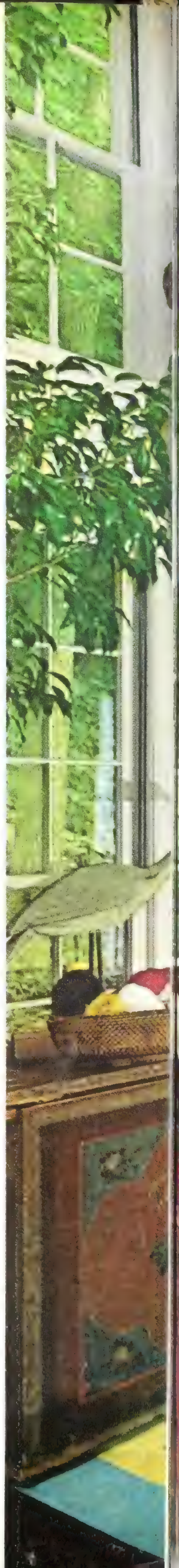
























# New Room Added To A Landmark House

d you see potential in a "gaggle of run-down buildings around a middle yard connected to the t by an alley" in central Manhattan? Today this area is not only a delightful green backwater the city but also a designated landmark: a tribute to New York decorator James Amster who saw ossibilities way back in 1946. Recently Mr. Amster's own house, once a single story carpenter's tucked at the back of the yard, went through further renovation, with the approval of the Land- s Preservation Commission. He moved his office to another building, turned the work space into nfortable new living room, the drafting room into a kitchen, and extended out into the garden a bay window addition. Upstairs, where the kitchen and living room used to be, he made a sec- bedroom and bathroom. Finally, architect Raymond Wing Jean added on a little glass vestibule.

*From "dreary office" to entertaining room,* below, *tawny in winter;* opposite page, top right, *with summer slipcovers. "Here I can have dinner for four or entertain twenty-two easily," explains Mr. Amster. "In fact, I can have forty people if I choose to move outside." Terra-cotta tiles for the floor; a cluster of Charles X antiques. Sideboard, with new black slate top, serves as buffet-divider between room and kitchen,* opposite page, below right. *"Living this way makes life much easier."*





"This was a wagon stop,
a freight station in Fredericksburg;
the horses were fed
and watered here"

# An Old Texas House Made-Over For Its Next 100 Years

**"We use our house mostly for entertaining— we have folding chairs in an armoire and can set up extra tables."**

**"Our idea of a leisure house is a total change of pace."** The Rodolph P. Smiths come from their ranch to this house in town for weekends. Built in 1872, it has stone walls 19-inches thick. It had acquired beaded ceilings, layers of wallpaper, an enclosed stairway, and in 1950 a hall that divided the living room into small rooms. The Smiths took it back to its sunny simplicity. The rafters' bluebonnet blue matches a patch they found of whitewash mixed with "indigo used then for laundry bluing." Another reminder of early days: a desk made of crates when wood was scarce. "This Side Up With Care" is still legible on the blotter side. The house is *gemütlich* with Texas furniture and quilts, her needlework, his handwork. He made the chandelier from a broken wagon wheel, put votive candles in wired-on telephone pole insulators. Bed curtains and ruffles are on Velcro tape, "simple to take off and wash." The zinc-topped kitchen table came from Mrs. Smith's great-grandparents' homestead. "Zinc is cool to the hand and dough rolls well and cleans up easily—it's marvelous for making pastry."



Picked tomato, peppers, eggplant, cucumbers, squash

Crock-chilled scallions for salad

Picnic salad, sorrel soup, and wine



Patio framed by fruit trees and herbs



**Fenced vegetable garden edged by sunflowers and hollyhocks between house and open field**

"This is a picking garden, a food factory, a movable feast," says painter Robert Dash. His work is shown at the Fischbach Gallery in Manhattan but he lives year round in rural Long Island where he puts his land to work. Instead of a lawn he has flowers protected from gales by a studio-barn, linked outbuildings, and arbors. He surrounded a 25-by-50-foot vegetable patch with a locust fence. Chicken wire stretches the space for cucumbers and other climbers, guards against rabbits. Herbs grow in 11-foot gardens shared with choice Epineuse and Mirabelle plums. Strawberries and pears squeeze along a cinderblock tile path and patio. Frugal use of footage—dwarf fruit trees, no corn or pumpkins—and imaginative planting make this garden bountiful. Grapes add shade at doorways. Blueberry hedges are windbreaks; apple and cherry trees are boundary markers. To keep the soil rich, Mr. Dash washes vegetables outdoors "so dirt can go right back into the garden where it belongs." He mulches with salt hay in winter, adds compost in spring, manure in fall. "Learn your garden's microclimates and wind currents. Watch your shadow line. What won't grow in one spot may in another. Keep seeding and harvesting. While one plant is yanked, another comes into its own. For his recipes, turn to page 87.

# How to grow 50 different vegetables in a 50-foot garden

**50 VEGETABLES**

Asparagus, Beans (bush, pole), Beets (red, gold), Broccoli da rapa, Cabbage, Cardoon, Carrots (Nantes, others), Celeriac, Celery, Chinese cucumber, Chinese cabbage, Collards, Cornsalad, Cress, Eggplant, Escarole, Endive, Leeks, Lettuce (Bibb, others), Mustard greens, New Zealand spinach, Onions (red, Egyptian, yellow), Parsnips, Peas (garden, Snow), Radish (Icicle, others), Romaine, Roquette, Shallots, Sorrel, Soybeans, Spinach, Squash, Swiss chard, Tomatoes, Turnips (white, yellow), Zucchini

**26 HERBS**

Basil (Opal, sweet), Burnet, Camomile, Coriander, Chives, Chervil, Comfrey, Dill, Garlic, Horseradish, Lemon balm, Lovage, Marjoram, Mints (Apple, Spearmint), Oregano, Parsley, Pineapple sage, Rosemary, Savory (winter, summer), Sweet woodruff, Tarragon, Thyme (French, English)

**7 FRUITS**

Apples, Blueberries, Cherries, Grapes, Pears, Plums, and



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1. VANDERMINT CHOCOLATE CHEESE PIE: Cream 3/4 cup Vandermint, 8 oz. cream cheese. Add 1/2 cup milk, 1 pkg. (4-1/2 oz.) instant chocolate pudding; beat smooth. Spoon into 8" chocolate crumb crust: 1-1/4 cup chocolate snap crumbs; 1/3 cup soft butter. 2. VANDERMIST: Pour 2 oz. Vandermint over crushed ice in champagne glass. 3. VANDERMINT ALEXANDER: Shake 1 oz. Vandermint, 1 oz. gin and 1 oz. cream with cracked ice. Strain into cocktail glass. 4. VANDERMINT & ICE CREAM: Pile scoop of ice cream into dessert dish. Top with Vandermint. 5. VANDERMINT & VODKA (V&V): Pour 1 part Vandermint and 2 parts vodka over cubes in a "rocks" glass. 6. VANDERMINT PARFAIT: Alternate Vandermint and scoops of pistachio, chocolate, coffee ice cream in parfait glass. Top with whipped cream, splash Vandermint. 7. VANDERMINT MOUSSE: Mix in blender 6 oz. semi-sweet chocolate pieces, 1/2 cup Vandermint. Blend. Add 1/4 lb. soft butter (in pieces), 4 egg yolks. Blend. Beat 4 egg whites, 2 Tbsps. confectioners sugar till stiff. Fold into Vandermint mixture. Pour into dish lined with Vandermint-dipped ladyfingers. Chill. 8. VANDERMINT FONDUE: Melt 6 oz. semi-sweet chocolate pieces. Stir in 1 cup sour cream, 1/2 cup Vandermint. Serve warm. Dip strawberries, cookies. 9. DUTCH COFFEE: Pour jigger of Vandermint into a cup. Add hot coffee and top off with whipped cream. 10. VANDERMINT STRAIGHT.




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**"Spinach won't stick to pots or utensils if you spray them liberally with a non-stick cooking spray"**

## NOTES OF A HAPPY HOUSEKEEPER

*continued from page 22*

I found ***a new kind of glue*** the other day and it's turning out to be quite indispensable. Stix-A-Lot Glue Stick comes in a chunky lipstick-shaped container, which makes it handy to use. It's great for all sorts of pasting—scrapbooks and photograph albums, of course, and restoring the stickiness to envelopes and stamps that have been attacked by humidity. It's also just right for our small granddaughter's artistic efforts, because there's no oozing or dripping as the glue is solid. The Glue Stick is made by the Carter Ink people.

I always lay in a winter supply of leather elbow patches for Tom's sweaters. He must have the world's sharpest elbows. As I dutifully sewed some on last year's red sweater and his bright blue one, I suddenly wondered why we didn't anticipate the problem and ***sew the elbow patches on the inside of the sweaters!*** That way they won't show and will keep the sweaters whole much longer.

I must admit that spinach *is* persistent, be it steamed, sautéed, creamed, or simply trimmed and washed in a salad—no matter how it's prepared, it *sticks* to everything it touches. Even the damp bits that escape when you wash the spinach before cooking it cling to the sink when wet, and after cooking, the bond is even stronger. However, we've learned ***how to cope with adhering spinach*** to some degree. We spray *everything* the spinach will touch—fork, spoon, pan, colander, and even the sink—with a liberal application of one of the new nonstick cooking sprays. We use plenty of water when rinsing all utensils and serving plates, and never let the spinach dry on anything.

We had an interesting demonstration at our garden club meeting and learned ***some practical tricks for arranging flowers.*** For instance, when you use a pin holder to hold Oasis for a flower arrangement, it helps to slip a piece of old nylon stocking over the pinholder so that none of the Oasis remains in the holder. You just pull it off and then lift the piece of stocking and all the last little shreds come too. Or, you can cover the Oasis with a piece of hairnet to help keep it together. And the straw makes a good stem extender.

One of our favorite presents we got for Christmas is ***a set of unusual serving trays*** called the Picnic Pack. Made of heavy plastic, they are ingeniously designed on the airline's serving tray principle, only they're sturdier and larger. Each tray has plastic tableware, its own drinking glass, and each compartment on the tray has a lid to prevent spills and keep things warm. You can prepare the trays in the kitchen and carry them anywhere you will—the terrace, poolside, or in winter, the fireside. Needless to say, they are a godsend for use in the sick room. Stacked and packed in their own sturdy fiberboard carrier, the trays will provide a glamorous picnic for four. ■

# WINE & FOOD

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and other delicious ways to serve vegetables and herbs

## REDISCOVER THE POTATO

20 quick recipes

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## How to make a perfect salad and other

# delicious ways to serve vegetables

## and herbs from Robert Dash



*A beautifully mixed salad on Robert Dash's table*

Painter Robert Dash has a thriving kitchen garden, see page 82, and delights in the growing, tending, and cooking of his own vegetables and herbs. Here are his favorite quick and easy salads, secrets for cooking delicious vegetables, and imaginative ways to use herbs for gardeners or those of us who pick their vegetables at the vegetable market now and into the summer.

### CABBAGE

Peel outer leaves of a green cabbage and quarter. In a covered pot, cook cabbage in a small amount of water, a drop of peanut oil, 2 cloves, MSG, and a beef or chicken bouillon cube until fork tender. Serve with a dab of butter and lemon juice to taste.

### CARROTS

Remove the bitter green area, peel with a hand peeler, and quarter carrots. Cook them slowly in water to cover, MSG, and a little sugar. Serve carrots hot or cold dressed with oil and vinegar and freshly ground black pepper.

### GREEN BEANS

Snap beans with your fingers and remove ends (if they are very young, use the whole bean) and separate beans in packages according to size, as the larger bundles will take longer to cook. In a little water, a drop of oil, and MSG cook beans quickly, until crisp. Sprinkle with crushed peppercorns, olive oil, and lemon juice and serve.

### MARINATED BEETS

Cut off tips of beets, do not peel, drop into boiling salted water and cook for 5 minutes. Plunge beets into cold water and skins will slip off. In a shallow flat dish, marinate cut beets in oil, white vinegar, whole peppercorns, ground pepper, bay leaf, 2 cloves several slices onion.

### CHINESE CABBAGE

Raw or cooked, needs little to enhance its delicate flavor. Added to green salad, it is surprisingly good. I like it cooked with a drop of oil, MSG, and a chicken bouillon cube added to the water, in which case the broth can be saved and served cold the next day with raw shreds of the green part tossed in.

### CHINESE CUCUMBERS

*(longer, curly variety)*

The delicate skin needs no peeling. Serve in strips, chilled, with just salt and lemon juice as a side dish. Slice extremely thinly for a salad with ground white pepper, a touch of sugar, oil and vinegar, mix thoroughly. Chill. When ready to serve, dress with finely chopped fresh dill.

### BROCCOLI

Stems and broccoli blossoms have entirely different tastes, and should not be cooked together. Broccoli stems, at least a good part of the trunk, can be peeled and cut into long narrow strips, poached in chicken broth, drained and served hot or cold with salt, fresh ground pepper, pressed garlic, and oil and vinegar. Broccoli blossoms, cooked in a little water and oil and MSG, which helps retain broccoli color, should be cooked until they are just tender but still crunchy. Dress with oil and vinegar, or, if you prefer, pressed garlic and chopped savory.

### MARINATED VEGETABLE SALADS

Cook vegetables (carrots, green beans, parsnips, or celery) in a little water with a teaspoon of peanut oil, a little MSG, and a clove of garlic until cooked but still crunchy. Drain, put in a shallow dish, and marinate while still hot. For the marinade, substitute lemon juice for vinegar, or use two kinds of vinegar with olive oil, adding whatever herbs are available. Best ones—tarragon, parsley, garlic (tops while long in the season, bottoms while still young), chives, leeks (young, split, and diced), fennel, dill, celery tops. Marinate overnight in shallow dish bathing them with marinade once or twice. Do not refrigerate until vegetables have cooled in marinade. Drain and serve vegetables as a side dish or added to a salad the next day.

### COLLARDS

They can be served hot or cold. Take the smallest or medium-sized leaves—a great deal of them, for they compress in the pot—and strip them from the mid-section, which is too tough to cook. Slice them in thin strips. Place in a large pot with a little water and a bit of butter. Cover and cook slowly over low heat. When halfway done, about 15 minutes, add chips of ham, a ham bone, or bits of bacon, and add salt. When soft, they are ready to serve with a squeeze of lemon juice. Collards can be served with hot red pepper sauce, or cold with a little vinegar as a terrific side dish for sliced cold chicken or ham.

### NEW ZEALAND SPINACH

A smooth-leaved smaller variety, needs little washing. Take only the tips, and two or three of the larger leaves with stem intact. As a salad, use alone, as its taste is unrivaled, but for the dressing, add mustard. Cook in a large pot with a drop of peanut oil and MSG added to the water. It should retain its color. Toss with olive oil, wine vinegar, and a grinding of fresh ground pepper.

### RATATOUILLE

Calls for tomatoes, green pepper, eggplants. Brown a peeled clove of garlic in a tablespoon of olive oil and remove clove. Add in layers, sliced tomatoes, strips of green pepper, cubes or slices of peeled eggplant, adding after each layer fresh ground pepper, salt, and a drop of olive oil. Continue until you have used up the available vegetables. Cover the pot and cook over slow heat with two or three chicken bouillon cubes if you wish. It is important to prevent the dish from being too runny and, after it is cooked, much of the liquid may be drained. Ratatouille keeps well and is best cold. Chill and serve with pressed garlic and shreds of fresh basil, and more olive oil to taste. The broth may be used as a base for a soup.

### SPANISH ONIONS

Take large Spanish onions, slice in rings and mix with freshly picked dandelion greens, the youngest sorrel tips (sorrel in salads should always be used sparingly), lemon juice, crumbled feta cheese, olive oil, ground pepper, and black olives for an alarmingly tasty salad. Chill.

### ITALIAN PEPPERS

Sweet, long, Italian peppers are delicious sliced lengthwise and in about four or five strips [illegible] skillet with extra hot olive oil until crisp, then blot dry on paper towels and serve with [illegible] juice and freshly ground pepper or serve the peppers cold with a splash of wine vinegar. ■

### *Perfect green salad step by step*



***Salads taste best cool,*** *not cold straight from the refrigerator.*

***When washing salad greens*** *do not dry completely, leave a few drops of water clinging to the leaves to blend with the dressing. A completely dry salad becomes too heavy with oil.*

***Build a salad carefully*** *with the coarsest greens (romaine, outer parts of escarole, cabbage, celery tops) on the bottom and the finest greens (parsley, chives, dill) on the top. Make a border or top salad with scallions slit lengthwise and crisscross them (easy to remove for those who don't like onions).*

***Add an unknown bitter taste*** *to the salad; it could be a little cheese that is hard, capers, pickled eggplant in a pinch, juice from a jar of pickles.*

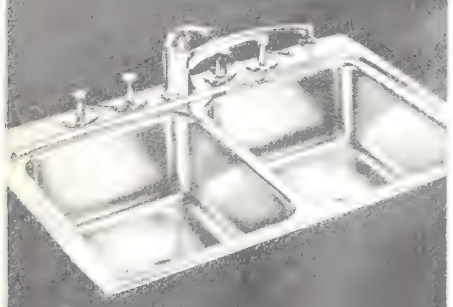
***Add leftovers, fruit, or soy nuts*** *to a salad. Leftovers (chicken, lamb, cubed ham) should be chilled, but not the greens and fruits (apricots, apples, or pears). Add mint and tarragon at the end.*

***A tangy dressing:*** *Use coarse salt, freshly ground pepper, garlic, wine, and cider vinegar together and olive oil mixed to your own particular taste. (Mr. Dash likes to use equal proportions of oil and vinegar.) Tip: When you buy the economical large-sized bottles and cans decant vinegars and olive oil into empty wine bottles and cork firmly for easy pouring.*

***Ricotta and plain yoghurt,*** *one or both with a little garlic, make a delicious creamy dressing for cucumbers cut lengthwise into fingers.*

***Always toss salad*** *at the table, just before serving.*

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# Rediscover the potato | 20 quick recipes

by Jane Ell

**The potato can crop up anywhere: as a basis for soup, as an entrée with a flavorful filling, in innumerable accompaniments to the main dish, as a salad or bread. Here are 20 great ways to add fillip to this fine nutritious vegetable in your kitchen.**

***New potatoes:*** Boil potatoes until tender, rub skins off, then dip in melted butter and roll ***in toasted crumbs*** or finely chopped nuts. ***Flavored with lemon*** Dress new potatoes with butter flavored with a little grated lemon rind, lemon juice, and minced fresh chives. Add a ***sprig of mint*** to the water when boiling new potatoes. Drain and toss with butter and seasonings. ***Snip fresh dill*** and toss with potatoes as you coat them with butter. ***Puff new potatoes*** as Emerick Bronson does. (See them on the cover.) Wash and dry small potatoes and rub all over with oil. Cut in half, sprinkle surface with salt and bake in a hot oven, 450°, until puffed and brown. Serve in a basket to accompany the entrée. Cook tiny potatoes *en papillote* for a lovely buttery flavor. Seal in parchment paper or foil scraped new potatoes together with a little salt, a knob of butter, and a little fresh mint. Bake in 400° oven about 35 minutes.

***Baked potatoes:*** Rub baking potatoes with ***salt*** before cooking. Split open, flake a little, and add salt; for a ***Texas potato*** sprinkle on grated cheese, crumbled bacon, sour cream, and snipped chives. For a splurge, a dollop of ***sour cream*** and a spoonful of ***caviar.*** Toasted sesame seeds; whipped butter and a dash of poppy seeds; mounds of slivered pimiento and green pepper; melted butter thinned with lemon juice; grated Parmesan cheese—all make good toppings for a baked potato. Potato ***peelings*** can be baked in a hot oven until crispy or fried along with chopped onion and country sausage.

## JULIE DANNENBAUM'S GRATIN OF POTATOES AND RUTABAGAS

(see cover picture)

*Ingredients:* 6 tablespoons butter; 4 Idaho potatoes, peeled and sliced on a mandoline or very thinly sliced with a sharp knife; 1 rutabaga, peeled and sliced on a mandoline or very thinly with a sharp knife; salt and pepper to taste; 1 cup freshly grated Parmesan cheese; nutmeg to taste; enough chicken stock to fill dish ¾ full.

*Method:* Preheat oven to 350°. Butter an oval baking dish with 2 tablespoons butter. Alternate layers of washed and dried potatoes and rutabagas; using 2 tablespoons butter in all dot each layer and salt and pepper. When dish is half full, sprinkle with ½ cup cheese and nutmeg. On the top layer sprinkle the remaining cheese and top with 2 tablespoons butter. Add chicken stock to dish and bake 1 hour or until vegetables are done.

***Finger food potatoes Cook tiny new potatoes, scoop out center, and fill with sour cream topped with chives, small cooked sausages, crumbled bacon, cooked chopped chicken liver, or red caviar and serve as hors d'oeuvres.***

***Potatoes can be stuffed*** with great variety for a quick lunch or supper dish.

For ***sausage potatoes*** Herb Green parboils 1 large Idaho potato for each person 15 minutes. Skin potato, scoop out center and trim to form a boat shape. Stuff with a mixture of crumbled ho and sweet Italian sausage an homemade seasoned bread crumb that have been bound togethe with an egg. Place potatoes in a oiled baking dish, brush surfac with beaten egg, bake, covered in a 375° oven for 40 minutes.

### POTATO TIPS

- Potatoes retain nutrients better if cooked whole.
- Steaming potatoes conserves nutrients; leaving skin on potatoes during cooking also prevents loss of nutrients; use as little water as possible when boiling potatoes. Peeled potatoes turn dark if not cooked at once—to protect whiteness, toss with a little lemon juice.
- Store potatoes in a cool, dry, dark place that's well ventilated. Do not refrigerate.
- Choose uniform-sized potatoes for even cooking. Potatoes should be firm and smooth with regular shape so there won't be too much waste in peeling. Avoid potatoes with wilted, wrinkled skin, soft dark areas, cut surfaces or with a green appearance.

***Turn potatoes into slender straws for a new potato salad as Julie Dannenbaum does. See them on the cover mounded into the center of an herbed cucumber mousse with salmon. Enrica's Potatoes: Take 4 Idaho potatoes, peel and slice lengthwise, very thinly on a mandoline or vegetable cutter. Cut them with a chef's knife into the finest shreds possible. Wash and drain. Put them into a kettle containing half white vinegar, half water at the boil. Bring back to boil and cook 4-7 minutes until tender crisp. Drain and toss in a light vinaigrette. Pile into center of a mousse or serve on lettuce leaves as a salad.***

## RUDI GERNREICH'S EGGS CINDERELLA

*Ingredients:* 3 large baked potatoes, halved lengthwise; 6 hot cooked shrimps, chopped; 3 tablespoons butter; 6 anchovies; ¼ cup Parmesan cheese; 6 poached eggs

*Method:* Preheat oven to 400°. Scoop out the potatoes and in a bowl mix the potato meat with the shrimp and butter. Refill the shells with the potato shrimp mixture. Top each half with an anchovy, sprinkle with cheese and bake until cheese is browned. Remove potatoes from oven and with a teaspoon indent the center of each potato half and insert a poached egg. Rebake for a minute or two. Serves 6.

***Oven chipped potatoes.*** In a large shallow greased baking dish arrange in a layer 4 Idaho potatoes that have been sliced but not pared. In a small saucepan melt ½ cup butter and add 1 tablespoon

*Continued on page 90*

# How to use a pot.

Everybody thinks they know how to use a pot. "It's easy," they say. "You just pick it up and put something into it and stick it over the heat."

And thus having said, they burn and boil their way to infamy. Blaming the pot for the trip.

Some pots, however, are harder to go to ruin in. If you know a few things.

The first thing to know is Farberware pots.

Farberware pots have heat resistant handles. They have interchangeable covers.

And, most important, they're made of stainless steel with aluminum clad bottoms. To distribute heat evenly and well. So high temperatures aren't necessary.

Second, don't leave an empty pot on a high burner. A burned pot smells worse than burned cabbage.

Keep a clean pot. What you can't see can scorch. Some cooking oils, for example, don't mean harm but can do it.

Because they contain sticky substances which can stay behind and cause a fried egg to become a scrambled one against its will.

Make sure the pot fits. Even if you're only boiling water. Little things don't cook well in big pots. And big things stick out of little ones.

Use a cover where a cover is due. What dries up won't taste good.

Don't cut things inside your pots and pans. Slicing and slashing can cause scarring.

And last, but not least, be adventurous in your cooking.

Because even Farberware pots can only cook what you give them. But if you supply the ideas, our pots will see to it that your ideas come out as delicious as they went in.



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# Inside every avocado there's a free tree.

Your love affair with California avocados needn't end with eating. Save the seed and let a tree sprout out. • Simply wash the seed in tepid water. Drive three toothpicks into it and suspend (broad end down) over a jar, covering only half an inch of seed with tepid water. Place in a warm spot out of direct sunlight. • It takes about 2 to 6 weeks to root. When the stem reaches 7 inches, cut it in half so it branches out. Once roots are thick and stem has leafed out, carefully plant in potting soil leaving seed half exposed. Use a large pot with good drainage. • That's all it takes to start a beautiful garden of love! Just you. And the California avocado.





grated onion, 1 teaspoon salt, ¼ teaspoon pepper. Brush potato slices with seasoned butter. Bake in a 425° oven for 1 hour, or until potatoes are crisp and brown. Serves 4-6.

***Bieters baked fries. Preheat oven to 425°. Cut 3 peeled medium potatoes lengthwise into eighths. Brush wedges with 1 slightly beaten egg white and sprinkle with salt or Parmesan cheese. Bake on a cookie sheet 30-35 minutes. Serves 6 at 50 calories per serving.***

***For breakfast:*** Mix puréed ***potatoes*** with puréed ***spinach*** and a little parsley, spread into a serving dish, make a big indentation in the middle and fill with soft scrambled eggs. Decorate with parsley. Or put puréed potatoes in a little oven dish, make an indentation and pop an egg in and bake until the egg is done.

**Leftover mashed potatoes** can be mixed with ***grated cheese,*** seasonings, and an egg and formed into patties. Dust with flour and sauté in butter on both sides for a quick breakfast dish. Leftover potatoes and ***cabbage*** are mixed for ***Bubble and Squeak*** and sautéed in bacon fat until they are crispy brown and warmed through.

***Leftover vegetables*** go well with ***mashed potatoes.*** Combine peas, chives, spinach, or mushrooms, with hot mashed potatoes, make a well in the center and fill with sour cream or melted butter and serve.

***Cold potato omelettes*** make a wonderful picnic lunch or hors d'oeuvre. Fill an omelette as you make it with diced boiled potatoes that have been well-seasoned. Cut into wedges when cold.

***Quick and easy potato soup from Mrs. Donald Evans. For each person boil a medium-sized potato cut into cubes until just cooked. Drain and add 1 cup of milk and a pat of butter for each potato to the pan. Heat, season to taste, with salt and pepper, serve.***

***Potato straw cake*** to accompany a roast chicken from Richard Olney, author of the new *Simple French Food* (Atheneum). Grate potatoes with a Mouli grater. Soak in water, then dry carefully in a linen towel, squeezing out all liquid. Heat a knob of butter in a heavy s and pile potatoes into skillet ten down, salt, and cook wit lid on for 10 minutes or unti derside is golden brown. Car reverse potatoes on the lid. more butter to the skillet and potatoes back into the skillet cook uncovered until other si brown and potatoes are done like a cake.

***The secret of golden hash browned potatoes discove many years ago by Dr. Stanley Green from the ch on a New York Central tra is to add a little vinegar. C up about 1 ½ potatoes int ¼-inch dice. Cook in a sm skillet with a knob of butt to which you've added a teaspoonful of vinegar. K turning over until crusty brown. The vinegar helps browning and adds flavor.***

***Mashed potato soup*** M stick butter and sauté 2 chopped onions until lightly ored and transparent. Add 4 mashed potatoes and mix Blend in 2 quarts half and half season to taste. Bring mixtur the boil, stirring constantly. move from heat and serve in l ed bowls. Garnish with chop chives. Serves 8.

***Potatoes sautéed with ba and garlic*** for a hearty l dish. Sauté 1 pound thinly sl raw potatoes in a small amour diced bacon and a clove of ga finely chopped. When the pota are almost cooked add 2 ou Cheddar cheese, diced and the potatoes several times so cheese spreads all over them. er the pan, turn the fire off, leave the cheese to melt be serving.

***Potato "Brioche"*** from *Potato Book* (The Hampton School Press) by Myrna Da Mix leftover mashed potat with an egg yolk. Lightly fl a pastry board and flatten pot mixture into a 1-inch thickn Using a small glass or cookie ter, cut out rounds to form the l of the brioche. Make a depress in each with your thumb. Roll equal number of small balls ab 1 inch in diameter, and use th to top the depressions. Brush over with egg yolk, and bake 350° oven until golden bro These can be made ahead and heated. ■

# Great weekend breakfast parties

## Menus and recipes the whole family will love

by Elizabeth Colchie

**A festive weekend breakfast is entertaining for both parents and children. It is a cozy, amiable way to share food and conversation. Here are some meals that have been well received in my house by all.**

*Fresh Pineapple*
**Apple-Molasses Cobbler with Sour Cream*
*Sautéed Canadian Bacon*
*Café au Lait*
*Hot Chocolate or Hot Milk with Honey and Vanilla*
*hould be served on all menus if children are present)*

### APPLE-MOLASSES COBBLER

*gredients for filling:* ½ stick but-; ⅔ cup molasses; 8 cups Granny ith apples, peeled and cut into nch pieces; ⅓ cup raisins; ½ tea-on cinnamon; ¼ teaspoon all-ce.

*ethod for filling:* Preheat oven to 0°. In an 8-inch-square baking n stir together the butter and lasses over low heat until the tter melts. Add the apples, rai-s, cinnamon, and allspice and s the mixture. Bring it to a sim-r. Bake in oven for 20 minutes, sing several times.

*gredients for pastry:* ¾ cup flour; ablespoons sugar; 2 teaspoons uble-acting baking powder; ¼ spoon salt; ¾ cup whole wheat ur; 4 tablespoons chilled butter, t into tiny bits; ½ cup milk.

*thod for pastry:* Sift into a bowl white flour, sugar, baking pow-r and salt. Stir in the whole heat flour. Add the butter and x it with a pastry blender until it ms small crumbs. Stir in the lk. Pat the dough on a lightly ured board to form a 7½-inch iare.

*sembling cobbler:* Preheat oven 400°. Place the dough on top of hot apples and bake for 30 nutes. Divide the crust into wls and spoon the apples and up on top. Serve the cobbler hot th sour cream. Serves 6.

*Sliced Oranges with Mint*
**Muenster Quiche (or Monterey Jack Quiche)*
*Broiled Mushrooms*
*Cherry Tomatoes*
*Coffee*

### MUENSTER QUICHE

*gredients for pastry:* 1¼ cups ur; 6 tablespoons chilled butter, t into bits; 2 tablespoons chilled d, cut into small bits; ¼ teaspoon lt; 3 tablespoons ice water.

*ethod:* Preheat oven to 375°. ace flour, butter, lard, and salt a bowl. Cut with a pastry blender until it forms small crumbs. Add a little of the ice water at a time, blending quickly with a fork. Press the pastry into a ball, wrap it in plastic, and chill for at least 1 hour. Roll out dough ⅛-inch thick on a floured board. Fit it into an 8-inch shallow, false-bottomed, flan pan with a removable fluted ring. Press the dough firmly into the pan and trim the excess. Chill the shell for 1 hour. Line the pastry with foil, pressing it firmly against the sides. Bake the shell on the bottom of the oven for 15 minutes. Remove foil and paint bottom of shell with 1½ tablespoons Dijon mustard. Bake 10 minutes until lightly browned. Cool.

*Ingredients for the filling:* ½ cup minced onions; 2 tablespoons butter; 1⅓ cups grated Muenster or Monterey Jack cheese; ⅔ cup milk; 1 egg; 1 egg yolk; ¼ teaspoon salt.

*Method for filling:* Preheat oven to 350°. Sauté the onions in a skillet in the butter for 10 minutes, or until they are soft and golden. Sprinkle half of the cheese in the pastry shell and spread the onions on top. Sprinkle on the remaining cheese. In a bowl mix the milk, egg, egg yolk and salt. Pour the mixture into the shell and bake for 40 minutes, or until it is set and lightly browned. Serve at room temperature. Serves 6.

**Frittata with Artichoke Hearts*
*Sliced Tomatoes with Basil*
*Espresso*
**Orange and Almond Rusks*

### FRITTATA WITH ARTICHOKE HEARTS

*Ingredients:* 2 9-ounce packages artichoke hearts, defrosted; 3 tablespoons butter; salt and pepper; ⅓ cup minced prosciutto; 10 eggs; ¾ cup grated Parmesan cheese.

*Method:* Preheat oven to 400°. Cut the leaves off the artichoke hearts and halve them. Rinse them in boiling water and dry them. Sauté them in the butter in a large skillet for 5 minutes, or until they are lightly browned. Divide them between 2 heavily buttered round baking dishes, about 8 inches in diameter. Salt and pepper them lightly. Add the prosciutto to the skillet and sauté it for 1 minute. Sprinkle it over the artichokes. Beat the eggs in a bowl and stir in the cheese. Place the baking dishes in the oven and heat them until the butter sizzles. Pour half the egg mixture into each dish and bake the frittatas in the top level of the oven for 10 minutes, or until they are just barely set. Serves 6.

### ORANGE AND ALMOND RUSKS

*Ingredients:* 1½ cups flour; ¼ teaspoon nutmeg; ⅛ teaspoon salt; 1 stick softened butter; ½ cup plus 2 tablespoons sugar; 1 egg; 2 teaspoons grated orange rind; ½ teaspoon almond extract; 1 cup chopped, blanched, toasted almonds; 1 egg yolk combined with 1 teaspoon water.

*Method:* Sift into a bowl flour, nutmeg, and salt. In another bowl cream the butter and ½ cup sugar until they are very light and fluffy. Add the egg, orange rind, almond extract, and almonds and mix well. Stir in the flour mixture. Shape into ball, flour lightly, wrap in plastic, chill 1 hour.

Preheat oven to 375°. Divide dough in half and shape each piece into a cylinder 1½ inches in diameter. Make a cross-hatching on the top of each roll with a knife. Brush the top and sides of each roll with the egg yolk wash. Sprinkle each roll with 1 tablespoon sugar, place them on a buttered baking sheet and bake for 25 minutes. Place them on a rack and let cool for 10 minutes. With a very sharp serrated knife cut them into ½-inch slices. Arrange them on their sides on baking sheet and bake 15 minutes. Turn them over and bake 10 minutes more, until golden. Cool. Makes 2 dozen.

*Continued on next page*



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## BREAKFAST PARTIES *continued from preceding page*

*Sliced Strawberries and Oranges*
**Coeur a la Crème*
**Anise-Honey Bread*
*Café au Lait*

### COEUR A LA CREME

*Ingredients:* 8 ounces softened cream cheese; 1 cup plus 3 tablespoons heavy cream; 1 cup powdered sugar; pinch salt; 1 tablespoon lemon juice; the seeds scraped from 1 vanilla bean; peeled sliced oranges; hulled sliced strawberries.

*Method:* In a large bowl blend cream cheese, 3 tablespoons heavy cream, and sugar until smooth. Add salt, lemon juice, and vanilla seeds and blend. Lightly whip remaining cream and fold into cream cheese mixture. Line 12 small porcelain coeur à la crème molds with damp cheesecloth. Divide the mixture among the molds. Refrigerate overnight. Unmold onto individual plates and decorate with oranges and strawberries. Serves 6.

### ANISE-HONEY BREAD

*Ingredients:* ½ cup honey; ¼ cup boiling water; 1 teaspoon baking soda; ½ stick sweet butter, softened; ½ cup sour cream at room temperature; 1 egg; 2 tablespoons dark rum; ½ cup flour; 1½ teaspoons ground anise seeds; ½ teaspoon double-acting baking powder; ⅛ teaspoon salt; 1 cup rye flour; 1 cup finely grated walnuts, not packed; ½ cup raisins.

*Method:* Preheat oven to 325°. In a bowl stir together honey, water, and baking soda. In the bowl of an electric mixer cream the butter and sour cream until light. Add egg and beat well. Add the rum and the honey mixture to the mixer bowl.

In a separate bowl sift together the white flour, anise, baking powder, and salt. Beat the rye flour into the honey mixture and mix well. Add the white flour mixture, nuts, and raisins. Bake in a well-buttered 4 cup loaf pan for 50 minutes. Let cake cool for 15 minutes, then unmold it onto a rack to cool completely. Wrap it tightly in plastic and let it rest at room temperature for at least 24 hours before serving. Serves 6.

*Tomato Omelettes*
**Caraway Cheese Bread*
**Spiced Dried Fruit Compote*
*Espresso*

### CARAWAY CHEESE BREAD

*Ingredients:* 1 package active dry yeast; 2 teaspoons sugar; ¼ cup warm water; 1 cup milk; 3 tablespoons butter; 2 teaspoons salt; 1 tablespoon caraway seeds; about 3 cups or more flour; 1 cup finely grated extra sharp Cheddar cheese; 1 egg yolk mixed with 2 tablespoons cream.

*Method:* Combine the yeast, sugar, and warm water and let mixture stand for 5 minutes, or until doubled in volume. Heat the milk, butter, and salt in a saucepan until warm. Add the caraway seeds to the milk.

Put the flour in a large bowl and stir in the yeast and milk mixture. Add extra flour if necessary to make a fairly stiff dough. Knead the dough on a floured board for 10 minutes, or until it is shiny and elastic. Place the dough in a well buttered bowl, turn it to coat with butter, cover it with plastic, and let stand in a draft-free place for 1 hour, or until doubled in bulk. Punch down the dough and knead it on a floured board for a moment. Knead in the cheese. Form the dough into a rounded loaf and place it on an oiled circular cake pan. Cover it with plastic and let it rise until doubled in bulk. Preheat oven to 425°. Brush loaf with the egg-cream wash and bake it for 15 minutes; reduce the heat to 350° and bake the bread for 35 minutes, or until it sounds hollow when thumped. 1 loaf.

### SPICED DRIED FRUIT COMPOTE

*Ingredients:* grated rind of ½ orange; grated rind of ½ lemon; ½ cup sugar; 2 cinnamon sticks; 2¼ cups water; 3 medium-sized pieces candied ginger, chopped; the seeds from 2 cardamom pods; 4 allspice berries; 4 cloves; 1 string Calimyrna figs, tips cut off and halved; 1 box pitted prunes; brandy, to taste; garnish: sliced oranges, if desired, or serve with cream.

*Method:* In a large saucepan combine orange rind, lemon rind, sugar, cinnamon, water, ginger, cardamom, allspice, and cloves. Simmer the mixture for 5 minutes. Add the figs and simmer, covered, for 10 minutes. Add the prunes and cook gently, covered, for 20 minutes, or until the fruits are soft. Add brandy to taste. Cool and chill mixture. Garnish with oranges or serve with cream. Serves 6-8.

**Cranberry Kissel*
**Buckwheat Blini with Sour Cream, Honey, and Melted Butter*
*Freshly Roasted Nuts*
*Russian Tea with Lemon*

### CRANBERRY KISSEL

*Ingredients:* 3 cups cranberries; 3 cups sliced tart apples; 3 cups plus

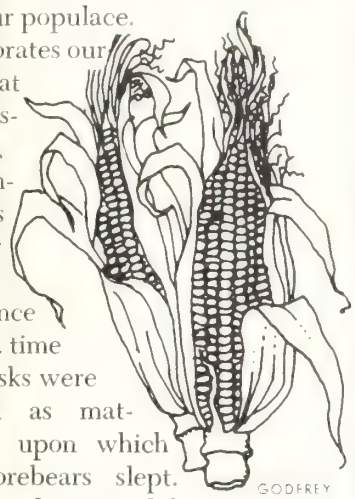
*Continued on page 96*

# New ways to drink and cook with America's great spirit

# will be bourbon's Bicentennial, too!

by William P. Rayner

ourbon whiskey is more American than apple pie. That is to say, if given to believe in Chapter 3, Verse the Book of Genesis, one must clude that apples are not comely an American idea. Corn is, corn is the basis of bourbon. n is as American as the Redman first cultivated it and we, the man's heirs, employ his legacy ur all-purpose product, good hog and hominy." It is the pri- feed for our cattle, our fowl, our populace.


GODFREY

ecorates our es at nks- ng, ish- bs ur s, once n a time husks were ed as mat- ses upon which forebears slept. n is designated by an act of gress to compose 51 percent etter of bourbon.

ourbon itself is as entwined our history as wine is to ce or beer to Germany. It is national drink, our Yankee dle Dandy born in Bourbon nty, Kentucky, in the first year r independence in 1789. That same democratic county that, ugh good will and indifferent oning, adopted the name Bour- in recognition of France's help ng our Revolution. The timing exquisite for just then the pres- generation of Bourbons, Louis and Marie Antoinette, were g scrutinized by the Paris hmune to discern any demo- ic or revolutionary proclivities might hold.

***urbon Glaze for Ice Cream:***
***nbine ¼ cup bourbon***
***h ½ cup honey in a***
***ceepan and warm slightly.***

everend Elijah Craig—Baptist pel minister, a man of the cloth as not concerned with demo- ic or revolutionary proclivities n he became the first man to v bourbon down in George- n, Ky. He was a razzle-dazzle, eler-dealer, country preacher out for profit, who knew that whiskey was not just good for tooth pulling, frost bite, and Saturday night, but a reliable means of exchange as well. Others knew this, including our 16th-President's father, Tom Lincoln, who took in exchange for his Knobs Neck Creek farm, twenty dollars and 400 gallons of bourbon. When, on their trip from Kentucky to Indiana, a raft carrying the Lincolns capsized, the first thing that Tom saved was the bourbon. Sentimentalists like to think that perhaps Father Lincoln struck out first for Abe, age 7, but history doesn't record that fine point. Years later, when the young rail-splitter became our chief executive and was confronted by the Senate with Grant's "drinking problem," he mused, "I wish I knew what kind of whiskey he drank, I would send it to my other generals." He found out and a case of Old Crow was dispatched.

Long before Lincoln had to deal with Grant's "drinking problem," other Presidents were to be faced with solving a different type of drinking problem. Because whiskey was "monied," Congress, while still sitting in Philadelphia, decided to emulate Charles I, not a particularly good example, and place a tax on liquor. President Washington's "drinking problem" started on or about March 31, 1791, when he signed into law the Whiskey Tax and thereby created our Internal Revenue Service, a most unpopular move. Before the summer was out Alexander Hamilton was to field a force of 13,000, almost the size of our Revolutionary army, to do combat with rebels who didn't want to pay a whiskey tax, but who did want to break off from the Union and form an independent state. Serious issues were involved. Would a militia composed of the citizens of Pennsylvania, New Jersey, Virginia, and Maryland invade another state to enforce a federal law? Yes. Though the Rebels caved in and amnesty was granted, the policy of federal command was set and the final act would await Lincoln's administration.

But that was some time off and Jefferson reckoned that any tax that took ⅓ of its revenue to administer should be rethought. So he rethought it and repealed it; it surfaced again during the War of 1812 and was reburied once again until the Civil War. Though Jefferson had a whiskey still, as did Washington, it was unimportant to the decision to repeal this tax.

***Bourbon Toddy:***
***Combine ½ teaspoon sugar. 3 ounces bourbon, 2 cloves. 1 small piece cinnamon stick in an Old Fashioned glass. Stir. Fill glass with hot water.***

What was important was that our great westward expansion had begun pushing Pacificwise the rough and ready frontier life of "corn bread and common doings," and substituting in its stead the more genteel plantation society. During the first quarter of the 19th century, the shadow of the frontier moved through Kentucky—moved westward from where Daniel Boone had ended his formal schooling because he had mixed an emetic with his teacher's whiskey, where Davy Crockett went to Congress on a campaign promise to lead his constituents to the mouth of a barrel of whiskey, and where John James Audubon loaded a boat in Henderson, Ky., with 300 barrels of sour mash whiskey to be paddled down the Ohio to Geneva, Ky., where he sold it at an 800 percent mark up. The shadow moved and in its wake came blue-blooded horses, the barbecues, the country fairs, the banjo music from the cabin, the goatee and broad-brimmed Panama hat, the Jim-swinger coat, the ruffled shirt, the string tie, and straight cane. That is the stuff Kentucky Colonels are made of and at one point there were 17,000 of them. A century later Happy Chandler's Attorney General would become fed up with the Colonels and decommissioned the entire lot. W.C. Fields, lately ordained, was irate, struck back, declaring "I stand on my record," and henceforth signed his name "Colonel W.C. Fields, Retired."

It was during the period before the Civil War that bourbon began to be identified with the character of the Kentucky gentry—the man with the goatee, the old Colonel. Look at the word "old." In the

*Continued on next page*

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"Bourbon is as entwined with our history as wine is to France or beer to Germany"

## BOURBON *continued from preceding page*

South it connotes excellence- Old Dominion, Old Virginia Military Institute, and, of course, Old Kentucky. The labels on bourbon reflect this- Old Crow, Old Grand Dad, Old Fitzgerald, Old Charter, Old Hickory, Old etc. While all bourbons do not contain the word "old" none claims to be new. For example, Virginia Gentleman is four years old, I. W. Harper is five, and Wild Turkey, eight. But bourbon, whether called old or not, is a distinctive whiskey—Congress sees to that. It sees to it in the manner in which it is brewed. It sees that bourbon is made with better than 51 percent of dear old American corn (in practice bourbon usually has a 60 to 75 percent corn base) and permits the remainder to be divided between rye and barley mash. The grains are ground, mixed with clear spring water in a cooking vat where barley malt is added, which changes the starch into sugar. This sugary mash is passed through cooling pipes into a fermenting vat where yeast, that "prolific microorganism with a voracious appetite for sweets" causes what scientists like to call "atomic commotion" and the sugar becomes an alcohol, or "distillers' beer." This beer is pumped into a still, is boiled, vaporized, and carried away via a condenser to become "low wine." The "low wine" goes through a second distilling process, at which point it becomes "high wine." Distilled water is added to reduce the proof to 110-120. The whiskey is then stored in new white oak barrels, which have been charred on the inside. Four to eight years later it is bottled. It is, of course, this combination of ingredients and process that make bourbon a unique, quite superior whiskey. Part of the uniqueness comes from the white oak barrels that may only be used once (act of Congress), then they are shipped off to the thrifty Caledonians for their use in making Scotch (not an act of Parliament).

Also, part of the uniqueness comes because early on the men who set the pace were not personality brokers whose aim was "mere chaffing for cheapness" as Colonel Edmund H. Taylor, "Old Taylor," one of our earliest brewers and nephew of President Taylor put it, but they rather strived after "quality." Unfortunately there were others who were not principled and because of the the great whiskey frauds scand ized Grant's second term. Gra was not to overcome this "drinki problem." The President's priva secretary, a Mr. Orville E. Ba cock, was, to quote the histori Gerald Carson, "presiding ov the anteroom leading to the Pre dent's office, receiving and reje ing visitors, managing patronag participating with relish in Repu lican Party intrigues." Babco also worked with the "Committ to Re-elect the President." It w in this capacity that he obtain campaign funds from whisk trusts that, for tax purposes, we allowed to ignore declaring a spe ified amount of their run. For th privilege the distillers compe sated Mr. Babcock in behalf of t Committee to Re-elect. T scheme was unmasked, after whi Secretary Babcock authorized d tectives to break into and burgla ize the office of the government a torney for vital evidence concer ing his case. Whether the Preside sanctioned the contributions, kne about the break-in, or participat in a cover-up has not been esta lished. He, however, was not elec ed for another term, a thing h dearly coveted.

***Bourbon Bellini: Peel and pi 6 ripe peaches. Place in blender with 1 cup water. Thoroughly pulverize and strain into bowl. Refrigerate until ready to serve. Makes about 6-7 cups. Serve 3 parts peach juice to 1 part bourbon over ice. You will need approximately 2 cups bourbon.***

Lucy and Rutherford Hay for whom Grant was set asid were not disappointed with th twist of fate. Mrs. Hayes, "Lemo ade Lucy," who was to be first lad for only six months, is remembere best for banning spirits of any kin from the White House—a mov that so annoyed Mark Twain th when asked by "Lemonade" autograph a volume, he demurre saying, "I am abstaining from al stinence." But Mrs. Hayes ha supporters, too. The most vocal which was Mrs. Carry Nation, wh conducted a crusade not on against liquor, but also against t

bacco, sex, politics, politicians, federal and local governments and he Masonic Lodge.

These and other events heeded he newest "tyranny of history," vhich would haunt the nation a it later in the form of that noble xperiment, Prohibition—a disasrous amendment, which took the enate 13 hours to vote on, the tates 13 months to ratify and the ation 13 years to repeal. With the 8th came Al Capone, the St. Valntine's Day Massacre, the oneay ride to paradise, corruption, ijacking, gang warfare, killings market price for murder was $50, oughing up $25), bootlegging, ne speakeasy and organized rime. The bourbon industry just losed down, banking its generaons-old yeast cultures in refrigrated safes, or exiling them in Canada to await repeal.

***Bourbon Leg: Combine 1½ ounces bourbon with 4½ ounces hot apple juice and a slice of lemon.***

And so bourbon goes out, temorarily, and the "blues" become opularized. What doesn't go out what can't, must not, would not o out, was corn, and so it becomes ang for bourbon. If you don't take my word, take my granny's. It seems that one night way down South, during a particularly fine dinner, Granny's hostess was too busy berating the 18th to notice a butler as he passed the vegetables. Waiting a moment, he touched her shoulder and asked, "Corn, Miss Amy?" Not moving, Miss Amy responded, "Thank you, Carter, and with one piece of ice."

### KIDNEYS WITH BOURBON SAUCE

*Ingredients:* 6 veal kidneys; 3 tablespoons shallots, finely chopped; 5 tablespoons butter; 16 ounces tomatoes in purée; ½ teaspoon each salt and coarse cracked pepper; ¼ cup bourbon.

*Method:* Remove skin from kidneys and split lengthwise. With scissors remove as much center fat as possible. Set aside. In saucepan sauté shallots with 2 tablespoons butter until translucent. Add tomatoes and mash and stir ingredients thoroughly. Season with salt and pepper. Add bourbon and simmer over medium heat for 5 minutes, stirring occasionally. Set aside. Melt in each of two large skillets 3 tablespoons butter. Sauté kidneys for 5-7 minutes, turning occasionally. Remove to chopping board. Reserve juices in skillets and combine into one pan. Continue to heat. Slice kidneys crosswise into thin sections and remove to hot plate. Glaze skillet with shallot, tomato, bourbon sauce. Pour sauce over kidneys and serve.

### TOMATO AND BOURBON SOUP

*Ingredients:* 1 can (28 ounces) Red Pack whole tomatoes in thick purée; 1½ cups beef stock or 1 can (10½ ounces) consomme; 1½ cups milk; 6 basil leaves, coarsely cut; salt and pepper to taste; ¼ cup bourbon.

*Method:* Place tomatoes in blender. Add stock or consommé with 1½ cups milk. Add basil. Blend thoroughly and transfer to saucepan. Season to taste. Add bourbon, bring to boil and simmer for 15 minutes, stirring occasionally. Cool, and chill 6 to 8 hours. Correct seasoning and serve in chilled soup bowls.

### BOURBON CUSTARD

*Ingredients:* 5 eggs; ½ cup granulated sugar; 2 cups milk; 1 tablespoon vanilla; 2 tablespoons bourbon.

*Method:* Beat eggs with wire whisk until they start to lighten in color. Slowly add sugar continuing to beat until mixture thickens slightly and turns to a lemon color. Heat milk and vanilla to boiling point, but do not boil. Pour hot milk slowly into egg-sugar combination, beating with whisk until well blended. Add bourbon and return to low heat until sauce thickens sufficiently to coat spoon. Do not boil. Cool and refrigerate until ready to serve. Delicious over pears, peaches.

### BOURBON CAKE

*Ingredients:* 2 ounces unsweetened chocolate; ½ pound sweet butter; 1 cup granulated sugar; 6 dozen eggs separated; 1 cup chopped pecans; 1 6-ounce package; 1 teaspoon vanilla; ½ pound ladyfingers; 2 6-packages; 1 cup bourbon; ½ pound almond macaroons; ½ pint heavy cream, whipped.

*Method:* In a double boiler, melt chocolate. Beat butter and sugar together until fluffy. Beat egg yolks until lemon colored. Thoroughly combine yolks with butter and sugar mixture, add melted chocolate, pecans, vanilla and mix well. Split and soak ladyfingers in bourbon.

Beat egg whites until stiff but not dry. Fold into chocolate mixture. Line a 5-cup mold with ladyfingers, placing a macaroon in the bottom. Fill center with alternate layers of chocolate and macaroons. Freeze. Unmold and serve with whipped cream. Serves 6. ■




water; 2½ tablespoons [illegible] 1 cup sugar. Method: Peel the [illegible] and dice. Combine apples and 2 cups water in a saucepan and simmer the mixture for 10 minutes or until the apples are soft. Press the mixture through a fine sieve and return it to the saucepan. Stir in enough of the remaining water and add it to the purée until the sugar. Simmer the mixture, stirring, for 3 minutes, or until it is thickened. Let it cool. Pour the mixture into 6 serving dishes and chill it overnight. Serves 6.

## BUCKWHEAT BLINI

*Ingredients:* ¼ cup warm water; 1 teaspoon active dry yeast; 1½ teaspoons sugar; 1 cup lukewarm milk; 1 stick butter, melted and cooled; ½ teaspoon salt; 1½ cups flour; ½ cup buckwheat flour; 2 eggs separated; 1 stick butter, clarified; honey; sour cream.

*Method:* In a small bowl combine the water, yeast, and ½ teaspoon sugar and let stand for 10 minutes. In a blender combine the warm milk, melted butter, 1 teaspoon sugar and salt. Add the yeast mixture, flours, and yolks and blend mixture for 1 minute at high speed. Scrape the batter into a bowl, cover it with a towel and let it stand in a turned off oven for 2 hours. Preheat oven to 200°. In a bowl beat the egg whites until stiff and fold into the batter. Heat 2 large skillets and brush them with clarified butter. Pour ¼ cup of batter for each cake and bake them for about 2 minutes on each side, or until browned. Place them in the oven and continue process until all the batter is used. Makes about 30 cakes. Serve them with remaining butter, heated honey, and sour cream. Serves 6.

*Various Fresh Vegetable Juices*
*Cornmeal Buns with*
*Turkey Stuffing*
*Baked Apples with Maple Cream*
*Coffee*

## CORNMEAL BUNS WITH TURKEY STUFFING

*Ingredients for the dough:* 2 envelopes active dry yeast; ½ cup warm water; 1 tablespoon sugar; 3½ cups flour; 1 tablespoon salt; 1 cup warm milk combined with ½ cup warm water; 1 cup stone ground yellow cornmeal.

*Method for dough:* In a measuring cup, stir together the yeast, water, and sugar and let the mixture stand for 5 minutes, or until it is doubled in volume. Place the flour and salt in a large bowl and stir in the yeast mixture and milk-water combination. Gradually add the cornmeal, stirring until the mixture is a heavy mass that leaves the sides of the bowl. Knead the dough on a floured board for 10-15 minutes, or until it is smooth. Put the dough in an oiled bowl, brush the top with oil, and let it rise, covered with a damp cloth, for 2 hours, or until it is doubled in bulk.

*Ingredients for the filling:* ¾ cup onions, finely minced; ¼ cup lard; 1 1-pound can plum tomatoes, packed in puree, chopped; 2½ teaspoons chili powder; 1 teaspoon ground cumin; ½ teaspoon garlic, minced; 2½ cups cooked turkey, minced; 1 cup canned corn kernels, drained, seasoning to taste.

*Method for the filling:* Sauté onions in lard in a large skillet for 5 minutes. Add the tomatoes, their liquid, chili powder, cumin, and garlic and stir the mixture over moderately high heat 5 minutes, until most of liquid has evaporated. Add turkey and corn, stir 2-3 minutes. Taste for seasoning, cool to room temperature.

*Method for buns:* Preheat oven to 375°. Punch down the dough. C off slightly less than half and r it out on a floured board to form rectangle 16 by 8 inches. Cut into 8 4-inch squares. Evenly d vide the filling among the squar leaving a margin of ½ inch around. Roll out and cut the rest the dough in the same way, b make it a little larger. Blend 1 e with 1 tablespoon cream and bru the margin of a filled square wi the mixture. Fit over it a square dough, press the edges togeth tightly and seal them *firmly* wi the tines of a fork. Continue t process until all the packages filling are sealed. Prick a design each with a needle or a thin ske er. Place on oiled baking pan a let them rise 30 minutes. Bru tops with remaining egg was Bake 25 minutes, until w browned. Cool. 8 buns.

## MAPLE CREAM FOR BAKED APPLES

*Ingredients for cream:* 1½ cu heavy cream; ¼ cup maple syru ¼ cup light corn syrup.

*Method:* In a heavy saucepan sim mer cream and syrups 5 minute or until the sauce is reduced t about ⅓. Chill. Serve with bake apples. 1⅓ cups sauce. ■



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# building facts

**Materials used in bath-dressing room page 64**

ARCHITECT: Stephen N. Abend of Urban Architects
INTERIOR DESIGNER: Melvin Dwork Associates, Inc.
CONTRACTOR: Falkenberg Co. Inc.

**STRUCTURE**
**Foundation:** Reinforced concrete.
**Framing:** Standard wood frame construction.

**EXTERIOR OF BATH-DRESSING ROOM**
**Exterior walls:** Brick veneer by Midland Brick Co. on 2 by 4-inch studs.
**Exterior finish:** Custom-mixed bottle-green paint on roof fascia by Pratt & Lambert, Inc.
**Roof:** Wood shingles.
**Insulation:** In walls, 3½ inch glass fiber batts; in roof, 6-inch glass fiber batts by Owens Corning Fiberglas.
**Windows:** Custom made.
**Skylights:** Double dome plastic by Plasteco.

**INTERIOR OF BATH-DRESSING ROOM**
**Interior walls and finishes:** Gypsum board painted Tawny Beige color by Pratt & Lambert; other walls mirrored; walls in bath and shower tiled with 1-inch-square unglazed ceramic tile in Tawny Beige by Wilburn Tile Co.; in sauna, walls, floor, bench, and ceiling trellis of redwood.
**Ceiling:** Gypsum board painted Tawny Beige by Pratt & Lambert.
**Floors:** 1-inch-square unglazed ceramic tile in Tawny Beige by Pratt & Lambert; custom carpet.
**Lighting fixtures:** Surface mounted adjustable cylinders by Harry Gitlin; fluorescent strips in light cove and over dressing table valance by Williams Light Co. Dimmer controls by Leviton Mfg. Co. Inc.
**Plumbing fixtures:** "Ultra" bath and basins in fawn beige by American Standard, Inc.; toilet and bidet in black by Kohler.
**Hardware:** Polished chrome "Nuggets" by P.E. Guerin, Inc.
**Sauna:** Viking Sauna Equipment Co.
**Cabinets and countertops:** Custom made cabinets with countertops in honed finish of Imperial Black Tennessee marble.
**Appliances:** Built in hair dryer by World Dryer Corp.

## QUIZ TO HELP YOU FIND OUT HOW YOU REALLY WANT TO LIVE *continued from page 53*

### How to score your answers

**THE "B" COLUMN**

Look at every check in the "B" column *and appreciate it.* Every one is a plus in your life.

**THE "A" COLUMN**

Each check mark in the "A" column points to an area that *should* pay off, but doesn't. This is the column that will give you a clue to how much satisfaction you are missing. Add up your "A" checkmarks.

**0—3** Yours is an enviable situation. Sit back and enjoy your good fortune. Only rarely does anyone have this beautiful score.

**3 to 5** Still very good, but leaves you with important satisfactions to work on.

**6 to 8** You're missing more, but by the same token you have more to gain through improvement.

**9 plus** Good you found out. Pay special attention to the suggestions below. Look forward to an adventure in better feelings.

One point to consider. Suppose you have only *one* checkmark in column "A". This doesn't necessarily mean everything is bliss for you. That one hazard could turn out to be your really big worry. Be sure to examine it carefully. If you usually see your friends as an obligation, for instance, try to minimize this tendency. There will, of course, always be people you have to see to avoid feeling bad. But stop punishing yourself by letting this happen often. Don't be overly concerned about *total* score, weigh each item carefully to evaluate its importance to you.

**HOW TO RAISE YOUR SCORE**

Man is the only animal that actually makes most of his own environment. You made most of yours and you can, within wide limits, *change* yours, too. You will find plenty of hints about how you can go about improving your satisfaction score, by studying the B column. Suppose you indicated that there was no real novelty in your daily life. Stop at your newsstand or bookstore and pick up some book, magazine, or newspaper simply because it looks interesting, not because it could "do something for you." Or wander through the craft and hobby section of a store and pick up something attractive to work on when you have time.

Suppose you indicated discontent with your house. What about those colors you like to have around you? Look for them in a new painting or drawing and put it up soon. (Or take down one you really can't stand!) A quick way to introduce new color is through a throw or a rug over the back of a sofa or chair. Plan to introduce what you really want to live with in your future decorating plans.

**FOUR IDEAS THAT WILL HELP YOU FURTHER**

**1** Realize how old routines and habits can bind you until you determine to untie the bonds. Make a list on a card, to keep in your purse or wallet. Jot down your plans for change. This will help you recognize outworn habits when they assert themselves and let you change for the better.

**2** Keep an open mind about new ideas to replace the old ones. (In an experiment those who were told, "Keep an open mind!" solved puzzles much more quickly than those who were simply asked to solve the puzzles.)

**3** Expect and tolerate willingly that little feeling of tension and risk when you start something new. In no time at all, that slight apprehension will be replaced by new confidence.

**4** Finally, store away the checklist and look ahead to an encouraging experience a month from now. Make a note in your calendar to recheck the check list in thirty days. Chances are you will find that some of your "A's" have become "B's." Your satisfaction score will be raised!


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# Shopping information

***All prices approximate. *Consult your interior designer or store decorating department. Postage indicated by ( ).***

**COVER**

**Camelback sofa:** 88½" x 33¼" x 35½" high, loose seat cushion, mahogany base.

**Wing chair:** 31" x 28" x 45½" high, mahogany, fluted legs.

**Chair-chair:** 28¾" x 36¼" x 31½" high, mahogany legs, loose back cushion.

**Secretary:** 42½" x 24½" x 82½" high, mahogany and mahogany veneers, 10 compartment top section, 4 bottom drawers, brass hardware. From the Newport Collection.

**Queen Anne tea table:** 29¾" x 18½" x 26¼" high, mahogany and mahogany veneers.

**Flaptop table:** 36" sq. x 28" high open; 36" x 18" x 28" high closed; mahogany and mahogany veneers, brass feet. All by Kittinger.

**"Guinevere" cotton chintz covering furniture:** 46" wide, 36" repeat. Zepel treated, a documentary design from the Valentine Museum. By Brunschwig & Fils.

**"Peachtree Trellis" cotton fabric covering pillows on sofa:** 52" wide, repeat: 8¾" wide x 16½" vertical. Zepel finish. By Brunschwig & Fils.*

**Gingham patterned floor and *faux bois* mantel:** designed and executed by Luis Molina. Through the Molina Studio.

**Accessories in secretary**

**Top shelf:** pair of white porcelain goat boxes, $10 each; yellow china canary, $35; green pottery melon box, $55. **Middle shelf:** tobacco leaf pitcher, $150; white earthenware rabbit tureen, $35; green pottery pineapple box, $24. **Bottom shelf:** white earthenware lamb tureen, $35; yellow china covered melon box, $38.50; rose plate Lowestoft pattern, $17. **On mantel with plants:** porcelain butterfly cachepots, $35 each. **On tea table:** green leaf plate with pear design, $6. **On flaptop table:** $30; porcelain leaf tray, $40. All from Mottahedeh.

**Pair of covered jars on mantel:** 8" high, $48 each; covered beehive basket on mantel, 11" high, $36; lacquered box with tulip découpage on tea table, $12; woven African basket containing cyclamen, $33. From Limited Editions.

**White china fluted vase:** bottom shelf of secretary, $120 a pr.; **large woven basket:** containing logs, 25" deep. Both from John Rosselli.

**Steel and brass andirons:** $160. Steel and brass fire tools, $155. From Edwin Jackson.

**Two-cushion ottoman:** 26" sq. x 19" high. From Karl Springer.*

**Tulip appliqué quilt:** 66" x 65", c. 1920, $135. By Moon Over the Mountain. At The Patchworks.

**Covered basket with handle:** 20" high, 19" at roundest point, $65. At Hannah K. Woodard Americana Antiques and Quilts.

**BATH INVENTIONS**

**Pages 68-69:**

1. **Bathroom scale:** 12" sq. x 3" high, weighs about 6 lbs., $50. By Terraillon. At Bloomingdale's.

2. **Clay basin with matching tile:** basin 13" round, $205; tile, $6.75 a sq. ft. From Eljon, Inc.

3. **Vitreous china toilet:** 12½" rough-in, bowl 15" x 24" x 15½" high; tank 15½" x 9" x 17½" high. Imported from Italy by Hastings Tiles.

4. **"Curly Q" curling wand:** 13½" long x 1½" thick, 8' swivel line cord, safety heel rest, cool tip to protect fingers, $19.95. By Norelco.

5. **"The Skinny Dipper" personal shower:** 59" chrome-plated hose, includes chrome-plated brass adapter mount for shower arm, fingertip water flow control, $24.95. By Alsons. At Hammacher Schlemmer and Abraham & Straus.

6. **Pedestal wash basin:** 22" x 27" x 28" high, vitreous china imported from Italy. At Hastings Tiles.

7. **Vitreous china shelf:** 6" x 25" long. At Hastings Tiles.

8. **Counter and basin:** basin, 16" x 19". Ovalyn basin by American Standard; counter of Plexiglas by Rohm & Haas, made to order and available in 25 colors. To order from Paul Associates.*

9. **Porcelain pedestal shell basin:** 24" x 18½" x 32" high, imported from France, $495. From Marion Wieder.*

10. **Vitreous china soap dish:** 12" x 6" wide. At Hastings Tiles.

11. **"Pro Gun 1000" dryer:** 4 heat settings, 8' cord, with table stand, $40.99. By Clairol.

12. **"Artichokes" wallpaper:** $30 a single roll. By Sherle Wagner.*

13. **"Artichokes" china basin:** 14" x 17", 15" x 19", or 12" diam. round or overedge bowl; brushed chrome fittings. By Sherle Wagner.*

14. **"Pretty Power" 2-fan styling dryer:** with 5 attachments, less than 2" round, $28.99. By Clairol.

15. **"Super Twin Action" hand massager:** $44.95. ($1.75.) At Hammacher Schlemmer.

16. **Molded fiberglass tub:** 5' round, fits into a 6' or 7' sq. setting; in black, white, hot pink, sunset orange, gold, meadow green, aqua; custom colors on request. By Novaglas Corporation.

17. **Acrylic magazine rack:** $50. At Marion Wieder.*

18. **"The Shower Massage by Water Pik":** 60" chrome hose for hand held model; wall mounted model available; both have a dial to adjust for shower spray, massage action spray or both. $39.95 hand held; $24.95 wall mounted. From Teledyne Aqua Tec.

**AMERICANA ZEST**

**Pages 74-75:**

**Tablesetting**

**"Charger" service plate:** pewter, 12" diameter, $30 each. From the "Authentic Early American Pewter" Collection. **"Jamestown" pewter flatware:** $35 per 5-piece setting; **pewter tankard:** 16-oz. capacity, 7" high, satin finish, reproduced from a design by Frederick Basset, $49.50; **pewter porringer:** $9.95. From the "Authentic Early American Reproduction Pewter" Collection. All by Reed & Barton.

**Crystal pitcher:** 10" x 9" x 5" diam. $70; **celery holder:** 6" diam. x 12" high, $60. Both from La Cuisinière. **Wooden box:** 3" x 8", in green, $35; **wooden box:** 10" x 1", $18; **large wooden burl bowl:** 13½" x 9" high, $125; **"Star" quilt:** 86" x 88", c. 1840, $485; **heart knife box:** 1." x 14½" x 6" deep, $35. All from America Hurrah Antiques, N.Y.C.

1. **"Bicentennial" stainless flatware:** $17.95 per 5-piece setting. y Reed & Barton.

2. **Crewel embroidered pincushic** 4" diam., $18. By E.M. Foss for ' Lark.

3. **Reading glass:** 10" overall len glass 4½" diam. $75. At Charles I con & Son, Ltd.

4. **"The Old Umbrella Hou sculpture:** executed in relief w crayon, shoe polish, oils, acryl woods. $100. To order from Bill B

5. **"Bandana" vinyl wallcoveri** 27" wide. Designed by Leoda De M $22.50 a yd. By Perceptive Concept

6. **"Stencil Flowers" cotton a linen fabric:** 34% cotton, 66% lin 54" wide, 12½" repeat. $12 a yd. Fr the Williamsburg Collection by Sc macher.*

7. **"Hospitality" stationery:** sheets, 20 envelopes per box. $5.9 box. By Crane.

8. **Mahogany letter rack:** 7" x 4 1½" high, holds 15-25 letters. At Charles Deacon & Sons, Ltd.

**Inset**

**Wing chair:** 29" x 26" x 46½" hi Hepplewhite style. $563.

**Queen Anne style tea table:** 28 x 29½" x 28½" high, mahogany, s loped apron, cabriole legs. $225. **Fo stool with upholstered cushion:** x 11" x 12" high. $115.

**Chippendale style fire screen:** 22 x 20" x 54½" high, mahogany. $195

**End table with Lewis finish:** x 19" x 28" high, 1 drawer, strai legs. $175.

**Side chair:** 21" x 24" x 38" hi fretwork detail at corners, straight le $245. By Hickory Chair. At Lord Taylor.

**"Plantation Bridges" cotton to fabric on chair:** 56" wide, red natural.

**"Plantation Bridges" vinyl wa coverings:** 26" wide, 32¼" repe Fabric and wallcovering from Charleston Collection by Greeff.*

**Bargello pillow:** from a selection needlepoint designs and pillows. $ At Woolworks.

Rug, basket, tea service, cat-shap teapot, Imari china, pear dish at L & Taylor.

**Pages 76-77:**

1. **"Liberty Memorial Collection** 13 sterling coins 1½" diam. each, a velvet case lined with silk, limit edition of 5,000. $195. By Gorham.

2. **Porcelain "Patriots Bowl":** 9 diam., 24-karat gold garland wrea 5 cameo portraits. $75. By Lenox.

3. **"New England Cooker" 8-qua pot:** 7-qt. aluminum inset basket, bl acrylic finish. $15.95. By West Ber

4. **Triple-seat Windsor bench:** 58 x 19¾" x 37" high, with seat cushi By Heritage. At Macy's.

5 and 6. **Two-seater ottoman/tabl** 40" x 24½" x 16" high, of pine. $1 By The Bennington Pine. At T Country Manor.

7. **"Dakota Star" cotton fabri** 48" wide, 6" repeat, treated wi Scotchgard. Designed by Julian To chin, $5 a yd. By Riverdale. At Ab ham & Straus.

8. **Hitchcock chair:** 17½" x 18" 33" high x 18" seat height, cane se turned legs, stencil design. $100. Hitchcock Chair Co. At Altman's.

9. **"Americana" silver-plate coff and tea service:** 11-cup coffeep $75; 9-cup teapot, $69; sugar bow 4⅜" diam., $33; creamer, 12 oz., $2 By Reed & Barton.

10. **"Hearthstone" cast iron coo ware:** 10¼" skillet, $11; 10½" gla lid, $4.75. Set of 6 also includes 7 skillet, 1½ qt. saucepan and cov 4-qt. Dutch oven. $40 the set. By Ge eral Housewares. At Strawbridge Clothier.

11. **"Tip Toe Tulip" wallcoverin and borders:** overall pattern 2 wide, in paper or vinyl, $15.90 a r in paper; **11½" wide border:** $2. a yd. in paper; **3½" wide borde**

*Continued on page 1.*




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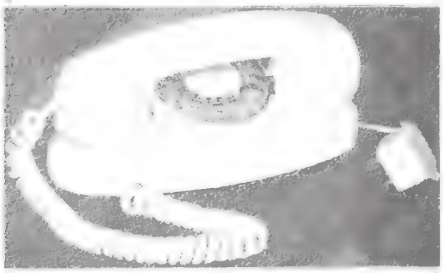
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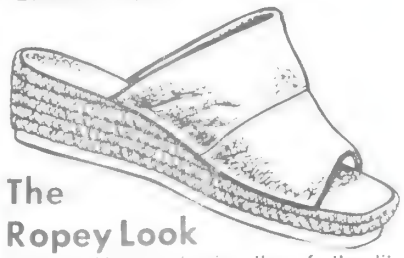
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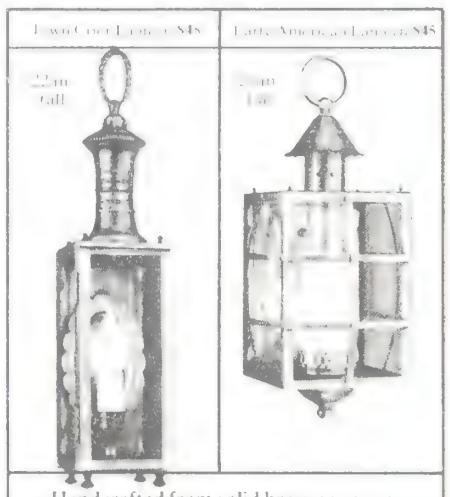
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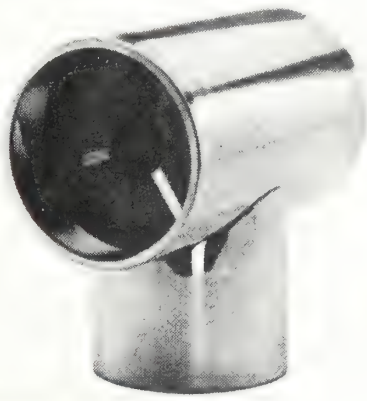


## NAVAJO RUG ART

Replica of tribal symbols, ivory and earth tones. 3′ by 5′, $34.95; 4′ by 6′, $49.95; 6′ by 9′, $89.95; 9′ by 12′, $159.95; runners, 2′ by 8′, $44.95; 2′ by 11′, $54.95. Ppd. Catalogue Oriental and Indian rugs, $1. Peerless Imported Rugs, Dept. G-25, 3028 N. Lincoln Ave., Chicago, IL 60657.

## SPECTRUM CLOCK

Definitely a product of the space age. Fascinating timekeeper with free-floating orb marking the seconds. All colors of the spectrum shine in ever-changing display. Glistening metal, it stands 7" h. $150 plus $2.50 post. Kaleidoscope, HG25, 288 The Prado, N.E., Atlanta, GA 30309.





## DROP CIRCLE

Perfect table for limited space. Butcher block top has rounded edge, stands on sturdy pedestal. In three sizes: 36" dia., $199.50; 42" dia., $249.50; 48" dia., $284.50. Exp. coll. Send $1 for 48-page catalogue. J&D Brauner, HG2, 1331 So. Michigan Ave., Chicago, IL 60611.

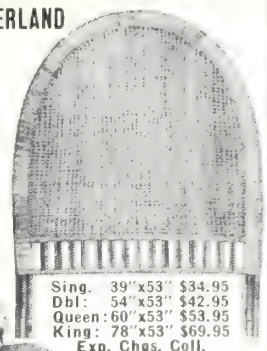
## WICKER WONDERLAND

**RATTAN HEADBOARDS**

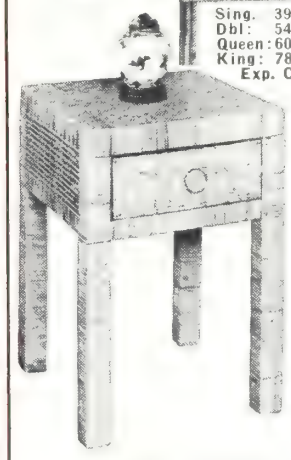
Gracefully arched, hand-woven of natural rattan in a contemporary cane pattern.

SEND 25c FOR CATALOG

VISIT OUR WAREHOUSE SHOWROOM



Sing. 39"x53" $34.95
Dbl: 54"x53" $42.95
Queen: 60"x53" $53.95
King: 78"x53" $69.95
Exp. Chgs. Coll.

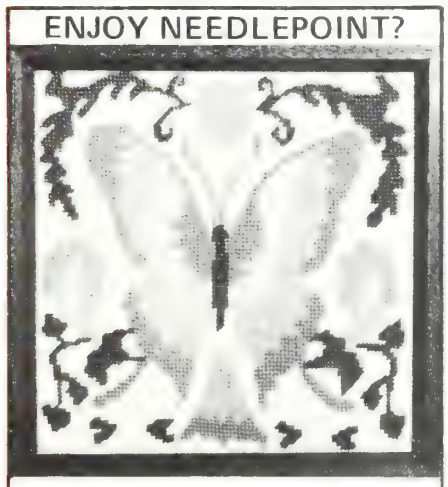


**NIGHT TABLE**

Handwoven of natural rattan peel over wooden frame with drawer for personal use. 17"x18"x25" high, $54.95 plus $4.00 postage.

**FRAN'S BASKET HOUSE**
ROUTE 10, DEPT. HG2, SUCCASUNNA, N.J. 07876

## ENJOY NEEDLEPOINT?



You'll love this Bright Butterfly! Its vibrant shades of green, yellow and orange are accented with a pink and green border and set against a yellow background. Kit includes canvas printed in full color, 100% wool yarn, needle and complete instructions to complete this 10" x 10" picture — $7.50. Walnut finished frame also available — $7.50. Postage 50c.

(IL residents add 5% tax)

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The Tal wishbone is a good luck charm to carry with you always. Its graceful beauty reflects the grace of the wearer and the promise of a wish to come true.

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Luxury Lucite lends a new look to magazine racks! Handsome, hefty design holds all sizes —keeps them handy, easy to see and select. Attaches to wall or stands—attractive either way, clearly blends with any decor! American crafted, 11½ x 10¼ x 3", screws included.

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*The way to select* **ORIENTAL RUGS**

*is to examine them in your own home*



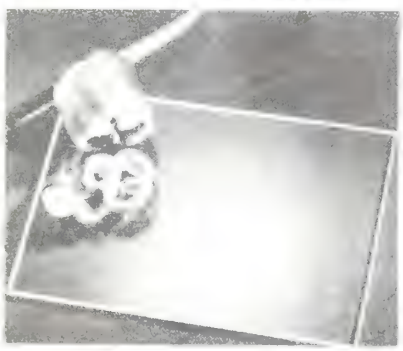
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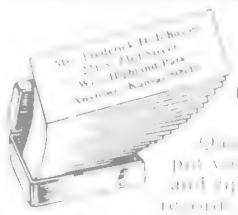
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[illegible] $2.50; 12 x 16 $3.95
14" round $5.98. All orders postpaid.

COLONIAL GARDEN Kitchens



**1000 RETURN ADDRESS LABELS**



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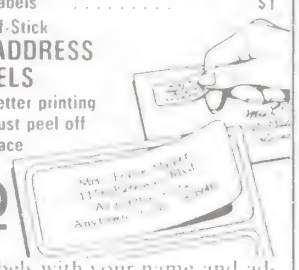
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# OUR GUARANTEE IS FANTASTIC
# OUR PRICE IS UNBEATABLE

14¼" CARVING KNIFE

12¾" CLEAVER

10¾" COOK'S KNIFE

8" PARING KNIFE



**BECAUSE WE PURCHASED THE ENTIRE FACTORY PRODUCTION ON FAMOUS MOLYBDENUM VANADIUM STEEL KNIVES WE HAVE REDUCED THE PRICE TO $9.98.**

**Simply here are the facts:**

**1.** MOLYBDENUM VANADIUM STEEL (very expensive) makes our knives razor sharp. You will cut slices so thin you'll see through them. Carve a roast wafer thin. Cut a soft spongy tomato to perfection. Slice an onion so close that you'll read the small logo on the blade while in the onion.

**2.** MOLYBDENUM VANADIUM STEEL makes our gourmet knives virtually indestructible. Please, please don't sharpen our knives . . . Experts say our edges will Never Ever have to be sharpened the old way. Simply rub them over any china plate and the razor honed blades will be restored. It is reported that no other knife in the world whose edge is so perfect can be restored so easily. Metallurgists say they won't bend, dull, rust or lose their hardness ever.

**3.** MOLYBDENUM VANADIUM STEEL makes these knives durable and tough. Cut through big bones easily and effortlessly. No job too tough. Glide through big turkeys. Tough but flexible cuts slices close to bone and then cuts bone in half cleanly.

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**5.** *OUR GUARANTEE. We have a super fantastic product at a great price and we are willing to guarantee these gourmet knives unconditionally. If you don't agree that our knives are the best cutlery offer anywhere return them for full purchase price anytime. Not ten days, not thirty days, not even ten years. Return them anytime for full refund. Save our unconditional guarantee and maybe your great grandchildren can refund your sets. We're not worried because even three or four generations from now these knives will be razor sharp, free of rust and as beautiful and practical as they are today.

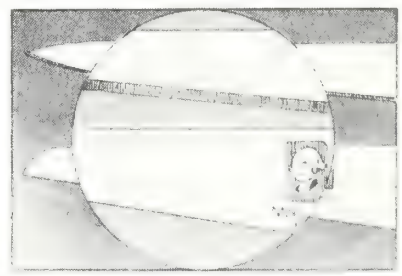
**6.** OUR PRICE. Simply our price is $9.98. Yes, you could pay up to forty dollars more to get gourmet knives of this quality.

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We promise to rush your order if you order now. We must let you know that supplies are truly limited and at our truly remarkably low price these gourmet sets are sure to go fast.



Razor sharp and pricise, the Total Edge Knives cut meat, onions, luncheon meats, vegetables, cheese-anything-paper thin.



On ordinary knife, edge is just a fraction of total surface. On the Total Edge Knives, the entire blade is the cutting edge.

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**$9.98**

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Name

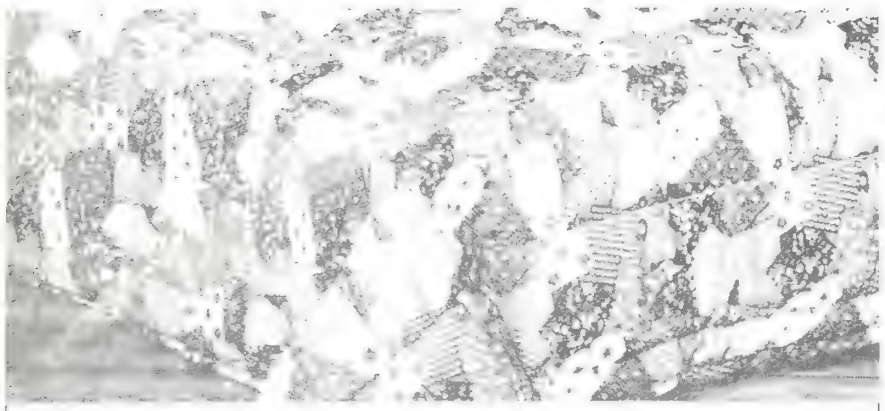
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A great rural beauty completely finished in red, green and blue cotton with thermal polyester filling.

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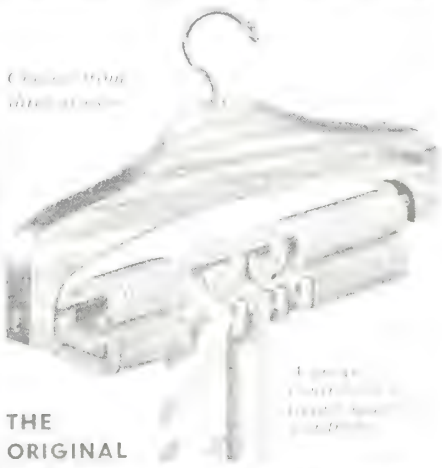


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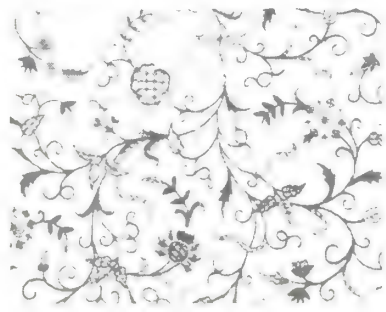
### OUR PRESIDENTS

New U.S. coin spoons for collectors. Silverplated. Die sunk, bas relief, replicas of obverse side of Lincoln 1c, Jefferson 5c, Roosevelt 10c, Washington 25c, JFK 50c, Eisenhower $1. 4¾" long. $2.95 each; 6 in set $16.95. Ppd. Art Guild, HG2, Box 23201, Minneapolis, MN 55423.



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Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads plus 15c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.



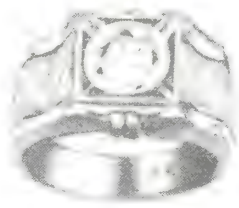
### COLONIAL CREWEL

Just like the fabric embroidered by colonial women, crewel fabric by the yard is richly patterned. 50" w. in tones of blue on hand loomed cotton from India; perfect for draperies, upholstery. Per yard, $16 ppd. Color catalogue, 50c. Gurian's, H-25, 276 Fifth Ave., New York, NY 10001.



### CALL IT CAMP

A phone with a French accent and a flavor of jazz from the 1920's. Oval base with dial, cable and four-prong plug. In the original black, $49.95. Separate ringer box $6.95. Add $1.50 postage and handling; $2 W. of Miss. Metropolitan Teletronics, HG2, 35 W. 35 St., New York, NY 10001.



### THE "ARGO"

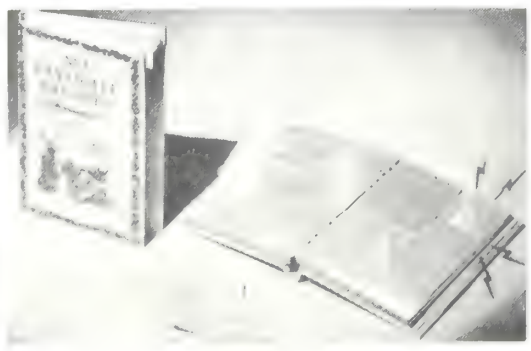
Treasure for his finger: yellow or white 14k gold ring centered with a brilliant 2k Strongite stone, a multi-faceted synthetic with the remarkable hardness of a true diamond. $102 plus $1 post. Free brochure available. The Strongite Co., HG2, 2 W. 47th St., New York, NY 10036.



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2 for $6.50. Please add $.85 per order

FERRY HOUSE Dept. HG-275

Briarcliff Manor, N.Y. 10510

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Bright multi-colored elephant, hand made in India, is part of a colorful collection of hand-embroidered 100% cotton animals. Also available: horse, camel, bull. 2″ h., $3.50; 4½″, $5; 7″, $7; 10″, $10. Add $1 post. Sona of India, HG2, 11 East 55th St., New York, NY 10022.

## GREAT GOING



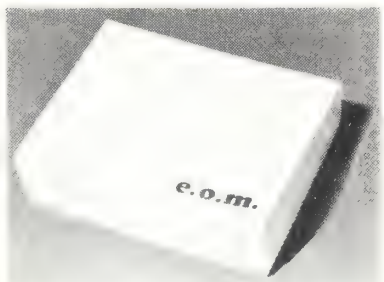
Casual espadrilles imported from Spain have cotton canvas uppers and rope-trimmed crepe rubber soles. Have them in white, navy, yellow or bright green. In sizes 5-10, N and M widths. $15 plus $1.25 post. Free catalogue on request. The Talbots, Dept. FB, Hingham, MA 02043.

## TIFFANY TOUCH



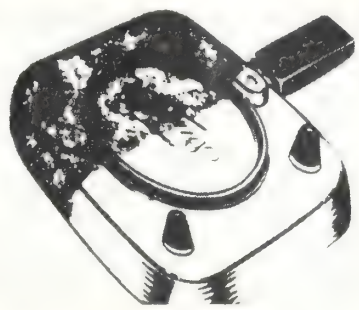
Old-time Tiffany styling is in a natural wicker lamp, all hand-woven. 30″ h., 16″ dia. with 3-way switch. Natural, $39.95; white, black, green, pink, orange, yellow, $44.95. Add $3 post. Catalogue, 25c. Fran's Basket House, HG2, Rte. 10, Succasunna, NJ 07876.

## PLEASE NOTE



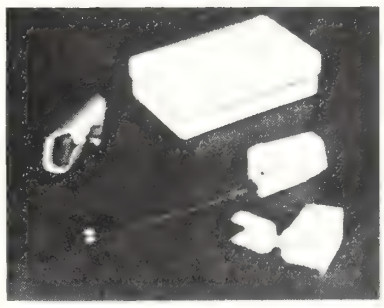

Jumbo pad from graph paper with bright red jumbo initials personalizing every sheet. A sure way to get your notes noticed. 5″ by 4″. Specify initials—for yourself or gift giving. Pad of 400 sheets. $6.95 ppd. West-Berg Enterprises, HG2, Box 4749, Colorado Springs, CO 80909.

## POT PRETTIER



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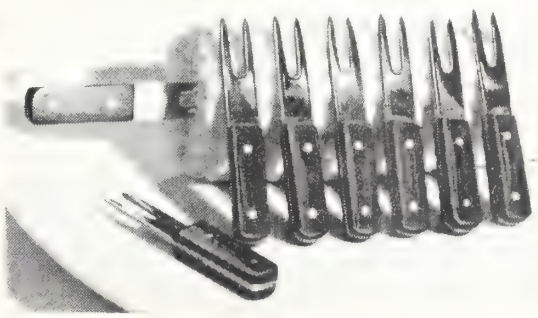
## TRAVEL TEAM



Plastic travel pack keeps it all together: twin toothbrush covers keep bristles sanitary; razor cover fits double-edge or injectors; soap dish has hinged lid—so everything is safe and handy! A great convenience. $1.59 ppd. Miles Kimball, HG2, 41 W. 8th Ave., Oshkosh, WI 54901.


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For corn lovers. Handsome rosewood and stainless skewers eliminate burnt or butterfingers. Treat hostess . . . or the man of the house. Box of eight $3.50. 2 boxes (16) $6.85. Add 50c post. For Each Box. *Sorry No COD's*



A delightful gift that's different!

*Quality and Integrity*

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THE GIFT TREE Box 55, Dept. HG2-5, Kensington, Md. 20795





**Elegant Smoke-tone Pots** **Set of 4 $5.25**

**NOW IN GLEAMING SNOWY-WHITE, TOO!**

Stunning look in space-age plastic, fantastic design, too! Pots have raised ridges below— set a clay pot inside and it's help up, away from accumulated water—plant in them, too! American-made and molded into one waterproof piece —no rings on table or shelf! Translucent smoke-tone or gleamy opaque white. Set of 4— 4⅛″ to 6⅞″ high, 4¼″ to 6¾″ diam.

#8120—Smoke-tone Pots ..... 1 Set $5.25
#8376—White Pots ..... 1 Set $5.25

*Please add 50¢ postage and handling, N.Y. residents add taxes*

Lilly's Garden Dept. G24, 510 S. Fulton Ave. Mt. Vernon, N.Y. 10550



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**1975—$15.00**

(Plus $1.00 Post. & Ins. ea.) (Ill. Res. add 5% tax.)

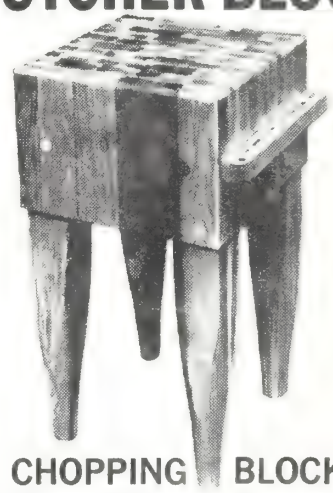
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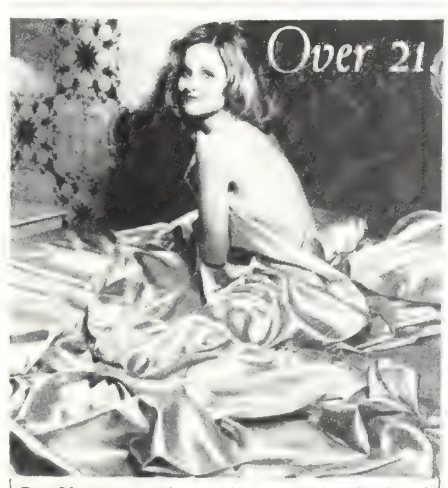
**CHOPPING BLOCK**

Solid end-grain maple on massive legs. 12″ thick top with knife rack. Overall height 34″. 18″ x 18″, $124. 18″ x 24″, $150. 24″ x 24″, $170. Without rack deduct, $15. For Shepherd casters, add $25. Shpg. Chgs. Col. No COD's. N.Y.C., N.Y. State, N.J. and Illinois residents add your tax.

**52 page catalog, $1.**

**J & D Brauner/The Butcher Block**
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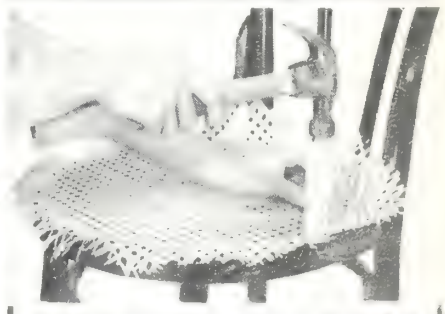
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**For fitted bottom sheet, add $2.00 to double or twin price; $2.50 to queen; $3.00 to king price. Round set prices on request. Send check or m.o. 50% deposit on C.O.D.'s.**

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Cane in 3 sizes: **12″x12″ x18″ $10.25; 24″x24″** [illegible]
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Send 25c [illegible] of cane [illegible] materials [illegible]

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Why wait for warm weather if you enjoy gardening? Instead, bring the outdoors inside your home for *all* seasons with your own private greenhouse. A home greenhouse is both a fun center and an educational experience for the entire family. And what a perfect way to get a headstart on the spring growing season by advance plantings of both flowers and vegetables!

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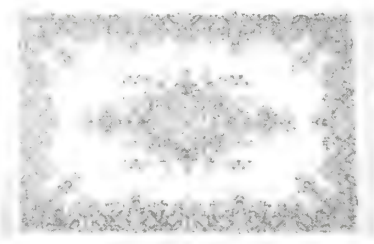
### IN STITCHES

Beguiling flower cushion with pink linen background is for you to embroider in silk-like Moulin-yarn for a pretty pink-on-pink effect. 13″ sq.; #9132 imported from Sweden. $15.95 plus $1 post. Catalogue, $1. Skon, GE2, 55 Lambert Lane, New Rochelle, NY 10804.



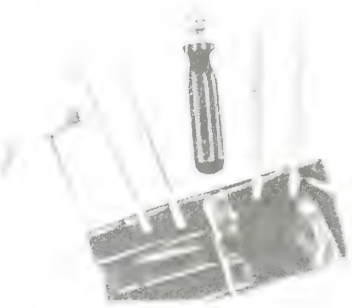
### GRACEFUL QUEEN ANNE

Nicely scaled chair with the flavor of the Queen Anne period is button tufted and enhanced by brass [illegible] ad trim. 38″ h., 28½″ w., 29½″ d. Covered in butterscotch vinyl with leathery markings. $149. Exp. coll. The Ceiling Fan Gallery, HG2, Indian Neck Lane, Peconic, NY 11958.



### ORIENTAL RUGS

Treasured old patterns, authentic reproductions. Dramatically decorative; through-to-the-back construction for wear. Red, ivory, navy or moss green ground. 4′ by 6′, $24.95; 6′ by 9′, $49.95; 9′ by 12′, $89.95. Ppd. International Rug Co., HG2, 360 Amsterdam Ave., New York, NY 10024.



### AT THE READY

Seven piece tool kit in snap-button case, 2¼″ by 5½″, weighs only 5 ozs., but is a mighty aid. Sure-grip handle holds full-size Phillips and slotted head screwdrivers, nail punch, drill, hammer. $2.98 ppd. Ivy, Dept. X717, 210 E. 23rd St., New York, NY 10010.




### TAXPAYER'S LAMENT

Solid pine plaque lettered in antique colors reads, "The Lord Giveth, the Government Taketh Away." 10½″ by 7¼″ with hanging chain. Hang it—and weep! $3.50 plus 50c post. Three, $9.98 plus 50c post. each. Lillian Vernon, G21, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



### BOSOM BUDDY

Stash your cash just like grandma, in this dandy money cache. Snap it to your straps and relax. Plastic lining and fold-over flap keep contents safe and dry. Order #141. $2.29 plus 20c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.




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# How You Can Win Contests!

## Discover 14 Secrets to Winning . . . and Cash In On Exciting Vacations — Luxury Cars — Money and Thousands of Other Fabulous Prizes to Be Given Away This Year

If you dream of having enough extra cash to spend any way you would like. If you have longed for a few of the luxuries in life before you are too old to enjoy them. If you receive a special thrill when you are named a winner. Then continue to read and learn how to make your dreams come true.

To be a winner, the first thing you must do is forget about being lucky.

Pure luck has very little to do with winning contests.

If you follow any kind of sports activity closely, you know the best prepared team wins. They don't leave anything to chance.

The same systematic approach can help you win contests. If you prepare — if you have the proper tools — if you know how to make the law of averages work for you ...you will soon be winning such valuable prizes as color television sets — tape recorders — radios — appliances. Even cash and vacations to exotic places.



*My name is Haywood Kelly. My wife and I have won thousands of dollars in valuable prizes. You can be a big winner too it's easy when you use the 14 simple steps I have discovered.*

Why am I so confident you can win — and win big?

Because I am doing it. I know the thrill of winning. I know what it takes to be a contest winner. I know if you are determined you can win too.

But learning how to win didn't come easy.

Until a few years ago, my wife and I were like the average person. We would occasionally enter a contest that caught our attention ...with always the same results. Nothing. You may have experienced this same thing.

All my efforts left me frustrated. I knew I had to do something different to win. I decided to find out how I could improve my chances of winning. I started by interviewing the people who knew what it was all about. Contest judges.

I spent hours in writing letters and talking to judges. I studied carefully their advice and the techniques they suggested. With their help — and my own trial and error — I developed 14 simple — but effective rules — for entering and winning contests.

During the next three months my wife and I won valuable prizes in ten national contests ...an average of winning one prize every 10 days.

Believe me, this is not luck.

To prove what I am saying is true, here are just a few of the letters I received announcing my winnings:

— *You will be happy to know that your entry has been selected as one of the winners in the Purina Dog Chow $150,000 Triple Treasure Sweepstake Spectacular.*

— *Your entry has been selected as a winner in the Armour "Win a Wish from the Wizard" Sweepstakes.*

— *Congratulations! Your name has been drawn as one of the...winners in the Awake "Free Groceries for Life" Sweepstakes.*

— *Congratulations...you are a winner in the "007 Colgate-Palmolive Sweepstakes." Please allow six weeks for delivery of your RCA Tape Recorder.*

— *Your Polaroid camera is being forwarded to you as a winner in the Libby's Fine Foods Contest.*

— *Congratulations on your cash prize. The Minute Maid Company is forwarding a check to you before the holiday season.*

Without contests and a systematical way of winning, these prizes were only a dream ...but now a dream come true.

Now you can make your dreams come true and experience the thrill of winning. You can master in a few hours what it took me two full years to discover.

The secret of winning.

I have written down every successful technique I have used. Every proven secret I have learned. And have included each of them in a book I have written, entitled "How to Win Contests."

Even though this book could mean hundreds, perhaps thousands of dollars to you in valuable prizes, it is priced at only $3.00. Remember, winning contests is not luck. It is SYSTEMATICAL PREPARATION.

I will show you how to prepare.

I will teach you the fourteen rules you must follow to be successful.

I will teach you the "golden rule" of winning.

I will show you how to be selective and enter only the contests that provide the best chance to win.

I will tell you how to use the rules of the contest to your advantage.

I will give you the formula for a winning strategy.

I will show you how to keep posted on current contests so you won't accidentally miss out on the best opportunities to win.

I will show you a secret trick to make sure your entries aren't overlooked.

I will teach you how to use logic to take the "chance" out of winning.

I will show you how to hit the jackpot time and time again.

At first you will find your winnings hard to believe. Even your friends won't believe it — they will think you struck it rich.

So, forget about being lucky. Don't take as long as I did to find out what it takes to be a systematic winner.

Give in to that impluse. There's nothing to lose.

I'm not asking you to believe what I have said. Just try it. I guarantee you will be a winner. It's as simple as that.

### Guaranteed Winner

To prove there is more to winning than luck — you have this 100% no risk guarantee. Order my book "How to Win Contests." If you don't like it when it arrives, return it for an immediate refund. No questions asked. Or, keep it and enter several contests using my 14 successful rules. If in one year's time you have not won at least two national contests, return the book. You still get your $3.00 back.

### 3 Reports — Free

A new contest comes out almost every day that you can enter — and win. The best are included in a monthly report called the "How to News." If you order my book right now, you will receive free, a three month trial subscription direct from the publisher.

### Start Winning Now!

It is easy to start the winning habit now. Simply complete and mail the coupon below along with $3.00 cash, check or money order to: LINCOLN PRESS — 4444 South Sheridan -Tulsa, Oklahoma 74145. The book (and your first free report) will be sent to you immediately by return mail.

— — — Mail This Coupon Today — — —

Please rush me my guaranteed copy of "How to Win Contests." Here is $3.00 as payment in full. Also send me the "How to News" reports for three months — free — to keep me posted on current contests. If I have not won at least two national contests within a year, I may return the book for a full refund.

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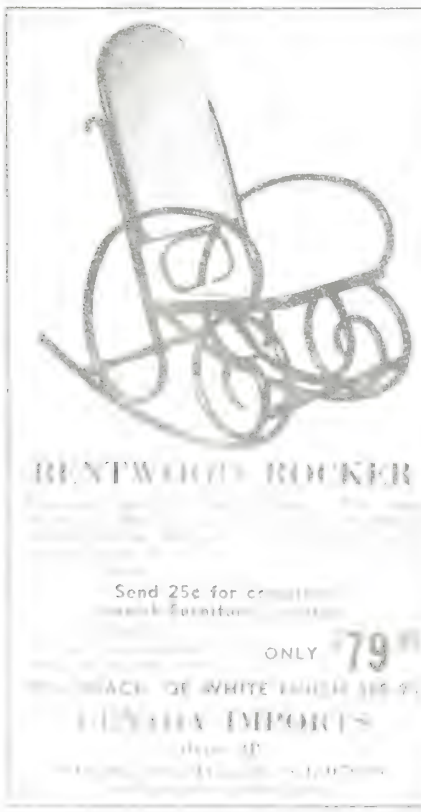
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Pajama Style
**PANT SUIT**

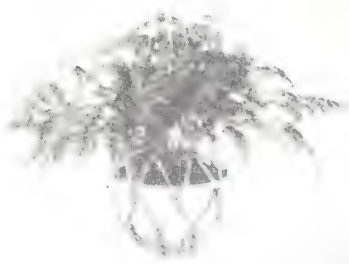
Exciting blue/peach floral arnel nylon print. Full cape-like sleeve banded in wide ecru lace, same lace at neck. Wide cut pull-on pant, elasticized waist.

**Junior sizes 1-11. Price: 2-piece pant suit, $28.00. Same, with skirt, $41.00. Add $1.50 postage.**

Optional bias skirt, lined, tucks top inside or out for different look.

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Flower-strewn plant hanger from Bangladesh made of natural jute is intricately woven for beauty and strength, and spiced with green accents. Hangs 36" long, adjusts to any pot size. $6.98 plus 40c post. Lilly's Garden, Dept. G24, 510 So. Fulton Ave., Mt. Vernon, NY 10550.




### PENNY PRIZE

Buckle up with an Indian Head penny, copper-plated and made into a belt buckle, $5. Leather belt in black or brown (specify) is 1¾" w. in even sizes 24-42. $4.50. Add 75c post. No Nonsense Shop, 119HG, 808 Whitebridge Lane, Hanover Park, IL 60103.



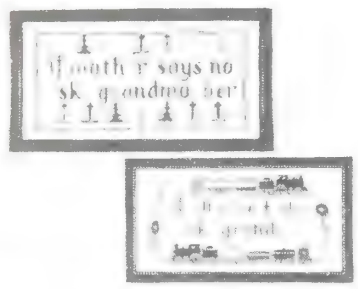
### PULL-UP TABLE

Nifty idea with many uses. Legs provide comfort with any chair. Good for eating, as desk, cards. Walnut grain, stain, heat-resistant top. Black satin enamel legs. Folds. 15" by 23" by 24". $25 plus $2.50 shpg. Camalier & Buckley, HG2, 7222 47th St., N.W., Washington, DC 20015.



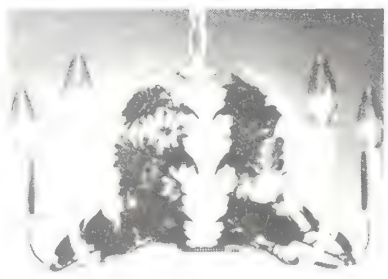

### PERSONAL PROPERTY

Children love these practical and warm sweatshirts with their very own name right out in front. The first and last names in permanent black letters on quality white cotton. Machine washable. Sizes 2, 4, 6, 8, 10. $4.98 plus 50c post. Holiday Gifts, Inc., Dept. 302-G, Wheat Ridge, CO 80033.



### GRANDPARENT'S DELIGHT

Belgian linen stamped for cross-stitching in bright colors. Wood frame 8½" x 16", maple or mahogany finish. Grandmother's or Grandfather's kit, $3.95 each; also "Grandchildren are God's Reward for Growing Old" kit, $3.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



### LIGHT TOUCH

Stunning five-light white chandelier is decorated in the center with colorful artificial flowers. With 17" dia. ceiling mount, 33" overall, as pendant $35. Swag style, with 12' chain, hooks, switch, plug, $40. Ppd. Howard Lighting, HG2, 2376 N.W. 150 St., Opa Locka, FL 33054.



### CRYSTAL SPOONFUL

Once used 100 years ago as an elegant holder of spoons, exact copy is made from same molds, same panel thistle design to hold flowers, celery. Two-handled version is 5½" h. A collector's find, $9.95 plus $1.25 post. Artisan Galleries, HG2, 2100 N. Haskell Ave., Dallas, TX 75204.

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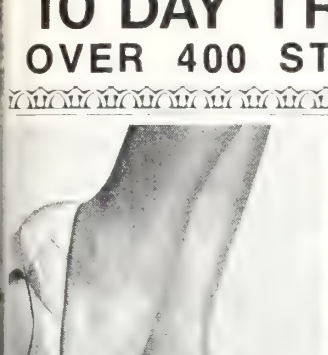
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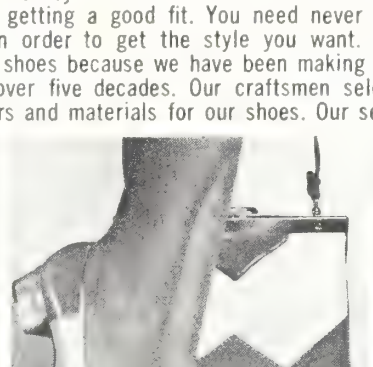
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Rainbow bag and shoe combination in pastel shades of pink, blue, mp, and beige leathers will coinate beautifully with many of outfits. Bag **$14.99.**



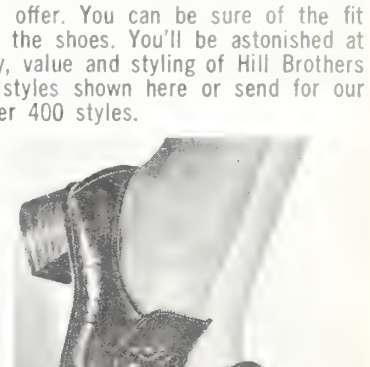
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### IS YOUR SIZE HERE?
**IF SO, WE CAN FIT YOUR FEET.**

| WIDTH | AAAA | AAA | AA | B | C | D | EE | EEE |
|---|---|---|---|---|---|---|---|---|
| 2 | | | | | | | | |
| 2½ | | | | √ | | | | |
| 3 | | | | √ | | | | |
| 3½ | | | | √ | √ | | | |
| 4 | | | | √ | √ | √ | √ | |
| 4½ | | | | √ | √ | √ | √ | |
| 5 | √ | | √ | √ | √ | √ | √ | √ |
| 5½ | √ | | √ | √ | √ | √ | √ | √ |
| 6 | √ | √ | √ | √ | √ | √ | √ | √ |
| 6½ | √ | √ | √ | √ | √ | √ | √ | √ |
| 7 | √ | √ | √ | √ | √ | √ | √ | √ |
| 7½ | √ | √ | √ | √ | √ | √ | √ | √ |
| 8 | √ | √ | √ | √ | √ | √ | √ | √ |
| 8½ | √ | √ | √ | √ | √ | √ | √ | √ |
| 9 | √ | √ | √ | √ | √ | √ | √ | √ |
| 9½ | √ | √ | √ | √ | √ | √ | √ | √ |
| 10 | √ | √ | √ | √ | √ | √ | √ | √ |
| 10½ | √ | √ | √ | √ | √ | √ | √ | √ |
| 11 | √ | √ | √ | √ | √ | √ | √ | √ |
| 11½ | √ | √ | √ | √ | √ | √ | √ | √ |
| 12 | √ | √ | √ | √ | √ | √ | √ | √ |
| 13 | √ | | √ | √ | | | | |
| 14 | | | √ | √ | | | | |

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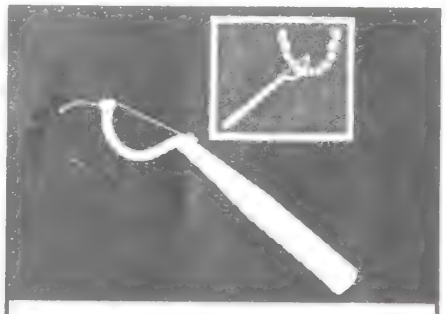


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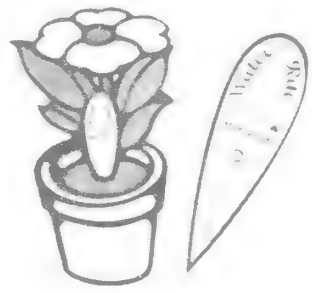
CASUAL EASE

A style to live in for its easy fit, uncluttered smartness. Polyester and cotton, it will wash like a dream. The colors are grass green, dusty rose or yellow. In sizes 6 to 18. $33.50 ppd. Add $5 for monogramming. (Underline last initial). Carroll Reed, HG2, No. Conway, NH 03860.



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Intricate hand-framed stitch pattern in long mohair wool, to wear crossed or as stole. Pink, blue, black, white, cherry. Imported from England. Mothproofed. 60" by 20". $4.95 plus $1.10 postage. New Hampton General Store, Dept. G9, Hampton, NJ 08827.



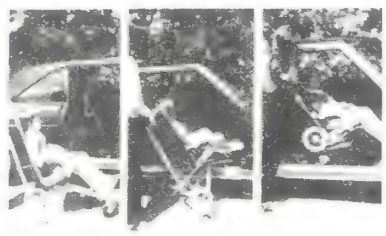
WATERING GUIDES

Insert plant watering indicators in potted plants and they tell you by color when the plant is thirsty. Easy to use and with them you'll never over or underwater house plants again. Six, $1.99; doz., $3.79. Add 50c post. The Gift Tree, HG2, Box 55, Kensington, MD 20795.



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Perfect solution for transporting disabled child. Seated child in chair slides into car, seat belt holds them secure. Retractable wheels, adjustable foot rest, foot brake. Optional: head support, restraint belt, scoliosis pads. Ortho-Kinetics, Inc., HG2, 1225 Pearl St., Waukesha, WI 53186.



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Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man-made fibers. $1.49 plus 20c post. Order D-Fuzz-It from Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

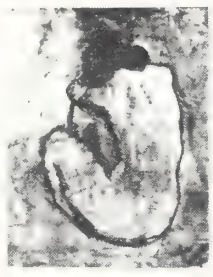
# SHOPPING AROUND

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"Francois" chair looks like it came from a French country manor. Nu-cane seat is in sanded oak wood frame for handsome good looks. Chair is 35″ h.; seat is 17½″ x 14″. A splendid side chair! $13.95 exp. charges coll. Marion Travis, HG2, Box 292, Statesville, NC 28677.

## PICASSO LITHOGRAPH



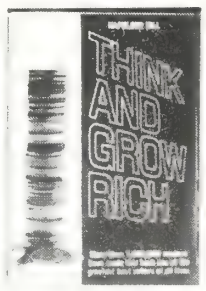
Color lithograph by the 20th century master, 18″ by 24″. $4.95 plus 95c post; stretched on wooden bars, $7.95 plus $1.95; framed, silver trim, $19.95 plus $1.95. Catalogue, 50c or free with order. Lambert Studios, Inc., HG2, 910 N. La Cienega Blvd., Los Angeles, CA 90069.

## BRONZE ELEGANCE



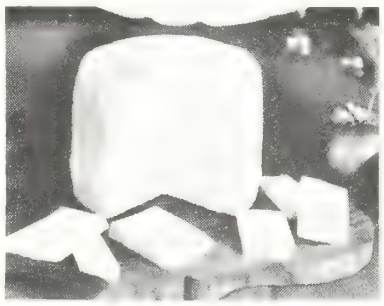
Solid bronze chandelier cast by hand is the crowning touch for a handsome room. Six candles; 20″ h., 20″ dia., chain, 15″. Bronze tassel accents are particularly distinctive. $69 ppd. Free color brochure. Model 25. Empress Chandelier, HG2, PO Drawer 2067, Mobile, AL 36601.

## SUCCESS STORY



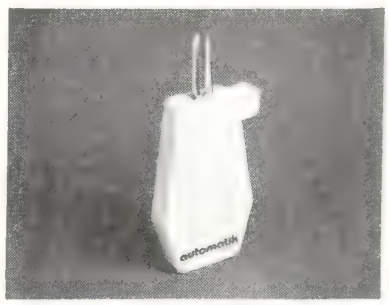

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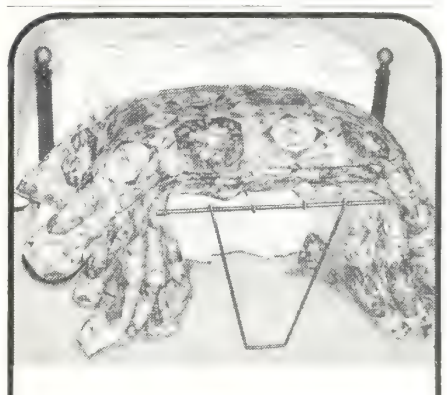
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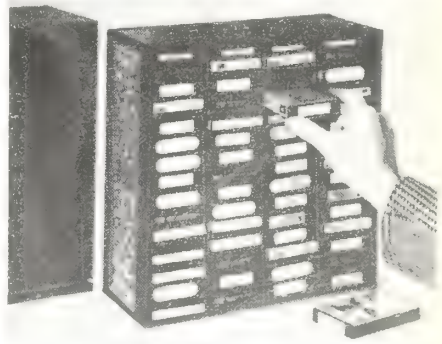
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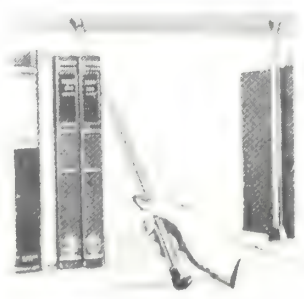
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# SHOPPING AROUND

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## CREOLE DELIGHTS



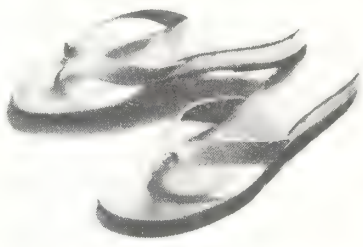
On a 12" x 3½" redwood tray, a scrumptious selection: strawberry preserves, cane syrup, remoulade sauce with Louisiana shrimp, 8 oz. of semi-sweet chocolate-covered orange peel. $16.50 ppd. Creole Delicacies, Co., HG2, 533 St. Ann St., Box 51042, New Orleans, LA 70151.

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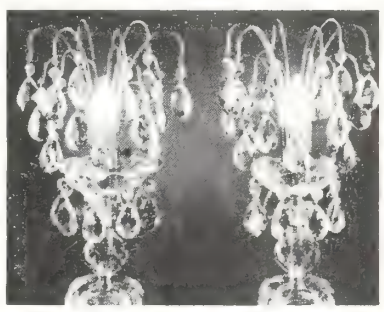
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## THONG OF SPRING

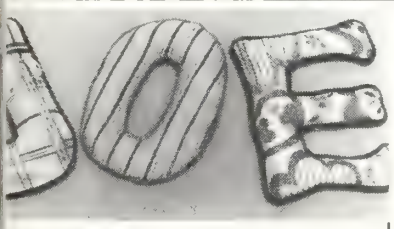


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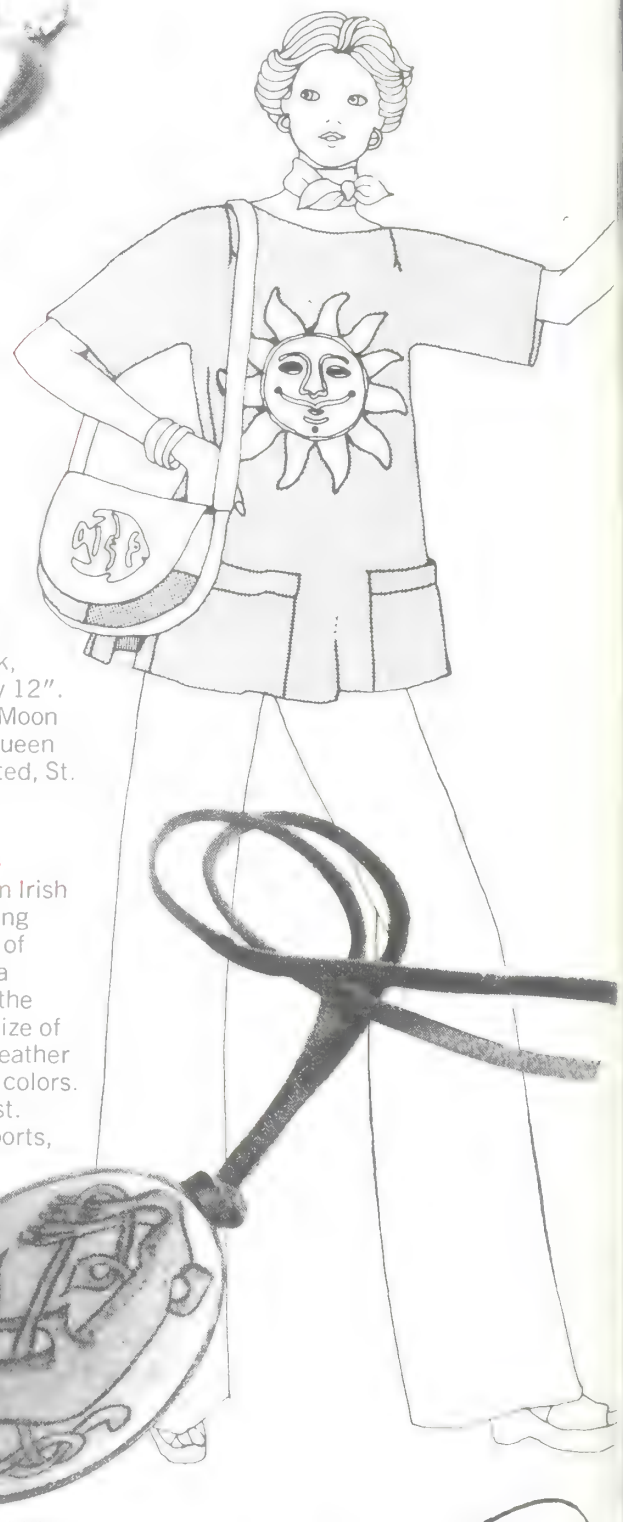

# SHOPPING AROUND VIRGIN ISLANDS

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## GOOD LUCK CHARM

Exquisitely crafted 18k gold horn from Italy. Wear it on your bracelet or as a pendant. Available in gleaming bright or subtle Florentine finish (specify when ordering). As shown, 1″ l. $17.95 air ppd. Place Vendome, HG2, Box 2458, St. Thomas, VI 00801.





## TOP NEWS

A Caribee creation for the casual life sports hand-embroidered sunburst applique. Cotton polyester "kettle" cloth in pineapple, yellow, mango pink, island blue. S, M, L. $20. Companion bag with fish applique, multicolor patchwork, plastic-lining, 11″ by 12″. $8 air Ppd. Sun and Moon Fashions, HG2, 40 Queen Cross St., Christiansted, St. Croix, VI 00820.

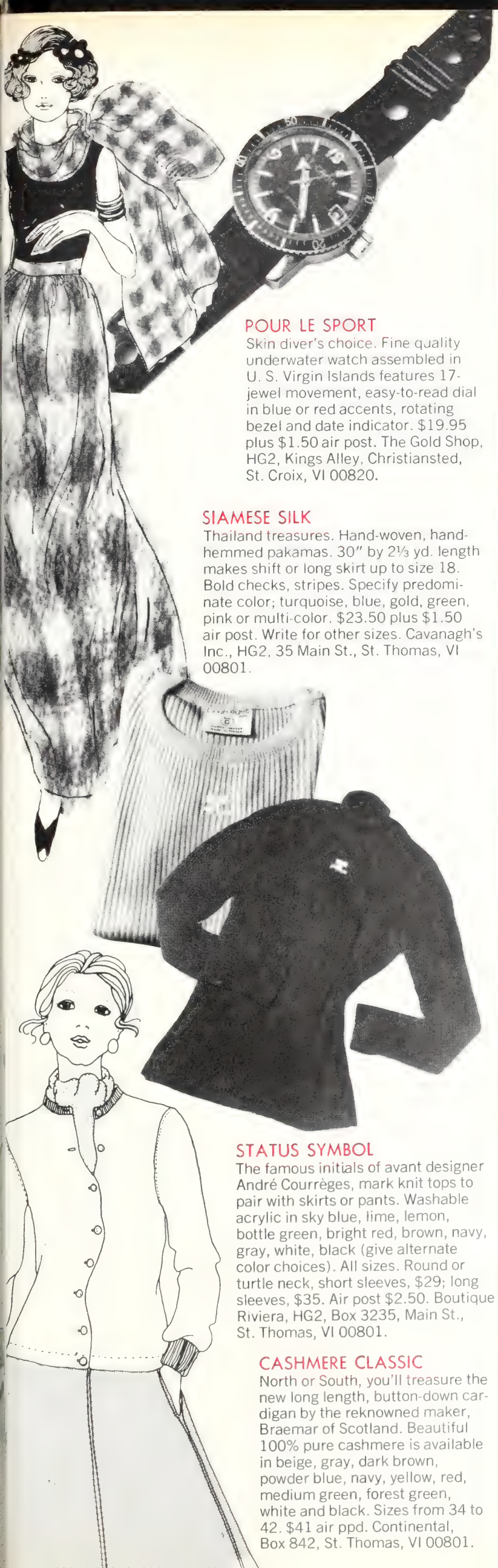
## TRULY UNUSUAL

A pendant made from Irish stone bears fascinating hand-painted design of Celtic origin. One of a collection signed by the artist, no two alike. Size of half dollar with 32″ leather thong. Motif in multi colors. $3.95 plus $1 air post. Kelly's Fine Irish Imports, HG2, Main St., St. Thomas, VI 00801.

## LA CARAVELLE SANDAL

An exceptionally striking footnote for your southbound wardrobe. The bracelet like beading in pretty multi-colors gives top security to fine leather sandals hand made by native artisan. Sizes 6 to 10. $7.95 plus $1.50 air post. La Caravelle, HG2, Box 3858, St. Thomas, VI 00801.





## POUR LE SPORT

Skin diver's choice. Fine quality underwater watch assembled in U. S. Virgin Islands features 17-jewel movement, easy-to-read dial in blue or red accents, rotating bezel and date indicator. $19.95 plus $1.50 air post. The Gold Shop, HG2, Kings Alley, Christiansted, St. Croix, VI 00820.

## SIAMESE SILK

Thailand treasures. Hand-woven, hand-hemmed pakamas. 30" by 2⅓ yd. length makes shift or long skirt up to size 18. Bold checks, stripes. Specify predominate color; turquoise, blue, gold, green, pink or multi-color. $23.50 plus $1.50 air post. Write for other sizes. Cavanagh's Inc., HG2, 35 Main St., St. Thomas, VI 00801.

## STATUS SYMBOL

The famous initials of avant designer André Courrèges, mark knit tops to pair with skirts or pants. Washable acrylic in sky blue, lime, lemon, bottle green, bright red, brown, navy, gray, white, black (give alternate color choices). All sizes. Round or turtle neck, short sleeves, $29; long sleeves, $35. Air post $2.50. Boutique Riviera, HG2, Box 3235, Main St., St. Thomas, VI 00801.

## CASHMERE CLASSIC

North or South, you'll treasure the new long length, button-down cardigan by the reknowned maker, Braemar of Scotland. Beautiful 100% pure cashmere is available in beige, gray, dark brown, powder blue, navy, yellow, red, medium green, forest green, white and black. Sizes from 34 to 42. $41 air ppd. Continental, Box 842, St. Thomas, VI 00801.



GENUINE **Bark Paintings**

Bark painting by the Aborigines of Formosa, part of their tribal art and culture, is believed to have its origin in Polynesia. The paintings are made on tree bark, colored with natural dyes, using designs and methods known to these mountain people for thousands of years. Three traditional designs, 40 X 29 inches, two horizontal and one vertical, **$8.00 each**, including postage and handling.

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**(Denim)**



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**Christiansted, St. Croix,**
**U.S. Virgin Islands 00820**



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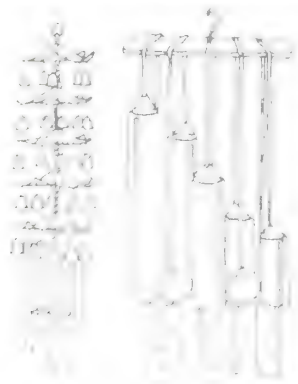


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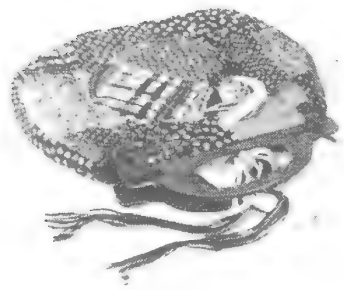
Haugen Products, Dept. HG, 709 W.


## SHOPPING AROUND



### CLASSIC LOWBOY

A handsome reproduction that's as much at home in living room or foyer as in the dining room. Brass pulls on storage drawers; mahogany finish. 30" h. by 35" w. by 19" d. $157.45 exp. coll. Catalogue 50c. Bryan Robeson, Dept. HG-120, Route 10, Box 793, Hickory, NC 28601.



### QUILTED TO CARRY

Americana patchwork quilted inside and out carries needlework wherever you go. 16½" by 11", it has wood handles. Capacious size for holding work plus yarns, needles, books and a snack apple. $13.98 plus 60c post. Lillian Vernon, G21, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



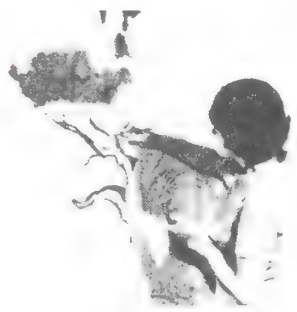
### SANDAL DAZZLER

Multicolor "gems." Cushioned insoles, adjustable backs. White, black, gold, silver; pink, blue, yellow, green pastels (specify alternate colors). N 5½-12; M 4-12; W 5-12. (No half sizes over 10.) $11.99 plus 75c post. Morgan's Cove, HG2, 28 W. Prospect, East Brunswick, NJ 08816.



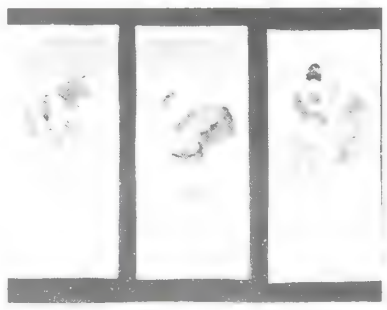
### BUTTERFLY PLAQUES

For collectors. Delightful circles, each one different with a *real* butterfly mounted under glass. Plaques are white with little lacquer frames. With silken cords for hanging. 3½" dia. Six, $5.98 plus 75c post. Harriet Carter, Dept. HG-12152, Plymouth Meeting, PA 19462.



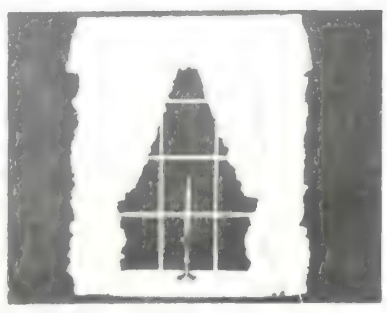
### MURAL MAGIC

Giant wall murals you can paint yourself, by-the-number method, shown in catalogue. 74 designs up to 12′ wide (up to three color schemes). Kits include patterns, brushes, paints, from $2.95. Catalogue 35c. Double M Marketing, Dept. HG-502E, Box 8500, Fountain Valley, CA 92708.



### ORIENTAL ART

Charming wall scrolls complete with cylindrical wood tied with silk hanging string. Reproductions reveal brushwork, Chinese colors. 12" x 30". Each $5 ppd. Landscapes, figures, flower and bird paintings in catalogue $1. Sterling, Ltd., HG2, Box 2310, Scottsdale, AZ 85252.



### CAPE COD CURTAINS

No-iron cotton-and-Kodel, 70" w. to pair. Use singly or in tiers. 24" $5; 30" $5.75; 36" $6.25; tiebacks $1. Tiebacks included: 45" $8; 54" $9; 63" $10; 72" $11. Valance $3. Add $1.25 post. Catalogue with swatches 50c. Mather's, HG2, 31 E. Main St., Westminster, MD 21157.

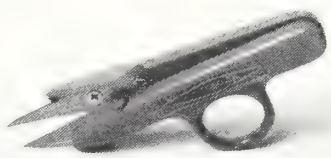
# SHOPPING AROUND

## THE PIPES ARE PIPING



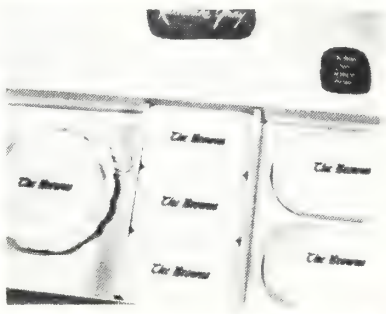
All set for Saint Patrick's Day is a porcelain music box all sprinkled with shamrocks and topped by a fine broth of a lad wearin' the green. Winds up at base and plays "Oh Danny Boy." 8½" h. and hand painted. $11.95 plus 50c post. Downs & Co., Dept. 1402, Evanston, IL 60204.

## THE QUICK CLIP



Use for thread cutting, garment finishing, needlepoint work, cutting flowers and more. Stainless steel blades with sharp points, spring-action opener, heavy duty frames. By Wiss. In case. $4.98 plus 50c post. Home Life Products Co., HG2, Box 366, E. Brunswick, NJ 08816.

## BATH LUXURY



French-milled soap with a subtle cologne scent, and gold imprint that lasts as long as the soap. Have monogram or name (up to 15 letters). Boxed with shower bar, 3 hand bars, 2 bath bars. $10.95 plus 95c post. Postamatic Inc., HG2, 75 Lafayette Hill, PA 19444.

## FINGERTIP TOUCH



Push button phone can be used on any dial system; an inner memory remembers the last number dialed. Fitted with standard cord and plug, it is ready to plug in. $119.95 plus $2 post. Catalogue, 50c. Grand Com Inc., HG2, 324 Fifth Ave., New York, N.Y. 10001.

## SPARKLING SPRAY MIST

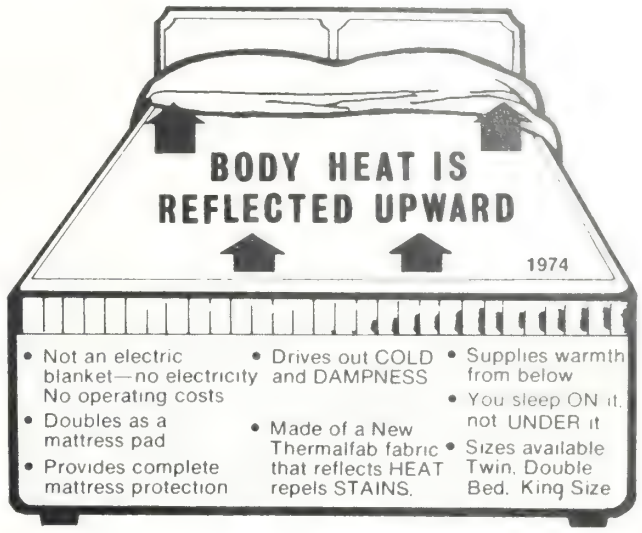


Crystal chandeliers, sconces and candelabra come bright and clear after a spray shower of silicone mist from an easy-to-handle 7 oz. can. No need to wipe; just let dry naturally. $2.98 plus 50c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.


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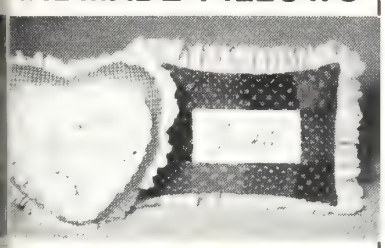
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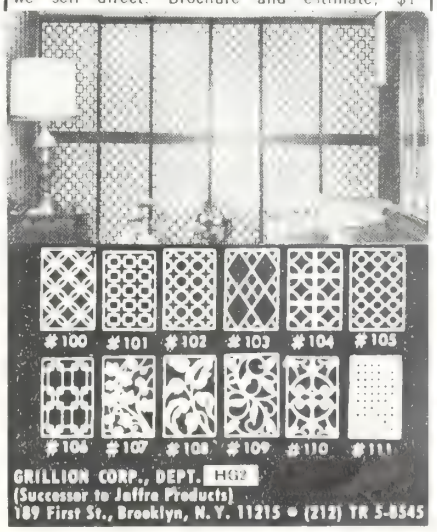
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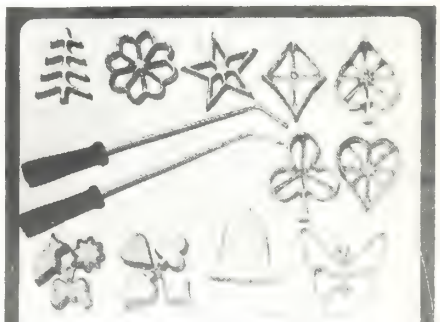
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It's a unique kind of table, too. We've named it the "Southern Pik Nik", and for good reason. Here at our table factory in Magnolia, Arkansas, craftsmen fashion it from durable aluminum alloys while imbuing it with the flavor and permanence of Southern tradition. The strength of modern metals is here turned into the furniture of gracious living, and you'll find our tables providing enjoyment — indoors and outdoors, in sunlight or lamplight — just about everywhere in the U. S. Here are just a few of the reasons why owners like them so much —

The Southern Pik Nik table comes "knocked down" . . . but don't let that alarm you. It's fully assembled and ready to use in 15 minutes or less, and you need only simple household tools. It's fun to put the lightweight, precision-made pieces together, but if you don't have the time . . . let the children do it!

*"Have had lots of compliments . . . like the appearance . . . it's so nice not to have to paint it."* C. R. Stanley, San Antonio, Texas *"I like its light weight . . . I just tilt on ends to hose off patio area."* Freda F. Davis, Los Banos, Calif. *"We like the fact that it can be left out in the weather."* G. W. Rohde, Cincinnati, Ohio. *"No splinters . . . no fading . . . no warping . . . no rotting. Our family loves it!"* Jean McDonald, Dallas, Texas.

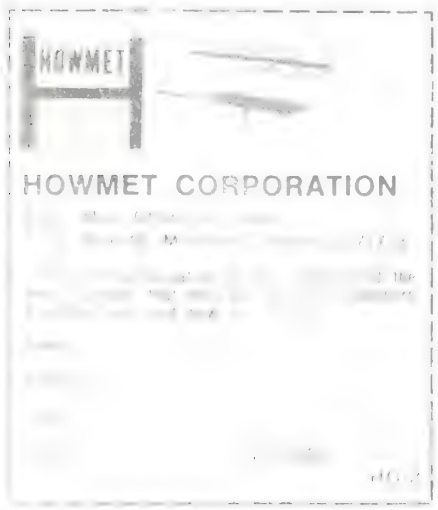
You can't heap enough family use on the Southern Pik Nik to hurt it, and just the wipe of a damp cloth gets it ready to use again. Its resistance to moisture and stains makes it easy to prepare for those "elegant hours", too.

You'll see a full measure of both precision and quality in every aspect of our fine table, from its sturdy top to its tubular frame to its comfortable, contoured seats. It has none of the disadvantages of wood, is available in a variety of colors, is inexpensive when weighed against decades of use, and is fully covered by an unconditional guarantee.

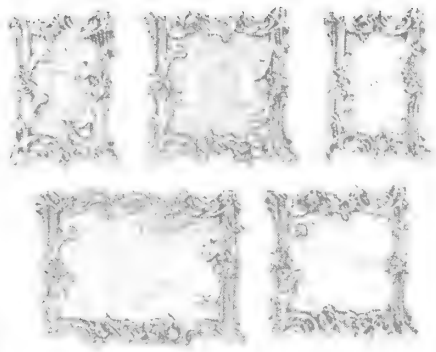
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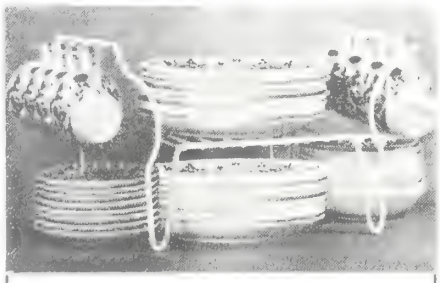
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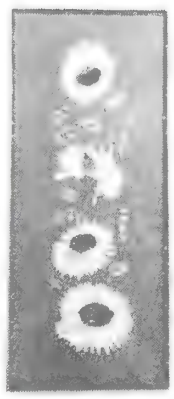
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### ETERNAL LINK

Bride and groom's coats of arms, linked by helmet and mantle, hand-engraved on a wedding band of 14k gold. 10mm wide. Send drawings for both names or request coat-of-arms research. $145 ppd. Free color catalogue. Heraldica Imports, HG2, 21 W. 46th St., New York, NY 10036.



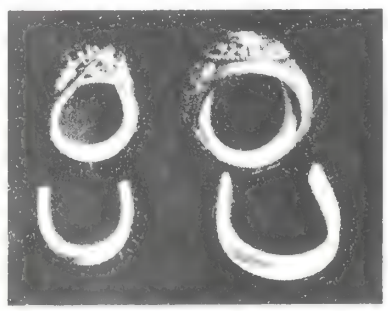
### SUN DANCE

"Glenda" in navy, black, beige, white, gray/black/white, ombre blue, ombre beige, deep-multi and multi-pastel kid. 1¾" wedge; AAAA-EE, sizes 2½ to 10, $27.95; 10½-12, $28.95. Add $1 post; 25c each add'l pair. Free catalogue. Solby Bayes, HG2, 45 Winter St., Boston, MA 02108.



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## COVER-UP

Gay Hawaiian prints, mainly white/blue, give zing to front-button Island jacket. Ingeniously fashioned of three pieces of fabric with two back pleats; one size fits all. Machine washable, 100% acrylic. Ideal top for skirts, pants or to wear as beach shirt. $18, plus 90c post. Vicki Wayne, 610-H2C, S. Country Club Rd., Tucson, AZ 85716.

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Lace-pattern border on airy polyester and cotton voile. Body lined, slit hem. Machine wash. Sizes 8 18, 14½-26½. Red, navy, brown on white. $28; with long see through sleeves $31. Add $1 each post. Vicki Wayne, 610-H2V, S. Country Club Rd., Tucson, AZ 85716.

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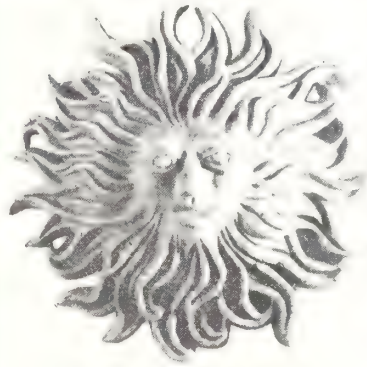
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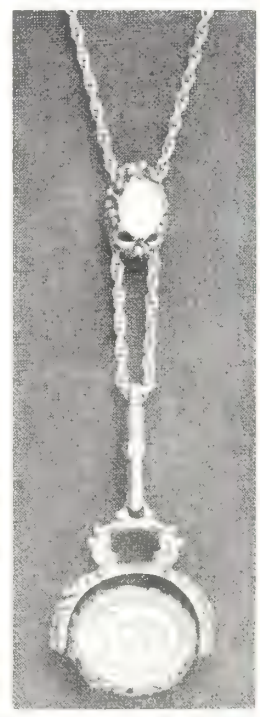
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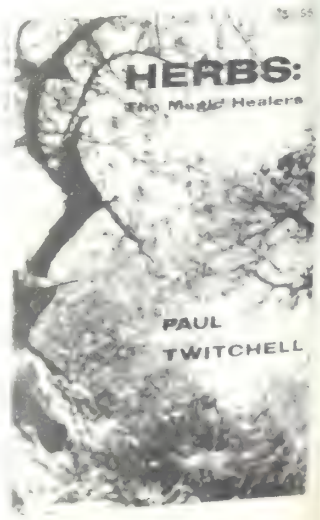




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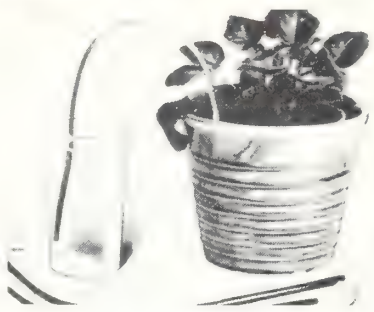
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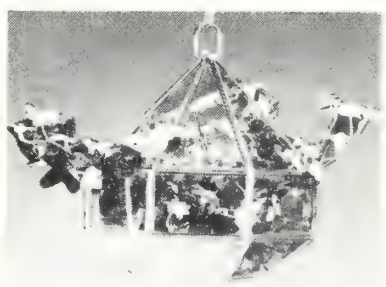
Pretty cloisonne ring in sterling silver is gold-plated and enameled in white for a delicate French look. Decorated all around with soft pastel flowers, dainty, classic beauty. It's in sizes 5-9 (specify). $13.95 ppd. Harriet Carter, HG-12552, Plymouth Meeting, PA 19462.

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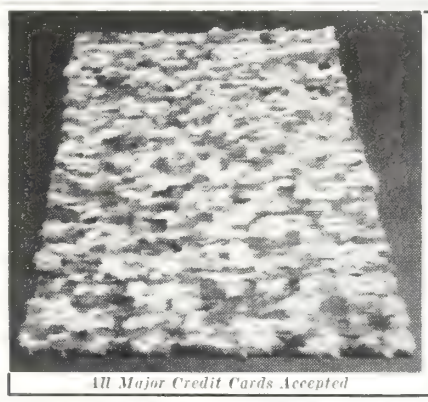
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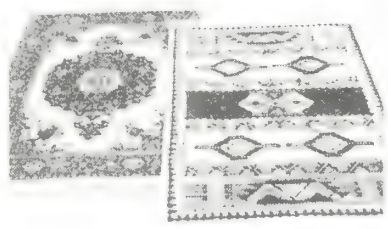
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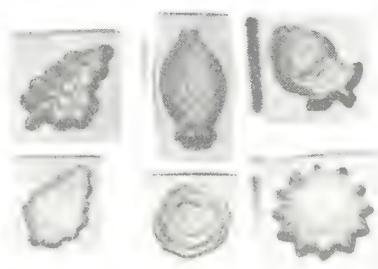
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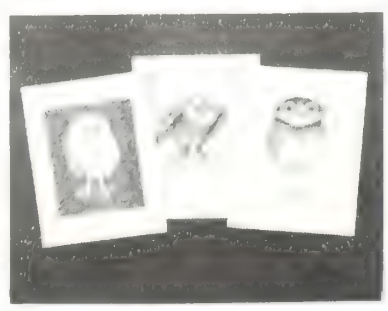
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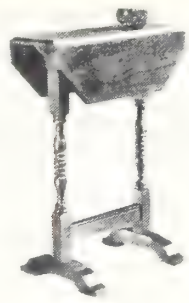


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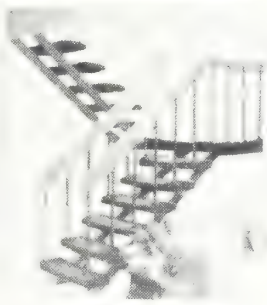
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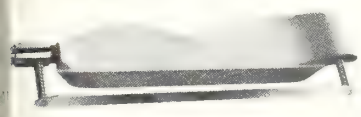


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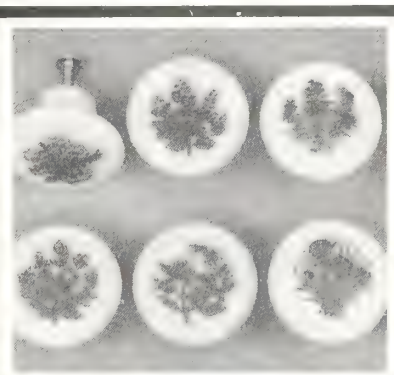



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Our fashionably flared, six-gored batik print wrap skirt from Meadowbank, of cool Avril/cotton, sashes in front. Jade/white or navy/white. Sizes S,M,L,XL. $26.00.

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Our tempting tomato print T-shirt, imported from Italy of softest Egyptian cotton, has short sleeves and neatly bound U-neckline Red/white. Sizes S,M,L. $18.00.

Stripey stunner is our cotton dress, faintly flared and self-sashed. Self-banded at round neckline and three-quarter button placket, it has patch pockets and new loosely fitted sleeves. Navy/natural or red/natural. Sizes 6-16. $32.00.

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The Talbots

THE TALBOTS, Dept
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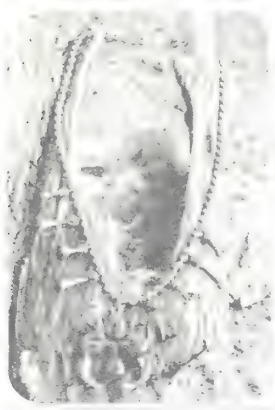
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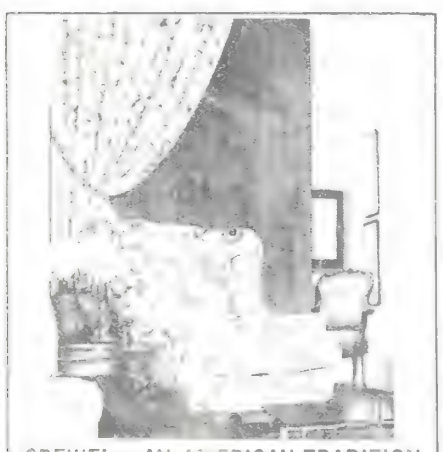


## Indian Turquoise Necklace

Replica of the original Indian Necklace. Silvery beaded chain holds a 2¾" silvery pendant, set with four very large simulated turquoise stones. Larger squash blossoms decorating the chain are set with matching stones. Magnificent necklace, so like the costly original, is unbelievably low priced. 24" chain has safety clasp. This is a real treasure!

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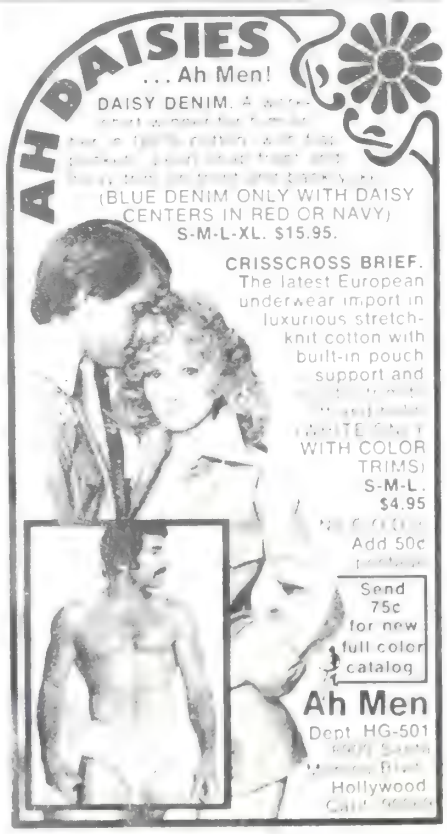
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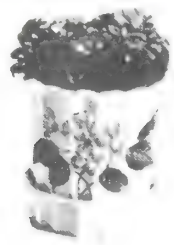
Tablecloths available

GURIAN'S



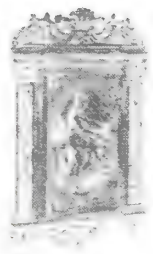


## SHOPPING AROUND



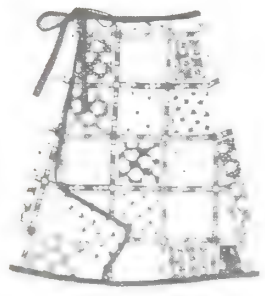
### SWEET VIOLETS

Perfect for African violets, a showoff white earthenware pot that grows its own purple violet and green leaf decoration on the side. 4½" h. fluted pot is baked to a bright finish; violets not included. $1.98 plus 85c post. Greenland Studios, 7848 Greenland Bldg., Miami, FL 33059.



### FRENCH MAILBOX

Copy, reproduced in cast aluminum. Hand-finished in white, black, verdigris, goldspun white, pewter. Latched door, hinged knob; figures in bas relief. 14" w., 23" h., 4". Mail container, 12" x 8". $39.95, plus $2.40 post. The Patio, Dept. HG25, 550 Powell, San Francisco, CA 94108.



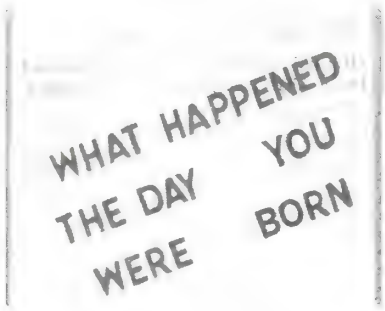
### PERKY POSIES

Mini gardens of assorted little posies on cotton duck. Flared wraparound skirt by Meadowbrook is edged and tied in braid. Red-navy-white print reverses to a white-ground print. S, M, L, XL. $26 plus $1.25 post. Free catalogue. The Talbots, Dept. EY, Hingham, MA 02043.



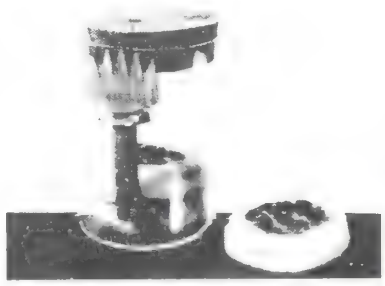
### OLD TIME SAUSAGE

Great tasting sausages are 100% lean beef plus natural spices for country tang. Choose 3 lb. hickory smoked, pungent beef salami with garlic, Thuringer summer, sampler trio (1 lb. of each) or 15' cocktail whip. $8 each plus $1 post. Hinsdale Farms, HG2, Box 82, Hinsdale, IL 60521.



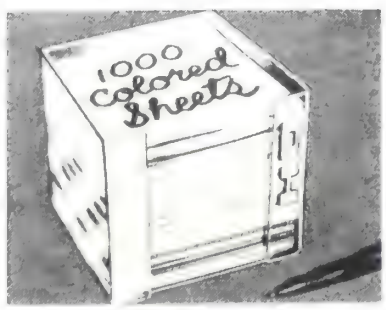

### BIRTHDAY SPECIAL

Extra! Extra! Read all about it—in a special edition (front page only) of the New York Herald Tribune. See what the rest of the world was doing on the day you were born. Specify any date from 1/1/1900 to 4/1/66. $2.25 ppd. Holiday Gifts, Dept. 302-F, Wheat Ridge, CO 80033.



### GOODIES IN GLASS

English muffins keep fluffy and fresh for days in a graceful hand-blown crystal glass jar that holds six. Thick rustic cork top; five-prong fork at side splits them for tasty surfaces. $9.98 ppd. Colonial Garden Kitchens, HGE-2, 270 W. Merrick Rd., Valley Stream, NY 11582.




### FORGET-IT-NOT

Clear acrylic cube, personalized with your monogram, filled with 1000 colored memo sheets. Keep track of notes in office and at home. $2.98; two $5.49; three $7.49; four $9.98. Add 50c post. per order. American Consumer, Dept. MQ-5, Caroline Rd., Philadelphia, PA 19176.

# SHOPPING AROUND

## ZESTY LABELS

Labels for spice jars printed in bright colors on brown paper. Thirty-two pre-printed with herb and spice names; eight blank. 1⅞" by 1½". Self-sticking backs. Wrapped around their own tube. $1.98 plus 40c post. Country Gourmet, HG2, 512 So. Fulton Ave., Mt. Vernon, NY 10550.




## TURQUOISE TREASURE

Genuine turquoise! 1" oval stone mounted in sterling "rain drop" setting, handcrafted by Indian artisans. Full, half sizes 5-9, $15 plus 40c post. Earrings, clip back, ½" oval stone $15 plus 40c post. Old Pueblo Traders, 600-H2T-So. Country Club Rd., Tucson, AZ 85716.



## CALICO WREATH

Festive idea, patch-work decoration, fun-to-make. 41 assorted squares sewn together, polyester stuffed. 21" kit, $15.95; finished, $40 plus 95c post., simplified 16" kit, $11.95 (finished, $24) plus 65c post. Ginger Snap Station, HG2, Box 81086, Atlanta, GA 30341.



## COLLAR OPEN SESAME

It's almost magical what the collar-extender can do to ease any tight collars on his good shirts. Tiny hook-on gadget gives extra half-size comfort for a just right feeling! $1 for set of two, add 15c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

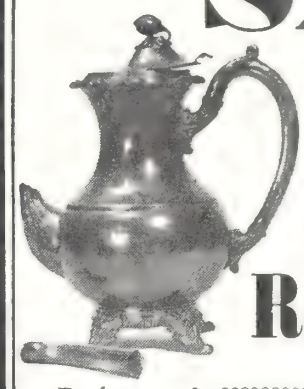


## NEEDLEPOINT ORNAMENTS

Soldier, lollipop, candy cane, drum, Raggedy Ann and Andy and gingerbread boy—complete kits with canvas, Persian Paterna wool, needle, chart and instructions. 3½" to 5". $2.25 each. Any six, $11.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.




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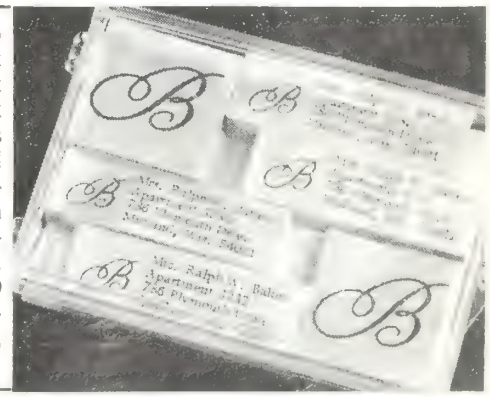
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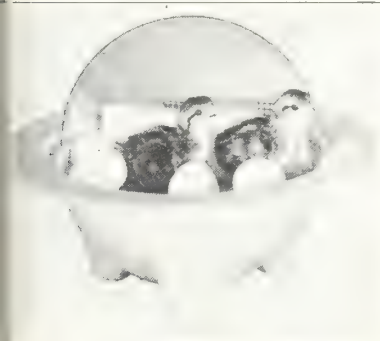
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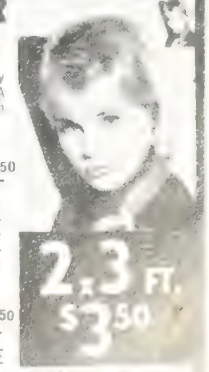
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There is no other business where you can make a fortune so fast. Come up with a "hot" new item . . . and WHAM!

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If you are sincerely interested in starting a lucrative business of your own ACT NOW! We can help you get rich in Mail Order just as we've helped others. Mail the coupon or send a postcard. We'll send you a free book, catalog, ads and complete facts about our offer. No salesman will call. No obligation. You don't need previous experience but you must be over 21. Write to:

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Montvale, New Jersey 07645

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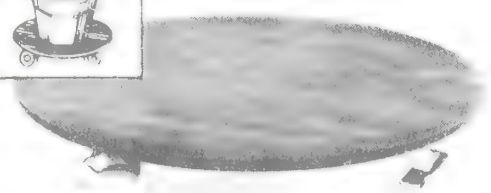
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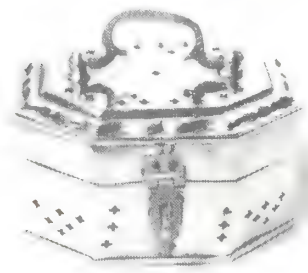
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Inspirational 8" by 6" wooden plaque reads, "Lord, help me to remember that nothing is going to happen to me today that you and I together can't handle." Italian scroll border. Laminated. $1.98 plus 35c post. Cadlyn's, Dept. HGL2, 2077 New York Ave., Huntington Sta., NY 11746.



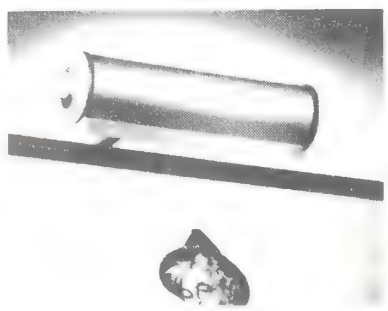
## JUNGLE SNUGGLER

Acrylic "fur" throw and blanket bears the markings of a bengal tiger (shown), zebra or leopard. Non-allergenic and washable. 60" by 80" to really tuck you in on freezing nights. A great gift idea. $29.50 each plus $2. post. Rich-Mond Assoc., HG15, Box E, Paramus, NJ 07652.



## BREEZE ALONG

Jaunty "Jill" sandal holds your feet softly between its urethane strapping and cushioned insoles. Crepe soles, 1½" rope-covered heels. White, beige, navy. 4-12 in N, M and W. $11.95 plus 90c post. Add $1 for sizes over 10. Sofwear Shoes, HG2, 1711 Main, Houston, TX 77002.



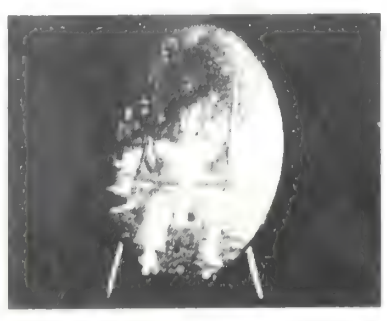
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## HIS 'N HER BRACELET

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## MINIATURE MARVEL

Esther Baker turns a black and white or color shot into a delicate antiqued ivory-like oval miniature, 2½" by 3½". Actual photo is used by a special process; it cannot be returned. 3-4 weeks del. $7.50 each plus 75c post. Easel, $1. Esther Baker, HG2E, Box 1022, Lompoc, CA 93436.

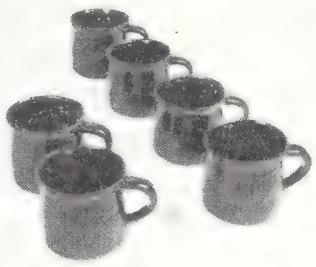
# SHOPPING AROUND

## LOVELY LINKAGE



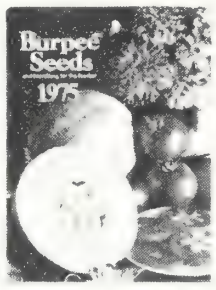
Dozens of radiant pearls from Mallorca, Spain, in a rope of subtle brilliance that's sure to bring you compliments as well as pleasure every time you wear it. In 39″ opera length without clasp. $12 ppd. Oleda Unlimited, Inc., HG2, 15 E. 63rd St., New York, NY 10021.

## BERKSHIRE MUGS



Hand crafted stoneware mug holds ten ounces. Lead-free, dishwasher safe—ovenproof vivid glaze colors: brown/copen blue; blue/white; chocolate/sand. Set of 4, $8.00; 6, $11.50; 8, $15.00. Add $1.50 post. per set. Great North Woods, HG2, 160 E. 86th St., New York, N.Y. 10028.

## NEWS FOR '75



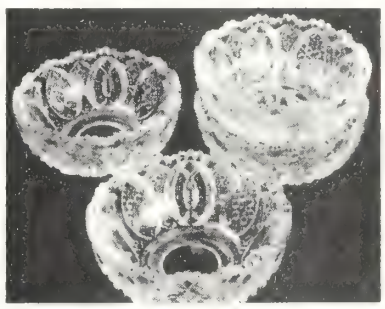

Ambrosia cantaloupe, Candy cane zinnias, Golden Hawaiian marigolds, a few of the new hybrids introduced in Burpee's new free seed catalogue, 600 photographs, 450 in color. For home gardens. W. Atlee Burpee, 5325 Burpee Bldg., Warminster, PA 18974.

## BATH LUXURY



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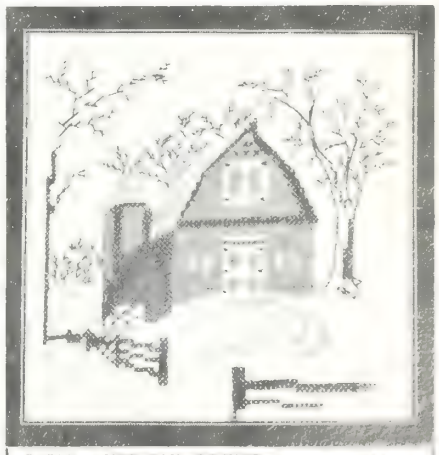


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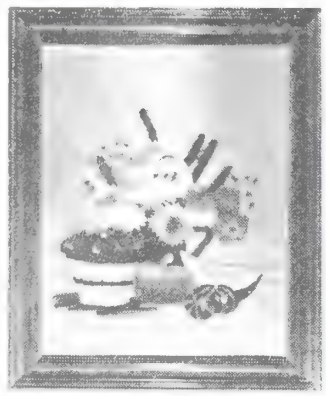
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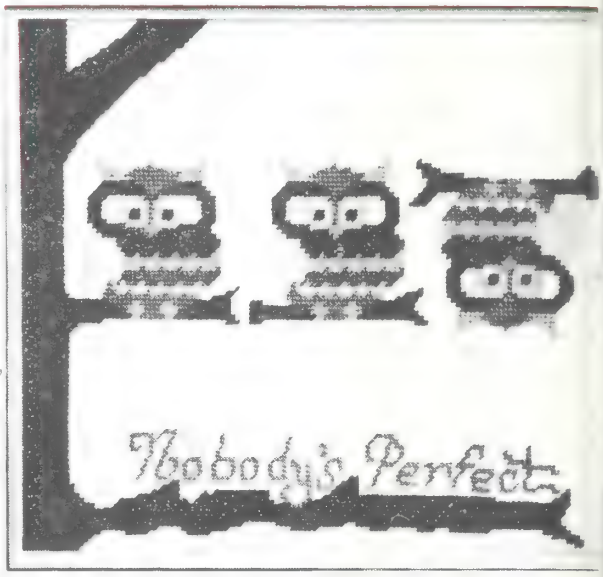
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# SHOPPING AROUND NEW ENGLAND

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Needlepoint kit with amusing owls appropriately titled: "Nobody's Perfect". Hand painted on 12-mesh white interlocking canvas. Persian-type yarn in yellow, brown, greens, white. Needle, instructions. Finished size: 10" by 12". $17.95 plus $1 post. The Stitchery, HG2, Wellesley Hills, MA 02181.




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Lovely ruby studded heart plays sentimental tune. Choose "Somewhere My Love," "Edelweiss" or "More." Gold-plated pendant on German silver base with Florentine finish holds fine Swiss precision movement. Valentine remembrance. 1½" dia. $86 ppd. Hildegarde's HG2, 597 Farmington Ave., Hartford, CT 06105.

## CRISP STRIPE

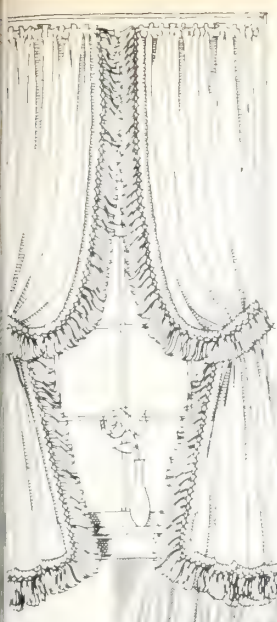
A ticking-striped handbag with spring-hinged birch handle, contrast lining, interchangeable cover. Measures: 8" by 10½". The frame: $6.50; red/white or navy/white cover $6. Red or navy monogram $3. (Underline last initial.) Add $1.25 post. Free catalogue. Talbots, Dept. FA, Hingham, MA 02043.




## FAMILY CREST STITCHERY

Prepared individually for each name, the crest is in full color design on #12 canvas. Kit contains yarn, complete instructions and tote bag. Finished needlepoint, 11" by 14" is handsome framed or as a pillow. $49.95 plus $1 postage. Free catalogue. Ship's Chandler, HG2, Wilmington, VT 05363.





## FRINGE BENEFIT

Generous four inch knotted fringe trims these decorative muslin tie-back curtains. 74″ wide to pair in white muslin. 80″ wide to pair in unbleached muslin. 45″, 54″, 63″ lengths $15. In 72″, 81″, 90″ lengths, $18. Add $1.75 post. Specify white or unbleached muslin. Free brochure of other styles. Country Curtains, HG2, Stockbridge, MA 01262.






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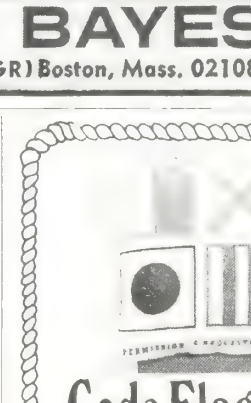
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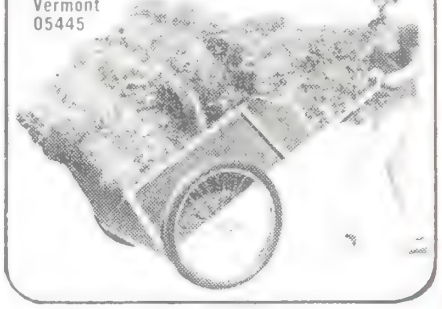


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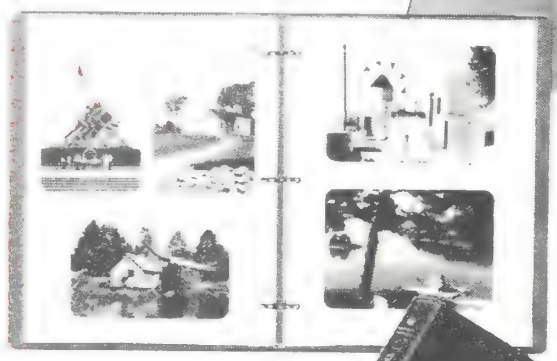


### WORKMANSHIP

Brushed blue denim jumper borrows look of real overalls, even to suspender hooks, flapped bib pocket, embossed brass buttons. Red, navy or white bandanna patch print shirt has pointed collar, straight hem. Polyester and cotton. Jumper, $34, shirt $19., plus $1.25 post. The Talbots, EX, Hingham, MA 02043.

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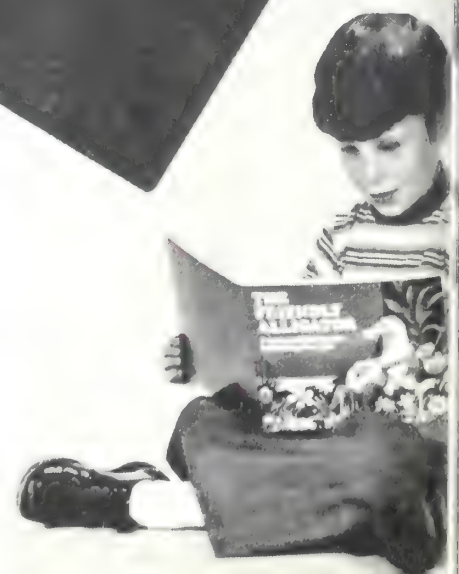
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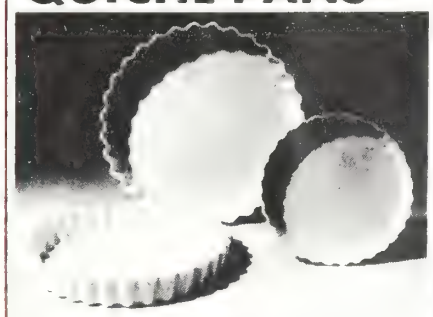
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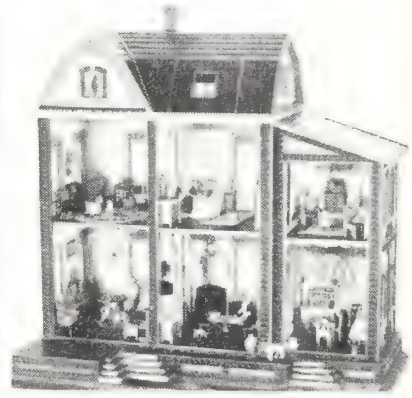
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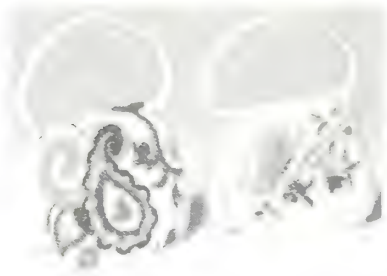
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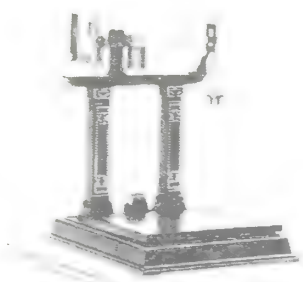
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## SHOPPING AROUND



### POCKETBOOK KITS

Hand-painted in oil, front and back, on =14 canvas. Wool yarn; [illegible]g instructions. Finished [illegible] 7". Needlepoint k[illegible] =[illegible] multicolor paisley; =6 b/w pais[illegible] =8 butterfly and flowers: coral, turquoise, pink, green. Each $24 ppd. Bee Hive Studio, HG2, Box 3334, York, PA 17402.



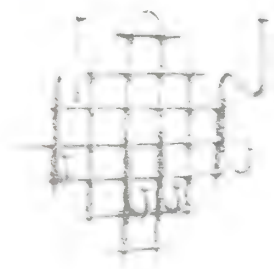
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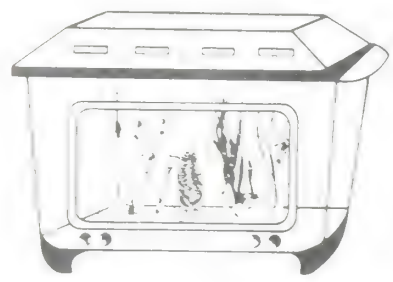
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# SHOPPING AROUND

## BE HER VALENTINE

Gift her with a heart she'll treasure (besides yours!): a pretty puffed heart on a matching 16" chain, all in gold or silver tone finish (specify). Heart is about ¾" w., 1" d. $5 plus 50c post. Romar Sales, Dept. RS-2E, 380 Madison Ave., New York, NY 10017.



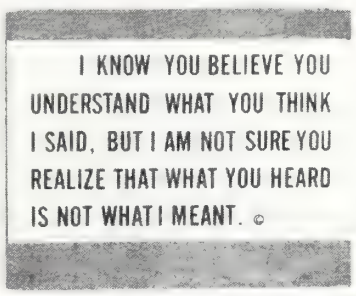
## BLOCK-ON-BLOCK

Butcher block in a circular table 30" dining height. With laminated maple hardwood top, base of laminated oak. 36" dia. $156.50; 42" dia. $200; 48" dia. $234.50; 54" dia. $335; 60" dia. $375. Exp. coll. Catalogue 50c. Butcher Block & More, HG2, 1600 So. Clinton, Chicago, IL 60616.



## ATTENTION!

"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4" by 5". $1.98 plus 25c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.




## GOURMET GARDEN

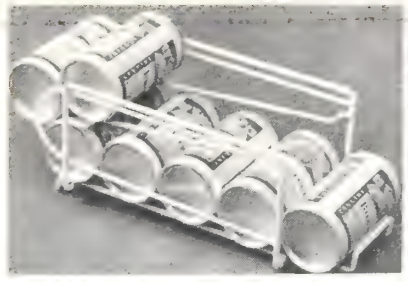
Grow your own mushrooms with an all-ready kit: no planting, just park on windowsill. First crop in about 30 days, repeat crops every six weeks. Enjoy them in a variety of favorite dishes. Kit 14" x 10". $4.98 plus 75c post. Holiday Gifts, Dept. 302-H, Wheat Ridge, CO 80033.




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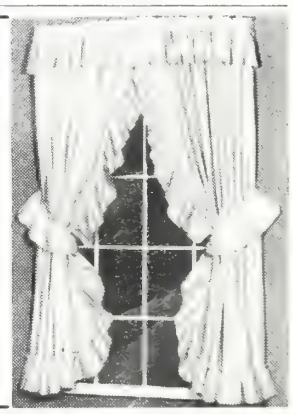
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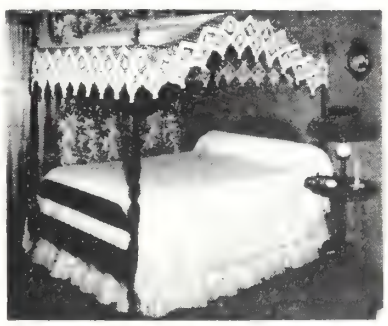


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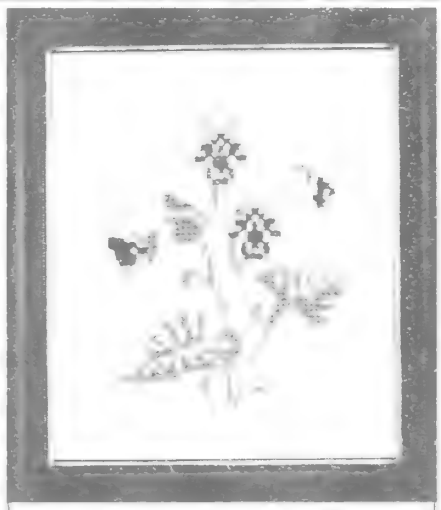
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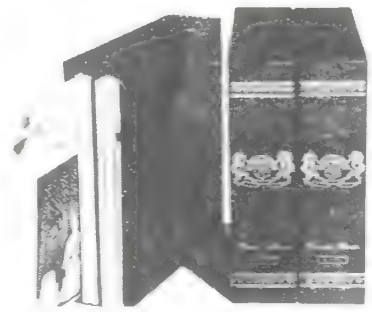
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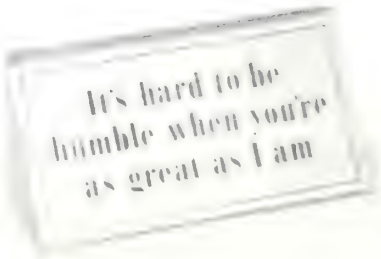
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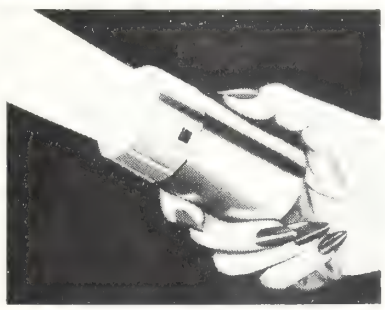
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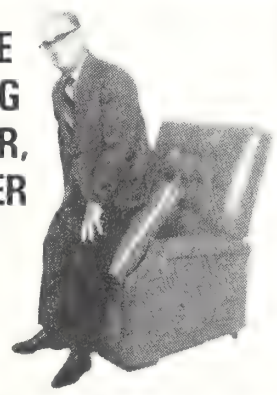


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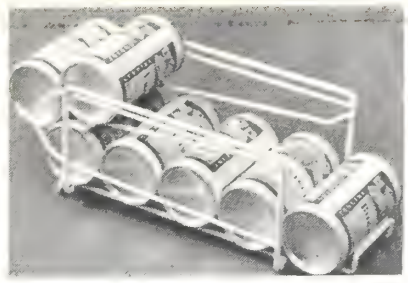
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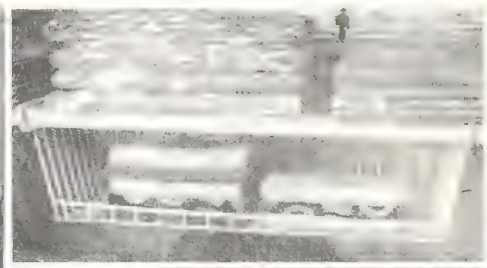


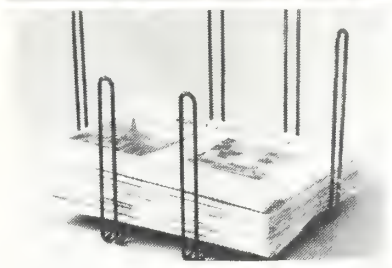
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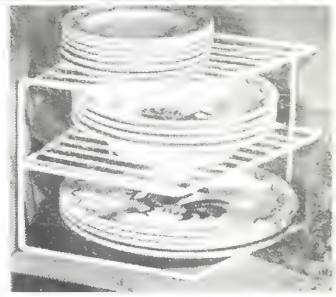






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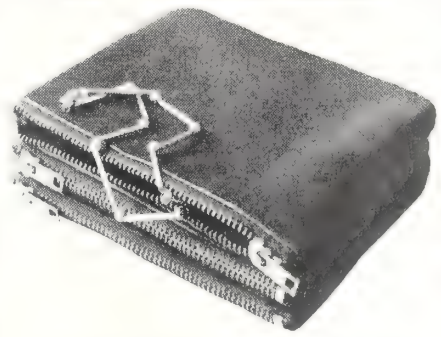
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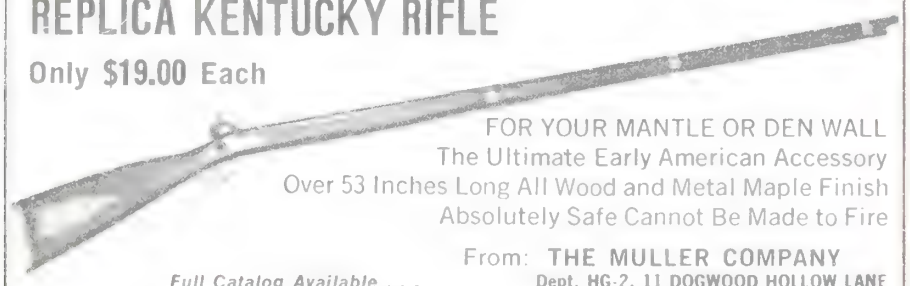
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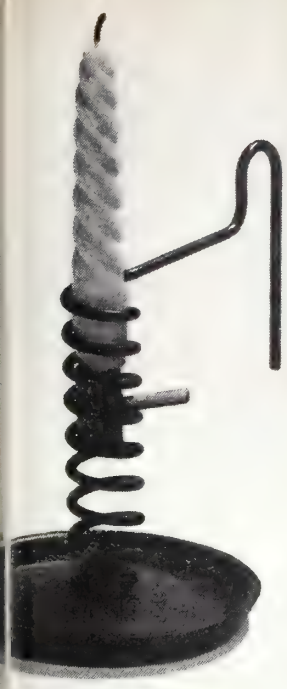
## MOST WELCOME

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## LIMITED EDITION

[illegible] Bicentennial decanters to [illegible] first 13 states. When series is [illegible]t will contain names of 56 [illegible] Declaration of Independence. Released to date: Delaware, Pennsylvania, New Jersey, Geor[illegible] Connecticut, Massachusetts, each its own design. Handmade, mouth blown glass. [illegible] Holly City Bottle Co. Box 344 H2, Millville, NJ 08332.

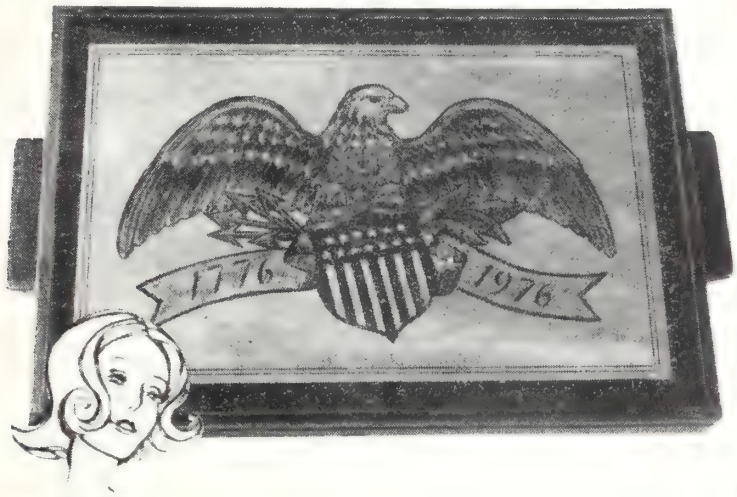


## COURTING CANDLESTICK

Charming custom of 1700s. Parents used spiral of candlestick to set length of candle. When level was reached the evening was over for daughter's caller. Authentic replica, hand-cast black iron, 8½" h. $8.95 ppd. Add 85c W. of Miss. Catalogue 50c. Robert Bruce, HG2, 26 West Main Street, Shiremanstown, PA 17011.

## TRAY OR PLAQUE

To commemorate the Bicentennial, colored pen and ink print of the American Eagle decoupaged by hand on a rustic wooden tray or plaque. Beautifully finished in walnut stain with antique varnish. 11¾ by 16", Tray, $16.95; wall plaque, $11.95. Ppd. The Jackson House Studios, HG2, Box 362, Westminster, MA 01473.






## PATCHWORK

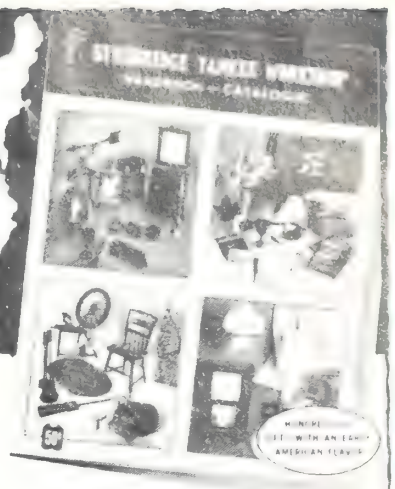
It's an instant success for the hostess in a "Pam" apron in a cotton patchwork print. Full wraparound ties up front, becomes a complete outfit with a body stocking. One size adjusts to fit all. Brown, red, or blue patchwork. $14.95 plus 90c postage. Sofwear Designs, HG2, 711 Main, Houston, TX 77002.



## PINE TREASURE

It is hard to tell that this rustic box is not an original, hand-made by Colonial craftsmen. Reproduced today by methods and often tools of pioneering days. 6" by 7" by 12" box will hold 8 track tapes. Handy carrying handle. $6.25, ppd. Add $1 W. of Miss. Daniel I. Hadley, HG2, Box 1456, Wilmington, DE 19899.


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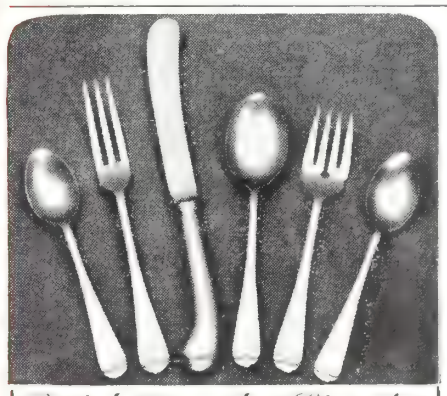
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525 Brimfield Turnpike, Sturbridge, Mass. 05166



*Pistol-Handled Stainless*
*in an heirloom tradition*
Old Westbury - FULL DINNER SIZE

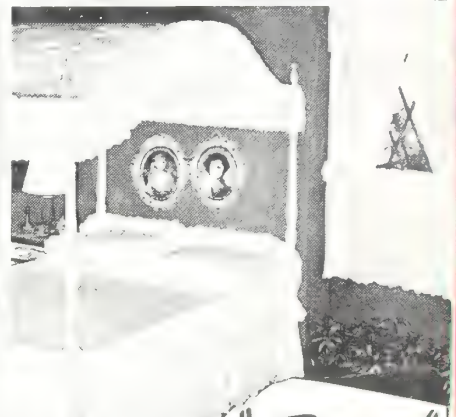
An exact replica of a famous old sterling pattern with impressive full dinner size graceful pistol hollow handled knives, 3 tined forks and rat-tailed spoons. In heavyweight hand forged pewter-like satin or polished stainless. Service for 8 includes 8 dinner forks, 8 dinner knives, 8 salad-dessert forks, 8 soup spoons, 16 teaspoons, plus sugar spoon, butter knife and 2 serving spoons.

OPEN STOCK
52-piece service for 8 **$39.95**
78-piece service for 12 **$59.95**

*Available with a full complement of extra accessory pieces including the unique hollow-handled pistol grip, serrated edge steak knife and pistol handled cake or pie server.*

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*"Essex"*

#6059 From our **COLONIAL** group. **EYELET BATISTE.** White on white. **PERMANENT PRESS.** Bedspread twin: **$72.00;** full **$80.00;** queen **$104.00;** king **$120.00.** Canopy twin or full **$40.00;** queen or king **$80.00;** pillow sham **$15.00;** Coverlet dust ruffle vanity skirt available. Tier curtains 30" or 36" lg. **$17.00.** Ruffled tie back curtains and flat canopy made to order. Catalog 95¢ Swatch 35¢. Lovely as can be, will last for many years. Satisfaction Guaranteed.

*Hildegarde's* HG, 597
Farmington Ave., Hartford, Conn. 06105

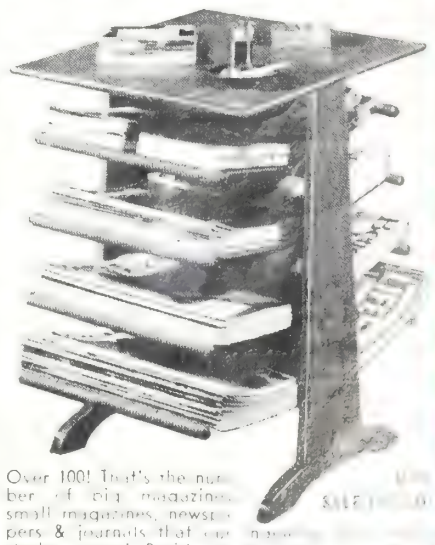



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**Send 25c for our new SALE CATALOG**

Yield House
Dept. G52A
[illegible], N.H. 03860



# SHRINK STOMACH

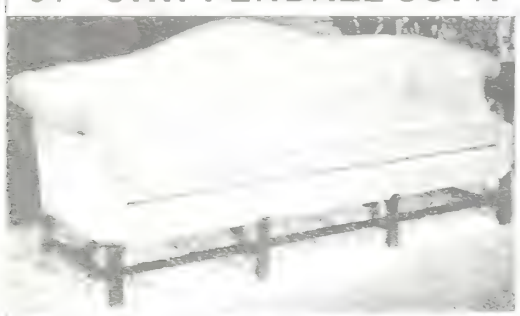
[illegible] ten and see stomach shrink from first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups. Progress Chart included.

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| Single Waist Wheel | $5.98 | + | 80c Mailing Each |
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could have topped [illegible]

$592.90 [illegible]

$423.50 [illegible]

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## SHOPPING AROUND



### GENUINE JADE

Delicately hand-crafted brooch with beautiful jade stones set in 14k gold-flashed mountings. A lovely piece of jewelry to wear and cherish, or to give. 2"l. 1[illegible]w. Orders processed in 24 hours. $7.95 ppd. Murray Specialty Co., Dept. HG7124, 1604 W. Main St., Murray, KY 42071.




### DIAMONDS UNLIMITED

Whether you have a penchant for [illegible] earrings, pins or bracelets, [illegible] find fresh inspiration browsing through this free color catalogue. If you find the diamond fashion you want, a ten-day inspection period is allowed. Empire Diamond Corp., HG2, 350 Fifth Ave., NY 10001.



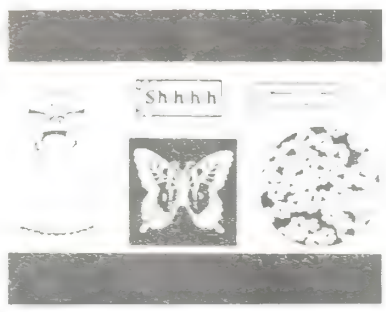
### TO HAVE AND TO FOLD

[illegible] table made in Eu- [illegible] beechwood with oiled [illegible] veneer. Closed, 9" by 30"; one side up, 37" by 30"; [illegible] opened, 65" by 30", it seats eight. 30" h. $59.95. Exp. coll. Assembled. Danish catalogue, 25c. Genada Imports, HG2, Box 204, Teaneck, NJ 07666.



### CAT AND MOUSE

Now he sees it, now he doesn't—that intelligent cat you know [illegible] ove playing "mouse in the [illegible] The mouse is an elusive ball that will entertain him for hours. Blue plastic; 6" dia., 3" h. $3.95 ppd. Catalogue, 25c. Suburbia, Inc., Dept. 374, 366 Wacouta, St. Paul, MN 55101.



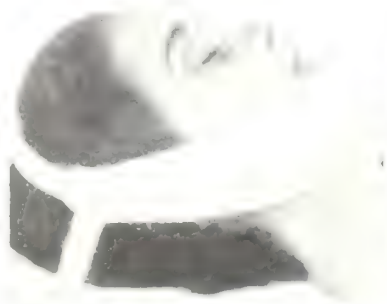

### CANVAS CUT-UPS

Satisfying way to use leftover bits of yarn. Beige printed on #10 mesh mono. 18" x 36". (A 2nd canvas, not shown, same size and price.) $10 plus $1 post. Persian yarn, oz. $1.50; color card $1. The Sampler, HG2, 1011 So. Washington, Royal Oak, MI 48067.



### WINGED VISITORS

Flight dome for wild birds to help the [illegible] ve and give the family a nice hobby. Easy to clip on wood sill. Rolltop roof protects seed, permits indoor servicing. Pigeon-proof, too! 8" x 19½". $9.95 ppd. Duncraft, Dept. GG-74, 25 So. Main St., Penacook, NH 03301.



### STILL OF THE NIGHT

[illegible] quiet maintains when [illegible] re mask goes on. The [illegible] adjustable plastic bands breaks the snoring habit. [illegible] re educates jaw muscles. Washable nylon. $3.98 plus 20c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

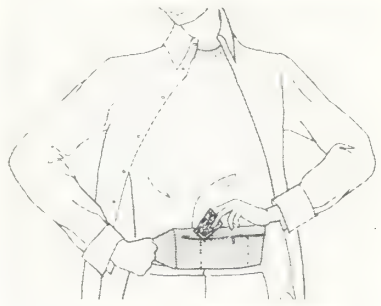
## SHOPPING AROUND

### "TINY TIM"



Porcelain figurine by Gorham, straight from a December 1934 cover of Sat. Eve. Post. Live tones of brown, orange, gold, green. 6¾" h. Limited edition. $30 ppd. (Matching plate $12.50.) Send for brochure. Edd, the Florist, Inc., HG2, 823 No. Court, Ottumwa, IA 52501.

### HIDDEN ASSETS



Adjustable money belt is worn under clothing around waist. Inner pockets hold folded bills or important papers. For men to wear under business suits, ladies to conceal beneath dark slacks. $3.98 plus 20c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

### WALKABOUT WEDGIE



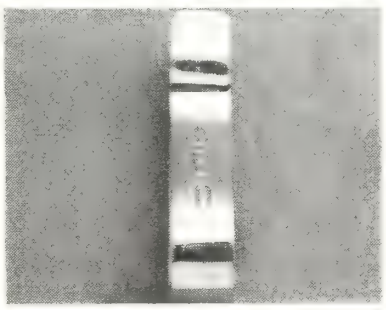
Wedge your way into comfortable feet with "Diana." Soft baby calf: black, filly brown, white, malt chocolate, bone malt, navy, light blue strips. Wedgie is 1¼". AAAA to EE, 2½-10 $25.95; 10½-12 $26.95. Add $1 post. Free catalogue. Solby Bayes, HG2, 45 Winter St., Boston, MA 02108.

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Exquisite little bowl in fine bone china. Its lovely petals, artfully sculptured, are hand-painted by English artisans. A decorative note for your house, a charming gift. 4" high. $3.95 plus $1.25 post. World Art, HG2E, 606 E. State, Westport, CT 06880.

### FAST CLIP



Sliding shoulder bag straps can be such an annoyance—sterling silver pin attaches to garment, snaps strap in place. Engraved with three initials (Specify); pretty when worn alone, too. 1¾" x 5/16". $8.25 plus 65c post. Postamatic, HG275, Lafayette Hill, PA 19444.

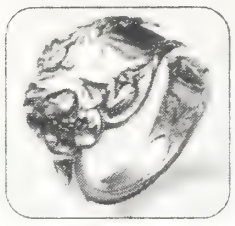

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Add a warm glow to any room with this romantic item that's both a lamp and a fireplace. So elegant with it's flames flickering and dancing. Has all the charm of the larger type, yet can be placed anywhere. Just turn the lights down and relax. In black with gold trimming. 1 foot high. Model CL-900, **$21.95** postpaid.

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TO PLEASE THE GOURMET'S TASTE

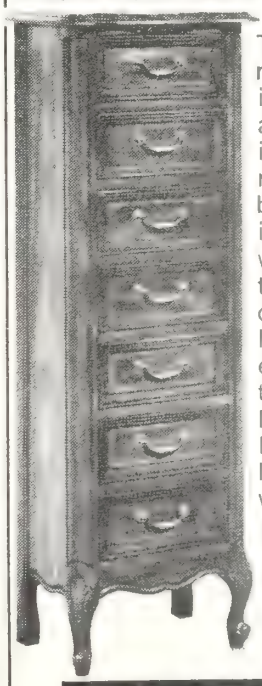
| | oz. | | | oz. | |
|---|---|---|---|---|---|
| pice (grd.) | 16 | $1.50 | Lemon Verbena | 1 | $ .75 |
| e (star) | 8 | 1.35 | Mace | 3 | 1.54 |
| wroot | 16 | 1.20 | Marjoram (grd.) | 4 | .70 |
| l (grd.) | 8 | 1.00 | Mint Leaves (pep) | 2 | .75 |
| Leaves | 3 | .44 | M.S.G. Accent | 8 | 1.25 |
| way Seeds | 8 | .70 | Mushrooms | 4 | 1.20 |
| lamom (grd.) | 2 | 1.00 | Mustard (grd.) | 16 | 1.30 |
| ry Seed (whl.) | 8 | .75 | Nutmeg (grd.) | 4 | .95 |
| cory | 16 | .96 | Onions (gran.) | 8 | 1.05 |
| i Powder | 8 | 1.15 | Oregano | 8 | 1.00 |
| es (dehyd.) | 2 | 1.70 | Paprika (Hung.) | 8 | 1.35 |
| amon (grd.) | 8 | 1.40 | Parsley Flakes | 4 | 1.20 |
| amon (stk.) | 6 | 1.85 | Pepper (grn & rd) | 4 | 1.70 |
| es (whl.) | 2½ | 1.07 | Pepper (whl blk) | 8 | 1.15 |
| ander (whl.) | 8 | .35 | Pickling Spices | 8 | .80 |
| in (grd.) | 8 | 1.10 | Poppy Seeds | 8 | 1.00 |
| y Powder | 8 | .75 | Potpourri (floral) | 2 | 1.29 |
| weed | 4 | 1.72 | Poultry Seasng. | 16 | 1.80 |
| l Seed (whl.) | 8 | .65 | Rosehips | 4 | .97 |
| ic (gran.) | 8 | 1.70 | Rosemary Leaves | 8 | .65 |
| ic (pwdr.) | 8 | 1.50 | Saffron (whl.) | .014 | .90 |
| ger Root | 16 | 1.50 | Sage | 8 | 1.00 |
| ger (crystl.) | 3 | .65 | Savory | 4 | .50 |
| na | 4 | 1.21 | Senna Leaves | 2 | 1.00 |
| per Berries | 4 | 1.29 | Sesame Seeds | 8 | .60 |
| nder (french) | 2 | 1.25 | Tarragon | 2½ | .95 |
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| on Peel | 8 | .92 | Turmeric (whl.) | 8 | .80 |

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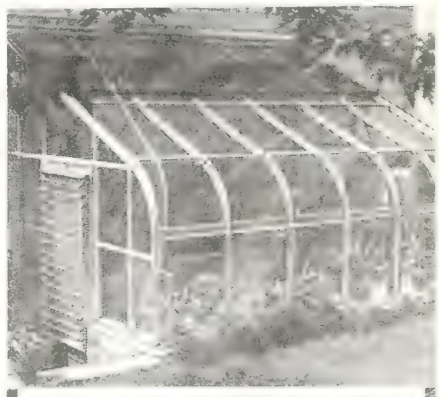
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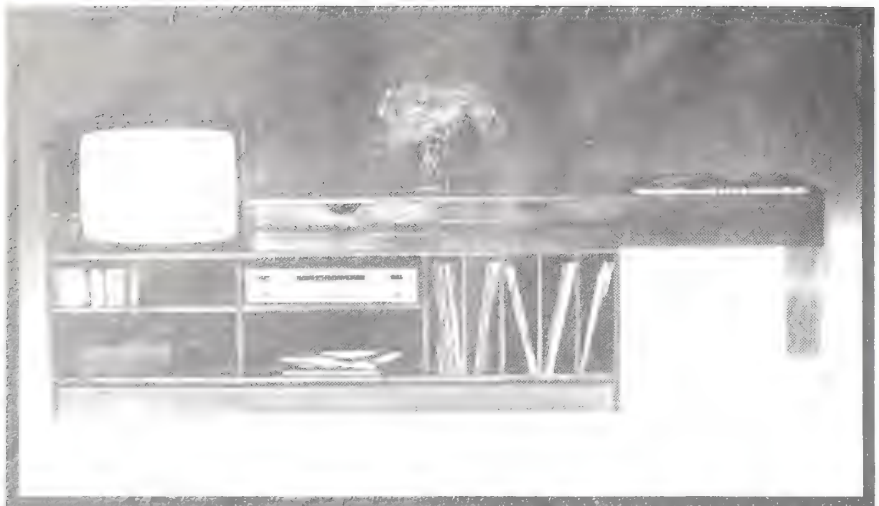


## should you buy a greenhouse?

*For a sensible answer [illegible] for our FREE color [illegible]*

Will a greenhouse add to your property value? Is it easy to maintain? Does enough sunshine do you [illegible]? Then [illegible] to all your questions [illegible] colorful catalog [illegible] models to choose from. [illegible] glass pre-cut [illegible]

Dept. Y-2 [illegible]
Box [illegible]
Beltsville [illegible]

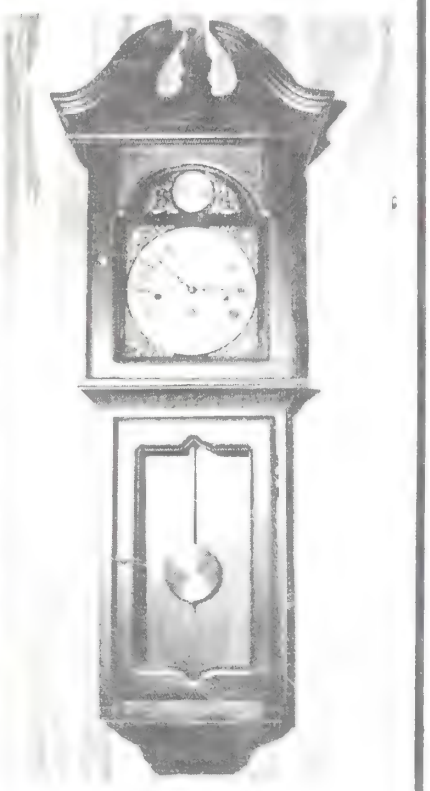


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**14"W-7"D-38"L**
**Complete Kit No. 30**

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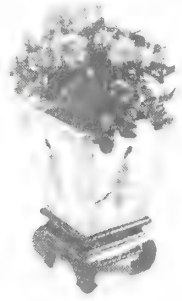


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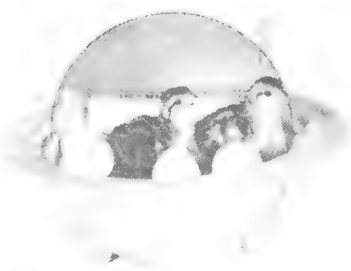
## TAKE TEAKWOOD

Genuine soapstone inlaid design of people or flower (specify); metal liner holds plants. 10" by 10" by 15" size with design in red, black, white or gold, $79.95; 12" by 12" by 17" black, white or gold, $99.95. Ppd. AC Gifts, HG2, 2642 Central Park Ave., Yonkers, NY 10710.



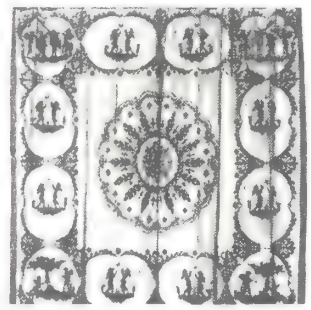
## ZODIAC SIGN PENDANT

Lucite and gold finish metal combine to make a smashing pendant with a distinctive sign of the Zodiac. 2½" dia. on a 22" chain. Specify sign or birth date. $7 plus 60c postage. Romar Sales, Dept. RS-125, 380 Madison Ave., New York, NY 10017.



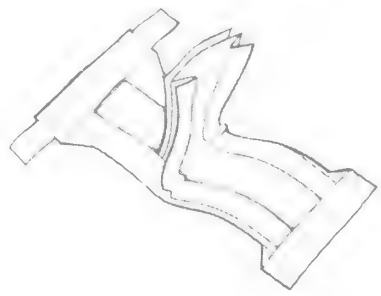
## FARM'S FORUM

Clear plastic dome lets you see nature's way of opening bobwhite quail eggs to produce babies. Incubator operates on 110 volt electricity, is 6" h., 7" dia. $5.98 with six eggs; without eggs, $4.25. Ppd. Catalogue, 25c. G. Q. F. Mfg. Co., HG2, Box 8152, Savannah, GA 31402.



## ELEGANT TOUCH

Lace shower curtain (6′ x 6′) with contrasting vinyl backing and matching window curtains 70" x 45". White, black, gold, shocking pink, brown, lime, royal. Set $35; shower curtain $20. Add $1 post. Elegante Gifts, HG2, Box 636, Hatchett St., Murphy, NC 28906.



## FOR SAFETY'S SAKE

Embarrassing moments avoided for both children & adults when "Ever-Safe" is worn. Soft vinyl, heat-welded seams. Order by waist size. Complete with liner, $6.95; extra liner, $3.95; 50 disposable liners, $7.95. Ralco, Dept. 313, 1534 E. Edinger, Santa Ana, CA 92705



## SH-H-H PEACE

Silence is golden, but these days we get precious little of it. Soft, pliable silencers slip into the ears, have an easy-to-grasp flange for safety. Slip them in every night for refreshing sleep. $1.98 a pair plus 15c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.



## DECOUPAGE TO GROW

Kit with everything for a family tree but family photos. Full color tree print, masonite 8½" by 11" plaque, paint, glue, glaze hanger, applicator and instructions. You add 1" oval photos as family grows. $5.98 plus 50c post. Lillian Vernon, G21, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

### BRIGHT WARMERS

Any boy or girl will delight in these toasty warm hand-knit wool slipper socks. Red, white and blue or green, blue and white. Ages 2 to 6, $4.75; 7 to 10, $6.25; 10 to 15, $8.25 Ppd. (Gift wrapped on request). The Elder Craftsmen, HG2, 850 Lexington Ave., New York, NY 10022.



### PICASSO ART

"Hands With Flowers" needlepoint kit. Blue, yellow, green, white tapestry yarns; orange ground. 7″ x 9″ design, 10-mesh 9″ x 11″ canvas, needle. $4.95 plus 45c post. Catalogue 25c. The World of Stitch 'n' Knit, HG25, Shoppers World, Box 604, Framingham, MA 01701.



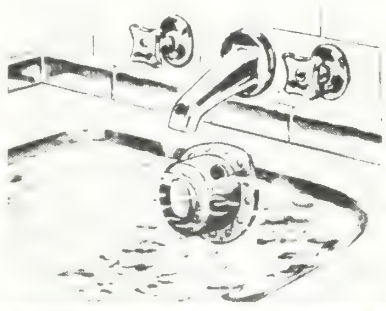
### BLANKET CONTROL

Electric blanket control guard of metal clips to bed where most convenient to reach when reclining. Clips bend easily by hand to adjust to bed rail. Excess cord can be wound around holder. $1.98 plus 35c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.



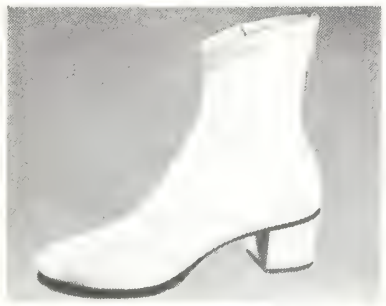
### TUB FILLER

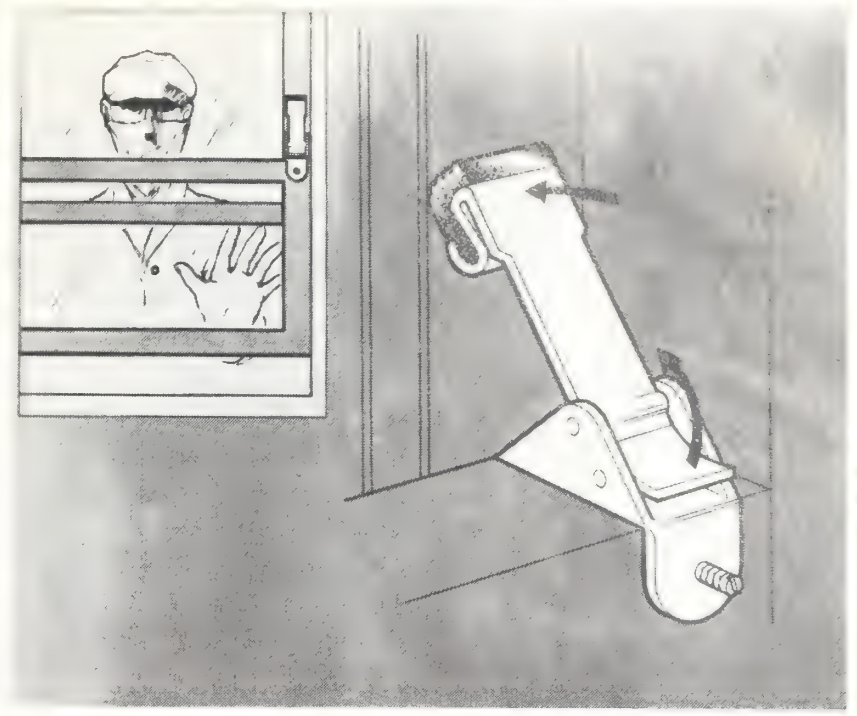
Do you wish for a deeper tub? Someone else did too and invented this little device, "Soakers Delight." It covers and controls overflow valve on tub; adjustable. Rotate the cap for up to 3″ more water in tub. $4.99 ppd. Better Sleep, Inc., HG2, New Providence, NJ 07974.



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Comfortable ¼″ platform sole of non-skid rubber. Crinkle washable patent stretches 3″ above ankle. Full ½ sizes 5 to 10, one width fits all, 1⅞″ heel. Black, brown, navy, red, honey beige or white. $11 plus 90c post. Vicki Wayne, 600-2D-So. Country Club Rd., Tucson, AZ 85716.



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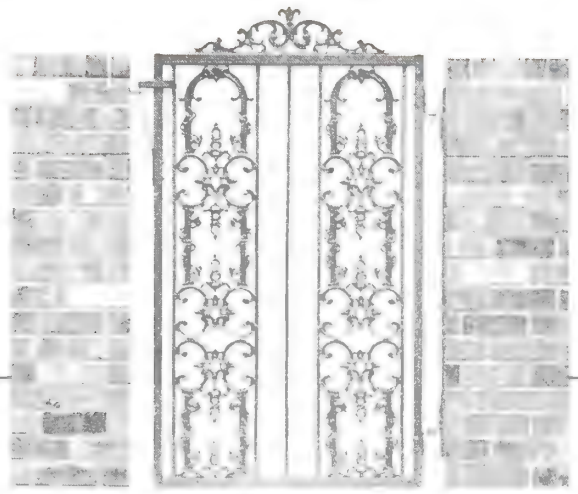
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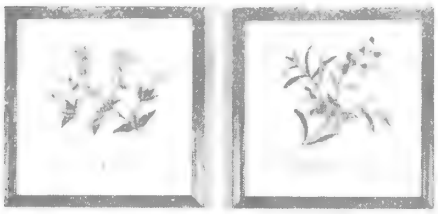
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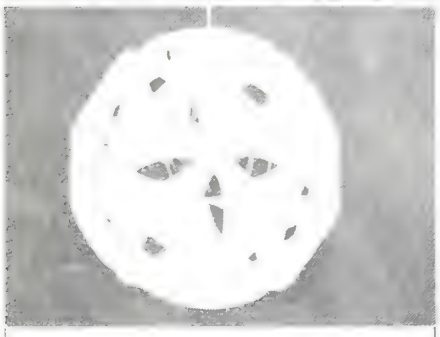
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## FIX-IT KIT



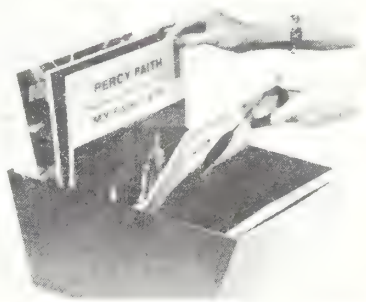
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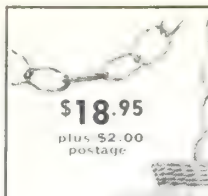
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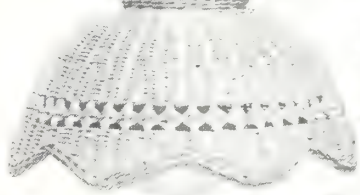
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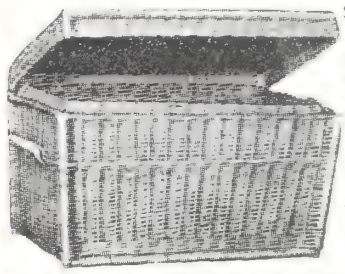
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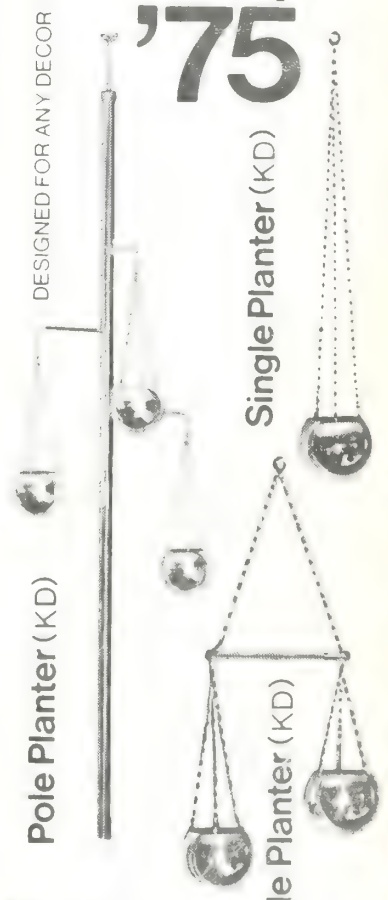
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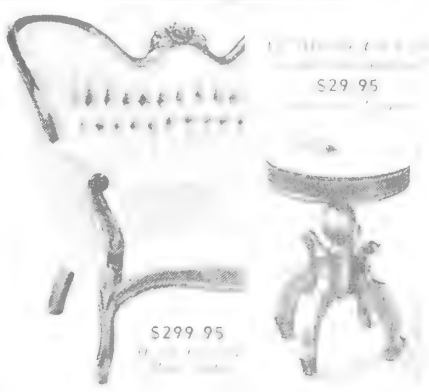
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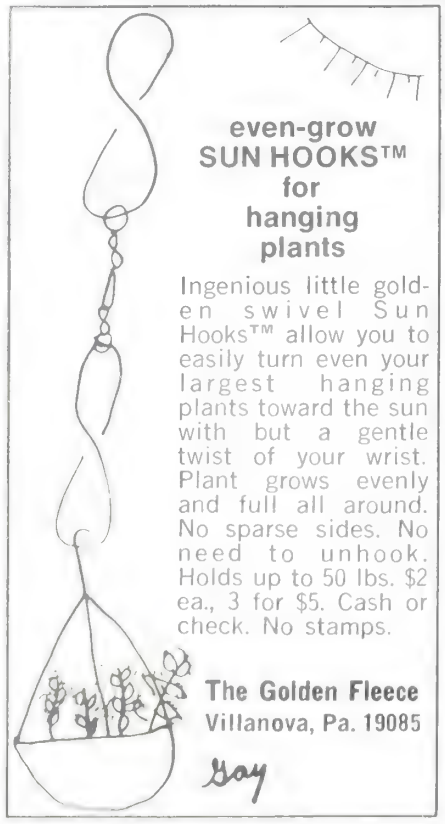

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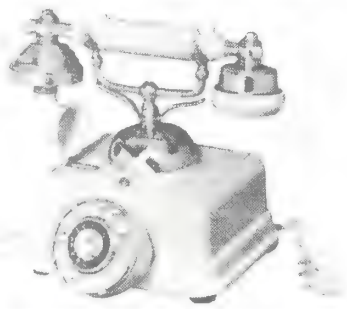
### E-X-T-E-N-S-I-O-N

Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.



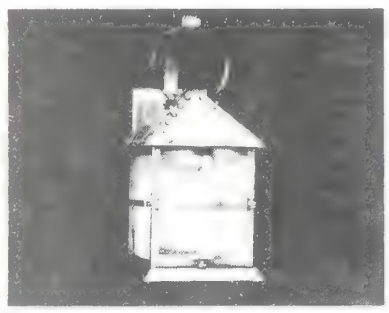
### NEVER TO RETURN

For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweez. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE-40, 5701 W. Adams Blvd., Los Angeles, CA 90016.



### FRENCH CRADLE

White or ivory telephone with a French accent fitted with brass and built to plug in for instant use. An Old World beauty for the most elegant décor in any room of the country villa or town apartment. $69.95 plus $2 post. Brochure, 50c. Grand Com Inc., HG2, 324 Fifth Ave., NY 10001.



### STRIKING LIGHTING

A hand-crafted replica of a Colonial-style wall lantern in solid brass. Hang it outdoors or inside for a distinctive and practical effect. 15" h. x 5½" w.; extends 5½". $53 exp. coll. Color catalogue is $1. The Lamp Crafters, HG2, P.O. Box 501. Lawrenceville, GA 30245.

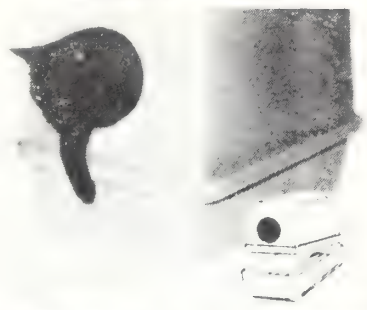
### CLOSET TREASURE

Now hers and his *file* neatly in the sliding slack rack! It eliminates five different hangers. Trousers and slacks insert or remove without taking rack out. Cherry, chrome-plated hanger. $6.50; two for $12.50. Add 95c post. Ferry House, Inc., HG2, Briarcliff Manor, NY 10510.



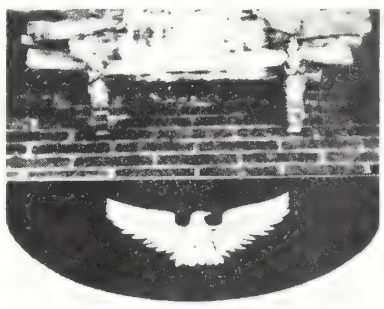
### FELINE HYGIENE

Cats are known for their fastidious way. This litter pan confines odors, hides wastes and stops litter spills. Top removes. Molded plastic, 16″ w., 22″ l., 18″ h. in blue, yellow, brown, avocado or white. $18.95 ppd. Haugen Products, HG2, 709 W. Huron, Ann Arbor, MI 48103.



### FIRESIDE MAT

Nothing's more snug than a fireplace on a chilly day—but flying embers can be a hazard. Americana protector rug is a semicircle to fit against hearth; black flameproof cotton duck with golden eagle. 44x22″. $6.98 plus 50c post. Holiday Gifts, Inc., 302-J, Wheat Ridge, CO 80033.



### NO MORE SNACKING!

Ready to work in needlepoint and hang wherever the urge to nibble is tempting. 7½″ by 9″ design on canvas, Persian wools, needle, backing, magnets, instructions. $4.95 plus 50c post. 8″ by 10″ oak frame, $1.95. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.




### TWISTY KEY RING

Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.49 plus 20c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

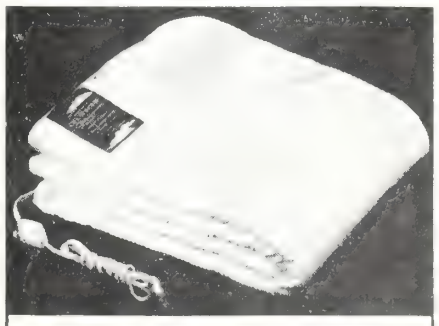




## FLOWER POT DRAINER

**Keep your furniture dry with Sani-Tray, a rigid, plastic tray with pierced insert that catches spilled liquids. The excess water in tray provides essential humidity needed for your plants. Easily separates to empty and clean. All white, long lasting! Ample dimensions are 18″ x 3½″ x ¾″. Ideal for narrow window ledges or out of the way places. $1.98 plus 50 cents hdlg. ea.**

*The "YOURS" Shop*
**Dept. 17, 6 N. 4th Ave. West**
**Duluth, Minn. 55802**



## SLEEP WARM
### BED WARMER

Here's the scientific way to keep warm—with the heat *under* instead of *over* you—on this FOUR-SEASONS comfort unit! Quality-made of long-wearing Cannon sheeting and polyester-filled.
New soothing, satisfying relief from sleeplessness, arthritis and circulation problems, it lies flat under bottom sheet. It's washable, 4-position ac/dc sleep-switch, and comes with a *five-year guarantee.*
39x76 twin or 54x76 full bed size $28; 54x76 full size, dual control $36; 60x80 queen size with dual $42; 78x84 king size with dual $44—all postpaid. Enclose check or M. O. only—Mich. residents add 4% sales tax.

**THE LINEN CLOSET**
**1324 Welch Blvd. Flint, Michigan 48504**

**Easy to grow in soil or water**
**Hawaiian "Good Luck"**

# ti plant

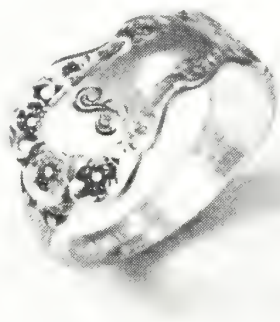


It grows out of a log - so fast you can almost see it grow! All you do is put the Ti log in water and watch it grow. When it sprouts, put it in a pot. The bigger the pot, the bigger it will grow...from one to six feet tall. You can have the size you want. Grow it in sun or shade - it blossoms! The Hawaiian Ti plant makes an ideal gift. Your choice of red or green leaves. Guaranteed to grow!

ONE FOR **$1.00** 3 FOR **$2.50**

**Please add twenty-five cents for postage and handling. Send To:**

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**DEPARTMENT H10**
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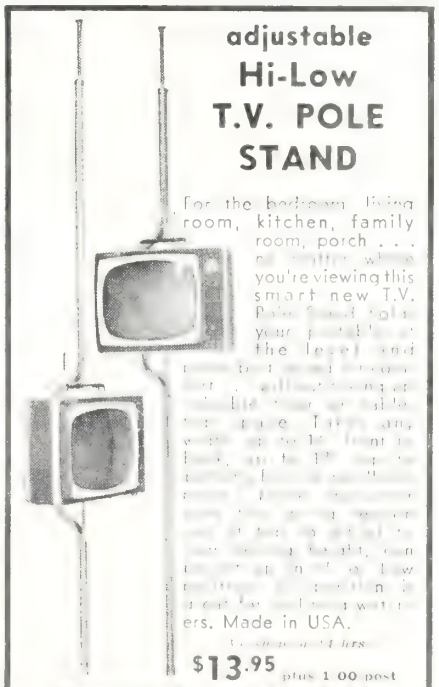
## *Sterling Silver Ring $2.98*
### DEMI-TASSE SPOON—PERSONALIZED!

Dainty demi-tasse spoon becomes a ring—engraved just for you with one flowing script initial! Rich floral design is subtly antiqued to enhance every detail—now with a matching curvy-linked bracelet (not shown)! Ring adjusts, bracelet clasps securely.

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|---|---|
| #1025—Spoon Ring | $2.98 |
| #1023—Spoon Bracelet | $7.98 |
| #1024—Both—a heavenly set! 1 Set | $9.98 |

*PRINT initial, add 35¢ post. & hdlg.*

**LILLIAN VERNON**
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**Mt. Vernon, N.Y. 10550**



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For the bedroom, living room, kitchen, family room, porch . . . no matter where you're viewing this smart new T.V. Pole Stand puts your portable on the level and ers. Made in USA.

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Sensational Offer! 24 beautiful Color Wallet Photos at the same low price of $2. New borderless silk-textured & smudgeproof. Send Polaroid color print or photo (up to 5" x7"), neg. or slide. SPECIAL! 36 black & white $1. Send neg or photo FREE! — photo in plastic. They make lovely gifts for friends, classmates, relatives. Original returned unharmed. GUARANTEED! Add 45c per order for shipping.

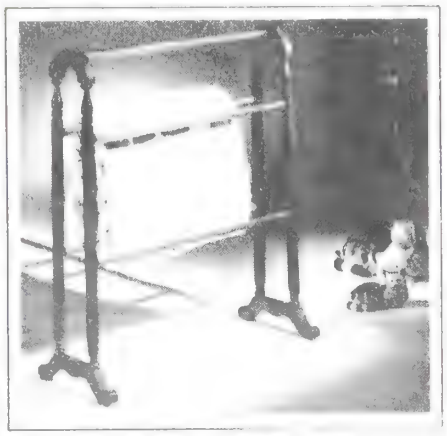
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**SEND $1.00 FOR 100 PAGE CATALOG OF "TIMELESS FURNITURE MADE ONLY BY FORSLUND'S"**

The unusual bedspread rack shown below is just a sample of the many reproductions of Timeless Furniture" made by Forslunds

**Carl Forslund**
(Father and Three Sons)



**Valentines from Snoopy & Friends**

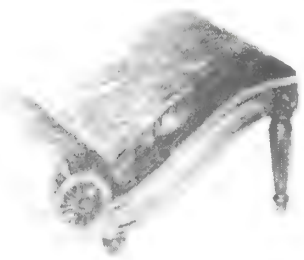




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ONLY **$14.95** ppd.
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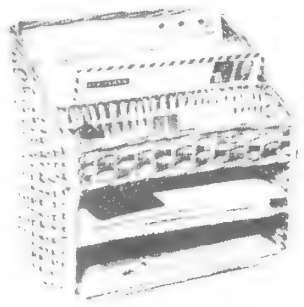
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WINSTON-SALEM, N.C. [illegible]


## SHOPPING AROUND



### AT EASE

Relax in style! Your shopping weary feet deserve this hand-carved mahogany gout rest, 19½" by 16"w. by 11½"h. Large choice of fabrics and finishes. $74.95 exp. chgs. coll. Catalogue, $1. Martha M. House, HG2, 1022 So. Decatur, Montgomery, AL 36104.



### NEAT DESK-KEEPING

Hand-woven stationery basket of natural willow is a great inspiration for tidiness. Has 2 shelves, 3 partitions, holds letters, bills, etc. 11½" w. x 11" h. x 6½" d. $7.95 plus $1 post. Catalogue 25c Fran's Basket House, HG2, Route 10, Succasunna, NJ 07876.



### EASTER PARADE

Eggs hand blown and hand painted in Czechoslovakia are the brightest finery to display on Easter day. Traditional, intricate designs executed for generations brighten each egg. #F7760-2. Set of six, $3.98 plus 85c post. The Helen Gallagher Collection, Dept. F589, Peoria, IL 61632.



### WATCH IT

A make-up magnifier lets you see that your eye shadows and lipstick are coming out the way you want them. Each lens flips up so you can get behind it while looking in mirror as you apply. $7.95 plus 50c post. Contempo, Dept. HGA6, 1701 Highway 35, Neptune, NJ 07753.




### KEYS IN STITCHES

Lollipop flowers, daisies or golf, tennis, bowling, sailing, skiing designs on 2" by 3½" key tags. Stitch initials on the back. Includes canvas, Paterna Persian wool, design chart, needle, chain. $2.25 each, six, $11.95. Add 50c post. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.



### SLEEPING PRINCESS

Protect your hairdo all through the night in cool comfort. New design in lightweight sleep cap conforms to any hair style, any head size. Press ends together, won't slip or slide off. Crushproof and washable. $2.75 plus 25c post. Holly House, HG2, 417 Lake Ridge, Dallas, TX 75238.

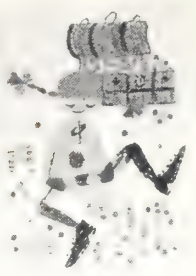


### PAINLESS TRIMMING

Groomette is a neat little instrument of fine surgical steel to trim hairs in nostrils and ears. Insert in nostril or ear, twist knob, hair is snipped off without damage to sensitive tissues. $2.98 plus 30c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

## DELIGHTFUL HANG-UP

"Pipi," a Swedish embroidery on aqua linen is ready to hang. She wears one black, one brown stocking, blue jacket, red shorts, 7½" by 9¾". $8.95 plus $1 post; includes mounting boards. Order #8971. Catalogue, $1. Skon, Dept. GE2, 55 Lambert Lane, New Rochelle, NY 10804.



## PRIVATE GYM

Give yourself a better figure with Stretch-A-Way, Effective for tummy, thighs, bust, hips, waist. No strenuous exercise, no big fees. Chart shows safe method of muscle toning. Sturdy rubber. $2.98 ppd. American Image Corporation, HG2, 276 Park Ave. So., New York, NY 10010.



## FIRE TENDER

Fun and easy way to take care of a log fire: use a "Blo-Poke" of light ⅝" brass tubing with bronze mouthpiece and pointed hook tip. 4 ft. long. Can help to start a fresh fire or quickly revive a dying one. $29.95 plus $1 post. Gokey Co., HG2, 21 W. Fifth St., St. Paul, MN 55102.



## TIME THIEF

Is your pool robbing you of time? Meyco safety pool cover takes two minutes to put on or remove. Keeps out dirt, leaves; children and pets are safe when you're away. Discourages algae. Custom made, any size. Meyco, HG2, 138 Haven Ave., Port Washington, NY 11050.



## GROOM THE BATH

No need to have ugly cracks and openings around tub, sink or basin. Seal them up with self-sticking tape. Merely press tape on clean, dry surface. 11 foot roll, $2.98 plus 45c postage. Order from Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.



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**Scientific Laboratory Proof. New Protein Lotion is actually absorbed into the hair to reinforce, strengthen and thicken it up to 136% of original size. Reduces splitting and breakage; makes hair more stretchable.** Crowning Glory is a concentrated treatment for the hair of specially formulated natural protein, designed to be absorbed right into the hair. The illustration shows how the hair is swelled and made thicker by Crowning Glory.

But, only if you try it will you see how wonderfully different it is. Crowning Glory's active protein is absorbed right into the shaft of the hair so day by day **your hair grows visibly thicker, fuller, more combable**, more manageable, more flexible and stronger. Split ends heal — your hair resists breaking when combed or brushed. So it grows better and longer everyday! Odorless — contains no alcohol or grease. You owe it to the beauty of your hair to try Crowning Glory. Our money back guarantee protects you. Crowning Glory must be better than any hair product **you ever tried—must do everything we said it would** do for you or we will cheerfully refund every cent you paid. Send just $3.95 for a generous two month supply. Please enclose 25¢ for postage and handling.

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**DELUXE draftless indoor** health breathing ventilator $12. Airlite, 1215 Jackson, Long Island City, N.Y. 11101

**GROW hair thicker longer!** Amazing proof! Health, Box 156, Santa Barbara, Ca. 93102

**WHY PAY TAXES!** 1300 deductions! 12 million paid nothing in 1969! 53% of personal income escapes! Send $1. for more information. Roy B. Nelson; 384 E. William St., San Jose, 95112

**SUPER Nature Pills,** 30-$3.00. N & A Co., 6915 So. Vernon, Chicago, Ill. 60637

**NEW REPORT:** Cut grocery bill ½: Saves you money year after year. Guaranteed. $3. Remit to: Bob Conner, Box 669N, Union City, Tn. 38261

### STAMPS

**315 DIFFERENT** worldwide stamps, 25¢. Others included on approval. Buy any or none, return balance. JGS, Dept. A, Box 525, Merrifield, Va. 22116

### MISCELLANEOUS

**MEN-WOMEN, needed** for Chaplain's. Many benefits. Work with youth in your area. Lifetime ordination. National Chaplain's Association, Gatlinburg, Tn. 37738

**LEARN to play guitar,** piano or accordion without a teacher: Write Hall's, Box 181, Lynwood, Ca. 90262

**SINGLE? Nationwide** correspondence! Identity, Box 315-HG, Royal Oak, Mi. 48068

### MERCHANDISE FOR SALE

**THREAD BARGAIN!** Sewing Thread 2¢ spool. 100 large Easy-Match Spools. $2. ppd. 90 colors plus black & white. All the colors of the rainbow and shades in-between! Includes famous American, Coates & Clark, etc. thread. Rush $2. to OK Supply, Box 460, Sarasota, Fla. 33578. Money back guarantee.

**NEW UNIQUE designed** Bed Coverlet with the atmosphere of yesteryear. Instructions send $3. self-stamped addressed envelope to: Kamper Kurtins, Box 531, Stanton, Ca. 90680

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**FIREWORKS** giant catalog $1. Buckeye Fireworks, Box 22, Deerfield, Oh.

### OF INTEREST TO WOMEN

**101 GREAT Lamb Recipes.** $3.50. B & F Enterprises, Box 728, Red Bluff, Ca. 96080

**DINNER rings, earrings,** brooches, bracelets, dolls. Large selection. 14k gold. Genuine stones. Rush 50¢ (coins only) for colorful catalog, prices. Import yourself and save. Liang, Box 1765-EP, Bangkok, Thailand.

### MUSIC

**SONGPOEMS Needed.** Free Examination. Nashville Notes, Box 2211, Nashville, Tn. 37214

**MAJOR recording stars** need songs. Keep first $2500 royalties. Send lyrics. 1494-HG Faxon, Memphis, Tn. 38107

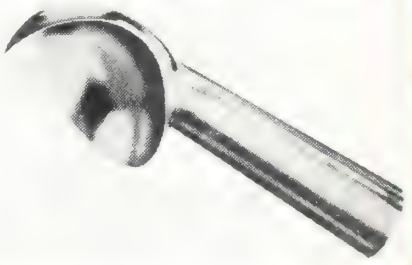
### MONEYMAKING OPPORTUNITIES

**$300 WEEKLY possible** stuffing envelopes. Start immediately! Details $1. (refundable). Royal-HG4, Box 36643, Los Angeles 90036

**EARN immediately** stuffing envelopes. $25. hundred. Send stamped addressed envelope. United, Box 492N, San Diego, Ca. 92112

**STUFF ENVELOPES.** $25. hundred. Beginner's Kit, $1. "Lewscard", Brea, Ca. 92621

**HOMEWORKERS needed.** All the homework you want addressing, stuffing envelopes. Details 10¢. Nationwide, Box 9404, Colo. Springs, Co. 80932



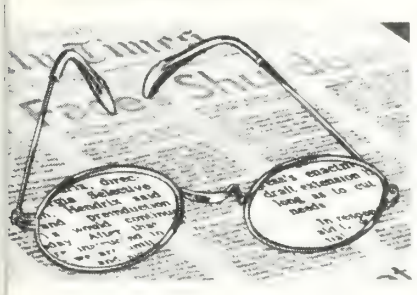
## WONDER *ice-cream* DIPPER

Couldn't believe this works the way the man said—then I tried it on rock-hard ice cream. WONDER DIPPER goes right thru! Without struggle or hot water!! Seems it transfers heat from your hand to the ice cream by some marvelous space age magic. Smooth equal portions every time. For lefties also. Dishwasher safe. No moving parts. Lasts a lifetime. Try one. It's **$5.95** PPD

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pact-resistant lenses. Golden-
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temples. For folks over 40
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## DELFT TILE TO NEEDLEPOINT



Elegant needlepoint adaptation of a Delft tile. Kit includes hand-painted design on #13 mono canvas. Paternayan Persian yarns in Delft blue, soft green, and burnt orange with a white background and a needle and stitch guide.

$26.30 Postpaid. N.C. residents add 4% sales tax.

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# STRIP TEASE HI-BALL GLASSES

$6.98

Harriet Carter

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Delicate traces of bobin lace
interwoven with rose leaf
are recreated in classic wrought
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Chantilly Rose Collection of tables,
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Name

Address

City

State Zip

Woodard


## SHOPPING INFORMATION *continued from page 98*

$1.50 a yd. in paper. From Charles Barone, Inc.*

12. **Twine spindle:** 8" high, $6.50. At Bloomingdale's.

13. **Railroad lamps:** 8" high, $5 each. At Bloomingdale's.

14. **"Stacy's Quilt" cotton chintz:** 48" wide, 27" repeat, Zepel treated, $9 yd. By Designers Guild. At Richard Atkinson.

15. **"Willow Tree" Oxford Bone china plate:** platinum banding, $49.50 each. By Lenox.

**Living room**

**"Stanford Floral" cotton fabric on sofa and club chair:** 54" wide, 22" repeat, color sunshine gold, matching wallcovering available, $10.50 a yd; **"South Street Floral Stripe" cotton chintz on chair and ottoman:** 54" wide, 7" repeat, color cranberry red, matching wallcovering available, $9.50 a yd; **"Star of the East" cotton fabric on wing chair:** 54" wide, 27" repeat, color charcoal & red, matching wallcovering available, $10.50 a yd. Fabrics available with Zepel. All from the South Street Seaport Collection by Schumacher.

**Sofa:** 84" x 34" x 27" high, $995; **red chair foreground:** 34" x 34" x 33" high, $425; **yellow chair right:** 28½" x 32" x 28" high, $450; **Ottoman:** 28" x 22" x 18" high, $180. The State of Newbury for Lord & Taylor.

**Wing chair by fireplace:** 34" x 33" x 45" high, $370. By Hickory Chair Co.

**Butler's tray:** 29" x 11" x 19" high, mahogany and yew wood, $750; **brass standing lamp:** 56" high, 11" extension, $80. All from Lord & Taylor.

**Kirki design durrie rug:** 143" x 107", $2,000. By Stark Carpet.*

**"Casual Trend" carpet:** in front of fireplace, 6' x 9', 65% cotton, 35% linen, $305. By Schumacher.

**Porcelain lamp:** 26" high, white paper opaque shade 19" diam., color white frost, $65. By Royal Haeger Lamp Co. At Lord & Taylor.

**Red cupboard near fireplace:** 48" x 17" x 40" high, $350; **brown and white pitcher:** 12" high, $45. From Dalmar A. Tuft Antiques.

**Rocking horse behind flowers:** American c. 1860, 45" x 25", $800; **stenciled chest:** Pennsylvania German c. 1810, 25½" x 38½" x 30½" high, $1,000. At The Pilgrim's Progress American Antiques.

**19th-century Heron decoy:** 28" x 35"; **19th-century American plate:** 13½" diam. From George Schoellkopf.

**Firewood basket:** 20" x 24", $45. At Luten Clarey Stern.

**Fire tools:** 24" long, $110; **wafer iron:** 30" long, $300; **fire broom:** 36" long, $7.50; **firescreen:** 30" high, $50; **fender:** $240. From Edwin Jackson.

**"Untitled" sculpture:** 8" x 8" x 8". By Paul Feeley. From The Betty Parsons Gallery.

**Yarn in basket:** by the ounce, $1.50. **"Fanny Frame" holding canvas on chest:** adjustable 10" ring, $21.95. From Erica Wilson Needle Works.

**Dish on table:** 15" diam., imported from France, $35; **large yellow pot on red cupboard:** 12" high, 8" diam., $45; **bowl on cupboard:** 8" high, 8" diam., $20. Elux Putting Antiques.

**Black leather box:** 5½" high, 10" diam, star design on top, $125. At John Rosselli.

**Willow chair:** 31" x 36" x 32" high, imported from Argentina, requires 4½ yds. upholstery fabric, $425 COM. From Bielecky Brothers.*

**Wine & Food:**
**Page 85:**
**Blue and white cotton fabric:** by Boussac of France.* ■

## EXCITING NEW HOUSE *continued from page 58*

### Materials and equipment used in the house

ARCHITECT: Donald Chapell
CONTRACTOR: John Carmagna
INTERIOR DESIGNER, LANDSCAPE ARCHITECT: Donald Chapell
SIZE OF HOUSE: 1,450 square feet
SIZE OF LOT: 1 acre

**STRUCTURE**

**Foundation:** Full basement with concrete block walls and poured concrete slab on concrete footings.

**Framing:** Standard wood frame construction of walls, floors, ceilings, and roofs of Douglas fir.

**EXTERIOR OF HOUSE**

**Exterior walls:** 1-by-6-inch rough-sawn cedar boards, tongue and grooved, applied vertically.

**Exterior finish:** White paint.

**Roof:** Asphalt shingles. Architect 70° by Bird & Son, Inc.

**Insulation:** In walls and roof, "Fiberglas" blanket insulation by Owens-Corning Fiberglas Corp.

**Windows:** Fixed glass panels and "PermaShield" awning style windows by Andersen Corp. with "Thermopane" insulating glass by Libbey-Owens-Ford Glass Co.

**Doors:** Wood frame, glass panel swinging doors by Morgan Co.

**Decks:** Fir boarding, white stain.

**INTERIOR OF HOUSE**

**Interior walls and ceilings:** Dry wall, ½-inch gypsum board.

**Interior finish:** White paint.

**Floors:** Oak strip flooring with white paint rubbed into it and polyurethane finish applied.

**Lighting fixtures:** By Lightolier, Inc. except wall fixture at top of stairs by Harry Gitlin, front door lantern and dining deck fixture by Prescolite Div., U.S. Industries, Inc. In living room, all lights on dimmers. Outdoor lighting fixtures by Swivelier Co.

**Hardware:** Satin finish aluminum by Schlage Lock Co. Kitchen cabinet hardware by Stanley Hardware Div., Stanley Works.

**Fireplace:** Slate hearth, brick chimney painted white.

**Kitchen and bathroom cabinets:** Custom made, painted white.

**Kitchen countertops:** Red-orange plastic laminate.

**Plumbing fixtures:** In kitchen, stainless steel sink by Elkay Mfg. Co. All bathroom fixtures and kitchen sink fittings by American-Standard.

**MECHANICAL EQUIPMENT AND APPLIANCES**

**Appliances:** Four-burner electric cooktop, 2-oven electric range, refrigerator, dishwasher and, in laundry, washer and dryer by General Electric Co. Ceiling ventilating exhaust fan by Mercury Electric Products Mfg. Corp.

**Water Heater:** Bock Corp.

**Heating system:** Oil fired, forced warm air heating system with furnace by Carrier Corp.

### Corrections

**In the December, 1971 issue,** on page 76, a set of Italian crèche figures was given by Loretta Hines Howard to the Albright-Knox Art Gallery in Buffalo, N.Y. Unfortunately the museum's name was misspelled.

Also in the December issue, the beautiful banks of red poinsettias and the party decorations on page 79 belong to producer-director Hal Wallis and his wife. We regret their name was spelled incorrectly on the page.

**In the September, 1971 issue,** on page 105 of the article on "Treasures from Historic Charleston" the photograph identified as the Thomas Rose House in Charleston is in fact a photograph of the Nightingale Brown House in Providence, R.I. Both houses are shown, *right*, correctly identified, *below*.

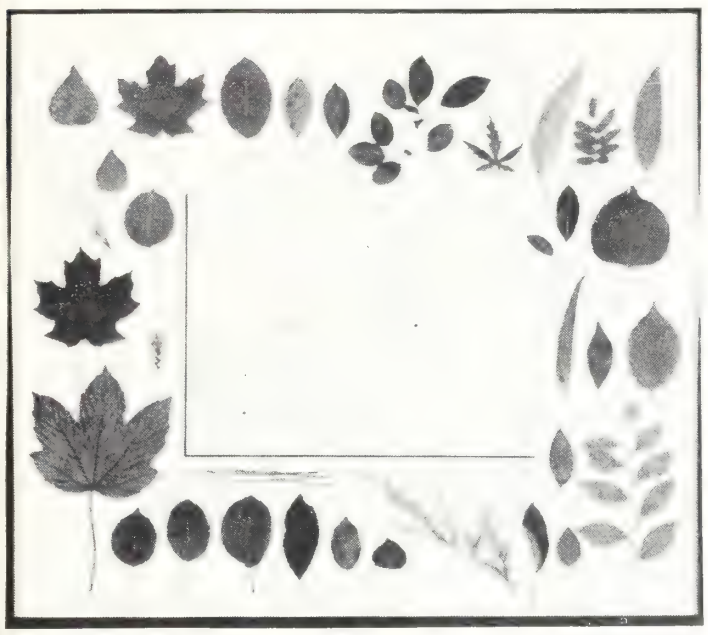




*Copyright. The Thomas Rose House in Charleston, S.C., was built about 1770. Its piazza and street entrance were later additions.*
*Copyright. The Nightingale Brown House at 51 Benefit Street in Providence, R.I., was built in 1792 by Colonel Joseph Nightingale. In 1864 he gave and sold it to Nicholas Brown, to whose family it still belongs.*

# Gardener's Notes

by James Fanning



MARINA SCHINZ

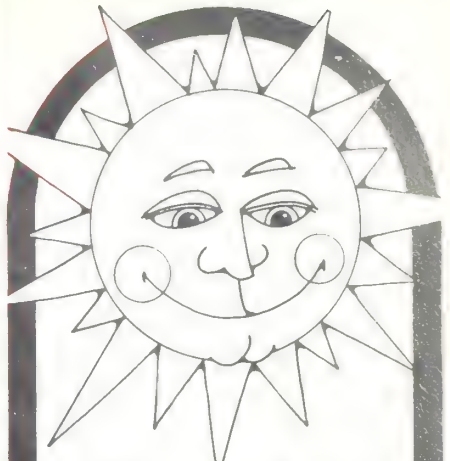
A neatly drawn plan of your grounds, whether small house lot or many-acred estate, is a practical way of keeping track of what happens where, helping guide visitors around, and deciding on necessary or desirable improvements. Such a plan can also be an attractive part of your decoration, like the one graphic designer Donald Wise created for Miki Denhof (January House & Garden, page 84). The plan, *left*, not only shows the exact location of every major tree on the Denhof property, it is bordered by a frieze of pressed leaves from the trees themselves. Each leaf is numbered to correspond to its parent tree's location on the plan. With the actual leaves as guides, there's no question about what grows where.

"No one who has ever enjoyed garden-fresh vegetables—fresh peas, beans, carrots—will have to be persuaded of the virtues of growing your own"

Now comes seed-ordering time, and in 1975 the most-thumbed sections of our catalogues will be those devoted to vegetables. Inflation fighting is only part of the reason for this. No one who has ever enjoyed garden-fresh peas, beans, carrots, or what-have-you will need to be persuaded of the virtues of growing your own. With space for growing things becoming more and more restricted, though, a great many would-be vegetable growers simply don't have the ground to work with. In Europe, where the problem has existed for generations, municipalities set aside areas outside the town limits where small garden plots are rented to whoever wants to use them. The idea is beginning to take hold in the U.S., nowadays, and there is even a monthly newsletter to keep those interested informed about who is doing what, and where. This is *Community Garden News*, American City Building, Columbia, Md. 21044. A subscription costs $25 a year and sample copies are available for $1.50 each. Also, Gardens for All, Inc., Charlotte, Vt. 05445, has a how-to kit giving exact instructions for setting up community garden organizations. The kit is priced at $10 and consists of a procedural manual and various sets of hints and suggestions.

Speaking of catalogues, it is comforting to find that some of the finest are still on the free list. Burpee continues to offer its fine selection of garden vegetables, with instructions for growing them included. Write to W. Atlee Burpee Co., P.O. Box 6929, Philadelphia, Pa. 19132. And Park's, as usual, sets forth an array of things you're not likely to find anywhere else. For a catalogue, write to George W. Park Seed Co., Inc., P.O. Box 31, Greenwood, S.C. 29647. The longest list of vegetable seeds, though, is that of Stokes, who offers a staggering assortment of edibles old-fashioned and newfangled. The address is Stokes Seeds, Inc., P.O. Box 548, Buffalo, N.Y. 14240. Of course, all of these seedsmen have a large assortment of flower seeds, too. Even the most down-to-earth vegetable garden needs a flower or two.

**Don't knock your power company for trimming trees. Chances are that the trees in question were planted too close to the power lines to begin with and have been allowed to grow out of control for years on end. Most utility companies turn their line-clearing work over to tree experts, anyway, so the work is done as carefully as circumstances allow. And don't forget that a carefully pruned tree is less likely to cut off your power by dropping branches on the line than is an untrimmed, rampantly growing one. Power companies also have professional foresters to watch over the clear-cut areas under high-tension lines. This means that the vegetation is controlled and tall trees are not allowed to develop. This gives light- and air-loving native plants a chance to take over and thrive as they never do in dense shade. In Connecticut, for instance, acre upon acre of mountain laurel, the state flower, blooms lustily under the power lines, for everyone to see and admire.**

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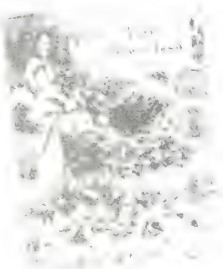
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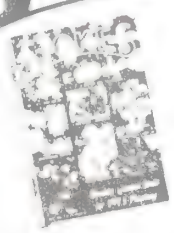
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application to a stack of seed catalogues, and many a long winter evening has been—and still may be—put to good use in the study of nursery lists.

Nowadays we are asked to pay for some of the more elaborate catalogues. This is money well spent, since the price of the catalogue covers the expense involved in making better illustrations, more thoroughgoing text and a generally more informative publication than most giveaways. Whether you get it for free or pay the nominal charges, though, all of this information is well worth having. For one thing, it tells you where to buy what and how much you should pay for it.

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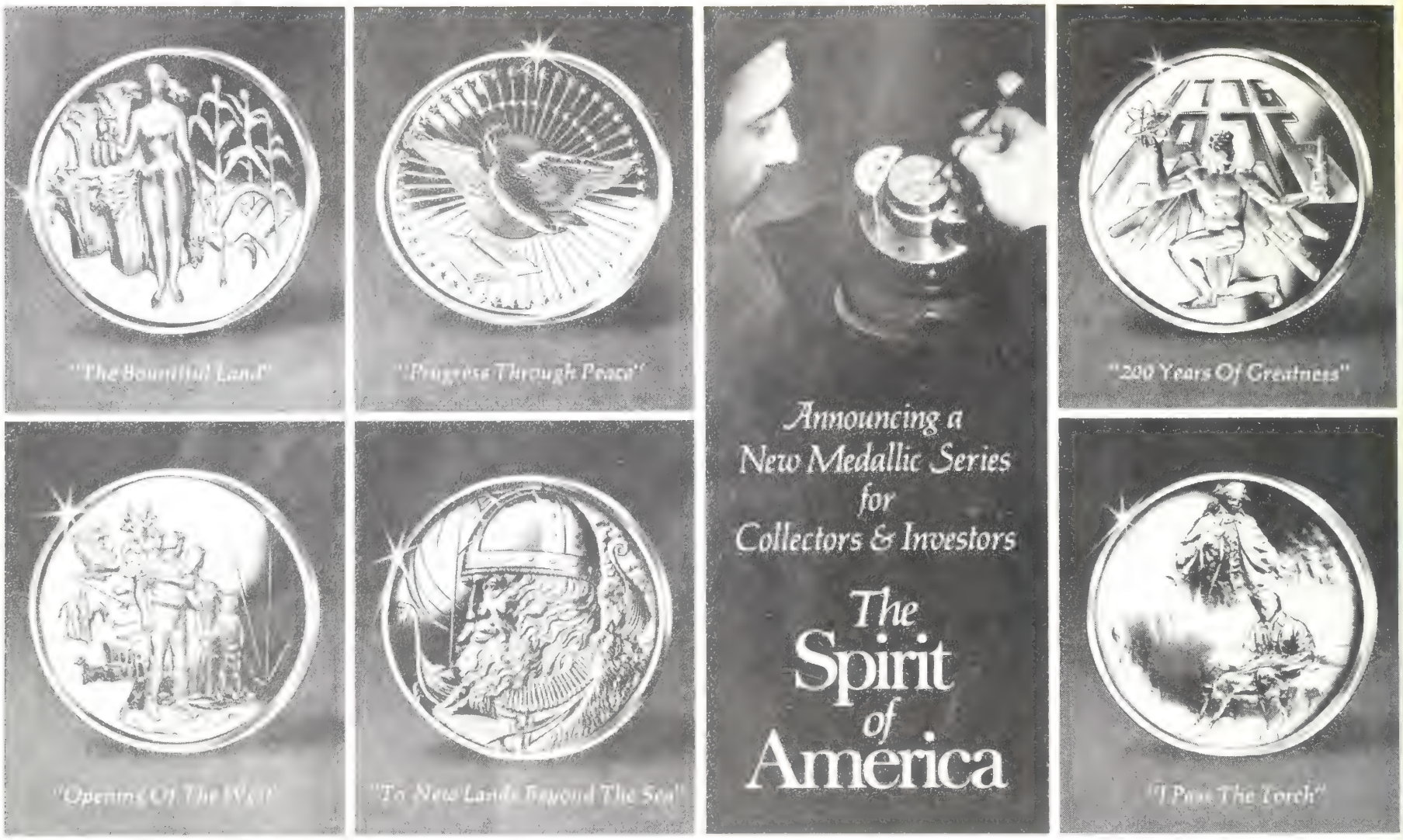
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AND what a timely and appropriate new series this is as we approach America's Bicentennial. This brilliantly conceived new collection consisting of 12 superbly crafted medals, truly captures symbolically the spirit of America and will, unquestionably, be one of the most beautiful and most desired medallic art collector series ever issued. Each medal will also be exceptionally large, 2" in diameter, so that the magnificent art may be captured and seen in great detail.

### CAPTURES THE SPIRIT OF AMERICA

To create each of these original works of art masterpieces, The Hamilton Mint has chosen and commissioned twelve foremost American sculptors to create their own personal sculptured representation of "The Spirit of America". Each artist chose one facet of American heritage, strength, prestige or freedom to [illegible] her, the twelve famous sculptors have fashioned a unique and truly broad artistic view of the American scene and a great new medallic art series.

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The Hamilton Mint, known for [illegible] sculpture, will strike each flawless proof medal in the [illegible] almost twice our standard medal and will contain [illegible] of pure silver. And in 12 months subscribers will have amassed over 2 troy pounds of [illegible] issued to subscribers one a month for 12 months.

### A STRICTLY LIMITED EDITION

[illegible] is an absolute limit of only one proof set per [illegible]scriber and only a total of 10,000 First Edition sets [illegible] be minted in .999 fine silver. To protect the integrity of the issue, The Hamilton Mint will destroy the dies once the edition limits are reached.

### YOUR PERSONAL SERIAL NUMBER

Your first edition collection will be minted expressly for you and you will be assigned the lowest serial number available at the time your application is accepted. This is *your* exclusive number and will appear on every medal issued to you. In addition, The Hamilton Mint Hallmark on each medal, and a Certificate of Authenticity, will attest to the integrity of the series and to its full precious metal content.

### ORIGINAL ISSUE PRICE GUARANTEE

Under the terms of this offer, The Hamilton Mint is officially committed to deliver to you at the original issue price of $22.95 each, the complete set of 12 medals over the next 12 months, regardless of how high the price of silver and gold climbs. The Hamilton Mint does reserve the right to limit the edition below the published maximum limits, but once your application is accepted, your subscription is guaranteed.

### INVESTMENT POTENTIAL

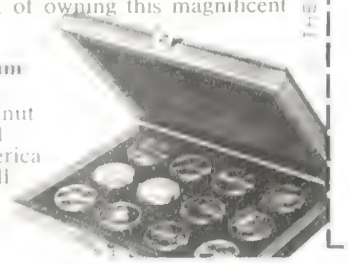
This important opportunity to acquire these valuable artistic treasures in silver and gold on silver comes at a time when prominent economists and advisors are predicting that these precious metals will continue to increase in value in the years ahead, thereby creating the potential for your collection to grow even more desirable and valuable.

### PLEASE ACT PROMPTLY

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You will receive, with our compliments, a deluxe walnut display case to protect and display your Spirit of America Medal Collection. You will also receive a descriptive brochure about each artist and his sculpture.



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THE SPIRIT OF AMERICA COLLECTION

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**Application subject to acceptance by The Hamilton Mint**

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HG 2-75

MARCH

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# House & Garden

LIVING




ON THE COVER:

trellis patterned fal

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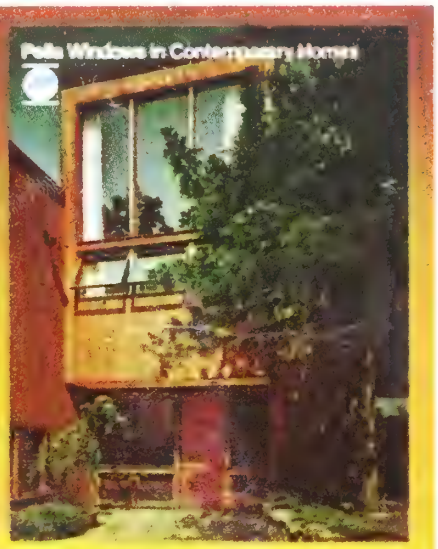


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QUESTIONS & ANSWERS

# Antiques

BY LOUISE ADE BOGER




### Delft Plaque

*I bought this delft wall plaque at an antiques sale. I've sketched the mark on the back. I would appreciate any information you can give me about it.*
*C.R.—Hamburg, Iowa*

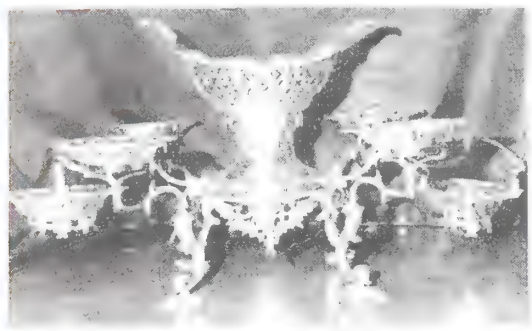
The Dutch seaport town of Makkum in the province of Friesland is known for its manufacture of earthenware and faïence, most of which is in imitation of Old Delft. Your plaque dates perhaps about the latter part of the 19th century.

### French Provincial Cradle

*We think this cradle has been in our family for five generations. Do you know how old it really is? I am having it repaired for my grandchild. What material should we use for the canopy?*
*D.M.—Glenview, Ill.*



Your swinging crib with its delightful canopy reflects late 18th-century classicism. It is probably of French Provincial origin, dating about the mid-19th century. For the hangings, I would suggest a washable white cotton, something that "hangs easy," perhaps a dotted swiss or voile.



### Silver Epergne

*I do hope you have a clue about this epergne, which I inherited. I'm enclosing the identification mark that is on each piece.*
*A.L.M.—Grosse Pointe Farms, Mich.*



Your silver epergne was made in London in 1897-1898 by the Messrs. Carrington the same year they entered their mark at Goldsmiths' Hall. The technique of piercing was especially suitable for ornamenting epergnes, which were given a prominent place on the dining table.

### Chinese Cloisonné Vase

*Can you tell me where my vase comes from and how old it is? Also, does its form have any special name?* *M.S.C.—Nanaimo, B.C., Canada*



Your cloisonné vase is Chinese and is late 19th century in origin. The form is called a "gallipot." This distinctive and always pleasing Chinese form is characterized by a small mouth, short neck, and an elongated body that is noticeably broader at the shoulders than it is at the base.

*Continued on page 8*

# "Imagine being the head of the world's largest model agency and waking up to find yourself over forty and overweight!"

## By Eileen Ford


PHOTO BY ATHAL SMITH

"Overweight, out of shape, and looking older than you are doesn't happen overnight. You can kid yourself for years. But one day you can no longer hide that you've let yourself go.

"It's a distressing day for any woman. But, if you're Eileen Ford, head of the world's largest model agency, it's also downright embarrassing.

"Not only am I surrounded by beautiful women all day long, but everyone knows how critical I've been of women over 30 who let themselves slide. Yet, I let the same thing happen to me.

"And to make matters worse, my husband picked just this time to shed 20 pounds. With his longer hair and new clothes he looked younger than he had in years. All the models were talking about it."

### A More Beautiful You in 21 Days

Eileen Ford was determined to make a comeback.

She gave herself 3 weeks to do it. And she did it, spectacularly. She lost 16 pounds in 21 days plus 2 inches from her waist and 3 from her thighs.

Now, step-by-step and day-by-day she reveals to you the plan that she devised for herself. Eileen Ford's plan uses everything she knows about beauty care, exercise, and diet. Plus everything she knows about how easily a busy woman can fall into the trap of overweight, middle-age drab and flab.

Eileen Ford hates boring repetitive exercises. So, she put together a pleasant, varied program that you'll be able to do in a few minutes.

Eileen Ford loves food and has a family to feed. So you'll share her slimming menus and recipes for 21 days. They're so delicious and filling not even your family will know they're dieting, too.

Why should they with dishes like Positano Seafood Stew, Scallops in red wine, Rouille, New Orleans Gumbo, and many more delights that Mrs. Ford has eaten in the best restaurants in the world.

### Beauty Secrets of Top Models

In addition to day-by-day exercises and menus, you'll learn the beauty secrets that Eileen Ford has revealed only to models like Ali McGraw, Candice Bergen, and Jane Fonda.

Tips that keep on-the-go models looking like they just stepped out of a magazine page. How to cure The Frizzies. No more dry skin. The perfect and portable hair style. First aid and lasting beauty for fingernails and hands. Quick make-up magic. The secret to a sexy voice. You'll learn little-known tricks for a vibrant, glowing skin tone that are remarkably easy to do.

And many more secrets that beautiful models use to make the most of their assets, and the least of their worst features.

Eileen Ford's 21-day plan can't make you look or feel like a teenager again. But it can make you slimmer, more attractive and happier every time you pass a mirror.

It's a realistic plan that takes into account your busy life — whether it's caring for a family, building a career, or both. So, if you're really determined to make a comeback as Eileen Ford was, it can work wonders for you, too.

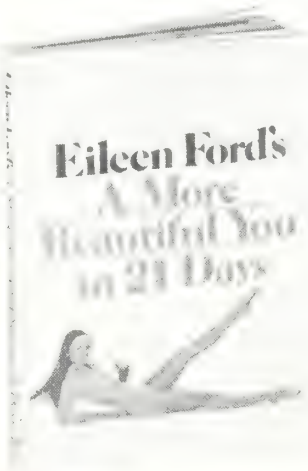
### It Costs Nothing To Try It

Find out how three weeks can change the rest of your life. Visit your bookstore, or fill out and mail the coupon below and we'll rush you *A More Beautiful You in 21 Days*. Examine it in your own home.

If after 21 days, you're not happier with yourself, the way you look and feel, just return the book and owe nothing. But if you do keep it, it's yours for only $9.95 plus mailing. You have nothing to lose but inches and years. So send for Eileen Ford's book now.

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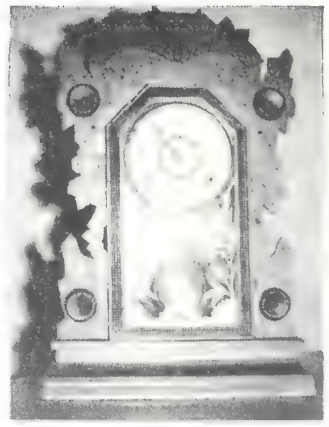
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## ANTIQUES

*continued from page 6*



### Connecticut Clock

*Are you able to date this old clock and pinpoint its place of origin? Is it an antique?* *D.C.M.—La Jolla, Cal.*

Your pressed oak kitchen clock was made about 1900 by the William L. Gilbert Clock Company of Winsted, Conn. The glass of these clocks was decorated with a stamped design. It is considered collectible but is not an antique, as according to customs regulation, an article must be no less than 100 years old to be so considered.



### Silversmith Mark

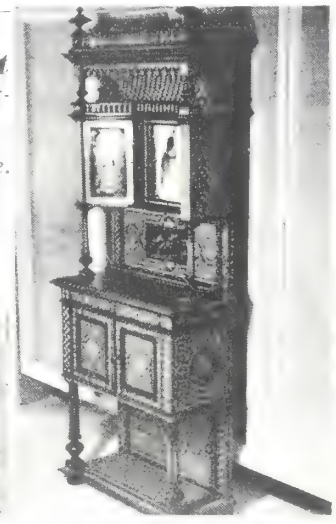
*What is the significance of this mark on my sterling silver fruit dish?*
*A.L.—Houston, Tex.*

The mark, with the motto "By hammar and hand all arts do stand," was the insignia of the N.Y. Mechanic Society, organized at the end of the 18th century. It became a popular device, frequently appearing in silversmiths' and silver manufacturers' marks and even occasionally in their advertisements.

### Italian Cabinet

*Can you give me some idea of the background and age of my inlaid cabinet?*
*N. Frager—Eugene, Ore.*





Your luxury cabinet in the classical tradition with a recessed superstructure enriched with inlaid decoration is North Italian, perhaps Venetian, dating about the 1870s. This distinctive style of inlay was clearly perceptible in 15th-century Italian furniture.

### Wedgwood Platter

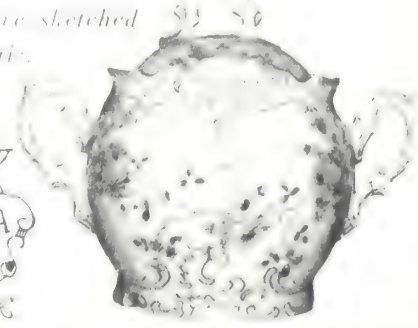


*Have you any information on this platter? On the back is "Wedgwood Pearl" and an "N" and "R."* *L.T.—Richmond, Ky.*

Josiah Wedgwood introduced his pearlware in 1779. It has a white earthenware body with more flint and white clay than his cream-colored earthenware. A small amount of cobalt is added to the glaze. Your pearlware platter or tray dates about 1840-1860.

### Bavarian Tea Service

*Can you identify this tea set? I've sketched the mark.* *I.K.—Yuma, Ariz.*



Your porcelain tea service, which has a rococo influence, was made at the Krautheim and Adelberg factory started at Selb, Bavaria in 1884. It probably dates before 1891. ■



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## *A great American idea*

NOW AT THE MUSEUM OF FINE ARTS, BOSTON;
HEADING FOR DENVER, SAN DIEGO, KANSAS CITY, AND MILWAUKEE

# FRONTIER AMERICA: THE FAR WEST

BY KENNETH BATE

Well over a century after Horace Greeley advised any young man who read the *New York Tribune* to go west and grow up with the country, the Boston Museum of Fine Arts is inaugurating an extraordinary two years of exhibits to celebrate the Bicentennial. Mr. Greeley would certainly have liked the first show, *Frontier America: The Far West*, which opened on January 24 of this year and will run through mid-March. From Boston, it goes on to The Denver Art Museum (April 16-June 1), The Fine Arts Gallery of San Diego (July 2-August 17), The William Rockhill Nelson Gallery of Fine Arts, Kansas City, Mo. (September 17-November 2), and The Milwaukee Art Center (December 5-January 18). Sponsorship is provided through matching grants from the National Endowment for the Arts and Philip Morris Incorporated on behalf of Marlboro.

The Museum describes *Frontier America* as an exhibition presenting a realistic multi-cultural picture of the life and land in the American West through ten centuries of settlement and change. A wide range of decorative and utilitarian objects, drawings, paintings, and photographs provides a look at the region's artistic heritage that Easterners rarely see. Running concurrently, and aptly, will be an exhibit of Navajo blankets representing a Southwestern art of weaving that reached its height in the second half of the 19th century. Along with the bold geometric patterns of shoulder and saddle blankets will be women's dresses worked with homespun and imported wool, natural and synthetic dyes, native and foreign patterns.



*Frontier Art: "My Cabin on Elk Creek, Montana Territory" 1866 watercolor by Peter Petersen Tofft.*

Martin C. Rueppel, Director of the Museum, and Jonathan Fairbanks, Curator of American Decorative Arts, chose *Frontier America: The Far West* to open the two years of celebration because, as Mr. Fairbanks says, "little serious attention has been given to such a wide variety of the arts of the early West, even though these works possess compelling qualities. Secondly, traditional collections of American art seem to gravitate toward high-style works made for the upper classes. While this is a natural pattern for art museum it does exclude an important a large part of American mater culture without which it is hard understand the wide acceptance popular and functional arts in th country today."

Consequently, practically no a pect of the arts of the Far West excluded in the exhibition. F hundreds of years the vast ar was inhabited by Indians, a later, Spaniards. Then, in the 19t century, it became a magnet force attracting a heterogeneou collection of miners and mountai eers, explorers and soldiers, ze lots, sodbusters, and rancher homesteaders, traders, trappers and people simply looking for new home. The journey, in thos days, was interminable, back breaking, sometimes heartbreak ing. Not much could be brough along, so it had to be made, ofte enough in the image of something remembered from the Eastern Coast or Europe.

So it is no wonder that the scope of the exhibit is s broad, and of necessity (simply to understand it) chronological: From the Pacific Northwest, a mysterious, monumenta stone figure pecked and painted by prehistoric Indians from the Columbia River area; amazingly so phisticated pottery made by Mogollon and Anazazi cultures of the Southwest; smooth steatite stone animals from southern California; Spanish sculpture and wrought iron, and then, with the arrival of

*Continued on page 12*



*Frontier rarities: elk horn chair, circa 1800, with rawhide "caning." Collection of Wyoming State Archives. 18th-century pine dower chest, New Mexican. Collection of Dr. and Mrs. Ward Alan Minge. Oak chest for trader's headdress, Utah, circa 1850-70. Collection of the Church of Jesus Christ Latter-day Saints, Salt Lake City. Cupboard, circa 1870(?), made by John M. Wilson of the Guadalupe Pottery, South Guadalupe County, Texas. Collection of the San Antonio Museum. Pine plank seat chair, circa 1860, from Cat Springs, Texas. Collection of Mrs. Charles C. Butler. New Mexican tinwork cupboard, circa 1800. Collection of Dr. and Mrs. Minge. Late 19th-century broom from Nebraska. Collection of the Stuhr Museum of Prairie Pioneers, Grand Island, Nebraska.*

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With Basket

Little Boy
Hockey Player

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## GREAT AMERICAN IDEA *continued from page 10*

the Eastern settlers: a moose horn chair, textiles, paintings, farm implements, and the wonderful furniture (see page 76) made by the German craftsmen who settled in Texas.

There was a great deal of barter. The clever trader knew exactly what the Indian wanted—bright scarlet cloth, blankets, beads, knives, guns, ammunition, coffee, and tobacco. And the Indian knew exactly what the white man wanted: furs. A fair enough exchange, probably, although it was the Indian who had the thought and skill to refashion trade materials for his purposes. Beads, the commonest trade material and of trifling value to the white man, were jewels to the Indian, and he arranged them in patterns and strung them on buckskin thongs with an adeptness we don't even try to duplicate today. Red stroud cloth, a favorite woolen brought to the Indians, was sometimes made into shirts of striking design. Leftover scraps were mixed with feathers and fur and used to ornament peace pipes. Poetically (and ironically) an occasional gun barrel was refashioned to become a courting flute.

Again, to quote Mr. Fairbanks: "Impulse for this exhibition came from a need to know more about the kinds of people who accepted the challenge of life in the Far West. There are many vivid accounts of their turbulent times in letters, journals, and books. But none of these offer the physical understanding that one can sense while looking at the very objects made and used by those who wrestled with the perils of Frontier life. Like the varied contrasts of the Western landscape itself the objects are strong and fragile, sophisticated and naive, brutal and tender—all expressive reminders of times now past living memory. If one can still the clamors and pressures of today while reexamining these mute narrators of history, the spirit, which shaped the far-western experience, will offer the viewer insight into a time now much misunderstood."

Opening on April 18th and running through October 12th, the Museum, still celebrating, will present *Paul Revere's Boston, 1735-1818*, a spirited "you-were-there" look at the famous patriot's society, environment, and contemporaries. This six-month exhibition will assemble paintings, furniture, silver, rare prints, drawings and historical documents produced during Revere's lifetime. For the first time since the 18th century, objects dispersed all over the country will be brought back hom to be seen together once again.

From June through Septe ber, Bostonians and visito will be regaled with *Tho Valiant Upstarts*—a diorama s quence of dramatically tempest ous scenes recreating the violen and the triumph of such events the Boston Massacre, the Bosto Tea Party, and the Review American Troops Entering Bosto by General Washington.

In 1976, running simultaneou ly from July 23rd to October 17th *Copley, Stuart, West: America First Masters*, and *New Englan Provincial Painters* will offer a pa orama of American painting a home and abroad from 1740-184 The first group is devoted to th development of artists who lef America for Europe; the second t those who stayed home and, ofte without formal training, created uniquely American expression i the visual arts.

Throughout the summers o 1975 and 1976, there will be craf demonstrations of such diverse categories as silversmithing, cord waining, miniature soldier casting, furniture making, flag making and stitchery (1975); and coin casting, spinning and weaving, glass blowing and painting (1976). ■



*Famed as a "Children's Museum" almost from its inception in 1899, the Museum of Old Salem in Utah (Photographed by George E. Andrews, Jr. from Colter Harold B. Lee Library, Brigham Young University)*


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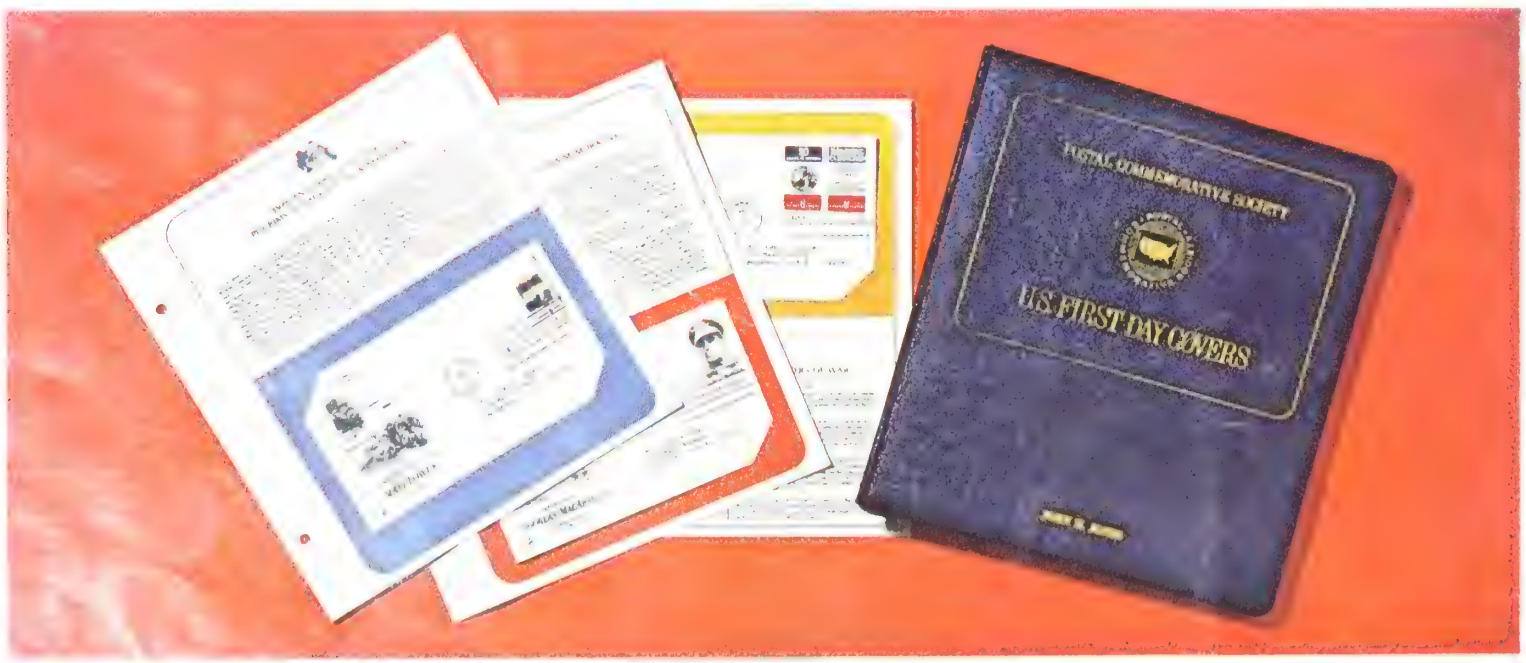
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# THOUGHTS FOR *the hostess*

BY MARY MOON HEMINGWAY

The weather in March warms up but still has an invigorating tang to it and you're apt to have plenty of breeze, so why not have ***a kite-flying party*** on a weekend afternoon? You can follow it up, appropriately, with a Chinese supper, since kite flying has been one of the great Oriental pastimes for generations.

Everyone brings a kite and plenty of string and you award prizes for the handsomest kite, the one that flies highest, and so forth. Big kites, little kites, box kites, exotic kites, home designed kites. Give the guests plenty of warning ahead of the party so they have time to prepare their entries and practice with them somewhat. If you don't have enough room on your home grounds or if trees present a hazard, the party might gather at a local school field, a park, a meadow, or—best of all—a beach.

Back in the house you could use those enchanting little Oriental kites—owls, bats, butterflies—for decoration, some suspended, some laid flat on a brilliant cover on the supper table.

If you have a really good "take out" Chinese kitchen handy, by all means let it provide the food. If not, keep your meal simple—Chinese barbecued spareribs, lots of frozen snow peas sautéed at the last moment (keep them out of water if you'd have them crisp), a salad of bean sprouts, plenty of rice, of course, and to satisfy the Occidental penchant for a sweet ending, mandarin orange segments with almond cookies soaked in Triple Sec, then recrisped.

I'm not generally one for parlor games, but it strikes me that games provide ***an amusing way to vary the monotony of the usual get-together.*** Nothing beats the classics—chess, backgammon, checkers—and there are the modern classics, too—Monopoly, Scrabble, Chinese Checkers. When more than a few people are involved you either have all-inclusive games such as horse racing, bingo, poker or you might set up game groups all over the party rooms: sets of Monopoly, Scrabble, tables of canasta or gin. Each guest can then choose the game or games she prefers. For refreshment, an eat-when-you-like Danish open-sandwich board (smørrebrod) and pitchers of wine and beer.

Every year about this time I am delighted by seed catalogues. My expectations soar out of bounds, incited by the beautiful color pictures. I think it might be fun to use the catalogues as a theme for ***a garden lover's luncheon.*** Seed packets in twos will help the seating—Mme. Blue Lake Beans to be paired with the gentleman holding a matching packet. Put piles of catalogues and garden books on a table for browsing.

In keeping with the theme, ***why not a hint-of-spring buffet?*** Each dish can be identified with a plastic garden marker set beside it in a small pot bearing a made-up pseudo-horticultural label. The first course, *Sopa spinacia oleracia, solanum tuberosum, allium porrum cum petroselinum crispum*—a potage verdure of spinach, potato, leeks, and parsley. Next, blanquette of spring lamb with new onions, *Agnus cum allium cepa*. Peas and mint, *Pisum et mentha* rounded off with more *solanum tuberosum* in small, buttery balls. Even if you have to use frozen ones, finish

*Continued on page 88*

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**COLOR:** This time around, look for more than a beautiful color, look for one that'll stay that way. Choose a color that won't show dirt easily, especially for busy areas like hallways. Dirt is more visible on gold, for example, than on most any other color. Choose a carpet color that's compatible with the soil in your part of the country. That way, tracked in dirt won't show as much. Consider colorfastness too. You don't want your Royal Blue to gradually fade into Baby Blue. Acrilan® acrylic fiber by Monsanto rates high in color and colorfastness. It can be dyed in an incredible range of colors, all of them bright and vivid. And its colors really resist fading.

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SOME NOTES ON GOOD LOOKS AND GOOD HEALTH

# Feeling it in your bones

***Some questions and answers from orthopedic surgeon Dr. William G. Hamilton***

**BY CAROLINE SEEBOHM**

EDITOR'S NOTE: *Dr. William G. Hamilton is orthopedist for the New York City Ballet, orthopedic surgeon at Roosevelt Hospital, New York, and Instructor in Orthopedics, Columbia University College of Physicians and Surgeons. He is a fellow of the American College of Surgeons, member of the American Academy of Orthopedic Surgeons, and has published various papers in the field of children's orthopedics.*

Normally we don't spend much time thinking about our bones. Sometimes they ache, sometimes they are stiff, sometimes you wish they were different (it being the fashion to desire "good bones" in a face), sometimes they tell you things (think of the chill that runs through your bones when you are scared of something), but most of the time we tend to concentrate on the more external parts of the body, because they are what *show*.

But your bones hold you up, move you around, keep body and soul together. Made of mineral and protein, they are the supporting part of the body, and like the muscles, heart, and almost all parts of the body, they work best when they are used regularly.

The most common problem with bones is osteoporosis, or softening of the bones. This means the bones become brittle, and break easily. As Dr. William G. Hamilton explains it: "Constantly during your lifetime, there is a turnover of calcium, phosphorus, and other minerals in your bones. The minerals are taken out of the bone and then replaced. But as you get older, for some reason the mineral goes out and is not replaced. There are two possible causes of this. One is disuse—inactivity leads to premature softening of the bones. For instance, when you put a limb in a cast for a fracture, this causes a softening of the bones. Of course in this situation it is only temporary, but disuse has that effect on the bones. The other possible cause, we now think, is poor diet—not enough calcium and vitamin D."

Dr. Hamilton says there are two vital questions you should ask yourself if you want to keep your bones good and strong.

***Are you a weekend athlete?*** Don't be. Dr. Hamilton says that the single most important thing for a healthy body—bones, muscles, and joints—is regular physical activity. "It always comes back to that," he emphasizes. "The biggest problem in modern society is disuse. The skeletal system responds to activity, and the pull of the muscles helps bones stay strong. This was proved with the astronauts. It was found that they suffered a severe loss of calcium from their bones when they were in a weightless condition. In order to prevent this, special exercises had to be devised to keep the mineral in their bones."

Keep active, Dr. Hamilton urges. "People are inactive for thirteen days and then on the fourteenth day they go out and try to make up for all that inactivity. That's the wrong approach. I see

*Continued on page 28*




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**"Like the muscles, heart, and almost all parts of the body, your bones work best when they are used regularly"**

## GOOD LOOKS AND GOOD HEALTH *continued from page 26*

patients all the time with strains and pulls and back pains simply because they tried to make up for their inactivity all at once. Don't be a weekend athlete. What's important is regular activity on a daily basis. Even walking to work is better than sitting all day. Try bicycle riding—that's excellent exercise—far better than playing tennis once a month. Activity keeps bones strong."

***Are you drinking enough milk?*** According to Dr. Hamilton, it is now thought that diet plays a much more important part in bone health than was previously believed. "In fact, we're beginning to feel that softening of the bones in old people is not osteoporosis alone but also osteomalacia—rickets in adults—caused by the inadequate intake of calcium and vitamin D. Most doctors now feel that you should have the equivalent of almost a quart of skimmed milk a day in calcium intake throughout your life. You don't need the fat of whole milk, but skimmed milk contains the calcium, vitamin D, and protein that your bones need. People think milk is just for children—that is not true.

"We recommend drinking a quart of skimmed milk a day or its equivalent in yoghurt or cottage cheese for people with softening of the bones. And for everyone else, as close to a quart as you can. Milk is simply the most convenient way of taking in calcium—calcium tablets are often poorly absorbed. By drinking enough skimmed milk from childhood on, you will keep your calcium intake up all your life and keep your bones strong."

Since more and more people are taking up skiing in this country, it is also worth taking a look at the winter sports syndrome and seeing what you can do to get through the season in one piece. The pattern of ski accidents is changing. A report published in the *New York Times* shows that ski injuries are occurring more in the upper body these days. This is due to more sophisticated equipment, which releases the boot from the ski very quickly, thus protecting the lower parts of the body, but making the arms and the shoulders absorb most of the fall. (For instance, in 1960-61, 50 percent of total fractures were ankle fractures, and 3.3 percent were upper extremities; in 1973, only 16 percent of total fractures were ankles, and 10.6 percent were upper extremities.)

In spite of better equipment, however, ski injuries continue to multiply. Skiing too fast is still the cause of nearly all injuries. Dr. Hamilton advises that if you feel you are about to have a fall, relax as much as possible (hard to do when you are going very fast). If you *do* fall, and it seems serious, do not move until a doctor or expert can help you. If the injury is not so bad, such as an ankle strain or a sprain, then pack it in ice and keep it elevated as much as possible. (City people, take special note. As well as skiers, city dwellers are prone to ankle accidents because of uneven sidewalks and potholes.)

Before your bones start creaking at the thought, here's something to cheer you up. Dr. Hamilton is orthopedist for the New York City Ballet, and if you've ever longed for your bones to move

*Continued on page 149*


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**"Apply polishes in one stroke from left to right or right to left, but be consistent"**

hardness are determined by the amounts of undissolved particles of these minerals suspended in it. When hard water combines with the minerals and chemicals in dishwasher detergents, the result is a loss of color to the silver, yielding a dingy, dull look. If the water in your area is naturally soft or if there is a water refining system installed as a part of your personal water supply, half of the mineral/detergent combination is eliminated.

▬The drying cycle during automatic dishwashing can cause another instance of color damage. Even more important is the fact that the intense heat inside the dishwasher is destructive to the cement or plastic compound that holds stainless knife blades to their sterling handles. As a rule, do not put knives in the dishwasher. Should the handles turn or separate they'll require professional care. If the rest of your flatware is put in the dishwasher on a daily basis, at least remove it after the last rinse cycle and dry by hand.

IF YOU USE A DISHWASHER: Rinse all the flatware and hollowware before placing it in. Be sure that eggs (sulphur), mayonnaise (sulphur), vinegar (acid), salt (chlorides), fruit and vegetable residues (acids) are removed from between the tines of forks and the bowls of spoons. Do this immediately after a meal. Don't be tempted to "just let them soak awhile." Prolonged immersion in water can be permanently damaging.

▬Use the compartments of the utensil bin as dividers for organizing your pieces—this applies to flatware. All the forks together, all the soup spoons, salad forks, single-structured butter knives. Don't mix. There is a degree of rattling and shaking that occurs inside the dishwasher during the wash and, in the newer models, the "scrub" cycles. Unnecessary scratching can be avoided by reducing the amount of flatware put in at once. Since the utensil bins are designed to take the silver "standing up" separate the pieces as much as there is room for.

▬Separate sterling from your stainless cutlery and cooking utensils. Once again the intense heat and water create an electrolytic action between the two metals that will result in pitting the stainless, if left overnight. If you will remove your sterling flatware from the dishwasher before the drying cycle begins, remove the stainless as well. Both deserve careful drying by hand. *(Edward Munves Jr. of James Robinson, Inc., specialist in antique silver.)*

## HOW TO POLISH A LARGE COLLECTION SAFELY, QUICKLY, AND WITH GREAT SATISFACTION

The process of removing tarnish is quite simple. Just remember to use a gentle hand. The cleaning and polishing products available to you fall into the following types:

● *Liquids* wipe on and off and do not require a prewash in the hot, soapy water. Apply in one stroke from left to right or right to left, but be consistent. A clean, soft cloth or sponge is an appropriate applicator. Remove the liquid with another clean cloth with strokes in the same direction. *Towle* and *International* both have liquid polishers/cleaners. Towle's and *Hagerty's Silversmith's Polish* both have a tarnish preventive added.

● *Dips* are a subject about which there is a disagreement among experts. Regardless of what it says on the bottle, "dips" remove more original metal from the silver than any of the other silver cleaning or polishing products available to the public. They give an instant mirror-bright result. When used with restraint, they can be marvelous time-savers. To be on the safe side, Mr. Munves recommends that dips be used solely for cleaning the tines of forks. That way only a half inch of the silver fork need be immersed in the dip solution. *Goddard's Silver Dip* can speed up fork cleaning.

● *Pastes and soaps* come in many formulas. They are mostly the classic formula of silversmith's whiting and rouge—a ferric oxide. *Gorham's Silver Polish* is a most effective paste formula. Apply a paste or soap in the same consistent stroke motion as you would a liquid. All polishes have some degree of abrasive in them to cut through the "crust" of tarnish, so it is important to keep an even pressure as you stroke on the

*Continued on next page*

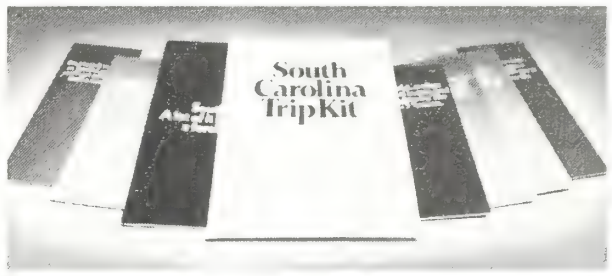

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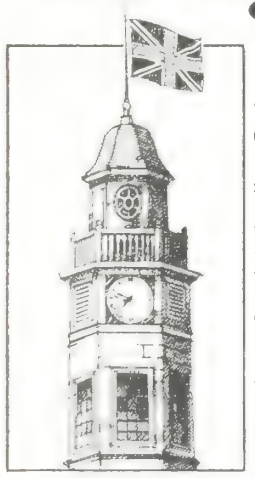

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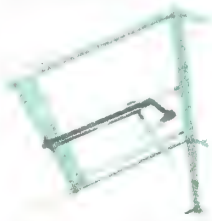
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**"Avoid rubbing the hallmarks on your silver. They have antiquarian value and are an important part of the identity of your pieces"**

## HOW TO CARE FOR SILVER *continued from preceding pag*

paste. *Towle's Silver Soap* is a new paste that "rinses" tarnish away an leaves a tarnish preventive as well. *Twinkle Silver Polish* is a paste tha is applied with a damp sponge and requires a minimum of buffing wit a soft cloth or chamois.

● *Dry polish* is a powder form of both cleaner and polish. *Hagerty' Silversmith's Gloves* polish silver while you "dust" it. *Hagerty's Dry Silve Polish* is sprinkled on the gloves to renew their effectiveness. This meth od should be especially time-saving for big pieces such as trophies, pic ture frames, heavily worked trays.

● *Cotton wadding,* saturated with a cleaning agent, called *Duraglit* i highly recommended by Seymour B. Wyler, president of S. Wyler, Inc. dealer in old English silver. A 2½-ounce can should last for years a only a tiny piece of the cotton need be torn off at each polishing session And even that piece may be returned to the can to be used again an again. S. Wyler also has its own silver polish that contains no perfum and cleans beautifully.

● *Spray* silver polish delivers essentially the same instantaneous resul that the dips produce. *Hagerty's Spray Silversmith's Polish* also contains a tarnish preventive.

● *Invest in a pair of gloves.* Disposable, thin plastic gloves will make difficult, delicate polishing easier and will protect your skin from the hot water and chemicals in the cleaners. *Never* use rubber gloves as there is sulphur in the rubber and sulphur is one of the demons of the spirit called Tarnish.

## CLEANING AND POLISHING SILVER BEFORE A PARTY

***Make a mental list of the pieces appropriate for the occasion. The reason for this listing of priority is that a good deal of tarnish will have built up on all the pieces you wish to use. It will take a bit of time to remove it and you should direct your energy and attention where it will be most useful. For instance, flatware, goblets, coffee and tea services with their accompanying trays are prominent pieces. You may want to include candlesticks in this group as well. Do these first. Larger pieces such as meat carving and serving trays, chafing dishes, champagne cooler, heavy carving tools can be done with a bit less effort than smaller, more elaborately worked pieces, because of their generally flat surfaces.***

## HOW OFTEN SHOULD SILVER BE POLISHED?

Opinions differ. Kevin Tierney, head of the Silver Department of the international auction house, Sotheby Parke Bernet Galleries in New York, believes that antique silver should be polished as seldom as possible, as long as it is always clean. How and where you store your silver is an important factor here. Elizabeth Willard, a manager of the Silver Department at Tiffany & Co., manufacturer of fine sterling, polishes her 18th century English silver collection about once every two weeks. Her collection stands on acrylic shelves where it is exposed to the air all the time. Cleaning is critical for her.

## RICHLY PATTERNED SILVER

is treated somewhat differently from that with planer lines. Professional opinions regarding the cleaning of textured silver vary. Mr. Tierney prefers a piece of silver that is perfectly clean. "Oxidation" or the deliberate darkening of silver to provide shading in a pattern is a relatively new aspect of silver design. Mr. Tierney points out that the traditional English and American Colonial silversmiths utilized the gleam of the metal itself to give highlights and shadows. Therefore it is not necessary to add or allow a build up of this delicate "tarnishing." The best instrument to use to remove the tarnish on deeply patterned flatware and trays is your worn-out, natural bristle toothbrush. Edward Munves Jr. supports Mr. Tierney by adding

*Continued on page 34*

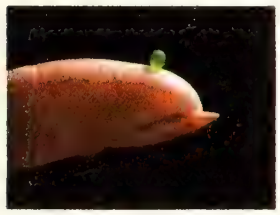



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## HOW TO CARE FOR SILVER *continued from page 32*

Some modern reproductions of antique silver pieces have imitated the darkened lines in fluted bowls where time and not attention has left its mark. Dip a thin piece of soft cotton cloth in polish, place it over a fingertip and run it along the flutes of a bowl to reach some of that tarnish.

Should you wish to retain the delicate oxidation that is in a pattern, simply wash and polish with a soft cloth and minimize the amount of polish you apply to those scrolls and flowers. One more thing . . . avoid rubbing the hallmarks on your silver. They have antiquarian value and are an important part of the identity of your pieces. If you know that a particular piece is an antique, leave the marks alone.

**DID YOU KNOW THAT SILVER CAN BE LACQUERED?** Lacquering silver is appropriate only for those pieces that will never be wetted, preferably not even touched. The lacquer is a varnish that should be applied professionally. It will protect silver from polluted air for a reasonable length of time—a year and a half to two. Lacquering is suitable for a trophy but not a cigarette box. Removing old lacquer is a job for a professional, too. Lacquer needs to be removed when lacquer starts to have a slight yellow cast or when light, delicate spotting begins. Contact a silver dealer who will then direct you to a silver repairman or he can do it in his workshop. *(Elizabeth Willard, Tiffany & Co.)*

### ABOUT STORAGE

If you will remember that sulphur in the air + moisture = tarnish, storage that eliminates them both will be the best. Store your silver in *Pacific Silvercloth* lined drawers and chests. It is available by the yard so any drawer can be converted for storage purposes. Be sure to use a sulphur-free cement when applying Pacific Silvercloth to a surface. Pacific recommends *DuPont's Duco Household Cement* and *Elmer's Glue-All*. Keep those slotted, felt bags your silver came in for double protection. Large pieces can be wrapped in *Saran Wrap* though it is a bit difficult to remove when it has been on for many months. *Zip-Loc* plastic bags are great because you can push air out of the bag while you "zip" them closed. *Baggies* in the large size are fine, too. Clear polyethylene bags facilitate finding specific pieces, too. This suggestion from Mr. Munves. If you wish to display your silver in a case or cabinet, place a small bit of camphor in an inconspicuous place. It absorbs moisture and sulphur, thus drawing those tarnishing agents away from your silver.

Mr. Munves further recommends storing your silver dry. Make a special effort during the summer when humidity is high to dry it as thoroughly as possible. If your silver storage places knives on top of each other, alternating stainless knife blade with sterling handle, another instance of electrolytic action can pit the blades if they are not completely dry.

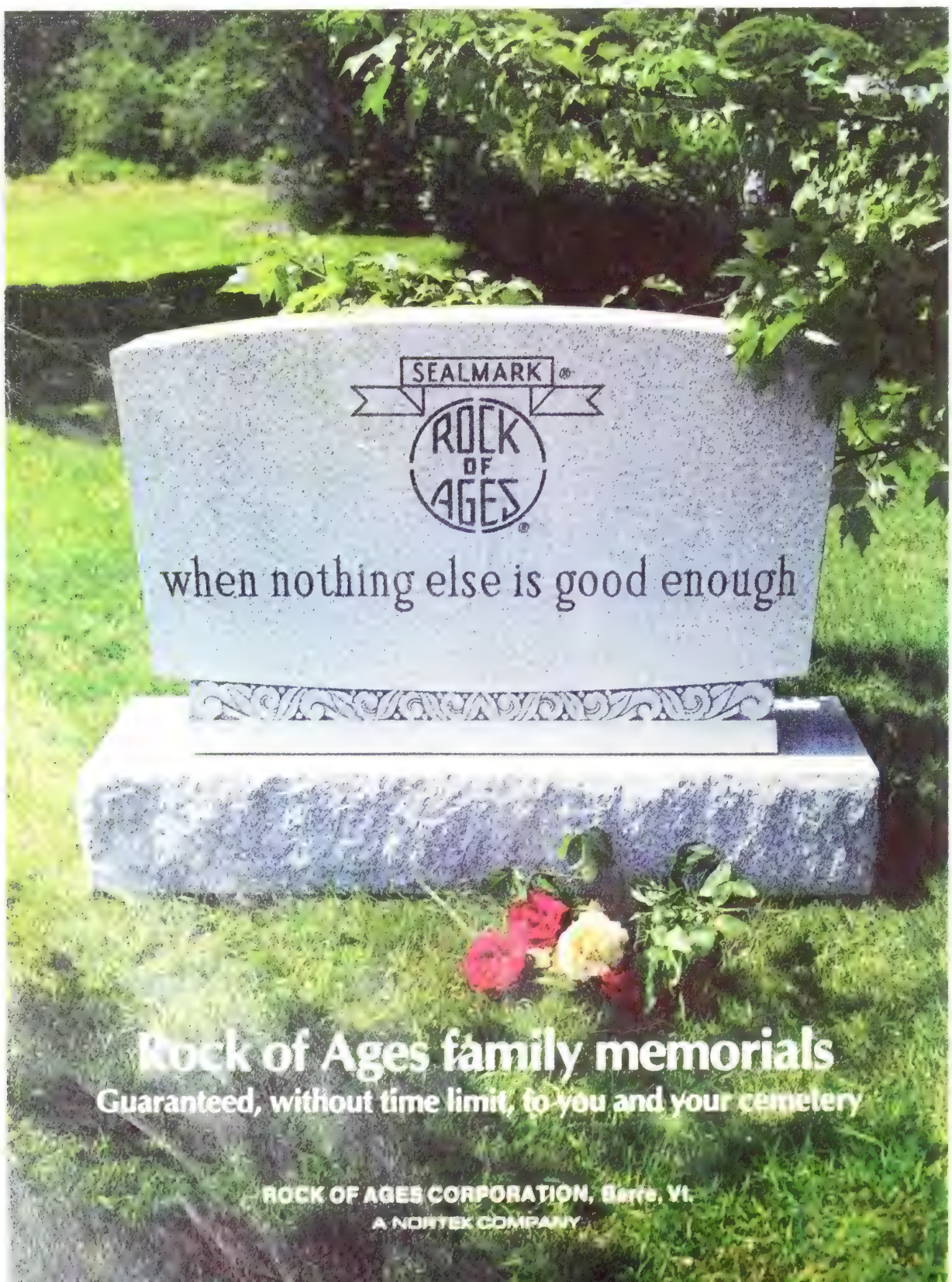
**SPOTTING ON NEW STERLING** Very occasionally spotting may occur anywhere on a new piece of sterling that has been put into the dishwasher for cleaning. "The spotting on new sterling is a residue from droplets of rinse water [containing minerals] as they are drying on the silverware" *(Sterling Silversmiths Guild of America)*.

To avoid these spots:

1 Wash your new sterling by hand and dry with a soft cloth the first few times you wash it; or

2 Remove the silver before the drying cycle begins; or

3 Purchase a wetting agent that comes in the form of a block. This wetting agent will prevent the rinse droplets from forming in the first place. Water will rinse off the silver completely. Your dishwasher may already be equipped with a rinse injector feature; which product to use is usually recommended by the manufacturer of your automatic dishwasher. ■






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bugs. Wood suppliers in big cities usually debug the wood by removing most of the bark.

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***What's the advantage of seasoned wood?***

It lights more easily, smokes and sparks less, releases fewer tars into the air, and costs less if you're buying by weight. If you are going to buy green wood, buy it a year ahead and season it.

***My wood supplier sells wood by the cord. What does that mean?***

A cord is the standard measure of firewood, a 4-by-4-by-8-foot-long stack. Cords have many names: standard cord, face cord, stovewood cord, running cord, short cord. The meanings change according to locality, so get to know the local jargon.

***What if you have wood on your property but not the time to cut it yourself?***

In many states, if you request it, the forestry bureau will send a forester to review your acreage (3 to 5 acres minimum), mark the trees for removal, and give an estimate of the cord volume the cut trees will yield. He can recommend local logging contractors to cut the wood for you. Also lists of contractors are usually kept on file at the regional offices of your state Environmental Conservation Department.

***What is the proper way to store wood?***

The stack should be elevated about 2 inches off the ground in a place where plenty of sun and wind can get at it. The air should be able to circulate over, under, around, and in the pieces you have stacked. Cover it with a tarpaulin or plastic wrap to reduce the soaking effects of rain and snow. No more than what you'll use in a day should be kept in the house since firewood often attracts worms and




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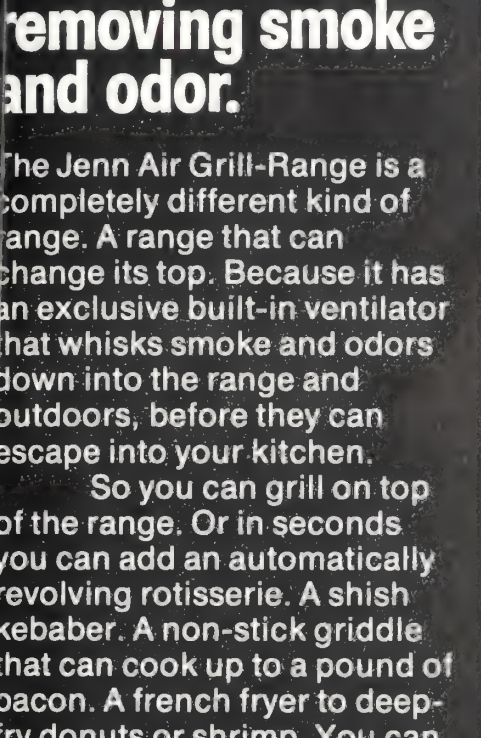
# RANGE

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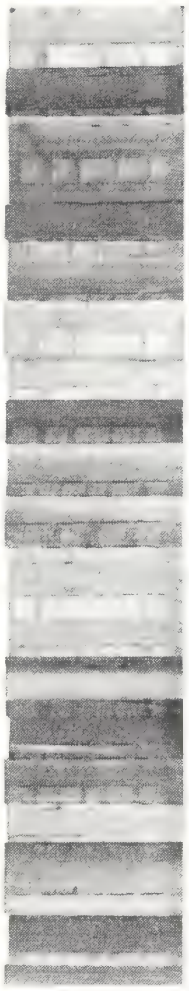
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BY WILL MORRI

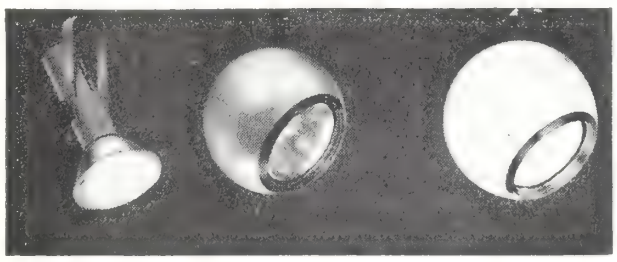


**SHINGLE WALLS,** *which don't have to be nailed up shingle by shingle, are sol now in 8-foot-long panels about 18 inches wide. For exterior walls, primarily, o mansard roofs of 60-degree slope or greater, they are made up of dark and ligh Western Red Cedar shingles electronically bonded into panels with rough-hew textures. The Hewn Wood Shingle Panels have a 14-inch Western style weathe exposure and their size reduces the time and labor customary with typical ap plication of individual shingles. They can be nailed with a hammer or power nai er to solid sheathing, nailing strips, or studs depending on building codes. The are packaged four panels per bundle to cover 37 square feet at approximately $ a square foot. Shakertown Corp.*

**BATHROOM ACCESSORIES** co-ordinated in design and color so they match attractively and uniformly are Crayonne Bath Products. In clear beige or white, they are stainless, shatterproof, scratch resistant, polished ABS plastic. *Right:* the square mirror, three of the shelves, with raised edges to prevent things sliding off, a matching towel rack that lines up with it, soap dish and toothbrush holder that are also aligned. Also available: a round towel ring, bathtub tray, wall hooks, nail brush, toilet tissue holder. They come supplied with wall brackets, screws, and rubber plugs for easy installation and you can put them up yourself readily with a screwdriver and in a few minutes time. Janus 2, Inc.



**KEYLESS LOCK** *is a new push-button combination—the Simplex Lock Switch. It controls the opening of doors by a five-button combination switch. Press the correct combination of buttons and you can turn the knob and activate the double throw switch. There are two models. On one, by pressing various buttons you can operate the strike plate on a door jamb or an electric conductor solenoid lock or a burglar alarm system without keys. By releasing the knob it automatically returns to the original locked position. The second model, for maximum security, lets only authorized persons change from a locked to unlocked system, or the reverse, and affords keyless control of burglar alarm circuits. Models start at $60 and for home installation a dead bolt is advisable with these locks to be doubly protected. Simplex Security Systems.*



**TRACK LIGHTING FIXTURES** are now available in colors. These movable electric fixtures, so popular for general illumination or for highlighting paintings, plants, sculpture, or as "wall washers" come in parrot green, lemon yellow, tiger lily, all brilliant colors. The fixtures, *left,* which c slide along the track to various locations, are each separate models, different in style and use, to indicate avai able choices. They have no individual switches but the track has a cord to attach to a standard electric outl like a plug-in wall lamp. The cord can be concealed or the track can be recessed in the ceiling and controll by a wall switch. Halo Lighting Division, McGraw-Edison Co.



**GARDEN GRADE REDWOOD,** *a knotty textured grade with a rustic natural look, is an excellent material for building fences, decks, outdoor planters, and benches more economically today. With more pattern and figuring than top grades of redwood, and at lower cost, it is particularly well fitted for fences and raised decks that greatly increase the size of a house in living space, as well as visually, without the cost of roofs, insulated walls and windows. One of the most durable and strong woods, it is also light enough to be worked in various ways and offer a choice of fence designs. The heartwood garden grade of redwood is resistant to decay and insects and is also economical to finish and maintain. California Redwood Association.* ■

# Have you discovered the positive power of color?

What does color mean to you? Do you find it refreshing or exciting? Do you think people and rooms and things come alive with color? Do you use it to communicate or set a mood in your house? We would like to know just how our readers feel about color and would appreciate your answering this short questionnaire. You don't have to sign it. All you need do is mail it to **House & Garden, Dept. S, Box 1910, Grand Central Station, New York, N.Y. 10017.** In a future issue we'll tell you the results and you may find some new ways to put more color pleasure into your life.

**1** ***Do you consider color important***

| | *Yes* | *No* |
|---|---|---|
| In your life? | ☐ | ☐ |
| In your house? | ☐ | ☐ |
| In your clothes? | ☐ | ☐ |
| In your garden? | ☐ | ☐ |

**2** ***What's your favorite color to wear?*** _____

***To live with?*** _____

**3** ***Here are some House & Garden Colors—please indicate those you particularly like in order of importance:***

| | |
|---|---|
| ☐ Real Red | ☐ Ultramarine Blue |
| ☐ Orange Peel | ☐ Lavender |
| ☐ Creamy Apricot | ☐ Pure Cream |
| ☐ Sun Yellow | ☐ Mercury Gray |
| ☐ Green Mint | ☐ Hot Fudge |

**4** ***What color or colors do you think are***

Masculine? _____

Feminine? _____

Sexy? _____

Soothing? _____

Stimulating? _____

**5** ***What is the predominant color in your living room now?*** _____

What was it five years ago? _____

Are you planning to change it in the next two years? Yes ☐ No ☐

If yes, to what color? _____

**6** ***What's the predominant color in your***

Dining room? _____

Kitchen _____

Master bedroom _____

Bathroom? _____

Study/den? _____

**7** ***If you could have any colors you want in these appliances, what would they be?***

Refrigerator _____

Freezer _____

Range _____

Dishwasher _____

Clothes washer and dryer _____

Bathtub _____

Wall oven _____

**8** ***When you decorate a room where do you like the most color?***

| | |
|---|---|
| ☐ On the walls | ☐ In art |
| ☐ At the windows | ☐ In accessories |
| ☐ On the furniture | ☐ In plants and flowers |
| ☐ On the floor | |

Other _____

**9** ***What do these colors make you think of?***
(For example, yellow reminds you of sunshine.)

Brilliant red _____

Pastel pink _____

Bright orange _____

Dark green _____

Pale blue _____

Soft beige _____

**10** ***What is the color of your present living room carpet?***

_____

Did you choose it

☐ To fit into an existing color scheme?
☐ Because you like it and will plan the room around it?
☐ Because it's practical?

Other reason _____

**11** ***What is your favorite color combination?***
(For example, blue and green)

_____

**12** ***You've fallen in love with a beautiful multicolored chintz. Would you use it if***

| | *Yes* | *No* |
|---|---|---|
| Your mother said it was "old hat"? | ☐ | ☐ |
| Your best friend told you it was an unattractive color combination? | ☐ | ☐ |
| The salesman said everyone was buying it? | ☐ | ☐ |

**13** ***Have you ever covered the walls, floor, and ceiling of a room with approximately the same color?*** ***Yes*** ☐ ***No*** ☐

What room? _____ What color? _____

**14** ***Have you ever considered furniture or appliances in different bold colors used together in one room?***
***Yes*** ☐ ***No*** ☐

**15** ***If you've painted the outside of your house recently, what color did you paint it?***

_____

**16** ***Have you ever ordered House & Garden Color Chips to use in your planning and decorating?*** ***Yes*** ☐ ***No*** ☐

**17** ***Do you get more out of rooms shown in House & Garden in color?*** ☐ ***Or in black and white?*** ☐

**18** ***Do you dream in color?***
***Always*** ☐ ***Often*** ☐ ***Rarely*** ☐ ***Never*** ☐

**19** ***Are you male?*** ☐ ***Female?*** ☐
***Are you under 35?*** ☐ ***Between 35 and 50?*** ☐ ***Over 50?*** ☐

What part of the country do you live in? _____

**20** ***Are there things you want for your house in particular colors that you haven't been able to find?*** ***Yes*** ☐ ***No*** ☐

What things and what colors? _____

_____

_____

_____

**Thank you very much.**




At Ste. Pierre Smirnoff Fls., we've been making vodka for 150 years. Tava is the only liqueur which bears our name.

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TAVA LIQUEUR BY SMIRNOFF® 60 PROOF ©1973 STE. PIERRE SMIRNOFF FLS. HARTFORD, CONN.

## PROMISING NEW VAUDEVILLIANS.

Have seen the act of Carter and Carter at the Star Theatre. Hilarious! At one point "Peaches" Carter lights up a cigarette and Stanley Carter puts it out with a seltzer bottle. Loved him; hated her.




One of [illegible] | MORGAN PAYS

You've come a long way, baby.

VIRGINIA SLIMS

With rich Virginia flavor women like.

VIRGINIA SLIMS

Warning: The Surgeon General Has Determined

Regular: 16 mg."tar," 1.0 mg. nicotine—Menthol:

self at ease, close your eyes, tune out the rest of the world and think blue, paint it in front of you and all around you. Whatever the blue you choose for this exercise, it belongs to no one else and is yours alone. Then try the same thing with yellow, let your yellow go up and around you. A third exercise is to imagine blue as before, but rising only on one side of you, on the left hand. Now imagine yellow arising and spreading on the right. Where they meet and merge overhead will be a particular green. The green again belongs to you. It is a mixture of your own blue and your own yellow. Your own shadow and light. A fourth color exercise: put yourself in the green, in nature, and then rise up imaginatively through and out of the green so that it swirls below you. Then let the eye of your imagination open to see—what color? Only you can answer that. Your inner eye—your insight—will conjure up something very brilliant and beautiful.

All this may sound illogical but is marvelous training for visualizing color in your personal surroundings. Just as every great painting shows something seen, plus something seen into—sight plus insight—so your own rooms will possess a special quality when you begin to use color imaginatively. Before you look at color chips or swatches of material, consider first what atmosphere, what feeling you want to achieve. Shut your eyes and think in images. Pictures will instantly form. Then look for the colors that can recreate those mental pictures for you.

"Far more than words, such pictures are the raw material of creative thought," Mr. Eliot concludes. "We all possess this eye of imagination, and almost everyone can develop it further."

We've put together an extra special color issue for spring. It is threaded with House & Garden Wild Violets, a bouquet of Wild Iris, Lavender, Blue Flower, linked with a new crisp green called Sweet Lime, which you will see in rooms and in ideas and things to buy in the stores now. For expert inspiration on decorating with color now, we spoke to 18 leading decorators. Read their refreshingly different thoughts, page 49. We offer stories of extra colorful living to raise your spirits and promote happiness in your life.

Color is a vital influence in mood and feeling, cultivate your color sense and make your house come alive with

# color

There is more to color than meets the eye. When you come to think of it, each color has a taste, each has a sound, and each has a smell. Some colors sing; some colors dance. But the color that makes one person feel alive can make another sad. This is because we each sense colors differently. Claude Monet, the impressionist painter, pictured the façade of Rouen cathedral in dozens of canvases, which glow with rose and lilac colors. To many, the exterior of the same building appears gray and colorless. Did he paint what he saw, or what he imagined he saw? Did he suffer delusions, or color hallucinations?

Art historian Alexander Eliot, author of *Sight and Insight* (McDowell, Obolensky) believes: "In my opinion Monet did paint what he saw every time; whether from the Thames embankment or at Rouen or in the fields of haystacks or beside the water-lily pond at the bottom of his own garden. He actually saw colors that would be invisible to most people. It was not a case of conjuring tricks. These were the precise actions of someone who understood color in its very nature."

Everybody's world can be more colorful, Mr. Eliot maintains, if we develop our abilities to visualize. "Vision involves not just the eye but the mind as well," Mr. Eliot goes on. "Thinking and feeling are involved in seeing." Certain exercises can help us enhance our perception of colors. Put your-

If you stand in an orchard
In the middle of Spring
And you don't make a sound
You can hear pink sing

You can smell white
In a country room
Toward the end of May
In the cherry bloom

Content is gray
And sleepiness, too
They wear gray suede gloves
When they're touching you

Brown is a feeling
You get inside
When wondering makes
Your mind grow wide

The purple sound
Is the loveliest thing
It's a violet opening
In the spring

Gold is the sunshine
Light and thin
Warm as a muffin
On your skin

Green is a coolness
You get in the shade
Of the tall old woods
Where the moss is made

*. . . quotations from*
*"Hailstones and Halibut Bones,"*
*by Mary O'Neill (Doubleday)*

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# How to make your rooms come alive with color

















JOAN WOOD

**Grow a garden of Wild Violets in your house** with four House & Garden colors—Blue Flower, Wild Iris, Lavender, and new Sweet Lime. They're colors that refresh any room—and they're ready to buy right now at stores across the country.

**A warm cozy library that mixes modern art and traditional comfort.** The walls are lacquered a deep dark Wild Iris that's a rich background for the paintings, a red abstract by Jonathan Edwards, *left,* a bull's eye optic by Tadasky, *below.* Curtains and sofa in "Pamplemousse" cotton chintz by Patterson-Piazza. Armless chairs in "Cortes" embroidered linen by Schumacher, leaf print by & Vice Versa. Red and white scallop-print pillows in "Caterina" by Clarence House. Green snakeskin-covered "Chinese" table from Karl Springer. Penwork end table, inlaid mirror from Mallet & Son. Linen and flax carpet, goatskin rug, L. Jones. Basket cachepots, Jean-Jacques Bloos. Red étagère, flower pillows from Mario Buatta, who also did the interior design.

HORST

**Good-looking lacquered end table 1,** from George Clarkson. **2** Wild Iris flower vase that's sized for small bouquets at one end, large at the other. Of ABS plastic. The "Endzo" double vase, by Enzo Mari for Heller Designs. **3** "Chromatics" china is a harmony of twelve colors including Wild Iris and Lavender, easy-stacking concave and convex shapes. Beige-brown colorway here. Imported from Germany by Block. **4** Soft geometry—modular chair in Wild Iris, ottoman in dark Lavender. Polyurethane foam on aluminum, covered in zippered stretch fabric. By Pierre Paulin for Artifort. Imported by Turner. **5** A random forest stripes "Across The River" cotton. Here in Wild Iris. By Ben Morris Prints at Eaglesham. **6** "Plant Pluckie" for light where you want it. Sweet Lime collar. For 150-watt bulb. By George Kovacs. **7** Handsome, easy-to-read office clock with a Plexiglas cover. Battery or electric. By George Nelson for Howard Miller. **8** Lavender and Sweet Lime go "Steppin Out," a vinyl wallcovering by Palais Papers. **9** Ceramic tiles, here in Blue Flower, are part glossy, part matte. Five sizes. From the Franciscan Terra Grande collection by Interpace. For shopping information please see page 103.

How to make your rooms come alive with color

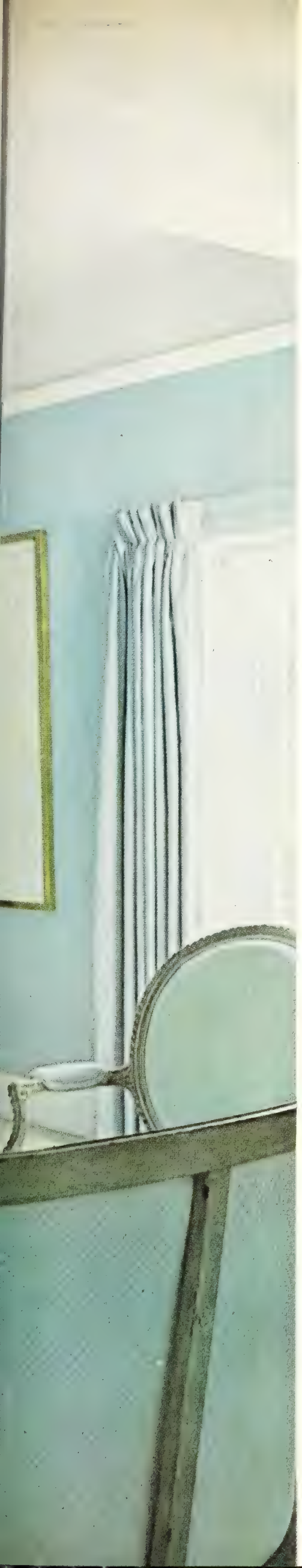
# A symphony of reds and violet



**Creating a dramatic contrast in a traditional country house,** a living entertaining room decorated in a symphony of reds. Purposefully calculated to give "a totally different atmosphere" this room has a sophisticated, almost city feeling. Says the owner, decorator David Hicks, "It's good in winter, when you sometimes want a tremendously warm color to make you feel alive."

**Walls are wrapped with Tangerine felt,** the ceiling covered with Oyster White acoustic tiles. "There is a quadraphonic music system in the room and the visitors' rooms directly above, so we had to do something about the sound." A room for showing movies, playing games, doing jigsaw puzzles, it derives a feeling of comfort and gaiety through a sculptured carpet in a geometric designed by David Hicks for Harmony, three easy sofas, two in Tangerine tweed, one in Pompeiian Red felt, *right,* massed with pillows in Indian and Tahitian cottons. Four French chairs are in Garnet tweed, a 19th-century ottoman, which serves as a coffee table,





## Some of America's great decorators tell you

# How to make your rooms come alive with color

Michael Taylor. Experiment with the continuity of one color in a room—only one color in different textures and variations. Or, choose a background that's a sharp contrast to the rest of the room to make it very exciting.

Joseph Braswell. Look at your room and see what light it needs—does it need to be shot full of sunlight, or full of blue shadows, like the light in the afternoon? Get your inspiration from nature. Nature never makes mistakes with color. Why do flowers seem so beautiful? Because they are played against a background of green, or an expanse of sky. Do the same in your room—put the color in the middle, like a bunch of flowers. Be led by nature for light and color and you can't go wrong.

John Dickinson. Use lots of one color. It is a great camouflage for awkward pieces of furniture and allows good furniture to look its best. Don't be shy about painting pieces of antique furniture—just because it's old doesn't mean it's good. Here's an example of how to use color: Slipcover all the upholstery in pale pink duck, with khaki walls and white tables and lamps. Line the shades with the same pink, but in cotton velvet. The result is instant authority without trying too hard.

Robert Denning and Vincent Fourcade. Start with the walls—walls are the most important thing. Put fabric or wallpaper on them, using *enough* to make the color really work. Avoid white except as trim.

Albert Hadley of Parish-Hadley. Here's one quick way to give new color to an all-white room. Invest in theatrical floodlight gelatins to put over your own spot or floor lights. Experiment to find the color effects you like.

Richard V. Hare. Color can *furnish* a room and make it change its shape. If you use darker or richer shades in a room you make it more intimate, or, you can paint a floor dark green, say, with a sky blue border and sky blue walls—the border and walls will merge to make the room seem smaller. Light colors open up space. You must decide what your room needs and then use color to do what you want. Today you see more monochromatic color palettes. People seem to like rooms that are all one color.

Jay Spectre. Choose varying color schemes for your rooms, but use colors that blend, room to room. For instance, an apple green room next to a sky blue one, with white or ivory woodwork throughout. Accentuate ceilings—don't be afraid of a blue or pink ceiling with contrasting walls. Pink ceilings give a glow to the room and make everybody look well. Try a dining room in coral with shades of chocolate or charcoal. Do a room in all the various hues of one color, from pale to strong yellow, for instance. Color gives a warmer environment for living.

Angelo Donghia. Here are three ideas for using color in a room. 1. Color the walls. For instance, if a room has beige walls and furniture, paint the walls a dark brown/black, with a pale blue ceiling, and oyster color or off white for all moldings. 2. Color the furniture. Cover in red, yellow, or blue canvas or cotton. 3. Slipcover the furniture in dark brown, with bone pillows. Paint the lampshades dark brown or cover them in fabric. These are colors flattering to most people and easy to live with.

Jay Steffy. Color choice is a psychological thing. Some people need a shot of red; others a shot of blue. You should think of color not just for a room, but for a whole house. Start with the emptiest room, for instance, an entry hall. Try swatches of paper, paint, fabric to see which color gives you the most interesting reaction. If necessary, mix your own paint to get the colors you want to live with. Also, remember color can alter perspective—if you paint a window wall darker than the rest, for instance, the wall will recede.

Tom Britt. Use fresh colors—such as yellow, celery green, or coral. Alternately, choose the opposite effect, such as black, dark blue, or aubergine—this gives a dark and dramatic effect to a room.

Betty Sherrill of McMillen. Yellow for city apartments is like having sunshine in a room. Use strong colors and colors that clash a bit, rather than blend too closely. For instance, here's a combination dining room/library—aubergine lacquered walls with two-toned luminous red silk curtain and aubergine Bessarabian rugs. The room runs the gamut of reds, from pink to purple to orange—relieved by the shimmer of stainless steel strips in the bookcases and mantel facings. *(Continued on page 156)*

# Blue Sky to dream in

Bathed in Blue Sky, a bedroom to rest, to dream, to linger in. It is one of the guest rooms over the red entertaining room on the previous page in Mr. Hicks's own house Britwell Salome. The two main decorating components here are both inexpensive: a plain Blue Sky cotton fabric and Oyster White haircord carpet. David Hicks, the decorator, gathered the fabric into cascades at four corners of the bed, trimmed the canopy with series of bows. The lining for the bed curtains is a white cotton with a Bue Sky dot design, and the bedcover is in the same material. Walls are wrapped with more of the Blue Sky cotton, edged at the ceiling with a band of white buckram. A bedside table and two French-style English 18th-century elbow chairs are covered in cotton, too; the sofa in a tapestry of blue and white. For lamps, a pair of 18th-century brass altar candlesticks, converted with long metal candles and topped with tiny black shades.

**All four Wild Violets in a lacy flower-striped latticework, 1.** "Chateau de Blois" vinyl wallcovering. By Perceptive Concepts. **2** Sweet Lime silkscreen called simply "Tree." On cotton and rayon, stretcher-mounted. From Tsao. **3** Velvety soft cotton towels shade from Blue Flower to dark Lavender. Jacquard-hemmed. "Mirage" by Fieldcrest. **4** Amusing corner chair that's all spools. By Wycombe, Meyer. Cushion of Lavender-sparked "Multiples" checked cotton by Quadrille. **5** The perfect place to whip up frosty daiquiris, a Sweet Lime bar or tea cart. Cane-paneled doors and center top, which is under glass. Inside a drawer and shelf. Two drop leaves: 34 inches closed, 64 open. By Directional. **6** Blue Flower and Lavender bloom on "Spring Woods," a charming cotton print by Greeff. **7** "Sew & Press Sewing Iron" takes seams, sleeves, and pantlegs in stride. Steam, plus a removable squeeze bulb for spray. Lavender handle. By General Electric. **8** Sweet Lime "Cane Print" guest towels with handsewn scallops. In cotton or linen. At Porthault. **9** Classic pattern in Lavender—"Lilac Time" china bordered in platinum. By Royal Doulton. **10** "Peacock Alley" chair marries Chinese Chippendale and vinyl upholstery in mottled Lavender and Blue Flower. Designed by Ellen McCluskey for Wycombe, Meyer. **11** Sculptural white scale with a plush Wild Iris mat. By Terraillon. **12** Rattan daybed with octagonal details, covered in sinuous "Ondine" cotton in Blue Flower by Hexter. With seat cushion and custom pillows. From Willow & Reed.




How to make your rooms come alive with color

# Pick a bouquet of wild violets

**Super sleek Swedish canisters with Wild Iris covers** filter out light with a double wall tinted pale Lavender, **13**, of dishwasher-safe plastic. Imported by Seabon. **14** Early American pattern pairs up with Wild Iris and Lavender on "Newburyport" vinyl wallcovering. By General Tire. **15** Danish design goes Wild Iris—dishwasher-safe melamine dinnerware from Rainbow Wood Products. **16** Rattan armchair and ottoman come in 22 finishes. From the "Malaya" collection by Ficks Reed. Covered in "Suva" cotton fabric, a tropical jigsaw with Lavender, Wild Iris, and Sweet Lime. By Woodson. **17** Centura "Cook 'n Serve Companions" are a beautiful way to freeze, cook, and serve all in one ceramic dish. White detachable handles available. 1½-, 2-, and 3-quart capacity. The pattern here with a touch of Lavender is "Shangrila." By Corning Glass. **18** A singular Windsor chair with scroll and paw details. By Harden Furniture. Cushion of Lavender and Wild Iris striped cotton and polyester fabric by Peter Pan. **19** Sleek ready-to-go portable phonograph in Sweet Lime. 3-speed, with BSR automatic changer and flip cartridge. By Emerson. **20** Big bold Lavender and Wild Iris plaid is "Manhattan" vinyl wallcovering by Imperial. **21** Sweet Lime rings this plastic dinnerware by Gustavsberg of Sweden. Imported by Seabon. **22** Coming up Wild Violets—"Precise" Timed Release African Violet Food provides a perfect diet of nitrogen, phosphorus, and potassium. And it's Lavender and unscented. One application lasts up to six months. By The 3M Company. **23** "Delicious" baker's rack painted Blue Flower. 73 inches tall. By Schoolfield. Shopping information, page 103.

SUSAN WOOD
























How to make your rooms come alive with color

# Ice-creamy pastels in rooms for entertaining

**Take a white L-shaped living-dining room, add a personal preference for pastels and you can achieve a very special decorating look.** The lively young woman whose apartment this is wanted to create a background for entertaining and a room in which she could develop her talent for indoor gardening. She refused to be daunted by the apartment's lack of space or of architectural imagination. The flower colors, Lavender, Pink Pink, Blue Flower, Creamy Apricot, against white walls and ceiling, make the room a charming, peaceful environment.

**She had some furniture and other things from her family,** "including one of the prettiest durrie rugs I've ever William Hodgins, who helped with the decorating. Mahogany dining chairs, circa r White with delicate Blue Flower decoration. The seats are now circle a large modern glass table that seats eight. A huge of Oyster White paint and a painted marbleized top, *above*. It behaves as a center more than a serving sideboard today. The traditional oak floor was stripped and / was only room for one sofa, but we chose an especially, ople to sit, relax, and talk," added Mr. Hodgins. It is rs on either side of it are in a chinoiserie documen- he personality of a young art enthusiast just begin- n of blue and white porcelain. This is organized on the Real Red often cleared to make way for tableware or food when there's a om with plenty of sun and light. At windows, curtains of fall under white bamboo shades. To pull at night, curtains of cotton chintz in Lavender and "Untitled" by Friedel Dzubas from Harcus, Krakow, Rosen, Sonnabend Gallery, Boston:



How to make your rooms come alive with color

# Bright flower colors with natural materials

**How to turn a rather large, dark, beamed room with walls of brick and siding into a light, attractive place with a modern feeling?** This was the challenge facing a young couple with an interest in collecting contemporary art, when they bought a 1930s house outside New York, so different from their city apartment. Mr. and Mrs. Alain Fischer turned to decorator Joe Braswell, who began by lightening all the textures.

**Brick, siding, wood floor, beams were all brushed with Tender Taupe paint,** which helps establish a coordinated, natural look. After this, space planning. Mr. Braswell decided to divide the room into two comfortable seating arrangements, defined by striped, handwoven Irish area rugs. This pattern runs counter to the overhead beams and sets up an interesting decorating dialogue between floor and ceiling. Around a central, white console table, four little easy chairs, each upholstered in a different color are placed "like a bunch of flowers. They act as a color hub of activity in an otherwise rather neutral room," explains Mr. Braswell. Each pair joins in a seating group with a sofa, armchair, and floor pillows around a low white, lacquered Parsons coffee table.

HORST

**"This couple wanted a casual look, rooms that were easy to live in.** They have a fairly informal attitude, like things to be shiftable," Mr. Braswell went on. Floor pillows in the same Tender Taupe and Oyster White print as the sofas and armchairs, the reversible rugs and the four movable easy chairs allow for tremendous pick-up-and-change flexibility, to suit mood or activity in the living room. Print used for upholstered furniture was suggested by the Picasso ceramic jug, *opposite page, lower left,* which Mr. and Mrs. Fischer owned. Many objects were recycled into a new life in this fresh setting—like the modern stainless steel four-poster, *above,* in the master bedroom. It looked fine in a city apartment but seemed "too sterile" in the new house, so simple, white wool curtains were snapped on. The quilted Oyster White and Blue Sky cotton bedcover picks up the Blue Sky paint on overhead beams. A bamboo chaise, originally black, is now painted Oyster White and covered with Lavender cotton, reflecting colors in a Pucci wall hanging. Carpet is Oyster White ribbed wool. "By adding white shutters, too, at every window we feel we've lightened the whole heart of the house."



**Airy and inviting in soft, seashell-fragile colors and drifty stripes,** a four-poster bed in mix-and-match sheets designed by Missoni for Fieldcrest. Sheets turned into canopy and curtains, *right,* are "Diagonal Dot" flower print and "Pullover Stripe." Ready-to-buy quilt, ruffled sham, and pillowcases, detail *below,* are reversible—different patterns on each side. All in Seatones. "Pinpoint Dot" sheets on bed in Earthtones. All available also in Suntones. No-iron, permanent-press cotton and polyester; Kodel fiberfill quilt. Cane and bamboo bed, bark-covered chairs by Waldo's Designs for LCS. Rattan table from the "Pacifica" collection from LCS. Durrie rug from Stark.

**Wild Iris, Lavender, and Sweet Lime, 1,** make an Oriental garden on "Primavera" vinyl wallcovering by Billy McCarty for Kirk-Brummel. **2** "Flora Danica" china takes its exquisite handpainted flowers from a set originally commissioned as a gift for Catherine the Great. Each piece a different flower—over 200 flowers in all. 18-karat gold border. By Royal Copenhagen. **3** Circle put-togethers: ceramic wall and floor tiles with dark Lavender from the "Portfolio" group by Interpace. **4** Won't your clinging vine love this Sweet Lime plant stand. By Directional. **5** Silk sweetpeas in a lacquered basket. To order from Diane Love. **6** Famous violets on a luscious terry towel. By Martex for Bonwit Teller. **7** Dramatic transparent Wild Iris for serving—and dishwasher-proof! "Plastic Medley" by Gunnar Cyren, colored by Ritva Puotila, for Dansk. **8** Lavender Lady Norelco "Tripleheader" electric shaver. **9** "Pilgrim" chair with turned oak frame, rush seat. By Plymwood. Cushion in "Verbenas" cotton by Arthur H. Lee. **10** Hungarian wool durrie rug with Lavender from Stark. **11** Wild Iris bowls and serving pieces of dishwasher-proof melamine. From Rainbow Wood Products. For shopping information, please turn to page 104.

How to make your rooms come alive with color

# Add the zest of wild violets





2



LA TIMAN

Exciting new house that arrives on a truck

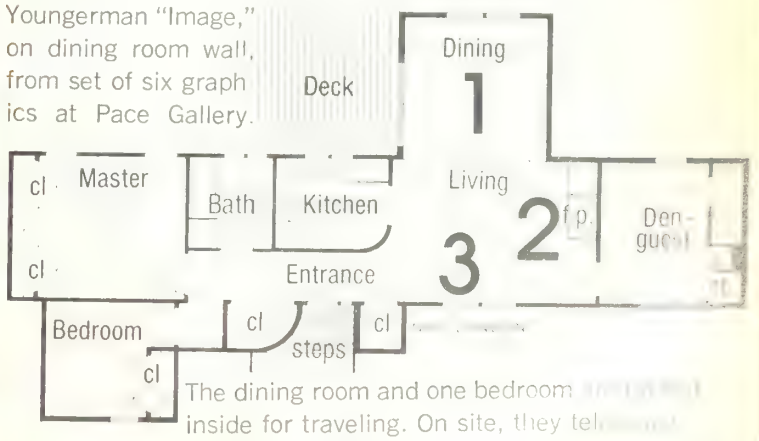
# More for your money in a house ready-to-buy in redwood

It comes by road, whole, hitched to the cab that will back it into place and nearly ready to live in. It has three bedrooms, two baths, a dining room, a deck, and enough closets. It costs $18,000 to $20,000 exclusive of foundation and optional features—but with fully equipped kitchen and bathrooms. Designed by architect Edward M. Coplon, built by the Salem House division of Hodgson Houses (delivery costs $1.25 a mile from the Pennsylvania factory), the modular Z House is quick, attractive, reasonable. Built to meet structural standards in several states, insulated to a fare-thee-well, wrapped in redwood, with vaulted roofs that make unusual ceilings inside, it can be placed on site to catch the view you like best. It's snug and easy to keep, decorated with furniture from Simmons company and affiliates. A good house for young families, or retirement, or vacations.

HORST




An open plan allows the living area to spread out. The cook in the trim kitchen can join conversations in dining and living rooms, **1** and **2**, across the curved counter that separates them. The ceiling, paneled with knotty pine decking that's a structural part of the house, has transparent Plexiglas ends, **3**, to let light in. The Thermopane windows, here and in the dining room (where there are two), are big enough to frame mural-sized views. In the living room, armless love seats and ottoman are from Selig, upholstered in House & Garden Green Mint. All striped fabrics from Bloomcraft. Armchairs from Raymor. Youngerman "Image," on dining room wall, from set of six graphics at Pace Gallery.




The dining room and one bedroom [illegible] inside for traveling. On site, they tele[illegible] out of the long rectangle to form a stubby "Z" with a tail. A roof section, covered like the rest of the roof with tough Flexseal, flips down over entry. Deck is added, and there you are. For building materials see page 156.

In a ready-to-buy house

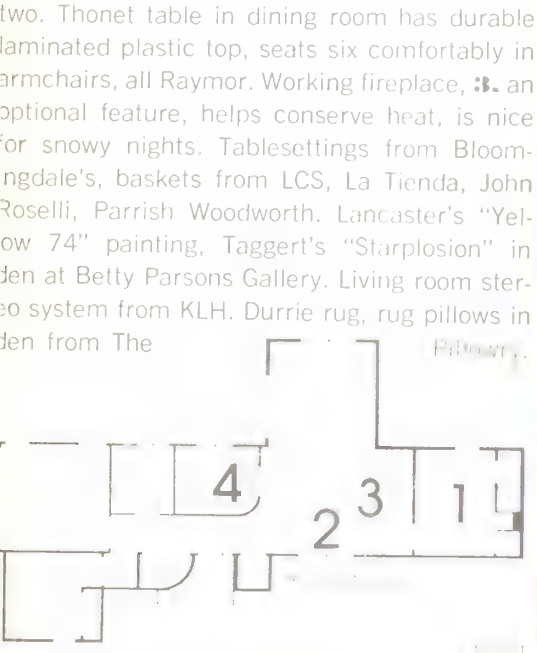
# Generous space for living and entertaining under arched ceilings





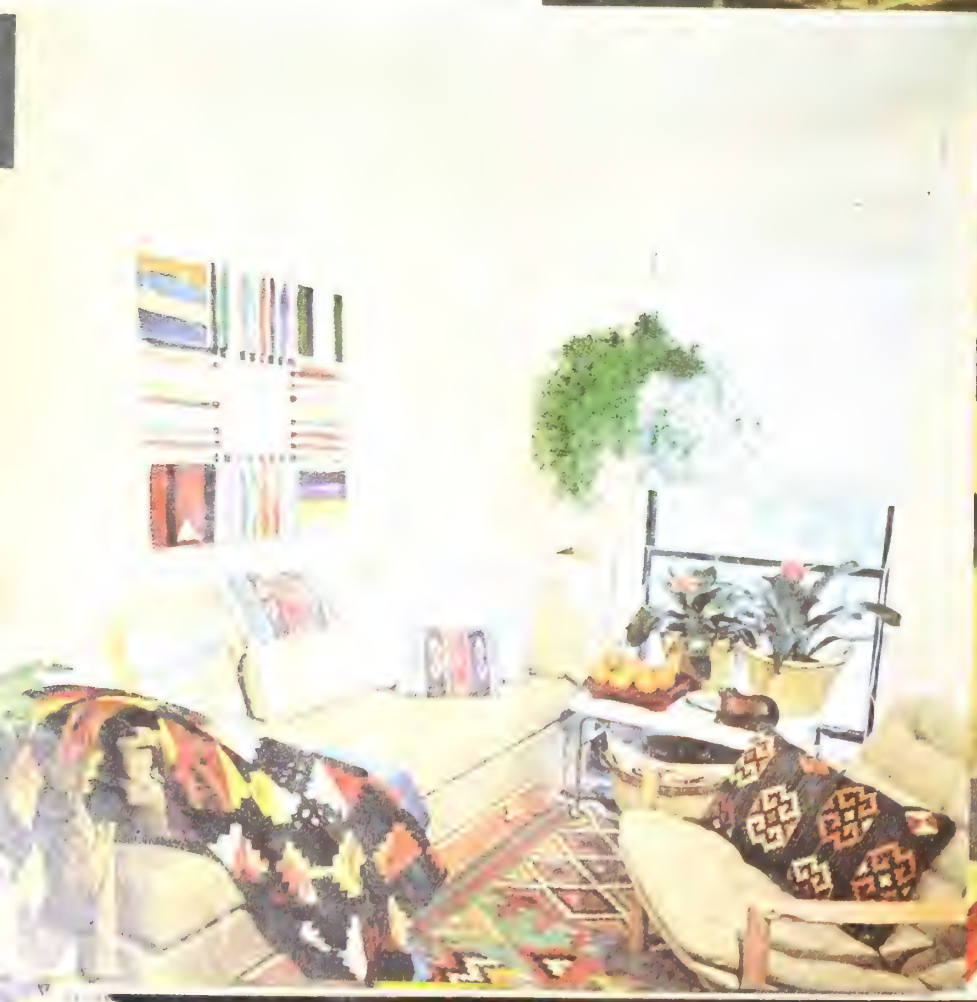
*After minimal clearing, foundation digging, trucked-in house takes only a day to settle in.*

There is room for entertaining, even for overnight guests, organized into the thousand square feet of the house. Separated from family bedrooms by the living room, **2.** the den/studio, **1.** holds Swedish armchair, daybed from Moreddi that can open into sleeping space for two. Thonet table in dining room has durable laminated plastic top, seats six comfortably in armchairs, all Raymor. Working fireplace, **3.** an optional feature, helps conserve heat, is nice for snowy nights. Tablesettings from Bloomingdale's, baskets from LCS, La Tienda, John Roselli, Parrish Woodworth. Lancaster's "Yellow 74" painting, Taggert's "Starplosion" in den at Betty Parsons Gallery. Living room stereo system from KLH. Durrie rug, rug pillows in den from The Pottery.









3

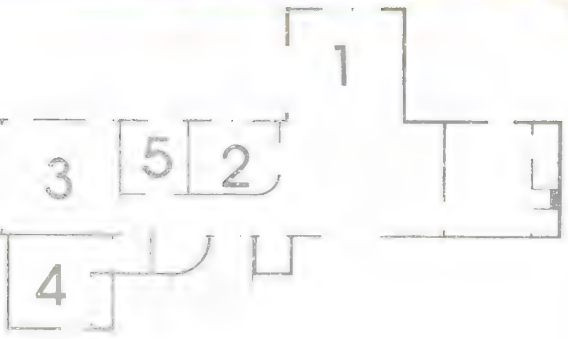
4

Throughout the house materials have been chosen for durability, easy care, and a range of individual ideas about what is most convenient. Except for the kitchen and hall, **4**, all the carpeting is indoor/outdoor. Walls are [illegible] board—here painted white to set off gaily colored [illegible] ings. Other options: wood-paneled walls; two or t[illegible] rooms; redwood, cedar, or shingle siding; a choice of heating; extra decking; even a self-sufficiency package that includes a generator, a septic system, and a chemical toilet for isolated sites. Kitchen equipment by G.E. and Hamilton Beach. Painting is Tuttle's "Two." The plants are from King Exotic. Shopping information, page 104.

In a ready-to-buy house

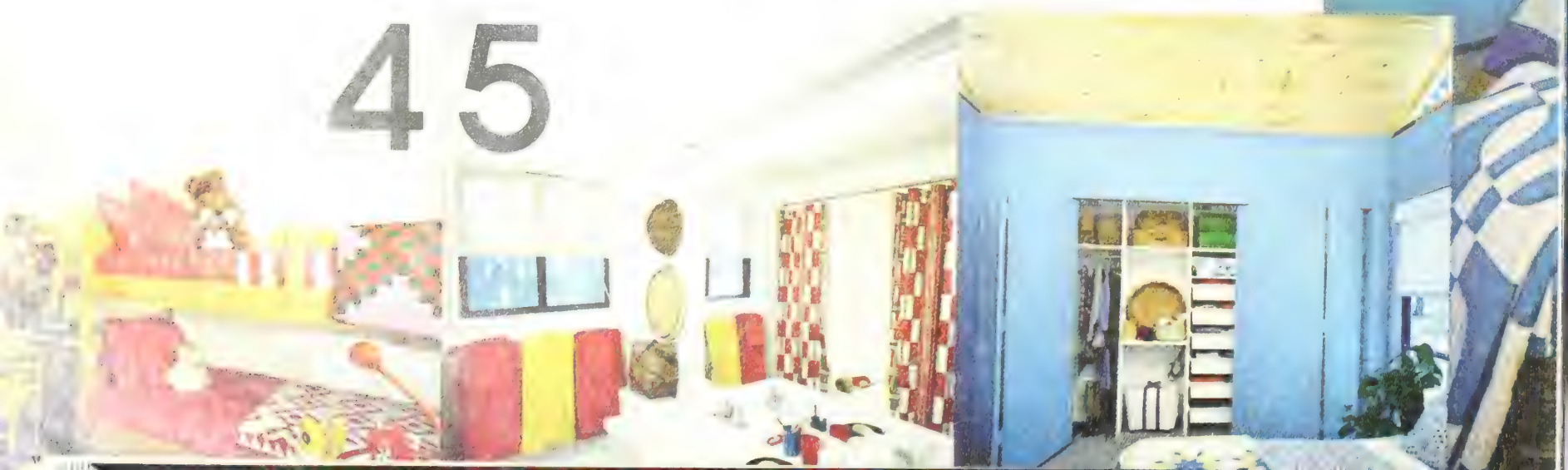
# Three bedrooms, two baths, carefully planned storage




Z House closets and cabinets have been arranged to solve a lot of storage problems. They are aided here by a little sensibly pretty furnishing—a series of low storage units from Moreddi forming the dining room sideboard, **1.** The kitchen, **2.** has lots of built-in cabinets, room for countertop storage shielded from view by the curving enclosure. The master bedroom, **3.** has drawers in its 11-foot closet to eliminate the need for a separate bureau. Closet can be divided almost as you like. Queensize Simmons bed. Children's room, **4.** with almost 8 feet of closet, has Moreddi fold-down desk, triangular cabinets, stacking beds from Raymor. Space for toys underneath. The bathroom, **5.** has a place (not shown) for a stacked washer and dryer. Even the entrance hall has two closets. House & Garden Space Blue walls in the master bedroom mute morning sunlight from the clerestory windows. Quilts from Nonesuch Antiques, The Patchworks. Linens from J.P. Stevens. Susan Crile watercolor from Fischbach Gallery, Panasonic radio in children's room. Toys from FAO Schwarz. For shopping information, please turn to page 104.









The very personal garden of Mrs. Arthur Adams

# An Espalier Garden

Imagine a secret garden house with walls and dome of green leaves, apple blossoms in spring, fruit in fall, and at the base with strawberries. Imagine a lawn enclosed by living fences of espaliered pears, apples, and large cherry and pear trees form an aisle to the green hideaway. This orchard near an old New England home begun "by two amateurs who knew nothing about gardening but loved every minute of it. I have a wonderful myself," Mrs. Adams says, "and still do at age eighty! Every tree here is a friend." This remarkable art of espalier—training trees flat against a wall or post and wire support—is a centuries-old European make the most of every foot of land, every ripening ray of sun. It also produces superior fruit. "Beauty," Mrs. Adams says, "is the architecture of the trees." Her back fence with a lattice effect, 2, is an ingenious was made by planting Y-branched trees 2 feet apart and tying and trimming the branches to the fence produces pears, 3, as does the fan espalier, 4, near the barn. The garden house, 5, [illegible] candelabra, trained on a metal frame. A side fence of grapes, 6, has vines tied as horizontal cordons, allowing post-and-rail fence.

In her espalier garden, Mrs. Adams delights in—

# The architecture of trees

**The fruit tree fences and gazebo are 10 feet tall,** [illegible] to prune on a stepladder [illegible] d to dwarfing rootstock. [illegible] nip [illegible] must. Formal [illegible] strung horizontally 12- to 18-inches apart. Even in winter and early spring espaliers are attractive because their [illegible]h structure shows so clearly. The Belgian fence of pear trees, **1.** and on plan, *right,* grows above a retaining wall by the driveway. The garden house, **2.** is a leafy bower in summer, ringed by tiny *fraises des bois,* and with an early finial where the tips of seven double-U Candelabra apples bend and meet. One side fence combines three forms: six arm horizontal-T pears, **3.** alternating with triple-U [illegible]es, **4.** two of which are linked midway by a pear fan. In the lawn, **5.** six cherries and pears frame a walkway to the garden house. An entry to the fruit garden is between [illegible] borders near the farmhouse, **6.** where a beautifully [illegible] shades a back terrace. A pair of espaliered apples, **7.** screen one side of an arbor where acrylic panels on rafters divert rain and provide support for shade-[illegible] grapevines, **8.** More in Gardener's Notes, page 150.





Looking toward entrance to the apartment with a structural column enlarged into sculptural form.

Curved glass block wall makes an inner room, allows the light to flow through and yet maintains privacy.



Designed to accommodate a spectacular collection of books and African art, and also to allow complete privacy for a husband and wife who both work, separately, at home, a New York apartment was transformed—here's how. It faced north—dark—with 8-foot 3-inch ceilings and lots of separate rooms. Now all that remains is the space—about 3,500 square feet, with one long window wall about 60 feet long, *see floor plan.*

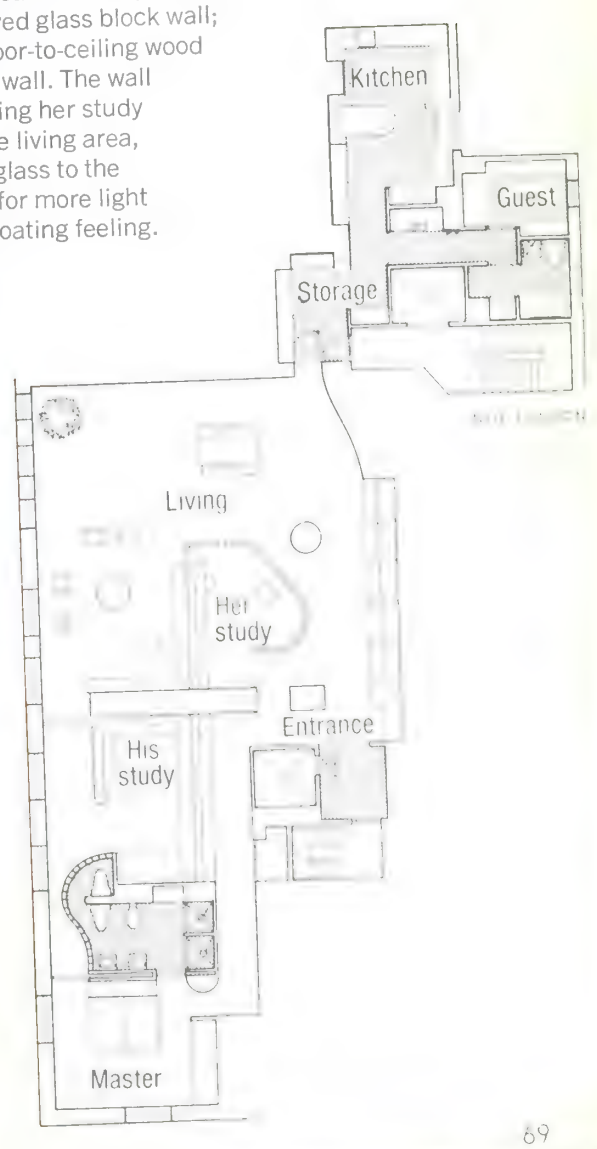
The architects, Gwathmey/Siegel, opened up the apartment to house the books and the art, and also divided it into interior, separate rooms to give privacy—without ever losing the sense of space and light. They call this "transparency." The entrance, **1.** shows how storage of a large collection of books can be achieved. The front shelves slide back to reveal another, deeper layer. On the pedestal, Bush Cow Mask from Bahouan, Cameroon, and by the bookcases Luba Shankadi from Zaire. Looking from the green door (the only bright color in the room) the space opens up, **2.** past the structural column (emphasized by making it larger, 4 feet in diameter) toward the dining area. Walls and ceiling are white; carpet, silver gray, for a light feeling. The curved glass block wall is old industrial material rediscovered—it transmits a refracted light and yet achieves privacy. "Solid yet transparent." At the end of the book wall, the wall curves inward toward the service door that leads into the pantry, kitchen, guest room, and bath. The living area, **3.** with white oak [illegible] sets to display sculpture and for the [illegible] glass from [illegible] nt), the v[illegible] om the fl[illegible]

Make-over for modern living

# APARTMENT DESIGNED FOR BOOKS AND ART

The living area, formed by the angle made by the walls of two adjacent studies.

The central unit of space is divided into three areas—his study, her study, and the living area. Her study has the curved glass block wall; his, a floor-to-ceiling wood storage wall. The wall separating her study from the living area, **3**, has glass to the ceiling for more light and a floating feeling.





Track lighting spotlights the flexible changeable display of African art.



1 2

**Apartment make-over**

# GREAT SENSE OF SPACE AND LIGHT

Accommodating the wonderful sculpture collection is a wall running the width of the apartment, **1.** The art juts out on specially designed white painted brackets. Thus when the wall is lit, you can see behind the sculptures, and also their shadows, making the whole effect three-dimensional, light, and airy. The cabinets on the outside wall of the husband's study, **1.** are designed to work from both sides, and also do not go all the way to the ceiling —not so enclosing as a wall. The glass from shelves to ceiling on the opposite wall also gives an open feeling, while providing light to the other side, an inside dressing area with no light of its own. On the desk, an Obodo-enyi mask from Nigeria.



His study—a room within a room, yet-



4

hangs on special brackets, painted white, so pieces appear to "float" away from the wall.

Vertical blinds on the windows accentuate height, give an adjustable view, and disappear into neat pockets.






The space is designed so that you feel the whole wherever you are—even if you are in one of the private studies.

Continuity of light, transparent materials, and color have been systematically used by Gwathmey/Siegel for this effect. Or perhaps one should say "no color"—for apart from the white and the gray, the only color comes from the African art, with which the chairs and white oak carefully blend, **2.** The art is not just arranged for visual effect, however; every piece on the sculpture wall relates by tribe to its neighbor. Flexible lighting highlights each piece. The rest of the lighting in the room is recessed. Looking from the dining to the living area, **3.** you can see the sweep of the window wall, which extends to the master bedroom, a stretch of 60 feet. At the end of the oak wall (another curved pillar) is a sliding glass door, which can shut off the husband's study beyond without limiting the line of the long wall or cutting out light. The round stainless steel coffee table, designed by the architects, is the same diameter (4 feet) as the structural column near the book wall. On it is a Dogon altar from Mali. Black leather Breuer Wassily chairs, easy to move around. The standing sculpture on the pedestal is an ancestral figure from Eket, Nigeria.

TOM YEE

In the kitchen, butcher-block surfaces combine with white oak cabinets, with lighting underneath to illuminate counters.







1 2

Apartment make-over

# ONE GREAT LOOK THROUGHOUT

Continuity of materials—a feature of this apartment. In the kitchen, **1.** white oak blends with butcher block. The oval table on butcher-block pedestals fits into a curved oak cabinet in the wall. Another structural column, once square, now becomes a white sculptural curve. The dining table, **2.** a Gwathmey/Siegel design, has stainless steel base and marble top. Mies van der Rohe cane and steel chairs. On the white oak built-in bed, **3.** is an East African hand dyed fabric brought back by the owners. The bathroom, **4.** has another curved block glass wall. Black glass shower doors. Washbasins hang free on the wall. **5.** a sliding wall stores book collection, the front part 1 foot, the back 2 feet deep. Her study, **6.** with glass block wall and Eames chair.

3 Master bedroom with 60-foot vista that can be closed off by a sliding smoked glass door to give privacy.



4 Bathroom with slate tile, two basins, two showers.



g area with sculpture wall behind, partly
ened from living area by curved glass block wall.



5 Book wall slides back to reveal another, deeper wall for more books.





6 Her study—glass block wall gives privacy and light. Oak cabinets with glass above.



# Everyday stress

## How well do you handle it? What you can do about it!

A psychological quiz
by Dr. Syvil Marquit
and Marilyn Lane

How well can you handle situations in life that provoke stress? You know how in coping with difficult moments you feel it's "taken a lot out of you." Psychologists are now convinced that this toll can be a clue to the length of your life. While everybody faces these stress points, some can handle daily tension better than others. You can temper your inner shock waves. In this quiz circle the answer closest to the way you actually react in the situation described. If the situation is unfamiliar, check the answer closest to the way you think you would handle it. Answers on page 153 will tell you how well you're standing up to the stress shock waves and may help you cope more effectively.

**1** ***You fear that a change in the zoning in your neighborhood is going to put a factory near your house.***

(a) You fret and worry about it and tell others you can't beat city hall.

(b) You go to the zoning department and find out for sure then consider your options.

(c) You begin to wonder if it's time to move.

**2** ***Birthdays, weddings, anniversaries . . . there's always some reason to spend.***

(a) You tell everyone to take you off the list so that you don't have to contribute.

(b) Smiling, you're outgoing, you enjoy entertaining well, special gifts for any occasion (as long as only the "right" people matter to you.

**3** ***You had an accident with another car and have to appear in court.***

(a) The inconvenience of appearing in court, plus the extra time, cause you to lose sleep.

(b) You put it out of your mind. Small things that happen in life. You'll see it and your attorney through.

(c) You spend some time worrying about it, but you're confident that you'll be cleared.

**4** ***Vacation time is coming up but with inflation you won't really afford to go anywhere.***

(a) You [illegible]

(b) You'll make the very most of what you have. You'll stay [illegible], perhaps [illegible] you'll be home.

**5** ***Some furniture and carpeting in your house was damaged by a leak in the water pipes and you discover that your insurance doesn't cover the loss.***

(a) Your spirits sink and you complain bitterly about the insurance company.

(b) You improvise, recover the furniture yourself.

(c) You think about canceling your insurance and calling the Better Business Bureau.

**6** ***You've had an upset with your neighbor and nothing was resolved.***

(a) You go home, fix a stiff drink, try to relax and forget about it.

(b) Call your lawyers, discuss a possible lawsuit.

(c) Work off your aggression with a brisk walk.

**7** ***Pressure of living has made you and your partner irritable.***

(a) You decide to take it easy and not be triggered into any arguments.

(b) You try to discuss irritating matters with a third party so that you can air your feelings without a fuss.

(c) You insist on discussing the problems to see how you can take some of the pressure off.

**8** ***A close friend is about to get married. As far as you've concerned, it's a disaster.***

(a) You hope your early impressions are incorrect and pray for the best.

(b) You think there's still time for a change of plans so why worry.

(c) You try to put across your point of view, explain your reasons as gently to your friend.

**9** ***You are worried about escalating prices at the supermarket.***

(a) But you refuse to change your food habits.

(b) Your anger flares every time you see an item marked up from the week before, but you buy anyway.

(c) You challenge yourself to keep spending down and come up with good menus all the same.

**10** ***At long last your potential has been realized, you're being asked to fill an important job.***

(a) You actually think of turning down the chance because the job is too demanding.

(b) You seem to doubt if you can handle the added responsibilities successfully.

(c) You analyze what the job calls for and prepare yourself to measure up to it.

**11** ***You suspect your rent or some other monthly commitment is going up.***

(a) You pick up the mail anxiously each day and give a sigh of relief when the letter isn't there.

(b) You decide not to be caught by surprise and try to figure out how to handle the situation (you bet everyone's in the same boat, some how you'll adjust to the raise.

**12** ***Someone close to you has been involved in an accident, and you hear the news by phone.***

(a) You hold back your feelings for the moment other friends and relatives have to be notified

(b) You hang up and burst into tears.

(c) You call your doctor and ask for tranquilizer to help you over the next few hours.

**13** ***You've won a luxury car in a competition. You could use a car but it seems this is going to change your life considerably.***

(a) You worry about added taxes your good fortune will bring.

(b) You sell it and buy a smaller car, bank money left over.

(c) You decide to go ahead and enjoy it, worry about added expense later.

**14** ***Every Christmas and Thanksgiving there's a conflict in the family about whom you'll be with.***

(a) You make a five-year plan, spend each holiday with members of the family in strict rotation.

(b) You decide that you'll be with those members of the family you like to be with best, as others to join you for lesser holidays.

(c) The fairest thing is not to celebrate with family at all—and it's less of a hassle.

**15** ***You're not feeling quite yourself.***

(a) You diagnose your own illness, read up on it.

(b) You gather up your courage, talk about it at home and go to see your doctor.

(c) You put off going to the doctor thinking that things will eventually right themselves.

**16** ***Prudence suggests it's time to make a will.***

(a) You find your best friend hasn't done anything about a will either, so it doesn't seem that important. You'll get to it eventually.

(b) You go ahead and fix up an appointment with your lawyer to work it out.

(c) You continue to put off thinking about it.

**17** ***Your youngest child (or godchild) is about to launch into the world.***

(a) You discuss the development with friends to see how they're handling it.

(b) You give all the help you can and plan a new interest for yourself.

(c) You try to talk the young person into staying home a bit longer.

**18** ***You've always wanted to go skiing (or deepsea diving or parachuting) finally when you do go with friends, you find it's too much for you to manage.***

(a) You try to overcome your feelings without telling anyone you have them.

(b) You seek out a pro and ask for help.

(c) You back out, feign illness.

*To see how well you stand up to stress, please turn to page 153.*

By Dr. Robert Tyson

## WHEN ARE YOUR BEST YEARS SOCIALLY? SEXUALLY? CREATIVELY? INTELLECTUALLY?

# Have you discovered the pluses of being OVER 30?

TOR'S NOTE: *Psychologist Rob- Tyson, Ph.D. studied at Yale l the University of Vienna. He member of the Department of chology, Herbert H. Lehman llege, N.Y. His books include* arn to Lose Your Mind *(Farrar l Rinehart, 1937) and* The Psy- blogy of Successful Weight Con- l *(Nelson Hall) coauthored with wife Dr. Mary Catherine Ty- . He is presently working on his xt one, to be called* More Joy in ving. *Dr. Tyson is an extraordi- rily active grandfather. His rec- ations with his wife include hik- g in the Rocky Mountains. His ole attitude toward life is one continual crescendo in profes- nal and personal activities. ime has given me an eclectic w," he says, "which gives me a eat deal of satisfaction."*

The youth cult tells us: "The world is for the very young. Older people are done for, finished!" Do you simply accept this mystique? The l advantages of youth are well own and if anything, overem- asized. Is there a plus side of ing over thirty? Are there com- nsations for the passage of ars? Yes! Discover them. They ll enrich your life today.

Another question: If compensa- ns so clearly exist, why is it nec- sary to *discover* them? Why n't they in plain view? This is e because people stare in fasci- tion at idolized youth. Spell- und, with their attention fixed, ey literally don't see what the ars have brought them!

Take an encouraging inventory the pluses of being over 30:

### ou've achieved real identity

is can be called self-actualiza- n, the fulfillment of your poten- lities. It refers to your most vital tainment, which is making the st of yourself.

As an infant you laughed, slept, d ate a little more or a little less an other infants. These tenden- es were only the dimmest out- es of true individuality. Then wly, depending on what nature ve you and the way life treated u, recognizable but still poorly tablished personality traits be- gan to emerge.

Even at age twenty you were still *becoming*, trying to find out what sort of person you were. You were on the road to a genuine identity. Now you're miles ahead.

You've earned loyalty from friends and family, and recognition from acquaintances. They react to you as a known quantity. You constantly experience your personality from the inside in the form of self-awareness.

You've filled a role in a business or a profession, in your home, and in the whole community. You have likes and dislikes, habits, a whole collection of interests, and an outlook on life. The *possibilities* of your earlier years are *realized*.

All of this forms a solid basis for security. Time has made you into a real person, secure in your life setting. It's as if a seed, first resting loosely on the soil, has sent down deep roots to hold it firmly while the plant grows from the surface.

### You learn more efficiently

Take an example: At age twenty-two or twenty-three a law student needs extra time and energy for his work. So much of what he studies needs new understanding and a new place in his mind. He has to read almost every line of an article in a law journal and often goes back to reread. Why? He hasn't acquired the background, the mass of information that later forms a frame of reference into which to fit each new idea. Graduation from law school and a few years of practice let the same student quickly grasp the essentials of a case and he skims an article. He sees at once what he already knows and what requires full attention. No matter whether it's keeping house, caring for children, running a business, or following a profession, by the time you're thirty you have the broad background of experience into which new learning fits easily, quickly, and gracefully. Why don't intelligence tests reveal this increased ability? The answer is that tests of that kind ask you questions for which your long experience helps you very little. They involve an exceptional, laboratory type of problem solving that purposefully minimizes the great advantages your education has given you. The practical problems of your everyday life are not like that. Your experience *does* help you solve those, and your experience has had time to grow.

### You've collected a whole kit of problem-solving tools

Life seems to give us one puzzling situation after the other and asks us to do our best with each. You've had time to assemble a whole kit of techniques and a whole manual of ways to use them. You know where to go for help, by reading, talking to people, and taking courses. Time has given you skill in the three main steps leading to problem solution:

- Identifying the problem precisely.
- Collecting relevant information about it.
- Selecting a way to deal with it.

All this adds up to being a good practical decision maker!

### You are just beginning your age of achievement

Research with the life history of composers, artists, writers, and others shows that they produce more, both in terms of quantity and quality, between the ages of thirty and forty, and not usually before. There are early and late bloomers, some of them spectacular, but they are still exceptions to the rule. What a remarkable fact, that thirty, the very age at which ignorant younger people have claimed worthwhile life ceases, actually is the age at which the most admirable achievements are just beginning!

### You've "arrived"!

Put aside that glowing image of those "happy years," the late teens and early twenties, and examine them critically. Remember how longingly you looked way ahead to when you would be independent, have a job, and establish a family of your own? Remember how distant that goal seemed, when you'd really be "grown up"? Well, congratulations! That time has come.

### You can "take it"

The infant is a perfect picture of utter impatience. He wants what he wants when he wants it, or he thrashes and yells whether it's in the daytime or the middle of the night. Slowly he learns to put up with the inevitable troubles and delays of everyday living. He builds frustration tolerance. Nevertheless, even at age nineteen or twenty a person's family, the town, and the whole nation move too slowly for him and progress toward independence is irritatingly sluggish. The next ten years typically bring a more accepting, cheerful attitude toward the postponements, compromises, and uncertainties of life. Emotional maturity, the ability to "take it" and even to enjoy a lot of it is one more benefit brought by time.

### You've learned to appreciate what's really worthwhile

What are the basic satisfactions in life? There's the widest agreement that they are these: An intimate relationship with another person. This can be with a husband or wife, or a friend with whom you can talk frankly, with no need to make an impression and little need to edit. A good love relationship and, for most of us, children. Perhaps this is the most rewarding of all. A circle of friends whose company is truly enjoyable. Their number will vary considerably. Satisfying work, not necessarily with great achievements or great financial returns. Vocationally very few people mature at an early age. Good health. On the simplest level this may be the mere absence of pain. Pain, once felt, teaches the great pleasure of its absence. Being able to see [illegible] what occurs in the world around

*Continued on page 156*






*Picnickers on the green is a custom in the tiny town, after church* **1.** *Or a moment in looking at Texas Pioneer Arts restorations.*



*Buildings near visitors' entrance,* **3**



**A colorful past with a great future**

# The frontier town of Round Top reawakens

Simple architecture open to sun and breeze, and an uninhibited use of color were part of the new freedom and "awareness of the privilege of freedom" in this frontier town a century and more ago. Unlike many little towns that have slipped off the map, Round Top has been rediscovered, reawakened, renewed. Its lessons in "the art to be simple" are attracting visitors with heritages that may also need safekeeping. Some have come to stay. "When we first saw this rolling countryside and abandoned, roofless houses with their unusual colors, not flamboyant but harmonious blendings, we knew we had to preserve them," Mrs. Charles L. Bybee of Houston says. "We also wanted to show young people that however delapidated an old house may be, it can be salvaged if there was craftsmanship originally." Craftsmanship was here in abundance. German artisans and farmers came here after the 1840s upheavals in Europe, built their own frugal houses and furniture, and embellished them. The Texas Lone Star, *above left,* in a ildflowers, is almost a leitmotif in its combination of frontier materials and remembered elegance. It nk ceiling in a house still being re- Foundation. They d and mending old hou whole town now takes part and rea. The Bybees named it Henkel Square for the original owner, 1852 1895, who was or. Round Top is an hour from Institute (June country, More, page 10.




*PLAN:* **1.** *church;* **2.** *von Rosenberg house;* **3.** *visitors' entrance;* **4.** *Recknagel drugstore;* **5.** *Henkel house (not shown);* **6.** *Schumann II stencil house;* **7.** *earlier Schumann;* **8.** *log house*





*d churn; in this*

*loss.*





Colorful drugstore, **1**, was town meeting place

German settlers built small rooms, **7**

stival offers open air summer concerts

Clapboard church, **1**, doubled as schoolhouse





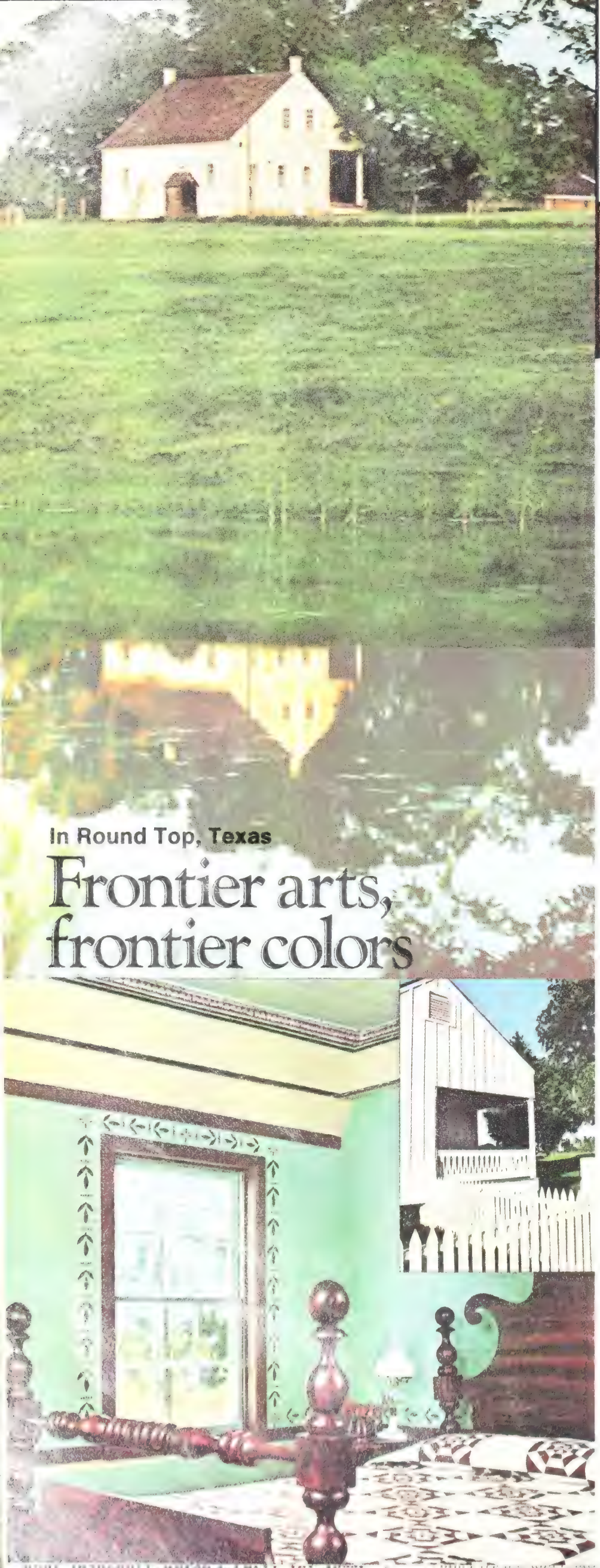
40s double log house, **8**—two large rooms linked by "dog-trot" eezeway, lofts, verandas—built by Anglo pioneers when Texas was a epublic. Later owners, inspired by German neighbors' use of color, tinted e mortar, using Paris green in bedroom (note painted trundle under

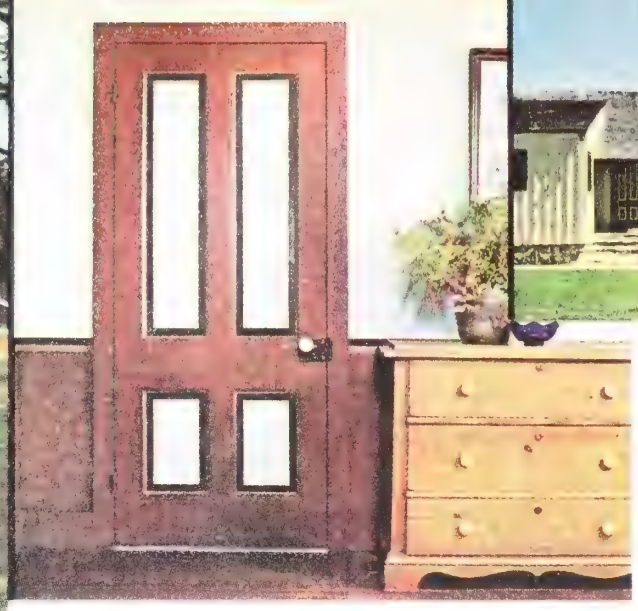


1860s exterior of Schumann II house is yellow, brown, pale blue, **6**. Stenciled walls and painted beams, ceilings, window frames, and dado combine subtle shades of blue and green. The cedar floors and paneling and native furniture reveal the skill of local craftsmen.













In Round Top, Texas

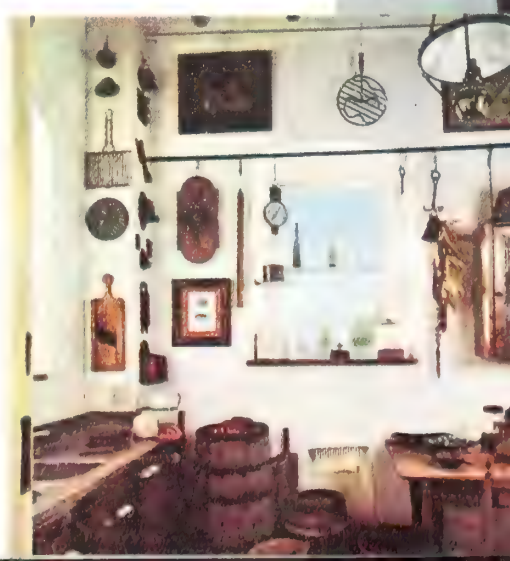
# Frontier arts, frontier colors

Round Top's restorations are for seeing and for learning, and some are for living. The Charles L. Bybees' respect for early decorative arts and their decision to preserve part of this Texas town "as it was in its beginnings" also led them to adopt some homeless houses at the edge of town for weekend living. Other families are following their example and enjoying the small-town simplicity, the new concerts and festivals, antiquing at Hackberry Hill—another "preservation for living," and restoration seminars at nearby Winedale Inn. Regional cooks are also offering their best Anglo, German, and Czech specialties. To adopt a tumble-down house or take a plain house and enliven it with love and imagination takes daring, and patience. "You don't want to hurry and make mistakes that would ruin the character of the house," Mrs. Bybee says. "Learn all you can about your house, and its period. But don't be afraid of color. Color is not a basic change. Someone after you can always take it back to the original." Round Top's authentic colors are easy to like and live with—plum and sumac reds, forest and pale greens, mustard, wild rose and earth brown, chaste grays and black, even a range of blues—peacock, teal, Prussian, robin's egg. But another appeal of these modest 19th-century houses is that their size and lack of ostentation suit today's needs as neatly as they did an earlier generation's. Frontier women, too, did most of their own housework, gardening, stitchery, and in Round Top, at least, managed also to teach music, write poems (the stone house belonged to poet, Clara Rummel), and make distinguished photographs. One of the many exciting discoveries in the Boston Museum's show Frontier Arts is the work of photographer Frederike Recknagel, whose studio was in her husband's drugstore on Henkel Square. To find out more about Round Top, turn to shopping information, page 104.

*While mirroring the past in Round Top's public restoration and renewing an old stone house in a meadow,* above left and opposite page, *Mr. & Mrs. Charles L. Bybee restored two simple 19th-century cottages to live in and to share with guests. Here they felt free to take some liberties in furnishing for comfort—"no Spanish moss or corn shuck mattresses"—but they matched original traces of color inside and out. In a pale green parlor,* top, *a plum-colored door and dado have bands of Federal gold and black, a frontier color scheme as exuberant as the bouquet of Texas wildflowers. Mustard siding and brown trim spice the exterior. In a white board-and-batten cottage with lacy Victorian millwork,* left, *the Bybees found an unusual tray ceiling and stenciling of green leaves and red berries. Local bed has painted* faux bois *graining.*

Right: *Kitchen of stone had been a root cellar (note ventilating hole near apple barrel). Wall cabinet has doors of punched tin, another art Round Top is reviving.*





*ier influences—Indian, Anglo, and German—*
*together in peace in this stone house under*
*-oak tree. The living room,* right and below,
*ndian rug, Wilson bird prints, German sea*
*, settlers' patchwork. Furniture is typically*
*n, as is the midday feast,* far right, *of*
*chicken, cornbread, pickled figs, iced tea.*
*doors have a characteristic Round Top touch:*
*half-escutcheons painted around the knobs*
*l fingerprints, fool and delight the eye.*



























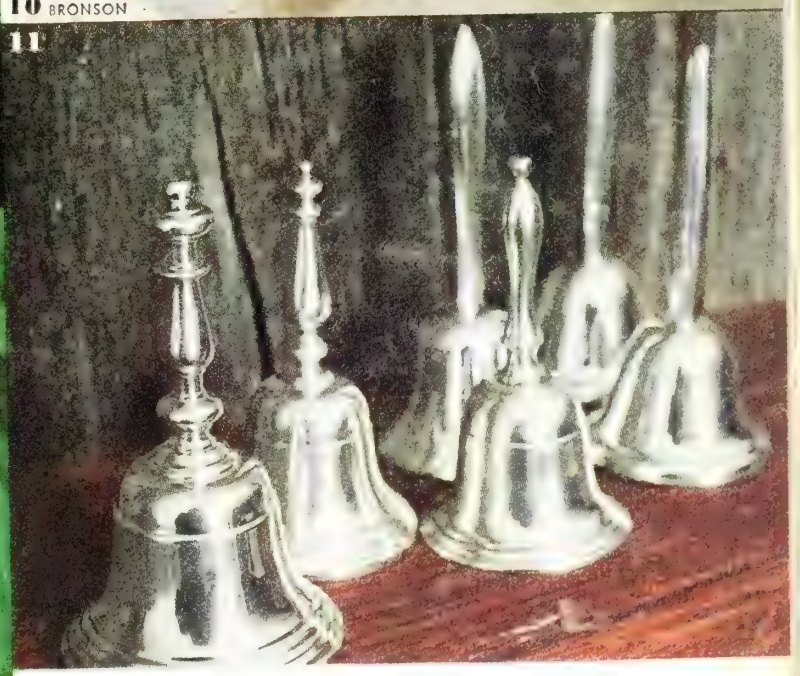




# Silver you'd love to collect



10 BRONSON



11

SUSAN WOOD

Small sterling treasures to start you looking, choosing, enjoying! Little watering cans, **1**, of sterling from Cartier. Napkin rings, **2**, left to right—fluted ring by Towle; flat banded ring, the napkin clip with scrolled edges, and plainest ring of all by Kirk. **3** A gleaming spill of sterling thimbles tumble out of a sterling jigger by Towle; porcelain thimble by Royal Worcester; diagonally grooved thimble beside one that's reinforced for tough stitching; chased dome thimble with band for engraving; sterling "Liberty Bell" and "Diamond" thimble with extra long shaft. From the Sewing Corner. **4** Four fancy-h… spoons, three antique spoons. From James Robinson. **5** … openers—top is a 6 inch rule as well; below it a sterl… cutter; handle is florentine finished on an 8 inch … Kirk. "Puritan" at right by Gorham. **6** Sterling sho… from Cartier to fill with blossoms. **7** Beakers … ounce gradations, the other elegantly plain. F… son. **8** Sterling salad scissors have elaborately worked handles, by Towle; grape shears by Kirk. **9** Flowerpots measure only 1 inc… and 2¾ inches high. Cartier. **10** Sterling wine cooler, dipp… bowls to serve from. Tiffany. **11** Sterling dinner bells—three from James Robinson; "Puritan" teabell by Gorham; teabell pillbox

# Kitchen magic— fabulous storage, latest equipment

This kitchen contains some of the most versatile and flexible storage cabinets ever invented, and also a design surprise—the working area is set at an angle to the corner of the room containing the window, creating a triangle of space filled with plants. The wall adjacent to the window is covered in mirror, thus reflecting every bit of light that comes through the window. Over the pull-out table is a skylight (not shown) balancing the window corner. Designed by John Saladino, this kitchen makes the most of space and light—so it's easy to work in.



right and mirror on creating the vater them through many and avail colors, in an astonishing on the left wall, *opposite* or refrige- ountertops (all made audaire's built-in cooktop

Shopping information, page 104.



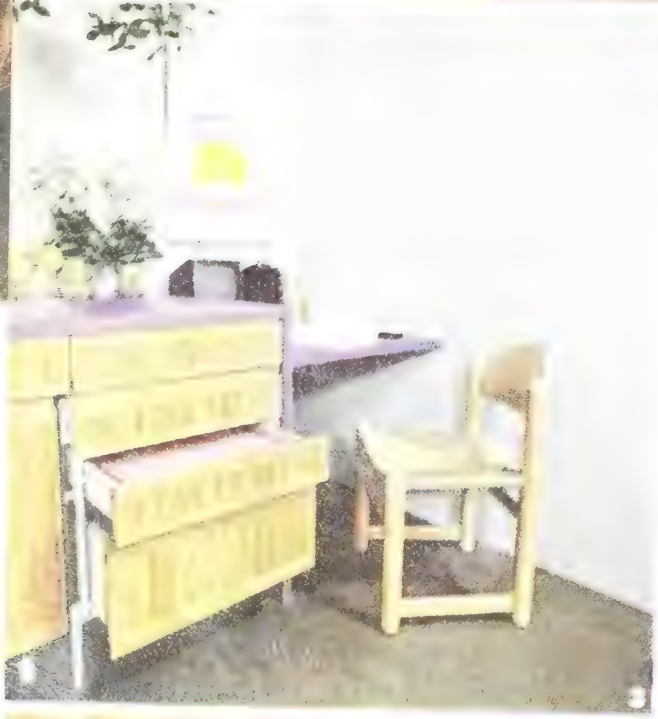




2











# Kitchen magic—flip-up cabinets drawers-within-drawers touch control cooking a refrigerator that talks plus a plant corner

There are working surfaces and storage on all three sides of the kitchen and round the corner, which also doubles as eating area with pull-out table, and desk area, *see floor plan.* Royal Plum Micarta countertops everywhere. **1** The plant corner and diagonal counter, with Elkay double compartment sink and faucet and Frigidaire undercounter dishwasher. Tielsa's new storage idea above it—free-floating white laminated shelf (it can go flush against a wall if you want). Pull-out drawer holds cookbook at the end, middle drawers have lock for medical or precious items, and open shelf for much-used equipment. **2** Storage under cooktop—big drawers with inner pull-out drawer for pots and pans. All Tielsa wood cabinets are sealed to withstand heavy use and open easily by means of carved finger niches running under the horizontal planks. **3** Left-hand cabinet contains built-in table. Next to it, drawers for table linens. Chair and desk area with TV and phone. **4** More innovative storage—drawer for flatware at left, with swivel rack shelf below for mixers. The shelf swings right round, using all the space that usually gets wasted right inside the corner. At right, adjustable pull-out shelves with white rack on the bottom—easy to clean. The middle cabinet, here closed, contains three white vegetable racks. Spice rack fixed on the wall above, with more cabinets up high. **5** Custom made stainless steel hood by PM Range Hoods. Frigidaire's Touch 'N Cook Ceramatop built-in cooking top has a completely new look—no switches or knobs. All controls are operated by the touch of your finger—its warmth activates the control panel, which also contains a clock and timing controls. It requires no special cookware. **6** To the left above cooktop, lots of storage for china. These cabinets lift up with the lightest of touches and stay up as long as you want—easy to reach things. All walls are painted off white, with a sand textured finish. **7** Storage wall with Frigidaire's built-in Touch 'N Cook wall oven and 3-door refrigerator/freezer, separated by a Micarta-lined storage niche. The refrigerator/freezer (three doors for refrigerator, freezer, and ice compartment) has a special new idea—a "Conversation Piece" fixed on the third door. It has a built-in Panasonic AM/FM radio, tape recorder and player, which not only can be installed on any Frigidaire 3-door refrigerator, but can be removed and used elsewhere in the house as well. It plays music, tapes, and also takes messages on the cassette recorder. The curved Micarta-covered closet at left, which swings open to reveal more shelves, was designed by John Saladino. **8** The curved storage closet door is now closed. Wood pull-out pantry cabinet has shelves you can reach from both sides. **9** Another view, with doors open to cabinets over and under the oven. Under the niche, tray storage and pull-out drawers specially designed for cans above and bottles beneath. **10** View of the mirrored wall at left of sink, with shelf for cookbooks, and below, drawer with another swivel shelf. Left-hand small drawer above it pulls out to reveal a built-in meat slicer (not shown). Recessed lighting throughout by Sterling.



TOM TIELSA



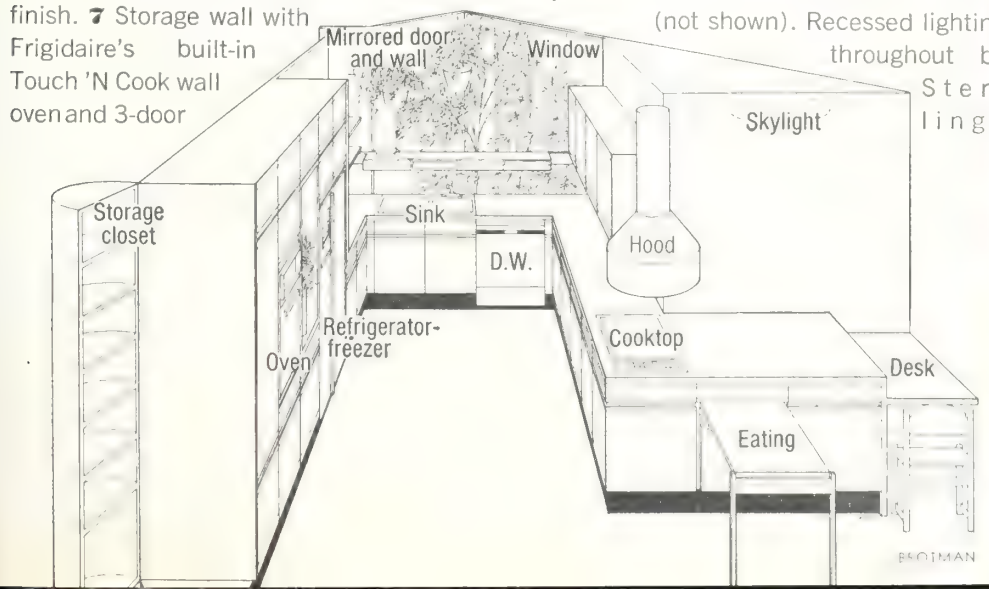
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8



10




BOTMAN

1 19.5-cubic-foot freezer for quantity food storage

2 Microwave oven with precise controls for defrosting

3 Round bin, black door streamline a trash compactor

4 Portable vacuum—28-foot hose reaches everywhere

5 Fuel saving gas range that lights from electric spark instead of pilot lights

# Equipment and ideas for kitchen magic

A huge, every-purpose freezer, **1**, with shelves that adjust, a basket for large packages, and a sliding package dispenser that pops out 10- and 12-ounce packages in first-in, first-out order. Ideal for taking advantage of food specials. Sears. **2** Microwave oven big enough to do roasts has a selector with five settings for precise defrosting. Magic Chef. **3** With a black Lexan panel on the front, this trash compactor moves around or can be built in. Round bin requires no special bags. Hotpoint. **4** Here's a vacuum cleaner that can move from room to room where it can be put on the floor or hooked up on the wall while the 28-foot hose reaches everywhere. Nautilus Industries.

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12 13

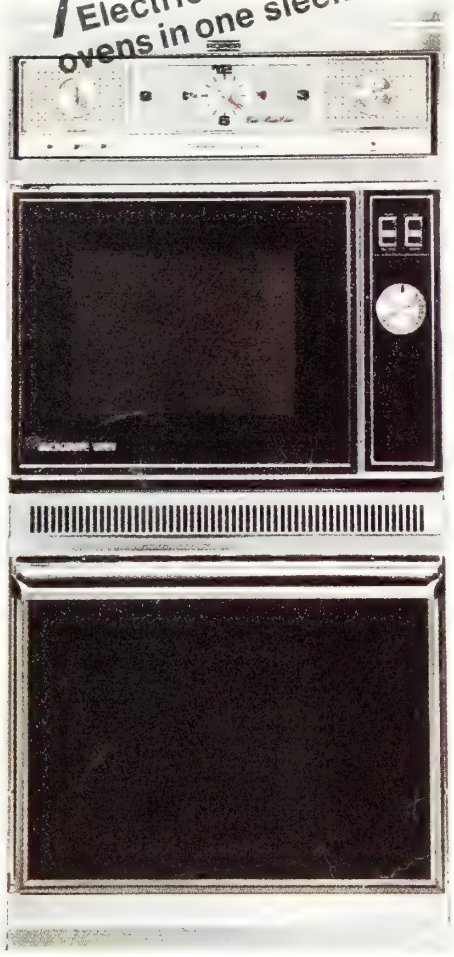
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16

18 19



Insulation
its energy use



7 Electric and microwave ovens in one sleek unit



8 Ice dispenser in top-mounted freezer door

9 Revolving tray lets microwave oven cook evenly

nstead of a constantly burning pilot light, a tiny spark lights this gas range and es energy. Seamless oven liners keep heat from escaping. Caloric. **6** Three- n foam insulation in 15.6 cubic-foot refrigerator-freezer keeps compressor n running so often, cuts energy. Amana. **7** In one unit, a microwave oven and ctric oven, both with black glass doors. Roper. **8** Refrigerator with freezer top has an ice cube and crushed ice dispenser located in freezer door. Has ver saver switch. General Electric. **9** A tray that revolves automatically inside microwave oven guarantees that your food will be evenly cooked. Sharp. **10** Kitchen racks of Douglas fir can be used for drying dishes or storing them. Adjustable. Taylor & Ng. **11** Graduated heavy plastic canisters with lids that snap on tightly, one side is see-through. Copco, at Gimbels. **12** Heavy sandcast aluminum crêpe pan with flat bottom and slanted sides. Gourmet at Saks Fifth Avenue. **13** Sturdy, handsome automatic filter coffee maker made in nonbreakable Lexan, prepares from 2 to 12 cups. Melitta, at Bloomingdale's. **14** Cookware in "Tomato Red" porcelain enamel on cast iron. Copco, at Bloomingdale's. **15** Save burner space with a three-part saucepan that fits on one burner. Parts can be taken off individually or used by themselves. Detachable handle works on all three. Hammacher Schlemmer. **16** A 12-speed automatic mixer, detaches, can be used as hand mixer. Comes with dough hooks. Sunbeam. **17** Copper soufflé dishes from France lined with tin. 1½- and 2-quart sizes. Williams-Sonoma. **18** Nonstick grids coated in plastic come out of waffle iron for washing. Alternate grids slip in for grilled sandwiches. Mouli. At Altman's. **19** Grain mill attachment to this mixer grinds nuts and whole grain flour. KitchenAid. For shopping information, please see page 104.





Although this kitchen is entirely new—in fact a addition to an old house—it looks like a s in country kitchen. Tiles on the co walls, and on the floor, butcher bloc and shelves in a wood finish, and beams all g look. But what's more, this new kitchen designed by John Cottrell means more living space for a family with three boys where there are always five and often more at each meal. A closeup of the fruit and vegetable tiles by *above*. Two built-in ovens with black glass doors by Therma dor, a built-in broiler-grill by Waste King, and two four er gas cooktops by Whirlpool all vent through a custom hood

with melon balls and home-made strawberry ice, *simplu fragaria cum cucumis*.

"Landscape" your table with a grass-green tablecloth and flowery or flower-colored china. Mass dianthus, daffodils, with Bibb lettuce or iceberg hearts in a basket centerpiece. For smaller, individual tables, try forced bulbs in pots and fill as many places and spaces as you can with more early blooming bulbs in a variety of different kinds of containers—a lovely way to come out of hibernation and turn toward spring.

Should there be gnosh rapport among some of your guests, an informal colloquium or symposium might be held before or after lunch to help one another with gardening advice or to answer questions. For favors: take-home small pots of seedlings, ornamental peppers, herbs, a rare cutting.

---

Easter comes early this year. I love ***Easter Saturday luncheons*** complete with children and a traditional egg hunt. Easter is a movable feast so you might pack "box" lunches in Easter baskets to be picked up from a designated center and enjoyed wheresoever you wish. Mushroom baskets lined with colored tissue paper and festooned with bright ribbons do very well for adults: sand pails suit the young fine. For the more sophisticated tastes include cold, deviled chicken legs, curried stuffed eggs, crudités, brioches or a hard roll, a wedge of Camembert, and a split of white or rosé wine plus, of course, a glass. For the minors, fried chicken, carrot sticks, bread and butter sandwiches, brownies, a few Easter candies, and a split of ginger ale, and straws.

Even if you don't especially celebrate Easter, it's still a grand time of the year to rejoice in the renewal of all things. ***An open-house brunch*** would be fitting for the season. Have suitable hors d'oeuvres: hard-cooked pullet eggs served whole to be dipped into a seasoned salt, beaten biscuits split, ready to be filled with bits of carved ham. For the premeal beverage have a peach bowl, perhaps, and whisky sours on the rocks. For the brunch itself: meat balls made of minced chicken livers and chicken meat in a sherry sauce, fried wild rice (a wild rice mixture treated to bits of fried peppers, onions, and egg shreds), small "hamburgers" made with sausage meat and served between baking powder biscuits. And for dessert, what else but oeufs à la neige and a cake made in a lamb mold or in the shape of a rabbit.

---

**For a difference try:**

A crown roast of lamb (instead of the usual Easter ham) filled with green herb stuffing, wreathed with cress and radish roses.

Serving different ice creams for dessert with a tray of liqueurs to pour over them: Amaretto, Cheri-Suisse, Kahlua, Vandermint, Leroux Gold crème de menthe.

When visiting, send a house present after you've left, when it is often easier to realize what will be appreciated—a plant for a special spot, a flower arrangement ordered for a special occasion, a book mentioned by the hostess, an addition to a collection, a record with particular meaning.

A welcome-home party for couples who have been on an unusual trip so that everyone can get vicarious pleasure from hearing about their out-of-the-ordinary adventures and looking at their photographs of the places they have been. ■


# For an extra $17 a year, you can cook better and work less for the next 12.

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## Walnut-stuffed meat loaf, Southern shrimp pie, and

# 15 great main dishes

## from a new book on "American Food" by Evan Jones

**Some of the best American food is to be found in the traditional and regional recipes for good simple main dishes . . . the wonderful meat loaves, pies, and poultry dishes that are family favorites across the country.**

**Here are some easy-to-follow recipes (some can be cooked ahead and frozen) from a new book, *American Food—The Gastronomic Story from Colonial Days to the Present and a Personal Treasury* by Evan Jones.***

### WALNUT-STUFFED MEAT LOAF

*gredients:* 1¼ pounds lean beef, ound; ½ pound veal, ground; ¼ nd lean pork, ground; ⅓ cup lk; 1 egg; 2 tablespoons minced llots or scallions; 1½ teaspoons ; freshly ground pepper; ½ spoon dried sage leaves; 1 cup f bouillon.

*gredients for stuffing:* 2 cups sh bread crumbs; 2 tablespoons nced shallots or scallions; 1 tea- on salt; freshly ground pepper; cups very finely chopped cel- ; ¼ teaspoon dried thyme; ¼ spoon dried basil; ½ cup red e; ¾ cup chopped walnuts ack preferred).

*thod:* Preheat oven to 375°. x meats in a large bowl if tcher has not ground them to- her; be sure they are well nded. Beat together milk and g and stir into meat with shallots l seasonings. Reserve bouillon. mbine stuffing ingredients. rn meat mixture out on wax per and roll into a flat rectangle, ut 12 by 15 inches and ¾ inch ck. Spoon stuffing along widest ge of meat, shaping into a oth roll. Lift wax paper and meat over stuffing, joining two ges of meat rectangle and cov- ng stuffing. Carefully slide ed meat loaf off wax paper and a shallow baking pan. Pour ut ¼ cup bouillon over length loaf. Bake for 1 hour, basting quently with bouillon. (This ipe can be frozen.) Serves 6.

### SOUTHERN SHRIMP PIE

*gredients:* 2 pounds raw shrimps; lices white bread; 1½ cups white e; ⅛ teaspoon grated mace; ated nutmeg; salt; cayenne.

*thod:* Preheat oven to 400°. t shrimps in boiling salted wa- and cook for about 3 minutes. ar up bread, spin in blender for econd or two, then soak in wine. el shrimps and add to wine and mbs, seasoning liberally with ce, gratings of nutmeg, salt, d cayenne, enough cayenne so e can taste it. Turn the shrimp into a buttered baking dish, ke 50 minutes. Serves 6.

### SCALLOPED SHRIMPS IN SOUR CREAM

*gredients:* 1 pound uncooked imps; 4 tablespoons butter; pound fresh mushrooms, sliced; up sour cream at room tempera- ture; ½ teaspoon salt; freshly ground white pepper; 1 teaspoon soy sauce; paprika; ¼ cup grated Parmesan cheese.

*Method:* Shell and clean shrimps. Melt butter in a skillet and stir in sliced mushrooms; sauté for 5 or 6 minutes, then stir in shrimps and sauté until they turn pink, about 3 minutes. Put sour cream in saucepan and heat slowly, stirring in salt, pepper, soy sauce, and enough paprika to make sauce pink; do not let boil. Stir into shrimps and mushrooms and cook just long enough so sauce is thick and well blended. Spoon into 4 scallop shells and sprinkle cheese over tops. Put under broiler until cheese turns golden.

### LAMB BLANKETED WITH DILL SAUCE

*Ingredients:* 1 large bunch of dill, about ¼ pound; 5 cups water; 8 peppercorns; 1½ bay leaves; 1 tablespoon salt; 3 pounds shoulder of lamb, cut into good-sized pieces with bone left in; 1 cup uncooked rice; 3 tablespoons butter; 3 tablespoons flour; 1½ tablespoons vinegar, preferably white wine; 1½ teaspoons sugar; 2 egg yolks; freshly ground black pepper.

*Method:* Preheat oven to 375°. Mince very finely about 2 tablespoons of dill tips and set aside; simmer remainder in water with peppercorns and bay leaves and salt for about 20 minutes; let cool to lukewarm before adding lamb pieces to steep for 30 minutes. Bring to a boil, remove scum, and simmer for 1½ hours or a little bit more, until meat is tender. Meanwhile remove 2½ cups of hot broth and strain; put rice in heatproof dish, pour broth over rice, cover tightly, and bake for 20 to 25 minutes. Let the lamb cook for 10 minutes more; remove and keep warm. In a saucepan melt butter, stir in flour, and cook for 2 or 3 minutes. Stir in remaining lamb broth, add vinegar and sugar. Beat yolks lightly, stir a little hot broth into them; blend this mixture into hot lamb sauce; add meat. Adjust seasoning. Serve on a hot platter; sprinkle with reserved minced dill with baked rice spooned around meat. Serves 4.

### FLORIDA PORK BACK RIBS

*Ingredients:* 3 pounds pork back ribs, cut into pieces; 2 teaspoons salt; ¾ teaspoon Tabasco; ½ cup finely minced onion; ¾ cup orange juice; ½ cup water; 1 lemon, thinly sliced; 2 teaspoons arrowroot starch.

*Method:* Preheat oven to 300°. Parboil meat for 15 minutes; cool. Rub salt and Tabasco into meat. Place fatty side down in skillet and cook over low heat to render some of fat; pour off all but 3 tablespoons fat. Add onion and continue cooking for 3 or 4 minutes. Transfer meat and onion to a shallow baking dish, add orange juice and water, and bake, uncovered, for 2 hours, basting frequently. Skim off fat (or drain most of the juices into a shallow dish, put in freezing compartment of refrigerator, then skim when fat has congealed). Meanwhile put lemon slices on top of meat pieces and return to oven for 30 minutes. Blend the defatted juices with arrowroot by shaking together in a covered jar; mix this with meat juices in baking dish and let thicken in oven for 5 minutes more. Serve with baked tomatoes. Serves 4.

### CAPON WITH WILD RICE AND PECAN STUFFING

*Ingredients:* 1 capon, 6 to 7 pounds; 1 cup cooked wild rice; 1 cup pecans, finely chopped; 1 small onion, grated; 1 egg, well beaten; 1 teaspoon salt; freshly ground pepper; 2 to 3 tablespoons melted chicken fat or butter; 4 tablespoons chopped parsley; ½ teaspoon dried savory; 4 tablespoons softened butter; 1 cup heavy cream scalded; 2 to 3 teaspoons flour.

*Method:* Preheat oven to 425°. Remove fat from inside capon and render. Mix cooked wild rice with pecans, grated onion, beaten egg, salt, a little freshly ground pepper, and enough chicken fat or butter to moisten; then stir in the herbs. Pack the stuffing loosely into the bird, sew up, and truss. Rub all over generously with softened butter, then place on a rack in roasting pan and roast for 15 minutes; reduce heat to 350° and continue roasting for another 1½ hours, basting at intervals with scalded cream. When done, remove bird and make gravy: sprinkle flour in bottom of roasting pan, scraping up all browned bits, and blend in any remaining cream and a little water if too thick. Serve in separate gravy boat. Serves 6.

### CHARLESTON BENNE CHICKEN

*Ingredients:* 1 frying chicken, 2½ to 3 pounds; ½ cup sesame seeds; ½ cup flour; 1 tablespoon salt; ¼ teaspoon cayenne pepper; ¼ teaspoon black pepper; 2 oranges; 2 tablespoons bacon fat; 2 tablespoons butter; ½ cup cream; 1½ cups chicken stock.

*Method:* Preheat oven to 325°. Have chicken cut into serving pieces. In a paper bag combine ¼ cup sesame seeds, the flour, salt, cayenne, and black pepper. Grate rind from oranges and add to flour-sesame mixture. Shake 1 piece of chicken at a time, coating thoroughly with contents of bag. Over low heat brown chicken pieces in bacon fat. Meanwhile melt butter in a saucepan; stir in 2 tablespoons of the flour-sesame mixture remaining in the bag; then gradually add cream and stock, making sure no lumps form. Squeeze juice from the oranges and slowly add to sauce; when sauce is thick and smooth add remaining ¼ cup of sesame seeds. Transfer browned pieces of chicken to ovenproof casserole. Pour off all but 2 or 3 tablespoons of fat from skillet, then scrape [illegible]

Continued on page

[illegible] and add to them the orange sauce from saucepan; blend well to have pouring over chicken. Cover and bake for 45 minutes; remove cover and bake for 15 minutes more. (This recipe can be frozen.) Serves 4.

## CAPON BREASTS WITH ORANGE AND BLACK WALNUT SAUCE

*Ingredients:* [illegible] of 5-to-6-pound capon or 2 whole chicken breasts; 3 tablespoons butter; salt; freshly ground pepper; 1 can chicken gravy (or giblet gravy); 2 tablespoons flour; 2 oranges, squeezed to make 1 cup juice; ½ cup chicken stock; pulpiness of 1 orange; peel of 1 orange, slivered; ½ cup chopped black walnuts.

*Method:* Remove breast meat from bones in 4 uniform pieces. Melt butter in a large skillet, skim off foam, then sauté breast pieces in hot butter, being careful to keep butter from turning brown; use tongs to lift pieces when turning them, and cook on all surfaces, basting regularly with butter, for 12 to 15 minutes. Sprinkle all sides with salt and several turns of pepper grinder. Remove meat from skillet and keep warm. Put ham slices in skillet and warm them in remaining butter; then lift them out, letting butter drip off, and put 1 slice on each piece of breast. Stir flour into skillet to absorb remaining butter and cook for about 2 minutes before stirring in orange juice, a little at a time; stir in stock. When thickened add orange-peel strips and nuts. Spoon sauce over ham and breast pieces. Serves 4.

## COUNTRY CAPTAIN

*Ingredients:* 4 bacon slices; 1 green pepper, chopped; 1 medium-sized onion, chopped; 2 garlic cloves, minced; 1 cup [illegible] with pulp; 1 cup chicken stock; 1 tablespoon curry powder (or to taste); 1 teaspoon thyme; 2 tablespoons flour; 2 cups cooked chicken, cut in pieces; ½ cup currants; ½ cup blanched almonds; 2 tablespoons minced parsley.

*Method:* [illegible] butter and oil for frying chicken pieces. Sauté onion, garlic, and pepper until soft but not brown. Add tomatoes and chicken stock, bring to a boil, and simmer for 45 minutes. Add a dash of Tabasco, stir in shrimps, cook 5 minutes. Serve hot fluffy rice. (This recipe can be frozen.) Serves 4.

## MINCED CHICKEN SAM WARD

*Ingredients:* 1 large chicken; [illegible] pound fresh mushrooms, 3 tablespoons butter, or more; 2 cups white wine; 1 large potato cooked; heavy cream; 4 bacon slices, crisply fried.

*Method:* Clean chicken and boil until done. Remove all meat from bones and chop into fine dice. Chop mushrooms and sauté in about 3 tablespoons butter for 4 or 5 minutes, stirring occasionally. Add white wine, bring to a boil, and let it reduce to one third. Meanwhile put potato through grinder. Add chopped chicken to reduced wine-mushroom mixture and stir in potato to bind mixture. Add just enough cream to make a smooth, thickish blend. Serve piping hot, topped by crisp bacon half slices. (This recipe can be frozen.) Serves 8 to 10.

## CHICKEN LIVERS MADEIRA

*Ingredients:* 1 pound chicken livers; ¼ cup finely diced country ham, 1½ tablespoons butter; 1½ tablespoons oil; a pinch of sage; salt; freshly ground pepper; 8 bread triangles; ¼ cup Madeira.

*Method:* Trim livers of connective tissues, and combine with ham. Heat butter and oil over brisk heat and stir in meats, searing livers quickly and turning constantly. Add sage and salt and pepper. After no more than 5 minutes (livers should be rosy inside), remove meats with slotted spoon, keep warm. Fry bread triangles in same pan, remove, put on hot serving plates. Heat Madeira in same pan, stir in meat. Let bubble up, pour over triangles. Serves 4.

## MINNESOTA WILD RICE AND BEEF SALAD

*Ingredients:* 2 cups julienne strips of rare roast beef; 1½ to 2 cups cooked wild rice or other rice; 2 to 3 tablespoons pine nuts; 1 small white onion, minced; 2 to 3 tablespoons chopped green pepper; 1 cup sour cream, 1½ to 2 tablespoons Dijon mustard; 2 to 3 tablespoons wine vinegar; sugar; dried chervil; lettuce leaves.

*Method:* Mix beef, rice, pine nuts, and vegetables. Season sour cream to taste with mustard, vinegar, very little sugar, and ½ teaspoon or more of dried chervil. Toss meat and rice mixture with dressing and refrigerate for an hour or so. Serve on lettuce leaves. Serves 6.

*Continued on page 10*

## BARBECUED DUCK IN SOY SAUCE

*Ingredients:* One Long Island duckling, about 5 pounds; salt; 1 small [illegible] ½ lemon; 1 tablespoon [illegible]; ½ cup sherry; ½ cup soy sauce; 2 tablespoons honey; 1 garlic clove, minced.

*Method:* Wipe duck inside and out with damp cloth, sprinkle salt inside, prick [illegible] and ½ inch thick into duck spine and tie securely; tie legs together. Combine remaining ingredients except duck in saucepan, bring to the boiling point, and simmer gently for about 5 minutes. Insert spit rod so weight of duck is well balanced and prongs hold it firmly. Paint with warm barbecue sauce, as rotisserie heats. Roast for about 3 hours, depending upon quality of heat. Paint at least every 15 minutes with sauce to build glossy dark carapace over duck skin. Duck is done when thigh moves easily and juices run clear of blood. Serves 4.

## DR. RAY'S CHINESE BASS

*Ingredients:* 1 dried Chinese mushroom; 8 dried Chinese lichen (Cloud's ears in Chinese markets); 2 scallions; 12 snow pea pods; 6 slices fresh or pickled ginger root; 4 water chestnuts, fresh preferred; 2 fish, about 2 pounds each; flour; vegetable oil. *Ingredients for sauce:* 4 tablespoons soy sauce; 4 tablespoons sherry; 4 tablespoons white vinegar; 1 tablespoon sugar; 2 tablespoons cornstarch; 2 teaspoons salt; 1½ cups water.

*Method:* Cover mushrooms and lichens with water in separate containers and soak for 1 hour. Cut scallions into thin horizontal slices, including tenderest part of green tops. Remove fibrous pieces from mushroom caps and discard; cut caps into thin slices. Separate lichen into small pieces. Wash pea pods and remove tips and strings. Peel ginger root and cut into thin slices. Slice water chestnuts thinly. Clean fish, remove heads, tails, and fins, and cut off all but 2 tablespoons oil. Drain mushrooms and lichen, pat dry, and cook with scallions, snow peas, ginger root, and chestnuts in remaining oil over high heat for 1 or 2 minutes so vegetables are barely cooked. Stir in sauce mixture and cook until it thickens and becomes clear. Turn down heat and add cooked fish, spooning sauce over it. 1 to 2 minutes. Serve immediately with rice. Serves 4.

## PONTCHARTRAIN JAMBALAYA

*Ingredients:* 1 tablespoon bacon fat or rendered ham fat; 2 medium-sized onions, chopped; 6 pork link sausages, highly seasoned; 1 tablespoon flour; ½ pound country ham, diced; 3 medium-sized tomatoes, peeled, seeded, and chopped; 1 cup uncooked rice; 1 large garlic clove, minced; 2 cups chicken stock; 1½ inch piece of dried red pepper pod, crushed, or ¼ (or more) teaspoon Creole or cayenne pepper; ½ teaspoon dried thyme; 1 medium-sized green pepper, diced; 3 tablespoons minced parsley; 1½ pounds raw shrimps, peeled; 1½ pints raw oysters.

*Method:* Use a heavy pot with tight-fitting cover and in it melt fat. Add onions and sausages and stir over moderate heat until sausages brown a little and onions are translucent. Stir in flour and cook slowly, stirring constantly until the "roux" has turned the color of peanut butter. Add ham and tomatoes and cover tightly, simmering over low heat for about 30 minutes. Add rice, garlic, stock, seasonings, green pepper, and parsley. Cover tightly and simmer over very low heat for 40 minutes or more until rice is cooked but not mushy; do not stir. Stir in shrimps and cook for 2 minutes. Stir in oysters and cook for 3 minutes. Country ham should eliminate need for salting; taste and adjust seasoning as desired. (This recipe can be frozen.) Serves 6.

## CREOLE SHRIMPS

*Ingredients:* 2 medium-sized Bermuda onions, finely chopped; 2 medium-sized green peppers, seeded and chopped; 2 tablespoons butter; 11 ripe peeled and chopped; 2 cups chicken [illegible] 1 teaspoon thyme; 1 teaspoon salt; ground cayenne or Creole pepper; dash of Tabasco; 1½ pounds raw shrimps, peeled; cooked rice.

*Method:* Sauté onions and green peppers in butter for about 4 minutes. Add tomatoes, chicken stock, bay leaf, thyme, salt, and cayenne or Creole pepper to taste. Bring to

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## CRAB ST. JACQUES AU GRATIN

**2 cups hot, seasoned mashed potatoes**
**2 egg yolks**
**¼ cup melted butter**
**2 Tablesp. flour**
**½ teasp. seasoned salt**
**1 cup half and half**
**¼ lb. mushroom caps, sliced**
**2 Tablesp. minced green onions**
**2 Tablesp. minced parsley**
**1 (6-oz.) pkg. frozen Wakefield Alaska King or Snow Crab*, thawed**
**3 to 4 Tablesp. sherry**
**¼ cup shredded Gruyère or Swiss cheese**




Combine potatoes and egg yolks; mix well. Pipe through pastry tube or spoon around outer edge of 4 (6-inch) baking shells or ramekins; set aside. In small saucepan, blend **2 tablespoons** butter with flour and salt. Stir in half and half gradually. Cook, stirring constantly, over medium heat until thick and smooth. In medium saucepan, saute mushrooms, onions and parsley in **remaining** butter. Add Wakefield Crab, **undrained,** and sherry; toss to mix. Add cream sauce; mix well. Spoon into shells; sprinkle with cheese. Slide under broiler 5 to 8 minutes to brown potatoes and bubble filling. Makes 4 servings. *Wakefield's Shrimp or Crabmeat and Shrimp in this same recipe makes an equally delicious entrée.

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# Delicious ways to use coconut

## including a spectacular cake, a surprise mousse

by Jane E

Coconuts—exotic, round, fruits from the tropical palm with delicious cool water and rich, sweet meat, can be used with great versatility. The meat can be eaten raw as a good snack, grated for adding to cakes, confections, curries, salads, and soups. An average coconut weighs about 1½ pounds and yields 3-4 cups of chopped or grated meat, which can be stored in the freezer for later use if you wish. Canned sweetened coconut can replace the fresh in all the dessert recipes and desiccated unsweetened coconut can be used for the savory ones.

### COCONUT CAKE

Mrs. Alfred Bloomingdale's famous coconut cake from Wine & Food cover-hug has been greatly admired by all her friends, including Edmond Bery of Fanchon.

*Ingredients:* 2½ cups sifted flour; 3 teaspoons baking powder; ½ teaspoon salt; 5 eggs, separated; 1½ cups sugar; ½ cup shortening; 1 teaspoon almond extract; ½ cup grated fresh coconut; ½ cup coconut water.

### COCONUT TIPS

***How to buy a coconut:*** Look for a coconut that shows no sign of mold or cracks. Shake to make sure it has plenty of water inside—this insures a moist interior.

***To grate coconut:*** Before you grate coconut, taste a small piece to make sure it is not rancid. Unused grated coconut will stay fresh in the refrigerator for 24 hours if it is well covered. As it goes rancid and turns yellow very fast, it is best to store unused grated coconut in the freezer. Cut off dark brown skin on meat with a vegetable peeler or a sharp knife before grating. Grate pieces of coconut meat on a hand grater.

***To roast grated coconut:*** Put grated coconut in a heavy iron skillet over medium flame and stir for 3-4 minutes until it begins to turn brown.

***To make coconut milk:*** Cut coconut meat into 1-inch chunks leaving brown skin on and put in the blender with 1 cup hot, not boiling, water. Blend. Slowly add 1 cup more hot water. Strain. To make a thinner milk, repeat process with coconut pulp. Frozen coconut milk can be bought at Casa Moneo in New York and Spanish groceries.

***To make coconut cream:*** Allow the coconut milk to stand until cream rises to top. This is very thick and rich. Coconut cream can also be bought in cans, one brand, Coco Lopez can be bought in stores like A&P and Finast.

***If you cannot find fresh coconut,*** desiccated unsweetened coconut can be used. Refresh it before using by sprinkling with water. Moist, shredded, sweetened coconut packed in sealed cans can be substituted for fresh, grated, coconut in dessert recipes.

*Method:* Preheat oven to 375°. In a large bowl sift flour, baking powder, and salt together, set aside.

In a separate bowl beat egg whites until soft peaks form and add ½ cup sugar, 2 tablespoons at a time, until stiff peaks form and set aside. In a separate bowl cream shortening adding remaining sugar gradually (cream until fluffy). In a separate bowl beat egg yolks and almond extract and blend into creamed shortening mixture. Add fresh coconut and alternately add flour mixture and coconut water (beginning and ending with flour mixture). Fold in egg whites as you would for a soufflé. Batter will be very stiff. Grease and lightly flour 2 8-inch cake pans and pour mixture into them. Bake for 25 minutes. Cool cakes and turn out on wire racks.

### FROSTING

*Ingredients:* 1½ cups sugar; ¼ cup water; dash of salt; ¼ teaspoon cream of tartar; 2 egg whites; 1 teaspoon almond extract; ½ cup fresh shredded coconut, plus some for garnishing.

*Method:* In the top of a double boiler mix sugar, water, salt, and cream of tartar and place over boiling water and beat until mixture is stiff enough to stand in peaks. Remove from heat and continue to beat until thick enough to spread. Add almond extract and coconut and mix well. Frost cake and sprinkle with additional coconut.

### COCONUT MOUSSE

This delicious coconut mousse from Mrs. Alfred Bloomingdale can be served as it is on our Wine & Food cover or sprinkled with grated coconut.

*Ingredients:* 1 pint half and half; 3 tablespoons gelatin soaked in ½ cup water; 1 cup sugar; 2 cups fresh grated coconut; 1 teaspoon almond extract; 1½ pints heavy cream.

*Method:* In a saucepan heat half and half to the boil and add gelatin mixture and sugar and dissolve. Cool and add coconut. In a bowl beat almond extract and cream until stiff. Fold into coconut mixture and pour mousse into an 8-cup mold. Chill the mousse until it is firm. Serves 10.

*Continued on page*


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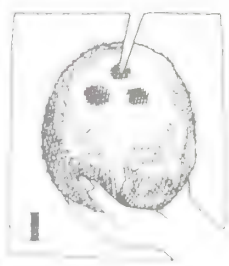
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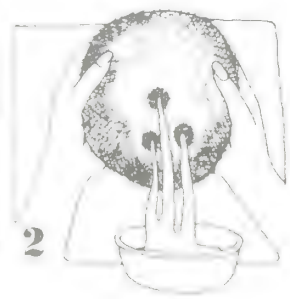
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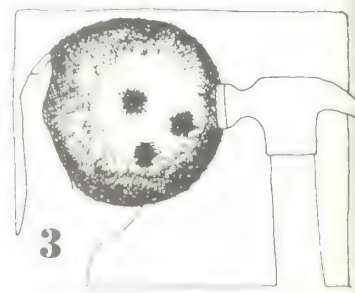
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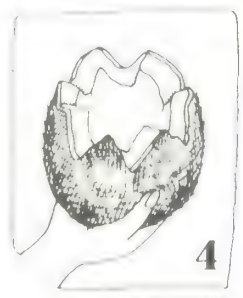




***TO OPEN A COCONUT***

*1. Tap the three soft areas on the top with a sharp instrument. 2. Pour out liquid and reserve. 3. Hold coconut in one hand and with the other tap all over with a hammer until hard shell cracks and falls off. 4. Separate meat from shell by prying apart with a sharp knife.*



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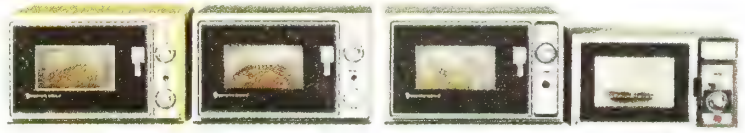
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### COCONUT CRUMB CRUST

[illegible] pie crust from Helen Brooks's new book, *Helen Corbitt Cooks for Company* (Houghton Mifflin), can be frozen beautifully and filled with a variety of things from ice cream to pie fillings.

*Ingredients:* 1½ cups tender thin flaked coconut; 2 tablespoons butter, melted; 2 tablespoons sugar; [illegible] finely crushed graham crackers; spices; maple, vanilla or chocolate wafers; pinch of cinnamon.

*Method:* Preheat oven to 325°. Stir a few seconds coconut and butter and mix well. Add sugar and [illegible] crumbs and mix thoroughly. Press firmly on bottom and sides of 9-inch pie pan. Bake 15 minutes until lightly browned. Cool. Crust may be frozen.

Crust may be filled with coffee ice cream, topped with butterscotch sauce and whipped cream. Or fill with chiffon or cream pie filling and chill until firm.

### YOGHURT FRUIT SALAD

From Kees Kayzenburg's [illegible] the health food take-out shop Panacea, in New York.

*Ingredients:* 1 pint plain unflavored yoghurt; ½ cup currants; ½ cup sunflower seeds; ½ cup slivered coconut, shredded coconut; ½ cup seedless grapes; 1 medium banana, sliced; 1 small apple, cored and sliced; 1 small pear, cored and sliced.

*Method:* In a bowl blend yoghurt, currants, sunflower seeds, coconut, grapes, banana, apple, and pear. Chill. Serves 5.

Any fruit can be used in this salad except oranges and pineapple—they make it too runny. If you are using dried fruits, soak them in water first.

### CHILLED COCONUT SOUP

From Mrs. Michael Boote.

*Ingredients:* ¼ stick butter, 5 tablespoons flour, 4 cups half and half, 3 tablespoons brown sugar, 1½ teaspoons nutmeg, 2 tablespoons vanilla; ¾ cup fresh shredded coconut; ½ cup coconut cream.

*Method:* In a saucepan melt butter and stir in flour and cook for about 5 minutes (do not let mixture color). Stir in half and half, sugar, nutmeg, and vanilla. Cook, stirring constantly, for 10 minutes. Remove from heat and add coconut and coconut cream. Allow soup to cool and then refrigerate. Serves 6.

### CABBAGE WITH MUSTARD SEEDS AND COCONUT

This wonderfully simple recipe [illegible] cabbage comes from Madhur [illegible]frey, the author of *An Invitation to Indian Cooking* (Knopf) [illegible] is now working on a book of [illegible]dian vegetarian cooking.

*Ingredients:* 6 tablespoons [illegible]tard oil (olive oil may be used); 1 teaspoon whole black mustard seeds (yellow mustard seeds may be substituted); 2 bay leaves; 1 medium-sized cabbage (3 pounds), cored and finely shredded; ¾ teaspoon salt; 1 hot green chili, cut fine into long strips (assembling cabbage strips (strips cut from half a green pepper may be substituted); ½ cup freshly grated coconut (loosely packed).

*Method:* In a wide casserole-type pot heat oil over a medium-high flame. When hot, add mustard seeds and bay leaves. As soon as bay leaves darken and mustard seeds begin to pop (this takes just a few seconds), put in the shredded cabbage. Turn heat to medium and stir. Cook for about 5 minutes. Add salt and green chili strips. Stir and cook 5 more minutes. Turn off heat. Sprinkle with coconut and mix well. Serves 4-6.

### COCONUT SAFFRON RICE

This Indian way of preparing rice comes from Gaylord's, the popular Indian restaurant in New York.

*Ingredients:* ½ cup onion, finely chopped; 2 tablespoons butter; [illegible] cups water; 2 large and two small pieces cardamom; 2-3 black peppercorns; 2 cloves; 1 cinnamon stick; ½ teaspoon saffron; 2 cups washed rice. Garnish: to taste boiled peas and fresh grated coconut.

*Method:* Preheat oven to 300°. In a frying pan fry onion in butter until lightly golden brown. Add water to pan and bring to the boil and let mixture simmer. In a piece of muslin wrap cardamom, peppercorns, cloves, and cinnamon and tie to form a bag. Add spice bag and rice to pan and bring to the boil. Add saffron and mix well. Cover pot with kitchen towel and with a lid and place in the oven for about 10 minutes or until water has evaporated. Garnish rice with peas and fresh coconut. Serves 6.

### PIÑA COLADA

Serve for a nutritious breakfast without the rum and as a long cool drink in the summer for lunch.

*Ingredients:* 1 ounce cream of coconut, 2 ounces pineapple juice, 1½ ounces white rum (optional).

*Method:* Mix in a blender coconut cream, pineapple juice, rum (optional, and crushed ice for 30 seconds. Serves 1.

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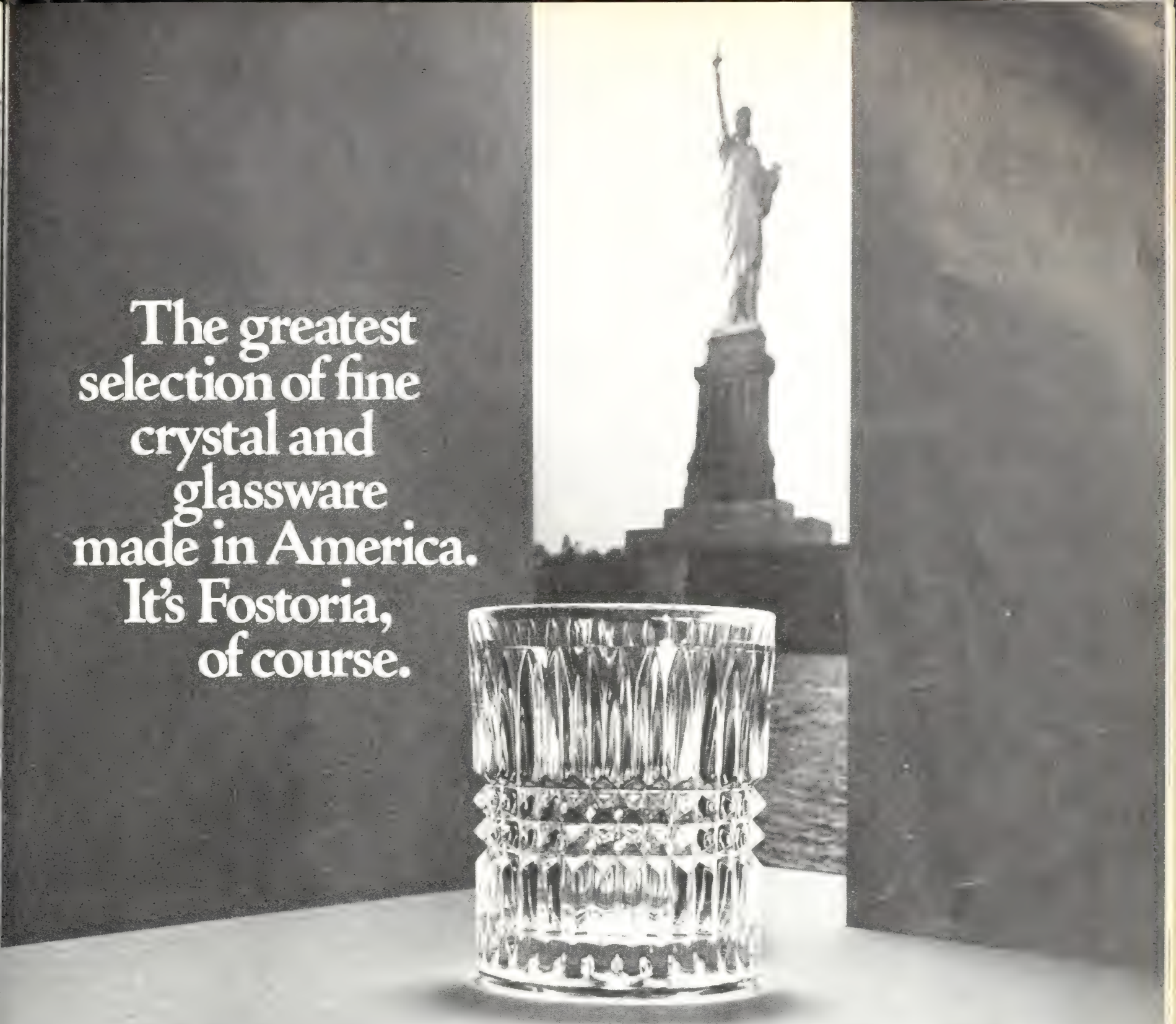


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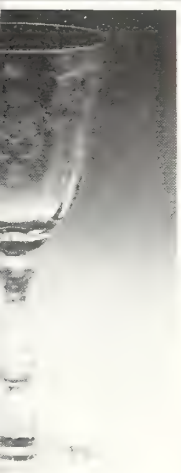
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# 15 fabulous sauces
## Quick ways to give a dish a lift

by Doris Tobia

**The right sauce, made from fresh ingredients can give a wonderful fillip to an unassuming broiled chicken, simply cooked vegetables, and plain broiled meats. Here are some great and flavorful sauces to give a special finish to your own favorite recipes, including an up-to-date basic brown sauce plus seven sauces to build around it.**

### SAUCE ROBERT

Piquant and savory for sautéed shrimp, grilled meats.

*Ingredients:* 2 tablespoons onion, finely chopped; 1 tablespoon butter; ½ cup dry white wine; 1 cup basic brown sauce; 1 teaspoon Grey Poupon mustard; salt and freshly ground pepper to taste.

*Method:* In a skillet sauté onion in butter until limp and golden. Add wine to the skillet and simmer over low heat 5-7 minutes. Add brown sauce, mustard, salt, pepper and serve at once. Makes about 1 cup.

### SAUCE DIANE

The most widely beloved steak sauce, will also do justice to a filet mignon.

*Ingredients:* steak; 2 tablespoons butter; 1 tablespoon olive oil; 2 shallots, finely chopped; ½ clove garlic, finely minced; 2 tablespoons cognac; salt and pepper to taste; dash or two of Worcestershire sauce; 1 tablespoon chili sauce; 2 tablespoons brown sauce; 2 tablespoons sweet butter; ¼ cup chopped parsley; small amount of fresh or dried tarragon.

*Method:* Pan broil steak to desired doneness. Remove steak from pan and keep warm over an asbestos pad. Degrease the skillet by wiping it out with paper towels. Add to pan butter, olive oil, shallots, garlic and cook, stirring, over low flame until limp. Add cognac to the pan, step back, and flame using a long match. When the flames subside, add salt, pepper, Worcestershire sauce, chili sauce, and brown sauce. Stirring constantly, bring sauce to the boil. Lower heat to the simmer and stir in sweet butter, parsley, and tarragon. Pour sauce over steak and serve immediately. Serves 2.

### HUNTER SAUCE

A flavorful, stimulating sauce for lamb, beef, and pasta dishes.

*Ingredients:* 2 tablespoons butter; 1 tablespoon shallots, chopped; ¼ pound fresh mushrooms, sliced; 1 cup dry white wine; ½ cup tomato sauce, homemade or canned; ½ cup basic brown sauce; 2 tablespoons sweet butter; ¼ teaspoon salt; fresh black pepper to taste; ½ teaspoon dried chervil; ¼ teaspoon dried tarragon.

*Method:* In a skillet sauté butter and shallots until limp but not brown. Add mushrooms and wine and stir over medium heat for 10 minutes. Add tomato sauce and brown sauce and simmer, stirring, for 5 minutes. Just before serving, add sweet butter, salt, pepper, chervil, and tarragon. Makes about 2 cups.

### SAUCE BORDELAISE

Red wine, shallots, and herbs give this classic sauce its distinctive flavor. Great with entrecôte or ribbed steak, or with any grilled meat.

*Ingredients:* 1 cup red wine, preferably Bordeaux type; 1 tablespoon minced shallots; 1 sprig fresh thyme or ⅛ teaspoon dried; 1 small bay leaf; pinch of salt; 1 cup basic brown sauce; 2 tablespoons fresh, sweet butter; 2 tablespoons chopped parsley.

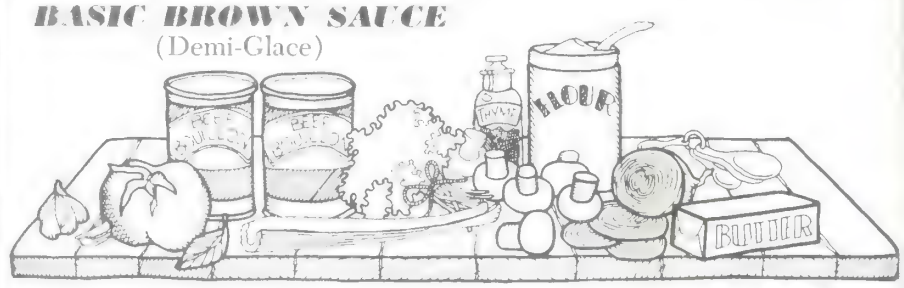
*Method:* In a heavy saucepan heat wine, shallots, thyme, bay leaf, and salt. Bring to the boil, reduce heat to simmer and continue to cook for 10 minutes. Add basic brown sauce and simmer, uncovered, about 15 minutes, stirring from time to time. Add butter and swirl in saucepan. Just before serving add parsley and serve over meats or in an elegant sauceboat. Makes about 2 cups.

### SAUCE BOURGUIGNONNE

Prepared in the same manner as Sauce Bordelaise, but substitute




### BASIC BROWN SAUCE
(Demi-Glace)



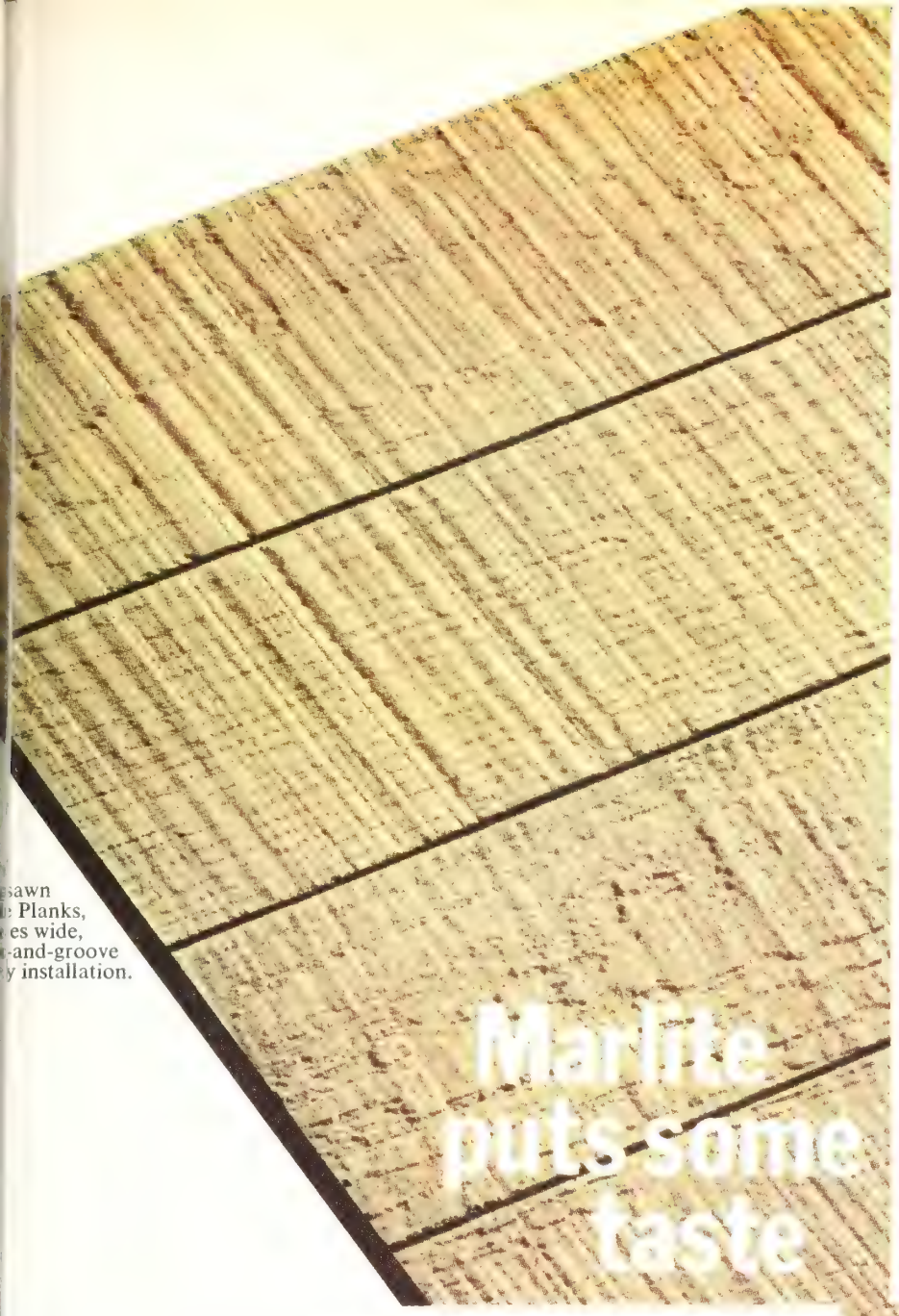

D. REES GODFREY

The classic brown sauce is used to compose finished sauces such as Bordelaise, Robert, Perigourdine, and countless others. This streamlined version of the original, which used to take hours, even days, to prepare, fits in with today's lifestyle.

*Ingredients:* 2 13-ounce cans beef bouillon; 3 sprigs parsley; 1 stalk celery, cut into 1-inch pieces; 5-6 medium mushrooms, diced; 1 tomato, peeled, seeded, and chopped; ½ bay leaf; 1 pinch dried thyme or a sprig of fresh; ½ garlic clove; 2 tablespoons onion finely chopped; 3 tablespoons butter; 3 tablespoons flour.

*Method:* In a heavy saucepan heat bouillon, parsley, celery, mushrooms, tomato, bay leaf, thyme, and garlic and bring to a boil. Lower flame and simmer, covered, for 1 hour. Cool and strain.

In a skillet sauté onions in butter until limp and golden. On a low flame whisk in flour until well blended. When butter-flour mixture is smooth, gradually add strained stock, stirring constantly until blended and smooth. Bring sauce to a boil, lower flame, and simmer for ½ hour, stirring occasionally to keep sauce smooth. Cool. Sauce may be stored in the refrigerator for later use or frozen. Makes about 3 cups.




sawn
Planks,
es wide,
-and-groove
y installation.

ly thickened. Season with salt, pepper, parsley, tarragon, chives, chervil, and capers. Add mustard, blend well. Pour over cooked meats or fish, or serve separately in a crystal bowl. Makes 2 cups.

## MORNAY SAUCE

This is a favorite for topping casserole dishes or drained canned hearts of palm, the rich creamy mixture enhanced with cheese and, if you like, a little wine.

*Ingredients:* 2 tablespoons butter; 2 tablespoons flour; 1 cup half and half heated; pinch of salt and white pepper; 1 beaten egg yolk; optional: ⅓ cup grated Emmenthal or Swiss cheese.

*Method:* In a saucepan melt the butter and blend in the flour, and cook slowly, stirring, until the butter and flour froth together for 2 minutes without coloring. Remove from stove and add half and half and immediately beat with whisk to blend liquid and flour mixture. Set saucepan over moderately high heat and stir with whisk until the sauce comes to the boil. Boil for 1 minute stirring. Remove the sauce from heat and beat in salt and pepper and the egg yolk.

Add cheeses and stir over low heat until cheese is melted and pour over a dish of hearts of palm and gratinée until bubbly and golden.

For a more authentic Mornay, add ½ cup dry white wine that has been reduced over a high flame to half and stir your grated cheese into the wine. Try using equal parts of 2 cheeses—Parmesan and Swiss, for example. Add 1 tablespoon sweet butter and stir until blended. Add this mixture to the béchamel and proceed as directed. Makes about 1 cup.

## SAUCE SMITANE

A snappy, sour-cream-enriched sauce that goes wonderfully well with veal stewed in white wine; lightly sautéed top round of beef cubes, or baked Cornish hens.

*Ingredients:* 3 tablespoons finely chopped shallots; 2 tablespoons sweet butter; 1 cup dry white wine; ⅛ teaspoon salt; few grindings of white pepper; 2 cups dairy sour cream; 1 teaspoon lemon juice; 1 tablespoon dry Madeira.

*Method:* In a heavy saucepan sauté shallots in butter until limp but not browned, stirring frequently. Add wine and, over medium heat, stir until it is reduced to about half. Add the salt and pepper and then slowly add the sour cream and lemon juice and stir over very low heat until blend-

*Continued on next page*

cup red Burgundy type wine for
Bordeaux. Makes about 2 cups.

## QUICK MADEIRA SAUCE

phisticated and winy. Perfect
th sautéed chicken livers,
oked tongue, and veal scallops.
*gredients:* 2 cups basic brown
uce, ⅓ cup Rainwater or Sercial,
e 2 driest types of Madeira,
ne; 2 tablespoons fresh, sweet
tter.
*ethod:* In a heavy saucepan add
sic brown sauce, Rainwater or
rcial wine and heat. Before
uce is to be served, swirl in but-
r to give richness and glaze.
akes about 2 cups.

## SAUCE PERIGOURDINE

ne quintessence of elegance.
rve it with filet mignon, steaks,
asts, and boeuf en croûte.
*gredients:* 1 small can black truf-
s (⅞-ounces), diced; ⅓ cup bran-
; 2 cups basic brown sauce; ½
p Sercial or Rainwater Madeira
ry); 3 tablespoons fresh, sweet
tter.
*ethod:* In a bowl soak the truf-
s in the brandy for 1 hour. In a
avy saucepan heat brown sauce,
ffles, brandy, and Sercial or
ainwater and simmer the sauce
low heat for 10 minutes. At the last moment, add butter and swirl sauce around and pour it into the most graceful and attractive sauceboat. Makes about 3 cups.

## SAUCE RAVIGOTTE

This version is laced with wine and vinegar and savory herbs. Consummate companion to calves' liver, brains, and seafood, especially delightful with broiled lobster.

*Ingredients:* 2 shallots, chopped; 1 tablespoon white vinegar; 1 cup rich beef bouillon; 1 tablespoon flour mixed with just enough bouillon or water to form a smooth paste; 1 tablespoon tomato paste mixed with 1 cup beef bouillon; ¼ teaspoon salt; a few grindings of black pepper, or ⅛ teaspoon; 1 tablespoon fresh parsley, chopped; 1 tablespoon tarragon, minced; 1 tablespoon chives, minced; 1 tablespoon chervil, minced (if fresh herbs are not available, substitute ⅛ teaspoon of dried); 1 tablespoon drained capers; 1 teaspoon Dijon mustard.

*Method:* In a saucepan sauté shallots in vinegar until liquid is practically absorbed. Add beef bouillon and flour and simmer on low heat for 10 minutes. Add paste to sauce and simmer, stirring with a wooden spoon, until sauce is slight-




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## FABULOUS SAUCES *continued from previous page*

ed. Do not permit sauce to boil. Add Madeira. Spoon the sauce over the hens or combine it with meats and serve it immediately. Makes about 3 cups.

### CUMBERLAND SAUCE

A traditional English sauce, tart-sweet and tangy, usually served cold over a country style pâté or terrine. However, it's also delicious warm, with baked ham or roast pork.

*Ingredients:* 1 tablespoon finely chopped shallots or 1 small onion; 1 cup red currant jelly; zest of 1 orange, zest of 1 lemon; 3 tablespoons fresh lemon juice, strained; 3 tablespoons fresh orange juice, strained; 1 teaspoon Dijon mustard, 1 cup port wine; 1 teaspoon fresh ginger root or ½ teaspoon powdered ginger; dash of cayenne pepper; a few grains salt.

*Method:* Blanch and drain shallots or onion and set aside.

In a heavy saucepan melt jelly. Add onions, orange and lemon zest, lemon and orange juice, mustard and simmer until it is smooth, about 10 minutes. Add wine, ginger root or ginger, cayenne pepper and salt. Pour the sauce into a crockery sauceboat and serve it with sliced meat. Makes about 2 cups.

### SAUCE MALTAISE

A citrus-spiked variation on the hollandaise theme—luscious over fresh green broccoli, artichokes, and asparagus.

*Ingredients:* 1 cup hollandaise sauce; zest of 1 orange, blanched in boiling water for 1-2 seconds, drained and dried on paper toweling; juice of 1 orange, strained.

*Method:* Keep the hollandaise sauce warm over simmering water and add the zest and juice and blend thoroughly. Serve warm in a delicate china sauceboat. Makes about 1 cup.

### FOOLPROOF HOLLANDAISE SAUCE

Exquisitely rich and rightfully famous, this one includes a little flour to act as a stabilizer for those who find the classic hollandaise hard to master.

*Ingredients:* 10 tablespoons sweet butter; 2 tablespoons flour; 1 cup heavy cream, heated to just the boiling point; ¼ teaspoon salt; 3-4 grindings white pepper; 3 egg yolks; 1 tablespoon fresh lemon juice, strained.

*Method:* In a heavy saucepan melt 2 tablespoons butter over low flame. Blend in flour and stir constantly with a whisk until blended. Gradually add the heavy cream and stir until sauce is creamy smooth. Remove the saucepan from the heat and add the salt and pepper.

In a bowl beat egg yolks until lemon colored. Add white sauce, a little at a time, beating until yolks and white sauce are thoroughly blended. Pour sauce back into saucepan and place over simmering hot water. Cut the remaining butter into 8 pieces and add to the sauce, one at a time, stirring. Stir in lemon juice. Makes about 1 cup.

### SAUCE MOUSSELINE

Delicate, ethereal sauce for poached and rolled fillets of sole, broiled salmon, and trout.

*Ingredients:* 1 cup hollandaise sauce, kept warm over simmering water; ½ cup sweet heavy cream, whipped until stiff but still creamy.

*Method:* To the warmed hollandaise sauce add the cream and blend until light and creamy and serve at once. Makes about 1½ cups. ■




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Can you separate the wines from the women?

# 21 provocative questions to test your American wine know-how

By José Wilson

American wine expertise has become a favorite dinner-party ploy, but how much do you really know about the state of wine in America? The answers to many of the following questions have appeared in House & Garden's wine articles, so see how total your recall is.

**1. Can you separate the wine om the women?**
(a) Aurora (c) Dora
(b) Cora (d) Flora

**2. In America, carbonic ceration is:**
(a) Legal (d) Fattening
(b) Illegal (e) Unknown
(c) Immoral (f) Imprudent

**3. To be labeled with a vari- al name, a wine must con- in the following percentage the grape variety:**
(a) 49 percent (d) 60 percent
(b) 50 percent (e) 75 percent
(c) 51 percent (f) 100 percent

**4. Eyrie Vineyard is in:**
(a) California
(b) New York
(c) Ohio
(d) Oregon
(e) Pennsylvania
(f) Washington

**5. A native wild grape found Texas is called:**
(a) Pinto (c) Mustang
(b) Palomino (d) Crazy Horse

**6. Fumé blanc is the name me wineries use for:**
(a) Chenin Blanc
(b) Emerald Riesling
(c) Grey Riesling
(d) Johannisberg Riesling
(e) Pinot Blanc
(f) Sauvignon Blanc
(g) White Zinfandel
(h) A generic white jug

**7. High Tor is:**
(a) A mountain
(b) A play
(c) A Monterey vineyard
(d) A New York State vineyard

**8. Chaptalization means that wine has been:**
(a) Consecrated
(b) Desecrated
(c) Sulphured
(d) Sugared

**9. Mountain wines are:**
(a) Made from grapes grown on mountain slopes
(b) Special selections from mountain wineries
(c) Generic blended wines, often sold in jugs

**10. Charmat is:**
(a) A vinifera grape variety
(b) A labrusca grape variety
(c) A French-American hybrid grape variety
(d) A method of making sparkling wine
(e) A fruit-flavored "pop" wine
(f) What a Frenchman says when he kisses your hand

**11. Which Penn is a winery?**
(a) Penn Creek
(b) Penn Central
(c) Penn-Shore
(d) Penn State
(e) Penn Yan

**12. Ste. Michelle wines come from:**
(a) California
(b) Michigan
(c) New Mexico
(d) New York
(e) Oregon
(f) Quebec
(g) Washington

**13. If you were offered a Green Hungarian, would you:**
(a) Drink it with fish
(b) Drink it with beef
(c) Drink it with dessert
(d) Drink it as an apéritif
(e) Refuse it

**14. If you were offered a Red Riesling, would you:**
(a) Drink it with fish
(b) Drink it with beef
(c) Drink it with dessert
(d) Drink it with cheese
(e) Refuse it

**15. Moscato amabile is:**
(a) A musical term
(b) A wine festival in Napa Valley
(c) An Italian expression of praise for a wine
(d) A lightly sparkling dessert wine
(e) A wine that won't travel

**16. Swizzle is:**
(a) The name of the small stick used to twirl bubbles from champagne
(b) A combination of champagne and orange juice
(c) A fruit-flavored wine
(d) A fortified wine that has been aged in casks in the sun

**17. Solera is:**
(a) A single-cask, unblended wine
(b) A Mission grape variety planted in California by the Spanish
(c) A system of blending sherries

**18. The Thompson seedless grape is used for:**
(a) Eating
(b) Raisins
(c) White wine
(d) Brandy

**19. Concord is:**
(a) A town in Massachusetts
(b) A labrusca grape
(c) A guild of wine growers

**20. Pineau de la Loire is another name for:**
(a) Chenin Blanc
(b) Pinot Blanc
(c) Sauvignon Blanc
(d) Ugni Blanc

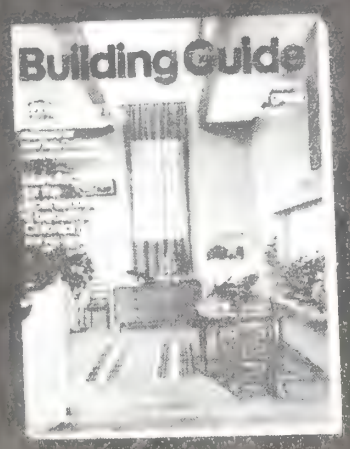
**21. Pick out the active vine- yards and or wineries:**
(a) Bully Hill
(b) Gold Hill
(c) Heaven Hill
(d) Rocky Hill
(e) Ruby Hill
(f) Stone Hill
(g) Stony Hill
(h) Tabor Hill
(i) Virginia Hill
(j) Bear Creek
(k) Butte Creek
(l) Dry Creek
(m) Wet Creek
(n) York Creek
(o) Pequea Valley
(p) Pleasant Valley
(q) Roody Valley
(r) Valley of the Moon
(s) Mount Bethel
(t) Mount Pleasant
(u) Mount Veeder
(v) Mount Vernon

*Turn the page for the answers.*

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## ANSWERS TO THE WINE QUIZ ON PAGE 101

**1.** ***a*** and ***d.*** Aurora, nee Seibel 5279, is the name given to a French-American hybrid wine produced by, among others, Bully Hill, Great Western, and High Tor in New York State and Tabor Hill in Michigan. Flora is a hybrid conceived at the University of California's Department of Viticulture and Oenology at Davis from a marriage of the Traminer and Semillon grapes.

**2.** ***a.*** California wineries are now adopting this Beaujolais method of first fermenting grapes whole and uncrushed to make a fresh, fruity, very young wine that can be drunk within a couple of months of the harvest. (It may be considered fattening if the wine is consumed in sufficient quantity.)

**3.** ***c.*** The legal minimum is 51 percent although many wineries make their varietals anywhere from 75 to 100 percent.

**4.** ***d.*** Not to be confused with the Lake Erie wine regions of Ohio, New York State, and Pennsylvania, Erie Vineyard is in Yamhill County, Oregon, overlooking the Willamette Valley.

**5.** ***c.*** Mustang, a red grape, runs wild and free in the South.

**6.** ***f.*** Some wineries are now calling their dry version of Sauvignon Blanc either Fumé Blanc or Blanc Fumé, the name given to this grape in the upper Loire Valley of France.

**7.** ***a.b.d.*** High Tor, a mountain in Rockland County, New York was the inspiration for the name of Maxwell Anderson's prize-winning play and, later, the vineyard planted there in 1951 by Everett Crosby, now owned by Richard Voigt.

**8.** ***d.*** Chaptalization, named for Jean Chaptal, Napoleon's Minister of Agriculture, is a process used in cool climates or poor years to boost the alcoholic content of wine by adding cane or beet sugar to the fermenting must, or grape juice. Chaptalization is prohibited in making still table wines in California.

**9.** ***c.*** Although the first mountain wines may have come from mountain slopes and wineries, this designation is now used for lower-priced generic wines, sold as Mountain Red Burgundy and Claret, Mountain White Chablis, Sauterne and Rhine, and Mountain Vin Rose or Rose.

**10.** ***d.*** This bulk process of making sparkling wine is named for its French inventor, Eugene Charmat. The wine undergoes its second fermentation in large tanks, rather than in individual bottles, and is then bottled under pressure. American champagnes thus made are labeled "bulk fermented" or "Charmat bulk process."

**11.** ***c.*** Penn Shore is a winery in Erie County, Pennsylvania. (Penn Yan is not a winery, but the name of the Finger Lakes town where Boordy Vineyards has its New York headquarters.)

**12.** ***g.*** The Ste. Michelle vinifera varietals produced in Washington by American Wine Growers rate among the state's finest.

**13.** ***a*** or ***d.*** Green Hungarian, a light, fresh white California varietal, which varies from dry to semi-dry, would go well with fish, pork, or other white meats, or could be drunk as an apéritif.

**14.** ***e.*** Riesling is always white, so should you be offered a nonexistent "Red Riesling," either your host has been sold a bill of goods by a liquor store or he's testing you out.

**15.** ***d*** and ***e.*** Louis Martini's lightly sparkling Moscato amabile is a delicate, ephemeral wine, so low in alcohol (a mere 10 percent) that it has to be kept under refrigeration and so is sold only at the winery, never shipped.

**16.** ***a*** and ***e.*** The swizzle stick may have inspired the name of this fruit-flavored "pop" wine made by Italian Swiss Colony for the youth market, but more likely it was picked for its catchy sound, like Ripple and Zapple.

**17.** ***e.*** In the solera system, found in Spain and certain American wineries, barrels of sherries of different ages are stacked in tiers. As some of the older wine is drawn off, it is replenished with newer wines in a continuous process of blending.

**18.** ***a.b.c.d.*** The very prolific Thompson seedless grape is used for just about everything from blended white wines and champagnes to fruit-flavored wines, and through distillation, brandy.

**19.** ***a.b.*** This labrusca grape, as widespread and widely used in the East as the Thompson seedless is in the West, was first grown in Concord, Massachusetts, in 1849 by Ephraim Bull and named for the town.

**20.** ***a.*** Pineau de la Loire, no relation to the Pinot grape variety, is the name by which Chenin Blanc is commonly known in the Loire Valley and may be used interchangeably in California.

**21.** ***a.*** Bully Hill, in New York's Finger Lakes region; ***b.*** Gold Hill, in El Dorado County, California; ***c.*** Ruby Hill in the Livermore Valley of California; ***f.*** Stone Hill, a resuscitated 1847 winery in Hermann, Missouri; ***g.*** Stony Hill, a small Napa winery; ***h.*** Tabor Hill, a Michigan winery whose wines, made from vinifera and hybrid grapes, have been served by President Ford at the White House; ***j.*** Bear Creek, one of the wineries of the Guild Cooperative in Lodi, California; ***k.*** Butte Creek, a new winery in the Sacramento Valley; ***l.*** Dry Creek, a small Sonoma winery; ***n.*** York Creek, a Napa vineyard that doesn't make wine but sells grapes to the Napa Valley Cooperative; ***o.*** Pequea Valley, a winery in the Amish country, south of Lancaster, Pennsylvania; ***p.*** Pleasant Valley, makers of Great Western wines and champagnes, a subsidiary of The Taylor Wine Company of Hammondsport, New York; ***r.*** Valley of the Moon, a winery in Glen Ellen, Sonoma; ***s.*** Mount Bethel, a winery in Altus, Arkansas; ***t.*** Mount Pleasant, an old winery revived in Augusta, Missouri; ***u.*** Mount Veeder, a Napa winery. ■

## GREAT MAIN DISHES *continued from page 92*

### CABOT CHEDDAR AND ONION PIE

*Ingredients for crust:* 1½ cups sifted all-purpose flour, ½ teaspoon salt, 5 tablespoons butter, ½ teaspoon salt, 3 tablespoons ice water.

*Ingredients for filling:* 10 bacon slices, 3 eggs, 1 cup milk, 1 tablespoon granulated flour, ½ teaspoon salt, freshly ground pepper, pinch of cayenne, 2 tablespoons butter, 2 good sized onions, finely chopped, ¾ pound Vermont Cheddar cheese, grated.

*Method:* Preheat oven to 450°. Mix crust and chill for a few hours or 1 hour in the freezer will do. Roll out and fill a 9-inch pie tin, crimping the edges. Set a slightly smaller pie tin on top to hold down crust, or line with aluminum foil filled with dried beans. Bake for 8 minutes, then remove extra tin or filled foil, prick bottom all over, bake another 2 or 3 minutes.

Cook bacon slowly squeezing out all fat. Beat the eggs with milk,

pur, salt, pepper, and cayenne. rain the bacon and wipe skillet e of grease. Melt butter in me pan and sauté onions slowly ntil translucent. Now blend to-ether crumbled bacon, egg mix-re, sautéed onions, and grated eese and pour into partially ked shell. Bake in 375° oven r 30 minutes. Let set for a few inutes before cutting. (This reci-can be frozen.) Serves 6.

## CRUSTY BAKED DUCKLING

*gredients:* 1 Long Island duck-g, about 5 pounds; salt; freshly ound pepper; 1 egg; 2 table-oons milk; ½ teaspoon dried vory; 2 cups fresh bread crumbs; tablespoons flour.

*ethod:* Preheat oven to 350°. el all skin from duck except on ings. Remove as much fat as pos-ble and reserve. Use very sharp ife or poultry shears to cut out ck bone and neck; put these eces in a pot with giblets, about teaspoon salt, a few turns of epper grinder, and water to ver amply. Simmer for a couple hours to make stock for sauce. emove legs, dividing into drum-icks and second joints; remove ings and divide breasts into 4 ieces, easing meat away from bs; add bones to stock pot. Cut in and fat into small pieces and nder over low heat. Beat egg ith milk, 1 teaspoon salt, several rns of pepper grinder and sav-y. Dip duck pieces into this mix-re, then roll in seasoned bread rumbs, and brown in 2 or 3 table-oons duck fat. Transfer to shal-low casserole in which all pieces can lie flat. Cover and bake for about 50 minutes. Stir flour into 2 tablespoons duck fat in saucepan, adding enough of the stock to make sauce. Serves 4.

## RICE WITH DUCK AND HAM

*Ingredients:* 2 tablespoons bacon fat or butter; 1 medium-sized onion, chopped; 1 celery rib, chopped; 1 cup uncooked rice; 2½ cups rich duck stock or chicken stock; 1 cup canned tomatoes with juice, ¼ teaspoon dried oregano; ¼ teaspoon dried basil; ¼ teaspoon dried marjoram; 1½ to 2 cups diced cooked duck meat; ½ to 1 cup diced country ham; salt; freshly ground pepper.

*Method:* Preheat oven to 300°. Melt fat and sauté onion and celery for about 8 minutes, stirring frequently so vegetables turn color slightly, but do not brown. Stir in rice and sauté for 2 minutes, mixing with vegetables and coating each grain with fat. Pour in hot stock (made from leftover carcass). Add tomatoes, chopping them a bit with a knife. Sprinkle in herbs, then stir in duck and ham. Add very little salt if ham is country cured; grind in a few turns from pepper mill. Cover pan tightly and simmer over very low heat for about 45 minutes. Remove cover from rice (there should be some liquid) and put in oven for 5 minutes; turn off heat and leave rice in oven for 5 minutes more before serving. (This recipe can be frozen.) Serves 6. ■

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**"Paloma Plaid" cotton fabric:** covering sofa, chairs, and shade, 48″ wide, 24″ repeat, treated with Scotchgard. $6.50 a yd. By Waverly.
**"Missing Link" wool rug:** 6′ x 9′. By Edward Fields.*
**Willow chairs:** imported from Argentina. $400. At Bielecky Brothers.*
**Two-paneled screen:** 6′ sq., "Untitled" by Judith Dolnick. $2800.
**Brass and stainless reading lamp:** 37″ high, 13″ extension, designed by Cedric Hartman. $285. At LCS.*
**Garden stool:** 11″ x 15″ high, pottery, imported from South Vietnam, $60; **wooden rabbit:** on table, imported from Mexico, $45; **flowered boxes:** from $12 to $36 each. All at Limited Editions.
**Table:** beside wicker chair; **ceramic cabbage:** $90; **yellow stacking saucer:** $18. From John Rosselli.
**Ceramic ashtray:** on table with lamp, $10; **ceramic saucer:** in foreground on coffee table. $8. Both imported from Italy. At W & J Sloane, Fifth Avenue.
**Porcelain tureen:** from Roundtree Country Reproductions.
**White ceramic lamp:** 26″ high, white shade. From Karl Springer.*
**Indian basket:** near window, 12″ diam. $10. At The Fernery.
**English pine cabinet:** c. 1870. 14″ x 44″ x 76″ high. $850. At Howard Kaplan Antiques.
**"Grandmother's Garden" quilt:** 72″ x 62″ wide. c. 1920. $200. At Such Outlandish Stitches.

**WILD VIOLETS ZEST**
**Pages 44-45:**
**Library**
**Beige herringbone rug:** kilim weave of linen and flax. From L. Jones.*
**White goatskin rug:** from L. Jones.
**"Cortes" embroidered linen fabric:** covering armless chairs. By Schumacher.*
**"Pamplemousse" cotton chintz:** covering sofa, curtains. By Patterson-Piazza.*
**Blue linen fabric:** covering sofa. From Maurice Franks.*
**Red leaf printed chintz fabric:** covering armless chair. From & Vice Versa.*
**"Caterina" red and white scallop print fabric:** covering pillows. By Clarence House Imports.*
**Snakeskin covered table:** from Karl Springer.*
**Antique quilt:** at Cache-Cache Ltd.
**Basket cachepots with plants:** at Jean Jacques Bloos Ltd.
**Baskets:** cylindrical baskets to either side of fireplace; covered Indian basket. From Isobel Worsely.
**Black and white penwork table; shell-inlaid mirror:** from Mallett & Son Antiques.*
**Brass firescreen:** from Edwin Jackson Inc.
**Brass lamp, flower pillows, red étagère:** designed by Mario Buatta.
1. **End table:** 22″ x 22″ x 22″, one shelf, lacquered wood, available in any color. $790. By George Clarkson Interior Design.
2. **"Endzo" double vase:** 7¾″ diam. x 11¾″ high, ABS plastic, designed by Enzo Mari. $17. By Heller Designs. At Design Research International.
3. **"Chromatics" dinnerware:** 20-piece service for 4. $75. By Block China.
4. **Lounge chair:** 33″ x 25½″ x 25″ high, metal frame covered with latex foam rubber, covered with stretch fabric. **Pouf:** 23″ x 14″ high, metal frame covered with foam rubber and stretch fabric. Both designed by Pierre Paulin for Artifort. At Turner Ltd.*
5. **"Across the River" cotton fabric:** 48″ wide, 21″ repeat. By Ben Morris Prints at Eaglesham Prints.*
6. **"Plant Pluckie":** 5″ diameter "Collar," 6½″ long, with metallic pluck plate. $55. By George Kovacs.
7. **Office clock:** 13″ diameter, 4″ deep, oil finished walnut rim, electric. $50. By Howard Miller Clock Company. At The Chicago Clock Company.
8. **"Steppin' Out" vinyl wallcovering:** 27″ wide, 4″ repeat. By Palais Papers.*
9. **Ceramic tiles:** 2¼″ x 8″; 3″ x 6″, 3″ x 9″; 4″ x 8″; 4″ x 9″. From the Franciscan Terra Grande Collection by Interpace.
**Pages 50-51:**
1. **"Chateau De Blois" vinyl wallcovering:** 27″ wide, 27″ repeat. By Perceptive Concepts.*
2. **"Tree" silkscreen graphic:** 34″ sq. At Tsao. $50 framed.
3. **"Mirage" bath towels:** 100% cotton, jacquard hemmed. $7 bath; $3.50 hand; $1.50 washcloth. By Fieldcrest.
**Basket:** from La Tienda.
4. **White lacquered corner chair:** 18½″ x 18″ x 17½″ seat height. $135. By Wycombe, Meyer.* **"Multiples" cotton fabric covering chair seat:** 52″ wide, 9″ repeat. By Quadrille Wallpapers and Fabrics.*
5. **Tea/bar cart:** 34″ x 18″ x 31″ high closed; 64″ x 18″ x 31″ high open, cane top and door fronts, glass over cane top for heat and alcohol protection, drop leaves, inside storage and shelf. By Directional.
6. **"Spring Woods" cotton fabric:** 56″ wide, 18″ repeat. By Greeff.*
7. **"Sew & Press" sewing iron:** removable plastic water bulb, fabric guide on handle, aluminum soleplate with steam vents. $17.98. By General Electric.
8. **"Cane Print" guest towels:** in linen or cotton, handstitched scalloped edge. $17 each. At Porthault.
9. **"Lilac Time" china:** platinum banding. $34.95 per 5-piece setting. By

*Continued on next page*



## SHOPPING INFORMATION *continued from preceding page*

Dorothy Draper. At Candell Ltd.
10. **"Peacock Alley" chair:** 22" x [illegible]" x 18" seat height, designed by Rifkin McCluskey for The Waldorf Hotel. By Wycombe Mewer.
11. **Bathroom scale:** 12" sq. x 3" high, removable plush carpet mat [illegible] in many colors. Scale, $28; mats, $8.50 each. By Terraillon. At Stix, Baer & Fuller.
12. **Rattan daybed:** 79" x 31" x 51" high, natural finish, $1065 COM. By Willow & Reed. **"Ondine" cotton fabric:** covering daybed pillows, 54" wide, 18" repeat, $10.50 a yd. By Hexter.
13. **Double walled canisters:** 1-qt., 2-qts., 4 pint plastic canisters, $12 set of 3. At Seabon Scandinavian Imports.
14. **"Newburyport" vinyl wallcovering:** 27" wide, 13" repeat, $8.95 a roll. From the Fashion "Welcome Home" Collection by General Tire & Rubber.
15. **Melamine dinnerware:** cup and saucer, $2.50; mixing bowl, $1.50; bread and butter plate, $1.50; soup bowl, $2.50; vegetable bowl, $6; coffee mug, $2.25. To order through Rainbow Wood Products.
16. **Rattan armchair and ottoman:** chair, 28" x 30" x 29" high; ottoman, 24" x 25" x 15" high, available in 22 [illegible] and 100 fabrics. Chair, $110; ottoman, $237. By Ficks Reed. **"Suva" cotton fabric:** covering pillows, 53½" wide, 38" repeat, $19.50 a yd. By Woodson Wallpapers.
17. **"Centura Cook 'n Serve" Companions:** 1½-qt. covered saucepan, $11.95; 2-qt. covered saucepan, $13.95; 3-qt. covered saucepan, $16.95. By Corning.
18. **Windsor chair:** 25" x 23" x 38" high, cherry. By Hitchcock Furniture. **Cotton polyester fabric covering chair seat:** 45" wide, $7.50 a yd. By Peter Pan Fabrics. At Macy's.
19. **Deluxe automatic portable phonograph:** green tinted dust cover, 3 speeds, BSR automatic changer, $149.95. By Emerson. At Abraham & Straus.
20. **"Manhattan" vinyl wallcovering:** 24" wide, 22" repeat, $8.95 a roll. By Imperial Wallcoverings.
21. **"Top Line" melamine dinnerware:** designed by Gustavsberg of Sweden. Dinner plate, $2; soup plate, $2. At Seabon Scandinavian Imports.
22. **"Precise" Timed-Release African Violet Food:** one feeding. Lasts [illegible] mos. 3.5 oz. $1.29. By Dipt-Ah Company.
23. **Baker's rack:** 36" x 15" x 73" high, metal with painted finish, $263.95. By Schoolfield Industries.

**Pages 56-57:**

1. **"Primavera" vinyl wallcovering:** 27" wide, 28" repeat, coordinating fabric available. From the "In Search of Unicorns" Collection designed by Billy McCarty for Kirk-Brummel Associates.
2. **"Flora Danica" china:** banquet in gold, $550 per 5-piece setting. By Royal Copenhagen Porcelain.
3. **Ceramic tiles:** 6" sq., suitable for walls and floors. From the Portfolio group by Interpace.
4. **Plant stand:** 16½" x 49½" x 41" high, removable glass top. By Directional.
5. **Bouquet of silk sweet peas:** bouquet approx. $200; $2 each per pale-colored flower; $2.50 each for darker-colored flower. At Dianne Foor.
6. **Bath towels:** bath, $15; hand, $11; fingertip, $5.50; washcloth, $3.30. By Martex. Exclusively at Bonwit Teller.
7. **"Plastic Medley" serving accessories:** tumbler, $2.25; coaster, $1; beverage server, $13.95; tray, $9.95; 8" bowl, $10.95; 10" bowl, $13.95; salad [illegible]. Sheet [illegible]. By Dimck.
8. **"Tripleheader" shaving system:** $29.95. By Lady Norelco.
9. **"Pilgrim" natural oak chair:** rush seat, turned back, legs, stretcher, $120. By Plymouth Furniture. At Bradford Furniture.
**"Verbenas" cotton fabric:** covering chair seat, 18" wide, 20" repeat. By Arthur H. Lee Jofa.*
10. **Hungarian wool durrie-patterned kilim rug:** $2,000. By Stark Carpet.
11. **Danish melamine nesting mixing bowls:** 1½-qt., $5.50; 2-qt., $6.50; 3-qt., $7.50; 4-qt., $9. **Serving pieces:** 6" spoon, 70¢; 10" spoon, $1; mixing spoon, $1.30; 11" spoon, $1.10; 12" spoon, $1.10; slotted spoon, $1.60; ladle spoon, $1.80. All to order through Rainbow Wood Products.

**Bedroom**

**"Diagonal Dot" quilt:** Queen King size 90" x 105", 50% Kodel, 50% cotton, machine washable, Kodel polyester fiberfill, reverse side is "Pullover Stripe," $100.
**"Pinpoint Dot" "Pullover Stripe" percale sheets:** $14.50 queen size.
**Pillow shams:** "Diagonal Dot" "Pullover Stripe" ruffles, 20" x 26", $15.
**Bolster:** "Pullover Stripe" flat sheet. Designed by the Missoni for Fieldcrest. Coordinating blankets, bedspreads, towels, and bathrugs available. All at Bloomingdale's.
**Bamboo four-poster bed:** natural finish cane panels around base, queen size. Designed by Waldo Fernandez, $1950. At LCS.
**Natural finish wood armchairs:** 28" x 26" x 32" high, tie on cushions, designed by Waldo Fernandez, $225 without cushions. At LCS.*
**Rattan corner table:** 30" sq. x 21" high, $390. From the Pacifica Collection at LCS.*
**Brass and chrome reading lamp:** 12" high, triangular shade, designed by Cedric Hartman, $285. At LCS.*
**Blue and white striped durrie rug:** from a collection at Stark Carpet.

**READY-TO-BUY HOUSE**

**Pages 58-59: #1**

**"Modulation" Group armless love seats:** 56" x 35" x 32" high, recessed base, upholstered in Green Mint wool fabric; **"Modulation" Group ottoman:** 30" sq. x 16" high. By Schag. At W & J Sloane.
**"Phonet" oak dining table:** 48" x 36" x 30", trestle base, plastic laminated top, solid oak base. From Raymor.
**Clear lacquered armchair:** 18½" x 16" x 29" high, lacquered natural ash frame, woven rush seat. From Raymor.
**"Avanti" low cabinets:** 26" high in varying widths, white lacquered finish, adjustable cabinets with optional drawers, shelves, doors. By Dux of Sweden imported by Moreddi.
**Striped cotton fabric covering pillows:** 48" wide, 12" horizontal repeat, Zepel treated. From a collection of striped cottons from Bloomcraft. At Lord & Taylor.
**Sound system:** Four-channel stereo receiver, 18" x 11½" x 5¼" high, solid-state built-in FM linecord antenna, high frequency noise filter, tape dubbing input for double tape deck use, $319.95; High performance Acoustic Suspension Loudspeaker System, 12¾" x 8" x 21¼" high, walnut veneer cabinet, removable panel grille, $149.95 the pair; Gerrard changer, $85. Sound system by KLH Research & Development.
**"Images" silkscreen:** from a portfolio of six silkscreens by Jack Youngerman, $200 unframed; $275 framed. At Pace Editions, Inc.
**Basket table:** 23" diam. x 27" high, from a collection of baskets at LCS.*
**Rattan woven planter:** placed upside down as table, 14" diam. x 16" high, metal liner. **open woven basket containing oranges:** 14" diam. Both from John Rosselli.
**Andirons and fire tools:** from Edwin Jackson.
**Stack of baskets:** top, 11" diam. x 12" high; two middle, 12" diam. x 13" high; 13" diam. x 11" high. The three from Parrish Woodworth; bottom, [illegible] diam. x 25" high. From La Tienda.

**Living/Dining Room #2**

**"Yellow 74" painting:** 6' x 4'. Lancaster. At Betty Parsons Gallery.
**Log basket with handles:** 14" x [illegible] x 12" high, from collection at LCS.*
**Japanese lacquered covered box:** shown in cabinet, $300. At Nuri Hadi.

**Pages 60-61:**

**Den #1**

**"Junker" daybed:** 81½" x 35" x [illegible] high, natural finish beech frame, canvas upholstery, bottom of bed pulls out and top cushion flips over to form 2 twin beds. By Dux of Sweden from Moreddi.
**"Junker" low easy chair:** 25½" x 24¼" x 28" high, natural finish beech frame, canvas upholstery. By Dux of Sweden from Moreddi.
**"Tellus" table:** 21¾" x 21½" x 17½" high, laminated top, chrome base. By Dux of Sweden from Moreddi.
**"Vailetto Quadro" cube table:** 17¼" cube, lacquered finish, available with casters. From Moreddi.
**Tunisian rug:** 6' x 8', one-of-a-kind, $1850; **Indian durrie rug pillow** on sofa, 15½" x 11½", $75; **Persian kilim rug pillow:** 18¾" x 12". $9. From The Pillowry.
**"Starplosion" painting:** 36" x 36½" by Bill Taggart; **sculpture:** on cube table, by Paul Feeley. Both at Betty Parsons Gallery.
**Brass and chrome reading lamp** designed by Cedric Hartman, $285.
**batik pillows:** designed by Alice Campbell, $165 each; **large open basket:** containing magazines. At LCS.*
**Thai wooden animal box:** $180; [illegible] Japanese lacquered tray, $90; green porcelain plate, $75; blue and white dish on table, $21. At John Rosselli.
**"Courthouse Steps" patchwork quilt:** 74" x 62" wide, $275. At Nonesuch, Ltd.
**Woven baskets containing plants** $7.50 each from Parrish Woodworth.
**Tablesetting #2**
**"Windjammer" cotton fabric** striped table cloth, 48" wide, 12" horizontal repeat, Zepel treated, $6 a yd. By Bloomcraft. At Lord & Taylor.
**"Kilta" china dinner plate:** 10" diam. $4.25 each; **"Bistro 3" stainless flatware:** $5.95 per place setting; **bubble wine glasses:** $4.75 each; **wine liters:** $6 each; **wooden pepper mill:** by Dansk; **7-qt. ovenproof casserole:** $36.95. By Le Creuset. At Bloomingdale's.
**Reed sifter centerpiece:** $28. At La Tienda.
**Ebony box and horn snuff boxes** from a collection of antique boxes at Garvin Mecking.

**Dining Room/Kitchen: #3**

**Blue and white plate:** on basket table, $21. At John Rosselli.
**Open woven basket containing begonias:** at La Tienda.

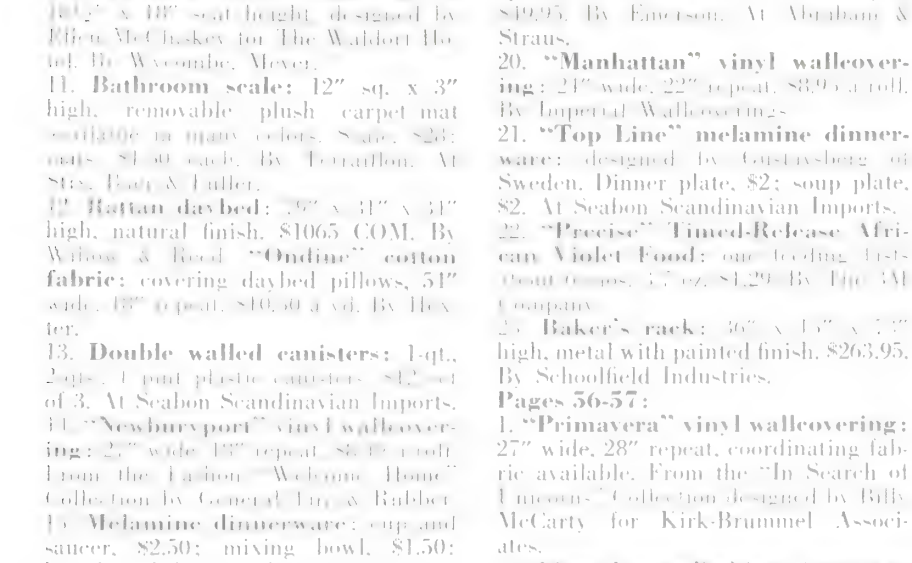
**Kitchen #4**

**Open woven basket with cyclamen:** 26" x 17½" x 19" high; **open woven basket with cissus on white table:** 11" x 8½" high. Both from La Tienda.
**Large basket with ficus tree:** from John Rosselli.
**"Valletto Tondo" round cabinet:** 15" x 15" high. From Moreddi.
**Open woven basket with Ti tree:** from LCS.*
**"Two" oil on wood painting:** by Tuttle. At The Betty Parsons Gallery.
**14-speed blender:** 44 ounce shatterproof container, detachable stainless steel blades, solid state 720 watt motor, available in avocado, $29.95. By Hamilton Beach.

**Pages 62-63:**

**Tablesetting #1**
**Napkins and place mats:** $2 each; **glass pitcher:** $6.50 each; **"Seneca" wine goblets:** $1.25 each. At Bloomingdale's.
**Open basket with cissus:** from LCS.* **Small clay bowl:** from John


# This Chair . . . is a Bed!



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Rosselli. **Green bottle-shaped vase:** $800; **celadon bowl:** $300; **pair of teak covered jars:** $600 the pr; **ceramic bowls:** from a selection of antique bowls. From Nuri Farhadi.

**Kitchen #2**

**Yellow canisters:** $4.95 and $5.95 each, by Dansk. **Ceramic cookie jar:** $15; **12-bottle wine rack:** $8.50; **red enamel tea kettle:** $24, by Copco. **Enameled frying pan:** $16.95, by Le Creuset. **Mixing bowl:** $8.95; **cutting board:** $11.95, by Dansk. All at Bloomingdale's.

**Small basket with whisks and spoons:** from Parrish Woodworth.

**Master Bedroom #3:**

**"Valletto Quadro" cube tables:** 17¼" cube; **"Squadra" wall lights:** chrome and white. Both by Moreddi.

**"Beautyrest Backcare II" mattress and box spring:** queen size shown. By Simmons.

**Patchwork quilt:** on bed. $175. At The Patchworks.

**Wicker breakfast tray:** with letter pocket and glass holder. From FO Merz. **Cover and napkins for tray:** from Parrish Woodworth.

**Blue and white dish on cube table:** $15; **covered basket used as table; beehive basket with cover.** All from John Rosselli.

**Stacked trunk baskets:** at La Tienda. **Baskets:** containing cissus and knitting materials. Both from La Tienda. **"Tweed" woven wood shades:** by DelMar Woven Wood.*

**AM/FM digital clock radio:** solid state, 60 min. sleep-timer, lighted digital clock face. $39.95. By Panasonic.

**"Rob Peter to Pay Paul" quilt:** c. 1900. $250. From Nonesuch, Ltd.

**Closet**

**Stacked trunk baskets:** from La Tienda.

**Basket beside tray:** at La Tienda.

**Children's Bedroom #4**

**Oak bunk beds:** 80" x 11" x 58", designed by David Morgan. From Raymor.

**Clear lacquered armchair:** 18½" x 16" x 29", rush seat. From Raymor.

**Folding wall desk:** 38¾" x 18¾" x 29¼" high, ABS plastic, storage compartments on top and exterior sections.

**"Valletto" triangular cabinets:** 22½" x 15¼" x 9" includes tray, ABS plastic, units stack, tray fits at top.

**"Hebi" lights:** coil base, reflector top. All from Moreddi.

**Patchwork quilt over bed; "Hens and Chickens" patchwork quilt underbed:** 80" x 72" wide. $180. Both from Nonesuch, Ltd.

**Open basket under bed:** from John Rosselli.

**Covered basket with handles:** under desk. From Parrish Woodworth.

**Very large open basket with plant:** 20" high. $90. At La Tienda.

**Woven basket under desk:** from LCS.*

**Vegetables in watercolors:** by Susan Crile. At Fischbach Gallery.

**"The Music Mug" portable AM radio:** battery operated, window for insertion of a favorite photo, earphone jack. $14.88. By Panasonic.

**Toys:** from FAO Schwarz.

**Bathroom #5**

**"Bamako" Dacron and cotton fabric:** fabric shower curtain, 54" wide, 23½" repeat, Zepel treated. $7 a yd. By Bloomcraft. At Lord & Taylor.

**Turkish runner rug:** 9'6" x 2'10" wide. $325. At The Pillowry.

**Basket with painted design against wall: Top** from John Rosselli; **Middle** from LCS.* **Bottom** from La Tienda.

**Crayonne tub tray:** $16; **bath brush,** $13.50; **massage brush,** $4; **acrylic tissue box,** $17.50; **plastic cups,** $1 each; **nail brush,** $2.25; **bathroom scale** by Hanson. All from Bloomingdale's.

**ROUND TOP**

**Pages 76-79:**

To read more about Round Top, write for a **pamphlet** from the Texas Pioneer Arts Foundation, P.O. Box 82, Round Top, Tex. 78954.

For **information on the James Dick Music Festival-Institute** and restaurants and motels in the area, write P.O. Drawer 5353, Austin, Tex. 78763.

An authentic **regional Fayette County cookbook** can be obtained by sending $3.50 to Mrs. C.W. Fritsch, Round Top, Tex. 78954.

**SILVER TO COLLECT**

**Pages 80-81:**

1. **Sterling watering cans:** 2" diam. x 1½" high. $37.50; 4" diam. x 3½" high. $57.50. Both at Cartier.

2. **Napkin rings:** fluted sterling, 1¼" diam. $12.50. By Towle; sterling napkin ring, 2⅝" long. $18.50; sterling napkin clip, 1¾" long. $10; sterling napkin ring, 1¼" diam. $28.50. All by Kirk.

3. **"Just a Thimbleful" sterling jigger:** 2 oz. $15.95. By Towle.

**Thimbles:** "Blooming Flowers" porcelain thimble, $13.50 ppd., by Royal Worcester; diagonally grooved sterling thimble, $11.75 ppd.; extra thick, classic design sterling thimble, $10.75 ppd.; chased dome sterling thimble with plain band, $12.75 ppd.; "Liberty Bell" sterling thimble, $19.80 ppd.; "Diamond" sterling thimble. All at The Sewing Corner.

**Fancy backed sterling spoons:** shown are "Foxhead," "I Love Liberty," "Milk Maid," "Ship," and "Basket of Flowers." 4½" long, imported from England. $20 each; antique stuffing spoons. From James Robinson, Inc.

5. **Letter openers:** sterling ruler, 12" long, $60; paper cutter, 5⅞" long, $12.50; letter opener with Florentine finish, 8" long, $14.75. By Kirk. "Puritan" sterling opener, 7¾" long, $15. By Gorham.

6. **Sterling shopping bags:** 1" high, $37.50; 3½" high, $57.50. Both at Cartier.

7. **Sterling beakers:** foreground, French chased style, $150; small beaker, 2½" diam., $38.50. Both at James Robinson, Inc.

8. **"Legato" sterling salad scissors:** 8" long, $45, by Towle; **"Repoussé" grape shears:** 7" long, $90, by Kirk.

9. **Sterling flowerpots:** 1" high, $15; 2¾" high, $20. At Cartier.

10. **Elliptical sterling wine cooler:** $1050; sterling dipper, $225; sterling bowls, 5¼" diam., $96 each. All from Tiffany & Co.

11. **Sterling dinner bells:** 4¾" high. $200 and two at $175 each, at James Robinson; "Puritan" teabell, 5⅛" high, $17.50, by Gorham; "teabell" pillbox, $38, at Tiffany & Co.; sterling teabell, 5" high, $12.95, by Towle.

**KITCHEN MAGIC**

**Pages 82-83:**

**Building Materials**

**Tielsa-Toscana solid oak cabinets:** sides, floors, and shelves made of three-layer laminated particle board, coated on both sides with melamine resin then sprayed with a white lacquer; drawers have easy slide action on metal runners with ball bearings; self-shutting doors; fully adjustable shelves; available in standard and custom sizes, 9 wood fronts, 11 shades of plastic laminate. $9860 for system shown.

**Murray Quarry tile:** kitchen floor, 6" sq. x ½" thick, unglazed ceramic tile, umber color. By American Olean.

**Countertops:** Micarta plastic laminate in Royal Plum for countertops, semicircular storage cabinet, and alcove next to wall oven. By Westinghouse.

**Polished plate mirror:** ¼" thick, on walls behind sink, wall left of sink, door leading to plant area. By National Assoc. of Mirror Manufacturers.

**Kitchen Equipment**

**3-Door Side-by-side refrigerator/freezer:** 20.3 cu. ft. refrigerator; separate door to "Flex-Quik ice service; simulated smoked onyx plastic interior compartments; fully frost-proof; adjustable shelves in refrigerator section; built-in "Conversation Piece" Entertainment Center, AM/FM radio, tape recorder and player, battery operated; brushed chrome custom doors. 33¾" x 29¾6" x 66" high. $880. By Frigidaire.

**Undercounter dishwasher:** 5-level Super Surge washing action, small items basket, longhandled silverware basket, cycle indicator lights, brushed chrome door panel. $460. By Frigidaire.

**"Touch 'n Cook" Ceramatop cooktop:** 21⅝6" x 6¼" x 33⅛" long, left hand heating areas can be programmed to cook for a specified time with automatic shut-off, no special cookware required for cooktop. $550. By Frigidaire.

**"Touch 'n Cook" wall oven:** 17"-wide oven interior, self-cleaning oven, porcelain enamel interior, solid state Touch 'n Cook" controls, lighted display window doubles as digital clock. $550. By Frigidaire.

**Double compartment sink:** stainless steel, "Tiara" single lever faucet, hardwood cutting board fits over sink, smaller sink designed for insertion of a waste disposal unit. By Elkay.

**Stainless steel range hood:** custom designed by PM Range Hoods Corp.

**"Albalite" recessed lighting system:** 12¼" diam. frame, 150 watts, finished in baked white enamel. $41 each. By Sterling Lighting, a division of NuTone.

**Accessories**

**Page 82:**

**"Zee" stacking counter stool:** 28" high, 25" seat height, 18" wide, 1½" diam. chrome tube frame with white ABS plastic seat; available in black or yellow. $124. By Barrett Hill Furniture. At Leman, Farrell & Walsh.*

**"Blue Caughly" earthenware bowl:** on counter. $9. By Stangl.

**Wall clock:** $70. By Howard Miller Clock.

**Blue stainless flatware:** $12.50 per place setting. By Spectro. At Altman's.

**"Max 1" dinner service:** dessert plates shown. $55 per 25-piece set. By Heller Designs. At Altman's.

**Page 83:**

**"Aeromaster" coffee maker:** $55. By Braun.

**"Gourmet Design" cast aluminum cookware:** 7½" frying pan, $13.95; 9" frying pan, $15.95; **"Gourmet Design" work board:** $6.95. By Dansk Designs. **Crystal pitchers:** large, $16.50; small, $13.50. By Boda.

**Designer toaster:** $33. By Braun.

**Crystal sugar bowl:** $6. By Boda.

**Restaurant Ware:** coffeecup, $3; saucer, $1.50; dessert plate, $2.50. At Altman's.

**Moroccan area rug:** 5'9" x 4'9". $229. At Altman's.

**"Padova" side chairs:** natural beech with rush seats. $92 each. By Lowenstein, Inc., At Leman, Farrell & Walsh.*

**Page 84:**

1. **"Gourmet Design" pastry board:** $9.95. By Dansk Designs.

**Restaurant Ware:** au gratin dishes, $3 each. At Altman's.

**Kitchen scale:** $12. By Terraillon.

**Red plastic timer:** $9. By Terraillon.

2. **"Kobenstyle" enamelware:** large casserole with cover, $41.95; large saucepan with cover, $21.95, small $18.95. By Dansk Designs. At Altman's.

**"Gourmet Design" cast aluminum cookware:** 3-qt. saucepan in drawer, $18.95; 1¼-qt. saucepan on cooktop, $15.95. By Dansk Designs.

**#591 cabinet under cooktop:** 1 front panel, 4 pullouts on ball bearing sliders; with basket insert and wire rack, white Rislan finish. By Tielsa.

3. **TV:** 9" black and white portable, $139.95. By Sony. At Altman's.

**Fish trivet:** on wall, shown in Hot Fudge. $4.95. By Dansk Designs.

**Desk Calculator:** $39.95. By Litronix.

**Undercounter drawers:** 3 plastic drawers, 1 drawer on ball bearings with enamel inset. Drawers in graduated sizes. By Tielsa.

4. **Kitchen machine:** $160 with attachments. By Braun.

**Grocery cabinet:** $44. By Norsk.

**Pyrex measuring cup:** 69c. By Corning.

**Yoghurt maker:** cabinet left, 2nd shelf, $12. By Salton. At Altman's.

**Undercounter cabinet:** #227, with bakeware, measuring cups; 2 plastic drawers, 1 basket drawer.

**Undercounter corner cabinet:** #043, 1 plastic drawer, 2 pullout wire racks, white Rislan finish. By Tielsa.

6. **"Max 1" dinner service:** $55 per 25-piece set. By Heller Designs. At Altman's.

**Restaurantware:** dinner plate, $3; salad plate, $2.50; cups, $3; saucer, $1.50. At Altman's.

**Glass salad bowl:** $32.50; grapefruit bowls, $15 set of 2. By Kosta. At Altman's.

**2-qt. pitcher:** shown in Hot Fudge. $5.95. By Dansk Designs.

**Teapot:** $6. By Ridgeway. At Altman's.

**Page 85:**

9. **Cabinet above built-in "Touch 'n Cook" oven:** 3rd shelf, large oval platter, $7; small, $4. At Altman's.

**Cabinet below built-in "Touch 'n Cook" oven:** 1st shelf, black enamel fry pans, $8 and $9.50, by Prinz-Pristalit; 3-qt. saucepan, $24, by Magnalite. 2nd shelf, "Gourmet Design" oval bake pans, small, $13.95; medium, $15.95; large, $17.95. By Dansk. 3rd shelf, 1-qt. saucepan, $15, by Magnalite, at Altman's; casseroles, 3-qt., $13; 5-qt., $18. Both by Prinz-Pristalit.

**Cabinet:** #586, 2 doors, 1 shelf, 1 adjustable storage rack.

**Tray storage:** #012, 4 compartments for trays, baking sheets, and chopping boards, removable dividers.

**Bottle storage:** #401, 1 plastic drawer, 1 pullout drawer on ball bearing sliders, 1 bottle basket with handles.

10. **Top surface of wall shelf:** wood pestle, $8.50. By Norten. At Altman's.

**On countertop:** English pottery mixing bowl, $8. At Altman's.

**Corner cabinet:** #044, 1 plastic drawer, 2 hinged pullout wire racks, 1st shelf, salad dryer, $13. By Stockli. At Design Research, 2nd shelf, fish poacher, $27.50. At Altman's.

**Adjacent cabinet:** #021, 1 compartment, 1 plastic drawer with built-in Hand Cutter and Slicer by Universal; 1st shelf, waffle grill, $37, by Farberware, at Altman's; 2nd shelf, broiler, $43, by Sunbeam.

**KITCHEN EQUIPMENT**

**Pages 86-87:**

1. **Coldspot upright freezer:** 32¾" x 28¾" x 65⅞" high. 19.5 cu. ft. interior, fully frostless, see-through Handi-bin, juice soup can storage shelves, adjustable bookshelf storage, Power Miser electric feature helps save energy during periods of low humidity, in gold, avocado $389. By Sears.

2. **Microwave oven:** 11½" x 13½" x 9½" high interior dimensions, oven is portable or may be built-in with optional kit, stainless interior, sealed-in ceramic shelf, 5-setting selector, timer dial, in avocado, coppertone, white, $399. By Magic Chef.

3. **Convertible trash compactor:** 15" x 18" x 34" high, 10 sec. max, 25 sec. min. cycle time, round bin needs no special bags, manually operated spray deodorizer button, available with reversible color panels, avocado copper tone, harvest white, $244.95. By 3-M point division of General Electric.

4. **Portable vacuum system:** 12" x 7" x 18½" high, 28' hose length, 10 qt. capacity, cleaning attachments included. $195.50. By Nautilus Industries.

5. **Self-igniting gas range:** 30" x 52" high, pilotless ignition, takes 20 seconds to activate, independent upper and lower ovens, ultra-violet infrared broiler is self-cleaning, 60-minute self-cleaning, 3-hour timed cook and keep-warm control, $654.95. By Caloric.

6. **Refrigerator/freezer:** x 62" high, 12 cu. ft. refrigerator, 4 cu. ft. freezer, 1 full-width

*Continued on page 149*



"Essex"

COLONIAL EYELET BATISTE. White on white. PERMANENT PRESS. Bedspread twin: $75.00; full $84.00; queen $110.00; king $126.00. Canopy twin or full $43.00; queen or king $83.00; pillow sham $15.00; Coverlet dust ruffle vanity skirt available. Tier curtains 30" lg. $17.00, 36" lg. $18.00. Ruffled tie back curtains and flat canopy made to order. Catalog 95¢ Swatch 35¢. Lovely as can be, will last for many years. Satisfaction Guaranteed.

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Talbots

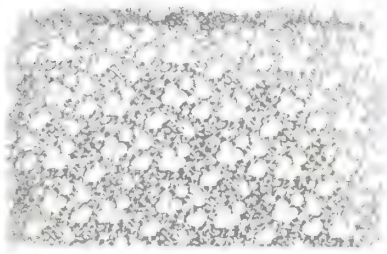


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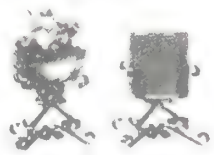
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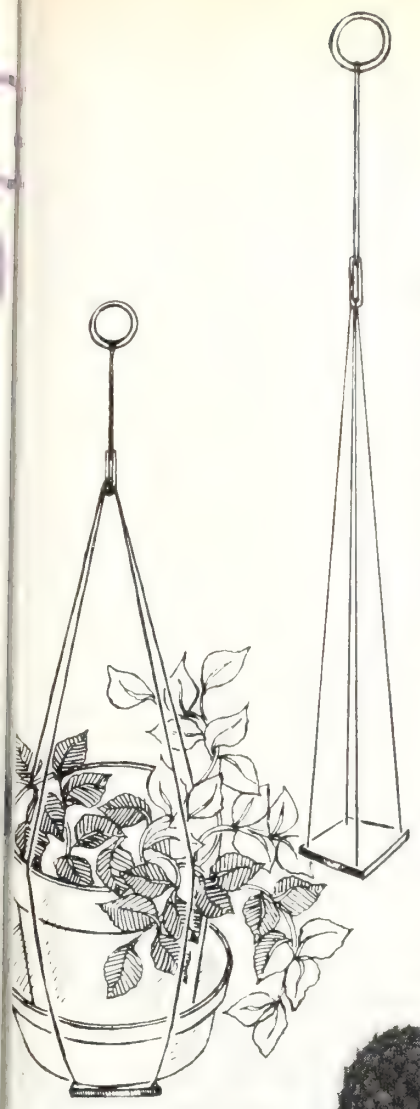
### QUILT SHOW-OFF

Spread your quilt, afghan or comforter neatly for display yet out of the way on Martha Ann's quilt rack, copy of an antique from an 1850 north country homestead. 30"h. by 23½"w. by 15½"d. Easy to assemble. Cherry finish on hardwood. $34.95 ppd. Yield House, G53X, North Conway, NH 03960.

### NEW EDITION

The 1975 Mother's Day plate, [redacted] nth in the series by Bing & Grondahl commemorating maternal love. Limited edition designed by Henry Thelander. Blue porcelain, 6" dia., gift boxed, $19.50 ppd. Edd the Florist, Collector's Div., HG3, Hickory House, 823 N. Court, Ottumwa, IA 52501.



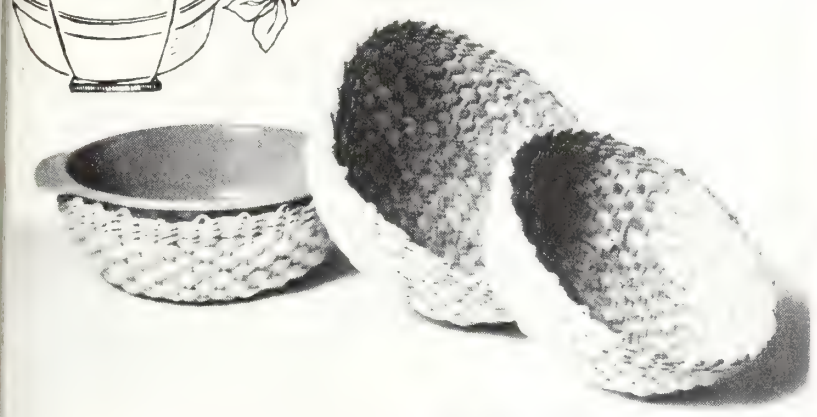


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A space saver that suspends anything up to 25 lbs. from flowerpot to fish bowl, kitchen utensils to art objects. "Hang-it" consists of transparent nylon cord, Plexiglas plate, clear ring. 24", 36", 48" l. $1.60 each, three $3.40, six $5.45, twelve $9.50. Ppd. House of Hints, HG3E, 106 Montague St., Brooklyn, NY 11201.

## NEAT DISGUISE

Bring the casserole from kitchen to table in attractive attire. Basket weave holders made of corn husks will fit 1 qt., 1½ qt. and 2 qt. standard ovenproof dishes. And they stack for easy storing. Imported from the Philippines. Set of three, $9.95 plus 85c post. The Gift Tree, HG275, Box 55, Kensington, MD 20795.





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Handsome addition to any room decor. Like the original made 150 years ago, the graceful stand with five graduated shelves to display your treasures is available in solid American walnut or cherry. Intricate design requires 228 turnings. 23" w. by 55" h. $69.95 plus $6 post. Magnolia Hall, HG3, 726 Andover, Atlanta, GA 30327.




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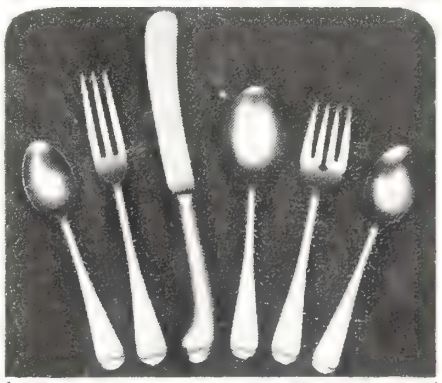
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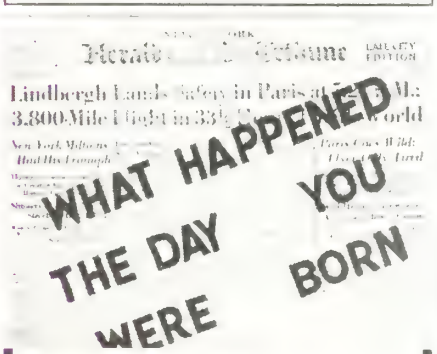


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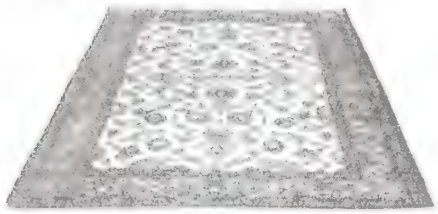
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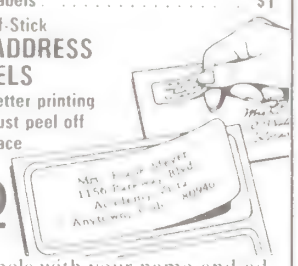
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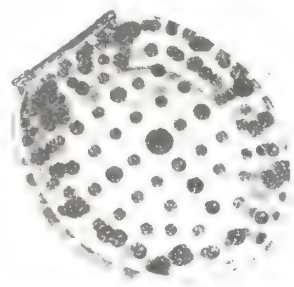
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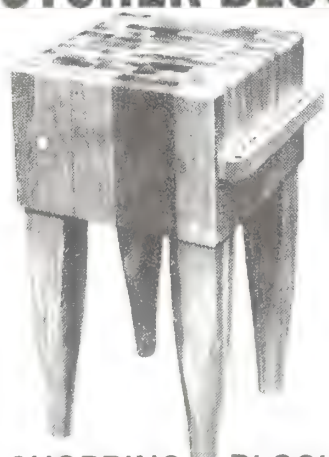
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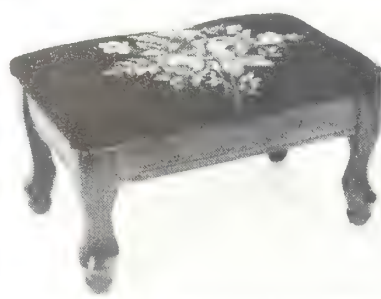
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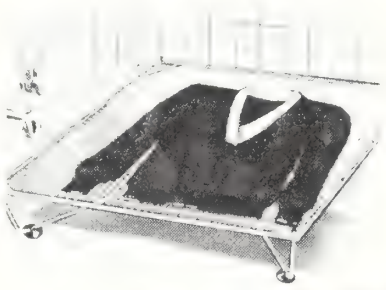
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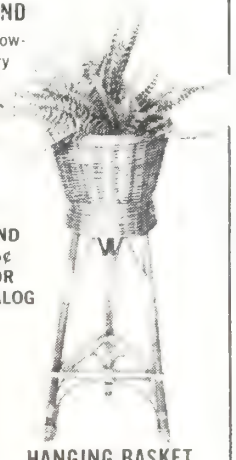
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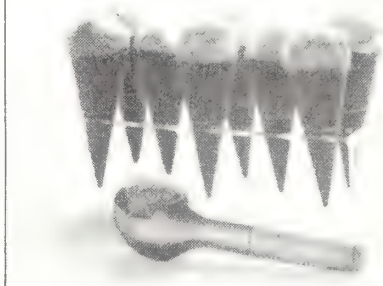
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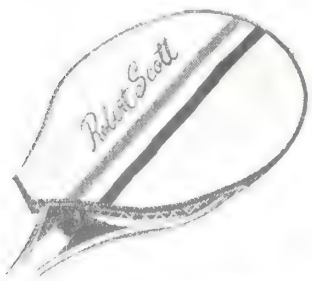
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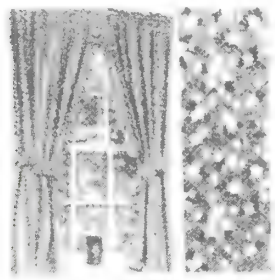
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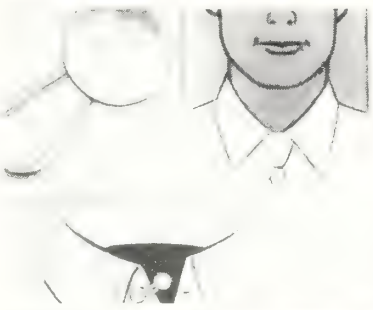
## AMERICAN INDIAN

Coral and shell hescke "Running Deer" set: 14½" choker $39; earrings, pierced or screw, $12.95; A genuine turquoise and sterling silver set: dainty 14" choker $29; little stud earrings $11.25. Ppd. Southwestern Desert House, Dept. HG-1013, 3514 E. Grant Rd., Tucson, AZ 85716.



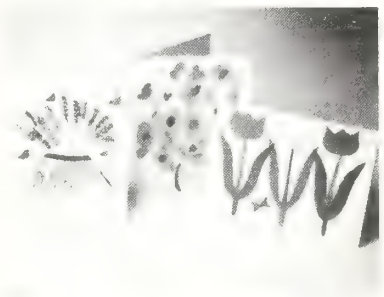
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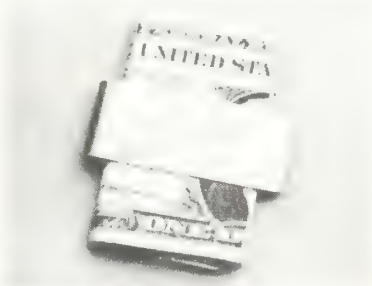
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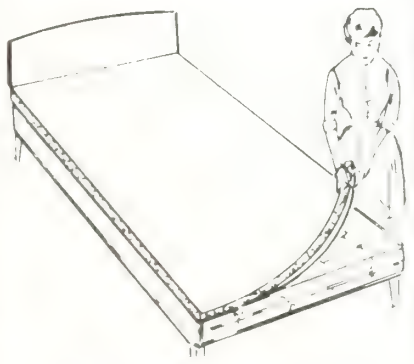


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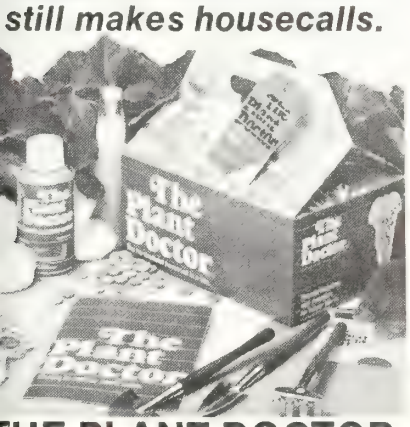
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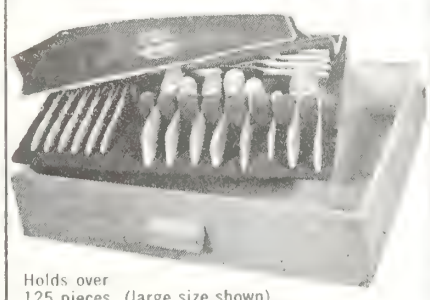

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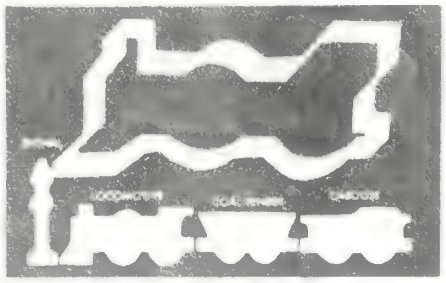
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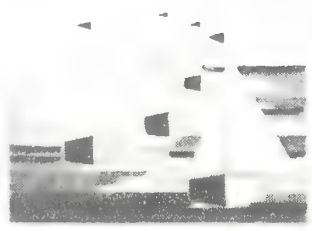
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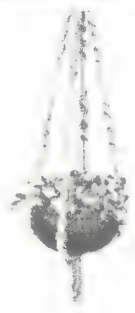

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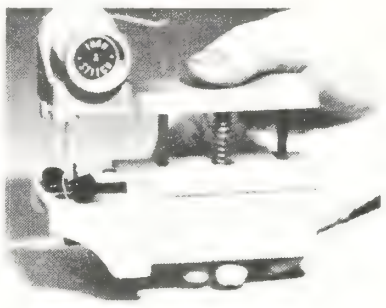
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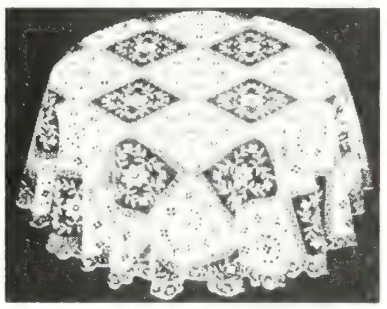
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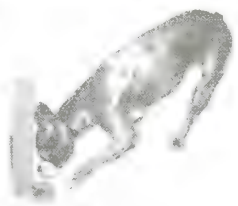
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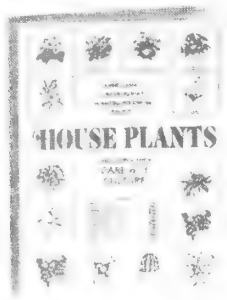
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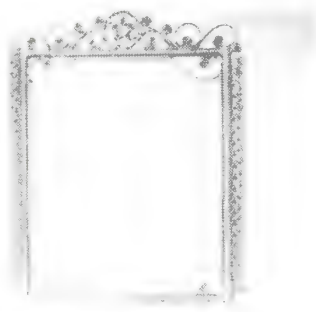

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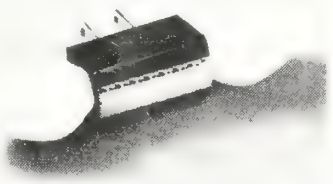
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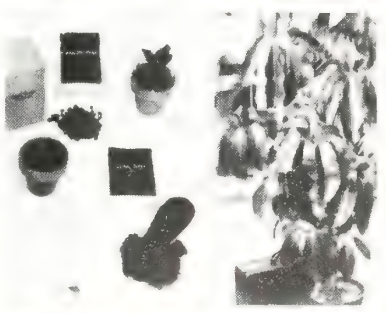
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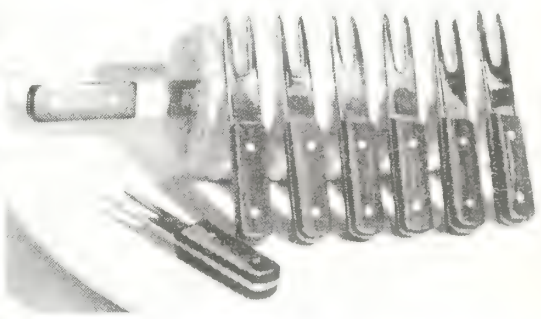
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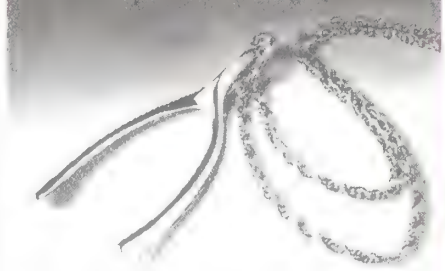
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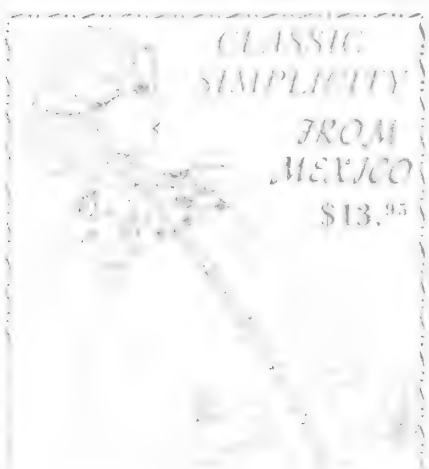
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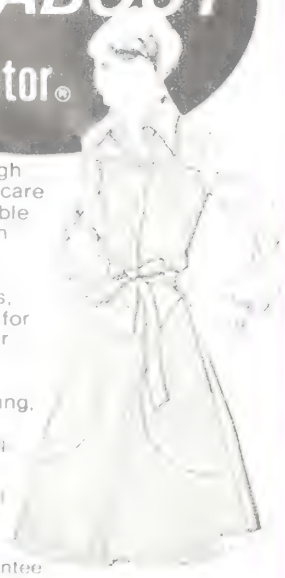
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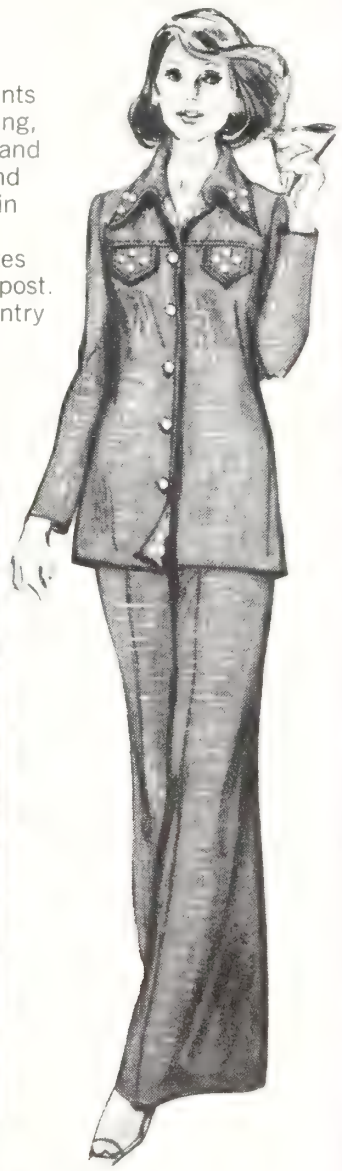


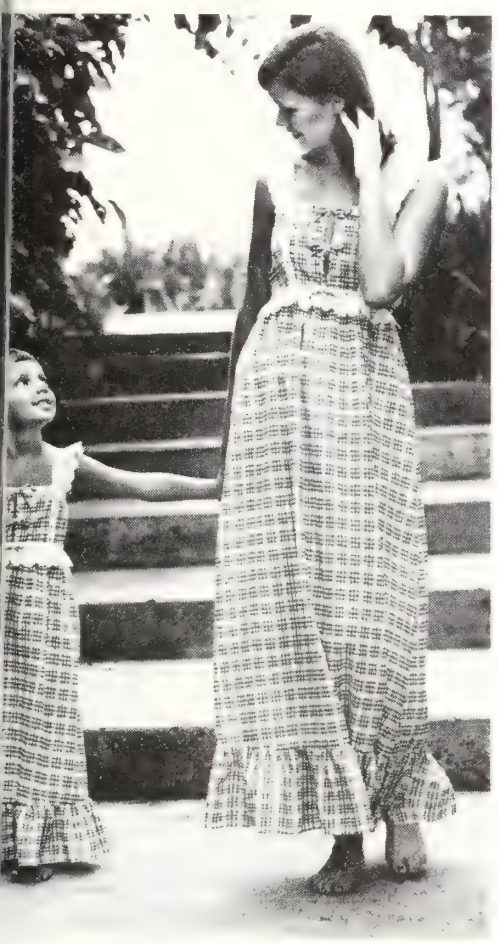
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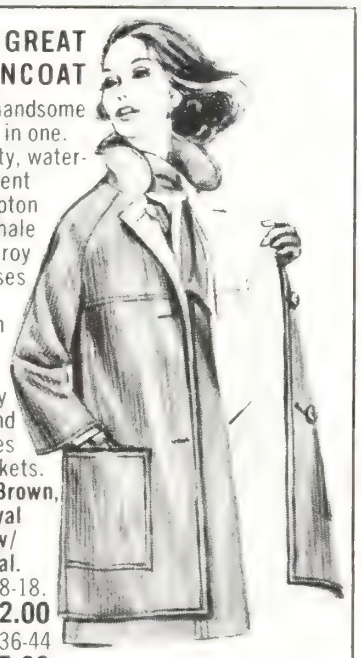
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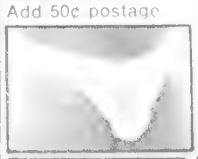
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**HOST PAJAMAS.** The perfect two-piece set for brunch or brandy. Crisp cotton plaid in a belted robe with matching pull-on pants. Blue plaid or red plaid. Robe one size. Pants S-M-L-XL **Set $30.00**

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**Ah Men**
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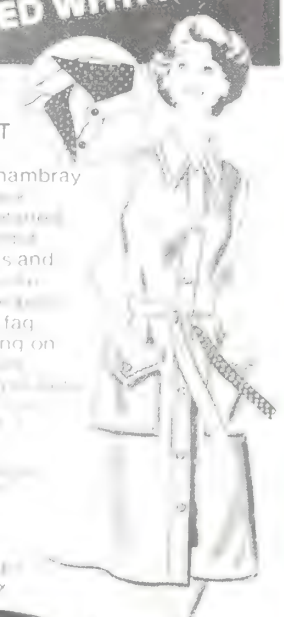
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by BUZZ-A-BOUT



Carefree in chambray

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## ON THE GO

Goodlooking twill jumper, inspired by old-fashioned overalls, is geared to a busy life. at waist, suspender hooks, front bib pocket. Perfect with sweaters, blouses. Kodel and cotton in navy/white, red/white. Washable. Sizes: 6-18. $39.50 ppd. Carroll Reed, HG3, North Conway, NH 03860.

## COUNTRY CHARM

Marvelous country calico dress is fun and flattering to wear. Background color combination, maroon skirt, brown top. Accented with pert white pleated bib front, h that ties in the back. Color catalogue, 25c (free with order). Sizes 5/6, 7/8, 9/10, 11/12, 13/14. $26.95 ppd. Country Scruffs, Box 40, Carlsbad, CA 92008.





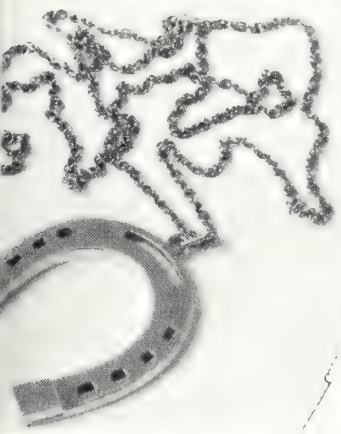
## PERFECT PARTNERS

Indispensable new dress and coat ensemble. Fortrel polyester doubleknit. Sleeveless dress, optional belt. Coat with polka dots on collar, cuffs, down front. White dress, navy polka dots, red coat; white dress, red polka dots, navy coat. Sizes: 10 to 20; 14½ to 24½. $30 plus $1 post. Old Pueblo Traders, H3G, 600 So. Country Club Rd., Tucson, AZ 85716.

## FASHION ACCENT

Latigo genuine leather sling is hand tooled, hand embossed. Antique tan. Foam padded innersole. 1¾" wedge, crepe soles. Elastic instep and adjustable strap assure perfect fit. 5 to 10, full, half sizes, M width. $12 plus 90c post. Western Classics, 610 H3L So. Country Club Rd., Tucson, AZ 85716.





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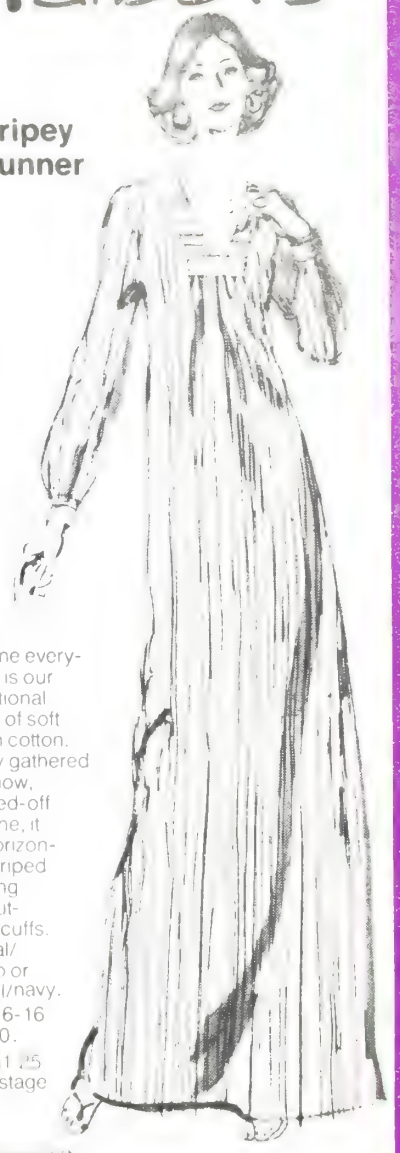
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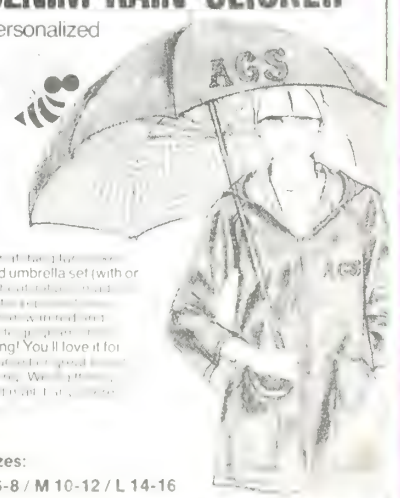
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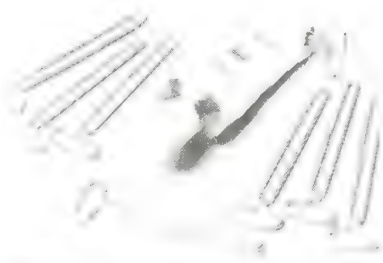
### ZODIAC SIGNS

You're someone special when you wear your special astrological symbol on a smart pewter-finish pendant, 2¼", with matching 24" chain. Specify sign or birthday for each pendant. $2.98; two $5.75; four $11. Add 45c post. Ferry House, Dept. HGZ, Briarcliff Manor, NY 10510.



### BARELY COMFORTABLE

A "Bolero" sandal cradles and flatters your foot with soft leatherlike strapping. Camel, white, beige, navy. 1¾" heel. N in 5½-10, 11, 12; M in 4-10, 11, 12; W in 5-10, 11, 12. $14.99 plus 75c post. Morgan's Cove, HG3, 28 W. Prospect St., East Brunswick, NJ 08816.



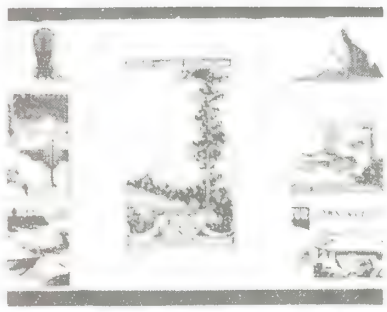
### ECONOMIC IDEA

These days a penny saved is, indeed a penny earned. Tube squeezers are a prime example. Turn key as tube contents are used and no mess no waste. Réusable, too! Set of eight, $1.98 plus 20c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



### PRETTY PILLOWS

Hand-painted to order, poly-fiber filled. Oval in pink, blue, lilac, red, yellow or lime checked gingham. 12" x 16". $12. Rectangle in natural unbleached muslin. 9" x 12". $10. Ppd. Brochure of handmade items 25c. Toss Ups by Ann, HG3, Box 257, Caldwell, NJ 07006.



### AMERICAN MINIATURES

U.S. miniature sheet 1937, picturing Shiprock Mesa, Colorado River rapids, plus other U.S. commemorative postage and ecology stamps. All for 10c. Other exciting ones to examine free and return the balance. 40 page catalogue. H. E. Harris, Dept. E-228, Boston, MA 02117.

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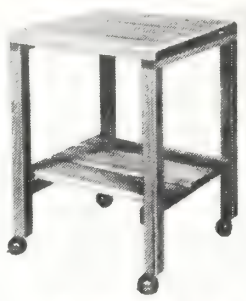
## SHOPPING AROUND

### STUDY IN SOLITUDE



Panacea Bay, a black and white lithograph by Burk Sauls, is a contemplative scene to hang on the wall of study or den. 11″ by 14″ ready for framing. One of a group of four scenes. $3 each; 4 different scenes $10.50 Ppd. Catalogue, 25c. The Tattered Boot, HG3, Lamont, FL 32336.

### INDISPENSABLE CART



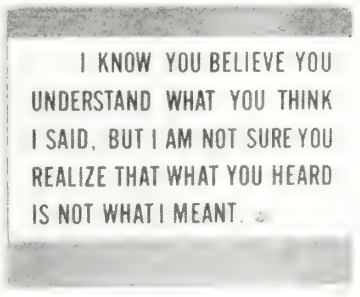
Cart with butcher block top and Shepherd casters is an all-purpose work horse in kitchen, workshop. Lower shelf for storage. Casters lock in position. 24″ by 24″, 33″ h. $174.50. Exp. coll. Catalogue, $1. J. & D. Brauner, Inc., HG3, 1331 So. Michigan Ave., Chicago, IL 60605.

### TREASURES



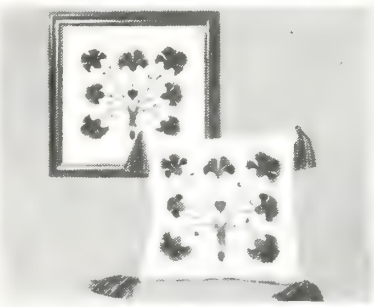
Know the delight of creating beautiful ornaments for seasonal decor. Do-it-yourself egg decorating and Christmas ornament kits are described in a 26-page color catalogue. Also new three-dimensional decoupage. $2. June Zimonick's Studio, HG3, Box 113, 840 Cook St., De Pere, WI 54115.

### ATTENTION!




"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4″ by 5″. $1.98 plus 25c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

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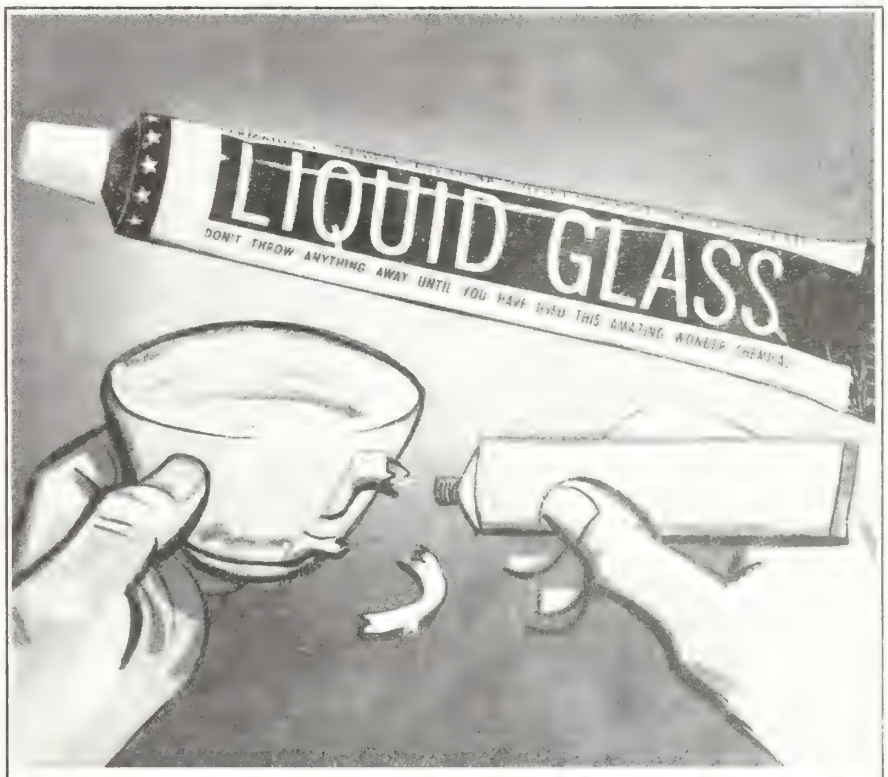
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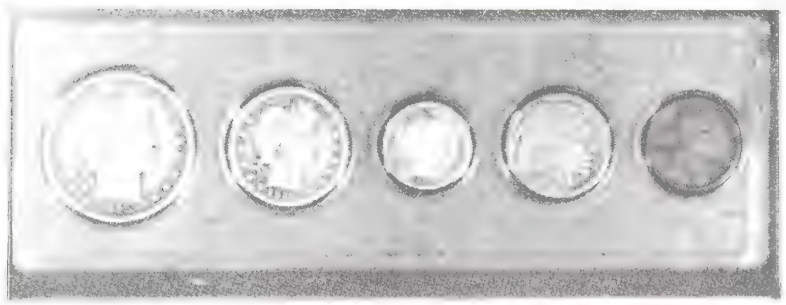
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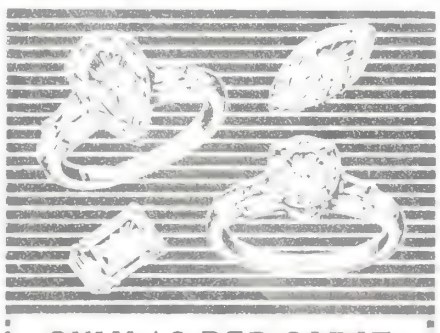
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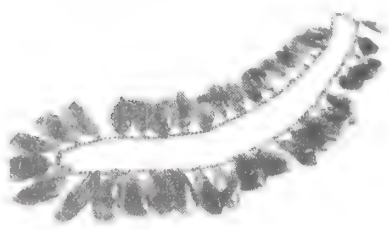
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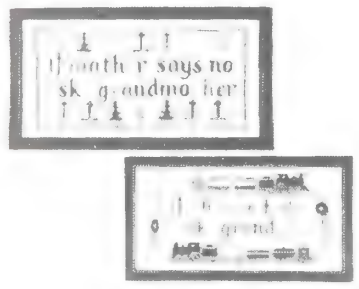
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### CURVE COMFORT

Caressingly soft nylon stretch lace makes a bra to wear for natural ease and control. It's ideal for sleeping as well as daytime activities. Snap front. White; A-B or C-D. $3.98 plus 25c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



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MINIATURE ROSE

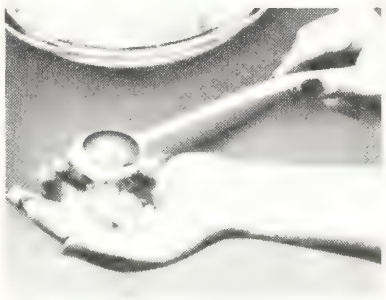
## A SHOE-IN

Wedgie with walking comfort and open-toed cool. The Edna says it in luggage tan, bone, black, white, navy, brown, low 1″ wedgie heel. 4 to 10, $18.95. 10½ to 12, $19.95. For widths AAAA to EE. Add $1 post., 25c each add'l pair. Solby Bayes, HG3, 45 Winter St., Boston, MA 02108.



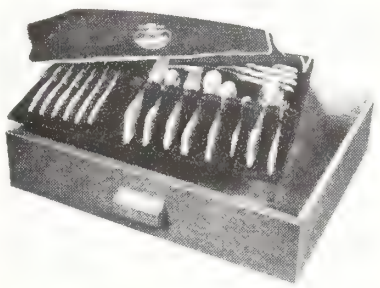
## ICE BREAKER

Here's a time-saving, easy-to-work gadget you'll find indispensable. One or two light taps and ice for mists, juleps, shrimp or seafood cocktails is crushed in a trice. Great gift idea. $1.98 plus 25c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



## SILVER PROTECTION

Tarnish-proof Pacific Cloth drawer pads made by Gorham. Prevent tarnish and scratching! 11¾″ by 15″ by 2½″ holds 100 pieces. $10.75; 17½″ by 13⅞″ by 2½″ holds 125 pieces. $12.75 Add $1.00 post. Barrington Specialties, HG3, Box 154-G, Barrington, RI 02806.



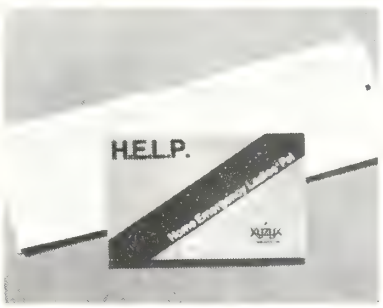
## COMMUNICATIVE ART

What appears to be shell-like sculpture, springs open to an all-in-one phone that fits in the palm of the hand. Jet dial; cushioned base. Bisque white. 6¾″ long by 2¾″ high. $59.95 plus $1.50 post. Add $2 west of Miss. Metropolitan Teletronics, HG3, 35 W. 35th St., NY 10001.



## YOU CAN DO IT!

Cut down big expenses for home repairs with a Home Emergency Ladies' Pal. Handbook of simple instructions with diagrams has 154 pages, covers plumbing, carpentry, electrical work, medical aid. $1.99 ppd. Donna Davis, Dept. HG2B, 14435 Cohasset St., Van Nuys, CA 91405.




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Real comfort, traditional styling, finest construction and top grain leather make this THE chair for the man of the house. (A family favorite as well) H 33 W 33 D 37

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Hickory, N.C. 28601



THE WILLIAMSBURG POTTERY INTRODUCES

**THE HANGING BOLA**

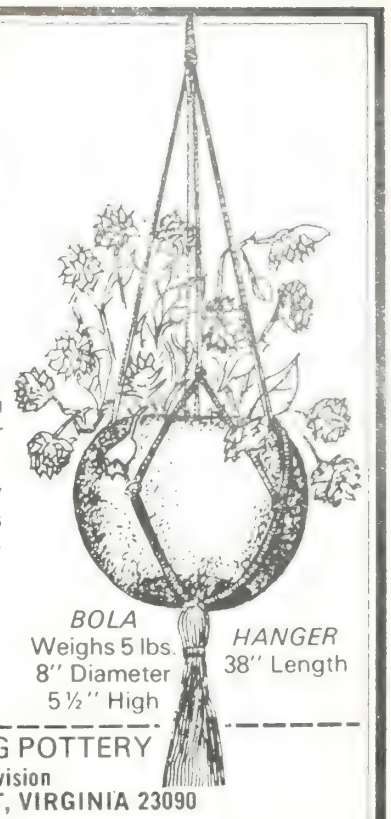
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*BOLA* Weighs 5 lbs. 8″ Diameter 5½″ High

*HANGER* 38″ Length

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_____Bola (s) only / 3.49 ea.

_____Rope Hanger (s) only / 69 cents ea.

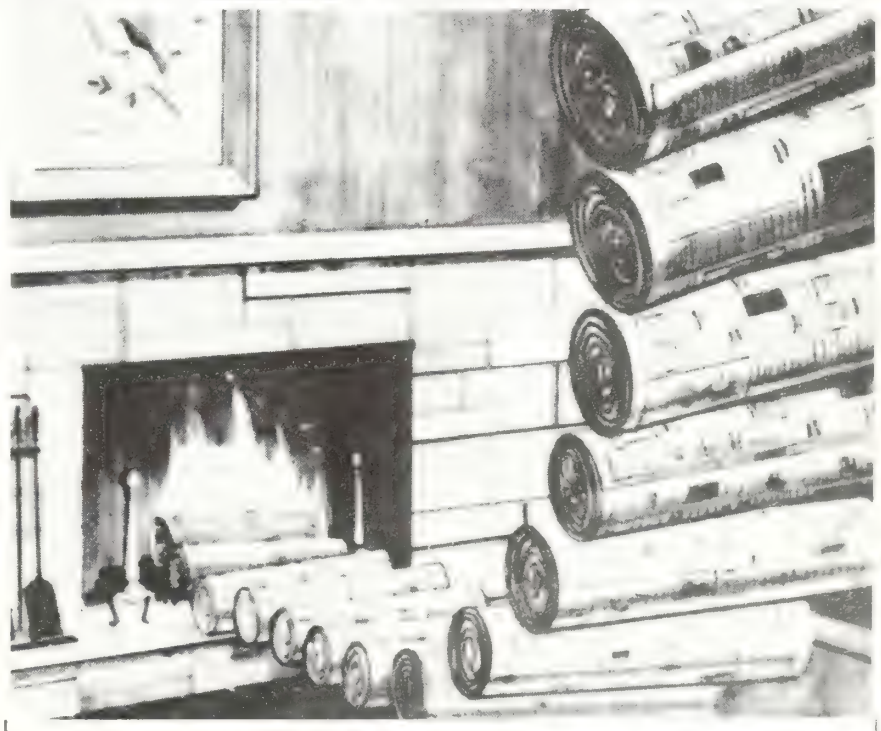
_____Bulb (s) / 79 cents ea.
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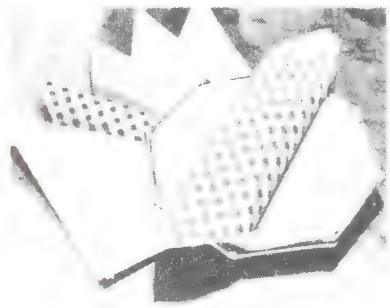
### PERSONALIZED POSTER

A little girl (or boy) in prayer is personalized with child's first name inscribed in gold finish letters in frame. Full color, 16" by 20". Indicate name. Allow up to six weeks for delivery. $3 each, two for $5 plus 25c post. Romar, Dept. RS-2Q, 380 Madison Ave., New York, NY 10017.



### RATTAN'S A WINNER

Rattan ceiling lamp with swag chain; dimmer switch, adjustable ht., 18' chain. 14" spread, $19.95; 17" spread, $24.95 plus $2 post. Painted white, yellow, green, pink, orange, blue or black, add $3. Catalogue, 25c. Fran's Basket House, HG3, Rte. 10, Succasunna, NJ 07876.



### CHECKED FOR CHARM

Washable gingham luncheon napkins add notes of color to any table. 17" square. White with red, green, light or dark blue, brown, yellow; also in solids of the same colors. $6 dozen plus $1 post. One-of-a-Kind, HG3, 363 N. Main St., Doylestown, PA 18901.



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We can't promise this snappy copper bracelet wards off hobgoblins or cures rheumatism. But we *like* its casual cachet! Chain-links gleam for both him *and* her. Men's, $3.98; women's, $2.98. Add 25c postage each. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



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Camelback loveseat is perfect in traditional setting, blends with mixed periods. Fruitwood-finish hardwood, coil springs. 35" h. by 58 w. 33 d. In your fabric, $252.95; our fabric, $329.95. Exp. coll. Catalogue 50c. Bryan Robeson, HG122, Route 10, Box 793, Hickory, NC 28601.

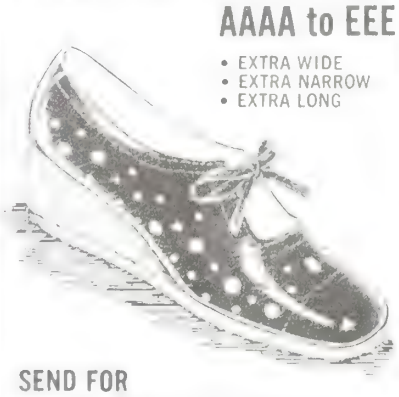
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# SHOPPING AROUND

## WINNING COMBO



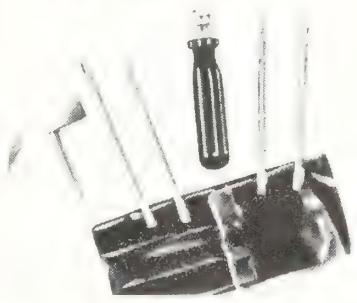
Armed plant hanger and lighting fixture in matte black or white or polished chrome. 12″ hanging arms swivel and swing. 12′ wire extension, on-line switch, plug. B or W, $24.50; chrome, $26.50; add $1.50 post. Home Plant Displayers, Inc., Dept. 201, 51 E. 42nd St., New York, NY 10017.

## INVISIBLE HOLDUP



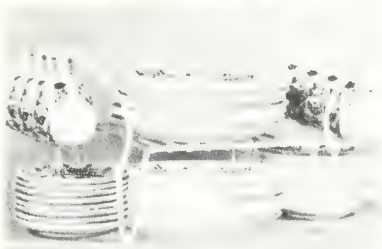

Liquid Garter holds hosiery up without bumpy garters and they stay up as well. It dries in a jiffy and without fuss or muss. Works for men's socks, too. End creases around ankles, knee bagging. $3.98 plus 25c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

## AT THE READY



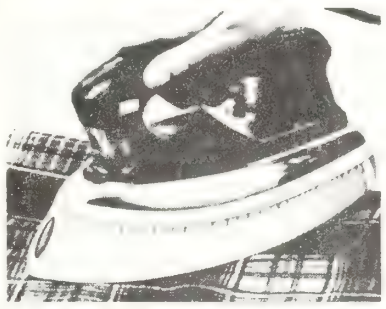
Seven piece tool kit in snap-button case, 2¼″ by 5½″, weighs only 5 ozs., but is a mighty aid. Sure-grip handle holds full-size Phillips and slotted head screwdrivers, nail punch, drill, hammer. $2.98 ppd. Ivy, Dept. 729, 210 E. 23rd St., New York, NY 10010.

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***personalized garment bags!***

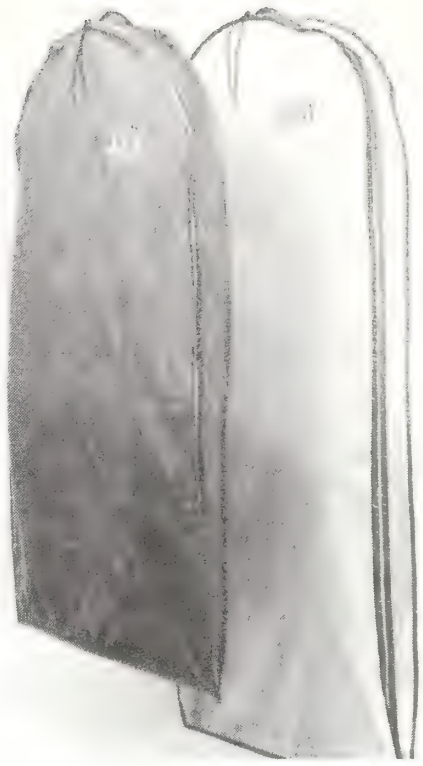
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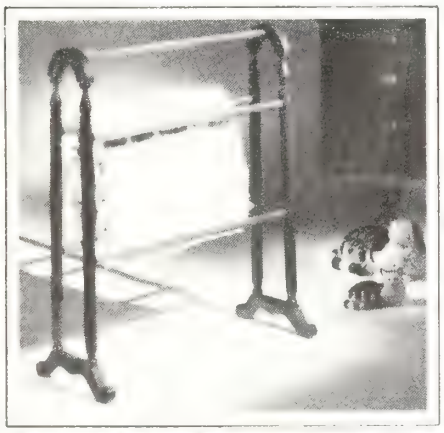


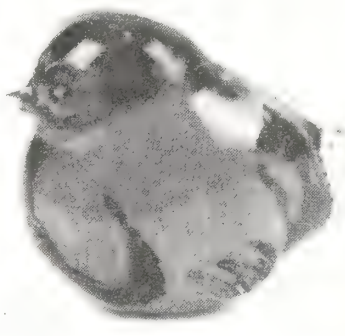
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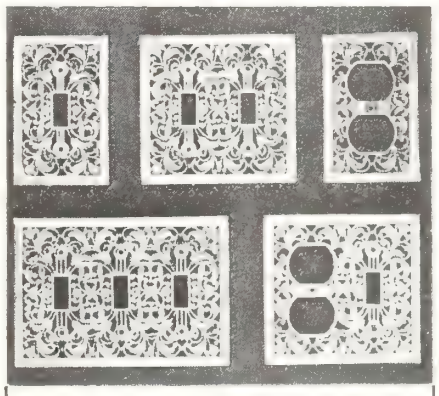
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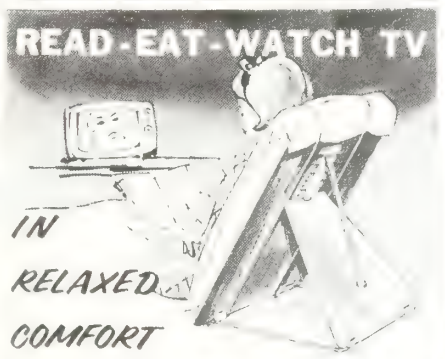
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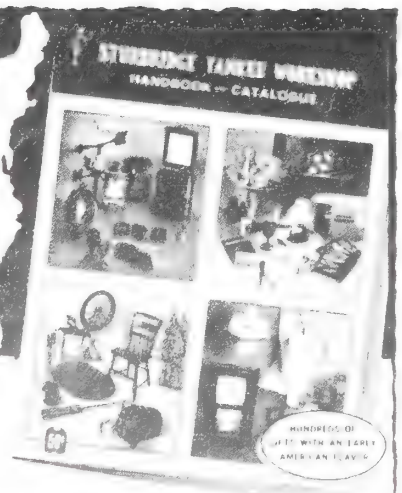


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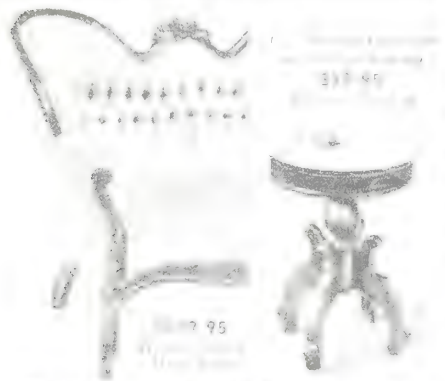


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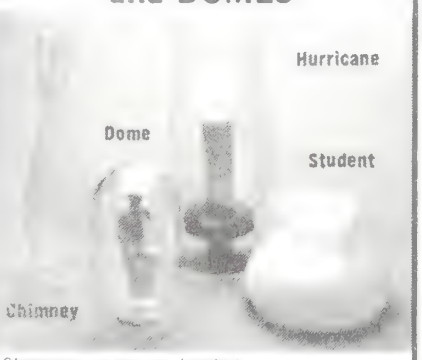
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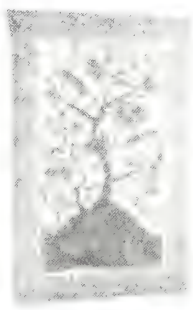
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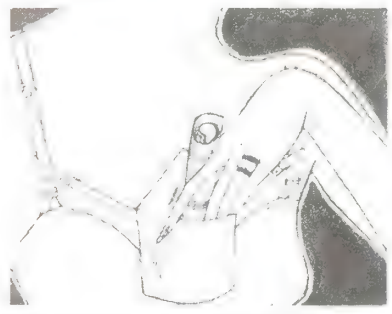
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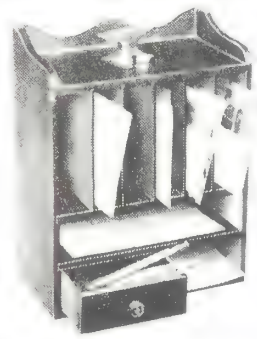
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"MARGIE"—Sandals of marshmallow-soft patent. So versatile they swing from sporty to dressy occasions. Superbly comfortable with their foam-cushioned insoles and 1½ inch heels. Elasticized sling straps assure perfect, self-adjusting fit. Colors: White, Black, Navy, Bone or Red. $12.95. Sizes 4 through 12; Narrow, Medium or Wide widths. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90¢ postage for each pair ordered. Refund if not delighted. Free catalog. Write SOFWEAR SHOES, Dept. M, 1711 Main, Houston, Texas 77002.


OLDTIME ORGANIZER



"COUNTRY STORE ORGANIZER"

Early American design pigeonhole post office similiar to those common in years gone by. Colonial design and rich mahogany finish of the wood make it an attractive addition anywhere in your home or office. Six pigeonhole compartments for mail, two shelves for paper and envelopes, a drawer for sundries and a shelf for whatever. Hang it on a wall or place it on desk or table. Measures 11½" x 7½" x 5½"

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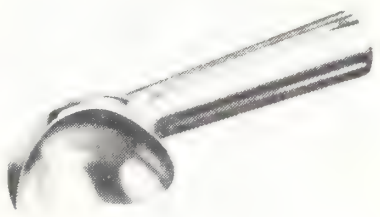
## SHOPPING AROUND

### TOPS FOR TOTS



Handsome bentwood highchair, destined for generation to generation use. Hand-rubbed to a rich walnut tone, by Spanish craftsmen. Handcaned back. 39″ by 18″ by 22″. Footrest, liftable tray. $69.95 ppd. ($2.50 W. of Miss.) Jenifer House, HG3, Great Barrington, MA 01230.

### BIG SCOOP



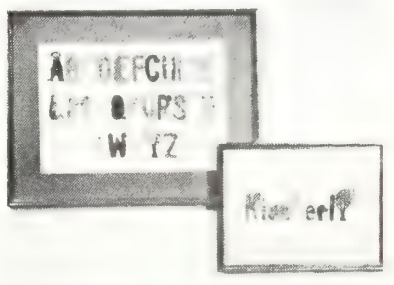
Greatest news at dessert time is an ice cream scoop that cuts through the hardest, coldest ice cream in a flash. The secret is in the handle, with self-defrosting liquid hermetically sealed in. Always works; sanitary, rustproof. $5.95 ppd. Holiday Gifts, 303-G, Wheat Ridge, CO 80033.

### NO EVIDENCE



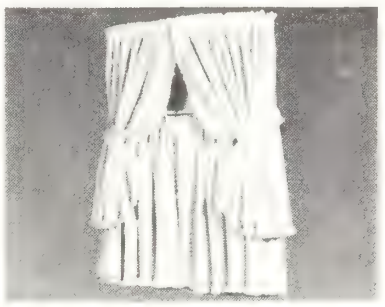
Rust disappears without a trace from colorfast fabrics, porcelain sinks and toilet bowls with a remover that needs no rubbing or scrubbing. Terrific on tarnish, too. $1.98 plus 20c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

### WHO'S ZOO?

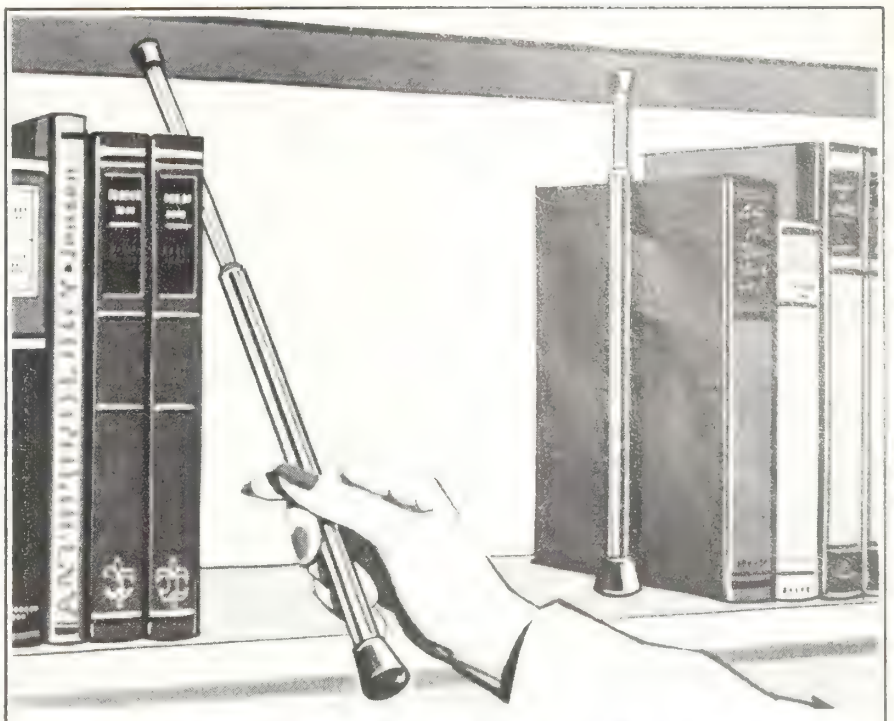


Water color animal alphabet spells names (specify) in bright colors. 9″ x 12″, matted, up to eight letters, $4.95; more letters, each 50c. Entire alphabet, capitals or small letters matted, 14″ x 18″, $10.95. Add 75c post. Lauras Loveables, Dept. 3, Box 7381, Las Vegas, NV 89101.

### COLONIAL "SURREY"



Natural or snowy white muslin, 2″ knotted fringe. Tiebacks included. 78″ w. per pr. 24″, 30″, 36″ long $5.50; 45″, 54″ $7.50; 63″, 72″ $9; 81″ $10.50; 11″ x 68″ valance $2.75. Add $1.50 post. Free brochure. Old Colony Curtains, Dept. G531E, Box 759, Westfield, NJ 07090.

# SPRING POST BOOKENDS

Spring post bookends keep book shelves neat and orderly. Gold anodized aluminum encases a steel tension spring. Poles fit shelves from 9½″ to 13½″ in height. Great for big art volumes. Set of 2.

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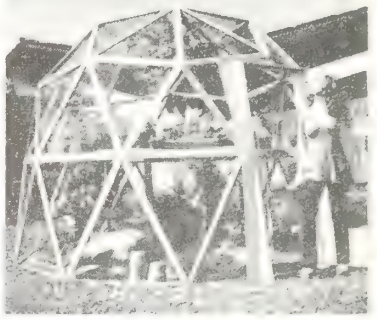
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on't worry about your dog or cat tting lost. This Identification Tag is all the necessary information for s safe return — pet's name, your ame, address and phone number — l embossed free. Lifetime polished ainless steel, complete with collar ook. **$1.00** ppd. Your order will be nt by FAST FIRST CLASS MAIL t no extra charge!
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## A Woman's Sentiments!



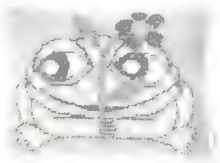
Every woman can identify with this humorous kitchen sampler. Colorful red and green design printed on linen fabric. Finished size: 9" x 12".

Vivid red and green flowers with green letters . . . on pleasing yellow background.

Crewel kit includes design on fabric, floss, needle, simple instructions. (Frame not included.)

9" by 12" Kitchen Sampler Only $3.95 (plus 50¢ postage)

## This Snappy Fellow Has Eyes For You!



**Frog with Flower Needlepoint**
**9" x 12" Knife-Edge Pillow**

Pert green frog sports white polka dots, holds a bright red flower with purple center. Gold background.

Kit includes stamped design on 10-mesh, 100% cotton imported penelope canvas, 100% wool yarn, needle, simple pattern chart, instructions.

$4.95 (plus 50¢ postage)

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## PICASSO IN NEEDLEPOINT

**HANDS WITH FLOWERS, Picasso's famous expression of love and friendship, for you to work in needlepoint. Bright blue, yellow, green and white flowers, white hands, set against a rich orange background. Kit contains 7x9" screen printed design on 9x11" 10 mesh canvas, tapestry yarn, needle and instructions.**

only $4.95 plus 45¢ postage. (Mass. res. add 5% sales tax) Sorry no C.O.D.'s.

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## Quilting Party



Your tiny stitches quilt around authentic Audubon bird prints, handscreened in England on finest cotton. Colors are mossy greens, soft blues, browns, touches of rust. Backing is handsome brown velveteen. Everything to make this charming pillow except stuffing is included in "QUILTING PARTY" kit. We couldn't get finer materials, and the finished pillow, 11"x15", is simply elegant. Only **$9.50** plus 70¢ postage. N. C. residents add 4% sales tax.

SALTER PATH
**Shandy Lane, RFD 3, Box 346B**
**Wilmington, North Carolina 28401**



## "PATCHWORK PAINTINGS"



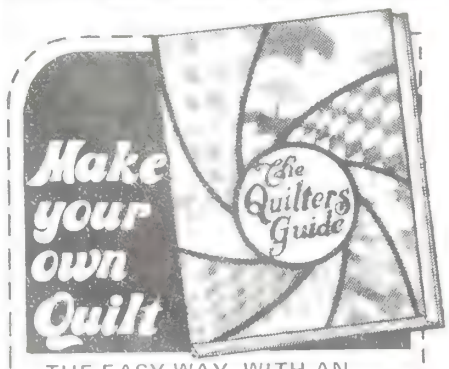
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***Complete Kit $6.00 Ppd.***

...ed applique and quilting combine to ...re with a 3 di... Includes pattern, instructions and all material (except ...ed & blue: red & ...own or ... COLOR WITH

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| Complete kit (no frame) | $6.00 Ppd. |
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# SHOPPING AROUND FOR NEEDLECRAFTS AND HANDICRAFTS

### IN THE SPIRIT

Needlepoint a flag bag to celebrate the big birthday. Red, white, blue with gold numerals: 1776 on one side, 1976 on other. About 13" x 10½" plus handle. Kit: design on #10 mono canvas, yarn, needle, navy cotton-polyester lining, full instructions. $29.95 plus $1.50 post. Stitch Witch, HG3, Box 228, Old Greenwich, CT 06870.




### ANTIQUE DECOR

Make your own Tiffany lamp shade from a complete kit. Colorful opalescent stained glass pieces pre-cut to shape; you foil, assemble and solder according to illustrated instructions. An interesting and gratifying project, an impressive gift. Many sizes and designs, other items available: details in full-color brochure 50c. Rainbow Art Glass Corp., HG3, 49 Shark River Rd., Neptune, NJ 07753.



### EEEEK

Such a lovable mouse couldn't scare anybody! Stitch-Whiz animal is hand painted on 14-count mono canvas, comes with Paternayan Persian yarn, needle, instructions. Can be finished as a shaped pillow. $28.50 plus $1 post. Catalogue with stitch graphs, two alphabet charts $2.50. Magic Needle, HG3, 44 Green Bay Rd., Winnetka, IL 60093.





## QUILTING FRAME

Portable, adjusts 5″ to 18″ sq. for pillow or quilt; for needlepoint and embroidery, too. Hardware, assembly instructions. $6.75. Gingham and calico in "Grandmother's Cross" quilt pillow design; 17″ by 17″; washable. Complete kit $7.95 Ppd. Quilts and Other Comforts, HG3, 5315 W. 38th Ave., Denver, CO 80212.

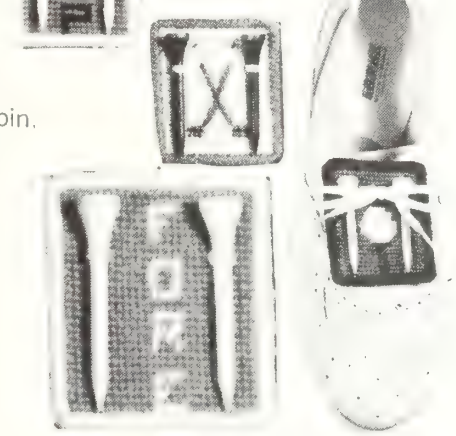


## THREESOME

Stencil-type pillows: hand-painted canvas, Persian yarn, needle, backing to match natural backgrounds, instructions. 12″ by 12″. Warm brown duck, Colonial blue, pineapple or Colonial red flower basket. Each kit $18.95 plus $1.25 post. The Krick Kit, HG3, 31 No. Brentwood, St. Louis, MO 63105.

## IN ON THE LINKS

A colorful needlepoint caddy laces to your golf shoe to keep tees at the ready. 2″ by 3″. Kit includes design on canvas, Paterna Persian wool yarns, two tees, elastic, needle, instructions. Choose from golf ball, fore, flag and pin, crossed clubs. T-up, initials. Each $1.75; any six $9. Add 50¢ post. each. Classic Corner, 12 H Water St., Bryn Mawr, PA 19010.




## SPRING PREVUE

Charming stylized flowerlets to be worked in needlepoint. Deep yellow and burnt orange on pale yellow ground with blue and green accents. 12″ x 15½″. Hand-painted design on #13 mono canvas, Paternayan Persian wool yarns, needle, instructions. Kit $26 ppd. Village Needlecraft, HG3, Box 2704, Chapel Hill, NC 27514.



## ENJOY NEEDLEPOINT?



You'll love this Bright Butterfly! Its vibrant shades of green, yellow and orange are accented with a pink and green border and set against a yellow background. Kit includes canvas printed in full color, 100% wool yarn, needle and complete instructions to complete this 10" x 10" picture — $7.50. Walnut finished frame also available — $7.50. Postage 50c.

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**TOWER CRAFTS**
P.O. Box 575, Champaign, IL 61820
Color Catalog 25c
Free with Order



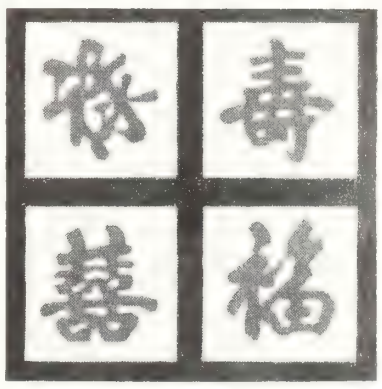

## The Most Outstanding Needlepoint Books Available

Four Way Bargello and Needlepoint-Bargello, two great books from one of the foremost innovators of the concept of Four Way Bargello and needlepoint design. Both books explain the principles of Bargello and include graphs, detailed information on color combinations plus photos of finished pieces. Each book ordered will be autographed by the author. For personalized autograph, specify to whom. Each book $12.50 plus 50¢ pp. Both books $25 ppd.

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## NEEDLEPOINT



Our Chinese Calligraphy is hand-painted on #13 canvas in burnt orange with avocado green border or gold with Imari blue. Finished size: 14″ x 14″. Kit includes yarn, needles, instructions. Price: **$37.50** + $1.50 pstg.

**CATALOG** - 120 designs and full line of needlepoint supplies — $1.50

**the nimble thimble**
P.O. Box 713-3 Aptos, Calif. 95003

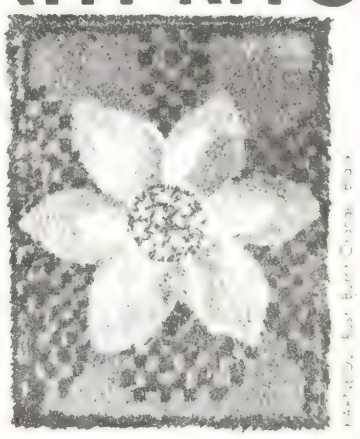
## EMBROIDERIES



**MIRANDA.** Green eyed beauty in sparkling peasant costume. Carrying tray of tempting oranges, lemons and red apples on 7 x 14 grass green linen. The stitches are simple, the price $25.95 + $1.50 post. #3331. Send $1 for new color embroidery catalog of Swedish designs.

**skön** EMBROIDERIES
55 Lambert Lane
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10804 Dept. GE3

## RYA KITS



**NEW RYA COLLECTION.** One simple stitch makes these pre-started wool rya wallhanging, rugs or cushions. Kits imported from Sweden feature lustrous rug wools, easy to follow color charts and English instructions. Send $1 for new color catalog of award winning designs.

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53 Lambert Lane
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**CREWEL HERBS** blossom as you stitch. Each kit includes herb design stamped on oyster Belgian linen, wool in true-to-nature colors, needle, and easy instructions. Size 8″ x 8″.

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|---|---|
| Thyme Kit (shown) | $1 |
| Rosemary Kit (shown) | |
| Chives Kit (shown) | |
| Mint Kit (shown) | $1.75 |
| Oregano Kit | |
| Dill Kit | |
| Wood frame (choose maple, red, or green) | |

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WHAT'S NEW SHOP

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# SHOPPING AROUND FOR NEEDLECRAFTS AND HANDICRAFTS



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Add flair to draperies with needlepoint tiebacks. Brighten up bedroom or bath with tissue box cover (jr. size). Both in quick and easy bargello patterns. Designed to coordinate with each other. Kit contains directions, canvas, pure wool yarn, needle. Color choice: Olive/Gold or Olive/Blue.

Tiebacks, 1 pr. . . $6.00 ppd. Box Cover. . $6.00 ppd. Any two kits for $11.00 ppd.

Matching Luggage Straps . . . $10.50 ppd.



*Cricket Hollow Crafts*

10654 Big Oak Circle 2
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**BIRTHDAY KITS**

Initials and birth-date personalize these charming designs for your favorite children. 6"x9" pictures to work in easy, fun decorative stitches. Detailed instructions, needle, printed canvas, pure wool yarns. Choose Red/Gold or Blue/Green colors.

Birthday Balloons. . . . . $8.50 ppd.
Birthday Train. . . . . $8.50 ppd.
Any Two Birthday Kits. . . . $15.00 ppd.

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*Sign of the Arrow*

NEEDLEPOINT RIBBON PILLOWS



Chart only 75c
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**CALICO WREATH KIT**



Unique 21" wreath is machine sew—add the warmth of calico and patchwork to your home. Kit is complete—including all fabrics, quilting, carefully selected designs, polyester filling and more. So pretty you become won't believe it actually takes only 6 to 8 hours to make!

**$15.95** add 85¢ post. & hdlg.

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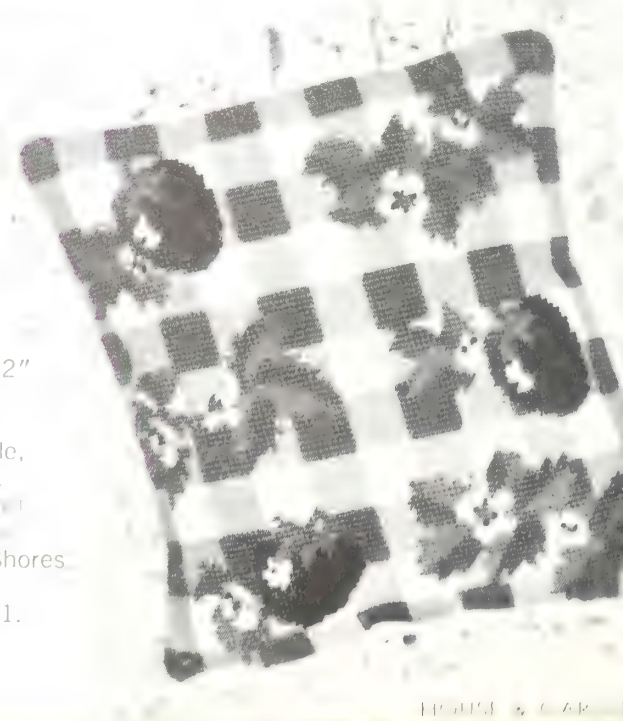
## EMBROIDERY NEWS

Fascinating full-color catalogue with everything in the finest Swedish designs, from darling little pictures to long panels and huge wall hangings, cloths and cushions. There are florals and figures, delicate and spectacular colors. Exclusive "long stitch" designs are included. $1. Skon, GE3, 55 Lambert La., New Rochelle, NY 10804.



## PEACEFUL HAVEN

Nostalgic saltwater harbor scene is a charming decor for anyone who loves the sea. Design stamped on homespun, to work in crewel stitchery in shades of blue, gray, green and brown. Frame size: 12" by 26". Complete kit with yarn, needle, instructions. $6.90 plus 50c post. Color catalogue 25c, free with order. Tower Crafts. HG3, Box 575, Champaign, IL 61820.



## DELICIOUS

[illegible] strawberries on blue and white gingham ground. 12" by 12" with eyelet ruffle. Kit: painted canvas, yarn, needle, ruffle, instructions. $7.95 plus 50c post. Color catalogue, free. Needlepoint Shores Dept. FT, Box 123, Wayzata, MN 55391.



## PRETTY COVERS

Needlepoint for Reader's Digest or TV Guide, and address book. No mounting, finished needlepoint slips into cover front. In avocado, brown, white, lemon or black. Book covers, canvas, needles, yarns, instructions in kits. Digest or TV cover $13.95; address book kit (9″ L by 6½″ W) $19.95 plus $1.50 post. each. Catalogue $1.50. The Nimble Thimble, HG3, Box 713, Aptos, CA 95003.

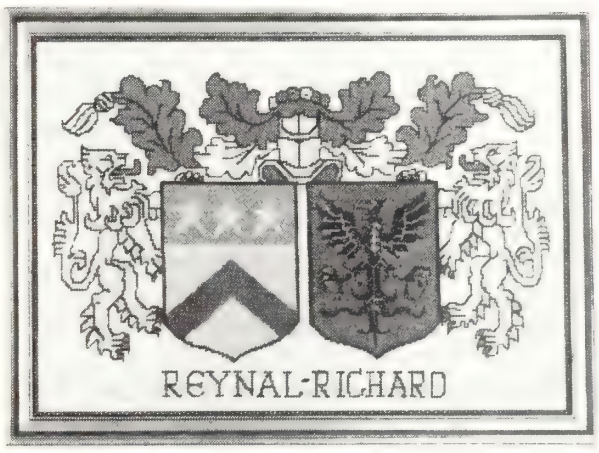
## LEARN IT RIGHT

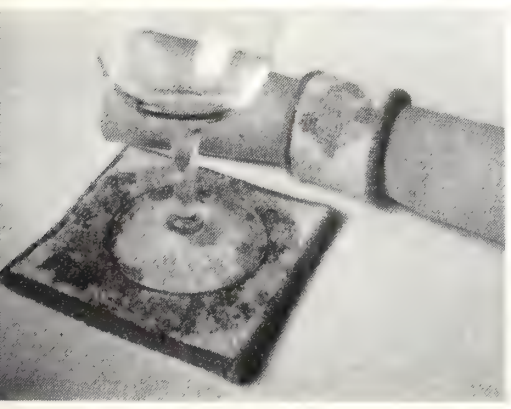
Two concise, colorful handbooks illustrate popular stitches, patterns, techniques. Filled with photos and drawings that help novice or expert. Learn to develop your own skills with *Needlepoint & You; Creative Needlework & Stitchery*, each $2.98 ppd. The Emporium, HG3, Box 1569, Glendale, CA 91207.




## FAMILY CRESTS

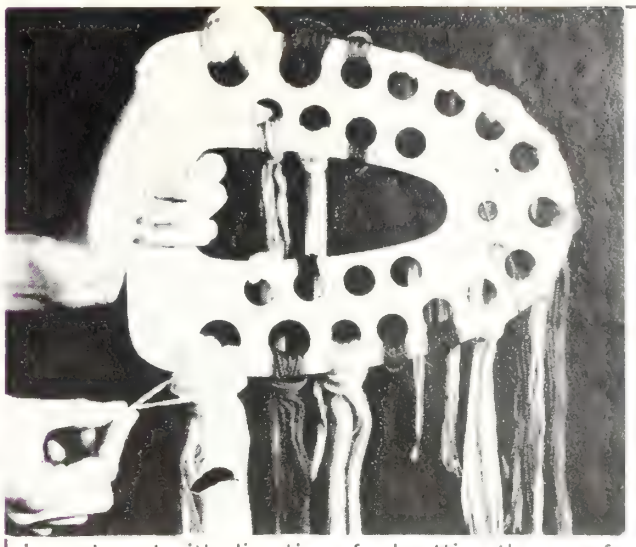
Double coat-of-arms featuring surnames of husband and wife in a needlepoint kit. Frame size 16″ by 23″. Hand-painted canvas, heraldic color yarns, needle, instructions, certificate to document authenticity, $49.95. Single coat-of-arms, frame size 14″ by 18″, $29.95 plus 50c post. Jackie Drake, HG3, 1105 Pinrun Dr., St. Louis, MO 63011.



## PARTY PAIR

Spring-fresh wreaths to needlepoint for hostess set: 4 napkin rings, 4 coasters. Kit: printed canvas, yarn, directions, needle, backing. $12 ppd. Cricket Hollow Crafts, HG3, 10654 Big Oak Circle, Manassas, VA 22110.



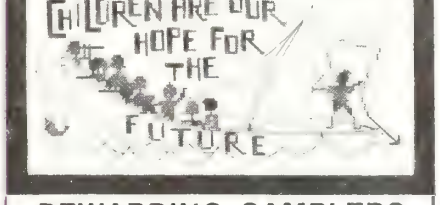
## YARN PALETTE
### to organize

We have found this smoothly - finished hardwood palette a great convenience for crewel embroidery, creative stitchery and needlepoint. It is designed to organize yarns into over 20 different color catagories, with a magnet for the needle. The palette is packaged with directions for knotting the yarn for simple pull-out. An excellent gift idea. Size: 10½″ x 8¼″. Only **$4.95** plus 50¢ postage.

**Now you can select from hundreds of different art needlecraft kits in The Stitchery's exciting, full-color catalogs. You'll find page after page of pillows, pictures, doorstops, bell pulls, handbags, tote bags, luggage straps and racks, footstools and footstool canvas, belts, dolls, rugs, eyeglass cases, pin cushions, afghans, etc. Many designs are exclusive. Send only 25¢ for the next 4 colorful issues.**

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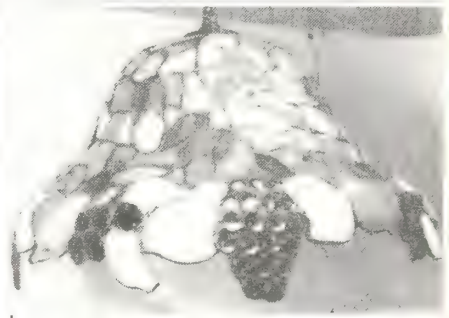

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Beautiful limited edition 14x20 #12 mono canvas needlepoint with Paternayan Persian yarns complete kit $48.00 plus $3.50 postage. Catalog available at $3.50.

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## CATNIP

Cat fanciers prize the proud Siamese as star of the feline kingdom. Needlepoint kit includes design on #10 mono canvas, Persian wool yarns in browns, beige, black, needle and instructions. 9" by 9" finished size. $6.95 plus 60c post. catalogue, 25c Stitch 'n Knit, HG35, Box 709, Framingham, MA 01701.



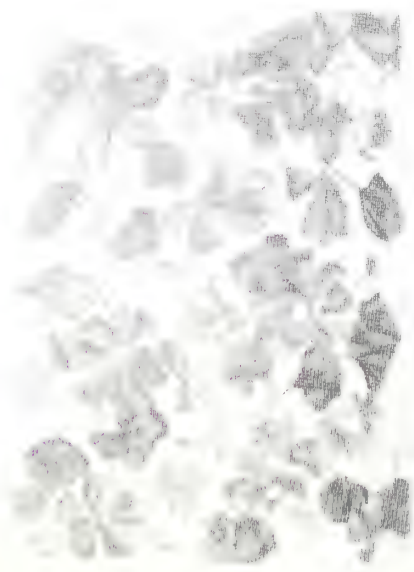
## KEEPSAKE

Custom canvas marked from your photo for a personal needlepoint. Boats, cars, houses, landscapes, figures transferred to canvas from clear photo or slide (will be returned). A #10 mesh canvas, 12" by 16", coinciding colors. $15 plus 50c post. Other sizes available. World Arts, HG3, Box 577, Wilmington, CA 90744.

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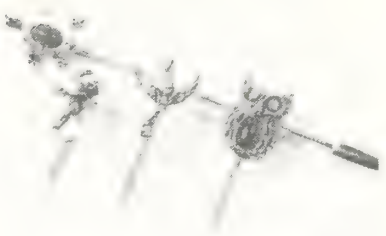




## GERANIUM RUG

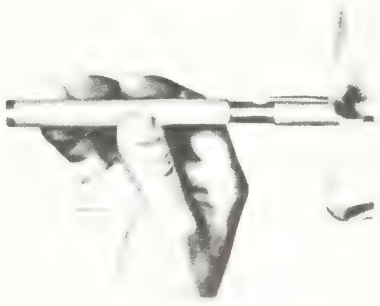
It's a needlepointer's delight. Put flowers at your feet in lively reds and pinks with light and dark green leaves. Choose pale gray-blue or creamy white background yarns. 3' by 2' on #10 mono canvas. $87 plus $1 post. Catalogue, 50c. The Persian Cat, Inc., HG3, 4678 St. Roch Ave., New Orleans, LA 70122.

## CHIC NOSTALGIA



Old fashioned stick pins for men's cravats are recreated as ornaments for milady's smartest outfits. Gold colored metal with colorful simulated jewels; 3" long. Turtle, dove, owl, cherub; safety catches. $3.25 each; four, $12. Add 25c post. Downs, Dept. 1403Z, Evanston, IL 60204.

## SLEUTH'S 'SCOPE



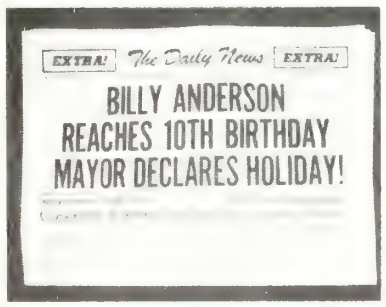
Amateur detectives have a fine time with the pen size telescope with eight power magnification; it adjusts quickly for long-range viewing and converts to 30 power microscope. $2.98 plus 20c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

## HARDY, HANDSOME



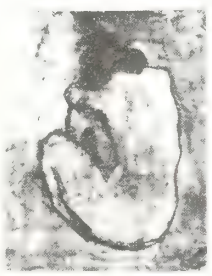
Ideal for dining, kitchen, study or living room. Twin oak pedestal with maple butcher block top. 60" by 30", $201.25; 60" by 36", $217.50; 72" by 36", $237. Exp. Coll. Catalogue, 50c. Butcher Block & More, HG3, 1600 So. Clinton, Chicago, IL 60616.

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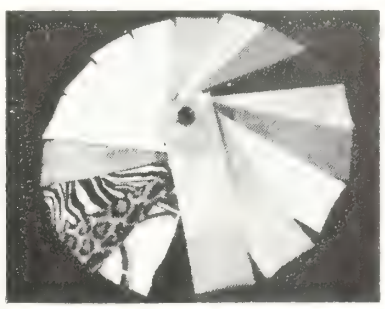

Your own headline (limit 20 letters per line) is printed large and bold on standard four page tabloid newspaper. Great for birthdays, anniversaries, invitations, just for fun among your friends. $2.98 plus 25c post. Holly House, HG3, 417 Lake Ridge, Dallas, TX 75238.

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Our Redwood-framed Greenhouses BOLT together for strength and portability. Pre-cut kit for Big 8'4" model (shown) is $159.95. We offer features that every gardener wants — a Dutch Door, broad benches, large vents and rugged Filon fiberglass. **Write today for FREE brochure with Budget Plans and all accessories. McGREGOR GREENHOUSES, Box 36-3D, Santa Cruz, California 95063. (408) 476-5390.**

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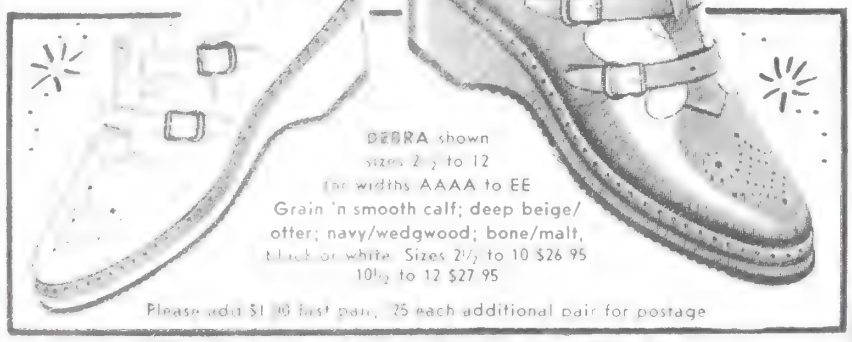
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# ti plant

**Guaranteed to grow!**



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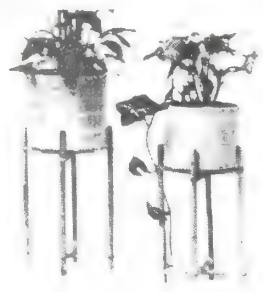
The Ti Plant grows out of a log — so fast that you can almost see it grow! All you do is put the Ti log in water and watch it grow! When it sprouts, put it in a pot. The bigger the pot, the bigger it will grow . . . from one to six feet tall. You can have the size you want. Grow it in sun or shade — it blossoms! The Hawaiian Ti Plant makes an ideal gift. Send good luck to your friends and loved ones.

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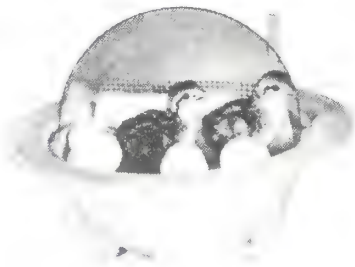
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Cachepots and stands combine in bamboo to make elegant planters. High planter is 19″ with a 7″ by 8″ cachepot; low one is 16½″ tall, 6″ by 7″ cachepot. High, $9.95; low, $8.95. Add $1.25 each. post. Catalogue, $1.25. The Patio, HG3, 550 Powell St., San Francisco, CA 94108.



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Bring spring into a room. Fluffy ball fringe adorns unbleached or white muslin curtains, 45″, 54″ or 63″ length, $10.50 a pr.; 72″, 81″ or 90″, $12.50; 10″ by 80″ valance, $4 each. Add $1.75 post. per order. Free brochure. Country Curtains, HG3, Stockbridge, MA 01262.


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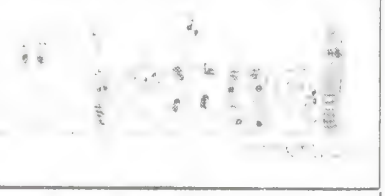
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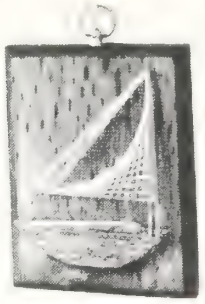

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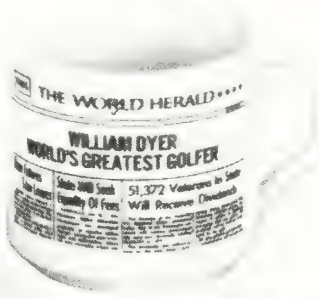
Intricate string sculpture of sail and rigging in white and golden threads woven on shiny pegs. Carved driftwood hull, a deep-stained, textured, beveled pine plaque, metal hanger. 5½" x 7". $6.98 plus 60c post. Lillian Vernon, G3E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

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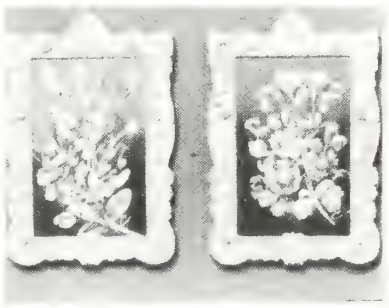
Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.49 plus 20c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

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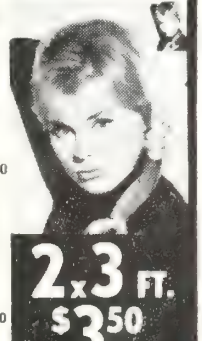


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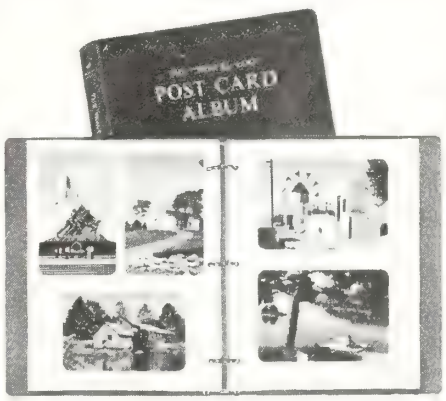
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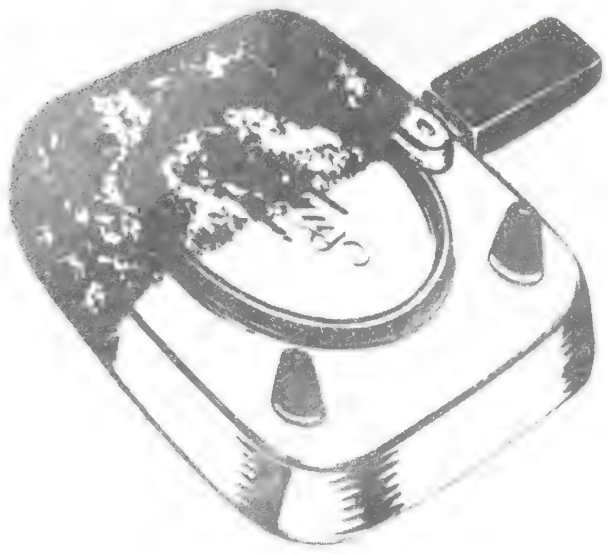





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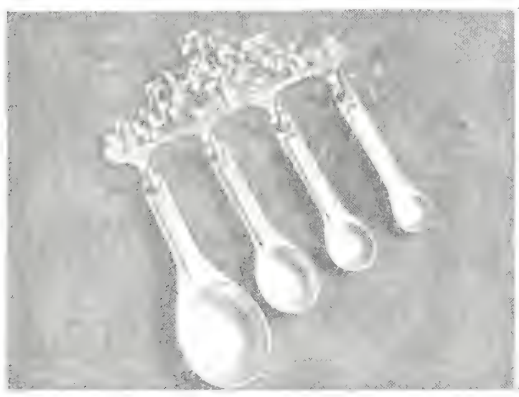
New miracle cleaner for aluminum, chrome, stainless steel, cast iron, porcelain enamel, solid copper and brass. Removes carbonized grease and encrusted build-up fast from frypans, waffle irons, skillets, burner wells and rings, barbecue grills, etc. Will not darken or pit utensils. 7 oz. can.

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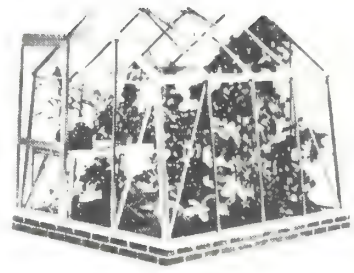
**saratoga silversmiths**
25 Yolanda Dr., Burnt Hills, N.Y. 12027

## SHOPPING AROUND



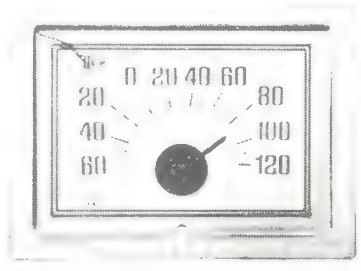
SWIVEL FOR SUN

Keep house plants in the sun with clever hook that swivels to permit turning even the largest plants towards the sun. Sun Hook also makes watering easy. Holds up to 50 lbs. and doesn't have to be unhooked. $2 each; three, $5. Ppd. The Golden Fleece, HG3, Villanova PA 19085.



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Winter's in the air. See through thermometer sticks outside a window and lets you size up the season. Even youngsters can read exact degrees. 3½" by 2½". $1.98 plus 25c postage. Send to Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



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Beguiling crescents, fragile as a soft whisper, in exquisitely wrought silver-dipped filigree earrings. An elegant look and feeling with your evening wear. Pierced or screw type, 3" long. $2.95 ppd. Shopping International, Inc., HG3, 893 Shopping Intl. Bldg., Norwich, VT 05055.



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Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads plus 15c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



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Don a pair of these satin-smooth leather thong sandals and note the chic look with easy-going attire. Covered foam rubber inner soles for comfort. Black or snow white. Sizes 5 through 10. $4.95; 2 pr. $8.95. Post. 50c per order. Elizabeth McCaffrey, HG3, Northport, NY 11768.

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**Now improved with amazing "Keep-Dry" pad**

Here's the sensible sanitary way to stop the embarrassment of wet garments and bedding. FEMALE-DRI gives day-and-night protection and confidence without the bulk and bother of diaper-like garments. Helps train her to stop bedwetting. Elastic belt, wet proof pad holder. Quilted absorbent washable cotton pads snap in — snap out for easy laundering. "Keep-Dry" lining next to skin allows one-way moisture flow away from the body. Only $7.95. Guaranteed to satisfy or money back if returned postpaid in 30 days. Send waist measure. Add 75c for postage.

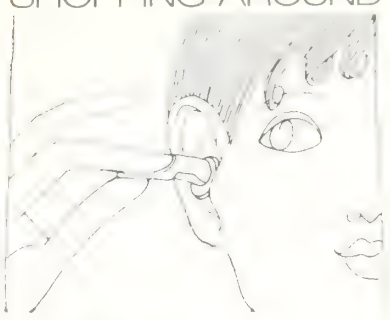
**Worn by invalids and thousands of adults, too.**

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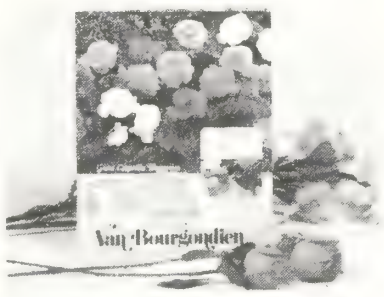
## SH-H-H PEACE

Silence is golden, but these days we get precious little of it. Soft, pliable silencers slip into the ears, have an easy-to-grasp flange for safety. Slip them in every night for refreshing sleep. $1.98 a pair plus 15c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



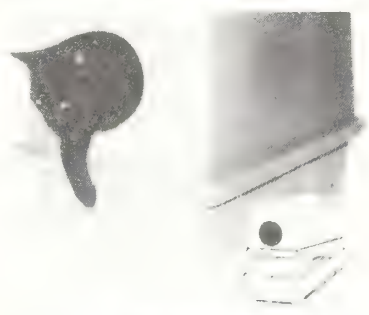
## GARDEN GUIDE

Full-color catalogue shows many unusual begonia, dahlia, canna, gladiolus, gloxinia, tree peony varieties; fairy, Amazon lilies; stars of India, tongue of fire, love flower; shallots, Jerusalem artichokes many more. Free. Van Bourgondien Bros., Inc., HG3, Box A, Babylon, NY 11702.



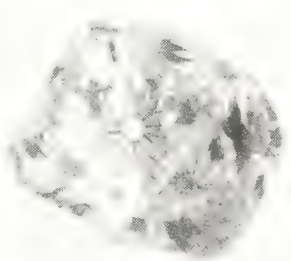

## FELINE HYGIENE

Cats are known for their fastidious way. This litter pan confines odors, hides wastes and stops litter spills. Top removes. Molded plastic, 16″ w., 22″ l., 18″ h. in blue, yellow, brown, avocado or white. $18.95 ppd. Haugen Products, HG3, 709 W. Huron, Ann Arbor, MI 48103.



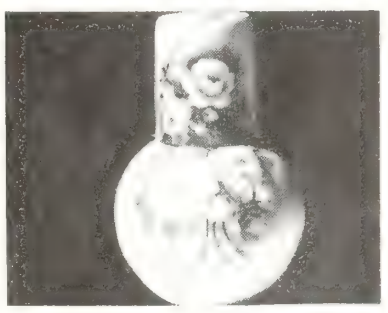
## HAIR DRYER HOOD

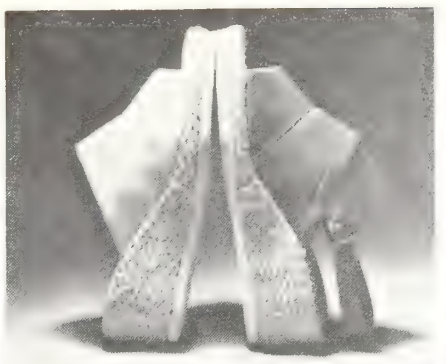
Bonnets for portable hair dryers become tired so quickly, and replacements are hard to find. Wildflower pattern hood fits all table model dryers, attaches with a clamp and a turn on the hose. $2.98 plus 30c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



## GRACIOUS TOUCH

Nothing makes a guest more welcome than a carafe of water and a glass on the bedside table. A beauty in Lefton pattern is pale green with pink roses. Carafe is 8″ h. A look of yesteryear. $14.98 plus $1 post. Holiday Gifts, Inc., Dept. 303-F, 7905 W. 44th Ave., Wheat Ridge, CO 80003.



**Tread Lightly, Tread Softly**
**MARSHMALLOW WEDGIES**

Foot relief—at last! These wedges are so soft, pliant, and comfortable, they're called Marshmallows. Treat your feet to a pair. Foam cushion insoles, crepe outer soles, they come in white, sand, teak brown, navy, red, green and yellow. Sizes narrow 5½-12. Medium 4-12. Wide 5-12.

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Add 75c for postage. No charge for larger sizes. No half sizes over 10.

Morgan's Cove
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With Unbleached or White Muslin

[illegible] dust ruffle and canopy [illegible] the crisp look traditional Colonial New England.

**DUST RUFFLES** [illegible] Double size [illegible] top. Style Drop [illegible] are 15", 29" [illegible] Unbleached or White Muslin. Single or Double Size 17.00 ea.

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[illegible] Dacron® Silk Dust Ruffles. For a custom look, [illegible] Send for Brochure. With [illegible] are [illegible] Please include [illegible] Postage and handling: under $10 add $1, for [illegible] $10 and over add $1.25. [illegible] guaranteed.

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**WALL LAMP** Beautifully handwoven of natural rattan, completely wired with on-off switch, 9 ft. rattan chain & bracket. Shade is 11" dia. x 8" high. Use up to 100 watt bulb. Painted add $2.00.

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THE Patio
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San Francisco
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## TAPESTRIES
### WOVEN IN EUROPE



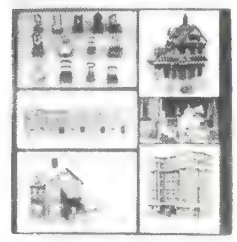
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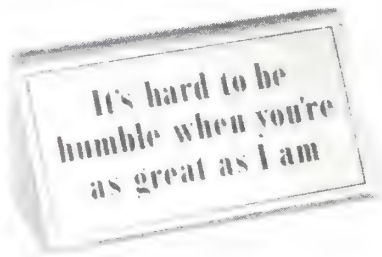
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# SHOPPING AROUND



## MINIATURE MARVELS

*Dolls' Houses in America, Historic Preservation in Miniature,* by Flora Gill Jacobs is a new book of regional antiques and architecture. Approx. 400 pages, 500 pictures. $30 ppd. The Washington Dolls' House & Toy Museum, HG3, 5236 44th St., N.W., Washington, DC 20015.




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## NEVER TO RETURN

For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweez. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE-41, 5701 W. Adams Blvd., Los Angeles, CA 90016.



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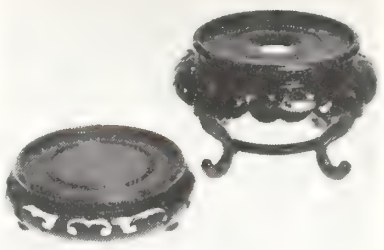


## STITCHED PORTRAITS

Artist renders on canvas from color or b/w photo with color data. Drawing on canvas, wool, needle, 10" x 14", $24.95; 14" x 18", $34.95; 18" x 22", $39.95; extra subjects, add $15. Add $2 post. Needlepoint Portraits Ltd., Studio 102, 71 Stillwell Rd., Kendall Park, NJ 08824.

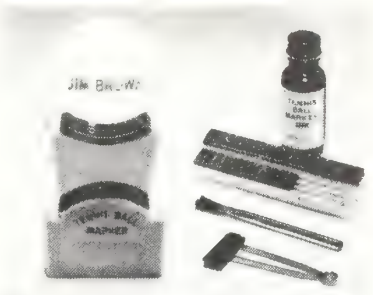
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## STANDING ORDER



Beautiful rosewood stands, hand-carved in century-old Oriental patterns. Display a treasured figure or flowering plant. Shown are the low base model at $3.50 and the footed version at $7.95. Both are 4″ in dia. Ppd. Other sizes. A. C. Gifts, HG3, 2642 Central Ave., Yonkers, NY 10710.

## ADVANTAGE IN



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## BLANKET CONTROL



Electric blanket control guard of metal clips to bed where most convenient to reach when reclining. Clips bend easily by hand to adjust to bed rail. Excess cord can be wound around holder. $1.98 plus 35c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

## LIGHT TOUCH



Stunning five-light white chandelier is decorated in the center with colorful artificial flowers. With 17″ dia. ceiling mount, 33″ overall, as pendant $35. Swag style, with 12′ chain, hooks, switch, plug, $40. Ppd. Howard Lighting, HG3, 2376 N.W. 150 St., Opa Locka, FL 33054.

## SEWS LOCK STITCH



Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, two needles. $3.98 plus 35c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

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**FLORENTINE PHEASANTS**
*from Italy*

Noted for their beauty and splendor . . . these are prized by collectors the world over. Crafted of silver plated metal and embellished with crest, ruff, wattle and long ornamental tail to a sweeping 11″ in length. These gracious pheasants will add brilliance to any setting . . . highlight as a table centerpiece. A unique wedding or Mother's Day gift.

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**$2.98** **2 for $5.75**

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The professional way to pamper prized house plants and cut flowers—bathes them in the gentlest film of water. They'll look better, grow better, last longer. Great also for touch-up pressing and ironing—dampens evenly without too wet or too-dry areas. We've priced them at special savings so you can buy two and keep one always handy at the ironing board. Handsome in solid brass—lacquered, 6″ high.

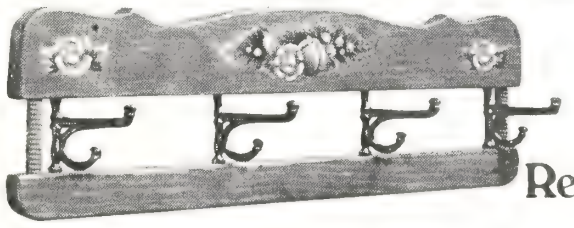
**#6414—Mist Sprayer $2.98**
**Save! 2 for $5.75**

*Please add 50¢ post. & hdlg.*
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*Lilly's Garden*

**Dept. G35, 510 S. Fulton Ave.**
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**On The Paul Revere Coat Rack**

Caps, coats, mittens, mufflers, scarves, even umbrellas! Each finds its neat & tidy place hung up where you can find it. Four black iron hooks for hanging fold flush when not in use. Satin antique pine rack country stencilled in gold & green makes your kitchen or entryway wall pretty and practical. 21″W 7″H. Just $10.95. Ppd.

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Sort, count, wrap pennies, nickels, dimes, quarters in seconds. Simply slide coins into 4 channels. Shows the totals as you go. No more fumbling with the wrapper. Real time saver for merchants, cashiers, clubs, collectors, etc.

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*Anthony Enterprises* 585 Market St



# HAIR SPRAY MASK

Glamorous mask stops breathing in of hair spray, keeps it out of the eyes, and leaves your make-up untouched. Clear plastic lets you see what you're doing. Triangle shaps forms a cone over your face.

**HAIR SPRAY MASK . . . $2.98 + 35¢ Mailing Each**

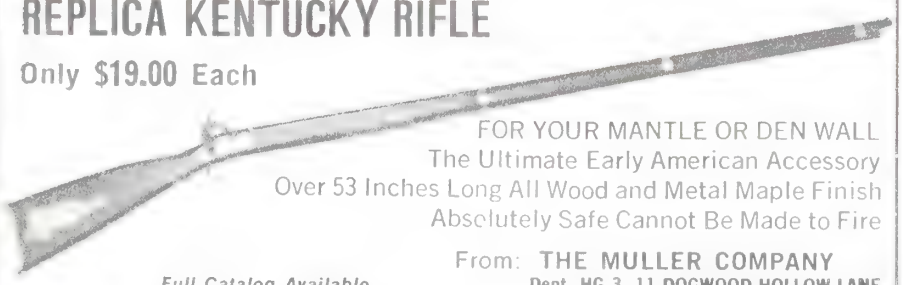
*California Residents add 6% Sales Tax*

**Satisfaction Guaranteed or Your Money Back**

*Anthony Enterprises* Dept. HG-35
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## REPLICA KENTUCKY RIFLE

**Only $19.00 Each**



FOR YOUR MANTLE OR DEN WALL
The Ultimate Early American Accessory
Over 53 Inches Long All Wood and Metal Maple Finish
Absolutely Safe Cannot Be Made to Fire

*Full Catalog Available . . .*
*Send 25¢ in stamps or coin.*

From: THE MULLER COMPANY
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*Shipped Postpaid in Continental U.S.A.*



*GENUINE CAST IRON*

## Ornamental Storm Door

Add a practical touch of elegance and charm to your home with authentic Cast Iron patterns crafted inside a heavy steel frame.

Shipped complete (with installation instructions) including:
- tempered safety glass removable for cleaning
- weather stripping
- hydraulic door closer
- heavy-duty hinges
- key lock
- satin black finish

Southern Grille
Write for free brochure #3 on doors, gates and decor items.

*serving homeowners for 38 years*

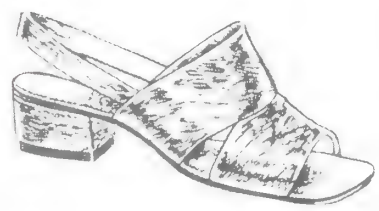
Collins-Hanna Iron Co., Inc. 450 N. DECATUR Dept. G53
MEMPHIS, TENN. 38105


# SHOPPING AROUND



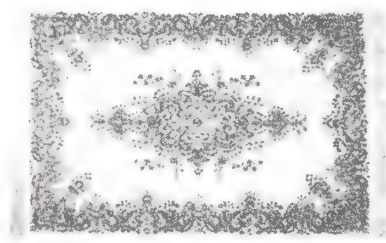
### NUMBER, PLEASE

Tiny phone "directory" has room for 80 names and phone numbers—in just 3" x ½" space! Index from Italy is golden metal covered with fabric, specify initials. Ball dialer. Each $2.50; three, $6.75. Add 25c post. The Ferry House, Inc., HG3, Briarcliff Manor, NY 10510.



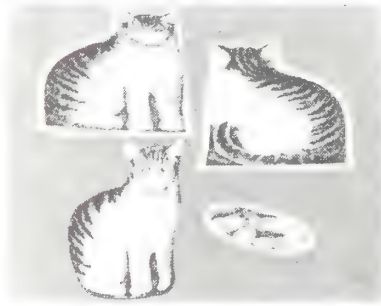
### VERSATILE "MARGIE"

Softest patent with elasticized strap, cushioned insoles, fits sport or dress mood. 1½" heel. Black, white, bone, red, navy, N in 5½-10, 11, 12; M in 4-10, 11, 12; W in 5-10, 11, 12. $12.99 plus 75c post. Morgan's Cove, HG3, 28 W. Prospect St., East Brunswick, NJ 08816.



### ORIENTAL RUGS

Treasured old patterns, authentic reproductions. Dramatically decorative; through-to-the-back construction for wear. Red, ivory, navy or moss green ground. 4' by 6'. $24.95; 6' by 9', $49.95; 9' by 12', $89.95. Ppd. International Rug Co., HG3, 360 Amsterdam Ave., New York, NY 10024.



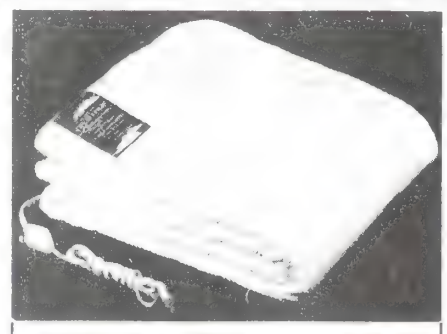
### HOUSE PETS

Delightful antique cat adapted from early printwork patterns. Color-printed muslin is pre-cut, ready to sew into a life-size 14" cat. Stuff it for a pillow or fill with sand for doorstop. Fun and easy! $3.95 ppd. Artisan Galleries, HG3, 2100 No. Haskell Ave., Dallas, TX 75204.



### PAINLESS TRIMMING

Klipette is a neat little instrument of fine surgical steel to trim hairs in nostrils and ears. Insert in nostril or ear, twist knob, hair is snipped off without damage to sensitive tissues. $2.98 plus 30c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

## SLEEP WARM
### BED WARMER

Here's the scientific way to keep warm—with the heat *under* instead of *over* you—on this FOUR-SEASONS comfort unit! Quality-made of long-wearing Cannon sheeting and polyester-filled
New soothing, satisfying relief from sleeplessness, arthritis and circulation problems, it lies flat under bottom sheet. It's washable, 4-position ac/dc sleep-switch, and comes with a *five-year guarantee.*
39x76 twin or 54x76 full bed size $28; 54x76 full size, dual control $36; 60x80 queen size with dual $42; 78x84 king size with dual $44—all postpaid. Enclose check or M.O. only. Mich. residents add 4% sales tax.

THE LINEN CLOSET
1324 Welch Blvd. Flint, Michigan 48504




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USED BY THOUSANDS CARDIAC PATIENTS, ARTHRITICS, SENIOR CITIZENS, PHYSICALLY RESTRICTED, POST OPERATIVES

**WRITE FOR FREE BROCHURE AND NAME OF DEALER NEAREST YOU.**

**AMERICAN STAIR-GLIDE™ CORP.**
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Grandview, Missouri 64030

## GALLERY OF GLASS

Chimneys, globes, hurricanes, reflectors and domes in all sizes and colors are ready for all nostalgia buffs. Chimneys from 7½" to 14" high. If it is made of glass, The Glass House has it. $2.50 ppd. Catalogue, 50c. The Glass House, HG3, Box 523, Fairfax, VA 22030.



## EYESIGHT SAVER

For sewers who find the eyes of needles growing smaller. Needle threader consists of a plastic funnel into which the needle is dropped, spindle to transfer thread to needle, blade to cut thread. $1 plus 15c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



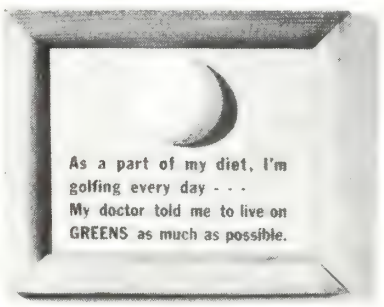
## TIME THIEF

Is your pool robbing you of time? Meyco safety pool cover takes two minutes to put on or remove. Keeps out dirt, leaves; children and pets are safe when you're away. Discourages algae. Custom made, any size. Meyco, HG3, 225 Park Ave., Hicksville, NY 11801.



## SLEEPS AND EATS GOLF?

Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn't put it up, his "widow" will. 6½" by 5¼" with lettuce green backing, replica golf ball. $2.98 plus 40c post. Order #132. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.




## PROTECTIVE LATCH

Adults can open drawers, cabinets equipped with a Kindergard Latch, small tots' fingers cannot. Plastic latch locks automatically whenever door or drawer is closed. Three latches, $3; seven, $5. Add 50c post. Associated Baby Services, Inc., HG3, Box 208, Bound Brook, NJ 08805.





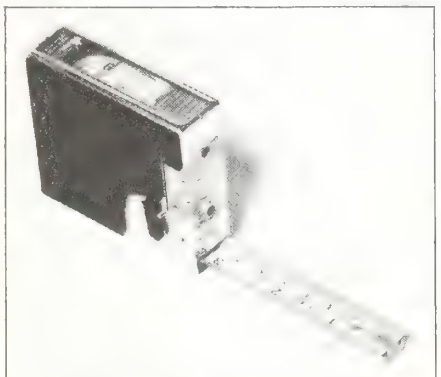

## MAY THE HIPPOPOTAMUS OF HAPPINESS

**...sume the Algae of Indifference from your ...mming Pool of Love!** This lovely wish enhances ... of our 12 happy Beastly Cards, illustrated with ...nderfully detailed ancient steel engravings of birds ...easties, faithfully reproduced from a 200-year old ...gotten tome, "The Scripture History of Animals." ...h yellows, orange & green on fine antique ivory ...ck, with a whole zooful of friendly creatures on ...ompanying envelopes. You'll use these for ...thdays, get wells, friendship, framing, collaging, ... $3.75 dozen, 3 doz. (to 1 address) $10, ...clusively from

WRETCHED MESS NEWS

**...t. HG-15, W. Yellowstone, Montana 59758**

*... A copy of our 52-page Wretched Mess Gift Catalog is ..., if you ask, with your order. 21 cents under more ...erse circumstances.*



## FOUR MEASURES IN ONE

A precision crafted French ruler accurate enough for checking architect's plans. Chrome plated metal upholstered in black leather. This spring-loaded 10 foot rule gives centimeters as well as inches. Useful! It's a square. It's a level with built-in bubble gauge. It scribes lines, draws circles. A luxury gift for anyone from the handyman of the house to the graduate engineer!

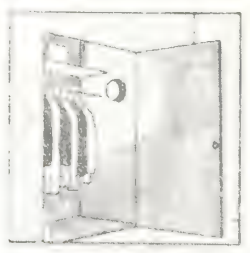
**#2003 Four Way Ruler ..... $12.95**

Add 50¢ each for postage & handling

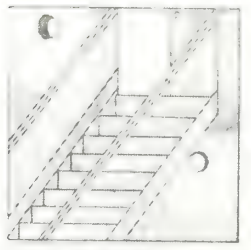
*Creative Enterprises*

**1732 Butler Ave., HG3, L. A., CA 90025**





CLOSETS OR STORAGE AREAS



ON OR UNDER STAIRWAY

# CLOSET LIGHT

A practical solution for adding that extra lighting for out-of-the-way places in your home without having to pay for costly wiring. Ideal for closets, on or under stairways or storage areas. Attaches easily to wall or ceiling. Operates on standard batteries (not included).

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**Satisfaction Guaranteed or Your Money Back**

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**585 Market St., San Francisco, Calif. 94105**

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**AUTOMATIC ELECTRIC RANGE . .**

. . . authentic **CAST IRON** reproduction from original patterns. Combined with the Early American charm of this handsome antique is the convenience of fully automatic oven and burner controls, and an easy-care porcelain top. Coffee mill uniquely houses clock, oven timer and minute minder. Fits modern range space. Prices start at **$555.00,** plus freight charges.

**CAST IRON WALL OVEN** (Not Shown)

Front is **CAST IRON** with handsome scroll design. The 18" oven is fully insulated and porcelain lined. Hearth door conceals all controls, clock and timer. Available in right or left hand door models. Prices begin at **$325.00,** plus freight charges.

**Quality Backed by 35 Years of Skilled Craftsmanship.**



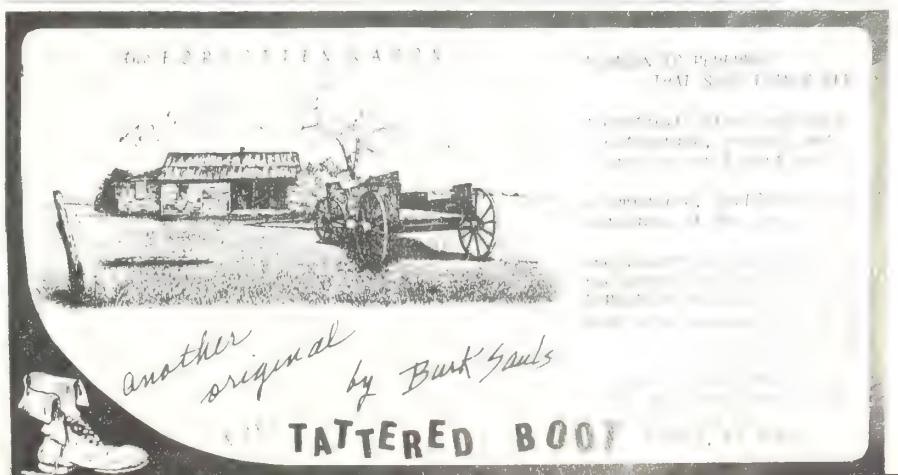
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THE HOUSE OF WEBSTER

"Old Fashioned Gifts"

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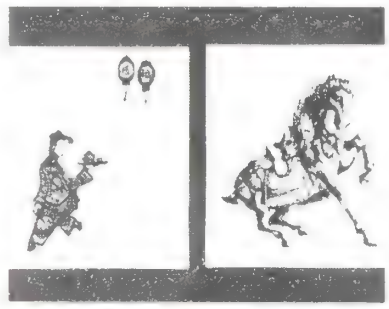
Send 25¢ for your "COUNTRY CHARM" Appliance Folder and Gift Catalog.





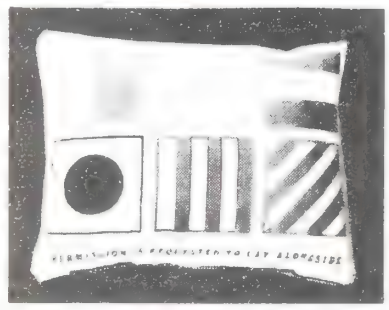
## REAL CUT-UP

If you love snipping recipes, coupons, ads and *Shopping Around*, clipit paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20c post. from Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105



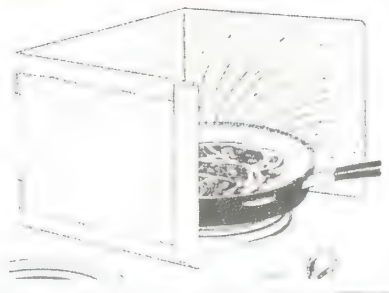
## BATIK ART

Beautiful hand-dipped colors on textured cloth express the ancient art of batik painting by skilled Oriental artisans. A unique touch for any wall. 14″ by 17″. Other designs available. $3.95 plus 60c post. World Art, HG3E, 606 E. State, Westport, CT 06880.



## SEND THE SIGNAL

Code flag pillows send a colorful message. "Request permission to lay alongside", shown. "Permission granted" in matching one. Washable, colorfast duck. 14″ sq., $5.95 each plus 80c post. Send 50c for catalogue. Ship's Wheel, Inc., HGM5, Nottingham Square Rd., Epping, NH 03042.



## SPLATTER CATCHER

Cooks love the efficient work of a pure aluminum spatter shield that protects against flying frying spots, mixing bowl batter. Three hinged panels, 9″ h., fold flat for storage. $2.98 plus 45c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105


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# PORTRAITS IN OIL

• Magnificently painted on canvas from old or new photos by outstanding academy trained artists. A superb living likeness in full color is executed in rich oils.

• No longer need you envy those fortunate enough to own a family portrait... you can see immortalized for all time, the loved and never aging personality of your wife, husband, children, parents.

• Van Dyke Oil Portraits from photographs are indistinguishable from those done from life. It is of special advantage to those who are not available for personal sittings. "Living Likeness Guaranteed."

• **Unbelievable Works of Art at Unbelievable Low Prices**

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**Truly a unique and lasting gift.**

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Our portraits in oil are TRUE WORKS OF ART, painted on fine quality canvas from your photograph and NOT painted on top of an enlargement of your photo, as is the method of other commercial portrait services.

**12 portrait painters to choose from**

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Van Dyke Oil Portraits, Ltd. DEPT. G 154 EAST 57 ST.

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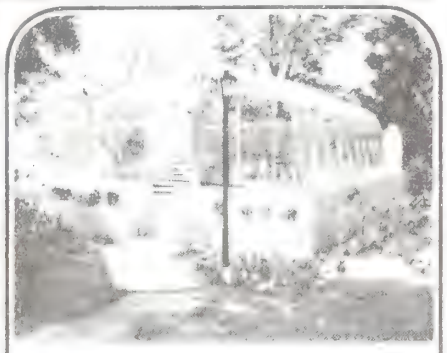


## ANIMAL FARE

A collection of solid creatures—lion, giraffe, tiger, zebra—to decorate your buffet. Deep brown and white ceramic plates are 8½" diameter. Matching mugs have bamboo design handles, 3½" high.

Set of 4 plates, $9.95 a set
Set of 4 mugs, $9.95 a set

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Northport, New York 11768



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VICTORIAN FURNITURE
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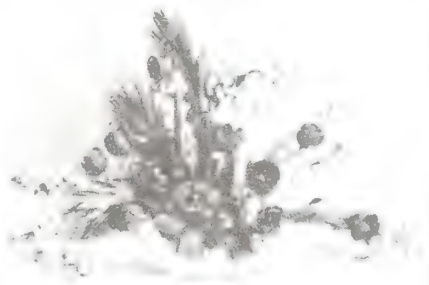
$169.95

Tabourette size 14"x18" ONLY $49.95

GOUT REST $34.95

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Are your rings too loose once they'r over your knuckles? Do they slid around your fingers uncomfortabl and unattractively? RIGS (Ring-Ir sert-Guard-Sizer) will hold your ring in place simply and effectively. RIG (Pat. Pdg.) are vinyl liner-guard which slip inside the ring once it's i place and stop slipping. Works for an size, women's or men's. RIGS ever hold boys' rings in place on girls' fi gers. Guaranteed. **$3.00** ppd.

**RIGS** 1401-A S. Collyer, Longmont, Colo. 8050

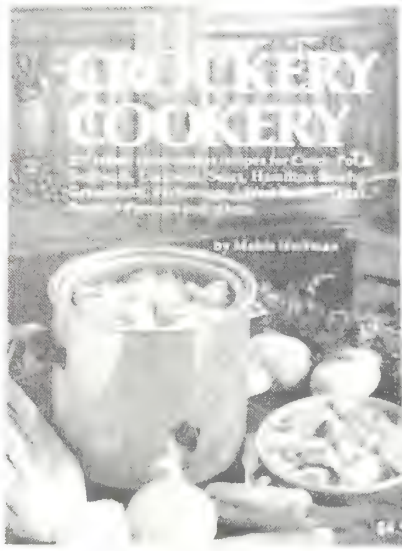
## IRISH LACE



Irish Lace" translated into needlepoint is worked in cream colored Persian yarn on [illegible]. All the makings for 11" sq. pillow including stitch portfolio for multi-stitches and [illegible].

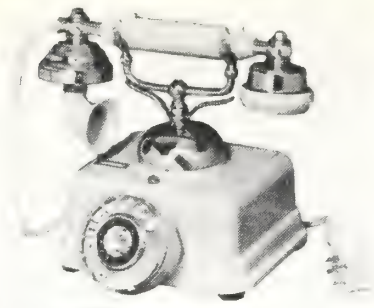
**$16 plus $1.25 shipping**

KRICK KITS" Dept. HG374
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St. Louis, MO 63105




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## FRENCH CRADLE



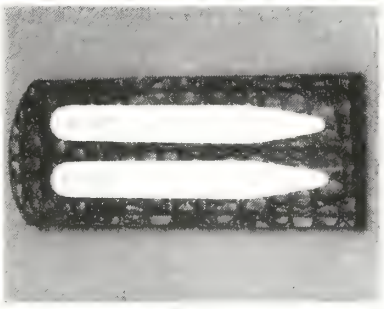
Ivory telephone with a French accent fitted with brass and built to plug in for instant use. An Old World beauty for the most elegant décor in any room of the country villa or town apartment. $69.95 plus $2 post. Catalogue, 50c. Grand Com Inc., HG3, 324 Fifth Ave., NY 10001.

## ST-R-ETCH TO FIT



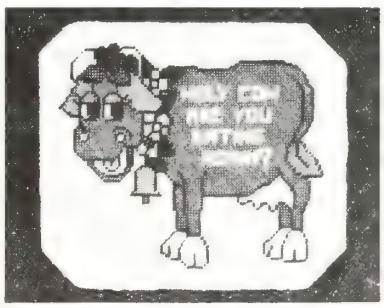

Apply liquid leather stretch to tight-fitting shoes and it makes even suede and patent conform to the foot as you walk. Simple to apply and relief is almost instantaneous. $1.59 plus 25c postage. Order from Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

## COLLAR HIM



Sterling silver collar stays. He'll savor knowing he's well dressed down to these elegant details. 2½" l., to engrave with three initials (specify). Pair sterling, $8.50. 3" long $9. Add 50c post. Sleepy Hollow Gifts, HG3, 6651 Arlington Blvd., Falls Church, VA 22042.

## NO MORE SNACKING!



Ready to work in needlepoint and hang wherever the urge to nibble is tempting. 7½" by 9" design on canvas, Persian wools, needle, backing, magnets, instructions. $4.95 plus 50c post. 8" by 10" oak frame, $1.95. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.





**CHANDELIER CLEANER**

Just spray it on and allow to dry. No wiping necessary. Your crystal chandeliers will sparkle in a blaze of glory. Protects and preserves all surfaces with an invisible coating of miracle silicone. 7 oz. spray can.

**CHANDELIER CLEANER** **$2.98 + 55¢ Mailing Each**

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**Satisfaction Guaranteed or Your Money Back**

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**EXTRA WIDE "SEER-PUCKER" NO-IRON PRISCILLA CURTAINS**

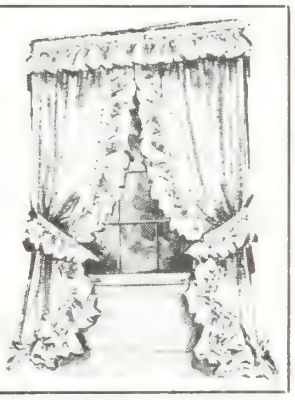
**LD FASHIONED SEERSUCKER**—the look that ever lost its charm, now with a NEW WRINLE—wide and narrow puckered ribbon-effect bric of machine wash, machine dry 50% ODEL® polyester, 50% Avril. Just launder nd hang on windows—you'll enjoy their fresh harming look for years—and they're **SO** ully American.

hese PRISCILLAS are **SUPER W-I-D-E!** hey're 100" wide to the pair, with 6" wide ffles and attached valance. **TWIN AND FULL** PREADS TO MATCH.

**Avoid Delay! Order Style "Seer-Pucker" Specify White or Eggshell**

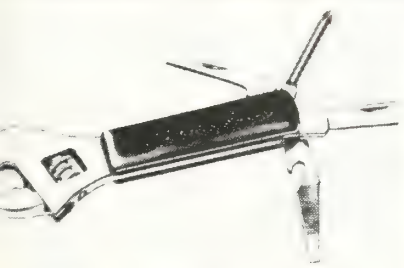
| | |
|---|---|
| 45" long | $14.00 |
| 54" long | 14.50 |
| 63" long | 15.50 |
| 72" long | 16.50 |
| 84" long | 18.25 |
| 90" long | 19.00 |
| Twin Spread | 25.50 |
| Full Spread | 27.50 |

Add $1.50 for PSTG. & HNDLG.



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Here's a new all-in-one, everyday ool! Use it for hundreds of differnt jobs at home, office or workhop. Comes with crescent wrench, ottle opener, phillips screwdriver, ile, regular screwdriver, knife and unch. Lightweight, but rugged . . . t can be carried easily in pocket r purse. Has a vinyl handle and is made of nickel-plated steel for ong life. Measures 5½" overall. MONEY-BACK GUARANTEE. Order oday from:

**J. DANIEL CO.**
**Box 16104, 140 Huff Circle, Winston-Salem, N.C. 27105**



**ANTIQUE SLIDE STICKPIN BRACELET**

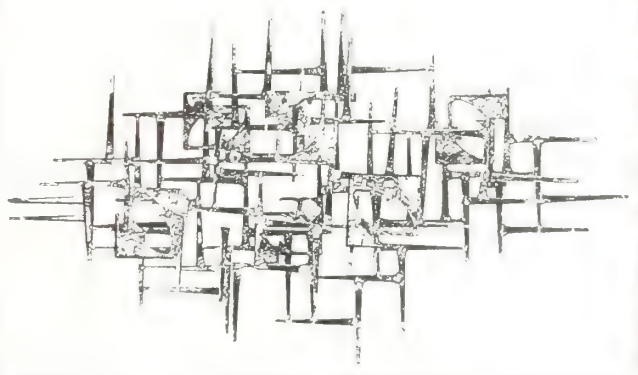
Exquisite jeweled bracelet in an antique gold look setting. Reproductions of 14 stickpins with a variety of replica gems—garnet, amethyst, diamond, coral, emerald, pearl, turquoise, lapis, lazuli. Antique bracelet,

Style 100B **$10.00**

**Send 25¢ for new Antique Jewelry Catalog**

*Bonnie Sue Gifts*

Dept. HG375, P.O. Box 253
Oceanside, New York 11572



*Original*
**WALL SCULPTURES**
by
**max levine**
Hand crafted from steel & brass. Truly a collector's item.
**FREE BROCHURE**
B. Levine; Dept.HG 35
19-18 Saddle River Rd.
Fair Lawn, N.J. 07410

*GROW YOUR OWN*
# GINSENG

Aphrodisiac? Rejuvenator?

THE GINSENG PLANT WILL MAKE THE WORLD'S GREATEST CONVERSATION PIECE FOR YOUR HOME OR OFFICE!

Ginseng has been used for centuries for curing impotency, increasing virility, prolonging life, even - curing hangovers and insomnia. The Chinese claim one sage who used Ginseng lived 256 YEARS and had 24 WIVES! Wars have been fought over Ginseng; and the roots have been sold for their WEIGHT IN GOLD.

No proven medicinal value . . . but millions use Ginseng as a divine cure-all that brings health and happiness.

All you do is put the seed bearing root in a pot, follow the easy instructions, watch it grow, and watch the myth come alive!

One for **$2.00** Three for only **$5.00**
Enclose 25 cents for postage and handling.



**ROBERTA'S**
DEPT. HG—1
P.O. Box 630, Shelbyville, In[illegible]



## From Around This Happy Table Will Come Memories You'll Cherish Through The Years!

Surround this carefree table with you and yours, and watch it come alive with fun, laughter and love! It's a joyous kind of table . . . an essential ingredient for those treasured hours that contribute so much to the good life.



It's a unique kind of table, too. We've named it the "Southern Pik Nik", and for good reason. Here at our table factory in Magnolia, Arkansas, craftsmen fashion it from durable aluminum alloys while imbuing it with the flavor and permanence of Southern tradition. The strength of modern metals is here turned into the [illegible] living, and you'll find our tables providing enjoyment — indoors and outdoors, in sunlight or lamplight — just [illegible] in the U. S. Here are just a few of the reasons why owners like them so much:

The Southern Pik Nik table comes "knocked down" . . . but don't let that alarm you. It's fully assembled and [illegible] simple household tools. It's fun to put the lightweight precision-made pieces together, but if you don't have the time [illegible] we'll do it!

*"Have had lots of compliments . . . like the appearance . . . it's so nice not to have to paint it."* C. R. Stanley, San Antonio, Texas *"I like its light weight . . . I just tilt on ends to hose off patio area."* Freda F. Davis, Los Banos, Calif. *"We like the fact that it can be left out in the weather."* W. Robbins, Cincinnati, Ohio. *"No splinters . . . no fading . . . no warping . . . no rotting. Our family loves it!"* Jean McDonald, Dallas, Texas

The [illegible] Southern Pik Nik to hurt it, and the [illegible] it ready to use again. Its resistance to moisture and stains makes it easy [illegible]

You'll see a full measure of both precision and quality in every aspect of our fine table, from its sturdy top to its tubular frame to its comfortable, contoured seats. It has none of the disadvantages of wood, is available in a variety of colors, is inexpensive when weighed against decades of use, and is fully covered by our unconditional guarantee.

We'll be glad to send you our colorful, comprehensive brochure with [illegible] Just indicate on the coupon below that you'd like to receive it. Then return now!

**HOWMET CORPORATION**

P. O. Box 40, Magnolia, Arkansas 71753

HOWMET

HOWMET CORPORATION

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**notes with a hand-look!**

Send 25¢ for 2 notes with envelopes, 1 recipe card, 1 gift enclosure, and color catalogue of over 100 creative designs for your Anita Beck stationery and gift needs.

anita beck cards
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Minneapolis, Minn. 55410

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# CHOICE DECOR!

*(Finished or Unfinished!)*

37" high and handsome! This hand-crafted lamp is yours *fully finished* or sanded satin-smooth ready to decorate. It's perfect to create an accent color to antique, decoupage, or stain a wood tone. Beautifully proportioned of native hard wood, this stately lamp is fully wired with a 3-way switch and an 8 ft. cord. Comes with brass harp and finial. Specify Shades in White Shantung or Beige Shantung, Oyster Burlap or Natural Burlap. Satisfaction guaranteed!

**$16.00 ea.* Unfinished**



**$23.50* each FINISHED** in walnut, colonial maple, or in antiqued barn red, olive, mustard, or Wedgwood blue.

* *Add $1.50 postage. (Rush Express add $2.50 per lamp.)*

***FREE COLOR BROCHURE of finished & unfinished lamps!***

**Baxwood Crafters**
Dept. HG-53, P.O. Box 7012,
LEXINGTON, KENTUCKY 40502

---

***FROM FACTORY TO YOU***
***Puritan Ladder Back***



This [illegible] chair with [illegible] 18½" x 18½". Constructed from [illegible] this [illegible] styled chair [illegible]

Ready to finish, **$24.95**

[illegible] walnut, maple or [illegible] **$28.95**

**Matching Armchair** Add $23.50 to above Prices — **Minimum Order** 2 Pieces

Accepts [illegible]

***MARION TRAVIS***
P. O. Box 292, HG3
Statesville, North Carolina

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# SHOPPING AROUND



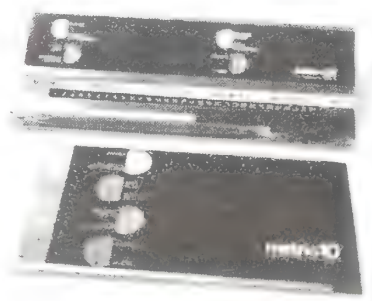
## GLEAMING CRYSTAL

Crystal lamp sets with imported hand-cut crystal prisms combined with intricate Rogers gold-plated castings. Cast radiant rays for special lighting effect. 17½" h., 9" w. Pair, $39.95. Exp. coll. Catalogue, 25c. Luigi Crystal, HG3, 7332 Frankford Ave., Philadelphia, PA 19136.



## WHOLE TEETH

Emergency repair kit for plastic dentures replaces loosened teeth in upper and lower plates, fixes cracks. Easy to use. Keep a kit on hand at all times. Indispensable for travelers! $1.98 plus 25c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



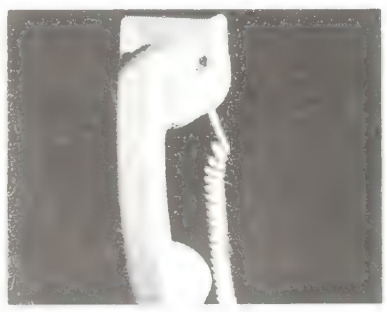
## COMING MATH

Metric calendar and caddy tells all you'll need to know to convert inches to centimeters, feet to meters, pounds to kilograms, quarts to liters. 10" x 3¾" for desk $9; pocket size $5. Add 90c post. each. Camalier & Buckley, HG3, 7222 47th St. N.W., Washington, DC 20015.



## E-X-T-E-N-S-I-O-N

Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



## THRONE PHONE

A bathroom luxury, "Throne" extension phone! L-o-n-g cord stretches; install easily—ready-to-use. Red, gray, black, green, white and beige. $19.95 plus $1.50 post., $2 post. w. of Miss. Metropolitan Teletronics Corp., HG3, 35 W. 35th St., NY 10001.



## SHUT EYE

Sleep is king night or day that you don the mask: shuts out any flicker of light that could disturb the psyche, the body's rest. Flexible foil and elastic band's so constructed that it fits any cranium. $1.98 plus 20c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

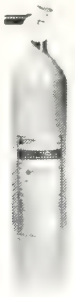


## MINIATURE MARVEL

Esther Baker turns a black and white or color shot into a delicate antiqued ivory-like oval miniature, 2½" by 3½". Actual photo is used by a special process; it cannot be returned. 3-4 weeks del. $7.50 each plus 75c post. Easel, $1. Esther Baker, HG3E, Box 1022, Lompoc, CA 93436.

## SHOPPING AROUND

### HOME PROTECTION



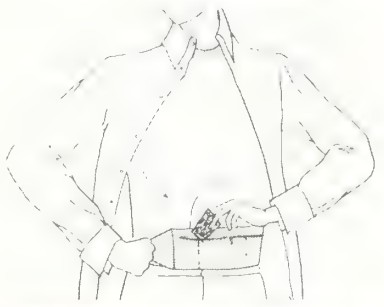
All purpose fire extinguisher easy to install in kitchen, basement, outside bedrooms. Simple to operate, has ABC rating. Pull out red pin and squeeze; dry chemical is harmless to people and pets. 4½ lbs., $21.; 7½ lbs., $31. Ppd. G.J.W., Inc., HG3, 941 Rydal Rd., Jenkintown, PA 19046.

### AT YOUR SERVICE



For the most entertaining people you know. Beautiful assistants at a buffet table are ornate silver-plated fork and spoon holders by Adams. Each holds a dozen silver pieces; 5¼" x 3¼". Set of two, $15.98 ppd. Creative Enterprises, HG3, 1732 Butler Ave., Los Angeles, CA 90025.

### HIDDEN ASSETS



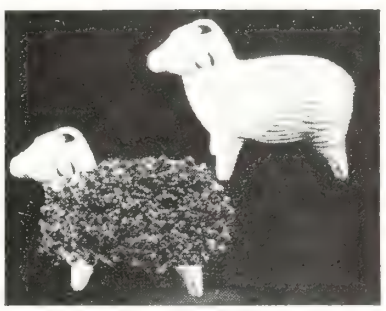
Adjustable money belt is worn under clothing around waist. Inner pockets hold folded bills or important papers. For men to wear under business suits, ladies to conceal beneath dark slacks. $3.98 plus 20c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

### WALLET PHOTOS



Twenty-four new borderless color prints made from a Polaroid color print, photo (up to 5" by 7"), negative or slide. Wallet size, silk textured color plus free photo in plastic, $2. Black and white, 36 for $1. Add 45c post. Roxanne Studios, C-30, Box 1012, Long Island City, NY 11101.

### CURLY CROP



A winning sheep grows a crop of curly cress herbs for delectable salads. Ceramic sheep is 6" l., 4½" h. Instructions and seeds come with it. Spread seeds on back, water—in a few days—herbs! $2.95 plus 90c post. Home Decorator, HG3, 606 E. State St., Westport, CT 06880.


# Live Holly Plants



**Bright Red Berries, Rich Green Foliage, Well-Rooted, Heavily Berried Plants, Almost 1 Ft. Tall**

Hearty, heavily berried, traditional favorites with exceptional year-round beauty. Real show plants, and they grow to heights of 20 feet and more. Each plant comes to you specially wrapped to protect against moisture loss, and the entire plant arrives in an attractive carton, complete, planted in 4" pots and instructions. Our Holly Plants are grown by America's largest Holly Orchard with over 30 years experience, and a national reputation for hearty and beautiful Holly. Your trees will thrive indoors right through snow and frost, and can be transplanted outdoors this spring. Send only $5.95 plus 80¢ Parcel Post and handling for 2 Matching Holly Trees. Order now. Satisfaction guaranteed.

☐ Save! 4 Plants $10.95
☐ Save More! 8 Plants Only $21
☐ 24 Plants (12 Female, 12 Male) Only $60

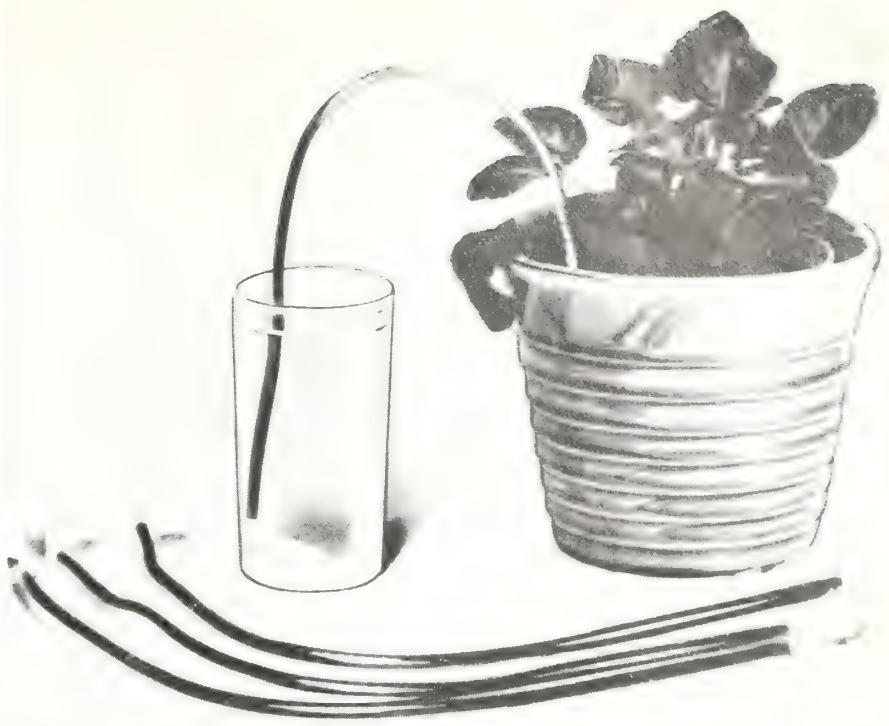
Makes thick, colorful, screen hedge. Plant 3½ feet apart.

***Please Add 10% Per Order For PP. & Hdlg.***

**2 for $5.95**

**B&G NURSERIES SALES**
606 E. STATE, 3HG, WESTPORT, CONN. 06880





# WATER THIRSTY PLANTS WHILE ON A TRIP

Planning a trip but worried about your thirsty plants? Amazing wicks feed just right amount of water up to 8 weeks. Can be used all year around with all plants. Will not rot or mildew.

**SET OF 4 PLANT NURSEMAIDS . . . $1.98 + 20¢ Mailing Each Set.**
**SET OF 2 EXTRA LONG PLANT NURSEMAIDS FOR LARGE PLANTS . . . . . $1.98 + 20¢ Mailing Each Set.**

*California Residents add 6% Sales Tax*

Satisfaction Guaranteed Or Your Money Back

*Anthony Enterprises* Dept. HG-35 585 Market St., San Francisco, Calif. 94105



**AMAZING NEW HAIR THICKENING DISCOVERY...FOR**

# SUPER THICK HAIR



***in just 5 seconds!***

HAIRTHIQUE...the sensational new **dry** powder hair thickener...applied in seconds...WORKS IN SECONDS...transforms your hair to look AND feel amazingly THICKER and FULLER!

**SOLVE THESE PROBLEMS NOW!**

- **Embarrassing thinning, "fly-away" hair.**
- **Fine, sparse, "windblown" hair.**
- **Oily, stringy, "hard to control" hair.**

***Discovered By Accident.***

While working on a new cosmetic preparation, one of our staff accidentally ran his fingers through his hair unaware that they were covered with this new powdered formula he was testing. Amazingly, his hair suddenly became thicker and fuller to his touch. He could hardly put a comb through it! He reported this amazing discovery to us. We experimented...and HAIRTHIQUE is the fantastic result!

**Money Back Guarantee!**

**Within seconds after using HAIRTHIQUE you must see and feel the thrilling results on your own hair or money fully refunded on request promptly, without question.**

**HAIRTHIQUE™ is *guaranteed* to *beautify* ALL HAIR!**

- No matter how thinning, sparse, fine or stringy.
- *HAIRTHIQUE* is a dry powder, easily applied in seconds from its slim, handy, compact shaker.
- Expect thrilling results in mere **seconds** ...not days or weeks.
- No false promises or disappointments.
- Fabulous results can last for days.
- No messy liquids or sticky gels.

***Thrill to super-elegant hair...***

- Builds instant super-body and texture into your hair...in just FIVE SECONDS!
- Instantly helps cover patchy, thinning spots in **mere seconds** with this phenomenal new method!
- NO HAIR SPRAY NEEDED!

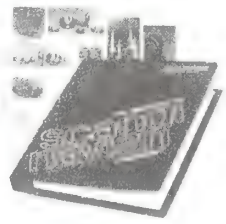
TO ORDER, MAIL COUPON

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Dept. F828 *Fabulous result for your hair!*
509 Fifth Avenue *...in special M HAIR!*
New York, N.Y. 10017
Please rush me
☐ 60 day supply of HAIRTHIQUE I enclose $4.95 (plus
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Catalogue
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Regular supplements keep you up to date.
Send $3 (refundable) for your copy, or
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scandinavian design & handicrafts

2 3/8"



BIG "INDIAN HEAD" PENDANT
$3.49 ppd.



THE BUCKBOARD

COLOR TELEPHONES



extra color telephone with no rental charge
beautiful decorator colors, fitted with standard cord and plug and bell for instant use in any jack. Your choice, blue, green, ivory, [illegible] pink, black, white.
$17.95
(Shpg chge 1.50 ea.)
Send 50¢ for Complete Catalog
Grand Com Inc Dept. HG3
324 5th Ave., New York 10001

BEST BY MAIL
Rates: Write Box 5, Sarasota, Fl. 33578

GROW HAIR! Thicker Longer! Amazing proof! [illegible] Box 1566 Santa Barbara, Ca. 93102

UNMARRIED? Meet compatible partners, computerized matching, nationwide, inexpensive. [illegible], 1776 Broadway, NYC 10001

WORLD'S most outspoken publication, natural health, healing, organic gardening. Free copy. Provoker Press, St Catharines 106, Ont. L2R 7C9

10 GREAT Lamb Recipes. $3.50. B & F Enterprises, Box 728, Red Bluff, Ca. 96080

MERCHANDISE FOR SALE

QUALITY Gifts Catalog. [illegible] Valley [illegible] 92114

ENVELOPES with your [illegible] Cheerful "How To" book describes scores of [illegible] $7.00 - 50c. Electret Scientific, Box 4132, [illegible]

BUSINESS OPPORTUNITIES

[illegible] All the [illegible], stuffing envelopes. De- [illegible]

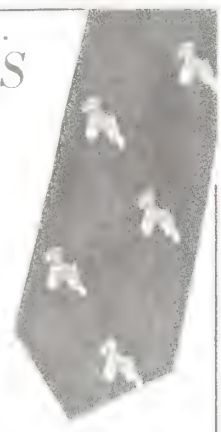
BUSI[illegible] the ad in [illegible] P.O. [illegible]

EARN MONEY [illegible] Mailing Envelopes. $25. hundred [illegible]

SEWING SUPPLIES

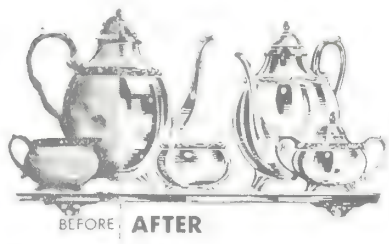
THREAD BARGAIN! Sewing Thread 2¢ spool [illegible]

A great gift idea . . .
DOG TIES
Give him his own breed
[illegible] shown
One of a series of authentic dog reproductions. Perfectly woven in Switzerland, exclusively ours. Most breeds available



$12.50
Please send my breed
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[ ] Green [ ] Burgundy
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[illegible] David • Barrato
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Suite 1507, 67 Wall St., New York, N.Y. 10005
Major Credit Cards Accepted

## SHOPPING AROUND



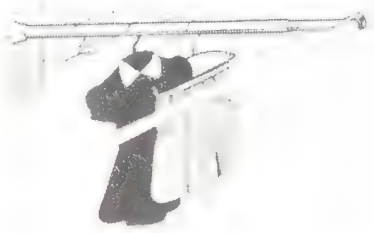

### SILVER PLATING SALE

For a limited time only silver plating at sale prices. 100% guaranteed; dents are removed at no extra charge. It is a perfect time to have heirlooms fixed and quadruple silver plated. Free price list. The Senti-Metal Co., Silverplating Div., HG3, 1919 Memory Lane, Columbus, OH 43209.



### HALF-FRAME SPECS

For those who need magnification for reading, these are the ticket. Top of frame permits long-distance viewing with no obstruction. Black frame, metal core; metal hinges. Case included. $6.95 plus 75c post. Nel-King Products, HG-35RH, 811 Wyandotte, Kansas City, MO 64105.



### DRIP-DRY ROD

Perfect solution for drip-dry garments, sheer curtains, hosiery. Adjustable 25" to 31" chrome-finished bar, hooks over shower rod, locks in place. No screws or adhesive; garments drip in tub. $3.98 plus 60c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.



### SLEEP IN BEAUTY

Preserves hairstyle, prevents impressed facial wrinkles. "C" shape supports jaw and temple without pressing against cheek. Prevents round shoulders, double chins. Two pink zipper covers, 17" by 9", $7.49 ppd. Better Sleep Inc., HG3, New Providence, NJ 07974.



### "MINI STOOL"

Attached-cushion seat, native hardwood frame 18" x 18" x 18". Upholstered in print, as shown $59; your fabric (2 yds., 54") $49. Casters add $10. Exp. coll. Furniture catalogue with a request form for fabric swatches $2. Hunt Galleries, HG753, Box 2324, Hickory, NC 28601.

NEW DISCOVERED
Beautifying



HYDRO - MOISTURE VITAMIN E FOOT CARE LOTION After 175 Years
FREE FEET
Few massaging treatments all over your feet with this new discovered miracle beautifying hydro-moisture active foot care lotion guarantees to make your feet feel brand new again and look as beautiful as your hands.
Free Feet moisture activates away hard crust from foot and heels, rough skin around toe nails. Softens feet and toe nails. Same massage treatment feeds moisture back into with Vitamin E and painlessly rids feet from hot miserable corns, calluses, ingrown toenails, soreness in bunions, fungus and burning. Stops sweaty and bad foot odor, cools and soothes tired working and playing feet. Money back guarantee.
Send $3.98 in check or money order (no C.O.D.'s) to DR. INGRAMS FREE FEET, P.O. Box 3310, San Bernardino, Calif. 92413.

GET THE BAD TASTE OUT OF YOUR MOUTH IN SECONDS!



Amazing new "Tongue Clean[illegible] Cleans your tongue, and gets Bad taste out of your mouth seconds. It's made of Stainless steel, so it will last for years. J[illegible] glide the cleaner on your tong[illegible] and see how clean your mou[illegible] really feels! Satisfaction Guara[illegible] teed or your Money back. O[illegible] $2.98. Send to
ASHA ENTERPRISES
Dept. HG3,
405 Sycamore Ave., Hayward, CA 94[illegible]
ORDER FOR THE WHOLE FAMI[illegible]

## LOOKS AND HEALTH *continued from page 28*

effortlessly as a ballet dancer's, listen to what he says about these particular clients: "A dancer's body is at its finest. Their injuries are usually not serious—pulls and strains and injured knees—but serious for them of course because their career is threatened. They are in such perfect condition, and yet they push themselves so hard that they all have problems. It's part of dancing—to hurt. In fact most of the star dancers will say that they hurt off and on during their whole career."

So when you next watch Natalya Makarova soar into the air doing the splits or some such feat of physical prowess, be comforted that as long as you eat enough calcium and take enough exercise your knees will hold you up just as well as hers—and you won't even feel it! ■

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### BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

HELENA RUBINSTEIN . . . Make the most of your bright eyes by starting clean . . . Two new formulas to cleanse and protect that delicate area of your face—*Skin Life Eye Makeup Remover* in a light, white cream and *Skin Life Emollient Lash Cream* to help keep lashes supple. Works just like mascara with its own brush and should be used after the rest of your makeup has been taken off . . . *Conditioning Concealer* can blend away some of that less than radiant shadowing that sometimes occurs under the eyes—in four shades too so you could apply it to small freckles wherever. Next, twelve brand new shades of *Skin Life Deep Moisture Eyeshadow Powder and Cream Base*—it's a two-phase system consisting of a conditioning cream base over which glides a clingy, smooth powder. Moisturizing conditioned color! Eye Makeup Remover Cream, 4 ounces, $5; Emollient Lash Cream, $5; Deep Moisture Eyeshadow Powder and Cream Base, $6. At Bonwit Teller; Marshall Field; Bullock's Wilshire; Rich's, Atlanta.

CHRISTIAN DIOR . . . Four soft, dusky shades of nail enamel for spring and four zingy complementary lip colors to blend with them to make up the *Red Roses and Rose Reds* collection—colors such as Ivory Rose and Burgundy Red. Lipsticks, $3.50; Nail Enamel, $3. At Bloomingdale's; I. Magnin; Neiman-Marcus.

SHISEIDO . . . There's a new group of five dry-skin treatment products designed as a total system to combat roughness and tautness. *Assimilia* is to be used both day and night in a variety of formulas for maximum moisture protection. *Assimilia Moisture Concentrate* and *Stick Concentrate* for day worn under make-up; *Assimilia Cream Concentrate* and *Assimilia Facial Oil Concentrate* at evening. There's a nine-tube set of dry skin masks, too. From $8 to $20. At Bloomingdale's; Bullock's; Jordan Marsh; Famous Barr.

LANVIN . . . It's the sleek black look of onyx banded with gold for a new purser case of "Arpege." Just the right size to drop into the smaller, skinnier evening bags. Refillable too! *Arpege Deluxe Atomiseur Sac*, ¼ ounce, $12.50; perfume refill, $9. At Marshall Field; I. Magnin; Bloomingdale's.

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## SHOPPING INFORMATION *continued from page 105*

ntilevered shelves, automatic defrost refrigerator; manual defrost in eezer, available in white, avocado, ppertone $499.95. By Amana.

**Combination microwave oven d electric wall oven:** 21" x 23" x " high, upper microwave oven, lower ntinuous cleaning oven/broiler; icrowave 20 min. timer, start switch, shbutton release, swing out door, 35 cu. ft. interior; electric oven, lay/start/cook/off clock controlled oven operation; full black glass doors. By Roper Sales.

8. **Refrigerator/freezer:** 30½" x 31" x 66" high, 6.82 cu. ft. interior top-mounted freezer, through-the-door ice cube and crushed ice dispenser, 10 lb. capacity; 13.8 cu. ft. interior refrigerator, half-width cantilevered glass shelves, adjustable meat keeper, separate dairy storage, "Power Saver" switch helps to reduce power consumption, 2 settings, "dry" and "humid," in harvest gold, coppertone, and avocado. $699. By General Electric.

9. **Carousel Microwave oven:** 13" sq. x 8½" interior, 12½" diam. revolving cooking tray, automatic defrost cycle, 25 min. timer, cooking timer guide on front panel, walnut grain cabinet with harvest gold accent. $369.95. By Sharp.

10. **Kitchen rack:** easy-to-assemble fir and maple dowels can be set in vertical or diagonal positions, polyvinyl feet for stability. $7 each. By Taylor & Ng. At The Complacent Cook.

11. **Window canister set:** molded, heavy gauge plastic, 4 graduated sizes, available in yellow, brown, red, white, black, and blue. $23 the set. By Copco. At Gimbels and Bullock's.

12. **Crêpe Suzette pan:** heavy sand-cast aluminum, handfitted walnut handle, crêpe recipe booklet. 10" diam. shown, $29.50; 8" diam., $33; 12" diam., $58. By Gourmet Ltd. At Saks Fifth Avenue.

13. **Automatic filter coffee maker:** 12-cup serving carafe by Corning, electric coffee maker of Lexan plastic, carafe and filter top both dishwasher proof, makes 6 cups in 4 mins. $49.95. By Melitta. At Bloomingdale's.

14. **Porcelain enamel cast iron cookware:** 12" skillet, $27; 1-qt. covered saucepan, $21; 2½-qt. covered saucepan, $27.50. Available in Chocolate Brown, blue, yellow. By Copco. At Bloomingdale's.

15. **Triple saucepan:** 8½" diam., 5½" high, polished aluminum, 1-qt. capacity per pan. $29.95. At Hammacher Schlemmer.

16. **Deluxe Mixmaster mixer:** 12-speed setting, 4-qt. and 1½-qt. heat resistant glass mixing bowls, automatic bowl speed control, removable cord, bread and cake recipe booklet, white, avocado. $84.95. By Sunbeam.

17. **Copper soufflé dishes:** lined with tin, imported from France, 1-qt. $25; 1½-qt. $35; 2-qt. $45; **adjustable chrome trivet:** fits up to 16" diam. $7.50. Both from Williams-Sonoma.

18. **Waffle grill:** 9" sq. removable grids of black PTFE no-stick surface, makes 2 waffles at once. 2 additional grids for grilled sandwiches, imported from France. $39.95. By Mouli. At Altman's.

19. **Grain Mill attachment:** range of grinds from coarse to fine, glass jar to catch grain after milling included, $44.95; shown on **K45 electric mixer** with 4½-qt. stainless bowl. $159.95. Both by KitchenAid. Both at Hammacher Schlemmer.

**WINE & FOOD**

**Page 89:**

**Victorian silver server:** ivory handle, part of set that includes fork. From James Robinson, Inc.

**Yellow ceramic plate:** from Ronaldo Maia Flowers. ■

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# Gardener's Notes

by James Fannin



Gardens created by Mrs. Arthur Adams (1 64) have been given recognition by Massachusetts Horticultural Society in form of a Silver Medal in 1946, a Gold M in 1953, and special recognition for the Ar Arboretum's Centennial celebration. Outstan among Mrs. Adams's horticultural achievements her espaliered fruit trees, which may serve as exam for all who want to grow fruit in limited space o trees that are garden features in themselves. Adams likes to point out that an espaliered orc is practical as well as beautiful. Maintenance is e to begin with. No tall ladders, extension primers high reaching spray equipment are needed. Thin the developing fruit is no problem, and spread netting to protect it from birds is as simple as hang a sheet on a clothesline to dry. You must begin v trees grafted on dwarf rootstocks. If you plant sin trained, one-year-old whips you can do all the training yourself, but this involves a couple of ye delay nature. For practical purposes it's better to buy trees that have already been given their b shape and have had time to develop fruiting spurs, ready to flower and fruit with no delay. Solid suppor essential and must be permanent, since espaliers cannot thrive without it. No. 10 wire, or 3/16-i cable strung between wooden posts, *above*, with turnbuckles to keep it taut, is simple and economi Spraying should be on the same schedule and use the same materials as for standard fruit trees—altho less material is called for, of course. Among the enemies of espaliers, scale, one of the worst, may sin be scrubbed off with a toothbrush when it appears.

Pruning is the only point of radical difference between caring for full-sized trees and espaliers. Inst of the customary late winter pruning, espaliers must be pruned in summer, when they're in active grov Mrs. Adams cuts all the shoots on her trees back to 8 inches in June, repeats the process a month la and cuts unwanted shoots all the way back in September, leaving only fruit-bearing spurs to mature t buds. The whole idea is to throw the tree's nutrients into developing fruit, rather than excessive lea or branches.

Henry Leuthardt, a leading espalier expert, ties the branches of his trees to their supports with wil twigs. Mrs. Adams uses green garden twine, and both insist that wire, whether bare or enclosed in pa will not do at all, since it invariably cuts into the bark of growing stems.

The minute details of espalier fruit growing are very well explained in *The Good Housekeeping Illustra Encyclopedia of Gardening*, and also in the Henry Leuthardt catalogue. Mr. Leuthardt grows and sl a select assortment of fruit trees, either trained to the customary shapes or as single-stem whips. On those rare bargains among garden catalogues, his is priced at just 25 cents, from Henry Leutha Nurseries Inc., East Moriches, Long Island, N.Y. 11940.

## "Help remedy the desiccating effect of heated rooms by misting house plants as often as you can manage to do it"

***Between Christmas and Groundhog Day the day length increased by a fi hour, and since that time our daily quota of sunlight has been increasin day by day and week by week. This means that houseplants are perki up, feeling the first growing urge of the coming spring. So it's time to gi them a little special attention. Remove yellowing or dried-up leave Trim off dead or shriveled branches or those so weak there is no hope their making healthy new growth. Help remedy the desiccating effect heated rooms by misting as often as you can manage to do it. Start applyi fertilizer again—in tiny doses at first, increasing quantities as daylig continues to lengthen and new growth appears. Increased growing activi means increased need for water, too, so keep a sharp eye on soil moistu and don't let plants wilt in the warm springtime sunshine.***



More cordless electric lawnmowers will be heard this summer than ever before, although you'll have to listen closely to hear them at all. This is due to the continued development of battery-powered mowers like the Toro "Carefree," *left*. A great deal quieter than gasoline-powered machines, the electric mower appeals to gardeners, since it starts by simple turn of a key, rather than arm-wrenching pulls on a cord. The Toro "Carefree" will run for close to an hour on a single battery charge, and is ready to go again after being plugged into the household electricity overnight.

***Does a noisy rose annoy a rosarian? Rose growers may now find out for themselves. The International Rose Registration Authority reports having recently registered a new hybrid tea under the name* Cacophony.**

The much-lamented American chestnut may be due for a comeback. College forestry departments and agricultural stations all over the country are working on the development of disease-resistant strains and on chemical cures for the blight that has caused all the damage. Tree lovers everywhere keep an eye out for the rarely found nuts and hasten to plant them in hope of growing a healthy tree. All this activity is bound to have results some time or other, and it may very well turn out to be that our grandchildren will find the chestnut as familiar as did our grandparents. There is even a clearinghouse for information about the American chestnut: Write to the National Parks and Conservation Association, 1701 Eighteenth Street, N.W., Washington, D.C. 20009.

Everyone who has houseplants spends a lot of time moving them around. This is necessary for the sake of giving the plants more space as they grow, to take advantage of shifting daylight at different windows, and, of course, to bring them out into the fresh air and sunshine during the warm months. It all involves a lot of work, but the burden will be much lightened by Aladdin's Plant Caddy, *right*. A sturdy steel framework on four wheels, it is as easy to trundle around as a baby carriage. The three shelves consist of plastic trays on heavy wire frames and can hold an astonishing number of plants depending on pot size and height of the plants themselves. Since the shelves are movable, a single large tubbed tree could sit alone on the bottom shelf, eliminating the backbreaking work usually involved in moving a large plant. Moreover, the Plant Caddy will show off plants to best advantage in any surroundings. The Aladdin Plant Caddy is available for about $79 in garden and houseware shops everywhere.



**A catalogue of catalogues is something most of us have often wished for. Feeling the need for such a list themselves, the experienced gardeners at Horticultural Data Processors have drawn upon their vast resources and compiled one. It has been published as two issues of the newsletter *Avant Gardener*—Numbers 10 and 11 of Volume 6. The two-part list is $1 from Horticultural Data Processors, Box 489, New York, N.Y. 10028. The twice-a-month publication, *Avant Gardener*, is available from the same address for $10 a year. It is crammed with news and up-to-the-minute information about everything pertaining to horticulture and gardening.**

Marigolds make excellent houseplants. George and Virginie Elbert point this out in their book, *Plants that Really Bloom Indoors* (Simon and Schuster, $7.95). But the lively approach the Elberts bring to houseplant growing does not stop with the idea of flowering familiar annuals indoors. In their own New York apartment, in terrariums, under artificial light, or on windowsills, they have grown just about everything that can be made to flower, indoors or out. And they're refreshingly candid about reporting the results. In regard to Christmas cactus, for instance, they admit to having no luck with their own plants. They give instructions that have produced good results for other people and leave it to the reader to draw his own conclusions. From common gesneriads to rare orchids, the Elberts know what to do to make things bloom. Their readiness to share their knowledge makes the book a mine of information that is also a distinct pleasure to read. Mr. Elbert, incidentally, is a prime mover in the Indoor Light Gardening Society, which is headquartered at 128 West 58th Street, New York, N. Y. 10019. ■


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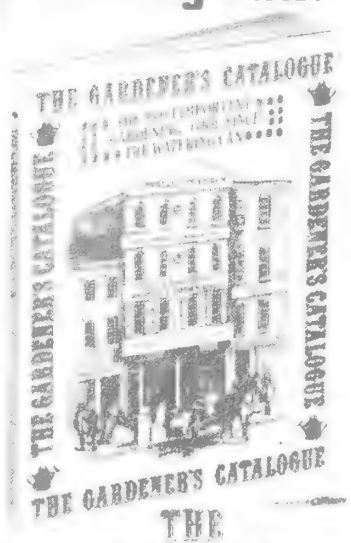
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Oakwood — D. H. Holmes

**Maine**
Portland — Jordan Marsh

**Maryland**
Annapolis — Woodward & Lothrop
Baltimore — Hutzler's
Chevy Chase — Woodward & Lothrop
Eastpoint — Hutzler's
Iverson Mall — Woodward & Lothrop
Prince George's — Woodward & Lothrop
Southdale — Hutzler's
Towson — Hutzler's
Westview — Hutzler's
Wheaton Plaza — Woodward & Lothrop

**Massachusetts**
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Braintree — Jordan Marsh
Burlington — Jordan Marsh
Framingham — Jordan Marsh
Lynn — Saxony House
Malden — Jordan Marsh
Peabody — Jordan Marsh
Worcester — Jordan Marsh

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Detroit — Hudson's
Flint — Hudson's
Grand Rapids — Hudson's
Harper Woods — Hudson's
Lansing — Breitz Shop
Livonia — Newton Furniture
Pontiac — Hudson's
Southfield — Hudson's
Sterling Heights — Newton Furniture
Taylor — Hudson's
Troy — Hudson's
Westland — Hudson's

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Biloxi — Merchiston-Hall Galleries

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Crestwood — Stix, Baer & Fuller
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Woodbridge — Abraham & Straus

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Brooklyn — Abraham & Straus
Eastland — Sibley's
Elmira — Luckey, Platt & Co.
Garden City — Abraham & Straus
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Jamestown — Wehman Bros.
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Poughkeepsie — Luckey, Platt & Co.
Rochester — Sibley's
Schenectady — The Carl Co.
Shoporama — The Carl Co.
Willowbrook — The Carl Co.
Syosset — Caldwell's Interiors
Syracuse — Sibley's
Victor — Sibley's
White Plains — B. Altman & Co.
Willowbrook — The Carl Co.

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Youngstown — Strouss
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...DAY STRESS

...ed from page 74

***...oring to the quiz on page 74)***

**...ons 1-5**
...3=1; C=2

**...ons 6-10**
...3=2; C=1

**...ons 11-18**
...B=1; C=3

...ver your total score, the bet-
...e you are to cope. If you
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...of the time what you may be
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...et worked up over an unavoid-
...stress-filled event, do some-
... physical to work it off. When
...dy strikes, as it does to all of
...ve in to it. Learn the value of
...g with the punches. ■


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which illustrate ways these wall coverings can enhance the most beautiful rooms in your home. 50c

**6. "DO IT YOURSELF WITH PLEXIGLAS."** Home furnishings projects with the home craftsman in mind are shown in this delightful booklet from the Rohm and Haas Company. When detailed plans are available, project numbers are listed. 50c

**7. PUT PROPER LIGHTING WHERE YOU NEED IT.** Progress Lighting brings you 160 full-color pages of imaginative lighting and decorating ideas for indoors and outdoors. $1

**8. "HOW TO MAKE YOUR WINDOWS BEAUTIFUL,"** is from the Kirsch Co. This brochure with over 125 photos of inspired window treatments includes how-to facts, where to find color schemes and new fabrics, plus ideas in drapery hardware, wall shelving, and bedspreads. $1.50

**9. A LIBRARY OF 18TH-CENTURY ENGLISH AND AMERICAN DESIGNS.** This 180-page catalogue will acquaint you with timeless quality of Kittinger furniture, and renowned Williamsburg reproductions including a new Federal Group. $1

**10. SECRETARIES FOR EVERY TASTE** are shown in this pamphlet from the Jasper Cabinet Company. These accent pieces are made of hardwoods and veneers with specially formulated finishes. All models have compartments that lock for privacy. 50c

**11. CHARLESTON'S FAMOUS "RAINBOW ROW"** has been captured in a watercolor suitable for framing. The print is accompanied by a Charleston color chart of Devoe paint, the official paint for historic Charleston reproductions. $1

## Decorating

**5. LUXURY FOR YOUR WALLS.** Full-color brochure features the color-luxe design and distinctive color ways in the exciting Lee Jofa Collection from Albert Van Luit. There are many

## *Eating and Entertaining*

**12. "A MEASURE OF GOLD"** is a 24-page booklet brought to you from "21" Brands Inc., filled with recipes for beverages, glazes, marinades, sauces, batters, entrées, crêpes, dressings, soups, and desserts. The versatile spirit in all —Galliano.

**13. QUICK-BROWNING AID ALSO SPEEDS COOKING.** Ten-page recipe booklet describes Brown-Quick instant marinade, a product created by cookbook author, Helen Worth, for her cooking school. Helen Worth Enterprises.

**14. "ITALIAN INTRIGUE"** is a colorfully illustrated pamphlet from Foreign Vintages. Listed are many recipes for food and drinks. Amaretto Di Saronno—a legendary Italian liqueur is the delicious taste in each.

**15. "THE HORS D'OEUVRES RECIPE BOOK."** Twenty-five prize-winning recipes, selected from 10,000 tempting entries in the Seagram's V. O. International Recipe Contest, have been assembled in this colorful 16-page booklet. Seagram Distillers.

**16. YOU'LL COOK BETTER AND WORK LESS.** Corning's 16-page brochure describes the cooking and easy-cleaning benefits of its new 3+1 smoothtop appliances —three thermostatically controlled surface units and one Multipan unit for all your favorite nonflat pans.

## *Potpourri*

**17. EXCLUSIVE GIFTWARE** is shown in this beautiful catalogue from Wilton Armetale. The man, the metal, the sand, and the polishing wheel are essential to the art of creating these fine pieces —everything from dinnerware to bicentennial seals. $3

**18. CREWEL FABRICS.** Color catalogue illustrating brilliantly colored handembroidered crewel fabrics on handloomed natural cotton, available by the yard for upholstery, draperies, bedspreads. Also, crewel tote bags, pillow covers, chair seats, tablecloths, and numdah rugs. Gurian's. 50c

**19. "REPRODUCTIONS OF EARLY AMERICAN GLASS"** are illustrated in this exclusive booklet brought to you by the Metropolitan Museum of Art. Booklet gives a brief history of each piece including its initial use. 25c

**20. WOULD YOU RATHER HAVE YOUR OWN PRIVATE PARK** or your own private golf course in California? Quail Lodge offers both . . . "in sunny Carmel Valley near Carmel By The Sea." Pamphlet shows plan of cottage units, pool, and clubhouse.

**21. "VACATION SOUTHERN STYLE."** Portfolio explores many of the attractions beckoning travelers to Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, and Virginia. Prepared in cooperation with House & Garden. Southern Travel Directors Council. 25c

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March, 1975

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Boulder, Colorado 80302 3001

## THE PLUSES OF BEING OVER 30 *continued from page 75*

[illegible] another beginning, continuing [illegible] Xenophobist endlessly [illegible] obsessed with muscular and [illegible] trouble and whose [illegible] life had included some of these ills, put it in these amazingly simple but touching words:

"I'm a happy man. I can sit, I can stand, I can walk and I can pick things up. It takes years to appreciate fully the total elements of a good life.

### Perceptive friends know interesting people

[illegible] that we've been to more places, met more people, done more things, and can draw on more experience in conversation. The mind is a colossal collection of associations representing everything that happened to us. When a piece of information is relayed to it, it brings to mind characters from our own life. Your views can be about similar, contrasting, remembered or long-past journeys. The same holds true for your greater appreciation of good books, for the movies, the plays and other presentations and collections that you've enjoyed. Have you ever talked with someone who didn't know [illegible] Or someone who has never seen a Bergman film? Isn't it more interesting to talk to someone who has?

### Your judgment is sharpened

[illegible] the home entry test. Only now can you truly appreciate the [illegible] offered by very good suggestions on his second day there. That small fee is different that the client who [illegible] old didn't want intelligent [illegible] Good judgment [illegible] is [illegible] brings a degree of confidence [illegible] more than [illegible] have been to more places, met more people, done more things, and can draw on more experience in conversation. The mind is a colossal collection of associations representing everything that happened to us. When a piece of information is relayed to it, it brings to mind characters from our own life. Your views can be about similar, contrasting, remembered or long-past journeys. The same holds true for your greater appreciation of good books, for the movies, the plays and other presentations and collections that you've enjoyed. Have you ever talked with someone who didn't know [illegible] Or someone who has never seen a Bergman film? Isn't it more interesting to talk to someone who has?

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tion the good sense to inquire first and see what has gone before. Even the most capable students of psychology and medicine need a course in the history of their subjects, plus time to realize that every latest enthusiasm has a past and that others will take their turn. With your maturity you [illegible] each new situation with [illegible] poise, deliberation, and the spirit of inquiry that is the very essence of good judgment. Better judgment depends on perspective and a sense of proportion. Of these [illegible] have very little.

### Maturity, as we all know, contributes to love

Could love between men and women actually improve as they depart from the late teens and early twenties? For most people the likely answer is yes. The very young are insecure, very often, as well as unskilled and impetuous. Even with the more liberal attitudes of our time, it is highly unlikely that the great majority of young people feel completely at ease about love. A [illegible] can forget a more comfortable, more leisurely, less self-conscious approach. A physician put it this way: "Although the sexual response is a natural function, positive past experience clearly serves to enhance future pleasure.

### You can enjoy life fully now

The new complete [illegible] to enjoy the [illegible] will [illegible] more [illegible] You're [illegible] good to look [illegible] obviously [illegible] You can take [illegible] [illegible] enjoyment of today, the [illegible] and joy of your life. Time [illegible] have done a great deal for you! ■

# building facts

***Materials and equipment used in the house on pages 58-63***

[illegible] Edward M. Coplon
[illegible] House & Garden magazine
[illegible] Salem House Division of Hodgson Houses, Inc.
SIZE OF HOUSE: 1,010 square feet
SIZE OF LOT: Large

**STRUCTURE**

**Foundation:** Concrete block piers.

**Framing:** Standard wood frame construction of walls, floors, flat roofs. V-roofed roof over living room and master bedroom by Dejon Associates.

**EXTERIOR OF HOUSE**

**Exterior walls:** Redwood vertical siding by Simpson.

**Exterior stains:** Natural redwood.

**Roofs:** Wood frame structure, covered by "Flexseal" plastic roof coating by B.F. Goodrich General Products Co.

**Insulation:** In exterior walls: [illegible] much less) batts; in walls and flat roof: [illegible] fiberglass by Owens-Corning Fiberglas Corp. In vaulted roofs: rigid board insulation by Owens-Corning Fiberglas Corp.

**Windows:** Fixed glass panels and single-hung, double-glazed, aluminum frame [illegible] by Capitol Windows Corp. "Plexiglas" [illegible] by Rohm & Haas.

**Doors:** Metal front door by Republic Products Corp.; in dining room, double-glazed, aluminum-frame sliding [illegible] by Capitol Windows Corp.

**INTERIOR OF HOUSE**

**Walls:** "Dry wall" gypsum board by National Gypsum Co.

**Ceilings:** On all flat ceilings, "dry wall" gypsum board by National Gypsum Co.; in living room and master bedroom, Ponderosa pine decking on vaulted ceilings by Dejon Associates.

**Interior finishes:** Paint by Con[illegible] Paint Co.

**Flooring:** In major rooms, 3/4-inch tongue-and-groove, glued, and nailed plywood sub-floor with wall-to-wall carpet by Ozite Corp. In kitchen and bathrooms, roll vinyl by GAF Corp.

**Lighting fixtures:** Recessed cylindrical ceiling fixtures, wall fixtures, soffit lighting over bathroom mirror, all by Thomas Industries, Inc.

**Fireplace:** Prefabricated, metal, circulating, wood burning fireplace by Heatilator Fireplace Div. of Vega Industries. Hearth of slate.

**Hardware:** Brushed aluminum by Kwikset Sales & Service Co.

**Kitchen cabinets and counters:** Industrial grade flakeboard cabinets faced in white Formica, custom designed, built by Kramer Kitchens.

**Plumbing fixtures:** In kitchen, double stainless steel sink by Dayton Mfg. Co. In bathrooms, white fixtures by American-Standard, Inc., prefabricated shower stall by Corl Corp.

**MECHANICAL EQUIPMENT AND APPLIANCES**

**Appliances:** Self-cleaning wall oven, 4-burner electric cooktop, refrigerator by General Electric Co.; white porcelain-finish ventilating hood by Stupakoff Co.

**Hot water heater:** 30-gallon tank by Hajoca Corp.

**Heating system:** Individual room electric wall heaters by Markel Electric Products, Inc.

**Thermostatic controls** by Honeywell

## DECORATORS TELL HOW TO MAKE YOUR ROOMS COME ALIVE WITH COLOR *continued from page 49*

[illegible] Sophie Patel a room [illegible] color and, on a dramatic [illegible] of [illegible] and green and very dark brown. Or, [illegible] all give an [illegible] room a [illegible]

[illegible] from the [illegible] light to a dark color, [illegible] color. What is [illegible] a room [illegible] the walls [illegible] and [illegible] color rooms [illegible] all pale yellow [illegible] Have everyone [illegible] completely revitalized if the walls are glazed dark green.

George Clarkson. The absence of color is just as vital as color. An all-white room or one color only is so serene. Choose a color you really like and just repeat it over and over. That way your room will be a success.

Melvin Dorfi. There should be continuity of color so that you can go from one end of the house or apartment to the other and carry a feeling of color with you even though you might not see the color along the way. For instance, a small house with red ceilings and walls in three-quarters of the space, furniture either neutral or off-white, an off-white carpet, and any colored materials in very soft pastel patterns. The remaining space is deep eggplant, very different from the red and yet maintaining a relationship.

Patrick Maas of Est-Est. Use color to feature architectural elements of a room, such as the inside of arches, door and ceiling moldings, alcoves or window recesses. Many of these architectural elements are painted out over the years. When they are picked up in color, the room becomes completely different.

Robert Hill. Use the same co[illegible] throughout a room—carpets, wa[illegible] everything. If the room is a ve[illegible] quiet color, use bright colors [illegible] books, pictures, and accessories.

William Hodgins. Keep the wa[illegible] pale—for instance, off white, a[illegible] save the brilliant colors for t[illegible] middle of the room, upholste[illegible] tables, lamps. This is simple a[illegible] inexpensive: you can change sl[illegible] covers and add bright color w[illegible] flowers. Paintings read much mo[illegible] strongly against a soft backgroun[illegible] In a summer place, try brilli[illegible] color on the floor, with simp[illegible] rugs. ■

APRIL
19[illegible]

# House&Garden

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SPIRATION FROM DECORATORS
ECHNIQUES FROM CRAFTSMEN
furniture, floors, surprise storage
ICK MAKE-OVERS
wallpaper and fabric



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PUB

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10 great vegetable main courses

LIBRARY

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Julius Caruso




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and wash the living daylights out of it.

condition*
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**The unique back support system.**

Sealy



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**Shown in the Posturepedic Sleep Center**

Sealy Posturepedic Premier (left), from $149.95* twin size ea. pc.

Sealy Posturepedic Royale (center), from $129.95* twin size ea. pc.

Sealy Posturepedic Imperial (right), from $109.95* twin size ea. pc.

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# House & Garden

(INCORPORATING **LIVING** FOR YOUNG HOMEMAKERS)




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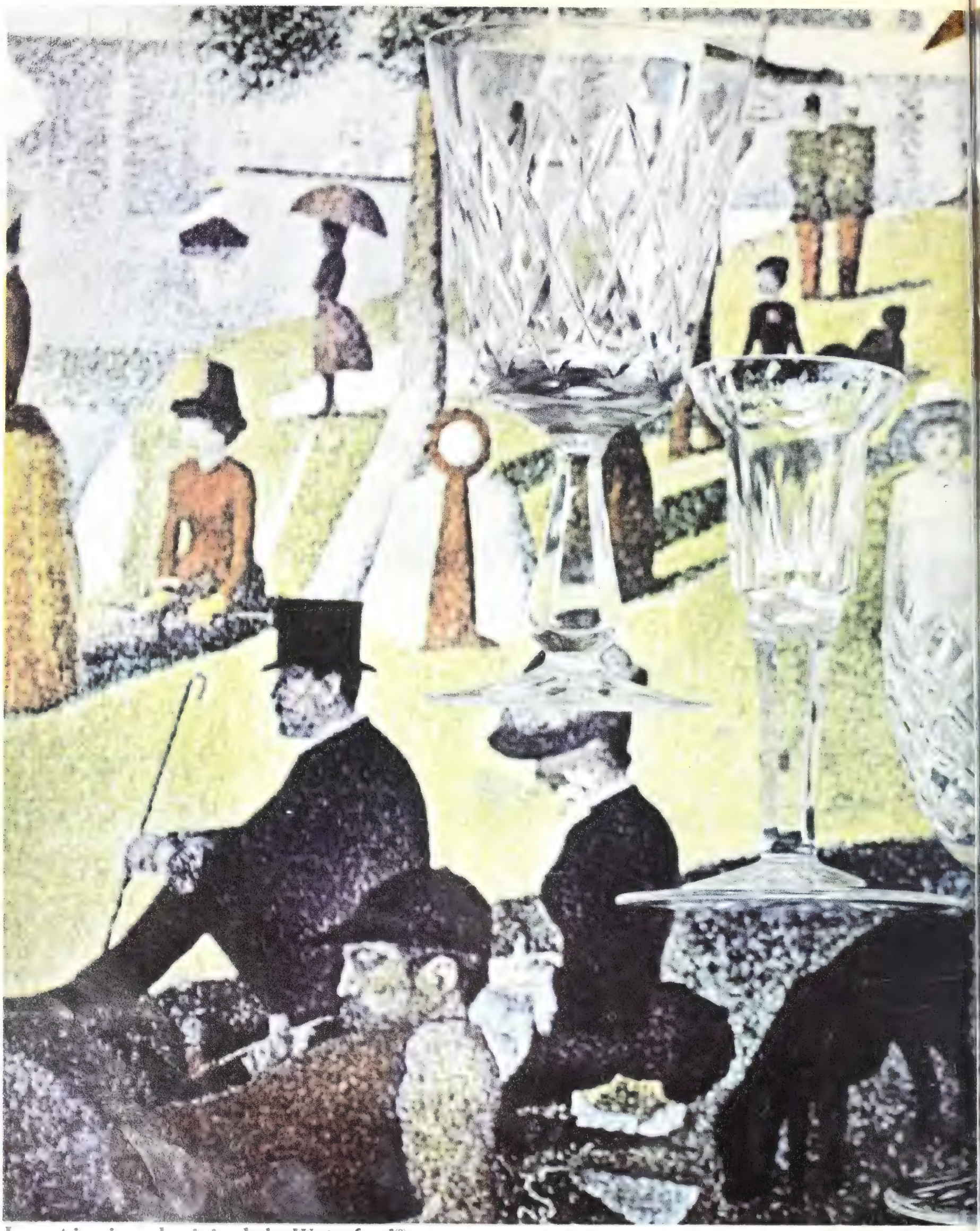


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*Irish Home Furnishings Event*
*now going on*
*at these fine stores.*
*B. Altman & Co., New York*
*Burdine's, Florida*
*Carson, Pirie, Scott & Co., Chicago*
*The Denver, Denver*
*Frederick & Nelson, Seattle*
*Halls in Crown Center, Kansas City*
*Higbee's, Cleveland*
*Robinson's, Los Angeles*
*John Wanamaker, Philadelphia*
*Woodward & Lothrop, Washington, D.C.*

*(House & Garden*
*discovers the products*
*of Ireland.*
*See page 5 to 13.)*



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A Special Edition in Sterling or Gold Vermeil

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Shown actual size

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Every mother should get at least one rose. This lovely rose pendant-cameo blooms in sterling or luxurious gold vermeil. It was created in the design studios of famous International Silver.

This is a special edition made for American Archives. We suggest you order now, to guarantee delivery of a pendant for Mother's Day, May 11. (Shipped pre-paid, First Class Mail.)

Sterling Pendant with chain finished in tarnish-proof rhodium, $15.00. Above electroplated in 24kt. gold, $17.50.

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No C.O.D.'s. Conn. residents add sales tax.



# Forty shades of green

## Delights from Ireland—people, places, foo

**By Bettina McNul**

Whether you fly into Eire from the east to Shannon or from the west to Dublin, your first impression is almost bound to be of greenness. The Irish claim they have forty shades of green and the air tourist sees at least thirty-nine of these in a patchwork of fields, divided by stone walls of hedgerows, as he comes in to land. Even the airports seem more grass and less macadam than most, and the buses and mailboxes, the phone booths, and the Aer Lingus planes all echo the intense greenness of nature.

Ireland is practically a floating island in more ways than one. No matter which way you turn your nose or your car's, you head either for water or a pub. There's water, water everywhere, but no Irishman would dream of drinking a drop of it for there's also a pub within 4 minutes of wherever you may be. And very well patronized they are, too.

The Irish are a friendly race, full of humor and contradiction. Talk is an imperative need that makes even the shopgirls masters of words, with a varied, colorful vocabulary. This means that the simplest excursion, buying a toothbrush for instance, is an adventure. Touring, therefore, becomes a poetic experience. If you stop for information and say, "I'm lost," an Irishman would probably answer, "And why wouldn't ye be?". Or if you suggest you thought you'd turn right, he might reply, "You wouldn't want to be doin' that, for ye'd be turning on yerself for miles." You need an interpreter.

The pub is the center of social life, full of gaiety and talk, instinctive kindness and cheer. And as for the inner man, as long as you follow the experienced tourist's golden rule—eat what the local population knows how to cook—you will have a surprisingly tasty time from Dublin to Sligo or Killarney and back.

You might start from Dublin, where the Royal Hibernian Hotel keeps three restaurants going and serves delicious sweetly smoked Irish salmon—the Irish have the most delicate smoked salmon I have ever tasted. You can order a side to be shipped back home to you at either Shannon or Dublin airports or a 2½ pound, ready-to-slice side of smoked salmon is $19 airmail postpaid to the U.S. from Thomas Murphy (Dublin) Ltd., 13-18 Lower Grangegorman, Dublin 7. Once you have it home, you should know the best way to cut it. First you trim off the dry edges of skin all around. The salmon is then ready to slice. Rub first with olive oil and then with a very sharp knife cut thinly and obliquely starting at the tail end and cutting at an angle away from the head. Serve salmon on very thin brown bread and butter, with a squeeze of lemon if you like, and freshly ground pepper. Some like oil and capers, too, but I find the taste of capers too powerful for the delicacy of Irish smoked salmon. You can keep it for about three weeks in waxed paper and foil in the cooling part of your refrigerator, and for a couple of months in the freezer.

Venerable waiters in green (what else?) baize aprons at one of Dublin's best restaurants, Snaffles, will help you decide between Rosie Tinne's Steamed Sole* and her Fillets of Turbot in Puff Pastry, a veritable Solomon's choice. Rosie has just published a hands book, *Irish Country House C ing*, with favorite recipes of v known Irish hosts and hoste plus a generous scattering of own from Snaffles. (Available f Gills, 50 Upper O'Connell's St Dublin 1. $14.50 postpaid.)

South of Dublin lives on Ireland's most prolific f writers, Theodora Fitz bon, at Dalkey on Dublin B One of the newest of her eigh titles is *A Taste of Ireland* ( Books) containing some excel dishes and terrific period ph graphs of the Ireland of 100 y past.

Sybil Connolly, the famous d designer whose Dublin hous pictured on page 122, is a mar ous hostess. Two dishes from own private secret storehous recipes—served in her home her engaging butler, James—

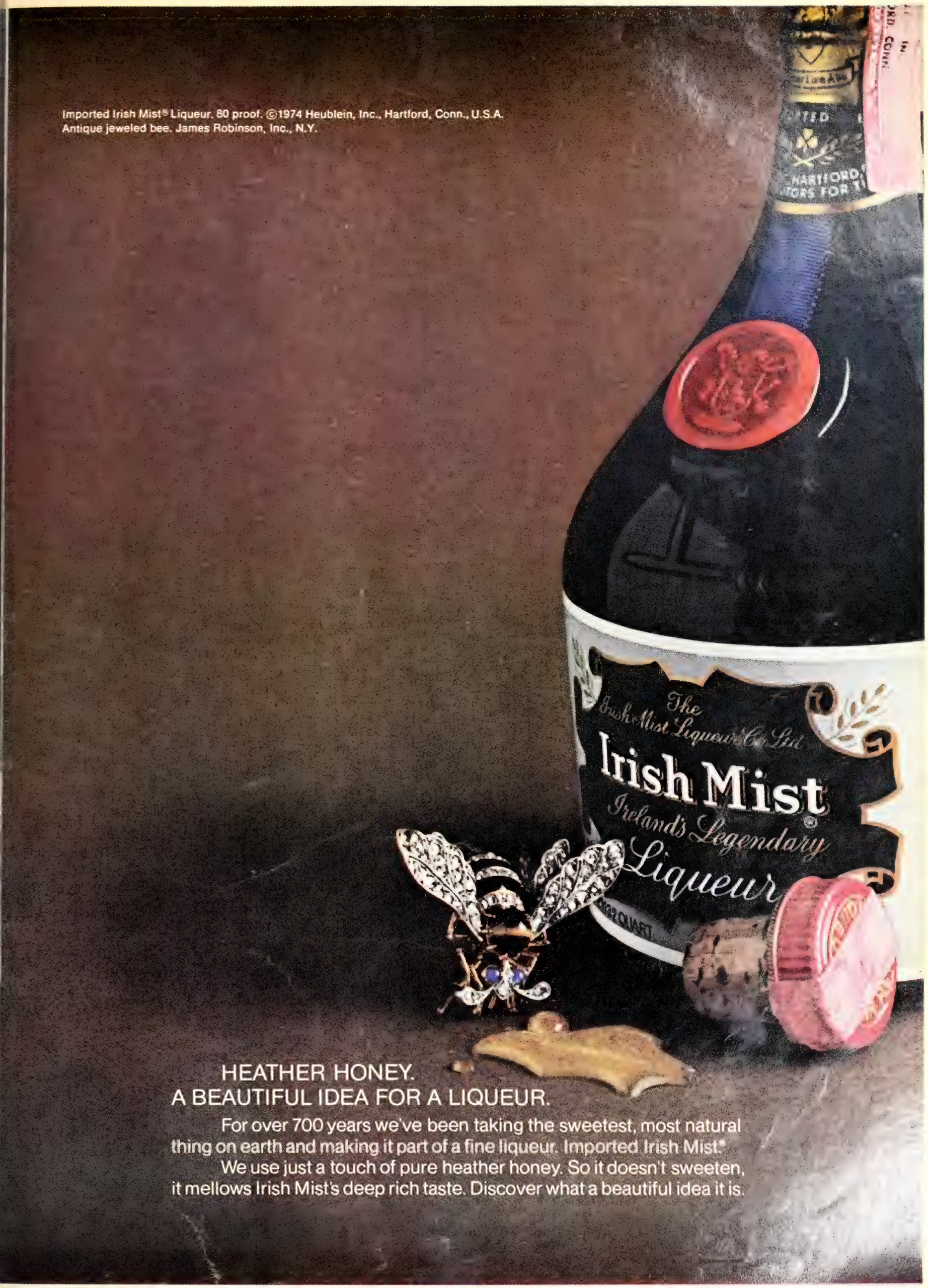
*Continued on pag*




*Irish salmon, sweetly smoked
with a delicate flavor,
on Patrick Scott's table.
See his house page 126.
Tucked in the Wicklow mountains,
simple, picturesque,
Irish stone cottage.*



Imported Irish Mist® Liqueur. 80 proof. ©1974 Heublein, Inc., Hartford, Conn., U.S.A.
Antique jeweled bee. James Robinson, Inc., N.Y.




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A BEAUTIFUL IDEA FOR A LIQUEUR.

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We use just a touch of pure heather honey. So it doesn't sweeten, it mellows Irish Mist's deep rich taste. Discover what a beautiful idea it is.

# Ireland

continued from page 8

Arrington Leg of Lamb and paper-thin Parsley Sandwiches* that she serves not just with tea but also with a first course of smoked salmon or homemade soup.

Fish and seafood are delectable throughout Ireland. The rivers, lakes, and the sea itself around the island are teeming with a happy variety of crustaceans and fish. In season you can see salmon, packed together like sardines under the Salmon Weir Bridge in Galway Town or watch them jumping like fleas, with great plops as they drop back into the stream, in unbelievable numbers along the Blackwater River near Cork.

Moving on by car through the billboardless Irish countryside, you might head for that very Cork. En route there are no fixed bus stops because the Irish buses will stop for anyone who waves. Drawing you to Cork like a gourmet magnet is Ballymaloe House in Shanagarry, run by Ivan and Myrtle Allen. (Bally, by the way, simply means "town of"). The house has its own farm, set in the velvety green downs, supplying the fresh mushrooms, cream, eggs, fish, or meat that make their friendly dishes so delicious. The Georgian place has twenty-one guest rooms and its own riding and fishing facilities. The table is among the best in Eire and Myrtle Allen's recipes will appear later this year in her book, but she has been kind enough to give me her recipe for a delectable Irish Mist Soufflé*.

Trundling farther west in your car or your gypsy caravan, which you can hire, complete with horse, in Clonakilty, you pass the port of Kinsale, a center for deep-sea fishing, toward the scenic Ring of Kerry Drive or the shorter Ring of Dingle Drive, with its 700-year-old stone monk's huts.

This part of Ireland is full of castles, ruins, dolmens, ogham stones, stone circles, ancient crosses, and historic sites of both religious and secular interest. They say hereabout that if you pass someone on the road and do not greet him, you are a ghost. If he doesn't greet you, then he's a ghost. The Irish being essentially gregarious, this may account for the paucity of ghosts in the land, and the plethora of leprechauns who talk all the time.

At Glenbeigh, on the Ring of Kerry with marvelous views of Dingle Bay, the Glenbeigh Hotel caters to golfers, if they don't mind a 9-mile drive to the 18-hole course, and to fishermen. Its low two stories are dwarfed by huge rhododendron trees, older than the hotel itself. The sitting room, warmed by a peat fire even in August (Ireland's average summer temperature is 60 degrees), is decorated with 18th-century Irish copper pots, and layer upon layer of handsome Irish rugs covering the floors.

Despite the mildness of the temperature, and thanks to the Gulf Stream, parts of these coastal drives look like the Riviera or California, with palm trees growing in the gardens and fuchsia and other flowers in profusion.

A popular Glenbeigh Hotel specialty is twinkle-eyed, poetry-quoting Tom Evans's sardine salad. (He's the proprietor.) He lays a foundation of lettuce leaves, then a plate-sized slice of locally caught and smoked salmon, then three small sardines topped with thin homegrown onion rings. Tom's brother Ernie runs the larger Towers Hotel in the same town. There the crew that filmed *Ryan's Daughter* stayed and gained weight. Both specialize in mussels, cockles, salmon, and delectable small lobsters of which Paris hostess, Kiki Foure and her French husband Jacques, who spent a holiday there, say they could "never get enough."

If you like to fish, though there is no guarantee of catching a salmon, you need to take a local fishing "gillie" with you. The hotels have a private beach but the water is cold, cold and only "Irish and children swim in it even in August."

On through the rain—it rains six times a day but never for long, the Irish say, so take a raincoat with you—to Limerick not far from Shannon airport and Bunratty Castle. The castle puts on a "medieval feast" if you are feeling Gothic, but nestled under it and dwarfed by the castle, which is worth a visit, is a wonderfully Irish pirate den of a pub called Dur Nelly's. Three murky rooms full noise and good humor plus th salmon plate and a quick beaker draft Guinness will keep the wa dering gourmet happy till teatim Behind the castle is a tiny Iris version of Williamsburg, the Bu ratty Folk Park, with various han craft shops installed in authent antique Irish cottages.

Not far away is the spa of Li doonvarna, which serves two kin of mineral water. You can choos sulphur or iron flavor. Lisdoonva na's young farmers and pretty loc lassies still carry on the ancie custom of invading the town streets, after the harvest, to danc from eleven in the morning unt well along into the night, or unt they finally drop or find themselve a husband or wife.

Between here and Limerick th Old Ground Hotel in Ennis make a good center from which you ca fan out on visits to the lunar land scape of the Burren with its pre historic dolmens, its extraordinar wildlife and astonishing flora, th cliffs of Moher, and strange roc formations.

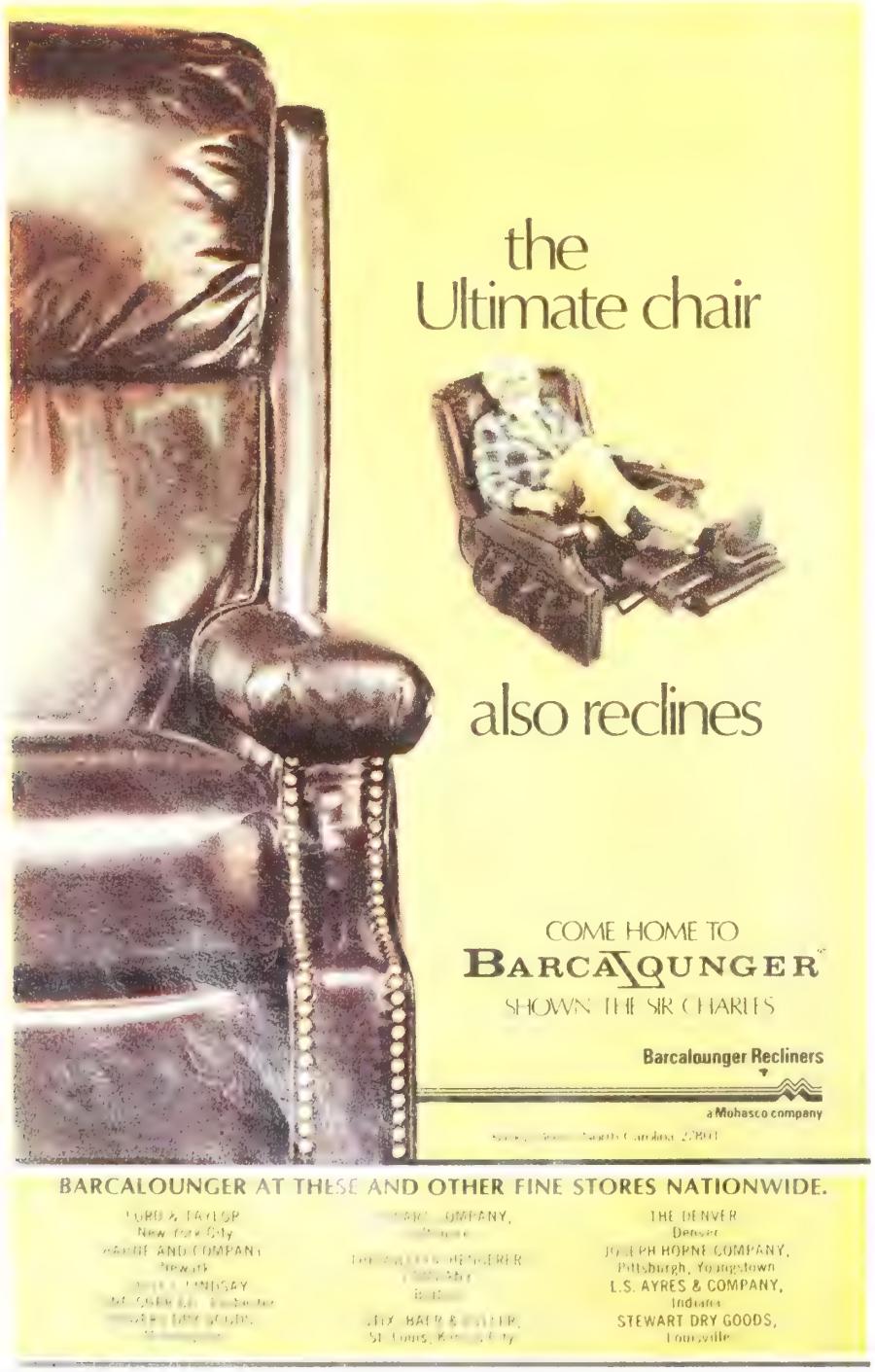
Never pass up a good place t taste an Irish "tea," the day's mos important meal for many. An Irish tea consists of hot scones*, tin sandwiches, fruit cake (Barn Brak), brown bread, homemad jams and jellies, and a specialty—miniature potato pancakes* lik those favored by Lord Mountbat ten of Burma. And, of course, te galore.

There is plenty to see in Galway Mayo, and Donegal, but this tour ist then turned back to Dublin an the delights of Bewley's Orienta Café, whose dark mahogany an stained glass glints through a cof fee-laden atmosphere mixed wit the warm round smell of freshl baked bread.

A side trip to Howth, just out side Dublin, brings you to the King Sitric restaurant whose spe cialty is a unique thyme and Stil ton mousse. After tasting this, and having a stroll along the fishing vil lage's quaint harbor and lovely cliff walk, you may be glad to get back to the Royal Hibernian in Dublin for a rest and a glass of its famous Irish Coffee.

Whether you leave Eire from Dublin airport or Shannon, the Aer Lingus terminals are equipped with very good duty free shops. Heavy natural wool sweaters, Irish whiskey, Irish bread mixes and other foodstuffs like cakes and cheese, and of course salmon are among the best buys.

For Irish atmosphere at home, turn to page 138 for a selection of recipes from Irish sources to choose from. ■



# Ruglatchers admire the love of the Irish for deep-pile beauty and lasting luxury.




Rugmakers who latch hook with Brunswick RugPlan components truly enjoy being do-it yourselfers. They achieve the ultimate in beauty and luxury for wall or floor decor.

Latch hooking can be quickly learned. A color-keyed design on 100% cotton canvas guides the rug to completion. Using pre-cut yarns, the pile surface takes shape beneath your fingers.

But it takes the Irish to spin thicker, heftier, resilient pure wool yarns your efforts deserve. They make your rug more admirable because of dense, finger-deep tufts of lustrous color.

Hurry, Needlework counters are ablaze with these originals. In Kits or open stock. Highlights are here—the entire collection in RugPlan Catalog Vol. 4, mentioned below.



No. 164—Stereo 27x54



No. 104—Blenheim 27x54 and 36x70






above R7
Eagle 24x36

**PURE WOOL PILE**



No. 162—Sunspot 27x54 and 36x70



No. 130—Aztec 27x54 and 36x70



R16—Potpourri 24x36



R15—Strawberry Treat 24x36

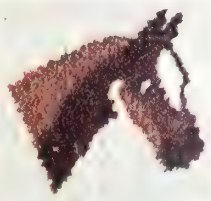


No. 163—Spanish Night 27x54

yarns brunswick

RugPlan





Lovelatchers 15x15—in complete kits
No. 510—Fat Cat 515—Horse's Head

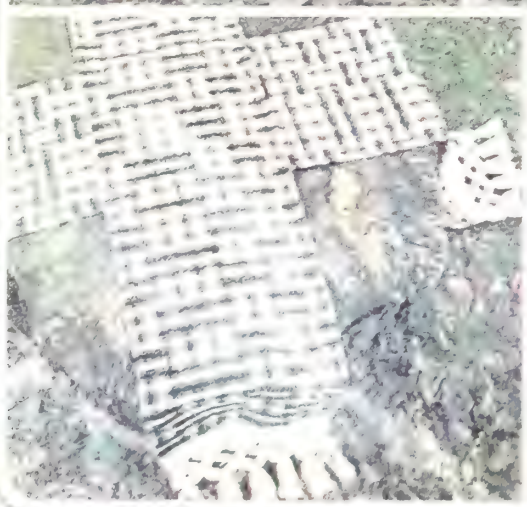


**Rug beauty at your fingertips**

☐ At your favorite store, RugPlan Catalog Vol. 4, complete with latch hooking instructions. If not available, remit 50¢ (no stamps, please) to Dept. HG75, Brunswick Worsted Mills, Pickens, South Carolina 29671

All dimensions in inches

*We've woven its natural beauty.*
*To win your heart.*



(Above) 'Aran' Bedspread with Pillows and Floor Cushions in various designs, photographed at Glendalough, Co. Wicklow.
(Left) 'Sligo' Table Runners. (Right) 'Aran' Place Mats.



**Woven in Drogheda, Ireland by Irish Tapestry Company.**

U.S. distributors: Vittorio Originals Inc.
(Bedspreads, Table Runners, Place Mats)
Pillows of California
(Pillows and Floor Cushions).
Available at: Woodward & Lothrop. Altmans.
Burdine's. The Denver Hall's Crown Center.
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You can tell a lot about an individual by what he pours into his glass.






Bushmills.
The world's oldest whiskey.
What individuals have poured into their glass since 1608.

The "Novelist" glass created for the Bushmills Collection by Henry Halem

A blend of 100% Irish Whiskies. 86 Proof. Bottled in Ireland. The Jos. Garneau Co., New York, N.Y. ©1974



# The Orient Expression.

An Oriental theme characterizes much of the furniture in Henredon's Folio Eleven Collection. You'll find the same dedication to good design in the wide variety of Henredon styles spanning every major decorative influence. (As well as the most careful craftsmanship and an unfailing use of fine materials.)

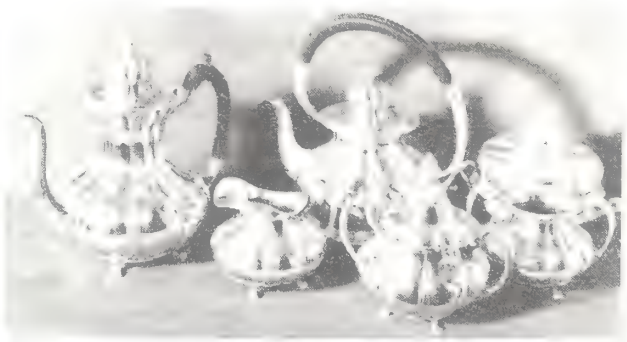
To see illustrations of the entire Folio Eleven Collection and examples of its compatibility with the pure comfort of Henredon's Upholstered Furniture, send $2.00 for both brochures to Henredon, Dept. HG4-75, Morganton, North Carolina 28655.

Henredon


QUESTIONS & ANSWERS

# Antiques

BY LOUISE ADE BOGER



## American Tea Service




*What can you tell me about my tea set? Is it unusual that a matching covered butter dish is with it?* *R.H.K.—Berwick, Pa.*

The Pairpoint Manufacturing Co. of New Bedford, Mass., made your plated silver tea service between 1880 and 1900. Butter dishes, spoon holders, syrup cups with drip plates, and hot water urns with a spigot were occasionally made as adjuncts to complete a tea service.

## Sheraton Chair



*These chairs have been known in our family as English hall chairs. We think they are quite rare. Can you give us any information that would help us to date them?*

*W.E.C.—Washington, D.C.*

Your Sheraton "fancy" arrow-back chair with original painted decoration was made in America, perhaps New Jersey, about 1820 to 1830. You are lucky that your chair has not been converted into a rocking chair.

## Swiss Cowbell



*From the rough sketch I've enclosed, can you tell me the origin of our old bell?*

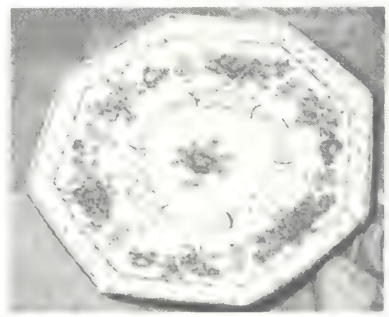
*B.C.D.—Carson City, Mich.*




This heavy brass cowbell, dated 1878, bearing the maker's mark Chiantel, Fondeur, and the Swiss canton where he worked, Saignelegier, has been made through the years in Switzerland and also in America. It is advertised in the Sears Roebuck catalogue of 1902, and like all copies of this beautifully toned bell is dated 1878. A genuinely old example is quite collectable.

## Nipponese Plate



*On the back of this plate is the mark I have sketched. What is the significance of the word "Nippon"?*

*F.F.B.—Brookhaven, Miss.*

Nippon and Japan, meaning origin of the sun, are interchangeable. The pronunciation *Japan* (coming from the Chinese *Jih-pen*) is derived from the same two Chinese-Japanese characters, which in Japanese are read Nippon or Nihon. The name Nippon is often found on early 20th century pottery and porcelain made in Japan for the Western export trade.

*Continued on page 20*

# Should you buy a Gorham Original? Now more than ever, you should.

In these times, there are many distinct and unique qualities of Gorham Sterling that will safeguard your investment over the years.

The investment in your Gorham Sterling endures partly because silver is a rare metal that's becoming scarcer, and because each Gorham Original is more than just a beautiful pattern. Each is a total design—a true work of art in Sterling.

Total design gives your Gorham Sterling a perfect balance between ornamentation, shape and function. This is why every spoon bowl, every fork tine, every knife blade is designed specifically for a Gorham pattern. It is why some Gorham spoons have tapered bowls, some rounded bowls; why some forks have one shape and some another. Total design gives every Gorham Original a classic elegance and beauty. Beauty that endures time and change.

Unlike ordinary household furnishings and appliances, your Gorham Sterling will continue to live with you throughout the years, and become more precious with time. The world famous Gorham Hallmark has represented the pride of the silversmiths' art since 1831. It says that your Sterling is the ultimate in beauty and craftsmanship. Sterling that is unmistakably Gorham.




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unmistakably Gorham

ORIGINALS IN STERLING, CHINA, CRYSTAL AND PEWTER


Whirlpool
4:27

# Announcing Clean.

You're looking at one of the best reasons in the world to own a Whirlpool range. Clean.

The beautiful cook top, for example, is a single smooth glass ceramic surface. It can be wiped clean in just a jiffy. No more burners or reflectors to scour. But that's only half the story.

The oven is continuous cleaning. That means the specially treated surfaces on the walls and door continuously clean themselves. And they do it during the normal baking operation. (Spillovers should be wiped away.) There's no special high-heat cycle required.

Actually we hope the only problem you'll have is deciding which model to choose. You see, Whirlpool now makes smooth-top ranges in just about every size and combination you can imagine. From set-ins and built-ins to free standing models. And they're all available from your Whirlpool dealer now.

Incidentally, they all cook and broil beautifully. Just what you might expect from a Whirlpool Range.

Whirlpool
Home Appliances

We believe quality can be beautiful.




It's a blanket made with a process so unique that it's patented. We've put a layer of cellular polyester foam between two layers of brand name fibers or woolen blends. The blanket shown is Stardream with Dacron 88*. The cells in the foam actually trap heat and keep it on your side. That means the blanket is a lot warmer . . . without any extra weight. And the Cellulayer™ blanket is fully machine washable and dryable and resists shedding or pilling. Because all three layers are put together with our exclusive Fiberwoven process which interlocks the fibers to the cellular core. Ounce for ounce they're the warmest blankets we've ever made. New North Star Cellulayer is available in a wide variety of style, colors, and all bed sizes. And whether it's on blankets, furniture upholstery, auto upholstery, carpet yarns, drapery cloth or fabrics for fashion and home sewing — our name is your assurance. Chatham Mfg. Co., Elkin, N.C. 28621.

Anything worth
covering is worth

Chatham

*Dacron 88 polyester is a registered trademark of the Du Pont Co

# Quality. The endangered species.

his country may be in danger. We could be sing something we can't afford to lose.

Once, when a man produced a product it as the best he could possibly make. He stood ehind it with pride. He lived a simple idea: Do right or don't do it at all. Nobody told him that. o government agency dictated it. And it built a andard of living for all the world to aim at.

Now that idea is threatened. Today that ride in workmanship, in the quality of things, is danger of slowly slipping away.

However, there are companies, actually hany companies, that are working harder today han ever before to preserve quality in everything hey make.

We feel that Whirlpool Corporation is such company. And we feel it so strongly that we ave dedicated our entire company to the pres- rvation of quality. And that means more than ust making quality dishwashers, dryers, auto- natic washers, refrigerators, freezers, ranges, compactors and air conditioners. We mean quality in everything we do.

That's why in 1967 we initiated our Cool Line service. Toll-free help that's available to you anytime. Just call with any questions or problems you might have concerning any Whirlpool appliance. The number is 800-253-1301. In Michigan, 800-632-2243.

That's why we have a Quality Control Department that assures you of appliances you can count on. Day in and day out.

That's why we have a simplified letter warranty that's easy to understand, easy to use.

That's why we have Whirlpool Tech-Care service. A franchised service network which means all the help you ever need is usually no more than minutes away.

Yes, quality may be endangered in many places. But at Whirlpool we simply won't let it die. It's too important.

And it means too much to all of us.

Whirlpool
Home Appliances

We believe quality can be beautiful.




You liked your furniture enough to pay a lot for it. So what are you doing to get your money's worth? A blob of ice cream, a dribble of pop, and suddenly that new sofa or your favorite chair starts looking its age.

But an occasional, generous spray of "Scotchgard" Brand Fabric Protector on clean furniture, and watery and oily spills just bead up. And you can blot them away.

It pays to invest a little in your furniture's future. "Scotchgard" Fabric Protector helps keep your furniture looking newer a lot longer.

Scotchgard™

3M






### Oriental Kettle Holder

*My uncle brought this contraption back from Japan. Have you any idea what it was used for and how old it may be?* *H.B. Philadelphia, Pa.*

Your wrought-iron device, which was made in Japan in the 19th century, was used to hold the kettle over the fire. The adjustable shaft can be raised or lowered at will—therefore it was called a *jizai*, meaning "at one's will." In the hut of the peasant, a simple affair made out of bamboo was used to serve the same purpose.





### Kate Greenaway Characters

*Can you tell me where my salt and pepper shakers were made? Do the boy and girl represent anyone in particular?* *F.A.T.—Manchester, Conn.*

Your pair of salt and pepper shakers in the form of enameled porcelain figures in the Kate Greenaway style was made about 1880-1890 by the Worcester Royal Porcelain Company, Ltd., commonly called Royal Worcester. A leading feature in Kate Greenaway's drawings of children was her revival of the charmingly quaint costume of the beginning of the 19th century, which proved so irresistible that it has been said that "Kate Greenaway dressed the children of two continents."



### American Country Bed

*What information have you on the age, style, and period of this old bed?*

*J.P.M.—Cherry Hill, N.J.*

Your tall, pencil-post bed with pineapple-form finials is really American country, perhaps Southern or Middle Western, dating about the mid-19th century. The blanket rolls at each end suggest that it was probably intended to be placed lengthwise against the wall.

### Staffordshire Mark

*I would love to know the origin of my butter dish. Can you tell by the mark?* *M.F. Laurel, Md.*

Your dish bears the standard printed mark of Staffordshire potters Edge, Malkin & Co. It dates between 1873—the year the mark was registered—and 1891. "Chang" is the name of the pattern.






NOTE: *The work of about sixteen artists—including this portrait of Bishop William White by Gilbert Stuart—illustrating the development of painting in Philadelphia will be in the loan exhibition at the annual University of Pennsylvania Hospital Antiques Show at the 103rd Engineers' Armory, Lancaster Ave. at Thirty-third St., Philadelphia, Pa. Apr. 15-19.*




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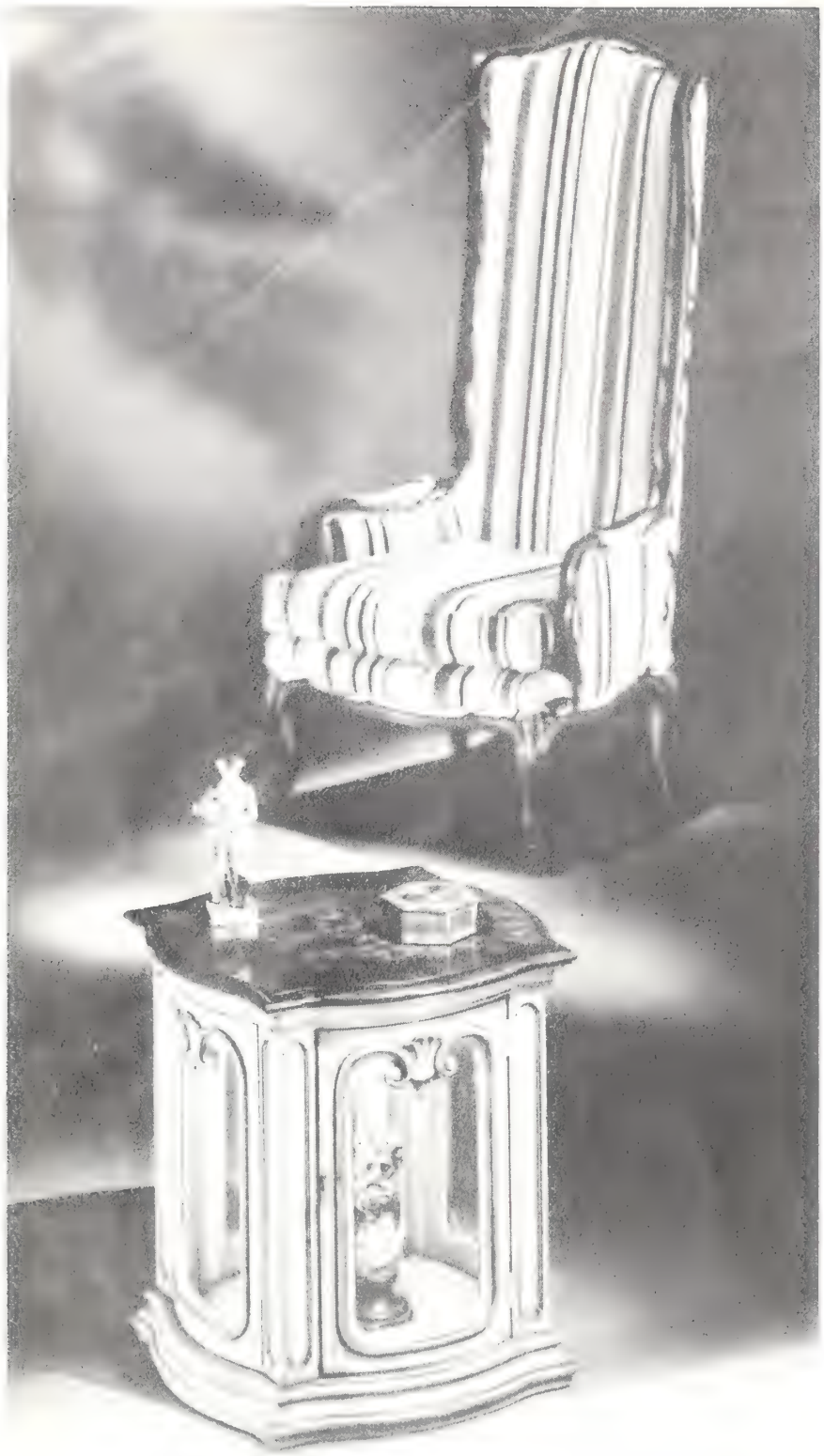
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# NOTES OF A *happy housekeeper*

BY MARY ELIZABETH FALTER

I've just been reading Jessica Crowell Hyatt's *My Vineyard*, ***a delightful account of domestic life in the eighties and nineties*** in Martha's Vineyard, when its author was a child. Many of the streets and houses she describes are still proudly cared for in Vineyard Haven, but I'm afraid the approach to the care, there and everywhere else, has changed remarkably.

In describing "Spring Housecleaning Time," she begins with this "It was a family affair and took days to accomplish, one room at a time. Carpets came up, but only with the long, back-breaking process of taking out all the tacks that held them fast to the floor. This was man's work. They were called from whatever legitimate work engaged them to do this menial task, but they came, Grandpa and my father, and the carpets were taken up and out into the yard to be beaten and swept, aired and sunned throughout the day. Another job was to take down the coal stoves that kept us warm during the cold winter and store them. The big living room Glenwood was put on rollers and wheeled into the recesses of the closet under the front stairs until the cold weather came again."

In a later passage she describes washing the entire house—literally—with yellow soap for the floors and white soap for the painted woodwork and walls. Obviously, this is a far cry from housekeeping today—and I guess that is what it really is, keeping. Thanks to all our fine equipment—self-cleaning ovens, frost-free refrigerators, no-iron sheets, trash compactors—we do tend to *keep* clean. And if we do get scruffy around the edges, there are all the miracle sprays that instantly cope with everything from rust to mildew.

As for heating, even in our house, a modest 125 years old, we have ***a most modern heating and cooling system*** that's a tremendous help in keeping the entire house clean because all the air coming in is filtered and cleaned. We keep all the windows and the storm windows down all winter and summer and just open a few strategic ones in the milder months. In winter, the air is heated and humidified, and in the hot weather it's dehumidified and cooled. It circulates evenly through the house thanks to a powerful set of blowers and the happy fact that we inherited a good duct system from the old hot-air furnace. It's a wonderful thing to have in the city because we can filter out all the smog, dirt, dust, and pollen that are irritating and unpleasant. I'm certainly glad I don't have to depend on the old-fashioned coal stoves and have to face the arduous clean-up of their inevitable deposits of soot.

---

I've found that Liquid Ajax All Purpose Cleaner really ***is an all-purpose cleaner.*** I have never tried it on chrome fixtures until last weekend when I had to get the guest room and bath ready in a hurry. I snatched up the Ajax and some soft cloths and whipped the bathroom into shape in no time at all. What astonished me was the way the faucets, handles, even the towel rack (I got so carried away I cleaned that, too) came out looking almost new. In addition to being an excellent cleaner, Liquid Ajax has the advantage of being very easy on the hands and having a clean, fresh smell.

*Continued on page 128*

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***Be sure you're not cheating yourself of the full benefit of the food you eat***

# How to eat, and when

**BY ELOISE R. TRESCHER**

Oscar Wilde once described someone as knowing the price of everything and the value of nothing. This could refer to a lot of people nowadays when they talk about food. The rising cost of food is a Number 1 conversation piece, but so many don't realize that the right foods in the right amounts do help their bodies, and the lack of certain foods hinders healthy growth.

Fortunately, for all of us, more and more articles are being written about nutrition, the study of *how* foods, once you've eaten them, help make you a healthy individual. For the past year I've written columns on *what* to eat, and *why*. This column, however, concentrates on *how* to eat, and *when*.

You can consume three wonderfully balanced meals each day, and be very proud of yourself, but you are still wasting your time if you gulp them in ten minutes flat. A meal should be treated as a graceful pause, not as if you were trying to break a track record.

For a change in pace, why not a different setting for your meals? The Roman general Lucullus had several dining rooms in his house so that meals of different degrees of luxury could be served with backgrounds appropriate to the person he was entertaining. That's exaggerating it a bit, I agree, but why not breakfast in bed *after* the children go to school? Why not a living room picnic dinner in the middle of the week?

Wherever you eat, you should give sixty to ninety minutes a day to eating. While spending more time eating, you extend the *pleasure* of it. You'll improve your digestion as well as help to reduce gas, burping, and prevent heartburn. You'll reduce calorie intake, improve the health of your gums and teeth, conserve food, save money, and if that's not enough, you might find yourself cultivating the art of cozy and informative communication with your family and guests. And eating slowly is a marvelous way to relax!

If you are a rapid eater all of these benefits could be accomplished by allowing a minimum of twenty to thirty minutes for each meal, and by acquiring the practice of eating slowly, chewing each bite so thoroughly that the food will be finely divided when it reaches the second station in the stomach.

Comparatively few people take this advice seriously. Yet it is free for the taking. What is required is a retraining of your eating habits. A habit is established more easily if you believe it is a habit of value to yourself. It is repeated again and again until it becomes a fixed habit or a way of life. By chewing food thoroughly you also may prevent that uncomfortable feeling of fullness after a meal. Other causes of indigestion in the healthy individual are emotional in origin such as built-up tensions and pressures. So why hurry? Give mealtimes priority. Relax and enjoy.

Thorough mastication exercises the gums and improves the blood supply to the teeth. It excites the secretion of saliva. Digestion begins in the mouth, and, if you don't chew slowly and well, the pro-

*Continued on page 32*



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## NOTES ON NUTRITION *continued from page 30*

cess of digestion will take longer. The stomach will have to work harder, contracting and expanding more to prepare the food for its further travel along the digestive tract. An enzyme in the saliva acts upon starch in the mouth and begins its conversion into maltose and dextrose.

Saliva prepares food for swallowing by changing its consistency and acts as a solvent. The more liquid the food, the more taste one experiences. Remember that chewing starts salivary secretion. The moistened food stimulates the taste buds, which are on the tongue, and enhances the enjoyment of taste.

Saliva acts also as a cleansing agent. Particles of food allowed to stay in the mouth serve as an excellent "culture media" for the growth of bacteria. Saliva clears them away. Saliva moistens and lubricates the lips and mouth. This improves articulation and personal comfort. Saliva serves, too, as an excretory agent of many organic and inorganic substances, and plays a vital role in the regulation of water balance in the body.

Salivary secretion is activated as well by nerves and hormones. (The word "hormone" is derived from the Greek word meaning "to excite.") Materials placed in the mouth call forth after a short, latent period (two or three seconds) a secretion of saliva, which varies in quantity and quality with the physical and chemical nature of the substance introduced. And taste affects the secretion of saliva. Pleasant tastes are perhaps one of the most powerful salivary stimulants. Unpleasant tastes (inedible substances, strong acids) can and do cause profuse salivation.

Just as the real epicure swirls gently a superb vintage wine to savor the bouquet, then sips it slowly to enjoy the flavor to the fullest, so the real gourmet prolongs the pleasure of food by eating slowly. The gourmet never gobbles his food, only the gourmand. Large mouthfuls of food distort the face. More serious, a large bite of food swallowed without being finely divided by chewing and moistened by saliva may become lodged in the throat or esophagus and result in death.

People with gastritis, gastric or duodenal ulcers, hiatus hernia, diverticulitis and diverticulosis, to mention a few, often find their discomfort is lessened and sometimes disappears entirely by practicing the simple act of eating slowly and chewing food thoroughly. Even if you don't have any of these ailments, you'll find the more slowly you eat, the less food you are likely to eat in a given time. Eating slowly is a great ruse for cutting down on total calorie intake without feeling deprived. By eating smaller quantities of food, we can reduce our food bills as well as effect a gradual reduction in weight.

Millions are spent each year on the care of the teeth. It is a sound investment. Much of the investment is initiated for comfort or cosmetic purposes. More importantly, teeth which do not occlude, or meet correctly, hamper proper chewing of foods. Remember the act of chewing "exercises" the teeth and improves the blood supply to the gums in which teeth are anchored.

"We dig our graves with our teeth" is an ancient and familiar adage. The implication is that we overeat, and many do. An additional hazard is that in failing to chew well we make a fertile bed for the development of many disorders, mainly digestive, which might with thorough mastication and relaxation be avoided. The moral is to eat slowly, and foster this practice until it becomes a firmly established habit.

For the rapid eater, tricks to slow down the process often help. One is to lay down the knife, fork, or spoon between each bite and engage in conversation before the next bite. This practice is effec-

*Continued on page 34*

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## NOTES ON NUTRITION *continued from page 32*

are the many overweight individuals who stow away excessive quantities of food in an amazingly brief time. A second one is gradually to decrease the quantities of food provided, and a third, of course, is *no* second helpings.

A patient of mine lost weight by having the platter of meat placed at the opposite end of the table in front of his wife where he could not contemplate, cut off, and eat the choice morsels that he enjoyed. When he stopped eating those small, high-calorie snacks throughout the meal, he discovered that he not only felt better but his heartburn and feeling of fullness disappeared too. And his girth gradually diminished. Such benefits are not accomplished in a day, a week, nor a month. Substituting and implementing a good habit for a poor one takes time and persistence, but pays long-term dividends.

Now that we know that we should eat more slowly and wisely, just *when* should we actually eat? For most people three meals a day are an accepted rule. Sometimes these are interspersed with snacks. This is a very good idea for active youngsters who burn a lot of energy. Milk and crackers or fruit juice and crackers offered between breakfast and lunch or lunch and dinner provide an energizing snack, which, if taken *midway* between meals, is unlikely to spoil the appetite for the next meal. The coffee break for adults could be desirable when indicated, but too often it is substituted for the good breakfast, which was bypassed. Breakfast is still the most important meal of the day!

Of prime importance to the performance of *all* family members is a good breakfast after the long night's fast. *All* is emphasized because repeatedly it has been found that a conscientious mother will see that her husband and children have an attractive, appetizing breakfast and neglect to eat it herself. Often this is because she thinks the omission will enable her to cut down on calories. Cut down on calories she may, but she also cuts out nutrients essential to her well being.

A balanced, planned breakfast at home is likely to be more nutritious and less expensive than the empty calorie snacks available at the average snack bar. In general the stomach empties between three and one-half to four and one-half hours after a meal. It is then that you may experience hunger pangs. A carton of milk will do wonders to allay the sensation of hunger and not fill you up to the extent that you do not approach the next meal with zest.

Tea is another snack idea. A treat for your children, it is a relaxing way to visit with friends. A cup of tea makes you stop. It helps you get going again. Henry James, obviously a devotee of tea, once wrote, "There are few hours in life more agreeable than the hour dedicated to the ceremony known as afternoon tea."

It is a highly personal matter whether you eat three meals a day separated by five- to six-hour intervals, or if you add mid-meal snacks, or if you feel better eating small, more frequent meals. The stomach doesn't have a built-in clock, but through "sensation" often "tells time" to eat. You simply must find your own pattern.

For those who want a general background in nutrition but do not wish to study the subject in depth, an excellent book is *The Science of Nutrition* by Marion Thompson Arlin (Macmillan). ■




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## *Dry skin? Diet? Sun? pH?*

# *Four vital questions about your skin*

### *with answers from leading dermatologist, Dr. Samuel M. Peck*

**BY CAROLINE SEEBOHM**

The things that have been written about skin care could probably fill several branches of a public library, but there are certain key questions that are particularly concerning people just *now*, and it is these questions that we put to the distinguished dermatologist, Dr. Samuel M. Peck, Professor of Dermatology Emeritus, Mount Sinai School of Medicine, New York City.

### *What helps dry skin?*

Moisture is given off by the skin in two forms: 1) by insensible perspiration, which is the moisture that is put on the surface of your skin from your sweat (so sweat is a good moisturizer); and 2) by the slow loss of water given out, not through the sweat glands, but through all the layers of the skin from the blood stream and from the skin itself.

Dry skin in an otherwise, normal, healthy person, is due to the fact that the upper layers of the skin, which are dead, do not retain the natural moisture as long as they are meant to. Most often this is due to a dry atmosphere—in parts of the country such as the Southwest, or in over-heated rooms anywhere. Also some people lack certain substances in these upper layers of skin (keratin), which help bind water to the skin.

Now if you took the top layer of dead skin, or keratin, from your body, as an experiment, and put it in a dehydrator to take out the moisture, it would look like a piece of leather, dry and brittle. You try to bend it and it snaps. But if you put that "leather" in water it at once becomes soft and pliable again. If, on the other hand, you cover the dehydrated keratin with all the grease in the world, from mineral grease to the finest lanolin, it will still be as stiff as a board. In other words, dryness of the skin has nothing to do with lack of oiliness—it is simply a question of water.

Modern moisturizers put moisture back in the skin because they are formulated so that the skin will take up water from the cream, and the cream won't fight the skin for water. Another way of moisturizing is to use petroleum jelly, which moisturizes the skin by a different method. It acts as a barrier so water can't get out, and you moisturize yourself.

Glycerine and rosewater were once considered to be fine treatment for dry skin. We now know that glycerine has a very peculiar property—it absorbs water. So if glycerine is used on the skin on its own, it would tend to dry it. However, glycerine is put into some cosmetics in order to keep them from drying out, but they are formulated not to dry your skin. The very effective modern moisturizers are water and oil emulsions.

*Continued on page 10*

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a hormonal disturbance plus bacteria), very often makes the ac worse—depending on which part of the country you live in. If y live at the seaboard, there is less tendency to need iodine than the is in the Middle West. I've tried to make iodized salt, for instanc illegal in the states that do not need it. (Ask your doctor for advice Iodized salt, and foods like shrimp, oysters, and clams, conta enough iodine to aggravate a case of acne.

***How do you recognize skin cancer?***

In our affluent society, large segments of our population do not gi their skin a rest period, but worship the sun all year round. That why I think skin cancer due to actinic damage (caused by excessi sunlight) is on the increase. And if you are a redhead, or ha freckles, then you are also more prone to sun exposure and sk cancers than other people.

If you have a small scaly tumor (little growth) that looks like wart but is not in the place a wart would normally be, such as t feet or hands; and if it grows, and if it bleeds, then you shou instantly consult your doctor or dermatologist. In older peopl above fifty, a common skin cancer called basal cell cancer, manifes itself as a small ulcer that doesn't heal. Again, consult your docto These cancers, which are about 90 percent of the cancers we se are curable in more than 95 percent of cases.

More serious skin cancers are much larger ulcers, and it is n likely that you would neglect them. The final group are the cancer that arise from moles. Now there are many people walking aroun with moles who are perfectly healthy. The average mole rarely turn into a cancer. However, if one of those moles becomes very black gets bigger, and especially if it tends to bleed or become inflame please consult an authority. (During pregnancy, moles tend t

*Continued on page 4*

YOUR SKIN *continued from page 36*

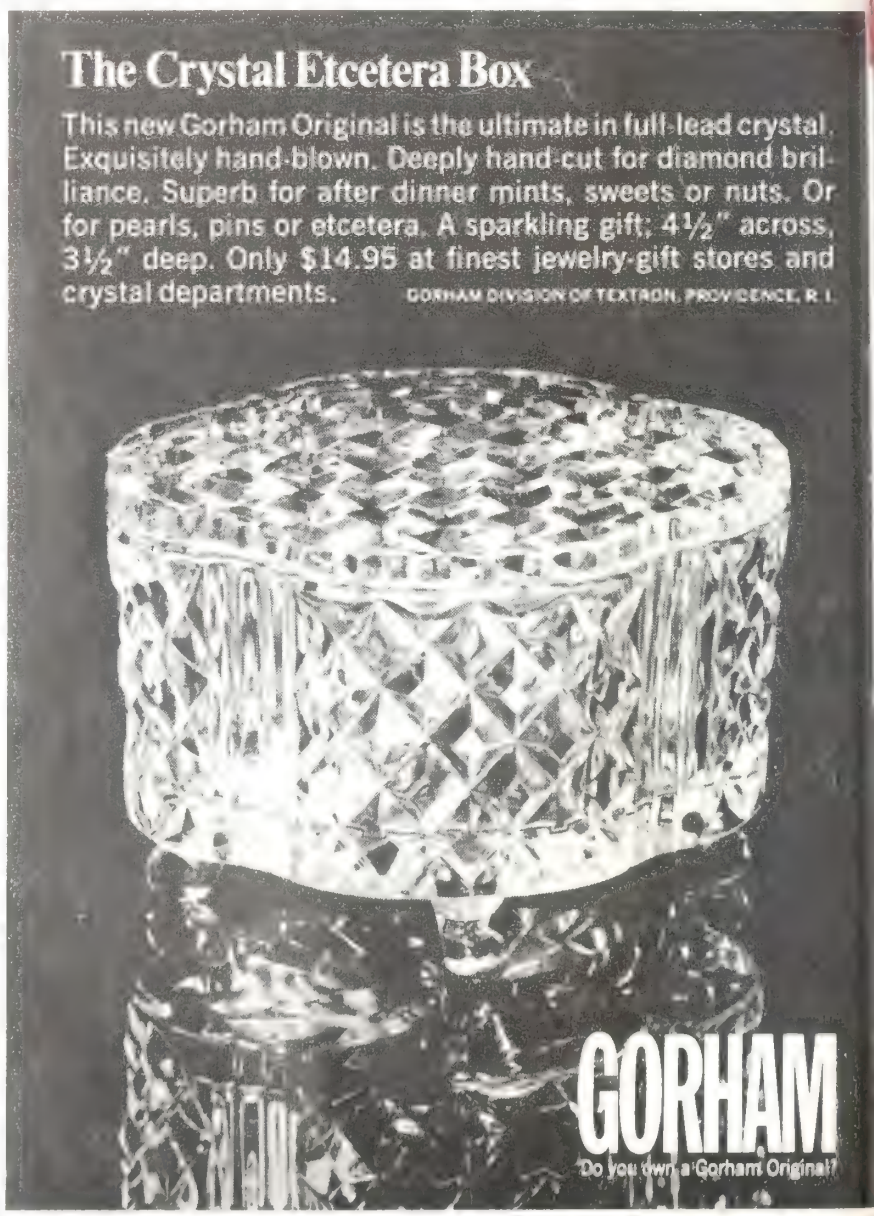
***How does diet affect your skin?***

It is important that you discuss diet with your own doctor to find out what is best for your skin. The average known standards of vitamins and adequate nutrition do very well for a normal skin. But some of us have a different metabolism and have different absorption not only of vitamins but of other components of the diet as well. Let us take an example: there are some individuals, usually in the age group between about 20 and 40, who develop very dry skin, and in addition, the skin has what we call keratoses, that is, little gatherings of dry skin above the surface. In mild cases, they are often seen on the upper thighs and upper arms; in extreme cases, on the forehead, chest, and even hands.

The reason is this: these people have an inherited characteristic called Dysvitaminosis A, where the normal amount of vitamin A in their foods is either not absorbed adequately or is not utilized properly in the body. So they need extremely large doses (as much as 100,000 units a day or more) to have a relatively normal skin.

Some people claim that enormous doses of vitamin A will prevent blackheads (apart from those suffering from Dysvitaminosis A). Within limits this is true. But the amount needed by mouth is so large that it is unwarranted, in view of the possible side effects (loss of hair, skin symptoms). However, there has been a tremendous discovery very recently that sidetracks or avoids the excessive use of vitamin A. It is now possible to isolate vitamin A acid, and this used most successfully as the retinoic application, *decreases blackheads and prevents new ones from forming.* The name of the cream is Retin-A, recommended by Johnson & Johnson, available by prescription only.

An important way diet affects skin is in the case of acne. An excess of iodine in the diet, while it is not the cause of acne usually



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# FINE ARTS 260®

A DIVISION OF

**BOOK-OF-THE-MONTH CLUB, INC.**

offers readers of

*House & Garden*

an invitation to accept

one of these

fine original works of art

**By SALVADOR DALI • ANTONIO GUANSÉ**

**LEBADANG • EDWARD DeWITT**

*a single world—our own—we see it multiply until worlds as there are original artists"* **–MARCEL PROUST**

**FINE ARTS 260,** a subscription service for art collectors directed by the Book-of-the-Month Club, commissions American and European artists to create, in very limited editions, a wide diversity of original prints—lithographs, etchings, woodcuts, engravings and silkscreens—as well as sculpture cast in lost-wax bronze and other materials. Through this plan, artists can be provided with a more assured market than is possible through the conventional—and costly—system of gallery exhibition sales; thus, prices can be substantially below those one would expect to pay for fine original art.

**INTRODUCTORY OFFER**

To introduce this service, FINE ARTS 260 invites you to choose one of the original works illustrated and numbered at left. Each has been created in a special unlimited edition and signed by the artist in the plate, stone or mold. Exhibit the work in your home, then decide whether you would like to participate in this exciting collector's program. If you should choose to do so, the work you select will be yours to keep.

**YOU MAKE YOUR CHOICE IN YOUR OWN HOME**

The program allows you the convenience and pleasure of choosing works of art of interest to you in the environment in which they will ultimately be displayed and enjoyed – your own home. As a subscriber, you will be sent periodically a portfolio containing descriptions and color illustrations of framed original prints and sculpture – more than forty works during the coming year in a wide variety of subjects and styles. You may select any of these – with the very significant privilege of examining your choice and, if you do not wish to keep it, *returning it within thirty days.*

**TRULY ORIGINAL PRINTS**

All graphic works–lithographs, etchings, etc. –meet the standards for original prints established by the Print Council of America. The artist himself creates the image on the stones, plates, blocks, etc., then personally directs the pulling of impressions from these plates, stones or blocks and approves the finished prints.

**LIMITED EDITIONS, SIGNED BY THE ARTISTS AND NUMBERED**

The prints offered throughout the subscription will be pencil-signed by the artists and numbered. Editions will be strictly limited to 260 impressions (plus no more than twenty-five artist's proofs *not for sale*). After these have been completed, the stones, plates or blocks will be defaced so that further impressions can never be made.

**SCULPTURE**

During the subscription, meticulously cast sculpture will also be offered in signed and numbered limited editions. The exigencies of the casting process dictate a slightly larger edition size–of from 300 to 500 castings.

**ATTRACTIVE PRICES INCLUDE APPROPRIATE FRAMING**

The unusually reasonable prices of these works – generally ranging between $50 and $75 (occasionally slightly higher for more complex works) – are more appealing yet in view of the fact that framing is included for all prints. Your selection will arrive ready to hang and enjoy without delay. Frames and mats are chosen in the custom design departments of leading New York houses: Kulicke, the award-winning studio that has designed frames for the Metropolitan Museum and the Museum of Modern Art in New York; and A.P.F., framer to the National Gallery in Washington and for the White House collection of Presidential portraits.

**SPECIAL OPPORTUNITIES**

As a free supplemental service–in addition to the regular service of the program–subscribers will occasionally be offered works of art deemed to be of unusual interest to collectors. Prices of these works will range somewhat higher, commensurate with the exceptional stature of the artists, but again will compare favorably with gallery prices.

**COMPLIMENTARY BOOK**

A copy of an interesting and helpful book–A GUIDE TO THE COLLECTING AND CARE OF ORIGINAL PRINTS–will be sent to you as a gift when you subscribe. Although there is always the possibility that the works of art acquired through FINE ARTS 260 will appreciate in value over the years, another, more enjoyable approach to collecting is suggested in this book: "Buy prints because you love them and not because you calculate they will earn money for you."

**YOU RECEIVE ONLY THE WORKS OF ART YOU SPECIFICALLY ORDER**

A nominal subscription fee of $10 entitles you to all the benefits described above. As a subscriber you need purchase only one work of art during the first year, and only those works you specifically order will be sent to you. Every work of art you do choose (including your introductory selection) may be returned within thirty days for full credit or refund.

**If the application card has been removed, please write to FINE ARTS 260, 280 Park Avenue, New York, N.Y. 10017**

YOUR SKIN *continued from page 40*

grow a little, so don't be alarmed.) Another recent discovery is that certain moles develop a halo round them, that is, a ring around them that has no pigment. If you notice this, consult a doctor. Any lumps, either on or under the skin, that do not disappear, especially on the breasts, should be reported at once.

***What is the pH factor?***

PH is the measurement of the acid-alkaline balance of your skin, and it is a very important factor in healthy skin.

Some years ago, I did some research into the content of sweat, in order to discover if it had any relationship to the localization of skin diseases. We were able to show that sweat contains elements, fatty acids, that protect the skin against infection.

These protective agents fight infection best when your skin is at its normal pH measurement—below 7—which is a little on the acid side. (7 is neutral; above 7 is alkaline.) The environment (sun, wind, chlorinated water, alkaline soaps, and so forth) tends to make the skin more alkaline, but preparations you use can bring it back to its normal, healthiest pH. For instance, if you wash your hair with an alkaline shampoo, use a rinse that will balance it, or if you wash your face with an alkaline soap, follow it with a preparation (moisturizer, lotion, make-up) that will balance it. (Ask your dermatologist. Also, some products are labeled "acid balanced" or "non-alkaline." Or you can test any product by dipping into it Nitrazine papers, litmus-like papers; you can get them at your pharmacy.)

Since your skin is such a personal matter, Dr. Peck suggests you get to know a dermatologist and consult him or her regularly. As dermatologists learn more and more about skin, their knowledge can be passed on to you, so beautiful skin, far from being the good fortune of a lucky few, can be an attribute available to everyone. ■

## BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

CHANEL . . . Coco Chanel's personal fragrance (a well-kept secret for forty years) was introduced in 1972—Chanel No. 19. This spring *Chanel Eau de Cologne No. 19* will join the perfume—a lighter, delicate scent of fresh iris, jasmine, rose de mai, French mosses, ylang-ylang, sandalwood, and a hint of musk. Chanel Eau de Cologne No. 19, 3 ounces, $11; 1 ounces, $9; 2 ounces, $5.50. At Bloomingdale's; Lazarus; D. H. Holmes; The Broadway.

CHARLES OF THE RITZ . . . Take five minutes when you feel "blah"—just five—to give your skin a fresh, healthy glow. *Ice Mint Mask* works super fast and washes off completely. There's a subtle fragrance of mint that's refreshing enough in itself! Ice Mint Mask, 4 ounces, $6.50. At Bloomingdale's; Jordan Marsh; I. Magnin.

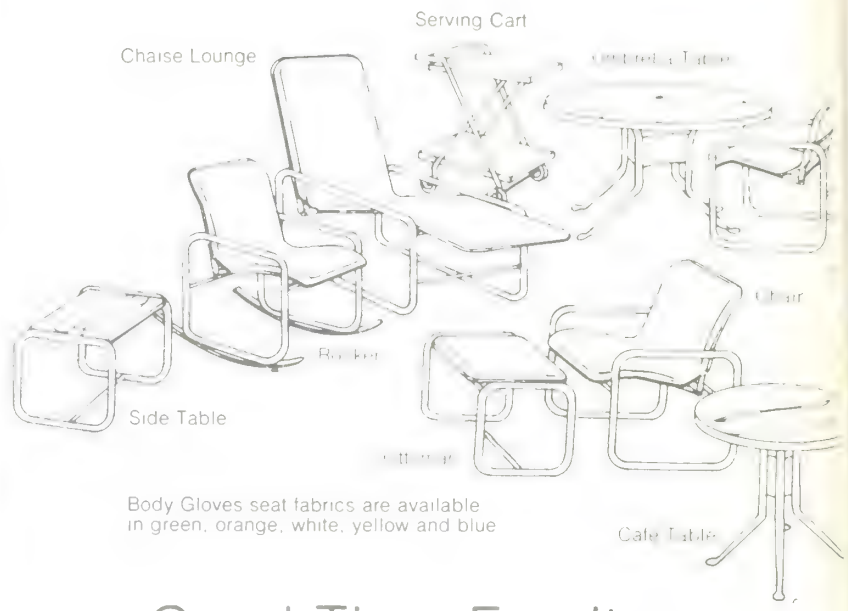
CHLOÉ . . . Lalique crystal calla-lilies atop a softly rounded bottle should give you a strong hint of the romance of the new perfume by the popular Paris designer Karl Lagerfeld. Chloé is feminine and racy, slightly sweet and very different from anything you've ever known. Chloé, 1 ounce $60. At Saks Fifth Avenue; Neiman-Marcus; I. Magnin; Marshall Field.

GUERLAIN *MONTEIL* . . . How do you say "copper" in Turkish? *Imzer* . . . A heady new fragrance that combines the aromas of Egypt and North Africa with the flowers of the South of France. [illegible] perfume or cologne, 1 ounce, $60; 1 ounces cologne, $17.50. At Saks Fifth Avenue; B. Altman & Co.

[illegible] *Hydro Energized Facial Pack*. It's a [illegible] that combines with the steam in your tub [illegible] to clean and lubricate the skin. 4 ounces, $15. At Joseph Magnin; Neiman Marcus; Saks Fifth Avenue.


# The Love Seat

Body Gloves® Collection by Samsonite®




Body Gloves seat fabrics are available in green, orange, white, yellow and blue

## Good-Time Furniture at these fine stores:

**ARIZONA**
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Phoenix
[illegible]
Phoenix
Phoenix
Phoenix
Phoenix
[illegible]
Scottsdale
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Temple
Tucson
Tucson
Tucson

**CALIFORNIA**
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Carson
Cerritos
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Chula Vista
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Concord
Corning
Corona
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Costa Mesa
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Downey
Dublin
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Encinatas
Escondido
Fresno
Gilroy
Hacienda Heights
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Haywood
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Huntington Beach
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La Canada
Laguna Beach
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La Mesa
Lodi
Long Beach
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North Ridge
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Oakland
Oroville
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# The Love Seat

## Good-Time Furniture by Samsonite



Experienced femme fatales know how to pamper the man they love. Give him a big hug...whisper in his ear...and sit him down on Samsonite's cushiony "Body Gloves"® casual furniture! Pampering people is what these beautiful furnishings are all about—with specially-coated steel frames, soft airy fabric, and our exclusive "NoHands"™ reclining chaise lounge that lets you change position without lifting a finger. Indoors or out, this versatile furniture adds elegance to any home—and it's durable enough to last through lots of fun and just about all of nature's whims! For all your good times, pamper your loved ones *and* yourself with furnishings that are comfortable as a hug. The colorful "Body Gloves" patio collection—another happy furniture idea by Samsonite!

Samsonite

Fine casual furniture—at better stores everywhere

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# Kohler

**There are products designed to wear out. And there is that which endures. Kohler enameled cast iron endures. Beautifully.**

A Kohler enameled cast iron tub remains beautiful to look at. Stays rich and radiant this year, next year, and for many years to come.

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Kohler cast iron tubs come in a wide variety of shapes and sizes. And Kohler offers an unmatched selectio of colors, including Black Black, th bold accents, and original deep tones ... 13 in all. We offer slip resistant bottoms and safety grip rails.

(C)

(B)

(A)

# endurables

d consider this.

ey're a better value. The Kohler t iron tub you install today will ve you beautifully long after ır furniture and appliances ve been replaced.

ere's a Kohler cast iron tub for ry building and remodeling plan. n't settle for less.

ere's no better value than a Kohler ameled cast iron tub—ask your mber, builder or architect.

(A) Sunflower Steeping Bath, 20-in. deep, with special comfort and safety features. In 13 colors, plus white.

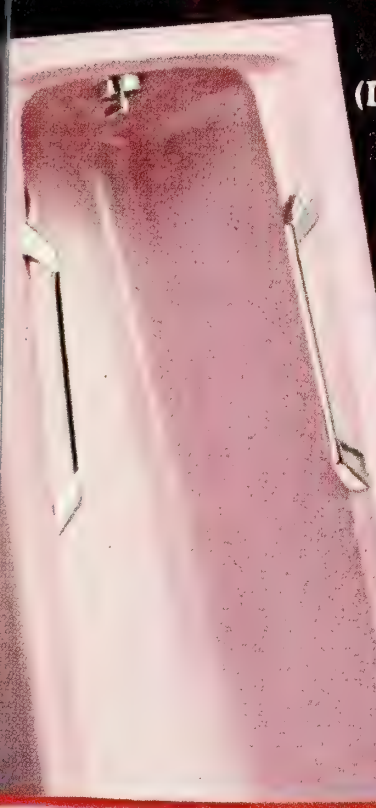
(B) The 16-in. Mendota . . . has slip-resistant bottom. Shown in Mexican Sand.

(C) The Caribbean—6-ft. long, 3-ft. wide. Has Safeguard, grip rails. Shown in New Orleans Blue.

(D) The Guardian—for extra safety. Shown in Pink Champagne.

(E) The Birthday Bath in Antique Red. Ball and claw feet in gold electroplate.

(F) The Villager for economical comfort. Shown in Harvest Gold.



(D)

(F)

(E)

THE BOLD LOOK OF KOHLER

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Center: Again, the theme is American Colonial in this "great candlestick" of cast metal in an old brass finish with the look of a well-rubbed antique. 37½" high. About $119.

At right: Stiffel's variation on an ancient Oriental theme. A blend of lustrous celadon china and cast metal parts which glow with an old brass finish. 37½" high. About $149.

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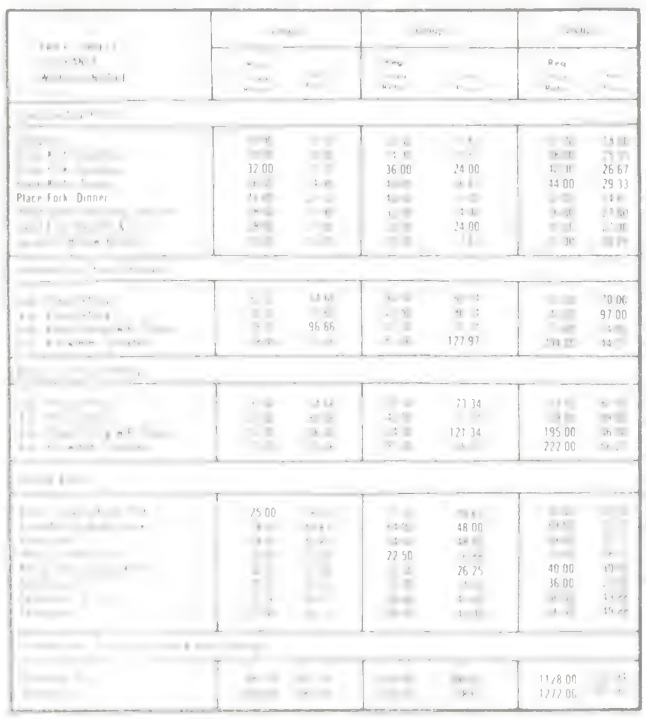



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[illegible] tempo and melody of the Herschede chime train are [illegible] tradition of fine timepieces.

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Herschede

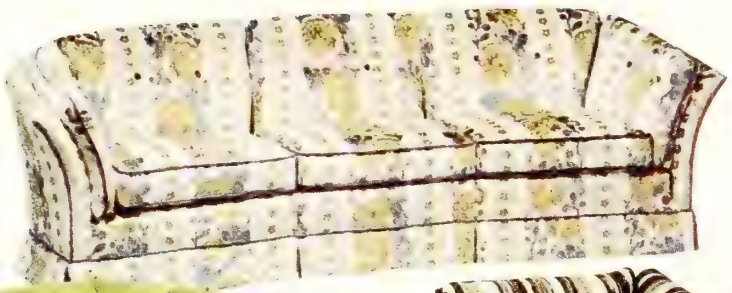


You can see all of the Herschede clocks, from $4400 on down, by sending 50 cents for a color catalogue to the Herschede Hall Clock Company, Starkville, Mississippi 39759. A division of Arnold Industries.



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Why indeed? Flexsteel doesn't begin to describe the cloud-soft foam comfort that seems to surround you.

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It starts with the patented steel spring *under* the luxurious exterior. These flexible steel arches are made of the finest blue watchspring steel for maximum seating comfort and support.



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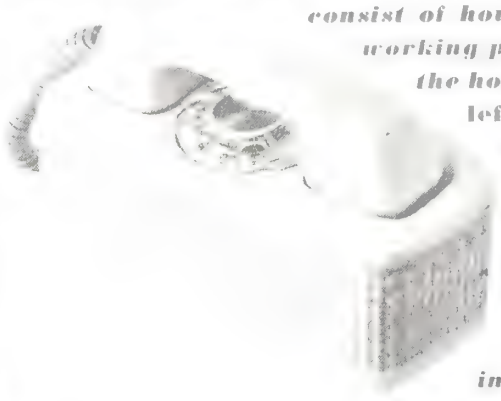

# HOME IMPROVEMENT IDEAS FOR *the house fixer*

BY WILL MOR

**MOTORIZED CLOSET DOOR** rises at the flip of a switch and allows full access to storage space. For clothing, washer-dryer area, home bar, it opens by pressing night-light button on door jamb, rolls up on side channels into overhead housing inside the closet. Door motor is located here and a top light goes on when door rises, off when it closes. Of vinyl and lauan wood strips interwoven, it is made in white, taffy, and caramel colors. It fits openings 81 inches high, 48 inches wide (at $155), 60 inches wide (at $170), 72 inches wide (at $185), and can be adapted to less than 81-inch height. If electric power fails, it can be handoperated. And it won't injure anyone or anything it may descend on. Wilmot Industries, Inc.



**NEW DESIGN LINE PHONES** *in ten different styles consist of housings that enclose the working parts. You buy and own the housing. "Accent" model, left, is in yellow, white, ivory, or lime with wicker trim, shown, or walnut veneer. Phones come with plug-en cords for telephone jack use only and you may cho either rotary dial or Touch-Tone push-button dial Prices vary (approximately $50 to $70 for this mod without extra monthly charge except regular charge extension phones. Mechanical parts, dial, cords, elec cal components, belong to the telephone company, are k in working order free. American Telephone & Telegra*



**STUCCO-LIKE WALL PANELING,** the new pre-finished hardboard, "Casa Blanca," has the strong, textured appearance of handtroweled stucco. Manufactured in 4-by-8-foot panels, which are applied to interior walls by nailing or adhesive, it can be put in place by anyone who can install wallboard. A rich white, it is most effective if framed by dark stained wood moldings, trim, posts, or beams. Masonite Corp.

**ELECTRIC TIMER** *will light and turn off a lamp or other fixture automatically to make your house seem occupied even when you're away. A deterrent to vandals or thieves, it plugs directly into an electric outlet and a lamp, radio, TV, or other unit is then plugged into it. The timer dial face is marked for evening, morning, noon, and midnight, with numerals for the A.M. and P.M. hours: it can be set to go on and off automatically at different times of day and night. Timer can control 840 watts of incandescent lighting and also start or shut off any appliance up to 1875 watts—the coffee maker, for instance—before you get up. $10.50 by General Electric.*



**CHECKER BLOCKS** are concre grids that make it possible to provi off-street parking for your house witho losing the look of a front lawn. The 2 inch-square-by-4-inch-high concrete gr units resemble a checkerboard with sm concrete squares providing a paved su face and the in-between spaces sodd with grass. Checker Blocks reinforce t grass turf against mud and erosion, wit stand wheel and foot traffic. Hastin Pavement Co., Inc. ■



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# How to keep a really useful garden notebook

## plus notes on plant mistakes and successes

BY WILLIAM B. HARRIS

Many gardeners keep notebooks. These sometimes have a tendency to get filed with information hard to find, or useless later on. My first notebook was in the form of a diary, a precious idea and dreary when read aloud, which it was by a very good gardener to whom I showed it, for no good reason, a couple of years later. "You don't mind if I read some of this to you and comment?" she asked. Well, I did mind, for at that moment there was something about the tone of her voice I didn't like, but I was too polite to say so, and, anyway, she didn't wait for a reply. "March 23," she said, "planted first rose garden. Thirty varieties." Then she said, "Blah, blah, blah," indicating the names of the varieties, which I had carefully logged. "And no two alike." That's what I did when I first planted roses, and they looked unhappy together later on, but I didn't know why, until the president of The Garden Club, who had invited herself to tea to discuss my application for membership (and obviously to see how I gardened) said, "What a quaint and charming idea to have no two rose bushes alike." "Teas are *bedder* plants, my dear William, and bedder plants, you will learn, should all be the same variety, but that's too expensive for me. I compromise and make them the same color. But you don't have to join a garden club, so this is beside the point."

She went on. "That 'first rose garden' entry is significant only as the recording of a historic event if it can be called that, which I doubt. The point is that March 23 is right early to plant roses in Litchfield. Did you hill them against frost? [I had not]. Did you prune them? You shouldn't have. [I had.] How deep did you plant them? [I didn't remember.] What kind of condition were they in when they came? Roots dry? [That was two years before.] Many of them broken? [A few.] And were they pruned out? [Maybe.] Did you place them first, then dig th holes? [I laid them out pretty Shouldn't have.]" As this shrew who is a good friend, machine gunned along, she could see fro my expression (I lose at poker that all I had done was plant m first thirty roses. "How many di you lose?" she asked. I told he "You were lucky," she said. "Di you ask for replacements?" I shoo my head. "That's my big, stron man," she said. "Now you ca buy me a drink."

Notes about how plants ar cared for show how mistakes ar made. And gardeners, rarely th plants, are the ones who mak them. One of my associates, Joa Sargent, an accomplished Con necticut gardener, says that whe she started to blame herself fo no grows, she found almost im mediate improvement in her bor ders. If you start a record, yo may find it filling up fast until yo can get organized and write dow only those facts having to do wit genera that cause you trouble o that want to grow their way—o not at all. The following are fro my notes.

**Convallaria.** A pleasant bed o Lilly-of-the-Valley (about a foo wide and 12 feet long) practicall stopped producing flowers when i was about 5 years old. Now it i fertilized after the tops have die with three to four handfuls of an fertilizer I happen to find handy It produces several bowls of flow ers each spring, and new pips ar now pushing their way out int the lawn, which is no place at al for them.

**Delphinium.** The spectacula hybrids need a modicum of work but no plant is more rewarding The hybrids develop huge roo systems to support their heav tops. This requires deep prepara tion of the bed, the soil rich i humus and evenly incorporated The pH should be neutral (7.0) or just under so you may need lime. Plant the crown just below

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## HOW TO KEEP A REALLY USEFUL GARDEN NOTEBOOK

*continued from page 60*

and hottest with this low-maintenance perennial.

**Hosta.** This out-giving plant does best in moist, woodsy soils in deep shade, but it thrives on a dry, shaded bank if kept damp.

**Narcissus.** Experts advise lifting and replanting daffodils every five years—blooms, they say, will deteriorate. May be. But it is too much work for this fellow. There are plantings here more than 20 years in place. Blooms are magnificent. They are fertilized heavily every year after bloom. What kind? Any kind. Leftovers. When available, we use fresh cow manure. It smells like fresh cow manure, too, for a week or so.

**Phlox.** It is not true that a fine variety of Garden Phlox changes to magenta as it ages. Seeds, dropping from the plant itself, land on the crown, germinate, grow vigorously, and take over—flowers from them revert, many to magenta. Like delphinium, phlox need to be thinned in early spring—three strong stalks instead of ten weak ones. Many varieties are advertised as "mildew resistant." I suppose any healthy plant tries its best to stay healthy, but phlox, delphinium, roses, and crab apples, to name a few, are about as resistant to mildews as man is to colds. Spray with Benomyl every two weeks for prevention; it won't make mildews, once in evidence, go away, but it will keep many from spreading.

**Rosemary.** It is hard to understand why rosemary, which is not hardy, is so seldom used as a houseplant. It grows neatly upright has pleasant gray-green foliage, is evergreen, and covered with a mist of light blue flowers in January. Flowers and foliage scent a room delightfully. And a sprig of it is always available, fresh to tuck into lamb or fish. Rosemary requires a sunny window, a sharp, well-drained soil. Plunge pot outdoors in summer in full sun.

**Sempervivum.** Gardeners in cold climates tend to equate the hardiness of Hens-and-Chickens with sedums and complain about losses. They shouldn't. Sempervivum are not in that league; few tolerate cold below minus five degrees.

**Trollius.** For culture it likes, see Geum. ■

*This is the sixth in a series about practical gardening.*


"Weathering" for sale . . .

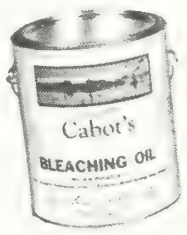


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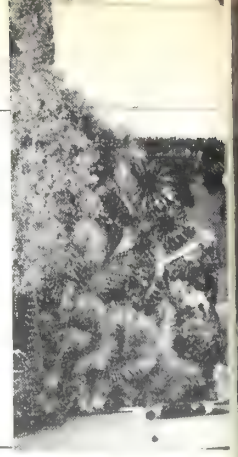
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# House plants out for the summer



*Pot plants and imagination transformed a city backyard into a tropical garden (see A Backyard Paradise, page 106).*

Last summer, two young "rank amateurs" had the happy idea of moving their pot plants outdoors to a 20-by-25-foot space behind their rented apartment. The area was so filled with poor soil and Manhattan debris that only an archaeologist could see it as a dig. Jim Mondhank and Eddie Deep solved the problem by sculpting a new terrain of pools and beds. By bunching wire lath over metal throwaways, pipes, and even coat hangers, they made hills and hollows and plastered the wire with Sakrete, a ready-mixed cement and sand. Pots grouped in the hollows were hidden by a mulch of bark chips, and plants appear to grow naturally. A cliff was built against an apartment wall and a hose run up the back to create a waterfall that fills small descending pools. At the bottom of the largest pool, *below*, is a recirculating pump. Plants are watered by dipping buckets into the pool, and per-gallon use of water is minimal. The structures and decking are all redwood. The apartment wall is sheathed with reed matting, in 6-foot widths available at most garden centers. A vinyl awning over a corridor is attached to a pergola by grommets, much like a boat cover.

House plants moved gradually into shadow-freckled sunlight for the hot months always seem to grow and gather strength for the mark-time winter months ahead.



*Homemade pool and planters, thatched hut and decking—a vacation garden for indoor plants and their owners.*

In this garden, a Dracaena r sangeana grew a foot, basket asparagus sprengeri bec bushy, ferns that never did we apartment heat flourished in moist fresh air. Even areca pa a quick-growing variety but ceptible to spider mite in mos door locations, stayed pest and vigorous outdoors. At s mer's end many of the plants v sold to friends with room for tl The rest were moved back indo Dracaena marginata, chamae palm, phoenix palm, and spa phyllum are among their favc indoor plants. A favorite p source is Mother Earth.

To supplement winter dayl in the dark apartment, big pl are grouped between two watt mercury vapor floor lar "These lights have a spooky c and are best kept on when yo away at work," designer Mondhank says. "They are initially expensive but cost l to operate. Each lamp is equivalent of 400 watts of inc descent floodlight, without heat." These indoor gardeners swear by a Presto #601 hum fier. About twice a year they ap a soil systemic, a deterrent spider mite, scale, and mealy l When necessary they use a fu cide (Benomyl) and a spray white fly (Malathion or Di non). They ventilate the ap ment when spraying and leave a few hours afterward. Anot tip: "You can kill palms by foll ing instructions to water heav We find they like to be on the side."

Their garden idea not c transformed a dismal backyard a long four-month season but spired the whole neighborh too. This year more people their block are looking at t window sills or garden space w a new, ambitious eye. ■

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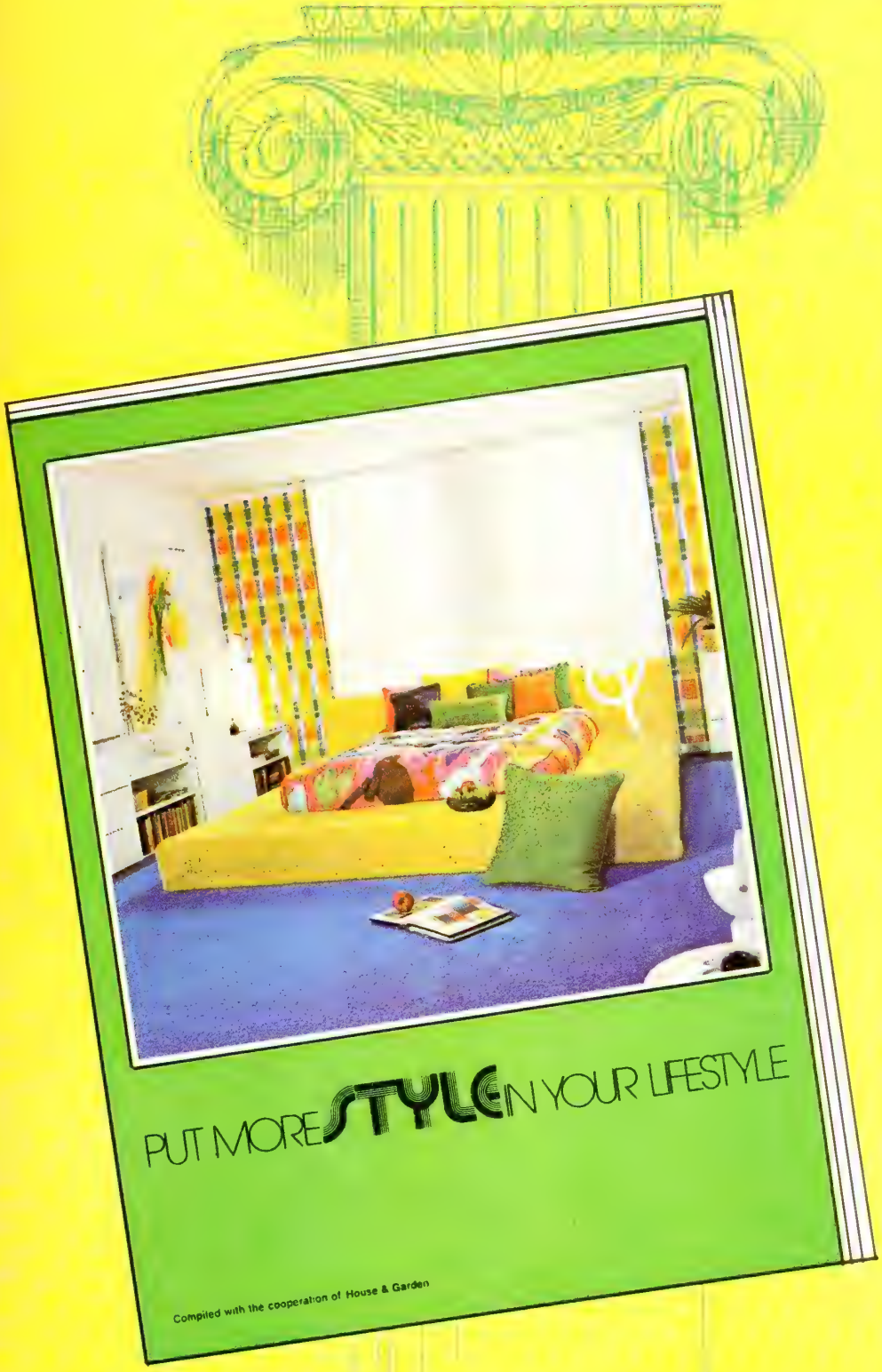
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# How to use Paint, Paper, and Fabri to make your rooms more you

BY PATRICIA COR

Interesting rooms are mixes of paint and paper, textures and tones, all components that go together to make a whole. How to achieve the mix sometimes happens by doing what comes naturally, along with a good basic design as the backbone and some unexpected daring for fun.

Artists and designers are pros at putting together components that are alive and fresh . . . House & Garden asked leading experts and innovators to discuss their ideas and tips on how to use paint and paper and fabric to make interesting rooms.

***Paint can make the mood of a room:*** Tyler Guertler, a master painter for interiors, once covered walls with a tapestry feeling. He sponged and rough plaster in paint, then [illegible] to look like subtle shades in pink-to-beige tones [illegible] a trompe l'oeil painting illusion-like effect by mixing color into gold, silver, copper, or aluminum paint. He also uses acrylic washes for prismatic effects: The technique is to mix acrylic in a translucent medium [illegible] paint (usually a light-to-medium color in waves . . . Michael Cotton sprays walls, using a palette of [illegible] color. He graduates the shading, doing one tone at furniture level, then [illegible] up the walls to the ceiling level. An idea for floors and moldings comes from Bill Bell: He dreams up an original design or copies a wallpaper pattern, then makes a silk-screen and prints the design all over in a continuous pattern. The same idea is effective on kitchen cabinets . . . Virginia Teichner and Mary Engle of Handcrafted Walls, muralists who specialize in making their work look old. To tone down walls they add raw umber and white pigment; they use very little oil paint, keeping the brush very dry so that the quality [illegible]

He makes patterns with a [illegible] or models on [illegible] Using a 4-inch paint [illegible] drops of a piece of heavy cardboard. First paint the floor with deck enamel, and when dry, paint in acrylic another color in a 2-foot square on top. Immediately comb the cardboard "teeth" through this wet layer of paint. Wherever the comb touches the floor, undercoating will show through. Continue the process to make an all-over pattern. Another effect for floors is an all-over quilted look; you can do this by cutting a cardboard templet of scallops, then laying the templet on an already painted floor and spray painting in another color around the templet edges . . . A quilt pattern for the floor is Cile Lord's idea for adding vibrancy to a room. See page 99 for her roller technique of painting, page 78 for directions on how to cut stencils and mark off floors.

***New ways with fabrics can often give a special something to a room that needs refurbishing.*** Herman Phynes of Fabrications [illegible] lots of thoughts on how to do this. He likes the look of thick, handwoven material laid on the floor for matting; or, take a flat fabric, have it cartridge quilted, and use it as a rug too. Another idea: put fabric on walls, turning it into instant art, by stapling it onto stretcher bars. The wooden bars, that you put together yourself, come in pieces from 12 inches up to 60 inches and are sold in art supply stores. Another use for stretcher bars and fabric is to make a headboard. Simply put together the frame, wrap with batting, then staple in fabric. You can even use stretcher bars to make a screen, then cover it with fabric. First, put together stretcher bars for panels (18 inches wide by 60 inches high is a good size for each panel). To make a quick slipcover for a three-panel screen, cut front and back fabric pieces to fit the overall size of the screen, allowing extra for outside seams and bottom hem plus 3 inches in the width for "hinge" flexibility. Place front faces of fabric together, seam all around, leaving the bottom edge open but hemmed, then turn right side out. If each panel is 18 inches wide, then stitch 19 inches from each end, vertically down fabric, going through both layers. [illegible] sure that each section is eq[illegible] width. Slip the panel fram[illegible] tween the slipcover; there [illegible] need for hinges as the ve[illegible] stitching holds each panel [illegible] screen in place.

Often, three or more dif[illegible] fabrics are effective used in i[illegible] native ways . . . John Reick [illegible] a new kind of patchwork: H[illegible] together three different c[illegible] prints: fabrics were first cut a[illegible] then sewed together diag[illegible] and used for upholstery (se[illegible] Bruce Addisons' house, Ho[illegible] Garden, February 1975).

Custom touches are the e[illegible] that can bring excitement [illegible] room . . . Jan Jessup of Calico [illegible] ners tells how to glue fabric t[illegible] floor: On a clean floor, center [illegible] first panel of fabric. Apply [illegible] liquid starch or diluted white [illegible] (one-to-one glue to water). M[illegible] pattern at seams and double [illegible] overlap with a sharp, single-ed[illegible] razor blade. Lay down runne[illegible] wax paper as you go to protect [illegible] ric and to prevent permanent f[illegible] prints. Allow fabric to dry (tw[illegible] four days), vacuum, then seal [illegible] three or four coats of poly[illegible] thane. She also has a quick wa[illegible] making pillows with gathered [illegible] "turkish" corners: Cut two squ[illegible] of fabric. Sew a knife-edge pil[illegible] and a muslin liner. Insert zippe[illegible] one seam of pillow. After outer [illegible] low is completely seamed ([illegible] still wrong-side out) wrap and [illegible] the knife-edge corners with st[illegible] about 1 inch in from the sea[illegible] (Like tying a knot around e[illegible] dog-ear of the pillow.) Turn, p[illegible] seams open and stuff with a mu[illegible] covered inner pillow. The in[illegible] pillow can have regular square [illegible] ners; they will stuff into [illegible] rounded shape of the outer pill[illegible]

A pretty way to make curtai[illegible] is to let fullness of fabric fall fr[illegible] a self valance of shirring across [illegible] top. You can also make shirred [illegible] backs with a double fulln[illegible] "tube" of fabric turned right s[illegible] out and backed with Shir-Ta[illegible] Stitch above each cord and gat[illegible] woven-in cords evenly to desi[illegible] length. Tack metal rings to ea[illegible] end and fasten tieback to [illegible] hooks screwed into window fra[illegible]

*Continued on page 1*

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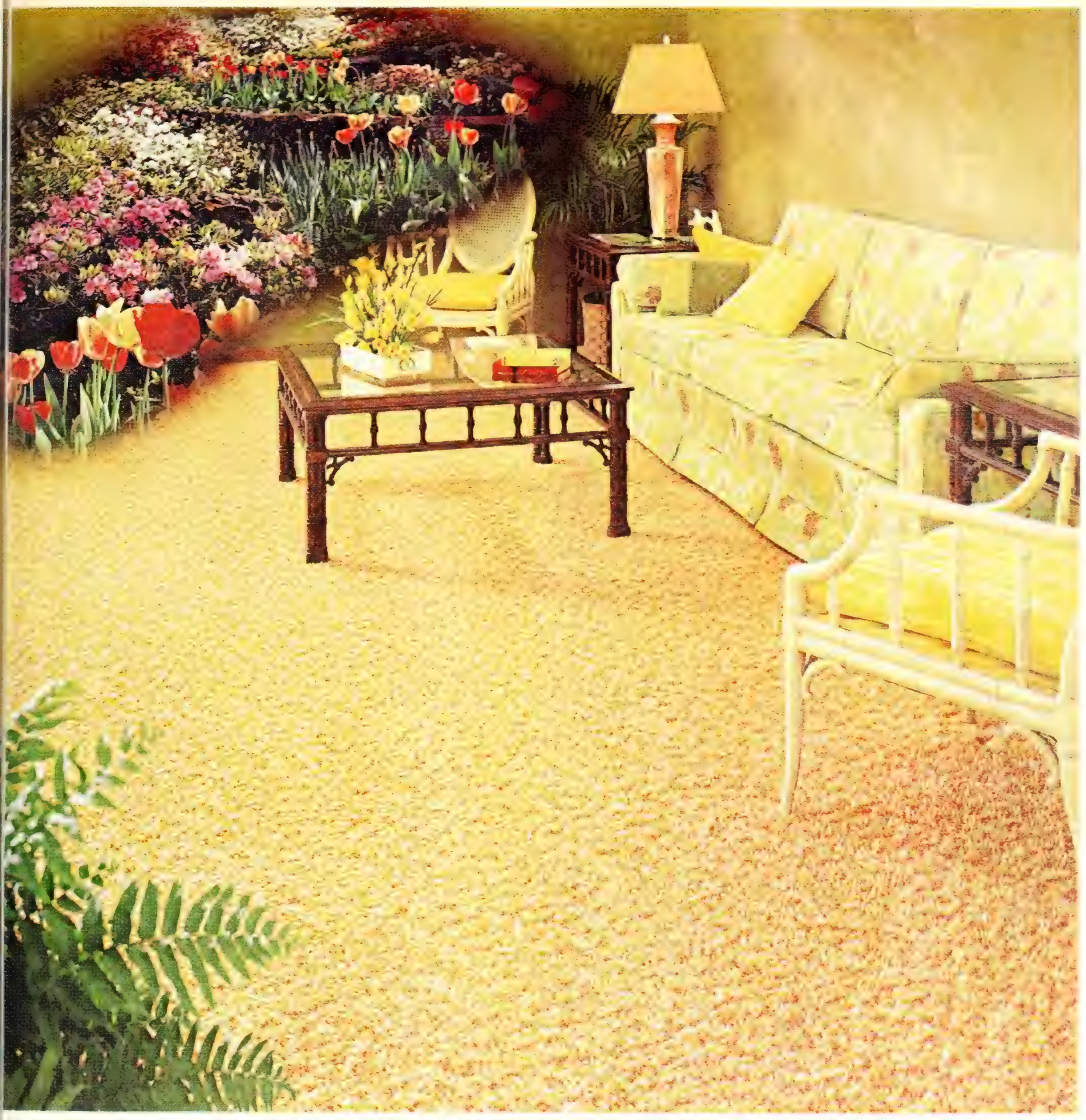
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POCATELLO
Columbia Paint Company
Idaho Glass & Paint Co.

ILLINOIS
ARLINGTON HEIGHTS
Paulson's Decorators Paint Cent[illegible]
Webber Paint Co.
BOLINGBROOK
[illegible]
BOURBONNAIS
[illegible]
BRADLEY
Shaver's Paint & Paper
CHAMPAIGN
[illegible]
CHESTER
[illegible]
CHICAGO
[illegible]
Bruno Movrich Company
[illegible]
Richfield Decorating Co. Inc.
(2 Locations)
[illegible]
Wright Paint & Wallpaper Co.
CLARENDON HILLS
[illegible]
ELGIN
Neil's of Elgin
ELK GROVE VILLAGE
Grove Paint & Wallpaper Co
EVANSTON
[illegible] Paint & Glass Co.
Thybony Paint & Wallpaper
EVERGREEN PARK
Bergman Paint & Wallpaper Store
Southtown Paint & Wallpaper Co.
FREEPORT
Newberry's Wallpaper & Paint Co
Paints by Valspar
GALVA
Miller's Paint and Wallpaper
GENEVA
Village Decorator
GLENVIEW
Thybony Paint & Wallpaper
HANOVER PARK
Hanover Paint & Wallpaper Co.
HENRY
The Paint Store
HICKORY HILLS
Hills Paint Co.
HIGHLAND
[illegible]
HIGHLAND PARK
Lakeside Glass & Paint Co.
HIGHWOOD
[illegible] Paint and [illegible]
JOLIET
Joliet Paint & Wallpaper Company
KEWANEE
[illegible]
LA GRANGE
[illegible]
LANSING
[illegible]
MT. VERNON
Dillon Paint & Wallpaper Store
MACOMB
Macomb Paint Center
MIDLOTHIAN
Stearns Supply
MORRIS
Deluxe Decorating Center
MORTON
[illegible]
NAUVOO
[illegible]
NILES
C. Swerson & Co.
OAK FOREST
[illegible]
Stearns Supply
OTTAWA
Willcox Paint Co.
PALOS HEIGHTS
[illegible]
PEORIA
Born Paint Co.
Roecker's (3 Locations)
QUINCY
[illegible]
RANTOUL
Wood's
ROCKFORD
[illegible]ng's Dec. Center
ROCK ISLAND
Huber Paint & Wallpaper Co.
[illegible] Paint
ST. CHARLES
[illegible]
SCHAUMBURG
[illegible]
SESSER
[illegible]
SPRINGFIELD
George Edw. Day Sons Co.
Dunn Paint Co.
STEELEVILLE
[illegible]
TINLEY PARK
[illegible]


(Continued on page 7



# Enhance your home with a bit of "Nature's Magic"

The soft greens of spring . . . warm, mystic blue of a summer sky . . . rich golden colors of Indian summer . . . enhance your home with "Nature's Magic" carpet. The fifteen natural woodland colors in this short-shag textured carpet of 100% Nylon will create your own very special world . . . lovely to live with . . . easy to care for.

Carpet costs less today and has greater value than 20 years ago. WIN

PATCRAFT MILLS, INC., Dalton, Ga.

Patcraft
MILLS INC.



FOR MORE STYLE IN YOUR
VISIT YOUR DECORATING PROD

# Stone & Brick by Dacor

to take a room completely out of the ordinary



Would you guess those handsome Dacor Stone and Brick facings you see in the photograph are about a quarter of an inch thick? Yet they have the distinctive character of real stones and bricks, to your eye and to your fingertips. The same interesting texture. The same natural, softly varied color.

Dacor Stone and Brick facings are light, strong, individual pieces you can put up very simply, all by yourself, in any room you please. *And*, they're available in a selection of styles for any effect you want. What a fascinating face for a room to wear! Created by Dacor — and you.

At leading building supply dealers, department stores, and home decorating centers.

**Dacor Incorporated**

VISIT YOUR DECORATING PRODUCTS DEALER TODAY.

*(Continued from page 70)*

**WAUKEGAN**
Wal-Decors Unltd.
**ZION**
Al's Paint & Wallcoverings

## INDIANA

**BLUFFTON**
Liby Paint & Wallpaper Store
**CARMEL**
Carmel Wallpapers
**COLUMBUS**
Neal Paint & Wallpaper Co.
Paint & Wallcoverings by D. J. Northern
**ELKHART**
Garbers Decorating Centers
Rollie Williams Paint Spot, Inc.
**ELWOOD**
Klumpp Wallpaper & Paint Store
**FORT WAYNE**
Pape Paint & Wallpaper Co.
**GARRETT**
Seifert Paint & Wallpaper
**GOSHEN**
Garbers Decorating Centers
**GRIFFITH**
Postema Paint & Floor Covering
**HAMMOND**
Scott's Paint City
**HIGHLAND**
Bix Service
**INDIANAPOLIS**
Pratt & Lambert, Inc. (3 Locations)
**KOKOMO**
Kokomo Glass & Paint
Superior Glass & Paint Co.
**MONTICELLO**
Monticello Lumber Co. Inc.
**MUNCIE**
Heath's Paint Gallery
**NORTH MANCHESTER**
Schuler Modular Homes & Decor Shop
**PLYMOUTH**
The Paint Shop
**SOUTH BEND**
C. E. Lee Co. (4 Locations)
**TERRE HAUTE**
Westwood's Paint Co.

## IOWA

**ANKENY**
Ankeny Paint & Wallpaper Co.
**CARROLL**
Joe's Paint Center
**CEDAR RAPIDS**
Cedar Rapids Paint
Kennedy Paint Co.
**CHARITON**
Young's Inc.
**COUNCIL BLUFFS**
Keenan Glass & Paint Co.
**DES MOINES**
Des Moines Paint & Wallpaper
**DUBUQUE**
Kahle Carpet Co.
Tri State Paint & Wallpaper Co.
**GRINNELL**
Mill's Color Wheel
**IOWA CITY**
Pittsburgh Paints
**MARION**
Fashion-Par Painting & Decorating
**MUSCATINE**
Red Paint Store
**OSKALOOSA**
Rozenboom's Decorating Center
**SIOUX CITY**
Cook Paint
**SPENCER**
Art Loats Paint & Wallpaper
**WEST DES MOINES**
Westown Decor Shop

## KANSAS

**CHANUTE**
[illegible] Center
**EMPORIA**
Davis Paint Store
**HAYS**
Robinson Color Center
**JUNCTION CITY**
[illegible]
**LAWRENCE**
[illegible]
**MISSION**
[illegible]
**NEWTON**
[illegible]
**PITTSBURG**
Taylor's Paint and Wallpaper Co.
**SABETHA**
[illegible]
**SALINA**
[illegible] ng Center, Inc.
**WICHITA**
[illegible]

## KENTUCKY

**HENDERSON**
Homecrafters Paint & Glass Co.
**LEXINGTON**
Color & Supply Co. Inc. (4 Locations)
Super Paint Center
**LOUISVILLE**
Artcraft Wallcoverings, Inc.
DeHart Paint Center (2 Locations)
**OWENSBORO**
Foy-Johnston Paint & Wallpaper, Inc.
**VERSAILLES**
Dawson's Decorating Center

## LOUISIANA

**NEW ORLEANS**
Helm Paint & Supply Inc.
Roig's Paint & Supplies, Inc.
Walther Paint Co., Inc.
**SHREVEPORT**
Home Beautiful Center

## MAINE

**BRIDGTON**
Bridgton Paint & Paper
**NORWAY**
V. H. Ashton Co.
**PORTLAND**
Lynch Paint Center
Maine Paint Service

## MARYLAND

**ANNAPOLIS**
Duron Paints & Wallcoverings
W. R. Winslow Co.
**BALTIMORE**
Duron Paints & Wallcoverings (6 Locations)
Fleming and Sheeley, Inc.
Hampden Wallpaper & Paint Co.
Reynolds Paint Co., Inc. (2 Locations)
**BEL AIR**
Duron Paints & Wallcoverings
Harrison's Paint Center
**BETHESDA**
W. R. Winslow Co.
**BLADENSBURG**
Duron Paints & Wallcoverings
**BOWIE**
Duron Paints & Wallcoverings
**CHEVY CHASE**
Duron Paints & Wallcoverings
**COLUMBIA**
Duron Paints & Wallcoverings
**DUNDALK**
Duron Paints & Wallcoverings
**FREDERICK**
Duron Paints & Wallcoverings
The Garst Paint Center, Inc.
**GLEN BURNIE**
Duron Paints & Wallcoverings
Marvelite Paint Center (2 Locations)
**HYATTSVILLE**
W. R. Winslow Co. (2 Locations)
**LANHAM**
Duron Paints & Wallcoverings
National Paint & Decorating Centers
**LAUREL**
Duron Paints & Wallcoverings
**LUTHERVILLE**
Duron Paints & Wallcoverings
**MARLOW HEIGHTS**
Duron Paints & Wallcoverings
W. R. Winslow Co.
**OXON HILL**
Duron Paints & Wallcoverings
**RANDALLSTOWN**
Duron Paints & Wallcoverings
**REISTERSTOWN**
Carland's Paint & Wallpaper Inc.
**ROCKVILLE**
Duron Paints & Wallcoverings
W. R. Winslow Co.
**SALISBURY**
Burch Paint & Glass Co.
**SILVER SPRING**
Duron Paints & Wallcoverings
W. R. Winslow Co.
**SUITLAND**
Duron Paints & Wallcoverings
**THURMONT**
The Garst Paint Center, Inc.
**WALDORF**
Waldorf Carpet & Draperies
W. R. Winslow Co.
**WHEATON**
Duron Paints & Wallcoverings
National Paint & Decorating Centers

## MASSACHUSETTS

**BILLERICA**
Wallpaper Fashions
**BOSTON**
B & D Wallpaper Co.
Campbell Moreau Assoc. "Interiors Shop"
**BRAINTREE**
Payne's Color Mart
**CAMBRIDGE**
B & D Wallpaper Co.
**CLINTON**
Coppenrath's Color Center
**FALL RIVER**
American Wallpaper Co., Inc.
**FALMOUTH**
McDonald's
**HINGHAM**
Payne's Color Mart
**MARLBORO**
B & D Wallpaper Co.
**MEDFORD**
B & D Wallpaper Co.
**NEW BEDFORD**
Baylies Square Paint & Wallp. Inc.
**NORTH ADAMS**
Aldo's Paint & Paper
**NORTH DARTMOUTH**
Home Decorating Center
**QUINCY**
B & D Wallpaper Co.
**RANDOLPH**
Payne's Color Mart
**READING**
Jones Paints & Wallpaper
**SAUGUS**
B & D Wallpaper Co.
**SPRINGFIELD**
H. L. Ross Co., Inc.
**STONEHAM**
Stoneham Wallpaper & Paint
**WALTHAM**
B & D Wallpaper Co.
**WESTBORO**
Magic Decorating Center
**WEST SPRINGFIELD**
Standard Paint & Wallpaper C
**WHITINSVILLE**
Sampson Color Center
**WINCHESTER**
Stoneham Wallpaper & Paint

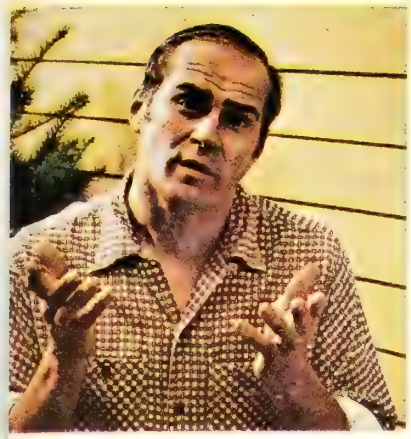
## MICHIGAN

**BRIGHTON**
Keith's Decorating Center
**CLAWSON**
Decor International
**DEARBORN HEIGHTS**
Kent's Decorating Centers
**DETROIT**
Craigie Paint Co.
Keith's Decorating Center
Kent's Decorating Centers
Morang Interiors
Mueller Paint Co.
**DRAYTON PLAINS**
Burke Building Center
**ESCANABA**
Sviland Paint Store
**HAMBURG**
Wolverine Paint & Wallpaper
**HARTLAND**
Mid-Michigan Wallcovering
**KALAMAZOO**
Hooker Glass & Paint
J & J Paint & Glass Co.
Koopsen Paint & Wallpaper Co.
**LANSING**
Calkins Paint Company
Knapp's
Roberts Wallpaper & Paint Co. (2 Locations)
Silver Lead Paint Co. (4 Locati
**MARQUETTE**
Marquette Wallpaper & Paint
**MUSKEGON**
Airline Paint & Supplies
John Seven Paint & Wallpaper
**ROCHESTER**
Rochester Glass Service, Inc.
**ROYAL OAK**
Walker-Crawford Paint Co.
**SAGINAW**
Buggia's
Northeastern Paint Supply Inc. (3 Locations)
**STURGIS**
Bandholtz Paint Mfg. Co.
**THREE RIVERS**
C. G. Wellington Paint & Wallpaper Store
**WATERVLIET**
Robbins Paint & Wallpaper Inc.
**WESTLAND**
Wolverine Paint & Wallpaper

## MINNESOTA

**ALBERT LEA**
Sullivan Paint Co.
**APPLE VALLEY**
Halvorsen's Paint & Wallpaper
**BLAINE**
Nelsons' Wallpaper & Paint Cen
**BLOOMINGTON**
Nelson-Wiebke Decorating Cente
Nelsons' Wallpaper & Paint Cen
**BLUE EARTH**
Armon Decorating
**BURNSVILLE**
Norton Wallpaper & Paint
**COTTAGE GROVE**
Mahaney's Paint & Decorating C
**DULUTH**
St. Germain Bros., Inc.
**EDINA**
Grometh Paint & Wallcovering

*(Continued on pag*



"What's the best time of the year to paint my house?"



"Should I use a brush or roller?"



"Can I use a latex over an oil-base paint?"



"Will this shade of gray cover rose in one coat?"

# Bring your paint problems to the Pro Shop. Your Fuller-O'Brien Dealer.

There's one place where you won't get a brush-off when you come in with a paint problem. The Pro Shop, your Fuller-O'Brien dealer.

Your problems are his problems. Because paint is his whole profession. And his professional reputation depends on the paint job *you* do.

That's why he features premium quality Fuller-O'Brien paint. For easy painting. Easy cleanup. And for a paint job you'll *both* be proud of. For years to come.

So why waste time with amateurs? When you have a paint problem, go right to the top. That's The Pro Shop, your Fuller-O'Brien dealer.

He's listed in the Yellow Pages.

**"It takes more than good paint to do a good paint job. That's what I'm here for. To help you solve problems and avoid mistakes."**






FOR MORE STYLE IN YOUR LIFE
VISIT YOUR DECORATING PRODUCTS DEALER TODAY

# The hand that rocks the cradle can lay the hardwood floor.



If the man of the house says he can't lay a hardwood floor, you show him how it's done.

With Bruce Jeffersonian, the laminated oak floor that goes down quickly, easily. Just spread mastic and press the pieces in place. Lay a 10′ x 15′ room in a day for a price comparable to other quality floors.

Bruce Jeffersonian is the same classic pattern used in some of America's great old homes. Handy 6″ x 6″ squares ½″ thick are surrounded by carefully mitered 2″-wide pickets. Wire brushing adds a rich antique surface that's factory finished and waxed.

Want to see lots more? Send 50¢ for brochure. And get going.

Bruce Floors, Box 397, Memphis, TN 38101
A Ci Company

Name

Address

City, State, Zip

Telephone

**Bruce**
**Hardwood Floors**

HG-1

## VISIT YOUR DECORATING PRODUCTS DEALER TODAY.

(Continued from page 72)

FRIDLEY

HASTINGS

KASSON

MINNEAPOLIS

Nelsons' Wallpaper & Paint Company
Peacock Decorating Center
Rekuski Paint & Wallpaper
Savitt Bros., Inc. (5 Locations)

NEW HOPE

ROCHESTER

ST. CLOUD
Paint

ST. PAUL
Arcade Paint

SOUTH ST. PAUL

THIEF RIVER FALLS

VIRGINIA

WAYZATA

WEST ST. PAUL

WHITE BEAR LAKE

### MISSISSIPPI

HATTIESBURG

JACKSON
k Paint Co
k-Protective Paint Co.

### MISSOURI

COLUMBIA

KIRKSVILLE

LEBANON

MALDEN

MANCHESTER

ST. CHARLES

ST. JOSEPH

ST. LOUIS
Phelan Faust Paint & Wallcovering
(7 Locations)

SPRINGFIELD

### MONTANA

BILLINGS
Columbia Paint Company

BOZEMAN
Columbia Paint Company

BUTTE
Columbia Paint Company

CUT BANK
Cut Bank Building Service

GREAT FALLS
Columbia Paint Company

HAVRE

HELENA
Columbia Paint Company

KALISPELL
Columbia Paint Company

MISSOULA

### NEBRASKA

COLUMBUS

FAIRBURY

FREMONT

NORFOLK
Bestt Decorators, Inc.

### NEVADA

LAS VEGAS

RENO

SPARKS

### NEW HAMPSHIRE

GOFFSTOWN
Pollard's Dept. Store

LACONIA
Lynch Paint Center

NASHUA
B & D Wallpaper Co.

### NEW JERSEY

CINNAMINSON
Eck's Wallpaper Center

ENGLEWOOD

FAIR LAWN
Lazon Paints

FORT LEE
Breslow's Wallpaper Library

HADDON HEIGHTS

HOWELL
Gold-N-Rod, Inc

KEARNY
Field Paints & Wallpaper, Inc.

LAKEWOOD
Grebow's Decorating Center

MIDLAND PARK
Lazon Paints

NEPTUNE CITY
Chambers Paint Pot

NEW BRUNSWICK
(2 Locations)

NUTLEY
Joseph Ricciardi

PARK RIDGE
House of Color

PASSAIC
Lazon Paints

PRINCETON

Morris Maple & Son, Inc.

RAHWAY
McDermott Paint - Babo Inc.

SOMERS POINT
Miller Paint Center

SUSSEX
Sussex Plaza Paint 'n Paper

WEST MILFORD

WOODSTOWN
MacFarland Wallpaper & Paint

### NEW MEXICO

CARLSBAD
Lehman Paint Store

CLOVIS
Triangle Home Center

SANTA FE
Big Jo Lumber Co. of Santa Fe

### NEW YORK

ALBANY
Paragon Paint Corp.

BALDWINSVILLE
True Value Home Care Center

BINGHAMTON
Daniel's Paint & Decorating Center
McCormick Paint & Wallpaper

BRONX
Wakefield Paint Fair

BROOKLYN
Herman's Brighton Beach
S. Klenosky, Inc.

DEWITT

True Value Home Care Center

ELMONT
Elmont Paint & Wallpaper

FLUSHING
Josephson's

GLOVERSVILLE
W. I. Trevett Co., Inc

HASTINGS ON HUDSON
The Home Workshop

HEMPSTEAD
Orange Front Paint Supply, Inc.

HUNTINGTON STATION, L. I.
Pierpont Paint & Wallpaper Corp.

ITHACA
Ithaca Paint & Decorating, Inc

JAMAICA
Pierpont Paint & Wallpaper Corp.

JAMESTOWN
Carlsons Paint and Glass
Pearl City Paint & Glass Co., Inc.

JOHNSON CITY

LAKEWOOD

LANCASTER

LAWRENCE

LEVITTOWN
Orange Front Paint Supply, Inc.

LYNBROOK
Arcy Paint Co. Inc.

MANHATTAN

NEWBURGH

NEW YORK CITY
H. Brickman & Sons
B. Polivy & Sons

PITTSFORD
Teschner's Paint & Wallpaper Co

POTSDAM
Home Decorators Shop

POUGHKEEPSIE
Dutchess Color Center

REGO-PARK
Queens Decorative Shades, Shutte
& Wallpapers Corp.

RICHMOND HILL
U-Do-It Home Dec. Ctr.

RIVERHEAD
Peconic Paint Products Inc.

ROCHESTER
R. C. Shaheen Paint Co.
Teschner's Paint & Wallpaper Co.

SAYVILLE, L. I.
Fiala's Paint & Wallpaper Store

SCOTIA (SCHENECTADY)
Painters Supply Co. Inc.
Village Paint & Wallpaper

SENECA FALLS
True Value Home Care Center

SPENCERPORT
Spencerport Paint & Paper

SYRACUSE
Barney's Paint Headquarters
Syracuse Paint & Varnish
(2 Locations)
True Value Home Care Center
(3 Locations)

TUCKAHOE
Tuckahoe Paint & Glass Co.

VALLEY STREAM
Valley Stream Paint

WAVERLY
Paul Harris Company

WHITE PLAINS
(WESTCHESTER COUNT
Wallauer Decorating Centers
(8 Locations)

WILLIAMSVILLE
L. D. Bond Paint and Wallpaper

### NORTH CAROLINA

ANGIER
Angier Paint, Wallpaper, Carpet

CHARLOTTE
Duron Paints & Wallcoverings
Rainbow Paint & Decorating Center

CLEMMONS
Hollingsworth Decorating Center

GASTONIA
Duron Paints & Wallcoverings
E. S. Williams & Sons

GREENSBORO
Duron Paints & Wallcoverings

GREENVILLE
A. B. Whitley, Inc. Interiors

RALEIGH
Giant Decorator Store

ROANOKE RAPIDS
Lloyd's

WINSTON-SALEM
Duron Paints & Wallcovering

### NORTH DAKOTA

BISMARCK
Vantine's Paint & Glass Co.

DICKINSON
Vantine's Paint & Glass Co.

FARGO
Fargo Glass & Paint Co.
Mel Heim Paint & Decorating

GRAND FORKS

MANDAN
Vantine's Paint & Glass Co.

WILLISTON
Albers, Inc.

### OHIO

AKRON
Aster Paint and Wallpaper Center
The Morgan Decorating Co.

ALLIANCE
Shem Paint & Wallpaper

ASHTABULA
Dean & Barry Paint Town

ATHENS
Baker & Stauffer

BATAVIA
Batavia Paint and Wallpaper

BOARDMAN
Liberty Paint & Interiors

CANTON
The Foy Paint Co

CINCINNATI
Bolce Paint Center

CINCINNATI - COLLEGE HIL

CIRCLEVILLE

CLEVELAND
Cambridge Coatings Decorating

COLUMBUS

(Continued on page 7




# Imperial's Forest Glade pattern. It almost makes the room smell fresher.

Imperial Wallcoverings can change an ordinary room into an exciting living environment. Just as our E-Z-Du® Forest Glade pattern changed this bedroom into a fresh and crisply bright Spring garden.

Take a fresh approach to the world around you. Choose a whole new look from our huge collection of new textures, new colors and new prints.

Most of our wallcoverings are pre-pasted, so you and a little water is all that's needed to hang them. And all of them will keep your rooms looking great for years. They all carry our 3 or 5 year guarantee.* Imperial Wallcoverings. A nice way to change your point of view.

*Imperial Wallcoverings are guaranteed 3 or 5 years not to fade, and to clean satisfactorily if our instructions are followed. If failure should occur, new wallcoverings of equal value will be furnished by your Imperial dealer free of charge.

**imperial**
guaranteed wallcoverings
A Collins & Aikman Company

Imperial, Dept. HG4
23645 Mercantile Road,
Cleveland, Ohio 44122 (216) 464-3700

Send 75¢ for this brochure "Secrets That Decorators Don't Always Tell You About Wallcoverings."

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

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VISIT YOUR DECORATING PRODUCTS



**How to make beautiful happen to your window treatments with Levolor Rivieras.**

We have a brand new book for you—full of beautiful (and helpful) ideas on what to do with windows. Here are dozens of examples in full color from the files of top decorators. And you get a special section that tells all about measuring, laminating, painting, etc. From the people who bring you the spectacular tape-less ...ra blinds... unsuccessfully imitated the world over.

**(SEND FOR YOUR COPY TODAY.)**

Levolor Lorentzen, Inc., 720 Monro
Hoboken, N.J. 07030
...e send me a copy of your
idea book, "Window Magic."
I enclose 50¢ for handling
and mailing.

Name_____

Address_____

City_____

State_____ Zip_____

# VISIT YOUR DECORATING PRODUCTS DEALER TODAY.

(Continued from pa...)

**DAYTON**
Jos. S. Brown Co.
**ELYRIA**
...
**ENGLEWOOD**
...
**GENEVA**
...
**GIRARD**
Liberty Paint & Interiors
**KENTON**
Finney Glass & Paint
**LAKEWOOD**
Lakewood Paint & Wallpaper Co.
**LIMA**
...
**LOCKLAND**
...
**LORAIN**
Lorain Builders Supply
Nelis Wallpaper & Paint Store
**MANSFIELD**
Quinn Paint & Color
**MARION**
...
**MAUMEE**
...
**MIDDLETOWN**
Roy A. White Co.
**MOUNT VERNON**
...
**NEWARK**
Montgomery Lumber Co
**NEW PHILADELPHIA**
Dean & Barry Paint Town
Kiser Paint Color Center
**ORRVILLE**
...
**OTTAWA**
Quinn Paint Centers
**PAINESVILLE**
Home Decorating Supply Co.
**PETTISVILLE**
Country Paint Store
**RICKWOOD**
Gill Paint and Wallpaper Co.
**SALEM**
Superior Wallpaper & Paint Co., Inc.
**SANDUSKY**
The Sandusky Paint Co.
**STOW**
The Morgan Decorating Co.
**TIFFIN**
Superior Paint & Supply, Inc.
**TOLEDO**
Vallet Paint Service Co. (2 Locations)
**WARREN**
Century 21 Paint
Robert B. Ingram Remodeling & Decorating Center
**WASHINGTON, C. H.**
Kaufman's Decorating Center
**WOOSTER**
Merle D. Matz & Son
**WORTHINGTON**
The Decorating Centre
**YOUNGSTOWN**
Century 21 Paint

## OKLAHOMA

**BARTLESVILLE**
...
**LAWTON**
Fowlers
**NORMAN**
...
**OKLAHOMA CITY**
Allied Paint Co.
Fergusons' Paint & Decorating
Roach Paint Company
**PONCA CITY**
A & A Paint & Paper Co.
**TULSA**
...

## OREGON

**COOS BAY**
Wayne's Color Centre
**COQUILLE**
Mason Paint & Wallpaper Co.
**EUGENE**
Lorie Cross Paint
**GRESHAM**
Gresham Decor Center
**KEIZER-SALEM**
C. G. Long & Sons Building Materials
**LAKE OSWEGO**
House of Color
Lake Oswego Interiors
**MILWAUKIE**
...
**NORTH BEND**
The Paint Store
**ONTARIO**
Ontario Paint & Glass Co.
**PORTLAND**
Fuller N. W. Inc.
Fuller O'Brien Corp.
Linoleum City
Sandberg Hardware
Schweitzer's Paint - Wallpaper - ...
**ROSEBURG**
Village Paint & Wallpaper
**TILLAMOOK**
Tillamook Paint Center
**WEST LINN**
Unique Wallcovering Shoppe

## PENNSYLVANIA

**ALLENTOWN**
Klings Handyman's Hardware
**BEDFORD**
Hershberger's
**BETHLEHEM**
Wright Wallpaper Co.
**CARLISLE**
Mary Carter Paint & Craft Store
**DREXEL HILL**
Duron Paints & Wallcoverin...
**ERIE**
A & B Wallpaper Co.
McBriers Paint & Decoratin...
Padden's (4 Locations)
**GREENVILLE**
McBriers Paint & Decoratin...
**GROVE CITY**
Shaffer's Home Decorating C...
**HARRISBURG**
Duron Paints & Wallcoverin...
The Paint Shoppe
Susquehanna Decorating Pro...
**HERSHEY**
Aumen's Paint & Wallpaper ...
**HONESDALE**
The Pratt Store
**LANCASTER**
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(Continued on p...



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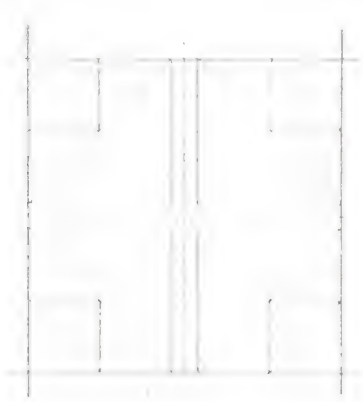
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# How to make your own quilt-pattern stencils to fit your floor

***Supplies you will need.*** For stenciling the quilt patterned floor on page 99 you will need a mohair roller, roller pan, paper buckets or coffee cans, aluminum foil to cover paint and wrap rollers, cookie sheets with sides, paper towels (torn off and placed in cookie sheet to form a thick pad), dots of turpentine, spoon to mix paint, stencils, masking tape, japan paint.

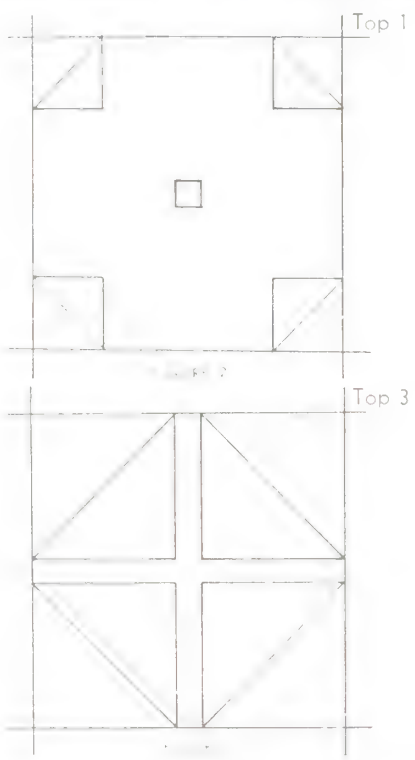
***How to prepare stencils.*** In addition to the usual tracing and cutting equipment you will need a sheet of tracing paper at least 18 inches square and a T-square. For the stencils you will need two sheets of acetate 24 inches square and one sheet 12 inches square.



First, draw in pencil on the 18-inch tracing paper, using the T-square, four lines forming a perfect 16-inch square. These are your registration lines and will appear on all the stencils. Now divide the 16-inch square into four equal parts (as shown by the dashed line) and trace the triangle design into each one of them, turning it in four directions as shown in Figure 1. This is one complete repeat of the design. Now tape the tracing paper to a flat surface. Center and tape down over it the first 24-inch square acetate. With rapidograph pen (available at an art-supply store) and metal ruler, trace the registration lines and the small square, and small triangle. Mark the upper edge of the stencil "Top 1." This stencil, for printing blue, will look like Figure 2.

Now, leaving it in place, tape the second 24-inch square exactly over the first. Trace the registration line, and the large triangles. Mark the upper edge of the stencil "Top 3." This stencil, for printing orange, will look like Figure 3.

You will follow a different process for stencil 2 which is 12 inches square. First, place the "plus" at each of the four crossings of the registration lines, keeping the "Top" up at all times, and trace the four sides of the diamond shape, as shown on Figure 4. Mark upper edge "Top 2." When printed, this will fit between four prints of the other stencils.







You can see the finished design in color on page 99 for the yellow diamond. The "plus" is placed at the crossings of the squares.

When cutting all these stencils, cut shapes *just outside the lines.*

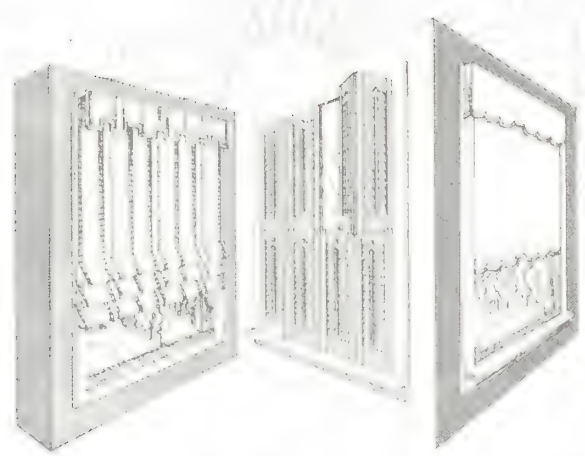
***How to mark off floors.*** Any floor that requires a regular all-over repeat of a design must be squared off before stenciling can begin. This is done with a plumb line or chalk box. To help, you can use Cile Lord's "3-4-5 Formula," her solution for constructing lines at perfect right angles when the space is large and a carpenter's square will result in inaccuracy. It works like this: If there are two lines at perfect right angles to each other, and you measure 3 feet along one and 4 feet along the other from their crossing point, then a line drawn (or simply measured) between the 3-foot and 4-foot marks will measure exactly 5 feet. Conversely, if this line does not measure 5 feet, you do not have a perfect right angle. A measurement of over 5 feet indi... too wide an angle; under 5 ... too narrow an angle. In using ... formula, one can double or t... all the measurements for even ... ter results provided the roo... big enough to hold them; fo... ample, 6-8-10 or 9-12-15. ... greater the measurements ther... accurate the test of squarer... This explains why a draftsn... or a carpenter's square will no... reliable; it is really not big eno... By the time a hair's-breadt... error at the square is carried o... the end of the room, it may ... magnified to an inch or two. ... "3-4-5 Formula" lets you const... something like a large carpent... square.

For a grid of 16-inch squar... first, put a line down middle ... room from wall to wall. If des... will look better lined up v... cracks in the floor, put this ... line along, or parallel to, a cr... at middle of room. Otherw... simply measure centers of any t... opposite walls and snap your l... through the two points. Call t... line AA. It will remain unchan... through the following steps.

Now find the center of AA, a... measuring in both directions fr... this center, mark 16-inch sectio... along the line. Second, two li... will be constructed at perfect ri... angles to AA and they will ... through two of these 16-in... points. To make them perfec... square with AA, use the "3-4... Formula." But first, choose two ... inch marks at the ends of AA a... snap lines through them parallel ... the ends of the room. (These a... not likely to prove to be squa... rooms being what they are no... adays, but you have to start wi... something.) Check these two lin... BB and CC, by the "3-4-5 Fo... mula," and correct until perfe...

Do not be discouraged by a sl... process of erasing and re snappi... lines at this point. It is worthwhi... to be careful, since once these a... accurately placed, the rest of t... job is fast and easy.

Next measure off your 16-inc... interval along BB and CC, sta... ing from AA and working out. Y... then have all the points needed ... snap all lines parallel to AA. Sele... one of these last lines as far as po... sible from AA—call it DD. Me... sure off the 16 inches along ... You are ready to complete who... floor by snapping lines throug... points on AA and DD. When the... lines, EE, are finished, room ... squared off, ready to stencil. ■



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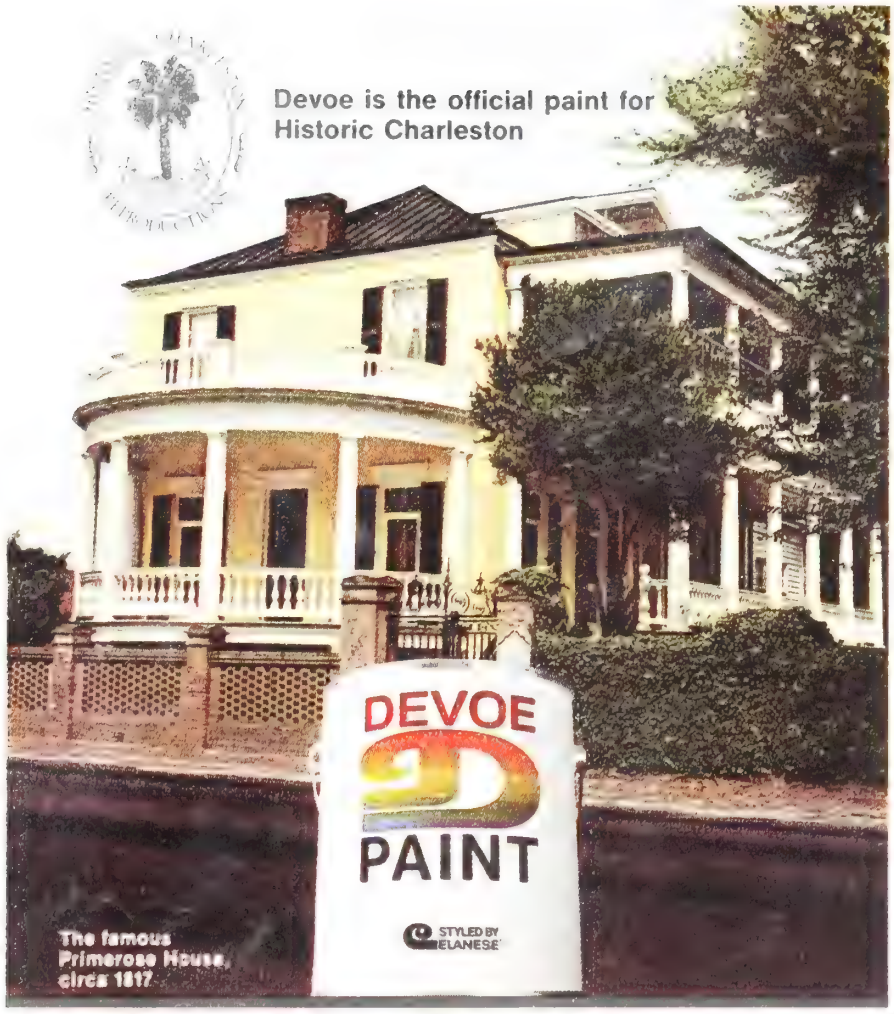
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# How to put more of yourself into your house

Doing-it-yourself, making things, whether it's providing the household with jam, vegetables, or a new painted floor, is often a way of saving money, but it's more than that. What becomes increasingly clear, is that the whole tradition of family life, and the activities surrounding this tradition, should be thoughtfully examined and reactivated today. "We've got to restore the status and importance to some of the traditional roles," says sociologist Dr. Freda Adler of Rutgers University, author of *Sisters in Crime* (McGraw-Hill $8.95, to be published in May), which looks into aspects of liberation. "Recently we've considered things like making a quilt as feminine, passive, and therefore lower status. But there is nothing wrong with that sort of activity. Handcrafting can be an anchor line and a tremendous support within the family. We tend to talk about gourmet cooking and home economics as minor occupations. We should build them up—as legitimate activities for both male and female."

***One thing we must realize is that saving time—the habit of instant living—is probably not going to save the dollar and may not even make good sense in the long run. "We've got to think differently," Dr. Adler insists. "We've tended to think the more we did, the more we produced, the quicker things happened, the more we gained. We have to change, to see that the more time you give to a certain task, the more value it has."***

This issue is concerned with what's good value in decorating and living today. We show how handcrafts, marbleizing, stenciling, furniture decoration—the personal investment that requires little more than time and effort—can bring fresh brilliance to your surroundings. We give you ideas for making over your house. See how decorator Jay Steffy helped a family, page 84, with paint, pillows, and platforms. There's the loft renovation, page 100, done with little more than "grass" carpeting and super-sized boxes that act as storage-dividers. On page 94, a farmhouse is beautifully revived with inexpensive wash-and-wear sheets.

Reporting on architecture, page 112, a house learns to take advantage of its location, getting power from sun and wind. A valuable guide for the future, in light of current thinking about energy.

How to decorate with less money and more you? Put more of yourself into projects. Ask, how can you express your feelings, your talents, how can you contribute to make your house and environment more you? In the process you will surely determine a more valuable and more manageable way to live.



JAY STEFFY

To live in a bright new way in a stiff old house usually means taking tradition by its horns and twisting them a bit. This is a house of Spanish-Colonial derivation built forty years ago in Beverly Hills, Cal. In it live Gail and Marty Stayden and their three daughters, two of them teenagers, one almost. They are a lively, comfort-loving family who like stylishness, but even more, ease. Interior designer Jay Steffy gave them both with just enough remodeling to make the house less stilted, less pretentious; an extravagant use of such nonextravagant basics as paint, canvas, and sisal carpeting, plus two totally different handlings of color—one monochromatic (downstairs); the other (upstairs), rich and variegated. For anyone puzzled about "making over and the extraordinary things it can do for you," here is a very good guide.

"Very basic," says Mr. Steffy of the living room. "The furniture boils down to what I call 'pillows' of different shapes, some on platforms, all with foam or Dacron cores wrapped in down, all with artist's canvas covers that whip off for the washer, all designed to cradle one's backbone when sitting down and leaning back. In the dining room, where one sits *up*, the design changes. The fireplace is new and has a platform hearth 7 feet deep to hold two pallet-cushions that become extremely comfortable fireside chaise longues."

# Decorating for More You

## Pillows, paint, platforms, and imagination—ingredients for a great make-over



"When you are composing an environment for people of different ages, gentle colors are a wonderful catalyst," Mr. Steffy feels. "All the downstairs walls are painted a pale honey-ivory that, depending on the light, often seems faintly pink or golden. All the floors are carpeted in pale textured sisal, and in the living room *[right]* because the girls like to sit on the floor, there are some shaggy goat-hide rugs. When the family gives a dancing party, which they love, they roll up everything, push the furniture back, and whirl around on a lacquered oak floor. There aren't many ornaments—a beautiful old Japanese horse, a twig construction by Charles Arnoldi on one wall, and in the hall *[above]* a black fiberglass sculpture by John McCracken on the stair wall, a painting by Tom Holland over the cedar-trunk console. For highlights, mirrored doors. In the dining library *[left]* the banquettes are dining height, and canted accordingly. Tables have steel restaurant bases and chopping-block tops.

## Gentle Color
### to keep space flowing in a great make-over







JAY STEFFY

"The billiard room *[above]* was part of a catacomb on the lowest of five levels. The alcoves are now filled with banquettes—quite high, so people can sit and still see what the players are doing—and a bar. Here and everywhere, ceiling beams were sandblasted for a lighter look, and every room is lit with outdoor lighting fixtures. Simple, good-looking, economical. The drawing is by Bruce Nauman. When we got to the bedrooms, which are *not* family rooms, it was time for individualism. Hence, no paleness. The master bedroom *[left]* has rich brown walls, a brown banquette, and a bed with a brown sofa-back for a headboard. Again the covering is artist's canvas, which looks quite velvety when it's dyed. The channel-quilted throw is stuffed with eiderdown, the 'sky' painting is by Joe Good. Next-door, one of the girls' bedrooms *[right]* is painted a cross between cornflower and navy blue to set off the ceiling, which has an ivory center bordered with soft-hued circles.

## Deep Color

**to add warmth and interest to a great make-over**



Decorating for more you

# Handcrafts to bring a house new li



2

1 3

Offhand, one does not think of decoration as a solution to bridging the generation gap. But it can be, and here is a very happy example. Carol Beckwith, *left,* is a successful young Bostonian painter and craftsman who lives a good part of the year up over the garage of her family's summer house on the New England coast. Long stays in Africa, New Guinea and Japan have left her with a deep interest in the handcrafts of those countries. Her parents, however, are more Properly Bostonian in their tastes, making it the task of interior designer William Hodgins, who decorated both Carol's studio-apartment and the main house, to create two totally different settings. The studio, once a big storeroom, was remodeled to make it livable, then filled with Carol's woven and painted Africana. The main house had its thirty-year-old furniture recovered and repainted, much of it in trompe l'oeil, then was further made over with such handcrafts as stenciling, needlepoint, old quilts, weaving, découpage —and a choice collection of Carol's paintings.



1

**1.** *The studio with Carol at work on one of her embroidered patchwork tapestries. For upholstery, African hangings of fine white burlap with painted black design.* **2.** *One of the two bunk beds, each concealable by sliding doors.* **3.** *Sitting end of the room with African chairs of reed and raffia interlaced with colored hemp rope.* **4.** *Main house dining room, its bleached pine floor painted by Carol. Flowers were inspired by botanical prints; each is inscribed with its Latin name.*

BEADLE

# To bring a house new life Pretty pick-me-ups that you can paint, sew, or weave





2



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**1.** *Pretty pick-me-up for the twenty-year-old house—the garden room, once a porch. Straw rug, bamboo chairs and sofa with hibiscus patterned cushions, low table of painted redwood. "Garden" is potted.* **2.** *Corner of living room, Mr. Hodgins's pride, with red twill sofas, big painting by Carol, needlepoint pillows by her mother. White lacquered table is Moroccan; big table, painted by Jay Friedline of Rockport, Mass., is topped by a huge "doily"—flowered, fringed, and tasseled—a delightful example of freehand trompe l'oeil painting. On the table, a vitrine full of butterflies, and a decoupage lamp with its cut-outs glued to the* inside *of a glass urn, then sealed with paint. Not difficult, once you get the hang of it.* **3.** *Blue and white guest room with a handwoven, reversible rug and a quilt—one of the great American decorative arts—in the famous old "Lone Star" pattern.* **4.** *Another living room corner: Both the table, with its random flowers and bugs, and the chair, its caned back painted to look like brocade, are the work of York Kennedy. Here, the rug gives way to bare floor, stenciled in pale blue, stylized pine cones.* **5.** *A table setting to remind one that vegetables make stunning flowers. And you can eat them.* **6.** *Back in the living room: fringed with tassels, white linen over curtains are lined with aquamarine cotton. Now you see it, now you don't. Armchair is covered in a flower-drenched fabric; white painted, carved rope chair of Italian ancestry is one of a pair.* **7.** *Double guest room with a "suite" of furniture that was brand-new in 1932. It's new again, thanks to fool-the-eye yellow and white treillage painted by Mr. Friedline. The lattice is blocked out with a ruler and a soft pencil, then filled in with paint. Although the little medallion of flowers is a bit trickier, being freehand, the flowers could be stenciled and still be effective. On the floor, raveled carpetings; at the windows, yellow cotton curtains from Greece.* **8.** *Another guest room with a Friedline masterpiece —a chest painted in a potpourri of flowers, squares of* faux marbre *and its semiprecious relatives, squares of* faux *fabric, and a charming little still life. Not for beginners, although if one wanted to try, Isabel O'Neil's book,* The Art of the Painted Finish, *would be an invaluable guide.* **9.** *Entrance hall: another Friedline painted chest, and a calligraphy by Carol, who studied the art in Japan. In Boston, her work is shown at the Harcus, Krakow, Rosen, Sonnabend Gallery.* **10.** *The living room, looking toward the garden and pool.* **11.** *Again, the double guest room, its beds painted in the same treillage as its chests. Rag rug woven by Helen Gushee; old quilts from Tennessee in the "Grandmother's Garden" pattern.* **12.** *The family room, a pleasant mixture of the parentally familiar and Carol's exotica—the latter by way of a huge painted panel, a kind of African Noah's Ark, a little African stool carved like an upside-down canoe. Wicker basket with its lid padded with an afghan as once a laundry hamper, is now a deep container of needlepoint mahjongs.*



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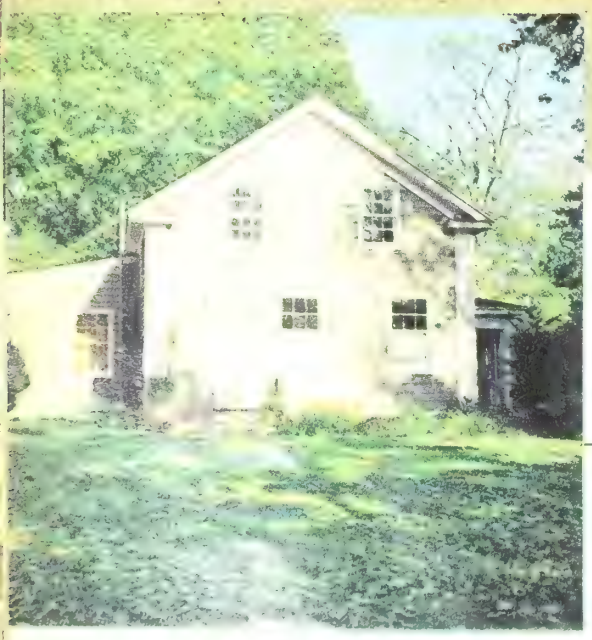


9



12

HORST



**Bold splashes of fresh fabric bring dash to every room,** covering everything with designs in brisk blues and yellows. Clean and uncomplicated, the patterns have the look of handprinted batiks—and the joy is that all the fabric refurbishing comes from quilted bedspreads and sheets, cut and sewed into slipcovers, tablecloths, pillows, and curtains. Using sheets and bedspreads is a great way to sparkle a room, or a whole house, marvelous more-for-the-money decorating.

**Remodeled farmhouse takes on new life,** *left,* with coats of paint outside and in, patterns on sofas and tables, windows and beds. Here, and on the next pages, Martex's China Seas Collection goes from living room, *above and opposite page,* through kitchen, dining room, bedroom, showing how prints play together. Living room furniture is covered in a blue print, "Parang." Yellow and blue tablecloths, pillows are "Ching," which also comes in bright red and blue, and Oriental pearl [illegible] terra [illegible]. Other patterns in the Collection include "Surabaya," Oriental flowers and leaves; "Java," a blue and red [illegible] n," a stripe in coral and white, yellow and white, and Oriental pearl and amber. The Collection is available [illegible] ases, pillow shams, dust ruffles, comforters, bedspreads, draperies, table rounds and towels.

Decorating for less money and more you

# Fresh sheet patterns for a quick make-over

**sp blues, sunny yellows pattern the living room,** all looking as fresh as a clear summer's /. Everything is sewed from quilted bedspreads. Here to keep the cool and airy look of patterns, floors are left bare except for a square of straw matting; windows are only f-curtained. To make slipcovers out of quilted bedspreads, you would need approxi- tely three full-sized bedspreads for a sofa that takes 18 yards of fabric; an armchair l take almost two full bedspreads with some fabric left over. For the upholstered side air, use a single bedspread (you will only need half; the rest can be used for pillows). make the tablecloth, *right and below,* you need a twin bedspread for a 72-inch round d a double bedspread for a 90-inch round cloth. Simply cut a circle in desired diameter s 1 inch for hem. Rug, Bailey/Huebner. For shopping information, turn to page 184.



# Fresh sheet make-over all through the house

**A new kind of patchwork in concentric squares makes a soft-as-cloud comforter that covers the whole bed.** The center is a 24-inch square; each banding of color is cut from an 8-inch-wide strip of sheeting and puffed with Dacron fiberfill. Big 25-inch-square envelope pillow shams combine the two prints. To make shams: Cut sheeting for front 25 inches square plus extra inch around for seams. Cut sheeting for back into two pieces: one measuring 32 inches long by 16 inches wide and the other 32 inches long by 20 inches wide to allow for overflap. Cut four strips of contrasting r 4 inches wide and 26 inches long. square, mitering corners. Overlap front and back pieces face to opening. To create th ontrasting fabric seam.

**A kitchen corner gets a dappling of gay prints** in n "Suraba the dirndl skirting is "Kowloon." All patterns, a happy mix, are from Martex's China Seas Collection. The no-

**lors as soft as early dawn turn a country porch into a charming dining nook** all quick decorating magic sewed from sheets. The tablecloth is made from "Surabaya" pattern. Curtains are stitched of "Kowloon." Here, there are windows measuring 26 inches wide by 52 inches long. Curtains are banded around with a 3-inch border, shirred on a spring rod, tied back with a floppy w. To make the unlined curtains and tiebacks, you would need one king and one twin-sized sheet in yellow, one king in coral. For the width, double the size of the window; for the length, cut the same length as the window. Add the border, a 7-inch band as long and wide as the curtain. Fold each band lengthwise right side out, sew to curtain taking ½-inch seam all around. Make rod pocket 2 inches deep by running 2 rows of stitches across top band for ⅜-inch rod. The 26-inch-long bows and the 54-inch-long tiebacks are 7 inches wide.

# Ready-to-use decorating zest plus do-it-yourself techniques from craftsmen

Quick changes for lasting effects—that's what these next six pages are all about. Four ideas for projects to get you started plus things to buy that can add just the right measure of polish to perfect the job. Like the sleeping alcove, **1.** that's a virtual bower of "Wild Poppies," a delicate new pattern from Wamsutta. The bed curtains were made from sheets with an added 2 inch banding of lace—lace was stitched to the edges of the pillowcases as well. "Wild Poppies" has its own comforter, and dust ruffle, too. **2.** Wherever you need extra lighting, or overhead lighting for plants, a ceiling-fixtured plant lamp has a spun-aluminum reflector interior. By The Lite Factory. **3.** Orange or yellow, black or natural—eight colors to choose from for canvas covered stacking side chairs by Moreddi. **4.** It's a tie-together chair called "Soft Sac." Two pillows put together make it easy to move around and easy to care for. From The Apartment Store. **5.** Vinyl wallcovering with a big pattern that could make a small space very bright, very special—like a small library. "Kensington" by Thibaut. **6.** Handmade and one-of-a-kind lamp bases—Chinese vase-shaped basket, right; Japanese fish-trap basket, center; four Japanese woven pillows stacked in tiers, left. Similar bases at John Rosselli. **7.** Multipurpose furniture that adapts readily to fit your needs—it's a chair, a chaise, or, when folded out, it becomes a twin-sized bed. By Founders.

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Sectional [illegible] **8.** [illegible] to the right side, that can be used as a sleeper. Ottoman cushion may be flipped over to become a table. It's all upholstered in a pure white Haitian cotton with zippered cushion covers. B/D Directional. **9.** Brightly colored Matisse-like flowers cover a heavy cotton fabric—"Cannes" [illegible]rd to make it easy to care for, too. **10.** Over sized jonquils and tulips in the freshest colors for spring. "Brittany" cotton fabric [illegible] ers because [illegible] Scotchgard to [illegible] of a problem. By P. K[illegible]

Turn to shopping in page 184, for [illegible]

ciling with a roller is a technique that can pattern a floor with splashy color in half the time it would take to use a brush. The to roller painting is to make sure the paint is thin enough and the roller itself is dry enough. Cile Lord, the stenciling expert adapted a quilt pattern and translated it onto the floor, *below,* has some tips on how to manage this. She recommends using hair roller and japan paint mixed with turpentine to the consistency of milk. First, saturate the roller with paint by rolling and down eight or ten times, crossways a few times to even out the coating. Have a thick stack of paper toweling already on a cookie sheet and roll the paint out on the towels. It should leave a solid block of color, with a dry texture. Roller can

# How to paint a patterned floor

## with stencils you make from a favorite quilt design





*Supplies*



*Saturating roller*



*Rolling on paint*



*Lifting a stencil*



*Rolling out on paper towels*



*Stencil, above and below, taped to floor and painted with roller*



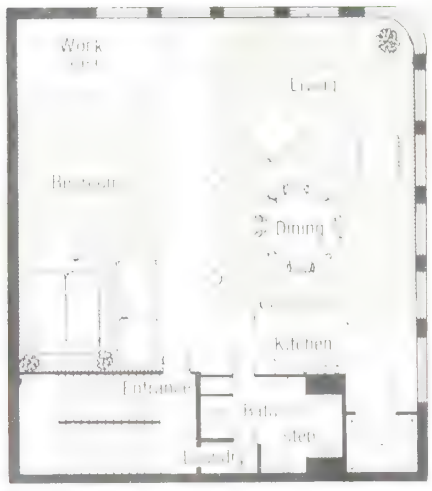
n be applied to floor. (If roller leaves a spotty color print on toweling, resaturate with paint.) You have to throw away paper veling as it gets wet. This is how you keep the roller dry enough. It is better to have roller too dry, rather than too wet, as there he danger of paint running under the stencil. Roller will gather paint as stenciling goes along; so paint will have to be thinned h turpentine and stirred often. To roll paint onto floor, make sure that stencil is held firm with masking tape. Use roller lightly, d for a neat edged job, clean stencil when it's loaded with paint. Keep a cookie sheet near to put roller in while you lift stencil d move on. For quilt pattern, floor was sanded, given two coats of white paint. Three 7-inch rollers were used; one for each or. To stencil 15-foot square room, it was marked off with 16-inch squares beginning in the center. Blue was stenciled first, then low, and last orange. For how to mark off a room and cut stencils, turn to page 78. For this and other projects see *The Art Decorative Stenciling* by Adele Bishop and Cile Lord, to be published in the fall by Viking. Room by Goslee Moore Interiors.

HARDIN










3

## Decorating for less money and more you

# Painted nature and surprise stora

The space was a showroom paneled in battered blond plywood, part of an old factory—and absolutely ideal for an artist who needed room and who had the imagination and the strength to reclaim neglected space. But the transformation had to be fast and inexpensive. A couple of bold ideas, some ingenious movable storage cubes, and now silkscreen artist Charles Amato and Big/Art, his (and Albino Cimonetti's) company, live in a kind of indoor park.

**First decisions were crucial:** No walls to break up the space. Grass-green carpet soft underfoot, a black tile "road" down the middle, a white sky (the old embossed tin ceiling repainted), and paper moons for light. For furniture, long muslin cases stuffed with kapok that become clouds or soft sand dunes, **6.** to arrange around oneself. A hotel banquet table 6 feet in diameter, **1.** kept covered by colored cloths. Surrounding it, armchairs more than head-high to shelter those in them (dinner guests tend to settle there and stay)—covered in white, so the one odd chair looks like part of the set. Two double beds, **3.** blankets rolled into a long bolster shape during the day, white pillows propped there. A kitchen lined up along a wall, **2.** But no dividing walls, so no conventional closets—instead, six sky blue cloud-painted wooden cubes, art and storage all at once. "We made them 4 feet square so we could use standard 4-by-8 sheets of plywood without waste," Mr. Amato says. "They're 5 feet high so clothes on hangers don't drag." Extra plywood became shelves. The cubes, put together with glue and screws, have doors on opposite sides and are divided down the middle inside, creating two 24-inch-deep closets for clothes, books, bureaus, brooms, **4.** or whatever is needed. When they were finished, artist James Valkus gave each its own sky—and incidentally provided names. Now, if a guest asks for his coat, Mr. Amato says airily "Oh, yes, it's in the morning sky," and everybody knows exactly what he means. The cubes also give the room its private places. On casters, three of them cluster around the bed to form a bedroom. One, holding supplies, gravitates toward the corner office space, **6.** Two are angled, **5.** between the table and lounging place. A bit over eye-level high, they shape the park into a series of semisecluded gardens.










# How to make over a room

## with slipcovers, pillows, or carpet columns







3

Soft pastels in a bed/sitting room, **1.** Quilted moiré chaise, [illegible]" coverlet, and pillows [illegible] "Gatsby"—all by Nettle [illegible] Foil patterned wallcover- [illegible] which also covers breakfast [illegible] Van Luit; steel French day bed from Pierre Deux; Tibetan durrie rug by Stark. "Judy's Floral" painting at Dan Greenblat.

Chinese patterned carpet pillars, **2** and **3.** designed by Inman Cook and Daren Pierce. Pattern is adjusted to pillar girth so there is never a visible seam, just one fluid design. By Edward Fields. **4.** Fantasy plates painted by the Giobbi children—dinner-sized plates part of set. At Bailey/Huebner Shop at Henri Bendel. **5.** Rattan étagère, 78 inches, imported from Spain by Broyhill. Shopping information, page 184.



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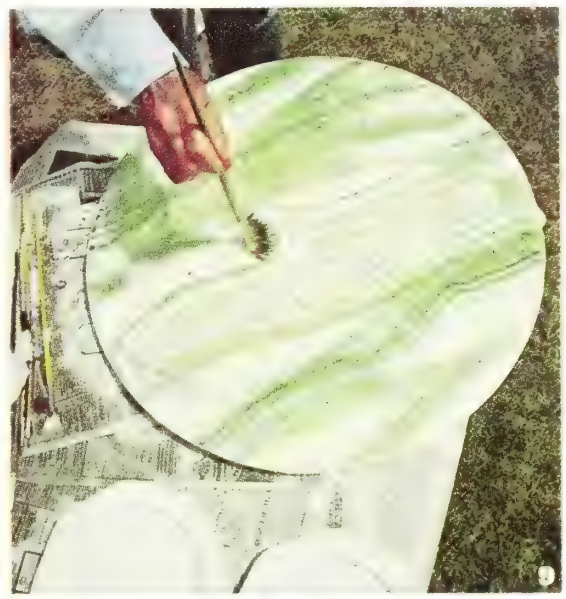
# ...ow to marbleize ...a tabletop in less than an hour

...quick drying acrylic paint, a ...e look could be yours in less ...n hour. This rapid technique ...orative painting was created ...ring S. Hayden of Nantucket ...as marbleized wood for fun ...riends but also the paneled ...of a grand salon in a French ...u. While a Fulbright Scholar ...is he was fascinated watch- ...e marbleizing of the halls in ...ace des Vosges where he had ...udio. Now Mr. Hayden turns ...od into marble, bird's-eye ..., curly maple, fantasy woods, ...time at all. And so can you. ...ment first with plywood, then ...ny old piece of furniture that ... new zip. Mr. Hayden, **6.** ...eizing a little table. When ...rst start, have a picture of ...e nearby to use as a guide. ...arbleize ¾-inch plywood top, ...ply two coats of gesso to sur- ...sealing the wood. When dry, ...ently with 180 finishing paper. ...ze Acrylic Artist's Color onto ...e. *Note:* Rinse brushes in wa- ...ter each application as this ... is permanent and dries fast. ...e applying paint sprinkle en- ...urface with water. Then with ...inch brush, **8.** streak surface ...paint (water makes it run). ...surface with wet paper towel- ...hen use sable fan brush, **9.** ...read lines. Slap with loosely ...ed newspaper. Sprinkle more water to make the paint spread. Outline with a thin #1 sable brush, **10.** For lighter shades dip brush into paint, then into water for veining. For fork or dual veining use fan brush. Sprinkle with water. Then spatter with stiff 3¾-inch bristle brush for characteristic mottling. Pat dry with newspaper. If you wish to add a second color, do so immediately, the paint dries very fast. If you feel you have made a mistake wipe it away instantly with a wet rag, but marble isn't precise, so relax. This tabletop, **11,** took half an hour. For added protection cover next day with two coats of urethane. Here, a variety of Mr. Hayden's work on Nantucket. **12.** Old pine column made marble. **13.** In curly maple, ledge and window frame in The Boarding House. **14.** Mr. Hayden's own mantel. **15.** Roman head, found in a yard sale, now elevated on blue "marble."


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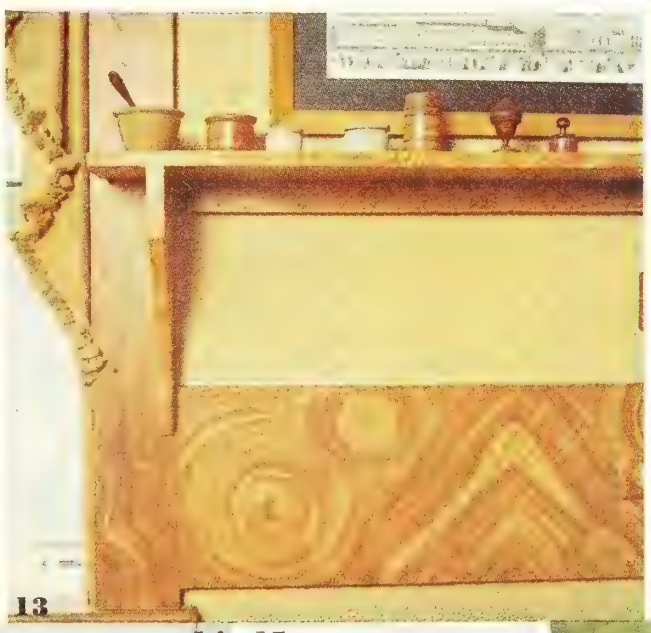

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BEADLE


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**8.** Polyester an
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Arlen. **9.** Bath
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ers, towel holde
Stangl. **10.** "
Bassam" Dacron
cotton covered p
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HARDIN

READY-TO-USE DECORATING

# How to make over a closet or a hall with wallpaper and storage







A brand-new study was born from a tiny closet measuring only 6 feet square, **1.** Designer Arthur E. Smith chose a Woodson wallcovering in a "positive/negative" print. Predominantly white and black for the walls, more black than white for behind the bookshelves. The white reflects enough light to make you think there's a window! A narrow hall connecting two bedrooms, **2.** was transformed into a complete dressing room by adding built-in closets and a three-drawer dresser. Then it was all covered with one wallcovering. J. Hyde Crawford chose a small chevron print by Quadrille. Lights around a large mirror brighten the passageway. **3.** Handsome combination of plaids and stripes on 30-inch-square floor pillows. They're covered with handwoven Indian cotton. By Riverdale. **4.** Louvered blinds that have been air brushed with designs—this one is "Fern Garden." You can [illegible] create your own. Diversified Manufacturing can transfer a design to the type of blind you have -this is on Levolor "Riviera" blinds. **5.** Foam cushions of a love seat on a sculptured fiberglass base in Parrot Green covers remove for washing. By Meadowcraft. "Eloise Stripe" vinyl wallcovering, **6.** has a companion fabric. W.H.S. Lloyd. **7.** Green blanket plaid for "Shenandoah" vinyl wallcover-





S. KORNILOFF



10

# ...w to make quick room ...hange

## ...with tablecloths

...ffet setting for tea with the flavor ...llure of the South Seas, inspired ...n indigo and white cotton cloth ...six cotton napkins, **11.** Zandra ...es designed this cloth and the ...shown below for Henri Bendel. ... teapot and plate in the center ...e table from David Barrett; blue ...el-handled "Saturn" flatware ... Carole Stupell; small teacups ... covered rice bowls, wicker ...s, antique Chinese plates from ...ed Editions, seashells from the ...ctor's Cabinet; lid of a Seneca ...ng basket with a blue design ... the American Indian Arts Cen... mother-of-pearl handled tea...ns from Altman's. **12.** A place ...ng of American Indian art—...ther" cotton cloth and napkin ... Navaho bracelet used for a ring. ...n Red" dinner plates, "Latham" ...ses, "Directoire" flatware from ...le Stupell; whalebone sculpture, ...s, Navaho silver box, oblong ... bracelets, tray from The Ameri... Indian Arts Center. **13.** Water ... au gratin dishes, duck planter ... Primitive Artisans; tiles from ...ntry Floors; lacquered vases and ...ey feathers at Limited Editions; ...hers, Schwarz & Sons Feathers.



12

...illiant coral shells outlined with ...een on "Shell" cotton cloth, ...**1.** "Spectro Green" stainless flat...re by Supreme Cutlery, "Latham" ...asses, and soup bowls in the shape ... gigantic clam shells, clear crystal ...pkin rings—all from Carole Stupell; ...he decanter from Georg Jensen; ...ass soup plates from Cardel; crystal ...ulpted seal from Georg Jensen. For ...opping information, see page 184.

11

SUSAN WOOD



13



14

Houseplants out for the summer

# A backyard paradise







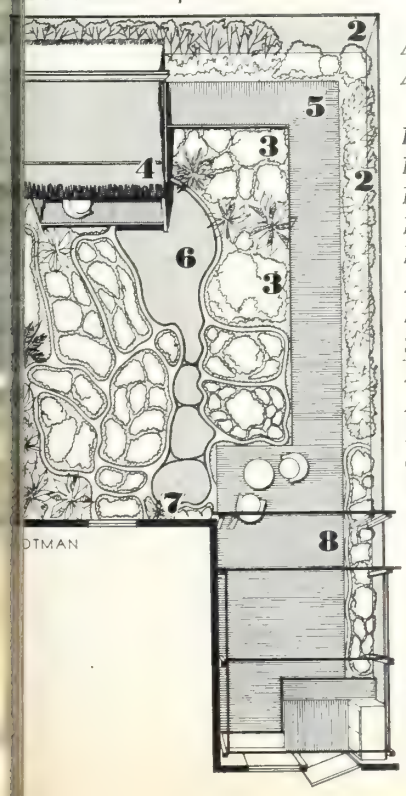
**1.** *House plants and macramé transformed a scruffy yard behind a rented apartment, giving even neighboring ailanthus trees a look of tropical splendor. Plants are grouped in their pots and get four hours of sun daily. The beds, like the stream and waterfall, are sculpted wire lath plastered with Sakrete, painted with earth colors. The pool is kept brimming by a recirculating Tornado pump that sends rivulets and mists down the 8-foot waterfall.*
**2.** *The garden and gazebo, thatched with sixteen Japanese raincapes, come as a surprise as one walks from the awninged corridor, shown in process* opposite page, below. **3.** *The view from the peacock chair inside the hut is a lush world away from the once bleak wall it faces.* **4.** *Fiery coleus in pots masked by bark chips add Gauguin color. The decking of redwood two-by-fours on 4-inch posts is 1 foot above ground. The bed terrain ranges from 1-to-4 feet above grou The pool is hollowed 3½-feet deep and glints with goldfish*

EMERICK BRONSON



n fronds and shadows, a plashing waterfall, the le of birds—one fully expects to hear surf. Yet this kyard happens to be in a city that is tropical only humid days in summer. Two young New Yorkers led sparetime talents and energy and built this e island of a garden last May and June, for a total bout $1300. The cost to Jim Mondhank, designer a manufacturer's representative, and to Eddie p, director of NBC Studio tours, did not include plants, some of which they moved from indoors. ny were bought, introduced gradually to full sun, sold at summer's end in optimum condition to teful friends. In winter the garden has a sculptured, nscape look with its cratered beds of ready-mix ent. From June through September, it is a trip to tropics every day. More information, page 64.

*n: Yard, 20-by-25-feet, had*
*Wall tangled with wisteria*
*Walls with English ivy*
*Some clumps of hosta. The*
*was rubble. Now there is*
*A thatched 8-by-8-foot hut*
*Paths of redwood decking*
*Pool of epoxy-sealed Sakrete*
*Waterfall near dining area*
*Corridor with planter*




OTMAN

*Large plants*
*Palm: Areca, Chamaedorea erumpens, Chamaerops humilis, Phoenix, Washingtonia*
*Dracaena: D. draco, D. marginata, D. massangeana, D. warneckei*
*Aglaonema*
*Araucaria (Monkey-puzzle)*
*Beaucarnia (Ponytail)*
*Brassia/Schefflera*
*Dieffenbachia*
*Dizygotheca*
*Ficus lyrata*
*Monstera*
*Philodendron selloum*
*Small plants*
*Aphelandra*
*Asparagus sprengeri*
*Boston fern*
*Grape ivy*
*Maranta*
*Pineapple*
*Spathiphyllum*
*Swedish ivy*
*Tolmiea (Piggy-back)*
*Tradescantia*
*Colorful plants*
*Begonias*
*Caladiums*
*Coleus*

Decorating for more you

# How to make home where the heart is



In Alexandra Stoddard's world, happiness is a natural state of mind; she lives every day joyfully, making a delight of her home and elevating to an art all the domestic details that keep it glowing with good care. She is as practical as she is pretty, with her own ideas on how to create an environment that is totally satisfying, comfortable, and economical. She believes in living every day in style: "Preparing a beautiful meal, setting a dazzling table, lighting candles, playing music you love, having fresh flowers . . . all add to the atmosphere. Have a scented candle burning. Have green plants hanging in your bathroom. Use lemon or your favorite almond soap. Use flowered sheets. All these simple pleasures add luxury and romance. It's what your taste can accomplish, not what money can buy." Everybody has to make a place her own, and "when you've got a good thing going, your friends would walk barefoot in a snowstorm to be with you and your warmth." She thinks that surroundings should be very personal, full of small treasures and memorabilia, accessories that are used and loved. "Using our things makes them join us. Cachepots can hold ice cream or a plant or Christmas cookies. Baskets can be for sewing or popcorn or whatever." And on color, she is all for saturation: "Color is the quickest and cheapest way to transform your surroundings. If you study Matisse you'll learn about balancing colors. Open up your closet and take a close look at your clothes: there's a color story right there. Study your stationery boxes, your scarves. Be suspicious of any color that doesn't look well with white and black." Here, and on the following pages, these pictures show Alexandra Stoddard's enthusiasm for decorating with warmth and heart. The quotes are from her recent book, *Style For Living* (Doubleday) on "how to make where you live you."



HORST

*A live-in kitchen full of naturals: wood cabinets, quarry tile floor, copper pans, baskets, and plants, and a corner for dining.*



*Brilliant yellow fabric with tiger red chairs, a burst of hothouse flowers, and a cozy yellow area rug pull the dining area together. An extra luxury touch: Oversized napkins and candles. A round table can be set up in the library for more guests.*





*Garden-like living room,* above and below, *is filled with soft colors, mellow woods, gleams of lacquer, collections of shells, boxes.*

# Home where the heart is has your colors and your favorite things



*A beautiful patchwork quilt acts as the catalyst for all of the colors that are splashed around the room—a profusion of patterns, like so many rays of dazzling sunshine that brighten every corner.*



*Wicker adds to the charm. A heavy table is fulled with a dimity skirting of crisp white eyelet organdy. Masses of pillows add to the room's warmth and coziness.*

*A niche for working,* above, *is orderly with a wall of shelving, all kinds of paraphernalia filed in baskets and wallpaper-covered hatboxes. Two little girls share the bedroom,* below, *happy with their own loves of primary colors and collections. Walls are lacquered with Swedish "Emolj." Furniture is all wipe-clean; the floors are also maintenance-free, and protected with coats of polyurethane.*

HORST



**"Bedrooms are for pleasure. Sleep in a garden, sleep in beauty . . .** enjoy all your favorite colors and changes, and spend your money on new sheets," is advise from Alexandra Stoddard of McMillen, in *Style for Living* (Doubleday). She washes her rooms with radiance. In her own bedroom, *opposite page,* sheets are a mixed palette of prints and solids, always at ease with the patchwork quilt. "Don't limit yourself to color coordinate anything that will be difficult or expensive to change. Your basic color preference and taste in objects should be classical enough to withstand your current craving for this season's hot color, which might be tomorrow's regret." Her use of space is another enjoyment; there are areas for rocking and reading, chatting and napping, and even a window box for gardening. In the children's room, *opposite page, bottom,* space is defined with lots of bright color, and ready for any activity. A well-organized workroom, *above,* has a place for everything: She believes that we can double the usefulness of space by having hobbies and projects at arm's length collection of baskets and boxes everything compact and visually ple

For further shopping information on these and the foregoing pages, see page 184.



A 200-watt wind generator, mounted on the living room roof, produces enough power to supply the owners' most important electrical needs, light and music. The roofs collect rain water, then channel it into storage cisterns.

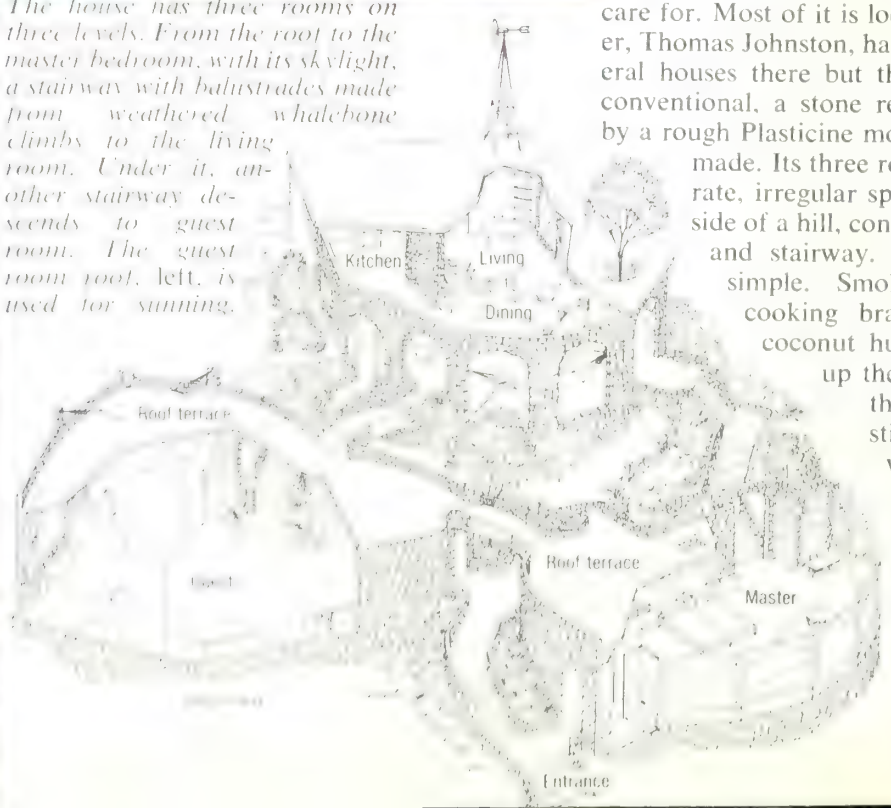


Trees show the effects of the constant trade winds. Blue of a tropical sky surrounds house, while iron chain helps keep the unwary from tumbling off.





The house has three rooms on three levels. From the roof to the master bedroom, with its skylight, a stairway with balustrades made from weathered whalebone climbs to the living room. Under it, another stairway descends to guest room. The guest room roof, left, is used for sunning.




The architect drew a line on the groun The native masons mixed mortar i ported from Trinidad and began to l up local volcanic rock along it. So, ve simply, combining what was alread there with a very little from the outsi world, this grotto was built on Bequ a 6 square mile Grenadine island th marks the boundary between the Atla tic, *above right,* and the Caribbean, *lef* Most things must be imported to B quia, so those who live there are self sufficient of necessity. The house i powered by wind and sun, using out side fuel, propane, and kerosene, onl for refrigerator, some cooking. Every thing has been built to cooperate wit the place and the weather: cool ston and shadows keep out the hottest sun but the climate is benign—in the 80 year round—so living room, *opposit page*, offers no barrier at all to the out of-doors. The little wood used is ter mite-proof Purple Heart; furniture masonry, or built in, and effortless t care for. Most of it is local. The build er, Thomas Johnston, has designed sev eral houses there but this is his leas conventional, a stone reverie inspire by a rough Plasticine model the owne made. Its three rooms are sepa rate, irregular spaces along the side of a hill, connected by path and stairway. Living is stil simple. Smoke from the cooking braziers burning coconut husks may drif up the hill to where the "hill man" still watches for whales, signal ing their posi tion with a bit of mirro to the whalers who are wait ing below.

Powered by the sun and wind

# a vacation house that makes the most of nature





*The seven arches of the 40-foot living room are open to the sun, to passing birds, to breezes that help blow insects away—and to occasional tropical squalls. When the rain starts, the owners take temporary shelter in the compact triangle of the kitchen,* left. *The furniture, stone, metal, canvas, wicker, native rushwork and nearly impervious Purple Heart wood, dries as quickly as it got wet, and the tree that grows through the skylight is effortlessly watered. Designed for unencumbered living—few things need care—house has a reinforced-concrete shelter to hold possessions when owners are away.*

EZRA STOLLER

# A vacation house that makes the most of nature designed as a cascade of room

*rfectly adapted to its habitat, only the gleam of ndows, roofline against sky betray its existence.*



*A simple solar collector found on Bequia gathers enough heat to supply the household with hot water. Black-painted water storage tank is at left.*



*Whitewashed cistern, on of several, holds water fo wash. Clothes dryer is sur*



*Paget Farm is the village on the other side of the bay, closer by boat, but because of currents not as convenient as the pathway—the only other route from the house to the outside world. Friends, children, and grandchildren visiting from the United States stay in the guest room,* left, *where four beds (only the double bed under a conical mosquito net is visible here) accommodate them. There's a bath behind a closet wall. The room is large enough for a separate life, but the house itself is so private and so open that everybody there tends to share in everything. The fish occasionally flies from the flagpole when guests are in residence.*

EZRA STOLLER

*In the living room, an arch custom-fitted to the owners' seating comfort looks out on tangled tropical growth, and beginnings of an informal garden.*

*e sun rises between my ," says the owner. Mas- bedroom is lit from the , through Perspex win- s (glass, an import, is too ukable), and from over- d skylights. A tree plant- y the bed shares the light. vas rainscreen can shield e opening on leeward of room. Almost all fur- re in the house was hand- de there on the island.*

# HOW TO LIGHT YOUR ROOMS LIKE AN EXPERT

Four lighting consultants give you tips, the newest techniques, and interesting ways to bring a room to life with lig
Here are plans for dining room, kitchen, bedroom, and bathroom, complete with light fixtures to buy or to ma

## 1

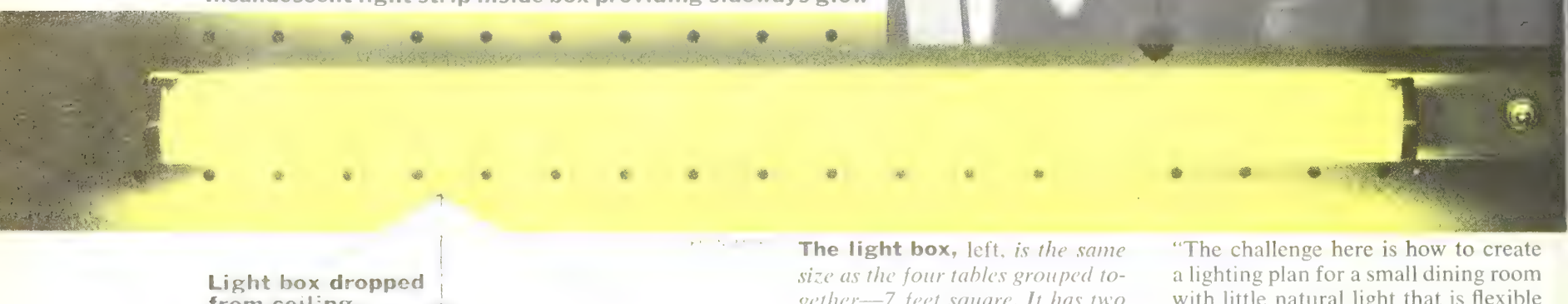
**"A dining room should have a sideways glow to flatter faces and down spots to dramatize food."**

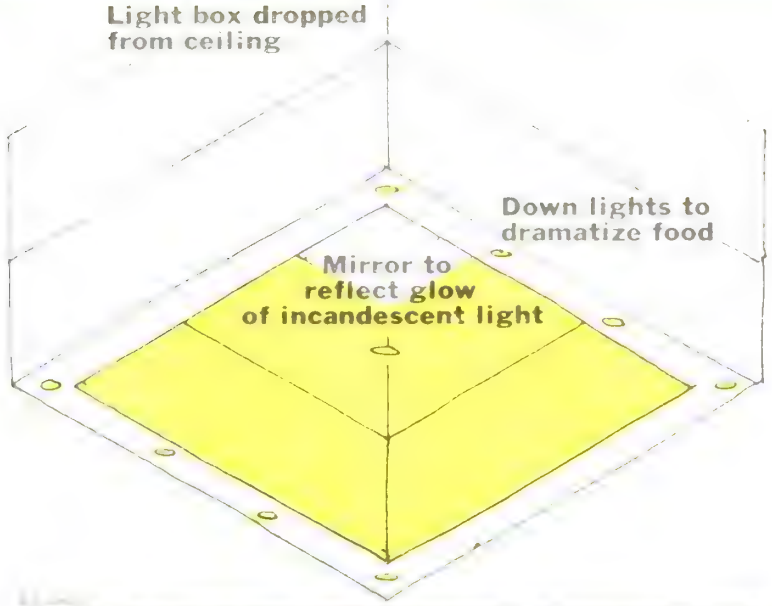
**Paul Marantz**

*Pioneer in the architectural lighting world, Jules Fisher & Paul Marantz, Inc. are the Broadway Lighting Specialists for the Shubert Organization and U.S. Institute for Theatre Technology.*

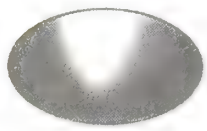
TED HAR






**The light box,** left, *is the same size as the four tables grouped together—7 feet square. It has two lighting techniques—a) Lumiline linear incandescent strip behind Plexiglas lining of the box. Lumiline comes in tubes of 12 inches and 18 inches from Harry Gitlin. b) Directional spotlights mounted in rim by Lightolier.*



**Dramatic spotlight onto tables**

**Wall washer, for soft light on the walls**



"The challenge here is how to create a lighting plan for a small dining room with little natural light that is flexible enough to light four tables and three seating plans—1) four tables together seating twelve, 2) two groups of tables each seating eight, and 3) four tables of four. The entire ceiling of the room is mirror, thus expanding space. The main lighting comes from a box dropped from the center of the ceiling. Its outer sides and rim are white Formica. Inside the box, on all four sides, is a linear incandescent light called Lumiline behind translucent Plexiglas, giving a soft general glow diffused sideways. The inside top of the box is mirror, reflecting this glow. Around the bottom rim are holes for dramatic down lights, angled to light the tables, not faces. Along the sides of the room are wall washers, giving a soft side light. This total lighting system gives a glow of light with dramatic spots only on the tables. All the lighting is on a dimmer, so the level can be raised or lowered." The architect was Clyde Rich. For shopping information, please turn to page 184.

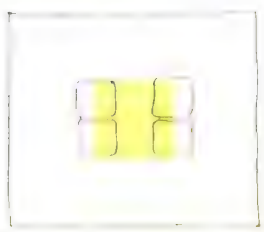
**In this lighting system,** left, *you can go from the most dramatic, with down lights only on the tables, to soft light on the walls; then you can add in the soft, internally lit box with its sideways glow of light, seeming to float in the ceiling—great flexibility for a small dining room.*



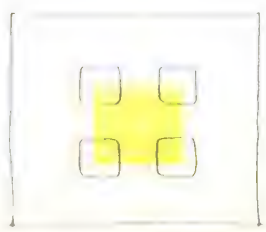
**View of the dining room,** above, *showing the muted glow created by the ceiling box, the dramatic contrast the down lights make on the tables and the wall washers by Lightolier, giving a glow between the tables and the room.*



**All tables together,**



**Two groups of tables,**



**Four tables separated,**

**The glow from the lighted box** *in the ceiling illuminates the tables,* left, *and the down lights in the rim of the box are placed to highlight the center of the tables, in whatever seating plan they are arranged. You can switch on any or all of the down lights at a time, according to table groupings.*



# 2

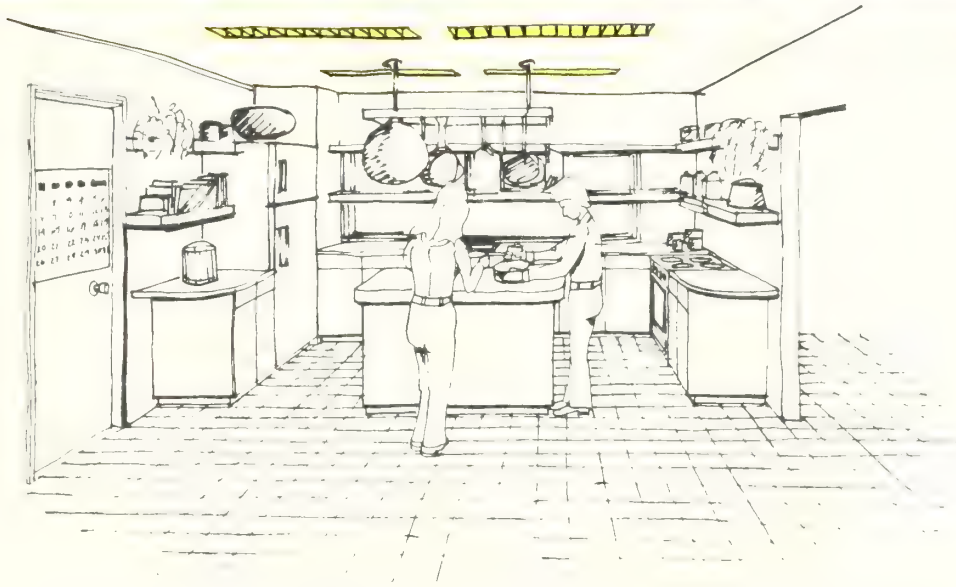
**"Kitchen light should be bright and shadow free, wherever you are working."**

**Carroll Cline**

*Lighting consultant in New York City and instructor at the New York School of Interior Design.*

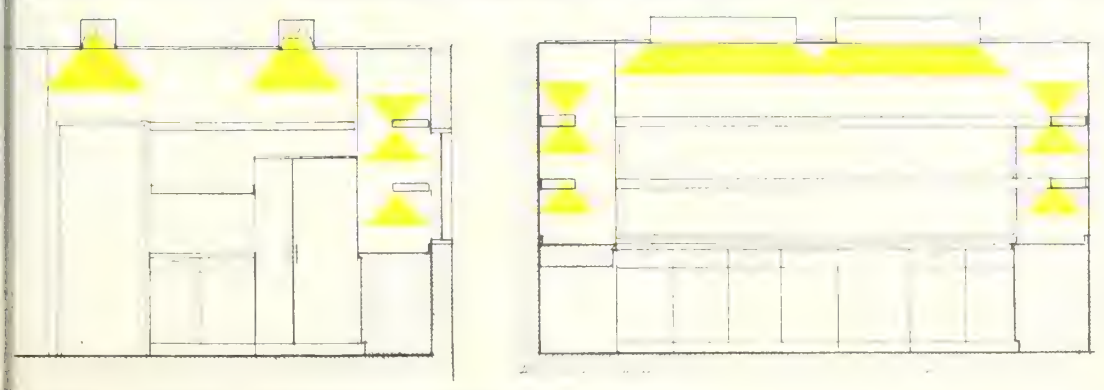


**Fluorescent ceiling fixture,** *4 feet long and 12 inches wide with curved aluminum louvers, which prevent glare—Modular High Visual Performance Luminaire by Lightolier.*

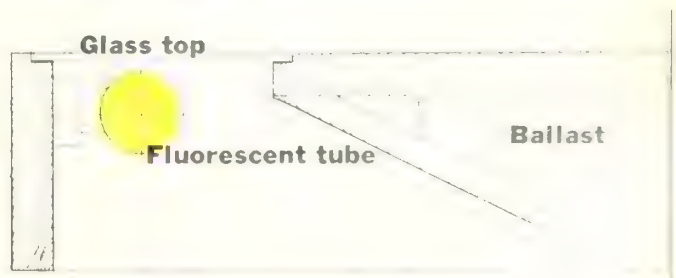


**Front view of the kitchen,** *showing the U-shape with central island and pot rack. The far wall has a sink and countertop, with a window above, and two rows of shelves, which continue round the sides. The four fluorescent fixtures are in the center of the ceiling, giving a down light that is shadow free, essential when you are working.*

"This is a U-shaped kitchen. In the center is an island with chopping block and pot rack above. The main lighting comes from ceiling fixtures with fluorescent tubes behind curved louvers to prevent glare. The other lighting comes from the shelves, which are 4 inches high, built like open-bottomed boxes. Concealed inside them are warm white fluorescent tubes. On the upper shelf, the front section of the top surface is glass. The light thus diffuses up as well as down to the lower shelf. The lower shelf has no top glass, so the light shines only down, on the work surface. This lighting technique shows up utensils and jars on the shelves, and is attractive when the ceiling lights are turned off. Both ceiling and shelf systems give you light where you need it most—at whatever angle you are working." Shopping information, see page 184.



**e view of kitchen showing ceiling fixtures,** *designed to avoid direct glare—and specially tructed shelf lights. Front view,* above, *showing the lighting effect of both systems.*




**Shelf lighting—***fluorescent strip beneath the shelves. The strip is powered by ballast (also concealed under shelf), connected by wires at the cross supports, both by Lightolier. The two components are separate to reduce the size of the fixture.*



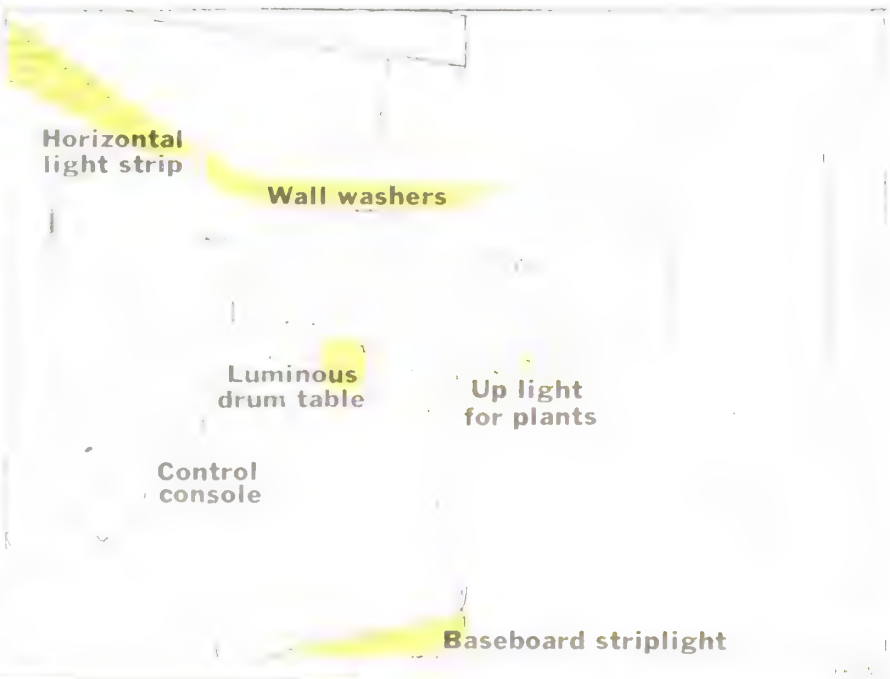
# 3

**"A multipurpose room such as this bedroom should have a multipurpose lighting system."**

**Jim Nuckolls**

*International Association of Lighting Designers, President of Design Decisions, division of Syska & Hennessy, and instructor at Parsons School of Design.*






**An adjustable horizontal light strip** *across rear of bed canopy, above. Each segment is 1 foot square. Metal plates can slot in to cover light source if desired — unit custom made by Lighting Services.*

**Bedroom,** right, *with all installations. TV screen opposite bed. Window for TV projector appears between sliding panels at head of bed. The projector is installed in the next room. The fluorescent baseboard strip, below, by Legion Lighting.*





**Custom made master control console** *for operating lighting equipment rests in night stand each side of bed. Also contains wake-up [illegible] lights dim to full up, and radio or record player turns on.*

**The bed canopy,** above, *showing modular adjustable system of incandescent light on dimmer. Light projector hidden in canopy projects patterns through square apertures. Fluorescent strip under the bed. Wall washers,* right, *hidden behind valance — Lytespot track lighting by Lightolier.*

"There are two main lighting systems in this bedroom—at the specially built bed canopy, and at the sitting area. Across the rear of the canopy is a modular adjustable system of incandescent strip light on dimmer, with custom built decorative louvers. Inside the canopy is a light projector, which projects silhouettes and color through the small square apertures at the front of the canopy onto a screen on the wall facing the bed. You can also watch TV on this screen—TV projector is in the next room. Concealed beneath the base of the bed is a fluorescent strip to light the floor. In the sitting area there is a picture light over the sofa, a white plastic drum table lit from the inside (on dimmer), an uplight to throw shadows of plants onto the ceiling, and, hidden behind the valance, wall washers to graze the vertical blinds with light. A control box for all lighting rests each side of the bed." The bedroom is designed by Jeffrey Milham, I.A.L.D. For shopping information, see page 184.



# HOW TO LIGHT YOUR ROOMS LIKE AN EXPERT



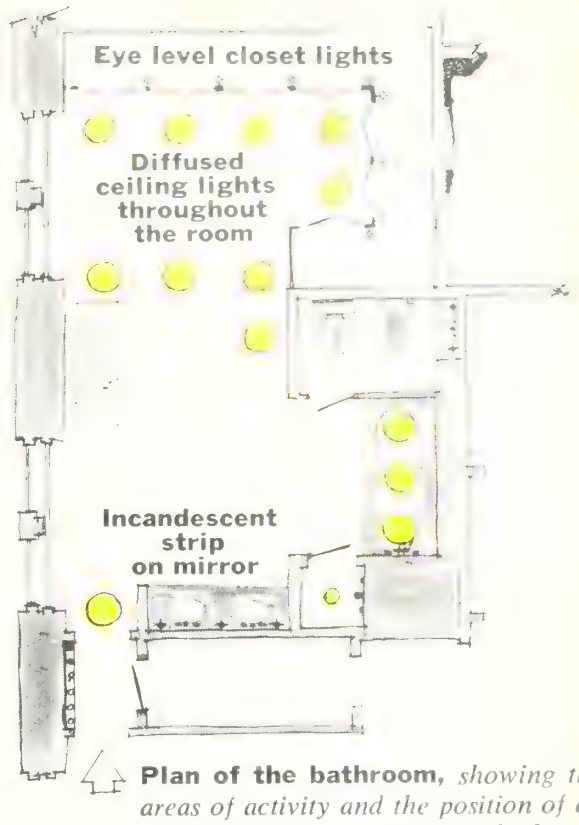
# 4

**"A bathroom needs general illumination, both functional and flattering—no directional lights, which cause shadows."**

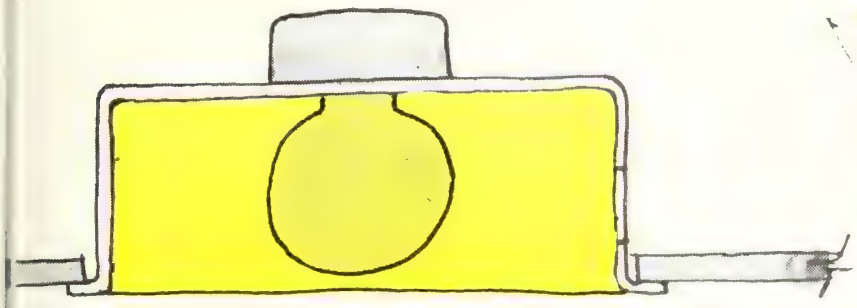
**Howard Brandston**

*President of Howard Brandston Lighting Design, began his career in lighting in the New York theatre.*

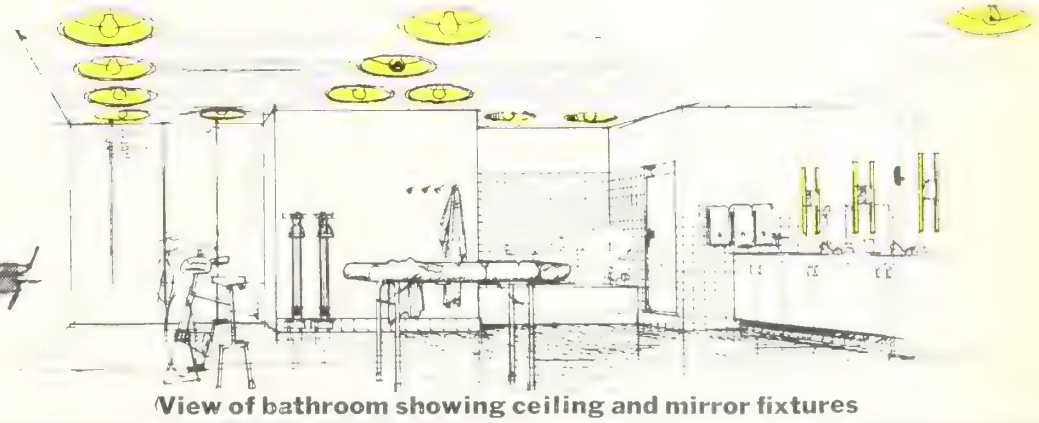
"This bathroom has 2 basins, toilet, bidet, bath, shower, closets, and exercise and dressing areas. Only incandescent light is used—bulbs and a strip. This is because no fluorescent light has a continuous spectrum. With part of the spectrum missing, colors change. Bathrooms should have no spot or direct down lights to cause shadows on your face. The round bulbs recessed in this bathroom ceiling give a diffused, wide distribution of light providing a bright glow. The shower light is a smaller round bulb in a vapor-tight fixture. The closet lights are round bulbs, wall-mounted at eye level to left and right of closet doors, not right above you shining in your eyes, making it hard to see. The lighting at the mirror for shaving and makeup are Linestra incandescent strip lights, used vertically." Mr. Brandston advises that if you are looking for new lighting, invest in a light meter. "When you feel comfortable in a space, check the light level on the meter. You'd be surprised at how low it is, but that's all the light you need." Shopping information, see page 184.



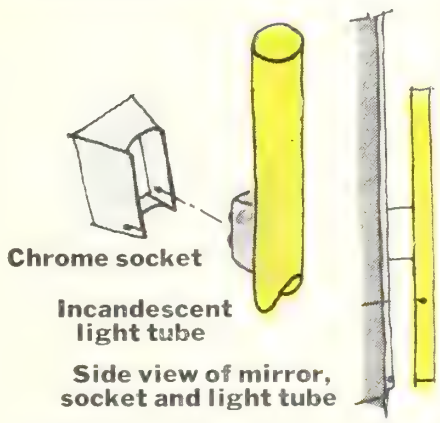

**Plan of the bathroom,** *showing the areas of activity and the position of all the lights in the ceiling and closets.*



**eiling recess and fixture, producing a bright, diffused glow**



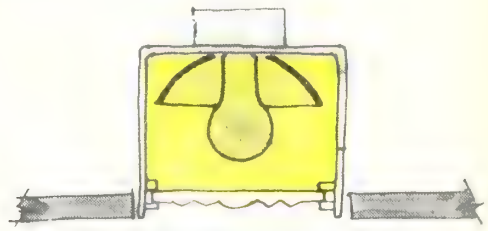
**View of bathroom showing ceiling and mirror fixtures**




**Detailed look at the Linestra incandescent fixture** *by Osram Lamps—strip light clamps onto a chrome socket, then is screwed into the mirror. Each strip is 20 inches long. In this bathroom three strips are fixed vertically onto the mirror for better light on the face.*



**Ideal bathroom lighting**—*ceiling fixture 2 feet in diameter, white enamel inside, custom made; containing 6-inch round incandescent bulbs by Duro-Test. Another round bulb in the shower,* below, *also from Duro-Test, with vapor-tight fixture available in any hardware store to protect it from moisture. The closet light,* bottom, *round bulb by Duro-Test, is wall-mounted on the inside of the door at eye level, so it does not shine in your eyes. The whole cost of the lighting fixtures for this bathroom is about $350.*



**Vapor-tight shower light**



**Light mounted at eye level on side walls of closet**

ideas and inspiration

# Decorating discoveries from Ireland to buy across America





Ireland . . . "There midnight's all a glimmer, and noo purple glow." The romantic, magical Ireland captured Yeats's pastoral poem lingers in the mind. But there' creative, practical side to Ireland, too. The country hu with activity. People love to make beautiful things; posse an incredible sensitivity to color and texture. As their f handcrafts have bloomed to world recognition, the tra tion for quality has advanced into the vigorously growi Irish industries, producing objects and furnishings can all live with today. These vibrant pages give you idea of the scope and excellence of Irish workmansh We have put together a panorama of ideas and inspi tions, plus things to buy that can enrich your life. Happi you'll find them now in America in these fine store Altman's, Burdine's, Carson Pirie Scott, Denver D Goods, Frederick & Nelson, Halls in Crown Center, H bee's, Robinson's, Wanamaker's, Woodward & Lothro



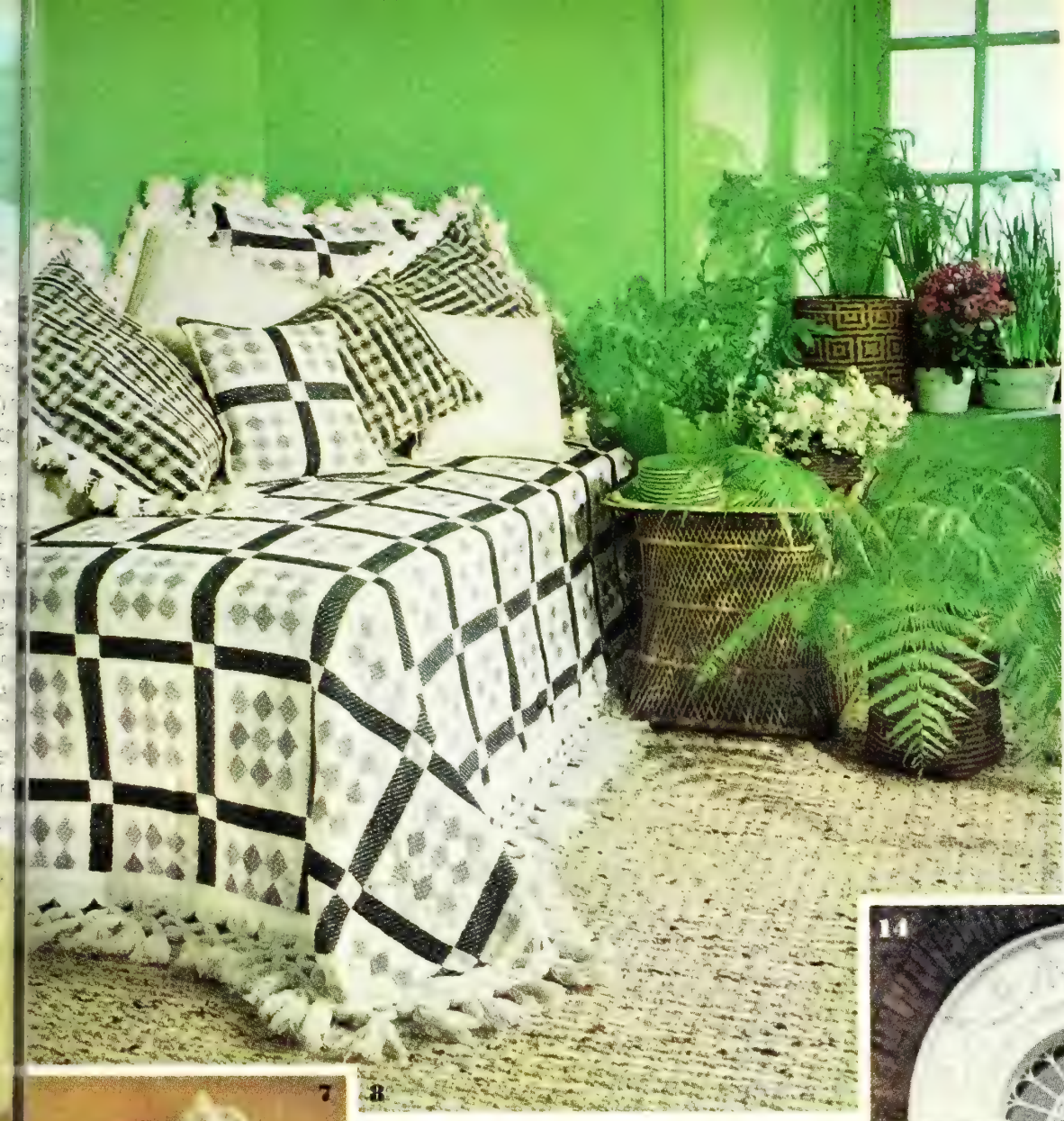








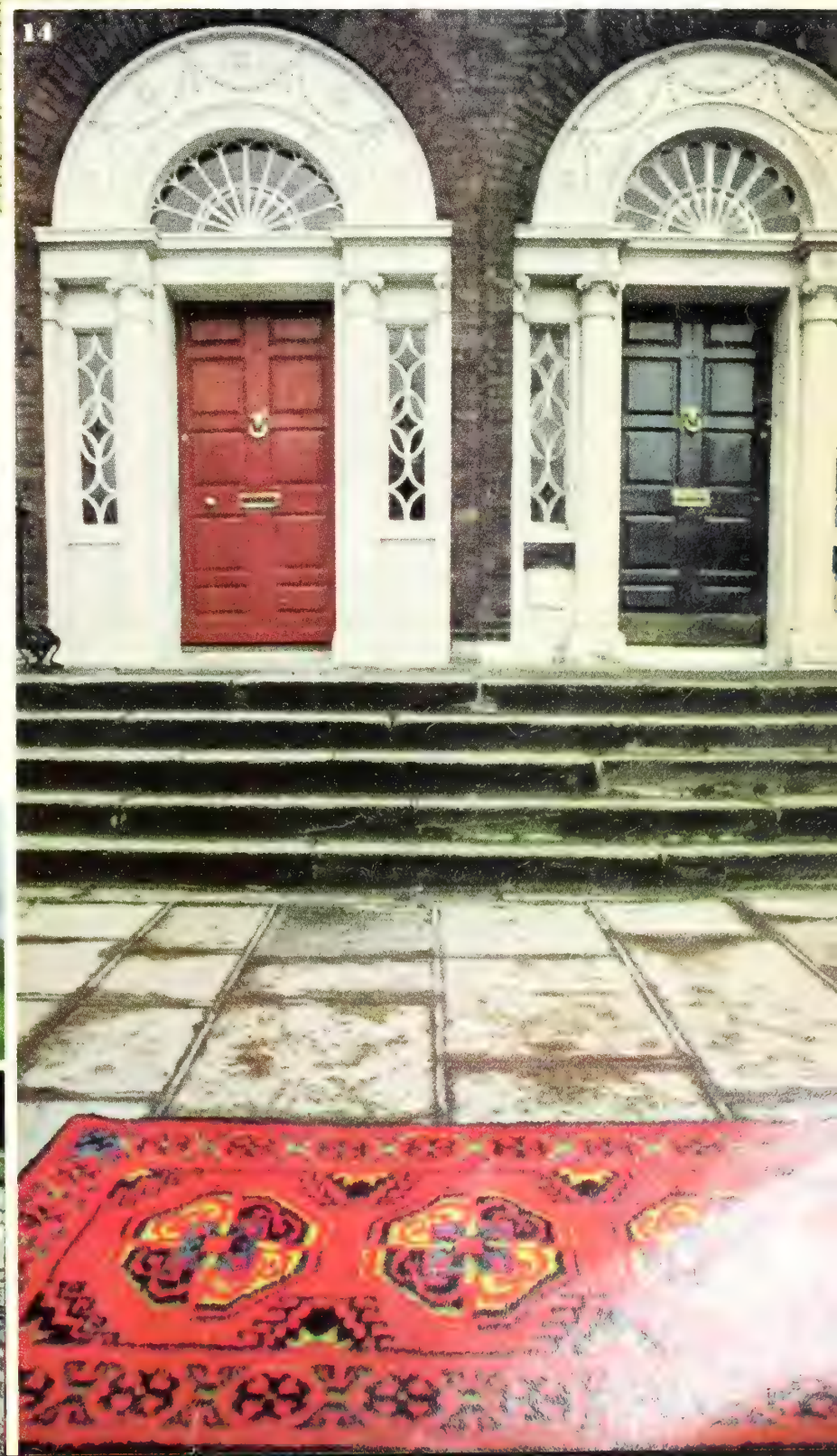

**1.** The Irish standard triumphant over Lord Gort's Bunratty Castle, a 550-year-old monument in County Clare, recently restored and opened to the public. **2.** At Oola, a cottage painted to match the bright vicary privet hedge inside the garden wall. **3.** Bunratty, the sort of medieval fortress children reproduce in sandcastles, with cannoned forecourt. **4.** The silvery O'Garney river, horseshoeing toward Shannon estuary. **5.** Intricate shell mosaic on a Kildare cottage, patriotically includes shamrock and lyre. **6.** Lunch in Dublin, with a big bouquet and little nosegays beside each place. Belleek's "Shamrock" china with "Celtic" silver-plated stainless flatware from Newbridge Cutlery. "Lismore" crystal glasses and decanter, vases by Waterford.

















**7.** Seashells in plaster embroider the ceiling in the great hall at Powerscourt, one of Ireland's greatest estates. **8.** A bedspread that brims with warmth and comfort, fringed, in a mixture of wool, and nylon. "Mayo" from Irish Tapestries, who also makes the mix and matching pillows. Darkest pattern, "Sligo," the natural "Aran." **9.** Milk and honey colored reversible rug, handwoven in wool, "Rusheen" a Macroom rug from Weinberger. **10.** The romantic thatched Irish cottage can be yours for vacationing. Choose one by the sea or inland; to sleep five or as many as eight. Cost varies between $40 to $175 per week according to size and season. Details: Rent-a-Cottage, Shannon Airport Office, 590 Fifth Avenue, N.Y. 10036. **11.** Powerscourt terrace paved with black and white beach pebbles. **12.** Very handsome, wooden handled "Colorcast" cookware, enamel on cast iron, "Durabond" inside, from Waterford Ironfounders. **13.** Let's pretend cottage at Oola, painted to look like wood and stone. **14.** Outside Dublin townhouses, a fabulous wool rug to hook yourself, "Florentine" from Brunswick RugPlan. For shopping information, see page 184.

decorating discoveries from Ireland

# Designs from a romantic heritage





**1.** Pastoral scene near Kildare. **2.** A glimpse of Couristan "Adelante" wool and nylon carpeting woven by Youghal in a brown geometric pattern, and **3.** again in green, beside the Powerscourt waterfall, a monumental cascade reflected in numerous poems, engravings, and paintings. **4.** Isolated cottage in the Wicklow mountains has a fairy path of white painted stones to the front door. **5.** Topiary frames windows of this cottage near Tipperary. **6.** The living room of fashion designer Sybil Connolly's Georgian mews guesthouse, Merrion Square, Dublin, recently restored. The floor paved with hexagonal tiles, wood painted to look like marble. Chintz covers most of the furniture. Shells ornamenting the cornice echo the scallop shells in the Connolly coats of arms; were copied in plaster from a sample Miss Connolly picked up at Long Beach, Cal. **7.** Out on the trellised terrace, afternoon tea, the table spread with an antique Irish crocheted cloth, Belleek's very pretty "Limpet" china, "Celtic" pattern silver compote dish and teaspoons from Irish Silver. **8.** One of the bedrooms, an enchanting retreat in blue and white toile, paneling walls, covering beds, blinds. **9.** Garden door looks toward house.











**10.** The dining room in the main house where Sybil Connolly lives, very elegant and traditional. Miss Connolly had the mahogany table lacquered black, and gold rimmed some years ago. The wallpaper streams with fuchsias. Black and gold Regency chairs are comfortably cushioned in soft Irish green linen. At lunch, "Powerscourt" champagne and claret glasses glisten beside "Alana" crystal dessert plates. These and the sparkling ship's decanter all from Waterford. The fragile shamrock handmade lace place mats and green linen napkins from Theobald Phelan.

BEADLE



11



9



10



7

**11.** Bathed in a golden glow, the master bedroom in the mews guesthouse. Walls are painted a sunny yellow and this is repeated in upholstered chairs and ottoman. The chintz curtains at windows and cascading around the bed bloom with a print of pink hydrangeas. Sybil Connolly loves the garden feeling and in decorating she says: "I love the look of things being not quite perfect, as if you could always add a little more if you wanted." **12.** Wrought-iron balcony in the Powerscourt grounds came from Homburg Castle, Germany, about 1869. Sadly, the house has been damaged in a recent fire, but plans are on hand to restore and rebuild. For shopping information, please see page 184.



12



1 2

# ecorating discoveries rom Ireland

# New designs with the wonderful look of country crafts





**1.** Another glimpse of Ireland's cottages. **2.** another glimpse at Ireland's grandeur, alo manicured walk at Powerscourt. Irish hand in the wool area rug "Ballinagree" a Mac rug from Weinberger. **3.** Roundwood H County Leix, an architectural protegé of the Georgian Society, an organization under th rection of the Hon. Desmond Guinness, sponsors restoration of heritage houses. The Chinese-style fretwork balcony over the hall special point in this mid-18th-century man **4.** In soft, Italian fresco colors, four Vikin candles gathered on an old Irish cottage c **5.** A child's wool rug to make from a latch-h rug making kit, "Toytown Express" by Bruns RugPlan. **6.** Roundwood House from the gar



BEADLE



**7.** Breakfast in one of the Irish Rent-a-Cottages, full of sunlight and fresh air, with orange juice and porridge, soda bread and blackberry jam. The country pottery is "Innisfree" pattern in Arklow's Erinstone. Freeblown crystal jug and glasses by Simon Pearce of Kilkenny. Adding a rural feeling to the whole event, little white porcelain rams by Porcelain Products. Plus the cock cozy handmade in wool by Stitches Limited.



3









**8.** In a cottage window, a pimento covered saucepan from the Colorcast cookware by Waterford Ironfounders. **9.** On the rocks at Doolin, near the breath-taking Cliffs of Moher, beach towels from Robert Usher. **10.** Through the window, cluster of rentable cottages. On the sill, "Lismore" pattern in Arklow's new Irish Georgian dinnerware.
HORST







**11.** A snowbank of pillowed comfort. "Aran" fringed be spread mostly wool with some nylon from Irish Tapestri along with the pillows, "Sligo" the geometric one ar "Mayo" with a diamond pattern. "Thatcher" carpeti comes in nine colors from the Tintawn Textured Natur Wool Collection, as is the "Shepherd-Weave" patter **12.** in Barbary brown and Shetland tan. **13.** Triton fou tain, Powerscourt. Shopping information, see page 18
BEAD






Decorating discoveries from Ireland

# A farmhouse restored for the rustic weekend life







Away in the Wicklow mountains, a weekend haven emerged from an old, tumbled down stone farmhouse. A brilliant reuse of forgotten architecture, it is also a lesson in creating an atmosphere with a collection of objects, some junkyard finds refurbished, which don't necessarily match but all seem to harmonize beautifully. They go together because they possess a certain collective mood, an informal, rustic nature that's not only comfortable for the house, but also comfortable to live with at times when you want to relax. The owner, painter Patrick Scott, converted two cow barns into living space. "We pushed through walls here and there. I decided to make it livable without using any conventional building help. I did it myself with a neighboring farmer," he says, "so it took rather a long time—four years."

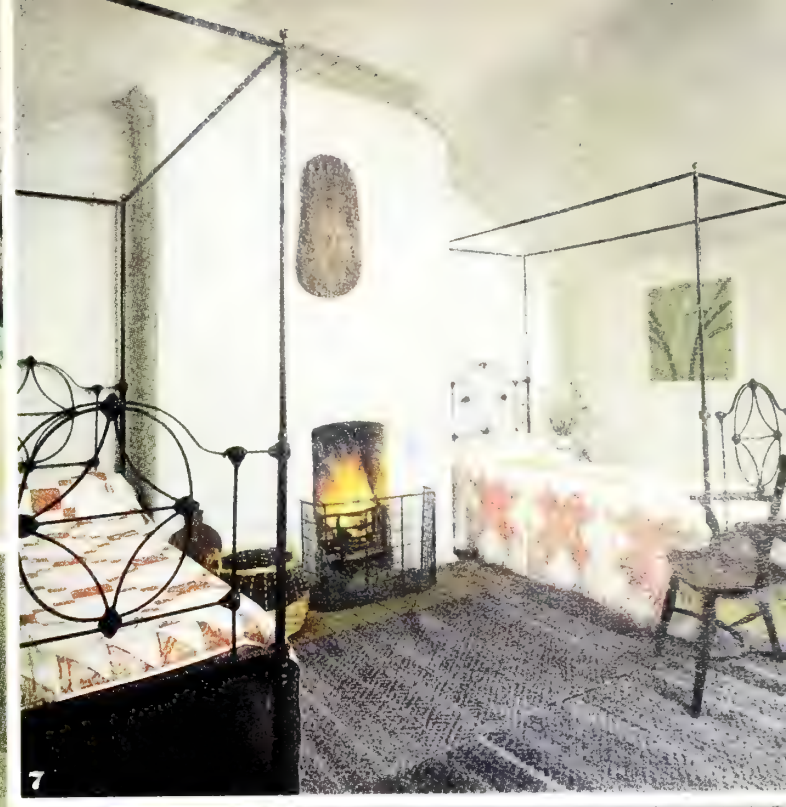
**1.** Grassway entrance to house, old stone drinking troughs beside the footpath. **2.** The country kitchen, large and friendly for a man who loves to cook. The curtain is a blue and white checked horse blanket handwoven from Kilarney. The balcony above leads from the upstairs hall, is used for storage and sometimes for overnight guests. **3.** Supper—smoked salmon and baked ham—in the studio, once the barn with space for twenty-four cows. Rafters are original, the pine floor is not. "What we had was inches of mud and a 4 foot slope. So we made two levels." Spread on the wall a great red and white Irish handworked quilt. On the table, Simon Pearce glasses. **4.** Lunch of leek soup, soda bread, at the fireplace end of the studio. "There were fireplaces everywhere except the barn, cows don't need them, so I put this one in." **5.** In the kitchen, a pine cupboard and a late 18th-century plate rack "from one of the big old country houses." **6.** Everything for colcannon an Irish dish of cabbage, onions, and potatoes, see recipe, page 139. **7.** Wrought-iron beds found in a scrapyard were adapted into fourposters. The red and white quilts are the same yet different, like the related rag rugs. **8.** The couch was a junkyard find, an old wrought-iron bed, now covered with gingham cushions. The tea table is also a chair; top flips back to make a high-backed seat. **9.** Stones, bottles, and jars in the pine hanging shelf over the fireplace in the entrance hall. **10.** Breakfast in a studio corner, black pudding, white pudding, bacon, and grilled tomatoes. The painting by Patrick Scott from his Arcady group. The pottery from Kilkenny Design Workshops.







6


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8



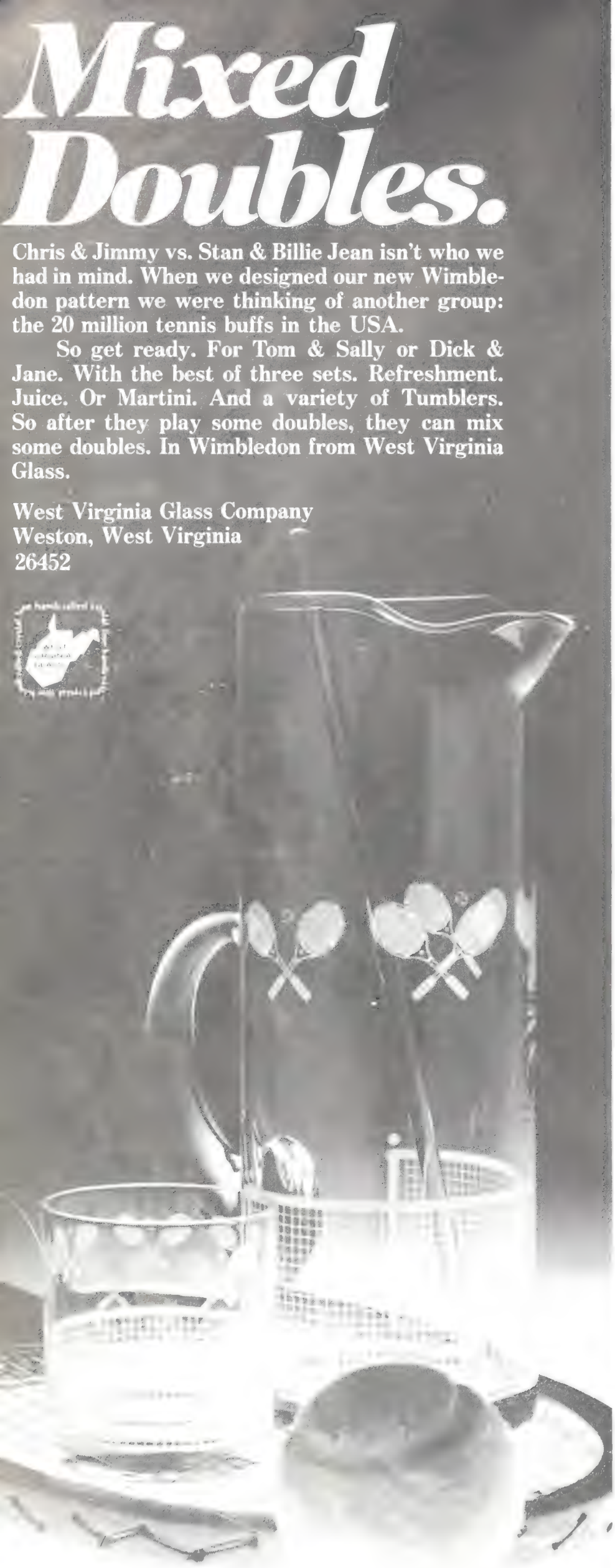

10

# Mixed Doubles.

**Chris & Jimmy vs. Stan & Billie Jean isn't who we had in mind. When we designed our new Wimbledon pattern we were thinking of another group: the 20 million tennis buffs in the USA.**

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HAPPY HOUSEKEEPER *continued from page 26*

Last summer we acquired two pieces of metal sculpture –most intricate in their overall construction and detail. They are sturdy pieces, but at the same time, much of the detail is very delicate. After we'd had two pieces for a few weeks, the inevitable problem arose: ***How to keep intricate constructions clean and dusted without bending or twisting any slender wires or other pieces.*** I finally solved it by putting the hose of the canister vacuum on the blowing end and gently blowing the dust away. I attached the soft dusting brush for some of the bigger, sturdier areas and it worked like a charm.

That indispensable item, ***a handy pair of all-purpose shears, should never go into the dishwasher.*** In the first place they tend to rust around the main bolt that holds the two halves together and, secondly, if the handles are painted, the paint will soften and gradually come off because of the high heat of the dishwasher. Anyway, we use ours constantly, so I like to keep them handy. I hang the shears on a hook near the sink after I've carefully dried them with a towel.

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I'm quite impressed by ***a new oven cleaner*** that virtually eliminates caustic fumes, strong and unpleasant odors, and the danger of inflammability. The new Arm & Hammer Oven Cleaner works on a combination of spray-on liquid and heat (the oven is heated to 175 degrees for 30 minutes) to make a cleaning foam that removes the toughest baked-on grease and stains. Broiler pans and racks may be left in place and can be cleaned at the same time. As soon as the oven cools, you quickly wipe it clean, the spray-liquid-foam having turned into a dry powdery residue that is easily disposed of, leaving the oven spotless. Best of all, it is completely non-caustic—no danger of burning skin, irritated eyes, and you don't have to protect the floor and counters with all those newspapers.

African violets are often very hard to grow—even for people with the greenest of thumbs. But once you do find just the right spot and exposure, and you've learned how to water your plant, ***it is now possible to feed African violets with one application of nutrients that will last up to six months.*** New from the 3M Company, which has already pioneered successfully with Precise Plant Food and Precise Tomato Food. Precise African Violet Food consists of tiny lavender capsules that release just the right amount of nitrogen, phosphorus, potassium, and other micro-nutrients on contact with moist soil. They follow the time-release principal that is used by many decongestant cold remedies. The capsules themselves are biodegradable and blend safely into the soil as the violets are steadily and evenly fed.

Terrace time is almost here and we're getting everything unshrouded, cleaned, and ready for action. Last summer's paint job on the furniture still looks fresh and pretty as do the new canvas cushions. This year I'm concentrating on the flowerpots. The larger ones will soon be coming back from storage at the nursery. At this point, I've been shopping for ***unusual flowerpots and containers for smaller plants and annuals.*** So far, I've found some pretty blue and white glazed pots and an enchanting ceramic turtle I'm going to use for the centerpiece on our big glass-topped table. He can be filled with a collection of small, interesting succulents. I'll fit them into the turtle by slipping them out of their pots and tying them up in pliable plastic bags. They hold the necessary moisture a surprisingly long time. ■

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# 10 great vegetable main courses

## from a new book by Arabella Boxer

**Vegetable main courses are refreshing and nutritious," suggests English cook and author Arabella Boxer. "They have great variety of flavors, textures, and colors, and in season, vegetables are good budget buys." Here are ten delicious recipes that star vegetables from Arabella Boxer's new book *Nature's Harvest* (Regnery).**

### CARROT RISOTTO

*Ingredients:* 1 onion; 6 ounces all carrots; 5 tablespoons butter; 4 strips bacon; 1 cup rice; 3¾ cups chicken stock, boiling; black pepper; 1 ounce freshly grated Parmesan cheese.

*Method:* Chop the onion and cut the carrots into thin slices. Melt 4 tablespoons butter in a skillet and cook the onions until soft. Add the chopped bacon and cook until golden. Stir in the rice. Add ½ the boiling stock. Add the carrots. Cook gently until the liquid has been absorbed, then add the remaining boiling stock as the rice gets dry enough to need it; all the stock should be absorbed by the time the rice is cooked. Season the risotto with black pepper and dot with the remaining butter. Top with cheese. Serves 4 as a main course.

### STUFFED CABBAGE LEAVES

*Ingredients:* 2 ounces rice; 1 small onion; 1 ounce fat; 1 pound raw minced pork; salt and black pepper; 1 green cabbage; 3 cups beef or chicken stock; 1 tablespoon butter; 1 tablespoon flour; 1 egg yolk; ½ cup sour cream.

*Method:* Boil the rice until barely tender. Drain. Chop the onion finely and brown it in the fat in a frying pan. Add the pork and cook lightly, stirring often, till browned. Add the drained rice and mix well. Season with salt and black pepper and leave to cool. Separate the cabbage leaves, discarding the outermost ones. Cut out the thickest part of the stalk in a V-shape, and throw them, a few at a time, into a large pan of boiling water and cook for 4 minutes, then lift them out and drain, while you cook the others. When cool, wrap each one around a mound of the stuffing, making a little enclosed roll. Cut up the unused leaves in strips and lay at the bottom of a casserole. Lay the stuffed leaves on top of this bed. Heat the stock and pour over enough almost to cover them. Cover with a lid and cook in a moderate oven (350°) for 45 minutes. Drain off the stock, reserving 1 cup for the sauce. Melt the butter, stir in the flour and add stock to make a thin sauce. Stir until cooked, adding salt and black pepper to taste. Beat the egg yolk with the sour cream, stir in a little of the boiling stock, and return the sauce to the pan. Stir until smooth, without allowing it to boil. Arrange the cabbage leaves in a dish. Pour sauce over the cabbage or pass separately. Serves 6.

### COLD STUFFED TOMATOES

*Ingredients:* ½ pound cottage or cream cheese; 2 tablespoons lemon juice; 2 tablespoons olive oil or sunflower-seed oil; salt and pepper; ½ cucumber, diced (1 cup); 4 tablespoons chopped chives; 6 large tomatoes; salt; sugar.

*Method:* Mix together lightly all the ingredients except tomatoes, salt, and sugar.

Skin the tomatoes by covering with boiling water for exactly 1 minute, then plunging into cold water. Do not leave a moment longer as they must stay firm. Cut a slice off the tops and remove the insides carefully with a small sharp-edged teaspoon. Sprinkle the insides with salt and leave to drain upside down for 20 minutes. Shake dry, sprinkle a pinch of sugar into each tomato, and divide the filling among them. Chill or serve immediately. Serves 6 as a first course.

### VEGETABLE COUSCOUS

*Ingredients:* ¾ pound precooked couscous; 2 cups cold water; 6 cups chicken stock; 6 small onions; 4 leeks, sliced; 4 carrots, sliced; 2 stalks celery, sliced; 4 zucchini, sliced; 6 tomatoes, peeled; salt and black pepper; ½ pound chickpeas, presoaked and cooked; ¼ teaspoon saffron.

*Method:* Put the couscous in a bowl and pour 2 cups cold water over it. Leave to absorb. Put the chicken stock in a large pot, add the whole onions and bring slowly to a boil. When the stock reaches a boil, add the leeks, carrots and celery. Put the couscous in a muslin-lined strainer, place in the pot and cover. Boil gently for 30 minutes, then remove the strainer and add the unpeeled zucchini. Season well. Stir the couscous, and break up any lumps with a fork. Replace and cover the pan. After 10 minutes, add the whole tomatoes. Cook another 5 minutes after it returns to a boil and remove from the heat. Turn the couscous into a heated dish and break up with a fork. Add the chickpeas and saffron to the vegetables. Pour the vegetables and stock into a tureen and serve the couscous separately, garnished with a few of the vegetables. Serve with Hot Sauce. Serves 8.

### HOT SAUCE

*Ingredients:* 2 teaspoons ground cumin; 2 teaspoons ground coriander; 1 teaspoon chili powder; 1 teaspoon celery salt; 4 tablespoons tomato puree; 4 tablespoons heated stock.

*Method:* Put the spices and tomato purée into a small bowl, pour on the hot stock and mix to a paste. Serves 8.

### MIXED VEGETABLE CASSEROLE



*Ingredients:* 6 small onions; 6 new potatoes; 4 small leeks; 4 small zucchini; 4 stalks celery; 6 small carrots; ½ pound tomatoes; 1 small cauliflower; 4½ tablespoons butter; 2½ cups chicken or vegetable stock; 1 teaspoon flour; 2 tablespoons chopped parsley.

*Method:* Leave the onions and potatoes whole. Cut the leeks, zucchini and celery in 1-inch slices. Cut the carrots in half. Peel and quarter the tomatoes. Divide the cauliflower into sprigs. Melt 4 tablespoons butter and stew the onions gently in it, adding the leeks, zucchini, celery, and tomatoes after a few minutes. Heat the stock and add it. Put in the potatoes and cauliflower, bring to the boil and simmer until all the vegetables are tender, about 1 hour.

Mix the remaining butter and flour to a paste in a cup, and add by degrees to thicken the sauce. Simmer for 3 minutes to cook the flour, stir in the parsley and serve. Serves 6.

### ONION SHORTCAKE

*Ingredients:* 1 cup flour; 1 teaspoon baking powder; ¼ teaspoon salt; 7 tablespoons butter; about 6 tablespoons milk; 1 pound onions; 1 egg; ½ cup cream; salt and black pepper.

*Method:* Sift flour with baking powder and salt. Cut 2 tablespoons butter in small pieces and rub into the flour, or cut in with a fork. Mix with enough milk to make a dough. Turn onto a floured board and knead once or twice. Put aside while you make the onion mixture. Slice the onions thinly and evenly. Melt the remaining butter in a heavy frying pan and cook the onions gently until they are soft. Stir now and then so that they do not stick. Beat the egg with cream; season with salt and black pepper. When the onions are soft, lift them out of the pan with a slotted spoon, leaving behind the juice. Put them into a bowl and beat in the egg and cream mixture. Taste for seasoning and adjust. Roll and pat out the shortcake till ¼ inch thick. Place in a quiche or a pie dish. Pour the onion mixture in and bake for 25 minutes at 425°. Serve the Onion Shortcake hot or warm. Serves 4.

*Continued on page 141*

REPRINTED FROM "NATURE'S HARVEST," THE VEGETABLE COOKBOOK BY ARABELLA BOXER. PUBLISHED BY HENRY REGNERY CO. © 1974 BY ARABELLA BOXER.

# Crisp banana fritters and a creamy tart

## plus a dozen other delicious banana recipes

by Jane Ellis

Bananas are a wonderful natural food, perfect for a quick energy pick up when eaten out of hand, wonderful in milk shakes, breads, and cakes. Sautéed, broiled, and grilled they can accompany an entrée or provide an easy dessert. Remarkably nutritious (one medium banana has only 85 calories, is 99.8 percent fat free, high in potassium, low in sodium, and full of vitamins and minerals), bananas are a true bargain for most of the year. Pick the most ripened bananas for cooking and freezing—they can be kept at room temperature, but pop in the refrigerator if they're ripening too fast—the chilling will turn the banana peel dark, but the fruit remains good.

### BANANA TART

*Tarte Aux Bananes*

from Richard Grausman, the Gourmet Entrepreneur, who teaches cooking across the country at Grubels in New York, and for Air France in Martinique

### PASTRY DOUGH

*Ingredients:* 4¾ cups all-purpose flour, dipped and leveled; ¾ pound unsalted butter; ½ cup sugar; 1 teaspoon salt; 1 egg; 2-3 tablespoons cold water.

*Method:* Place the flour on a smooth surface or in a mixing bowl, and make a well. Into the well place the butter, sugar, salt, egg, and water. Using your fingers, or a pastry blender, blend the ingredients together quickly. The dough should begin to hold together when it reaches the consistency of cornmeal. If it is too dry, add another tablespoon water. Blend the dough by pushing the mixture away from you with the heel of your hand. Repeat this 3 times, until the dough is smooth. Form it into a ball, flatten it, wrap in plastic, and refrigerate for 30 minutes or more.

### PASTRY CREAM

*Crème Patissière*

*Ingredients:* 1 cup milk; ½ cup sugar; 4 egg yolks; ¼ cup all-purpose flour; 1 teaspoon vanilla; 1 tablespoon rum.

*Method:* In a saucepan combine the milk with ½ the sugar and bring to a boil. In a separate bowl beat the egg yolks with the remaining sugar until light and fluffy. Add flour and stir well. Whisk hot boiled milk to the bowl and stir. Pour the mixture into the saucepan. Over medium-high heat, whisk pastry cream until it thickens and comes to a boil. Let it boil gently for 2 minutes, while continuing to whisk. Pour mixture into bowl and add vanilla and rum. Cover with plastic wrap, pressing down lightly with the wrap until it lies evenly upon the surface of the pastry cream to prevent a skin from forming. Refrigerate.

### TART FILLING

*Ingredients:* 4 large bananas; 2 tablespoons sugar; ½ cup dry white wine.

*Method:* Peel and slice bananas into rounds. Sprinkle with sugar and moisten with white wine, which prevents the bananas from browning.

### GLAZE

*Ingredients:* ½ cup strained apricot jam; 1 tablespoon rum.

*Method:* In a saucepan add jam and water and bring to a rapid boil.

### ASSEMBLING TART

*Ingredients:* pastry; frangipane; crème pâtissière; banana filling; glaze.

*Method:* Preheat oven to 475°. On a lightly floured surface roll dough out to approximately ⅛-inch thickness. Butter a 10-inch false-bottomed tart pan lightly, and line with dough. Cover dough with aluminum foil or parchment paper, and weigh this down with 1 pound dried beans or rice. With the point of a knife, poke small holes through the paper and the dough, to keep crust from puffing up. Place in preheated oven, and after 5 minutes turn heat down to 425°, then bake for 20 minutes more. Remove paper and beans and continue baking dough for 5 minutes. Unmold tart and allow to cool on wire rack.

Cover the bottom of the tart with a layer of pastry cream. Starting at the outer edge of the tart, overlapping banana rounds in a clockwise or counterclockwise direction cover the entire surface of the tart.

Using a pastry brush dab hot glaze over surface of the tart. Glaze edge of tart as well. Serves 8.

### BANANA IDEAS

- In a 350° oven ***bake bananas*** in their jackets until quite black and very soft about 15-20 minutes. Slit and sprinkle with powdered sugar and a few drops of Kahlúa.
- A little ***banana added to egg whites*** will increase the volume if you run short of eggs.
- ***Banana Daiquiri.*** Combine 1 large peeled banana with ½ cup rum, 4 ice cubes, and juice of a fresh lime in a blender. Whirl until smooth.
- For a quick breakfast try a ***Banana Shake:*** whirl a banana, ½ cup milk, 1 egg, and a little vanilla in a blender until foamy.
- For a ***Banana Coffee Shake,*** combine ½ cup milk with 1 teaspoon coffee, 1 ripe banana, 1 egg, and 2 ice cubes in a blender and whirl.
- Bake ***peeled bananas*** in a 375° oven with a little melted butter for 15 minutes until just tender. Sprinkle, if you wish, with cinnamon, nuts, or coconut before cooking.
- Add a ***mashed banana*** to homemade mayonnaise with a good squeeze of lemon to toss a chicken salad; add slices of banana to a rice salad.
- Children love ***banana pops.*** Peel bananas, cut in half, and push a wooden skewer into cut surface. Freeze 1 hour or until chilled. Make chocolate sauce by melting chocolate with a little oil. Dip chilled bananas into chocolate to cover. Return to freezer to harden.
- ***Banana Log.*** Trudy Meehan mixes 1 teaspoon of powdered milk with 2 teaspoons hot water to dissolve. Blend in 2 tablespoons peanut butter. Spread on a banana for a fast nutritious breakfast.
- ***Sauté peeled bananas,*** sliced in half, in butter and brown sugar until cooked and covered with a caramelized coating. Serve with vanilla ice cream.

### BANANA FRITTERS

*(Beignets Soufflés Aux Banane, from Richard Grausman)*

*Ingredients:* oil for deep frying; 3 bananas, diced; 2 teaspoons sugar; 1 tablespoon rum; ½ cup water; 2 tablespoons unsalted butter; ¼ teaspoon salt; ½ teaspoon vanilla; 1 cup dipped and leveled all-purpose flour; 2 extra large eggs; powdered sugar.

*Method:* In a deep fryer heat oil until it reaches 365°.

Place bananas in a bowl and sprinkle with sugar and rum and set aside.

In a pan bring water, butter, salt, and vanilla to boil. Remove pan from heat and sift flour in. Stir over heat for 20 seconds with a wooden spatula. Remove pan from heat and add eggs one at a time, stirring well. The mixture should cling to the sides of the pan, and to the wooden spatula. When it does, stir in the diced bananas. Drop the batter by teaspoonfuls into the oil. The fritters will take approximately 5 minutes to fry, and during this time the oil temperature should gradually be raised to 385°. In the course of the frying, the fritters will puff up and turn themselves over several times. They are done when they have puffed up, turned a deep brown color, and stopped turning over. Drain them on paper towels, sprinkle with powdered sugar and serve with a hot apricot sauce. Serves 6.

### APRICOT SAUCE

*Ingredients:* ¾ cup strained apricot jam; ¼ cup rum and water mixed to taste.

*Method:* In a saucepan bring jam, rum and water mixture to a boil and serve at once.

### BANANA FUDGE

*from* Caribbean Cooking *by Connie and Arnold Krochmal [Quadrangle])*

*Ingredients:* 2 bananas, mashed; 1 cup milk; 3 cup sugar; 1 tablespoon margarine; 1½ teaspoons vanilla extract.

*Method:* In a saucepan combine bananas, milk, sugar, and margarine and simmer until the mixture thickens. Stir in the vanilla and beat with a wooden spoon until cool. Pour mixture into a greased platter. When the mixture is firm cut into squares. 4 servings.

*Continued on page 13*

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## DELICIOUS BANANA RECIPES *continued from page 132*

### FRENCH FRUIT SALAD

*Fruit Rapraichis Au Cointreau from Richard Graussman*

*Ingredients:* 2 oranges, peeled and sectioned; 2 bananas, peeled and sliced; 2 pears, peeled and sliced; 1 small pineapple, cut in half and sectioned; ½ pint strawberries; 3-4 tablespoons sugar; ½ cup dry white wine (a Mâcon blanc is nice); 1-2 ounces Cointreau.

*Method:* About 2-3 hours before serving, place fruit in a bowl and sprinkle with sugar and moisten with wine; toss gently and refrigerate.

Before serving dinner, remove fruit from refrigerator (fruit should be chilled but not too cold). Add Cointreau and toss gently. Serves 6-8.

***Banana Avocado Soup from Arthur Leaman's restaurant, The Golden Lemon in St. Kitts. In 4 teaspoons butter sauté 2 chopped medium onions until golden. If you wish, add ¼ teaspoon curry powder. Add 1 pint unsweetened coconut cream, and simmer mixture. In a blender put 1 very ripe banana and 1 avocado, peeled and pitted, ½ teaspoon salt, and onion/coconut cream mixture and blend. Taste for seasoning. Reheat or serve cold. Soup tends to become thick if chilled; thin out with a little light cream. Freezes well. Serves 4.***

### BANANA CHUTNEY

*from Lorrick Bronson*

*Ingredients:* 3 tablespoons whole cloves; 3 cup sugar; 1 cup vinegar; enough very ripe and soft bananas to equal 2 quarts, sliced; 1 whole hot pepper pod, seeded and stem removed, sliced; 1 garlic head peeled and sliced thin; 3 onions, peeled and sliced thin; 2 teaspoons salt; ½ pound green grapes cut in half and seeded or not; 5 sticks cinnamon tied in cheesecloth.

*Method:* In a saucepan add cloves, sugar, and vinegar and simmer covered for 20 minutes. In heavy saucepan combine bananas, hot pepper, garlic, onions, salt, grapes, cinnamon, and sugar vinegar mixture and bring to a boil. Simmer uncovered, stirring occasionally, until reduced to a thick consistency, about 1½ hours. Remove cinnamon bag and allow mixture to cool. Spoon into sterilized jars and seal. Makes 2 quarts.

### BANANA ICE CREAM

*(from Caribbean Cooking)*

*Ingredients:* 3 cups milk; 2 eggs, beaten; ¾ cup sugar; 2 bananas, mashed.

*Method:* In the top of a double boiler place milk, eggs, and sugar and cook over hot water until the mixture thickens. Remove from heat and let cool. Stir in the bananas and freeze. Serves 4.

***Banana Coconut Soup from Arthur Leaman. In 4 teaspoons butter sauté 2 chopped medium onions until golden. Add 1 ⅓ cups milk, 1 cup chicken stock, and ½ cup evaporated milk. Bring to a boil and simmer mixture for 15 minutes. Blend ½ cup fresh grated coconut, 1 ripe banana, and 1 teaspoon sugar, and liquid together. Simmer mixture for 15 minutes more and serve. Soup may be served cold. Serves 4-6.***

### BANANA CURRY

*(from Gaylord's Restaurant in New York)*

*Ingredients:* 1 large onion, peeled and sliced; 4 ounces butter; 1 teaspoon garlic, peeled and ground; 4 cloves ginger; ½ teaspoon turmeric; paprika to taste; salt to taste; 1 tablespoon coriander powder; 2 tomatoes, mashed; 1 cup water; 4 bananas, sliced; cinnamon powder.

*Method:* In a frying pan fry onion in butter until onions are a light golden brown. Add garlic, ginger, turmeric, paprika, salt, coriander and mashed tomatoes. Fry for 20 minutes, turning all the time. Sprinkle water from time to time to prevent ingredients from sticking to the bottom of the pan. Add 1 cup water and let simmer for another 20 minutes or until all ingredients are smooth. Add bananas and cook for 15 minutes. Serve sprinkled with cinnamon as an accompaniment to an Indian dinner or with broiled chicken.

***Banana Ham Rolls from José Wilson. Preheat oven to 150°. Wrap 6 peeled ripe bananas in 6 slices of boiled ham and place in a buttered baking dish. Top with 2 cups béchamel sauce and bake for 40 minutes. For richer sauce, top béchamel with hollandaise and bake. Serve with rice or on an English muffin for brunch. Serves 6.***

### BANANA CHAAT

*(from Gaylord's Restaurant)*

This is a delicious condiment for a curry supper.

*Ingredients:* 4 bananas, sliced; salt to taste; paprika to taste; black pepper to taste; juice of ½ lemon; 2 teaspoons sugar.

*Method:* In a bowl place bananas, salt, paprika, black pepper, lemon juice, and sugar and mix all ingredients well. Adjust seasoning to your taste.

***Banana Chips. Heat ½ inch of salad oil in a skillet until it reaches 375°. Peel bananas and slice into thin rounds. Fry until golden brown, turning once. Drain on paper towels and sprinkle with salt. Serve hot or cold. The greener and firmer the banana, the crisper the chip.***

### BANANA OATMEAL COOKIES

*Ingredients:* ½ cup packed brown sugar; ¾ cup salad oil; 1¾ cups mashed ripe bananas (5-6 medium); ½ teaspoon salt; 4 cups uncooked regular oats; ½ cup chopped walnuts; ½ cup raisins.

*Method:* Preheat oven to 350°. In a bowl beat sugar and oil together until well blended. Stir in bananas and salt. Gradually blend in oats. Stir in walnuts and raisins. Drop by teaspoonfuls onto greased baking sheet. Bake for 25 minutes. Cool on baking sheet for 10 minutes; remove and cool. 4 dozen.

***Grilled Bananas. Allow 1 firm banana per serving. Peel away a 1-inch strip from each banana. Gently loosen the edges and drizzle honey or maple syrup and brush the unpeeled pulp generously. Place on grill over glowing coals until peel turns glossy black and pulp is easily pierced with a fork. Eat while warm with grilled meat or fish.***

### GLACEED BANANAS

A wonderful dessert with a Chinese meal.

*Ingredients:* 1 pound sugar; ½ cup water; 1 tablespoon light corn syrup; ⅛ teaspoon cream of tartar; 6 bananas, peeled and cut in ½ inch chunks; ½ cup flour; 2 eggs, lightly beaten; peanut oil; 6 bowls of iced water.

*Method:* In a saucepan mix sugar, water, corn syrup, and cream of tartar together and bring mixture to a boil, stirring until sugar dissolves. Lower heat and cook s until it reaches 320° on a c thermometer. Remove pan heat and place over a pot of w water.

Dust banana chunks with and shake off excess. Dip fru egg and deep fry in about 2 in of heated peanut oil until go brown. Remove and drain on per towels. Carefully dip hot into sugar syrup and place buttered platter. Serve while with bowls of ice water. As fruit is dipped in the ice w glaze hardens instantly. Serve

***Bananas à la Crème. Peel several bananas and wrap each one separately in foil Freeze. Immediately befor serving, remove from free and unwrap. Cut into very thin slices directly into chilled glasses. Sprinkle quickly with sugar and pou over enough cold cream to coat the fruit. The cream will freeze to the slices. Serve immediately.***

### BANANA WALNUT BREA

*(from Janice Donovan)*

*Ingredients:* 1 cup sugar; ½ shortening; 2 eggs; 3 medium nanas, mashed in a blender; pi of salt; 1 teaspoon baking so ½ teaspoon baking powder; cups flour; 1 cup chopped waln

*Method:* Preheat oven to 350° a large bowl cream sugar shortening together. Add e bananas, salt, baking soda, bak powder, flour, and walnuts blend well.

Grease an 8-by-5-by-3-i bread pan. Pour batter into and bake for 1 hour and test doneness. At high altitudes, c 10-15 minutes longer. Make loaf. Refrigerated and wrappe foil, this bread will last 2 month

### BANANA CREAM SHERBE

*(from Mrs. Edwin Cowan)*

*Ingredients:* ½ pint heavy cre 2½ tablespoons sugar; salt; ounces concentrated frozen ora juice, 8 ounces crushed pineapp 1 banana, sliced.

*Method:* In a bowl beat cre sugar, and salt until stiff. A juice, pineapple, and banana freeze in an ice tray until firm. low to thaw in refrigerator ab ½ hour before serving. 1 quart

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# Delights from Ireland

## 15 recipes, including a famous quick brown bread

by Bettina McN

**The fresh and simple food from the country is the best in Ireland. Fragrant breads, crispy pancakes, sweet fish dishes, hearty stews are traditional in every country house.**

### PARSLEY BUTTER SANDWICHES

*(from Miss Sybil Connolly)*

*Ingredients:* 1 handful fresh parsley, very finely chopped; 4 tablespoons butter; ½ teaspoon English mustard; salt and freshly ground black pepper to taste; 1 small, fresh loaf whole wheat bread; ½ loaf plain bread.

*Method:* In a bowl mix parsley, butter, mustard, salt and pepper until they are soft enough for spreading. Spread on 8 thinly cut slices of whole-wheat bread and sandwich together with plain piece of bread. To cut bread wafer thin, chill in the refrigerator beforehand and cut with knife dipped in hot water. Serve with smoked salmon or homemade soup. Serves 8.

### MARINATED LEG OF LAMB

*(from Miss Sybil Connolly)*

*Ingredients:* 1 4½ pound leg of lamb; 3 tablespoons French dressing; 1 clove garlic, crushed; ½ teaspoon sage; ½ teaspoon thyme; butter and oil for cooking; 2 teaspoons sugar.

*Method:* Preheat oven to 450°. Prick leg of lamb all over with carving fork and pour on French dressing. Rub crushed garlic over lamb and then sprinkle with sage and thyme. Cover and leave to marinate overnight, spooning juice over as often as possible. Rub lamb with butter and oil and cook for 2 hours. Sprinkle sugar over and cook 30 minutes more, basting frequently. Serves 6-8.

### IRISH COFFEE JELLY

*(from Viscountess Gormanston)*

*Ingredients:* 1½ cups very strong coffee; 2 level tablespoons superfine sugar; 1 tablespoon powdered gelatin; ¼ cup Irish whiskey; 1 cup heavy cream.

*Method:* Put the coffee into a pan with the sugar and gelatin and heat almost, but not quite, to boiling, stirring all the time until sugar and gelatin are dissolved. Take the pan off the stove, stir in the whiskey, then share the coffee among 4 ½-pint glasses and put into the refrigerator to set. Before serving, top with cream.

### IRISH MIST SOUFFLÉ

*(from Mrs. Joan Allen at Ballymaloe House)*

*Ingredients:* Juice of 1 lemon; 1 sweet geranium leaf; 2 eggs, separated; 4 tablespoons superfine sugar; 1 tablespoon Irish Mist liqueur; 1 rounded teaspoon powdered gelatin; 2 teaspoons water; 4 lemon shells or 4 ramekins.

*Method:* In a bowl squeeze lemon and soak the geranium leaf in the juice. In a separate bowl beat egg yolks and sugar until thick, add the Irish Mist and beat again. In a cup dissolve gelatin in 1 teaspoon of the lemon juice and water warmed slightly and add to eggs with remaining lemon juice. Beat egg whites until stiff and fold into mixture. Freeze in lemon shells or ramekins for a few hours before serving. Serves 6.

*The following recipes have been adapted for American kitchens from* Irish Countryhouse Cooking *compiled by Rosie Tinne.*

### GAELIC STEAK

*(from Mrs. Reggie O'Reilly)*

*Ingredients:* ¼ cup butter; 4 fillet steaks (4-6 ounces each); salt; freshly ground black pepper; 2 tablespoons shallots or green onions, finely chopped; ¼ pound mushrooms, sliced; 1 cup heavy cream; ½ cup Irish whiskey; 1 tablespoon parsley, finely chopped.

*Method:* In a large frying pan, melt butter over medium heat. Add steaks and sauté quickly for about 12 minutes on each side, turning once. Season with salt and pepper. Remove steaks to heatproof dish and keep warm.

Add chopped shallots and mushrooms to frying pan, sauté until shallots are tender and mushrooms lightly browned. Add cream and Irish whiskey to pan and cook over medium heat until sauce is reduced by half. Pour sauce over steaks, sprinkle with parsley, and serve at once. Serves 4.

### WHISKEY PARFAIT

*(from Mrs. Francis Cooper)*

*Ingredients:* 4 eggs, separated; 5 tablespoons plus 1 teaspoon superfine sugar; 2 tablespoons Irish whiskey; 4 tablespoons flaked toasted almonds; ½ cup heavy cream, whipped; 2 tablespoons mixed peel.

*Method:* Put egg yolks and sugar into large bowl, beat well with a wooden spoon until light and creamy. Stir in whiskey and almonds. In a separate bowl beat egg whites until stiff and fold cream and whites into whiskey mixture. Blend gently but thoroughly. Rinse 1 quart mold or ring mold with cold water. Sprin

kle mold with peel and p mixture. Chill well. Turn o dipping the mold in boiling for a second. Serves 6.

### STEAMED SOLE

*(from Mrs. Derek Tinne Snaffles Restaurant)*

*Ingredients:* 4 fillets of fresh 1 lemon, quartered; melted l or hollandaise sauce.

*Method:* Make sure skin moved from both sides of the Place fish on a lightly but plate and cover with the sam plate and place in pan of b water for about 7 minutes or it becomes white and opaque fish will require no seasonin will cook by steam. When co serve with lemon and melted ter or hollandaise sauce. Serv

### SOMERTON SALMON STE

*(from Mrs. Tom Laidlaw*

*Ingredients:* 4½ pounds sa steaks; ½ pound soft brown s freshly ground pepper; 1 teas mixed spice.

*Method:* Preheat broiler. C both sides of salmon steaks mixture of brown sugar, pe and mixed spice and leave dish for 1 hour. Grill under hot heat for 4 minutes on side. Serves 4.

### GUINNESS CAKE

*(from the Countess of Iveag*

*Ingredients:* ½ pound butte pound soft brown sugar; 4 1½ cups flour; 2 level teasp mixed spice; ½ pound see raisins; ½ pound sultanas; ¼ p mixed peel; ¼ pound cher chopped; ¼ pound wal chopped; 1 pint Guinness stou

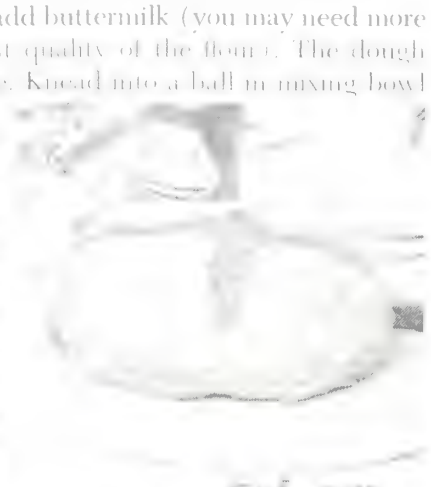
*Method:* Preheat oven to 3 Cream the butter and sugar gether until light and crea Gradually beat in the eggs. in the flour and mixed spice. the raisins, sultanas, mixed p cherries, and walnuts. Mix wel gether. Stir 4 tablespoons of G ness into the mixture and mix Turn into a prepared 7-inch ro cake tin and bake for 1 hour

Reduce heat to a cool 300 ° and bake for another hours. Allow to cool. Remove tin. Prick the base of the cake

### QUICK IRISH BROWN BREAD

*Ingredients:* 3 cups whole wheat flour; 1 teaspoon salt; ¼ teaspoon baking soda; 1 teaspoon baking powder; about 1½ cups buttermilk.

*Method:* Preheat oven to 425°. In a large bowl, mix the flour, salt, baking soda, baking powder, then add buttermilk (you may need more or less depending on the absorbent quality of the flour). The dough should be sticky but easy to handle. Knead into a ball in mixing bowl with floured hands. Place in a [illegible] pan, dollop or cookie sheet. Cut an [illegible] into the top of the loaf and [illegible] deep cross from side to side and to the top of the [illegible]. Bake [illegible] minutes or until [illegible] tapped on the bottom. Cool [illegible]



lver, and spoon over the re-
ler of the Guinness. Keep the
1 week. If you like, before
, spoon over 8 tablespoons
ional Guinness into the base
cake.

## POTATO PANCAKES

*from Lord Mountbatten of Burma)*

*dients:* 2 medium potatoes,
l; 2 heaping tablespoons
1 teaspoon salt; 1 teaspoon
er; 2 eggs; olive oil; cold
of beet.

*od:* Grate potatoes on medi-
rater. In a bowl, mix flour,
nd pepper, and add to pota-
Then add 2 eggs, broken in
t a time. Beat all together
rough purée. Lightly cover
m of frying pan with olive oil
eat. Put 1 teaspoon of the
re into the hot oil for each
ke. Spread out quickly with
on into thin ragged shapes.
ntil crisp on both sides. Serve
ith cold beet slices. Makes
pancakes to serve 5.

## MY GRANDMOTHER'S SCONES

*(from Lady Mahon)*

quick and easy to make as
scones involve no rolling or
g.

*dients:* 1 cup self-raising
2 heaping teaspoons baking
der; ¼ teaspoon salt; 1 tea-
sugar (optional); 1 egg; 1
milk.

*hod:* Preheat oven to 450-
. Thoroughly grease 12 muf-
ns. In a bowl sift flour, baking
der, salt and sugar (if de-
). In a separate bowl beat egg
milk together and pour into
. Mix very thoroughly. The
ure should be very creamy
not at all dry. Drop small
nfuls into greased tins and
for 10-15 minutes until well-
and brown. Makes 12 muf-

*following recipes have been
pted for American kitchens
Theodora Fitzgibbon's* A
e of Ireland.

## RADITIONAL IRISH STEW

*from Theodora Fitzgibbon)*

is the original, simple recipe
Irish stew as it is found in
y places in Ireland today.

*edients:* 2 pounds leg of mut-
or lamb; 2 pounds white on-
; 2 pounds white potatoes;
freshly ground black pepper.

*hod:* Cut the mutton into 2-
chunks. Peel the onions, leave
le. Cut the potatoes to the size
the onions. In a large pot,
ead a layer of potatoes and sea-
son with salt and pepper. Then add the mutton or lamb and finally the onions. Repeat layers until all ingredients are used. Cover the mixture with fresh cold water. Bring to a boil and simmer gently for 4 or more hours. The mutton should be soft and tender, the potatoes like mashed, the onions completely melded into the gravy. Serve in hot soup bowls. Serves 6.

## COLCANNON

*(from Theodora Fitzgibbon)*

Colcannon should correctly be made with kale, but is more often made with cabbage. A plain gold ring, a sixpence, a thimble, or a button are often put into the mixture. The ring means you will be married within a year; the sixpence denotes wealth; the thimble, a spinster; and the button, a bachelor, to whoever gets them.

*Ingredients:* 1 pound kale or cabbage, cooked and chopped; 1 pound potatoes, cooked seasoned to taste with salt, pepper and a pinch of mace, and mashed; 2 small leeks or green onion tops, green and white parts, chopped; 1 cup milk or cream; ½ cup butter, approximately.

*Method:* In separate bowls keep kale or cabbage and potatoes warm. In a saucepan simmer leeks or onion tops in milk or cream to just cover until they are soft and add to the potatoes. Blend in the kale or cabbage, beating until it is a pale green fluff. Do this over a low flame and pile it into a deep warmed dish. Make a well in the center and pour in enough melted butter to fill up the cavity. The vegetables are served with spoonfuls of melted butter. Serves 6.

## HONEY MOUSSE

*(from Theodora Fitzgibbon)*

*Ingredients:* 4 eggs, separated; 1-12 ounce jar of honey.

*Method:* In a double boiler mix the egg yolks with the liquid honey (if the honey is "set" and thick, stand the jar on a piece of wood in warm or hot water until it liquefies) and cook stirring constantly until the mixture thickens like a custard. Remove from the stove and let it cool. In a bowl whisk the egg whites until stiff and fold into the mixture. Pour into either individual dishes or one dish and chill for several hours before serving. Serves 8. ■



## Tips from four wine lovers

# How to find the wines you really like

*A wine to drink at home with friends—a wine for a special occasion—how, among the hundreds of bottles you see in your liquor store, all different shapes and labels, are you to find the one that pleases you? There is no single answer. For such a personal thing as your own taste, no one rule could apply. But here are four people who started from scratch and have found, through their own experiences with wine, a complete confidence and pleasure in choosing and drinking it. Their stories, along with their own personal tips and clues that they found along the way, might help start you off on your own journey through the world of wine.*

By Caroline Seebo

## 1

***"Read about and discuss wine. Make friends with your wine dealer."***

***—John Strange***

*John Strange is a political scientist who has taught at Duke, Johns Hopkins, and Emory, and is now Dean of the new College of Public and Community Service in Boston.*

The first year I remember drinking was when I took my wife, Diana, out to dinner before we got married. I didn't know anything about wine then. I ordered a bottle of wine at dinner to impress her. Thinking back now, I wouldn't choose that particular wine, but we enjoyed it anyway. So after that I began to buy a bottle now and then and started to read about it and buy books. I now have over thirty-five books on wine, and also joined Les Amis Du Vin. When we moved to Boston, I became friendly with the owner of the Wine Cellar of Stoneham and now regularly do tastings with him, which expands my knowledge.

My advice to those who are interested in wine is to read a good book, for instance, Hugh Johnson's *World Atlas of Wine* [Simon & Schuster], then buy seven or eight wines and take notes as you drink each one. Not formally, just how it looks, smells, tastes.

## 2

***"Start by drinking one red and one white until you really know them. good and bad years, old and young vintages."***

***—Jonathan Morse***

*Jonathan Morse is an architect with Rosenfeld/Harvey Morse in New York City. He invented what he calls his Morse Code of Wine to develop his knowledge and to be able to deal with wine stores and restaurant lists with confidence.*

Practically every country in which grapes are cultivated makes wine. This includes probably at least 100 countries in which there are probably 3,000 different types of wine. No one in the world could possibly hope to know all of them. Even to know all of the wines of France would in itself be the undertaking of a lifetime. What we're looking for is a place to start.

"What I did when I was a rookie was to buy only one red wine. You can choose any one from any country or region, but choose only one. Ask your wine dealer to recommend the best wine for the price you can afford. Every time you buy it and drink it you will learn more about it. Good years, bad years, old and young vintages. Do the same with a white wine.

"In my Morse Code, you drink only these two wines—the red and the white—until you are really familiar with them. It may take several months, or even years. After a while you'll begin to know when you find a wine you don't like with roast lamb you're going to know why it's good with the lamb. And you're going to know what you don't like it with. In short, by then you will have learned to build your own vocabulary of taste and are ready to experiment with other wines."

## 3

***"Organize a group of wine-loving friends to share the cost and pleasure of tasting wine at home."***

***—Paula Ceder***

*Paula Ceder is twenty-nine years old and works at the William Morris Agency in New York City managing writers and film makers.*

When I was twenty, I first started traveling in Europe, and became accustomed to ordering a bottle of wine with my meal wherever I went. If you spend thirteen weeks in Europe drinking wine every day you don't give it up the day you get back to America—it becomes part of your food experience.

"I've found that wine is very enjoyable in the company of friends. Often a group of us will gather at my house for a meal and club together to buy the wines. This way we share the cost, our opinions, and develop our tastes together.

"Check to see if someone is giving a course in wine in your area. I learned a lot from a marvelous course given in New York by Alexis Bespaloff. It's all in his *Signet Book of Wine*, a book you can study, wherever you live. Groundwork such as this, plus continual experimentation, is a good method for anybody to adopt in exploring the world of wine."

## 4

***"Develop a taste for the wines you can afford to drink every day. Buy wine young and age it yourself for good results."***

***—Mort Heineman***

*Mort Heineman is Senior V President of an advertising agen in New York, and Town Coun man of Harrison, N.Y.*

I became interested in wine pr cipally because of my neighb in the country, publisher fred Knopf, who has a gr wine cellar. Over the years I came so interested in wine tha started to write about it, contrib ing interviews and articles to wi magazines.

"If you are going to drink wi on a regular basis, you simply ca afford $10 bottles at every meal suggest, therefore, that you sel a top price—establish a ceiling. I quite possible to find enjoyal wines at not more than $3 a bott

"Buy inexpensively and gi wines a chance to bottle-age home. If the wine is one that w improve with age, most reds, f example, give it as long as sev years to age. You will be surpris at the quality and taste after th time. If you have limited spac ask your wine dealer if he can a your wine for you. And if you ha heard about a wine you'd like try, or if you've tasted and liked wine in another part of the cou try, that isn't stocked where y live, ask your wine dealer to sp cial order it for you." ■

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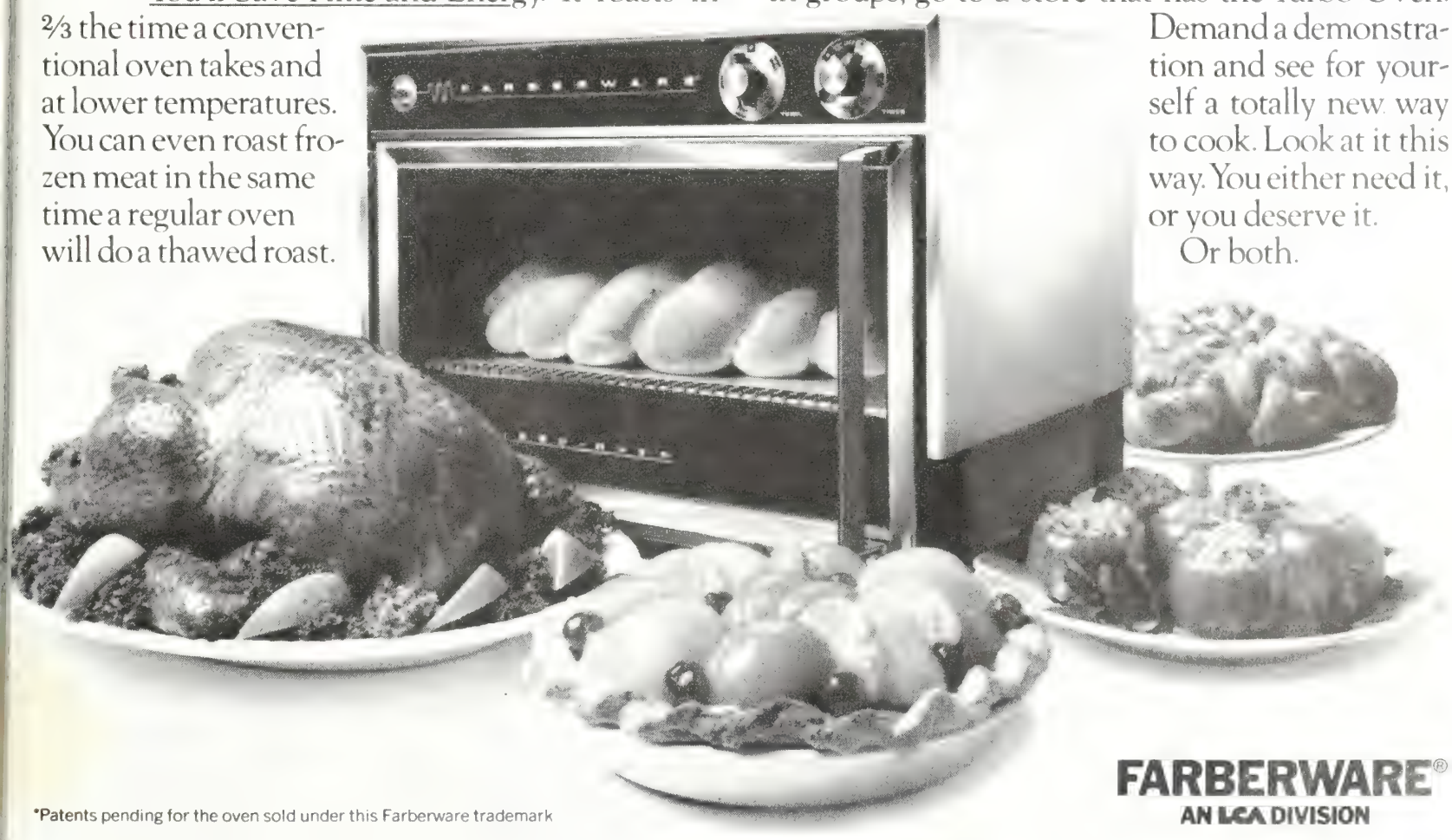
"Stay Clean" Action. The inside walls of this Turbo-Oven are treated for "Stay Clean" action, vaporizing most food splatters while the oven is working. There's a removable filter that traps solids and fats. The drip tray and glass door are also removable and easily washed.

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Organize Demonstrations. Either singly, or in groups, go to a store that has the Turbo-Oven. Demand a demonstration and see for yourself a totally new way to cook. Look at it this way. You either need it, or you deserve it.

Or both.



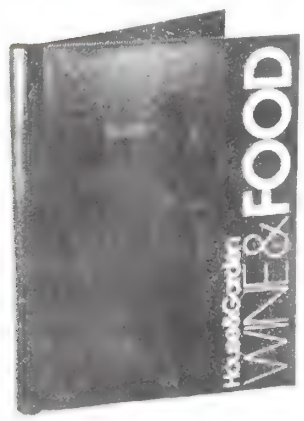
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"Vegetable dishes complement each other and benefit by being served in combinations of two or three"

# TEN GREAT VEGETABLE MAIN COURSES

*continued from page 131*

## SOUPE AU PISTOU

*Ingredients:* 1 onion; 2 small leeks; 2 small carrots; 2 small zucchini; 1 pound string beans; 2 medium potatoes; ¼ cup olive oil; 5 cups boiling water; ½ pound fresh white haricot beans (1½ pounds in pod) *or* ½ cup dried white haricots; salt; 2 ounces shell pasta or macaroni. *Ingredients for Pistou:* 4 cloves garlic; 2 tomatoes; 12 sprigs basil (fresh) *or* 4 tablespoons chopped leaves (dry); ¼ cup olive oil; 2 ounces grated Parmesan cheese.

*Method:* Dice the onion, leeks, carrots, zucchini, string beans, and potatoes, keeping them in separate piles. Heat about 4 tablespoons of olive oil in a large heavy saucepan and cook the onion and leeks gently until they are pale golden. Pour in 5 cups boiling water and add the carrots and the haricot beans. (If using dried beans, they must be covered with cold water and precooked until almost tender.) Bring back to a boil, add salt, cover and simmer for 45 minutes. Then add the potatoes, zucchini, and string beans. Simmer for another 30 minutes. Add the pasta, and cook uncovered for 10 minutes more, or until pasta is just tender.

*Method for Pistou:* Pound the garlic in a mortar. Cut the tomatoes, do not peel them, squeeze out the seeds and juice and grill them until browned. Chop the basil and add to the garlic in the mortar and pound again. After discarding skins, add the chopped grilled tomatoes. Pound again until you have a fairly smooth paste, then add 4 tablespoons of olive oil drop-by-drop while stirring constantly. When the pistou is smooth and well mixed, pour it into the heated tureen, and add a ladleful of the boiling hot soup. Mix well, then add the rest gradually. Let stand for 5 minutes while the flavor develops. Serve the grated cheese separately. Serves 10.

## VEGETABLE CURRY

*Ingredients:* 1 cauliflower; ½ pound tiny carrots; ½ pound small zucchini; 1 pound Jerusalem artichokes (optional); ½ pound string beans; ½ pound lima beans or peas. *Ingredients for curry sauce:* 3 tablespoons butter; 2½ tablespoons flour; 1½ tablespoons curry powder; 2½ cups vegetable stock; 1 cup light cream, approximately; 2 tablespoons sweet fruit juice *or* juice from sweet pickle; 4 hard-boiled eggs.

*Method:* Divide the cauliflower into sprigs, leave the carrots whole, slice the unpeeled zucchini in ½-inch slices, slice the artichokes likewise, cut the beans into 1-inch chunks. Cook these vegetables and beans or peas separately in the minimum of lightly salted water, and reserve, while you keep vegetables hot. Reserve vegetable stock.

*Method for the sauce:* Melt the butter, stir in the flour and cook for 3 minutes, adding the curry powder halfway through. Measure 2½ cups of the vegetable stock, heat it, and blend with the flour and butter. Stir until smooth and simmer for 3 minutes. Add the cream and blend again, then the fruit or pickle juice. When all is smooth and well mixed, pour over the vegetables in a serving bowl and mix. Cut the hard-boiled eggs into chunks and scatter them over the top. Serves 6.

## POTATO AND HERB PIE

*Ingredients:* 1½ pounds short pastry (see Tomato and Mustard quiche recipe); 1 pound new potatoes; 4 tablespoons butter; salt and black pepper and nutmeg; 1 egg yolk; ½ cup heavy cream; 4 tablespoons chopped fresh herbs, chervil, chives, parsley, dill.

*Method:* Roll out half the pastry and line a 9-inch flan ring pan. Slice the peeled potatoes thinly and evenly. Arrange in layers in the pastry, dotting each layer with butter, seasoning with salt, black pepper, and grated nutmeg. Cover with aluminum foil brushed with beaten egg yolk. Bake for 1 hour at 350°. Heat the cream, season with salt and black pepper and stir in the herbs. Remove the foil and pour the cream over the potatoes. Replace the foil and bake for 5 minutes more. Serves 6.

## TOMATO AND MUSTARD QUICHE

*Ingredients for short pastry:* 2 cups all-purpose flour; pinch salt; ½ cup very cold butter; 1 egg yolk (optional); 4-8 tablespoons iced water.

*Ingredients for filling:* 1 egg yolk; 1½ tablespoons mustard; 1 pound tomatoes; 1 eggs; 1 cup heavy cream; salt and black pe
ounces grated Gruyère ch
*Method for pastry:* Sift t
into a large bowl. Add t
Cut the butter into small l
rub into the flour. Stir in
volk, and add enough ice v
make the mixture hold t
Form into a ball, and chill
minutes or longer. This
enough pastry to line a
quiche or pie pan. The e
is optional, but it gives a
pastry.
*Method for filling:* Line a
quiche pan with the pastry
with beaten egg yolk, pri
tom with a fork and bake
minutes at 400°. When
cooled, spread a thin layer
tard over the bottom. Skin
matoes and chop coarsely, d
ing seeds and juice. Beat th
add cream and season ca
with salt and black pepper.
the tomatoes and the cheese
ing back a handful of cheese
into the quiche pan and
the reserved cheese over th
Bake at 325° until golde
puffed up, 30-40 minutes.
immediately. Serves 6.

## ZUCCHINI AND TOMA CASSEROLE

*Ingredients:* ¼ pound zuc
salt; 1 pound tomatoes; 4
slices stale white bread, cru
moved; 4 tablespoons melte
ter plus butter for greasing
salt and black pepper; 1 he
tablespoon chopped fresh
when available; sugar; ¼
cheese (mozzarella, Gruy
Cheddar) sliced thin.
*Method:* Slice the unpeele
chini very thin and sprinkl
salt. Leave for about 30 mi
then rinse and pat dry. Sk
tomatoes and slice thin. C
bread in cubes and pou
melted butter over them. Bu
soufflé dish and put half th
chini slices in one layer in th
tom. Season lightly, then la
the tomatoes over them. S
half the basil over the ton
and a sprinkling of sugar. La
the cheese slices over the
toes, then cover with half th
tered bread cubes. Repea
layers, sprinkling with sal
black pepper, finishing with
maining bread. Bake for a
hour at 375°. Serves 4. ■

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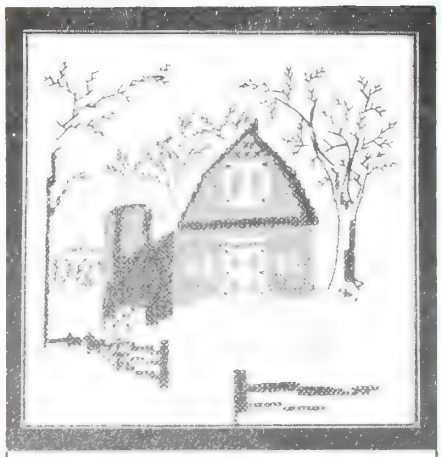
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CATALOGUE 25¢

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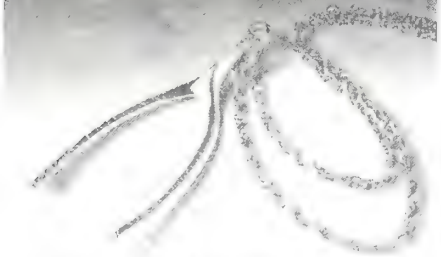
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Dept. HG45, Nottingham Square Rd.
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*Prince Leo*



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Design interpretation for a needlepoint pillow from the 1820's when "Giraffomania" influenced fashion and china decorations. Shades of blue, green, orange and yellow against white. 14½" dia. Hand-painted 12-mesh canvas with Persian yarns. $22.50 ppd. Peacock Alley, HG4, 650 Croswell St., S.E. Grand Rapids, MI 49506.



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Return of the Victorian jardiniere. A European import handwoven of full willow in a graceful shape to display your flowers, plants and greenery. Top detaches from stand. 10" dia. by 8"d. by 32" h overall. $16.95 plus $2 post. Send 25c for catalogue. Fran's Basket House, HG4, Rte. 10, Succasunna, NJ 07876.

## PERFECT WRAP

It's the never-out-of-season dress by Diane Von Furstenberg. The easy going, figure flattering wrap-around assures the famous Von Furstenberg "caress-fit". Striking bright green and white print in cotton and rayon blend. Sizes 6 to 16. $[illegible]50 plus $1 post. New catalogue, [illegible] HG45, 498 Armour Cir. NE, Atlanta, GA 30324.



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A true work of art painted on linen canvas from your old or new photograph. Choose from twelve outstanding portrait painters. Canvas sizes range from 12″ by 16″ to 30″ by 40″. Prices from $99.50 to $995. Write for Catalogue, 25c. Van Dyke Oil Portraits, Ltd., HG4, 153 E. 57th St., New York, NY 10022.

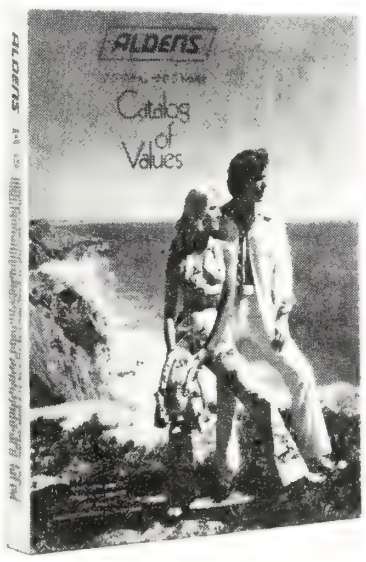


## COLONIAL CAPER

Amusing girl mouse with her knitting wears red and white striped dress, white boudoir cap. Patriotic companion in blue coat, striped vest, tricorn hat waves 13-star flag. Felt and cotton, 7″ tall, $5.50; 12″ tall, $13.50 each plus $1.25 post. Annalee's Workshop, HG4, Box 446, Meredith, NH 03253.

## REAT FINDS

side this 664-page catalogue ou'll find a super abundance of rand name spring and summer ishions, furnishings, appliances nd outdoor needs. A $5 nerchandise discount coupon ffer on new customers' first order f $15 or more is included. atalogue $1. Aldens, HG4, ox 6167, Chicago, IL 60680.






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An old-fashioned favorite comes back to grace the summer scene for indoors or outdoors. Handwoven, top quality wicker chair is styled for comfort. 25″ w. by 38″ h. with seat 15″ from floor. Natural color. $49.95 exp. coll. (10% discount on four or more). Elizabeth McCaffrey, HG4, Northport, NY 11768.

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Hand quilted pillows from Appalachia feature traditional patterns and lively prints. Dacron filled, they are available in background colors of dark blue, brown, orange and red. Pictured is the Dresden Plate pattern. Also available are Pieced Star, Spearhead Star, Dollie's Star, Turkey Track, Farmer Boy and Farmer Girl. 16″ square. **$11.50** each postpaid.

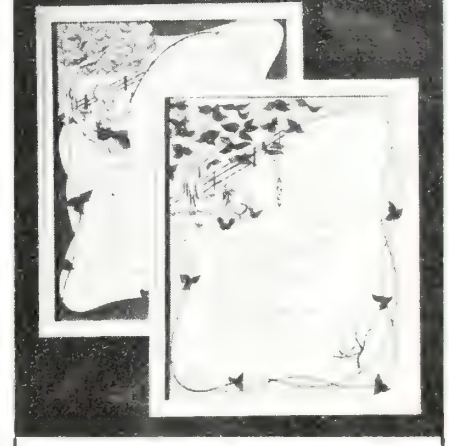
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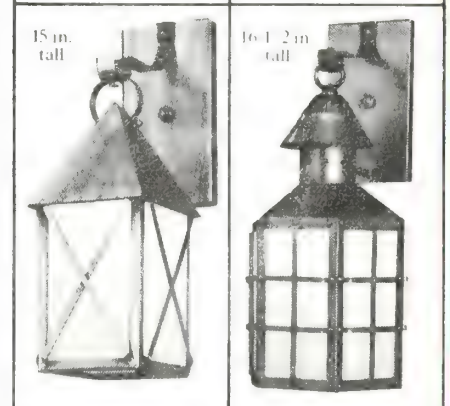
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| 15 in. tall | 16 1/2 in. tall |



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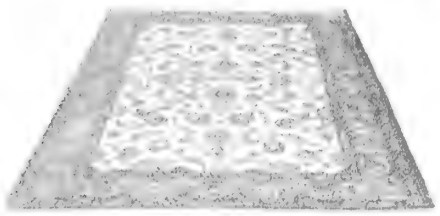
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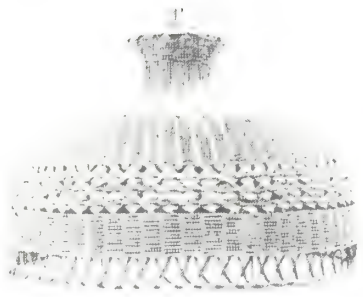
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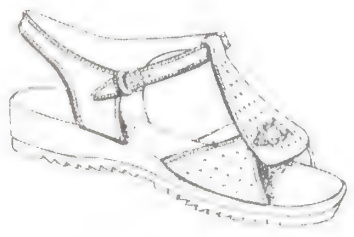
### PICK ME UP

Nice to have a handsome li table that's easy to move place you want it. 18″ tall, 1 diameter top. Dark cherry buckwheat honey finish with decorative piecrust moldi $69.95; two $135. Exp. coll. C Forslund, HG4, 122 E. Fult Grand Rapids, MI 49502.



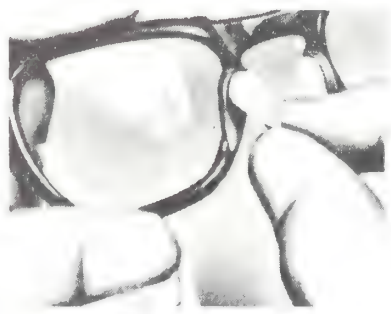
### EPITOME OF ELEGANCE

Airy natural rattan ceiling lar is fully electrified and ready hang over a dining table or as brightener in a corner. 22″ di 15″ h.; chain, 4′. $39.95 plus post. Painted white, yello green add $5. Catalogue, 25 Fran's Basket House, HG4, R 10, Succasunna, NJ 07876.



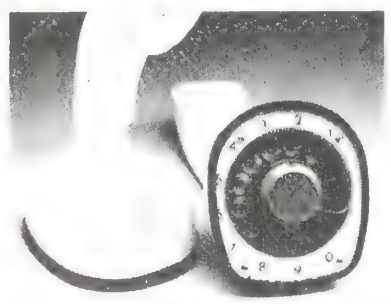
### CLOUD WALKING

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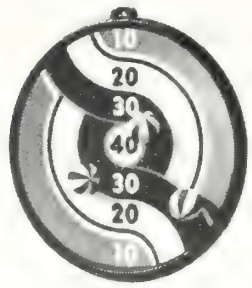
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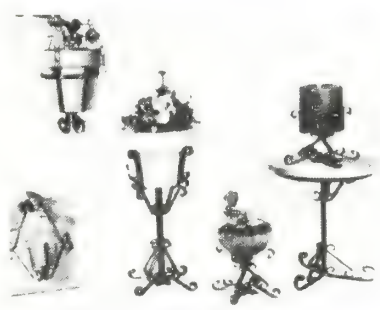
## EASY HOUSE-BREAKING

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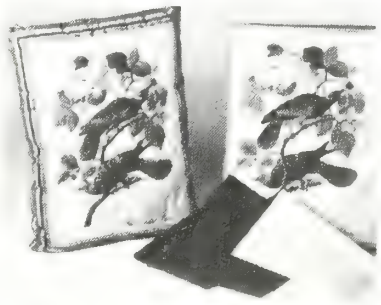
## SPANISH FLAIR

Virtuoso group of hand-crafted wrought iron stands, redwood table tops, to hold flowers or plants, a terrarium or candle. Black vinyl protective coating permits outdoor or indoor use. Free catalogue. R&S Products, Inc., HG4, Suite F, 4878 Ronson Ct., San Diego, CA 92111.



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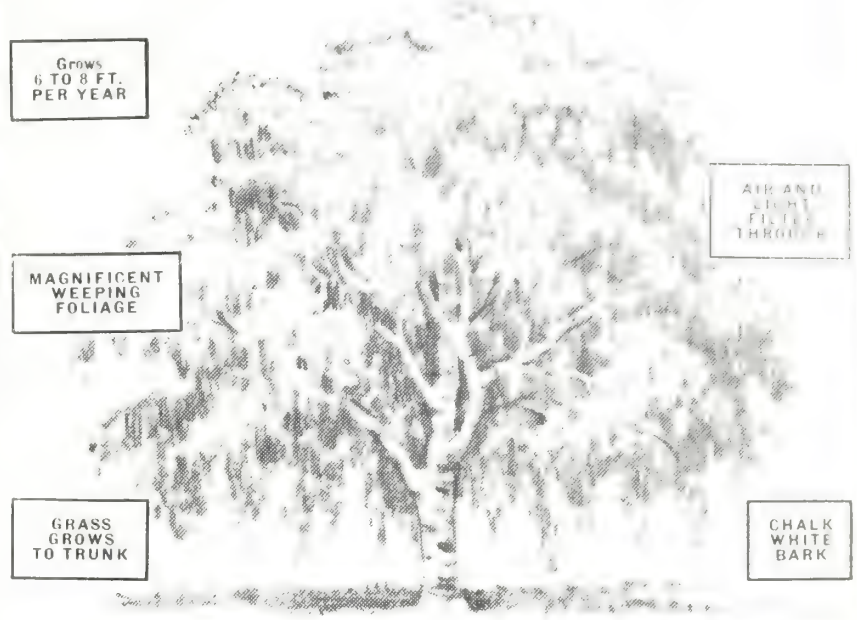



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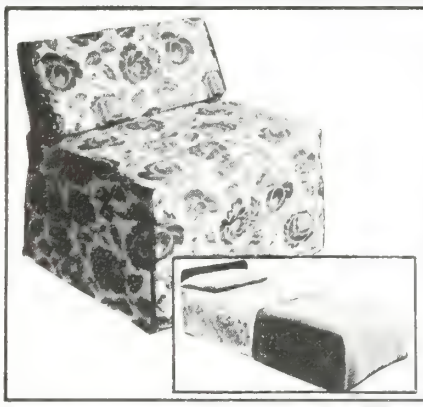

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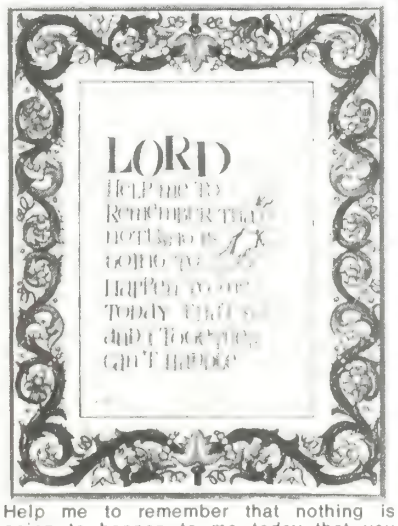
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Castro Convertibles, 1010 N. Westshore Blvd., Tampa, Florida. 33607
*Castro Convertibles*

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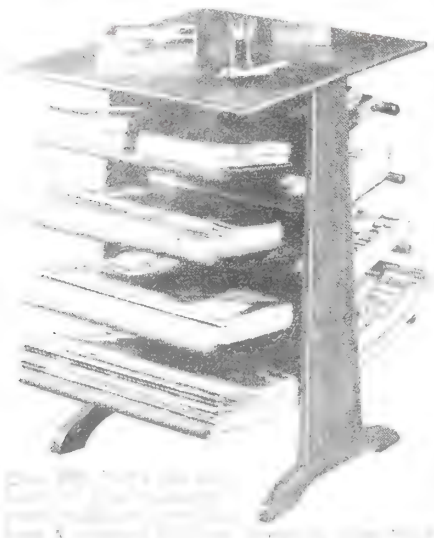

Help me to remember that nothing is going to happen to me today that you and I together can't handle". Inspirational, and lovely words on a 8″ x 6″ wooden plaque. Full color Italian scroll border, enhances the quiet serene message. Laminated for permanence, ready to hang on a favorite wall at home or office. Ideal hostess gift.
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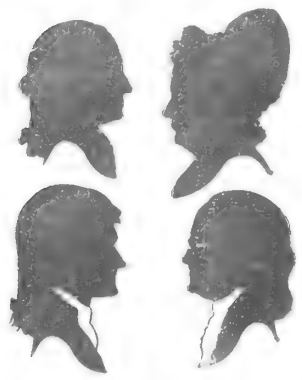
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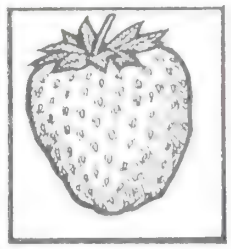
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*Nationally known silhouette artist, K. Housel Bogue, in keeping with our Bicentennial, announces silhouettes of George and Martha Washington, Franklin and Jefferson. Each work of art is a hand-cut, signed original, suitable for 5" x 7" framing. Excellent with extra home decor. $4.50 ea., $16.00 for all four, tax, postage, handling included. 25¢ for catalog. Money back guarantee.*



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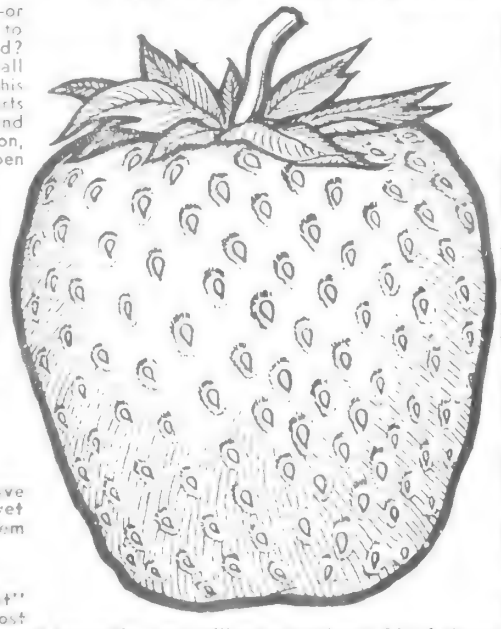
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Biggest strawberries most folks have ever seen: dark red, very sweet—yet firm. All purpose—freeze, jam, eat 'em fresh!

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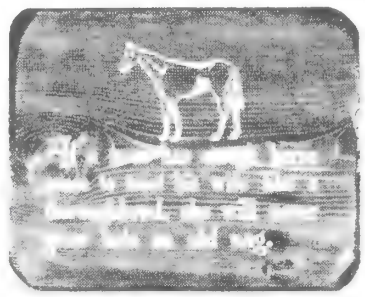
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# SHOPPING AROUND



## SPRING PEAPODS

Garden-fresh design on flared wrap skirt, edged and tied with braid. Pea green print on navy or white that reverses to solid color. In polyester and cotton. From Meadowbank. Sizes S, M, L and XL. $26 plus $1.25 post. Free Catalogue. The Talbots, Dept. GB, Hingham, MA 02043.



## THOUGHT PROVOKER

"If a man has enough horse sense to treat his wife like a thoroughbred, she will never grow into an old nag" is lettered on polished Rocky Mt. Ponderosa Pine, 11½" by 9½" by ¾". Self hanger. $4.95 plus 50c post. Catalogue, 25c. Postamatic Co., HG 475, Lafayette Hill, PA 19444.



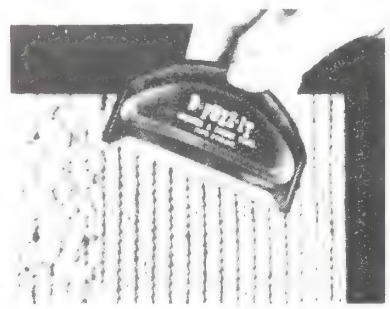
## SPARKLING FOOTWORK

Multi-color "gems" in a sandal with cushioned insole comfort and adjustable strap. In gold, silver, white, black. N 5½-10, 11, 12; M 4-10, 11, 12; W 5-10, 11, 12. $12.99 ppd. Free color catalogue. Hill Brothers, Dept. 938, 241 Crescent St., Waltham, MA 02154



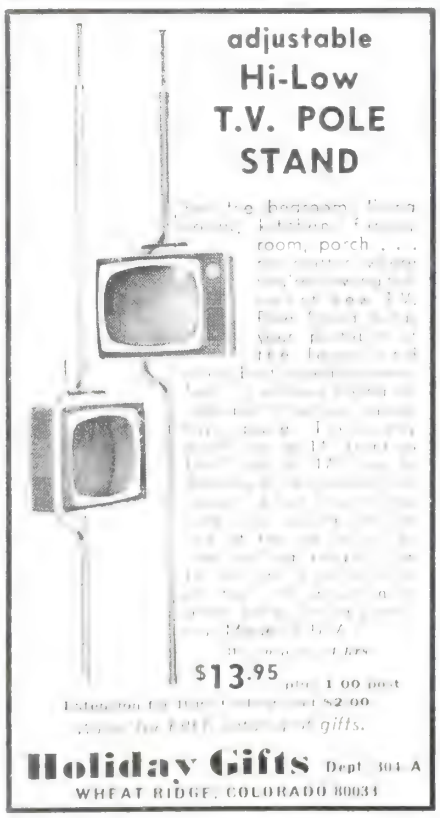
## LET IT SHINE

Precious family silver pieces marred by a missing part here, a dent there can be restored by Simmons, fine silver platers, repairers of silver, gold, pewter, brass and copper. Free catalogue. Simmons Silver Plating Co., Inc., HG4, 409 Whitehall St., S.W., Atlanta, GA 30303.



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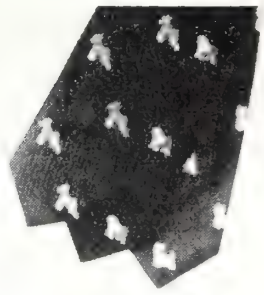
A California school teacher took this portrait of her clever kitty. It worked wonders in potty training inspiration for her toddlers! Now a big happy heart & funny bone ticker for you & old 2 × 3 feet black & white $2 (+.50c postage anywhere in the U.S.A.

WRETCHED MESS
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## SHOPPING AROUND

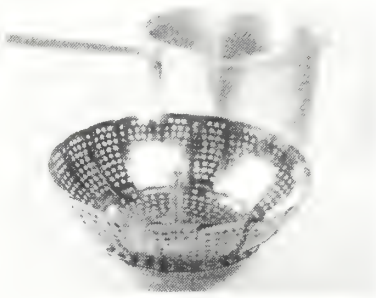
### ET OR CHAMPION

Whether his dog is a friendly companion or champion, it can be woven into a tie by the Swiss. Made of terrylene and silk. Specify breed (over 50 in stock), color (navy, brown, burgundy, green). $12.50 plus $1 post. David Barto, HG4, 1530 Northern Blvd., Manhasset, NY 11030.



### SAUCEPAN STEAMER

French cooks make vegetables taste good and stay nutritious by keeping them above boiling water in a steamer like this. Stainless steel, 5½" dia. at bottom; expandable top opens to 9½". $3.98 plus 50c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.



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You can turn any simple dress into a simply smashing outfit with this golden butterfly belt. Gleaming metal links backed by sturdy elastic fit waists 25" to 42". 1¾" wide. Butterfly clasp 3¼" x 3". $4.98 plus 75c post. Ferry House, G4, Briarcliff Manor, NY 10510.



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From the sunny Isle of Majorca comes a rope of matched pearls 50 inches long. It's a fashion accessory that lends a look of simple elegance to practically anything you choose to wear it with. $12 ppd. American Image Industries, HG4, 276 Park Ave. So., New York, NY 10010.




**CHURCH PICNIC RECIPES**
**SOUTHERN STYLE**

er on the d"



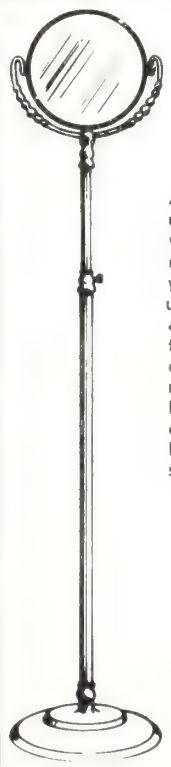

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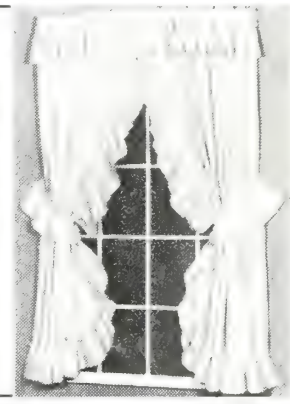
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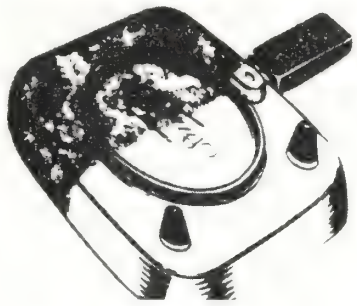
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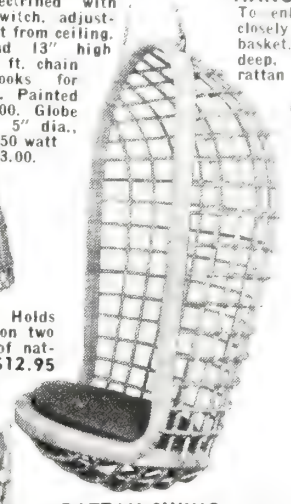
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**$18.95** plus $2.00 postage

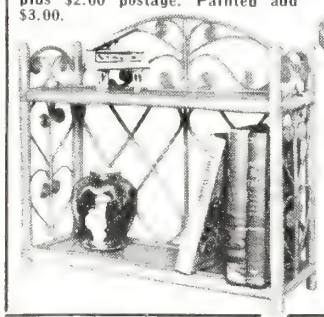
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$4.95 ea. two for $8.95 plus $1.00 postage



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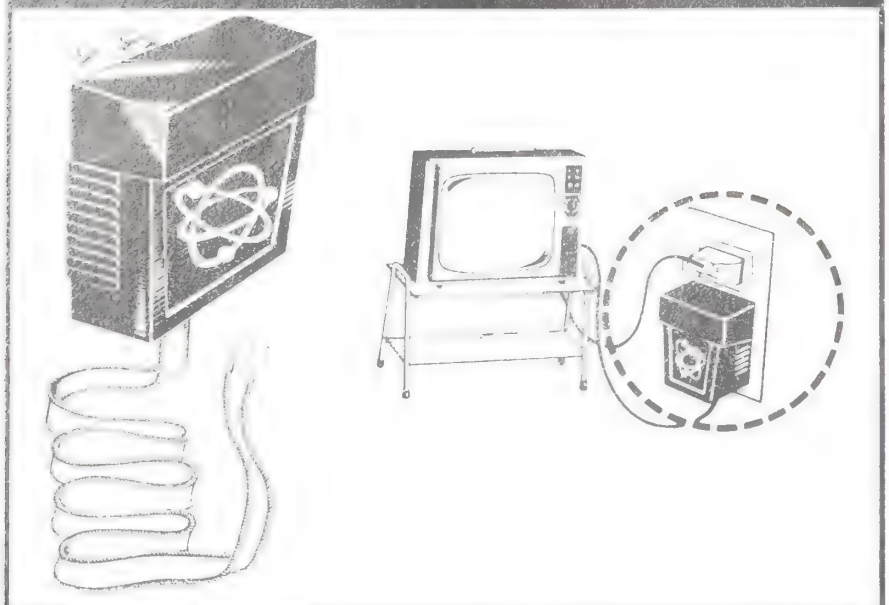
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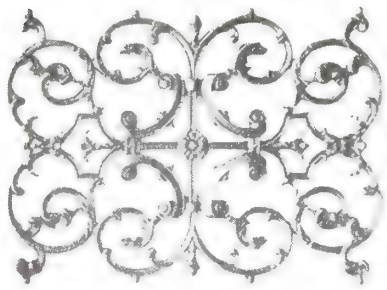
Cushion-Lift® Chairs lift you slowly and safely to your feet and help provide comfort and independence for people afflicted with Arthritis, Rheumatism, Stroke or Parkinsonism.



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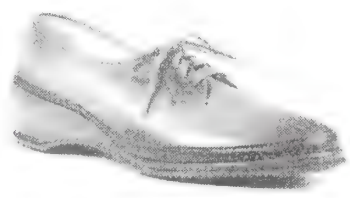
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Phone (414) 542-8847


## SHOPPING AROUND



### ORNAMENTAL

Baroque-motif, life-time aluminum garden wall hanging, 22" by 31". One of many in free brochure of ornamental gates, doors, decorative items in cast iron and aluminum. Write: Collins Hanna Iron Co., Inc., Dept. HE4, 450 N. Decatur St., Memphis, TN 38105.



### FLYTES FORECAST

Zigzag rubber soled Flytes. Grain calf with smooth calf: black; bone/malt; navy/light blue; teak/brown; black/otter; beige/otter; white. 2½ to 12, widths AAAA to EE. 2½ to 10, $25.95; 10½ to 12, $26.95. Add $1 post. Free catalogue. Solby Bayes, HG4, 45 Winter St., Boston, MA 02108.



### CALL IT CAMP

A phone with a French accent and a flavor of jazz from the 1920's. Oval base with dial, cable and four-prong plug. In the original black, $49 95. Separate ringer box $6.95. Add $1.50 postage and handling; $2 W. of Miss. Metropolitan Teletronics, HG4, 35 W. 35 St., New York, NY 10001.



### STRAW VOTE

A wicker basket, needlepointed monogram. Kit includes 10½" x 6" x 5½" basket, wool, instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, $4.95; lidded $6.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



### STRAP CLIPS

Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. Set of two, $1.29 plus 20c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.

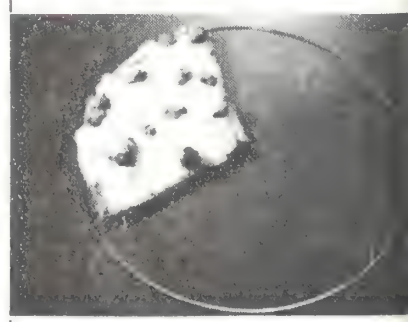


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Hang, place on table or stand. Will enhance your patio or garden and show off your most prized plants indoors or out. Expertly crafted of western cedar for long life. 14" dia. x 10" high. **$12.00** post. pd. in cont. U.S.A. Fla. res. add .48 tax. Prompt shipment. Plant not included.

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NEW **INVISIBLE PIZZA PLATTER**



### SLICE AND SERVE ON IT

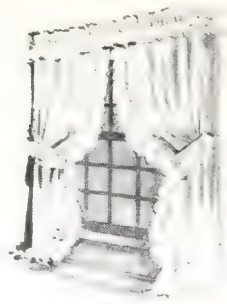
This beautiful Plexiglas serving board will elim inate the need to use the unsightly, messy card board that the pizza comes with. Your tabl setting will be greatly enhanced by this cryst clear pizza platter. It is unbreakable, heat re sistant, and will protect your table from bein marred. The size is a full 16" across . . . bi enough for the largest pizza. This pizza platte when not in use will serve double duty as a cut ting board. Only **$8.98**, including postage.

Prompt Delivery. Money Back Guarantee.

**PIERCE INTERNATIONAL**
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# SHOPPING AROUND

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In white or eggshell dacron, 3″ ruffles. Tiebacks are included. 82″ w. per pr. 36″ long $6.75; 45″ $7.75; 54″ $8.50; 63″ $9.25; 72″ $10; 81 $10.75. 12″ by 72″ valance $3.25; Add $1.50 post. Free brochure. Old Colony Curtains, Dept. G54ME, Box 759, Westfield, NJ 07090.

## SEWS LOCK STITCH



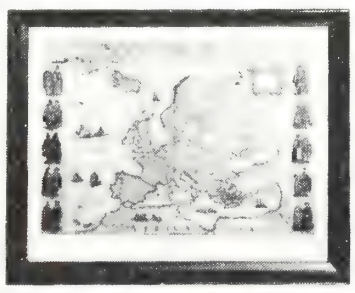
Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, two needles. $3.98 plus 35c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.

## A GIFT OF TIME



Beautiful antique-finish pewter clock not only tells time but is a distinctive wall decoration. Made in Germany with fascinating details, it's battery-operated so you can hang it anywhere. 9″ dia. $59 plus $1.50 post. Hildegarde's, HG4, 597 Farmington Ave., Hartford, CT 06105.

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Beautiful maps of the world, Europe, the Americas and Africa are on heavy vellum art paper, 16″ by 24″. Ready to frame and hang in pairs or as a stunning quartet. 75c each; set of four, $3 plus 25c post. World Art, 4HGE, 606 E. State St., Westport, CT 06880.

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Little armless chairs in lacquered hardwood are perfect for dining, occasional living room chairs or bedroom/study. Red, chocolate brown, white or yellow. Set of four, $79 plus $5 post. 52-page catalogue, $1. J & D Brauner, HG4, 1331 S. Michigan, Chicago, IL 60605.





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39x76 twin $28; or 54x76 full bed size $30; 54x76 full size, dual control $36; 60x80 queen size with dual $42; 78x84 king size with dual $44—all postpaid. Enclose check or M. O. only—Mich. residents add 4% sales tax.

**THE LINEN CLOSET**
**1324 Welch Blvd. Flint, Michigan 48504**

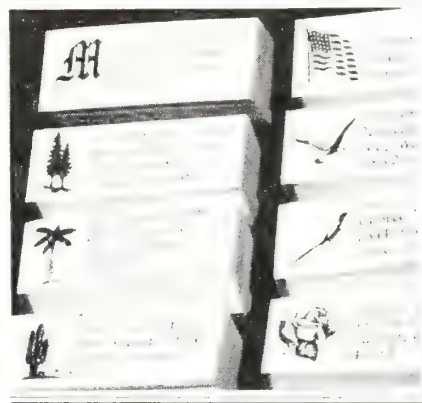


**NEEDLEPOINT SCHNAUZER**

This adorable schnauzer design has already been carefully hand-worked on 10-mesh needlepoint canvas. You just fill in the background (background yarn not included). Finished size: 15″ x 15″. Only **$7.95** plus 50¢ postage. Add **$3.50** for five skeins of scarlet background yarn.

**Now you can select from hundreds of different art needlecraft kits in The Stitchery's exciting, full-color catalogs. You'll find page after page of pillows, pictures, doorstops, bell pulls, handbags, tote bags, luggage straps and racks, footstools and footstool canvas, belts, dolls, rugs, eyeglass cases, pin cushions, afghans, etc. Many designs are exclusive. Send only 25¢ for the next 4 colorful issues.**

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3 letter monogram on 2 cases **$2.50**

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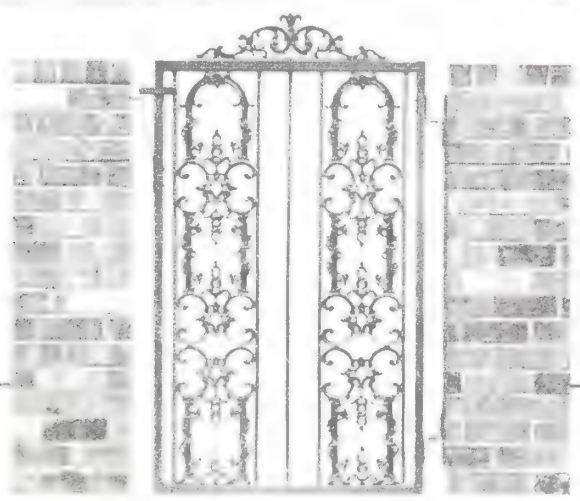




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"HEATHER" — The next best thing to walking on clouds! So soft and light, so incredibly comfortable, you'll forget you're wearing shoes—until compliments remind you. Made of supple glove leather with heavenly foam-cushioned insoles and down-to-earth 1 inch heels. Elasticized back straps assure perfect, self-adjusting fit. Smart go-with-all styling makes them perfect for any casual attire . . . from shorts to ankle-length skirts. In Black, White or Beige, $11.95. Sizes: 4 through 12; Narrow, Medium or Wide widths. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90¢ postage for each pair ordered. Refund if not delighted. Free catalog. SOFWEAR SHOES, Dept. H, 1711 Main, Houston, Texas 77002.





Southern Belle Design

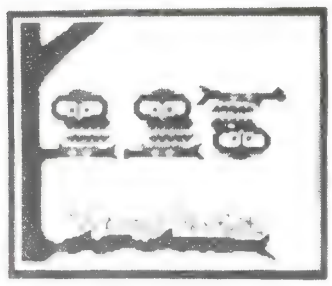
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You can add this elegance to your garden. Today, it's a matter of taste . . . no longer one of price. Adjustable 35"-43" wide, 56" high . . . 70 lbs. Complete with instructions and hardware for attaching to brick or wood. Weatherproof matte black finish.

*Write for our free, 16 page illustrated brochure of unusual and functional cast iron [illegible] including doors, gates, room dividers, gazebos, wall hangings, mail box stands, [illegible]*

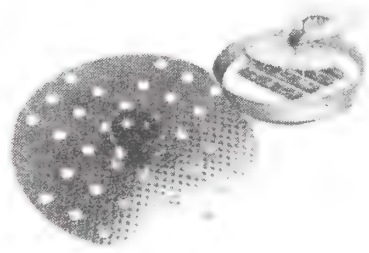
**Collins-Hanna Iron Co., Inc.** 450 N. Decatur Dept. G5-4 Memphis, Tenn. 38105


# SHOPPING AROUND



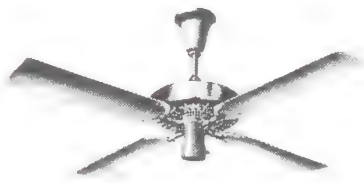
### NEEDLEPOINT FUN

Kit with amusing picture and legend "Nobody's Perfect," hand-painted on 12-mesh white interlock canvas. Persian-type yarns, yellow, brown, greens, and white; needle; complete instructions. Finished size 10" x 12". $17.95 plus $1 post. The Stitchery, HG4, Wellesley Hills, MA 02181.



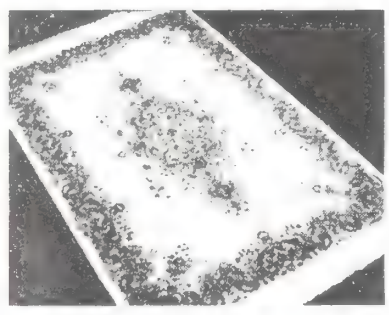
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Treasured old patterns, authentic reproductions. Dramatically decorative; through-to-the-back construction for wear. Red, ivory, navy or moss green ground. 4′ by 6′, $24.95; 6′ by 9′, $49.95; 9′ by 12′, $89.95. Ppd. International Rug Co., HG4, 360 Amsterdam Ave., New York, NY 10024.



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# SHOPPING AROUND

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## HEARTH GUARD



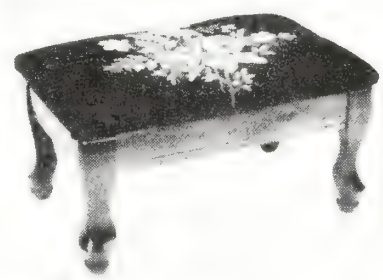
Friendly little cricket, long a symbol of good luck and good health, is skillfully crafted of black wrought iron. A mere 2½" long, black, he stands at your own hearth or makes a winning gift for housewarmings. $2.69 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

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Solid bronze chandelier cast by hand is the crowning touch for a handsome room. Six candles; 20" h., 20" dia., chain, 15". Bronze tassel accents are particularly distinctive. $69 ppd. Free color brochure. Model 25. Empress Chandelier, HG4, PO Drawer 2067, Mobile, AL 36601.

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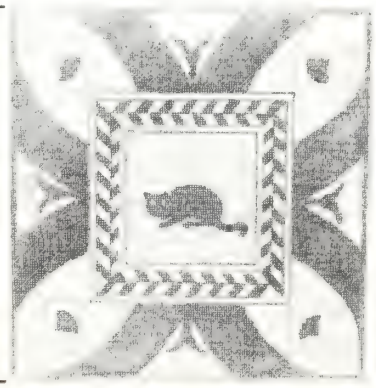
Simple Teflon cover for steam irons is the solution for ironing serge, gabardine, dull-surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without any ugly shiny areas. $1.29 each plus 15c postage. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.


**BLACK CAT NEEDLEPOINT**

A dramatic piece playing black against white, plus a single accent color in turquoise, terra cotta or emerald green Paterna Persian yarn. Handpainted on fine #12 mono canvas 13" square. Complete with needle and instructions.

The Persian Cat inc.

**$40.** ppd.
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**NOW IN GLEAMING SNOWY-WHITE, TOO!**

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*Please add 50¢ postage and handling, N.Y. residents add taxes*

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**Ivory-like handcrafted oval domes**

Attractive crackle finish. Must be seen to be appreciated. Approximate size 2½" x 3½"

**$7.50**

Babies, friends, brides, pets and school pictures make lovely miniatures. Gift idea for birthdays, anniversaries and holidays.

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Send black and white or color snapshot, no Polaroids, please. Remember we will be using your snapshot! Therefore, photograph cannot be returned. Add $1.00 for easel. Money back if not pleased. Add 75¢ each for postage and handling. Calif. residents include 6% sales tax. Allow 3 to 4 weeks for delivery. Please send check or money order to:

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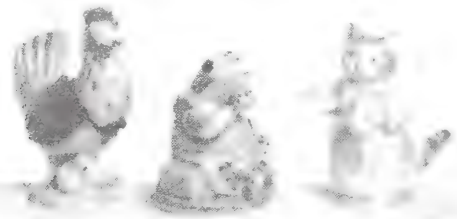
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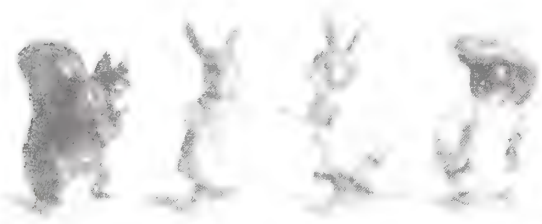
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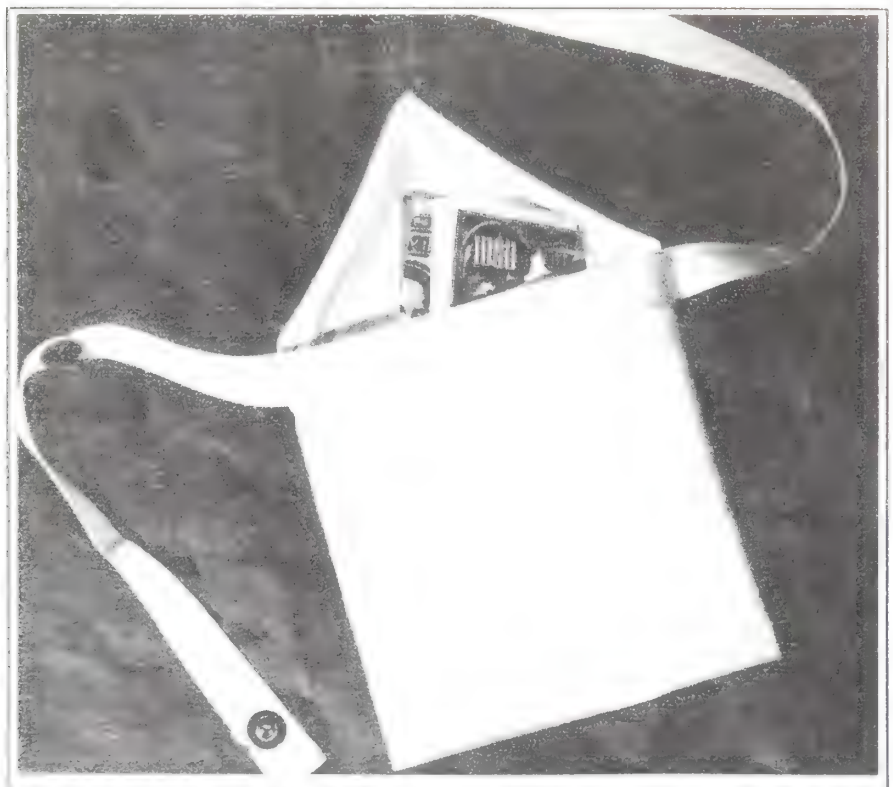
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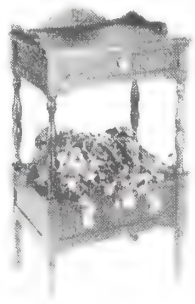
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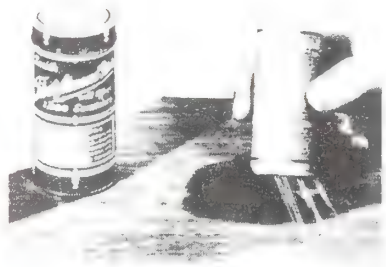
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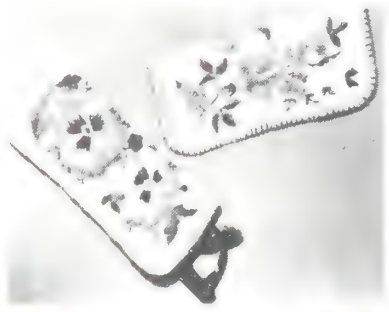
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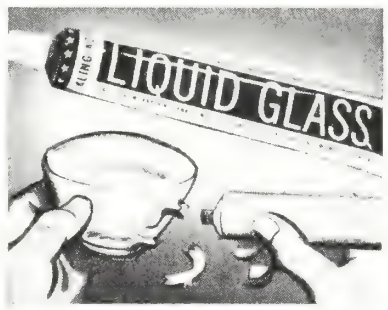
## READING EASE

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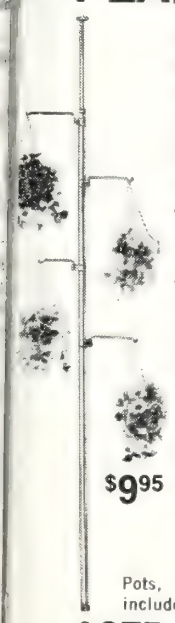



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Collector's plates to please both mothers and fathers, or to start a set for yourself. In fine china from Bareuther, they're truly classic in color and style. 7½" diameter. Each $21.50 ppd. Showcase portfolio free. Trein's, HG4, 201 W. 1st St., Dixon, IL 61021.




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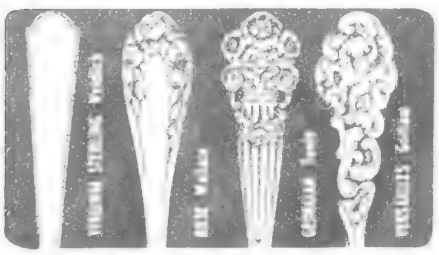
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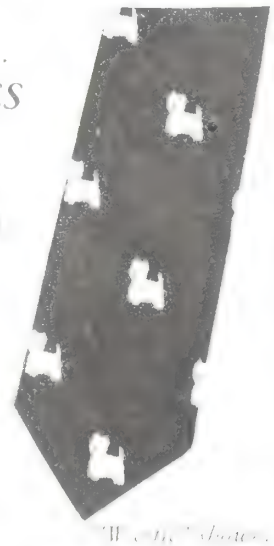
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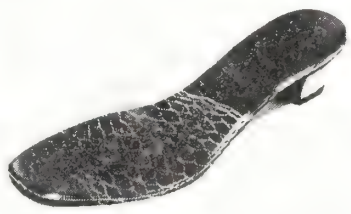
Needlepoint designs in white with pink, royal, green, black, brown or red on 10 interlock canvas. Complete kits: handbag 8½ by 9″, 54″ strap $24; eyeglass case or checkbook cover, 6½″ by 3¼″, each $5. Ppd. Sign of the Arrow, HG4, 9740 Clayton Rd., St. Louis, MO 63124.

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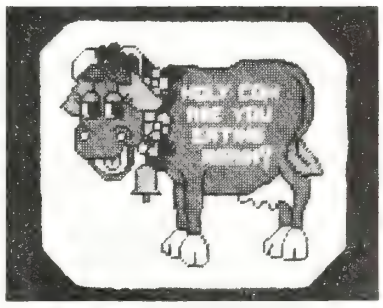
Nylon mesh encases the foot in a bare and beautiful sandal. Choice of mini wedge in white or gold or mini heel in gold or silver. Sizes 5 through 10. At home fashion with pants or long skirts. $5.95 each; two pr., $11 plus 50c post. Elizabeth McCaffrey, HG4, Northport, NY 11768.

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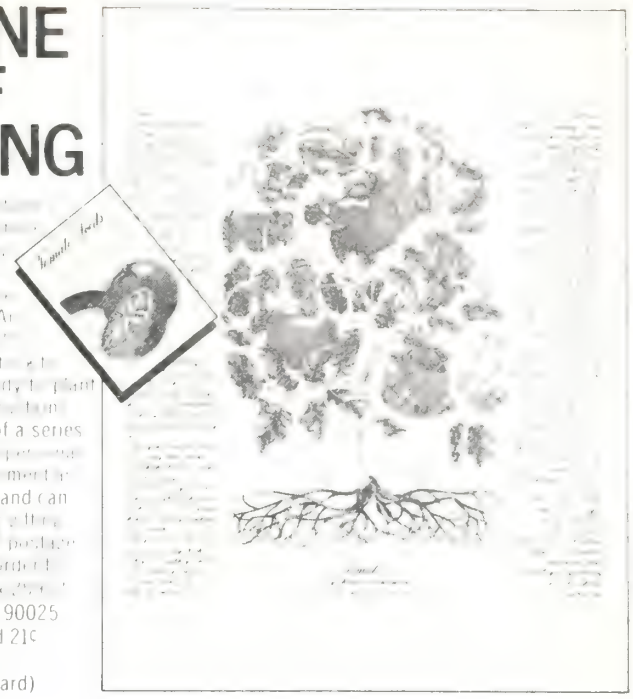
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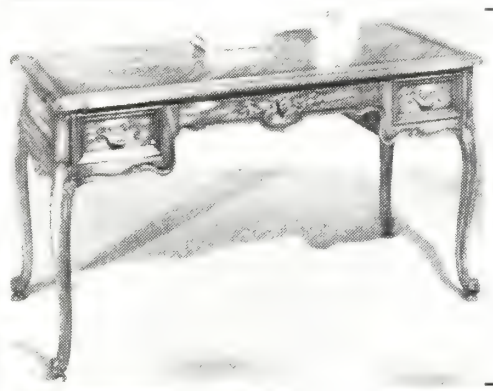


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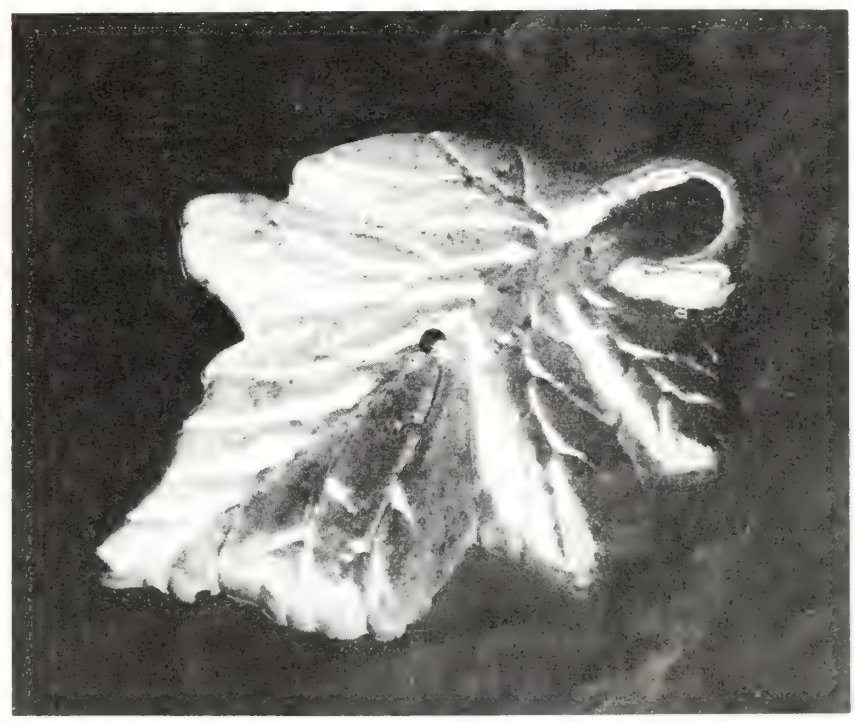
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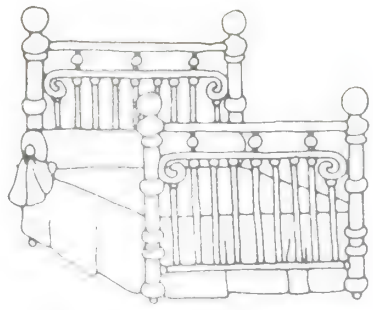
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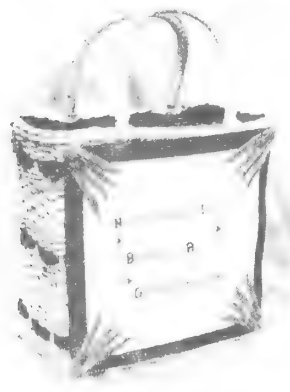
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With Unbleached or White Muslin

DUST RUFFLES ... 17.00

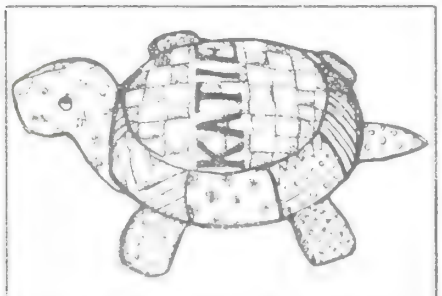
PILLOW SHAMS ... 4.75

CANOPY COVERS ... 18.00

COUNTRY CURTAINS

Dept. 46, Stockbridge, Mass. 01262






THE VERSATILE TURTLE

A decorative pillow or a delightful stuffed toy in colorful patchwork design and personalized for any gift occasion. Handmade. Approximately 16" from nose to tail.

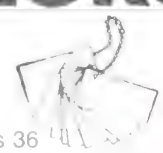
$15.75 postpaid.

The Pumpkin Patch

Pumpkin Hollow Rd.
Rte. 103 (Dept.)
S. Barrington, Mass. 01230



HOUSE & GARDEN COLORS



Order this year's 36 House & Garden Color Chips now —each set accompanied by Merchandise Directory— (Who make What in Which Color).

36 large 3" x 6" Color Chips and Directory $6.00
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Checks or money orders to:
House & Garden, Dept. cc '75S
P. O. Box 1910
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New York, N.Y. 10017


# SHOPPING AROUND STOCKBRIDGE



*An 1884 photograph of Williams & Sons Country Store, oldest commercial building in Stockbridge. This old-fashioned emporium, where you'll still find sourdough bread, barreled pickles and mechanical banks, has been in continuous operation since 1795.*

Pride in its American heritage runs high in the Berkshire town of Stockbridge, Massachusetts. Founded in 1739, the village got off to a commendable start by establishing a successful relationship with the Indians, appointing them to serve as selectmen along with the white settlers. During the American Revolution, a full company of Stockbridge Indians gave service as rangers in the Continental Army. They were the only Indians enlisted in the war.

Bicentennial visitors to Stockbridge might well start their tour of the town at the Red Lion Inn, for here, in July 1774, almost a year prior to the minutemen's action against the British at Concord on April 19th, 1775, the first provincial Congress was called "to consider the alarming condition of affairs and take a stand concerning them".

The flavor of 18th- and early 19th-century Stockbridge is conveyed in the well-preserved landmarks such as the Old Corner House, the historic Indian mission house built in 1739 and the 1825 Merwin House. But nostalgia overtakes the visitor on that familiar strip of Main Street from the Red Lion Inn to the Public Library, for this is the American thoroughfare thousands have come to know through the paintings of Stockbridge's famous resident, Norman Rockwell.

The pleasant ambiance of yesteryear prevails in business establishments. You find everything from a penny peppermint stick to a Colonial candlestick at the old-fashioned emporium, Williams & Sons, and memories of grandmother's house are evoked by the array of muslin curtains at the Country Curtain shop in the Red Lion Inn. In Stockbridge stores antique collectors, book lovers, and gift shoppers alike have happy hunting for reminders of a bygone era.

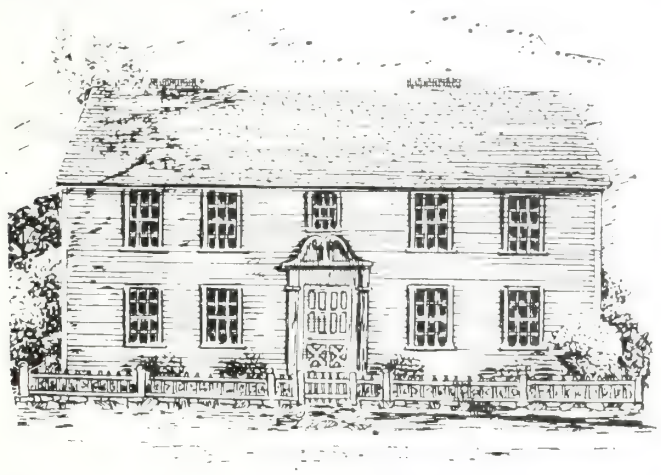
*For almost one hundred years, the Children's Chime Tower, built of native stone in 1878 on the site of the first Indian mission, has been delighting young and old. It was given to the town by David Dudley Field Jr. in memory of his grandchildren, "to be rung at sunset from apple blossom time 'til frost."*





*A fine example of 18th-century Georgian, the Old Corner House is a museum of two-fold interest. It not only exhibits historic memorabilia but also houses the only permanent collection of original Norman Rockwell paintings.*

Much credit for the well-tended local landscape goes to the Laurel Hill Association. Concern over civic beautification is nothing new in this Berkshire town. The Laurel Hill Association, America's first village improvement society, has been minding the town's appearance since 1853. Early minutes of the organization state: "Every person over 14 years of age who shall plant and protect a tree, or pay the sum of one dollar annually shall be a member of the Association."

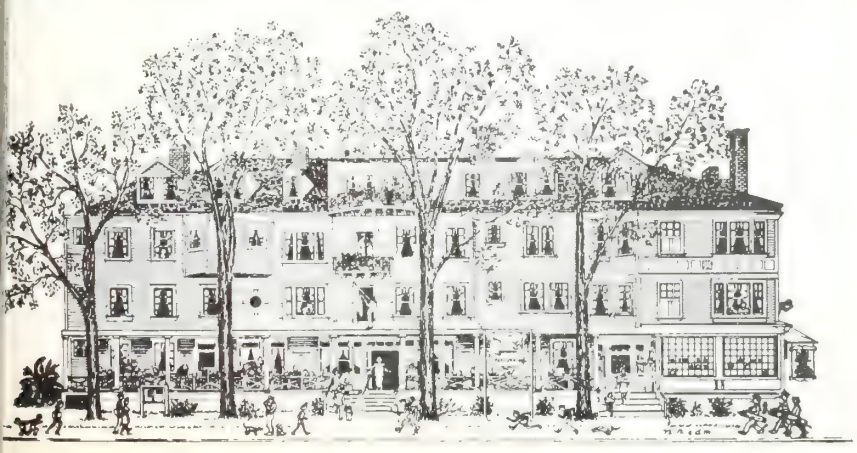


*The Mission House built in 1739 was home of the Rev. John Sergeant, first missionary to the Stockbridge Indians. It contains Colonial furnishings, utensils, and tools. Garden has plants known to have been grown in that period.*

Stockbridge has been called a five-season town: summer, autumn, winter, spring, and fall-foliage. Events of the year include the annual antiques show at the Plain school in late July, the seven-day Barrington Fair, second week of September, and the annual Harvest Festival the first Saturday in October in the Berkshire Garden Center. Cultural attractions throughout July and August focus on the Berkshire Music Festival at nearby Tanglewood where the Boston Symphony presents concerts and the Berkshire Theatre Festival in the Berkshire Playhouse situated in Stockbridge.

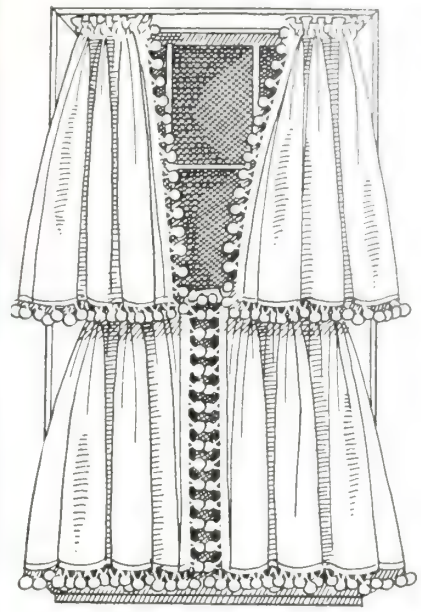
For further information write for free brochure to Stockbridge Chamber of Commerce, Box 100, Stockbridge, MA 01262.

*The Red Lion Inn retains the charm and amenities of a traditional New England hostelry. Built in 1773 as a tavern stop for stagecoach travelers, it was enlarged in the 1880's. Roster of notable guests through the years includes five presidents.*




CURTAIN CHARM

Ball Fringe On Unbleached Or White Muslin



Tiers

6.50 ea

13.00

Straight

8.50 ea

", 90" 10.00 ea

Valance

9" x 80" ..... 2.75 ea

For years New England [illegible] used these charming Country Curtains in their homes. Practical, long-wearing, these unusually attractive curtains of off-white or pure white muslin [illegible] ance with a minimum of care.

*When ordering please specify unbleached or white. Please enclose check or money order. Sorry, no COD's. Ma[illegible] add 3% sales tax. Postage and handling: under $10 add $1, for orders $10 and over add $1.75. Send for free brochure showing other curtain styles, bed ensembles and tablecloths. Satisfaction guaranteed.*

COUNTRY CURTAINS

At The Red Lion Inn

Dept. 43, Stockbridge, Massachusetts 01262

NORMAN ROCKWELL

SATURDAY EVENING POST COVERS HAVE COME ALIVE!

hodge podge



Exquisite hand painted porcelain figurines. Nostalgic and Collectable Gifts.

In Berkshire County, Exclusively at The Hodge Podge, Stockbridge, Norman Rockwell's home town.

Send your check for figurine or $1.50 for full color 20 page catalogue of entire collection (credited against purchase).



"100th Year of Baseball" July 8, 1939 height 6" $45.00 ppd. THE HODGE PODGE STOCKBRIDGE, MASS. 01262 "Summertime" height 5¾ August 5, 1933 $25.00 ppd

Turn-of-the-Century Child's Bentwood High Chair

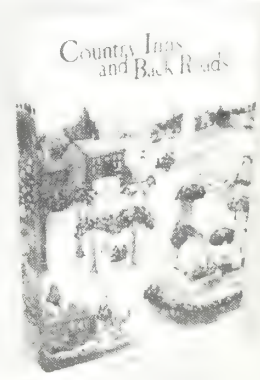


*Imported from Spain*

Destined to become a family heirloom, this child's high chair is really a fine piece of furniture. Expert Spanish craftsmen took the rich bent Beechwood and hand rubbed it to a rich walnut tone, then added the luxury of a hand caned reed back—so comfortable for your toddler. Has a just-right-to-reach footrest and liftable tray. What an imaginative gift for the proud parents! 39" high, 18" wide, 22" deep. $69.95 postpaid plus $2.50 shipping West of Miss. Send 2 cents for our catalogue

Jenifer House Dept. G-15

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"Old Smokey" makes it possible to cook less expensive cuts of meat, such as a shoulder roast, to a juicy, flavorful tenderness that will melt in your mouth.

"Old Smokey" is easy to use, saves charcoal, and is self [illegible]

Height 25"
Diameter 18½"

Stockbridge, Massachusetts 01262

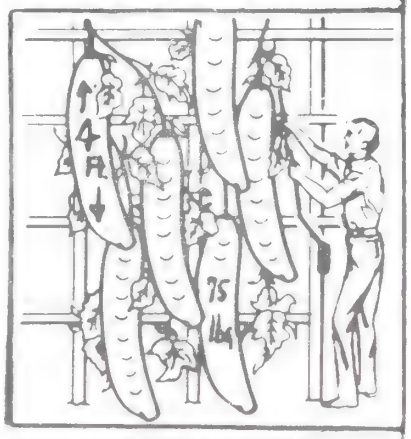
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Yes friends, these jumbo beans, shaped like a giant banana, can actually feed an entire family meal after meal. These amazing beans are healthy, tasty and rich in nutrition. Kids and adults alike love them.

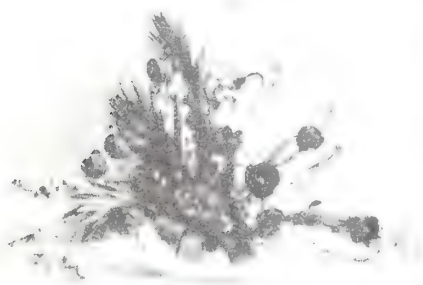
Plant and just watch them grow to giant sizes. Yes, up to 4 feet long and weighing as much as 75 pounds each.

You must be completely satisfied with this wonderful package or you can return it for a full refund. Sorry, No C.O.D.'s.




Single Order — **Only $2.98**
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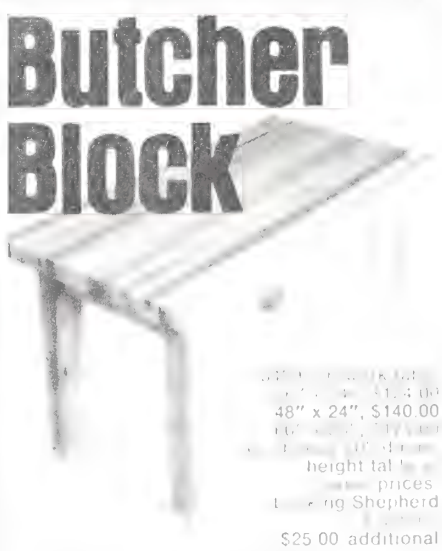
**THE JONATHAN-ALAN CO.,**
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**Woodmere, N.Y. 11598**



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Turn love of flowers to profits. Garden flowers or artificials cost pennies bring dollars. Corsages, bridal bouquets, wedding or table decorations. As a hobby or start a home business or flower shop. FREE color brochure shows you how to learn professional flower arranging and flower shop operation. Also FREE, 3 months subscription to "FLOWER TALK" the magazine for home flower arrangers. Write today, no salesman will call. **FLORAL ARTS CENTER**, (a home study school) **Dept. 5DND, 1628 East McDowell Rd., Phoenix, Arizona 85006.**

# Butcher Block



48" x 24", $140.00
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prices
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$25.00 additional

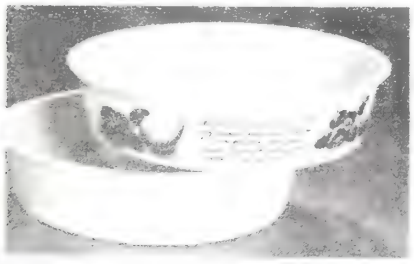
Two-inch thick maple butcher block top, durable bench-construction frame. Sent express collect. In Illinois, add applicable taxes. Send check or money order, no C.O.D.'s please.

**Custom sizes and styles always . . . for a complete 44 page catalog of exciting butcher block furniture. send 50¢ to:**

## butcher block & more

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By Pillivuyt—beautiful, practical porcelain dishes that go from oven to table, and add a special elegance to any cake you make (your own or ready-mix)! Plain white, **$6.95**; with sketch (as shown), **$9.95**.

Perfect companion piece: Danish teak and stainless server, has serrated edge. **$1.95**.

Ave., Norwalk

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# STRIP TEASE HI-BALL GLASSES

**$6.98**

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Lovely patterns woven by Indian artisans. Smart designer lines, custom finished, long back zip. Washable cotton in black, red, rust or lilac with patterns to contrast. Sizes 10-20. $34 plus $1 postage. Old Pueblo Traders, 622-H4G So. Country Club Rd., Tucson, AZ 85716.



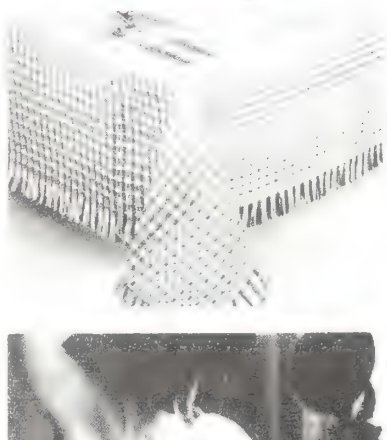
GOING TRIO

Anywhere outfit: sleeveless shell with back zip, pull-on pants, jacket trimmed with shell fabric. Cool 100% polyester double knit. Machine wash, drip dry. In light blue or pink. 8-20. $64 plus $1 post. Vicki Wayne, 610-H4T So. Country Club Rd., Tucson, AZ 85716.



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Flawless precision cut simulated diamonds in a gold electroplate setting. Stones are cut with 8 facets in four styles: round; pear; marquise and emerald. Gift boxed. Only $9 each; two, $15; three, $20. Ppd. American Consumer, Dept. RQ-30, Caroline Rd., Philadelphia, PA 19176.



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Homespun, self-fringed, reversible, washable. Gold, red, blue, olive, brown or sand. 52″ sq., $9.95; 52″ by 72″, $12.95; 62″ by 90″, $16.95; 62″ by 108″, $19.95; 72″ round, $18.95; placemats, $3.50 pr.; napkins, $2.95 pr. Ppd. Jenifer House, HG4, Gt. Barrington, MA 01230.



CURVE COMFORT

Caressingly soft nylon stretch lace makes a bra to wear for natural ease and control. It's ideal for sleeping as well as daytime activities. Snap front. White; A-B or C-D. $3.98 plus 25c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.

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The first intellectual toy made for the thinking cat. Safe, durable "mouse in the hole" game will provide hours of entertainment for kitty and anyone who is watching. Even the most sophisticated feline can't resist it. Measures 8″ in diam. x 3½″ high. The "mouse" is an elusive ball. Send $3.95 postpaid today.

**New 1975 80 pg. gift catalog—25¢**

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**"EVER-SAFE"** is Cool, Undetectable, Comfortable & Effective. Weighs only 7 oz. Novel "fluid barriers" with heat welded seams enclosing absorbent launderable liners in soft vinyl, prevent escape of any moisture. Clothes, bedding stay dry. Use 2 sets of liners for full nights sleep without change. Moneyback guarantee. Sizes for all ages — men, women & children.

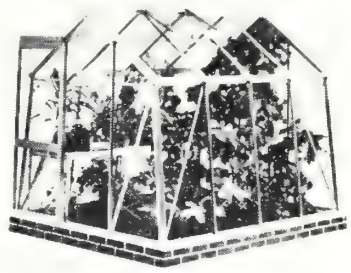
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***(Sold by mail since 1965)***

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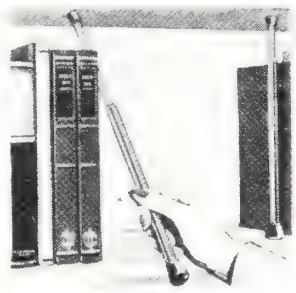
Wear a unique fashion accent with your dresses or favorite sweater-plus outfits. Sixteen 19th-century coins overlap to create an eye-catching bracelet 8¼" long. $4.75 ppd. Shopping International, Dept. 916 Shopping International Bldg., Norwich, VT 05055.

## GLASS TO GROW IN



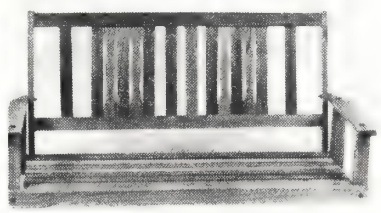
Greenhouse of aluminum and glass to the ground is easy to erect with clip-in glazing system that eliminates putty. 6'3" w., 8'6" l. $519.95. Exp. coll. Free color brochure of many greenhouses. Peter Reimuller/Greenhouseman™, Box 2666-KP4, Santa Cruz, CA 95063.

## STRAIGHT AND STRONG



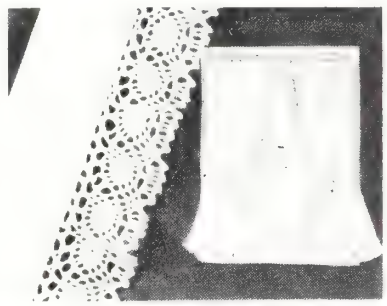
Spring post bookends keep bookshelves neat and orderly. Gold anodized aluminum encases a steel tension spring. Poles fit shelves 9½" to 13½" h.; slim enough to be unobtrusive. $1.98 a pair plus 40c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.

## SWING HIGH

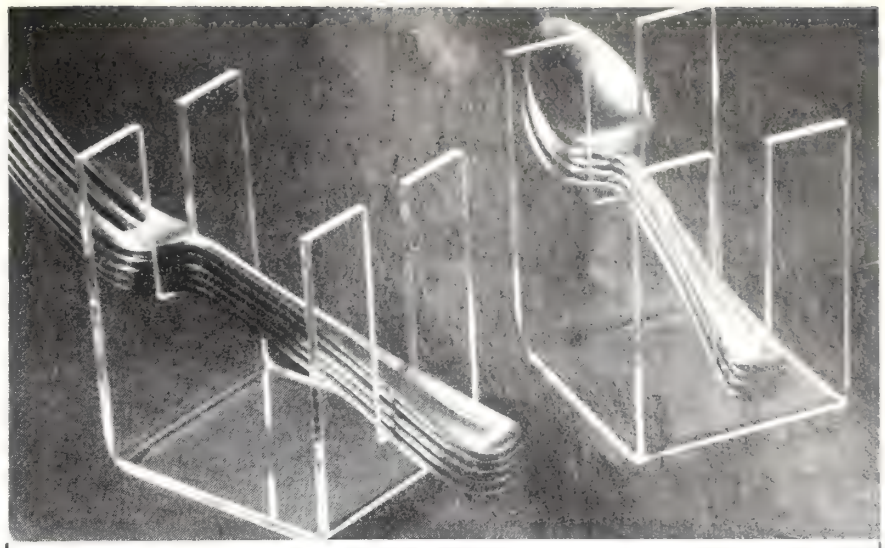


Solid oak swing is just like grandmother's on the side porch in summer. Seat depth 16", 48" wide. Chains are not shown but are included. Ready to finish in paint or stain, $17.95; add $2 for natural oak finish. Exp. coll. Marion Travis, HG4, Box 292, Statesville, NC 28677.

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Lovely two-inch ruffles dance along the edges of muslin curtains. In white, 74", unbleached 80" wide per pair. In 45", 54" and 63" lengths $15 pr.; 72", 81", 90" lengths $18 pr. Add $1.75 post. per order. Free brochure. Country Curtains, HG4, Stockbridge, MA 01262.

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- Keep buffet service clutter-free
- Give added serving space and let flatware show through
- Exclusive Lillian Vernon design, American-crafted and ours alone!

Cheers for stackers in lotty crystal-clear Lucite! Each holds 12 [illegible] (knife drawer not shown) with 12 lids, 7¾"x4½"x2¾" high.

#7345—Set of 2 Fork-Spoon Stackers 1 set $3.98
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*Please add 50¢ post. & hdlg. N.Y. residents add applicable taxes*

The Country Gourmet Dept. G45, 512 S. Fulton Ave. Mt. Vernon, N.Y. 10550

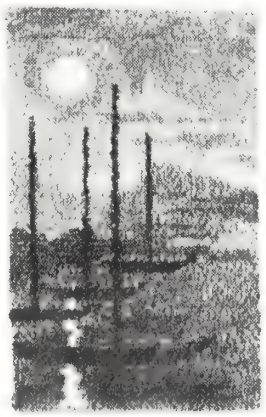
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**WISE OWLS GIVE A HOOT** in Long Stitch. New type of decorative embroidery from Sweden. Make a family of bright eyed, bronze and rust owls under a deep blue sky with yellow, orange moon. They're yours for $33.95 + $1.50 post. and a few hours of easy to do stitches. Order #4474. 18 x 14" (20 x 16" matching fabric covered frame $12.95). Send $1 for new color embroidery catalog of Swedish designs.

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**100% ORLON® ACRYLIC-WINTUK***

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Full kits or starter kits

Send for latch-hook catalog and color card—50¢ refundable with first order

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Exquisitely hand molded in our own shop, this fashionable magazine rack is made of finest quality **heavy gauge** (¼") lucite. Handsome and practical, it keeps your magazine and papers within arms reach in any room of your home or office. Crystal clear for easy selection. Hangs from wall or sits on floor. Money back if not completely satisfied. 12" x 4½" x 12" high. $14.95 post. paid. Penna. residents add taxes.

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Amazing Lemos Permagon destroys hair roots instantly—one by one—without pain. No wire connections. Uses tiny batteries (included). Same electrolysis system experts use to remove hair permanently from face, arms, legs and body.

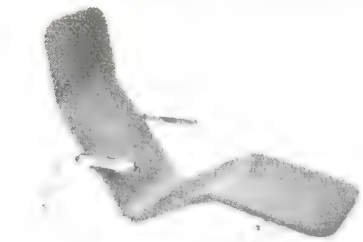
**LEMOS PERMAGON . . . . . $9.98 + 50¢ Mailing**

*California Residents add 6% Sales Tax*

**Satisfaction Guaranteed or Your Money Back**

*Anthony Enterprises* Dept. HG-45
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### BLISSFUL BARWA

Two-position contoured chair. Tubular aluminum frame, heavy duty duck, green, turquoise, terra cotta, citron, $60. Plus $10 shpg. chgs. New covers, above colors. $29.95 plus $1.25 post. Set of springs, $15 plus $2 post. The Patio, HG4, 550 Powell St., San Francisco, CA 94108.



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Blissful quiet maintains when the anti-snore mask goes on. The mask with adjustable plastic bands breaks the snoring habit. It re-educates jaw muscles. Washable nylon. $3.98 plus 20c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.




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The 1975 Mother's plate comes from England in fine quality Staffordshire ironstone. The charming boy and girl pattern in soft shades of pink, brown or blue on white ground. 8¾" dia. $2.95 plus 90c post. Artisan Galleries, HG4, 2100 No. Haskell Ave., Dallas, TX 75204.



### "THE HUSTLER"

Comic details spring one after another from a deft painting by artist Arthur Sarnoff. Limited run of full-color reproductions on quality art stock, ready to frame. 16" by 20". $3; two $5. Add 50c post. American Consumer, Dept. PY-49, Caroline Rd., Philadelphia, PA 19176.



# Carved Italian Stone

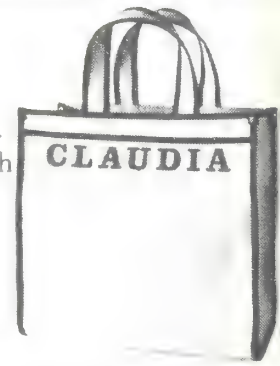
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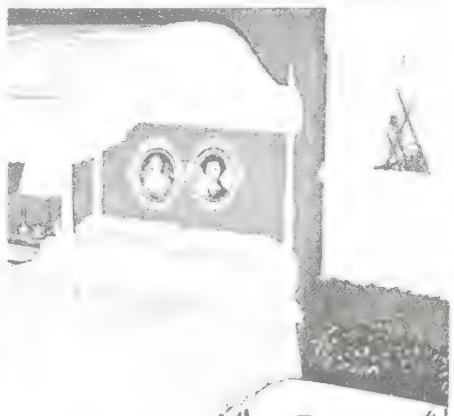
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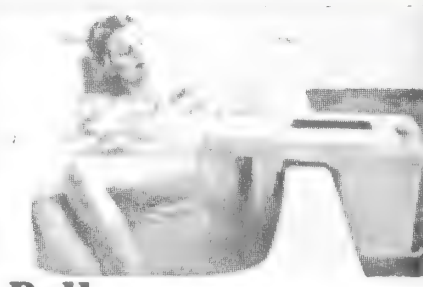


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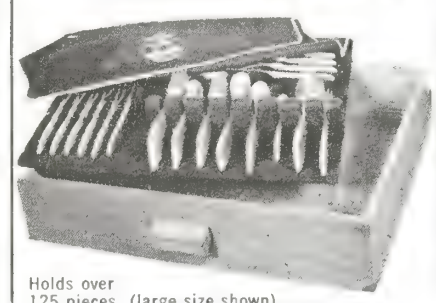
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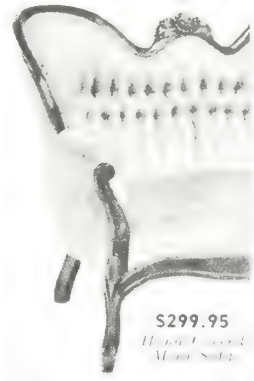
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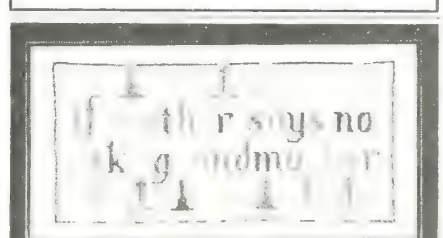
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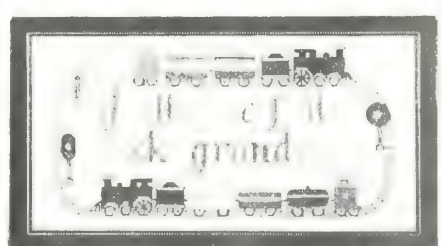
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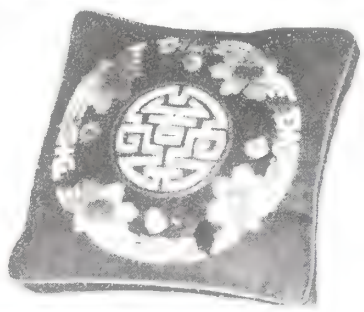
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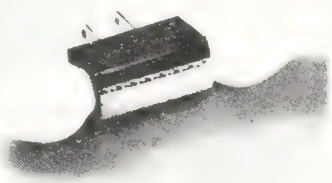
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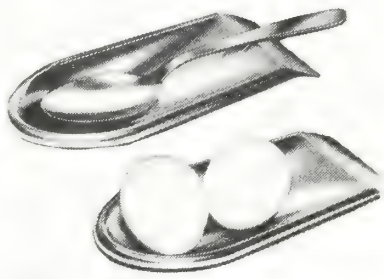
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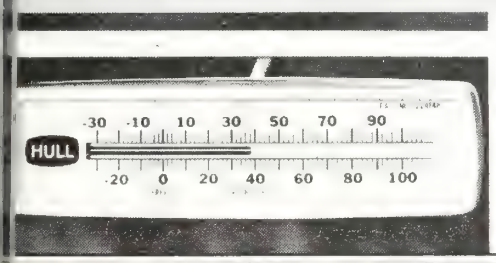


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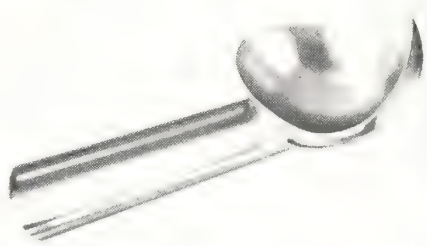
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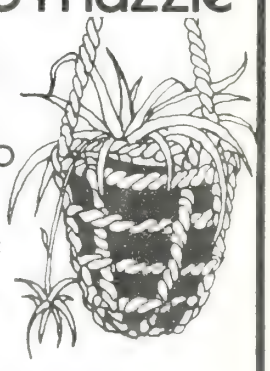
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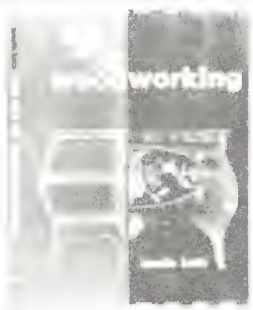


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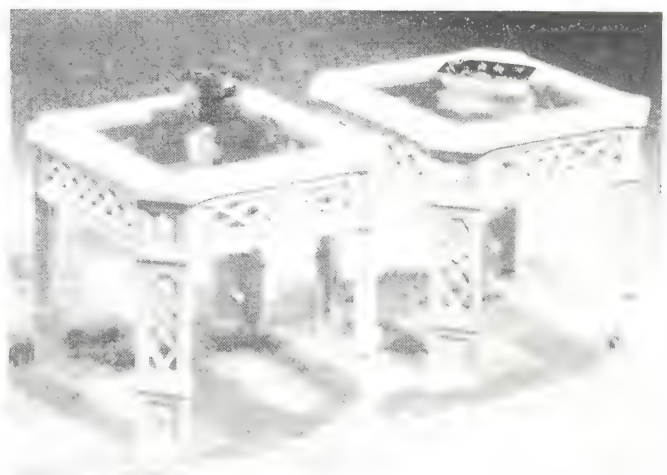
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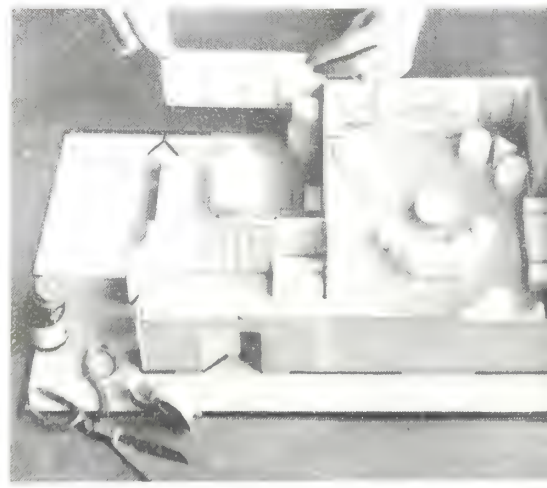


Decorative pair of coffee tables, Oriental-style fretwork Selected hardwoods with high gloss white polyurethane finish that won't peel or crack even in high humidity. 17″ h., top: 20″ by 20″. Pair, $152.95 exp. chgs. col. Catalogue 50c. Bryan Robeson, HG-124, Rte. 10, Box 793, Hickory, NC 28601.



Lovely cabriole leg desk made of fine hardwood comes in a fruitwood or antique white finish. Beautifully accented with rich carvings, heavy brass pulls, it is a piece to prize. 45″ l., by 25″ d., by 29″ h. Wt., 75 lbs. $179.95 exp. chgs. col. Catalogue of other fine furniture, $1. Jonas Fields, GE35, P.O. Box 52526, Atlanta, GA 30305.

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Six-light crystal and bronze chandelier is truly elegant for foyer or dining room. Lavishly trimmed with forty, 2½″ crystal prisms. Spanish import. 21″ diameter, 36″ overall height as pendant, $35. Also, as swag with 12″ chain, hooks, plug, $40. Ppd. Free catalogue. Howard Lighting, HG4, 2376 N.W. 150th St., Opa Locka, FL 33054.



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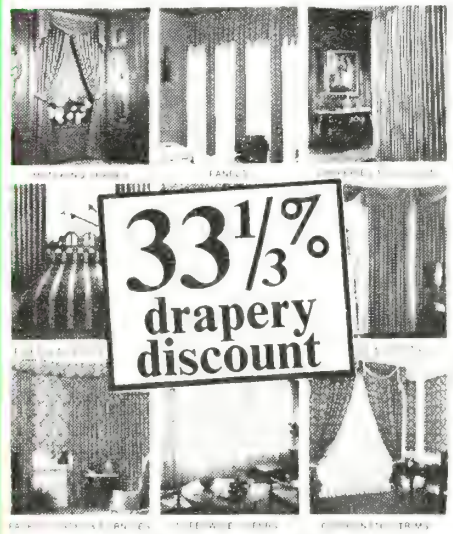
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The Carlotta in a choice of fine fabrics. Reversible cushion, lined skirt, arm protectors. $165. Or send 6 yds, 54″ w. of your fabric. $116. Exp. chgs. col. Furniture catalogue (request form free fabric samples) $2. Hunt Galleries, Inc., HG754, Box 2324, Hickory, NC 28601.



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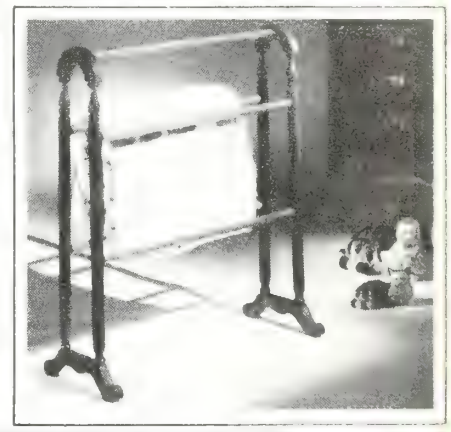
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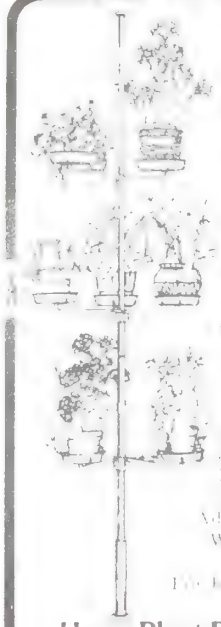
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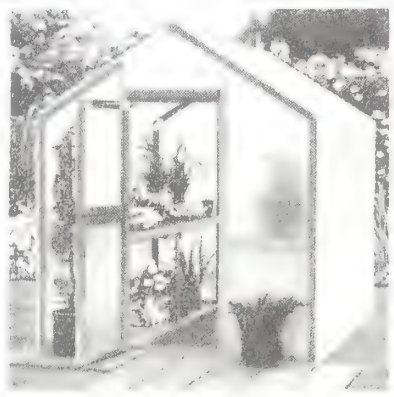
**Home Plant Displayers, Inc.**

Dept. 202

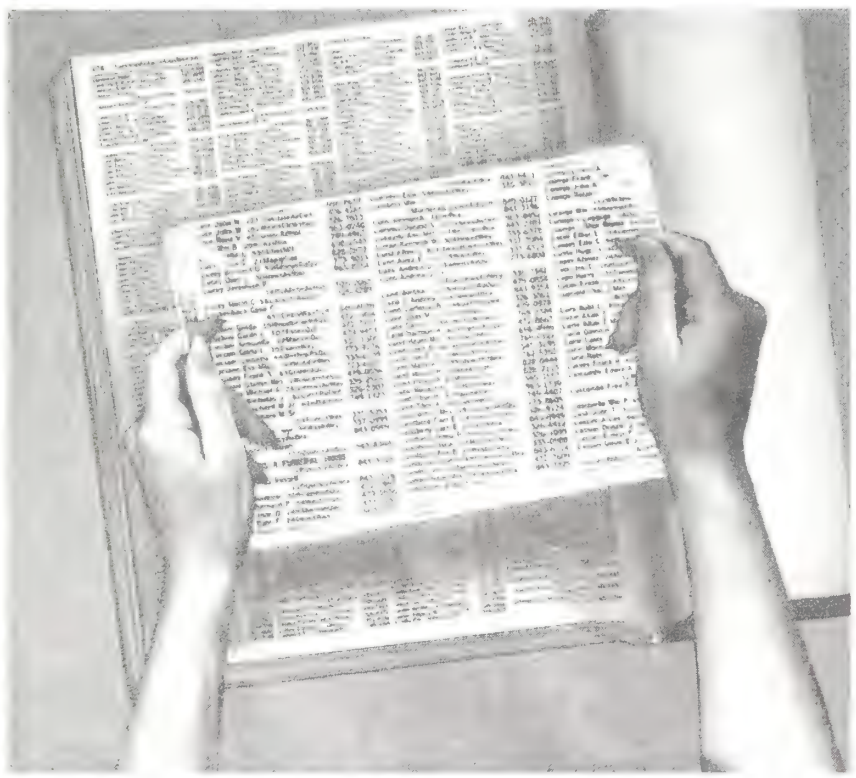
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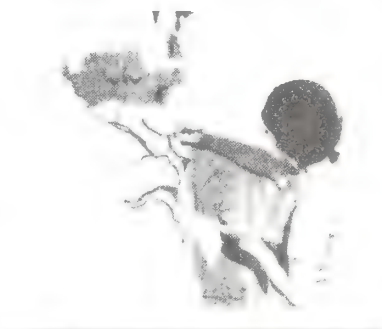
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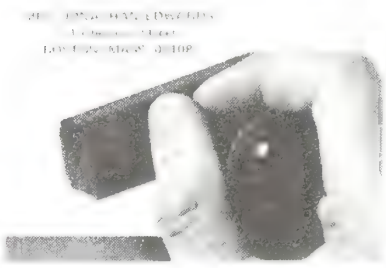
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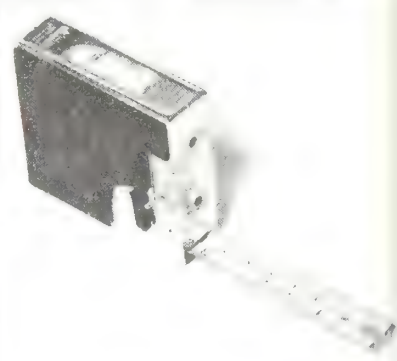
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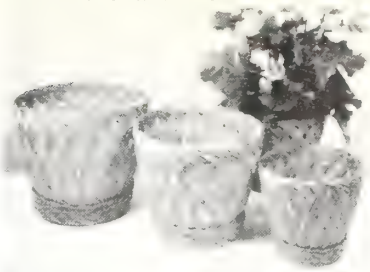
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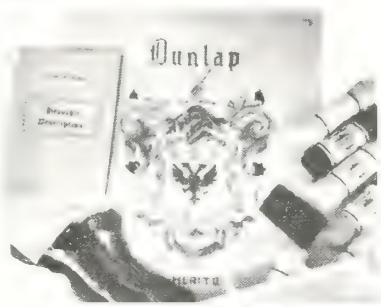
**1732 Butler Ave., HG4, L. A., CA 90025**

### NATURALS FOR NATURE



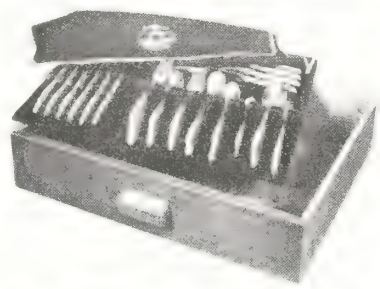
Hand woven natural fiber containers. Ideal for leafy greenery, like ivy or philodendrons and lovely with geraniums or begonias. 6½″ by 6½″, $1.95; 8″ by 7″, $2.95; 9″ by 8¼″, $3.95; 9½″ by 9″, $4.95. Set of four, $12.95. Ppd. Elizabeth McCaffrey, HG4, Northport, NY 11768.

### FAMILY STITCHERY



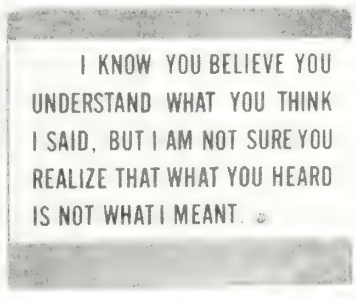

Family crest individually prepared for each name. Kit contains: full color design on #12 canvas, yarn, instructions, tote bag. Needlepoint: 11″ by 14″, $49.95; plus $1 post. Free catalogue. The Rainaud Family, HG4, Wilmington, VT 05363.

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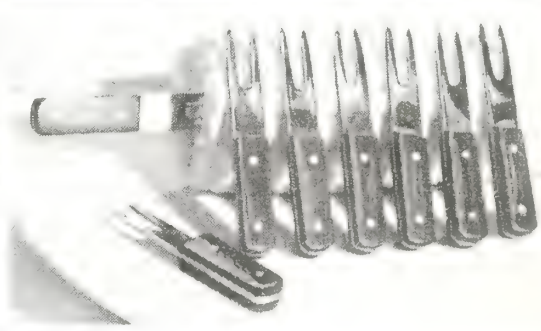
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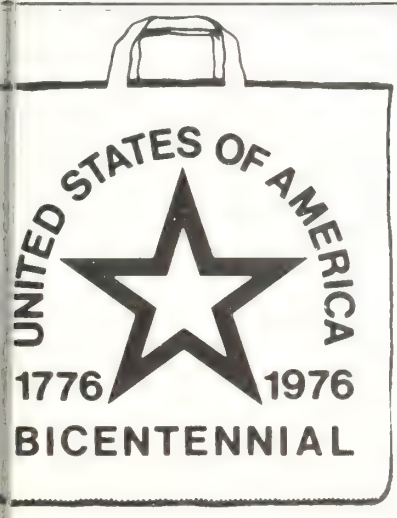


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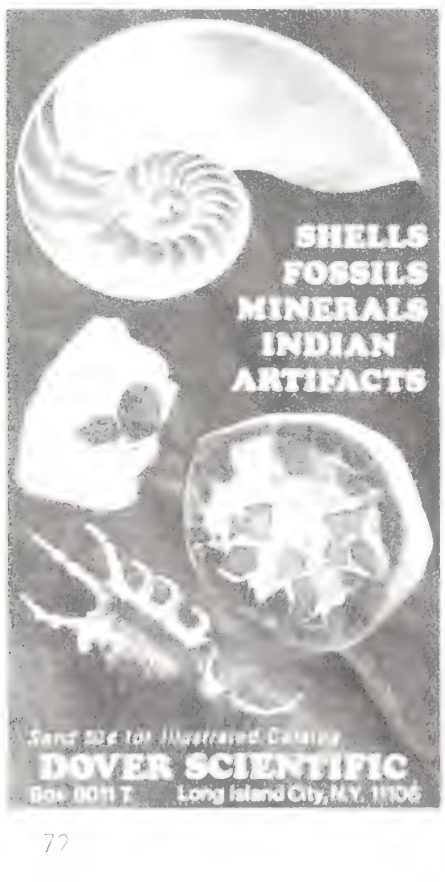
WILDFLOWER PILLOW



If you could pick your favorite wildflowers and arrange them on a pillow, this would be the result! Assorted yellow, blue, pink, and purple flowers accented with green leaves bedeck this 14" knife edge pillow. Kit includes stamped fabric for pillow front, pillow back, crewel yarn, piping, zipper, needle and instructions. $6.95 plus 50¢ postage.

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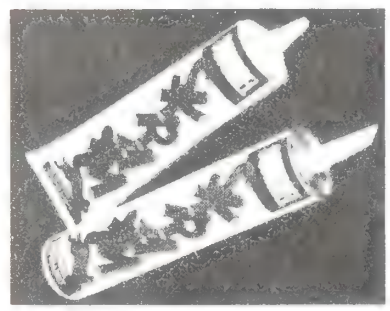
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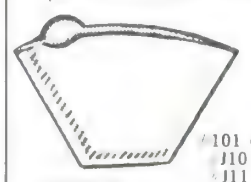
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EXTRA! 2000 FILTERS Reg. $50.00 $27.50

100 Filters reg. $2.50
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## MOUNTAIN WILDFLOWERS



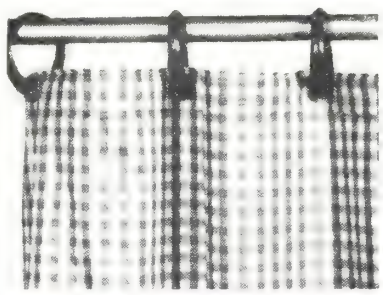
Hand-picked and packed seeds of Rocky Mountain wildflowers include a mix of blue lupine, yellow mules' ears, Indian paintbrush, lilies, fringed gentian, many more—enough to plant two dozen big pots or big plot. $2 ppd. Wretched Mess News, HG4, West Yellowstone, MT 59758.

## PROTECTION!



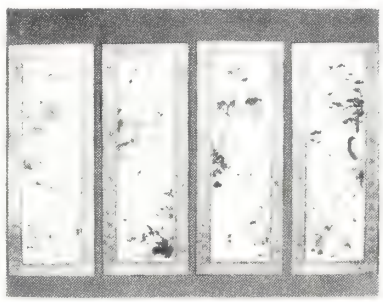
Non-allergenic foam fleece mask slips over mouth and nose to protect from sick room germs, paint, cleaning fluids or garden sprays. One size fits all. Washable and reusable. $1.69 each plus 15c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105

## GINGHAM CHECKS



Vinyl shower curtain in red, gold, blue, green, pink, orchid, black. 6′ by 6′; tieback window curtains, 54″ l. by 68″ w; or cafe curtains with valance. $9.50 a set plus $1 post. Curtain alone $4.95 plus 85c post. Brochure, swatches, 50c. Mather's HG4, 31 E. Main St., Westminster, MD 21157.

## CHINESE TREASURES



Superb full-color reproductions of ancient hand-stitched panels on heavy vellum-finish paper with lovely borders. 36″ by 12″. "Paintings" in needlework can be hung without framing. Four in set $3 plus 50c post. American Consumer, Dept. EP-42, Caroline Rd., Philadelphia, PA 19176.

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No need to have ugly cracks and openings around tub, sink or basin. Seal them up with self-sticking tape. Merely press tape on clean, dry surface. 11 foot roll, $2.98 plus 45c postage. Order from Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105.



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Waist Watchers will feel muscle tighten and see stomach shrink from first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups. Progress Chart included.

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| **Single Waist Wheel** | **$5.98** | + | **80c Mailing Each** |
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**FRENCH DRUM TABLE** Decorative grille skirt. 26″ diameter 28″ high. Fruitwood top and white base of all same color. $139.95

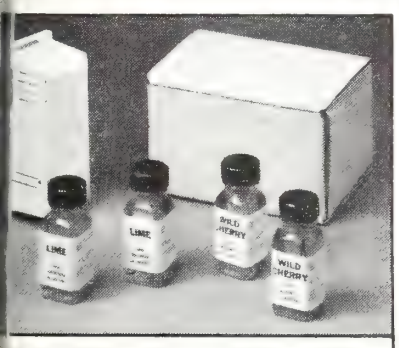
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et rid of malodors in your kitchen, ath or anywhere they exist! Odor iller Kit includes, four bottles of XOTIC WILD CHERRY or REFRESHING IME wick air freshener, or combinaion of two bottles of each, please pecify Order now and get our Decorar Wall Cabinet **FREE!** We **GUARANTEE** complete satisfaction or your money back! Six months supply $4.95 plus 95¢ post. **CIN-CHEM, Dept. HG2, 3107 CAMARGO RD., CINN., OHIO 45243**

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**P.O. Box 416, Tuckahoe, N.Y. 10707**

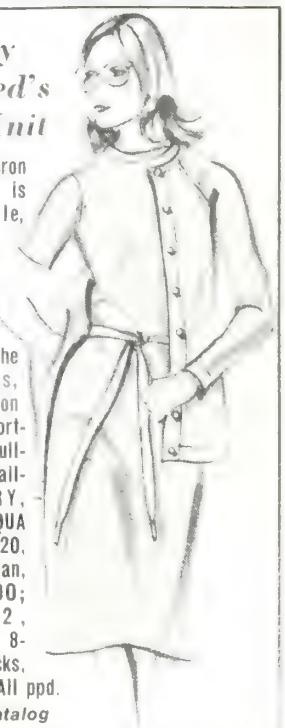


**GREET SPRING** with our collection of natural hand woven coiled ROPE CONTAINERS. Incredibly strong, marvelously textured, for ferns, big flowery plants, etc. #3114 THREE SIZES: 7 x 7″, $4.95; 10 x 10″, $8.95, 14½ x 14½″, $14.95. Special: Set of 3, $27.50. Please add $1.50 postage to order. Wonderful indoor decor.

*Elizabeth Mc Caffrey*

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Remarkable Dacron Polyester knit is readily packable, machine-washable, wrinkle-free, full fashioned Available in the bouclé wardrobe are the back-zip dress, cardigan, pull-on pleated skirt, short-sleeve top, and pull-on slacks. All available in IVORY, NAVY, BEIGE, AQUA BLUE. Dress, 8-20, $27.00; cardigan, 34-42, $21.00; Top, 34-42, $15.00; skirt, 8-20, $19.00; slacks, 8-20, $19.00. All ppd.

*Free Spring Catalog*

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*(Finished or Unfinished!)*



The Wickford Candlestick Lamp is yours *fully finished* or sanded satin-smooth ready to decorate. It's perfect to antique, decoupage, or stain a warm wood tone. Standing 30" tall, each lamp is carefully hand crafted from native hardwood, fully wired with a 3-way switch and an 8-ft. cord. *Specify Choice of Shades in white or beige* Textured Shantung; oyster or brown Burlap. Satisfaction assured!

**$16.00 ea.* Unfinished**

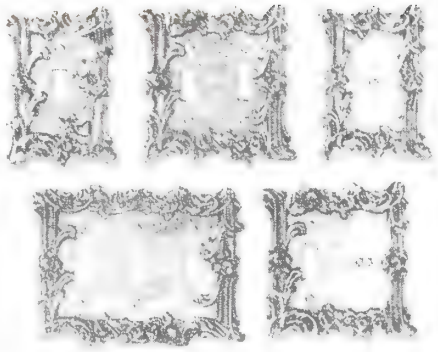


**$23.50* each FINISHED** in walnut, colonial maple, or in antiqued barn red, olive, mustard, or Wedgwood [illegible] *Add $2.00 postage; West of Rockies add $2.75 per lamp.*

***FREE COLOR BROCHURE of finished & unfinished lamps!***

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PLUS 50¢ POSTAGE & HANDLING

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Your most tastefully arranged flowers will look best at their best place of first in the Garden Club Show. For one for decades a treasured heirloom. Black rosewood [illegible] hand-carved in traditional Oriental motifs. Low base 8" inside diam., $4.95. Footed base with 1" inside diam., $10.55. Ppd. Other sizes available. Send for free brochure.

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*A miracle of Nature that grows [illegible] that grows and thrives on air - and upon maturity produces clustered cylindrical red and green flowers that dangle like lanterns. Guaranteed to arrive in perfect condition. ONLY A LIMITED SUPPLY SO ORDER NOW!*

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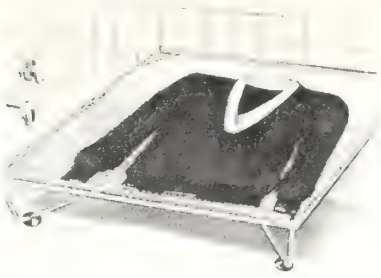
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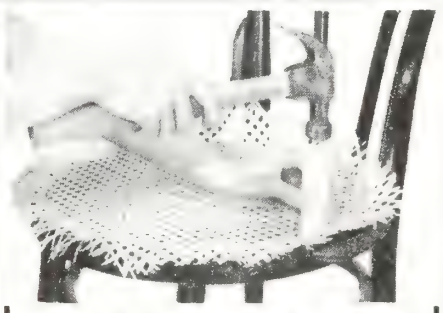
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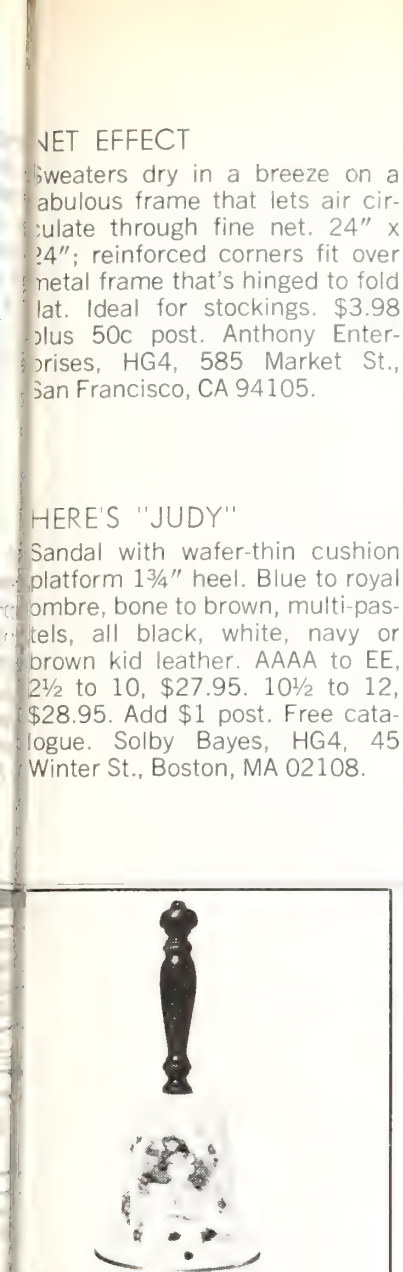
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Send 25¢ for CATALOGUE. Larger sheets of cane, hand-caning kit, and other cane materials available.






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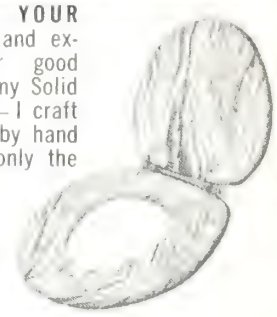
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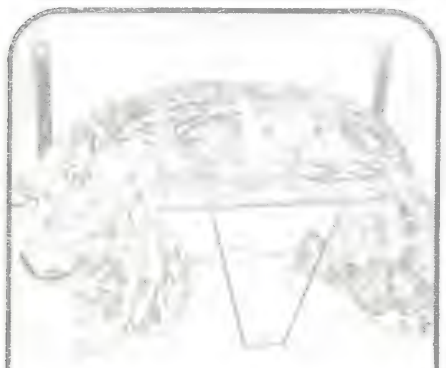
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Easier bed-making without nightly tugging heavy spread. Just pull hidden caddy from between mattress and spring. Legs drop into position. Lay spread onto caddy, accordion fashion . . . ready for quick, easy, morning make-up. Brown metal caddy glides back out of sight by day. Ideal for Hollywood beds or low footboards. For double, king or queen-sized beds, get two.

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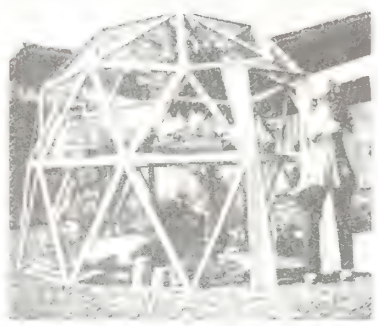
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**HOLDS IN BODY HEAT TO LOSE WEIGHT FASTER WHILE DOING YARDWORK, HOUSEWORK OR EXERCISE.**

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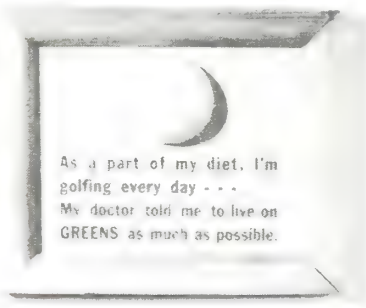
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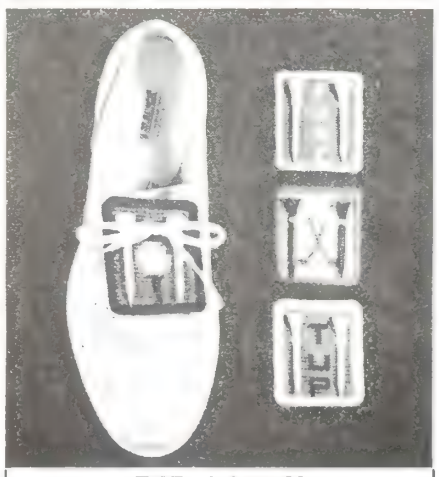
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## ETERNAL LINK

Bride and groom's coats of arms, linked by helmet and mantle, hand-engraved on a wedding band of 14k gold. 10mm wide. Send drawings for both names or request coat-of-arms research. $155 ppd. Free color catalogue. Heraldica Imports, HG4, 21 W. 46th St., New York, NY 10036.



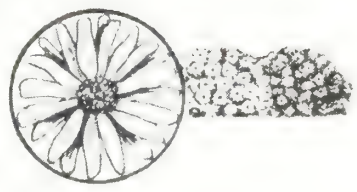
## COFFEE ON THE GO

Great idea for car commuters and salespersons on the road. New kind of coffee mug has a spillproof cover with opening for sipping. Fits neatly into an outer cup that adheres to dashboard. Plastic. 3¾" h. $3.25; two, $6. Ppd. Bruce Bolind, HG4, Boulder, CO 80302.



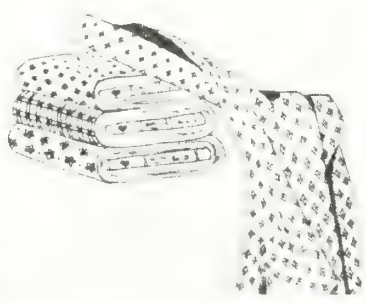
## CUSHIONS OF COLOR

Cushion mum are great balls of autumn color and normally develop to "bushel basket" size. Nursery grown in Michigan from root divisions. Mixed colors. Plant now for fall. 25 for $3.50; 10, $1.50 add 35c post. Rockwood Gardens, CB600, 60 Monroe, Grand Rapids, MI 49502.



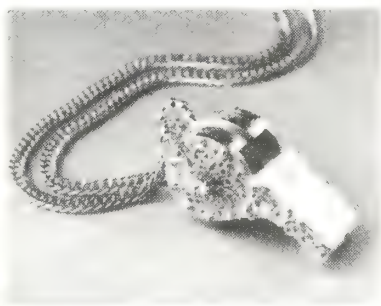
## PATCHWORK PROJECTS

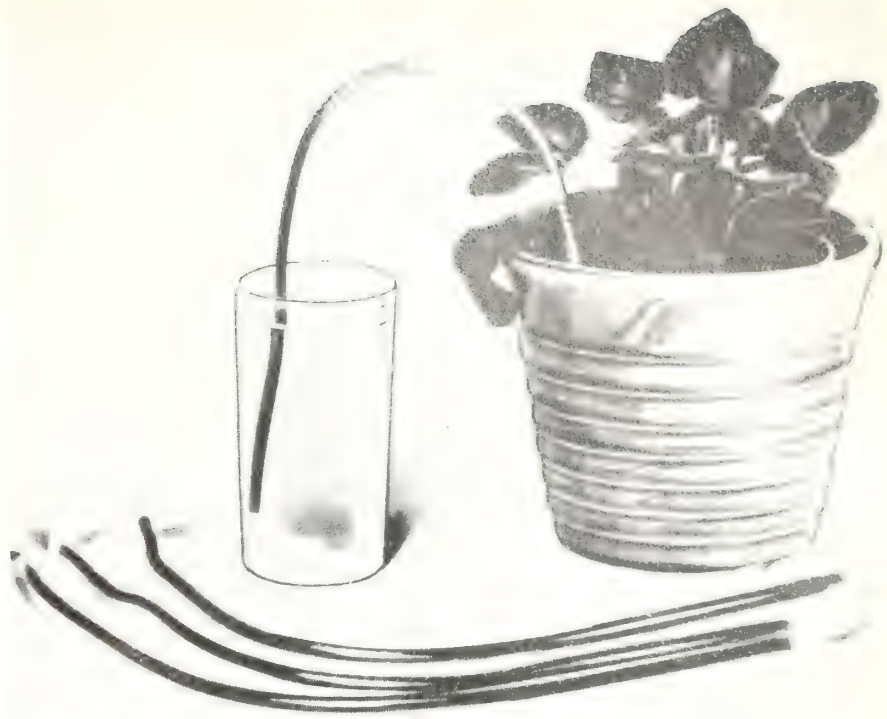
Typical calico prints in easy-care cotton and cotton blends for patchwork, quilting. 45" wide, $2 yd. 45 swatches, 2" by 4", $2.25. Ppd. Catalogue of kits for purses, pillows, appliques, many more items 25c. Ginger Snap Station, HG4, Box 81086, Atlanta, GA 30341.



## WHISTLE STOP

Want someone? Just blow the whistle pendant, a pretty piece of jewelry in gleaming gold tone filigree highlighted with rhinestone insets. Distinctive 26" chain. $8.95 each, two for $16.95 plus 50c post. Huntington Studios, HG-504E, Box 24, Huntington Beach, CA 92648.





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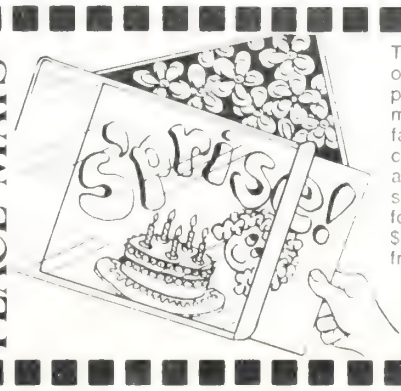


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**KITTI-POTTI**

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## HAWAIIAN AIR PLANT

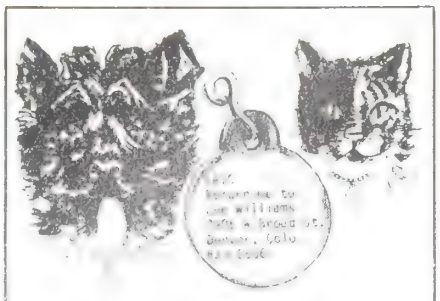
This exotic house plant is native to the lush green foothills of tropical Hawaii. Its beautiful pink and chartreuse bell shaped blossoms grow on tall spikes from the center of the plant. To start your own Hawaiian Air Plant, simply pin leaves to a curtain. They grow on air! Soon, tiny roots emerge from each little groove of the scalloped, glossy leaves. An entirely separate plant will quickly develop!

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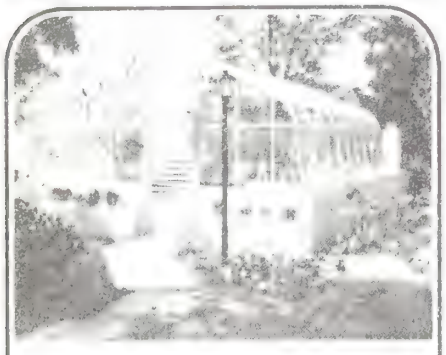


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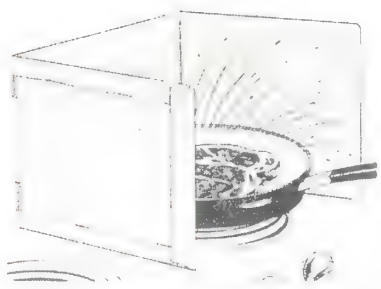



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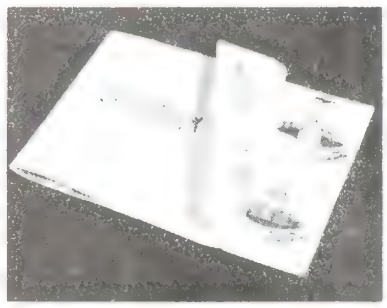
### SPLATTER CATCHER

Cooks love the efficient work of a pure aluminum spatter shield that protects against flying frying spots, mixing bowl batter. Three hinged panels, 9" h., fold flat for storage. $2.98 plus 45c post. Anthony Enterprises, HG4, 585 Market St., San Francisco, CA 94105



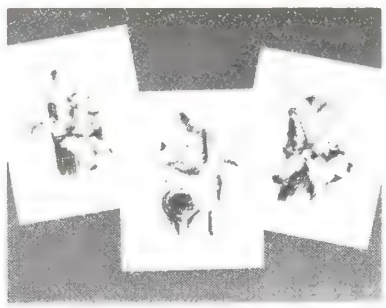
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A graceful Queen Anne accent piece serves as a dainty book stand complete with pull-out candle holders. Light tone knotty pine (chips available). Measures 20" w. by 8½" d. by 26½" h. $92 exp. coll. Catalogue, $1. Ephraim Marsh, Dept. 292, Box 266, Concord, NC 28025.



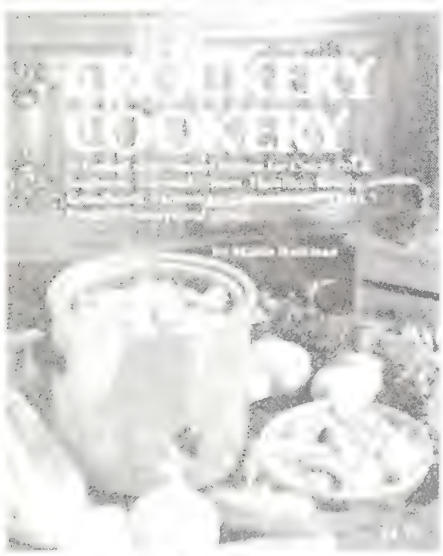
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How does your garden grow? Sweeten its looks with elegant figurines, fountains, teak furniture—or even a sundial! Dramatic accessories give that professional decorator's touch to gardens. 36-page catalogue $1. Erkin's Studios, Dept. 90, 8 W. 40th St., New York, NY 10018.



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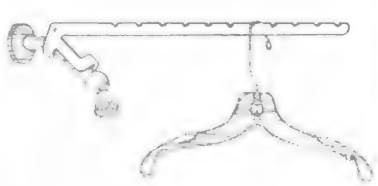
Ferns shown in natural settings are handsomely printed in greens and browns on white paper, 11" by 14". The prints are the work of Ed Jonas. Settings are: stump; fence post; a piece of driftwood. $6.50 each; set of three, $18. Ppd. The Tattered Boot, HG4, Lamont, FL 32336.



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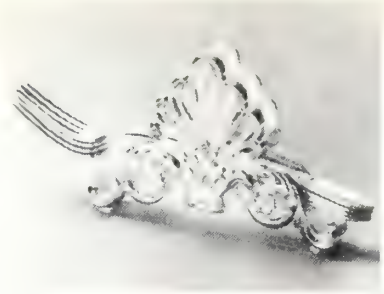
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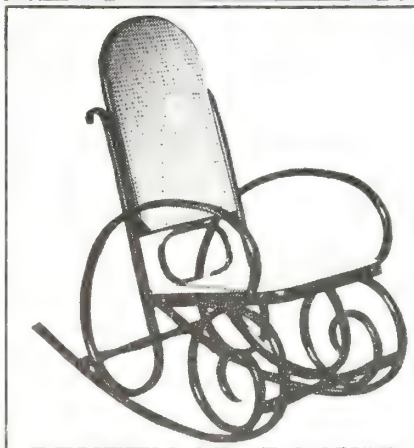



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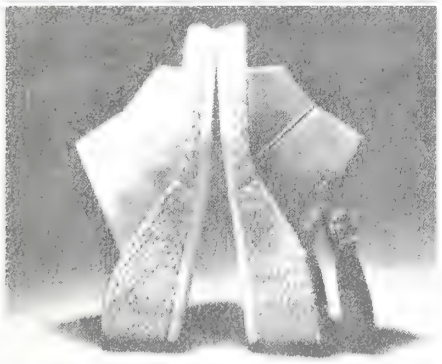


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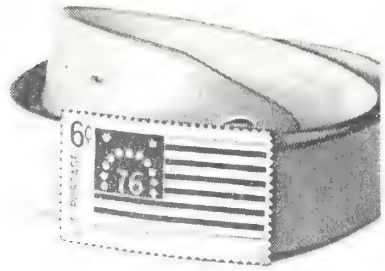
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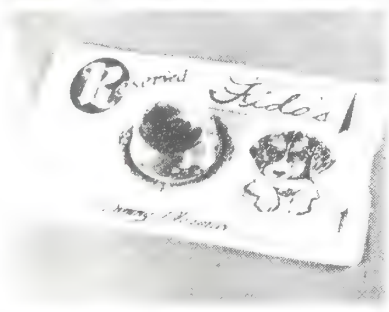
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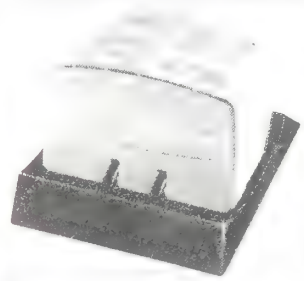
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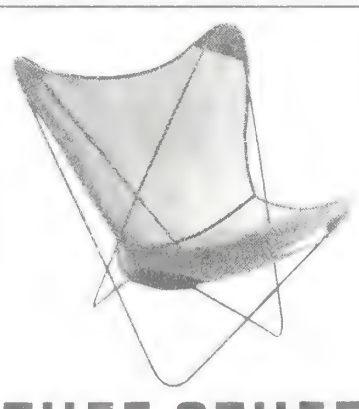
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**212. VAN GOGH. SUNFLOWERS.** The vivid golds radiate the artist's passion for color. Shown in the Classic Gallery Frame.

**312. PICASSO. LES PETITES FLEURS.** Immortal bouquet in red, blue, yellow & green



**DON QUIXOTE.** Meditation in black. Sale 5.95



**366. MILLET. THE GLEANERS.** Harvest scene. Browns, gold, ochres, tan, orange, pale pastel autumn blue. Sale 5.95



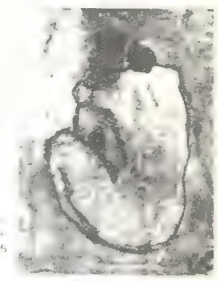
**745. PICASSO. DOVE OF SPRING.** Soft red, blue, yellow and green on pure white. Sale 5.95



**857. MONET. FIELDS IN SPRING.** Lavender, green, tan, blue, yellow and white. Sale 5.95



**422. DITA. RECLINING TIGER.** Tawny yellow, tan, beige and black. Sale 5.95



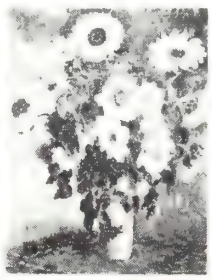
**247. PICASSO. BLUE NUDE.** Soft blue, tan, green and white. Sale 5.95



**E CAT.** Independent and [illegible] shades of tawny brown, black. Sale 5.95



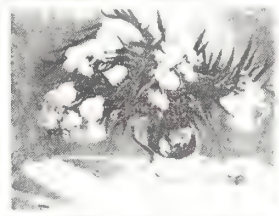
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**264. MONET. SUNFLOWERS.** Warm shades of red, green, yellow & blue. Sale 5.95



**827. REMBRANDT. LION RESTING.** Restful brown and black [illegible] and [illegible]. Sale 5.95



**819. VAN GOGH. ROSES.** [illegible] green, yellow, pink & [illegible]. Sale 5.95



**257. RENOIR. GIRL WITH WATERING CAN.** [illegible] summer [illegible] green and yellow. Sale 5.95



**796. DEGAS. NUDE.** [illegible] Sale 5.95



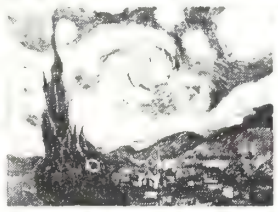
**367. MILLET. THE ANGELUS.** [illegible] autumn shades of golden harvest brown, green, yellow & orange. Sale 5.95



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**766. MONET. SAILING BOAT AT ARGENTUEIL.** Soft summer blue, yellow, red and pale leaf green. Sale 5.95



**271. VAN GOGH. STARRY NIGHT.** In swirling blues and [illegible] specks of yellows, browns, and green. Sale 5.95



**276. PICASSO. OLD GUITARIST.** [illegible] of blue, green and white. Sale 5.95



**852. MICHELANGELO. PERSIAN BOY.** [illegible] Sale 5.95



**782. VAN GOGH. STREET IN AUVERS.** [illegible] Sale 5.95



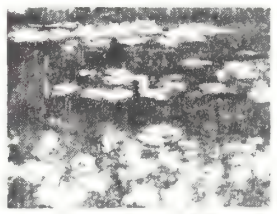
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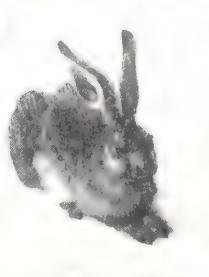
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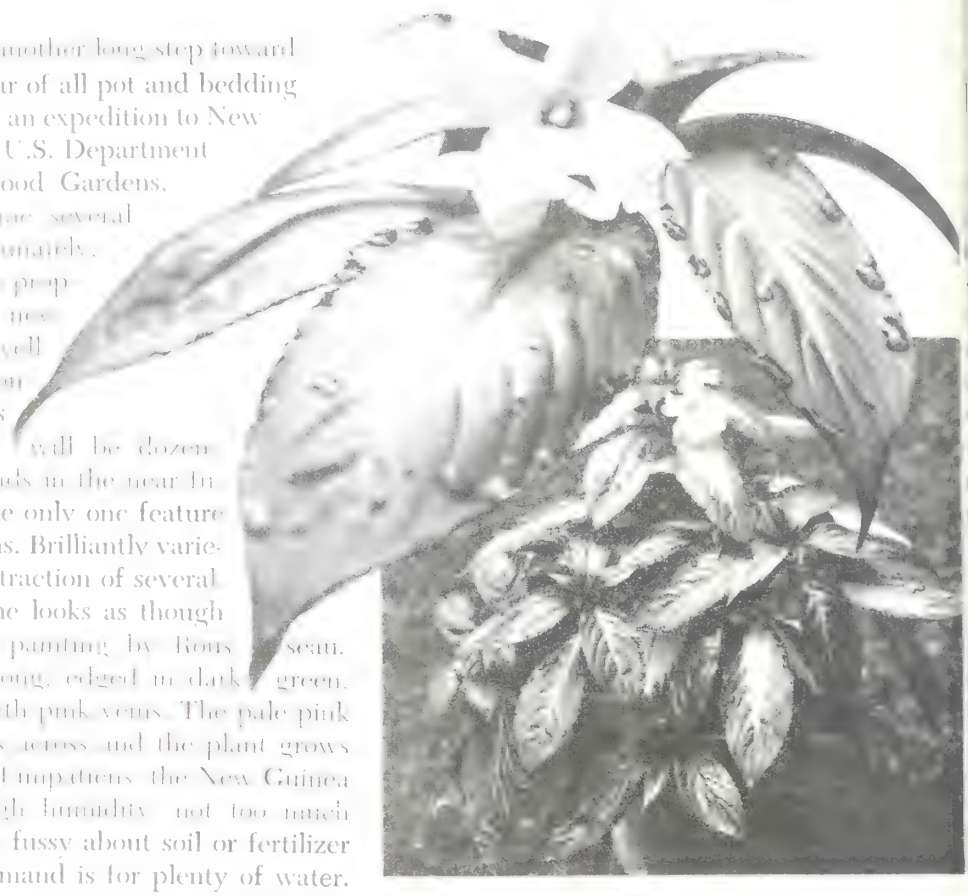
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# Gardener's Notes

by James Fanning



Impatiens is about to take another long step toward becoming the most popular of all pot and bedding plants. This is the result of an expedition to New Guinea, sponsored by the U.S. Department of Agriculture and Longwood Gardens, which found and sent home several new species in 1970. Fortunately, impatiens is an easy plant to propagate, and some of these new varieties have increased as well that are now appearing on the market. Hybridizing is also being done, and there will be dozens, if not hundreds, of new kinds in the near future. Spectacular flowers are only one feature of the New Guinea impatiens. Brilliantly variegated foliage is the chief attraction of several, like A'Flame, *right*. A'Flame looks as though it had taken root from a painting by Rousseau. Leaves are 6 to 8 inches long, edged in dark green, creamy yellow at center, with pink veins. The pale pink flowers are a good 2 inches across and the plant grows with amazing vigor. Like all impatiens the New Guinea varieties need warmth, high humidity, not too much direct sunlight. They're not fussy about soil or fertilizer and their only stringent demand is for plenty of water.

"There will be dozens, if not hundreds, of new kinds of impatiens in the near future. It is becoming the most popular of all pot and bedding plants"

***Now is the time to feed spring-flowering bulbs. As soon as shoots are high enough to see where they are, sprinkle a complete fertilizer around each clump of bulbs or between individual plants. You don't even have to scratch it into the soil—spring rains will take care of getting the nutrients down to plant roots in time to be used for the season's growth and flowering. Although bone meal is often recommended as the best fertilizer for bulbs, its nutrients are released slowly, so the best time to use it is in the fall, when bulbs are planted. An all-purpose, quick release fertilizer is what the bulbs need now to see them through their brief growing season. And, of course, see to it that the sprouting bulbs are not smothered by weeds.***

*There are almost as many kinds of shade as there are plants that will grow in shade. Helen Van Pelt Wilson points this out in her new book,* Successful Gardening in the Shade *(Doubleday, $8.95). She describes different kinds of shade and goes on to consider soil and light combinations that affect plant growth. Her plant lists include everything from evergreen ground-covers to summer-flowering annuals. She chats easily and instructively about her experiences in a garden that, small in area, includes a wide variety of light conditions. Since city gardens have their special light problems, Mrs. Wilson also gives attention to the difficulties of growing things in the shade of tall buildings.*

In a competition for most useful garden vegetables, beans would probably rate as number 1. They're easy to grow, tremendously productive, edible in several forms and stages of growth. Sprouted bean seeds—usually the mung variety—have been an Oriental staple for centuries and are now becoming a popular vegetable in this country. The developing seed pods that we call string beans have no equal among green vegetables when it comes to flavor and nutrition. The seeds themselves, shucked out of their hulls while still tender and immature, are the delicacy we know as shell beans, indispensable for that truly American dish, succotash. Dry and fully mature, the seeds keep indefinitely, always ready to sprout new plants or to be cooked in any of hundreds of ways. Beans from the same plant—variety *Tendergreen,* for instance—may be used as shell beans, string beans, or dry beans. The scarlet runner is a spectacular flowering vine whose seeds are as edible as any. Add to this the fact that bean roots put precious nitrogen into the soil. What more could anyone ask?

e All-America Selections for 1975 give us some good leads on what to plant in our gardens this ar. Since vegetables are more important than ever, the list emphasizes a new broccoli, *Premium op*, and a cauliflower, *Snow Crown*. Both have been awarded silver medals by the All-America lges. Special mention goes to the watermelon *Yellow Baby*, which has, as the name implies, yel- v flesh. Among flowers, the *Redskin* dahlias have been given high praise and a bronze medal. ese have luxurious bronzy foliage, medium-sized flowers in all the colors we expect to find in hlias. Pansy *Imperial Blue* has the unheard-of advantage of summer-long blooming, with large, ar blue flowers centered with darker blue. And the carnation *Juliet* is a fully double, sweet- nted crimson-scarlet, also with a long flowering season. Juliet is also reported to winter over for second year of bloom. All are in 1975 seed catalogues, set apart from other listings by the red, ite, and blue All-America insigne.

---

**or as long as any of us can remember, e name Scott has been synonymous th fine lawns. But what's good for grass also good for other growing things, it was only natural for Scott's plant ientists to turn their attention to other nds of gardening. Their research has sulted in a new vegetable garden ferti- zer, being introduced for the 1975 owing season. The formulation 18 per- nt nitrogen, 24 percent phosphorous, 6 percent potassium is nicely balanced for strong growth and heavy cropping. The elements are in a combination of quick- and slow-release forms, so an application at planting time should be good for a whole season's growing. Scott's Vege- table Garden Fertilizer is available this spring wherever the regular line of Scott products is sold. Although the Scott people don't say so, this formulation should be good for annual and perennial flowering plants, too. After all, flowers and vegetables use the same kind of nourishment.**

---

Unsung heroes of the garden world are wholesale seed growers. Their names never appear on packets of seed we buy or flats seedlings we carry home to set out for the mmer's flowering. Yet without wholesale grow- s, retail shops would have very little to offer in e way of either seeds or growing plants. Pro- uced by the pound—or even by the ton—whole- lers' seeds are parceled out by the ounce or action of an ounce for the gardening public. mong wholesale growers an outstanding name— those in the know, at least—is Goldsmith. This alifornia grower conducts an extensive plant reeding program with marigolds, snapdragons, anthus, and several other popular annuals. A oldsmith origination that will be appearing in 975 gardens is petunia *Viva, right*. This is a parkling combination of red and white on low- rowing, compact plants. Also available in 1975 ill be dianthus of the *Charm* series—scarlet, oral, crimson, and pink. These are compact plants, studded all summer long with bright, slender-stalked lossoms. Some fine new snapdragons are also among the Goldsmith introductions.



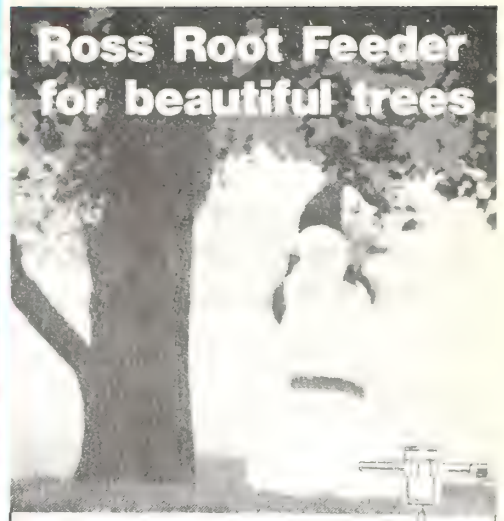
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***t is good to know that the U.S. and the U.S.S.R. are collaborating to save wild plants from extinction. This will not only please everyone with a sentimental attachment to the wild andscape, it will also be a great source of encouragement for horticulturists and plant breeders in both nations. Sober fact of the matter is that as plants are improved by cross breeding they tend to lose the vigor inherent in wild plants, so become susceptible to disease nd insect attacks. To restore vigor and pest resistance, natural wild species have to be used in any long-range breeding program. Plant breeders call this back-crossing, and for them a reservoir of natural, unadulterated wild plants is essential. So this international collabora- tive effort is important on three counts: It promotes good relations between nations; it helps preserve the earth's natural landscape; and it gives plant breeders an invaluable tool for producing better plants in the future.***

---

Most of us scurry from window to window with our house plants, trying to decide where they will grow and look their best. Usually this is done by trial and error, since we tend to forget from one season to the next just what does best in which location. Summing up years of experience at this sort of thing, George Taloumis has put it all together in *House Plants for Five Exposures* (Abelard Schuman, $7.95). In addition to the four compass points, Mr. Taloumis's fifth exposure, the decorative one, is of prime importance. This is where any given plant may be placed to best display its charms—a location to be selected with care and a sharp eye. Mr. Taloumis thoroughly explains the elements of house plant care and includes a chapter on how to leave your plants to fend for themselves whenever you plan to be away for a week or more.




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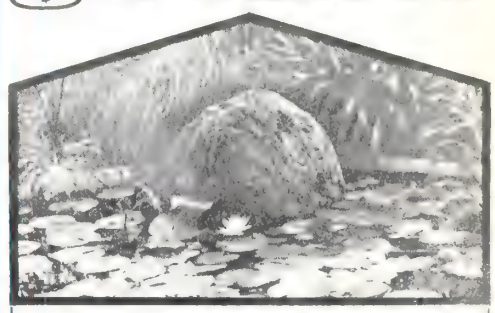
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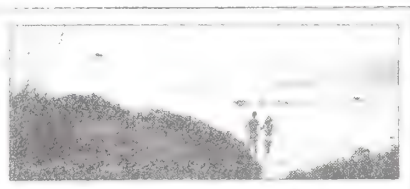
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# Shopping information

***All prices approximate. *Consult your interior designer or store decorating department. Postage indicated by ( ).***

**COVER**

**Right arm sofa:** 86″ x 35″ x 32″ high, loose seat cushion, back cushions. From the "Impact" Group by Flexsteel.

**"Clover" cotton fabric:** covering sofa, 51″ wide, 22″ repeat. By Woodson Wallpapers.*

**Wicker chairs:** 26″ x 28″ x 31″ high, tufted seat cushions. From Walter's Wicker.

**"Sussex" cotton fabric:** seat cushions, 51¾″ wide, 40″ repeat. By Woodson Wallpapers.*

**Drum table:** natural wicker, 20½″ diam. x 20″ high. $159. By Calif-Asia. At Bullock's.

**White lacquered coffee table:** 43″ sq. x 14¾″ high, **mirror:** 51″ sq., brass frame, inlaid shell border; **woven basket lamp:** 20″ high; **two-cushion ottoman:** 33″ x 22″ x 21″ high, on casters. All from Karl Springer.*

**Indian durrie rug:** 6′ x 9′ size shown. By Roscore Carpet.

**Blue porcelain vase:** $100; **Chinese porcelain bowl:** $250; **Chinese green porcelain fruit:** $75. At Nuri Farhadi.

**Antique china plates:** on coffee table. At John Rosselli.

**Orchid basket:** plum basket from a large collection of baskets at I. C. S.

**Green lacquered stacking table:** 21″ x 13″ x 14¾″ high, available in custom sizes. By Roundtree Inc.

**FRESH SHEET PATTERNS**

**Pages 94-95:**

**Slipcovers and pillows:** made from "Parang" quilted bedspreads of polyester and cotton: twin, $42; double, $53; queen, $62; king, $75.

**Tableskirt and pillow:** made from "Ching" quilted bedspreads of polyester and cotton: twin, $42; double, $53; queen, $62; king, $75. From the "China Seas" Collection by Martex.

**Coffee table:** of twigs and wood; **round basket with top:** to left of armchair, $65; other baskets from $8 to $20. From Old Glory.

**"Variance" dessert plate:** $4.90. By Block.

**"Prasad" sisal matting:** 9′ x 12′, $175. From Bailey/Huebner.

**Afghan:** 40″ x 60″, 50% wool, 50% cotton, $75. To order from The Elder Craftsmen Shop.

**Flowered prints:** over bed, from Chapman Lamps and Accessories.

**Chrome lamp:** swivel shade, flat shell base, $48. By Studio Eight. At Lampland.

**Slipcovers and pillows on daybed and stool:** made from "Parang" quilted bedspreads.

**Silkscreen:** one of four printed in an edition of 150 portfolios. By Robert Goodnough. At Pace Editions.

**Pages 96-97:**

**Bedspread and pillow shams:** made from "Kowloon" Dacron and cotton sheets: flat and fitted, twin, $8; double, $9; queen, $13; king, $16.50. Pillowcases, standard, $5.50 a pr.; king, $6.50 a pr. From the "China Seas" Collection by Martex.

**Tableskirt:** made from "Java" quilted comforter. Twin, $42; full, $53; King/queen $75. By Martex.

**Wicker armchair:** c.1920, of wicker and Japanese seagrass. $125. At Old Glory.

**Silkscreen prints:** three from a group of four silkscreens from a portfolio of 150. By Robert Goodnough. At Pace Editions Inc.

**Maize fiber rug:** 1′ squares made to order, "Sunburst" pattern measures 4′ x 6′. By Rosecore Carpet.

**Café curtains:** made from "Surabaya" Dacron and cotton sheets; flat and fitted, twin, $8; double, $9; queen, $13; king, $16.50. Pillowcases, standard $5.50 pr; king, $6.50 pr. From the China Seas collection by Martex.

**Chair cushion:** made from "Surabaya" Dacron and cotton sheet.

**Chair skirt:** made from "Kowloon" Dacron and cotton sheets.

**White wicker table:** solid wood oval top, c.1920, $65; natural wicker plant stand, $95; decorative baskets, from $8 to $20. From Old Glory.

*Dining room:*

**Table skirt:** made with "Surabaya" and "Kowloon" Dacron and cotton sheets.

**Curtains:** made from "Kowloon" sheets. All from the "China Seas" Collection by Martex, a Division of West Point Pepperell. At Bloomingdale's.

**Hickory dining chairs:** $300 the set; painted green basket, $20. From Old Glory.

**DECORATING ZEST**

**Pages 98-99:**

1. **"Wild Poppies" Wamsutta Ultracale sheets:** 50% Fortrel polyester, 50% cotton. Flat sizes, twin, $7.50; double, $8.50; queen, $12.50; king, $15; fitted sizes, twin, $7.75; double, $8.75; queen, $13; king, $15.50. **Pillowcases:** standard, $3.25 each; king, $3.75 each; **comforter:** twin, $30; double, $35; queen/king, $60; **dust ruffles:** twin/double, $25; queen/king, $35. By Wamsutta Mills, Div. of M. Lowenstein & Sons.

**Hexagonal end table:** wicker, 25″ x 21½″ high. $160; $25 to lacquer. At Walter's Wicker.

2. **Plant lamp:** 10″ diam. $10. In white, black, yellow. By The Lite Factory. At The Apartment Store.

3. **Stacking side chairs:** 20¼″ x 18½″ x 31″ high, metal frame, canvas covers, in green, blue, gold, yellow, brown, black, and natural. $49. By Moreddi. At Domus.

4. **"Soft Sac" chair:** 22″ x 30″ x 27″ high, tie-together chair, in white or brown. $40. At The Apartment Store.

5. **"Kensington" vinyl wallcovering:** 27″ wide, 32″ repeat. $14.95 a roll. From Thibaut.

6. **Lamp bases:** Japanese woven pillows, $125; Japanese fish-trap basket, $125; vase-shaped Chinese basket, $180. At John Rosselli.

7. **Chair/chaise/bed:** 41″ x 33″ x 29″ high x 17½″ seat height. $440. By Founders.

8. **Sectional sofa system:** love seat, 65″ x 36″ x 26″ high, $486; armless chair, 31″ x 36″ x 26″ high, $175; corner, 36″ sq. x 26″ high, $220; ottoman/table, 35″ sq. x 19″ high, $109. By Directional.

9. **"Cannes" cotton fabric:** 48″ 50″ wide, 24″ repeat, treated with Scotchgard. By Cohama. At Bloomingdale's.

. **Brittany" cotton fabric:** 54" d 27" repeat, treated with Scotch- r By P. Kaufmann. At Fabrica- n

**s 102-103:**

**"atsby" pillow collection:** ray- /etate/cotton fabric, polyester fil- gn a variety of sizes. From $5 to 0 ch. By Nettle Creek.

**la" coverlet:** Dacron cover, poly- e filling, scalloped edge tucked into d Twin size shown $200. By Nettle e.

**. Chaise:** upholstered in shrimp fi. "Foral" quilting pattern. To d through Nettle Creek.

**ed:** 77" x 32" x 34¼" high, early f en. antique French steel; box g and mattress made to order. 5 At Pierre Deux.

**a Texture" foil wallcovering:** vide, 1½" repeat or random re- strippable, paper-backed foil. $15 . From Van Luit.*

**tan durrie rug:** all cotton, 15'8" ". From Stark Carpet.*

**ly's Floral" watercolor:** 30½" ½". $150. Through Dan Greenblat ciates.*

**nbacked wicker armchair:** $65. Grenier.

**an on chaise:** $95. To order in a e of colors at The Elder Crafts- Shop.

**l mirror:** 18" high. $120. At ted Editions.

**mmer Palace" china:** on break- tray, $57.50 per 5-piece setting. By te; china, crystal, sterling flatware rdel Ltd.

**ome reading lamp:** designed by ic Hartman. $285. At LCS.*

d 3. **Carpet pillars:** 8' tall, de- d by Inman Cook and Daren e for Edward Fields.*

**Fantasy" dinner plates:** hand- ted by Gena, Lisa, and Cham Giob- 22 each. At The Bailey Huebner at Henri Bendel.

**attan étagere:** 28" x 14" x 78" , natural finish. $184. At Gimbels York.

**es 104-105:**

**Poornima" floor pillows:** 30" 4½" ruffle, kapok filled. $25 each. Riverdale. At Macy's.

**Fern Garden" Gallery Louvres:** te Diversified Manufacturing, Inc., W. Central Ave., Santa Ana, Cal. 04

**ove seat:** 58" x 28½" x 29½" , foam cushions, molded fiberglas forced base. $307. From the "Con- t II" Group by Meadowcraft.

**Eloise Stripe" vinyl wallcover- :** 27" wide, 25" repeat. $12.75 a . Matching fabric available. By H.S. Lloyd.*

**Shenandoah" vinyl wallcover- :** 27" wide, 3½" repeat. $7.15 a . By Wall-Tex.

**Regency" cotton and polyester ntz:** 54" wide. $5 a yd. By Lanscot- en.

**Bathroom china:** 8 oz. tumbler, 50; soap dish, $4.40; pitcher and in, $22.50; milk can with cork pper, $10; sponge bowl, $4; towel ders, $2 each. By Stangl. At Bloom- dale's.

**"Grand Bassam" pillow furni- e:** 35" sq. pillows zip together, cron and cotton covering treated th Zepel. $70 set of 2. From the Na- e Beat collection by Bloomcraft. At mbels, New York.

**"Conch Shell" cotton table- th:** 62" round, with 6 16" sq. nap- ns. Designed by Zandra Rhodes for nri Bendel. $125.

**mari teapot:** c.1840, 6½" high. 50; Imari plate, 10" diam. $112.50. th from David Barrett.

**Saturn" enamel-handled flat- are:** imported from Germany. $100 r 5-piece setting. At Carole Stupell d.

**overed rice bowl:** 4" high, $15 ch; **tea cups:** 4" high, $15 each; **icker chairs:** 20" x 22" x 30" high, $75; **African straw basket:** 18" diam., $12; **Chinese plates:** 8" and 10" diam., $15 each. All from Limited Editions.

**Helmet shell (to right):** 12" high, $20; **natural nautilus half (to left):** $3.50. Both at The Collector's Cabinet.

**Seneca sewing basket:** lid shown, 12" diam. $25. At The American Indian Arts Center of the Association on American Indian Affairs, Inc.

**Mother-of-pearl spoons:** 7" long. $6.50 each. At B. Altman & Co.

13 and 14. **"Feather" cotton tablecloth:** 92" x 62" wide, 6 16" sq. napkins. $125. Designed by Zandra Rhodes for Henri Bendel.

**"Rita Red" porcelain plates:** $20 per 5-piece setting; **"Latham" glasses:** iced tea, $11; juice, $8.25; **"Directoire" flatware:** pearlite handle, $67.50 per 5-piece setting. All from Carole Stupell Ltd.

**"Eskimo Spirit Head" whalebone sculpture:** 14" x 9" high, origin Baffin Island. $450; **San Juan low bowl:** 3½" x 6" high, holding napkins, $90; **Santa Clara pot:** 3" diam., $105; **Hopi bowl:** with stainless flatware, 6½" diam. $85; **Navaho silver box:** 3½" x 4½" x 2" high, $300; **Navaho oblong pins:** 3" long, starburst design. $100 each; **Navaho silver bracelets:** with jet and turquoise, designed by Andy Raye Joe. $350; with 5 turquoise stones, $325; **Hopi tray:** 4" diam. of silver and copper. $195. At The American Indian Arts Center of the Association on American Indian Affairs, Inc.

**Three-legged pot:** 7" high, $16; **water jug:** 14" diam., $23; **wooden au gratin dishes:** $6.50 and $8.50; **duck planter:** 20" long, 11" high, $12. From Primitive Artisans.

**"Carrés" terra cotta tiles:** 9¼" sq., handmolded in France. $7.30 a sq. ft. At Country Floors.

**Lacquered vases:** 12" high, $24 each; turkey feathers, 20c each. From Limited Editions.

**Assorted colored feathers:** by M. Schwarz & Sons Feathers.

14. **"Shell" cotton tablecloth:** 102" x 62" wide, six 16" sq. napkins. Designed by Zandra Rhodes for Henri Bendel. $125.

**"Spectro Green" flatware:** $12.50 per place setting. By Supreme Cutlery; **"Latham" glasses:** $11; **shell soup bowls:** 7" wide, 2¼" high, $6.50 each; **clear crystal napkin rings.** From Carole Stupell Ltd. **Crystal wine container:** 8" high, $80. By Iittala; **crystal seal:** 4¼" high, made in France by Sevres, $46. Both at Georg Jensen.

**Clear glass plates:** 10½" diam., $8.25 each. At Cardel Ltd.

**Mother-of-pearl spoons:** $6.50 each. At B. Altman & Co.

**HOME WHERE HEART IS**

**Pages 108-109:**

*Dining Gallery:*

**Napkins:** printed guest towels in linen or cotton. $16 each. At D. Porthault.

**Moiré tablecloth:** made by Henry Urban.

*Living Room:*

**Glass and polished steel table:** 44" x 22", clear glass top; **brass boxes** on coffee table, from $25. At Jean-Paul Beaujard.

**Bamboo armchair:** $175; **red lacquered coffee table:** restored antique, $795. At Lord & Taylor.

**Salmon twill sofa upholstery:** by Brunschwig & Fils.*

Upholstery by Henry Urban.

**Durrie rugs:** by Rosecore.*

**Handpainted pillows:** designed by Alan Campbell. At LCS.*

**Paintings:** over sofa and fireplace, by Roger Muhl at Findlay Galleries.

**Large basket:** to left of chair, $35; **open basket on hearth; basket holding plant on coffee table:** $15 each; all imported from Colombia by

*(Continued on page 188)*
















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**12. "WALLCOVERING—IT ALL STARTED HERE."** Delightful booklet is intended to enhance your pleasure in selecting

wallcoverings for your house while attempting to clear up a number of common misconceptions about wallcoverings. Thomas Strahan Company. 50c

**13. YOUR HOBBY IS YOUR HOUSE** when you make your own rug. Up-to-date Rug Plan Catalogue from Brunswick Worsted Mills, Inc. illustrates a beautiful selection of Rug Plan Kits and gives simple instructions. 50c

**14. THE HOUSEHOLD PAINT SELECTOR** is a general guide to selecting paint for interior and exterior surfaces of residential dwellings. Includes listing of all common type paints. National Paint and Coatings Association. $1.95

## *Eating and Entertaining*

**15. "THE COORDINATED TABLE"** is a colorful pamphlet illustrating Denby stoneware, glassware, and stone and steel stainless. Also shown are teak bowls and chopping boards plus salt and pepper shakers and pepper mills. 25c

## *Gardening*

**16. ENDLESS SUMMER** in Everlite Aluminum Greenhouses. Twenty-seven-page booklet gives information on eight models, both lean-to and free-standing. They come in sections to meet any space need, along with accessories, like temperature controls and shelving.

**17. TIPS ON LAWN CARE** "Preferred by Professionals" and "Lawn Grooming Made Easy"—two brochures from the Parker Sweeper Company by Dr. R. W. Schery, Director of the Lawn Institute. Also featured, several illustrations of Parker lawn care equipment.

## *Potpourri*

**18. EXCLUSIVE GIFTWARE** is shown in this beautiful catalogue from Wilton Armetale. The man, the metal, the sand, and the polishing wheel are essential to the art of creating these fine pieces—everything from dinnerware to Bicentennial seals. $3

**19. "VACATION SOUTHERN STYLE."** Portfolio explores many of the attractions beckoning travelers to Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, and Virginia. Prepared in cooperation with House & Garden. Southern Travel Directors Council. 25c

**20. ANSWERS TO WOOD CARE QUESTIONS.** The advice of experts compiled to give you all the facts on wood care. This informative booklet provides the hows and whys for the care of all fine wood. Scott's Liquid Gold.

**21. HOW TO CARE FOR YOUR INTERIOR DECOR FABRICS** (carpets, rugs, upholstery, draperies) is outlined in a 13-page pamphlet from Patcraft Mills.

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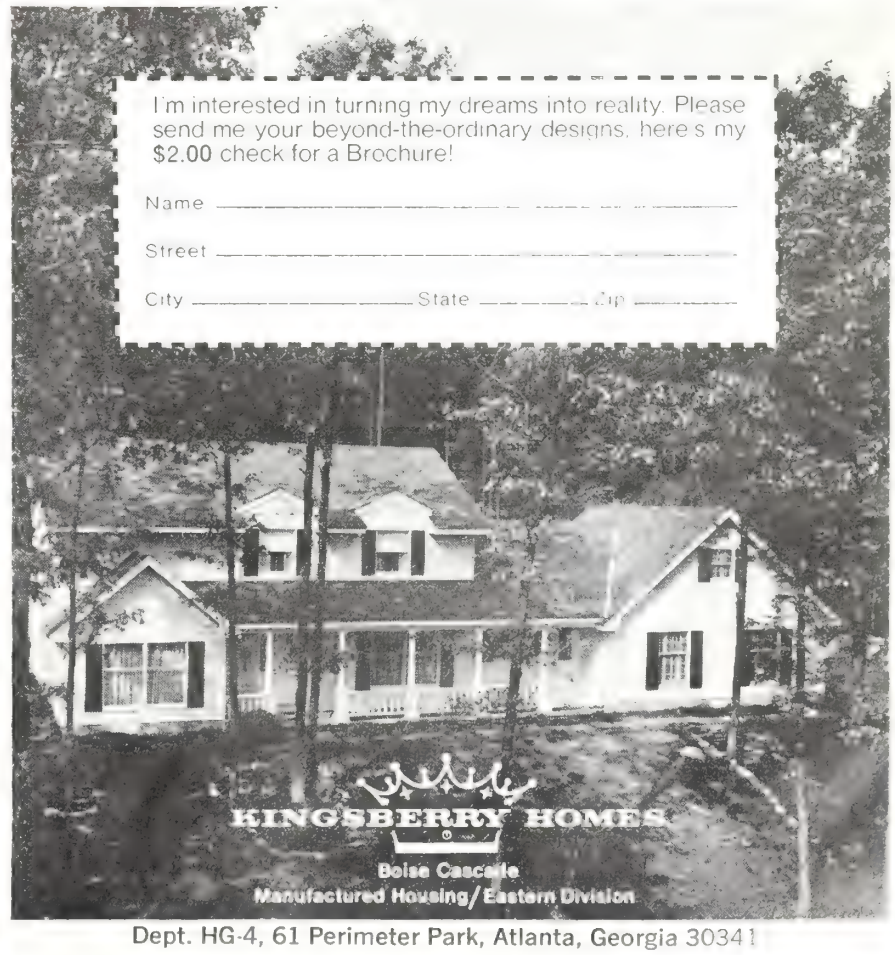



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## SHOPPING INFORMATION *continued from page 185*

La Tienda.
**Baskets on mantel:** $36; straw basket **on hearth:** $15-$30; **holding plant on floor:** $45; **baskets on highboy:** from $12 to $36; **nesting Chinese baskets on coffee table:** $12 set of 3. All from Limited Editions.
**Pages 110-111:**
*Master Bedroom:*
**Assorted bedlinens and pillows:** on [illegible] Chaise, quilt used from D. Porthault.
**"Tulip and Butterfly Appliqué" quilt:** on chaise, handstitched, double size, $185. From Moon Over The Mountain/The Patchworks.
**Antique wicker chaise:** $400; **quilt on bed.** [illegible] The Gazette of New York.
**Round wicker mushroom tables:** [illegible] base, with 24" [illegible] $80. At Wendy's Wicker.
**Seashell scallops:** on table $15 each; [illegible] $60. From Karl Springer.
**Basket holding shells:** from $8 to $45 from a selection of baskets; **note pad and address books:** $20 and $30. From The Gazette of New York.
**Woven rug:** 6' x 9', available in many colors. At Design Research.
**Watercolor:** 28" x 24", painted by Ed [illegible] Courtesy, $1500 framed. At Jean Jacques Bloos Ltd.
*Office:*
**Address books:** $20 each. At The Gazette of New York.
**Glass bubble holding roses:** $6.25. At The Pottery Barn.
*Guest Bedroom:*
**"Korki" bedspread:** polyester and cotton cover, polyester filling, washable, queen size, $200. By Nordbar.
**Quilt on ottoman:** to order. Sold as sets, quilt on wall behind bed, coordinating [illegible] Gazette of New York.
**Bunk beds and 3-drawer chests:** from The Children's Workbench.
**LIGHT YOUR ROOMS**
**Page 116:**
**"Lamifine" incandescent light:** concealed behind inside of lightbox painted desired color, 2 sizes available, 48" x 11" from $140. From Hunt Guiles.
**Open reflector downlight:** Special Black "Mark" reflector, concentrated distribution with low brightness, deep fit recessed to ceiling, 11" wide x [illegible] $40 each. By Lightolier.
**Recessed Wall Washer:** Black Metal finish wall with flat front door, [illegible] 7" wide x 12½" deep, shown. By Lightolier.
**Page 117:**
**Modular High Performance Visual [illegible]:** [illegible] 12" wide x 1" deep, [illegible] and reflected glare from glossy surfaces. To order through Lightolier.
**Page 118:**
**Modular Adjustable System:** in 1, 2, 3 and 4 channel sections, which hold a variety of Lenses or Blank Plate Inserts every running ft., surface [illegible] $16 ft.
**Fluorescent light strip:** shown under [illegible] 48" long. From $10.50. By Legion Lighting.
**Motorized "Lytespot" track lighting:** [illegible] $110. By Lightolier.
**Page 119:**
**Round bulb adjusts to ceiling:** available [illegible] $40. By Lightolier.
**"Linestra" incandescent vertical lights:** [illegible] By Osram Lamps. Shown at Ludwig Motor Corp.
**Round bulb in closet:** 5" diam; available [illegible] By Lightolier.
**IDEAS FROM IRELAND**
**Pages 120-121:**
1. **"Lismore" crystal goblet:** $15.75; **"Lismore" crystal claret:** $15.75; **"Lismore" crystal decanter:** $82; **violet vases:** 3½" high, $16 and $17.50. By Waterford Glass Ltd. Imported from Ireland by Waterford Glass Inc. **"Shamrock" bouillon cup and saucer:** $24 the set. **"Shamrock" 7" plate:** $17 each. By Belleek Pottery Ltd. Imported by Waterford Glass Inc.
**"Celtic" silver-plated stainless flatware:** By Newbridge Cutlery. Write The Irish Export Board, 590 Fifth Ave., New York, N.Y. 10036.
**"King Francis 1021" sterling footed bowl:** by Reed & Barton. Ltd. [illegible]
2. **"Maya" bedspread:** 80% wool, 20% nylon. Twin, $155; full, $185; Queen, $215; King, $225. By Irish Tapestries Ltd. Imported from Ireland by Vittorio Originals. **Pillows:** "Mayo" center pillow, 27" sq. $45; "Sligo" [illegible] "Aran" bedspread, color. Pillows [illegible] Pillows made by Pillows of California.
9. **"Rusheen" wool carpet:** 5' x 7', [illegible] $280. By Weinberger "Macroom" Rugs. Imported from Ireland by New Eastern Carpet Co., New York.
12. **Waterford Colorcast cookware:** enamel on cast iron, natural wood handle. Teflon II interior by DuPont: 1½-qt. saucepan, $16.50; 10" frypan with cover, $30; 6-qt. oval casserole with cover, $37.50.
14. **"Florentine" latch-hook rug kit:** canvas size 36" x 70". $107. By RugPlan. Imported from Ireland by Brunswick Rug Plan.
**Pages 122-123:**
2 and 3. **"Adelante" wool carpeting:** 80% wool, 20% nylon, 9' x 12' [illegible] $2295 a sq. yd. Comes in "Adelante" carpeting by Youghal Carpets.
7. **"Limpet" antique pink teapot:** $59. **"Limpet" creamer and sugar:** $30 the set. **"Limpet" teacup and saucer:** $22 the set. By Belleek Pottery Ltd. Imported by Waterford Glass Inc.
**"Celtic" sterling teaspoons:** by Irish Silver Ltd. Write The Irish Export Board, 590 Fifth Ave., New York, N.Y. 10036.
10. **"Powerscourt" continental champagne glass:** $26.75; **"Powerscourt" claret wine:** $26.75; **Ship's decanter:** $91. **"Alana" crystal plates:** 8" diam. $29.75. By Waterford Glass Ltd. Imported by Waterford Glass Inc. **Lace and linen place mats and napkins:** $21.50. By Theobald Phelan & Son.
**Pages 124-125:**
1 and 2. **"Ballinagree" wool area rug:** 5' x 7', 100% coarse wool, hand woven, $210. By Weinberger "Macroom" Rugs. Imported from Ireland by New Eastern Carpet Co., New York.
4. **Assorted candles:** from $1.50 to $7. By Vikinglow Candles Ltd. Write The Irish Export Board, 590 Fifth Ave., New York, N.Y. 10036.
5. **"Toytown Express" latch-hook rug kit:** [illegible] $40, 27" x 54". $65. By RugPlan. Imported by Brunswick Rug Plan.
7. **Arklow "Erinstone" dinnerware:** "Innisfree" pattern, $90 per 15-piece service; $42 per 20-piece service; $11.50 per 5-piece place setting. Imported from Ireland by Mikasa. **Crystal jug:** $28; **wine glasses:** $16 each. By Simon Pierce Cordhaus Crystal. Write The Irish Export Board, 590 Fifth Avenue, New York, NY 10036.
**"Rams" porcelain figurines:** $17 [illegible] By Porcelain Products [illegible] Ltd., England Bros. Inc. [illegible] 02.62.
8. **Waterford Colorcast cookware:** [illegible] $50.
9. **Cotton terry beach towels:** [illegible] Write The Irish Export Board, 590 Fifth Ave., New York, N.Y. 10036.
10. **Arklow "Georgian" dinnerware:** "Lismore" pattern, $100 per 5-piece service. By Arklow Pottery Ltd. Imported later this year by Mikasa.
11. **"Aran" bedspread:** 80% wool, 20% nylon, natural color. Twin, $135; full, $160; Queen, $185; King, $200. By Irish Tapestries Ltd. Imported by Vittorio Originals. Pillows to match bedspread, 17" sq. $18; 27" sq. $45. Other pillows, "Sligo" geometric and "Mayo" diamond-like pattern, both 80% wool, 20% nylon. Fabrics for pillows by Irish Tapestries. Pillows made by Pillows of California.
**"Thatcher" carpeting:** 80% wool, 20% nylon, available in 9 colors. From $30 to $35 a sq. yd. By Tintawn Div. of Irish Ropes Ltd. Imported by Trans-Ocean, Inc.
12. **"Shepherd-Weave" wool carpeting:** top, "Barbary Brown"; bottom, "Shetland Tan," all wool. By Tintawn Div. of Irish Ropes Ltd. Imported by Trans-Ocean, Inc.
**Accessories in bedrooms:**
**Page 121 #8**
**Reversible Berber rug:** 5' x 8' wool [illegible] By Eastern Carpeting, Inc., New York.
**Rectangular double buri table:** handmade in the Philippines, $65. At Almost Anything Shop.
**Baskets:** two holding ferns, $10 and $30; small basket holding blossoms. From The Fernery.
**Chinese nesting straw baskets:** $15. At Limited Editions.
**Page 125 #11**
**Natural peel rattan table:** 21" x 22" x 27" high. $250 natural finish. $30 custom lacquering.
**Lacquered cane and rattan peel armchair:** $190 natural finish. $25 lacquering. Both from Walter's Wicker.
**Stacked baskets:** four rectangular reed baskets from $12 to $25; basket trunk, $42; square basket next to table on floor, $45. From La Tienda.
**Basket holding quince branches:** from $10 to $30. At The Fernery.
Stores carrying a selection from Decorating Discoveries from Ireland (pages 120-125): B. Altman & Co.; Burdine's; Carson Pirie Scott; Denver Dry Goods; Frederick & Nelson; Halls in Crown Center; Higbee's; J. W. Robinson; Wanamaker's; and Woodward & Lothrop. ■

## HOW TO USE PAINT, PAPER, AND FABRIC

*continued from page 68*

***Wallpaper, like paint, is another great way to make an overall statement in color and design.*** It can also enliven a floor protected with coats of polyurethane), change the architectural details of a room, and be used to cover everything from chairs and tables to window blinds and bathtubs . . . Architect Douglas Kahn of Kahn/Mallis uses paper to cover vertical blinds: paste one wallpaper design on one side, and paste a complementary design on the opposite side of the slats. The two patterns double the effect . . . Designer Ronald Bricke likes the added accent plastic shutters with paper, and in a bath, he continues the use of paper even inside the medicine cabinet. He also has an inexpensive way of making a wallpaper lamp: paper a block of wood 4 inches square, have a hole drilled for the wiring, wire, and add a shade bought at the dime store. Wallpapered in the same paper. An idea for a coffee table: Make a plywood box, 36 by 24 by 12 inches deep for the top, wallpaper and protect it with a shiny polyurethane finish, then set it on a [illegible] base. A [illegible] idea for straight backed dining room chairs might be to wallpaper the frames and use coordinating fabric to cover the chair seats. His solution for adding architectural interest to a room is to use a small-patterned border to outline the baseboard, ceiling, and window moldings. If the room is big enough, add another wallpaper border in a little larger pattern . . . Gary Crane of Donghia Associates creates new wall patterns using textured or directional paper: He cuts the paper into 12-by 15-inch squares, then parquets it to the walls. It is especially effective in earth and neutral tones of papers. He then paints the trim of the room a high glossy white . . . George Clarkson believes that hallways should be kept architecturally simple, especially when they lead to highly decorative rooms. He simplifies the space by removing door frames and moldings, wallpapering walls and flush doors in the same white-on-white pattern . . . Fred Twist used wallpaper to stripe a room with horizontal bands of color: He took four shades of a textured paper, and beginning at the baseboard, ran the darkest shade in a 30 inch band around the room, then each shade following was lighter and 6 inches narrower . . . William Hodgins likes to give a room substance and warmth by adding a chair railing, then putting wallpaper only on the area below it. ■

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LIVING




ON THE COVER:

striped fabric and vibrant Indian durrie rug. On the arched shelves,

Ishire

Marble-topped chrome

Cumming, Lord & Taylor, Diane Love,

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# Antiques

By Louise Ade Boger



## American Country Desk

*We have been told that our desk is a Sheraton period piece, but we have not been able to verify this anywhere. We would appreciate your opinion.*

*C.G.U.—Cincinnati, Ohio*

Your desk shows more of the Empire than the Sheraton influence. It is the work of an American country cabinetmaker. Perhaps it is from back country Pennsylvania. It dates from about 1840.

## Bavarian Dish

*Have you any information on my china plate? This is a sketch of its markings.*

*J.E.D—Lafayette, Ind.*





Your dish was made at a German porcelain factory that was started at Tirschenreuth, Bavaria in 1838. In 1927, the factory merged with the still existing Lorenz Hutschenreuther of Selb. The distinguishing letters "PT" on the mark stand for Porzellanfabrik Tirschenreuth. Your dish is probably of very early 20th-century manufacture.



## English Foot Warmer

*Can you identify this foot warmer used by my ancestors in Ireland? What is the difference between Doulton and Royal Doulton?*

*M.M.—Fitchburg, Mass.*

Your foot warmer is not of Irish origin, but was made by the firm of Doulton & Company at their Lambeth Pottery, London S.E., probably about the 1880s. In 1901, King Edward VII conferred a double honor on Doulton by the presentation of the Royal Warrant to its chairman and by personally authorizing Doulton to use the word "Royal" in describing its products. Thus an article that is marked "Royal Doulton" dates from the year 1901 onward.

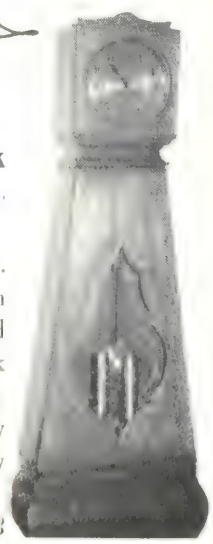
Hawina

HW

## German Case Clock

*Can you tell by the photograph and the mark where our clock comes from and if it is very old?*

*D.M.P.—Baltimore, Md.*



Your tall case clock (called a Hawina) was made in Germany by H. Winterhalder, A.G. in Schwarzwald (Black Forest) about 1910-1920. This type of clock has been imported into the U.S.A. in considerable numbers during this past decade. It generally has a lovely double gong strike. The cases are often oak, usually of simpler design than your example.

*Continued on page 3*

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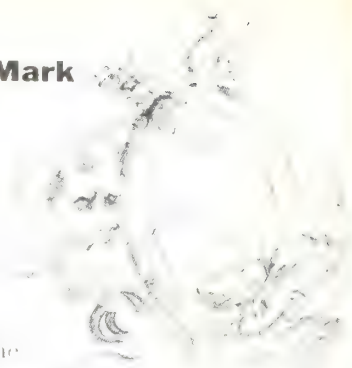
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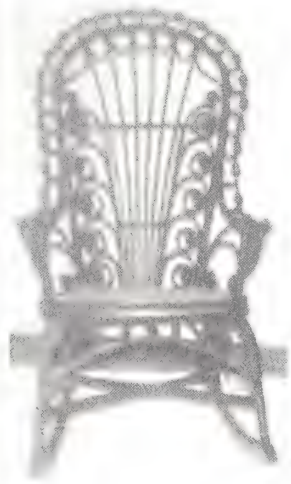

ANTIQUES *continued from page 6*

### Staffordshire Mark



*Can you identify the mark on the back of my platter and tell me about it? J.W.R.—Santa Barbara, Cal.*

Your unusual, decorative backstamp was used by Staffordshire potter George Phillips at his Longport pottery between 1834-1848. The garter mark, derived from the insignia of the Order of the Garter, is flanked by the lion and unicorn, which are the supporters of the British Royal Arms. "Parisian" is the name of the pattern decorating your platter.



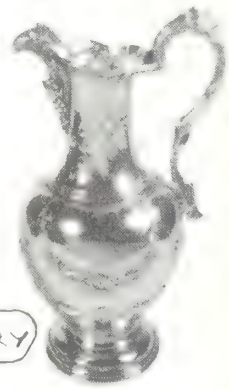
### American Chair

*We have had this lovely chair in our family for many years but have no inkling as to its origin. Is it European? Very old? To me it looks almost contemporary.*

*J.N.—Monticello, Wis.*

Your rattan chair with a bentwood frame was probably made in America in the 1880s, when it is said that one or two pieces were considered "indispensable in modern apartments." This light and open type of furniture still retains its popularity.

### Revived Rococo Pitcher




*Will you please tell me what style our very old silver water pitcher represents? And can you determine from the mark that I've sketched how old it might be? E.E.B.—Haverford, Pa.*

Your silver pitcher is an early and pleasing example of the Revised Rococo style, which flourished in our country about 1830 to 1860. It was made by Andrew C. Benedict, who was listed in the New York City Directory, 1833 to 1839.



### Oriental Bronze Vessel

*This "black pot" has been in our family for a long time. All we know is that it was collected from the time of the Boxer Rebellion, Peking, China, June 1900. Can you identify it further?*

*G.K.B.—Wilmington, N.C.*

The shape of your pot has been modeled after an early ritual bronze vessel form dating from the Shang Dynasty, ?1523-?1028 B.C. Your example, of Oriental provenance, possesses no significant age, being probably less than 100 years old.


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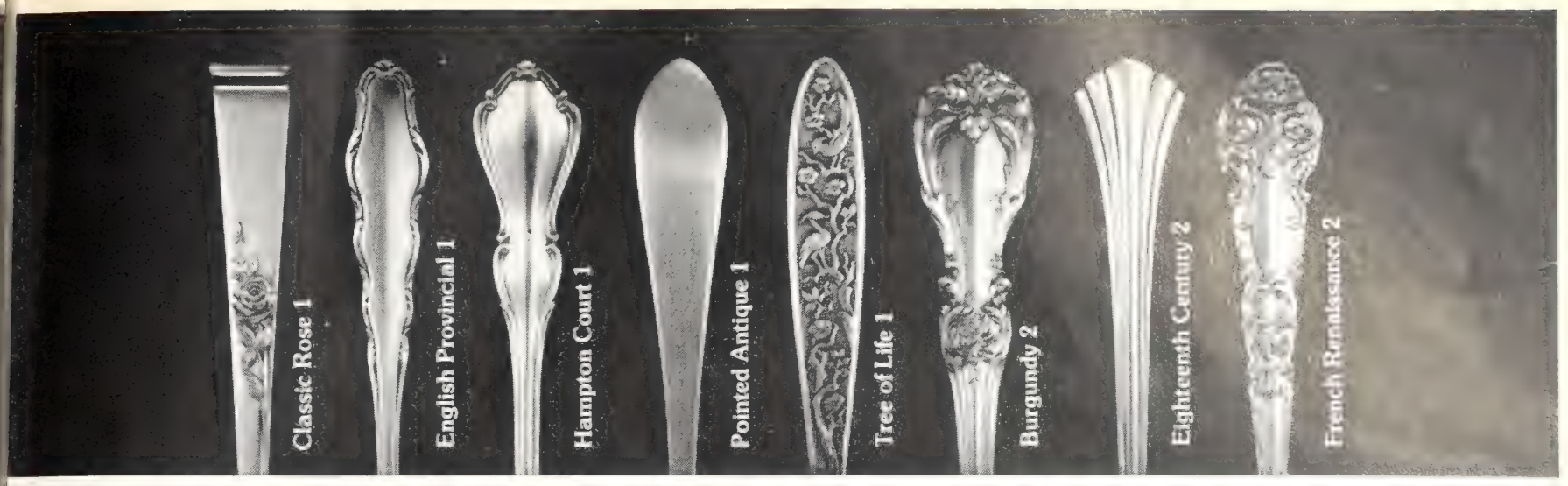
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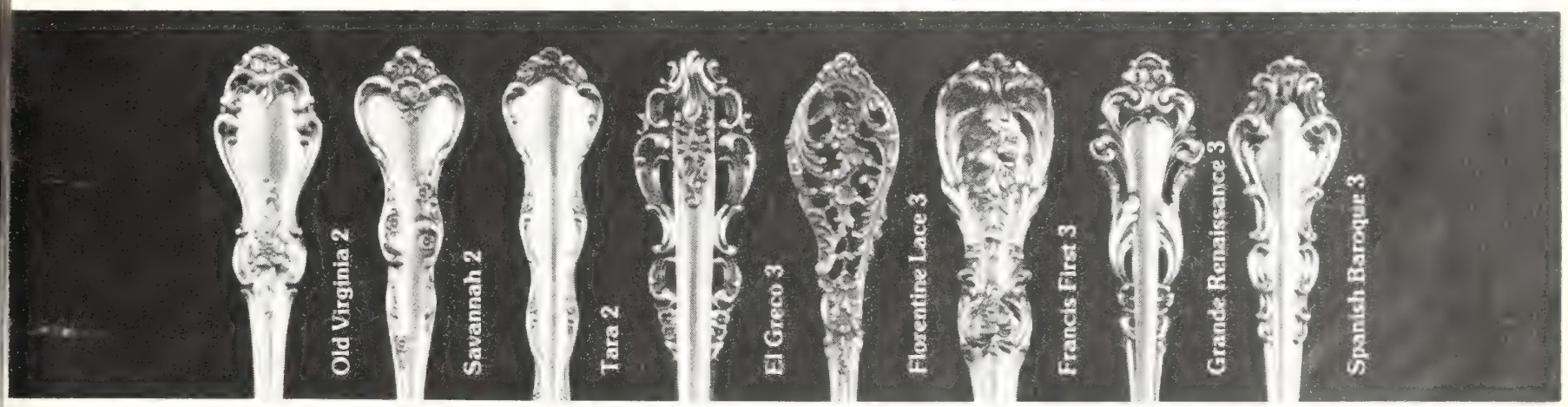
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|---|---|---|---|---|---|---|
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# How to plan nutritionally sound vegetarian meals

By Eloise R. Trescher, RD

Several years ago, a popular and now famous cartoon in *The New Yorker* showed a mother and young daughter sitting at the dinner table. The mother was trying to persuade her daughter to eat and the child was rebellious. Mother says, "It's broccoli, dear." And the daughter answers, "I say it's spinach, and I say the hell with it!" That precocious child just might be eating her words and have an entirely different slant on spinach if she were pictured today. Surely many of our young are turning more and more to vegetables and vegetarianism. And in turn teaching their elders about it.

In the past, vegetarianism was practiced largely for religious, cultural, ethnic, or moral reasons. But the recent boom in population and food shortages throughout most of the world have evoked fresh interest in and new converts to vegetarianism. Recently biochemists have done more intensive research on the adequacy of proteins of vegetable origins. Nutritionists when planning diets favor a wide variety in the selection of foods and include some foods of animal origin for their good protein, B vitamins, and mineral content.

The motives that inspire the renewed interest in vegetarianism range from compassion to fanaticism. Many persons object to the killing of animals, birds, and fish for food. Others entertain misguided beliefs based on Eastern philosophies, with which they are only vaguely familiar or biochemical misinformation, which they really don't understand. And who isn't complaining about rising costs of food, especially meat? Except vegetarians.

Regardless of motives, a lacto-ovo vegetarian regime can be nutritious and satisfying and reduce food bills in many instances. It can increase the fiber content of one's diet, and, very importantly, reduce the fat and cholesterol found in typical American diets. It can also help control weight. Most adult vegetarians weigh 10 to 20 pounds less than their meat-eating peers. The variety of foods eaten is expanded and menus are likely to be more interesting.

### Vegetarians may be divided into four groups

**1. Strict vegetarians,** the "Vegans." They eat no food of animal sources, meat, fish, poultry, milk, eggs or cheese.

**2. Lacto-ovo vegetarians.** These include eggs, milk, and milk products in their diets.

**3. Lacto-vegetarians.** They allow themselves milk and milk products in their diets.

**4. Ovo-vegetarians.** Eggs are included in this diet.

The "Vegans" are the only ones of the above four groups in danger of malnutrition. The effects of strict avoidance of food of animal origin may not be apparent for many years, perhaps twelve to fifteen. Long term "Vegans" are relatively rare, but they are likely sooner or later to suffer the destruction of certain nerve fibers. This condition is irreversible, caused by a lack of vitamin B12. There is no adequate source of B12 in the vegetable kingdom. However, this important vitamin could be taken as medication.

Another hazard of the strict vegetarian diet is calcium deficiency, which doesn't show up until late in life in the form of bone fractures. All *strict* vegetable diets are likely to be low in calcium and the calcium from medication is not as efficiently utilized as from food. Such calcium deficient diets are especially hazardous for the infant, the growing child and adolescent, and the pregnant or lactating mother. Other possible nutritional deficiencies of the "Vegans" are iron and iodine. There are relatively few food sources of vitamin D. Food sources of vitamin D are cod liver and other fish liver oils. Increasingly, milk is being fortified with vitamin D, but not everywhere. Where there is very little

*Continued on page 16*




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Give a just-promoted friend a handsome ashtray for the office.

**When there's no special reason.**

How about a cake plate for that nice person who bakes all those great cakes and always saves some for you?

Or a candy dish for someone with a sweet tooth?

Or a sugar and creamer for the neighbor who always invites you for coffee?

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**"A lacto-ovo vegetarian regime can be nutritious and satisfying and reduce food bills in many instances"**

## NOTES ON NUTRITION *continued from page 14*

opportunity for exposure to the sun, vitamin D, which is necessary for calcium utilization, may be lacking. Vitamin D may be supplied by medication.

Despite the above seemingly ominous warnings, it is possible to obtain an adequate diet from the vegetable world by supplementing it with vitamin B12. However, this requires a broad knowledge of the dietary properties of foods.

Amino acids, and there are twenty-two of them, are the building blocks of protein. The word "protein" is of Greek origin meaning "primary" or "of first importance." Protein is essential for every living organism. If vegetarianism is to be your route, the Lacto-ovo-vegetarian is the wisest, the diet that includes, along with vegetables, eggs, milk, and milk products.

The healthy individual can synthesize within his or her own body fourteen amino acids. The other eight (leucine, lysine, valine, Iso leucine, threonine, phenylalanine, methionine, and tryptophan) must be obtained from food. These eight have been labeled "essential amino acids." All eight are present in foods of animal origin except gelatin. In foods of vegetable origin, such as cereal grains, nuts, legumes, vegetables, and fruit, one or more of these essential amino acids may be missing. However, by eating certain *combinations* of food, our amino acid needs may be met. That is, the presence of an amino acid in one food may supply that amino acid in which another food is lacking. One of the more classic examples of this complementing action is found in beans and rice.

Long before researchers discovered the scientific reasons for using these two foods "in combination," people in many parts of the world were eating them and thriving. One can only marvel at the wisdom of these people, much of it learned no doubt from long and bitter experience. Here is a recipe for complementing beans and rice.

### BAKED BEAN AND BROWN RICE RAREBIT

*Ingredients:* 3 onions; 4 tablespoons butter; 1 #2 can solid pack tomatoes; 1 cup cooked brown rice; 1 can baked beans; 1 pound extra-sharp cheese, grated; salt and pepper to taste.

*Method:* Chop onions and sauté in butter until golden. Add tomatoes, cooked rice, and beans and heat until just below the boiling point. Add grated cheese and cook over low heat until cheese melts. Season to taste. Serve on toasted Boston brown bread or toasted English muffins. This is better if made ahead of time and reheated. Serves 6 to 10.

Here's a lacto-vegetarian recipe:

### KAY LEWIS'S VEGETABLE CASSEROLE

*Ingredients:* 1 package frozen Brussels sprouts; 1 jar (1½ to 2 cups) canned carrots; 1 jar (1½ to 2 cups) small onions; 1 can cream of mushroom soup; ¼ cup milk; Parmesan cheese, grated.

*Continued on page 18*

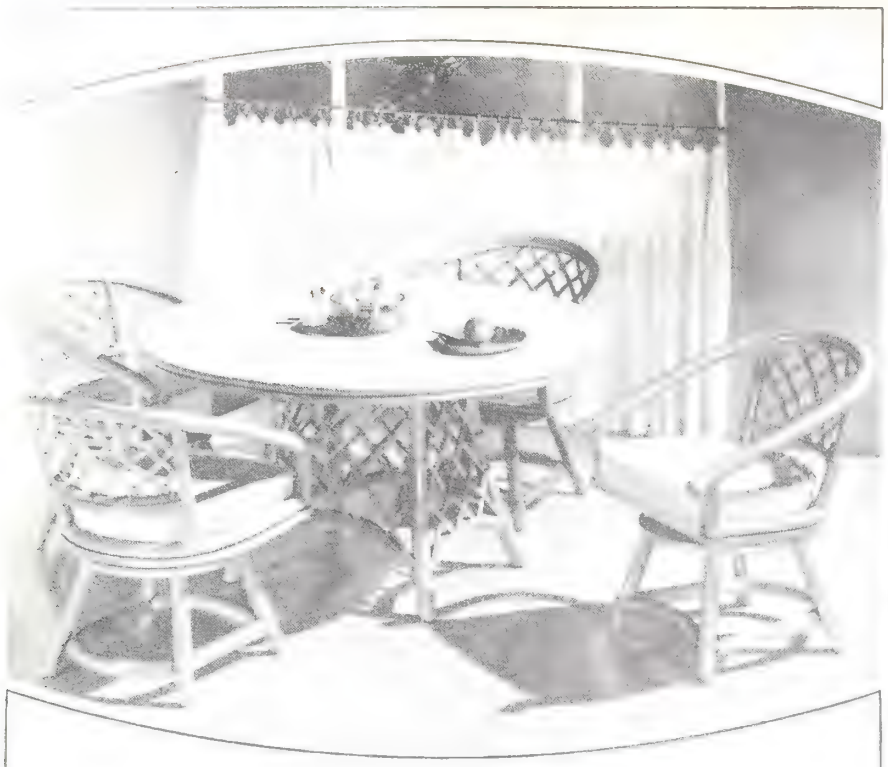
### Some sound guidelines for vegetarians:

- Be sure your calorie needs are met. 2000 calories for a healthy woman age 23-50 whose weight is within normal limits and 2700 for a man age 23-50.
- Choose your diet from a wide variety of whole cereal grains, nuts, soybeans, and other "oil seeds," thin dark green leaves, other vegetables, millets, legumes, and fruits.
- Be sure your protein needs are met. 46 grams of protein each day for a healthy woman age 23-50 and 56 grams for a man age 23-50. These are the recommended daily dietary allowances from the Food and Nutrition Board of the National Research Council. For example, a typical day's meals might include:

| | Grams of Protein |
|---|---|
| 3 glasses of milk | 24 |
| 4 slices of whole grain bread | 8 |
| ⅔ cup cooked dried beans, peas, or lentils* | 10 |
| 2 ounces cheese | 14 |
| | 56 |

*(The inclusion of milk, milk products, and eggs enhances the quality of the vegetarian diet in all probably deficient areas except iodine. Using iodized salt provides this important trace element.)*


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**"By eating certain *combinations* of vegetable foods, our amino acid needs may be met. One of the more classic examples is beans and rice"**

## NOTES ON NUTRITION *continued from page 16*

*Method:* Preheat oven to 350°. Place all ingredients except cheese in a casserole. Sprinkle cheese on top. Bake until cooked, about 25-30 minutes. Serves 6 to 8.

Seventh Day Adventists have long practiced the Lacto-ovo-vegetarian diet. Its nutritional adequacy is unquestioned, and it is a well-documented fact that the general health of the members of this religious sect is good and their life span is somewhat longer than their fellow meat eaters.

Recently a friend of mine spent ten days, her children's spring holiday, cooking lacto-ovo-vegetarian meals. The children's ages range from 22 to 17, and this course of food preparation was suggested by her elder son who happens to attend the agricultural college of Cornell, and is majoring in "Vegetables." She laughed at first, found it a challenge, enjoyed it and became convinced of its value. It was fun, especially planning the menus with the children, learning with them, and for the first time she found her children cooking with her as a family.

Here are three recipes her family thought delicious and found easy to make. All come from *Diet for a Small Planet* by Frances Moore Lappe.

### SPINACH CASSEROLE

*Ingredients:* ¾ cup raw brown rice, cooked; ½ cup grated Cheddar cheese; 2 eggs, beaten; 2 tablespoons parsley, chopped; ½ teaspoon salt; ¼ teaspoon pepper; 1 pound fresh spinach, chopped; 2 tablespoons wheat germ; 1 teaspoon butter, melted.

*Method:* Preheat oven to 350°. Combine the cooked rice and cheese. Combine the eggs, parsley, salt, and pepper. Add the two mixtures together and stir in the raw spinach. Pour into an oiled casserole. Top the spinach with wheat germ mixed with the melted butter. Bake for 35 minutes. Serves 4.

### POTATO LATKES

*Ingredients:* 2 eggs, ½ onion, cubed, 1 large potato, cubed, salt and pepper to taste, 2 tablespoons whole wheat flour; 2 tablespoons chopped parsley, 3 tablespoons instant dry milk, oil for frying.

*Method:* Blend eggs, onion, and potato cubes in a blender. Then add and blend salt and pepper to taste, whole wheat flour, parsley and powdered milk. Using this batter, fry like small pancakes in hot oil. Brown both sides well. Top with applesauce, yoghurt, or soft cheese. Or just eat them plain. Serves 2 to 3, for breakfast, lunch, or supper.

This next recipe is filled with protein. Served with a green salad it is a beautifully balanced nutritious meal. The family that tried these recipes also made additions to this one. They cooked it as written here and also varied it by adding a cup of finely chopped broccoli to the mixture; another time they added a layer of thinly sliced tomatoes. Anyway it was done, it was a big success.

### EASY CHEESE SOUFFLÉ

*Ingredients:* 3 cups grated cheese; 4-6 slices bread; 2 cups milk or 1½ cups milk and ½ cup wine or vermouth; 3 eggs, beaten; ½ teaspoon salt; ½ teaspoon Worcestershire sauce; ½ teaspoon dry mustard; ½ teaspoon thyme; pepper to taste. *Method:* Preheat oven to 350°. Layer the cheese and bread in an oiled baking dish, starting with the bread. Pour over it the milk or milk mixture. Beat with the eggs the remaining ingredients and pour over the bread mixture. Let stand for 30 minutes. Bake one hour in a pan of hot water. In a deep dish it has the appearance of soufflé; in a shallow dish it resembles a quiche.

After reading this column you might want to try a delicious and nutritionally adequate lacto-ovo-vegetarian diet for a day or two, or even more. This diet offers such variety. So why not explore. ■

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*(To learn about calorie counts, protein, and other nutritive values of food, you can obtain a useful booklet by writing to: The Public Documents Department, U.S. Government Printing Office, Washington, D.C. 20402. Ask for* Nutritive Value of Foods, *Home and Garden Bulletin, Number 72, U.S. Department of Agriculture, Stock number 0100-1528. The booklet is 85 cents a copy postpaid. Checks and money orders should be made payable to the Superintendent of Documents.)*

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...of Flowers
...rd Avenue (99701)
... 452-1781

### ...MER

...huska Valley Flower Shop
...uth Alaska Street (99645)
... 745-3913

## ...ZONA

### ...NDALE

...e Floral & Gift Shop
...West Glendale Avenue (85301)
... 931-2416 & 937-7543

### ...ENIX

...e Flowers & Gifts
... North Cave Creek Road (85032)
... 992-4710

... & Morrison Florist
...West Glendale Avenue (85021)
... 939-9778

...ix Flower Shop
... East Thomas Road (85018)
... 959-1200

### ...SON

...w's Flowers & Gifts
... East Pima (85712)
... 298-3303

## ...LIFORNIA

### ...KELEY

...ley Artists & Florist
... Solano Avenue (94707)
... 524-6333

... Florist & Nursery
... University Avenue (94702)
... 843-0502

### ...RLSBAD

...bad Florist & Gifts
... D Elm (92008)
... 434-1073

### ...CINO

...n's Apple
... 3 Ventura Boulevard (91316)
...e 996-1212

### ...LLERTON

...son's Flower Shop
... W. Commonwealth Ave (92632)
...he: 526-8389

### ...ENDALE

... ers Flowers, Inc
... North Glendale Avenue (91206)
...ne: 246-1706 & 245-8831

### ...LF MOON BAY

... Moon Bay Florist
... Main Street (94019)
...ne 726-9424

### ...NTINGTON BEACH

...bour Floral
... 52 Springdale Avenue (92649)
...one 892-1641

### ...FAYETTE

...ral Arts Florist
...4 Mt. Diablo Boulevard (94549)
...one: 284-5765

### ...NG BEACH

...lantic & Fifth Florists
...5 Atlantic Avenue (90812)
...one 432-0222

### ...S ANGELES

...Blooming Business
...4 North Doheny Drive (90048)
...one: 276-6956

### ...AKLAND

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...hone: 530-3230

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...0 South Los Robles (91101)
...hone 577-1183

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...hone 325-1584

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Phone 934-2396

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Flowers by Robert Taylor
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133 North Street (06010)
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1174 Bronson Road (06430)
Phone. 259-2722

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Phone: 653-2234

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## MAINE

### AUBURN

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### YORK HARBOR

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### BEDFORD

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### BOSTON

Flowers Styled by Solli
577 Cummins Highway (02126)
Phone 296-6660

Traynor Flowers
500 Albany Street (02118)
Phone 266-3637

### BRIGHTON

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373 Washington Street (02135)
Phone 254-1130

### BURLINGTON

Given's Flowers
216 Cambridge Street (01803)
Phone 272-2020

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506 Old Bedford Road (01742)
Phone 369-4050

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Flowers by Richard
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Phone 744-1466

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Darling's Flower & Gift Shoppe
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O'Neil's Riverside Flower Shop
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Phone. 376-2261

### NEEDHAM

Charles Morrison, Florist & Ghses
1658 Great Plain Avenue (02192)
Phone 444-3051

### NEW BEDFORD

H. V. Sowle Florist Inc
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Mc Lay's Florist
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Phone 683-3164

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Phone 472-1900

### SWAMPSCOTT

Gallo's Florists & Greenhouses
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Phone 598-9666 & 598-1124

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Rod's Flower Shop & Nursery
Pine Street (02568)
Phone 693-0987

### WATERTOWN

Anthony's Flowers
113 Galen Street (02172)
Phone. 926-2626

### WEYMOUTH

Bra-Wey Florists
94 Washington Street (02188)
Phone 337-0288

### WINCHESTER

Mahoney's Rocky Ledge Florist
242 Cambridge Street (01890)
Phone 729-5900

## NEW JERSEY

### BERNARDSVILLE

Addalia's Flowers
27 Olcott Square (07924)
Phone 766-7070

### BRIELLE

Geiges's Brielle Florist & Garden Shop
605 Higgins Avenue (08730)
Phone 528-8880

### CLOSTER

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534 Durie Avenue (07624)
Phone 768-1340

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Kenmac Flowers, Inc
700 Haddon Avenue (08108)
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Phone 868-7757

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### WESTWOOD

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Shaw & Boehler Florists & Ghses
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Phone 635-5901

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### GOSHEN

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Phone 294-5233

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Phone 627-1451

Town & Country Flowers
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Phone (516) 627-0026 & (212) 895-4952

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Phone 799-0894

### NEW YORK

The Indoor Gardener & Flower Shop
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### PLEASANTVILLE

The Flower Basket
399 Manville Road (10570)
Phone 769-1688

### POUGHKEEPSIE

Bock Florist & Greenhouses
371 Hooker Avenue (12603)
Phone 471-2020

### ST. ALBANS

Berry's Florist Inc
180 31 Linden Boulevard (11412)
Phone 276-0573

### SUNNYSIDE

Aunt Dottys Arbor
4516 Queens Boulevard (11104)
Phone 786-6411

### THORNWOOD

Accent on Flowers
Rose Hill Shopping Center (10594)
Phone 769-3000

### WEST SENECA

William's Florist & Gift House
1425 Union Road (14224)
Phone 675-7800

### WILLISTON PARK

Vogue Flowers, Inc
61 Hillside Avenue (11596)
Phone 248-8545

### WOODHAVEN

Buday's Flower Shop, Inc
92-14 Jamaica Avenue (11421)
Phone 849-5988

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988 Mc Lean Avenue (10704)
Phone 237-2511

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[illegible]
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[illegible]
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### EAST GREENWICH

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Phone 245-6120

### WARWICK

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### PUYALLUP

Maloney's Floral Shop
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Phone 845-8858

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Phone 782-4213

Gehl Flowers & Gifts
223 Southwest 152nd Street (98166)
Phone 242 3205

Neilsen Florists & Gifts
4458 California Avenue S W (98116)
Phone 932-2880

### SPOKANE

Riverpark Flowers & Gifts
East 8605 Trent Avenue (99206)
Phone 926-2475

Sunset Florist & Ghses
1606 South Assembly (99204)
Phone 747-2101

### VANCOUVER

Designs Delouise
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SOME NOTES ON GOOD LOOKS AND GOOD HEALTH

# An amazingly simple wa to a healthy heart

## A special interview with cardiologist Dr. Lenore R. Zohman

By Caroline Seeboh

The heart is a pump. It has the responsibility of pumping blood around the body, providing the various organs with nourishment. Most of the time we don't think about it; it beats away, according to our activities, and we probably pay more attention to it as a symbol of love, joy, and generosity ("sweetheart," "big-hearted," "light-hearted") than as our most vital piece of organic equipment.

Except when something happens to it. There are some unchangeable risk factors that affect a healthy heart—heredity, getting older, and being male (women before menopause have far fewer heart attacks than men). Other risk factors *can* be controlled: high blood pressure can be treated, you can stop smoking, you can keep your weight down, you can try to minimize stress, and you can exercise.

It's a familiar list, and difficult for most of us to maintain, except for one—exercise. This is because a wonderfully simple technique of exercise—that anyone can do, anywhere, anytime—has been developed specifically for heart health by Dr. Lenore R. Zohman, with other exercise cardiologists, and endorsed by the American Heart Association.

Dr. Zohman is director of Cardiopulmonary Rehabilitation at Montefiore Hospital, New York, and Associate Professor of Cardiology at the Albert Einstein College of Medicine. She is a Fellow of the American College of Cardiology, and a member of the Exercise Committee of the American Heart Association. (*House & Garden* first reported on Dr. Zohman's work in July, 1973.) She has now published a booklet on the subject—*Exercise Your Way to Fitness and Heart Health*.

"Until recently," Dr. Zohman explains, "it was difficult to test people's ability to be active. It was only possible to do a dynamic examination or an electrocardiogram on a moving patient—people were examined lying down. With the latest developments in equipment we now can measure people while they are moving. This science of exercise programming has been worked out as a consequence. We test people's heart rate, blood pressure, and oxygen while they use a treadmill or a bicycle. Depending on the results, we can prescribe how much exercise a person should do to maintain a healthy heart.

"Here's how it works: there is an amount of exercise sufficient to condition the muscles and cardiovascular system leading to physical fitness, but is not overly strenuous. That is, there is a target zone in which your heart rate increases enough to achieve fitness but not too much to exceed safe limits. The name of the game is finding your target zone—your target heart rate zone.

"Each individual's target zone is between 70 and 85 percent of his own maximum attainable heart rate. Above 85 percent, the circulation finds it increasingly difficult to supply oxygen rapidly to the exercising muscles—hence you puff and pant to try to take in more oxygen." Each person has a different target zone. You can either find this out by taking an exercise stress-test under supervision of a specially trained doctor, or you can estimate it roughly by using the chart illustrated in Dr. Zohman's booklet. Example: a twenty-year-old man has a maximal heart rate of 200. His target zone would then be 140 (70 percent) to 170 (85 percent) beats per minute heart rate. A sixty-five-year-old man with a maximal attainable heart rate of 150 beats per minute, would have a target zone of 107 (70 percent) to 130 (85 percent) beats per minute.

Once you have found your target zone, all you have to do is find exercise that gets your heart

*Continued on page 28*

# "Your hair ages faster than you do. 30 minutes with condition will keep it looking young."

Julius Caruso



**The first thing people notice about you is your hair.**

"Your hair grows up to ½" a month. By the time it's 6" long, it's one year old. If you're wearing it shoulder length, you've been wearing the same hair 2½ years. That's a lot of wear and tear.

Sharp bristled brushes, fine toothed combs, harsh shampoos, hot dryers, curlers, hair-sprays actually make the hair shaft wear thinner towards the end.

It splits. It breaks. It frazzles.

When your hair looks older than you are, you look older than you are.

Fortunately, you can help turn back the clock with condition* Beauty Pack Treatment from Clairol. In 30 minutes this intensive treatment starts repairing years of damage.

You see, condition* has 4 times as much protein as any leading conditioner. It sinks right into the protein-deprived gaps in the hair shaft, adding new body and manageability.

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And it adds a beautifully healthy shine.

condition* is more expensive than other conditioners, but it's a small price to pay to keep your hair looking young.

After all, if your hair looks young, isn't that half the battle?"









condition*

**The 30-minute treatment for mistreated hair.**

**"Walk briskly up and down two or three flights of stairs—not so fast that you pant. This is excellent heart exercise"**

 *continued from page 26*

your pulse (it's easiest either at the wrist or the side of the neck). Breathe normally so that there is a warm-up and cool-down period of about 5-10 minutes, to adjust circulation. Make sure that your exercise is aerobic, that is, you take more oxygen in the same amount that you need it—oxygen is balance. Exemplified, pants instead of runs puffing and panting like a sprinter is *not* helping your heart, and merely exhausts you.

Ideally, before anyone starts an exercise program, Dr. Zohman recommends a consultation with a doctor and if possible a [illegible] stress test to find [illegible] zone. If this is not possible [illegible] and if you are [illegible] it is probably reasonable [illegible] that your maximum heart rate is [illegible] and then [illegible] heartbeat [illegible] minutes [illegible] pulse [illegible] your heart rate [illegible] your pulse [illegible] your heart rate [illegible] your pulse [illegible] your heart rate [illegible] your

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## GOOD LOOKS

*continued from page 28*

### Beauty and health products new this month in the stores

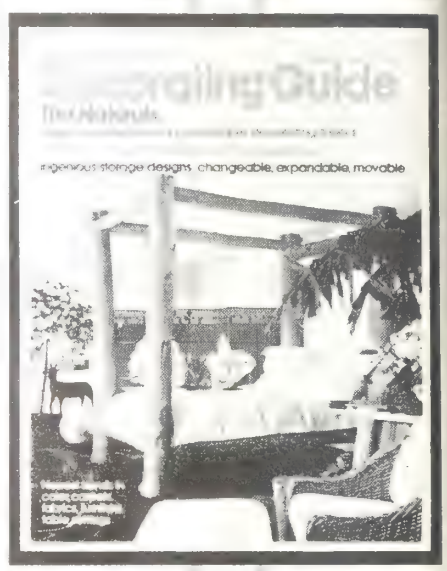
HELENA RUBINSTEIN . . . A great new system to help fight dry skin—it's all based on conditioners in concentrated form. One for day, another for night, one for after cleansing. *Skin Life Deep Moisture Day Care Concentrate* is a lotion in a "layered" formula of emollients and toners. Shake to blend and wear under make-up for maximum protection. One ounce, $10. *Skin Life Deep Moisture Alcohol Free Freshener* has a slightly minty fragrance, removes last traces of make-up cleansers and—no alcohol means nondrying. 4 ounces, $6. *Skin Life Deep Moisture Night Care Concentrate* is a solid, translucent, pink balm with extra-rich emollients for overnight moisturizing. 1 ounce, $10. Both the Day and Night Care Concentrates contain "GAM"—Skin Life's special moisture-protection ingredient. At Bergdorf Goodman; Carson Pirie Scott; Bullock's.

HALSTON . . . A fresh, lively, very sophisticated, slightly Oriental fragrance from one of America's top designers of beautiful clothes. Like his clothes, *Halston* in perfume and cologne is a knockout. Its crystal bottle is shaped like an asymmetrical teardrop and was designed by his friend Elsa Peretti who designs jewelry with sleek, sculptured forms. Halston, 1 ounce, $60; 2 ounces, $100, perfume spray, $15; spray cologne, $10; cologne, $9. At Bergdorf Goodman New York and White Plains; Bloomingdale's.

CLINIQUE . . . To help hold your hair—*Non-Aerosol Hairspray* that's allergy tested and fragrance free as well. Important—safe to carry in your luggage. The pump is equipped with leakproof traveling cap. 8 ounces, $5.

ETHEREA . . . Consider the effects you can get from blending complementary colors for your eye make-up—like a deep brown on the lid and a soft rose near your lashes. Soft. Attractive. Or try a pale green with a lemony yellow. It's what *Dual Pan Moisturizing Eyeshadow Powder* is about. Two individual shades that can be worn alone or together in interchangeable shadings on the eye. Eight combinations to choose from. $6.50 each. At Bloomingdale's; Marshall Field; Burdine's. ■


# Discover The Latest in Decorating Ideas




# How to decorate for today's natural mood

The Spring-Summer 1975 edition of House & Garden Decorating Guide includes lots of wonderful, easy ideas to improve the rooms in your house. Included are a new look in Early American, ingenious storage designs, ideas on how to make look-alike spaces reflect your taste and lifestyle. Product reports keep you in touch with the latest designs for traditional and modern rooms.

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### A great American idea

# National Museum of Design, Cooper-Hewitt Collection

By Kenneth Bates



*Andrew Carnegie Mansion, new home of the Cooper-Hewitt Collection*

By a happy small miracle of timing, the National Museum of Design, Cooper-Hewitt Collection, will be celebrating its 123rd birthday in 1976, the Bicentennial year, in a new home. The Museum has always been a unique institution, famous not only for the incredible scope of its possessions, but also for its pragmatism. It is a *working* museum devoted entirely to the fields of decorative arts and design, and a source of almost infinite reference to anyone, lay or professional, interested in, or working in, those fields. "Incredible scope" is not at all an exaggerated term for the Cooper-Hewitt collections, which, to quote Lisa Taylor, the Museum's director, "encompass objects from all parts of the world and from every historical period over a span of three thousand years—drawings, prints, wallpapers, textiles, ceramics, glass, furniture, metalwork, woodwork, jewelry and every conceivable [illegible] sign. The Museum's library and picture archive of over [illegible] million items have [illegible] America [illegible] interior design.)

[illegible] leading philanthropist of [illegible] Museum of Science and Art—to this day, a model of its kind. In it was to be a museum of "art, science, and nature." Space was provided for it, but funds ran out and not until 1897 (funds were up again) did the plan come to fruition when Cooper's three granddaughters, Sarah, Eleanor, and Amy Hewitt, opened the Cooper Union Museum for the Art of Decoration.

By this time, New York had acquired both an art museum and a natural history museum, leaving the Hewitts free to indulge their own tastes and interests. Admirers of the decorative art collections in the South Kensington Museum (now the Victoria and Albert) in London and the Musée des Arts Décoratifs in Paris, they believed a similar collection serving the designer, the artisan, and the student would be useful in raising the standards of design in this country. It did, and has never stopped doing so. But museums have their financial ups and downs, and in 1963 the Cooper Union was almost discontinued—but not quite. Through the intervention of the American Association of Museums, the collections were entrusted to the Smithsonian Institution, and in 1968, the transfer was completed. In 1972, the Carnegie Corporation deeded to the Smithsonian the Andrew Carnegie Mansion, an adjoining town house and gardens, as a new home for the Museum.

The site stretches a New York City block on Fifth Avenue between Ninetieth and Ninety-first Streets; the buildings are admirably suited (or will be) to showing everyday objects in human scale. The mansion itself, built in 1901 in neo-Georgian style, had sixty-four rooms on six floors. Although huge by today's standards, "it was never an imperial house," says Ada Louise Huxtable. "Its chief beauty then and even more now is a handsome substantiality and a spacious garden." Handsome it certainly is, but because of its age and the fact that it was designed as a home, not a museum, certain basic changes are now being made to the interior

*Continued on page 34*





*Two of the antiques in the Museum's collections: Left: Late 18th-century Italian side chair of carved, gessoed and painted wood in the style of Michele Angelo Pergolesi. Below: Block-printed, flocked French wallpaper panels called "Rideau de Satin Blanc" and manufactured by Dufour and Leroy sometime between 1810-1820.*


# The Love Seat

at these fine stores

**CALIFORNIA**
Lafayette . . . . . Aquatech Pools
**CANADA**
**COLORADO**
[illegible]wood . . . . . Casual Furniture LTD.
Lakewood . . . . . Joslins (Villa Italia)
Pueblo . . . . . Joslins
**IDAHO**
**MINNESOTA**
**MONTANA**
**NEVADA**
Las Vegas . . . . . The Backyard
Las Vegas . . . . . Belle Air Pool & Patio
Reno . . . . . Baker's Furniture
Sparks . . . . . Gruner's Furniture
Zephyr Cove . . . . . Dayton's Furniture
**OKLAHOMA**
Oklahoma City . . . . . American Candy Company
**OREGON**
Eugene . . . . . Reed & Cross
Portland . . . . . Fishels
Portland . . . . . Holmans Furniture
**TEXAS**
Athens . . . . . Athens Furniture
Austin . . . . . Capitol Patio & Casual Living
Austin . . . . . Lacks (All Stores)
Bay City . . . . . Lacks (All Stores)
Beeville . . . . . Lacks (All Stores)
Brazosport . . . . . Lacks (All Stores)
Brownsville . . . . . The Patio Shop
Brownwood . . . . . Texas Furniture
Corpus Christi . . . . . Associated Pools
Corpus Christi . . . . . Lacks (All Stores)
Denton . . . . . Town & Country Home Center
El Campo . . . . . Lacks (All Stores)
El Paso . . . . . American Furniture
Falfurrias . . . . . Lacks (All Stores)
Galveston . . . . . Plantowsky's
Harlingen . . . . . The Patio Shop
Kingsville . . . . . Ed Byrnes
McAllen . . . . . J. Edelstein Furniture
McAllen . . . . . The Patio Shop
New Braunfels . . . . . Lacks (All Stores)
Port Lavaca . . . . . Lacks (All Stores)
Pottsboro . . . . . Loes High Port
Robstown . . . . . Lacks (All Stores)
San Antonio . . . . . Associated Pools
San Antonio . . . . . Lacks (All Stores)
San Antonio . . . . . The Patio Shop
Sinton . . . . . Lacks (All Stores)
Temple . . . . . Lacks (All Stores)
Texas City . . . . . Plantowsky's
Victoria . . . . . Lacks (All Stores)
**UTAH**
Murray . . . . . The Broadway (Salt Lake City)
**WASHINGTON**
Chelan . . . . . Rite On Home Furniture
Puyallup . . . . . Linden Fireplace & Patio Shop
Ritzville . . . . . Ritzville Furniture
Seattle . . . . . North Pool & Patio Supply
Spokane . . . . . Liberty Furniture
Yakima . . . . . Rayne's

**See Samsonite's "Body Gloves" patio collection, at these fine stores (additional listings are in our April issue):**
**CALIFORNIA**
Lafayette . . . . . Aquatech Pools
Monterey . . . . . Rudolph Furniture
Watsonville . . . . . California Furniture
**NEVADA**
Las Vegas . . . . . The Backyard
**TEXAS**
Brownwood . . . . . Texas Furniture

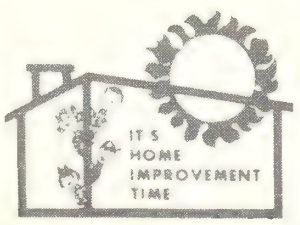
Samsonite

HOUSE & GARDEN

# THERE'S ROOM FOR IMPROVEMENT

Imagine all the wonderful ways you can add on, remodel and make over your home! Paint or panel a room. Open up or reshape your kitchen. Redecorate a bath. Modernize your insulation and wiring. Beautify your lawn and garden. Even restore a house in your community. Discover just the right products and supplies you need to help in your large and small remodeling projects with ideas from House & Garden and the home centers listed below. This month these fine stores will present special House & Garden remodeling activities that offer expert help for your home improvement plans. See page 40 for the nearest home center in your community.

Angels—Arizona, California
Channel Home Centers—New Jersey, Pennsylvania
Edward Hines Lumber—Chicago
Ernst Home Centers—Idaho, Oregon, Washington
Forest City—Illinois, Michigan, Ohio
Grossman's—Northeast, Wisconsin, Minnesota
Handy Dan—Alabama, Colorado, Florida, Hawaii, Iowa, Kansas, Missouri, Nebraska, Nevada, Oklahoma, Texas
J. M. Fields—East coast, New Hampshire to Florida
Lloyd Lumber—New York, Connecticut
Pay'n Save Home Centers—Alaska, Northern California
Republic Lumber—Chicago and suburbs
Scott's Corp.—Maryland, Virginia
Scotty's, Inc.—Florida



# It takes two halves to make a whole-house air conditioning system

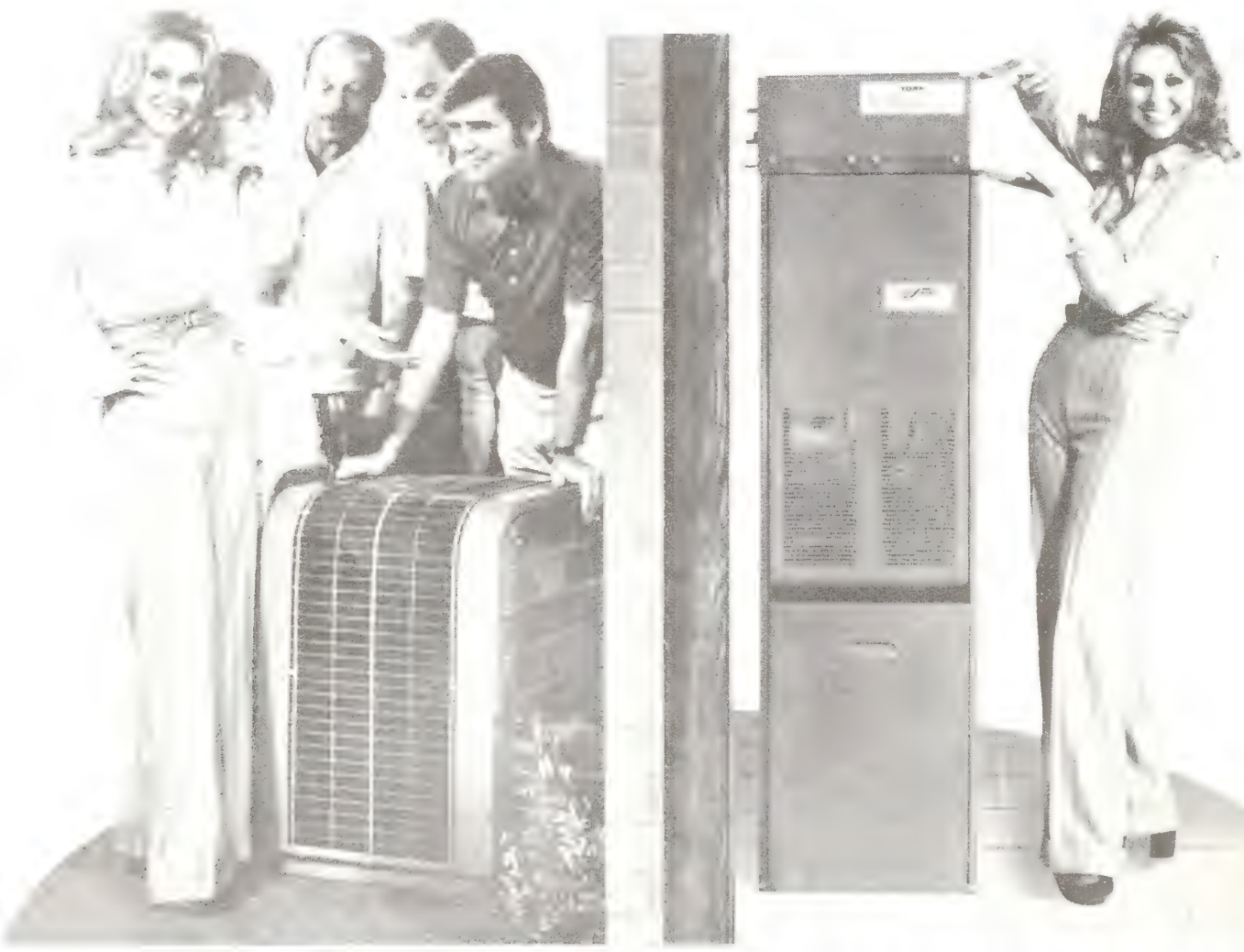
# York tells the whole story!

## The Outside Half that everyone talks about

Most air conditioning ads show you only the outside half of the system. Here's York's all-new Champion IV, built with the four benefits you look for most: quiet, efficient operation, serviceability and reliability. That's a lot to build into a small, compact cabinet. But, York is known the world over for meeting this kind of challenge.

## The Inside Half that only York talks about

Most companies don't say much about the inside cooling coil, the half that actually cools your home's air. Maybe because York's *FlatTop* coil has benefits *no one* else can match. It cuts ordinary coil height in half for easier installation. A patented drain system means no potential pan of standing water, a source of household odors and other problems. It helps extend furnace life, may even save heating fuel.



It takes more than a few words to tell you the complete story about York's advanced new system. After all, it took a century of engineering know-how to create it. So, we've prepared two full-color brochures. They're yours. Free. Because we think you deserve the Whole Story.

YORK BORG-WARNER

Send Coupon to: York Div. of Borg-Warner Corp.
P.O. Box 1592, York, Pa. 17405

Rush me York's whole story.
Call me for free home estimate HG575

NAME _____

ADDRESS _____

CITY _____ COUNTY _____

STATE _____ ZIP _____

# Roofscape® by Bird.
# A beautiful way to raise your property value this year.

These days, your home is one of the best investments around. And one of the best ways to make it grow beautifully is with a new Bird Architect® 70 roofscape.

The value of an Architect 70 roof is tough to beat. Its deep, irregular shadow lines give the richness of wood shake shingles. But it's actually today's heavyweight asphalt. That means it won't rot, warp, or burn like wood. And it will save money in the long run.

Architect 70 offers more than superior resistance to wind, weather, and fire. It helps you improve your landscape, too. We call it Roofscape because its warm, textured earthtones are in harmony with the sky, trees, and terrain . . . blending with everything from formal shrubbery to rugged wilderness.

Your Bird Roofscaper is in the Yellow Pages. Give him a call today for a free estimate. And if you'd like more reasons why "the best dressed homes wear Bird," mail in the coupon.

Bird & Son, Inc. House & Garden May 75
E. Walpole, MA 02032

☐ Enclosed is 50¢. Please send me your 32-page, idea packed booklet, "What You Should Know About Roofing and Siding Before You Build or Remodel."

Name _____

Street _____

City _____ County _____

State _____ Zip ___ Phone _____

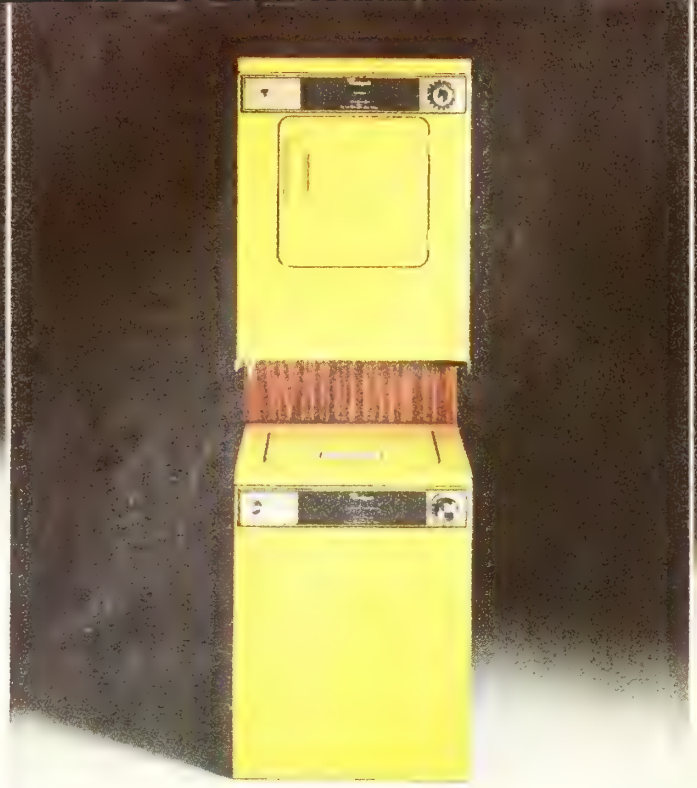
Please send me free basic facts on ☐ Bird Solid Vinyl Siding. ☐ Bird Asphalt Shingles.
I'm thinking of ☐ building. ☐ remodeling.

*In honor of the Bicentennial, Bird is providing a matching grant program to non-profit organizations for restoration projects nationwide.





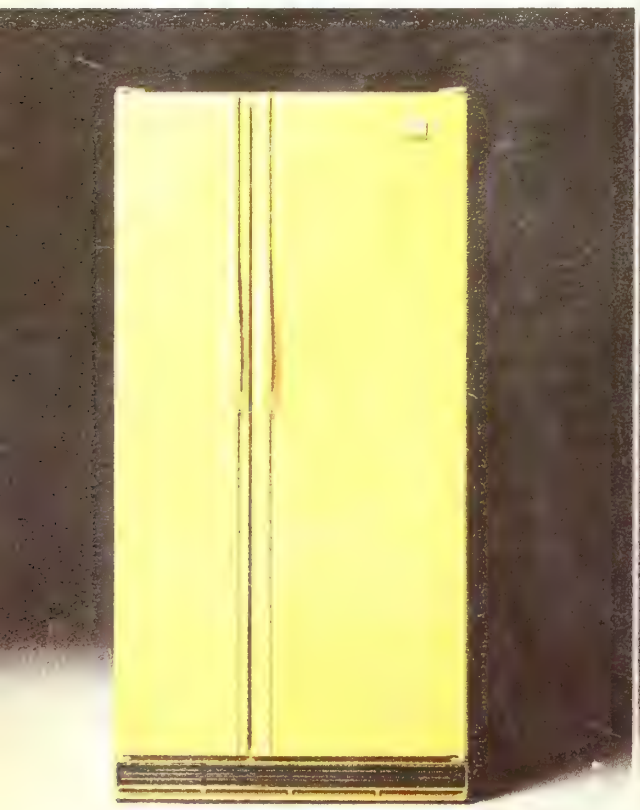
Ranges and Ovens



Compact Laundry Pair



Dishwashers



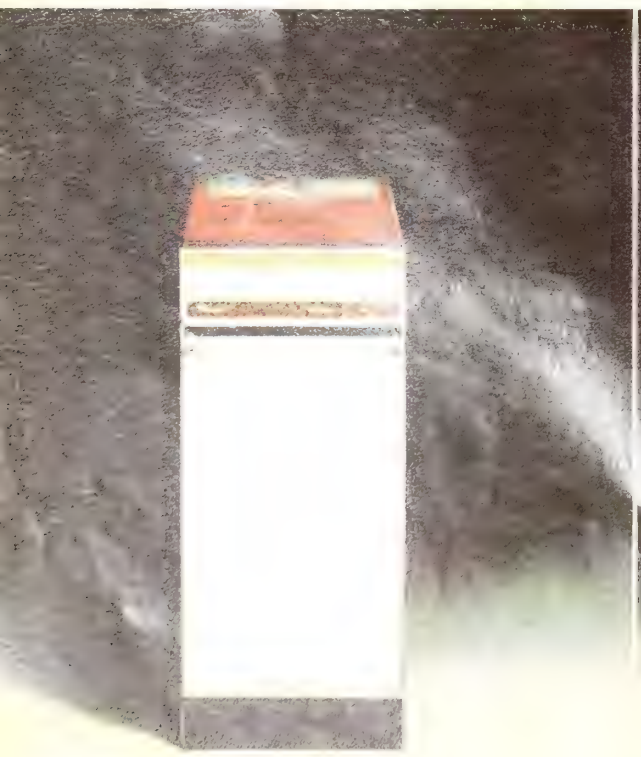
Refrigerators



Freezers



Washers and Dryers



Room Air Conditioners



Disposers

# Whirlpool believes quality can be beautiful.

We've listened to a lot of people in the last 60-odd years. We listened and we learned.

And the most important thing we learned was that the word quality should describe a company as much as it does its product.

In other words, just making good appliances isn't good enough. It takes something extra.

Something like a simplified letter warranty that people can read and understand at a glance.

Or a toll free telephone service that's always there to help.

Or a nationwide service organization people can depend on.

We've done these things and we're doing more. And we're doing them because at Whirlpool we believe a company has to think quality before it can even start to manufacture it.

Quality. It's all we can afford to make. It's all you can afford to buy.

Whirlpool
Home Appliances



# Look for the National Home Improvement Council Member in your community

If you are planning to renovate or improve your home, use a responsible and reliable remodeler who is a member of the National Home Improvement Council. Council members take an active part in their professional associations affiliated with NHIC, striving to offer courteous service, fair prices and quality workmanship. They are pledged to observe a Code of Ethics for your protection.

Your present home represents a big investment—perhaps the largest of your lifetime. Properly maintained and improved for better living, your home is likely to increase in value as time goes on, by more than the cost of the improvements. At the very least, its value will be maintained.

[illegible]sible home improvement contractors are ready to assist you in making prudent decisions commensurate with your income.

[illegible]ook for and do business with members of NHIC where you live. And to help you plan your remodeling work, let us send you a copy of our booklet "How To Start Your Home Improvement Project With The Help of a Reliable Contractor." Send stamped and self addressed envelope to:

National Home Improvement Council, Inc.,
11 E. 44th Street,
New York, New York 10017

# THERE'S ROOM FOR IMPROVEMENT

**HOUSE & GARDEN SAYS: "THERE'S ROOM FOR IMPROVEMENT"** Look for this symbol displayed in the home centers listed below that are offering helpful improvement and remodeling advice during May Home Improvement month.

**ALABAMA**

**BIRMINGHAM**
[illegible]

**HUNTSVILLE**
Handy Dan

**MIDFIELD**
[illegible]

**ALASKA**

**ANCHORAGE**
[illegible]

**FAIRBANKS**
[illegible]

**ARIZONA**

**GLENDALE**
[illegible]

**MESA**
[illegible]

**PHOENIX**
[illegible]

**CALIFORNIA**

**CAMPBELL**
Angels

**CARMICHAEL**
[illegible]

**CITRUS HEIGHTS**
[illegible]

**EL MONTE**
Angels

**FRESNO**
[illegible]

**GARDENA**
[illegible]

**GARDEN GROVE**
[illegible]

**HUNTINGTON BEACH**
[illegible]

**LONG BEACH**
Angels

**MODESTO**
Angels

**NORWALK**
Angels

**POMONA**
Angels

**REDDING**
Pay'n Save Home Center

**RIVERSIDE**
Angels

**SACRAMENTO**
[illegible]

**SAN BERNARDINO**
Angels

**SAN JOSE**
Angels (2)

**SAN LORENZO**
Angels

**SANTA ANA**
[illegible]

**STOCKTON**
[illegible]

**SUNNYVALE**
[illegible]

**WHITTIER**
[illegible]

**WOODLAND HILLS**
Angels

**COLORADO**

**COLORADO SPRINGS**
[illegible]

**DENVER**
[illegible]

**WHEAT RIDGE**
[illegible]

**CONNECTICUT**

**BRANFORD**
[illegible]

**BRISTOL**
[illegible]

**CANAAN**
[illegible]

**DANBURY**
Grossman's

**EAST HARTFORD**
J. M. Fields

**HARTFORD**
Grossman's

**MANCHESTER**
Grossman's

**NEW BRITAIN**
[illegible]

**NEW MILFORD**
Lloyds

**NEWTON**
Lloyds

**NORTH HAVEN**
Grossman's

**ORANGE**
Grossman's

**TORRINGTON**
Grossman's

**WALLINGFORD**
Grossman's

**WATERBURY**
Grossman
Lloyds

**WESTPORT**
Lloyds

**FLORIDA**

**ALTAMONTE SPRINGS**
Scotty's

**AUBURNDALE**
Scotty's

**BRADENTON**
Scotty's

**CRYSTAL RIVER**
Scotty's

**COCOA**
Scotty's

**DADE CITY**
Scotty's

**DAYTONA**
J. M. Fields

**DAYTONA BEACH**
Scotty's

**DELAND**
Scotty's

**DUNEDIN**
Scotty's

**EAU GALLIE**
J. M. Fields

**EUSTIS**
Scotty's

**FT. MYERS**
Scotty's (2)

**FT. PIERCE**
J. M. Fields
Scotty

**FORT WALTON BEACH**
J. M. Fields

**GAINESVILLE**
J. M. Fields
Scotty's

**HAINES CITY**
Scotty's

**HALLANDALE**
J. M. Fields

**HYPOLUXO**
Scotty's

**JACKSONVILLE**
J. M. Fields (4)
Scotty's (3)

**KISSIMMEE**
Scotty's

**LAKE CITY**
Scotty

**LAKELAND**
J. M. Fields
Scotty's (2)

**LARGO**
[illegible]

**LEESBURG**
[illegible]
Scotty

**MARGATE**
[illegible]

**MELBOURNE**
Scotty

**MERRITT ISLAND**
J. M. Fields

**MIAMI**
J. M. Fields (2)

**NEW PORT RICHEY**
Scotty's

**NEW SMYRNA BEACH**
Scotty's

**NORTH PALM BEACH**
J. M. Fields

**OCALA**
J. M. Fields
Scotty's

**OCOEE**
Scotty's

**ORLANDO**
J. M. Fields (2)
Scotty's (2)

**PALATKA**
Scotty's

**PENSACOLA**
J. M. Fields (2)

**PINELLAS PARK**
Scotty's

**PLANT CITY**
Scotty's

**POMPANO BEACH**
J. M. Fields
Scotty's

**PUNTA GORDA**
Scotty's

**RIVERIA BEACH**
Scotty's

**ST. PETERSBURG**
J. M. Fields (2)
Scotty's

**SANFORD**
Scotty's

**SARASOTA**
Scotty's (2)

**SEBRING**
Scotty's

**STUART**
Scotty's

**TALLAHASSEE**
J. M. Fields
Handy Dan
Scotty's

**TAMPA**
J. M. Fields (3)
Scotty's (3)

**TITUSVILLE**
Scotty's

**VENICE**
Scotty's

**VERO BEACH**
Scotty's

**WAUCHULA**
Scotty's

**WEST PALM BEACH**
J. M. Fields

**WINTER HAVEN**
J. M. Fields
Scotty's

**WINTER PARK**
J. M. Fields

**GEORGIA**

**AUGUSTA**
J. M. Fields

**BRUNSWICK**
J. M. Fields

**HAWAII**

**OAHU**
Handy Dan

**IDAHO**

**POCATELLO**
Ernst Home Center

**ILLINOIS**

**ARLINGTON HEIGHTS**
Republic Lumber

**BURBANK**
Forest City

**CHICAGO**
Republic Lumber

*Continued on page 42*

*from the Creative Kilns*
*of* **Pomona Tile**

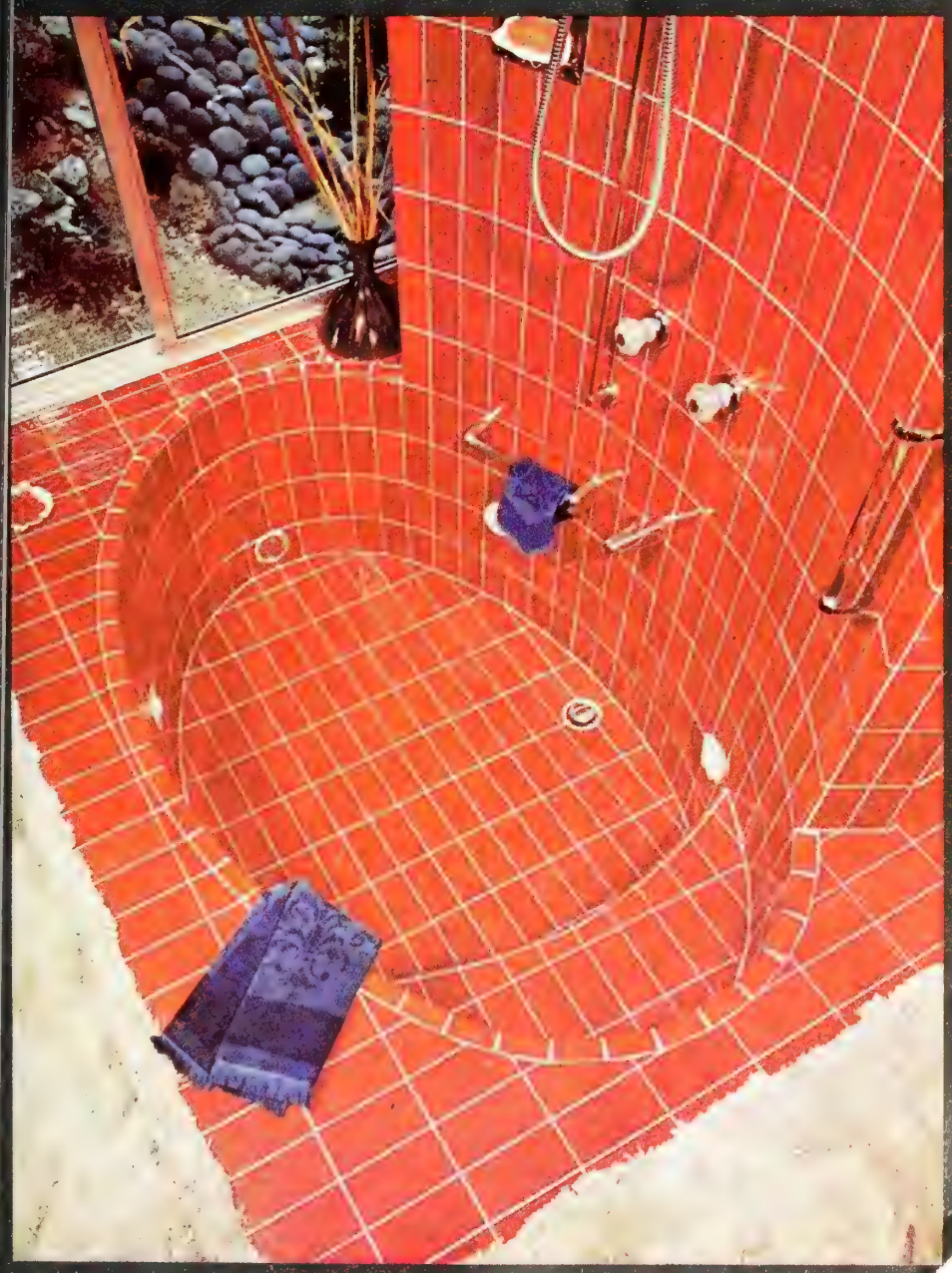
# CARIBBEAN











Discover the sparkling treasure chest of brilliant, gem-like color that is Caribbean tile . . . the splash of inspiration to brighten and accent your own unique applications.

Caribbean's Bright Crackle Glaze is a rippling surface creating walls and vertical areas that stretch the imagination with tropical tone backgrounds.

Caribbean's Crystal Glazes go vertical or horizontal, bringing a sweep of sophisticated color to residential floors or counter tops with deep-hued flair.

And the versatility of Caribbean's 3″ x 6″ shape opens new vistas of multi-colored stripes, patterns and bold innovations for the creative designer.

Caribbean . . . tile with the depth of brilliant color and ever bright carefree

PO

**Pomona Tile**

A DIVISION OF AMERICAN OLEAN

IN OUR 51st YEAR • 22 TILE CENTERS SERVING THE W

# What every family thinking about remodeling should know about Thermador's new cooktops

Since the object of remodeling is to give the kitchen a smart look and a smooth and simple operation, look to Thermador for the finest in innovative, built-in appliances.

The new **Thermador smoothtop,** shown below, has conveniences no other cooktop can offer. The **barbecue grill** doubles as a **griddle** or, with the top closed, as a **warming** surface.

**Four elements** provide any heat from rolling boil to slow simmer. Each has its own "**on**" light to indicate that it's in operation, plus a "**surface hot**" light to warn when a unit is hot even though it is turned off.

**Smooth, seamless** construction blends into your counter top for streamlined beauty. Also available, a new Thermador smoothtop with **five** efficient cooking surfaces.



THERE'S ROOM FOR IMPROVEMENT


*Continued from page 40*

CHICAGO HEIGHTS
Republic Lumber
EVANSTON
EVERGREEN PARK
Hines Lumber
LOMBARD
Forest City
MT. PROSPECT
Forest City
Hines Lumber
NILES
OAK LAWN
Republic Lumber
ST. CHARLES
Hines Lumber
WHEELING
Hines Lumber

## IOWA

DES MOINES
Handy Dan

## KANSAS

OVERLAND PARK

## MAINE

AUGUSTA
Grossman's
BANGOR
BRUNSWICK
EASTPORT
Grossman's
ELLSWORTH
Grossman's
HOULTON
Grossman's
LEWISTON
Grossman's
PORTLAND
PRESQUE ISLE
ROCKLAND
Grossman's
SCARBOROUGH
WATERVILLE
Grossman's

## MARYLAND

BELTSVILLE
Scott's Lumber
DUNDALK
Scott's Lumber
EDGEWATER
Scott's Lumber
GAITHERSBURG
Scott's Lumber
OWINGS MILLS
Scott's Lumber
TOWSON
Scott's Lumber
WALDORF

## MASSACHUSETTS

AUBURN
Grossman's
AYER
Grossman's
BILLERICA
BRAINTREE
Grossman's
BROCKTON
BUZZARDS BAY
CHELMSFORD
J. M. Field
CHELSEA
DANVERS
FALMOUTH
FITCHBURG
Grossman's
FOXBORO
Grossman's
GARDNER
Grossman's
GREENFIELD
Grossman's
HAVERHILL
J. M. Fields
Grossman's
HOLYOKE
J. M. Fields
HYANNIS
Grossman's
INDIAN ORCHARD
Grossman's
MARSHFIELD
Grossman's
MEDFORD
J. M. Fields
NATICK
J. M. Fields
NEW BEDFORD
Grossman's
NORWELL
J. M. Fields
PITTSFIELD
Grossman's
PLYMOUTH
Grossman's
QUINCY
Grossman's
RAYNHAM
Grossman's
SALISBURY
Grossman's
SPRINGFIELD
J. M. Fields
STOUGHTON
Grossman's
SWAMPSCOTT
WELLESLEY
Grossman's
WEST HATFIELD
Grossman's
WEST SPRINGFIELD
Grossman's
WORCESTER
Grossman's

## MICHIGAN

LIVONIA
Forest City
ROSEVILLE
Forest City
SOUTHGATE
Forest City
TROY
Forest City
WESTLAND
Forest City

## MINNESOTA

FARIBAULT
Grossman's
ROCHESTER

## MISSOURI

SPRINGFIELD

## NEBRASKA

BELLEVUE
Handy Dan
OMAHA
Handy Dan

## NEVADA

RENO
Handy Dan

## NEW HAMPSHIRE

BEDFORD
CONCORD
KEENE
Grossman's
LACONIA
Grossman's
MANCHESTER
J. M. Fields
Grossman's
NASHUA
Grossman's
NEWINGTON
J. M. Fields
NORTH HAVER
Grossman's
PORTSMOUTH
Grossman's
SALEM
J. M. Fields
Grossman's
SOMERSWORT
Grossman's

## NEW JERSE

BURLINGTON
J. M. Fields
CEDAR GROVE
Channel Lumber
CHERRY HILL
J. M. Fields
CLIFTON
Channel Lumber
Grossman's
DELRAN
J. M. Fields
EAST BRUNSW
Channel Lumber
EMERSON
Channel Lumber
HAZLET
J. M. Fields
JERSEY CITY
J. M. Fields
LIVINGSTON
Channel Lumber
LODI
Channel Lumber
MANTUA
J. M. Fields
MIDDLETON
Channel Lumber
MT. HOLLY
Channel Lumber
NEPTUNE
Channel Lumber
NEWARK
Channel Lumber
PARAMUS
Channel Lumber
Grossman's
PARSIPPANY
Channel Lumber
J. M. Fields
PENNSAUKEN
Grossman's
RAMSEY
Channel Lumber
Grossman's
RANDOLPH
Channel Lumber
RARITAN
Channel Lumber
RIDGEFIELD
Channel Lumber
SAYREWOODS
Channel Lumber
SOUTH PLAINFI
Channel Lumber
SPRINGFIELD
Channel Lumber
STRATFORD
J. M. Fields
TOTOWA
Channel Lumber
VENTNOR
J. M. Fields
WHIPPANY
Channel Lumber
WOODBURY
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## NEW YORK

AMENIA
AMHERST

*Continued on pag*



975 January 975

Satura

AINT Chip's

4

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AFTER 5

18

PICK UP SANDPAPER SCRAPER

2

CLEANUP

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21 — 10.94 / 8 / 87.52 / 6.00 THINNER / 93.52 — 28

AL EXT. 4.88 / 1.06 / 10.94x8

-O-COL

29 30 31

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# THERE'S ROOM FOR IMPROVEMENT

...inued from page 42

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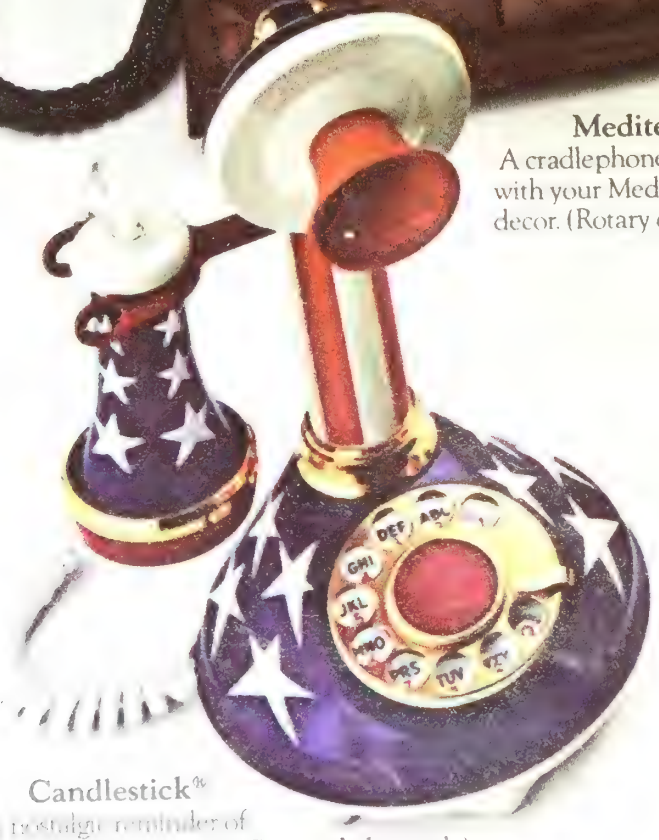




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# 21 remodeling ideas from the experts

*One advantage of remodeling is that it isn't like building a new house: you don't have to start from scratch. Most likely you have a house already and, if you are living in it, you know a good deal about its quirks and attractions, its shortcomings and assets. What you need to learn is how it can be improved to look and live better without spending a lot of money, time, and household energy. This can present you with a multitude of choices. To help you, here is a check list of miscellaneous ideas, suggestions and possibilities. Try them on for size and suitability. And remember, any work you can do yourself in remodeling will reduce labor costs, a major item in the total bill.*

## If you want to enlarge your house

Gaining more living space is a first priority in remodeling. As a general rule it is easier and more economical to add on to an existing house than to double your costs by ripping out and then rebuilding. Often, simply removing the rear or side wall of a living room, family room, or kitchen and extending this area tend to add spaciousness to the whole interior.

1. In an older Texas house, architect Harwood Taylor expanded his living room with a back addition. Making cost-saving use of existing side walls of the house, he tucked the two-story extension between them. Roofed with slanting glass panels that seem to double the space, it created a new interior.

2. At another house a new front wing, by architect Enslie Oglesby, was constructed without disturbing the rest of the house. It added a [illegible] balconied living room and [illegible] entrance amenities.

3. In both these and [illegible] young families have included a [illegible] to expand the [illegible] expand the [illegible] kitchen [illegible] and the [illegible] [illegible] [illegible]

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## REMODELING IDEAS *continued from page 48*

temperature at which you are comfortable in winter is suggested as 70 degrees in daytime with a nighttime setting of 65 degrees. Such measures reduce the operating time of heating-cooling systems and cut fuel costs. Eight percent to 20 percent savings can be made in summer it is claimed and a fuel saving of 3 percent to 5 percent is gained for each degree the temperature is raised (in summer) or lowered (in winter).

### Expanding the interior

7. Spaciousness indoors isn't gained only by adding on new wings to enlarge a house. It may be captured without spending a penny on additions. In modernizing old houses today, architects will knock out the ceiling of a hall, library or living room, or a portion of it, to create soaring, two-story spaces that belie the square footage of the floor areas. This was done in the entrance hall of a traditional house by architects Robinson & Mills and made it possible for them to insert a glass lunette above the front door bringing sunlight into the hall for the first time.

8. Some houses have a lot of rooms but little room. They are cut up into small identical boxes. Eliminating partitions, where practical, may give you not only larger but more useful space. And, if you would like both large *and* small rooms you can hang sliding wall panels on ceiling tracks to divide or unite them as architect Donald Chapell did between his living and sitting room. Or wall slots can be devised to pocket the panels.

9. Skylights, in various sizes, shapes, and locations are a major means today of extending a house beyond its actual confines. Slanting, domed, square, rectangular, they punch holes in house walls and roofs to open the interior to enthralling views of treetops, sky, sun, stars, moon, rain, snow, and storms. They can be used to roof a porch or window bay—or even a tub, shower, or bathroom as architect Robert Whitten has done. Topping a stair, they can flood the house with sunlight. Ceiling high glass panels in interior walls have some of the same ability. They will enlarge rooms beyond their actual dimensions with see-through windows that can borrow space and light from neighboring rooms.

10. Details have much to do w apparent size and scale of roo In older houses fussy trim c nices door and window fram dados, heavy handed firepla treatments overwhelm and minish many rooms. Stripping curved moldings, over-sized do and window casings make a roo simpler and larger in a conte porary way. And if doorway lint can be cut so doors reach to t ceiling there is a continuous pla between rooms and one enlarg the other.

11. Remodeling the interior wi paint is undoubtedly the least e pensive way to do it. Numero architects, having yanked off spac cluttering trim, have painte broad bands of primary colo around doors and windows widen and heighten them visuall or have applied graphic designs i bold color to imply architectur detail as architect Charles Moor does. Stair rails and chair rails ca be indicated just with the broa sweep of a brush and even mantel have been frankly faked in trompe l'oeil fashion. None of this steal wall or floor space to be sure.

### Today's lighting magic

No feature of the house ha changed more radically than light ing. Rooms used to be lighte principally by decorative lamps which were part of the furnishing plus kitchen, bathroom and gen eral lighting. Today, lighting i more fluid, more a part of th house structure but not concealed as it used to be. It can effect dra matic changes in remodeling a house. And a variety of light dim mers are available not only to vary moods but to reduce energy ex penditure as well.

12. Widely popular in moderniza tion are ceiling track lights, meta channels recessed or mounted o the ceiling with portable spotlight plugged into them. The lights ca be located or moved to any loca tion on the track and rotated i any direction to light bookshelves walls, paintings, sculpture, dining table, kitchen counters.

13. Charles Moore employed low level lighting, using rows of frank ly exposed incandescent bulbs i strips, across slanting ceilings in a

*Continued on page 5*



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and floor in place you add walls, windows, and roof. If you have a center patio or courtyard surrounded by the house you can gain a whole atrium room by roofing it with glass: no building of walls required because they are already in place. This kind of protected center court can reduce the cost and expenditure of energy for heating the house.

## Can you have a garden room?

19. The "sun porches" at the sides or backs of many suburban houses of the 1920s and 30s lend themselves to garden room conversion. Many have masonry floors and you can add fixed glass, floor-to-ceiling panels and sliding glass doors to replace the existing wood balustrades and meager glass sash. Architect Walter Ramberg has done this in Washington. Screened porches and breezeways, connecting house and garage, are also likely areas to enclose as glass garden rooms for plants and sun extra living space. Heat retarda glass, or special sun control fi applied to the glass, can be us to reduce heat loss or gain a conserve energy used in heati and cooling.

20. In one vintage house, remo eled by architect Philip Hende son, a ready-made greenhouse w installed to connect the livi room and a newly added mast bedroom wing; it is delightf space to saunter through or wo in. In a colder climate, a sto greenhouse was also used to li kitchen and garage as a garde room.

21. In two remodeled houses, o a spectacular town house, t other a converted commercial g rage, architect Paul Rudolph re placed the whole rear living roo wall with glass panels enclosing sky high greenhouse. Spotlight mirrored rear walls and soarin plants create fabulous back drop for the living rooms. ■

REMODELING IDEAS *continued from page 50*

Maryland house. He also encased fluorescent tubes in boxed coffered rafters.

14. In redoing several New York apartments, architect Paul Rudolph ringed the ceilings with exposed light bulbs in inexpensive hardware store fittings. Exposed bulbs were also hung on cords above walls and windows to wash them with light. Special wall washer ceiling fixtures, recessed cylinders or movable spotlights are widely used for this purpose in contemporary work. Cylindrical ceiling downlights are used for general light.

15. In remodeling an apartment into one all purpose area, architect [illegible] and Schiff used [illegible] down to the ceiling; they [illegible] especially designed [illegible] sofa areas. This provided [illegible] and the ceilings [illegible] straight and curved patterns.

## Remodeling by subtraction

[illegible] levels, stripping [illegible] eliminating excessive detail helps in gaining more livable rather than larger space. It has been a major occupation of do-it-yourselfers for some time. And face lifting improvement to enhance the appearance of an aging house is frequently a matter of subtracting porches that darken rooms together with florid cornices and other extraneous trim requiring costly upkeep.

## Outdoor terraces and patios are great space expanders

17. Open terraces and decks, on the same floor level as inside rooms, and linked to them by glass doors, seem to increase room sizes enormously year round. They eliminate the costs of building walls or roofs, and can double actual living space in clement weather. This is certainly the economical way to add new living space. Many vacation houses have doubled their floor areas with outdoor decks. Architect Marcel Breuer's own house is one.

An existing paved terrace adjoining the house also offers an opportunity for adding more room space. With terrace foundation







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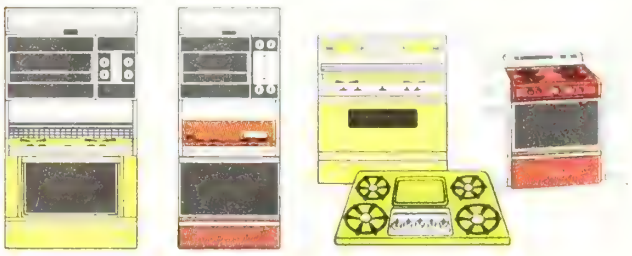
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A GARDENER SPEAKS HIS MIND

# Are you on to the great garden-season stretchers coldframes and hotbeds?

By William B. Ha

This may seem like a strange time to write of coldframes, used so intensively in early spring, but it seemed wise to spare those interested in such things the difficulties I encountered years ago when I read of coldframes and their wonders one January and forthwith built one to use that spring. Getting it into ground that's sticky in March, finding the earth inside the frame impossible to work because it was frozen solid below a 4-inch semi-ooze on top, and trying to protect the sash from that month's winds (one broke beyond repair) are unpleasant happenings to those who dream of gardens in wintertime—possibilities that article I read failed to mention. And when my coldframe was in working order, I found I had only the foggiest notion of how to put it to work. Nothing in any of my books was explicit. But that's the way it is with so much of gardening. The writer points, and if you stumble moving in his direction, try to take heart in remembering that he spent time falling on his face, too.

A coldframe or hotbed—the latter is merely a heated coldframe—stretches the growing season markedly. At least a month in Litchfield, sometimes six weeks, can be tacked on the beginning of spring, and about that much can be added in the fall. Hotbeds will double that. Hotbeds can be used all winter. Any device, reasonably priced, that can add that much time to the growing season is worth having, but few people do. And this is the more surprising, since so many gardeners do so much wishing for a small greenhouse. That is what a coldframe is—a greenhouse without heat. Besides providing invaluable experience for managing the greenhouse when it arrives, a few square feet of coldframe area (which will be difficult not to turn into a hotbed when it is being built) will supply both vegetable and flower garden with more plants than most people can possibly use, plus a splendid supply of early vegetables. Just one 3 by 6 foot coldframe, even at today's prices, will more than pay fo self, if used only to root b (tulips, daffodils, hyacinth) winter flowers. Moreover, an and perennial plants that can found in any catalogue or at garden center can be grown f seed. And this can be done jus well in a frame as in a greenhou which can cost close to $1,000 the time it is working.

Frames have some disadv tages when compared to gre houses. You work on your kn or stoop, which may be good the figure, but I haven't liked th positions since I was thirty-fi Frames require more attent than a well-equipped greenhou They must be ventilated when sun is high and securely cove on very cold nights. But if you successful managing one, the sm disadvantages don't really coun it puts you in the business of g dening earlier than ever before.

Gardening literature genera recommends making coldframes feet wide and 6 feet long, the ba 4 to 12 inches higher than the fr to get maximum sunlight from t glazed sash that covers it. This si was taken from nursery practi because sash to fit could be boug from nearly any building-supp house. Today nurseries have giv up their extensive frameyards f what are called polyhouses—stru tures with curved roofs over whi polyethylene film is stretched a where work can go on regardl of the weather. Polyhouses co in small sizes, but they look awf in any landscape—neighbors well as the local planning comm sion will object. Actually, a fra can be hammered out of a coup of old boxes to fit any sash y happen to have at hand. It is be to knock the glass out and regla it with polyfilm. Fiberglass is mo permanent, but more expensiv My frames were the tradition size. I could push the heavy sa back and forth to ventilate the but taking the sash on and o which must be done as spri lengthens, was not a one-man j

*Continued on page*

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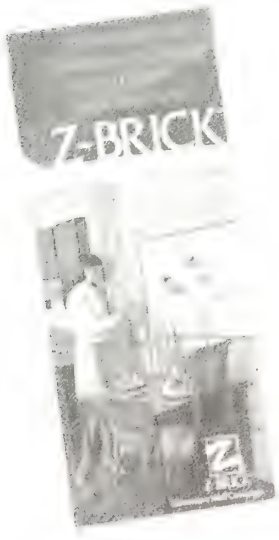
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**"A few square feet of coldframe area will supply both vegetable and flower garden with more plants than most people can possibly use, plus a splendid supply of early vegetables"**

## COLDFRAMES *continued from page 54*

and my helper never arrived at the right time.

Only about a year ago I met a somewhat elderly spinster who lived alone and who was a superb and ingenious gardener. She grew almost every plant in her lovely garden: vegetables, annuals, including many I'd never seen. She had a small greenhouse and coldframes. Her only help was part time, one day a week. The frames, which she had had for years, were 3-foot squares, three of them side by side, covered with 3-foot sash. They were glazed with glass. She had cut them down to her size. I could have kicked myself for not having thought of it.

Here are some of the points to consider in constructing frames. Advice in most books is to use masonry because "it lasts longer, even though somewhat more expensive." "Somewhat" is an understatement. Also, masonry has an undesirable degree of immobility—you're stuck if you later want it elsewhere. I'm a dedicated wood-and-Cuprinol fellow for small outdoor structures (redwood or Southern cypress treated with any wood preservative safe to use close to seedlings—creosote is not). Cover the sash with 4-mill plastic film, top and bottom to provide insulation. Provide hooks to keep it from blowing away, but be sure they are loose enough to work easily with the fingers. Face the frame south and provide protection at the back, but leave enough space to work it from the back—24 to 30 inches is usually enough. If you are unsure, measure the width of your stoop, and *you* figure out how to do that. A thermometer inside placed where it can be read easily is helpful. The kind that measures highs and lows (they are reset daily with a small magnet) provides the best temperature information. The earth inside should be deeply prepared and sharp for drainage and raised about 2 inches above the outside level. Set the frame itself 2 inches below the surface. In the late fall (and early spring) heap up soil around the frame and nearly to the top to keep out deep frost. You will also need mats (old burlap, rugs, etc.) to cover the sash in such weather. Hold it down with a worn-out tire casing, which costs nothing.

Managing a frame well—from controlling temperature to planting and watering—comes only from practice. With outside temperature 15 degrees on a clear spring day, air inside can quickly reach 90 degrees. As plants need sunlight but not the superheated air, the sash must be pulled forward a few inches to let out the hot air and propped up in back with a block or two of wood. If windy, the temperature can drop too much. Also, scudding clouds turn the heat on and off, which further complicates things. You may feel like a novice baby-sitter, tempted to coddle every change, but you'll rather soon find yourself expert at judging the temperature inside the frame by watching changes in the weather from the window. If it is consolation, remember that you would go through such routine managing a manually operated greenhouse. That kind of greenhouse is hard to leave unattended. With the frame, throw a couple of pine boughs on the sash and go away for the day—the sun's rays that promote plant growth get through, but the heat doesn't.

I have no experience managing a hotbed, but those who do say the discomfort of tending them in winter is far outweighed by the lettuce, spinach, radishes, and other greens harvested in all but the iciest weather. In the far north tender perennials and hybrid tea roses are wintered in them, too. Hotbeds of course, become coldframes as the season advances. If I were building another coldframe, I would bury a heating cable about 7 inches, the wire laid in loops about 6 inches apart, to use on a bitter cold night just to make me feel safe. So there you are. We start with a coldframe and before you can turn around, we have built a hotbed, and maybe you will, too.

Watering plants in a frame is like watering plants anywhere. As noted so many times before, watering is one of the few arts in gardening—art in the dictionary sense: skill in performance acquired by experience (it's not a fine art). Those who can't water plants successfully in a sunny window should stay away from

*Continued on page 58*

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frames. All the following amounts to is a bit of guidance. Soak the soil thoroughly two days before planting. Then test it in the hand; if a fistful crumbles at once after being squeezed, it is too dry; it should crumble slightly. It needs to be nicely damp for very fine seed, like petunia, which should not be covered but just pressed into the row. If water is needed before it sprouts, be careful not to wash the seed. Later water the sprouted plants thoroughly (soak) each time moisture is needed. Never water a frame you are not going to open. On a sunny day a frame can be watered as late as 2 PM, never after 10 AM on a clouded one, because water must dry off the seedlings before the frame is closed or they will damp off (be attacked by a fungus that decimates them in a few hours). Use a watering can with a very fine rose spray, few people can handle water in a hose competently. Watch the back of the frame carefully—it gets more light and air circulation than the front. A propagator I know says watering is very easy; it only takes a little practice with eyes and mind wide open.

As noted, it is impossible to provide detailed instructions for growing each of the hundreds of kinds of plants that can be started in a frame—cold or hot. Seeds are sown in rows or small pans (squat clay pots). They all require thinning. The remainder are transplanted directly to the garden after frost or into peat pots—and some can be left to mature in the frame. No matter how many frames you have, the space available for plants will be very small, so the objective is to produce a few plants of as many kinds as possible. Very early crops of leaf lettuce, radishes, beets, carrots, and spinach for the table are grown in the frame, in succession until the garden starts to produce. If you plant onions (sets or seed) be sure the soil is heavily fertilized; pull scallions to thin them, the remainder will supply mature onions long before they are ready outdoors. Six cloves of garlic, also planted in rich soil very early, should produce six large heads right in the frame before the first fall frost. One tomato plant left in the frame will make a handsome early crop—and your best and earliest cucumbers and squash will come from one or two seedlings left in the frame to mature (they sprawl right out of it). This also applies to eggplant, beets, and carrots. You get respectable amounts from the frame before the garden. And at the same time small spaces left for annuals and perennials will grow all the transplants one needs for the borders.

The basic idea of frame management is to use the restricted growing area as intensively as possible. It is not hard to do. Rows are much closer together than in the garden—instead of 12 to 18 inches apart, 5 or 6 inches is enough; also, you can "double-row" by sowing two lines of seed a half-inch apart in the row, which almost doubles production of such vegetables as radishes, beets, and carrots. You can get up to 36 feet of row space in 18 square feet of frame; 54 feet in 27 square feet. That is a lot of space for seed.

Frames, of course, save money, but that is not their only value. In these days of "instant plants" bought from garden centers or mail-order nurseries, today's gardeners seem to be missing one of gardening's great rewards—the satisfaction of growing a plant to maturity from seed or a cutting. Those who can do this *are* gardeners. It's that simple.

Up to this point we have discussed growing in frames but have said nothing of the garden itself or have attempted to answer that old and perplexing question: At what time in the spring is it wise to plant seeds and tender plants outside? At *no* time is the safe answer; wait until summer starts. But played that way gardening would be little fun and give Northerners very short seasons. Nature, though just as plagued by frost as we are, puts out some signals as she gets on with the business of spring that are useful to poor humans. Years ago I read a tiny book published in 1912 that had this advice: When plums and peaches start to bloom, temperature in the shade is 45 degrees. At that temperature many vegetables start to germinate (radishes, lettuce, carrots, beets). When apples blossom, temperatures in the shade will have reached 60 degrees, right for corn, beans, cucumbers, and most of the annuals. And when apple blossoms fall, it is time to put out tender plants. In each instance, ground temperatures in direct sunlight are warmer. But if the bees aren't out, the air and ground may be colder than you think, so wait a while. Except for July 4, 1911 when a light frost in Litchfield clobbered most tender plants these signals have worked well. ■



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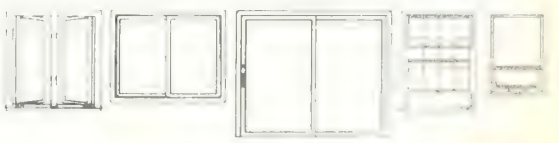
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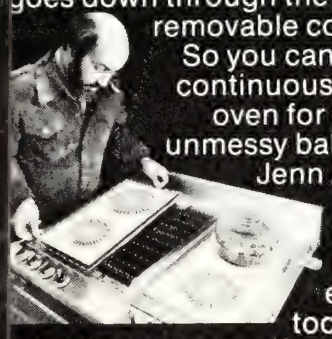

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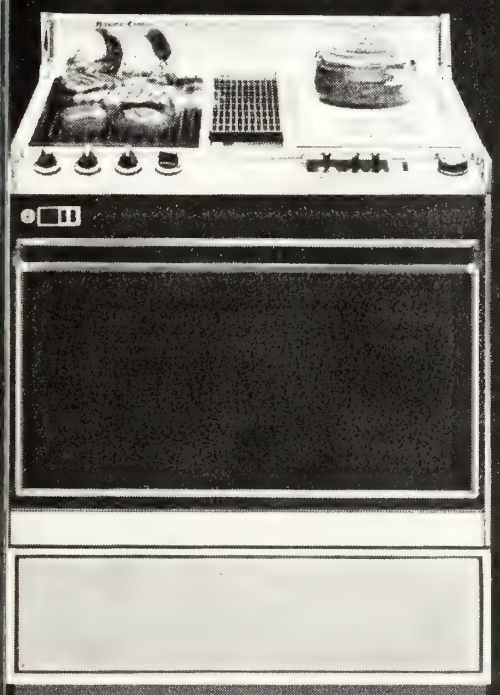
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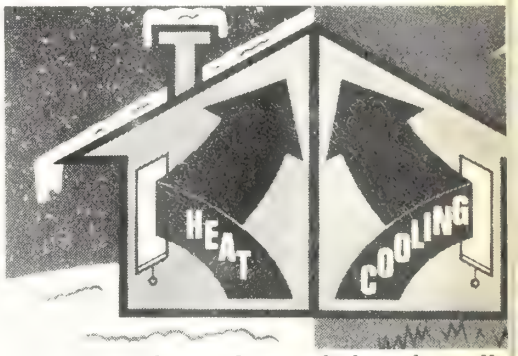
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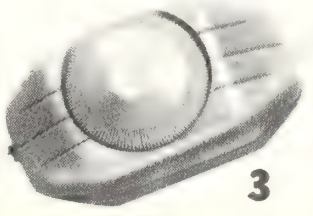
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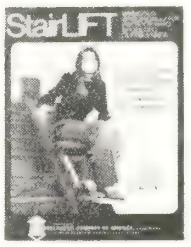
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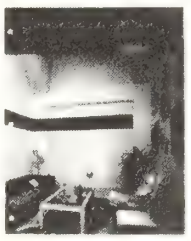
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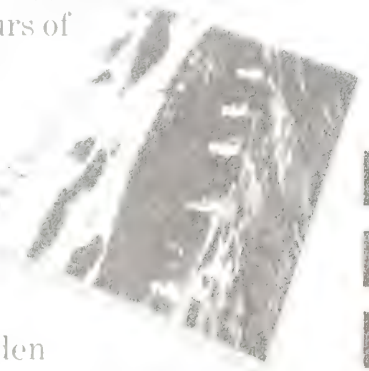
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# seaports, houses, and New England cooking

By Nancy Richardson McCarthy

New England has looked after its past, preserving carefully its anecdotes and architecture; its recipes, literature, and low-profile tone of life. Much of this history has to do with the Atlantic, with whaling, shipbuilding, and summer resorts. With this in mind I decided to follow the coast and enjoy what New England offers so abundantly there—the mixture of history, architecture, and ports with comfort, good food, and a quantity of ideas for houses and gardens to take home and use.

Boston has long been the center of what's considered the spirit of New England. Today, as well as supplying ample adventure within its own boundaries, it makes a good starting point from which to go either north or south exploring the ports and villages just off the major highways that link all of New England from New York to Canada. There is so much to see that I found it easier to make the journey in small sections.

Taking the North Shore of Boston as the road serves it up, you will come first to a trio of early New England settlements—Marblehead, Salem, Beverly—strong in the 17th and 18th centuries and totally involved with the sea. It was Salem that drew me, with a history that included Nathaniel Hawthorne as a narrator and promised clues to our Puritan past and its witch hunts. Salem is easily a day's worth of fun, but even settling for lunch and a browse through some houses is a treat. Some stand-up reading from brochures at the book-gift shop at the Salem Maritime Museum, the old Customs House, will remind one that Hawthorne did not live in the House of Seven Gables several blocks away, but that Susan Ingersoll did and was the cousin who first interested Hawthorne in all the stories associated with the house. Hawthorne himself worked for several years in the Customs House and in his introduction to *The Scarlet Letter* he describes almost as one would for a visitor to Salem both the appeal and the handicap of his birthplace. By 1850 it had already passed into a period of contented insignificance. Boston had long been the state seat, and Salem's harbor was considered too shallow for the larger vessels being built. "It would be quite as reasonable to form an attachment to a disarranged checkerboard," says Hawthorne of his ties to Salem. But what contented Hawthorne about Salem is easily seen just outside the Customs House. Next to it stand two handsome captain's houses built in the 1760s by ships' carpenters who made rooms look like ships' cabins. One house is brick, one is clapboard. Both look out over the harbor. There's a vegetable patch behind, tall sunflowers, some corn, other flowers, and, the day I was there, a lot of ducks. Just down the street is an antiques shop housed in a restored store that originally sold goods imported when Salem was trading with the West Indies. The House of Seven Gables is a century older than the captain's houses, though it had been added on to and stripped back several times before Hawthorne knew Susan Ingersoll. It has a secret staircase and other very steep ones. Some rooms are tiny and some ceilings low. The main rooms are larger, dignified but homy. The tour guide gives a good definition of gables—those architectural juts that extend from the main ridge pole of the house, come to a peak, and have a window.

There was absolutely not a trace of a witch to be found the day I was in Salem, which was also what Judge Jonathan Corwin concluded in 1692, after nineteen people suspected of witchcraft had been hanged. The so-called Witch House, actually Judge Corwin's own house, is early 17th century and looks like an Elizabethan house in wood with casement windows and a steep pitched roof. Another of Salem's well-known residents was Samuel McIntire, the man responsible for many handsome examples of Neoclassic, Federal houses built early in the 19th century when Salem's foreign trade filled these houses with

*Continued on page 66*



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**"In the midst of the Strawbery Banke restoration is a small craft community making things to sell visitors. One craftsman, a Windsor chairmaker, is particularly appealing"**

## GOING PLACES, FINDING THINGS *continued from page 64*

...antiques, furniture, rugs, and paintings. Federal, Essex, Chestnut and Broad Streets are lined with these large houses, which still make for wonderful, comfortable living. The paperback copy of Samuel Eliot Morison's *Maritime History of Massachusetts, 1783-1869* is on sale at the Customs House, as is *The Scarlet Letter*, a $2.50 jigsaw puzzle of the coast of Salem Harbor, and cassette tapes that can guide one on a walking tour. One titled "Literary Salem" is especially good listening. The Daniels House is a tiny tavern restaurant where Mrs. Gill presides over all wanting to know in advance how many you'll be and what you'd like to have—duck, roast beef or fish. In the same vicinity is the Olde Pepper Company on Derby Street, which sells candy made from very old and famous recipes. I tried the Gibralters and the Black Jacks to find out what constituted a treat in the 18th century.

My guide to this section of the North Shore is *Along The Coast of Essex County*, a little green book put out by the Junior League of Boston, with maps, highway directions, snapshots and descriptions of houses. Invaluable for an area where only a few of the houses of interest are open to the public, but many more can be appreciated in walking or driving by with the guide open in one's hand or on the front seat of the car. Send a check for $4.75 made out to "Along the Coast of Essex County" and send it to Along the Coast of Essex County, Box 206, Hamilton, Mass. 01936.

Cape Ann is where Massachusetts curves out into the Atlantic before the land bends back and reaches up to the New Hampshire border. There, Gloucester and Rockport started out as fishing villages. Today, as summer colonies, they continue to add chapters to their history. Close to Gloucester is an area called Bass Rocks, an open piece of coast where there are lots of hotels, motels, and big gabled houses sticking up out of rocky foundations. The beauty at times is austere, and specific to the Atlantic coast, a beauty graven in the minds of people like Louisa May Alcott and Rudyard Kipling, who came here summer after summer. Go to sleep to the sounds of waves on the rocks or fog horns. And get up, as I did, in restless anticipation of seeing a house I'd heard of for a long time, Beauport, the summer place of a Boston decorator, Henry Davis Sleeper, who first built a small cottage on Gloucester Harbor in 1904. He kept adding rooms, buying up paneling from around the countryside and furniture and collections of glass and porcelain and pewter from everywhere. The result is a house that looks Gothic on the outside, that strives for whimsy and charm rather than symmetry. Inside, one room grows out of another, forming a handbook of periods of American furniture from before the Revolution to Sleeper's time. *Along the Coast . . .* says that Sleeper had many house parties here and people were thrilled to have invitations—among them Henry James, Noel Coward, Eleanor Roosevelt. Sleeper liked Windsor chairs, shutters used indoors instead of curtains; old door frames and other architectural elements, perhaps used outside somewhere else, but here set indoors for a door or an indoor window over a door. One of his best tricks was to use old outdoor shutters as paneling. Old lanterns hang as chandeliers. Some of the ceilings are vaulted, some rooms are two-story. The house is crammed full of cranberry glass, blue glass, green glass, hooked rugs, and braided rugs. There are guest rooms with a famous person for a theme—Nelson, Franklin, Napoleon, Byron—filled with portraits and letters and other memorabilia connected with that famous character. Special doorknobs and skylights are everywhere as are tiny little lamps for a candle-like glow. Add Chinese wallpapers lacquered over Chinese lacquered furniture; and an octagonal room with red books [illegible] Chinese red tole octagonal tables, amethyst glass, dark plum walls, and [illegible] butter-painted floors & Garden did a story on 1927. *Antiques* did another in March, 1973.

Right up the road is Rockp... unbelievably picturesq... cottagy clapboard hou... with rose bushes growing ov... front doors. Upstairs porches of... private views of the sea. There ... lots of hotels and motels right ... town and within walking distan... of a wharf on a spit of land call... Bearskin Neck, pronounced "B... kin," where there are several go... little places to eat or buy fish. O... called the Sea Shell has 193... drugstore booths and serves go... fresh haddock and baked stuffe... shrimps and clams, among oth... things. Apparently, Rockport ... known for stuffed fish dishes. Th... Galley does a fish chowder al... made from haddock and a marve... ous boiled lobster. Ask for ti... about cooking lobster at hom... One thing to remember, apparen... ly, is not to boil it too long or ... becomes chewy. There's lots ... shopping in Rockport: pretty en... broidered cotton dresses, potter... books on North Shore topics. ... restaurant and inn called the Pe... Leg serves a good Indian pu... ding. About as famous a New Er... gland treat as there is, unless it ... the homemade blueberry pie tha... starts to appear in July.

North of Cape Ann, up th... coast and a bit inland, Ipswich ... Mass., is surrounded by beautifu... farmland. Here, Highway 1-A ... leaves its diet of vegetable stands ... McDonald's, oyster houses, ma... rinas, and marine suppliers an... becomes much more rural. Not s... close to Boston, not primarily ... summer community, this area ha... lots of interesting architecture t... drive by on the way to New ... Hampshire. The Whipple House ... which the Ipswich Historical So... ciety has been showing to the pub... lic since 1899, is one of the chie... attractions in Ipswich. Its typica... 17th-century English architectur... has Tudor and medieval details. ... Ann Leighton's *Early American ... Gardens* (Houghton Mifflin) is on ... sale there and makes a charming ... guide to the garden in front of th... house with its boxed beds sepa... rated by ground clamshell-covered ... paths. It's filled with more than ... sixty plants—medicinal, cosmetic ... and housekeeping, all necessary ... for life then. Big, handsome 3-... story brick Federal houses line the ... main street of Newburyport. The

*Continued on page 179*


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***"The only reasonable course for the United States is to begin a transition to a lifestyle and economy which emphasizes thrift and efficiency. If the country is prudent, it will seize an opportunity for creative change. This challenge can permanently alter our architecture, the design of our cities and the personal lives of each individual...."***

STEWART UDALL
FORMER SECRETARY OF THE INTERIOR
"THE ENERGY BALLOON" (McGRAW-HILL)

Let us not mix up saving with economizing and cutting back. Far from imposing a restriction on life, psychologists tell us it can work to broaden our existence. "By saving, in fact, you can really be adding something to your life, expanding your horizon," confirms Dr. Florence Denmark, Professor of Psychology at the City University, New York. "Saving, in a sense of making more effort to reuse and update what you have, gives a feeling of satisfaction—and deservedly so. You feel good for this reason . . . that you have become very creative. You have made another use for something and that's an important accomplishment. And important in exercising creativity and developing it." Saving has an honored place in our history. In 1776 the word junk was unknown in our vocabulary as a description for unwanted objects. It referred to short lengths of rope. Then, recycling was a way of life. Soap and candles and gunpowder and clothes were made from materials, scraps, and leftovers at hand. Even in more recent times, who doesn't remember a grandmother who kept string, boxes, and wrapping paper for reuse at the appropriate moment? Adds Dr. Denmark: "When you realize that the habit of abandoning things is wasteful because it makes no use of your talents, then you really gain a lot of fun out of saving. It's not a chore or a bore or something you have to struggle with, but a rewarding way of accomplishing things, a joyful experience."

We have planned this issue around the theme of *how to save* time, energy, and money in living today. We begin with a major story on energy saving, page 70. How rewarding to plan a copper-roofed house that runs by the sun! It turns out that this spectacular architectural achievement results in long-term money-saving as well.

Saving old buildings can help you establish a comforting sense of power in shaping your own environment. See how a talented decorator, Charles Mount, took a neglected and forgotten Vermont farm and created a wonderful place for weekends and vacations, page 84. Remodeling, a way of saving what you have and improving it, brought satisfaction to the family on page 80. Look at the breakthrough they made with a thirty-year-old, split-level house. Now it's a light-filled contemporary living space. Then on page 82, see how two pantries have been recycled into a bright, modern kitchen. Page 102 starts a section of party tables for practical entertaining, using natural resources, things at hand, budget menus, and the things you already possess in new ways. A way to enjoy life through more imagination and less spending of time and money.

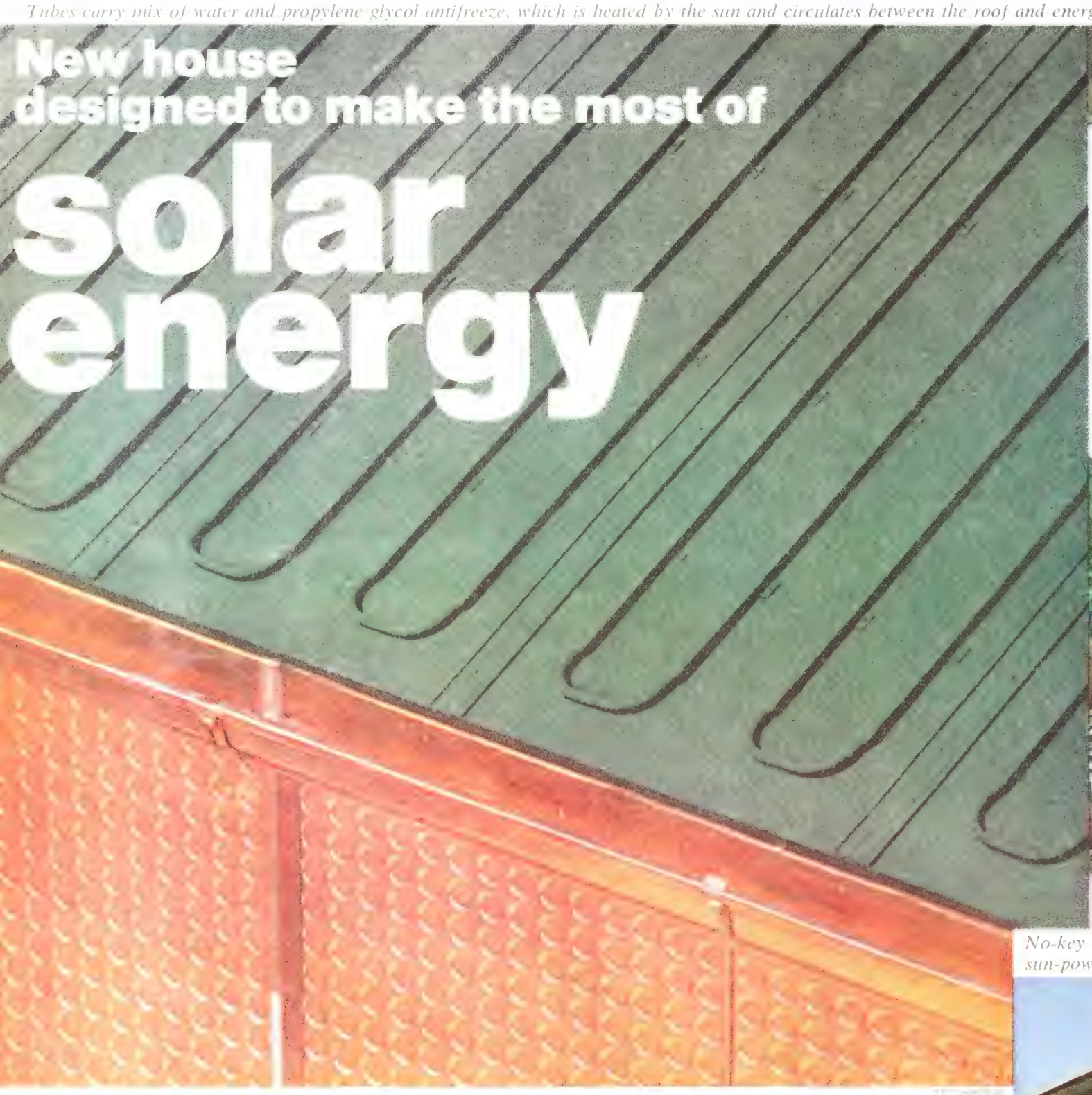
We hope you will think of saving as a new and worthwhile kind of expenditure—of personal resources, that will lead to great personal profit. Of course, all this does not imply an end to conventional spending, but a change in buying, a turning toward quality, investing in things that will last and can be cherished.

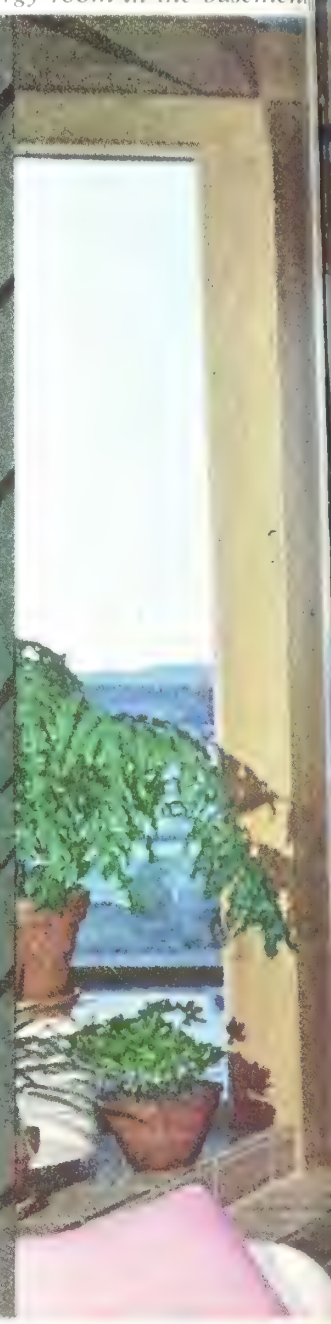
*"When you concentrate on having things around you that last and retain their value," adds Dr. Denmark, "you are contributing to your personal heritage and stability."*



*To capture maximum solar energy for a house 3200 square feet, south-facing roof pitched at a critical 27 degrees. Plywood roof panels, laminated wit thin copper sheeting, painted black, are mounted with a network of rectangular copper tubes.* Below: *Roof without glass covering to show collector tube Tubes carry mix of water and propylene glycol antifreeze, which is heated by the sun and circulates between the roof and energy room in the basemen*

# New house designed to make the most of solar energy





*No-key copper front door locks w sun-powered Schlage security dev*



Today architects and engineers are exploring new sources of energy for houses. Here is an exciting example of a house designed to run by the sun. A spectacular engineering job (the solar energy both heats and cools the house with the same equipment), but it is more than that. Under this cluster of copper peaked roofs are some of the most modern innovations (from wall panels, to insulation, to energy saving appliances) to demonstrate how life can be more comfortable and livable in future. The Decade 80 Solar House is a multicorporation achievement, initiated by the Copper Development Association, Inc. and designed by architect M. Arthur Kotch. Fifteen major companies participated in bringing technological knowledge to the project—Amana Refrigeration, American Standard, Arkla Industries, Burlington Industries, California Redwood Association, Cascade Industries, ITT Bell & Gossett, Jenn-Air Corporation, The Maytag Company, Owens-Corning Fiberglas Corporation, PPG Industries, Schlage Lock Company, 3M Company, Tile Council of America, U.S. Plywood, Division of Champion International.

*This house, located in a desert community outside Tucson, Ariz., is planned for family living.* Opposite page: *A copper fireplace shimmers in glass wall, beams span the sky blue ceiling in the living room. New copper cubes and table designed by Ving Smith, who with his wife decorated the interior of the house. Flexible, leather-covered couch by Stendig and silk furniture throughout from Burlington House. Cream-colored nylon carpet by Lees. Plants here and throughout house from Rainforest Gardens, Tucson.* *For shopping information, see page 173.*

FIRST

*Looking into living room, brass-framed window wall wi*
*PPG Solarbronze glass, to cut glare and prevent heat lo*





Left: *Exciting new build material for exterior wa U.S. Plywood's Sanspra covered with stone aggr comes in panels, easy to*

*Above: Only one slit, recessed window on the sun side of the house. This lack of glass, plus reflective copper doors, which are fully insulated, assures minimum heat intervention in the desert climate where midday temperatures can reach a blistering 120 degrees.*

*ght birch-ply paneling for long living room wall by U.S. Plywood. ntporest" sideboard. "Regency" stainless flatware from Denby.*

*At windows in red den and throughout house are insulated Owens-Corning Fiberglas curtains.*

*In north-facing living dining room, HO one wall shimmers with brass paneling, which creates a sunshine glow. Spanish dining table and upholstered chairs with nailhead trim by Burlington House. Paintings from America West and Karl Mann galleries. Ceramic floor tiles throughout from Tile Council of America.*

TED HARDIN



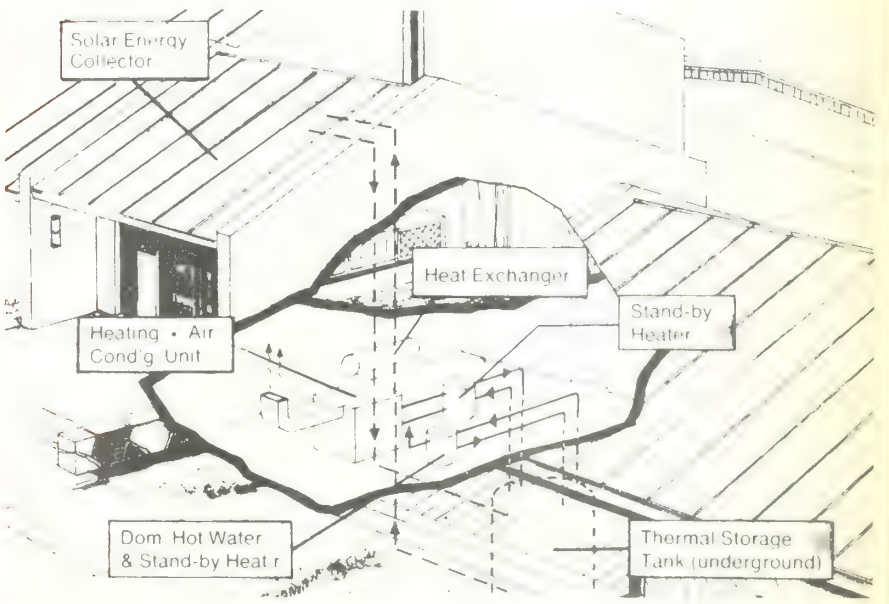
# NEW SOLAR ENERGY HOUSE
# heated and cooled by sun power drawn from a copper roof

Solar energy is used to air-condition as well as heat the interior spaces. "It was a special challenge to the engineers," explains Copper Development Association's Paul Anderson. "It is all done with solar power, a minimum of pumps, and an understanding of thermal dynamics." The same ducts are used for hot water pipes (which are fanned to produce warm air to heat the house) or to deliver the cool air blown through the ducts from the control room. A simple switch mechanism changes the system from heating to cooling as required. Vents distribute temperature-regulated air to all the rooms. "We can guarantee the solar system will provide almost 100 percent of heating necessary in this part of the country and about 75 percent of air conditioning. After a period of overcast days we may have to assist the cooling with standby equipment. This solar system will not need any more maintenance than the usual heating and cooling system. And of course it makes good economic sense, pays for itself in a matter of ten years." For shopping information, please see page 173.



*The exhanger transfers heat from roof to tank.*

Left: *The same copper-laminated roof panels are on both sides of the house. On the south side, they are painted black, mounted with copper tubing, covered with glass. (Photographed here without glass to show tubes.)* Below: *Diagram showing solar energy system. A mixture of water and propylene glycol flows through roof tubes, descends to energy room, where it heats up a loop of water, which is stored in underground thermal tank for heating and cooling. Household water is also heated by this stored energy.*




Right: *Underground thermal tank.*
Below: *Energy room.*





Above: *Southwest feeling in a kitchen packed with housemaking equipment. Glass-topped electric range converts into a grill, comes with various accessories, including rotisserie, shish kebab, griddle, and French fryer. By Jenn-Air. Bananettes covered in Scotchgard-treated fabric by Burlington Sportswear*








Left: *Frost-free refrigerator-freezer reduces electricity use up to 42 percent through doubling insulation. Microwave oven saves up to 75 percent electricity by fast cooking. Both by Amana. Indian baskets, pottery, rugs, weaving in house from Navaho Nation Arts and Crafts Council.*

*For building facts and equipment see page 17*

NEW SOLAR ENERGY HOUSE

# sun locks the front door, turns on security system, runs TV, clock

house is the solar silicon cell unit, anchored, *left*, to one of the roofs. This device provides electrical power, which is stored in batteries in the energy room. (The same equipment is fixed to the outside of space craft to power machinery inside the vehicle.) Electrical wiring runs from the storage batteries to certain outlets in the house, used for low voltage appliances, the TV, clock, radio, intercom, stereo, anything that can run on a battery. The power source is also linked to the security system (invaluable always to be sure of power and never fear a breakdown) and the front door lock. (You merely wave a special card in front of the door.)



Above: *Twin wall ovens, black glass doors, continuous cleaning to save personal energy. By Jenn-Air.*
Below: *Powered by the roof solar cell, intercom radio, handy clock, "Carryette" 9-inch, TV by RCA.*



*Wafer-thin window and door framing, of brass, foam insulation, and metal, prevents heat gain or loss.*
TED HARDIN





*Deck and fencing, both in California redwood, surround the Buster Crabbe pool, by Cascade.*



*Separate heat exchanger to boost pool temperature in cooler months, in Arkla energy room.*



*With separate bath, mini kitchen, and sitting bedroom, cabana offers comfortable private guest space. Cane furniture, Stendig. Painting, Harlan Gallery.*

NEW SOLAR ENERGY HOUSE

# pool temperature controlled by cabana rooftop sun collector





The curving pool outside the back of the house plays its own part in the solar power story. The chlorinated water in it is pumped up to the cabana roof, to be sun-heated, then filtered when it's returned to the pool. Because more heat is needed in early and later months of the year, the cabana roof is pitched at a steeper 45 degrees. It needs no glass to trap heat, because in hot weather water may be pumped up to cool at night, when cool night air affects the collector, assists in cooling off pool during day. This solar energy house is in Arizona but experts say it will work as far north as Canada. Any region with a good number of clear days would be a fit location. U.S. Weather Bureau can supply "insolation" maps to guide anyone interested. Adds the architect: "It's more than an experiment in energy saving. This is a house with a future that's practical for living today."

*Redwood deck,* above, *has glass screens to cut breeze. Weatherproofed "Body Gloves" sling chairs, tables, and ottomans from Samsonite. All the landscaping done with natural desert vegetation by John M. Harlow and Associates.*





*Blue and white master bath. Towels, Burlington Domestics; super-sized tub with brass fittings, American Standard. Light cylinders are copper plumbing tube.*



*Natural landscaping with Arizona copper ore reflects a house using natural resources. Shopping facts, page 173.*



*Master bedroom,* right and below, *with bed curtained in pretty "Batik" sheets from Burlington Domestics.*

# time/energy

## Remodeling and decorating ideas from the experts

SET GOALS. THE PRIMARY ONE IS ENJOY IT! "HAVING FUN COURTS INSPIRATION, SO DON'T GET HARRIED. TA
TIME TO VISUALIZE, THEN BUY FIRST THINGS FIRST—THE BIG THINGS THAT MAKE A DIFFERENCE. SHOP
SECTIONS, ALL THE HARDWARE AT ONCE, FOR INSTANCE. BE ON THE LOOKOUT FOR OPPORTUNITIES—A
KEEP A NOTEBOOK TO WRITE DOWN NEW IDEAS." ALAN LAKEIN, AUTHOR OF "HOW TO GET CONTROL OF YOUR TIME AND YOUR L

Pay the most attention to basics. "If you're starting to do a room and have a small budget, invest in the architecture and lighting. If they're good, everything else will look good as you go along. Think of spots, floodlights, track lights, up lights, dimmers, and plenty of outlets in the right places." LILLIAN MORGAN-SELEY, INTERIOR DESIGNER

**Fluorescent light "uses a third to a quarter of the wattage of incandescent light. And a fluorescent bulb has a lifetime of 15,000 hours (it's about 750 hours for a regular bulb). Use it indirectly, bounce it off the ceiling or mirrors, hide it under shelves, even to wash the floor under a platform bed, or behind valances. The Warm White Deluxe is the same color as a cool white incandescent bulb."**

DOUGLAS KAHN, ARCHITECT

***Bring back good old ideas.*** "Wall-to-wall carpeting is marvelous insulation, and it's superb for creating a clean uncluttered background for contemporary things. To save heat, indoor shutters, Styrofoam-backed canvas for walls, heavy curtains for glass windows and doors, curtained four-poster beds are good looking and warm, too."

MELANIE KAHANE, INTERIOR DESIGNER

***A freestanding wood stove or fireplace is a visual treat*** *"and a good source of heat, easy to add to a house."*

CHARLES MORRIS MOUNT, INTERIOR DESIGNER



## Take off the ceiling

"When possible, I like to enlarge small boxy rooms vertically, by knocking out the ceiling. I was able to make a library two stories high, by giving up a little wasted second-floor hall space."

CHARLES EXLEY, ARCHITECT

**Add windows—or take them away.** "Put more windows on the south side of a house. Or take out some on the north side, to help save energy. If you put just a little thought into it, it's easy to make the sun work for you. For inside, there's a dandy little device called a Draft Dodger, put out by the Sunshine Corp., a soft insulating foam that rolls up like a shade during the day and fastens against the window at night with Velcro."

ROBERT SHANNON, ARCHITECT, PEOPLE/SPACE CO.

**Plan for slipcovers.** "I advise my clients to order furniture with muslin upholstery, and to save their money for really good slipcovers, summer and winter to give the room a different look for each season."

V. B. KOUWENHOVEN, INTERIOR DESIGNER

**Use carpets on the floor, on the walls.** "It warms you psychologically. It helps you feel warmer, so you don't have to turn up the thermostat."

FREMONT FELIX, ENERGY CONSULTANT

**Recycle bits of buildings.** "I gained a sunken garden are with walled terraces by no tearing down the brick base ment of an old house on m property — and it saved m the cost of demolishing it."

BENJAMIN BALDWIN ARCHITECTURAL DESIGNE

**Enclose a little of the out of-doors.** "By adding a roo and a wall of sliding glas doors I converted an oper pavement between a hous and remodeled garage into a picture gallery. The garag is now a family room-guest wing and the gallery links it to the house."

W. IRVING PHILLIPS JR., ARCHITECT

**Use your room more than one way.** "Don't limit it to one function. Make it more efficient, more responsive to your mood. There's no reason a bedroom can't also be a sitting room or an informal dining room or an office, all at the same time."

MELVIN DWORK, INTERIOR DESIGNER

***Let professionals worry for you.*** "Architects a interior designers are trained to anticipate problem Nothing can waste more time, energy, and mon than redoing something you've just done. Do it once but do it right. That's the greatest financial and em tional economy of all." BARBARA BROWN, INTERIOR DESIGN

**Use mirrors.** "They reflect outside light, and spotlights, so you nee lot less light. Remember, the old opera houses made just candles g marvelous light with mirrors and chandeliers and sconces."

RUBEN DE SAAVEDRA, INTERIOR DESIGN

"And if you put them on the inside of the exterior walls, they refl some body heat back into the room, and you'll feel comfortable 55 degrees, or less."

BRUCE ANDERSON, TOTAL ENVIRONMENTAL ACTI

# money saving

**Insulate shutters, for inside the house. "Two-inch-thick Styrofoam costs 20¢ to 35¢ a square foot and can be covered with pretty fabric and hinged to the ceiling or the wall—or just set tight against the windows at night, to be removed in the morning. Cover windows with insulating glass or storm windows that saves a gallon of oil per square foot or 30 kilowatt hours in places like Boston and Cleveland. Over one pane of glass it saves twice as much."** BRUCE ANDERSON, TOTAL ENVIRONMENTAL ACTION

**Control the sun with roof overhangs.** "Place them so they block the high summer sun, and let the lower winter sun in. We'll save 40 percent of energy and water over average use in a demonstration house we're building in Clearwater, Fla., for the U.S. Home Corporation, using these techniques, using energy-efficient appliances, using the heat usually thrown away from the air conditioning for water-heating, using a light-colored roof to reflect the sun's heat, things like that." FRED S. DUBIN, DUBIN-MINDELL-BLOOME CONSULTING ENGINEERS

**Give your house an airlock.** "A vestibule is even better than a storm door for keeping cold air in its place. It could bulge in or bulge out, as plastic skylights do, or you could make it a mini-greenhouse for hardy plants. It will make a big difference." MALCOLM WELLS, ARCHITECT

**Wrap up your outside walls.** "Build the bookcases and closets against the outside walls for a little extra insulation." MARK SIMON

"Use quilts instead of draperies at the windows. Or put felt on the walls instead of painting them — it can be done without much preparation, even on rough walls. I use the same techniques you use for dry-mounting photographs." WILLIAM GROVER

"Paint outside shutters with a reflective paint, and angle them to bounce heat and light inside in winter." JEFF RILEY—ARCHITECTS, CHARLES MOORE ASSOCIATES

**For quick pick-me-ups, glaze.** "If pale walls are in good shape, you can renew them totally in just a day or so by glazing them. You don't even have to do the ceilings. The best way to save time on furnishings is to find what's available. Be flexible about fabric — and insist on what can be delivered right away." MARK HAMPTON, INTERIOR DESIGNER

**Add insulation.** "It's expensive, but if you're residing the house anyway you could add rigid insulation to the outside, under the siding. Eventually it will pay for itself. The two most outstanding ways to save energy are still insulation and storm windows. The average house could save 25 to 50 percent of its heat by these simple, available techniques. New attic insulation pays for itself in less than two years — and $40 invested in an automatic nighttime thermostat setback could pay for itself in a month." ELLIOTT WILBUR, ARTHUR D. LITTLE, INC.

**Put the walls in wraps. "If the walls and ceilings are in bad shape, cover them with strié vinyl. It works as well as canvas, will even take a glaze later if necessary. Color and paint are always the obvious answers to quick decorating."** MARY VIRGINIA DANCY, INTERIOR DESIGNER

**To save time, spend it.** "Energy, material, intelligence, and time—that's all there is. That's all the world is made of. To save time, go slow. It gives you a chance to use your intelligence — and cuts out all the expenditure of energy and material that is wasted if you hurry."

**Plan the outside at the same time.** "Plant deciduous trees, ones that lose their leaves, on the south side. They'll shade the house in summer and let the sun through in winter. Consider half-burying the addition—earth makes wonderful insulation, and doesn't cost energy to manufacture. And consider the prevailing winds." RICHARD KAPLAN, ARCHITECT



ROBERT LAUTMAN

## Lower the window

*"You can make an ordinary-sized room seem much larger by simply enlarging the windows. In a house with a double-hung sash, I added a third sash at floor level. It created the illusion of space by adding outdoors to indoors."* WARREN COX, ARCHITECT



## Raise the door

***Add moldings to make openings seem bigger.*** *"I like to increase the scale of doors and windows to make rooms seem higher. Even though a door opening isn't actually enlarged, it can be made to appear so by placing a panel above it, then carrying a strong molding at the sides of the door and over the panel."* JOHN DICKINSON, DESIGNER



1

# Big breakthrough in a split-level house

**It was a conventional house, 1930s, suburban, split level, but the lot was attractive, with a pool and some beautiful trees.** Instead of tearing down and building from scratch, the owners (people with a strong taste for modern architecture and design) remodeled what they had with the help of interior designer Ann Hartman. And very successful it turned out to be. A major breakthrough from the living room ceiling to the roof created a cathedral space; glass windows let in a flood of light during the day and the starry sky at night. What was once an unfinished attic over the living room is now a plant-filled gallery, with a study/music room at one end. The grand piano will eventually find its home there, a pleasant corner in which to play music, away from the spacious living room proper.

Above: *The surprise of a skylight roof between two wings of the three bedroom, brick home of the architect of Washington.* Right: *A greenhouse feeling in the living room with skylight roof and gallery of green growing plants. A tweedy wool rug and an orchestral couch. The other sofa is upholstered in deep pink. The color schemes flow through to the kitchen, seen at the left, where the walls are painted pink. Paintings on living room wall are by Sam Gilliam. Opposite page: Balcony of plant-filled study at the upper end overlooks the living room. Plenty of natural light is provided by skylights and by glass doors. The room is designed to be connected to the garden by electronically operated doors, which are planned for Thanksgiving. The wall-mounted shelves at the right are for books and musical instruments. Spotlights highlight the trees outside.*





# Two pantries turned into a greenhouse kitchen






4

TOM YEE

**This kitchen was once buried inside a jumble of rooms in a turn-of-the-century house.** The family living there now includes a super cook, who was running herself ragged in a kitchen the size of a small golf course. So—it was turned into a new living room and two large pantries, stripped to their beamed bones, became an organized cooking place big enough to hold everything, small enough to give a happy cook complete and restful control.

*1. The most striking feature of the new kitchen is its top-of-the-room greenhouse. Architects Henry S. Reeder, Jr. and Joseph Maybank had the ceilings and part of an east-facing roof taken off and replaced with tempered glass. Now plants bloom on the cabinet tops year round, even when icicles from an overhanging eave decorate the outside. Fresh parsley and chives can be easily at hand, and the room is lit by sun shining through green and leafy fronds.* **2.** *Each kind of utensil has its own drawer, each pot its own cabinet. This whole wall, with refrigerator, small sink, and long counter is where vegetables or fruit or children's lunches are prepared. Everything needed for food preparation is kept here.* **3.** *A breakfast table doubles as extra counter space. The three children can measure their growth by the poster in the hall. One yellow wall warms the basic white of easy-to-clean Formica doors on natural birch cabinets.* **4.** *Slots in the ledge behind the sink hold knives conveniently ready.* **5.** *From outside, light shines up through the new greenhouse.* **6.** *An opening in the wall allows the cook to share conversations.* **7.** *Nearly matching gas and electric stoves make eight burners and two big ovens available for different kinds of cooking; ledge behind them holds spices. Cabinets are set deliberately low to put shelves in easy reach.*

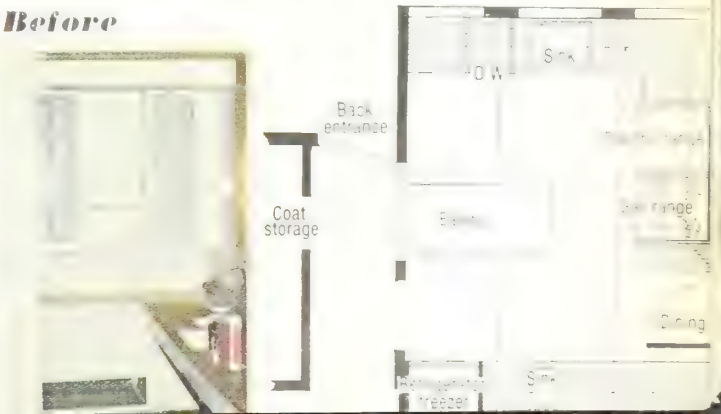
6

7

*Before, pantry shelves and bins blocked one skinny window. The new plan allows for an almost perfect U-shape, broken only by a natural corridor between kitchen and dining room doors, right [illegible] new entrance hall, mud room, and lavatory, left in the plan* below.

*Shopping information, see page 173*

***Before***



Time, Energy, and Money Saving Remodeling

# THREE OLD FARM BUILDINGS RECYCLED

## into a house, a studio, a guest cottage





*Terraced vegetable garden*



*One Chinese goose, and locals*



*Summer buffet: smoked turkey, zucchini mélange, fresh corn pudding, green salad*



*Herb garden fringed with flowers*

CHARLES MOUNT

**This recycled farmhouse story begins in 1820 in upstate New York, when a farmer took a wife and, as was the custom, built a house** that endured until 1955, when abandoned. By 1970, nothing was left but the stone foundation, a few timbers and beams, the slate roof, and deer and woodchucks that made it their home. But it stood on a beautiful tract of 150 acres—lure enough for designer-architect Charles Morris Mount and his partner, Dr. Daniel Rosenblatt, who bought the property and, instead of razing the old ruin, restored it and its outbuildings with the imagination it takes to create an American Dream—a house they call *Menuchah*, the old Hebraic word for contentment.

**1.** *Flower-bordered steps to the remodeled barn, now Mr. Mount's studio,* **2.** *He designs everything from interiors, to restaurants, is a brilliant cook (for his recipes, see page 122), a topnotch photographer, and an accomplished pianist. Hence the harpsichord. For floor and beams, burnished chestnut; for walls, white-painted board and batten. In the northeast window, an old fanlight perched on the lintel; at ceiling peak, a barley rake, effective as sculpture. Chandelier is brass, 18th-century Flemish; tavern table is maple, 17th century; box beds are surfaced in white. One [illegible] has a homespun cover, the other wears a quilt. Painting by Nancy Van Deren.* **3.** *The barn's new kitchen: old beams, new Vermont pine cabinets with slate-slab countertops. Floor, too, is slate (Vermont, 4 miles away is slate country), laid in green and brown squares. Around the corner is a six-burner restaurant stove, much used for preserving (in the works at the moment, chili sauce). The vegetable garden is outside the window, and any uneaten bounty goes right into the preserving kettle. Waiting for things to come to a boil, Mr. Mount rests in a superb old Shaker rocker that collectors covet in vain.* **4.** *The main house dining terrace (there are three kitchens in this complex). Over the slate-topped table with its potted herb-garden centerpiece and Prague chairs, a trelliswork sunscreen.*

BEADLE





*Sheep, very sleepy*



*Pear tart, orchard dess*

Farm buildings recycled

# ONE BIG MULTI PURPOSE SPACE FROM SIX SMALL ROOMS



*Ching, and T'Chi. Blue-blooded*
*ved Siamese with Chinese names*



*Labradors Siegfried and Caliban*





BEADLE

**In restoring the old farmhouse, every attempt was made to give the house a strong visual relationship with the exterior environment.** "I wanted to create a new interior-exterior rapport," says Mr. Mount, "and, at the same time, to retain as much as I could of the hand-made, Early American, country style architecture and still modernize the circulation and living spaces. What had been six little rooms and a closet on the first floor became one big space, almost what the English call a Great Hall. Because it is open to the second floor, it is lofty. The ceiling isn't a ceiling at all, but a catwalk. And because there is a 10-by 12-foot open well into the basement, the big room—21 by 41 feet—has a three-story soar, broken in places, but without destroying the feeling of three levels in one area, all linked by a spiral staircase that rises from basement to big living area to bedrooms."

**1.** *Trestle-like stand-in for a ceiling, the second-story catwalk is made of subway gratings with iron railings. One steps onto it from the spiral staircase, then goes to right or left to the bedrooms. Slung like a great banner over a beam, a barbarically beautiful kilim rug.* **2.** *Dining area: The table, which extends to 16 feet, is a rarity called a barley twist because of its spiraled legs. New flooring is oak; hanging is a quilt made of silk remnants from a local pajama factory, now gone. Beyond wall, an added wing holds new kitchen and bath.* **3.** *Music area and, beyond it, a sitting area with its chief ornament a painted bronze cow—once a weather vane. Iron railing encloses the open well to the basement; spiral staircase (cool chin rest for a dog) was built in place so it would fit between the beams. Rosewood chest is American Empire.* **4.** *Main house exterior, now sheathed in rough-sawn cedar siding, slowly turning silver. Cedar planks form supporting wall (and a ledge for flowerpots) for front terrace.* **5.** *Basement, a bright and handsome room with a wine cellar and "library stacks" for preserves. Cement floor has stone outcroppings and an occasional patch of earth planted with ferns. Just behind the corner bank of shelves, a washer-dryer, a freezer, the furnace, and a photographic dark room, professionally equipped, much used.*



Farm buildings recycled

# INVITING GARDEN, PRIVATE GUEST COTTAGE

**With careful planning, the landscape became part of the house**—an "indoor-outdoor integration," as Mr. Mount calls it. Moving from one part of the complex to another, consequently, is like making a tour of gardens, picking what you like—a tomato, a zinnia, a sprig of rosemary.

**1.** *Complete with pit, the "conversation" deck, an extension of the caretaker's cottage. Pit's pot garden, always a conversation piece, changes with the seasons.* **2.** *The cottage bed-sitting room, sometimes a guest room, is only 14 feet square but seems larger because of its peaked roof and a wall-to-wall slate hearth and bookcases. For a touch of elegance, a pink marble mantel and Italian track lighting fixtures. For color, a Mexican blanket bedcover, a coral kilim runner.*

BEADLE











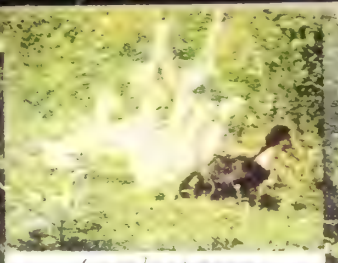
*eets: ice cream, pie, and cake*



*Friends: sheep and a calf*



*Herbs, syrup caldron*

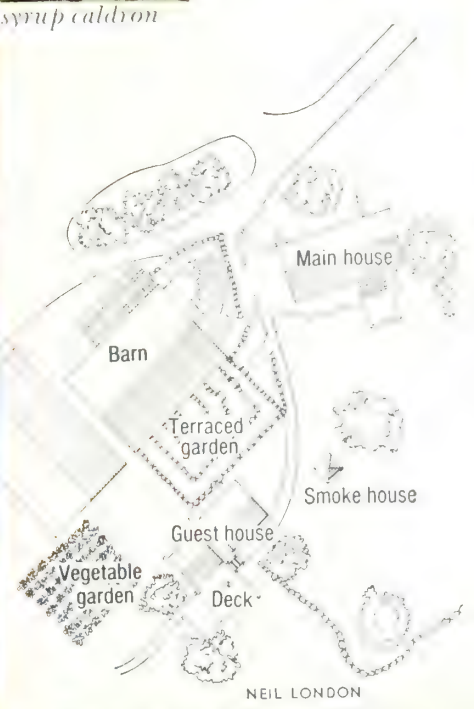


*Gaggle of geese*



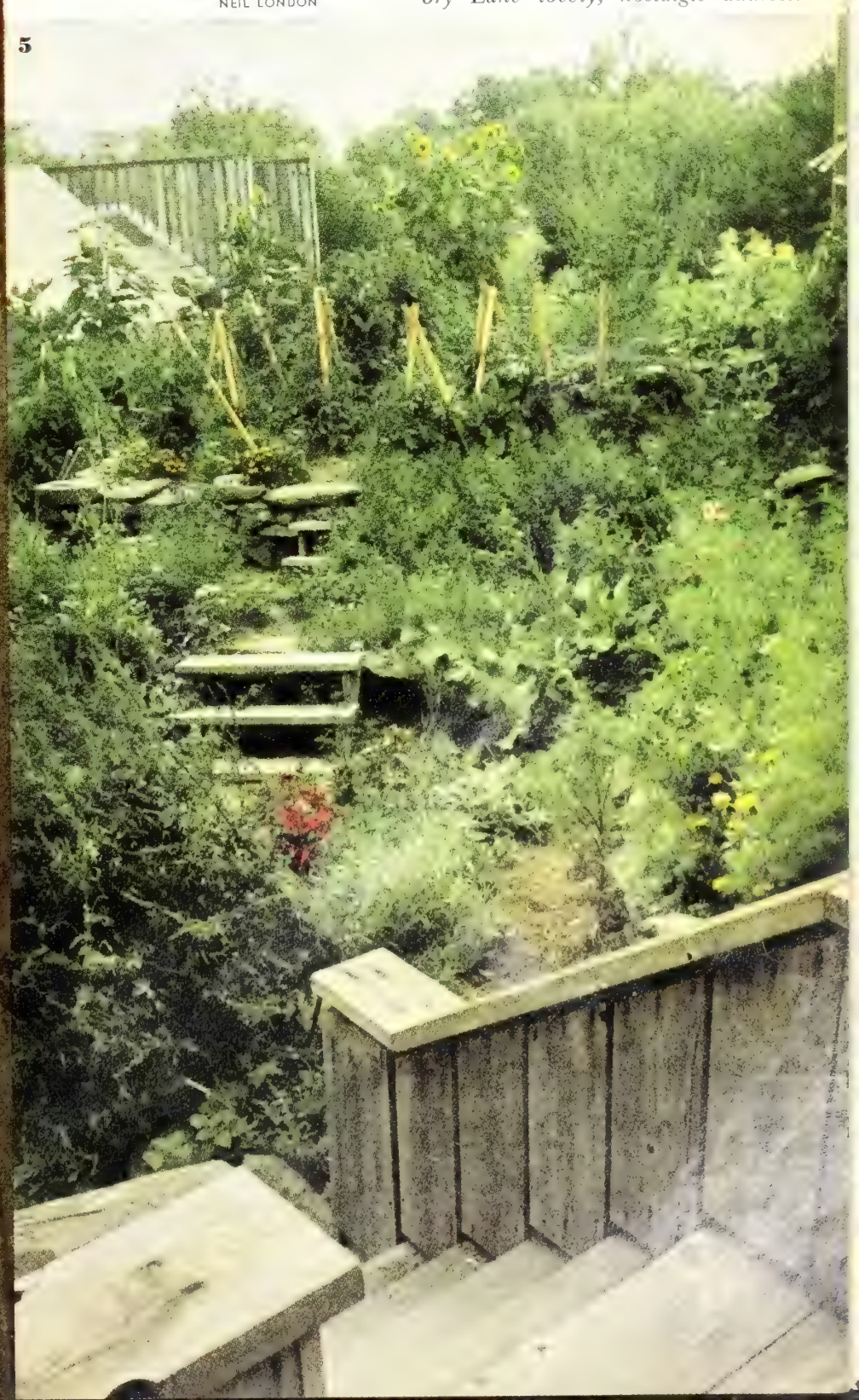
*Brand-new, old-style smokehouse*






**3.** *Two sections of cottage, one old (a restored outbuilding), the other new, are linked by an atrium-like passageway with glass doors at each end. Straddling the roof, a huge baffle obscures the difference in pitch of the two roofs.* **4.** *Inside the skylighted, slate-floored passageway. At far end, the conversation deck; at left, the bed-sitting room; at right, new kitchen and bath.* **5.** *Pine and redwood staircase descending to vegetable garden, which rises in three levels—Mr. Mount's "ziggurat." He stands on one level and works on the one above, wonderful way to garden standing up. No kneeling, no bending, no backache.* Left: *Bird's-eye view of the complex approached by a road called Memory Lane—lovely, nostalgic address.*

**5**





Easy decorating, easy to live in

# Garden-green room, flower-garden patterns

HORST

*n* patterns *help—the treil-*
*otif of the Tibetan rug—and*
*e paintings: a Cordey flow-*
*y, a Gisson over the corner*
*o spice the sweetness, bits*
*nilion—hot little contrasts."*

Because the apartment's three front rooms—living room, entrance gallery, dining room—open one to another—and because painting is too expensive to allow margin for error—the choice of colors had to be absolutely right the first time. Lengthy experiment with paint samples finally produced a natural color sequence: foliage green for the living room, gray-sky blue for the gallery, sunlight yellow for the dining room.

Above and right: *"The dining room walls," Mr. Buatta says, "are the color of grapefruit peel and so heavily glazed that years of washing won't phase them. The living room chintz is deliberately repeated in* [illegible] *daytime couch, the chairs and the French chairs were given* [illegible] *cushions and backs and basket weave seat coverings. Between the windows, a painting by Bea Talmey; over a console, a lily looking on the table as a potable garden."* Bar right: *"The master bedroom was designed to awaken up in a garden as paint and paper can make it. Instead of using a beautiful bare floor painted top black, the room. If you can't paint the rosemary design could be stenciled. Matching wallpaper and curtain fabric envelop the room in leaves and blooms. The bed has a simple carpenter made* [illegible] *hung to simple bows and generous white cotton to make it look extravagantly romantic. Painting over sofa is by Lloyd Gilman."*

Easy decorating, easy to live in

# Summerhouse dining room lemons and rosemary bedroom

By sheer happenstance, the library burst into its red, white, and blueness with the purchase of an 18th-century portrait that hangs over the fireplace. Delighted with the boy's red suit, the owners wanted more of the color, and got it with brilliant hibiscus-red lacquered walls. The addition of white and blue cooled the dazzle—that was it.

Above and far right: *"This is a room for lovers of red," says Mr. Buatta, "and sticklers for practicality. The carpeting is toughness itself, and so thin it's glued to the floor so it won't buckle. Wonderful underpinning for a small winter rug, maybe something furry. The color is a perfect foil for the red, and so is the blue of the slipcover fabric—an African batik pattern printed on sheets. Easy washing-and-care. The ornaments here and upstairs are very personal and have been brought home from the four corners of the earth. There are no delicate paintings here, believe me. Next to the portrait is an Alexander Liberman geometric from the Parsons-Truman Gallery, and at the other end of the room are splendid animal paintings. The entrance gallery* [right] *however, is cool and bare, with little in it except sculpture, arrangements of greenery, and an Art Deco bronze horse.*

**Easy decorating, easy to live in**

# The library, red, white, and blue





*In 1929, some of the directors and their derelict house. Mrs. Lanier is in the front row, second from the left.*





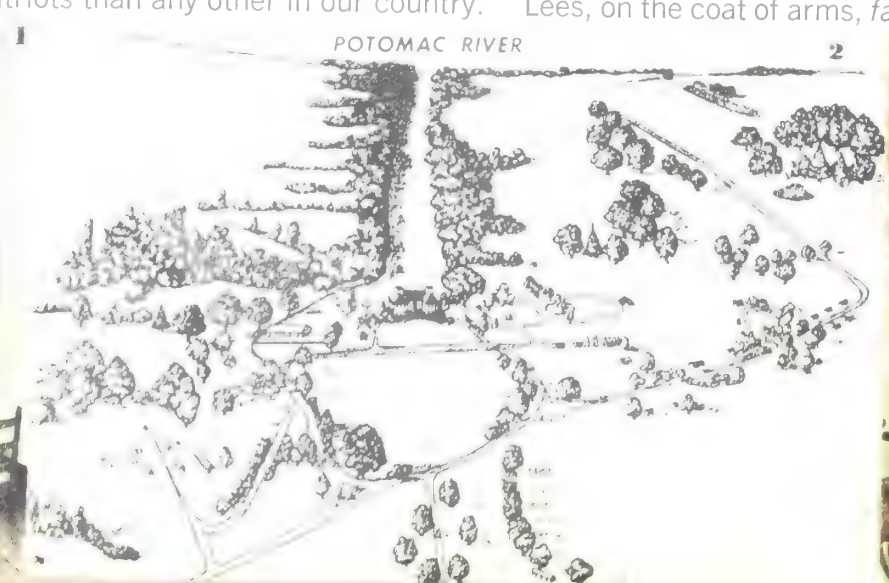
# Stratford Hall, a house

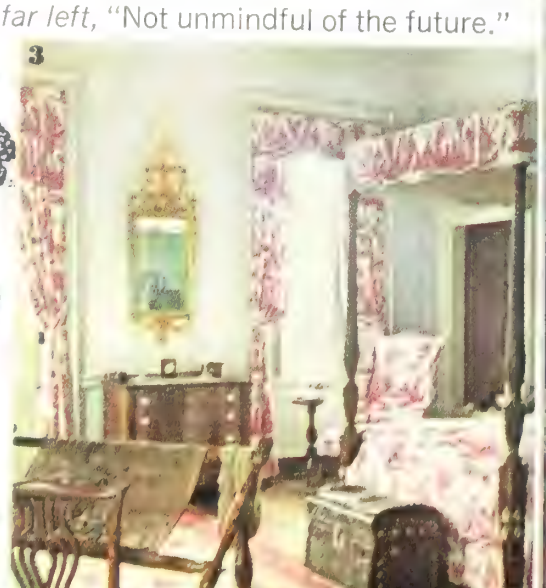
## How a dedicated group restored it and how they keep it going

In the most unlikely of financial times, 1929, Mrs. Charles D. Lanier of Greenwich, Conn., daughter-in-law of Southern poet Sidney Lanier, led a group of determined women into a national campaign to raise money to purchase Stratford Hall in Virginia. Thus the Robert E. Lee Memorial Association, Inc., was born. Their aim, to restore this historic house, opening it to all America, in memory of General Lee. Their goal, $240,000. Within three years the mortgage was paid, restoration had begun. The General would have been overwhelmed. He had always wanted to buy Stratford, although he left there at age three. In the heat of the Civil War he wrote his wife, "I wish I could purchase Stratford . . . that would inspire me with pleasure and local love. It is a poor place, but we could make enough cornbread and bacon for our support, and the girls could weave us clothes." He could not have dreamed its splendor today. This house, built in the mid-1720s, has given us more patriots than any other in our country.

Thomas Lee, great-great uncle of Robert E. Lee, surprised everyone with his house, and it still surprises. Instead of a Southern columned mansion, he built a house without frills, a house of integrity, a Tudor-H, the bricks kilned on the place, the plaster made from Potomac oyster shells. The important rooms are on the second floor as in an Italian manor house, and two clusters of four chimneys each form roof pavilions where young ladies once watched ships carry tobacco, returning with silks from London. Thomas Lee also helped negotiate the opening of the Ohio Basin to settlers. Two sons, Richard Henry and Francis Lightfoot, signed the Declaration of Independence, and "Light Horse" Harry Lee, General Lee's father, was one of Washington's favorite cavalry commanders. This is the house the ladies saved. The Board of the Robert E. Lee Association, 38 women from 35 states and Great Britain, meets twice a year to plan policy and to watch over their plantation, following the motto of the Lees, on the coat of arms, *far left,* "Not unmindful of the future."







# of heroes

**1.** *Canopies of dimity echo the past in the white nursery of Stratford Hall. Here a young child slept, adjoining the parents' bedroom. This furniture was probably shipped by the Lees' London agent. The tiny tea set is Staffordshire, the doll's bed is Sheraton.* **2.** *Without any known architect, Stratford Hall was designed by Thomas Lee. The restoration, however, was directed by architect Fiske Kimball, and Stratford Hall Plantation was opened to the public in 1936. At each corner of the mansion stands a brick outbuilding, a dependency, the largest is the kitchen and laundry.* **3.** *In the southeast corner of Stratford Hall is the "Mother's Room." Here Robert E. Lee was born. Furniture origins are mixed here. The serpentine-front chest was made in Rhode Island in 1776, while the embroidery frame is red lacquer japanning from England, 1725. The toile de Jouy is called "Homage of America to France."* **4.** *This china, believed to have been "Light Horse" Harry Lee's, has a center design of the Society of the Cincinnati with a Fitzhugh border. The original members of the Society of the Cincinnati were officers in the American Revolution.* **5.** *The Great Hall, the centerpiece of the house, a perfect 30 foot square, still the largest paneled room in Virginia. Here the scene of country dances, christenings, and lessons in the minuet and music. ("Pd. to J. Stadler, 3,043 lbs. of tobacco for teaching Miss Matilda the harpsichord." Through the open doors the Potomac can be seen, only a mile away.*

BEADLE








**Angus bulls and buttercups**
*help change fields into lawns*



**A pyramid of yellow corn meal**
*being bagged—other mill products are white corn meal, whole wheat flour, and pancake flour, each 75¢ for a two-pound bag*



**Waterwheel mill**



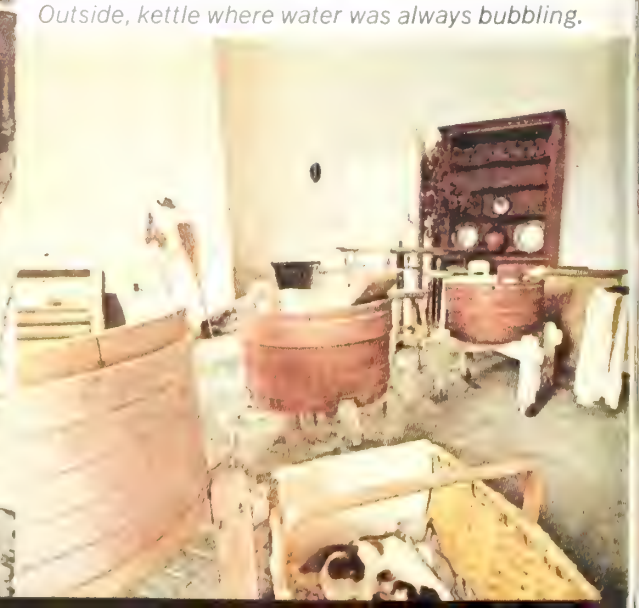
**Corn and wheat**
*sifted into meal and flour*

# How Stratford Hall lives now helped by its farming and crafts

Although Stratford has been a working farm for the last 250 years, the restored 1508 acres are now blooming, an important part of the plans of the Board of Directors. For example the director from Colorado is in charge of livestock, especially the fine herd of Angus cattle. Tobacco is no longer grown except as a demonstration crop, but the cattle and horses graze in the pastures, and forests are harvested and replanted. Corn, barley, wheat, oats, and hay are grown for feed, as well as the grinding into corn meal, whole-wheat flour, and pancake flour to be sold through the plantation store. Place mats and other woven articles from the spinning room can be purchased as well. Along with the plum puddings and fruit cakes—superb Southern treats. When the thirty-eight directors come together for their biannual meeting they stay in rustic log cabins. Each state has a cabin, or shares it with another state, and each cabin is owned and operated at the director's private expense. Stratford Hall, located in Westmoreland County in the Northern Neck of Virginia, is about 70 miles southeast of Washington. Open every day from 9 A.M. to 4:30 P.M. except Christmas, lunch is served from April 1 through October 31, with light refreshments all year. Entrance fee is $2, children 50c. To order by mail from the Plantation Store, write Stratford, Va. 22558, but do not send any money as the office will bill you.







*Above left: Stratford Hall seen through ancient boughs. Left: The kitchen, the main dependency, separate from the house, with its 12-foot fireplace, large enough to roast an ox. Adjoining kitchen, laundry, a recent restoration, with huge tubs and a petticoat basket, now comforting a kitten. Outside, kettle where water was always bubbling.*



**Bowls and brass**
*in a Colonial kitchen*



**Outbuilding,**
*called a dependency, houses the kitchen and laundry*



**Herbs of old**
*on the brick kitchen terrace make charming patchwork gardens*



**The spinning room**
*where bright checkered place mats are made*

*Below: The ubiquitous wood-burning tin stove, which gives instant warmth to cabins.*





*Above: Lunch among the log cabins for the directors, who really don't spend much time in rocking chairs, as their days are filled with meetings. These log cabins, as others, were built by workmen on the place.*
*Right: The cozy cabin of North Carolina-Indiana, one of the earliest, built in 1933. The tin fronted cupboard and chairs are from North Carolina.*

*Below: Open-air kitchen ( North Carolina-Indiana c*



*Below: Connecticut cabin with furniture mostly from the home state.*



# Practical Parties

*budget menus, centerpieces you can eat, make-ahead recipes*

This is the new, practical way to entertain. Use *natural* resources—the flowers, fruit, and vegetables of the season. Make the most of the things you have at home—your "best." Start with your favorite color, add some of your treasures, perhaps a painting that reflects the color scheme or theme—your good investments in quality china, silver, glass will give you and your guests great pleasure and make simple parties special. Each table here and on the following pages has its own attractive idea, and its own budget menu and make-ahead recipes, for parties that will taste and look as pretty as summer all year round.

[illegible] terrace decked out in summer colors—blue, yellow, and white—to complement the [illegible] photographer Horst, can relax beneath the climbing morning glories and sunflowers.

*Opposite:* Table setting based on blue—clear blue of a summer sky. Add white china, yellow lemons, bananas, [illegible] For a centerpiece luscious grapes, perfect for dessert. "Summerfield" [illegible] Mist" glasses by Lenox; Stieff "Carrollton" sterling flatware; Clarence House "Petit [illegible] Plain" [illegible] fabric; wine cooler, knife rests from S. Wyler; lacquered basket from [illegible] Lemons [illegible] Robert Webb. For shopping information, please turn to page 173.

MENU

*Escarole Vinaigrette Dressing*
*Enchilada Green Chiles Casserole*
*Melawa Grapes*



*Above:* For a change of color throughout the seasons, make space in a brick walk or terrace for pots and miniature delightful beds, so you can plant whatever flowers and herbs suit your fancy—then replant, experiment, and watch a hundred tiny gardens grow.

*Opposite:* Flowers everywhere for this table setting, in a blush of summer color, with the prettiest centerpiece of the season. Match your flowers with napkins and tablecloth, and maybe add a favorite little silver [illegible] a personal touch. Gorham "Farmeadows" china, "Lyric" sterling flatware, "Puritan" sterling tea [illegible] pink striped napkins imported from Madeira; [illegible] ohn "Hot Pink" table cover; Tambour curtains, Swiss made, from Henry Cassen; silver muffineer [illegible] bell from James Robinson; mother-of-pearl boxes from Limited Editions; wicker table and painted [illegible] information, please see page 173.

MENU
*Strawberries in May Wine*
*Lima Rice Salad*
*Arugula, Bibb Salad*
*Almond Cake*
*Petits Fours*

TABLE SETTING PRACTICAL POINTS

## *A bouquet of flower pinks planted on the table and in the garden*



Take a fresh look at vegetables—artichokes, broccoli, carrots, endive, cauliflower, scallions, lettuce—they *sound* so delicious! Bring them indoors for a really spectacular centerpiece—and you can use them in the kitchen afterward. The theme is vegetables, the mood is picnic-in-the-park. Bring in the garden chairs to set the scene. Each place setting has its own fruit and vegetable china to remind you of summer all year round [illegible] Carrot Posey" by A. E. Chamberlain "Fruit and Vegetables" from Boswell Taylor, Royal Barum "19th Century" sterling flatware; Simon Pearce "Round" glasses, pitcher and bowls; Woodson "Mignonne" cotton fabric; Fallani & Cohn napkins; Mottahedeh green [illegible] centerpiece from John Rosselli Associates; silver [illegible] coffeepot from S. Wyler; Le Grenier chairs. For shopping information, see page 173.

*Right:* Napkins, looking like a flock of birds, folded for Dash! Dig! [illegible] to decorate your table without spending a penny! Page 114 tells you how to do it.

TABLES SET FOR PRACTICALLY NOTHING

# *A vegetable centerpiece you can eat later and the fun of napkin folding*



*Above:* Ripe colors, textures, and tastes—a table set with a fruit theme that looks good enough to eat. Some of it you *can* eat—the zesty centerpiece, for instance, of fresh green beans and quartered lemons. The painting, *right*, and the bowl by the table continue the mouth-watering theme. Royal Worcester "Evesham" china; Oneida "American Colonial" sterling flatware; "Bennington" coffee set; [illegible] Lenoxtown glasses [illegible] from Great Round Shop; knife rests from James II Galleries; painting by Loren Donlap at Wally Findlay Galleries.

*Opposite:* [illegible] cool summer party. Even the grapes are glass. Haviland "Torse White" china; International "La Strada" serving flatware; [illegible] Carleton V "Fraise Affaire" fabric; Thibaut wallpaper; Wedgwood "Majolica" plates from Georg[illegible] Caldrea; [illegible] page 133.

TABLES SET FOR PEACH TREAT [illegible]

## *Plums, peaches, strawberries, and more, for fruit-flavored settings*

[illegible]



MENU
*Minted Watermelon*
*Zucchini Soufflé**
*Mushroom Salad*
*Marzipan*



For a party that grows, a winter dining room flows onto a summer terrace, like this one in St. Louis. The dining room window wall slides back completely, so the space stretches as far as you need it.

A setting inspired by a painting—gives a warm glow to a corner with a peachy-orange wash on the wall, the color picked up in the brick-patterned tablecloth, and in the unusual kumquat, navel orange and cornflower centerpieces. Aynsley "Marlina" china; Kirk "Old Maryland Plain" sterling flatware; Waterford "Eileen" glasses; First Editions napkin rings from Bloomingdale's; cupboard from David Barrett; chairs from Le Grenier. Painting, "Still Life with Pomegranate" by Louis Dunas, at Avant Findlay Galleries. Shopping information, see page 173.

MENU

TABLES SET FOR BREAKFAST OR BRUNCH

## A dining room opened up for summer and a setting inspired by a painting



*Above:* A great outdoor table idea you can have right outside the back door—a table made of poured concrete, painted white, with a built-in barbecue in the center of it so the cook never has to leave the party.

*Opposite:* Combine everything—flowers, fruit, *and* vegetables—for a truly inviting buffet table. The greens and yellows of daffodils, apples, pears, even pineapple (decorating the cake) are reflected in the fabric and china. The painting on the wall behind the table is so true to nature that it's impossible to tell where still life stops and real life begins! Denby "Country Blossom" china; Towle "French Provincial" sterling flatware; Baccarat "Montaigne" glasses; carafes designed by Van Day Truex for Baccarat; cotton fabric designed by Manuel Canovas for Brunschwig; Fallani & Cohn napkins; artichoke cachepots from La Cuisiniere; silver plate covered vegetable dish from S. Wyler; silver plate basket holding candies from Godinger Silver Art; William Greenberg pineapple cake; chairs from The [illegible] For shopping information, turn to page 173.

BUFFET MENU
*Curried Smoked Turkey,*
*Peach Chutney*
*Four Lettuce Salad*
*French Bread — Cheese Tray*
*Pineapple Cream Cake*
*Apples and Pears*

TABLE SET FOR [illegible]

## *A small built-in barbecue and a big buffet*



# The fascinating art of napkin folding




*1. The Anemone*
*2. The Bishop*
*3. The Boats*
*4. The Bologna*
*5. The Boat*
*6. The Miter*
*7. The Sachet*
*8. The Starfish*
*9. The Pyramid*
*10. The Vase*
*11. The Cockscomb*
*12. The Clown's Hat*
*13. The Shirt Front*
*14. The Wigwam*
*15. The Bologna*
*16. The Boar's Head*
*17. The Slipper*
*18. The Snail*

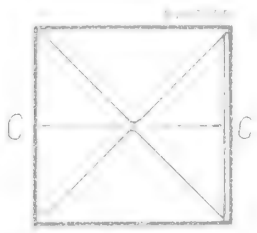
Napkin-folding is a most inexpensive and amusing way to make your tabl look gala. With everything else on the table set, china and glass in place you can be very adventurous with the napkins. There are so many design you can make from one simple square. It's fun to pick a theme that fits the guest —the boat or even the bishop! There are certain tips, however, before you start o this fascinating art—given here by Vincente Campagna, who runs the household of David and Lady Pamela Hicks, and who folded all eighteen napkins in the pic ture, *left* (and see them in color on page 106). He starts with very well starche napkins, about 30 inches square, ironed flat, and suggests you practice first o newspaper. Just a few minutes will achieve most of them, and an iron will sharpe the edges. Here, *below*, are instructions for folding the "Pyramid." For ten mor delightful napkin folds, write to the Belgian Linen Association, Dept. HG, 28 Madison Avenue, New York, N.Y. 10016, for its free booklet, *Fold a Pretty Nap kin With Versatile Belgian Linen*. Please enclose a long, self-addressed, stampe envelope with your request. Napkin-folding is fun. Try it tonight!



**1.** *Fold the napkin in half and turn down the four corners.*

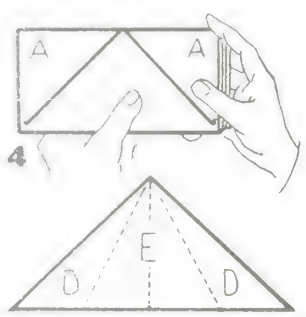


**2.** *Fold over the remainder parts of the lines (AA) so that points meet at the spot (B).*

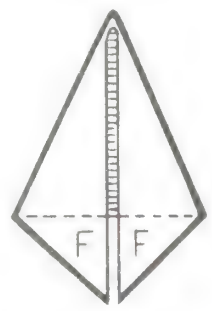



**3.** *Fold back in half at (C).*

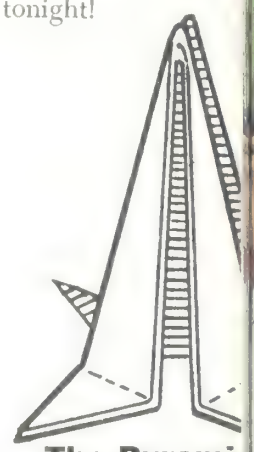
**4.** *Tuck the corners (AA) into the center of the napkin.*




**5.** *Turn down the sides (DD) of the first pleat to center (E) and repeat on other side with the other pleat.*




**6.** *Turn up the points (F) to form a stand.*



**The Pyrami**

COOKBOOK COVER: EMERICK BRONSON


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# 20 Vegetable surprises
## Quick, delicious ideas for every meal

by Jane Ellis

**Great cooks take a new look at the vegetable favorites and come up with some surprises—Turnips Anna, Parsnips Rémoulade and, a wonderful whole Savory Stuffed Eggplant.**

### CRUDITÉS

aw vegetables or quickly lanched vegetables make wonerful finger food to serve with rinks. On our cover, a basket rimming with snow peas and ny green beans, quickly lanched in a large kettle of boilg water together with 2 tablepoons salt and ½ teaspoon baking oda, the peas for 2 minutes, the eans for 3 or 4. Drain and plunge mmediately into cold water, drain nd paper towel dry. Refrigerate plastic bags. Arrange together ith crispy leaves of endive in an ld basket half filled with crinkled il. Decorate with prosciutto read sticks. Wrap the top of each read stick with a thinly sliced rip of prosciutto. And serve with tangy sauce.

### CAPER AND ANCHOVY SAUCE

*(from Christopher Idone)*

*Ingredients for sauce:* 1 tablespoon anchovy paste; 1 teaspoon dry mustard; juice of ½ lemon; 1 cup fresh mayonnaise, or a good commercial brand; ½ cup sour cream; 2 tablespoons finely chopped capers (washed and dried); 2 hard-boiled eggs, passed through a food mill; 2 tablespoons finely chopped parsley; 2 tablespoons finely chopped scallions (including some of the green), or chopped red onion; 1 large clove garlic, minced.

*Method for sauce:* In a large bowl add anchovy paste, mustard, and lemon juice and beat with a wire whisk. Add mayonnaise and sour cream and mix well. Combine capers, eggs, parsley, scallions or red onion, and garlic and add to mixture. Refrigerate.

### SAVORY STUFFED EGGPLANT

*(from Christopher Idone who with Sean Driscoll runs the catering service Glorious Food in New York)*

*Ingredients:* 6 small and uniform eggplants; salt; 6 tablespoons olive oil; 2 red onions (or white), chopped (about 1½ cups); 3 large cloves garlic, minced; 1 green bell pepper, finely chopped; 4 large tomatoes, peeled, seeded, and coarsely chopped; 1 tablespoon tomato paste; ½ pound each ground veal, ground pork, ground chuck or 1½ pounds ground chuck; pepper; 2 tablespoons pesto, or ¼ cup fresh basil (do not use dried); ¼ teaspoon dried thyme (fresh if available); ¼ cup chopped Italian parsley; 6 small bay leaves; ½ cup very fine bread crumbs made with Italian or French bread mixed with ¼ cup grated Parmesan cheese; 6 slices mozzarella cheese, ¼-inch thick; grated Parmesan cheese to accompany dish.

*Method:* Slice a small amount off bottoms of eggplant, so they will stand upright. Remove the top of eggplant, about 1½ inches down and reserve top. With a sharp paring knife and a long, thin teaspoon, remove inside pulp leaving about ½-inch shell and making certain not to penetrate the bottom. Salt shell liberally and reserve in bath of cold water. Coarsely chop

*Continued on next page*

## *QUICK VEGETABLES*

● ***Turnips Anna*** a new twist on an old favorite from Gael Greene who loves to serve them with venison or any other roast. Rub a small iron skillet with butter and squeeze on a little garlic, layer with thin slices of white turnip. Dot each layer with butter and season with salt and pepper. Heat first on top of the stove to brown bottom, then bake for about 25 minutes in a 375° oven until tender. Invert onto serving dish to serve.

● Crisply cooked vegetables make wonderful salads for a first course; Gael Greene serves ***cauliflower with a curried mayonnaise.*** Poach cauliflowerettes in salted water until cooked but still crisp. Drain and cool. Cook a little curry powder in butter, add to a homemade mayonnaise, sharp with dijon mustard, and spoon over cauliflower.

● Alfredo Viazzi who owns Manhattan's Italian take-out food shop Tavola Calda Da Alfredo, adds vegetables to boiling water for 6 minutes maximum, then quickly plunges them in ice water. Drains. ***Broccoli flowers*** he tops with two fillets of anchovy finely chopped together with a garlic-laced vinaigrette; ***green beans*** he tops with thinly sliced rings of onion, a garlicky dressing and final shower of parsley. Or alternately ***beans are tossed with heavy cream,*** a good grating of nutmeg, salt and pepper.

● A fresh ripe pear gives a surprise flavor to a ***purée of spinach.*** It's the invention of master chef Michel Guérard for his health spa Les Prés et les Sources D' Eugénie in France. Quickly cooked spinach is puréed in a blender with a little water, no butter or cream are added just a little fresh pear to make it fluffy and delicious.

● A delicious quick ***pea purée*** is served in individual lotus flower bowls by Kenneth Bates as a side dish. Cook frozen peas quickly and drain. Purée in a blender together with butter, heavy cream and a good sprinkling of tarragon. Season with salt and pepper.

● ***Crispy brown eggplant*** is made by Jacqueline Gonnet by dipping ¼-inch slices of eggplant in a vinaigrette dressing and then baking in a shallow pan in a 450° oven until golden. Mrs. Gonnet also loves turnips boiled until tender and mashed with a little sugar, salt, pepper and paprika. Don't mash them too smooth.

● Cook a whole ***Boston lettuce*** in boiling water for about 15 minutes or till tender suggests Elizabeth Heineman (Elizabeth Heineman Cooking School). Run under cold water, holding the bottom core and squeezing dry as you taper into long shape. Serve warm with a simple brown sauce of shallots and chicken broth or bathed in a little butter and sprinkled with chives. Cook a little in sauce to blend flavors.

● Serve fresh ***garden corn with curried butter*** suggests Frani Shaver Lauda. In a bowl cream together ¼ teaspoon curry powder and ¼ cup margarine or butter for 6 ears of corn. Corn can be cut off the cob if you wish and then tossed with curry mixture.

● For ***Spanish straw onions*** peel 2 Spanish onions and cut into strips about ½-inch wide. Marinate in light cream to cover for ½ hour. Dip strips in seasoned flour and fry in hot oil (375°) until golden brown. Drain, sprinkle with salt, and serve immediately.

● Mix ***mushrooms and walnuts*** for a salad suggests Rita Lemwand in *How to Beat Those Cordon Bleus*. Sprinkle thinly sliced mushrooms with lemon juice. Make a vinaigrette from red wine vinegar, walnut oil, parsley, salt and pepper and toss together with coarsely chopped walnuts until coated. Serve on lettuce.

● ***Green Pepper Pudding*** is made from fresh garden vegetables by decorator John Rosselli. Mix together 3-4 chopped tomatoes and enough crushed cracker crumbs to absorb the liquid, 3 cut up green peppers, 1 medium onion, chopped, 3 tablespoons softened butter and salt and pepper to taste. Spoon mixture into an oven-proof dish and top with crumbled bacon and bake for 30 minutes at 350.

● Mr. Rosselli also dips thin slices of ***white eggplant*** (zucchini squash) in flour and sautés quickly in oil. Place in a baking dish, sprinkle with finely grated Parmesan cheese and slip into a hot oven to brown and heat through. Serve topped with a dab of sour cream and sprinkle with parsley. Serve hot or cold.

VEGETABLE SURPRISES *continued from preceding page*

per is soft and then add eggplant pulp and continue to cook until eggplant is soft. Add tomatoes, tomato paste and grated cheese. Remove pan from heat. Salt to taste and add pepper and thyme; mix well. Drain eggplant shells and pat dry with paper towels. Stuff eggplant shells with meat mixture and place on top of each eggplant.

Preheat oven to 350°. Arrange eggplants in a shallow casserole or baking dish that will comfortably hold the eggplant. Combine tomato sauce and tomato paste and pour around eggplants. Sprinkle grated cheese over mixture and place eggplants in pan. Put pan on the middle shelf of oven and bake for 30 minutes. Place cheese slices on top of eggplant and continue to cook for another 15 minutes. Test eggplant with a toothpick to see if eggplant is done; if eggplants are done, insert toothpick in side of eggplant, not inside. Serves 6 hot or cold. Serve with Provençal bean casserole or arugula salad for a wonderful lunch or supper.

## STUFFED RED PEPPERS

*(from Virginia Johnson)*

*Ingredients:* 6 large red peppers; mixed with 1 tablespoon vegetable oil; 1 cup coarsely chopped scallions and 2 of the green part; 1 clove garlic, minced; 1 medium-sized zucchini sliced lengthwise and cubed; 1 cup cooked lima beans; 1 cup cooked brown rice; 1 tomato, peeled, seeded and chopped; 1 teaspoon dried mint; 2 tablespoons chopped parsley; 6 anchovy fillets, chopped; 2 tablespoons grated Parmesan cheese; 1 teaspoon parsley, chopped very fine; salt and pepper, to taste; butter.

*Method:* Preheat oven to 350°. Cut off the tops of the peppers and remove pepper seeds and pith. Blanch the peppers in boiling salted water for 5 minutes. Drain and rinse under cold water. Drain again and set aside. In a skillet heat the cooked olive oil, add garlic and cubed zucchini and sauté for 5 minutes. Add tomato, mint and parsley and heat through. Remove pan from heat and add corn, peas, mint, parsley, anchovy fillets, grated cheese and rice. Salt and pepper mixture, be careful not to oversalt as the anchovies are salty. Stuff the peppers with the mixture.

Place peppers in a lightly buttered baking dish and set in the middle shelf of the preheated oven for 15 minutes. Place pepper tops on top of peppers and continue to cook for another 10 minutes. Do not overcook. Peppers should not be limp. Serves 6.

## TOMATO CUPS CAPRICCIOSE

*(from Alfredo Viazzi)*

*Ingredients:* 3 large tomatoes; 1 tablespoon butter; 1 tablespoon olive oil; 1 clove garlic, minced; 2 tablespoons chopped onion; 2 tablespoons chopped prosciutto ham, julienned; 2 tablespoons fresh bread crumbs; salt and white pepper, to taste; 2 tablespoons grated Parmesan cheese; 1 teaspoon parsley, chopped very fine.

*Method:* Scoop out pulp of the tomatoes from the bottom (save pulp and set aside). In a heavy skillet heat butter and oil, add garlic, onion and prosciutto and sauté for 5 minutes. Add tomato pulp, salt, pepper, cheese and parsley and cook for 5 minutes more. Remove from heat and add bread crumbs. Stuff tomatoes with this mixture and serve cold. Serves 6.

## BROCCOLI PIE

*(from* The New Orleans Cookbook *by Rima Kuhn and Richard Collin)*

*Ingredients:* 1 bunch fresh broccoli, trimmed, and cut in pieces; lightly salted water; salt and freshly ground black pepper to taste; 2 teaspoons olive oil; 2 tablespoons fresh bread crumbs.

*Method:* Put broccoli in a pot with about 1 inch of lightly salted water. Cover pot and bring to a boil. Cook for 10 minutes or until broccoli is tender. Drain broccoli and purée in a food mill or blender. Add salt and pepper to taste. Add olive oil and purée broccoli again. Add bread crumbs and purée broccoli again. Put broccoli purée in a buttered pie plate and smooth top with a spatula until it is tightly packed. Put the skillet over very low heat, cover and cook for 20 minutes (about every 5 minutes loosen mixture and shake pan). After 20 minutes, uncover the skillet, raise heat very slightly and cook for 7-8 minutes more. Remove skillet from heat. Place a serving plate over the skillet and turn pie out on plate, with the browned bottom part forming a crust over the top. Place pie in oven for about 20 minutes before serving. Serve pie in wedges. Serves 8.

## GREEN BEANS GARNISHED WITH BACON AND PARSLEY

*(from Edna Lewis)*

*Ingredients:* 3 pounds whole green beans (about the same size and slender) washed, drained, and ends snipped; 3 teaspoons sea salt; 3 tablespoons butter; 4 slices bacon, fried crisp, drained and chopped; 1 tablespoon parsley, cut fine.

*Method:* Tie beans with clean white string into 6-8 bundles. Fill a 3-quart pan ¾ full with cold water and bring to a rapid boil, add salt and beans (all the bundles should be covered with water) and cover pot until the water returns to the boil then uncover immediately and cook for 12 minutes (spoon off any scum that appears on the surface), or until beans feel tender to the bite. Remove pan from heat and drain. Leave beans in the warm pot covered, cutting string from each bundle. Heat the butter to foaming stage and pour it over the beans in the pan and sprinkle with bacon. Place beans on a serving platter and sprinkle the top with parsley. Try them for breakfast suggests Mrs. Lewis.

## CHINESE-STYLE CABBAGE

*(from* The Reduced Sodium Cookbook *by Joan Shaver Lamdin* Popular Library*)*

*Ingredients:* 3 tablespoons vegetable oil; 5 cups cabbage (about 1 pound) shredded; 2 tablespoons sugar; 1 teaspoon Morton Lite Salt mixture; dash of pepper; 1 tablespoon white vinegar.

*Method:* In a wok or skillet over high heat place oil in pan and heat. Add cabbage, reduce heat to moderate and cook, tossing and turning the cabbage constantly for 3 minutes. Add sugar, salt, pepper, vinegar and cook, stirring constantly, until cabbage is crisp-tender, about 3 minutes. Reduce heat, cover, simmer mixture an other 3 minutes. Serves 4.

## STUFFED MUSHROOMS

*(from Chuck Winslow)*

*Ingredients:* 2 large onions, finely chopped; ½ cup butter; 2 pounds large mushrooms, stems removed and reserved, washed and finely chopped; ¼ pound prosciutto chopped; 3 sprigs parsley chopped; 2½ ounces Boursin cheese; ¼ teaspoon thyme; salt and pepper to taste.

*Method:* Preheat oven to 400°. Sauté onion in ¼ cup butter until translucent, add mushroom stems and saute until golden brown. Remove pan from heat and add prosciutto, parsley, Boursin, thyme, and salt and pepper and mix well. In a saucepan melt remaining butter and paint mushroom caps, stuff with cheese mixture and bake for 15 minutes.

## CINNAMON GREEN BEANS

*(from Gloria Gengo)*

*Ingredients:* 1 onion sliced very thin; 2 tablespoons olive oil; 2 tablespoons butter; 1½ pounds green beans, stemmed; salt and pepper to taste; 1½ tablespoons cinnamon, or to taste.

*Method:* In a heavy skillet sauté onion in olive oil and butter until it is translucent. Add string beans, salt, pepper, and cinnamon and toss mixture so string beans are lightly covered in oil and butter. Cover and cook over low heat about 1 hour or until liquid has formed into a glaze, stirring mixture occasionally. Serves 4.

## PARSNIPS RÉMOULADE

*(from Emerick Bronson)*

*Ingredients:* 1 pound parsnips trimmed and peeled; ¼ cup French mustard; 1 cup oil, blanch preferably; ½ teaspoon rice wine vinegar; salt and pepper to taste.

*Method:* Grate parsnips on a Mouli grater using the disk that produces shreds the size of thin macaroni.

In a bowl beat mustard with a wire whisk and slowly add the oil until it is all incorporated (should be the consistency of waxy mayonnaise). Beat in vinegar and season with salt and pepper. Coat the parsnips and toss lightly. Serves 4. ■

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In this clickety-click, mass-produced, computerized world we live in, isn't it nice to know there's still a Woodard around?

For color brochures and the name of the store near you that carries Woodard indoor and outdoor furniture, write to Woodard, 317 Elm Street, Owosso, Michigan 48867. Woodard



# 5 great make-ahead meat pies

## from the famous kitchens of the Queen Elizabeth

By Dee Hardie



b the Queen Elizabeth 2 [illegible] Cunard. Cunard came first, and shall never be forgotten. For five glorious days we plunged into tasty meat pies and puddings, both as a [illegible] and Squeak Toad in the Hole and [illegible] was a marathon of English cooking. And by the time we landed I think I felt like Gertrude Lawrence, although I may have looked more like Beatrix Potter. (Remember I had English food every single meal, which can be substantial and sea air does make you, rather me, famished.)

[illegible] glish, and we certainly did get to [illegible] menus. Not that Bubble and Squeak, Toad in the Hole, and Shropshire Fitchett Pie are all going to leave the Cunard menu for you can request them, a day or so [illegible] when our headwaiter despaired when I wanted Steak and Kidney Pudding and he thought I should try "Poached Paupiettes of Sole Boistelle." I compromised every [illegible] by having beluga caviar as an appetizer. He liked that. I [illegible] what he *expected* me to order.)

[illegible] never disappointed. [illegible] challenge [illegible] comfortable, cozy, pleasing to the palate. [illegible] other [illegible] Captain Anthony Hehir [illegible] were suggested by fellow British passengers. Once the [illegible] *truly* interested, they could hardly [illegible] eat. And they spoke of their traditional dishes with true warmth and affection and pride.

One passenger, a woman of Churchillian gusto and proportions, insisted that we try Bread and Butter Pudding. "That's what we were raised on," she claimed. "That's what's wrong with our country today. We don't eat enough Bread and Butter Puddings!"

Of course we had Bread and Butter Pudding, a nursery dessert that has grown up as presented by Cunard. We had it a second time, in the famous Grill Room of London's Connaught Hotel because we liked it so much on the QE2. It had become an old friend we were glad to see again.

Ways and means of serving have undoubtedly changed on the Cunard ships over the last 100 years, but there is still a great deal of panache and style. The waiter whips the peaked napkin off your plate into your lap the minute you sit down, and the service is superb. Yet imagine the late 1800s when a blaring trumpet summoned passengers to dinner. And as the Captain marched in large soup tureens were uncovered in unison by beautifully tailored and trained waiters. When we crossed there were no trumpets (except late at night in the discotheque) and no shiny chorus line of tureen tops, but it was a wonderful world for five days where we thoroughly enjoyed and savored the fine traditional English dishes of the largest floating restaurant on the seas today.

*A brown tavern steak and kidney pudding dressed with a snowy white napkin circling the basin.*



Thackeray probably enjoyed his Steak and Kidney Pie as much as we did when he sailed on the "Canada" in 1852. And Charles Dickens, when on the "Britannia" in 1842, was so impressed with Cunard food that he wrote about it in his *American Notes*. He started off by describing the loading of the ship's food ". . . . men were filling the icehouses to the very throat with fresh provisions; with butcher's meat and garden stuff; pale suckling pigs, calves heads in scores, beef, veal, and pork and poultry. . . ."

We were impressed, too. Little wonder. With experience and elegance an executive chef, five chefs, and a kitchen staff of 138 manage to serve three meals a day, plus bracing bouillon in the morning and a tidy tea in the afternoon to 1700 passengers and the crew of 900. And if you suddenly feel "peckish," as Cunard puts it, you can order sandwiches at any odd time of day or night. We made it a point to feel "peckish" around midnight as our night steward was a delightful Eric. (Looking robust, even at midnight, Eric sleeps on an open deck in all weather.)

By concentrating on the traditional English dishes we not only had delicious meals every day, we discovered we were in truly interesting company. On past voyages of the Cunard ships Lord Beaverbrook always had Steak and Kidney Pie. The late Kay Kendall was so fond of Cunard's Cottage Pie that she would make a special trip into the kitchen to thank the staff. Noel Coward, always splendidly attired, requested for lunch Bangers and Mash every single day. Translated, that is good old sausages and cream potatoes.

As Kay Kendall would go into the ship's kitchen to give thanks, I followed the same route, to find

*Hard boiled egg helps make a beautiful mosaic on each slice of veal and ham pie.*



out how many teaspoons and tab spoons were needed for certa recipes. The path between c stateroom and Executive Chef B Ferguson's quarters became qu worn. Imagine reducing his recip for hundreds down to servings f 4 or 6 or 8. He was a real gent they say, and so patient and kin

Now that I am home in Mar land I have tested a tasted every dish we h aboard ship in our country kitche with the aid of my friend Ma Downing who also happens to an especially good cook, and Anglophile as well. We cooked a storm. A storm as we never h on the good new Queen Elizabe 2. We concentrated on the me pies and a meat pudding, but the were some other traditional dish we felt couldn't be overlooke soups, sausage rolls, desserts. Sor of these dishes like the Steak a Kidney Pie, Cottage Pie, and sa sage rolls can be cooked ahea frozen and reheated. Others li the Steak and Kidney Pudding a Shropshire Fitchett Pie are be right out of the oven. The Veal a Ham pie is marvelous cold for picnic.

All of these recipes are straig from the executive chef's *toq blanche*. So rule Britannia and ro ing pins, and enjoy your Engli cooking.

### STEAK AND KIDNEY PIE

History has it that this dish w eaten by Wellington's victorio troops after the Battle of Waterlo This recipe serves 6. It can l cooked ahead and frozen, cooked ahead, refrigerated, a served cold.

*Ingredients:* 1 onion, diced; 1 t blespoon butter; 2 pounds rou of beef (rump steak or top side cut into ½ inch cubes; ¼ pou lamb kidney, sliced; ¼ cup flou 1¼ cups beef stock; salt and pe per; 1 teaspoon Worcestershi sauce; puff pastry, basic p dough, or 1 package crescent ro (found in the dairy case at cha stores); 1 beaten egg; gelatin, desired.

*Method:* In a skillet lightly brow onion in butter and then add be and kidney and allow to cook st

ring constantly, until the contents are brown. Sprinkle in flour and mix well. Add 1 cup stock, salt and pepper to taste, Worcestershire sauce and simmer slowly over low flame about 2 hours, or until meat is tender. Make sure there is always a fair amount of liquid.

Preheat oven to 400°. Place the meat and gravy in a deep pie dish and allow to cool. Place pie funnel in the center of the dish. The funnel allows the meat to be nicely domed without being too tightly packed. If you do not have a funnel, merely leave a small hole in the center of the pastry. When the meat and gravy cool, damp edges of the pie dish and cover with rolled out pastry, dough, or crescent rolls around funnel. If you do not have a funnel, cover the center hole with a pastry leaf cut from trimmings of dough shaped as a diamond and dampen before putting over hole. Flute edges of pastry and glaze dough with egg. Bake for 10 minutes, reduce heat to 350° and cook until crust is golden brown. Before serving pour a little stock through funnel, or remove pastry leaf and add it.

If the pie is to be eaten cold, it is a good idea to dissolve some gelatin in the stock at the end. Serve as Cunard does, with cabbage, quickly cooked with a touch of bicarbonate of soda in the water to keep the cabbage green. Serves 6.

## STEAK AND KIDNEY PUDDING

The ingredients here are very similar to a steak and kidney pie, but as it is a pudding, it is steamed whereas the pie is baked. If you haven't a white crockery "pudding basin," you can use an average-sized, 6-inch-deep, 6-inch-at-the-brim, mixing bowl with a rim. (But if you've ever received a plum pudding from England, you already *have* a pudding basin.) The suet crust pastry and the ingredients for the pudding can each be prepared ahead and kept in the refrigerator overnight. The pudding is best, however, served immediately after it is steamed. Leftover pudding may be reheated.

*Ingredients for suet crust pastry:* 2 cups flour, sifted with 2 teaspoons baking powder; pinch of salt; ¾ cup finely chopped beef suet; cold water to mix.

*Method for suet crust pastry:* In a bowl sift flour-baking powder mixture and salt. Mix in suet. Add enough cold water to mix a firm dough. Knead lightly on a floured board and roll dough out.

*Ingredients for pudding:* 1 recipe of suet crust pastry; 1 pound rump or beef round, cut into 1-inch cubes; ¼ pound lamb kidney, sliced; 1 onion, diced finely; 1 cup mushrooms, sliced; 4 tablespoons flour; 1 tablespoon Worcestershire sauce; 1 tablespoon tomato purée; 2 cups water or gravy.

*Method for puddings:* Line a greased pudding basin or bowl with most of the pastry, keeping just enough for the cover.

In a bowl place meats, onion, mushrooms, flour, Worcestershire sauce, and tomato purée. Blend in cold water until you have a smooth pale sauce. Place mixture in pudding basin or bowl and cover top with the remaining pastry, sealing it completely by pressing edges firmly together. Use a sharp knife to trim edges neatly. Place a piece of aluminum foil over top of pudding making a 1-inch pleat to allow for rising. Twist the foil at two ends into ears. You could also tie string around securely, making loops at each end to help lift bowl when finished steaming. Put bowl in a saucepan, immerse one-third large enough to leave a space all around the basin; otherwise you will find it difficult to add to the water, which will reduce as the pudding is steaming. It's a good idea to put an inverted saucer in the pan to raise the bottom of the basin from the water, and the pan must have enough water in it to reach about ½ way up the basin. Keep the water boiling on a very low heat (water will seep into pudding if it boils too fiercely). Steam pudding for 2½-3 hours. Serves 4-6.

After steaming, remove foil from pudding and tie jauntily with a white napkin with a large knot in front. This adds a certain flair and helps you hold the basin and to serve. At the table have a small jug of boiling water or gravy, so when the first portion of the pudding is cut you can pour in a little water to increase and dilute the very rich gravy. This is not exactly a "hasty pudding," it does take time, yet is delicious. Serve with small peas and potatoes.

## VEAL AND HAM PIE

Usually served cold, this meat pie is a prime treat. Although it is often served with tiny crocks of pickles, horseradish, chutney and, of course, English mustard. The pie can be made ahead and kept for several days in the refrigerator.

*Ingredients for hot water piecrust:* ½ cup lard; ½ cup boiling water; 1½ cups cake flour; ½ teaspoon baking powder; ½ teaspoon salt.

*Continued on page 125*



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# Wild blackberry ice cream, skillet corn pudding,

## and other fresh country recipes from an imaginative gentleman cook

**A wonderful natural cook, Charles Mount warms to all that is best in American regional cookery. Here are his menus and recipes he serves at his country farm.** see page 84.

AFTERNOON TEA

*Lapsang Souchong Tea*
*Fresh Lemon Wedges*
*Apple, Curly, and Orange Mint, Cream Sugar*
*Alabama Orange Cake*
*Fannie Ruth's Pecan Pie*
*Wild Blackberry Ice Cream**

### ALABAMA ORANGE CAKE

*Ingredients for cake:* 1 cup butter, room temperature; 1 cup granulated sugar; 3 eggs, separated; 2 cups all-purpose flour; 1 teaspoon baking soda; 1 teaspoon baking powder; 1 cup sour cream or plain yoghurt; 2 tablespoons finely grated orange peel.

*Ingredients for glaze:* ½ cup granulated sugar; ½ cup orange flavored liqueur; ½ cup orange juice; ½ cup coarsely grated orange rind.

*Method for cake:* Preheat oven to 350°. In a bowl cream together butter and sugar until light and smooth. In a small bowl beat egg yolks and add to butter mixture and mix well. In a separate bowl sift flour, baking soda, and baking powder together. Add flour mixture to butter-egg mixture gently, alternating with the sour cream or yoghurt and mix well. Stir in orange peel. In a bowl beat egg whites until stiff, but not dry, and fold in gently into batter. Butter a 9-inch tube cake pan, dust with flour, pour batter into pan and bake 40 minutes. Test with a cake tester.

*Method for glaze:* In a saucepan add sugar, liqueur, orange juice, and rind and bring to a boil for 2 minutes. Invert cake on a platter and pour glaze over warm cake.

### FANNIE RUTH'S PECAN PIE

*Ingredients for piecrust:* 2 cups flour; ½ teaspoon salt; 2 tablespoons sugar; 1 stick cold butter; 2 tablespoons cold shortening (Crisco); 6 tablespoons milk or cream.

*Ingredients for pie filling:* 3 eggs; 1 cup granulated sugar; 1 cup light Karo syrup; 1 tablespoon melted butter; 1 teaspoon vanilla extract; pinch of salt; 2 cups pecan halves; 1 unbaked piecrust.

*Method for piecrust:* In a large bowl place flour, salt, sugar, butter, shortening and blend with a fork until mixture resembles coarse oatmeal. Add milk or cream and work into a ball, quickly. Chill dough 1 hour before rolling out, or roll out dough immediately after making it, and chill it in 9-inch pie pan for 1 hour.

*Method for pie filling:* Preheat oven to 375°. In a large bowl beat eggs well and add sugar, syrup, butter, vanilla, and salt and mix together well. Mix pecan halves into mixture and pour into piecrust. Bake pie for 15 minutes and reduce temperature to 350° and bake another 25 minutes, or until custard has set and pecans and piecrust are brown. 6 servings.

### WILD BLACKBERRY ICE CREAM

*Ingredients:* 1 cups milk; 2 cups heavy cream; 8 egg yolks; 1 teaspoon vanilla; 1 cup sugar; ½ teaspoon salt; 1 cups fresh blackberries, crushed and drained.

*Method:* In a double boiler scald milk and cream. In a large bowl beat egg yolks with vanilla, sugar, and salt. When milk/cream mixture has cooled, blend in the egg-sugar mixture. Add blackberries or other fruit and pour into a hand-cranked or electric ice cream freezer and freeze 1 gallon ice cream.

*Note:* This ice cream can be made with any other fresh fruit.



BRUNCH

*Fresh Orange Juice with Mint*
*Country Smoked Sausages*
*Omelettes with Menuchah Chili Sauce**
*Baked Stuffed Tomatoes**
*Coffee*
*Homemade Biscuits*

### BAKED STUFFED TOMATOES

*Ingredients:* 8 large firm ripe tomatoes; butter; 2 ribs celery, finely chopped; 1 medium onion, finely chopped; 1 egg, beaten; ¾ cup bread crumbs; ½ cup dry vermouth; ½ teaspoon salt; ⅛ teaspoon freshly ground pepper; 1 medium garlic clove, chopped; ¼ cup parsley, chopped; 3 tablespoons fresh basil, chopped; grated Parmesan cheese.

*Method:* Preheat oven to 400°. Remove the stem portion of each tomato and gently remove the pulp and reserve. In a skillet add a small amount of butter and sauté celery and onion and set aside to cool. In a large bowl combine cooled onion and celery mixture with tomato pulp and mix well. Add egg, bread crumbs, vermouth, salt and pepper, garlic, parsley and the basil and mix thoroughly. Fill each tomato shell with mixture and sprinkle tops with cheese and dot each with a bit of butter. Place tomatoes in a shallow buttered baking dish and bake for 20 minutes. Serves 8.

### CHILI SAUCE MENUCHAH

*Ingredients:* 4 quarts red ripe tomatoes, chopped; 3 large onions, chopped; 2 cloves garlic, pressed fine; 2 sweet red peppers, chopped; 2 sweet green peppers, chopped; 2 small red hot peppers, chopped fine; 6 stalks celery, chopped; 1 tablespoon salt; 1 tablespoon sugar; 2 cups apple vinegar; ½ cup honey; 1 bay leaf; 1 tablespoon crushed allspice; ½ tea-

poon each of ground cinnamon, utmeg, and cloves; 1 tablespoon ace; pepper to taste.



*ethod:* Combine all ingredients a large enamel kettle and simer mixture slowly for 3 hours, irring frequently; cook sauce unvery thick. Pour mixture into erilized Ball canning jars, seal ps and place a ring around each, ipe tops clean. Place jars in a ketof cold water and bring to the il (water should cover jars). Boil r 25 minutes. Remove jars from ttle and turn upside down until ol. Lids of jars should have a pression in them. Remove rings d store in a cool dry area. It eps for months. Sauce is very good omelettes. About 6 quarts chili.

## DINNER OUTDOORS

*Smoked Turkey, Menuchah*
*Zucchini Mélange*
*Skillet Corn Pudding°*
*Fresh Garden Salad*
*with Vinaigrette*
*Pear Tart°*
*spresso* *Dry White Wine*

## SKILLET CORN PUDDING

*gredients:* 3 eggs, beaten as for omelette; 1 cup milk; 1 cup eavy cream; 3 tablespoons brown gar; ½ teaspoon salt; freshly round pepper to taste; 3 cups eshly cut corn (off the cob); 2 blespoons butter.

*Method:* Preheat oven to 300°. In large bowl place beaten eggs, ilk, cream, sugar, salt, and pepper and mix well. Add corn to mixure and mix well. Pour into a 10-ch cast-iron skillet or a soufflé ish and set in a pan of boiling wa-r. Dot surface of pudding with utter and bake for 1 hour. Test udding with a clean knife; when comes out clean, the pudding is one. Serves 6-8.

## PEAR TART

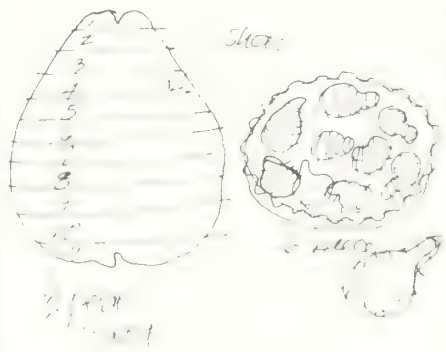
*ngredients for pastry:* 2 cups our; 2½ tablespoons sugar; ¼ teapoon salt; 8 tablespoons very cold utter; 3 tablespoons very cold olid shortening; 2 egg yolks; 2 ablespoons very cold water.

*Method for pastry:* In a large mixing bowl combine the flour, sugar, and salt. Cut in the butter and shortening and work very quickly with a fork until the mixture resembles coarse cornmeal. In a separate bowl mix the yolks and water and combine quickly with the flour mixture. (If more water is needed add sparingly; if you add too much water, add more flour.) Gather the dough into a ball, it should hold its shape, and wrap in wax paper and place in the refrigerator to chill at least 1 hour. Pastry can be immediately rolled out and placed in a 9-inch flan pan and then chilled before baking.

*Ingredients for tart filling:* 1 recipe tart pastry; 8 firm Anjou pears, peeled and cored and left whole (not overly ripe); water; juice of 1 lemon; ½ cup apricot preserves; ¾ cup granulated sugar; ¼ cup pear brandy, optional; ½ cup water; ¾ teaspoon powdered ginger; 1 tablespoon grated lemon peel.

*Method for tart:* Preheat oven to 425°. Roll out pastry to more than overlap the sides and edges of a 9-inch flan pan. Crimp the edges over the rim so the pastry will not shrink back into the pan. Prick the bottom and bake the pastry for 10-12 minutes and remove from oven.

Core pears and peel them. Place in a large pan of cold water with lemon juice, this stops them from discoloring. In a saucepan add apricot preserves, ¼ cup sugar, ¼ cup pear brandy, if you wish, ½ cup water, and bring to a gentle boil for 10 minutes. Let mixture cool briefly and brush pastry shell with the mixture—giving it a light coating.



Cut 1 whole pear in half lengthwise and slice halves into approximately 8-10 pieces across the width, keeping all pieces together. With a spatula or a cutting knife pick up the sliced ½ pear and gently place on the outer edge of the pastry. With your hand gently pat the sliced pear until it settles in a slightly flattened manner. It will still resemble the pear. Repeat this method for all pear slices and arrange in a complete circle on the pastry. Sprinkle ½ cup sugar over the pear halves; sprinkle with ginger and lemon peel. If there is any remaining apricot sauce, dribble it over the finished tart. Reduce heat to 375° and bake 40 minutes. ■





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# May wine magic

## Refreshing wine drinks and punches with fruits, herbs, and spices

By Doris Tobi

May, the gentle-mannered month [illegible] with wine, [illegible] perfect time to [illegible] and summer with the fresh taste of a variety of fruits and herbs.

The May Wine festival in Germany combines the pleasures of wine, herbs, and fruits into the traditional May Bowl—white wine steeped with a handful of woodruff, known as *Waldmeister* in Germany, a wild herb with medicinal properties and the scent of new-mown hay.

The old-world May Bowl or May wine punch is made by placing woodruff, which reaches its peak of flavor at the beginning of May, into a cheesecloth pouch and letting it steep in a pitcher of Rhine wine for several hours. The orthodox garnish for the wine is fresh strawberries, but other seasonal fruits—peaches, pears, nectarines [illegible] as well.

If fresh fruits are not easily found, frozen fruits may be substituted, preferably those without sugar added—frozen whole strawberries, blueberries, peaches, or raspberries.

Some American restaurants with German origin make a pretty festival of the May wine tradition. In [illegible] Berghoff's restaurant in [illegible] placed little half-bottles

### LUCHOW'S MAY BOWL

*Ingredients:* 1 bottle May wine [illegible] or you may substitute 1 bottle Moselle or Rhine wine, unflavored German white wines; 2 ounces Grand Marnier; 2 ounces brandy; ½ ounce dried woodruff, boiled in a little water to make an infusion and cooled; 1 bottle champagne; block of ice; strawberries.

*Method:* In a pitcher or bowl mix wine, Grand Marnier, brandy and woodruff infusion. Let stand a few hours or overnight. When ready to serve, add the champagne to mixture and float a large block of ice in punch bowl. Serve in stemmed glasses with a few strawberry halves in each. Makes about 20 4-ounce servings.

NOTE: Dried woodruff and borage may be had from herb and spice stores such as H. Roth & Son, 1577 First Ave., N.Y.C. 10028; Aphrodisia Products, Inc., 28 Carmine St., N.Y.C. 10014. If you prefer a less exotic punch, omit herbs, use Moselle or Rhine wine instead of May wine.

Here are two variations on the May bowl theme in the last the pungent taste of orange couples nicely with the meadow-fresh taste of the woodruff and the fruitiness of the delicate peach brandy.

### TANGY MAY BOWL

*Ingredients:* ¼ cup dried woodruff [illegible] cup fresh; 2 bottles Rhine or Moselle wine; ¼ cup peach brandy; ½ cup superfine granulated sugar; [illegible] oranges, peeled and cut in [illegible] 1 quart soda water; block of ice; 1 pint fresh strawberries, hulled, stems left on.

*Method:* Place dried woodruff in a square of cheesecloth and tie securely. If you can find fresh woodruff, wash it well and pat dry with paper toweling. In a large pitcher [illegible] woodruff, orange, peach brandy, sugar and cover and let stand several hours or overnight. Strain the [illegible] into punchbowl. When [illegible] e, float a large block [illegible] and add orange [illegible] in each glass and a [illegible]

### GALA MAY BOWL

[illegible] herb used for adding coolness and soothing qualities to wines.

*Ingredients:* 2 lemons, sliced very thinly; ¼ cup superfine granulated sugar; ½ ounce dried borage, tied in a cheesecloth, or a few sprigs of fresh borage, if available (optional); ¼ cup cognac or brandy; ¼ cup dry Madeira (Rainwater or Sercial are dry); 2 bottles California Riesling; 1 bottle champagne; block of ice.

*Method:* Combine lemon slices, sugar, borage, cognac, and Madeira and steep several hours to combine flavors. Remove the borage from the mixture and pour into a crystal punchbowl. Pour in the two bottles of Riesling and float a block of ice in the bowl. Add the champagne and serve at once in crystal punch cups. Garnish each with a slice of lemon. Makes about 20 4-ounce servings.

For those who prefer ready-bottled preparations, there are both imported and domestic brands of May wines—light white wines flavored with woodruff. These can be chilled and served with whatever fruit garnish you find pleasing.

Seasonal fruits and wines are immemorial consorts on the lunch, tea, or dinner table. There are many combinations that can bring pleasure to your family and guests, even without the added fillip of herbs and spices.

Spring's first tart-sweet diamonds of strawberries are ideal mates for German wines, Alsatian Sylvaner and to many of the California varietals, such as Almadén Chardonnay or Pinot Blanc, which are light, crisp and inexpensive. They're a great team with French champagne or domestic champagnes—Great Western, from New York and Korbel Brut from California.

For an intriguing flavor, heap washed, unhulled strawberries in a pretty white ceramic bowl and sprinkle with vanilla sugar. To prepare vanilla sugar, cut a 1-inch segment of a vanilla bean into tiny pieces and combine with 1 cup confectioners sugar. Store in a tightly covered bowl and wait at least 24 hours before sifting over your bowl of berries.

Fresh raspberries are so fine and delicate in flavor that to add any herb or spice would be painting the lily. It's lovely to nestle two or three fresh berries into a gla[illegible] Kir, the popular warm-wea[illegible] aperitif made with any dry w[illegible] wine and a teaspoon or tw[illegible] crème de cassis. Kir, named [illegible] its originator, Canon Kir, m[illegible] of Dijon, may be served chille[illegible] all-purpose wine glasses, or of[illegible] in an Old Fashioned glass.

A bowl of fresh raspberrie[illegible] nibble with the fingers is le[illegible] with a crisp white wine from [illegible] Loire Valley in France—Muse[illegible] or Vouvray, for example. Sin[illegible] California wines, such as Ro[illegible] Mondavi Fumé Blanc, or an A[illegible] dén Grenache Rosé make ideal[illegible] ping. Chill, but don't ice the w[illegible] and don't hold back on the su[illegible] lent berries.

When the first orange-fle[illegible] cantaloupes are ripe, pare t[illegible] and slice them into half-mo[illegible] Layer the melon in a shallow [illegible] ramic or glass bowl and po[illegible] half-cup of Beaujolais over [illegible] slices. Pour additional lig[illegible] chilled Beaujolais into pretty w[illegible] glasses. Plunk a cluster of lol[illegible] forks in a glass next to the m[illegible] slices for guests to spear the me[illegible] For a licorice-spicy touch, ch[illegible] few fresh anise leaves and ad[illegible] the macerating melon, or a[illegible] aniseeds if you can't find [illegible] fresh leaves.

Whether you slice your lusc[illegible] ripe peach directly into your g[illegible] of Valpolicella, or eat it out[illegible] hand while sipping the delight[illegible] light Italian wine—the comb[illegible] tion is a winner. Nectarines, w[illegible] their shining, blushing skins, [illegible] be enjoyed in the same manne[illegible] you halve your peaches or nec[illegible] ines, try dusting the cut sides w[illegible] powdered nutmeg or cinnamon [illegible] pile perfect golden peaches i[illegible] green glass bowl and fill the [illegible] ners with clumps of fresh r[illegible] leaves.

For Bartlett pears, with t[illegible] creamy flesh and golden blus[illegible] skins, open a good red Borde[illegible] or a pleasant California varie[illegible] made from the same Cabe[illegible] Sauvignon grape—Cresta Bla[illegible] Beaulieu Vineyards, Paul Mas[illegible] and Robert Mondavi produce [illegible] cellent Cabernet Sauvignons.

Fuzzy orange-gold apricots [illegible] evocations of summer days [illegible] green, tree-shaded lawns. W[illegible] more luxurious and appropr[illegible] wine for them than sweetly eleg[illegible]

Sauternes, whose bouquet is itself apricot, its color deep golden. A Château Climans from France or one of the similar delicious sweet wines from California—Wente Brothers Château Semillon or Château Concannon Haut-Sauterne—makes ambrosial drinking. Try just a hint of cracked coriander over your halved apricots for glamour.

For fresh, moist figs, so prevalent in the Italian countryside, uncork a light-bodied Italian wine—a Bardolino or Chianti Classico or a soft Sicilian rosé. For variety try a California varietal—Sebastiani Barbera or Simi Zinfandel, good, full-bodied reds. Have nearby a bowl of granulated sugar tossed with the grated zest of a lemon and a whisper of ground allspice. Encourage companions to dip the figs lightly with their fingers and sip the wine slowly.

### MINWICHES TO MUNCH WITH MAY WINE

Butter freshly made thin white toast rounds. Add scrubbed, unpeeled, wafer-thin cucumber slices, a layer of freshly chopped dill leaves, and top each toast round with a second slice. Garnish with crisp red radishes.

Cut thin-sliced pumpernickel into fingers. Spread with finely diced avocado and a sprig of watercress. Serve with tomato wedges.

Mince pitted ripe olives and a little fresh lemon juice until they form a paste. Spread on cracker rounds, grate a little hard-cooked egg yolk on top and decorate the platter with scallion brushes. To make these, cut scallions into 4-inch lengths and feather both ends with a sharp knife.

Combine 6 ounces cream cheese with 6 ounces creamed cottage cheese and blend until smooth. Add a few drops Tabasco sauce, 3 teaspoons sweet paprika, 1 teaspoon onion juice, and a squirt of fresh lemon juice. Work until smooth. Chill. Spread on cocktail pumpernickel or rye bread. Garnish with black olives.

Bring an 8-ounce block of cream cheese to room temperature. Add 1 cup fresh or frozen strawberries that have been puréed in a blender, 2 teaspoons sugar, a grating of nutmeg. Blend until pink and creamy. Pile into a pretty crock. Surround with freshly made biscuits or nonsalty crackers. ■

## MAKE-AHEAD MEAT PIES *continued from page 121*

*Method for hot water piecrust:* In a bowl place the lard and pour the water over it and beat until cold and creamy. In a separate bowl, sift together flour, baking powder, and salt. Combine the liquid and the dry ingredients and stir them until they form a smooth ball. Cover the dough and chill it until firm.
*Ingredients for pie:* 1 teaspoon Worcestershire sauce; salt and pepper to taste; ½ onion, finely diced; 1 tablespoon parsley, finely chopped; rind of ¼ lemon mixed with small amount of water; ¾ pound veal, diced; 1 recipe for hot water piecrust, rolled out; ¾ pound ham, diced; 3 hard-boiled eggs, quartered; 2 cups jellied stock; 1 beaten egg.
*Method for pie:* Preheat oven to 425°. In a bowl mix Worcestershire sauce, salt and pepper, onion, parsley and lemon rind and water mixture together. Roll veal in mixture and set aside. Line a 9-by-3-inch bread tin with ½ the hot water piecrust and arrange veal mixture, ham and eggs in layers until tin is full, dome slightly at top. Pour 1½ cups jellied stock around mixture. Cover the top with additional pie dough and seal. Make a hole in the center of the dough with the point of a knife and arrange a decoration of circle leaves around the hole. This hole will allow steam to escape. Brush with egg for a shiny glaze. Bake for 1-1½ hours. Allow pie to cool; when cold add additional stock to the center hole and let set. Serves 6.

### COTTAGE PIE

This pie can be made with any meat, usually whatever the cottage housewife has left over from the "Sunday joint." When lamb is used, it is "Shepherd's Pie." It can be made ahead and frozen.
*Ingredients:* 2 tablespoons butter; 1 small onion, minced; 2 tablespoons flour; ½ pint brown stock; 1 pound cooked meat, fat removed and minced; 1 teaspoon mixed herbs; 1 tablespoon tomato purée; 1 small carrot, minced, cooked until tender; 2 celery sticks, minced, cooked until tender; pepper and salt, to taste; mashed potatoes (1 bag of instant mashed potatoes).
*Method:* Preheat oven to 350°. In a skillet melt the butter and brown the onion. Stir in the flour and gradually add the stock, bring to a boil and simmer for 5 minutes. In a bowl mix the meat, herbs, tomato purée, onion, carrot, celery, and pepper and salt to taste. Pour mixture into a greased deep pie dish, pour on the thickened stock and mix well. Cover the top with mashed potatoes and bake for ½

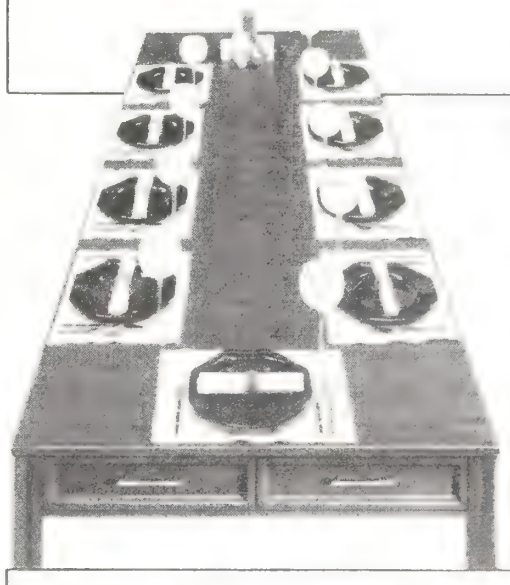
*Continued on page 179*

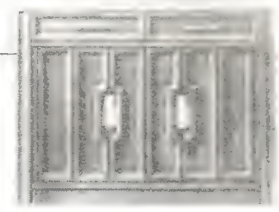

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# Budget food for practical parties



HENRY CLA

*An inviting party table, using nature as inspiration.*

Planning a summer party? Discover how easy it can be to entertain on a budget (see the party-menu suggestions on page 102). The recipes for easy-to-prepare dishes are mouthwatering and the ideas are simple and delicious.

*Vegetable Relishes*
*Button Mushrooms—*
*Seasoned Salt*
*Honey Broiled Chicken—*
*Parsley Rice*
*Spiced Fruit*
*Cold Crusty Buns*

## APRICOT FOOL

*Ingredients:* 1 cup cooked dried apricots with ¼ cup liquid; ¼ cup sugar; 1 cup whipping cream; 1 tablespoon sugar; salt.

*Method:* In a blender purée apricots with cooking liquid and lemon juice. Add sugar and blend to combine. Beat cream with sugar until it is slightly thickened. Fold the apricot purée into the cream and chill several hours. Serves 6.

*Vinaigrette Dressing*
*Artichoke and Caper Chilled Casserole*
*Orange Cups*

## CHICKEN AND GREEN CHILES CASSEROLE

Helen Corbitt Cooks for Committee Coffee Muffin

*Ingredients:* 1 pound chicken breasts, cooked, boned; butter with green chiles (you may omit); 10 tablespoons

*Method:* In a

tablespoons

Cut cooked chicken in large pieces, set aside.

Melt 4 tablespoons butter or chicken fat in a skillet melt butter or chicken fat and sauté onion for 1 minute. Add flour and cook until bubbly. Pour in milk and broth and cook until thickened, stirring with a French whip. Mix sour cream with the sauce, add jalapeno pepper, salt and pepper to taste. Place a layer of chicken in the bottom of a buttered shallow square casserole, then a layer of tortillas, cheese and sauce. Repeat, ending with cheese sauce. Bake until bubbling. This may be prepared ahead and refrigerated.

*Stuffed Olives in Mayonnaise*
*Fruit Bowl Salad*
*Vinegar Dill Relish*
*Almond Cake*
*Petits Fours*

## TUNA RICE SALAD

*Ingredients:* 2 cups steamed rice; ½ cup French dressing; pinch of grated nutmeg; ½ cup finely chopped green and red pepper; ½ cup finely chopped celery; head lettuce; 1 can Italian tuna; 12 black pitted Lindsay olives.

*Method:* While rice is warm mix in dressing, nutmeg, peppers, and celery. Line a platter with lettuce, mound rice salad over lettuce leaves, top with tuna broken into chunks and olives.

*Green Beans Lemon Vinaigrette*
*Zucchini Soufflé*
*Bagels*
*Tangy Pickled Onion Apples*
*Oranges*

## OMELETTE SAVOYARDE

*Ingredients:* 1 tablespoon butter; 2 slices bacon or 2

*Method:* Place

such omelette pan on low heat while preparing eggs. In a large bowl add eggs, water, salt, Tabasco, and 2 tablespoons melted butter and beat together with a whisk until egg mixture begins to froth slightly. Turn heat up to medium under pan; pan is ready when you touch the bottom with a wet finger and it sizzles. Add 1 tablespoon butter to pan and with fork spread butter all over bottom and up sides of pan as it melts. Pour eggs into pan and with flat side of fork make brisk circular motions around the bottom of pan to scramble eggs until light and creamy. Spread eggs up to rim of pan and allow eggs to set, briefly. Add filling to pan and cover with Gruyère cheese. Turn omelette out of pan by lifting it from edge of pan opposite handle. Tilt pan over to slide into platter. Serve at once. Serves 4.

*Minted Watermelon*
*Zucchini Soufflé*
*Mushroom Salad*
*Marzipan*

## ZUCCHINI SOUFFLÉ

*Ingredients:* 1 pound zucchini, washed, sliced into thin bias-cut rounds; salt; ½ cup béchamel sauce; 5 tablespoons Gruyère cheese, grated; 2 egg yolks, beaten; 4 egg whites, beaten until they stand in peaks.

*Method:* Place zucchini in a colander and sprinkle with salt and leave standing for 1 hour with a heavy plate on top. Rinse zucchini and pat dry. Cook zucchini in a saucepan with a small amount of water until soft and the liquid has evaporated and sieve them. Stir the zucchini purée into the bechamel sauce, add 4 tablespoons Gruyère and stir well. Remove pan from stove and carefully add egg yolks and allow mixture to cool. Fold in egg whites and pour mixture into a buttered 3 cup soufflé dish. Place soufflé dish in a pan of water, sprinkle with remaining cheese and bake for 40-45 minutes. Serves 3.

*Cucumber Mint Salad**
*Cold Baby Rack of Lamb*
*Honey Raisin Bread*
*Kumquats*

## CUCUMBER MINT SALAD

*Ingredients:* 3 cucumbers, peeled sliced very thin; salt; 1 container plain yoghurt; lemon juice to taste; salt and pepper to taste; shredded mint.

*Method:* In a bowl layer cucumbers and salt each layer and place a plate with a heavy weight over the cucumbers. Cover and refrigerate 2 hours. Rinse cucumbers in cold water, drain, and dry.

Place cucumbers in a bowl and toss with yoghurt, lemon juice, salt and freshly ground pepper, and shredded mint. Serves 4-6.

*Curried Smoked Turkey,**
*Peach Chutney*
*Four-Lettuce Salad*
*French Bread—Cheese Tray*
*Pineapple Cream Cake*
*Apples and Pears*

## CURRIED SMOKED TURKEY

*Ingredients:* ¼ cup onion, chopped; ½ cup tart apple, chopped; ¼ cup butter; 2½ tablespoons flour; ½ teaspoons curry powder; 1 cup chicken broth; 1 cup heavy cream; ½ teaspoon grated lemon peel; 1 16 slices smoked turkey or you may use smoked chicken.

*Method:* In a skillet sauté onion and apple in butter until tender. Stir in flour and curry powder and cook for 4-5 minutes without browning. Slowly add to pan chicken broth, cream, and lemon peel and cook stirring until sauce is thick (do not let it boil).

Arrange turkey slices in a casserole and cover them with the sauce. Heat a few minutes to warm through. Serves 6-8. ■




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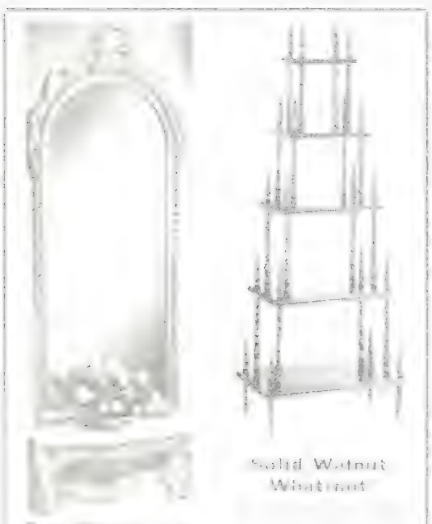


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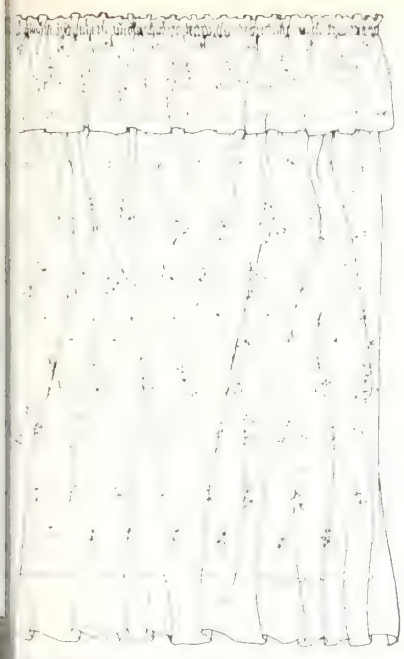
urself a silver rose petal.



## [illegible]

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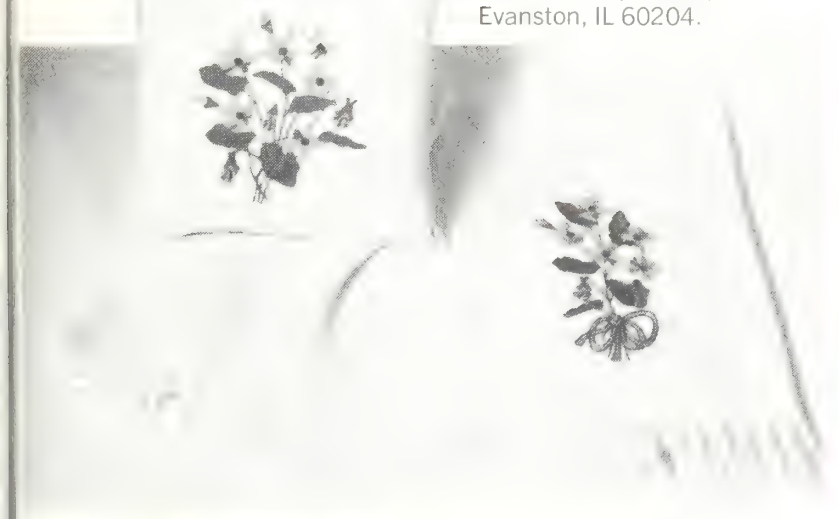
## HANDSOME HUNTBOARD

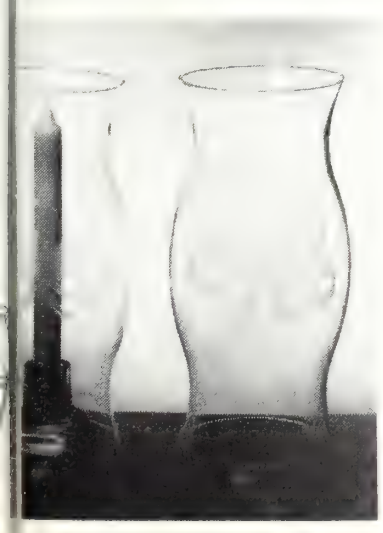
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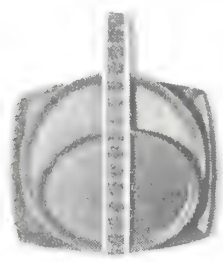
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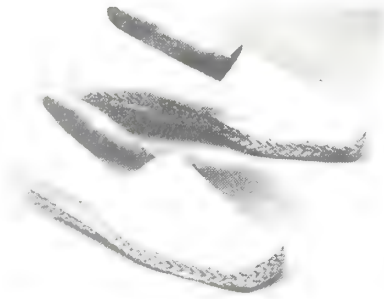
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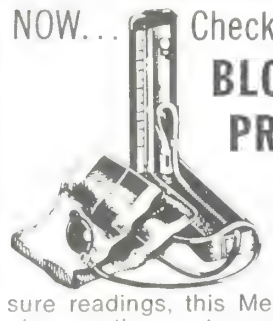
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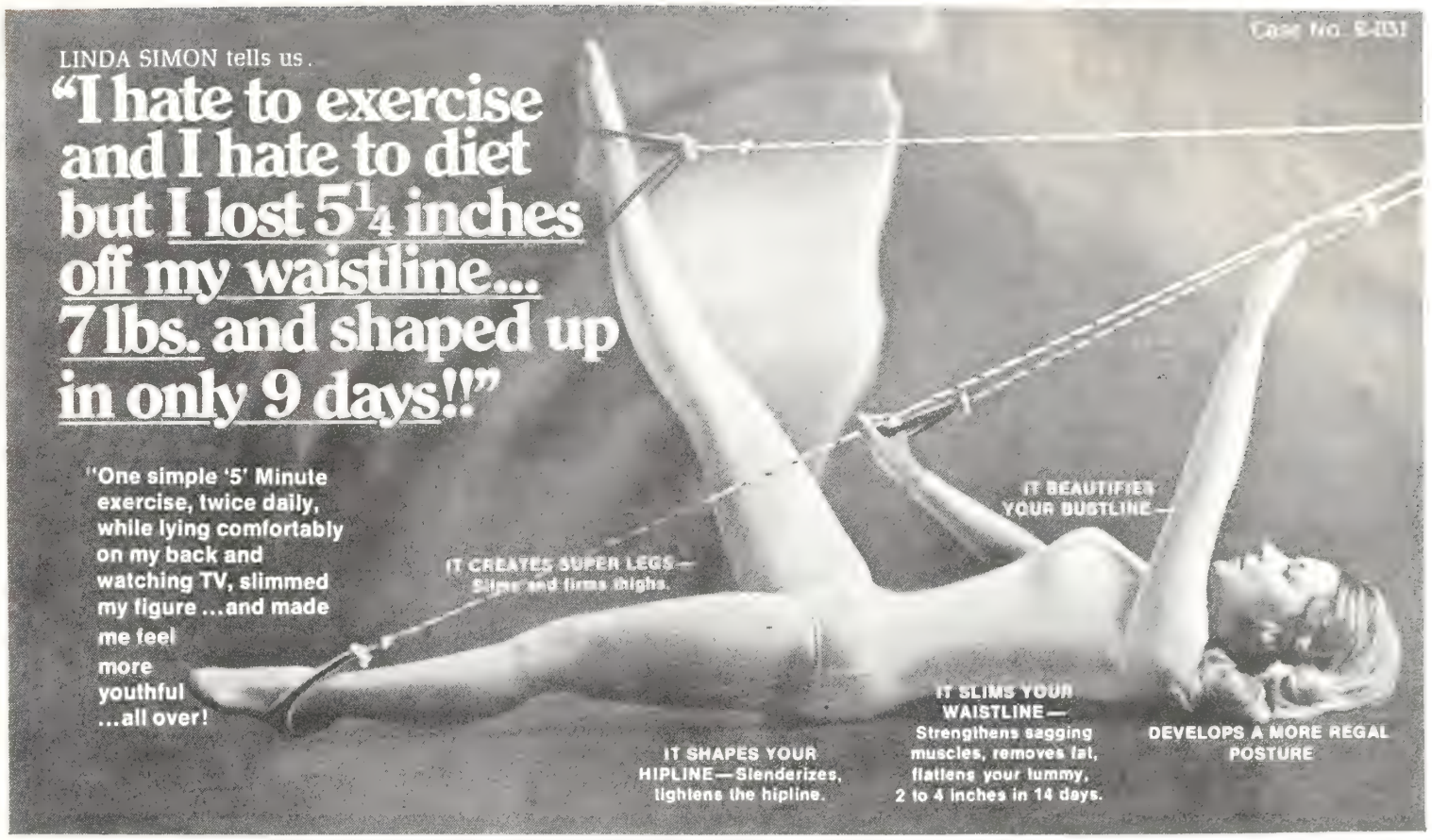
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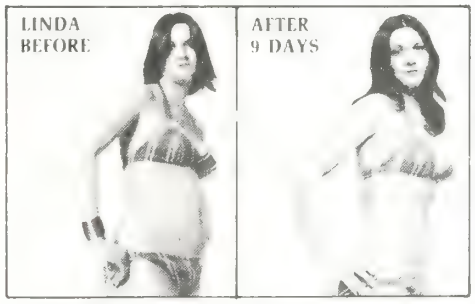
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EXPERTS AND CUSTOMERS AGREE:
**It's the no-nonsense way to shape up fast!**
Scientific reports and many of our 600,000 customers inform us that sauna wraps, inflated belts, weighted belts and other effortless exercisers are of little or no value in firming, shaping and beautifying your figure. YOU MUST WORK OFF THE INCHES — experts say. We believe, and results prove, our's is the simplest, safest, most enjoyable Plan to do it. We Guarantee It. Here's a sampling of what our slimming customers tell us that happened to them while using the Plan.

| Name | Pounds Lost | Inches Lost (off waistline) | Time |
|---|---|---|---|
| G. C. | 25 lbs. | 5¾ in. | (14 days) |
| M. F. | 32 lbs. | 6⅜ in. | (21 days) |
| W. E. | 15 lbs. | 3 in. | (14 days) |
| M. B. | 22 lbs. | 6 in. | (21 days) |
| C. J. | 10 lbs. | 6¾ in. | (14 days) |
| P. O. | 10 lbs. | 6¼ in. | (14 days) |
| J. C. | 10 lbs. | 5 in. | (14 days) |

They were measured by experts before and after 14 days. The results verified, some notarized. Your results may vary depending on how overweight you are and how much time you devote to the exerciser. The customers quoted spent 5 to 10 minutes, twice daily and reduced their food intake temporarily by about 20% but none gave up the foods they love.

**DO IT NOW!** It's America's most successful figure shaper. 600,000 customers have purchased our '5' Minute Plan to slim down fast. Results are proven and notarized. Our guarantee to you is in writing. Experts agree our plan works—and works fast. Now, can you think of any reason for not ordering your '5' Minute Body Shaper Plan and start slimming down today?

### Satisfaction Guaranteed!

**"Use our improved '5' Minute Total Body Shaper Plan for 14 days! See what it can do for you! If it is not what we say it is, simply return it to us, in good condition, for your $9.95 refund."**



Weighs 16 oz.

**JOE WEIDER** Dept. LG/E
*Builder of Beautiful Bodies since 1936*
**21100 Erwin Street**
**Woodland Hills, CA 91364**

I have a lot of pounds and inches to lose. You promise that I will feel glorious and begin to look slimmer in just 3 days.

☐ **I am enclosing $9.95 plus $1.00 for shipping and handling.**

☐ Check, ☐ Money order, ☐ Cash (Calif. res. add 6% sales tax) Please allow 3 to 4 weeks for delivery. Rush '5' Minute Total Body Shaper and Illustrated Guide — in plain package to

Name
Address
City
State..... .....Zip.

**IN CANADA: 5 Minute Body Shaper, 2875 Bates Road, Montreal, Quebec.**
**IN ENGLAND: '5' Minute Body Shaper, Craven House, 99A Park Lane, London W1Y-3TA**
**IN AUSTRALIA: 5 Minute Body Shaper, Riley McKay Pty. Ltd., P.O. Box 417, Manly, NSW 2095**




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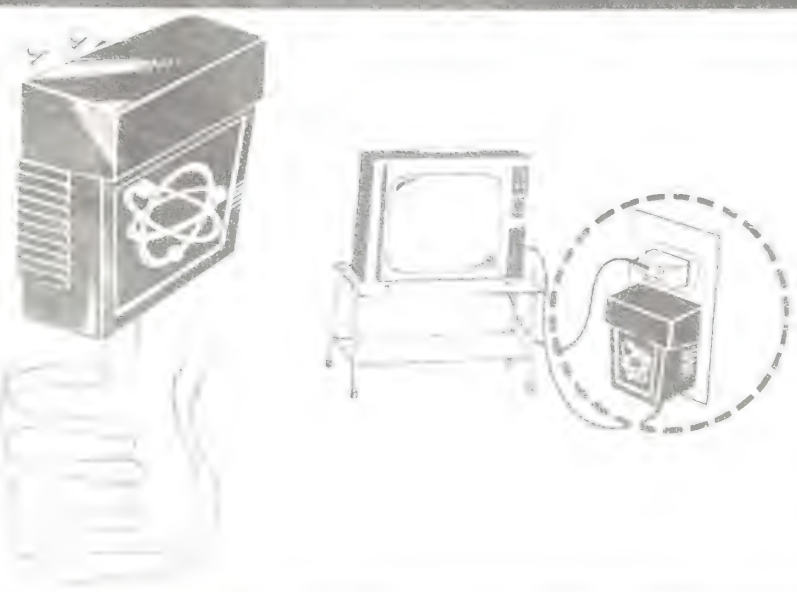
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Dept. HG55, P.O. Box 4455, Chicago, Ill. 60677

FINE CHINA scaled to perfection for elegant [illegible]ons and intimate dining. A five-piece setting designed to serve a complete meal. Porcelain White with Platinum [illegible] DINNER PLATE 6" BREAD & BUTTER [illegible]' SOUP, SALAD or DESSERT [illegible] oz CUP 4¾" SAUCER **$8.95** per [illegible] Paid. Purchase eight or [illegible] and receive two cups and saucers Free.



SAG HARBOR HOUSE

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# SHOPPING AROUND



TIMELESS BEAUTIES

Clocks in catalogue are handsome. Cabinets of solid cherry or pine, brass movements. Westminster chimes. Includes grandmother's, schoolroom clocks as well as stately grandfather's. Free. Antique Reproductions, HG5, 200 Commerce Ave., SW, Grand Rapids, MI 49502.



LOVING [illegible]

Any grandfather or dad would love a tie with the names of his children hand painted on polyester. Up to 15! White on navy, bottle green, brown or wine. 2 weeks delivery. Print. $9.50 (3 names); extra 50c each. Ppd. Butch Hoffer's, HG5, 474 Pearl St., Beaumont, TX 77701.



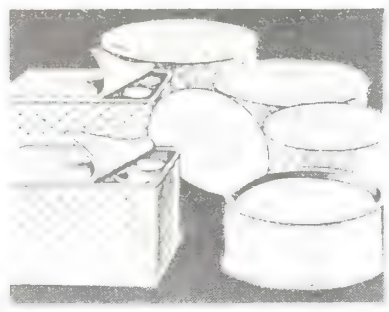
SPLATTER CATCHER

Cooks love the efficient work of a pure aluminum spatter shield [illegible]gainst flying frying [illegible] bowl batter Three [illegible], 9" h., fold flat for storage. $2.98 plus 45c post. Anthony Enterprises, HG5, 585 [illegible]et St., San Francisco, CA [illegible]



SMART STEPPER

Pick jaunty "Jackie" for your warm-weather friend. Urethane, cushioned insoles, rope-covered [illegible]" wedge, crepe sole. White, beige, brown or navy. Sizes 4-12 in N, M and W. $12.95; over 10, $1 extra. Add 90c postage. Sofwear Shoes, HG5, 1711 Main, Houston, TX 77002.



SAFE ON THE SHELF

White quilted vinyl storage pieces for plates, cups and stemware. Set of four zippered plate cases in four sizes; each holds 12 with pads, $6.98. Cup case holds 12, $4.98. Glass case for 12, $5.98. Six pc. set, $16.98. Add 50c post. Holiday Gifts, 305-M. Wheat Ridge, CO 80033.




## NEW PUSSYCAT WRISTWATCH

The original happy "Hang In There, Baby" kitten now brightens a brand-new [illegible] Swiss movement wristwatch with full year guarantee! Gold tone case, [illegible] sweep second hand, [illegible] men's [illegible] leather band. $19.95 shipped anywhere in U.S.

WRETCHED MESS NEWS

Rt. HG17, W. Yellowstone, Montana 59758

## ARE YOU UNLUCKY?

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NOW YOU CAN DO SOMETHING ABOUT I[illegible]

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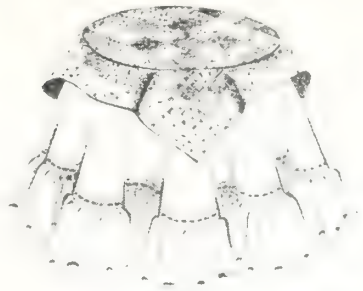
## THE LUCKY LEPRECHAUN

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# SHOPPING AROUND

## PATCHWORK PARTNERS



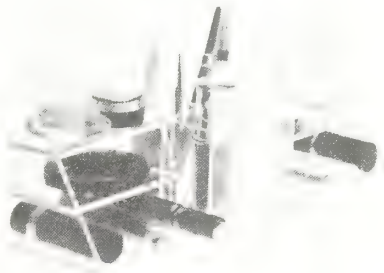
Unbleached muslin tablecloth with ecru lace insert with top cloth of patchwork prints, hand pieced of old-fashioned prints fully lined with muslin. 70″ sq. top, $48.; 90″ dia. bottom, $25.; 96″, $28.; 104″, $35. Add $1.75 post. Country Curtains, HG5, Stockbridge, MA 01262.

## PICASSO LITHOGRAPH



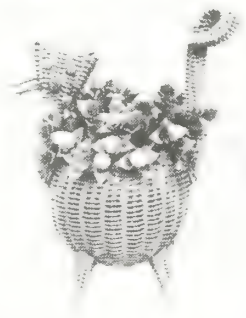
Red, blue, yellow, green and black on art canvas. 20″ by 26″. $5.95 plus 95c post. Or stretched $9.95; black frame, chromeline trim $24.95. Add $1.95 post. Catalogue 50c, free with order. Lambert Studios, HG17, 910 No. La Cienega Blvd., Los Angeles, CA 90069.

## THE COSMEPAK



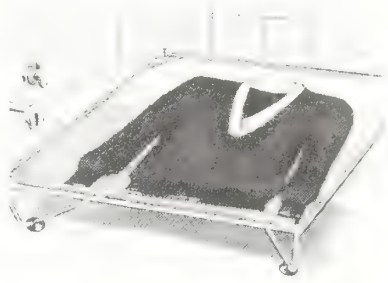
Ends cosmetic clutter, can fit in medicine chest if desired. Six small shelves for lipstick and such. Slide middle section out like a drawer. Three compartments to hold tall things. Clear see-through acrylic, 9½″ by 3″. $6.95 ppd. Bruce Bolind, HG-C, Boulder, CO 80302.

## COOL CAT



Rattan cat planter with boldly curled tail, metal lined. A real pet! 8½″ w., 12″ h. Picture her filled with growing greenery or fresh blossoms on a window sill. $9.95 plus $1 post. Painted in black or white add $1. Catalogue, 25c. Fran's Basket House, HG5, Rte. 10, Succasunna, NJ 07876.

## NET EFFECT



Sweaters dry in a breeze on a fabulous frame that lets air circulate through fine net. 24″ x 24″; reinforced corners fit over metal frame that's hinged to fold flat. Ideal for stockings. $3.98 plus 50c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

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Enter the world of the Peggy Nisbet little people. A living history in miniature is unveiled before your eyes depicting characters who have played a part in shaping our country. Each costume has been fully researched from original drawings, with all of the colorful pageantry of the **"1776"** era. Every attention is given to detail to produce a doll worthy of the collector. Celebrate America's Bicentennial by collecting these beautiful handmade dolls created by Peggy Nisbet.

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|---|---|---|
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| Betsey Rosss $13.95 | British Redcoat: $19.95 | Martha Washington $19.95 |
| Paul Revere: $19.95 | Revolutionary Trooper: $19.95 | Martha Washington in ball gown: $32.95 |
| Indian Warrior: $19.95 | George Washington: $19.95 | |

All dolls are approximately 8″ tall.

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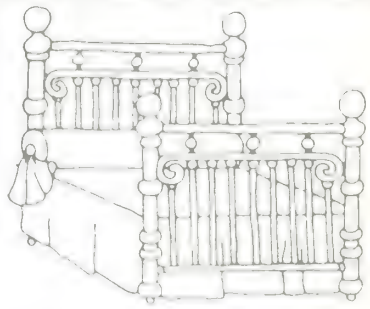
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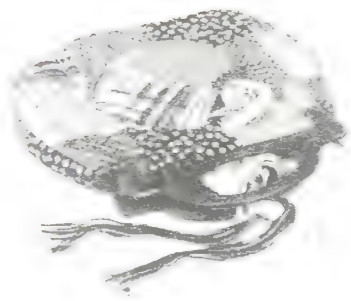


Roomy coffee-or-[illegible] casual [illegible] polyester/cotton, assorted prints. Sizes S, M, L, [illegible] 42, 44. [illegible] $9.50. Add 50c post. Send [illegible] free apron bro[illegible], HG5, Box [illegible] Centre, MA 02159.



DRESS

Red ruffles on blue paisley bodice, bright red figured skirt, paisley pocket. Paneled back, patchwork print. Matching ties. 50%-50% cotton-polyester. Jr., S, M, L. $14.95 plus $1 post. One of A Kind, HG5, 363 No. Main St., Doylestown, PA 18901.



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A patch-print knitting bag of [illegible]ty cotton inside and out. An Americana look with allover [illegible]ng, handy tuck-in pocket outside and easy-grip handles of wood. 16½" by 11". $13.98 plus 60c post. Lillian Vernon, Dept. G5E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



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Caressingly soft nylon stretch lace makes a bra to wear for natural ease and control. It's ideal for sleeping as well as daytime [illegible]es. Snap front. White; [illegible] C-D. $3.98 plus 25c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

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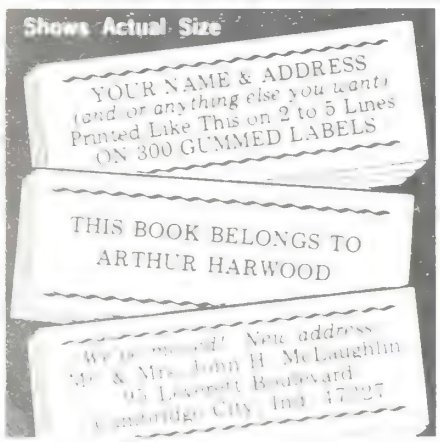
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# SHOPPING AROUND

## FOUR TO GROW



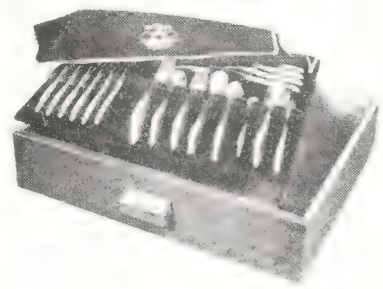
Quartet of plastic pots with lids, growing soil and seeds of basil, marjoram, parsley and summer savory. Think of the zest herbs add to salads, sauces and casseroles. Herbs can be frozen also. $2.75 plus 25c post. South Pacific Imports, HG5, 5143 W. Diversey St., Chicago, IL 60639.

## GROOM THE BATH



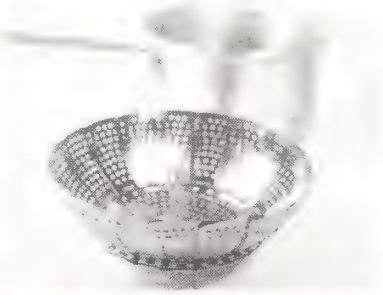
No need to have ugly cracks and openings around tub, sink or basin. Seal them up with self-sticking tape. Merely press tape on clean, dry surface. 11 foot roll, $2.98 plus 45c postage. Order from Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

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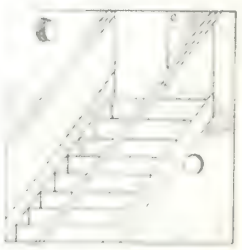
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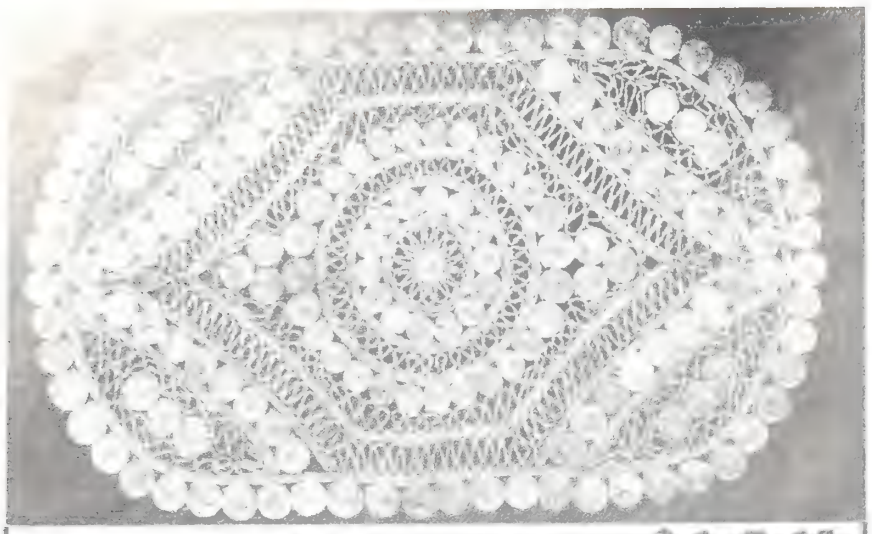
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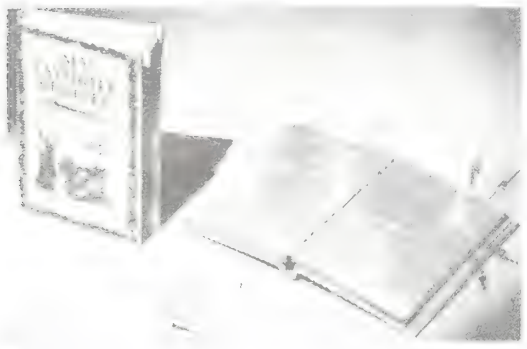
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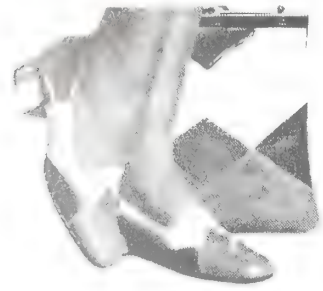
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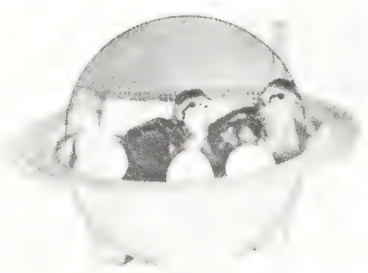
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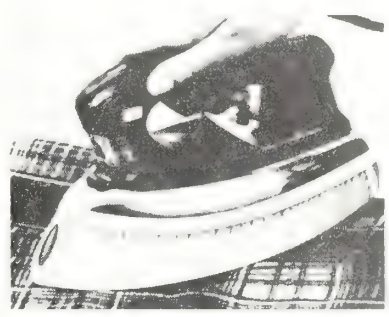
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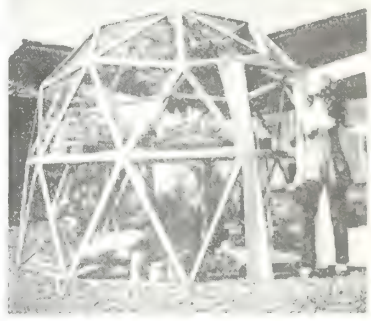
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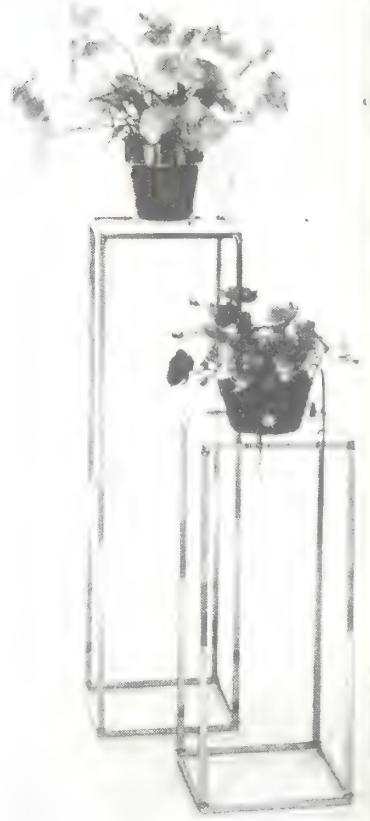
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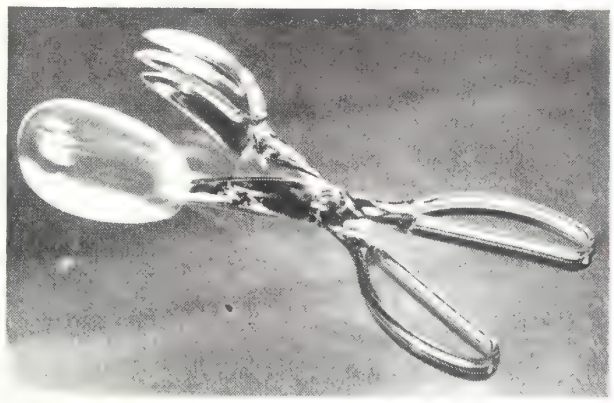
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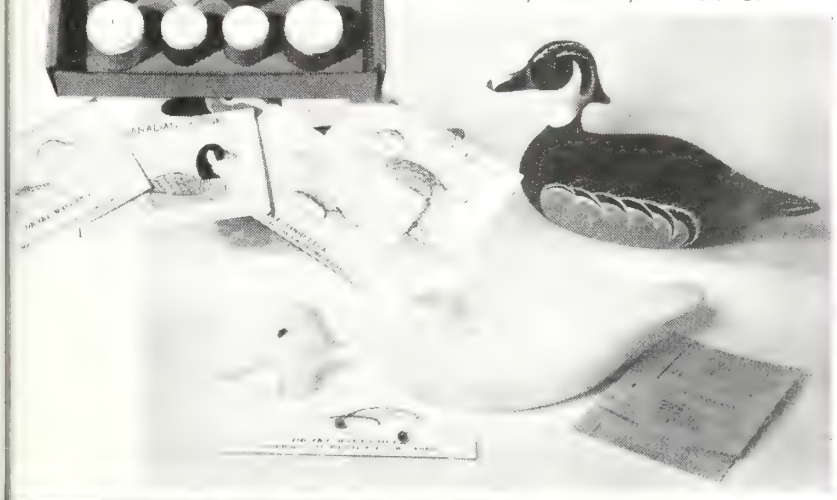
## SALAD TONGS

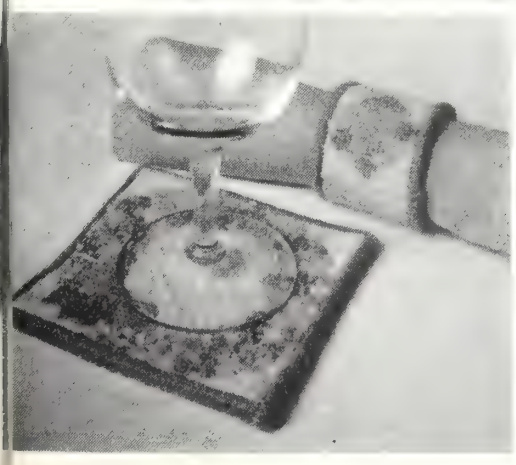
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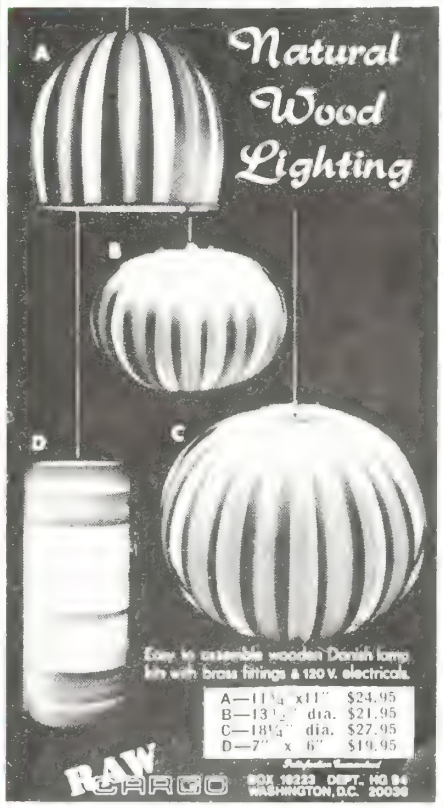
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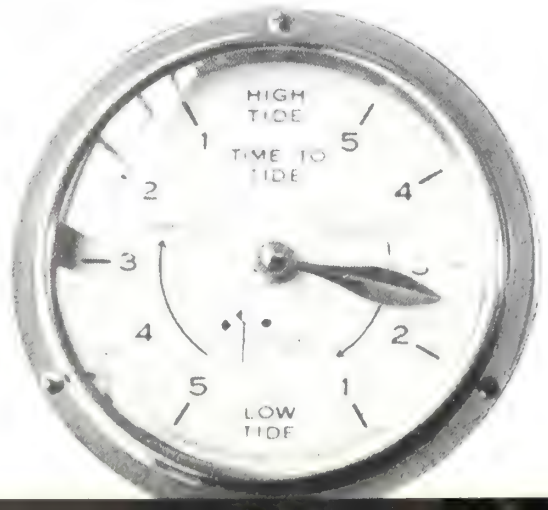
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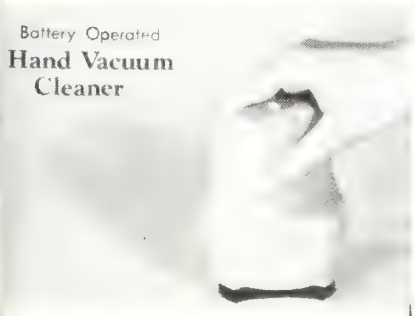
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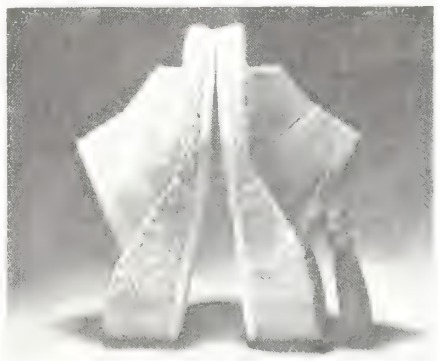


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Enchanted you'll be, by the delicate workmanship and classic style that distinguishes these pure opaline vases. Rich in elegance and a masterpiece in art. Soft pink body and creamy white base will compliment any floral arrangement. Imported from Florence, Italy. Available in 3 sizes.

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| Set of 3 | $52.98 Plus $4.00 postage |

**CAROL ANN GIFTS**
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Foot relief—at last! These wedges are so soft, pliant, and comfortable, they're called Marshmallows. Treat your feet to a pair. Foam cushion insoles, crepe outer soles, they come in white, sand, teak brown, navy, red, green and yellow. Sizes narrow 5½-12. Medium 4-12. Wide 5-12.

$11.99 as shown $12.99 with back strap
Add 90¢ for postage. No charge for larger sizes. No half sizes over 10.

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Dept. HG55
28 West Prospect,
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*Hildegarde's* HG, 597 Farmington Ave., Hartford, Conn. 06105



**ADDRESS LABELS with NICE DESIGNS**

Any Initial, American Flag, Pine, Gull, Palm, Roadrunner, Saguaro, Rose. (Also available are Texas Flag, Maple Tree, Treble Clef, or Palette). Up to 20 letters per line. 4 lines. Printed in black on white or gold gummed labels 1½x1½". 500 on white or 250 on gold for $2.50 ppd. Or on DELUXE SIZE, 1¾" long, $3.50 with design or $2.50 without, ppd. Specify Initial or Design desired. Via air, add 39¢ per order. Useful Gifts Catalog, 25c. Bruce Bolind, 25-L Bolind Bldg., Boulder, Colo. 80302. Since 1956, Thanks To You!



SHRINK STOMACH

| | | |
|---|---|---|
| Single Waist Wheel | [illegible] | [illegible] |
| Dual Waist Wheel | $7.98 | $1.00 Mailing Each |

Satisfaction Guaranteed or [illegible]

*Anthony Enterprises* [illegible] Calif. 94105

## SHOPPING AROUND



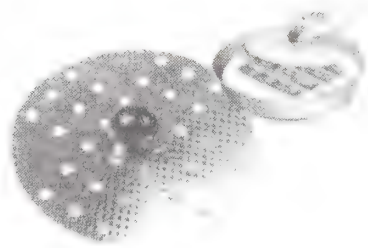
### SPLENDID SILVER CHEST

Cabriole-legged mahogany, brass plated hardware holds family flat silver plus holloware and heirlooms. 39" h., 18" w., 13" d.; top drawer tarnish-proof fitted, partitioned. $199.95 exp. coll. Catalogue of Victorian furniture, $1. Magnolia Hall, HG5, 726 Andover, Atlanta, GA 30327.



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Compact three level polished steel carrousel holds 36 shoes (18 pair) and twirls to make selection easy. 24" h., 15" dia; it rolls on casters. Space-saver in a closet, keeps shoes aired. $9.98 plus $1.50 post. Crown-Castle, Dept. SC15, 51 Bank St., Stamford, CT 06901.



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Now you can have crunchy bacon —minus the curls. Bacon press keeps bacon flat while conducting heat for evenly-cooked crispy meat. Fits any round pan 9" or larger. For draining grease, too. $1.29 plus 30c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



### HAPPY WILLOWING

Comfortable high back Martino chair hand woven of natural willow. 44" h by 27" w by 15" seat H. $34.95. Corduroy covered cushion tufted foam rubber, in avocado, gold, tangerine or black, $4.95 Exp. coll. Catalogue, 25c. Fran's Basket House, HG5, Rte. 10, Succasunna, NJ 07876.



### CLEARLY DECORATIVE

Hand-molded, finest quality, heavy gauge clear Lucite makes a sensational shelf to display treasures. 6" by 12" by 6" h. Objects may be placed on upper shelf, too, as well as on protected lower one. $11.95 ppd. Helene White, HG5, 918 Bedford Ct., Cornwells Heights, PA 19020.

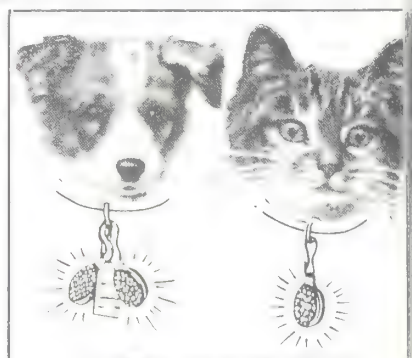



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## SEWS LOCK STITCH



Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, two needles. $3.98 plus 35c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

## NOSTALGIC FASHION



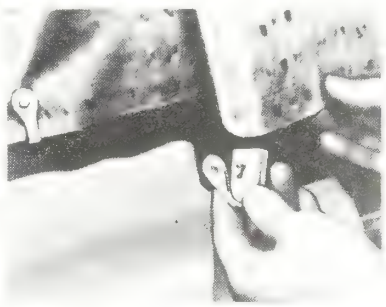
Wear a bracelet that speaks of yesteryear. Its two dainty teaspoons are linked to show off their ornate silverplate patterns. Each bracelet is handcrafted, makes a charming gift. $7.98 plus 35c post. Harriet Carter, Dept. HG-12355, Plymouth Meeting, PA 19462.

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| Rosemary Kit (shown) | $1.75 |
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| Wood frame (choose maple, red, or green) | $1.25 |

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## SHOPPING AROUND



### GARDEN PRIZE

Luscious red tomato has green leaves, sparkling seeds. Kit: stamped fabric, crewel wool, cotton floss, needle, glass beads, directions. Frame size 5″ by 7″. $2.95 plus 50c post. Catalogue 25c; free with order. Tower Crafts, HG5, Box 575, Champaign, IL 61820.



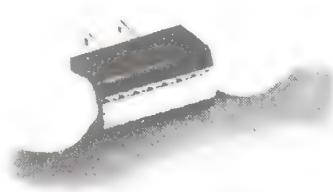
### REEL-Y HANDY

Practical key holder does away with fumbling and groping. Reel clips inside purse: unreels keys, automatically rewinds into case. Does away with fumbling. Clip to bag, pocket or belt. $1.98 plus 20c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



### MODERN SCULPTURE

Heavy gauge steel with brass accents is welded together in a variety of ways to make handsome wall sculptures. Max Levine is the sculptor of the piece shown. Prices start at $40. Free brochure. B. Levine, Dept. HG5, 19-18 Saddle River Rd., Fair Lawn, NJ 07410.



### CENTURY LIGHT

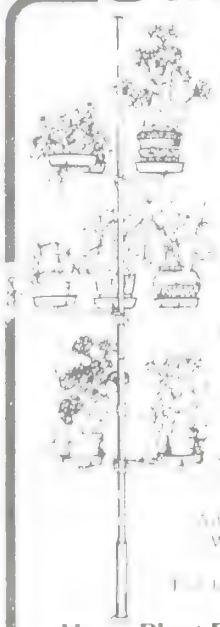
Ingenious night light is said to last 36500 nights—that is, a hundred years! Stays cool, plugs into wall socket to light dim areas softly. Continuous operation costs just 2c a week. $1.98 plus 25c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.




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Bride and groom's coats of arms, linked by helmet and mantle, hand-engraved on a wedding band of 14k gold. 10mm wide. Send drawings for both names or request coat-of-arms research. $155 ppd. Free color catalogue. Heraldica Imports, HG5, 21 W. 46th St., New York, NY 10036.



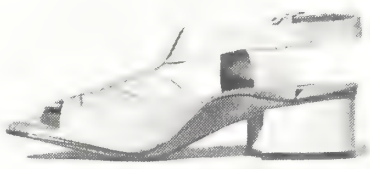
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Sleep is king night or day that you don the mask: shuts out any flicker of light that could disturb the psyche, the body's rest. Flexible foil and elastic band's so constructed that it fits any cranium. $2.98 plus 20c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



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**Ball Fringe On Unbleached Or White Muslin**



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**Ceiling**

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used these charming Country Curtains in their homes. Practical, long-wearing, these pure white muslin retain their crisp appearance with a minimum of care.

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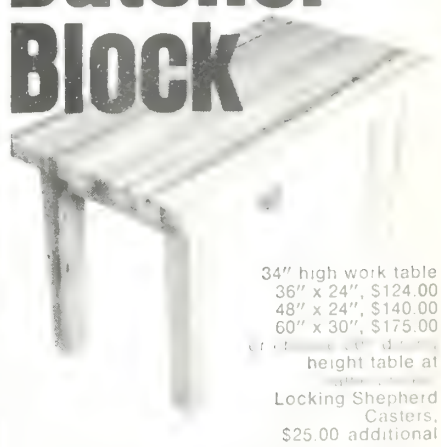
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36" x 24", $124.00
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60" x 30", $175.00
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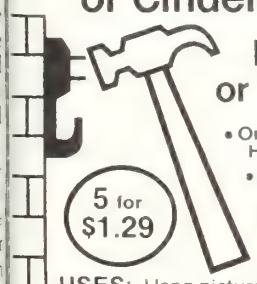
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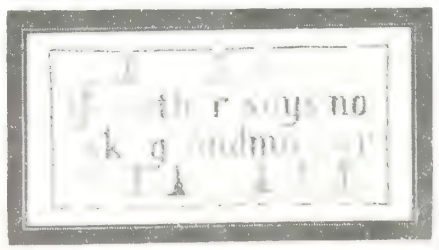
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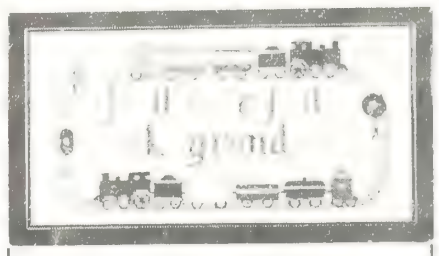
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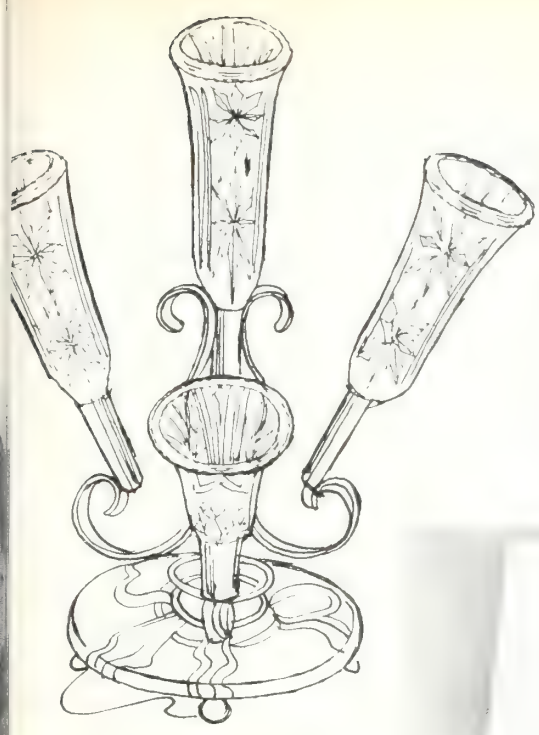
...TREASURE

Masterful miniature of an 18th century butler's tray. Perfect for coffee cup or ashtray. 18" h. with 9" by 13" top. Hand crafted in Kentucky of solid African mahogany with hand-rubbed finish. No veneer. $34.50 plus $2 post. Wakefield Scearce Galleries, HG5, Shelbyville, KY 40065.



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Your choice in a sterling flatware pattern can now grace your finger as well. Original handles of famous sterling patterns are skillfully crafted into stunning heavy sterling rings. Many designs in plain or traditional. Regular or demi-tasse size. State ring size. $12.50 ppd. Buschemeyer's, 515 River City Mall, Louisville, KY 40202.



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Sheffield silver and crystal epergne is a copy of an 18th century original. Use as decorative accessory or as a centerpiece. Lovely filled with flowers or greens. Stands 12" high. Makes a memorable wedding present. $28.95 ppd. E. Stephen Hein, HG5, Gardenside Plaza, Lexington, KY 40504.



## READY TO DECORATE

Put your talents to work. Paint, stain or decoupage drum lamp of native hardwood. Stands 18" high, is wired with 3-way switch, 8 ft. cord. White or beige shantung; oyster or natural burlap shade (specify). $13.25 plus $2 post. (w. of Rockies, $2.75). Free brochure finished and unfinished styles. Baxwood Crafters, PHG-55, Box 7012, Lexington, KY 40502.



## WEDDING BOX

A unique present to be proudly displayed in the new home. Handsome antiqued box bears the wedding invitation appliqued on top, surrounded by hand-painted flowers. Felt-lined base. 7½" by 5" by 3". Enclose invitation with order. $18.75 ppd. The Plumlea Peddler, HG5, Box 23367, Anchorage, KY 40223.



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Beribboned satin-covered music box plays Brahms' lullaby to lull baby into a gentle nap. Hang the music box on baby's crib and go about housework as the box plays its soothing tune. 2¾" by 3¼" covered in pink, blue or yellow satin with contrasting ribbon. $10 plus 50c post. Maud Hundley, HG5, Anchorage, Ky. 40223.



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It's the perfect answer for Mother's Day and that's just around the corner. Wicker basket is decorated with your family tree, including the name of each member on his very own apple. Basket has natural woodstained finish with colorful apple tree design. Green velvet bow gives it just the right touch. Interior is quilt lined. 10x6½x6". Send first names for family tree. $35.00.

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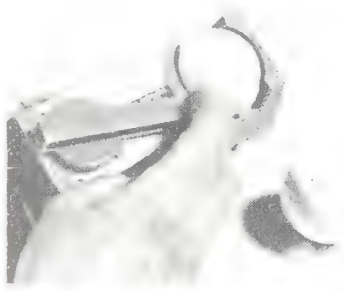

## KEYS IN STITCHES

Lollipop flowers, daisies or golf, tennis, bowling, sailing, skiing designs on 2" by 3½" key tags. Stitch initials on the back. Includes canvas, Paterna Persian wool, design chart, needle, chain. $2.25 each, six, $11.95. Add 50c post. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.



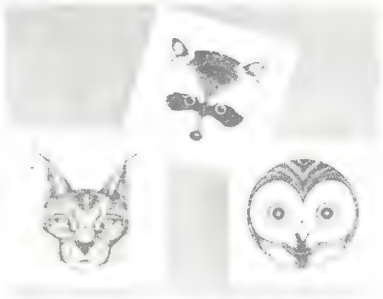
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Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man-made fibers. $1.98 plus 20c post. Order D-Fuzz-It from Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.


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Many people from many lands, representative of the American nation, are depicted by artist Norman Rockwell in a "Golden Rule" plate. A striking design in natural color, appropriate for 1976. 10″ dia. $19.50 ppd. Trein's, HG5, 201 W. 1st St., Dixon, IL 61021.

## FOOT PAMPERER



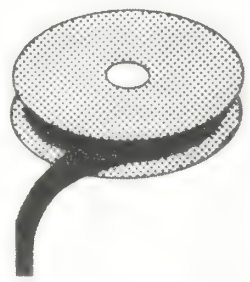
Treatment for tender, bent toes is a self orthopedic pad that rests underneath, held securely with elastic over toe. Alleviates pain, toe tip corns. Washable. Specify shoe size. Pair, $3.98 plus 20c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

## COUNTRY STYLE



Butcher-block tables for small families or lots of company. 48″ by 30″ $159; 60″ by 30″ $177.25; 60″ by 36″ $193.50; 72″ by 36″ $213. Exp. coll. Also available in custom sizes. Catalogue, 50c. Butcher Block & More, HG5, 1600 So. Clinton, Chicago, IL 60616.

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New ribbon to correct mistakes fast. Simply backspace, shift selector and retype over error. Specify make of typewriter and whether standard, electric or portable, $3.50; two $6.50. Add 20c post. per order. Christian Products Co., Dept. 5, Box 96, Warner Robins, GA 31093.

## PLANTS CASTLE



Spacious walk-in greenhouse, 7′ 2″ h. by 3′ d. and 58″ w. Clear shatterproof plastic is maintenance-free. Can be assembled in 40 minutes without tools. Has 4 redwood tables. $69.95 ppd. Catalogue is free. Casaplanta, Dept. 9, 16129 Cohasset, Van Nuys, CA 91406.


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Kits also for asparagus fern, Boston fern, Christmas begonia, Coleus, Piggy Back, Schefflera, Prayer plant. 5" by 7". Each $3.95; five $17.95. Deep walnut frames $3.50. Add 65c post. per order. Free catalogue. The Knit and Rip Shop, HG5, 212 W. Laurel, Springfield, IL 62704.



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24 ft. wide x 36 ft. long x 18 ft. high. Featuring 3 9 ft. x 12 ft. stalls. Dutch doors to each stall. 17½ ft. x 8½ ft. tack room, 6 ft. x 9 ft. grain room, 12 ft. x 25 ft. with a 9 ft. sliding door to accommodate pick up truck, tractors, etc. 4 ft. rear sliding loft door. Concrete floors and stamped clay for stall area. Send $8.00 for step by step plans and material list. Also 24 ft. x 36 ft. x 18 ft. All purpose barn minus horse barn features $6.00.

HAMMOND BARNS
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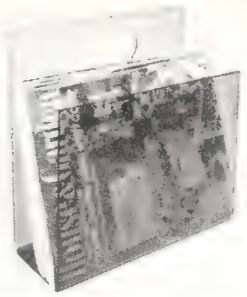





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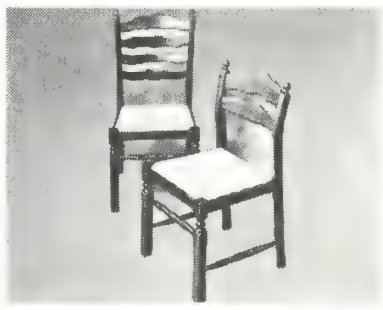
Unbreakable feeder of Lexan green-tinted plastic. Simply fill with 1 part sugar/4 parts water, hang in flowered area. 6″ dia. 1½″ thick at center. 3 holes. Aluminum edge trim, 6″ hanger. $8.75 ppd. Gokey Company, HG5, 21 W. Fifth St., St. Paul, MN 55102.

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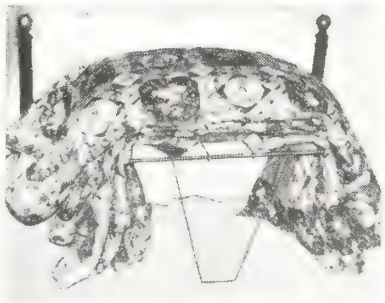
Electric blanket control guard of metal clips to bed where most convenient to reach when reclining. Clips bend easily by hand to adjust to bed rail. Excess cord can be wound around holder. $1.98 plus 35c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

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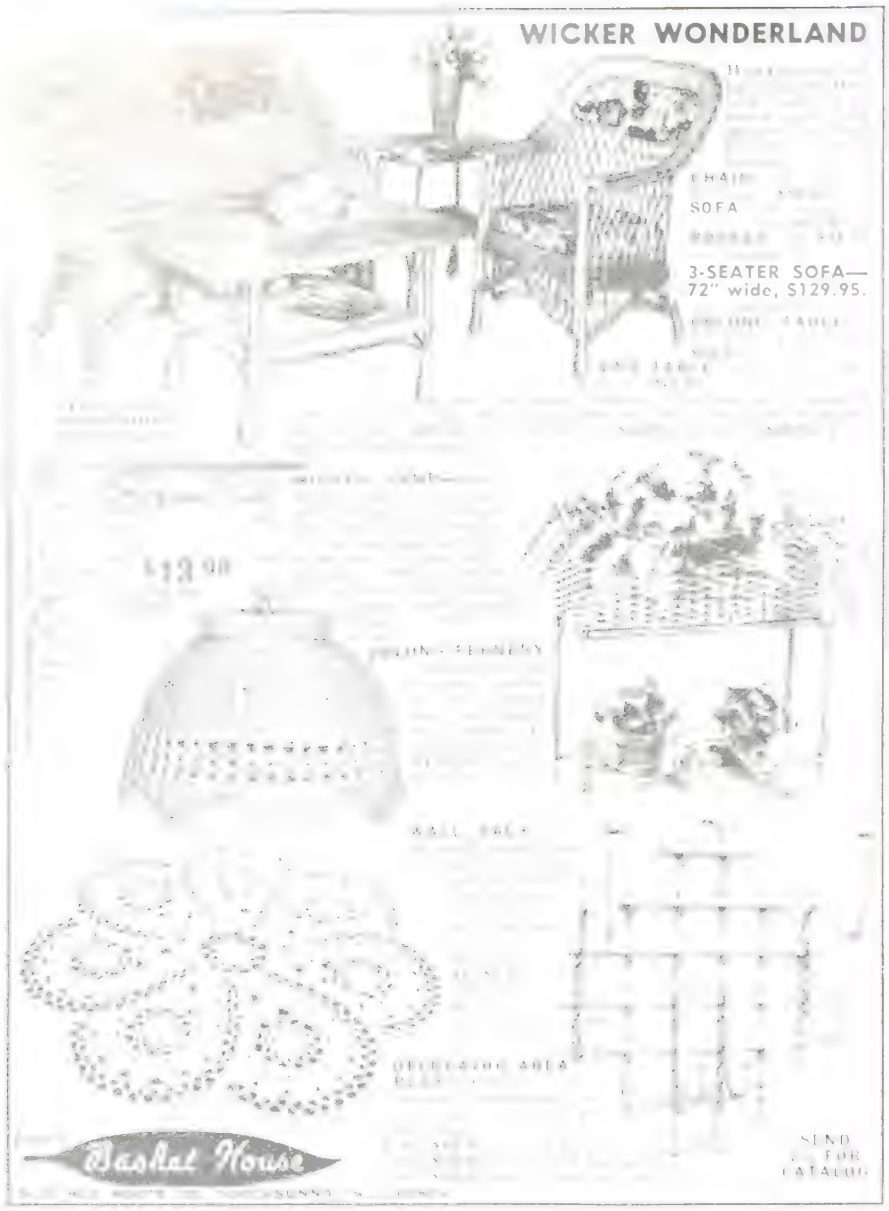
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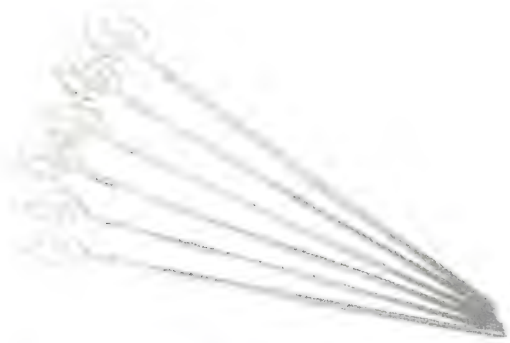

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The famous butterfly chair covers in "Tuff Stuff" canvas or nylon. 18 oz. canvas: tangerine black, olive, lemon, blue, white, green, royal, marigold. $15.95. Nylon: green, orange, wheat, royal, yellow. $16.95 add $1.50 postage first cover, 50c each additional one. Order from The Patio, HG5, 550 Powell, San Francisco, CA 94108.



## SKEWERS

Stainless steel skewers with handles of solid brass cast in an ancient pattern from the land where shish-kebab has been cooked for centuries. 16 inches long. Only $10.00 for set of six. Sent Post Paid. Order = H477 from

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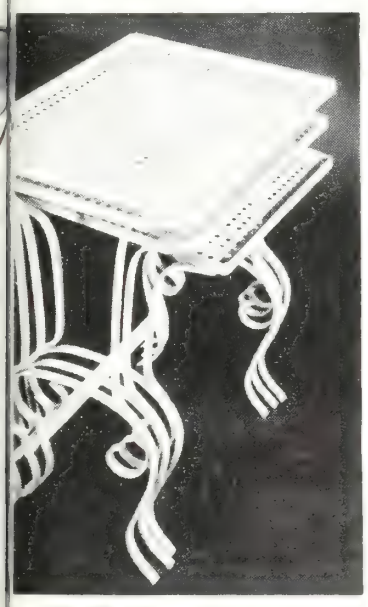
Fashionable cover-up bathing suit, softly shirred yoke, built-up armholes and neckline. Cotton/Dacron, cap sleeve. Features [illegible] elastic insert moves with [illegible]ching elastic leg panty. 28" from [illegible] silky washable, no cling nylon [illegible]y. Belt or not. Has young look. Coral or blue with white. Sizes: 10-18, $36 plus [illegible] postage. Vicki Wayne, 610 So. Coun[illegible] H5B, Tucson, AZ 85716.



## IT'S A NATURAL

Summer shift so right for today's casual living. Squared neck, gently flared sleeves, two pockets, all trimmed with natural lace. Crinkled blend of cotton-polyester. Washable, drip dry. Self sash. Natural only. XS, S, M, L, $30 plus $1.50 post. Free catalogue. Ulla, HGE 5, 886 Madison Ave., New York, NY 10021.





## POOL OR BEACH

Snappy denim swim set of pressed cotton and polyester patches. Jacket has full front zipper, turn back cuffs. S, M, L, XL. Swim trunks have front lace-up ties, lo-rise boxer styling. Even waist, 28-38. Blue denim only. $25.95 plus 50c post. Color catalogue, $1. Ah Men, HG5, 8900 Santa Monica Blvd., West Hollywood, CA 90069.

## NEAT AND NESTED

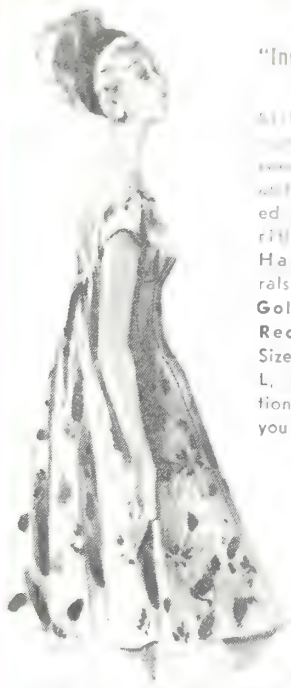
Versatile indoor and outdoor tables in wrought iron with lattice design tops. Decorative colors: avocado, verde green, black, white, yellow. Set of three: heights, 20½", 19", 17½". Tops, 12" by 16", 12" by 14", 12" by 12". (Not sold individually) $35 ppd. Elizabeth McCaffrey, HG5, Northport, NY 11768.



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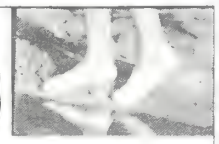
**each plus $1 postage**

*$10 deposit for COD'S*

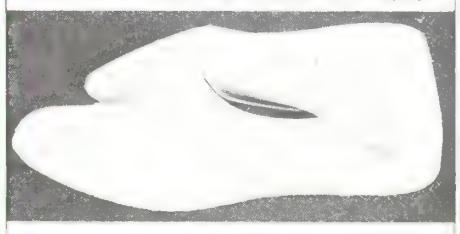
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**VICKI WAYNE - H5L**
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**SWIM SNEAKS**



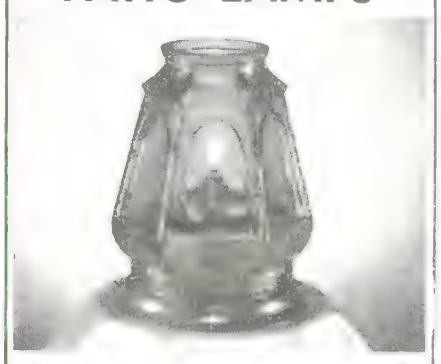
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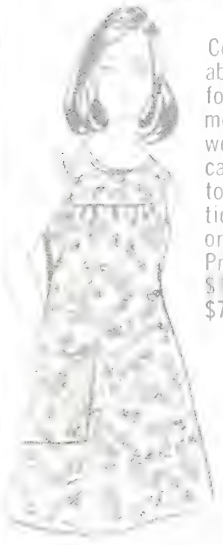
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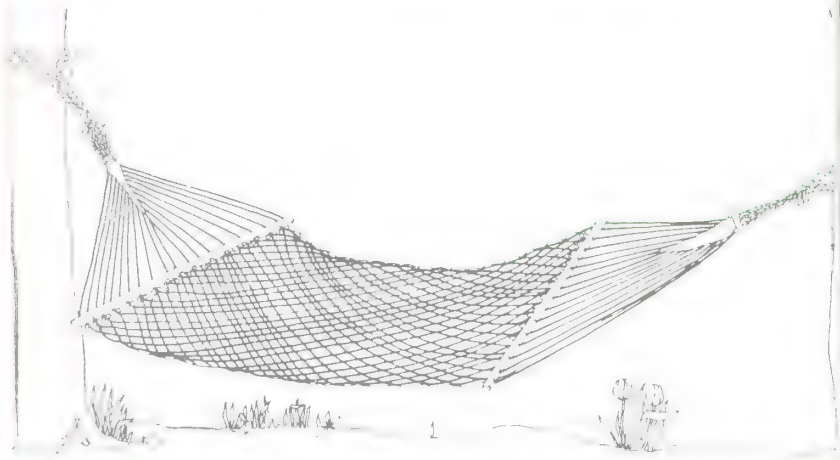
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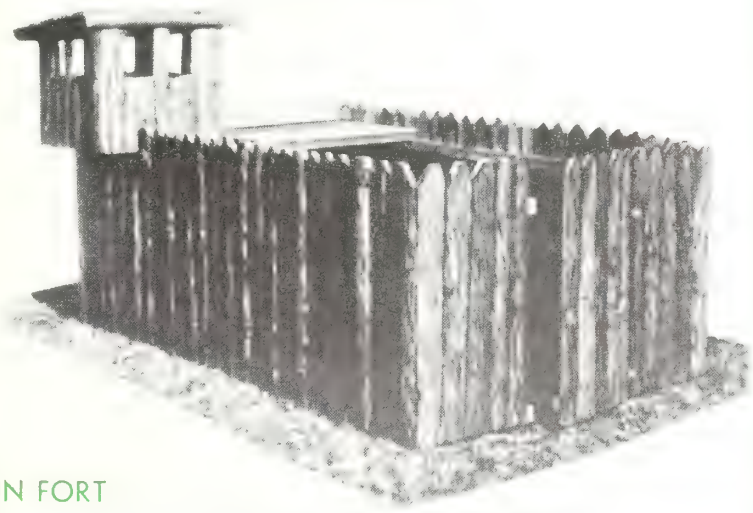
## A WINNER

Two piece tennis dress, lace ruffle bikini panties. Tank top, back zipper. Tie wrap skirt. White double knit cotton/ polyester with yellow or green and white gingham trim. Dress in: 5/6, 7/8, 9/10, 11/12, 13/14. $34. Lined patchwork panties: P. S. M. L., $9.50, plus $1.75 post. The Stitch Smiths, . . . a Loretta Co., HG5, Star Rte., Box 50, Worthington, MA 01098.



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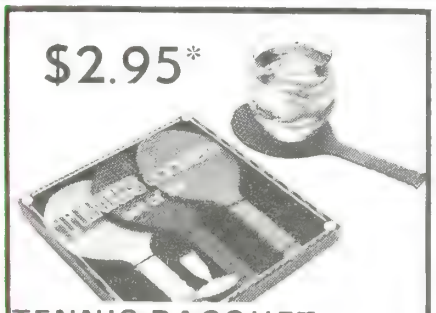
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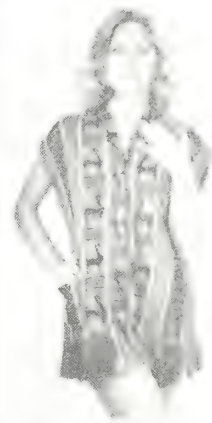
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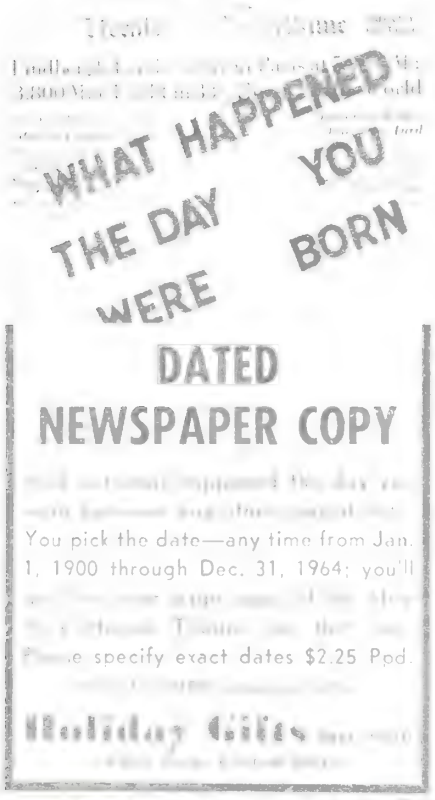


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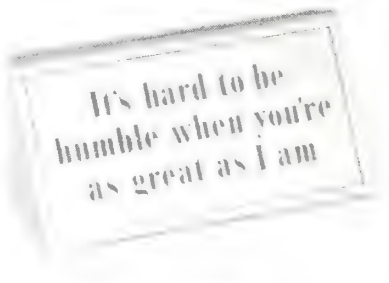
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FAMOUS FORSLUND

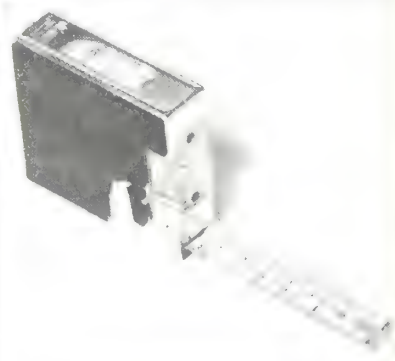
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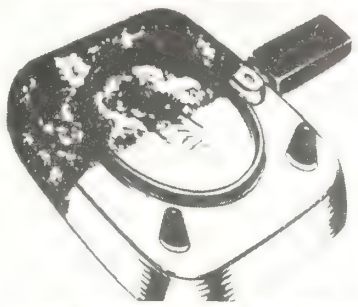
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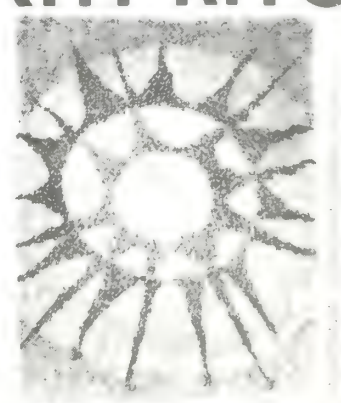


**GULLS BEFORE THE MAST.** T[illegible] sparkling white seagulls w.[illegible] and cocoa accents. Easy to emb[illegible] square rigger on huge 27 x 37″ o[illegible] linen sky. #4350. $52.95 – $1.50 post Send $1 for color embroidery catalog of exquisite Swedish designs.

Skön **EMBROIDERIES**
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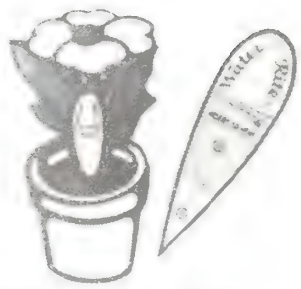
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Water-rite takes guesswork out of when to water. Tabs show white when plants are thirsty, change to green when they've had enough water. Set of six $2; extra sets, $1.75. Add 25c post. per order. The "Yours" Shop, Dept. 17-B, 6 No. Fourth Ave. W., Duluth, MN 55802.



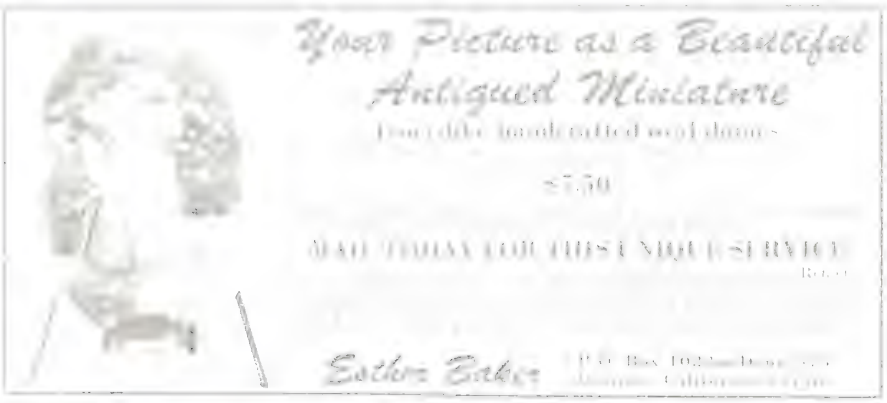
### STRAW VOTE

A wicker basket, needlepointed monogram. Kit includes 10½" x 6" x 5½" basket, wool, instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, $4.95; lidded $6.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



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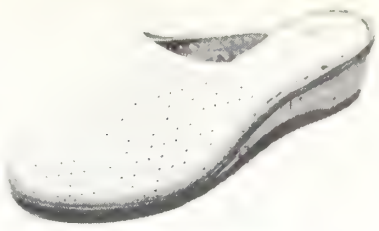
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## STATELY REPLICA

Senator wing chair with brass nailhead trim, dark fruitwood finish. 46″ h., 32″ w., 34″ d. Peerless leather $334.95; or masterpiece leather $354.95; vinyl or your fabric $229.95. Exp. coll. Catalogue 50c. Bryan Robeson, HG124, Route 10, Box 793, Hickory, NC 28601.



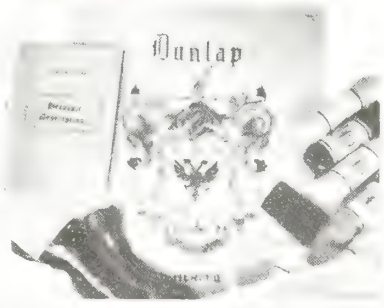
## ST-R-ETCH TO FIT

Apply liquid leather stretch to tight-fitting shoes and it makes even suede and patent conform to the foot as you walk. Simple to apply and relief is almost instantaneous. $1.98 plus 25c postage. Order from Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.




## FAMILY STITCHERY

Family crest individually prepared for each name. Kit contains: full color design on #12 canvas, yarn, instructions, tote bag. Needlepoint size: 11″ by 14″, $49.95; plus $1 post. Write for free catalogue. The Rainaud Family, HG5, Wilmington, VT 05363.




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**Hawaiian "Good Luck"**

# ti plant

**Guaranteed to grow!**



The native Hawaiians believe the Ti Plant has a mystical voodoo power. The leaves were worn to dispel evil. It is planted to bring GOOD LUCK, LONG LIFE and LASTING LOVE. The Ti Plant has been used for medicine, candy, food, alcoholic drinks, and the sexy Hula Skirt.

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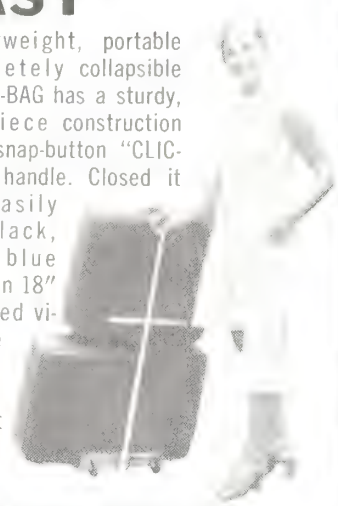
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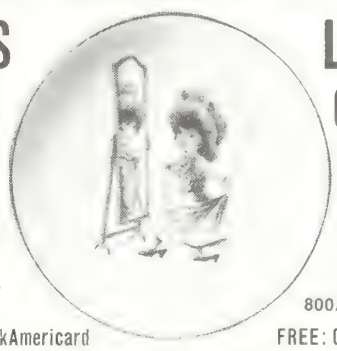
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**Write For Free Gift Catalog!**

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The charm and innocence of childhood have been beautifully captured by America's noted sculptress Walli Ortman and Handcrafted in solid pewter by experts. 3½ inches high — **$52.50** ppd. Send 50¢ for catalog—applied to first order.

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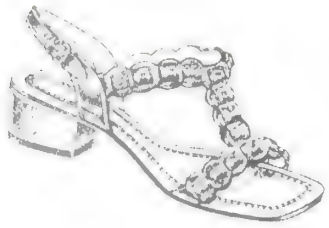
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## SANDAL DAZZLER

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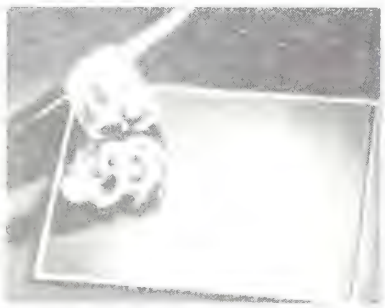
## E-X-T-E-N-S-I-O-N

Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



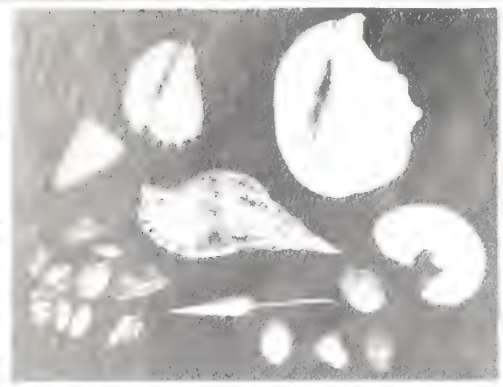
## TO HAVE AND TO FOLD

[illegible] saving table made in Eu[illegible] Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. $59.95. Exp. coll. Assembled. Danish catalogue, 25c. Genada Imports, HG5, Box 204, Teaneck, NJ 07666



## CLEAR AS A WHISTLE

Clear Lucite cutting board that saves surfaces from scratches while you slice, chop or carve. Dishwasher safe, heat-resistant, 8" by 11" $2.50; 12" by 16" $3.95; 14" round $5.98. Ppd. From Colonial Garden Kitchens, Dept. HGE5, 270 W. Merrick Rd., Valley Stream, NY 11582.



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The [illegible] red one of the most beautiful and valuable [illegible] thousands of colorful shells; giant clams, [illegible]ur Philippine seas and shores.
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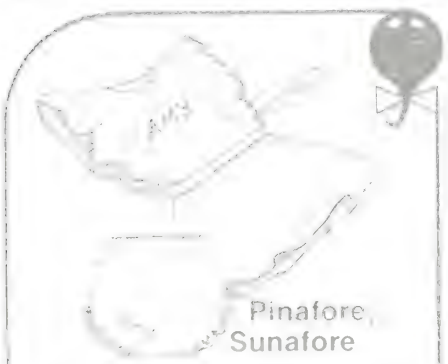
Collection 2—Assorted shells. Book value approximately $60.00
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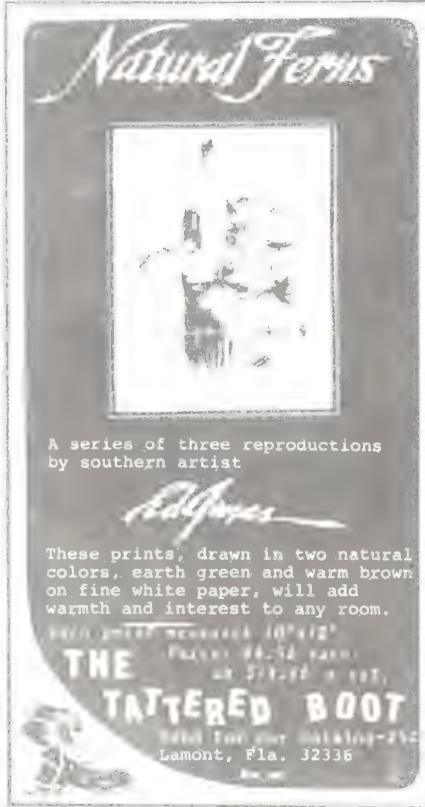
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Monogrammed. Difficult to find classic [illegible]unties with [illegible]6X), child's [illegible]w (Pinafore [illegible]charge.

Polliwogs and Pigtails




A series of three reproductions by southern artist

Ann Jones

These prints, drawn in two natural colors, earth green and warm brown on fine white paper, will add warmth and interest to any room.

[illegible] prints measure 10"x12" [illegible] Prices: $4.50 each [illegible] at $13.95 a set.

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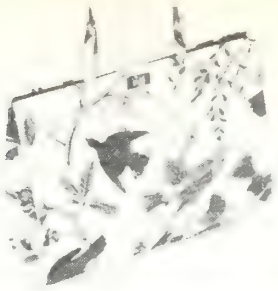
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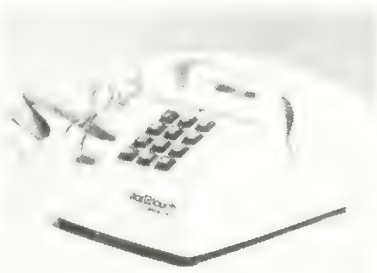
## SPRING CALL

Charming bird print in lovely colors on white for a handbag to blend with practically all outfits. Cotton with taffeta lining, stiff sides and base, firm turnclasp. A spacious 12″ by 9″ by 5″. $7 ppd. Johnny Appleseed's, HG5, P.O. Box 705, Beverly, MA 01915.



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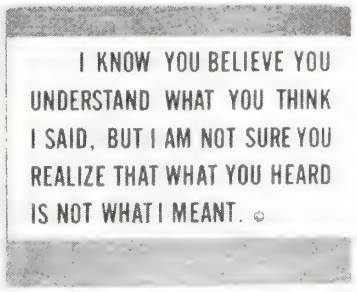
## NEEDLEPOINT TO WORK

Groucho Marx typically in black and white is a delight to stitch in Persian wool yarns on #13 mono canvas. Fun to frame, it is 7″ by 8″; companions are Charlie Chaplin and Marilyn Monroe. $6.95 plus 60c post. The World of Stitch 'n Knit, HG5, Box 709, Framingham, MA 01701.



## ATTENTION!

"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4″ by 5″. $1.98 plus 25c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.




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Great gift for him — fun for all the family! The secret is clingy Velcro — you toss a ball and it sticks like magic! And if the kids can get it away from Dad, it's safe for even the tiniest tots — no more dangerous darts! Bright op-art is silk-screened, bold decor in den or office, perfect in playroom. Target 13" diameter, tough plastic frame has hanging loop. Comes with 3 balls.
**7981 Art Darts $8.98**

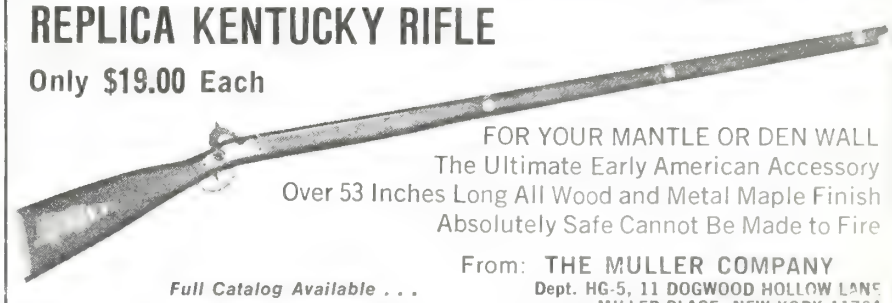
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36″ rosary 6c stones (with cut cross it's a 36″ necklace) | 7″ bunch of grapes 2c ea. more big grapes on each bunch | Bridge cracker ♥♠♦♣ each 4-5″ across

The rarest onyx mine is 6,500 miles away. And quantities of this rich beautiful green or white stone are limited. This *never-before offer* brings you any of the items shown above—*just $19.95 each.* State second choice. Also specify green or white. Hurry, our *quantities are limited.* Add .75¢ for postage. N.Y. residents add sales tax. MONEY BACK GUARANTEE. Write:
**ONYX,** 346 E. 51 St., N.Y., N.Y. 10022.



# SNORE NO MORE

Scientifically designed anti-snore mask insures sound, silent sleep. Washable nylon mask fits over chin, keeps jaws closed, prevents snoring by encouraging proper breathing. Adjustable to fit men or women.

**ANTI-SNORE MASK ..... $3.98 + 25¢ Mailing**

*California Residents add 6% Sales Tax*

**Satisfaction Guaranteed or Your Money Back**

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## FEEL LIKE A PRINCESS

Yards of fabric create the regal Cape. Hooks & ties to wear as shown or draped across shoulders. Dress flatters, falls from bodice to flaring hem. Both soft, smooth 100% Polyester knit. Machine wash, dry, no-iron. **Lt. Blue, Lt. Pink. Sizes 8-18; 14½-24½.**

**$60** plus $1 post.

**Cape only.** Black, White. Sizes S, M, L. **$40** plus $1 post.

Name

Address

City

State Zip

VICKI WAYNE - H5X
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**DESIGNED-TO-FIT**
**Back-seam PANTS**

[illegible] never sag. 100% Polyester double [illegible] iron. **Brown, White, Navy, Beige, Black, Green, Purple, Burgundy, Yellow, Pink, Lt. Blue.**

**Sizes 6-20 & 36-44**

**$16**

**Jamaica Shorts,** with designed to fit back seam, elastic waist, 18" length. **White, Navy, Pink, Lt. Blue, Black. Sizes 6-20**

**$9**

**Plus 90¢ post. each**

Dep. on COD $5.00

Satis. Guar.

**VICKI WAYNE - H5P**
610 South Country Club Tucson, Az. 85716



**Genuine Steerhide**
## HUARACHES
**for all the family**

[illegible] in never repeated patterns. Sturdy leather soles [illegible] DELIVERY. Sizes for men, women [illegible] $9.95 Pr. [illegible] longer than 10 add $1.00

The OLD MEXICO SHOP
Patio 2 SANTA FE, N.M. 87501



HANDSOME, VERSATILE
THE TAOS BED Comfortable [illegible]

Hill's Gallery [illegible] 87501

[illegible]

# SHOPPING AROUND THE SOUTHWEST

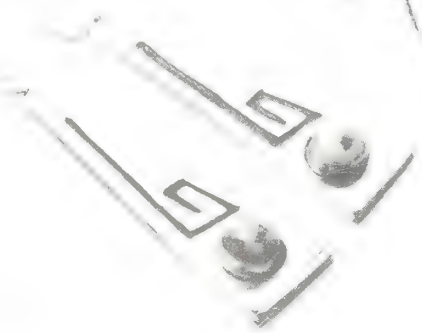
### CAFTAN COMFORT

Flattering pants or skirt top of permanent pressed pleats. Minimizes waist, hips. Adjustable neck. Washable, no-iron polyester. One size fits all. Color combinations: green, pink, blue or purple predominate. Solid colors: hot pink, black, peacock blue, or white. $18 plus 90c post. Catalogue, $1. Vicki Wayne, 610 S. Country Club Rd., H5C, Tucson, AZ 85716.



### GREAT DESIGN

Sterling silver drop earrings studded with exquisite genuine turquoise stones. Custom-crafted by Southwest Indians using the combined talents of Navajo and Hopi. Rare finds, the 2" long earrings, $19.50 a pair, ppd. Osuna Fair, HG5, Box 10310, Alameda, NM 87114.



### [illegible]

[illegible] d Mexican artisans handcrafted this solid wood chair without nails or screws. All joints are dowelled or fitted. Finished in light, medium or dark stain finish, it measures: 28" high by 30" wide by 30" deep. Cushions not included. $199.95 exp. coll. Catalogue of companion pieces, $1. Hill's Gallery, HG5, 110 W. San Francisco, Santa Fe, NM 87501.



[illegible]



## VERY VERSATILE

Chic Guatamalan jacket hand-woven of heavy textured cotton on primitive Indian looms. Great with pants, skirts, it's good for travel, resists wrinkles. Turquoise, black, brown or pomegranate on white. Sizes: 10-20. $19.90 plus 90c post. Old Pueblo Traders, So. Country Club Rd., H5J, Tucson, AZ 85716.



## PERT 'N' PRETTY

Acapulco blouse, beautifully hand embroidered in multi colors on sheer white washable dacron. Generously cut, graceful sleeve has buttoned cuff, hem edge is side slit. Over blouse or tucked in. S. (30-32), M. (34-36), L. (38-40). $22 add $1 post. Old Pueblo Traders, 600 So. Country Club Rd., H5A, Tucson, AZ 85716.



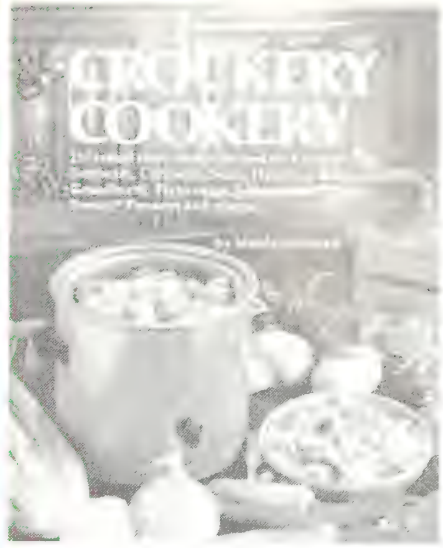
## TURN HEADS

Misty sheer voile, lace trimmed ruffled blouse, and flounce skirt, slip-lined, side zipper, elasticized waist, self belt. Polyester/cotton, machine washable. Soft green or blue on off-white. 8-16. $56. Matching polyester tank, $12. Add $1 post. Catalogue, $1. Vicki Wayne, 610 So. Country Club Rd., H5G, Tucson, AZ 85716.

## TREAT YOUR FEET

Rancheros, comfortable, cool sandals in finest cowhide leather including soles, ½" heels. Durable Mexican favorites. Choose beige or brown interwoven strips. In adult and children's sizes. Outline stocking foot. $10.50 ppd. The Old Mexico Shop, HG5, Patio 2, Santa Fe, NM 87501.






Delicious food from your Crock-Pot® or other slow cooker. Rib-sticking stews, hearty soups, tasty meats, poultry and vegetable dishes to whet your family's appetites. Elegant gourmet dishes include Teriyaki Steak, Stuffed Turkey Breasts, Chicken Marengo, Gourmet Leg of Lamb, Burgundy Duckling, Flank Steak in Mushroom Sauce, and Rhineland Sweet-Sour Cabbage. Hot appetizers and beverages. Includes breads, cakes and puddings! $4.95 paperback, $6.95 hardback. Add 50c shipping. Satisfaction guaranteed! **H. P. Books,** Box 5367, Dept. HG-55, Tucson, AZ 85703. 4058 N. 14th Ave.



**NEVER BEFORE OFFERED AT THESE AMAZING LOW PRICES**

**Genuinely Beautiful GUARD RINGS**

Why wear your own? Wear ones that look so real only a jeweler would know the difference. STERLING SILVER or GOLDPLATE with make believe **rubies, sapphires, diamonds, emeralds, amyethest, topaz, aquamarine or turquoise. Full & ½ sizes 4-10.**

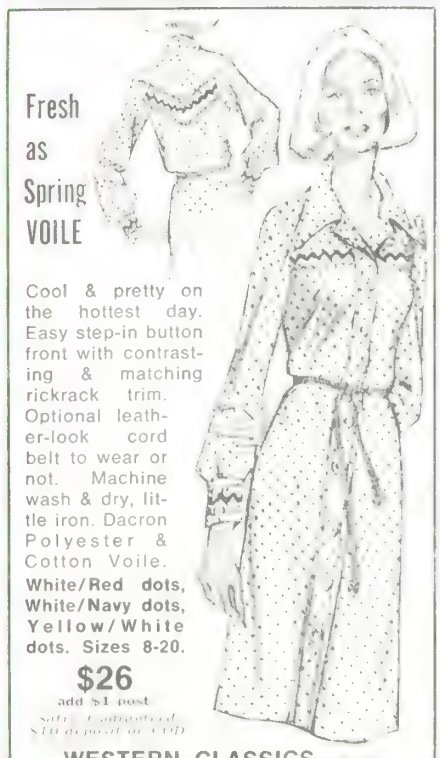
1 jeweled band was $6 NOW **$5** — 2 jeweled bands were $11 NOW **$9**

40c postage or 60c airmail

*Sorry no COD.* *Satisfaction Guaranteed*

**ORO GEM-H5F**

610 S. Country Club, Tucson, Az. 85716



Fresh as Spring VOILE

Cool & pretty on the hottest day. Easy step-in button front with contrasting & matching rickrack trim. Optional leather-look cord belt to wear or not. Machine wash & dry, little iron. Dacron Polyester & Cotton Voile. **White/Red dots, White/Navy dots, Yellow/White dots. Sizes 8-20.**

**$26**

add $1 post

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**WESTERN CLASSICS** HST

622 South Country Club, Tucson, Az 85716



JERSEY PRINCESS DRESS only **$22**

As neat & fresh as its [illegible] Flat- [illegible] for all princess [illegible] skirt, or [illegible] Pink Green White

Sizes 10-20

**$22.00**

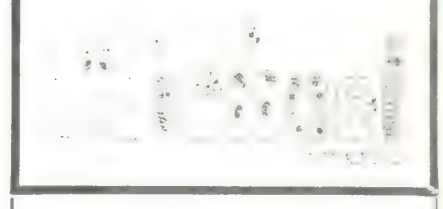
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Satisfaction Guaranteed

**VICKI WAYNE - H5W**

610 S. Country Club, Tucson, Az. 85716



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Be original — give "LOVEABLES" Custom full color, watercolor art from an original animal alphabet. Ideal for new babies, weddings, birthdays, house warmings, anniversaries — you name it! 9"x12" matted in yellow, blue, pink, green, orange or red. Up to 8 letters only $4.95 each matted. Additional letters 50c each and size increases to 14"x18" matted. You can also add your own slogan or special message. 14" x 18" complete alphabet available at $10.95 matted. Specify capitals or small letters. Postage and handling $1.00 up to 3 pieces to the same address. Orders shipped within 72 hours of receipt. Send check or money order to:

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Hopi style overlay created for this ad. Sterling silver pendants on wire chokers . . . tree or good omen bear paw design, with rings to match. . . . Handcrafted by the finest Southwestern Indian craftsmen. Specially priced to stimulate the economy. Pendant with wire choker **$21.50** . . . ring **$12.50** matching set **$31.50**. State choice . . . Tree or Bear Paw design and ring size. Full [illegible] teed . . . money promptly refunded if [illegible] satisfied. Send check or mo[illegible] COD's. Shipped postage paid First Cl[illegible]

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Planning a trip but worried about your thirsty plants? Amazing wicks feed just right amount of water up to 8 weeks. Can be used all year around with all plants. Will not rot or mildew.

SET OF 4 PLANT NURSEMAIDS . . . $1.98 + 20¢ Mailing Each Set.
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**from $88.95**

Our Redwood-framed Greenhouses BOLT together for strength and portability. Pre-cut kit for Big 8'4" model (shown) is $159.95. We offer features that every gardener wants — a Dutch Door, broad [illegible]rge vents and rugged Filon [illegible] **Write today for FREE** brochure with Budget Plans and all accessories. McGREGOR GREENHOUSES, Box 36-5D, Santa Cruz, California 95063. (408) 476-5390.





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MAGIC SUSPENSION UPLIFT [illegible]

[illegible] $7.98

BLEUETTE, INC.




[illegible] KEGRD GIFT GALLERIES

## INSECT-LURING PLANT
## VENUS FLY TRAP



Fascinating, educational plant. Amazes both [illegible] and adults. Bright red "trap" at[illegible] lures insects inside and then, [illegible] tightly shut. Even digests tiny bits of [illegible] doesn't open again until [illegible] been digested. In addition to [illegible]ue, you'll enjoy its decora[illegible]n coloring with lovely white [illegible] 10-12 inch stems. Each healthy [illegible] 4" pots. Arrange [illegible] and neighbors by order[illegible].

$2.00 each ☐ 2 for $3.75 ☐ 3 for $5.50
[illegible]e per order.

**WORLD GARDEN,** Dept. HG-5
606 E. State St., East Norwalk, Conn. 06880

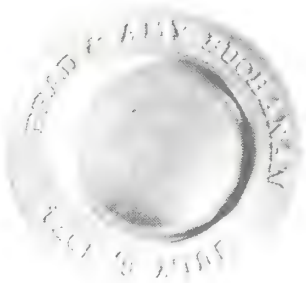
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# SHOPPING AROUND



### STERLING IDEA

A name or word up to seven letters on a 15" sterling silver necklace. A splendid choice with sweaters or round-necked blouses, suits or basic black. $9.50 plus 50c post. Add $1 for each extra letter. Wickford Gift Galleries, Dept. 219, 290 Westminster St., Providence, RI 02903.



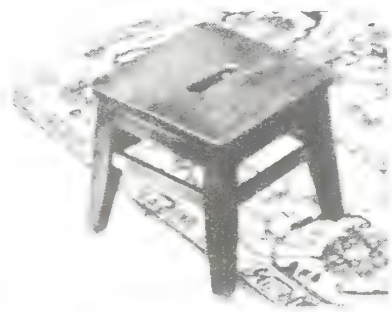
### HAND-CAST PEWTER

Plate that is sure to become an heirloom is designed for special occasions: wedding, birth, graduation. 8½" dia., handcast, burnished to bring out the patina of genuine pewter. Print or type wording. $50 ppd. Saratoga Silversmiths, HG5, 25 Yolanda Dr., Burnt Hills, NY 12027.



### APPALACHIAN CLOTHS

Homespun, self-fringed, reversible, washable. Gold, red, blue, olive, brown or sand. 52" sq., $9.95; 52" by 72", $12.95; 62" by 90", $16.95; 62" by 108", $19.95; 72" round, $18.95; placemats, $3.50 pr.; napkins, $2.95 pr. Ppd. Jenifer House, HG5, Gt. Barrington, MA 01230.



### VERSATILE TOTE

Practical tip-proof stool can give you a lift where needed, serve as child's seat or foot rest. Easy to move by center hand-hold. Selected oak in rich walnut finish. $20 plus $2 post. Free catalogue. Kaleidoscope, HG5, 498 Armour Cir. N.E., Atlanta, GA 30324.

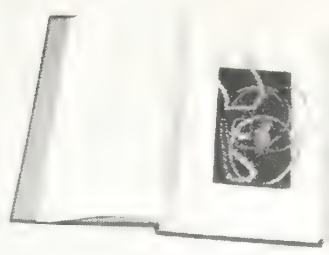


### STRAP CLIPS

Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. Set of two, $1.29 plus 20c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

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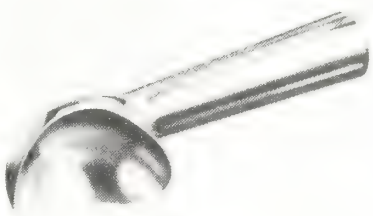
## PAINLESS TRIMMING

Groomette is a neat little instrument of fine surgical steel to trim hairs in nostrils and ears. Insert in nostril or ear, twist knob, hair is snipped off without damage to sensitive tissues. $2.98 plus 30c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



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Greatest news at dessert time is an ice cream scoop that cuts through the hardest, coldest ice cream in a flash. The secret is in the handle, with self-defrosting liquid hermetically sealed in. Always works; sanitary, rustproof. $5.95 ppd. Holiday Gifts, 305-K, Wheat Ridge, CO 80033.



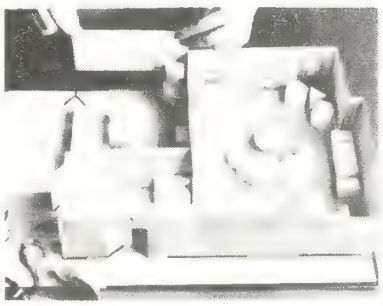
## SAFETY FIRST

Keeps those dangling electrical cords off the floor and out of the way with cord shortener that holds up to three feet of cord. Just wind excess cord around shortener. Only $1.49 for set of six plus 20c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



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Visualize your rooms in miniature with 3-dimensional kit. Includes dylite styrene furniture, 1½" to 1" cardboard walls, gum-backed windows, doors, graph paper, ½" to 1', equivalent to 27' by 44'. Design and instruction book included. $8.98 ppd. Plan-It-Kit, Box 429, Westport, CT 06880.




***personalized garment bags!***

- **elegant** monogram, **custom** embroidered!
- **fine nylon** is strong **yet feather-light, water-repellent!**
- **well made in U.S., 3 sizes, 3 colors!**

Clothes go wrinkle-free and dust-free to plane, train or car — right on their own hangers! Superbly made with long zip, wide gusset, secure tie-and-tab top. Holds 6 dresses or 3 suits, great at home for prized gowns or formal wear. Luxury gift! Give bag color:

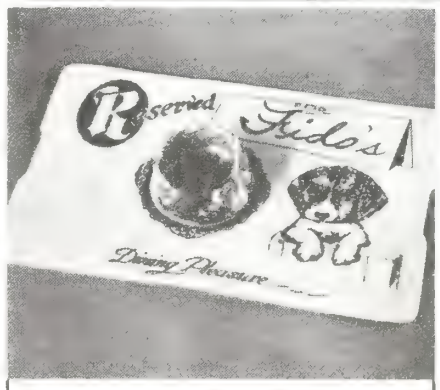
**NAVY (red monogram)**
**RED (black monogram)**
**BLACK (gold monogram)**

**9128—40" for suits ....$12.50**
**9129—50" for coats or dresses .....$14.50**
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*PRINT initials, underline last for centering. Allow extra time for delivery. Add 50c post. & hdlg. N.Y. residents add taxes*



**LILLIAN VERNON** Dept. G51, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550




**Personalized Pet Placemat**

Handsome foam placemat for your beloved pet! Saves messy spills and drips on floors—won't slide around as animal eats. Decorated with black lettering and design, personalized with your pet's own name. Special place in center for feeding bowl. 22" x 14" mat wipes clean easily. Specify dog or cat.

**$1.69** plus 35¢ handling each.

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FULL SIZE LOUNGE CHAIR

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ONLY
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**Unique free-standing clock of clear lucite with choice of black face/white hands OR white face/black hands (specify). Operates one year on "D" size battery (not included) 8" x 8" square convenient for etagere, desk or bookshelf.**

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The Talbots



Peas in their pods print our flare [illegible]
Edged & tied in braid, it reverses [illegible]
[illegible] green on white or [illegible]
$26.00. Add $1.25 for postage.

☐ **Please send me your new free color catalog of smart sportswear.**

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THE TALBOTS [illegible]
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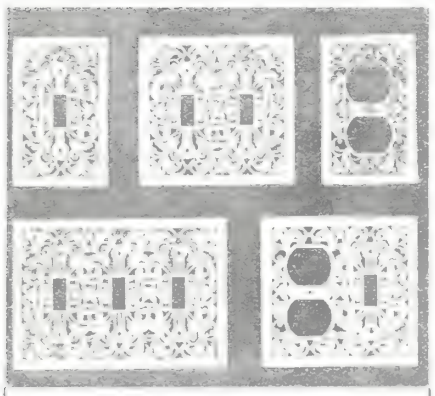
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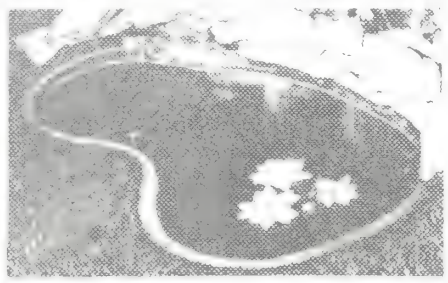


GOLDEN FILIGREE SWITCHPLATES

PLUS 50¢ POSTAGE & HANDLING

THE ADDED TOUCH
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OUTDOOR GARDEN POOL

$4.98

Beautify your garden with this one-piece sunken garden pool for live goldfish and exotic water lilies. One water tight piece of aqua colored Polypropolene. Easily installed [illegible] garden size 3'5" x 2'3" x 8" [illegible] ground level. Recessed water lily pot holds 1 to 3 bulbs. $4.98 complete or [illegible] Add 50c for shipping.

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Lifelong ID tag for pets

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The only
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you'll ever need...

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$5.98 POST PAID WITH SIX QUAIL EGGS
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# SHOPPING AROUND



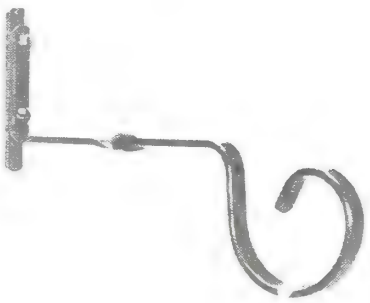
## IDENTITY

Wear a modern initial pendant of sterling silver that goes with your dresses or sweaters. Letters for entire alphabet are available. Pendant with 24" sterling chain $16; pendant only $10, Ppd. Tal Creations, Inc., Dept. HG-50, Box 1028 FDR Sta., New York, NY 10022.



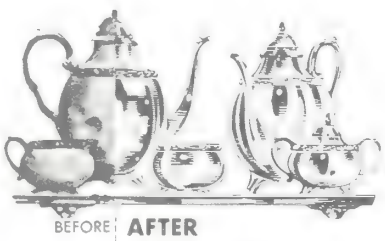
## DRIP-DRY ROD

Perfect solution for drip-dry garments, sheer curtains, hosiery. Adjustable 25" to 31" chrome-finished bar, hooks over shower rod, locks in place. No screws or adhesive; garments drip in tub. $3.98 plus 60c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



## HANG IT UP

And hang a pretty flower basket, potted plant on a hook that works indoors *or* out! In black wrought iron finish, it's a handy 10" l. for porch or family room—or to hang a bird feeder! Select several for yourself, for gifting. $1.98; plus 50c post. Taylor Gifts, HG5, Wayne, PA 19087.




## SILVER PLATING SALE

For a limited time only silver plating at sale prices. 100% guaranteed; dents are removed at no extra charge. It is a perfect time to have heirlooms fixed and quadruple silver plated. Free price list. The Senti-Metal Co., Silverplating Div., HG5, 1919 Memory Lane, Columbus, OH 43209.



## REAL CUT-UP

If you love snipping recipes, coupons, ads and *Shopping Around*, clipit paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20c post. from Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.

### NATURAL BEAUTY

Sahara stone planters in soft sand colors are crafted to go indoors or outdoors. Hanging planter, 5" by 6½", with hemp hanger $12; the strawberry jar planter, 7¼", $10. Add $2 post. each. (No plants are included.) Chris Selects, HG5, P.O. Box 32, Rocky Mount, VA 24151.



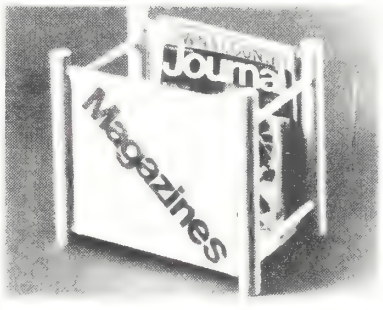
### FAST RESCUE

ASA life preserver inflates automatically, breaks plastic bag, is ready in 15 seconds. Comes with a clip so you can keep the Aquamarine preserver attached to your swim wear or dress. $4.95 plus 30c post. Write to Dixie Enterprises, Dept. 5035, Meridian, MS 39301.



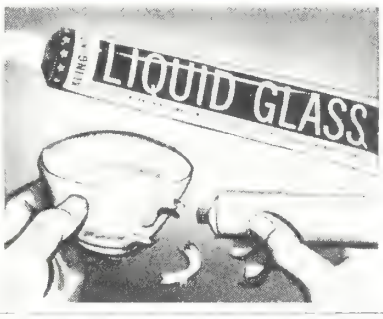
### COMPACT SLING

Bold screen-print lettering in green on natural canvas with frame of wood dowels to leave natural or stain. 13" by 9" by 12". Easy assembly, rolls into clear cylinder. Washes. $14.98 plus 80c post. Lillian Vernon, Dept. G5E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.




### MIRACLE MENDER

Glass in liquid form creates an iron-hard adhesive to piece together the broken fragments of porcelain, china, jewelry, etc. Permanent, washable bond that scoffs at heat or cold. $1.98 plus 25c postage. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.






## NO MORE WET HAIR

Keep hair dry while bathing or swimming. Absorbent Dry Band gives positive seal against moisture. Keeps hair-do safe, dry. Easy to use —practical for all ages. Simply wrap poly-foam band around head to cover hairline. Wear under shower or bathing caps. Adjustable.

**DRY BAND** ..... **$2.98 + 20¢ Mailing**

*California Residents add 6% Sales Tax*

**Satisfaction Guaranteed or Your Money Back**

*Anthony Enterprises* Dept. HG-55
585 Market St., San Francisco, Calif. 94105



## *Convertible Ottoman*

Handsome, compact space-saving marvel! 33" x 28" closed; Castro's ingenious convertible ottoman opens to full length bed in seconds with deluxe innerspring mattress. Doubles as a chair. **SPECIAL $149.95 FREIGHT INCLUDED**

Del. Free Cont. U.S. Fla. Res. add 4% Sales Tax

Optional: Tailored cover; bolster; **$34.95** each, ppd. Backrest to support bolster, **$14.95**, ppd. Gold, red, brown, blue or green; florals or solids. (Specify with order). Satisfaction guaranteed.

**Castro Convertibles, 1010 N. Westshore Blvd., Tampa, Florida. 33607**

*Castro Convertibles*



## PERSIAN PLATES

Unique, hand-embossed plates from Iran, perfect for wall or table! Traditional Persian designs on copper with silver-like tin finish, 8" diameter. Designs may vary somewhat as each plate is hand made. **$9.95** ppd., Check or m.o. to:

**CARDINAL GIFTS**

**Box H, Ronceverte, W. Va. 24970**

*W. Va. residents add 3% sales tax.*

*Inquire for other designs and sizes up to 24".*



Yes, you can have a FULL COLOR POSTER blown up from your color photo or slide at a fraction of the price. All color posters printed on Kodak paper. Great gift idea!

## BLOW YOURSELF UP

into a **FULL COLOR POSTER** at Unbelievable low Cost!

**LOW COST FULL COLOR POSTERS**

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| 20"x24" | only | $7.50 |
| 14"x17" | only | $4.50 |
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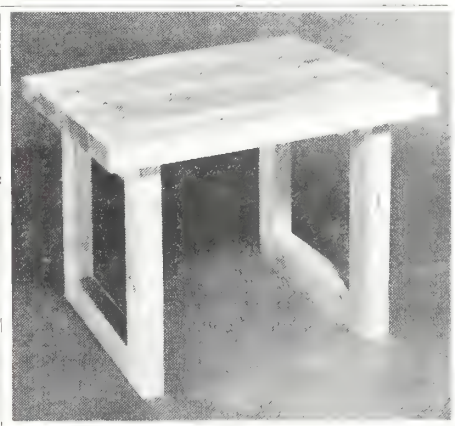
**BLACK & WHITE BLOWUPS TOO!**

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|---|---|---|
| 2 ft. x 3 ft. | $3.50 | Laminated Posters up to 2 ft. x 3 ft. $3.00 addt'l. |
| 1 ft. x 1½ ft. | $2.00 | |
| 1½ ft. x 2 ft. | $2.50 | |
| 3 ft. x 4 ft. | $7.50 | Photo Returned. |

For every color poster ordered, add $2.00 and get a black & white same size. Black and White Duplicates 50% off. Add 50c each item, handling. For prompt delivery put name & address on back of photo. Send check, cash or M.O. N.Y. residents add appropriate sales tax. If you send slide or negative, add $1.00 for each size. Shipped U.P.S. $1.50 per item.

*Congers Color Labs*

Dept. HG-55, Congers, N.Y. 10920



## build your own contemporary tables and SAVE!

Easy-to-assemble kits are crafted from beautifully grained solid wood cut from 2" thick stock. Finish in your choice of stains or natural finishes. Send $59.95 and specify size:

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| cocktail table | 21 x 42 x 16 |
| end table | 21 x 28 x 20 |

Send 25c for illustrated brochure. Shipping charges collect. Conn. residents add sales tax.

**HOMECRAFT Dept HG575,** Box 288, Weatogue, Conn. 06089.

## Now there's a 12'x 20' greenhouse you can afford.

*For just a few hundred dollars, you can build this greenhouse which was designed for commercial growers!*

In just two weekends, you can begin to enjoy year-round gardening. Everything from fresh garden vegetables to prize-winning orchids.

You'll have a 12' x 20' *gardenhouse* which will give you 240



square feet of climate controlled gardening pleasure; that's over 900 cubic feet, sufficient to supply fresh produce for three families. Imagine large, red, juicy tomatoes all winter long!

We'll send you step by step instructions plus a complete set of plans. There's no need for a foundation or extra tools. Our cost-saving plans can be followed by anyone, and all low-cost materials are available locally.

*Mail $10 for complete plans and materials list. Money back guarantee. Send check or money order to:*

Gardenhouse
Department HG
P.O. Box 2546
Tulsa, Oklahoma



## LAWYER PLAQUE TO NEEDLEPOINT

Here's a handsome, personalized gift to work in needlepoint. Shown here as a plaque, it could also be used as a pillow top or framed picture. Kit includes design hand-painted on white mono canvas, Persian yarns to work brightly colored design and rich green background, needle and instructions, including directions for working the subject's name. 10" x 10" design on 14" x 14" canvas. Only $10.95 plus $1 p&h. Other career plaques available at the same price: Doctor, Dentist, Accountant, Stockbroker, Nurse, Teacher, Homemaker, Pharmacist.

Send 25¢ For Next 4 Issues of Our Art Needlecraft Catalog.

The Stitchery Dept. HG-305, 204 Worcester Turnpike Wellesley Hills, Mass. 02181

Protect your silver with Tarnish-Proof Pacific Silvercloth Drawer Pads by GORHAM



Line drawer space into a silver vault. Protects against tarnish and scratching; silver is always ready to use.

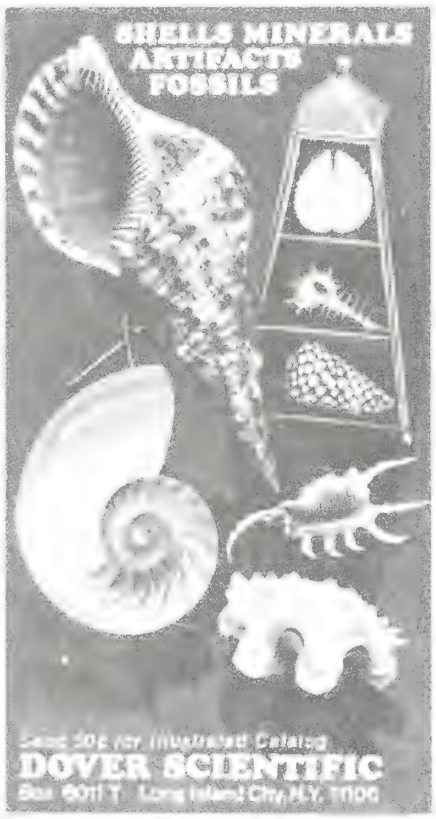
Size 18" wide x 15" deep x 1/2" high. Holds over 100 pieces $10.75

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ADD $1.00 FOR PACKING & POSTAGE FOR EACH UNIT ORDERED

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The Original

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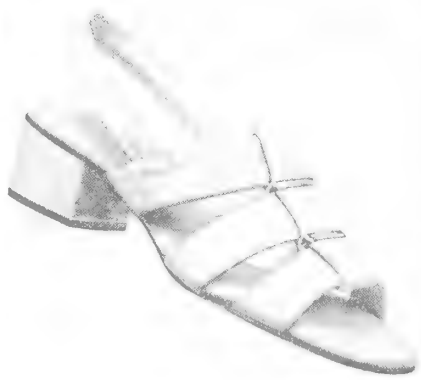
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FOR THE SOFT LIFE

"KRIS" — These great little softies could spoil you for all other sandals (except Sofwear) with their supple, marshmallow soft patent uppers and cushiony foam insoles, self-adjusting, elasticized back straps and comfortable 1½ inch heels. In versatile colors: White, Bone or Black. A super value and perfect gift idea for only $12.95. Sizes: 4 through 12; Narrow, Medium or Wide widths. $1.00 extra per pair for sizes over 10. Add 90¢ postage for each pair ordered. Refund if not delighted. Free catalog.

SOFWEAR SHOES, Dept. KR, 1711 Main, Houston, Texas 77002.

EASY-LIFT



LIKE A HELPING HAND.

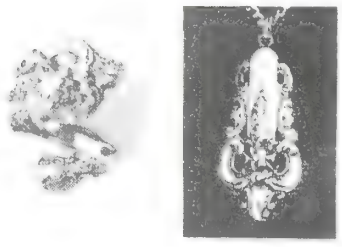
Many people — senior citizens, arthritics, and those suffering from Multiple Sclerosis, Dystrophy, or Parkinson's disease — find it hard getting in and out of a chair. The EASY-LIFT power cushion recliner gently lifts you to a full or partial standing position. The lifting angle adjusts to fit your needs. Controls are easy to reach and operate. Concealed control is EASY-LIFT's helping hand.

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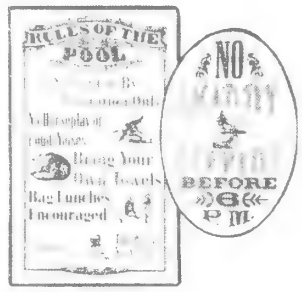
9001 E. 63rd 138th Street Dept. HGE-55 Grandview, Missouri 64030


# SHOPPING AROUND



## STERLING SILVER

Adjustable spoon ring, pendant (on non-tarnish chain) in *Grand Baroque, Grand Colonial, Rose Point, Romance of Sea, Golden Aegean Weave* patterns by Wallace. Ring $12.50; pendant $18.95. Ppd. Wickford Gift Galleries, Dept. 218, 290 Westminster St., Providence, RI 02903.



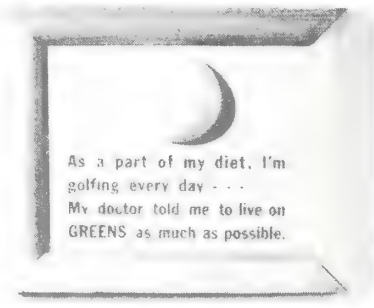

## SIGN HAPPY

Put up a painted fun message silk-screened in bright color on antiqued pine. Some for a pool area (shown) are 9½-10" by 15½-16". Each $8.95 ppd. Write for information about other fun messages available. Yield House, Dept. G55X, No. Conway, NH 03860.



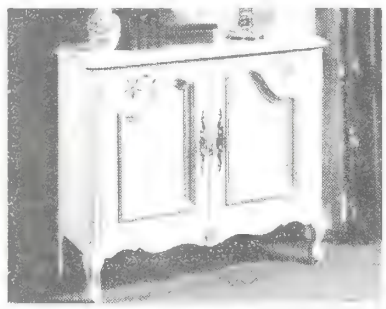
## QUICK COVER

Don't be caught in showers. A full-length 3-oz. plastic coat with 3 snap closures folds in case that fits purse or pocket. One size. Specify women's hood or men's collar-lapels model. $1.98; three $5.50. Ppd. Ivy, Dept. X746, 210 E. 23rd St., New York, NY 10010.




## SLEEPS AND EATS GOLF?

Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn't put it up, his "widow" will. 6½" by 5¼" with lettuce green backing, replica golf ball. $2.98 plus 40c post. Order #132. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



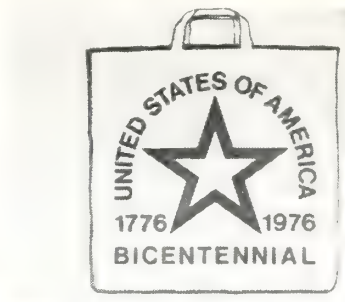
## FRENCH ELEGANCE

Graceful console, as focal point in your foyer or living room. Doors are panelled with rich carving and antiqued brass hardware. 36" wide, by 13" deep by 31" high. $149.95 exp. chgs. coll. Catalogue, $1. Jonas Fields, Dept. GE55, P. O. Box 52526, Atlanta, GA 30305.

# SHOPPING AROUND

## SPIRIT OF '76

Tote for all seasons is hand-screened for our Bicentennial. Natural canvas, 14″ by 14″ by 4″. Patriotic choice to take to the supermarket, beach or pool, picnics. A collector's item. Blue, $10; red and blue, $15. Ppd. Paint Prints, Dept. S2, 438 W. 37th St., NY 10018.



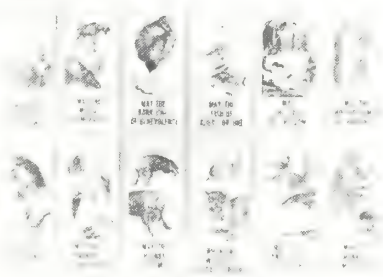

## FIX-IT KIT

Oh, those miserable moments when eyeglass frames part company! To cope, a clever kit that helps get it all together: professional optical screwdriver and an assortment of tiny frame screws. $1.98 plus 15c post. Anthony Enterprises, HG5, 585 Market St., San Francisco, CA 94105.



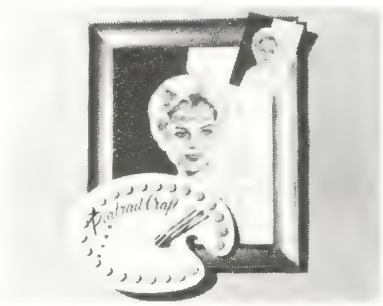
## BEASTLY CARDS

Birds and beasties in ancient steel engravings from a rare "Scripture History of Animals" 200 years old. Happy colors on ivory stock with 12 amusing sentiments, too long for here. Doz. $3.75 plus 25c post. The Wretched Mess News, HG5, Box 68, W. Yellowstone, MT 59758.



## PORTRAIT KIT

Reproduction of a portrait photograph or treasured snapshot on a 16″ by 20″ canvas for you to paint. Kit includes individually mixed oil paints, palette and brushes. Indicate colors when not shown in your photo. $14.95 plus $1 post. World Arts, Box 577, Wilmington, CA 90744.



## NEEDLEPOINT ORNAMENTS

Soldier, lollipop, candy cane, drum, Raggedy Ann and Andy and gingerbread boy—complete kits with canvas, Persian Paterna wool, needle, chart and instructions. 3½″ to 5″. $2.25 each. Any six, $11.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.





**Elegant Smoke-tone Pots** **Set of 4 $5.25**

**NOW IN GLEAMING SNOWY-WHITE, TOO!**

Stunning look in space-age plastic, fantastic design, too! Pots have raised ridges below— set a clay pot inside and it's held up, away from accumulated water—plant in them, too! American-made and molded into one waterproof piece —no rings on table or shelf! Translucent smoke tone [illegible] to match. Height 4 [illegible]

#8120—Smoke-tone Pots 1 Set $5.25
#8376—White Pots 1 Set $5.25

*Please add 50c postage and handling, N.Y. residents add taxes*

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Mt. Vernon, N.Y. 10550

TG12

as easy as raising your flag

A PURPLE MARTIN CAN EAT 2000 MOSQUITOS A DAY

TRIO GRANDPA MARTIN SYSTEM

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TG8

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**ALUMINUM MARTIN HOUSES**

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The easiest of all martin systems to maintain and use. 18″ x 20″ x 16″ high. Kit form—Easy assembly. Complete with 14′ galvanized steel post, nylon raising lanyard and winter door stops. Special self draining floors. 33 lbs. **TG12**

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M6K-Kit ..... $20.00 Post. $2.00
M12K-Kit ..... $33.00 Post. $3.00
TG8-Kit ..... $43.00 Post. $5.00
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CATALOGUE 50¢



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Very personally yours. This smart button front shirtdress has roll sleeves, buckle belt, breast pocket, and side vents. Wrinkle free material is wash'n wear Polyester-cotton. Return the detachable pocket tab for free monogram. Shirtdress color choice: SKY BLUE (solid color) or CANDY PINK (stripe).

Sizes 8 20 **$38.00** ppd

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**FINEST 100% COTTON**

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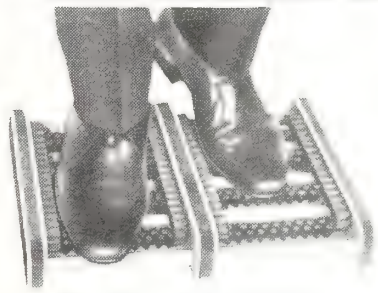


**#277 Chair Bottom 24″ x 26″ ..... $8.50**
**#278 Chair Top 13″ x 15″ ..... $6.50**
**#279 Arms 6″ x 6″ ..... $2.00**
**#280 Set of all 4 panels ..... $15.00**

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SEND 80¢ FOR COLOR CATALOG SIZES & SCENES TO FIT ANY DECOR

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Box 1845 HG Grand Central Station
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*Keep Foot Prints Off the Easy Way with GOKEY'S*

## Brush-Mat

Keep muddy foot prints off of floor and carpeting the easy way with Gokey's ingenious new "Brush-Mat." Mud and dirt are whisked from bottom and side of shoes at the same time. Brushes are permanently mounted in a sturdy hardwood frame with rubber floor grippers. 13½″x10½″x2″. $11 + $1.25 ship. & hand.

SUPER "Brush-Mat" has a removable catch tray plus metal scrapers in addition to brushes. 15⅜″x14 x3″. $27.50 + $1.25 ship. & hand.

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GOKEY
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adjustable
**Hi-Low T.V. POLE STAND**

[illegible] fort . . .

your ceiling height, can [illegible]

ers. Made in USA.

$13.95 [illegible] 1.00 post.

Extension for [illegible] and $2.00

*Write for FREE catalog of gifts.*

**Holiday Gifts** Dept. 305-A
WHEAT RIDGE, COLORADO 80033



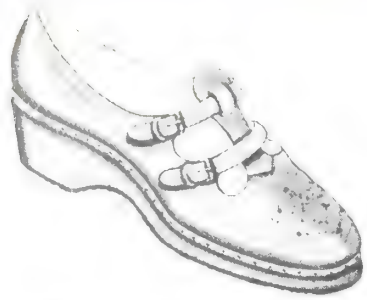

**PERSONALIZED SWEATSHIRTS**

Now the younger set can join in on the personalized sweatshirt fun! Their very own first and last names printed in permanent black letters on quality white cotton sweatshirt. All-time favorites are so warm and practical for a child—he'll feel so special! Machine washable. Will not run or fade. Specify first and last names, and size: 2, 4, 6, 8, 10.

**$4.98** plus 50¢ [illegible] each

Holiday Gifts

Dept. 305-A Wheat Ridge, Colorado 80033



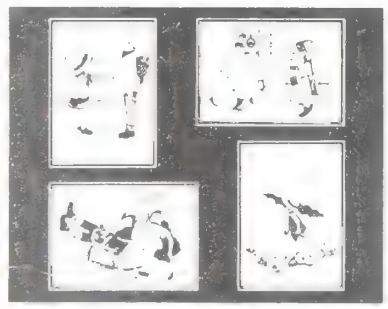
## WALKABOUT STROLLER

"Debra," has 1¼" wedge heel, zigzag rubber sole. Widths AAAA-EE, 2½ to 12. Smooth trim grain calf. Beige with otter, bone with malt; navy with light blue; white; black. 2½-10, $26.95; 10½-12, $27.95. Add $1 post. Free catalogue. Solby Bayes, HG5, 45 Winter St., Boston, MA 02108.



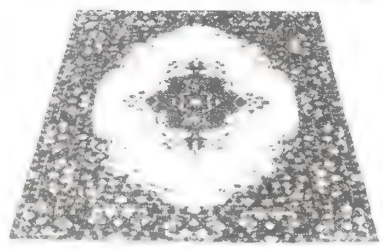

## POST CARD ALBUM

Holds 200 U.S. & Foreign cards in curved corner slots. (No pasting required.) Spaces for titles & notes under each card. Luxurious leather-like binder, padded covers. $7.95 plus $1 post; two for $15.95 ppd. The Writewell Co., 868 Transit Bldg., Boston, Mass. 02115.



## PURE NOSTALGIA

Pen and ink illustrations of "Childhood Days" printed in black on textured white paper, 5" by 7", ready to frame. "Lunch Time", "First Love", "Summer Rain", "Rock-a-Bye". Set of four, $1.75 plus 50c post. Free catalogue. The Ink-Well, HGE, Box 13/Greenlawn, NY 11740.



## PERSIAN DESIGN

Antique Kerman with open field. Gold, green, red, blue or ivory background. 3′ by 5′ $24.95; 4′ by 6′ $34.95; 6′ by 9′ $64.95; 9′ by 12′ $119.95; 2′ by 8′ $29.95; 2′ by 11′ $39.95. Ppd. Color catalogue $1. Peerless Imported Rugs, GE-55, 3028 No. Lincoln, Chicago, IL 60657.




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Beauty Plant

...aranteed to grow!

The life powers of the Beauty Plant have been used as a skin moistener and beautifier since the first Pharaoh of Egypt. It was said to be the Secret of Cleopatra's Beauty. It is the secret ingredient of many lotions today!

You can actually use the Beauty Plant to sooth burns and sun burn. Just break off a leaf and rub the clear life juices on your burn. It feels so good! Keep your Beauty Plant in the kitchen for Natural first-aid.

It grows from a small rosette. It's easy. All you do is put it in a pot — water it once a week and watch it grow . . . up to two feet tall. The bigger the pot, the bigger it gets. Comes with easy instructions. It blossoms with spikes of large red flowers that last and last.

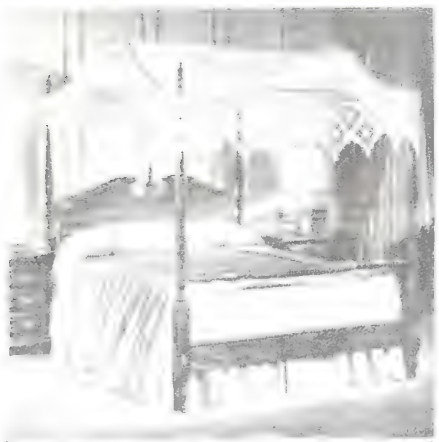
It makes a beautiful gift. Send Beauty to a friend. Guaranteed to Grow!



$2.00 3 for $5.00

ROBERTA'S
Dept. HE – 3
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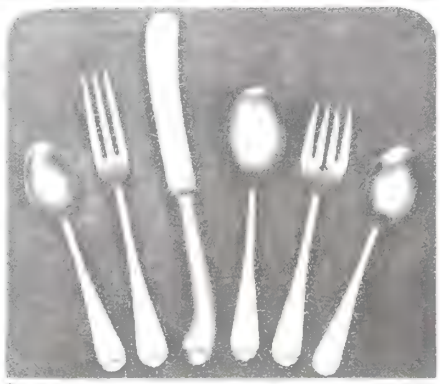
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...drapes for bed ... to ... or ... it against ... you wish. Solid cherry with broken pediment head, reeded blanket rail on the foot, and wooden rails, all beautifully finished. Queen size only. Post 70½" high. Covers and bedding not included. No C.O.D. Matching bedroom and dining room pieces available.

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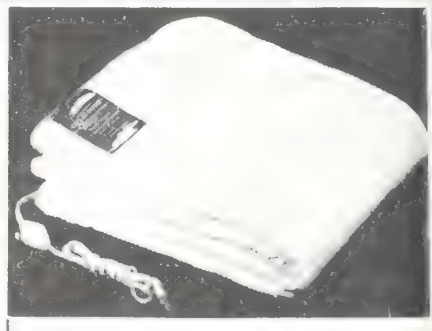


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## HISTORIC HANGER



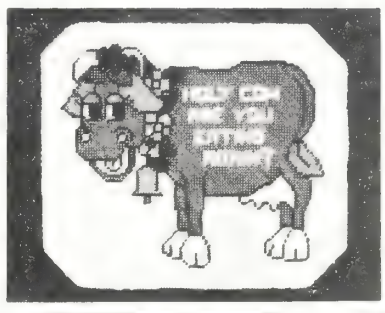
From the gaslight days, a Victorian-style cast iron coat rack handy for trench coats, umbrellas, scarves, hats. Five large swing arms each has three hooks. 7½" from wall; 14" w. $3.98 plus 75c post. Holiday Gifts, Inc., Dept. 305-G, Wheat Ridge, CO 80033.

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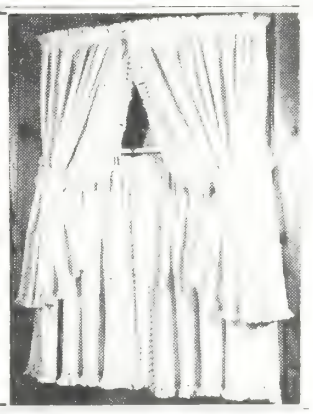
VERSATILE—hang as Tier upon Tier, Tier and Valance or use two pairs Cottage Style (as illustrated) or one pair full length tied back. Two matching tieback pieces included with every pair.

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*Add $1.50 for pstg. & hdlg.*



**OLD COLONY CURTAINS,** G551, Box 759, Westfield, N.J. 07090

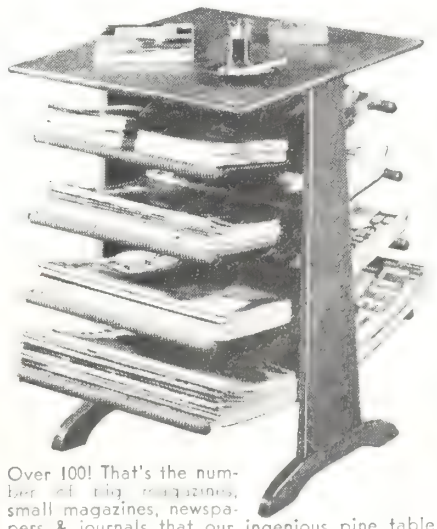
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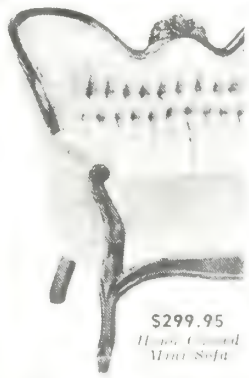

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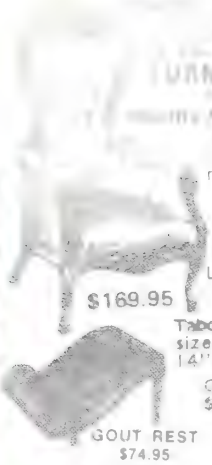


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FIFTH FLOOR — SOHMER BUILDING

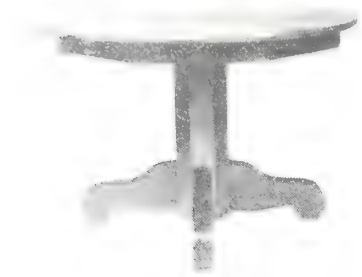
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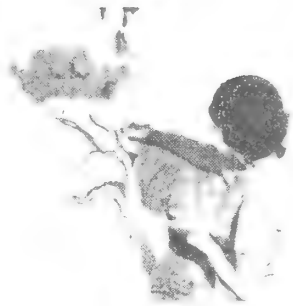
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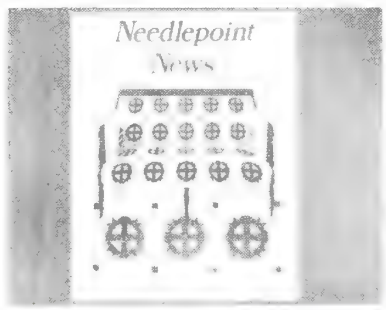
### MURAL MAGIC

Giant wall murals you can paint yourself, by-the-number method, shown in catalogue. 74 designs up to 12' wide (up to three color schemes). Kits include patterns, brushes, paints, from $4.95. Catalogue 25c. Double M Marketing, Dept. HG-505E, Box 8500, Fountain Valley, CA 92708.



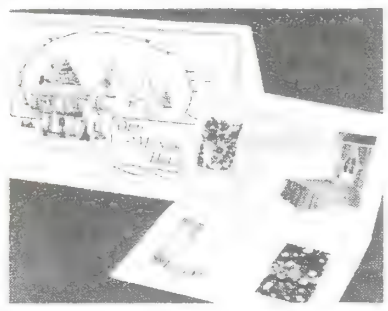
### NATURAL

A cane kit that includes sheets of cane and complete instructions for repairing grooved chair seats, room dividers, what have you. Square cane sheets in three sizes: 12", $6.75; 18", $10.25; 24", $14.75. Ppd. Catalogue. 25c. T.I.E., HG5, Box 1121, San Mateo, CA 94403.



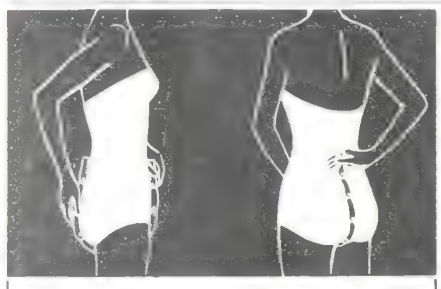

### JUST OUT!

Welcome news for everybody who likes needlepoint. Bi-monthly magazine devoted exclusively to the subject, showing how to be more creative. New ideas, techniques, fun projects in each issue. One year $6. Canada, $7. Needlepoint News, Dept. KA, Box 668, Evanston, IL 60204.



### EARLY DESIGNS

Curtains, bedspreads inspired by ones in early Maryland, Virginia, Pennsylvania homes. 24 styles, matching bedspreads, canopies, table accessories. Calico, cotton, kodel, muslin, dacron, ninon. Catalogue, with 45 swatches, 50c. Mather's HG5, 31 E. Main St., Westminster, MD 21157.

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**All prices approximate. *Consult your interior designer or store decorating department. Postage indicated by ( ).**

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**ovence" cotton fabric:** covering iture, 54" wide, 22" repeat. Zepel ted. $6 a yd. From The Country Collection by Bloomcraft. At Lord aylor.
**a:** 80" x 39" x 41" high, rolled s, back, loose seat cushions. $2000 M; **chair:** 28" x 30" x 30" high, e back, seat cushion. $660 COM; **lacquered armchair:** 25" x 19" 9" high, fretwork back, sides, cane , imported from Italy, $420; **pine hstand:** used as table, 32" x 19" 7" high, 1 drawer, imported from land. $225; **wire planter:** 42" h, 24" diam., painted white, with s, 1 of a pair. $595; **quilted pil-s:** on sofa. $30 each; antique Chi-porcelain fruit boxes, yellow on, covered trinket box shown on ee table. All from Lord & Taylor.
**essories in arch:** blue and white que Chinese pot with cover, $500; of antique Staffordshire dogs; an-e Chinese blue and white cat, $395; que Imari plate, 3rd shelf, $225; que Chinese dish, bottom shelf, 5. All from Lord & Taylor.
**arry cocktail table:** 38" sq. x 15" h. By Design Institute America. At Altman & Co.
**lian durrie rug:** 13' 8" x 9' 8", all on. $2800. From Coury Rugs.
**nderocheted afghan:** $80. To or-from The Elder Craftsmen Shop.
**r of Staffordshire dogs:** top self h. $185 a pr.; **pair of French por-ain plates** on coffee table, $75 the From Rose Cumming.
**w and antique plates:** 2nd shelf arch. from a variety of imported essories at Frank Milton. By ap-ntment only. (212) 758-2658.
**te and white Staffordshire mug:** shelf of arch, $75; **brown ceramic chers,** 3rd and bottom shelves, $54 h; **Victorian ironstone pitcher h stripes,** bottom shelf. $120. From rvin Mecking Antiques.
**rcelain animals:** 3rd shelf of arch. each; **green lacquered basket,** coffee table, $25. From Diane Love.
**tique mincemeat jar:** 3rd shelf of h. $38; **antique green pitcher,** 3rd ll. $28; **antique green pitcher,** tom shelf, $30; **antique American aid wood box,** bottom shelf, $95; **tique quilted pillows,** on sofa, $18 h. From Nonesuch, Ltd.
**tique round box with tulips: skets** except where noted all from n-Jacques Bloos Ltd.
**nts and flowers** available through r local Teleflorist; shown are tulips, hantment (mid-century) lilies, and rguarite daisies.

**OLAR ENERGY HOUSE**
**ges 70-71:**
*ing Room*
**ionstop" flexible seating sys-m:** zipped and hinged elements in-ide right and left facing units and mary seating units; base of molded m, wood and metal reinforced up-r section of Dacron wrapped ure-ne foam. Designed by Eleanor duzzi.
**unar" lounge chair:** 31½" x ½" x 25" high x 15" seat height, xible steel reinforced with molded ethane foam, designed by Lehmann nsen.
**ushroom" ottoman:** 21½" x ½" high, bleached rattan, designed Eero Aarnio.
**"Ara" table:** 33" x 33" x 16" high, ABS plastic, designed by Emma Gismondi Schweinberger. By Artemide. All at Stendig.*
**Upholstered love seat:** 60" x 33" x 33" high, square back and arms, loose seat and back cushions. By Burlington House Furniture.
**Semicircular hunt table:** 65½" x 32" x 30" high, 43" with leaves raised, leather top insert, 1 drawer. By Burlington House Furniture.
**"Deep Magic" carpet:** all nylon face, permanently mothproof, color stone martin. By Lees Carpets.
**"White On Yellow" painting:** by Harry Brorby; **"Balls and Triangle" and "Chairs" paintings:** by Albert Kogel. At America West Gallery.
**Copper tables:** shown throughout the house designed by Ving Smith. Ving Smith Interiors.
**Woven basket:** with pale stripe; **batik pillow:** $75. Both from LCS.*
**"Spheres" glazed tiles:** 12" sq. From Franciscan Terra Floor Collection by Interpace, a member of the Tile Council of America.

**Pages 72-73:**
*Dining room*
**Dining table:** 42" x 66" x 29" high, 2 18" leaves included. By Burlington House Furniture.
**Dining chairs:** 20" x 33½" x 20½" high, nailhead trim; **table bench:** 27¼" x 21" x 18¾" high, shown in foreground, cushion removable to convert to table. Chairs and table/bench by Burlington House Furniture.
**"Giano vano" table:** 16" x 18" high, ABS plastic, designed by Emma Gismondi Schweinberger, compartment for storage. At Stendig.*
**Painting:** from Karl Mann Gallery.
**"Spheres" glazed tiles:** 12" sq., Amber glaze. From Franciscan Terra Floor Collection by Interpace.
*Tablesetting*
**"Potpourri" stoneware:** shown in snow cap white with shadow brown matte band; **"Regency" stainless flatware:** lemon yellow stoneware handles. Both by Denby Ltd.
**Paintings:** from America West.
*Den*
**Sofa:** tufted, loose back and seat cushions, upholstered Parsons legs.
**Loveseat:** tufted, loose back and seat cushions, upholstered Parsons legs.
**Barrel-backed chair:** loose back cushion, upholstered Parsons legs, nailhead trim. All by Burlington House Furniture.
**"Mushroom" stool:** 21½" x 13½" high, bleached rattan.
**"Director" folding chair:** 24¾" x 19½" x 29½" high, beech frame, designed by Hans Eichenberger.
**"Dodona 300" multiplex bookcase shelf:** ABS plastic, designed by Ernesto Giamondi, may be assembled to many sizes.
**"Nesso" table lamp:** ABS plastic. By Artemide.
**"Tantalo" table clock:** designed by Richard Sapper. By Artemide. All from Stendig.*
**"Nugget" glazed tiles:** from the Primitive Collection by American Olean.
**"Vertical Bands" painting:** by Jim Waid. At America West Gallery.
**Striped pillow:** from a collection of pillows at LCS.*
**Bath/shower enclosure:** "Circlet" 1¼" sq. sculptured wall tile, shown in regency blue. By Wenczel Tile Co.
**Countertop:** 1¼" sq. plain surface matching tiles. By Wenczel Tile, a member of the Tile Council of America.

**Pages 74-75:**
*Kitchen*
**Twin Convertible Grill-Range:** 29⅞" x 21½", twin grill [illegible] two twin-element glass-ceramic conventional element cooktop cartridges for four element cooking. $520; **double wall oven:** 22" x 23¾" [illegible] high; upper oven, 19" x 19" x 15" high, bake and broil elements, broiler grid and pan; lower oven, 19" x 19" x 15" high; continuous clean system in both ovens; automatic baking feature. $395. Both by Jenn-Air.
**Refrigerator/Freezer:** Energy Saver control, frost-free freezer, automatic ice-maker, temperature-control meat keeper, separate freezer and refrigerator cold controls, 5 half-width shelves, removable egg tray. $578; **"Radarange" microwave oven:** 22¾" x 17¼" x 15" high, automatic defrost control, 5 and 30-minute dial Timer controls, automatic on/off switch for automatic cooking. Both by Amana.
**Built-in dishwasher:** 24" x 24⅛" x 35½" high, 6 cycle washing, fully insulated for sound, rinse additive dispenser. $389. By Maytag.
**Striped fabric upholstery:** covering banquettes. Fabric from Burlington Sportswear Division.
**Side chairs:** rush seats, ladder backs, carved leaf motif in top rung.
**Harvest table:** 2 folding leaves, 71" x 20" x 30" closed, 71" x 40" x 30" open. Chairs and table by Burlington House Furniture.
**Kitchen floor and backsplash:** 3" x 6" textured glazed tile in canary. From the Franciscan Terra Grande Collection by Interpace.
**"Tantalo" clock:** on countertop. By Artemide. From Stendig.*
**"Carryette" black and white TV:** 9" diagonal screen, optional battery pack. $129.95. By RCA.
**Kitchen countertop tiles:** [illegible] sq. matte [illegible] floor tile Glo by Mid State Tile Co., a member of the Tile Council [illegible]

**Pages 76-77:**
*Pool [illegible]*
**"Marionbal" divan:** [illegible] 26½" [illegible] Marion
**"Mushroom" [illegible]** 35" x 26" [illegible] rattan, designed by Eero Aarnio [illegible] from Stendig.*
**"Blue Clouds" painting:** by [illegible] Schuselka. At America West Gallery.
**Abstract** by Jim Waid at Harlan Gallery.
**"Corsican" glazed tile floor:** from the Antigua Collection by Monarch Marshall.
*Pool side*
**"Buster Crabbe" pool:** "Capri" vinyl lined pool with "Aqua Genie" skimmer-feeder system. 18' x 32', kidney-shaped. By Cascade Industries.
**"Body Gloves" sling furniture:** 100% Allied "Super-Tuff" polyester, frames coated with Samson Gard for guaranteed weather proofing, resists corrosion for 5 years. Shown: chaise, arm chair, ottoman, table, and dining table, both with Marbelle II tops. Available in several colors. By Samsonite.
*Master bath*
**Bath towels:** 100% cotton. From the Imperial Bath collection by Burlington.
**"Mushroom" ottoman:** 21½" x 13½" high. From Stendig.
**"Madeira" tiles:** bathroom floor, blue on beige. From the Summitstyles Collection by Summitville Tile.

*Continued on page 177*




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# Gardener's Notes

By James Fan

Spring flowering bulbs show their best against a low groundcover. One of the very best plants for that purpose is the annual forget-me-not. Following the sky's blue at ground level, this amiable plant flowers for weeks on end, while its mounds of leaves cover the earth practically all year long and help conceal the leaves of spring bulbs as they mature. Known to most gardeners by its botanical name *Myosotis*, forget-me-not is a native wildflower all around the world, from the Arctic Circle to the southernmost point South America, Australia and Africa, where it has been domesticated as a flower. There are two common species, *scorpioides*, with flowers in a long curl like a scorpion's tail, and *sylvatica*, *below*, which has a more compact flower cluster. Beginning gardeners are often disconcerted by the forget-me-not's habit of flowering lustily one year and disappearing the next, only to reappear in full force the third year. This is because the plants are biennial, forming roots and leaves one year, flowers and seed the next. Seed from one year's flowering germinates and grows the following year but does not flower until the year after that, whereupon the plant sets its seed and dies. So, to have a constant succession of flowers, forget-me-nots should be planted on two successive years. While one batch of seedlings is flowering, the next lot is preparing to take over. Once established, this alternate-year planting will continue to reseed itself indefinitely. Myosotis has no serious insect or disease enemies. However, it cannot stand drought and must have a constant supply of water. In fact, it is one of the few plants that thrives with roots completely submerged. In the bed of a shallow pond or brook, forget-me-nots will come through the winter in fine shape if covered by a few inches of water, plus as much ice and snow as gather on top. When the water level drops at the approach of warm weather the plants burst into b... Although there are pink- and white-flowered var... blue remains, in the minds of most of us, the one... forget-me-not color. Botanically, Myosotis is a... confused genus. Botanists don't seem able to ma... their minds whether a particular variety is *pal... alpestris*, or something else. Also, the related p... *Anchusa*, *Cynoglossum*, and *Omphalodes*, are ... times called forget-me-nots. These are all peren... rather than biennials, and flower later in the se... And, of course, none comes close to matching th... chanting blue of spring flowering Myo... the only true forget-me-not.



"As forget-me-nots are biennial, to have a constant succession of flowers, you should plant them on two successive years"

***Diversify. The term applies to more than investment portfolios. Farme... have learned, often by hard experience, that large areas planted to a sing... crop may be an invitation to disaster. An invasion of insects that find a pa... ticular kind of plant to its liking can sweep through acres before the grow... is even aware of their presence. Encountering a block or strip of a differe... kind of plant, though, gives pause to the pests, which promptly halt their a... rance. The same holds true for plant diseases. Deprived of the kind of fo... they need to multiply and thrive on, they have nowhere to go and stop rig... there. The usual home vegetable garden has such small blocks of each ki... of plant that the problem pretty much solves itself, but it's a good idea, an... way, to break up long rows or solid blocks of any one thing with other, d... ferent kinds of plants.***

We've had a bumper year for vegetable gardeners. Most of us have already started our gardens... and begun to be heartened by green as the season moves along. Answers to all the vegetable grower's qu... are in the book *The New York Times Book of Vegetable Gardening* (Times-Quadrangle, $9.95). Jo... Lee Lasser, Garden Editor of the *Times*, has assembled a list of all the commonly grown vegetables, plus a f... ...and how to grow each to perfection. Her chapters on pests and pesticides are co... ...to date, and there are instructions for harvesting, storing, and using the crops as they mature.

## SHOPPING INFORMATION *continued from page 173*

**Counter and shower floor:** 2″ sq. cobalt blue ceramic mosaics by American Olean. Both members of the Tile Council.
**Shower enclosure:** 4″ sq. glazed Earthstone tile in alabaster white by Florida Tile Co., member of the Tile Council.
**Graphic** from Karl Mann Gallery.
*Master Bedroom*
**Scrolled patterned headboard:** white lacquered finish; queen-sized mattress and box spring; **2-drawer commode:** 21½″ x 25½″ x 22″ high, lacquered antique white with yellow trim; **ottoman:** 28½″ x 19½″ x 16½″ high. All by Burlington House Furniture.
**"Giano vano" table:** on casters, ABS plastic, compartment for storage.
**"Eclisse" table lamp:** wall mounted model available; **"Eco" table lamp:** by Artemide; **"Gaudi" armchair:** 24″ x 22″ x 29″ high, ABS plastic, designed by Vico Magistretti. By Artemide. All from Stendig.*
**"Temple Bell" carpet:** all nylon face, permanently mothproof, color shown bluejay. By Lees Carpets.
**"Lunar I" TV:** with AM/FM digital clock radio, earphone, automatic sleep switch, picture contrast booster for daytime watching, 5″ diagonal screen. $179.95, by RCA Corp.
**"Sunscape" painting:** by John Fincher. At America West Gallery.
**"Batik" cotton and Kodel polyester sheets:** white design on grounds of blue, mocha, or green; in standard sizes and pillowcases, coordinating towels. Comforter, dust ruffle, and pillow shams made for photography. By Burlington Domestics.
**"Rob Peter to Pay Paul" quilt:** on ottoman at foot of bed, c.1920. $250. At Nonesuch, Ltd.
**"Jacob's Ladder" quilt:** on white loveseat, c.1920, 74″ x 82″. $185. At America Hurrah Antiques, NYC.

**GREENHOUSE KITCHEN**
**Pages 82-83:**
**Gas Drop-In Cooktop:** with continuous clean oven; **Electric Drop-In Cooktop:** with self-clean oven; both ovens have black glass doors; cooktops in white with stainless trim. By Sears Roebuck & Co.
**Refrigerator/Freezer:** by Sears Roebuck & Co.
**Stainless steel sinks:** Color Temp faucet, hot water dispenser, soap and hand cream dispenser; kitchen and bar sinks by Just Manufacturing.
**Dishwasher:** white with stainless trim. By Maytag.
**Custom designed Formica faced cabinets;** maple butcherblock countertops; quarry tile floor, 6″ sq. All by Custance Brothers.
**Lights recessed under cabinets:** by Lightolier.

**GARDEN GREEN ROOM**
**Page 95:**
**"Bakuba Batik" no-iron percale sheets:** 50% cotton, 50% Dacron, in standard sizes, quilted spread, draperies, dust ruffle, pillow sham, comforters, and towels. By Martex. At Macy's.

**DECORATING ZEST**
**Pages 96-97:**
**Bedroom/Sitting room**
**"Iris Patch" no-iron percale sheets:** 50% cotton, 50% polyester, in standard sizes; available in yellow; **comforter:** 100% Dacron, machine washable, by Countess York for J.P. Stevens; shams on bed and banquette made for Mr. Donghia. "Iris Patch" by Utica Fine Arts. At Bloomingdale's.
**"Beautyrest BackCare II" mattress:** queen size. By Simmons.
**Oval wicker dogbed:** 18″ x 27″, covered in "Iris Patch" sheet fabric. $21.95. At American Kennels.
**Heart pillow:** in dogbed. $20 for a set of 3 (square and triangle pillow make a set). At Henri Bendel.
**Hourglass table:** 23½″ diam. x 15¼″ high, of ABS Cycolac. $40. By Beylerian. Write Beylerian for store information.
**"Gloria" wicker armchair:** 26″ x 33″ high; **rattan drum table:** 30″ diam. x 16″ high. Both at Walters Wicker.
**Black and white portable TV:** 12″ diag. screen, 100% solid-state. $96. By General Electric. At Gimbels, New York.
**Double-tiered tea caddy;** handmade baskets, assorted books, bowl in photo inset, Chinese nesting baskets. All from Limited Editions.
**Octagonal platter:** in photo inset, of Canton porcelain. At John Rosselli.
**Memo pads:** covered in cotton. $16-$20. At Henri Bendel.
**"Dogwood Blossoms" watercolor:** by Edward Goodstein. $150 framed. At Jean-Jacques Bloos Ltd.
**"Wild Goose Chase" antique quilt:** 72″ sq., c.1855. $225. At America Hurrah Antiques, NYC.
**Standing lamp:** reflector and base of polished brass, stainless steel stem, adjustable from 36″ to 42″, designed by Cedric Hartman. $360. At LCS.*
1. **Bamboo screen:** 74″ high bamboo frame with woven split bamboo panels. $599. By Thomasville.
2. **"Butter Bamboo" cotton fabric:** 54″ wide, 29″ repeat, treated with Scotchgard. By Key West Hand Print Fabrics marketed by International Textile Corp. At Nettle Creek Shops.
3. **Stacking stool/ottoman:** 18½″ x 21½″ x 18¾″ high, covered with "Fibercraft" outdoor furniture fabric. $28. By Lloyd Manufacturing.
4. **Woven cane trunk:** 36″ x 18″ x 17½″ high, brass hardware, leather handles. $400. By The Lane Co.
5. **"Lyford Key" wallpaper:** 27″ wide, 46″ repeat, designed by Stan Peskett and William Waldron for Clarence House.*
6. **"Spook" lamp:** 17″ high, 7″ wide at base, of high glaze ceramic, available in terra gold, solar yellow, parrot green, cinnamon, black. $25. At Bloomingdale's.
7. **"Sav-a-Plant" soil moisture tester:** 8⅝″ metal probe on a wire 26″ long; care booklet included for 168 commonly owned house plants. $15. At The Bailey/Huebner Shop at Henri Bendel.
8. **"Anemone" cookware:** 5½-qt. Dutch oven with cover; 1½-qt. saucepan with cover; 2½-qt. saucepan with cover; 10″ frying pan. $59.95. By Block.
9. **Wicker and chrome rocking chair:** 22″ x 38″ x 42″ high x 18″ seat height. $240. By Bassett Mirror.
10. **Upholstered chair and ottoman:** armless chair with loose seat cushion, back cushion, 25¼″ x 31½″ x 30½″ high, $195; ottoman with attached seat cushion, 28½″ x 22″ x 16″ high, $95. By Lee Industries. At Lord & Taylor.
11. **"Sunline" love seat:** 47¼″ x 22½″ x 30″ high, natural finish pine, treated and waterproofed for outdoor use, easily assembled. $125. By Tex-Dane. At Foam Rubber City.
12. **Cheshire cat:** 22″ long, 15″ high, muslin covering, polyester filled, suitable for painting. $10; fabric by the yard, $3.50. At Fabrications.
13. **Portable electronic piano:** optional headphones for private practice, removable legs for portability. $653 with bench. By Wurlitzer.

**PRACTICAL PARTIES**

***Stores having "Tables set for Practical parties" inspired by pages 102-113.***

**California**
Los Angeles ..... Bullock's and branches
San Francisco ..... Liberty House and branches

**District of Columbia**
Washington ..... Woodward & Lothrop and branches

**Florida**
Miami ..... Burdine's and branches
Tampa ..... Maas Bros. and branches

**Georgia**
Atlanta ..... Rich's and branches

**Indiana**
Indianapolis ..... L. S. Ayres and branches

**Illinois**
Chicago ..... Carson Pirie Scott and branches

**Maryland**
Baltimore ..... Hutzler's and branches

**Massachusetts**
Boston ..... Jordan Marsh and branches

**New Jersey**
Pleasantville ..... Steinbach's

**New York**
New York ..... B. Altman & Co., and branches

**Ohio**
Cleveland ..... Higbee's and branches
Columbus ..... Lazarus and branches

**Oregon**
Portland ..... Meier & Frank and branches

**Pennsylvania**
Philadelphia ..... Strawbridge & Clothier and branches
Pittsburgh ..... Kaufmann's and branches

**Texas**
Houston ..... Joske's of Houston and branches

**Washington**
Seattle ..... Bon Marché and branches

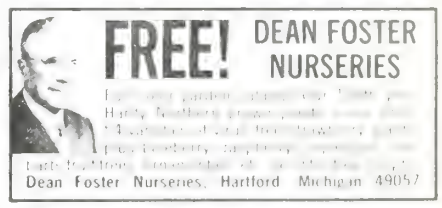
**Page 103:**
**"Summerfield" china:** $49.50 per 5-piece setting. By Oxford Bone China.
**"Blue Mist" crystal stemware:** water goblet, champagne glass, $7.50 each. By Lenox.
**"Carrollton" sterling flatware:** $161.75 per 5-piece setting; cold meat fork, $57.50; serving spoon, $62.50. By Stieff.
**Table cover: "Petit Champs-Plain"** polyester and wool fabric, 55″ wide; **patterned hangings and cloth: "Petit Champs-Plaid"** polyester and wool fabric, 55″ wide, 2″ repeat. Both By Clarence House.*
**Wine cooler:** in Sheffield plate, 10″ high, 9″ diam. c.1810, $500; **sterling knife rest,** 4½″ wide. $150 a set of 6. At S. Wyler, Inc.
**Orange Chinese straw basket:** 6½″ high, 8½″ diam. $39. At Limited Editions.
**Bleached pine tray:** 12″ sq., stackable. $36 each; centerpiece designed by Robert Webb. Trays from Robert Webb.
**Limoges apple box:** 4½″ high. $14.50. At Soupcon Food & Gift Shop.
**Blue and white porcelain bowls:** imported from France. $4 each. At Le Grenier.
**Pages 104-105:**
**"Fruit & Vegetable" china:** plates, 10″ diam., $85 set of 6; cups, 4½″ diam., $60 set of 2 cups and saucers. Plates depict vegetables; cups and saucers, fruit. Made in France by Le Chambrelain. At Bonwit Teller.
**"Round" crystal stemware:** pitchers, large, $25; small, $16; wine glass, $16; small salad bowl, $16; large, $40; candlesticks, 10″ high, $20. By Simon Pearce Freeblown Crystal. At B. Altman & Co.
**"18th Century" sterling flatware:** $175 per 5-piece setting. By Reed & Barton.
**"Mignonne" cotton fabric:** table cover, 52″ wide, 27″ repeat. By Woodson Wallpapers.
**Green porcelain tureen:** 15″ x 9″ diam.; platter, 17″ x 12½″ wide, $125. By Mottahedeh. At John Rosselli.
**Coffee and tea service:** in Sheffield plate, c.1860, $195 the set; **sterling pepper mill:** 4″ high, 2″ diam., $65 with salt mill. From S. Wyler, Inc.
**"Lemon" Belgian linen/polyester napkins:** 17″ sq., machine washable, $1.75 each. By Fallani & Cohn.
**Centerpiece** designed by Robert Webb.

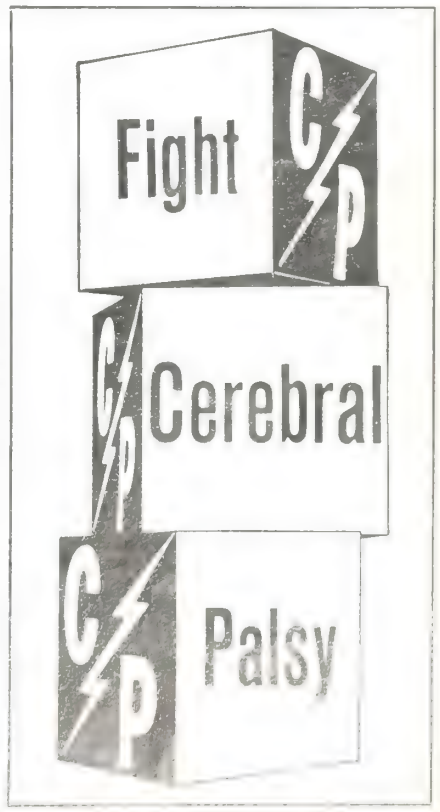
*Continued on next page*













Today, there are those who find themselves asking this question ... mainly the funeral ca... ... those ... They ... ontinue to be easier ... may not seem so at the ... ments have them ... mpathetic friends, ... ting upon moments shared, giving testimony to the life that was ... arth ... does—whether the choice is made for a traditional, a contemporary or a humanist service—is to reaffirm the faith, the creed, or philosophy by which one's life was guided ... Donne said ... rld. A funeral ... all those ... a moment ... truly a unique moment of ... ty.

**But no matter where, when, or under what circumstances death may occur, there are needs that must be met** -for the ... friends ...

MY DUTY

Good Housekeeping
LARK
GUARANTEED PARENTS' MAGAZINE

## SHOPPING INFORMATION *continued from preceding page*

**Page 107:**
**"Fairmeadows" china:** platinum banding, $49.50 per 5-piece setting; **"Lyric" sterling flatware:** $168 per 4-piece setting; **sterling cake server,** $30.25. **"Puritan" coffee and tea service:** coffeepot, $265; teapot, $145; **"La Scala" crystal stemware:** goblet, wine glasses, champagne glass, $12 each. All by Gorham.
**Organdy tablecloth:** 90" round, with cambric appliqué, $325 with 12 napkins; **organdy napkins:** with cambric applique, 20" sq., part of a luncheon service, $115 service for 8. From Lerom.
**"Heather" tablecloth:** 60" round, machine washable, $45. By Fallani & Cohn. At Marshall Field.
**Tambour curtains:** polyester, made in Switzerland, 45" wide, 3 yds. long per panel, $125. At Henry Cassen.*
**Sterling dinner bell:** 5" high, ivory handle, $175; **sterling muffineer:** 7" high, $175. Both from James Robinson.
**Mother-of-pearl boxes:** 4" high, $30; $1\frac{1}{2}$" high, $17; imported from England. At Limited Editions.
**"Heart" rattan chair:** 48" x 38" x 18" seat height. At Walters Wicker.
**Antique white wicker table:** 31" wide x 29" high, $495; **painted box:** wicker in white, pink, green, and yellow, $10. Both from The Gazebo of New York.
**Silver-plate strawberry basket:** 6" sq. x 4" high, $30. By Godinger Silver Art Ltd.
**Porcelain bamboo cachepot:** large, 10" diam.; small, $8\frac{1}{2}$" diam. $45 each. At Hammacher Schlemmer. Napkin: 21" sq., beige with white lace, placed on tea table beneath coffee and tea service, $7 each. At Henri Bendel.
**Centerpiece** designed by Robert Webb.
**Page 108:**
**"Evesham porcelain:** $29.95 per 5-piece place setting; **"Oval Deep Casserole,"** 1 qt., $35; **"Oval Deep Casserole,"** $2\frac{1}{2}$ qt., $45; **"Scallop Shell,"** 5" long, $6; **"Salt and Pepper Grinder,"** $3\frac{1}{4}$" high, $23 boxed. All by Royal Worcester.
**"American Colonial" sterling flatware:** $172.50 per 5-piece setting; **"Bennington" silver-plate coffee service:** 8-cup coffeepot, sugar, creamer and tray, not shown, $443. By Oneida Silversmiths.
**"Jamestown" crystal stemware:** water goblet, $6.75 each. By Fostoria.
**Cotton napkins:** 17" sq., imported from France, $1 each. At Le Cremer.
**Fruitwood table:** 30" x 30" x 29" high, 19th century French, $950; **fruitwood chairs:** 20" x 38" high, 19th century French, $85 each. At Elms Putting Antiques.
**"Apples, Pears, Oranges, and African Violets" painting:** by Loren Dunlap, 50" x 50", mahogany frame with silver leaf edge. At Wally Findlay Galleries.
**Crystal knife rest:** $4\frac{1}{2}$" wide, c1820, $95 the pair. At James II Galleries.
**Carafes:** 12" high, $3.50. From The Greek Island Shop.
**Bread basket and napkin rings:** basket, $16; rings, 75c each. At Bloomingdale's.
**Centerpiece** designed by Robert Webb.
**Page 109:**
**"Torse White" china:** $44.95 per 5-piece setting; **coffeepot,** $45; **sugar,** $31; **creamer,** $22. By Haviland.
**Crystal stemware:** Table glass water goblet, $65.50; red wine glass, $61; **crystal grapes,** $147.50 a bunch; **"Camellia" bowl,** 16" diam. $220; **"Flared Teardrop" candlesticks,** $92.50 each. By Steuben.
**"La Strada" sterling flatware:** $171 per 4-piece setting. By International.
**"Traise Affaire" cotton chintz fabric:** used for table cover, 54" wide, 27" repeat, companion wallcovering available. By Carleton V.
**"Montego" wallpaper panels:** panels measure 28" wide x 10' long; package contains 2 archway panels, 2 plain trellis panels, and 1 trellis panel with plant design; 5 panels cover 7 lineal feet of wall space. By Thibaut.
**"Pink" napkins:** 17" sq., of Trevira polyester and rayon, $1.25 each; **"Parrot Green" napkin:** Belgian linen and polyester, 17" sq. $1.35 each. Both by Fallani & Cohn.
**Crystal knife rest:** $4\frac{1}{2}$" wide, $95 a pr. At James II Galleries.
**Oval brass basket:** $20. Imported from India by Mottahedeh.
**"Chinese Chippendale" chair:** 17" x 18" x 35" high, of Italian beechwood, $115 finished. At The Door Store of New York.
**Wine cooler:** 8" high, imported from France, $375. At Carole Stupell Ltd.
**Straw hat:** $6. At The Greek Island Shop.
**Centerpiece** designed by Robert Webb.
**Silver-plate salt and peppers:** $3\frac{1}{2}$" high, $22.50 the pr. At Carole Stupell.
**Page 111:**
**"Marlina" china:** dinner plate, 11" diam., $12.25; salad plate, $8\frac{3}{4}$" diam., $9. By Aynsley.
**"Eileen" crystal stemware:** water goblet, wine glass, $13 each; decanter, $10\frac{1}{2}$" high, $68.25. By Waterford.
**"Old Maryland Plain" sterling flatware:** $156 per 5-piece setting. By Kirk.
**"Times Square" cotton fabric:** for table covering, 48" wide, 27" repeat, companion wallcovering available. By First Editions Wallcoverings.*
**Chestnut chairs:** 24" wide x 38" high, imported from France, $65 each; **wooden plates:** 8" diam. $11 each. Chairs and plates at Le Grenier.
**Antique cupboard:** 5' wide x 7' high x 1' deep at top, 19" deep at base, imported from England. $2700. At David Barrett.
**Porcelain cabbage pitcher:** $8\frac{1}{2}$" high, $4\frac{1}{4}$" diam. $14.50. At La Cuisinière.
**Centerpiece** designed by Robert Webb; **"Squash" porcelain container:** $85. At Robert Webb.
**Antique English leaf plates:** $75 each. At Frederick P. Victoria.
**"Still Life with Orange and Black Cloth" painting:** 44" x 42", by Loren Dunlap, $3,750. At Wally Findlay Galleries.
**Bread napkin rings:** 75c each. At Bloomingdale's.
**Hexagonal boxes:** lacquered papier mache, $12 each; natural and brown basket with handle, $18; natural basket, 14" diam. $17. All from Limited Editions.
**"Copper" Belgian linen/polyester napkins:** 17" sq. $1.75 each. By Fallani & Cohn.
**Sterling owl figurine:** on 3rd shelf of cupboard, $3\frac{1}{4}$" high. $250. At James II Galleries.
**Page 113:**
**"Country Blossom" china:** $67.50 per 5-piece setting. By Denby Limoges Ltd.
**"French Provincial" sterling flatware:** $137.50 per 5-piece setting; **pie/cake server,** $35. By Towle.
**"Montaigne" crystal stemware:** goblet, $13.50; **"Dyonisos" decanter** designed by Van Day Truex, 15" high, $62. By Baccarat.
**"Saskia" cotton chintz fabric:** for table cover, 55" wide, $36\frac{1}{2}$" repeat, designed by Manuel Canovas for Brunschwig & Fils.*
**"Still Life with Yellow Begonias" painting:** 48" x 60", by Loren Dunlap, mahogany frame with silver leaf edge, $5,850. At Wally Findlay Galleries.
**Porcelain artichoke cachepot:** 8" diam., $32; **cabbage porcelain cachepot,** 9" diam. $25. Both imported from Italy. By Meiselman Imports. At La Cuisinière.
**Silver-plate strawberry basket:** 6" sq. $30. By Godinger Silver Art Ltd.

**Silver-plate vegetable dish:** by Sheffield, c.1810, 12" long, $300. At S. Wyler, Inc.
**"Chinese Chippendale" chair:** $115 finished at The Door Store of New York.
**"Parrot Green" Belgian linen polyester napkin:** 17" sq. $1.75 each; **"Lime" Belgian linen/polyester napkin:** 17" sq. $1.75 each. By Fallani & Cohn.
**Centerpiece** designed by Robert Webb.

**WINE & FOOD**
**Page 115:**
**Waterford Color-Cast ironstone baking dish:** DuPont Teflon lining. $13.50. At The Irish Pavillion. ■

# Building Facts

**Materials and equipment used in the house designed to make the most of solar energy (pages 70-77)**

ARCHITECT: M. Arthur Kotch
CONTRACTOR: McLaughlin Contractors & Engineers
SIZE OF HOUSE: 3,200 square feet
SIZE OF LOT: Approximately 1½ acres

**STRUCTURE**
**Foundation:** Concrete slab on grade with steel reinforcing.
**Framing:** Standard wood frame construction.

**EXTERIOR OF HOUSE**
**Exterior walls:** "Sanspray" and Texture 1-11 plywood panels by U.S. Plywood Div., Champion International.
**Exterior finish:** #914 redwood bleaching stain by Olympic Stain Div., Comerco, Inc.
**Roofs:** Copper sheathing by Revere Copper & Brass, Inc. over plywood panels by U. S. Plywood Div., Champion International, with glass panels for solar heating by PPG Industries, Inc.
**Insulation:** In exterior walls, 3½-inch Fiberglas, in ceilings; 6-inch Fiberglas by Owens-Corning Fiberglas Corp.
**Windows:** Bronze frames by Copper Development Association, with "Twindow" "Solarbronze" insulating glass by PPG Industries, Inc.
**Doors:** Exterior doors, copper clad, by Forms & Surfaces, Inc. Interior doors, wood, faced in "Chemetal" by Advanced Resin Products, Inc.
**Garage Doors:** Overhead door by Overhead Door Corp.

**INTERIOR OF HOUSE**
**Interior walls and ceilings:** In major rooms, hickory plywood paneling by U. S. Plywood Div., Champion International, redwood paneling by California Redwood Association, brass sheathing by Copper Development Association, "Sheetrock" wallboard by U. S. Gypsum Co.
**Interior Finishes:** #914 redwood bleaching stain by Olympic Stain Div., Comerco, Inc., and paint.
**Metal finishes:** Window and door finishes, gutters, fireplace hood by Stuart-Dean of Calif., Inc.
**Floors:** Ceramic tile by American Olean Tile Co., Interpace Corp., Florida Tile Industries, Summitville Tiles, Inc., Monarch Tile Mfg., Subsidiary, Marshall Tiles, Inc., Wenczel Tile Co.
**Lighting fixtures:** Prescolite Mfg. Co., Georgian Art Lighting Co.; front entrance fixtures custom made by Robert E. Long. Low-voltage switch system by Sierra.
**Fireplace:** Copper sheathed, by Copper Development Association; damper by Majestic Co., Inc.
**Hardware:** Bronze finish, Schlage Lock Co.
**Music system:** NuTone Div., Scovill Mfg. Co.
**Kitchen and bathroom cabinets:** Wood, custom built.
**Kitchen and bathroom countertops:** Ceramic tile.
**Plumbing fixtures:** American-Standard Co.

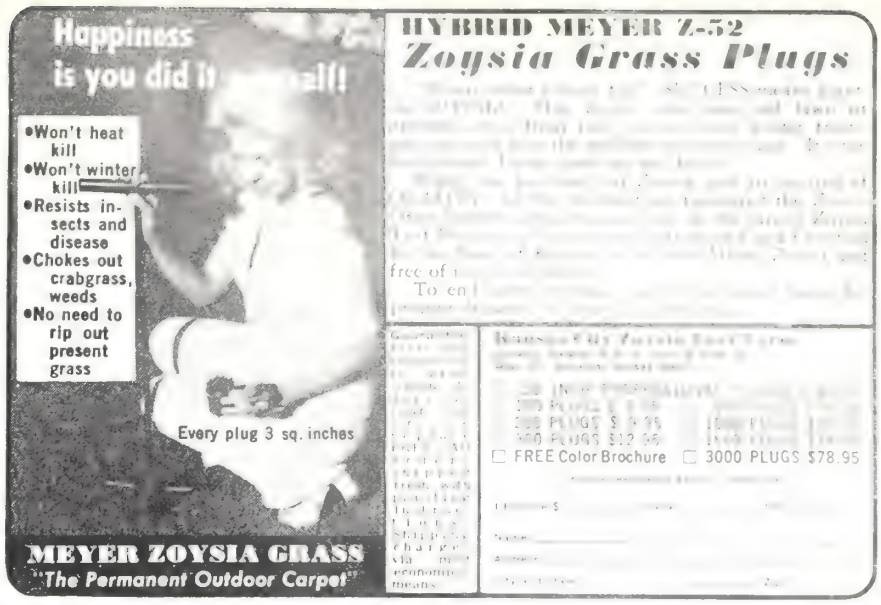
**MECHANICAL EQUIPMENT AND APPLIANCES**
**Appliances:** Ovens and refrigerator-freezer by Amana Refrigeration, Inc.; range by Jenn-Air Corp.; dishwasher, food waste disposer, laundry washer and dryer by The Maytag Co.; exhaust ventilating fan by NuTone Div., Scovill Mfg. Co.
**Heating and cooling system:** Piped water system, heated and cooled by solar energy, by Arkla Air Conditioning Co., with auxiliary heating unit. Circulating pumps by Bell & Gossett-ITT. Controls by Honeywell.
**Outdoor pool:** "Buster Crabbe" by Cascade, Ind. ■

## NATIONAL MUSEUM OF DESIGN

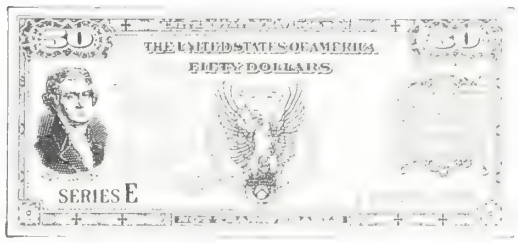
*continued from page 34*

funded by Samuel C. Johnson & Son, will be devoted to domestic environment. In the interim, the second of two auctions of donated objects for the benefit of the building fund will be held in the garden of the Museum from May 16 through 20. May 16, 17 and 18 will be devoted to a public preview and "silent" or sealed bids, with the final event taking place on the evening of May 20. Entrance to the preview will be $1 or purchase of the auction catalogue, $4, which will also serve as an admission ticket to the auction itself.

There will be a choice wide enough to fit a variety of purses. You will probably be able to take home something you like for as little as $25—or as much as several thousands. Further information regarding the auction, membership ($15 for a Charter Membership, one of several categories), donations, contributions to the auction—practically anything you may want to know—is available at the Museum's present headquarters at 9 East Ninetieth Street, New York City. The telephone is (212) 860-2011. ■


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## GOING PLACES *continued from page 66*

Cushing House, 98 High Street, a good example, is open to the public. Also, the fences along High Street are very handsome.

North of Newburyport, New Hampshire takes a small bite of the coast. In this stretch is Portsmouth, once a rich port, state capital. Strawbery Banke is the original Portsmouth community first meagerly settled around 1630 on several acres near the water. By 1930, although 17th-, 18th-, and 19th-century houses still existed, this several-block-square area was a downtown junkyard and by 1950 urban authorities wanted to tear it all down. Since then a group of local citizens has had it declared a historic area and continues to preserve it house by house. This is a fascinating thing to see, perhaps what Williamsburg or Old Sturbridge Village looked like early in its restoration. And there is an atmosphere of passionate local effort to raise more and more money to save more and more houses. The earliest houses, big wooden boxes with roofs, look very Elizabethan and are late 17th-century. In the midst of the restoration—salt boxes, big boxes, and gambrel-roofed houses—is a small craft community making things to sell to visitors. A Windsor chairmaker, was particularly appealing. For information write to Strawbery Banke Inc., Box 300, 46 Jefferson St., Portsmouth, N.H. 03801. Across the Piscataqua from Portsmouth is Maine.

When you go, the trip can be made starting at any point and working either south or north. It's a good idea to write ahead of time to local Chambers of Commerce and other centers of information. Check the *Mobil Guide* for these addresses as well as a good listing of the more obvious places to eat and stay. *Country Inns of New England* by Suzie Chapin and Elizabeth Squire, a paperback put out by the Pequot Press, tells of places to stay other than the big hotel and motel chains and sometimes they are very good. Don't expect country inns in the European sense. The service is sometimes casual but always well-intentioned and the staff is often made up of college students on vacation. Usually there are no phones in the room, but the food is plain, hearty, and delicious. There are often jars of relishes and loaves of fruit and nut breads for sale. In general I found that would-be French restaurants are not as much fun as Ma and Pa operations that serve simple American dishes of the area. There's always something on the menu that's delicious that they're proud of and there's more than an even chance of making a friend of the proprietor who probably is full of local stories. ■

## MAKE-AHEAD MEAT PIES *continued from page 125*

hour. If the top is not brown enough, put it under the broiler for a few minutes. Serves 4-6.

### SHROPSHIRE FITCHETT PIE

While cooking this regional meat and apple pie your whole kitchen will have a wonderful aroma. This pie is best served immediately after it is baked, however, it can be prepared ahead and frozen before baking.

*Ingredients:* 2 tablespoons shortening; ½ pound bacon slices, coarsely chopped; ½ pound onions, peeled and sliced into rings; 1 pound cooking apples, pared, cored, and sliced; 1 tablespoon molasses mixed with 1 tablespoon hot water; salt and pepper to taste; ½ recipe for pie dough; 1 egg, beaten.

*Method:* Preheat oven to 425°. In a skillet melt shortening and add bacon and onions and fry gently for about 10 minutes until soft but not crisp. Fill a medium-sized deep pie dish, or oval glass dish, with alternate layers of apples, fried bacon and onion, and the molasses-water mixture. Sprinkle dish lightly with salt and pepper. Dampen edges of the pie dish with water and cover top with rolled out pie dough. Flute edges with a fork and brush top with egg. Bake pie in the center of the oven for 10 minutes and then reduce heat to 375° and bake for another 40 minutes. Serves 4. ■



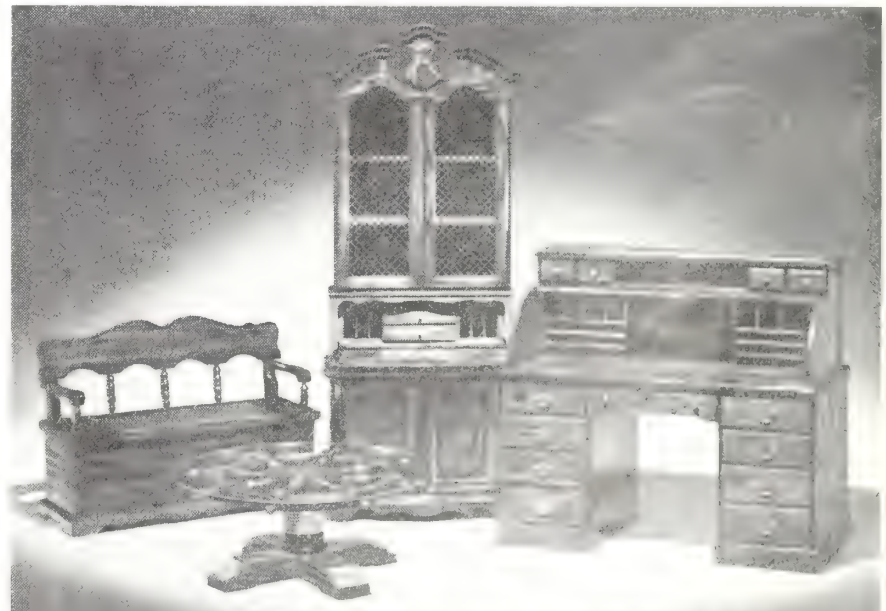
**Correction**

*Information on the "Eggs" wall design page 78, January House & Garden—should have read: "Eggs," designed by Albino Cimonetti for Big/Art Designs, adapted from a photograph by Emerick Bronson.*





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- Diana Trask: It's A Man's World . . . . 04449
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- Lou Reed: Sally Can't Dance . . . . . 14035
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- Lobo: Calumet . . . . . 14308
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JUNE

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# Antiques

By Louise Ade Boger




## Plated Silver Tea Service

*I recently acquired a silver tea set, which I have drawn for you. Can you tell where and when it was made?* *C.S.—Ann Arbor, Mich.*

The Southington Cutlery Company of Southington, Conn. originally only made cutlery. In 1883, it decided to make plated silver hollowware, and shortly thereafter stamped this type of ware "Southington Silverplate Company." In 1893, the firm was purchased by the Meridén Britannia Co. and apparently Southington's trademarks were never used after that. So your plated silver tea service was made between 1883 and 1893, in all probability in the very early part of that period.



## English Clock

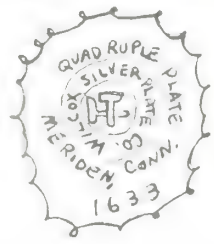
*This English clock has "William Warren, London" on the brass face. Can you trace its origin and date it?* *J.E.H.—Kings Mountain, N.C.*

Standard references list a William Warren, London, 1743-1752. The general lines of the hood are eminently characteristic of a type that achieved considerable popularity among London makers during the last quarter of the 18th century.

## New England Cake Basket



*From the mark and picture can you tell who made my unusual cake plate? Where was it used?*
*G.C.—Peekskill, N.Y.*




The Wilcox Silver Plate Co., which made your plated silver cake basket, was active at Meriden, Conn., 1865 to 1898, when it became part of the International Silver Co. The cake basket, a fashionable piece of Victorian hollowware, often served as a dining-table centerpiece.



## American Sofa

*This sofa is at least 100 years old. I'm told it may be an original Duncan Phyfe. What do you think?*
*K.M.—Charlotte, N.C.*

Pieces made to Duncan Phyfe's New York City shop or in the Phyfe School is more elaborate, more sophisticated than your American Empire love seat, which appears to be the work of a regional cabinet maker dating from the 1840s.

*(Continued on page 12)*

# There's a little Eve in every woman.




Try today's Eve.
Flowers on the outside.
Flavor on the inside.

Eve Filter and Menthol: 18mg. "tar," 1.3mg. nicotine av. per cigarette by FTC Method

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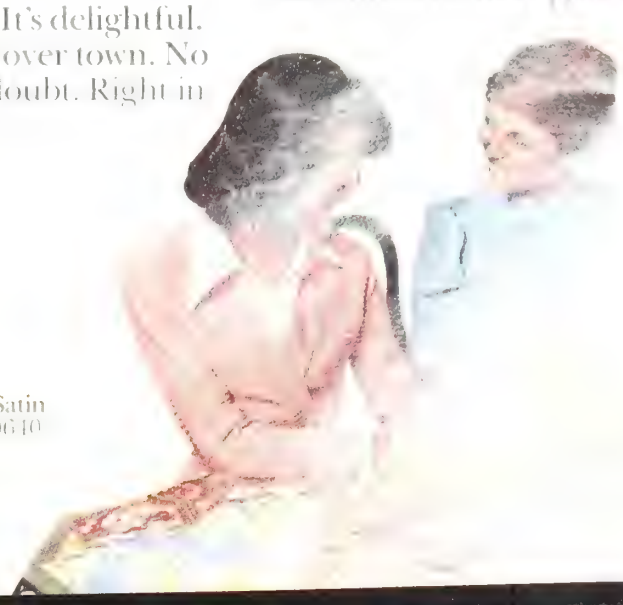
It's easy to make your home look like you've had a decorator because...

# Sears makes House Calls!

**Q. "What's a Sears House Call?"**
**A.** "It's an easy and reassuring way to order custom-made draperies. You just call Sears Custom Shop for an in-home appointment with one of Sears Decorator Consultants. There's no obligation."

**Q. "What does a Sears Decorator Consultant do?"**
**A.** "She helps you make the right decisions. It's delightful. No trudging all over town. No confusion. No doubt. Right in your own home, you discuss your decorating plans, your tastes—and she helps out by making the little suggestions that make all your own ideas even better. She brings custom fabric samples galore, takes all the measurements, gives you estimates—no obligation!"

**Q. "Tell me more..."**
(continued on next page)



A. "Metropolitan" Antique Satin
60% rayon 40% acetate (#70640

B.

C.

D.

E.



F.



G.

# "What are the other advantages of Sears Custom-Made Draperies?"

**1. "Incredible Selection"**
Custom fabrics in over 2500 different colors, textures and patterns. Window treatments by the hundreds.

**2. "Perfect Style and Perfect Fit"**
Sears Decorator Consultant really knows what to do to make even an insignificant window a work of art. And you get perfect fit because she takes all the measurements.

**3. "Lush Fullness"**
There is just lots more fabric in Sears Custom Draperies. Deeper, richer folds. It really makes a difference!

**4. "Professional Installation"**
Sears Custom Drapery Consultants know all about choosing the right hardware and hanging your draperies beautifully. I never could have done it as well myself.

**5. "Sears Quality Craftsmanship"**
All the patterns match up at the seams. The hems are doubled-over, weighted and blindstitched. It's the kind of quality I've learned I can expect from Sears.

**6. "At a Cost You Can Afford"**
You can get many of the same fine quality fabrics you've seen in custom specialty stores—at Sears low prices. You also get Sears free House Call, Sears free estimates and Sears Credit Plans.

**Q. "How long does it take for Sears Custom Draperies?"**
**A.** "Any custom work that's properly done takes several weeks. But what's so nice about Sears Custom Shop is that they won't promise a date they can't keep. If your Sears Decorator Consultant says your draperies will be up for a special occasion, they *will* be!"

**Q. "How do I make an appointment for a Sears House Call?"**
**A.** "Either drop by or call the Custom Shop in the drapery department of your local Sears, Roebuck and Co. store. They'll set up an appointment with one of Sears 1400 Decorator Consultants for your own free House Call!"

Only at Sears

B. "Darlington" (#61534)

C. "Normandy" (#6678) Prices vary according to window size. Many other woven-wood designs and colors are available.
D. "Teahouse" (#61512)
E. "Siren" (#61605)
F. "Adobe" (#70988)
G. "Essex" Velvet, 100% cotton (#70916)




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# Antiques

*continued from page 6*

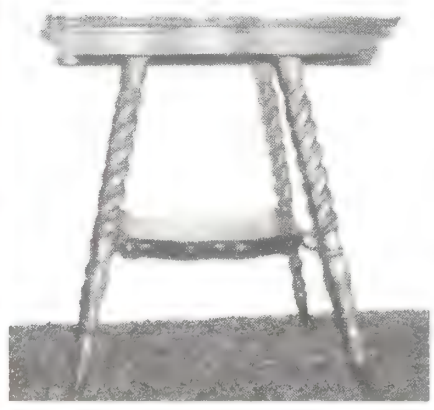
## Terra-cotta Reliefs

*I think my terra-cotta reliefs were made in Austria. Only the names on them are Italian. Why should this be? Can you trace them?*

*D.L., Monza, Italy*




Your painted reliefs of Cusina and Cisetta were made about 1900 at the Alexandra Porcelain Works started at Turn, near Teplitz, Bohemia by Ernst Wahliss, about 1880. The portraits indicate he was consciously exploring the historic Renaissance style, and where else would one turn for the source of Renaissance portrait medallions but to Italy?



## Parlor Table

*What do you know about this table that we've had for many years?*

*H.J., Bridger, Mont.*

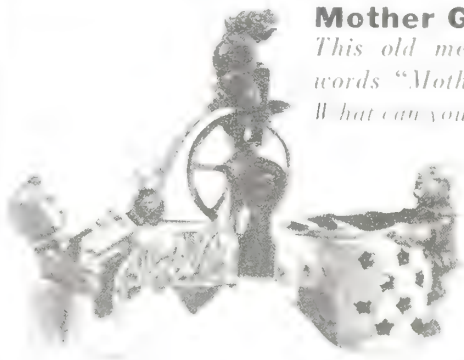
This category of parlor table with rope-turned splayed legs was widely popular about 1900. The 1902 Sears Roebuck catalogue offers about ten of them. Most are of the "best oak"; one, in oak, priced $1.90, could be ordered in imitation mahogany for $1.95.

## Prussian Mug

*From my rough sketch of the mark, are you able to tell me where my mug was made and how old it is?* *C.B.L., Jr., Marion, Ala.*




Your mug was made at a German porcelain factory started in 1861 at Suhl, Prussia, by Erdmann Schlegelmilch. It dates after 1890 and perhaps before 1915.



## Mother Goose Circus Bank

*This old mechanical penny bank has the words "Mother Goose Circus" on its back. What can you tell me about it?*

*L.R., New Canaan, Conn.*

This bank, with a complexity of actions, is called "Professor Pug Frog's Great Bicycle Feat." It was made by J. & E. Stevens, being introduced about the late 1880s or early 1890s. The coin is placed in the mouth of the frog who makes two complete somersaults depositing the coin in the basket held by the clown.

## Staffordshire Cheese Dish

*We have this unusual looking cheese dish and would love to know something of its background.* *R.P.B., Modesto, Cal.*



Your cheese dish in the shape of a calf's head is English Staffordshire, probably dating about 1860-1870. Strange serving pieces endowed with a lively realism were much favored for the decoration of sideboard or banquet table. ■

# "It's a shame more women don't take up Interior Decorating."

Why should any woman today allow herself to get trapped under a pile of boring household chores or in some dull, underpaid job?

Carin Baugh, of Kennewick, Wash., escaped that trap by becoming an interior decorator. She actually earns as much money as most men do. And she has more fun doing it.

She doesn't have to hassle with commuting; she's only five minutes from the department store where she works.

She sets her own hours; so she can always manage to be on hand if her kids are in a school play or some other event a mother wouldn't want to miss.

And she seldom gets bored because each day is different. One day she's redecorating a basically fine but run-down old "mansion;" on another she's helping a local business plan their new offices, etc.

When Carin talks about being an interior decorator, she almost sings.

"Every time I meet an unhappy woman I say to myself, 'Isn't it a shame more women don't take up interior decorating as a career?' "

There's room for many more Carin Baughs. *Forbes* magazine calls home furnishings "perhaps the hottest growth field of the 1970's." And the way things are going, having an interior decorator might soon be as usual as buying a second car.

Interior Decorating can be almost anything you want it to be.

You don't have to take a job. You can start a business in your own home—using part of it as both office and "showroom." You can furnish it at special decorator discounts. And your accountant can show you how much you can legitimately deduct from your income tax—including all necessary expenses of an office or home workroom.

But, to be successful, you need training. Now you can get the same well-rounded training as Carin Baugh—*right in your own home*—through the ICS School of Interior Design.

The entire program is based on the professional experience of John Gerald, founder of one of America's top-flight decorating firms.

You get and work with top professional equipment. Templates, architect's scale, folding rules, T-square, triangle, fabric swatches and color charts to [illegible] basis for your business [illegible]

**Ways to make learning easier**

You also receive: a viewer and [illegible] slides that put you *"inside"* rooms; and a cassette tape recorder with tapes—modern audio-visual learning aids that bring your lessons dramatically to life.

Each lesson takes you one step closer to your goal—the confidence and knowledge you need to be a well-paid interior decorator.

**Your home as a showplace**

Your friends will first notice the difference in your own home. And your advice will be sought.

At this point your lessons change from the principles of decorating to the practice of making money.

You'll learn how to get assignments. How to charge. How to set up your own business. Even what to say to clients who want to bring friends on shopping trips (never)—or to those who want you to talk budgets with their husbands (always).

You will be asked to complete assignments, and return them to ICS. Skillful, interested instructors will review your work. Suggest new ideas or alternate solutions.

**Help is as near as your telephone**

Although you work at home, you're never alone. You can call ICS—Dial-a-Question—toll-free—any time of day or night—to ask any questions you may have about your studies.

**Send coupon for free information**

To find out whether you'd enjoy being an interior decorator, simply mail the coupon for our booklet, "Should I Become an Interior Decorator?" It contains answers to the questions you probably have on your mind right now.

We'll also include a demonstration lesson so that you can see how you can develop your skill in interior decorating at home on your own time schedule. There is no obligation whatsoever.



*Carin Baugh of Kennewick, Wash., is raising two children and yet manages to have an interesting, well-paid job. She's getting more out of life and you can, too.*

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International Correspondence Schools
Scranton, Pa. 18515

Send me your free booklet, "Should I Become an Interior Decorator?" plus a demonstration lesson and other information about your training in Interior Decorating. I understand there is no obligation whatsoever.

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# Quality. The endangered species.

This country may be in danger. We could be losing something we can't afford to lose.

Once, when a man produced a product it was the best he could possibly make. He stood behind it with pride. He lived a simple idea: Do it right or don't do it at all. Nobody told him that. No government agency dictated it. And it built a standard of living for all the world to aim at.

Now that idea is threatened. Today that pride in workmanship, in the quality of things, is in danger of slowly slipping away.

However, there are companies, actually many companies, that are working harder today than ever before to preserve quality in everything they make.

We feel that Whirlpool Corporation is such a company. And we feel it so strongly that we have dedicated our entire company to the preservation of quality. And that means more than just making washers, dryers, automatic washers, refrigerators, freezers, ranges, compactors and air conditioners. We mean quality in everything we do.

That's why in 1967 we initiated our Cool Line service. Toll-free help that's available to you anytime. Just call with any questions or problems you might have concerning any Whirlpool appliance. The number is 800-253-1301. In Michigan 800-632-2243.

That's why we have a Quality Control Department that assures you of appliances you can count on. Day in and day out.

That's why we have a simplified letter warranty that's easy to understand, easy to use.

That's why we have Whirlpool Tech-Care service. A franchised service network which means all the help you ever need is usually no more than minutes away.

Yes, quality may be endangered in many places. But at Whirlpool we simply won't let it die. It's too important.

And it means too much to all of us.

Whirlpool
Home Appliances

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More than just a firm mattress, Posturepedic® is a unique back support system. It's designed in cooperation with leading orthopedic surgeons for firm, comfortable support.

Under six layers of surface cushioning, there are specially spaced "body-action" coils for lasting support. The patented torsion bar foundation provides extra firmness and durability.

Posturepedic promises no morning backache from sleeping on a too-soft mattress. There's no other mattress like it.

**SEALY POSTUREPEDIC**
The unique back support system.






# Contact lenses hard or soft? sometimes or always?

## A close look from the experts

By Caroline Seebohm

One of the most exciting developments in medical research is taking place in the field of eye care. Glasses, and more importantly, contact lenses, are being more and more refined to deal with eye problems.

Many people are apprehensive about contact lenses: there is an almost primitive fear of putting anything in the eye. But they are really like a new window on the world for people with eye problems. There are two kinds of contact lenses. The hard contact lens has been used since about 1948, and it covers two-thirds of the cornea. It floats, like a piece of paper on water on a plate, on oxygen and new tears in front of the cornea.

The disadvantage of hard contact lenses is that you have to wear them regularly every day. If you stop wearing them, you have to build up to the wearing time again. In other words, you can't wear them one day for ten hours and the next day for two. It's like being in training—you have to wear them continuously. The wear and tear, however, is good—if you look after them well, they can last for years.

Soft contact lenses are a more recent development, and their advantage is that you can wear them one day for ten hours and the next day not at all. However, they do not give you the sharp vision that hard lenses give, and also the wear and tear is not so good. For instance, to take care of them you have to boil them every night for about twenty minutes. (New improved forms of sterilization are now being developed.) Also, if a patient has a certain amount of astigmatism, then he or she cannot wear soft contact lenses because the vision is not good enough. (Hard contact lenses would help in that situation. Astigmatism is where the curvature of one meridian of the eye is different from the curvature of the other meridian, so that you can focus on part of an object but not the whole.)

**● There are three main groups of people who may be prescribed contact lenses:**
**1. People who are myopic, that is, near-sighted.**
**2. People who have had cataract extraction or a corneal transplant.**
**3. People who have a deformity of the cornea or a scarring due to an accident or infection.**
**(Far-sighted individuals may also wear them but this is not so common.)**

### THE PRESCRIPTION OF THE FUTURE

"Contact lenses are the prescription of the future," declares Dr. Jorge Buxton, surgeon and director of the Corneal Clinic at the New York Eye and Ear Infirmary. "The reasons are (a) cosmetic—so many people do not like to wear glasses, and (b) contact lenses,

*Continued on page 22*



*It's so simple really—just balance the lens on the ball of your finger and place it in your eye*

# The 18 colors of Naturally Blonde are the blonde colors found in nature.



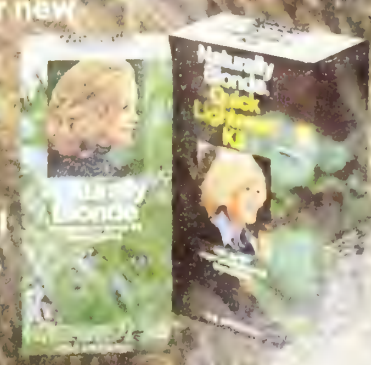
"I'm Wheat."

Naturally Blonde is Wheat.
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And Buttercup.
Naturally Blonde is 18 soft subtle shades, from light to dark, from fresh new Snow to a taste of Honey.

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You'll have more than blonde color that lasts and lasts.

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# Everybody shows their towels in terrific
# We're showing ours in an ordinary bathroom



# athrooms to make their towels look great.
# o make the bathroom look great.



This unassuming bathroom demonstrates quite dramatically what a few Martex® towels can do.

Make the bathroom look anything but unassuming.

In fact, by merely changing the towels, we've given this bathroom six different looks.

They're only a small part of the vast array of Martex towels you may call on to revitalize your bathroom. Included is the most extensive solid color palette available.

And, of course, a huge assemblage of patterns designed to work in concert with most of the solids.

Each is capable of changing the look of your bathroom, even its very mood. Warm and sunny one day, perhaps.

Supremely elegant, the next.

Boldly dramatic the next.

However you feel, there's a Martex towel to reflect that feeling.

Of course, there are a few things each of our towels have in common. Good looks and indescribable lushness for one thing.

And each is made of 88% cotton and 12% Dacron® polyester so they last an inordinately long time.

This canny blend also results in less puckering and shrinking. After all, something that looks so pretty should keep on looking pretty.

Short of re-doing your bathroom, there's probably no easier way to make it over than by simply hanging a batch of our towels over your racks.

As a glance to your left so clearly proves.

Martex

**"The big thing in contact lenses of the future is going to be permanent wear—leaving them in for weeks and months"**

## Contact lenses

works just as well as it always did.

**NEW DEVELOPMENTS IN OPTICAL SCIENCE**

The subject of contact lenses is a complicated one, and yet the more we know about it, the better for your eyes. In 1956 the National Eye Research Foundation was founded to do vision research and education for just this purpose. The national director of the Foundation is optometrist Dr. Newton K. Wesley. (An optometrist is a licensed nonmedical practitioner who measures irregularities in the sizes or shape of the eyeball or surface of the cornea, and eye muscle disturbances. In his treatment he uses glasses, contact lenses and exercises only—as opposed to an ophthalmologist, who is a physician—an M.D.—who specializes in diagnosis and treatment of defects and diseases of the eye, performing surgery if necessary. An optician grinds lenses, fits them into frames, and adjusts the frames to the wearer.)

Dr. Wesley has a special interest in contact lenses. He suffered from an eye defect called keratoconus, a condition in which the cornea becomes increasingly warped, and pioneered a special kind of contact lens to correct this. "With advances in optical science," he says, "and with the help of a computer, which can calculate in seconds what a doctor would calculate in two years, we are now developing bifocal and multifocal lenses." Dr. Wesley himself wears a multifocal lens—a prescription that could only work in a contact lens. (It would not work in glasses because of the distance between them and your eye—multifocal eyeglasses would simply make you feel seasick, as your vision would wobble.)

Contact lenses are indeed the prescription of the future—one of the compensations of living in this advanced technological age.

**● Taking care of your eyes is not only an indispensable part of good health, but a major part of good looks too, helping to prevent tiredness, fine lines, headaches, and irritability. The right prescription, for contact lenses or glasses, can work this magic by giving you a new serenity—literally a new outlook on life!**

*Beauty products, page 24*

**● The main reasons an ophthalmologist will not recommend contact lenses are: (a) lack of motivation; (b) for certain diseases of the eye; and (c) if they are to be used only for reading.**




HOW TO SAVE AN ENDANGERED SPECIES.

Like to collect things? Things like expensive porcelain birds or fragile dry flower arrangements? What you need is a way to protect them. From dusting accidents. From inquisitive hands. Save an endangered species in elegant crystal domes from West Virginia Glass. For where to buy our handcrafted crystal and our Party Smarty booklet, send 25¢ to Dept. HG3, Box 187, Parkersburg, W. Va. 26101.

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UltraLucent Waterproof Make-Up and Blush by MAX FACTOR



DO I DARE?

Your husband's new suit says "washable." But is it? Considering the cost of a good suit, that can be an expensive decision. Did you know that for a garment to be rated washable, all that's required is that the fibers can be laundered without being ruined? In fact, it isn't even necessary that washing get the garment clean! Nor does it mean that the thread, zipper, lining and [illegible] color-fast and non-shrinkable!

[illegible]? To be sure all your [illegible] really clean and retain that [illegible]ook, bring [illegible] our

Trust us. We're pros.

Your local MARTINIZING Store

The Professional Dry Cleaner.



continued from page 22

## BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

**Charles of The Ritz** . . . Clear yet gentle colors for the new spring in a go-together collection of lipsticks, eyeshadows, and nail enamels. *Garden Tea Party Colors* bring to mind chintz-flowered prints: soft, buttery, flattering shades and fresh lace colors in *Liqui-Creme Lipsticks* in shades like Fresh Raspberries, Rhubarb, and Afternoon Tea, $4; *Liqui-Frost Lipsticks* for gleam in Persimmon, Currant, or Apple Butter, $4; *Eyeshadow Pommades* called Water Mint, Wood Sage, Pussywillow, and Fern, $5.50 and one neat addition that makes a matte finish go shiny, *Real Ritz Highlighter*, ½ ounce, $4; four shades of *Protective Nail Colour*—it's so strong it resists detergents, $2.75. At Bloomingdale's; I. Magnin; Rich's, Atlanta.

**Estée Lauder** . . . has designed the new *Azurée Hair Improvement Series* to keep hair looking terrific and help it get that way if it's less than glorious. Your choice of three shampoos, two conditioners, a hair body builder, and a spray: *Extra Moisturizing Creme Shampoo* for dry, bleached, or damaged hair; *Extra Fullness Oil Reducing Shampoo* for scalps with more than their rightful share of oil; *Single Application Natural Shampoo* for scalps that are more evenly balanced. *Detangling Instant Conditioner* does what it says; *Herbal Pack Hair Conditioner* for hair that needs attention. *Protein Structurizer* increases your hair's ability to hold a set and the protein helps hair recover from excessive drying. *Natural Care Hair Spray* does the most to hold a set with the least possible lacquer. All products range from $3.50 to $7.50. At Bloomingdale's; I. Magnin; Neiman-Marcus.

**Jheri Redding** . . . New for thorough cleansing—a strawberry-colored, strawberry-scented soap that is available to the public for the first time. *Milk 'n Honee Beauty Bar* is acid-balanced to your skin's pH, alkaline-free, and very mild yet extremely effective. $1.75 at salons where Jheri Redding products are sold.

**Love Cosmetics** . . . Tiny tubes of lighter-than-air color—a subtle, romantic way to apply eyeshadow. *SoftColor Gel Eye Shadow* is sheer, dries quickly, won't fade or crease, and comes in six delicate shades. $1.65 each. At Macy's; Montgomery Ward.

**Max Factor** . . . A complete day-and-night treatment regimen of cleansers and moisturizers containing natural yogurt extract is the *Yogurt Skin Care Collection*. Two formulas of cleanser to choose from: *Yogurt Rich Cream Cleanser* or *Yogurt Conditioning Cleanser* depending on whether you prefer to rinse or tissue off cleansers. Both leave skin wonderfully smooth. $3.50 each. *Yogurt Moisture Concentrate* is an emollient lotion to wear during the day under make up or by itself at night for overnight moisture protection. $5. *Yogurt Purifying Peel-Off Mask* dries in about 25 minutes—leaves skin looking fresh and rested. $3.75. At Bloomingdale's; Marshall Field.

**Paco Rabanne** . . . Clean fragrance that's sharp and clear—it's what everyone wants in a daytime cologne—men and women alike. New *Paco Rabanne Pour Homme* cologne is a blend of bittersweet notes of thyme, tarragon, sage, lavender, and flowering rosemary with the richer scents of sandalwood, cedar, and patchouli. Sounds irresistible! In Cologne Concentrate, After Shave, Soap, Deodorant Spray, and Cologne Spray; 2 ounces, $8; 4 ounces, $12. At Saks Fifth Avenue and fine shops in the United States and abroad.

**Great summer coolers** . . . available everywhere—at drug stores, supermarkets, variety and department stores across America. COTY'S *Cool Spell* fragrance is a hot weather blessing—and in a gel formula it's terrific to tote in its clear plastic tube. $2.75 . . . Herbal scented additions for hair care—*Herbal Shampoo*, 16 ounces, $2.50, and *Herbal Conditioner*, 16 ounces, $1.50. By OGILVIE . . . How about a *Gallon* of JEAN NATE'S *Friction pour le Bain* for $22.50? . . . Gloss your lips with a stick of Malt, Pink, Pinker, Mauve, Peach, or Gloss (clear). *Fresh & Lovely Lickety Slick Lip Crayon* by MAYBELLINE. $1.19 each . . . More refreshers from CHESEBROUGH-POND'S great Vaseline Intensive Care line—new *Body Splashes* with emollients so you get fragrance plus real skin care. There's *Herbal Body Splash* and a floral *Body Splash*, $1.99 each. ■


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A GARDENER SPEAKS HIS MIND

# Speaking of bulbs

## How to grow them. How to mix them for glorious color combinations. How to force them in winter.

By William B. Harr



**Narcissus**

When the petals of the season's last tulip fall, the spring bulb season starts anew for those of us who can't resist a daffodil, a tulip, a bulbous iris—or a bulbous anything that heralds the green new year in such charming fashion. The way these gay things are planted is still dictated in Europe where they were first developed and used—by tradition. That is, formal planting, but scaled down to the smaller grounds of today. Each tulip is planted in a bed at a depth so exact that blooms all open at an equally exact height, and off with the head of one daring to grow taller or blossom below in a thicket of stems. Daffodils are planted in sweeps (to look "natural") with just the proper amount of grass separating each variety. Americans will travel long distances to see plantings of tulips and daffodils but most get turned off by the sheer size and few will bother to try to relate them to fit the space they have. So you could say we kind of pick at the fine spring flowers Holland so adroitly packages in tight bulbs, and o statistic seems to prove it—o huge population buys fewer tul bulbs by actual tonnage, than t four small Scandinavian countri The U.S. also buys fewer tons daffodils than West Germany.

### More variety instead of "the way it should be"

But this might change throug the further development of a tren here toward complete informali —more varieties of daffodils in planting, instead of the tradition one, with little attention paid t the amount of grass showing be tween the sweeps; more varieti of tulips with no attention to colo schemes or height or time bloom. This is the opposite of th way "it should be done"—it is lik making cutting and show garden into one, if you will. Although up setting or downright shocking t the traditionalist, plantings lik this are effective and require ver little work. And one has to have real clunker of a color in a tuli for it to clash. Daffodils never do Miniature varieties in either gen era are not used because mos hardly grow high enough to see i a planting. And if the selection o the species is broad enough (trum pets, multiflowered, flatcups, etc in daffodils; and Darwins, Cot tage, botanicals, etc. in tulips) you get a very long season o bloom. In other words, don't be inhibited by what you read. Lots of our expert gardeners became expert by following European practice—where else could they have learned?

*Continued on page 31*

**A combination of bulbs that will last many years is one of cyclamen-flowered daffodils underplanted with either Glory-of-the-Snow or Scilla 'Spring Beauty' for a blue base.**

**"Treated sewage sludge is becoming an increasingly important fertilizer. It is not in the least harmful to humans. It is great for all kinds of plants"**

**peaking of bulbs**

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by

# Speaking

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**peaking of bulbs**

...ued from page 26

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A GARDENER SPEAKS HIS MIND

# Speaking

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**"Treated sewage sludge is becoming an increasingly important fertilizer. It is not in the least harmful to humans. It is great for all kinds of plants"**

## peaking of bulbs

ntinued from page 26

In writing about bulbs several ars ago in this space, I reported what was then a new idea in eir culture. A prominent Dutch ower told me that his industry d had great success by adding a all amount of sewage sludge th bonemeal to the earth before cing a bulb—as much as a heapg teaspoon to daffodils, lesser ounts to crocus, snowdrops, lbous iris, and their like. Then, mediately after bloom, permant plantings were top-dressed th like amounts. The difference is treatment makes, particularly daffodils, is marked. With the dge, almost every nose of a bulb oduces a strong bloom the first ar; top-dressing caused quicker ultiplication and heavier flowerg subsequently. Cultural infoation like this usually travels ickly, but in this instance it sn't. Perhaps this is due to the ture of the fertilizer. Of course, w manure was a product whose me shocked the sensibilities of ople in the early part of this century—the few horticultural writers of that time who did mention its existence invariably apologized for bringing up the subject. Sewage sludge is becoming an increasingly important fertilizer and it will become more moderately priced as more cities treat more and more of it. It is not the least harmful to humans. It is great for all kinds of plants. It can be purchased in most garden centers under its generic name. The most widely distributed brand of sewage sludge is known as Milorganite, produced by Milwaukee's Sewage Department (which will supply the names of nearby dealers).

### To keep plantings looking better longer

After six or seven years, naturalized daffodils, if unattended, start to produce smaller flowers; sludge picks up the looks of such plantings. Use it heavily on plantings where bulbs have grown so close together that they really should be dug and separated. It puts off that hard job for several years. Tulips, in all but a few sandy soils, run out relatively soon in this country, except some botanicals, which bloom from three to five years, but using sludge on them seems to keep second year bloom almost equal to the first.

### Ideas for colorful bulb combinations

Getting pleasing color combinations with spring bulbs comes easily with a bit of experience. Here are some ideas, easy and effective. If you have a clump of white birch on the grounds, underplant it as heavily as you can afford with *Scilla sibirica* 'Spring Beauty.' It forms a bluest-of-blue carpet about 4 to 6 inches thick.

**If you want a blue-and-gold picture use the daffodil called 'February Gold' with Glory-of-the Snow or Scilla 'Spring Beauty.'**

bulbs are inexpensive—from $1.5 to $3 hundred for top-sized stock. That is the only quality to buy in any kind of bulb and I promise me to [illegible] Any tulips of the *kaufmanniana* species look great with an underplanting of *Chionodoxa luciliae* (Glory-of-the-Snow), which will throw dwarf spikes covered with flowers of delicate blue. The tulips will cost from about $3.50 to $4.50 a dozen (use only one variety in a planting; Glory-of-the-Snow costs about $6 for 100).

For a blue-and-white effect choose 'February Silver' or 'Tête-à-tête.' These daffodils are trumpets with miniature white flowers dancing on 7- to 8-inch stems. 'Tête-à-tête,' as the name suggests, has two flowers on each stalk; there are several other nice varieties in the group and few of them cost more than $5 a dozen. The white cluster-flowering daffodil varieties *(triandrus)* like 'Thalia,' have three to four flowers to a stem, are very sweet-scented, and

*Continued on next page*


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**"Forcing bulbs is actually easy, no messier than mixing cocktails for a half-dozen friends"**

## Speaking of bulbs

*continued from preceding page*

are lovely with the kind of blue base we have been discussing. They are also no more expensive. A combination of bulbs that probably won't last more than two years, but will provide striking beauty and a bit of conversation is vermilion-red on a white carpet—the botanical tulip 'Cantate' and *Anemone blanda* 'White Splendor.' The bulbous anemones grow where the low mean average temperature is minus 5 degrees to plus 5 degrees (Zone 6); farther north they may grow in protected parts of your macroclimate.

Murillo tulips, which are doubles that open wide and nearly flat, can be decorative in small plantings (not more than 25 bulbs), if planted on 6-inch centers and 6 inches deep. They are all pastels, but can only be purchased in mixed colors. Planted this way Murillos open at 11 inches, the blossoms practically touching each other. If they have a thick edge or circle of blue grape hyacinth (*Muscari armeniacum*) the sight is a pleasant one. Yes, this kind of planting is a little formal—but is a *very* little planting. The tulip 'Red Emperor' and the trumpet daffodil 'Unsurpassable' together make a picture that will last until the tulips wear out in four or five years, so start over, or just keep the daffodils. They will soon take over. A dozen of each will probably cost a little under $10. Four cottage tulips are fun to play with because they bloom at the same time and grow to the same height. They are Mrs. John T. Scheepers, a yellow 'Maureen,' white 'Halcro,' carmine-red, and bronze 'American Beauty.' The combinations are not endless but they can keep you busy for many years.

Now if you would like some postgraduate work in putting plants together, hear this: plant *L. candidum*, The Madonna Li with blue hybrid delphiniu They should bloom at the sa time, give or take a few days, l getting them to perform prope is not the easiest gardening know. If such a garden works t first year, it may be attributed your skill—or good luck. If one in three attempts is successful thankful. Take a picture, if only bring back fond memories of th moment.

There are plenty of bulb-pla ing tables around that show dep and the number of inches apart plant them, but few advise t number of top-sized bulbs needed per square foot of bed area make nice borders. Perhaps t following will be helpful for pla ning. Low-growing botanical t lips, 8; all others, 5; miniatu daffodils, 6; all others, 4; hyacint 4; crocus, 9; *Scilla siberica*, 1 *S. hispanica*, 8; *Chionodoxa*, 2 *Muscari*, 20; *Fritillaria imperial* 4; *F. meleagris*, 30; *Iris reticulat* 16; *Camassia*, 4; and *Anemon blanda*, 24. The foregoing list i cludes only the bulbs that are mo generally in use, so the list is n entirely complete, and has noth ing to do with naturalizing—num bers used that way are general dictated to a considerable exte by one's pocketbook.

**The tulip 'Red Emperor' and the trumpet daffodil 'Unsurpassable' together make a red-and-yellow garden and the blooms of each are large.**

### For flowers all winter—forced bulbs

I've been literally amazed a the lack of interest in this countr in the forcing of bulbs for winte flowers. Considering the high pric of everything here, particularl flowers in wintertime, you'd thin that even people who do not hav gardens would force bulbs. I've made some polite inquiries amon friends who dwell in the caves o Manhattan, and all of them (a right, this is a small, therefor worthless sample) say, (1) the wouldn't think of it, (2) they hav no place to start them, (3) it would be a bother, messy, (4) they'd fail, "I can't even grow houseplants," or (5) they don know how.

My stock answer has been tha forcing bulbs is actually easy, n messier than mixing cocktails fo a half-dozen friends. I held th floor a minute or two on this sub

*Continued on page 3*

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...inths, daffodils, ...lilies, all superb. The ... had tended to dry out, so he had ... grew better and lasted longer if he ... 'Paperwhite Narcissus' were the easiest of all to force—put them in ... take them out, ... flowers." Then ... as was 'Cragford' (also called 'February').

... is no mystery about forcing any ... properly than fiber sold for the purpose by most bulb houses or garden centers. Dishes without drainage holes are used generally ... better in one with sides not more ...

... coldframe is an ideal place to get bulbs well rooted. Or if you are in an apartment, use the refrigerator. ... than a coldframe if you can find ... That refrigerator idea was completely new to me.

### Varieties that are easy to force

Only a half dozen crocus bulbs jammed together in small dishes and covered lightly with fiber make a charming mat of bloom, but use the same variety just to be sure some bulbs don't lag a few days before blooming. Try both Dutch hybrids and species crocus (both have named varieties) to see which you like better. Other small bulbs excellent for forcing are any of the varieties of chionodoxa, Galanthus, bulbous Iris, muscari, and *Scilla sibirica*. The small bulbs, if you are unsure, are planted with a covering of about ... inch of fiber, the large bulbs just out, their tops a third above the surface. French-Roman hyacinth, which have short spikes of bells, rather loosely arranged, are a favorite, but very hard to buy late in the season—order blue or whites now (pinks are not good). Large hybrid hyacinth have spikes so large they may topple unless thoroughly rooted in—you'd better see their roots close to or on the surface of the fiber before bringing them into light. When there is a bit of top growth, bring into subdued light; when the tops start to green, move to light; never di... sunlight. And the cooler the ro... the better—60 degrees is ideal.

Just any daffodil variety w... force. These will: The best ... large-flowering daffodils incl... 'Beersheba,' 'Lord Nelson,' 'Sp... binder,' and 'Unsurpassable,' ... trumpets. Any of the minat... trumpets, especially 'Little Be... ty,' and 'Little Gem'; such ma... flowered kinds as 'Cheerfuln... 'Cheerfulness Primrose,' 'E... Splendour,' and 'Recurvus.' ... jonquils 'Suzy,' 'Trevithian,' ... others; all the cyclamen flower... narcissus, particularly the ... 'Februarys'—gold and silver, 'J... Snipe,' and 'Tête-à-tête'; and ... other clustering-flowered trump... like them. And don't try to for... just any tulip you see on a sh... for many won't force at all, ... just bloom on schedule. Amo... the fosterianas, the only good b... are 'Cantate,' 'Red Empero... 'Orange Emperor,' and 'Yell... Empress'; greigii 'Red Ridi... Hood'; two kaufmanniana... 'Shak... speare' and 'Stresa'; the cotta... tulip known as 'Mrs. J. T. Sch... pers'; and the Darwins: 'Queen ... the Bartigan,' 'Blizzard,' and 'N... phetos.' There must be others b... I don't know them. ■




# "The most exposed part of your body is your hair. Don't let summer get to it. Use condition."

Julius Caruso



"Tanning lotions protect your body from burning sun. Skin creams moisturize it against drying wind, salt water, chlorine, air conditioners.

But what about your hair? I've never seen a suntan lotion for that. It's a shame because the most beautiful tan can't make up for hair that's dried, broken, frizzled by summer. What's more, the damage done in summer can last all winter long.



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condition* Beauty Pack Treatment from Clairol has 4 times the protein of any leading conditioner. This intensive 30-minute treatment is so rich and creamy, that instead of dripping off your hair like watery conditioners, it sinks right into the hair shaft, supplying all the deprived hollows with protein.

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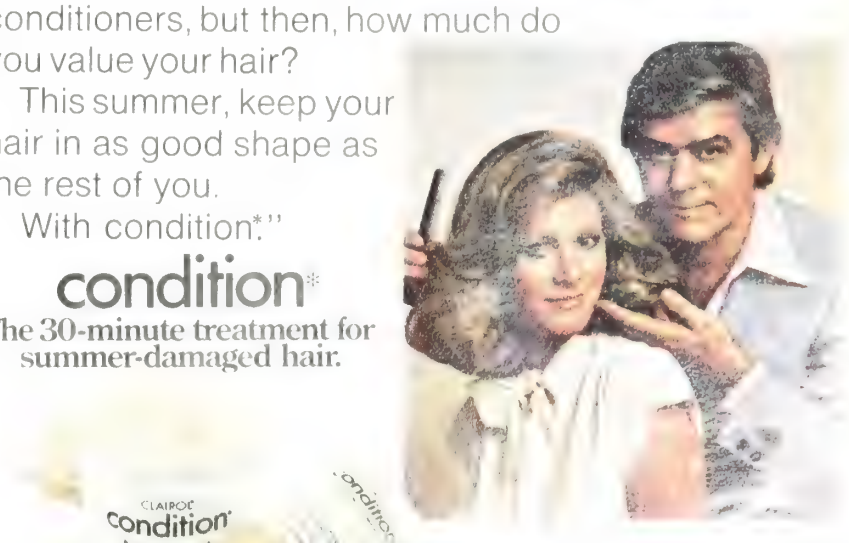
condition*costs more than most other conditioners, but then, how much do you value your hair?

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The spot lifter.

### A great American idea

# New way to make children aware of their heritage

By Kenneth Bate

"Start them young!" says C. F. [illegible] of Shearon [illegible] Mr. Brasch's [illegible] by [illegible] pound [illegible] stone [illegible] floor] in the fifth grade, which is Mr. Brasch's province. By "start" he means that the child's esthetic appreciation of art, architecture, sculpture, music, [illegible] be heightened immeasurably more than text books. Their capacity for visual [illegible] and [illegible] more by *doing* —making things.

[illegible] especially pertinent to the [illegible] education, but the [illegible] Mr. Brasch's are truly innovative. In his school, the fifth [illegible] students start to study the American Colonial period. Written history is taken care of by [illegible] in that field, but [illegible] the premise that art is a direct reflection of a [illegible] period. Mr. Brasch [illegible] common [illegible] Using slides of restorations like those at [illegible] Williamsburg, Salem, Charleston, and New Castle, American architecture through 1840 is [illegible] to [illegible] children *visually*.

#### Research begins with field trips to historic sites

[illegible] What they are looking at—and what to look for—[illegible] and every historic site within reasonable [illegible] New England and the South are not [illegible], but New Jersey has an impressive [illegible] and one by [illegible] and studied. [illegible] about [illegible] Seem to [illegible] them and vide. They must, be- [illegible] els of the res-

[illegible] drawings [illegible] ardboard, [illegible] and

[illegible] *models* [illegible] *Victoria* [illegible] *addition*



*C. F. Brasch, artist, teacher, restorer of old houses and American history enthusiast*

glued together to form a three-dimensional model—a doll's house with a past.

**"Art should be taught in a playful way. There is a strong affinity between playfulness and creative thinking"**

The model then gets a base coat of paint, usually tempera because it dries quickly. Various brick patterns, window shapes, shutter and shingle patterns—all faithful to the originals, are cut out of gum erasers and printed in the proper colors (exactly as one would use a rubber stamp) on the base coat of paint. Porches, overhangs, shed roofs, dormers, and chimneys are glued on to the main structure, then painted and printed with appropriate textures. At this point an inspection for accuracy takes place. If corrections are needed, they are made (Mr. Brasch brooks no jerry-built models), and the house is finished off with a varnish or acrylic spray in a flat finish.

#### Awareness of heritage does not stop with houses

Thus written history takes on a new meaning for the children. They begin to comprehend how people lived in the 18th and 19th centuries, and with this understanding comes an esthetic awareness of their heritage. It does not stop with houses. Classes are given in the Colonial crafts—patchwork, needlework, candle making, stenciling, anything ten-year-old hands can master. And they can master a great deal. At Christmastime some students make patchwork wreaths, others, who have gathered and dried things like teasel, bamboo, grass, pine cones, heads and stalks of wheat, weave them into handsome wreaths that would do credit to a window in Williamsburg.

After a tour of Colonial taverns, one of the classes made a movie called "Tavern at the Crossroads" (it was a tour de force), and with the coming of the Bicentennial year, another film is planned. The crafts classes are going to be expanded, more houses visited, more models made. "It really adds up to understanding an American historic period in depth," says Mr. Brasch, "and the deeper I can make the understanding the happier I will be. No one ever plays hooky from my classes, so I must have a good thing going. There is nothing so flattering as constant attendance."



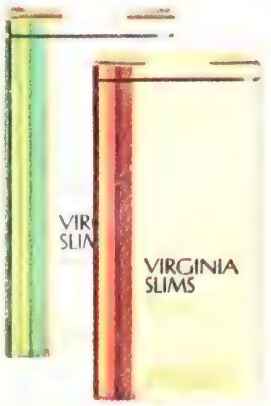



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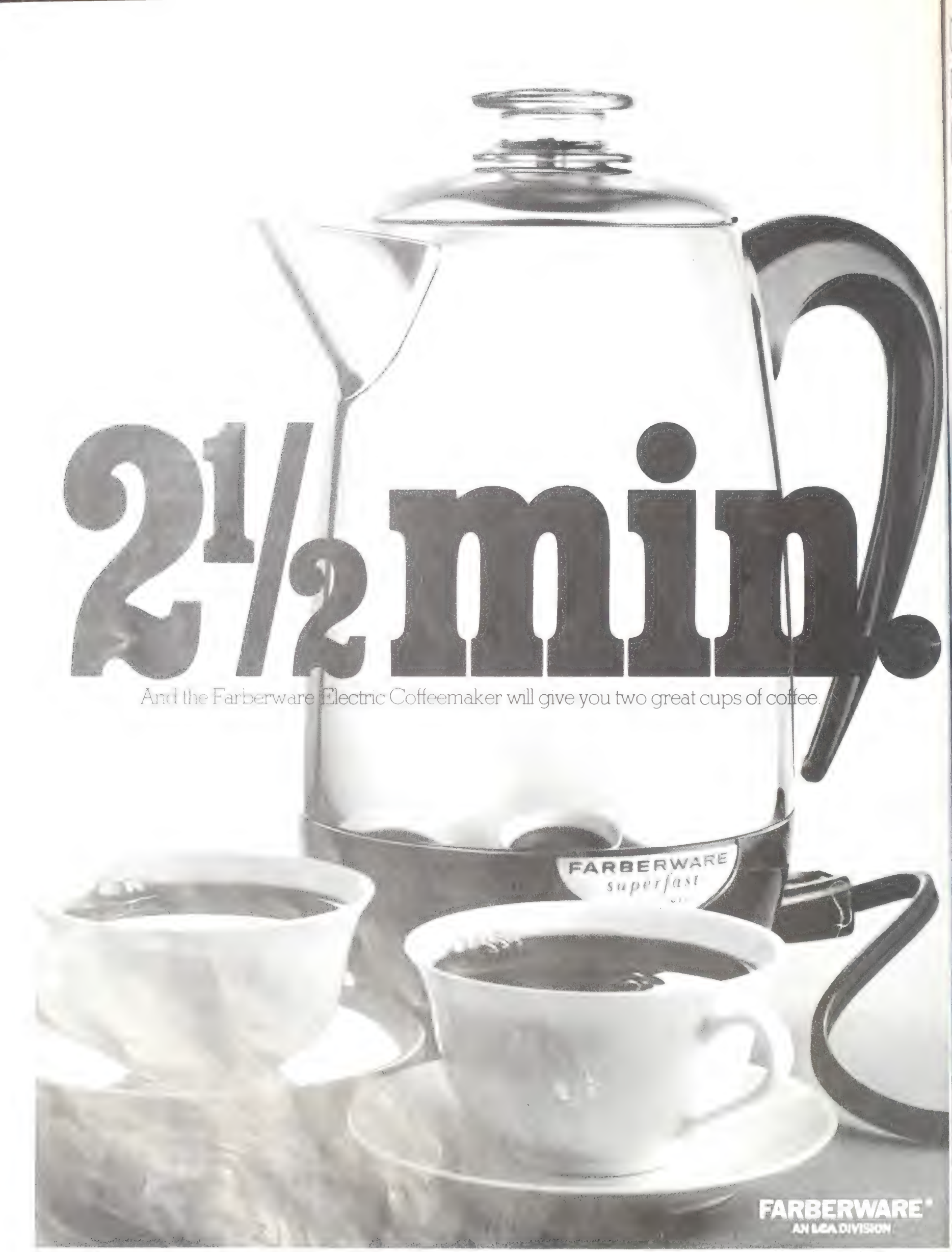
City _____ State _____

Offer void to persons under 21 years of age. Limited to ____ per family except where prohibited. Incomplete or illegible requests cannot be honored. If possible, postmarked no later than _____ 1976. Allow 6 to 8 weeks for delivery. While supply lasts. Allow 6 to 8 weeks for delivery.

Regular: 16 mg. "tar" 1.0 mg. nicotine av. per cigarette by FTC Method.
15 mg. "tar," 1.0 mg. nicotine av. per cigarette by FTC Method.

# 2½ min.

And the Farberware Electric Coffeemaker will give you two great cups of coffee.




...ee. The Farberware Stainless Steel Electric Coffeemaker, available in 4, 8, 12 cup sizes.

HOUSE & GARDEN

BACK UP YOUR BACK

# Back up your back with the Serta Perfect Sleeper.

Why does sleeping on a Perfect Sleeper mattress help you wake up feeling great in the morning?

Serta's Back-Up® System does it.

It backs up your back with four levels of comfort and support. Quilted damask cover, Sertaliner® bands, TwinEdge® design and extra support of the matching foundation make Perfect Sleeper your best value in sleeping comfort.

So back up your back with a Perfect Sleeper by Serta. And look forward to a great night's sleep, night after night, year after year.

You'll love it! Joey Heatherton

Serta

SERTA, INC. Chicago, Illinois

Be a perfect sleeper. Buy a Perfect Sleeper.®

VIRGINIA



## High Hampton Inn and Country Club

2300-acre resort at 3600 feet in the Cashiers Valley of the Blue Ridge Mtns. 8 tennis courts. 3 lakes for boating, fishing, swimming. Private 18-hole, par 71 golf course/bent grass greens. Riding stables. Children's program. Open May thru Oct. Write: High Hampton Inn, Dept. H, Cashiers, N.C. 28717.
Ph: (704) 743-2411

*There's a world of leisure, elegance and charm waiting nearby with complete resort facilities.*




*Visit New York City, the year-round vacation spot where you will find pleasures to suit all tastes.*



**How to make beautiful happen to your window treatments with Levolor Rivieras.**

...e a brand new book for you—full of beautiful (and helpful) ... on what to do with windows. ...re dozens of exa... ...lor from the file ... ...rs. And you get ... ...lls all about ... ... who bring ... ...fully ...

(SEND FOR YOUR COPY TODAY.)




If someone told us the Statue of Liberty would be dismantled tomorrow, it wouldn't be much more shocking than what's already happening to other American landmarks. They're disappearing by the thousands, without a thought of ... them ... without even considering a modern, useful purpose for them. Join the national organization devoted to preservation.

Write: James Biddle, President, The National Trust for Historic Preservation, 740 Jackson Place, N.W., Washington, D.C. 20006.


# HOUSE & GARDEN GREAT AMERICAN IDEA CENTERS

In every issue from now through December, 1976, you'll see special selection of things for the house that House & Garden has chosen as a salute to the Bicentennial celebration, things you can buy at The House & Garden Great American Idea Centers in the following stores across America. For the first in the series, Great American Glass, please turn to page 78.

**Alabama**
Birmingham — Pizitz

**Alaska**
Anchorage — Nerland's
Fairbanks — Nerland's

**Arizona**
Phoenix — Goldwater's

**California**
Los Angeles — The Broadway
San Francisco — Liberty House

**Colorado**
Denver — May-D&F

**Connecticut**
Hartford — G. Fox

**District of Columbia**
Washington — Woodward & Lothrop

**Florida**
Miami — Burdine's
Tampa — Maas Bros.

**Georgia**
Atlanta — Rich's

**Hawaii**
Maui — Nerland's

**Illinois**
Chicago — Carson Pirie Scott

**Indiana**
Indianapolis — L. S. Ayres

**Kentucky**
Louisville — Stewart Dry Goods

**Louisiana**
New Orleans — D. H. Holmes

**Maryland**
Baltimore — Hutzler's

**Massachusetts**
Boston — Jordan Marsh

**Michigan**
Detroit — J. L. Hudson

**Minnesota**
Minneapolis — Dayton's

**Missouri**
Kansas City — Edward Keith
St. Louis — Stix, Baer & Fuller

**Nebraska**
Omaha — J. L. Brand

**New Jersey**
Newark — Hahne & C

**New Mexico**
Albuquerque — American Furnitu

**New York**
Brooklyn — Abraham & Stra
Buffalo — Adam, Meldrum & Anderso
New York — B. Altman & C
Rochester — Sibley, Lindsay & Cu

**North Carolina**
Charlotte — Ivey

**Ohio**
Akron — O'Nei
Cincinnati — Shillito
Cleveland — Higbee
Columbus — Lazar
Dayton — Rike
Toledo — Lasalle

**Oklahoma**
Tulsa — Froug

**Oregon**
Portland — Meier & Fran

**Pennsylvania**
Ardmore — O'Neil & Bisho
Philadelphia — Strawbridge & Clothie
Pittsburgh — Kaufmann

**South Carolina**
Greenville — Ivey

**Tennessee**
Knoxville — Miller

**Texas**
Dallas — Sanger Harri
Houston — Joske's of Houston

**Utah**
Salt Lake City — Z.C.M.I.

**Virginia**
Richmond — Thalhimer'

**Washington**
Seattle — The Bon Marche
Spokane — The Crescen

# Does she... or doesn't she?®



Does she...
or doesn't she?



Above: Grace Pelham in 1967. Below: Grace Pelham today.
Her hair in beautiful condition, the color soft, young.

# She still does!

## with new improved *Natural Wear*™ Creme Formula.



© 1974 Clairol Incorporated

And now to the beauty of Miss Clairol® color, we've added extra wearability and conditioning. With all the haircoloring that's come and gone since we started it all, nothing has yet been invented to give you softer, more natural color than Miss Clairol. It's still the "haircolor so natural, only her hairdresser knows for sure."®

And now, it wears that way too. The new formula keeps your hair shining with the fresh young color you love, week after week. Covers gray—completely! Leaves hair even more manageable with a lovelier, livelier touch.

Try it to see why most hairdressers and more women use Miss Clairol than any other haircoloring. Try it, for haircolor the best it can be... at any price!






THOUGHTS FOR THE HOSTESS

### A feast for the eye and the appetite

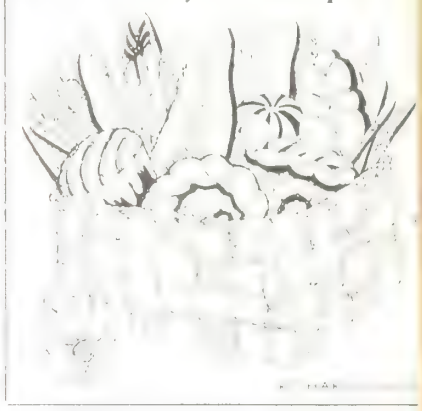
# Edible centerpieces

By Mary Moon Hemingway

with another damp cloth. Store in the refrigerator in a plastic bag until serving time. You can prepare the whole thing in the morning. Just before serving I thread a ribbon through slits in the lid, tying on a small bunch of fresh or dried flowers or an herb bouquet. Such a bread basket may be frozen for use another time or varnished for continued use. If I'm having a lot of guests, I make several bread cases, some of normal loaf shapes and sizes, others of small round ones, filling each with a different kind of sandwich and marking the contents on the tops with little flags on toothpicks.

***"Gateau surprise" is fun, too.*** Use a cake mix, following the directions on the back of the box for the "pound" type made with instant pudding mix, oil, and eggs—this gives a sturdy, moist cake. Cut a generous top from the cake, scoop out, saving the insides to cube, mix with ice cream, and freeze in a mold for another dessert. Fill the scooped out cake with petits fours, or use rich, tiny cookies or bite-sized chewy bars. Reassemble the cake, frost, and decorate lavishly with marzipan flowers, candied petals, and leaves or whatever you like. A few toothpicks inserted almost imperceptibly between the top and bottom will help lift the lid for serving. Emptied, the shell may be filled with ice cream and frozen for a later feast.

***Breads in various shapes make beautiful centerpieces.***



Buns and braids, baguettes and challas, brioches, croissants, bagels, round and square loaves of all shades of grain, plus skinny and fat bread sticks can be arranged into marvelous "works of art." Put them together with toothpicks and show them off in baskets, in a pretty box, on a board, or on an invisible base. Such bread bounty is perfect for an Italian supper party. It also makes a very agree-

*Continued on page 94*

***with small sandwiches.*** Like

***use baked goods to make centerpieces.*** For a buffet

***a bread container filled***



# Monterey Collection



The sun drenched west coast and the vivid colors of its foliage inspired this exciting new collection of decorative fabrics. Companion wallcoverings available in the Schumacher "Golden Odyssey" collection.

Through Interior Designers and at the finest stores.

**SCHUMACHER**

F.Schumacher & Co., 939 Third Avenue, New York, N.Y.10022

even more
ways to be
a hero
in your own
home!





Renew rusted surfaces

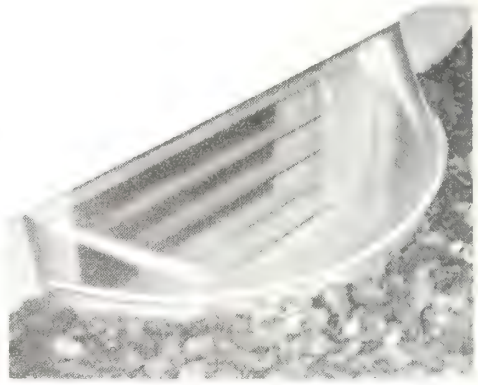
Make rusty furniture, mowers look like new with Deruste Minute Finish Spray. Rust-killing primer is built into every color for one-coat protection. For old and new surfaces. In 12 colors.

HOME IMPROVEMENT IDEAS FOR

# The House Fixer

By Will Morris

**CELLAR WINDOW AREA COVER** of transparent plastic lets in light, keeps leaves, trash, snow, and rain out of the window well, prevents blocking of the well drain. The cover comes in sizes up to 41 inches wide by 15 inches high, with a 17-inch projection. You can install it yourself using the hardware and comprehensive instructions supplied with it. $6.95 each or two for $13, plus $1 each for postage and handling. Williamson, Box 503, Cherry Hill, N.J. 08003.

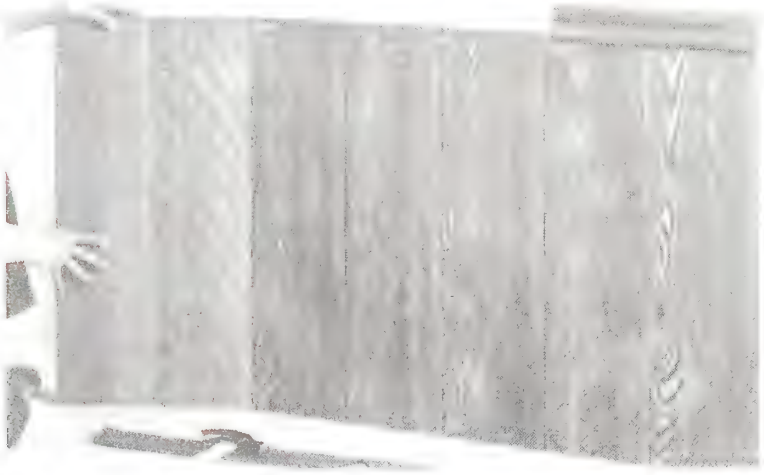




CARBON MONOXIDE INDICATOR

**CARBON MONOXIDE DANGER SIGNAL**

To warn you of the presence of carbon monoxide gas in your garage, automobile, workshop, boat, or home, Lifesign serves as an indicator. The triangular plate contains a small tablet that changes from tan to deepening shades of gray if carbon monoxide, which is odorless and invisible, is present. How fast it changes color is dependent upon the amount of carbon monoxide gas being given off by any faulty gasoline engine or gas burning furnace. The plate, which can be installed on your car dashboard or garage workbench is able to detect even a very small amount of the deadly carbon monoxide fumes. $2. Tempil Division, Big Three Industries, Inc. South Plainfield, N.J. 07080.



**PANELING PACKAGE,** *for installing a hardboard wainscot 32 inches high by 12 feet long on one or more walls, comes in kit form. It consists of ten tongue-and-groove planks (16 by 32 inches), a cartridge of adhesive, nails, and clips, two 6-foot-2-inch-long chair-rail moldings. Detailed instructions explain how to install paneling in three steps: (1) Take room measurements and check walls with plumb line; (2) apply adhesive to planks and nail to wall with clips; (3) cap planks with chair rail. The paneling package retails for about $40 and can be purchased in gray barnside, above; light roughsawn; shell, a pecan reproduction; and frontier chapel, an oak reproduction. Marlite Paneling, Dover, Ohio 44622.*

**OUTDOOR LIVING BOOKLET,** *How to Build 'Em with Redwood,* is packed with practical information and design ideas for outdoor areas. It includes sketches for 29 redwood fences of various types—basket weave, board, louvered, privacy screens. Decks and covers for decks and patios are illustrated with perspectives and detailed drawings of framing, roofing, and other features. So are plans and elevations for redwood, storage sheds, cabanas, gazebos. There are working drawings for building outdoor lounges, tables, planters. All have materials lists giving quantity, size, length of redwood lumber required. 50¢ from Redwood Outdoor Living, Louisiana-Pacific Corp., 1300 S.W. Fifth Ave., Portland, Ore. 97201.




Stop paint peeling on downspouts

Calv-A-Grip™ is ... to stick tight to ...



Deruste

The name people know best in home fix-up

**SUN CONTROL FILM,** [illegible] applied to inside of [illegible] and heat. Superior clarity. The aluminized [illegible] the amount of energy needed to run an [illegible] Comes in [illegible] and silver-gray bronze [illegible] and large rolls to cover [illegible] Apply with [illegible] that [illegible] indoors by [illegible] Mylar [illegible] mechanism [illegible] Mylar [illegible] process [illegible] durability. $XEC Co., [illegible]



# THE HERITAGE BATH



DESIGNED BY JAY SPECTRE, INC.

Lifestyle '76. Contemporary, yes. But rich in tradition. Fixtures in new Americana Brown and Bone suggest the warmth and serenity of a leisurely past. These timeless earthtones are natural complements to wood. Lend themselves handsomely to both subtle or bright colors. You've always longed for a bath as distinctive as this. Now have it. Give your nearest American-Standard plumbing contractor a call. You'll find him in the Yellow Pages. Whatever your lifestyle, we have the ideas to help you interpret it. Beautifully.

AMERICAN STANDARD

[illegible] luding the 1[illegible]
[illegible] nclose $2.00







"One year after I was operated on for cancer of the breast, David Sawyer fell in love with me."
*Pat Sawyer, New York City*

"When I was told I had cancer of the breast, I thought my life as a woman was over. A little more than a year later, David and I were married. And ten years later, I'm living proof cancer can be cured. Don't let vanity kill you. Learn breast self-examination and get regular checkups. And give to the American Cancer Society.

We want to wipe out cancer in your lifetime."



American Cancer Society




# Tips from the experts

Here are lots of bright ideas from people wh know what it means to lead an organized lif

By Caroline Seebo

**"Learn the crucial buying discipline—to know the difference between I *want* and I *need*."**

BESS MYERSON,
*Consumer Consultant, Columnist and TV Personality*

- Use lemon juice instead of fancy vinegar.
- Use salads as a first course—for instance, tomatoes, mozzarella, and basil.
- Exercise while you are doing something else—jog in place while brushing your teeth; pull in your abdomen while working at your desk."

EILEEN FORD,
*Eileen Ford Model Agency*

"If you want to hire somebody, put an ad in the local paper rather than ask friends—it saves time and you get *exactly* what you are looking for."

WARREN FARRELL,
*Teacher and Author of "The Liberated Man"*

- "Mail order shop.
- Invite friends to Sunday lunch instead of formal dinners."

LADY ANTONIA FRASER,
*Author and Mother of Six*

- "Organize your makeup so you can completely change your look in five minutes—keep all your evening makeup on one side of your dressing table, and daytime makeup on the other.

ESTÉE LAUDER,
*Estée Lauder, Inc.*

- "Buy an expensive item that will save energy in the long run.
- Wait six months to get what you really want rather than settle for something now."

BARBARA BROWN, *Desig*

- "Invest in a telephone answering machine.
- Use one party menu per season."

EILEEN SIMPSO
*Psychologist and Au*

**"Get up an hour earlier. Go to bed an hour earlier—even if it's 9 o'clock. Lie down for 20 minutes before you go out in the evening for a quick refresher."**

FERRIS MEGARRIT
*Director, Fashi Merchandising, Home Furnishi Division, B. Altman &*

- "Use a tape recorder to dictate letters, leave messages."

JAMES BEAR
*Cook, Teacher, and Auth*

- "When you travel, decrease jet lag by taking a familiar object with you—a pillow for example—that helps you adjust to a new environment.
- Carry your work with you in a large bag, so whenever you have to wait anywhere you can get a few minutes of work done."

DR. JOYCE BROTHER
*Psychologist and Ne Commentat*

"Have two or three meatless nights a week." EILEEN FORD
*Eileen Ford Model Agenc*

***"Give two parties running, so you get two days' worth out of flowers and food."*** ALISON HARWOOD
*Contributing editor, "Vogue," Director Historic Charleston Reproductio*

**Continued on page 4**

# Let Pomona "Tile-Proof" Your Home!

### the "Worry-Proof Kitchen!

Unlike laminates, Pomona ceramic tile resists burns, scorching, cuts or scratches. So your dream kitchen always looks just as you planned it . . . lets you cook and create on surfaces that wipe clean in a whisk! The choice in Pomona genuine ceramic tile offers almost limitless combinations for the scope of your imaginative designs.

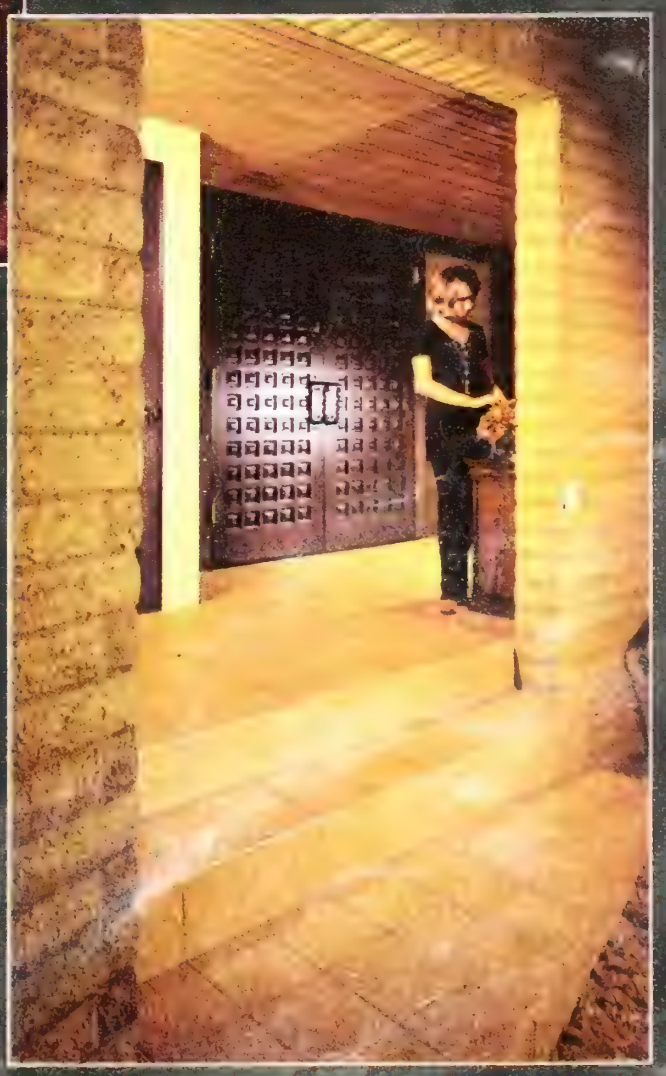






### "Work-Proof" Bathrooms

Pomona ceramic tile baths are definitely wash and wear! Just a quick damp-mop cleanup restores tile finish to brand new. Choose colors and textures to lend a flair to any wall, counter or floor.



### PomonaStone . . . "Wear-Proof"

Neither dogs, kids or muddy shoes will ever ruffle the elegance of this entry. PomonaStone won't show the worn paths of time . . . it's permanent no-wax finish provides the ideal floor anywhere in your home.

*Want more tile ideas?*

WRITE FOR FULL COLOR BROCHURE

**POMONA TILE CO., BROCHURE 1596,**
**P.O. BOX 2249, POMONA, CA. 91766**

NAME_____

ADDRESS_____

CITY_____

STATE_____ ZIP_____

*Quality Products from the Creative Kilns of* Pomona Tile
A DIVISION OF AMERICAN OLEAN

**IN OUR 51st YEAR • 22 TILE CENTERS SERVING THE WEST**

"Have two doorbells and two telephone numbers—
one for you,
and one for your children."

LADY ANTONIA FRASER,
*Author and Mother of Six*

● "Make common-sense choices.
● Save money on unnecessary luxuries and use it for trips to wherever you want to go.
● Rearrange your closets so that all your current clothes are in the front.
● When you reupholster sofa or chairs, order an extra set of slipcovers, either in the same or a different color. In that way you change your color scheme at any time you want, in 20 minutes. [Do the same with cushions.]" ALISON HARWOOD

**"Bank by mail. Shop by phone."**

DAVID STAMPSON,
*Businessman and Author*

● "Write down a list of all the things you have to do and do the most important things first.

● Serve less of the expensive items (four shrimps instead of six) and more of the cheaper, filling foods such as beans and rice."

JULIA CHILD,
*Cook and TV Personality*

● "Keep a budget book and write down what you spend each week.
● Cut down on big parties. Be more selective with friends; small dinners with only two or three guests." MARTINA ARROYO,
*International Opera Star*

● "If you travel a lot, have a permanently packed suitcase with duplicate items—glasses, toothbrush, alarm clock, bathing suit—so you save time packing.
● Take 5 minute naps during the day. Have someone wake you up so you can relax without feeling you'll miss anything."

WARREN FARRELL

**"Get rid of your TV.** If you really want to watch something, go to a neighbor's."

WARREN FARRELL,
*Lawyer and Author of "The Liberated Man"*

● "Set a day aside for urgent jobs or special projects.
● Get spare bones—veal, chicken, or fish—and make stock out of them.
● When you find a good, inexpensive wine, buy a case or two."

CRAIG CLAIBORNE,
*New York Times Food Columnist and Author*

● "If physically exhausted, do mental exercise. If mentally exhausted, do physical exercise."

ARALA RUBINSTEIN,
*Helena Rubinstein, Inc.*

● "Combine holidays and work.
● On trips, have breakfast in your room and make all your phone calls then.
● Use your best-looking luggage

"Cook double batch... beans, for instance... one for hot, one... cold." JAMES BE...
*Cook, Teacher, and A...*

on trips; porters and officia... more helpful!
● Carry as little luggage a... sible so you have room to... when you arrive."

PETER J...
*Film and Theatre D...*

● "Have more things avi... than you can possibly do. Pe... the established priorities an... conflict-free about ignorin... rest." DR. NORMAN ORENTI...
*Professor of Derma... and D...*
*Orentreich Medical ...*

**"Eat more ... salad and sou... less meat. You have mo... energy after... a light meal.**

WARREN FA...

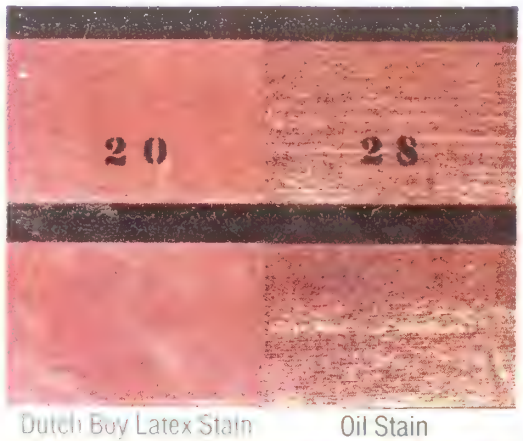
**Dutch Boy Latex Stain beats oil stains two ways:**

**Protects longer.**

At the Dutch Boy testing fields oil stain and Dutch Boy Latex Stain had a duel in the sun, wind, and freezing cold for 3 years. Look at the pictures of the actual boards and judge the results for yourself.

As you can see, the oil stain has faded and left the wood exposed in several spots.

Meanwhile Dutch Boy is still giving good protection. And the colors are rich and strong.



Dutch Boy Latex Stain Oil Stain

**Cleans up easier.**

If you've ever used oil stain we don't have to tell you how hard it is to clean up.

With Dutch Boy, on the other hand, all you need is water. Dutch Boy Latex Stain. Protects longer. Cleans up easier.






Dutch Boy Paints
NL Industries NL



# "Pontiac does it again...
## the newest and most outstanding rocker-recliner I've ever seen."

Tommie Ann Ford

A revolutionary engineering breakthrough is the only way to describe the new patented Pontiac rocker-recliner. It's a smooth relaxing rocker and with just a touch of the handle transforms into the most comfortable recliner ever made.

Any of the multiple positions you choose offers complete relaxation. In the full stretched out position the entire 'Comfort Zone' is supported, even the ottoman adjusts.

Perfectly matched in every detail with the popular Pontiac swivel rocker, these Comfort-Mates offer the ultimate in styling with the most fashionable covers and colors. *Shown above* is a contemporary design in rich durable 'leather look' vinyl by B.F. Goodrich. *Lower left* a traditional in 100% DuPont Orlon® pile velvet by Borg. *Lower right* an Early American in 100% Nylon plaid, **Scotchgard**® treated.



Rocking position, soothing and relaxing.

Ottoman lifted, in sitting position for reading.

Slight recline, ideal for TV viewing.

Full recline, the complete relaxation position

**Comfort-Mates**™, another exclusive from

**PONTIAC**

FURNITURE INDUSTRIES, INC

A SPERRY AND HUTCHINSON COMPANY



# Before you buy any mattress see the beautiful choice and superb quality from Spring Air!

There's a Spring Air mattress that's just perfect for your needs.
They all give you the extra quality Spring Air is famous for.
And exclusive comfort features you won't find on
any other mattresses. Let your Spring Air dealer show them to you!



**THE ELITE BACK SUPPORTER®**
—ultimate luxury at $109.95,
Twin Size ea. pc.

**THE SPRING-O-PEDIC™**
Superb value at $99.95,
Twin Size ea. pc.

**THE POSTURE COMFORT®**
Only $79.95,
Twin Size ea. pc.

**THE LUXURY COMFORT®**
A low $69.95,
Twin Size ea. pc.

SPRING AIR

Exclusive maker of the
**BACK SUPPORTER®**
mattress

All prices suggested retail. Proportionate values on Full, Queen and King Sizes.

Spring Air Company • 900 Lake Shore Drive • Chicago, Ill. 60611

# It takes two halves to make a whole-house air conditioning system

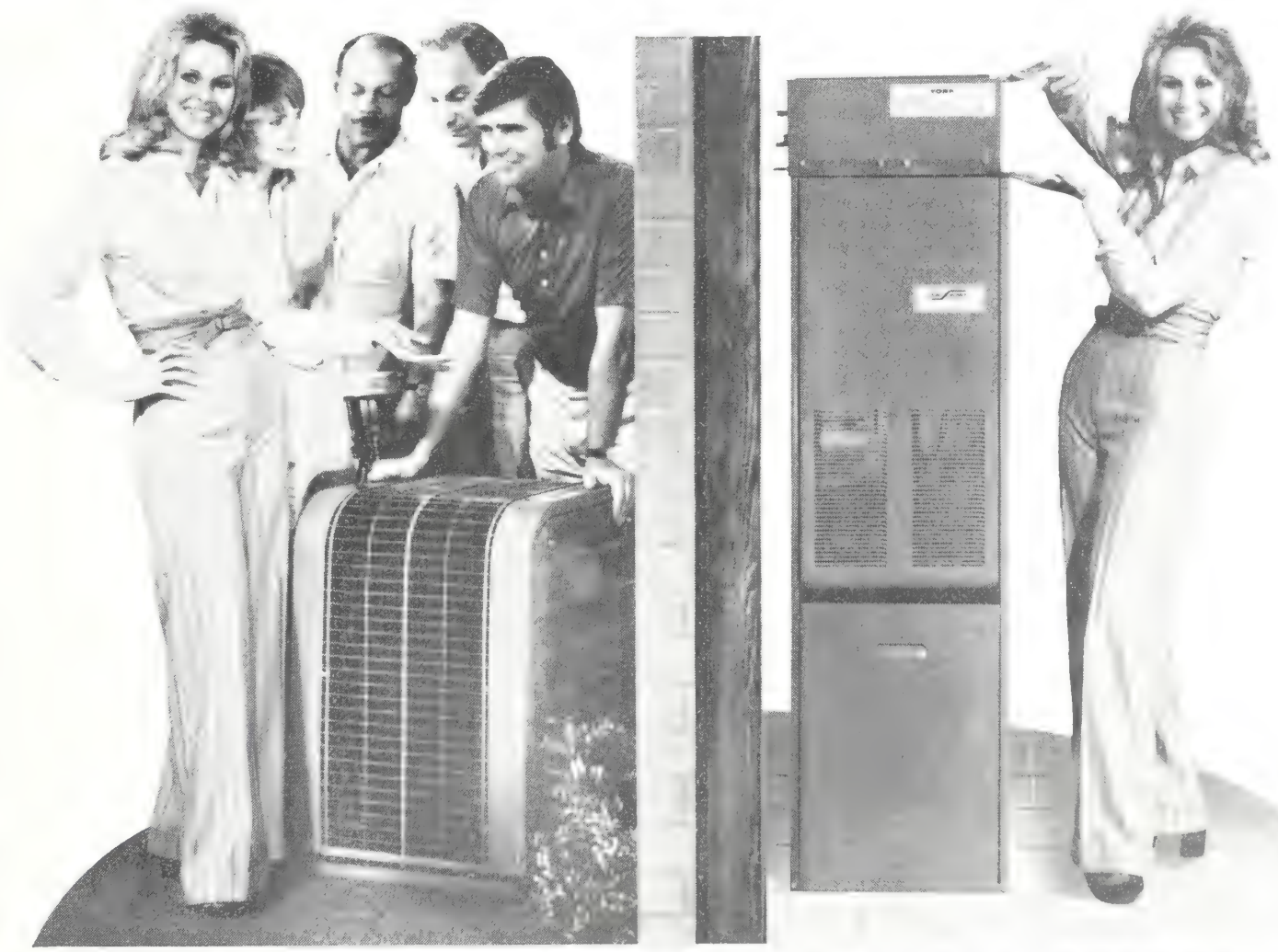
# York tells the whole story!

## The Outside Half that everyone talks about

Most air conditioning ads show you only the outside half of the system. Here's York's all-new Champion IV, built with the four benefits you look for most: quiet, efficient operation, serviceability and reliability. That's a lot to build into a small, compact cabinet. But, York is known the world over for meeting this kind of challenge.

## The Inside Half that only York talks about

Most companies don't say much about the inside cooling coil, the half that actually cools your home's air. Maybe because York's *FlatTop* coil has benefits *no one* else can match. It cuts ordinary coil height in half for easier installation. A patented drain system means no potential pan of standing water, a source of household odors and other problems. It helps extend furnace life, may even save heating fuel.



It takes more than a few words to tell you the complete story about York's advanced new system. After all, it took a century of engineering know-how to create it. So, we've prepared two full-color brochures. They're yours. Free. Because we think you deserve the Whole Story.

YORK DIVISION OF BORG-WARNER CORPORATION BORG WARNER

Send Coupon to: York Div. of Borg-Warner Corp.
P.O. Box 1592, York, Pa. 17405

☐ Rush me York's whole story.
☐ Call me for free home estimate HG675

NAME _____

ADDRESS _____

CITY _____ COUNTY _____

STATE _____

# redwood

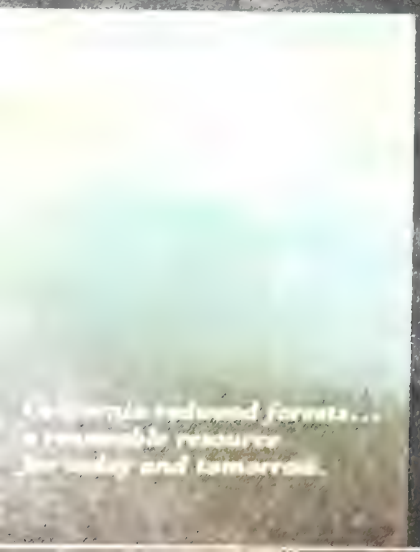
Here today. Here tomorrow.

Architects: Roland/Miller/Assoc

You live in a world of your own. A world of redwood. Indoors, elegant redwood paneling. Outdoors, clear grade redwood siding. And on the sun-dappled deck, the rustic warmth of garden grade redwood, enhancing the beauty and livability of the natural setting.

No other wood is so versatile. Nor so enduring. Redwood resists the elements. Redwood lives. And you can live with it. Relax in summer, in a garden of redwood and flowers. Then, come winter's chill, retreat. To redwood.

For redwood is a wood for all seasons. No other wood gives so much...asks so little.





CALIFORNIA REDWOOD ASSOCIATION 617 Montgomery St., San Francisco, CA 94111. Send 35¢ to Dept. B for two booklets on outdoor uses of redw

# The satisfactions of adding on and making over

Life today is a constant challenge to make things work. And we have just got to tackle the issues by ourselves. It's no good relying on others to see us through. So the initial skill is in learning to be as self-reliant and independent as possible. This inner-directedness, the quest to be our own person, is reflected all over America.

***"People want to know who am I, what can I do, how can I improve myself?"*** says the Dean of the New School for Social Research, Allen Austill. "A confluence of circumstances, economic and political, has produced an interest in grounding in the practical. And a further dimension of all this is how can I be practically creative?"

While some pursue handcrafts like weaving, pottery, macramé, others are stretching their talents through the practical arts. This can mean doing anything from repairing a TV or a bicycle, to building a bookcase, baking bread. "Genuine satisfaction can even be gained by making a light switch work through your own competence and initiative," says Mr. Austill, who has introduced a successful program in home repair.

A result of all this practical activity at home, of course, is naturally a spur in remodeling, adding on and making over—which is what this is all about.

***We all want to make changes now and then. Today it makes sense to figure out how to make them practically, without making too much of a dent in the budget. A concern for the dollar provokes a stretching of the imagination. The situation encourages more creative practicality.*** Let's see what we can do with this, let's consider a way of using that . . . See how a greenhouse kitchen was created out of a lost basement (page 54), a charming weekend "trout house" from a two-room fishing shack (page 62), a party kitchen from a potting shed (page 66), a great outdoor room from two wood frames and five strips of canvas (page 68). If your remodeling is set along more expansive lines, you can wrap a new wing around an existing house (page 58).

Even at the White House, Mrs. Gerald Ford is practicing her own brand of creative practicality, see page 74 for our special story. For party table centerpieces, she borrows great American treasures from museums, or she brings out the [illegible] collections normally kept in display cabinets. Use what you have is the message she wants to put across. Her menus are practical, too. [illegible] soup, and vice versa. "It's better for us," she says

***Attitudes are changing. In answer to, "Where are my satisfactions?" we are turning inward to find the responses. We meet the challenges on an individual basis. Call up the resources of our own person to resolve the issues.*** "It's really very exciting," declares Dean Austill, "and very rewarding."

TOM YEE

What makes people remodel? Falling in love with old stone walls and ancient handwork, perhaps. A sudden perception of lovely form where nobody else sees it. A change in a person, a family, or a life that demands a changed house to fit. Limitations of an existing house, like the edges of an artist's canvas, can provide inspiration for new and beautiful transformations. This was once a recreation house on a large estate, designed for billiards and dancing, not family life. There was no dining room and the tiny kitchen really couldn't cope. But it had character, opinionated architecture, and the craftsmanship of the 1870s. And, facing the boxwood garden, was an open-air arcade, that had become a catchall where rakes and old lawn mowers disguised real potential.

*[illegible] architect Adolf D. Roy Mark opened the back wall [illegible] stones from Philadelphia streets, turned the old limitations into advantages. Cabinets, professional stove were stretched to fit existing wall niches with tile [illegible] gates. South-facing windows collect heat in winter; stone walls and bamboo blinds keep summer cool. Reflecting it all, a new oval swimming pool,* inset below.




## How to add on and make over to stretch your rooms

# Greenhouse kitchen from an arched basement



Before


















TOM YEE

**The new kitchen can handle the serious French, Austrian, and Armenian cuisine that's important to owners.** And since there's the old basement—now a new pantry—for storage, with open shelves for food, utensils, wine, and a big refrigerator, Mr. Mark banished overhead cabinets. Elemental tones of wood and copper, primitive textures of stucco and tile and stone, plants, red utensils for accent, all add up to a romantic kind of contemporary efficiency. Are stones hard on the cook's feet? Not if, following European custom, "we are mostly barefoot people indoors."

*1. Old stone stuccoed white, glassed-in arches make a bright dining arcade. Spiral iron staircase, wider than usual, is from an old bank.* **2.** *Beams provide support where original wall was partly removed. Owners like hints of Southwestern architecture in niches built for display. Appliances are hidden behind matching white pine cabinet doors.* **3.** *For imaginative illumination, light track runs length of dining room. On the end wall, silvery German bulbs screw into plain porcelain sockets.* **4.** *Pastry center with cooling racks, a marble slab for kneading; below it, a small refrigerator.* **5.** *A copper sink, for looks, also keeps hot water hot. Over it, on dowels, pretty utensils drip dry.* **6.** *Now, at night, the old storage area is most festive part of house.* *Building materials, page 153.*

## *Greenhouse kitchen warm with natural materials, efficiently organized for a serious cook*



*How to add on to stretch your rooms*

ROBERT LAUTMAN

# Wrap a new wing around an existing house

**An old house, a new house—each distinctly itself, yet integrated, sharing the best features of both. "Here a door doesn't mark an obvious division between old and new," says Peter Saylor of Dagit Saylor, the architects. They wrapped the new building around the old, see plan right, extended old walls into new loggia, and tied them together with varying ceiling levels. Outside, the addition respects the old style: in front, Colonial stone; in back simple glass to go with the old small-paned windows—but on the side, a strong contemporary statement.**

*The addition appears to wrap around the original house from the left, repeats and extends the old roofline [illegible] where dormer windows were lengthened into doors. [illegible]*

*closet are lit by circular skylights.* **2.** *The original stone façade is stretched to the addition to make a graceful blend between old and new.* **3.** *Stone wrapped just around the corner emphasizes the feeling of "façade" on the side where the contemporary takes over.* **4.** *Inside, entrance hall extends, in brick, across end of loggia and beyond. Upstairs hall, above it, now ends in a balcony that overlooks plants thriving under skylight.* **5.** *Cul-de-sac at end of new loggia is designed, says Mr. Saylor, to encourage people to sit, admiring view across valley through windows intended to frame it. Painting by Sidney T. Guberman, Marian Locks Gallery.* **6.** *Ceiling in center of loggia drops to match that of the living room, is raised again over seating area. Beneath windows, room for wine, books, stereo system. The plain pane of glass at the end of the room visually includes trees on the patio outside.*




NEIL LONDON





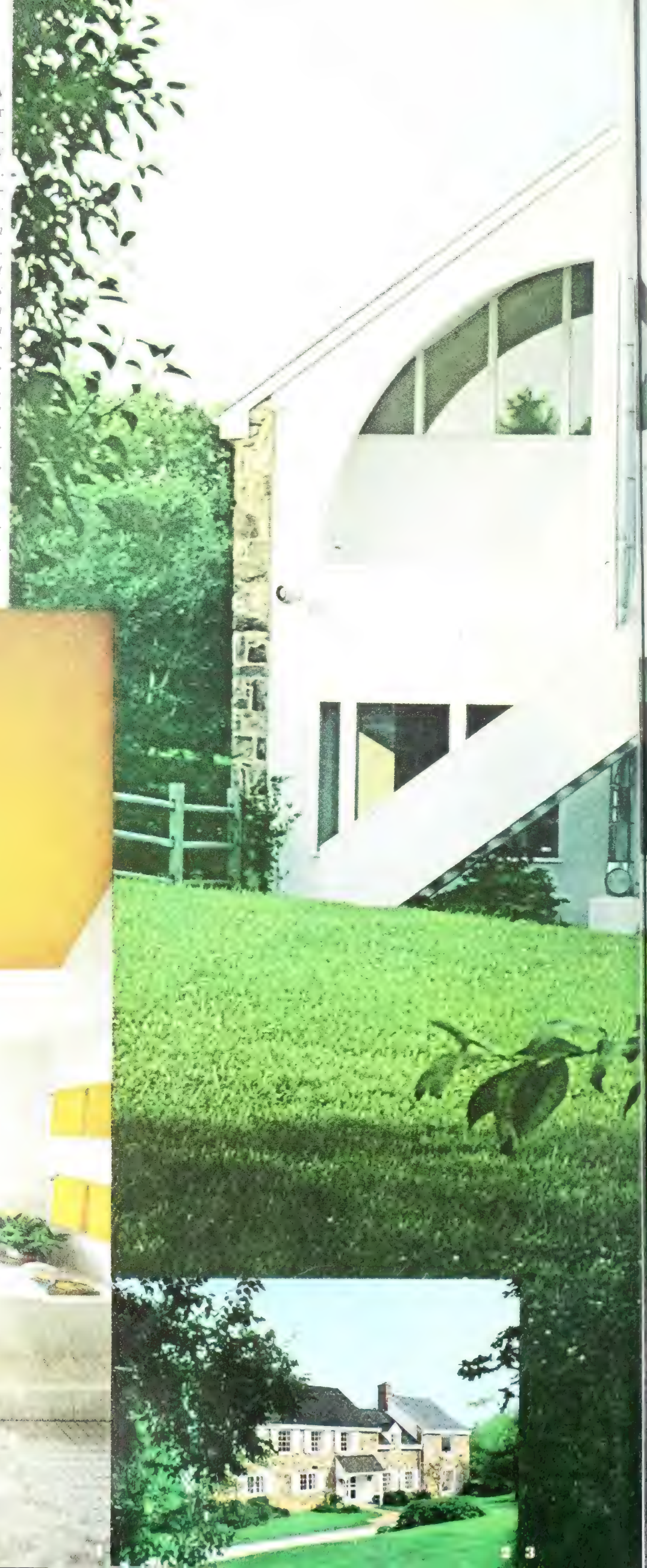


## In a wraparound wing— 4 new rooms and 2 new decks

The old—all of the house is all new, contemporary forms. Triangles of glass inside a half-circular arch for [illegible] rectangles for sun-[illegible] the roof almost intersected by an outside stairway make balanced modern geometry.

*To [illegible] the new sixty square metres, turns the master bedroom into a suite,* see plan. *The bathroom has a large tub planted squarely in front of a window. The house is so sheltered, and the light so welcome, that the owners have never felt the need for shades. Lights [illegible] from a warm [illegible]* **2.** *Both upstairs and downstairs windows have square boxy panes, unequivocally modern.* **3.** *A door opens from the upstairs dressing room to the balcony and the stairs, built for easy access to the swimming pool. The shiny central line of a metal chimney, which carries smoke from the new study fireplace, provides a focal point for the architects' forms.* **1.** *The windows begin above the mirror in the bath, over the closets in the dressing room. A [illegible] dividing the two rooms to show all the triangular window at once. Stone exterior wall of the original house forms one wall of new addition (reflected, through door, in mirror).* **5.** *Balcony, facing south, is sheltered, perfect for acquiring suntans.*






Bath
(New)
Study
Bedroom
Master
Dressing
(New)
New
Bedroom
Balcony
(New)
SECOND FLOOR

4



5






Before



*How to make over to stretch your rooms*

# A cozy "trout house" from a two-room shack

What can you do with a fisherman's sweetness shack by a trout river? What Mr. and Mrs. Harcourt Amory Jr. did was to turn it into a weekend hideaway with the help of designer Nicholas Pentecost. First, they raised the house 14 inches as it nestled cozily where the river runs. Then they added a kitchen island and a picture window in the living room. To open it up they raised the roof and put in old barn beams (a hole had to be cut in the barn to install them). New plasterboard ceiling was given a coat of stippled sand paint, and the joins "framed" by strips of barn lumber. Then they furnished their "trout house" with English oak from the store they co-own with the Richard Feigens, Bedford Green Antiques in Bedford Village, N.Y.

*1. Raising the house on concrete blocks. 2. The front door—1840 bleached oak. The shack is painted yellow with shutters added. 3. The back of the house, showing the trout stream. 4. Barn lumber makes a dividing wall for the kitchen. On it, suede backing specially designed by Karl Springer for Mrs. Amory's Wedgwood fish molds. 5. The living room and bedroom, showing added beams and new ceiling. Rug was made to order by Rosecore. 6. The kitchen island is barn lumber with butcher-block top. At the far end, a window replaces the old door. 7. Panel in Mrs. Amory's husband's bedroom matches the one in the living room. 8. Headboard is 1840 pine. The wool comes from a Scottish wool mill.*







Wall removed
2 rooms into 1

*How to make over*
*& stretch your rooms*

# *Reshape windows, add columns to open up a dark apartment*



A long, narrow room is given a new dimension with curves, glass, and white lacquer

[illegible] apartment in Arnold [illegible] for [illegible] pleasure [illegible] for Mrs. Arnold Kramer from an old-fashioned, [illegible] apartment into the 21st century. [illegible] partitions were taken out, [illegible] two rooms and one living room. The [illegible] windows were replaced by larger, [illegible]

with [illegible] and tilted frames; and four curved columns were installed to give an illusion of more width. The apartment is on a very high floor, accentuating the feeling of "soaring in an airplane," [illegible] private rooms designer Jay Spectre

1. *The living room is open in width and height by* [illegible] *columns with lacquered walls and ceiling, and ultramodern lighting. At the far end, a glass door, specially designed by Jay Spectre, opens on to a terrace. The rug on the white marble floor is antique Tibetan. The fabric on the sofa and chairs is quilted Indian crewel. The steel and glass coffee table was made by Jay Spectre. By the armchair is a bronze Tibetan drum table. Along the right-hand wall is a white fretwork credenza, which opens up to reveal a TV, bar, and icemaker. On the end wall, an ancient Greek sculpture. On*





2

3



1

*e near wall, Dubuffet's "Teapot" sculpture.* **2.** *Opposite ew, showing another glass door and curved airplane-like indows—no sharp corners in this space-age environment. ven steps to terrace are curved.* **3.** *Dining area, with lexiglas table, glass-topped, and classic French quilted hairs—an example of the mixture of old and new that ives this apartment its fascinating character. In middle of ible is a Trova sculpture. At far end are an antique desk nd chair. Beyond, glass door opens on to another terrace.*

ROBERT LAUTMAN





*How to make over to stretch your rooms*

# *A party kitchen from a potting shed*

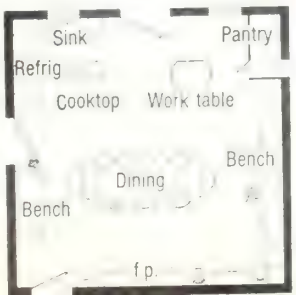




**This room was once a potting shed—now it's a light space to entertain in.** It used to be a dark shed attached to a small house that had been added on, with greenhouses behind. The proportions are 24 feet square, with a fine ceiling and skylight that the owners, Mr. and Mrs. Bryan Holme, did not alter. Outside, they painted the windows and door, added shutters, and landscaped the garden. Inside, a stove, a sink, and a chimney were all they had to work with. They built two islands, one to enclose the stove (which they turned round), the other as a worktable. They put in a fireplace, added some antiques collected over the years, hung a chandelier, a birdcage, and some plants from the beams—and painted everything including the concrete floor, white. The result—an airy, live-in kitchen, perfect for entertaining. "It was a Sleeping Beauty place," says Mrs. Holme, "just waiting to be discovered."

*The outside of the former shed, all original cept for the shutters, which the Holmes added. Looking through the front door, showing the eresting original cross beams in the ceiling d stretch of concrete floor, painted white, with e new fireplace at the far end.* **3.** *The two is- nds are plasterboard, sides covered in tiles, tops rmica. At each end of the room, against wall, e cabinets—two of a three-piece breakfront nd by Mr. Holme. The arched door on right nds into hall and bedroom.* **4.** *Facing the din- g table, a handsome 18th-century, English gh-backed settle. The dining table consists of de planks of wood on cinderblocks—so sim- e.* **5.** *Buffet lunch with McArthurs Smoke- use turkey, cheese, country breads. The pic- re over fireplace is rare Currier & Ives int. To the left of e fireplace is the nter piece of the reakfront cabinet. ith gilded grillwork the arched doors.*

NEIL LONDON








How to add on to stretch your rooms

# Build an outdoor room with two wood frames and five strips of canvas



**Five canvas sheets thread through and stretch over beams to shade a deck 20 by 19 feet wide.** Shading the top section of an "I"-shaped redwood deck that had been part of the back of a summer house for many years was a way to extend and enlarge the living space. So, awnings with grommets at each end, fastened to hidden hooks on the first beam, threaded through a center beam, then laced to a beam at the far end, were erected. The bases of the beams were sunk into poured concrete to stabilize them in the wind; the corners are notched. Care is minimal as the summer rains wash while the sun and wind dry the canvas.

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**1.** *Looking toward the house from the bright sundeck into the shade of the dining deck. Owner Lee Bailey used canvas sheets 45 inches wide and 19 feet long to cover the length of the first deck.* **2.** *It's about a 100-foot stretch of walkway from the saltwater pond to the house. Mr. Bailey's house sits in a meadow, most of which has been left wild.* **3.** *Redwood decking spans the back of the house. Dining deck is surrounded by a garden while the ground around the sun deck is left natural.* **4.** *Table-setting for lunch with plates, glasses, flatware from Bailey/Huebner, a store in Southampton, L.I. in which Mr. Bailey is a partner. Napkins from Tabletopping at Henri Bendel.* **5.** *Umbrellas and sun mats at pond's edge—pond opens out into the ocean. Chairs by Moreddi; table base by Umbo. Shopping information, page 151.*

TOM YEE

3



4



5























# New building materials with American country charm

Now even building materials can express your point of view. There are many practical, new panelings, floorings, and counter surfaces to choose from when adding on or making over part of your house. All are easy-care to keep pace with hectic schedules and add color, pattern, texture.

**1.** Handmade terra-cotta tiles for country-looking floors or walls. "Antigua" by Agency Tile. **2.** Flourishes of color for gaiety in a low-glare, plastic laminate. "Sky Fiesta" and "Autumn Fiesta" by Westinghouse Micarta. **3.** Choose sides—handsome sap streaked tongue and groove redwood boards have one smooth side and one resawn side! From California Redwood Association. **4.** Live with American history. "Oregon Trail" plywood paneling has a textured, weathered look and a special finish for wipe-down care. Shown in granite, also agate, redrock, and onyx. From Georgia-Pacific. **5.** Boldly plaid ceramic tile for floors and walls from the Franciscan Custom Ceramic Series. By Interpace. **6.** Great fun for walls. Intersperse big spots of orange, "Teorama I" with large white dots, "Teorama II." Glazed ceramic tiles from Hastings Tile. **7.** Joyous to look at, walk on, and care for! "Crossroads" no-wax vinyl tile by Amtico. **8.** Strong, geometric waves of ceramic tiles—"RK Rhomboids" in blue and white for floors and walls. Also have square tiles for cube effect. By Country Floors. **9.** Black and brown mottling in a deep, bark-like texture—"Briarwood" ceramic tile can be used on moderately trafficked floors and indoors and out on walls. By American Olean Tile. **10.** All the charm of the Old Country and all the advantages of new materials. "Dutch Royale" sheet vinyl flooring is cushioned for comfort and needs no waxing. By GAF. **11.** Smashing strips or walls of color—"Designer Planks," hardboard with plastic finish in three great new colors. Marlite. **12.** Inspiration for ceramic tiles from earthy textures and colors—"Glacier" is white touched by swirls of brown; "Earth" mixes brown and beige. Good for floors and walls. From the Good Earth Collection by Mid-State Tile. **13.** Miraculous! "Tara Brick" hardboard panels honestly do look and feel like whitewashed brick! By Wal-lite. **14.** Free-spirited, handmade and handpainted mauve and black glazed ceramic tiles from Mexico. Suitable for walls, countertops and low trafficked floors. From Elon. **15.** The beautiful simplicity of wood grains caught in "Plainsman" hardboard paneling shown in white, also comes in gray, brown. By Masonite. Shopping, page 151.











energy/money-saving tips to help you

# Add On and Make




## Why should you remodel?

A major reason for remodeling now is simply that it may be easier to obtain funds for it than for building a new house. Mortgage money for new houses is hard to come by in many areas of the country and interest rates on mortgages are high. But with equity in an existing house you may be able to raise the necessary remodeling money with a modernization loan. In August, 1974 the government raised its insurance of home improvement loans, available under FHA Title I, from $5,000 to $10,000; this permits home remodelers to borrow more money than heretofore from lending institutions nationwide. Assistance in obtaining financing for modernization is also offered by many home improvement contractors according to the National Home Improvement Council and the National Remodelers Association. (The latter, incidentally, forecasts $11 billion expenditures in home modernization in 1975.) Or you may be lucky enough to obtain a personal loan at simple interest or be able to draw from personal funds for remodeling. In any event, you'll be paying your remodeling costs in cheap inflation dollars worth considerably less than the 100 cents to the dollar of earlier years. This is one way of getting more for your money.

**Remodeling Recipes:** The design, the plan, and, of course, the state of health of your house largely determine what you can do with it. Look it over with an appraising hawk's eye. Evaluate how well it works for you. Pin down the improvements you want most. This need not be in specific details of materials and equipment at first but of major, overall objectives. **Open it up:** If the rooms are too cramped and dark you may be able to open them up by eliminating partitions and adding window walls and skylights. These changes stay within the existing shell of the house, require no new foundation, exterior walls roof. **Eliminate:** Has house grown too large for too unwieldy? It may lite be possible to clip its wings only the demolition expens removing unwanted ells extensions. **Add on:** Or it be closed in with no relatio outdoor views or living. calls for "adding on" or panding the house with a bay, room, or wing, glass ar terrace. It requires new c struction of walls, roof, fc dation to extend the house it may minimize alterations doors. **Stretch the hou** Have you a number of roc but no room large enough




## The nitty gritty of remodeling

**Whether you should or should not remodel a house does depend greatly on its physical condition. Whatever its charm, it is unwise to spend money on a dwelling that may be unsound in structure, or foundation, obsolete in equipment, or deteriorating in materials. This applies even though you are simply planning to add a new bathroom, a kitchen, or an extra room. A preliminary survey made by a building inspection service or a contractor who is active in home improvement is usually advisable. These specialists can diagnose the state of the walls and roof, of framing, foundations, plumbing, heating and wiring systems, insulation, basements and attics, materials and equipment. If you *don't* live in the house, you had better find out its true physical fitness. If you *do*, a checkup won't hurt.**

## How to go about it

**It's wise to have a plan of action from the start. If the remodeling doesn't shut off heat, light, water, and cooking, you can probably stay in the house and watch over the alterations. If you want to redo the house completely, or the major part of it, it might be wisest to abandon ship and move to a not-too-distant observation post for a time. Or you may be able to remodel step by step in easy stages—a new room first, the kitchen or a bathroom later. In any case you will require expert guidance. If new planning and design is a major factor, you**

## he advantages remodeling

What makes a house worth remodeling? If you've lived in it (and this is important) you probably know its assets and drawbacks and are better able to judge them than the untested qualities of a brand-new e. It may offer prodigal space, the larger rooms, higher ceilings characteristic of older houses but too costly for new ones. Such space can n be opened in new ways, be replanned to be more livable and to ude 1975 amenities, which expand the limitations of earlier design. e house is your own, in which your family has lived, there may be g attachments to the land, trees, a garden you've nurtured and to a liar, established neighborhood. There is also the investment stake of ey and effort that you have spent on the house and the memory of ished associations. *And* there may be the beguiling lure of a metamorsis, of the wonders you could do with the house if you were given the nce. In truth, remodeling can result in a more personal, one-of-a-kind se than one built from scratch.

# Over

sent-day informal ways of ertaining and living? Why "stretch" the interior by nbining hall and living room dining room and kitchen h just the removal of inteor walls? **Try a face lift:** netimes face lifting to imve and update the appearce of a house with minimal uctural change is all that's ded. But most remodeling llars are spent for indoor imovements today, not for the ks of the façade alone. **onvert to new use:** Gaes have turned into family oms, porches into dining galies, attics into children's terory, basements into two-generation play space reusing the existing space with remarkable flexibility and often with minimum alterations. And the modernization of kitchens and bathrooms, for the same use but with transfiguring improvements is a mainstay of remodeling activity. **Revamping the whole house:** This is the big one, the total transformation of a house in which it is wholly remodeled inside and out. It is costly, more than building a complete new house sometimes, for you pay twice —to tear down and rebuild. But the end result may be the ideal house for you, achievable in no other way.

**rtainly need an architect. e should have the imaginaon to see possibilities you n't and the talent to carry em out successfully. To d one, check friends, scan agazines, call on your bank d local real estate brokers d then consult several archects known for remodeling pertise and visit their jobs. most home improvements, owever, your contractor will e the key man, the one who rries out the work. He must e chosen carefully. You can cate him through home-imrovement centers or nationorganizations like the Naonal Council for Home Imrovement or the National emodelers Association, with ,800 members throughout he U.S., principally in the astern states.**

**The contractor should have an established business so you can check him out for financial and credit references or for a Better Business Bureau rating. Ask to see houses he has remodeled and talk to the owners. If you contract to use him, he should submit specifications on materials and labor, an estimate of costs and an overall package price for your remodeling job. You'll need it for a bank loan. He should guarantee the quality of the workmanship (or have an arbitration clause in his contract if it comes up for questioning), and get warranties on equipment and materials he installs. He should know about local building codes and if building permits and fees are required for structural changes.**

## Rules for remodeling

**1** *Before you deal with architect or remodeling contractor, list all the things you want done, including repairs, new work, painting, details, so your needs will be clear to him—and to you.*

**2** *When plans and specifications are prepared by architect or contractor, study them with minute care to be certain they include everything you want, yet nothing extraneous. Approve them by mutual written agreement and abide by them because any changes will be costly and upset the building process and timetable.*

**3** *Be sure you understand the quality of materials, equipment, and workmanship you are to get and that your contract specifies brand names and quantities.*

**4** *Standard and stock sizes in lumber, wall panels, doors, windows, trim, hold down costs, so ask your architect or contractor to make maximum use of them wherever possible.*

**5** *Adding space to a house is less likely to be costly than ripping apart and revising the old part of a house. And sheer space per square foot costs less than kitchen, bathrooms, mechanical equipment.*

**6** *Don't try to cut costs on heating equipment, plumbing fixtures, kitchen appliances, flooring, hardware, lighting fixtures. They must work and wear well and replacement is expensive.*

**7** *You or someone familiar with your remodeling project should keep close and constant tabs on it in case the architect or contractor should slip up or goof on some important detail. Alertness is the watchword!*

**8** *If you are remodeling a house you haven't lived in and want to revise the landscaping at the same time, be cautious. You should first see trees, shrubbery, garden in all four seasons of the year to make the right decisions. And remember, if you plant new trees and shrubbery, they double in size in five years and shouldn't be planted too closely now.*

**9** *Your contract should include a cleanup by the contractor of all building materials and mess when the remodeling is completed.*

**10** *Finally, you'll need a good measure of patience and fortitude. Remodeling always takes more time than expected. Materials and equipment are not delivered on schedule; workmen don't stay on the job; weather can affect the timetable. But it does get finished and it's worth the struggle.*

*Good luck!*

# ...ATION FROM ...HITE HOUSE

## ...ables set with American treasures



...I put many antiques ...ally with a new dishes ... her own ornate first.

BEADLE

Digging deep into the White House store of treasures, Mrs. Gerald Ford has brought to light historic china not used for years. "I have a great time playing around with all the china, crystal, and silver collections we have here," she says. "I never realized I would be as fascinated by the White House as I am. My favorite comes the Rutherford Hayes, 1879, with a different ... always causes comment ... only one set, the Johnson ... 120 people, the usual number for a state dinner. So we sometimes arrange separate tables with white accents. I like to do the unexpected. Why should everything always be matching? I have even planned one setting for a table with eight different service plates. It's a challenge thinking up new ideas. I keep dreaming of new themes, sometimes even wake up at night and think why don't we try that? One thought I have is to repeat a great historical dinner. I think it would be rather nifty to do it over *exactly* the same, including the decorations and the menu." Here are some of Mrs. Ford's settings







site page, far left: *Dinner for fifty in the Room, at five separate tables. Harry S. Tru-s green and gilt-bordered china by Lenox. klin D. Roosevelt's "White House" crystal is "Minuet" silver flatware by Internation-'ver. Table design by J.C. Spate of Wood- & Lothrop, Washington, D.C. Flowers, am Dove of Dove Flowers, Georgetown, also decorated the dinner table for eight,* center, *in honor of Canada's Prime Minister Trudeau in the Blue Room. With President Wilson's china made in 1918 by Lenox, John F. Kennedy's "President's House" crystal by Morgantown Glass Guild. Vermeil flatware based on President Monroe's own French cutlery, by Samuel Kirk & Sons. The contingent of 19th-century vermeil knights wreathed with boxwood. Tiffany vermeil goblets and dishes from the Biddle Collection given to the White House in 1956.* Above and left: *State dinner for the Prime Minister of Pakistan, twelve shimmering tables with satin cloths to set off President Johnson's china designed by Tiffany, made by Castleton, with the American eagle and border of wildflowers. Antique wooden spools used as candlesticks. American Indian baskets filled with dried flowers by Jack Bangs of The Gazebo. Table, Susan Hutchins.*

INSPIRATION FROM
HOUSE

# ...rise
# ...erpieces



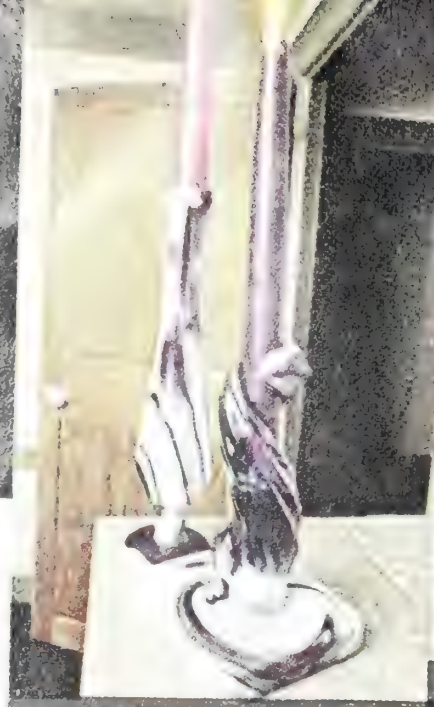


...se have changed dramatically since ...s friendly, easy, ...and fun. In place of the formal U-shaped or L-shaped table covered with stiff white damask there are generally two round tables each wearing two cloths of colorful antique satin. And each has a different centerpiece. Sometimes decorations are borrowed—duck decoys from the Folk Art Museum, Indian baskets from the Museum of the American Indian, antique silver from the Smithsonian Institution, crystal from Steuben—sometimes they are from White House collections, kept in display cabinets. "The evening becomes much more personal. People look around, they like to see what's on *their* table, and what's on other people's tables," says Mrs. Ford. "It's a great conversational icebreaker. I try to show finest American craftsmanship, old and new. We have so much in our country of which to be proud."

Opposite page, far left: *A miniature antique silver ship in full sail, decorated with azaleas, ranunculus, and fern, centers the table at a state dinner for the Chancellor of the Federal Republic of Germany. It is one of a collection of presentation pieces borrowed from the Smithsonian Institution for the occasion. This time, with the Johnson china and Kennedy crystal, the new White House "King Charles" silver flatware, seen with silver saltcellars, shells, and ashtrays, all by Gorham. (The same flatware is used on the other two tables on these pages.) Table design by Susan Hutchins. The menu for this event: cold smoked salmon, duckling with glazed apples, wild rice, broccoli timbale. Watercress and endive salad with Bel Paese cheese. Vanilla ice cream with strawberries flambé. The wines: Robert Mondavi Fumé Blanc 1972 and Pinot Noir 1970, Mirassou au Naturel 1970—only American wines are used.* Center: *At Mrs. Ford's luncheon for wives of the members of the Senate, President Harrison's superb Limoges china designed by Mrs. Harrison in 1889 (19th-century pieces, groupings of Stieff pewter, reproductions from 17th- and 18th-century Williamsburg designs. Each guest received a gift of the Jefferson cup (seen in the center with a plant). The table fabric is "Liberty Hall" by Wamsutta, adapted from a butterfly border design similar to one on George Washington's china. Table design by Robert King of Alexander-King, Garfinckel's, Washington, D.C.* Above: *For one of Mrs. Ford's lunches in the Green Room, President Polk's charming dessert china by Dagoty of Paris, 1846, arranged with Presidents Cleveland and Harrison's "Russian" crystal. The [illegible] feeling in the "Handkerchief Plaid" fabric by J.P. Stevens echoed in a luscious centerpiece of strawberries and cascading strawberry blossoms. Table by Susan Hutchins.*



que" handblown lead crystal, Lenox Crystal.



"Purple Marble" by Westmoreland.



Glass compote in 1870 "Moon and Star" pattern, by L. E. Smith.

# REAT AMERICAN GLASS

ether you like the charming patterns of a century ago or
ek contemporary designs, you'll find traditional techniques
l craftsmanship in American glass made today.
u can buy these and more glass designs at House & Garden's
eat American Idea Center" stores; page 40

*ern meets traditional, right, in "Revere"*
*tal cake stand and "Candlewick" crystal*
*et, both by Imperial.* Far right: *In the*
*harming "Cranberry Glass" dinner*
*Pilgrim. Handmade "Georgian" gl*
*, in colonial blue, by L. E. Smith.*

Handcrafted crystal plate, "Revere" by Imperial.

"Biarritz" by Franciscan Masterpiece Crystal.

"Gold Brocade" crystal, Seneca Candlesticks by Imperial for The Metropolitan Museum of Art.

"Rose Satin" pitcher by Fenton Art Glass.



New color is no accident for "Jade Slag" by Imperial.



"Leaf" glass salad bowls in two sizes. By Viking.



# AMERICAN GLASS TO COLLECT TODAY

American glassmaking began at Jamestown, Va., in 1608. Some more recent history is reflected here—Early American "thumbprint" patterns, subtly colored Sandwich glass reproductions like the "Dolphin" candlesticks on the previous page, and revived Victorian techniques such as satin glass and multicolored slag or "end-of-the-day" glass (so called because it was originally made from whatever molten glass was left in the pots at the end of the day).

*Handblown glass jug and bottle, left, by Blenko. Right: Cut lead crystal—from left, "Alta," "Stowe," and "Aspen," from the Centennial II collection by Fostoria.* Far right: *"Argus" reproduction lead crystal, also by Fostoria. For shopping information please see page 151*

SUSAN WOOD

Crystal cake plate, "Old Dominion" by L.E. Smith.





Handsome contemporary crystal by West Virginia Glass Specialty. Antique pitcher.



American as apple cider, "Moon and Star" glasses by L.E. Smith.









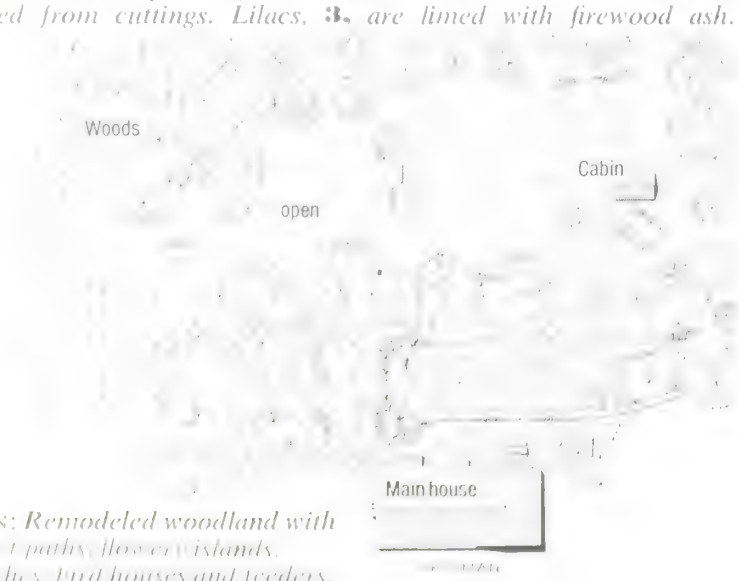
Crystal "Country Craft" basket by Viki

# acre of woods
# work
# sun
# and flowers





*Twisting paths, some with wood stepping stones recycled from trees chopped to let sunshine in, 1. flow through rescued wildflowers and naturalized plantings. Rhododendrons and azaleas, 2. were rooted from cuttings. Lilacs, 3. are limed with firewood ash.*

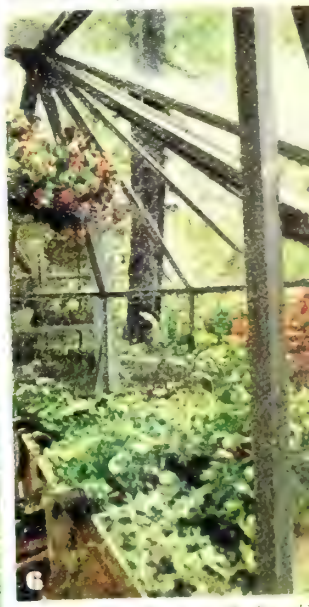



PLAN: *Remodeled woodland with secret paths, flower islands, benches, bird houses and feeders.*

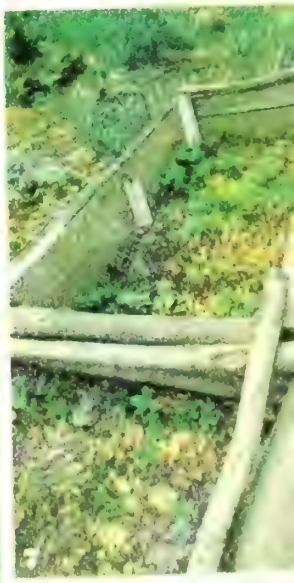


**The Sorensons cleared paths, cut trees, opened up to sunlight and flowers a thicket "so dark there was no view, so dense the children couldn't play."** As they cleared, they were always careful to spare or transplant the best wildlings. A bulldozer opened a sunny swath around leafy islands. They enriched each patch with manure and topsoil, and planted bulbs and flowers. Gardening with "chain saw and hand saw, clippers, wheelbarrow, and trowel" has also provided wood to build a log cabin, cold frames, and to burn. As sunlight sifted into this bit of New Jersey coastland, native dogwood and laurel stretched and flowered. Cuttings from friends' rhododendrons and azaleas took hold. Eight years later something is always in bloom, from the first snowdrop to the Christmas rose. Mr. Sorenson, lawyer "and weekend woodcutter," made an open back-porch a three-season greenhouse by walling it each fall with storm windows. Here, and in a glass kiosk Mrs. Sorenson found at a flower show, cuttings (firm 5-to-6-inch tips taken in late summer) are dipped in a rooting hormone (Hormodin #3 for evergreen shrubs) and planted in flats of moist half-sand, half-peat moss. In spring the cuttings are moved to open-air frames, safe from wind and the dog, Boofuls. Older cuttings go "from crib to baby bed" or are planted permanently in one-third leaf mold, one-third peat moss, one-third loam. Even the children, Sandra, King, and Alicia (who was married here and carried a fresh-picked bouquet of lily-of-the-valley and a Jack-in-the-pulpit) have become enthusiastic gardeners. Other woodland plants: arbutus, columbine, day lily, Dutchman's breeches, gentian, lady's slipper, mertensia, mustard, Solomon's seal, trillium. Ground covers: ajuga, bearberry, epimedium, ferns, ivy, lily-of-the-valley, liriope, may apple, pachysandra, partridge berry, phlox divaricata, pipsissewa, violets.

**1. 5.** *Wildflowers and oa*
*with suet feeder near hous*



*Tiny greenhouse,* **6.** *Sapli*
*frames,* **7.** *for propagati*



*Steps,* **8.** *and picnic ter*



# Decorating for country charm with a WESTERN FLAVOR

From the Pacific coast, where tradition can be just as ironclad as it is in Boston, is comin new look in decoration (and the first one around for a long time) that has nothing to with tradition, Western or Eastern. Yet it is totally American. Creat almost entirely with elemental materials, the naturals, it is best defin as a country look with highly polished overtones. This, an apartment Beverly Hills designed by Michael Taylor, is a charming example of the look—pioneer by Mr. Taylor and first shown by House & Garden in December, 1973. Inventively co bined, its wicker, wood, leather, stone, silver, and silk are also a reminder that natu gives us everything we have, and that there are still new ways to use the gi

HENRY CLA

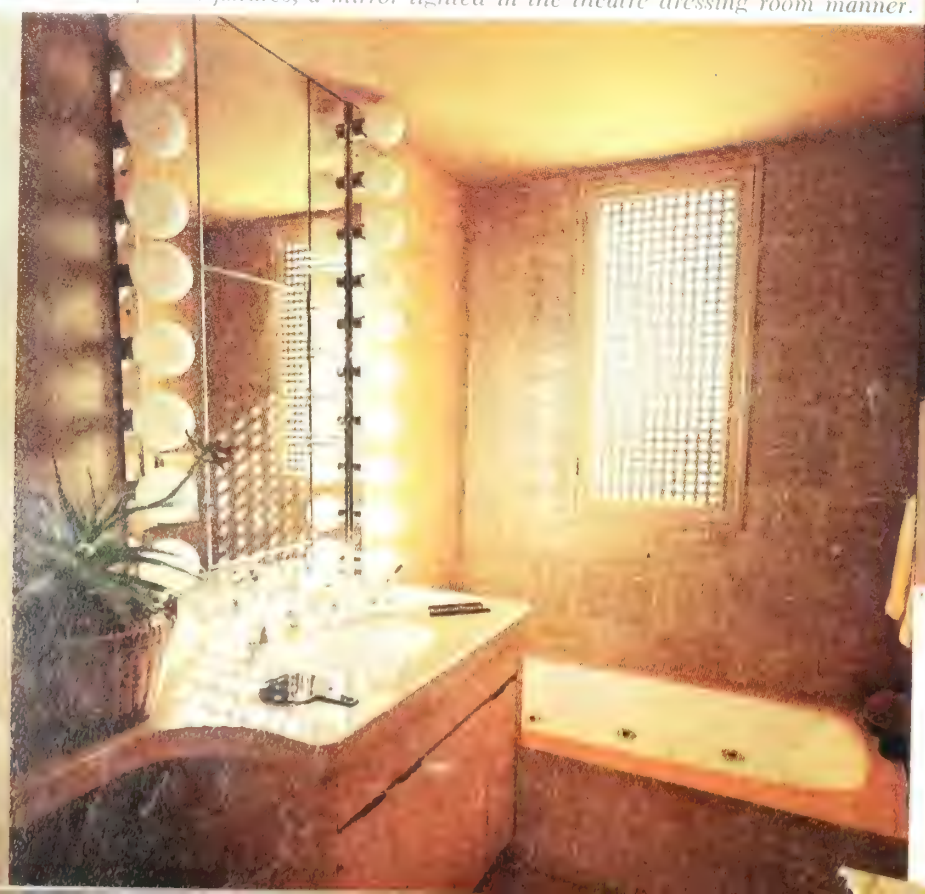


*Knocking out the wall between the old living and dining rooms provided a wonderful L-shaped fling of space where activities are clearly defined by furniture for a dining area, a big sitting area, a small one. There is complete consistency in the decoration: tobacco-colored leather, thin and supple, for upholstery; putty-beige walls; wicker lounge chairs; reed dining chairs; travertine flooring; consoles and cube-tables of fossilized stone—designed, like the sofas, by Mr. Taylor. (Almost anything he designs can be ordered at the new Beverly Hills shop—Taylor, Wilson, House—in which he is a partner.) Paintings by Laddie John Dill from the James Corcoran Galleries.*



*The open kitchen with the little counter sign above and below left, is not quite [illegible] The white tanks, stripped to the brick and sandblasted, form a continuous wall to the wonderful forest. A leather covered [illegible] and Dan Hathaway on the travertine [illegible] are by a mixed series of clay sculptures by Mineo Mizuno. The silver melon is Cambodian. Lid off, it holds anything. The bath,* below right, *is urbane but sensible with a travertine floor and tub enclosure, silver-plated fixtures, a mirror lighted in the theatre dressing room manner.*





estern country charm

# atural colors, olished tree trunks, askets and asket furniture

ow that natural materials are no longer relegated to the front porch, we have learned that they can be ixed with anything, everything. That is why this apartment is a fascinating counterpoint of the almost ustic and pure richness. The two elements rub elbows well. The rooms are not a riot of color, nor a riot of ything. But they are subtle—and very soothing with only one enhancement, a flood of greenery, varied form and foliage as the seasons change, but never in the quality that makes it so alive: its *ever*greenness.

*he most extravagant flourish in the bedroom,* above, *is its fourposter, which could have been a simple piece of mericana, and instead is a tour de force of what can be done with heavy raw silk. Every bit of the emperor-sized ame, 7 feet square, is upholstered in the fabric; the hangings are opulent enough to make one feel practically royal. lan,* right, *illustrates the stratagem of gaining spaciousness by dispensing with a living room wall, a kitchen wall.*




3
4
1
2

**t built in 1835, this New England farmhouse has vn bit by bit for 140 years.** The present owners, spend weekends year-round there, wanted a se to contrast with their city apartment. To harize with the history already there, they used as ch as possible of what already existed. There no major rebuilding to be done, but in redecing, Mark Hampton of McMillen had to include the charm and some eccentricities of several s, as well as make a background for the owners' h-century life and a few favorite collections.

*he original farmhouse has the plain and upright s of New England. Later additions, on the side in back, leave the façade to the 19th century. Dining table and chairs came with the house.*

*The table, an orphan, is under a permanent cover that can be topped with other cloths as the occasion requires.* **3.** *The bow window, a contribution from the 1920s, overlooks a garden of old-fashioned flowers.* **4.** *Most of the rooms are small, but the living room and the master bedroom over it are huge. The living room is comfortable and contemporary. Plain colors and clean lines dominate in a room designed to be without clutter. The banquettes, in sections so they can be rearranged, are upholstered in brown suede and also have summer slipcovers in beige poplin. Books on white shelves the length of the window wall give weight and color to the room.* **5.** *The coffee table is by Mies van der Rohe. Centered in the south-facing window is an ancient Irish mahogany hunt table. From different centuries, they are still comfortable companions.*



HORST

# ecorating for new country charm with a NEW ENGLAND FLAVOR





**1.** *Back addition, now guest bedrooms, joined house late in the 19th century.* **2.** *Plate rack came with house, holds willowware.* **3.** *Study, with another 20s bow window, is now tomato red. Sofa, chair, in Oriental print. Rug is antique Tibetan. Over window, collection of commemorative mugs.*



**1.** *Kitchen was gutted, r built with open shelves, pr fessional range. The table old Austrian bleached pin*



HORST

New England country charm

# Up-to-date comfort with furniture and patterns from many periods



Dining room sideboards also were found in house. eplace was covered with delft tiles by a former ner. Floors are original, mixture of pine, oak, itwoods. **6.** Mark Hampton lifted master bedroom ceiling to emphasize 19th-century window now draped in handkerchief linen. Bed, chair are upholstered in 18th-century-inspired, printed chintz. On floor, straw matting. **7.** Upstairs bedroom devoted to Art Nouveau, with William Morris wallpaper and French painted iron bed, mother-of-pearl inlaid, that Sarah Bernhardt is supposed to have slept in. Exposed mattress is covered in brown chintz. Information on accessories, page 151.







2



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6 7

1. Corde" square cocktail table with slatted center, side compartments for glasses and bottles. Rope h dles for extra portability. It's lacquered bright white. By Triconfort. **5.** Beechwood "Deck" chair is easily sembled. The seat is of natural canvas, curved back designed for comfort. By Ole Gjerlev-Knudsen for Ca Royal System. **6.** Solar bronze tinted glass top on a console table 55 inches long. Brass trim, bamboo tailing, table is finished in a soft wheat color. From the "Kingston Collection" by Lane. **7.** Three nesting tal each with an easy-to-clean white Formica top. Largest table measures 24 inches high—all lacquered Ho & Garden Ultramarine Blue. By Ficks-Reed. **8.** Reclining chair with a natural ash frame has a sling sea pale brown striped canvas. Designed by Mauro Pejla for LCS. **9.** Armchair made of split rattan has a sli ly Chinese Chippendale flavor. By Calif-Asia. **10.** Stacking trays of molded p tic 13½ inches wide. Copco. **11.** "Fibercraft"-covered chaise won't absorb heat. By Ll



10

11



12

# New furniture zest for
# a fresh air summer

Sundeck, terrace, poolside, at the beach—wherever you relax on a summer day, lightweight, comfortable, easy care furniture can make it that much more enjoyable. *Left:* A redwood dining deck and terrace for sunning. Canvas covered chairs and sun mats wash easily, dry quickly in the hot sun. See more of it on page 68. **1.** Rattan lamp table has a rattan veneer top, wagon-wheel, open-work base and is 27 inches in diameter. Imported from Spain by Broyhill. **2.** One laminated butcher-block shelf for a three-tiered baker's rack. Shelves have graduated widths —widest is 21 inches. By Meadowcraft. **3.** Yellow vinyl straps over a lightweight white frame for a club style chair and ottoman. By Telescope Folding Furniture.

TOM YEE







8 9

**2.** Rattan and bamboo finished to look ke tortoise shell. Table measures 31½ ches square; chairs are about 37 ches high. Both imported from Hong ong by O'Asian. **13.** Portable 8-track pe player with a two-speaker system. s powered three ways to make it an specially constant companion—run it h batteries, an AC cord, or on a car/ oat adapter. There's a microphone input ck for public address, too. "Loud outh" by General Electric. *Right:* Wallapers, fabrics, and ceramics play gainst each other in a wonderful mixure of mediums and textures. Large hoto is "Woodgrain" wallpaper with a 0-inch dinner plate and two mixing owls in the exact design. *Upper right:* Flax" cotton fabric and a bowl with unerplate also glazed "Flax." *Lower left:* Spatter" wallpaper and "Spatter" bowl ith trompe l'oeil pierced holes that patter light right through it. *Lower right:* Moiré" cotton fabric and a 14½-inchiameter plate. Wallpapers and fabrics esigned by Albino Cimonetti for the Naturally Collection" by Hinson. Ceramcs by Roy Hamilton. Shopping, page 151.



13









# What every family thinking about remodeling should know about Thermador's triple oven

The most important reason for remodeling is to make your kitchen more attractive, more convenient, and equipped with modern appliances that save you time and energy. That's what Thermador is all about.

In one sleek, built-in unit, Thermador provides this time- and step-saving combo:

A **microwave oven** that cooks fast, cooks cool. Ideal for a whole meal or a snack.

A **self-cleaning oven** when you want to do conventional oven cooking. Cleans itself!

A **stay-hot oven** located conveniently in between, to keep everything serving hot.

Remember that quality, convenience and beauty are trademarks of every built-in electrical appliance made by Thermador



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**"Mix lemons, summer squash, Chinese cabbage, and daffodils with fresh peas in the pod for a charming centerpiece"**

## Edible centerpieces

*continued from page 42*

able edible centerpiece to be admired at one party and eaten bit by bit later (the bread preserved in the freezer).

***Flowers may be tucked in and around breads***—daisies, geraniums, daffodils, or a mixture of field flowers and sprigs of wheat, which complement breads beautifully. Consider what you can create with shape—bake bread in a Bundt pan or ring mold and center with a parsley and radish-rose bouquet and small, hard-cooked eggs. Brown-and-serve breads come in great shapes too, so anyone with a little ingenuity can make a bread abstraction.

***Glue meringues together with frosting for cloudlike construction to hold frosted fruits, candies, or fragile flowers.*** If you have a fine hand with cream puff dough, build a Croquembouche—that classic French sweet, a pyramid of small profiteroles cemented together with caramel glaze, which is pulled apart for individual servings.

So exquisite in themselves ***fruits and vegetables can be combined to make arresting centerpieces.*** I love to use them, sometimes with flowers, always salvaging them for salads, soups, stews. Following a particular color pattern is very satisfying: small red cabbages, baby eggplants, pink calico beans, rhubarb, white and purple turnips spiked, perhaps, with strawberries, Belgian endive whole or in leaves, with Brussels sprout roses (plunge sprouts into hot water for a few minutes and fold back the outer leaves). Make a big rose with a Savoy cabbage, again the leaves rolled back, and landscape it with pale green peppers, tiny artichokes or okra, and some bright flowers inserted right into the heart of the cabbage using water picks. Mix lemons, summer squash, Chinese cabbage, and daffodils with fresh peas in the pod. Incorporate tomatoes, red peppers, asparagus, broccoli, and daisies. The combination possibilities are endless. Toothpicks, skewers, and florist's foam are what you need to do the job. I spray such centerpieces with one of those nonstick vegetable oils for gloss—they remain edible.

***Be audacious with your containers as well:*** mushroom baskets natural or painted; a hurricane shade laid lengthwise crammed with arresting fruits and vegetables pouring out of each end; an interesting cooking utensil spilling with produce.

Although not unusual, ***the cheeseboard is always appealing,*** particularly when used for an abstract composition built up with several kinds of cheese but avoiding the over-aromatic.

***"Package deals" are lots of fun and challenging***—those out-of-the-ordinary containers typical of certain foods. The Dutch cheese, for instance, which comes in a spherical tin that may be opened at midriff and the halves used as vases with red, white, and blue flowers. Mix them with lots of charming cheese boxes piled around them. Cheese boxes alone are great. All kinds and conditions—propped up, upended, flat, stapled to each other to show off the labels and shapes. You may also like an arrangement of lots of boxes to be filled with a whole provolone cheese in its rope cradle, hard sausages, a rattan-covered wine bottle, a few bread sticks, all tricked out with checkered napkins tucked in and about. Try an assemblage of foreign cans, filled or empty. All those marvelous sizes and unusual labels! Don't overlook jars and bottles, preferably filled. Chutney, Indian lime pickles, homemade preserves, French chestnuts, fancy marmalades, mustard pots—you'll create the impact you get at one of the great delicacy emporiums such as Fauchon or Fortnum & Mason. Carry the visual delights of the beautifully stocked shelf to your table and enjoy the contents too. ■

**To barbecue small fish** *on an open fire, a long-handled, cylindrical wire grill. Separate slots hold a dozen sardines, smelts, small trout, perch, sunfish or frog's legs. The grill is available at Bergdorf Goodman in New York and at Gumps in San Francisco. For more tips and delicious barbecue recipes, please turn to page 97.* ▶

# WINE & FOOD

A SUPPLEMENT TO HOUSE & GARDEN OF QUICK TIPS · SUPER RECIPES · EXPERT ADVICE






## The brand new drink you've always known and loved.

There's a brand new drink from Arrow, and you won't have to learn to like it. It's called Choclair, and it's a golden amber liqueur that tastes like coconut filled chocolate.

Serve it by itself as an after-dinner cordial or mix it with vodka (we call it a Wooden Shoe); or with milk (that's a Dutch Sombrarrow).

Choclair is the first of our new line of premium flavors known as Arrow DeLuxe. We're searching everywhere to find them. All you have to do is look for our distinctive white bottle at your favorite liquor store.

**Choclair from Arrow**

Hiram Walker's House of Good Taste

86 Proof Liqueur. © 1975 Arrow Liquors Company, Allen Park, Michigan.

# Terrific new barbecue tips

## and recipes from great cooks

by Jane Ellis

DAVID MASSEY



*indoor fire fragrant with herbs grilling a red snapper.*

## BARBECUING TIPS

***you're barbecuing indoors, ook only meat with the mini- num of fat to prevent flare-ups.*** *ub the indoor grill with a piece of uet to mellow the iron and rub with cut lemon to make it easier to turn neat. Rub lemon on the fatty edges f steaks and chops, the acid on the at prevents flare-ups.*

*o prevent meat sticking to grill,* ***ub both sides of steak with a iece of beef fat.*** *In addition to reventing sticking, it adds flavor. amb, veal, and pork should be rushed with olive oil first. These ood tips are from Leon and Stanley obel, great butchers and authors of ll About Meat (Harcourt Brace Jovanovich).*

***When grilling steak or lamb, cut a garlic clove in half and throw on the fire*** *to give a lovely flavor to the meat, suggests Robert Carrier. For pork or ham cooked on a spit, wait until meat is almost done and then drop a spiral of lemon or orange peel on the fire. Sprigs of rosemary, bay leaves, sage, or thyme make all the difference to the flavor when they've been thrown on the fire for the last minutes of grilling.*

***To make a bed of coals*** *to cook a thick steak, start fire at least an hour before cooking time; never cook over flames but over controlled intense heat of glowing coals. If fire dies before meat is cooked, add a few pieces of fuel to edge of coals, push into center as flames die down.*

## SAUCES AND MARINADES

### LEMON BARBECUE SAUCE FOR CHICKEN

*(from Maurice Moore-Betty)*

In a bowl mix the juice of 1 lemon, ¼ medium onion, finely chopped, 1 tablespoon peanut butter, ¼ cup oil, ¼ teaspoon salt, and freshly ground pepper to taste into a paste and brush on 4 to 5 chicken pieces. Grill chicken and continue to baste throughout cooking.

### RICHMOND BARBECUE SAUCE FOR PORK OR SPARERIBS

*from Evan Jones's new book* American Food, The Gastronomic Story *[Dutton]*)

In a bowl, place 1 tablespoon dry mustard, 2-3 tablespoons grated maple sugar or other sugar, 1 teaspoon celery seeds, 1 teaspoon salt, ½-¾ teaspoon red pepper flakes, 1 teaspoon freshly ground black pepper. Put 1 cup tarragon vinegar in a saucepan, stir in the dry ingredients, and boil for 5 minutes. 1 cup.

### CURRANT JELLY GLAZE

Combine ¾ cup currant jelly and ½ cup Heinz Wine Vinegar in a saucepan. Heat until jelly melts. Use as a brush-on or pour-in sauce for spareribs during last 30 minutes of cooking time.

### VERMOUTH MARINADE FOR FISH

In a covered jar shake together ½ cup salad oil and ½ cup vermouth.

### ROSEMARY MARINADE

Marinate vegetables in ½ cup salad oil, ½ cup dry white wine, 1 small clove garlic, minced, 2 teaspoons rosemary, and ½ teaspoon salt before barbecuing.

### ROBERT CARRIER'S LEMON MINT MARINADE FOR LAMB CHOPS

Blend ½ cup lemon juice, ½ cup olive oil, 4 teaspoons fresh mint, 1 teaspoon lemon rind, 1 clove garlic; marinate 6 chops in mixture up to 2 hours. Drain, salt and pepper chops before barbecuing.

### SHERRY-APRICOT GLAZE

Mix ¼ cup sherry, ¾ cup canned apricot nectar, and 2 tablespoons brown sugar and brush on pork kebobs about 10 minutes before cooking is finished.

### MUSTARD LONDON BROIL

*(from Ralph Mueller)*

Rub the entire surface of a London broil (room temperature) with equal amounts of light mustard and vegetable oil, and marinate meat 15-20 minutes per side. Place meat on a hot grill and spread about ½ of the remaining mustard mixture on top; when meat is turned, spread the remaining mixture on top and cook until desired doneness.

## BARBECUE RECIPES

### VEGETABLE KEBOBS

*(from Jean Hewitt)*

*1 small eggplant, unpeeled and cubed*
*2 small zucchini, in 1-inch slices*
*2 small yellow squash, in 1-inch slices*
*1 pint cherry tomatoes*
*½ pound mushroom caps*
*1 large green pepper, cubed*
*marinade from shrimp and scallop kebobs or oil*

Steam eggplant, zucchini, and squash separately, but do not let vegetables go limp. On skewers thread the steamed vegetables alternating with tomatoes, mushroom caps, and green pepper. Brush vegetables with some of the marinade from the following fish dish or with oil and cook over hot coals until done, turning often, about 15 minutes. Makes 10-12.

### SHRIMP AND SCALLOP KEBOBS

*(from Jean Hewitt)*

*1 cup oil*
*¼ cup lemon juice*
*salt and freshly ground black pepper to taste*
*1 clove garlic, finely chopped*
*1 tablespoon fresh snipped dill*
*3 shallots, finely chopped*
*1 tablespoon parsley, chopped*
*1 pound raw shrimp, shelled and deveined*
*1 pound sea scallops*

Mix oil, lemon juice, and salt and pepper together. Divide mixture into 2 bowls and add garlic and dill to one bowl, and shallots and parsley to the other. Add shrimp to the garlic marinade and scallops to the shallot marinade. Cover bowls, marinate for 20 minutes, stirring occasionally. Thread shrimp and scallops on individual bamboo skewers soaked in water, cook over hot coals for 6 minutes, turning several times, or until shrimp are pink and scallops opaque. Makes 8-12 skewers.

### GRILLED SARDINES

*from David Makowski*

*2-3 large garlic cloves*
*2 large onions*
*2-3 teaspoons harissa (Tunisian condiment, available in gourmet shops)*
*about ¾ cup olive oil (enough oil should be used to cover fish if macerated)*
*lemon juice to taste*
*2 large tomatoes*
*2 large green peppers*
*round slices of lemon*
*fresh sardines, sprats, or smelts*

In a blender place garlic, onions, harissa, oil, lemon juice, tomatoes, green peppers, and blend. Sauce should be the consistency of thick tomato paste. If you wish, macerate fish in sauce before grilling. Place lemon slices, fish in round wire grill; grill over very hot coals with branches of fennel or rosemary, if possible. See Wine & Food cover. Serve sauce with fish.

### BROCHETTE OF RABBIT

*from Waltz Stuber of the Lotus restaurant*

*1 lb. rabbit, in small cubes*
*mustard*
*salt, pepper, and thyme to taste*
*lean smoked bacon*
*bay leaves*
*mushroom caps*
*onions*
*oil*

Coat meat cubes with mustard and season with salt, pepper, and thyme. On skewers make a brochette alternating rabbit cubes, smoked bacon, bay leaves, mushroom caps, and onions. Brush with oil and cook over hot coals for 10 minutes on each side. Serve with rice and favorite sauce.

Continued on next page

"Cut apples into thick rings and place them on the grill. Baste the apples with a mixture of soy sauce and pineapple juice"

## new barbecue tips *continued from preceding page*

### CHARCOAL-BROILED SWORDFISH STEAK

*(from Joe Hyde)*

*1 pound swordfish steak, 1 inch thick (halibut, bluefish, tuna, or shark may be substituted)*
*2 tablespoons oil*
*dill weed to taste*
*juice of 1 lemon*
*1 teaspoon crushed ginger*
*Beurre Maitre d'Hotel*

Rub both sides of the steak with oil and sprinkle with salt and pepper. Place fish in wire-handled hinged grill. Position the grill about 2 inches from moderately hot coals. Both sides should be well browned in 20 minutes. Preheat oven to 350°. Remove fish to an oven-proof dish and sprinkle with lemon juice and ginger and bake for 20 minutes. Pour Beurre Maitre d'Hotel sauce over fish just before serving. Serves 6-8.

BEURRE MAITRE D'HOTEL

*½ pound butter*
*2 tablespoons shallots, chopped*
*2 tablespoons lemon juice*
*salt and pepper, to taste*
*½ cup parsley, chopped*

In a saucepan melt butter—it should be warm, not hot—add shallots, lemon juice, salt and pepper, keep warm. Before serving swirl in parsley. Serves 6-8.

### MIXED ROAST

*(from the Roma Di Notte restaurant)*

*½ pound top butt of beef, cubed*
*½ pound chicken breast, cubed*
*1 pound loin of pork, cubed*
*1 pound veal, cubed*
*olive oil to cover mixture*
*2 tablespoons rosemary*
*green pepper, cut into small pieces*
*mushrooms*
*Spanish onion rings*
*bacon, cut into small pieces*

In a bowl place all meats, cover with olive oil and rosemary, and marinate mixture for 1 week in refrigerator. Place cubes of meat on a roasting spit (1 spit per person), and alternate with vegetables and bacon. Charcoal over hickory ash for 20 minutes. If you use rotating charcoal broiler, use drippings to baste, if not, use marinade. Serves 4-6.



*Brochettes of shrimp, tomatoes, and peppers are basted with olive oil, served with a sauce Gribiche.*

### MICHAEL'S PUB MIXED GRILL

*1 lamb kidney, cored, salted*
*2 small pork sausages, scored*
*1 rib lamb chop, fat removed*
*3 ounces calves liver, seasoned with salt and pepper*
*2 1-ounce servings of Canadian bacon, partially cooked, drained*
*½ tomato*
*1 large mushroom cap, fluted*

Prepare the charcoal grill 30-45 minutes before cooking. Fine gray ash should appear on the coals' surface before cooking. On a skewer, place kidney, sausages, lamb chop, liver, bacon, and cook for 5 minutes on each side. Just before serving add tomato and mushroom cap and cook for about 1 minute. Serves 1.

### FISH COOKED IN OPEN FOIL

*(from Bob Brown)*

*4-5 pound flounder or sea bass*
*2 small onions, chopped*
*2 cloves garlic, finely minced*
*¾ cup Mazola oil*
*juice of 2 lemons*
*1 teaspoon oregano*
*1 teaspoon dried basil*
*1 tablespoon parsley, chopped*
*salt and pepper to taste*

Place fish on a sheet of foil and set aside. In a bowl place onions, garlic, oil, lemon juice, oregano, basil, parsley, and salt and pepper and mix well. Pour half the sauce over the fish; pinch the foil together leaving an opening across the fish and cook on a charcoal grill until fish tests done. Serve with additional sauce. Serves 4-5.

## QUICK RECIPES

● For a **SEAFOOD BARBECUE,** Joe Hyde pops well-cleaned and scrubbed clams, oysters, and mussels over a hot charcoal grill and cooks them just until open. Serve with lemon butter.

● Top charcoal-grilled steak with knob of **ROSEMARY BUTTER** before serving. In a bowl, work together ½ cup softened butter with 1½ teaspoons dried rosemary.

● Add **BLUE CHEESE FLAVOR** to grilled beef: mix ½ cup mayonnaise, 1 clove garlic, crushed, ¼ cup crumbled blue cheese, and 1 tablespoon lemon juice together well. Grill steak until brown; turn and spread top side with blue cheese mixture. Use the leftover cheese dressing on cold sliced beef with potato salad or slaw made with sliced cucumbers.

● Wrap **BACON AROUND SMALL CUBES OF PINEAPPLE AND BANANA.** Grill over coals until bacon is cooked. Wrap **FRESH FIGS** in bacon and grill until bacon is crisp.

● For **SPIT ROAST LIVER,** Philip S. Brown rolls and ties a 4-pound piece of calf or beef liver and completely covers it with bacon, fastening with toothpicks. Place meat on a spit and cook for ¾-1 hour or until a temperature of 150° is reached on the thermometer. Serves 6-8 with Béarnaise sauce.

● Pop **RED ONION BUTTER** on beefsteak and lamb chops. Sauté 1 large red onion, finely chopped, in 2 tablespoons butter until soft, and add 2 tablespoons port wine and cook until liquid has evaporated. Cool. Combine onion with ½ cup butter, 2 teaspoons lemon juice, and whirl in blender until well blended. Refrigerate.

● **FRESH STRIPED BASS OR SEA BASS** is delicious wrapped with fresh dill, salt and pepper and grilled. Cut fish into serving pieces, season with salt and pepper, and brush with melted butter. Lay fish on a double thickness of heavy foil, add fresh dill, 1 tablespoon lemon juice, and 1 tablespoon butter on the fish together with a little wine or tomato, if you wish, and wrap completely in foil. Cook on top of a charcoal grill turning from time to time. A 3-5 pound fish will take 35-40 minutes. To test if fish is cooked, pull bone back on fin. If it comes out clean with no fish attached, it is done; if meat is still attached to bone, it is not yet sufficiently cooked.

● Fix **GRILLED CHICKEN WINGS,** as suggested by Jack and Jamie Davies of Schramsberg Vineyards. Poach chicken wings in herbed chicken stock, laced with champagne, if you wish, for 15-20 minutes. Pat wings dry and lightly brown them on the grill until crispy (about 5-8 minutes, no more). Sprinkle with lemon pepper and Beau Monde seasoning and serve.

● To prepare grilled **SKEWERED QUAIL,** Pierre Franey stuffs the quail cavity with fresh rosemary, sprinkles with salt and pepper and threads it on a skewer and broils for 20 minutes, turning by hand frequently.

● **BASTE HAMBURGERS** with 2 teaspoons Kraft Barbecue Sauce mixed with ½ cup melted butter, ¼ cup lemon juice, ½ teaspoon salt.

● **BASTE LAMB** with a mixture of 2 tablespoons grated orange peel, 2 tablespoons chopped parsley, 2 tablespoons honey, and ½ cup melted butter.

● For **ROCK CORNISH GAME HENS WITH TARRAGON,** Paul Bonner cuts Rock Cornish game hens in half and pounds them to flatten wings. Slather with tarragon butter and broil on a hibachi for ½ hour basting from time to time. Mr. Bonner also broils giant shrimp bathed in garlic butter on a hibachi.

● **LAST SWEET NOTE:** Spear fresh fruit pieces—segments of apple or pear, small whole apricots, or cubes of melon on a skewer—suggests Robert Carrier. Marinate in a mixture of fresh grapefruit, orange, and lime juice with honey and a few mint leaves. Turn them on the grill for a minute or two and serve with yoghurt. ■

# Inventive pasta casseroles

## 4 to make ahead and freeze
## 4 + menus to go with them

by Elizabeth Colchie

Cold Shrimps
with Pesto Sauce
Shell Pasta with
Eggplant, Sausages,
and Tomatoes*
Fresh Fruits
Espresso

### SHELL PASTA WITH EGGPLANT, SAUSAGES, AND TOMATOES

*2-pound eggplant*
*1 teaspoon salt*
*1 pound sweet Italian sausages*
*1 cup onion, chopped*
*1 cup green pepper, chopped*
*1 teaspoon garlic, minced*
*1 teaspoon fennel powder*
*1 pinch sugar*
*2 cups canned imported tomatoes, chopped with liquid*
*Pepper to taste*
*1 pound shell macaroni (maruzzelle)*
*½ cup olive oil*
*1 pound mozzarella, sliced*

Slice the eggplant in half lengthwise. Cut one half into slices ½-inch thick and cube the rest. Sprinkle with salt and let stand. Prick the sausages and cook them in a skillet with a few tablespoons water, covered, for 10 minutes. Uncover the skillet and cook for about 10 minutes more over moderate heat, or until they are well browned. Transfer to a dish and slice them. Pour out all but 2 tablespoons fat from the skillet and cook the onions and peppers until they are softened. Add the garlic and sauté 1 minute. Add sausages, fennel, sugar, tomatoes, and pepper. Cover and barely simmer for 30 minutes. In a large kettle of salted water boil the macaroni for 10-12 minutes, or until it is barely tender. Drain and toss in a bowl with tomato sauce. Dry the eggplant and sauté the cubes in half the olive oil until they are very lightly browned. Spread half the shells in a shallow, 3-quart baking dish and cover them with the cubed eggplant. Spread on the remaining shells. Sauté the remaining sliced eggplant in the remaining olive oil and arrange the slices alternately with overlapping slices of mozzarella to cover the top completely. Cool. Cover tightly with foil and freeze. Defrost overnight in the refrigerator. Bake in a preheated 375° oven for 30 minutes. Uncover and bake for about 30 minutes more, or until the top is lightly browned and the cheese bubbling. Serves 6-8.

Asparagus Vinaigrette
Lasagne with Veal,
Mushrooms, and Peas
in Cream*
Strawberry Sherbet and
Lemon Thins
Iced Coffee

### LASAGNE WITH VEAL, MUSHROOMS, AND PEAS IN CREAM

*1 cup onions, minced*
*½ cup carrots, minced*
*¼ cup celery, minced*
*8 tablespoons butter*
*1 pound ground veal*
*1 cup veal stock or chicken broth*
*1 teaspoon dried tarragon*
*salt and pepper to taste*
*1 pound mushrooms, thinly sliced and tossed with juice of ½ lemon*
*5 tablespoons flour*
*1½ cups milk*
*1 cup light cream*
*¼ teaspoon nutmeg*
*1 teaspoon salt*
*¼ teaspoon white pepper*
*1 cup frozen small peas, defrosted*
*½ pound lasagne*

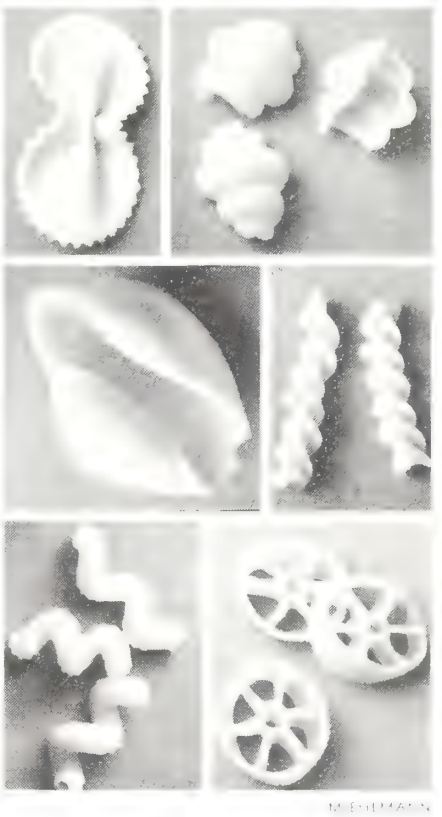
Stir the onions, carrots, celery in 3 tablespoons butter in a large skillet for 10 minutes over moderate heat, or until they are softened. Add the meat and toss until browned. Add stock and tarragon and barely simmer the mixture, partly covered, for 30 minutes. Add salt and pepper to taste.

Sauté the mushrooms in a skillet in 2 tablespoons butter for 4-5 minutes. Transfer them to a plate. Add remaining butter to the skillet. When it is melted add flour and stir for 3-4 minutes. Add milk and cream, stirring vigorously. Stir over moderate heat for 4-5 minutes, until thick. Lower the heat and cook for 5 minutes more. Add nutmeg, salt, pepper, peas, and mushrooms and season highly.

One at a time add the lasagne noodles to a large kettle of boiling salted water and boil for 10-12 minutes, or until just barely tender. Drain the water off and cover them with cold water.

Spread a quarter of the meat sauce in a 9-by-12-by-3-inch baking dish. Top with 3 overlapping noodles. Spread with another quarter of the meat sauce, then a quarter of the creamed mixture. Continue, making four noodle layers and ending with the cream. Cool, wrap, and freeze. Defrost overnight in the refrigerator. Bake covered in a 350° oven for 45 minutes. Uncover and bake 30 minutes more. Serves 6.

*Continued on next page*



*Pasta in intriguing fanciful shapes to use for great party dishes. From top left: bow tie, small snail shell, large shell, twist, corkscrew, and wagon wheel.*


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Sliced Anjou Pears
with Westphalian Ham
Ricotta and
Spinach-Stuffed
Manicotti with
Tomato Cream Sauce*
Caffé Granita
Cinnamon Thins

### RICOTTA AND SPINACH-STUFFED MANICOTTI WITH TOMATO CREAM SAUCE

#### Sauce

*1 2-pound 3-ounce can imported tomatoes*
*2 teaspoons dried basil*
*1 teaspoon sugar*
*2 tablespoons butter*
*2 tablespoons flour*
*½ cup heavy cream*
*salt and pepper to taste*

Roughly chop tomatoes and combine them with their liquid in a saucepan with basil and sugar. Simmer uncovered for 10 minutes. Puree the pulp the medium disk of a food mill into a bowl. In the cleaned saucepan melt butter, stir in flour and stir over moderate heat a few minutes. Add tomato purée and barely simmer 25-30 minutes, stirring occasionally. Add heavy cream, salt and pepper.

#### Stuffing

*1 cup shallots, finely minced*
*2 tablespoons butter*
*2 packages frozen spinach defrosted, well-drained (2½ cups)*
*3 cups (24 ounces) whole milk ricotta*
*1½ cups fresh soft bread crumbs lightly packed*
*3 eggs, lightly beaten*
*1 teaspoon salt*
*pepper and nutmeg to taste*
*1 cup Parmesan cheese, grated*
*½ pound manicotti (about 14 tubes)*

In a skillet sauté shallots in butter for a few minutes. Add spinach and cook over high heat to evaporate any juices. Combine in a bowl with ricotta, crumbs, eggs, salt, pepper, nutmeg, and add ½ cup Parmesan cheese. Boil the manicotti in a large kettle of salted water for 6 minutes, or until it is just softened. Drain, rinse, and spread on a towel. Pour half the sauce in an 8-by-16-inch shallow baking dish. Fill the manicotti with the spinach mixture, using a spoon. Place the tubes tightly together in the dish. Spread over the remaining sauce. Cool completely; cover with foil and freeze. Defrost overnight in the refrigerator. Sprinkle with the remaining cheese. Cover with foil and bake in preheated 350° oven for 40 minutes. Uncover and bake at 425° for 10 minutes. Serves 4-5.

Mushroom Broth with Dill
Macaroni Casserole with
Tongue and Gruyère*
Spinach-Stuffed
Baked Tomatoes
Pears in Wine

### MACARONI CASSEROLE WITH TONGUE AND GRUYÈRE

*5 tablespoons butter*
*3 tablespoons flour*
*2 cups milk*
*¾ teaspoon salt*
*pepper to taste*
*¼ teaspoon nutmeg*
*2 cups tongue, finely cubed*
*1½ cups Gruyère cheese, grated*
*2 tablespoons chives, minced*
*Tabasco to taste*
*½ pound elbow, twist, small snail, or wagon wheel macaroni*
*½ cup fine dry bread crumbs*

Melt 3 tablespoons butter in saucepan and stir in flour. Stir over moderate heat for a few minutes. Add milk and stir a few minutes more. Add salt, pepper, nutmeg, tongue, cheese, chives, and Tabasco. Boil macaroni in a large kettle of boiling salted water until it is just barely tender. Drain it and toss with the sauce. Spoon the mixture into a buttered 6-8 cup casserole, sprinkle it with the crumbs and dot the top with remaining butter. Cool completely, cover lightly and freeze. Defrost overnight in the refrigerator. Bake, covered, in a preheated 350° oven for 45 minutes. Uncover and bake at 425° for 10 minutes. Or cover and refrigerate for up to 24 h Bake, covered, at 400° for 25 utes. Uncover and bake fo minutes more. Serves 4-5.

Cucumber Salad
Shrimp-filled Cannello
with Curried
Cream Sauce*
Fresh Cherries
Almond Macaroons
Espresso

### SHRIMP-FILLED CANNELLONI WITH CURRIED CREAM SAUCE

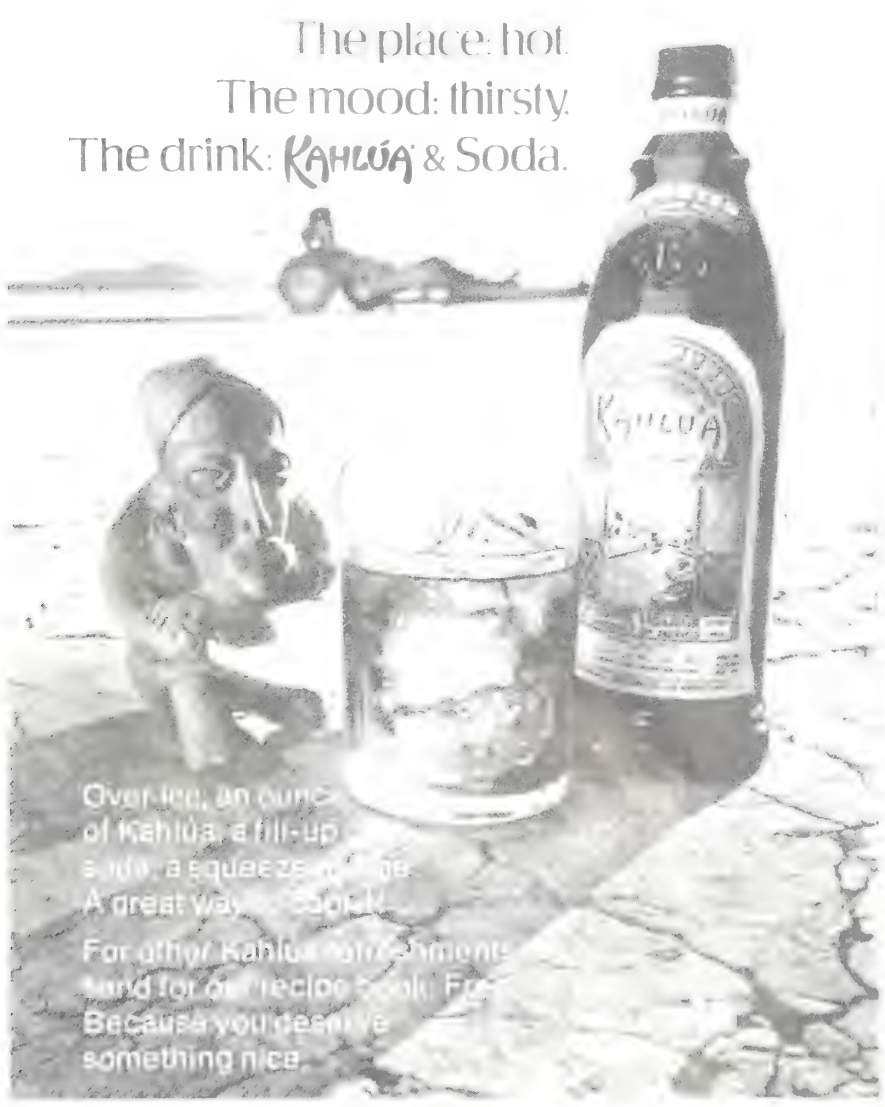
#### Cannelloni

*2 eggs*
*¼ teaspoon salt*
*1 tablespoon olive oil*
*2 tablespoons warm water, approximately*
*2 cups flour*

In a small bowl beat togeth lightly the eggs, salt, oil, and tablespoon water. Place flour in bowl and gradually add the liqui adding more water if necessary make a ball of dough that holds t gether. Wrap the dough in plast wrap and let it stand for 30 mi utes. Knead the dough vigorous for 10 minutes, or until it smooth. Wrap it in plastic and l it stand for 1 hour. Halve th dough and wrap one half. Roll ou the other half on a lightly floure board, stretching it gently wit your hands when you turn it, unt it is paper thin. Cut into 16 rec tangles about 4 by 3 inches. Re peat with the rest of the dough Sprinkle lightly with flour, wra in plastic, and refrigerate for up t 24 hours. Or use immediately.

#### Filling

*½ cup celery, minced*
*1 cup scallions, thinly sliced*
*½ cup butter, and extra for top*
*2 teaspoons coriander*
*½ teaspoon cardamom*
*½ teaspoon turmeric*
*¼ teaspoon fennel powder*
*½ teaspoon cinnamon*
*¼ teaspoon mace*
*½ cup flour*
*1 tablespoon tomato paste*
*2½ cups fish stock or clam juice*
*3 cups light cream*
*lemon juice, to taste*
*salt and pepper, to taste*
*2 pounds shrimp, peeled and finely chopped*



uté the celery and scallions in utter in a large skillet for a few inutes. Add the spices and stir r a few minutes. Add the flour nd stir for a few minutes more. dd tomato paste, stock or clam ice, and cream; bring the sauce a simmer and stir at a bare sim- er for 10 minutes. Add lemon ice, salt and pepper to taste. Re- ove and reserve 3 cups of the uce. Add shrimp to the remain- er in the skillet and stir over oderate heat for a few minutes ntil they turn pink.

### ssembling Cannelloni

n a large kettle of boiling salted ater cook the cannelloni for bout 4 minutes, or until barely nder. Drain, rinse and immedi- tely spread them flat on kitchen owels. Spread slightly less than alf the sauce in 2 8-by-8-inch aking dishes. Place a tablespoon f filling on a noodle and roll it ightly from the short end. Place he filled cannelloni in a baking ish. Continue the process until ll are stuffed, arranging the tubes nugly in the dishes. Spread the emainder of the sauce on top and lot it with remaining butter. Let ool completely and wrap. Re- rigerate the cannelloni for up to 24 hours. Bake in a preheated 350° oven, covered, for 20 min- utes. Turn the oven to 450°, un- cover the dishes, and bake for about 10 minutes more or until the sauce is bubbling. Serves 6-8.

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Molded Vermicelli, Prosciutto, and Fontina with Tomato Sauce*
Fennel and Green Bean Salad
Poached Pears
Coffee and Tuiles

---

#### MOLDED VERMICELLI, PROSCIUTTO, AND FONTINA WITH TOMATO SAUCE

*½ pound very fine egg noodles (vermicelli)*
*2 tablespoons butter*
*½ pound prosciutto, thinly sliced and diced*
*2 eggs*
*2 egg yolks*
*¾ cup heavy cream*
*1¾ cups milk*
*½ pound Fontina cheese, grated*
*salt and pepper to taste*
*nutmeg to taste*
*¼ cup fine toasted bread crumbs*

Boil the noodles in a large kettle of salted water for about 7 minutes, or until just barely tender. Drain and toss in a bowl with butter and prosciutto. In a bowl beat together to blend the eggs, yolks, cream, and milk. Add the cheese. Mix with the noodles and season highly with salt, pepper, and nutmeg. Heavily butter an 8-cup porcelain baking dish. Fit a piece of buttered wax paper in the bottom and coat the dish with crumbs. Turn the mixture into the dish, let it cool completely, and cover it with foil. It may be refrigerated for up to 24 hours. Place the dish in a pan of boiling water and bake it in a preheated 350° oven for about 1½ hours, or until it is set. Run a knife around the edge and unmold onto a serving dish. Remove paper. Pour some of the sauce around the edge and serve the rest separately.

#### Sauce

*6 large ripe tomatoes*
*1 cup Marsala*
*3-4 large strips orange peel*
*salt to taste*

Chop the tomatoes and combine them in a saucepan with the Marsala and orange peel. Cover and simmer for 5 minutes. Uncover and simmer, stirring often, for about 30 minutes, or until most of the liquid has evaporated. Press mixture through the fine disk of a food mill. Add salt. Serves 6-8.

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Clear Beet Borscht
Noodle-Fruit Pudding*
Roast Chicken
Coffee and Candied Nuts

---

#### NOODLE-FRUIT PUDDING

*3 cups tart apples, peeled and diced*
*¼ cup butter, and extra for top*
*½ pound egg noodles*
*3 eggs*
*1½ cups sour cream*
*3 tablespoons sugar*
*1 teaspoon cinnamon*
*2 tablespoons poppy seeds*
*¾ cup raisins*
*salt and pepper to taste*
*½ cup fine dry bread crumbs*

Sauté the apples in ¼ cup butter in a large skillet until golden. Boil noodles in a large kettle of boiling salted water until just barely tender. Drain well and combine them immediately with the apples. In a bowl beat together lightly the eggs, sour cream, sugar, cinnamon, poppy seeds, and raisins. Combine the mixture with the apples and noodles and add salt and pepper to taste. Turn into a buttered 5-to-6-cup baking dish, sprinkle with the crumbs, and dot generously with remaining butter. Cover and refrigerate for up to 24 hours. Bake in a preheated 350° oven for 30 minutes, covered. Uncover and bake at 375° for 15 minutes, or until the crumbs are lightly browned. Or bake the pudding immediately and let it rest at room temperature for several hours. Serves 4.

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Greek Olives,
Fennel Sticks,
Watercress Sprigs,
Breadsticks
Lamb and Macaroni with Saffron Custard*
Sliced Oranges with Slivered Candied Ginger
Turkish Coffee

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#### LAMB AND MACARONI WITH SAFFRON CUSTARD

*½ cup sweet red peppers, minced*
*⅔ cup onions, minced*
*6 tablespoons butter*
*1¼ pounds lean ground lamb*
*1½ teaspoons garlic, minced*
*⅔ cup tomato purée or sauce*
*8 ounces tiny elbow or small corkscrew macaroni*
*2 teaspoons cornstarch*
*very big pinch saffron powder*
*2½ cups milk*
*3 egg yolks and 1 egg*
*1 cup ricotta*
*salt to taste*

Sauté peppers and onions in 2 tablespoons butter in a large skillet until soft. Add meat and garlic and toss the mixture until the meat is browned. Pour off most of the fat. Add the tomato purée or sauce and cook a few minutes. Reserve. Boil the macaroni in a large kettle of salted water for 5 minutes. Drain until it is just barely tender. Drain and toss with 4 tablespoons butter.

Melt the remaining butter in a saucepan and stir in the cornstarch and saffron. Add milk and stir the mixture until it comes to a boil. Beat the eggs in a bowl and gradually beat in the hot milk. Press ricotta through a sieve into the custard and mix well. Taste for saffron and add salt. In a deep baking-serving dish about 6 by 8 inches make 2 layers each of the meat and macaroni, beginning with the meat. Let the mixture cool completely, then pour on the cooled custard. Cover the dish and refrigerate for up to 24 hours. Bake in a preheated 325° oven for 1 hour, or until the custard is set. May be served hot, warm, or at room temperature. Or bake the dish immediately and let it rest at room temperature for several hours. Serves 4-5. ■


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### PINA COLADA

*Caribe Hilton*

*Into a blender put 2 ounces cream of coconut, 2 ounces Puerto Rican aged golden rum, 2 ounces white rum, 2 ounces unsweetened pineapple juice, and 1 cup crushed ice. Blend at medium speed until smooth. Pour into 2 tall glasses. Garnish with a pineapple spear and a cherry. Serves 2.*

### MAI-TAI

*Caribe Hilton*

*Into a pitcher pour 1 ounce white rum, 1 ounce dark Puerto Rican rum, 1 ounce lime juice, 2 ounces pineapple juice, 2 ounces orange juice, and 1 ounce orgeat syrup. Stir well. Fill double old-fashioned glasses with ice cubes. Pour mixture and garnish with a pineapple spear and a cherry. Serves 2.*

### TIGER'S MILK

*Ponce Hilton Hotel*

*Into a cocktail shaker pour 1 ounce white rum, 1 ounce lime juice, 1 teaspoon superfine sugar, and 1 egg white. Shake well until sugar dissolves. Pour into a tall glass almost filled with cracked ice. Sprinkle with freshly grated nutmeg. Serves 1.*

### TIGER'S TAIL

*Helio Isla Hotel*

*Into a cocktail shaker put 2 ounces white rum, 2 ounces grape juice, 1 ounce fresh lime juice, and 2 teaspoons superfine sugar. Shake well until the sugar has dissolved. Fill 2 stemmed glasses half full of finely chipped ice. Pour mixture and garnish with a small sprig of mint. Serve with colored straw. Serves 2.*

### FROZEN PLANTAIN DAIQUIRI

*Caribe Hilton*

Into a blender pour 4 ounces white rum, 2 ounces lime juice, 2 teaspoons superfine sugar, 1 plantain cut in chunks, and 1 cup crushed ice. Blend ready until fluffy. Serve unstrained in a champagne glass [or] [tall] glass. Serves 2.

### FROZEN DAIQUIRI

*Caribe Hilton*

*Into a blender put 3 ounces white rum, 1 ounce lime juice, 1 teaspoon superfine sugar, and 2 cups crushed ice. Blend ready until the mixture is fluffy. Serve unstrained in champagne glass with short straw. Serves 1.*

### PARTY PUNCH

*Caribe Beach Hotel*

Into a punch bowl or large pitcher put 1 pint pineapple juice, 1 pint orange juice, 1 pint pineapple juice, 1 pint club soda, [1] ounce lime juice, 1 pint gold rum. Add 1 lime finely sliced. Stir well. Pour into glasses and garnish with 1 slice lime. Serves 12.

### RUM COLLINS

*Helio Isla Hotel*

*Into a tall mixing glass put the juice of 1 lemon, 1 teaspoonful superfine sugar. Stir well to dissolve the sugar. Add 2 ounces white rum, fill up with finely cracked ice. Garnish with 1 slice each of orange and cherry. Serves 1.*

### RUM SWIZZLE

*El Conquistador*

Into a pitcher pour 2 ounces white rum, 1 ounce fresh lime juice, [1] teaspoonful Angostura bitters, 1 teaspoonful superfine sugar (or to taste). Swizzle briskly until fro[sted] ing. Add ice cubes. Serves 1.

### THE WHITE ELEPHANT

*El San Juan*

*Into a blender put 6 ounces w[hite] rum, 2 ounces white crème de cacao, 1 cup milk, ½ cup fi[nely] shredded coconut, 4 teaspoons powdered sugar, 1 cup shaved ice. Blend ingredients for about 30 seconds. Serve straight up in ice-c[old] champagne glass or if less coco[nut] is preferred—strain. Serves 4.*

### RUM COBBLER

*El Conquistador*

Fill an ice-cold tall glass about full with fine crushed ice. Add [2] ounces Rhine wine or Sauterne, [1] ounce white rum, and 1 ou[nce] Curaçao-orange liqueur. Mix gen[tly]. Garnish with 1 slice of orang[e] and a sprig of mint. Serves 1.

### PLANTER'S PUNCH

*El Convento*

*Into a tall ice cold glass squee[ze] the juice of 1 lime and add 2 te[a]spoonfuls superfine sugar. Stir to dissolve the sugar. Add 1 ounce gold rum, fill up with fine cracked ice. Garnish with a sli[ce] each of orange, lemon, and pin[e]apple, a cherry, and a sprig of mint. Serves 1.*

### RUM MARTINI

*Puerto Rico Sheraton*

Into a large glass ½ filled with ic[e] cubes, pour 2 ounces white rum and a few drops dry vermouth. Strain into an ice-cold cocktail glass. Garnish with a green olive or a lemon twist. Serves 1. ■

# How YOU Can Turn Box-Tops Into Gold!

**My husband laughed when I told him we could rake in over $500 a year with my "crazy" idea. "Too simple," he said. But today we both laugh all the way to the bank.**

by Mrs. Ellen Michael

Copyright 1975

From this moment on, forget everything you've ever been told about making and saving money — because almost over night you can learn to change your mail box into a money machine. You'll learn how to open it six days a week for the next year to pull out a guaranteed minimum of $500 — absolutely tax free or your money back.

Unless you simply don't need $500 in extra cash for 1975 — to spend any way you like — take a few minutes to read about the simple, step-by-step method I've worked out.

The method is so incredibly easy that anyone can master it quickly — yet so valuable that it will give you and your family the money you need to buy the luxuries in life before you are too old to enjoy them. You can follow the method in just a few spare minutes a day — without any previous experience. And yes, it's all perfectly legal.



*Now, shopping is a money-making adventure, not a chore. You too can claim your share of the million dollar giveaway – when you know how.*

Sound impossible? It's really not. In fact, it's been proved by thousands of people just like you. You CAN learn the secret of how to get SOMETHING for NOTHING through the "magic" of refunding. But first, here's exactly what refunding is and exactly how refunding works.

It's simplicity itself. Refunding is the process of sending box-tops and labels to companies which offer to send you cash, coupons or gifts in return. You've probably taken advantage of offers like these from time to time in a hit-and-miss way. But, you discovered that the "profits" were small — hardly worth the effort. Me too.

But, once I found out that the big companies like Campbell's, Proctor & Gamble, General Mills, Bordens and Lever Brothers make 2,000 to 3,000 giveaway offers every year worth millions of dollars — I set out to find the way to get my share of all that money.

By trial and error and with the help of a refund and box-top expert in New York, I finally figured out a simple, step-by-step method of raking in over $500 a year. The method was tested again and again to make sure it really works. It does. It's almost foolproof.

Everything you need to know about the magic of refunding has been written down — so that you can cash in on the gold mine just sitting there in your cupboard. All this valuable information has been published by Lincoln Press in a book called "How To Turn Box-Tops Into Dollars."

If you have any doubt in the world that you can take in the extra cash you need — here are some reported experiences of avid refunders:

- "I have been putting all my refunds in a special bank account . . . I have over $1,000 saved . . ."
- "I'm planning a week in Nassau with the special fund garnered from coupons and labels . . ."
- "I owed my mother-in-law $50 . . . I've repaid $47 through refunding . . ."
- "This is really a god-send to me. Last month I received $62 in cash and about $30 in coupons for food . . ."
- "With refunds I have been able to buy gifts for birthdays and weddings . . ."
- "It seems that every time the mail comes in, I have 50¢ to $1.25 in change — sometimes crisp dollar bills . . ."
- "In the last few months I have saved over $150 . . . that's not counting free cans and packages of food. Last year I bought a bedroom rug and a lawn edger out of my refund money . . ."

Money doesn't grow on trees, so stop for a minute to figure out how much cash — in the form of box-tops and labels — you've thrown into your trash can in the last few months. $200 or more would be a good guess.

I'll make you this promise: when you follow my method, you'll never do that again. Instead, you'll get the thrill of having your mail box filled to overflowing with money. You'll learn exactly how to claim your share of refunds on everything from soup to nuts. Just imagine, $2.00 for 4 Ajax box-tops; $1.00 for a Pillsbury Coffee Cake label; $1.00 for 3 Axion box-tops; $2.00 for a Palmolive Gold soap label. Every one of these cash refunds were actually offered last year.

Let me give you one warning, though. When you first start to use my method, some people may say, "What's the use — you only get back a quarter at a time." They may even laugh the way my husband did. Don't pay any attention to them. A national magazine survey reported that people from Maine to California take in an average of $420.00 a year refunding. If they can do it, you can too.

And money isn't the only thing you'll learn to get once you've read the book and followed my simple method. Top quality merchandise is offered regularly for box-tops and labels. For example, in the last year or so a Polaroid camera was given away for snack food labels; an electric deep fryer for oil labels; an electric mixer for fruit labels; bath towels for soup boxes; toys, dolls and games for mouthwash labels — plus hundreds more.

But make no mistake about it — unless you have the tips, advice and guidance you'll find in "How To Turn Box-Tops Into Dollars" at your fingertips — you won't have a prayer. And, the only way to get your copy is to order it now, by mail. It's not for sale at any bookstore or newsstand in the world — at any price.

**3 Bonus Reports — Free**

Yes. When you order your copy of "How To Turn Box-Tops Into Dollars" right away you will receive absolutely free three issues of the monthly report "Refunding News." That's right. Each month — for three months — you will be kept up-to-date on the latest box-top and refund offers guaranteed to help you profit. And it's all free.

**Your Double Guarantee**

This is a double, 100% no-risk offer. If you don't like the book when it arrives, send it back. Your money will be returned immediately, no questions asked. Or, keep and use the book (and the 3 Free Reports) for a full year. If you and you family don't take in at least $500 following the step-by-step method, send everything back next year. You still get all your money back.

**Your First $1.00 Refund — Today**

To prove that the magic of refunding is no illusion or gimmick — take your first $1.00 refund today. For, even though I had been thinking about charging $6.00 for the book — send just $5.00 in cash, check or money order with the coupon below to Lincoln Press, 4444 South Sheridan, Tulsa, Oklahoma 74145. "How To Turn Box-Tops Into Dollars" (plus the 3 Free Reports) will be sent to you immediately by return mail. Quit dropping quarters and dollars into your trash can. Claim your rightful share of the million dollar refunding giveaway now.

-----Make checks payable and mail to:-----

**Lincoln Press**

4444 South Sheridan Tulsa, Oklahoma 74145

Please rush me my guaranteed copy of "How To Turn Box-Tops Into Dollars" right away. Here's just $5.00 in cash, check or money order as payment in full. Also, send me my 3 Bonus Reports — Free — one a month! I understand that if I don't collect at least $500 following your method, I may return the book for my money back, with out quibble or question.

Cash, check or money order $ ____ enclosed.

Master Charge BankAmericard

Acct #

Inter Bank #
(Master Charge only — above your name)

Card Expiration Date

Signature

Print Mr. Mrs.
Name

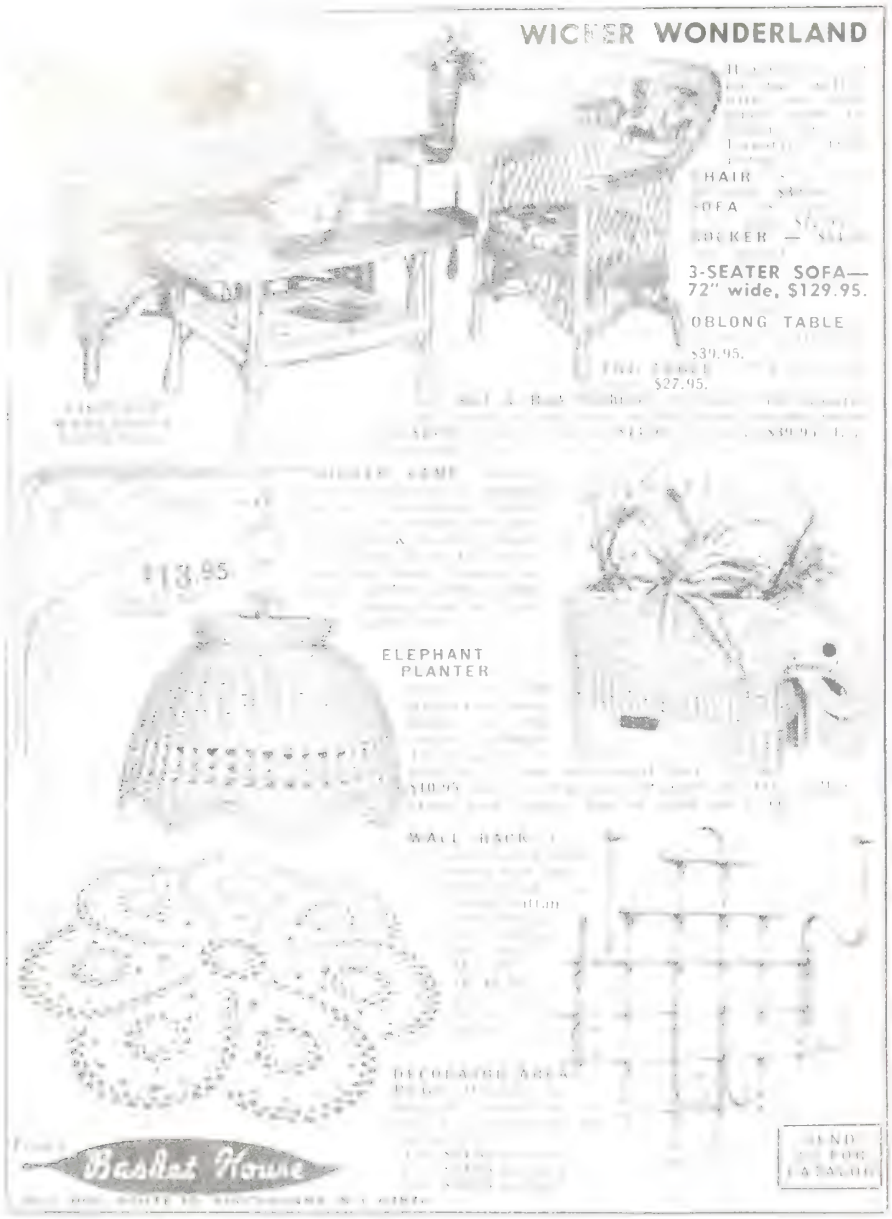
Address

State

City

T-607

I want to get [illegible] box-tops and labels [illegible] Here's an extra [illegible]



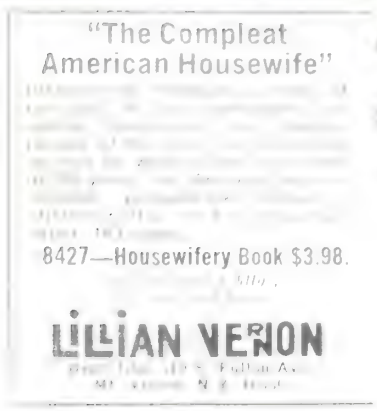














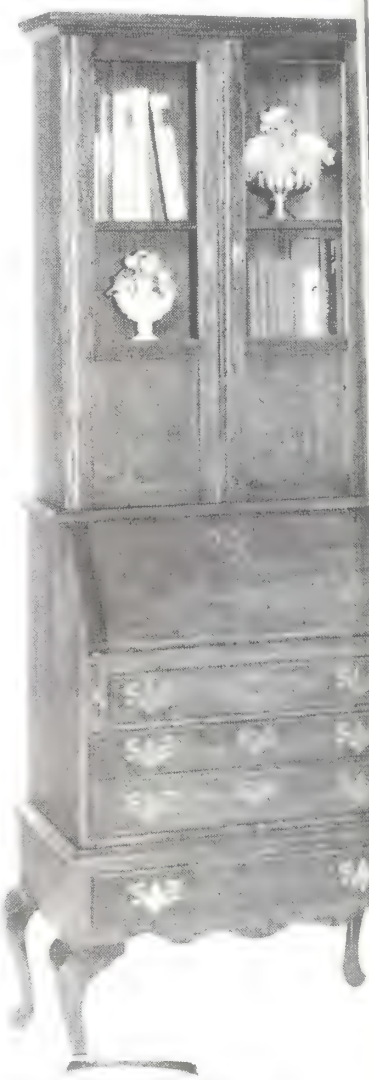

# SHOPPING AROUND

## WITH AUDREY NICHOLS

ORDER MERCHANDISE BY WRITING DIRECTLY TO SHOPS. ENCLOSE CHECK OR MONEY ORDER. ADD SALES TAX WHERE APPLICABLE. ANY UNUSED ITEM (NOT PERSONALIZED) MAY BE RETURNED BY INSURED MAIL FOR REFUND. PLEASE INCLUDE ZIP CODE.

### QUEEN ANNE KIT

Be the proud craftsman. Solid ¾" cherry secretary in kit form with pieces pre-cut, pre-drilled, factory sanded. Brass, hardware, locks, keys included. Desk base only (39¾" h.), $199.50 Complete with top (76½" h. overall) $249 exp. coll. Available fully finished, base $339.50, top, $99.50. Free color brochure. Emperor Clock Co., Dept. QA6, Fairhope, AL 36532.



### BICENTENNIAL BOX

First of five Bilston and Battersea of England boxes commemorating America's 200th birthday depicts drafting of the Declaration of Independence. Hand-enameled copper, 2½" l. Horchow exclusive. $95 plus $1.50 post. Catalogue free, Horchow Collection, Dept. 01557, Box 34257, Dallas, TX 75234.

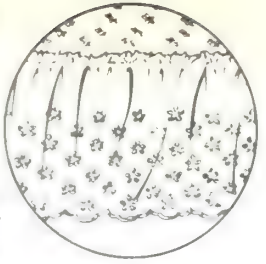




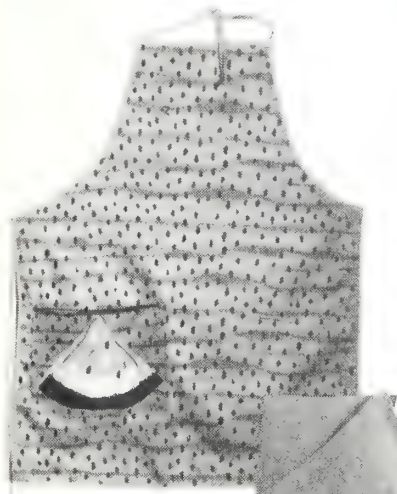

### RARE BEAUTY

Exquisite pearl-handled flatware crafted in Sheffield, England, combines mother-of-pearl from Tahiti with highly polished English steel. "South Pacific" dinner knife. $25; dinner and salad fork. $22 each; teaspoon. $16 ppd. Send $1 for new catalogue. Carl Forslund, HG6, 122 E. Fulton St., Grand Rapids, MI 49502.

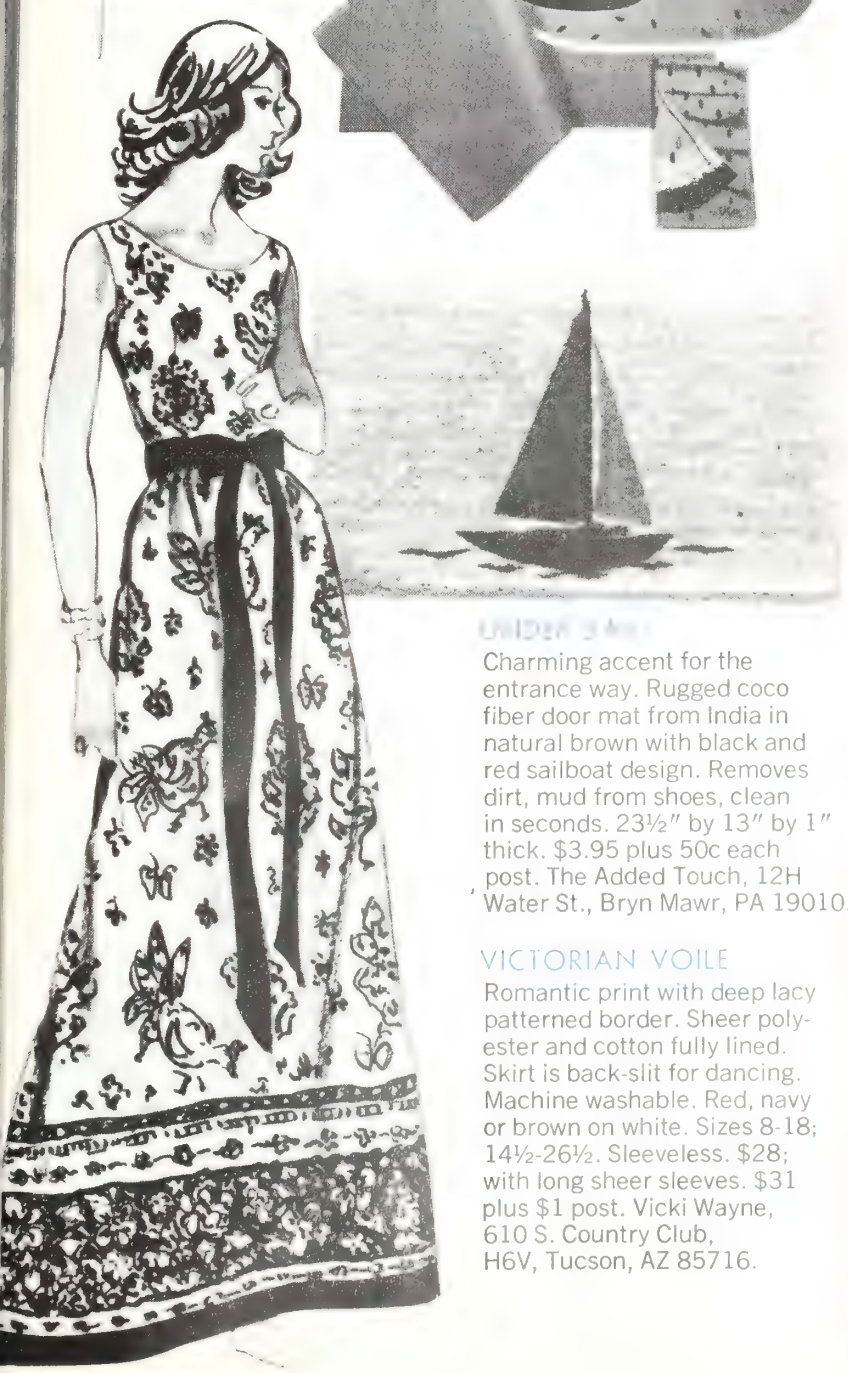




All-over embroidered eyelet on muslin-like Avril and polyester. Spread, twin, $35, double. $40; canopy, twin. $27, double, $29; curtains, 88″ w. 45″, 54″, 63″ l. $20; 72″, 81″, 90″ l. $25; vanity skirt. $29; pillow sham. $9 plus $1.50 post per order. White or natural. Colonial Maid Curtains, HG6, Lawn Terrace, Mamaroneck, NY 10543.



Vera's watermelon slices on green ground. Vinyl place mats, cotton napkins, $1.50 each, sets of four, $6, sets of six, $9. Green table runner, no-iron rayon/poly, 13″ by 74″. $7, 13″ by 90″. $8. Apron for him. $7; pinafore for her. $9. Add $1 post per order. Magellan's, HG41, 21 W. 16th St., New York, NY 10011.





Charming accent for the entrance way. Rugged coco fiber door mat from India in natural brown with black and red sailboat design. Removes dirt, mud from shoes, clean in seconds. 23½″ by 13″ by 1″ thick. $3.95 plus 50c each post. The Added Touch, 12H Water St., Bryn Mawr, PA 19010.

VICTORIAN VOILE

Romantic print with deep lacy patterned border. Sheer polyester and cotton fully lined. Skirt is back-slit for dancing. Machine washable. Red, navy or brown on white. Sizes 8-18; 14½-26½. Sleeveless. $28; with long sheer sleeves. $31 plus $1 post. Vicki Wayne, 610 S. Country Club, H6V, Tucson, AZ 85716.



## BI-CENTENNIAL

The Commemorative Watch is Swiss made with a 17 jewel incabloc shock-protected movement. The beloved Liberty Bell and the majestic American Eagle have been faithfully recreated, all beautifully [illegible] pose for three dimensional effect. This elegantly fashioned watch, a handsome piece of jewelry is a practical and memorative piece of Americana, a part of our proud heritage, a real collector's item. An ideal gift for Father's Day. One year guarant[illegible]

Payment enclosed (

appears above your name

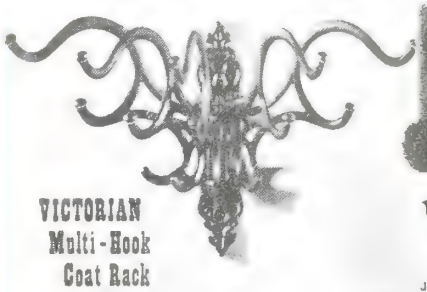
Signature

Name

Address

Send to JFF IDEAS INC Dept B1

catalog



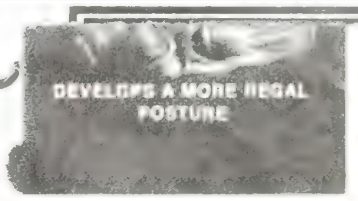
VICTORIAN
Multi-Hook
Coat Rack

## VICTORIAN CLOTHES RACK

Cast iron clothes rack is a reproduction from the Victorian era. Features five large swing-away arms. You'll have a place to hang hats, coats, scarves, even umbrellas! For bedroom, kitchen or bathroom. Extends 7½″ from the wall; measures 14″ wide. **$3.98** plus 75¢ postage.

*Write for FREE catalog of gifts*

**Holiday Gifts**
Dept. 306-B
Wheat Ridge, Colorado 80033




'ays."

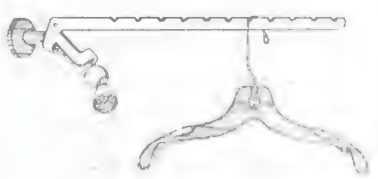
| unds ost | Inches Lost (off waistline) | Time |
|---|---|---|
| lbs. | 5¾ in. | (14 days) |
| lbs. | 6⅜ in. | (24 days) |
| lbs. | 3 in. | (14 days) |
| lbs. | 8 in. | (21 days) |
| lbs. | 6¾ in. | (14 days) |
| lbs. | 6¼ in. | (14 days) |
| lbs. | 5 in. | (14 days) |

[illegible] by experts before and after results verified. Some [illegible] may vary depending on how much and how much time specified in the customer's quoted [illegible] daily and reduced the [illegible] by about 20% but [illegible] love

! It's America's most [illegible] 600,000 customers have purchased Plan to slim down fast. Results are [illegible] experts agree our plan works and [illegible] can you think of [illegible] Minute [illegible]

## HANDY HANG-DRYER

HANG TO DRY/HANG TO STEAM



★ FOR HOME AND TRAVEL ★
Saves You
Space. . Time. . Money!

Dry all your washables efficiently, conveniently, at home and away. Our sturdy dryer **hooks onto any showerhead.** Notched shaft holds 11 hang[illegible]ers. Steel construction, rustproof vinyl finish makes it an ideal aid for steaming out wrinkles. **$2.98** ea. plus 25¢ post. **Two** for **$5.75** Ppd.

*American Century Collection* Dept 1065 Box 36232, Los Angeles, Ca. 90036

Lamp. Each is signed in 24 karat gold by the artist, Richard Gunter. Registration warranty enclosed.

Kron-Gunter, representing over 60 years of artistry in design have created this finely crafted, high-fired ceramic work in traditional off-white crackle and brown glaze with permanently fired, brilliantly colored eagle with flag • 34" High • Freight pre-paid • $65.00 • No extra charges • **Check, money order, Master Charge, or BankAmericard only.**

*The way to select* **ORIENTAL RUGS**
*is to examine them in your own home*

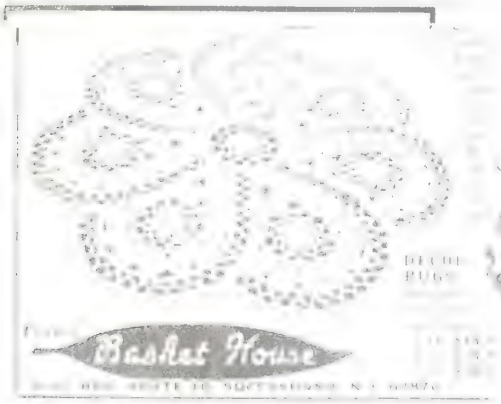


Rare antique, inexpensive antique, semi-antique and new rugs in fine oriental designs. Each [illegible] gifted.

[illegible]

Oriental Rugs — A Complete Guide by Charles W. Jacobsen ... $19.50
First and only Oriental Rug encyclopedia ever published [illegible] plates, $8.50 [illegible]

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**ROSEWOOD STANDS**
**for vases, statues, and ....**

[illegible] most tastefully arranged flowers look as if they just placed [illegible] in the Garden Club Show. Use as [illegible] dramatizing a treasured [illegible]. Black rosewood bases are hand-carved in traditional Oriental [illegible]. Low base, 4" inside diam., 12" Footed base with 4" inside diam., $10.55. Ppd. Other sizes available. Send for free brochure.

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A distinctively

*Natural Ferns*



A series of three reproductions by southern artist

These prints, drawn in two natural colors, earth green and warm brown on fine white paper, will add warmth and interest to any room.

Each [illegible] measures "OVAL" [illegible] at $19.95 a set.

**THE TATTERED BOOT**
Send for our catalog-25¢
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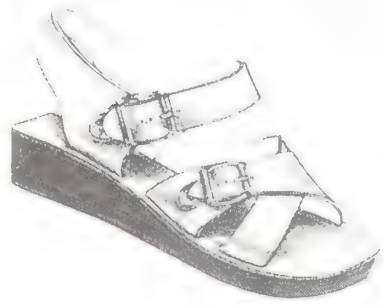


Gingham Shirts for Men

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Blue/ [illegible]
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*Send for Free Spring Catalog*
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# SHOPPING AROUND



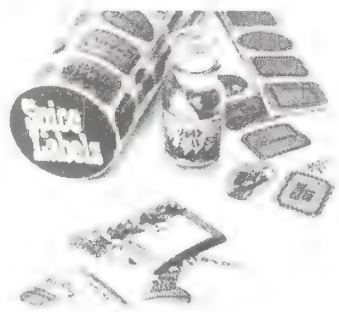
## SHAPELY SANDAL

Soft leather buckled straps and crepe wedge soles make Sharon an ideal choice wherever you walk all summer. Choose white, tan or brown. Medium only. Whole sizes, 4-10, $11.95; sizes 11, 12, $12.95. Add 90c post. Sofwear Shoes, HG6, 1711 Main, Houston, TX 77002.



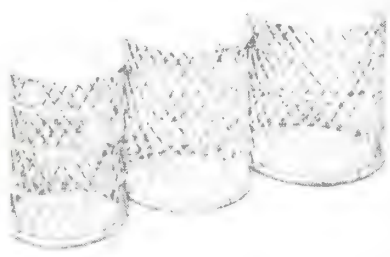
## NON-SKID PROTECTION

Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads plus 15c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.



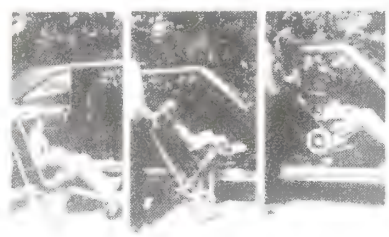
## ZESTY LABELS

Labels for spice jars printed in bright colors on brown paper. Thirty-two pre-printed with herb and spice names; eight blank. 1⅞" by 1½". Self-sticking backs. Wrapped around their own tube. $1.98 plus 40c post. Country Gourmet, G6E, 512 So. Fulton Ave., Mt. Vernon, NY 10550.



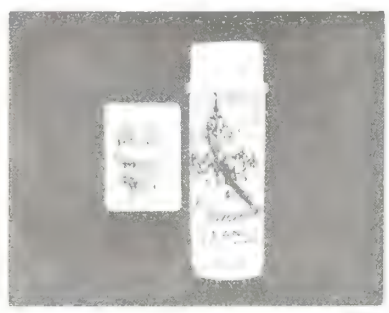
## TRAVELING TRIO

Top notch decorating idea: three nesting rattan taborets to use as end tables, foot stools, extra seating. Largest is 18" h., 16" dia.; medium: 17", 14"; small: 16", 14". Set of three, $39.95 plus $4 post. Send 25c for catalogue. Fran's Basket House, HG6, Rte-10, Succasunna, NJ 07876.



## CHILD'S TRAVEL CHAIR

Perfect solution for transporting disabled child. Seated child in chair slides into car, seat belt holds them secure. Retractable wheels, adjustable foot rest, foot brake. Optional: head support, restraint belt, scoliosis pads. Ortho-Kinetics, Inc., HG6, 1225 Pearl St., Waukesha, WI 53186.



## SPARKLING SPRAY MIST

Crystal chandeliers, sconces and candelabra come bright and clear after a spray shower of silicone mist from an easy-to-handle 7 oz. can. No need to wipe; just let dry naturally. $2.98 plus 50c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.



**PLANTER TRIO**

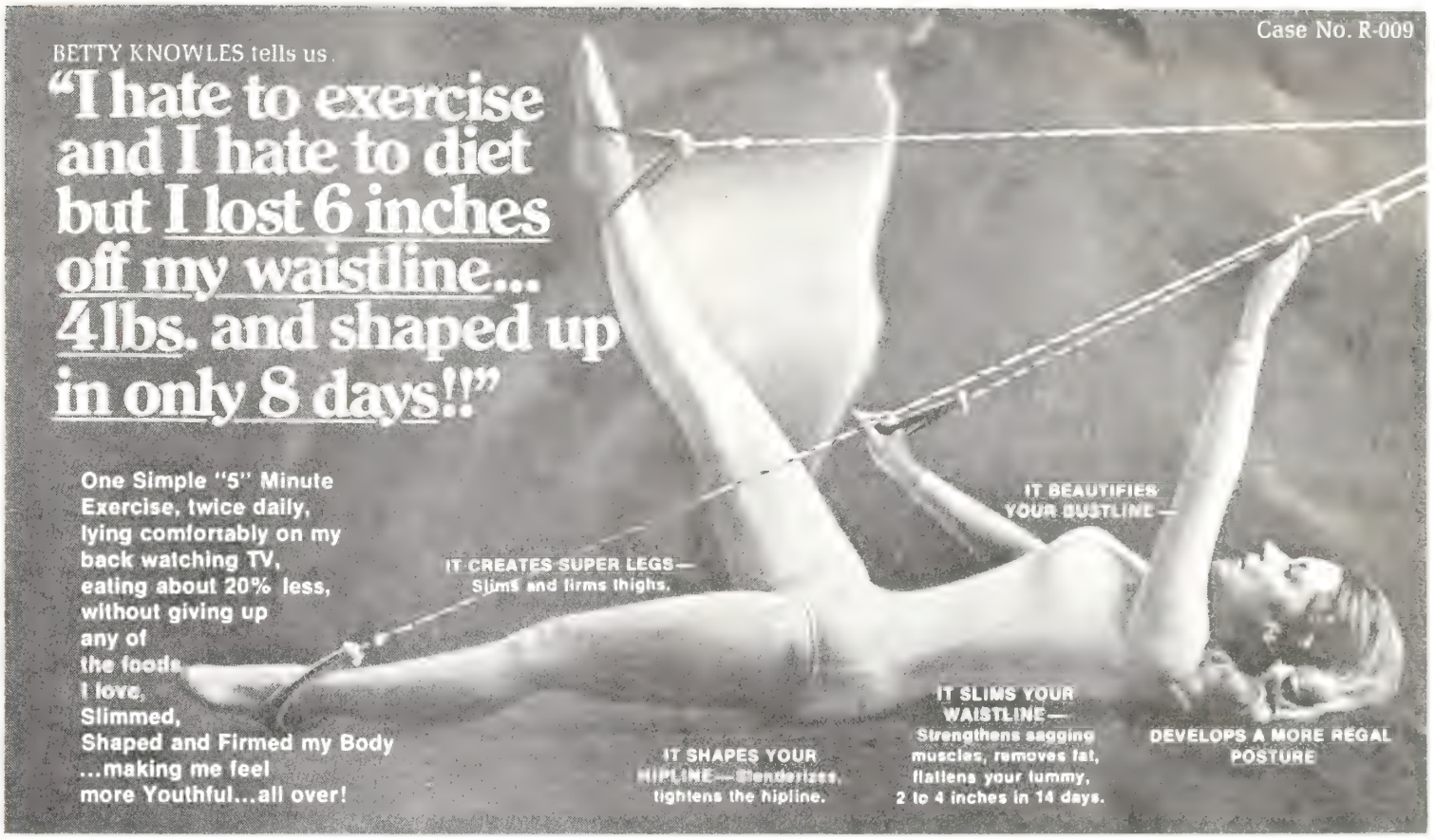
Arrange your favorite greenery in these charming planters. Set of three graduated ceramic planters, suitable for hanging. 4¾" to 7¼" h, to 5¼" diameter. Available in Earth Tone and stylized by an abstract bamboo pattern. 3 planters for only **$6.50** ppd.

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**P.O. Box 371, Prospect Hts., Ill. 60070**

Case No. R-009

BETTY KNOWLES tells us.

# "I hate to exercise and I hate to diet but I lost 6 inches off my waistline... 4lbs. and shaped up in only 8 days!!"




# "I saw and felt results in the first 3 days."

**NO RIGID DIETING...**
**NO COMPLICATED EXERCISES...**
**This ingenious '5' Minute Total Body Shaper Plan, designed for busy people like you, has you starting to lose inches and pounds immediately...in the privacy of your own home. It's Safe...Medically Approved...and Guaranteed!**

**Here are the 6 reasons why this plan works fast to start you looking years slimmer... in 14 days!**

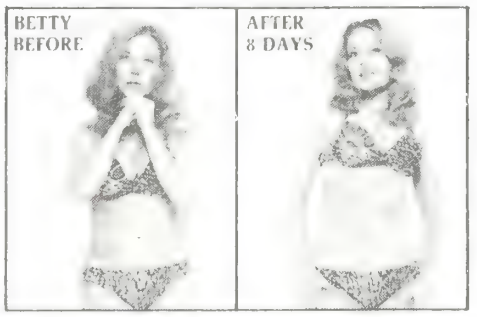
1. **It Concentrates Its Slimming Action On Your Fatty Areas, Waist, Hips, Upper Thighs,** that give you an aging look. Because it works most of your muscles gracefully at one time—not body part by body part—the Plan stimulates faster slimming action to help you start fashioning a more youthful looking figure in 14 days.
2. **Simple to Use. No disrobing.** Attach it to any door knob, stretch out comfortably on the floor. Do one '5' Minute continuous, rhythmic, enjoyable exercise, twice daily, whenever you have the time, even while watching TV.
3. **Designed to Slim Fatty Problem Areas.** Choose 4 different '5' Minute exercises, each created to help slim down the problem fatty deposit areas of your figure in 14 days.
4. **No Rigid Dieting.** We suggest you temporarily eat 20% less until you reach your normal weight, without giving up any of the foods you love—eat Ice Cream, Cakes, Pasta, whatever! (It's all in the guide.)
5. **Safer and Saves Time.** No more running to gyms for complicated, exhausting workouts that can strain you. This simple '5' Minute Plan, that you do at home, leaves you refreshed.
6. **Weighs Only 10 Ounces.** Fits any wallet size case. Stores anywhere. Travels with you so you never have to miss a slimming session. Remember, it's the daily sessions that firm, shape and fashion you a more youthful looking figure.

**It's Fun With Results...."5" Minutes And Out.**

**THE SECRET WHY IT BEATS FASTING ALONE, MAKING YOUR FIGURE LOOK YEARS YOUNGER.**

Fasting Programs, when causing weight loss, unlike our plan usually burn off more active tissue (muscles) which can cause your skin to wrinkle, muscles to sag and create dragging fatigue. Our Plan increases active tissue growth—through the use of the '5' Minute exerciser—while concentrating greater fat loss by (exercise and temporary 20 percent food reduction) making you look years younger as you slim. Within the first '5' minutes you use the exerciser you start burning off fat, speeding up your metabolism to help burn up stored calories, releasing excess water. Helps curb your appetite without suppressants. Increases energy and well being. It's so simple and enjoyable a plan to follow, we guarantee you can stay with it remaining slim without re-gaining those inches and pounds. It can put an end to your "gain-and-loss-cycles".

(PHOTOS CERTIFIED UNRETOUCHED)




**Weight: 115 lbs. Waist: 29½ in.** — **Weight: 111 lbs. Waist: 23½ in.**

| Name | Pounds Lost | Inches Lost (off waistline) | Time |
|---|---|---|---|
| G. C. | 25 lbs. | 5¾ in. | (14 days) |
| M. F. | 32 lbs. | 6⅜ in | (24 days) |
| W. E | 15 lbs. | 3 in. | (14 days) |
| M. B. | 22 lbs | 8 in. | (21 days) |
| C. J. | 10 lbs. | 6¾ in. | (14 days) |
| P. O. | 10 lbs. | 6¼ in | (14 days) |
| J. C. | 10 lbs. | 5 in. | (14 days) |

They were measured by experts before and after 14 days. The results verified, some notarized. Your results may vary depending on how overweight you are and how much time you devote to the exerciser. The customers quoted spent 5 minutes, twice daily and replaced their fast eating temporarily by eating [illegible] but nine times in the foods they love.

**DO IT NOW!** It's America's most [illegible] figure shaper. 600,000 customers have purchased our '5' Minute Plan to slim down fast. Results are proven and some notarized. Our guarantee is in writing. Experts agree our plan works and works fast. Now can you afford not to send for it? Use the coupon for ordering your '5' Minute Body Shaper and start slimming down [illegible]

USE OUR '5' MINUTE TOTAL BODY SHAPER PLAN FOR 14 DAYS AND WE GUARANTEE YOU THESE RESULTS:

**"You Will Lose Inches and Pounds. Improve Your Vitality, Energy, Fitness, Posture, Work Off Body Tensions, Feel and Look Better and Younger — All To Your Satisfaction Within 14 Days — If You Follow Our Instructions — Or Your $9.95 Will Be Refunded."**

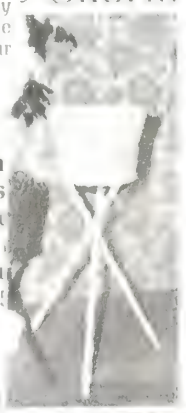
**EXPERTS AND CUSTOMERS AGREE:**

**It's the no-nonsense way to shape up fast!**

Scientific reports and many of our customers inform us that sauna wraps, inflated belts, weighted belts and other "effortless" exercisers are of little or no value in trimming, shaping and beautifying your figure. "YOU MUST WORK OFF THE INCHES," experts say. We believe, and results prove, our's is the simplest, safest, most enjoyable Plan to do it. We Guarantee it. Here's a sampling of what our slimming customers tell us that happened to them while using the [illegible]

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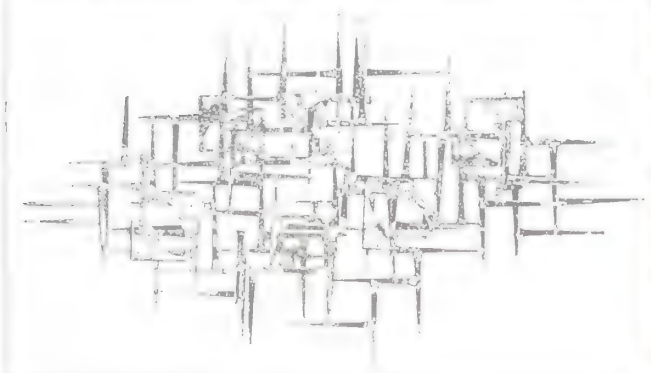
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# SHOPPING AROUND



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BLUEJEAN SAFARI

Inspiration from African Plains in suit with contrast stitching, golden buttons, 4 patch pockets. Western pants pockets, rear yoke. S, M, L, XL; waist 28-38 odd or even. $45 plus 50c post. Catalogue $1. Ah Men Clothing, HG6, 8900 Santa Monica Blvd. Los Angeles, CA 90069.



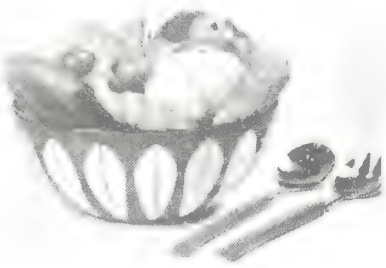
SONGFEST

Charming gold-banded plates of crystal-clear glass showing 8 familiar, prettily colored songbirds in centers. Lovely for your own table, or for gift giving. 8″ diameter. Set of eight plates $18.95 ppd. 32-page color catalogue free. Johnny Appleseed's, HG6, Box 706, Beverly, MA 01915.



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SALAD SET

Norwegian enamelware bowl goes from freezer to flame to table. 9½″. Lotus pattern in avocado or yellow. $7.45. 12″ teak and stainless servers $4.95. Set $11.95. Add $1.50 post. Free catalogue. Nordiska, HG6, 299 Westport Ave., Norwalk, CT 06851.



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# SHOPPING AROUND

## LIFETIME CALENDAR



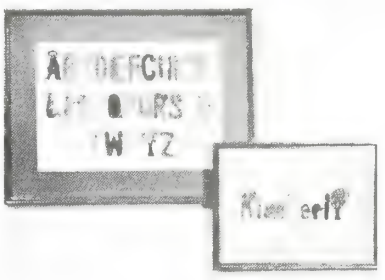
Blocks of solid oak show month, date, year for 248 years. 10″ by 15″ by 2″. Wall mounted or stands alone. Dark stain with yellow numerals; light stain, black or brown numerals. $29.95 plus $1 post. Don & John's Game Farm, HG6, 925 No. Bluemound Dr., Appleton, WI 54911.

## EYESIGHT SAVER



For sewers who find the eyes of needles growing smaller. Needle threader consists of a plastic funnel into which the needle is dropped, spindle to transfer thread to needle, blade to cut thread. $1 plus 15c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.

## WHO'S ZOO?



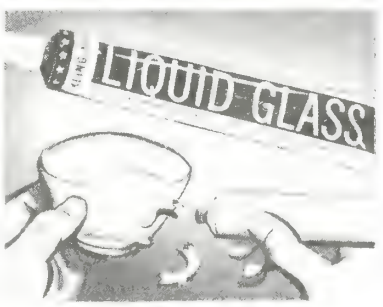
Water color animal alphabet spells names (specify) in bright colors. 9″ x 12″, matted, up to eight letters, $4.95; more letters, each 50c. Entire alphabet, capitals or small letters matted, 14″ x 18″, $10.95. Add $1 post. Laura's Loveables, Dept. 6, Box 7381, Las Vegas, NV 89101.

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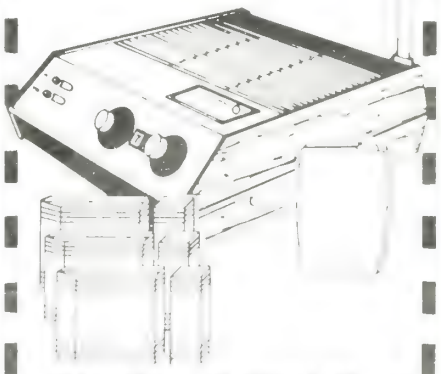
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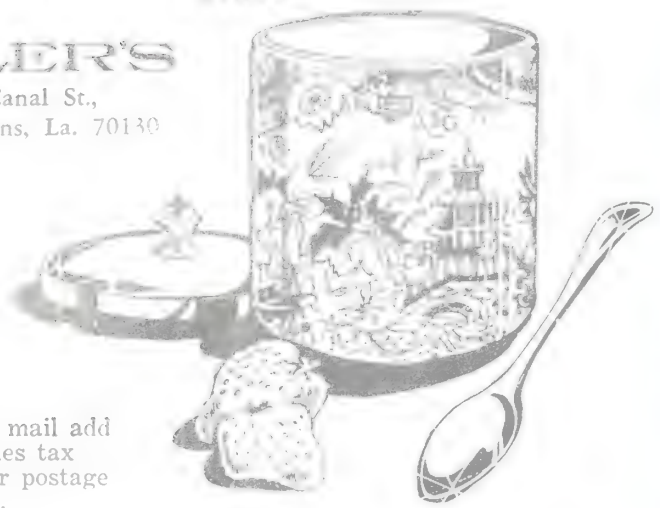


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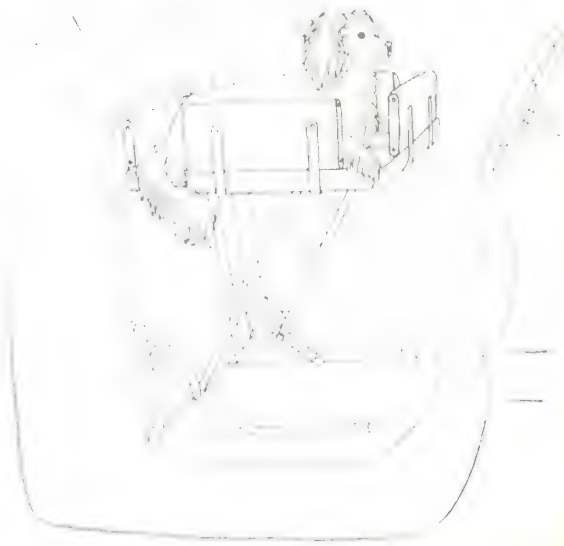
Cafe d'Orleans Beignets, the pillow-type doughnuts dusted with powdered sugar and served hot with New Orleans coffee and chicory. A treat you can make. Gift package with two bags of doughnut mix, 1 lb. of the famous coffee, $7.25 ppd. Creole Delicacies Inc., HG6, 533 St. Ann St., New Orleans, LA 70116.

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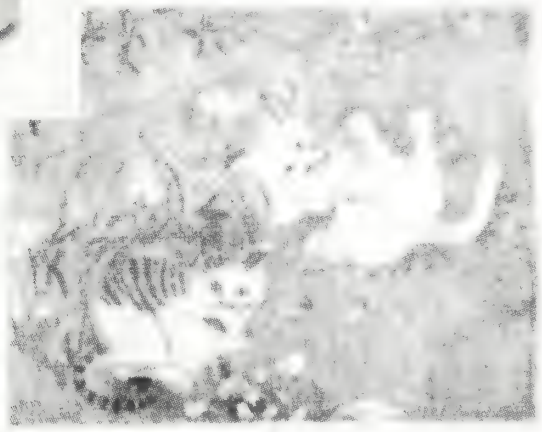
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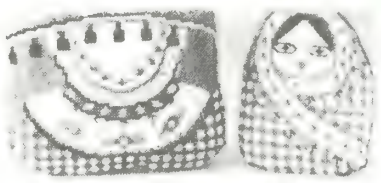
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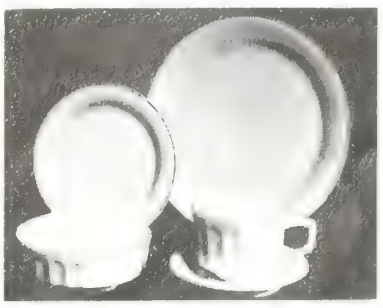




...broidery cotton, needle. Lg. 8¼" by 10½"; sm. 5¼" by 6¼". (Backing not included.) $12.95 plus 75c post. World of Stitch 'n Knit, HG65, Box 709, Framingham, MA 01701.

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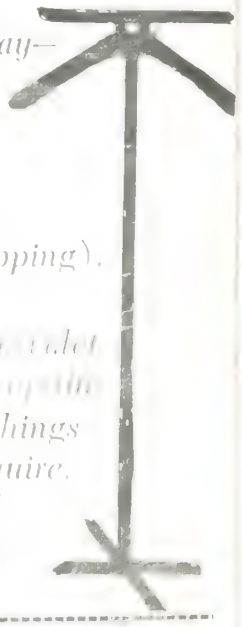


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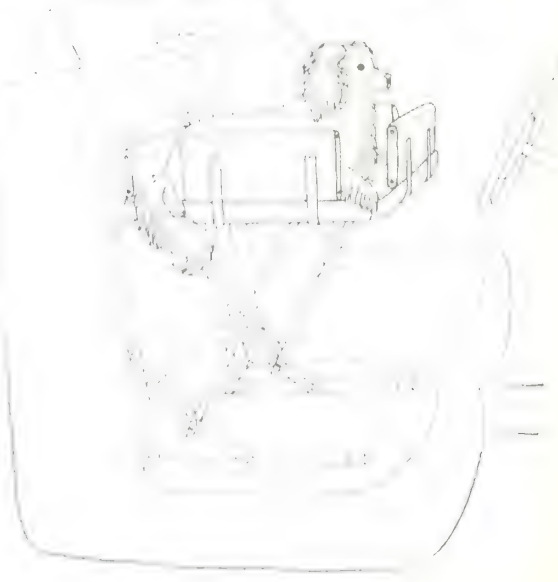
Table for today. Classic fold-up, move-about tray bar originally from fashionable Bombay Bicycle club is skillfully reproduced in fine mahogany with hand-rubbed walnut finish. 36" h. by 32" w. Removable tray, 18" by 32". $29 plus $4 post. Bombay Co., HG6, Box 52322, New Orleans, LA 70152.



A conversation piece. Sculpture-like clusters of South Pacific oyster shells accented with pearls form a truly dramatic white background for a plant or flowers. No two exactly alike. Self-lined. 6" h. $11; 12" h. $25 plus $1.50 post. Godchaux, HG6, 828 Canal St., New Orleans, LA 70130.



Let your pet enjoy the ride, and make him feel secure. Model shown ... type seat or back ... hooks beneath seat for support. Black or beige upholstery over poly ... padding. Regular ... 12" by 15", ... 13" ...



# SHOPPING AROUND

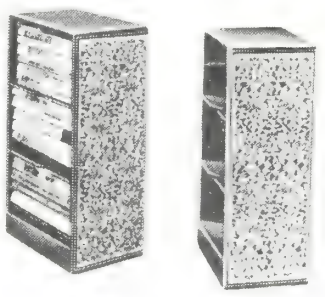
## FRAME KITS

Molded wood to assemble, cover with fabric, needlepoint, ribbon or shells. Frame-only kits with glass: 8″ by 10″, $12; 5″ by 7″, $10; 4″ by 4″, $8. Fabric (green, yellow or blue/white) kit (same sizes): $5, $4, $3. Add $1 post. Fun Frames, HG6, Box 6122, Charlotte, NC 28207.



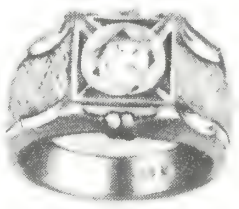
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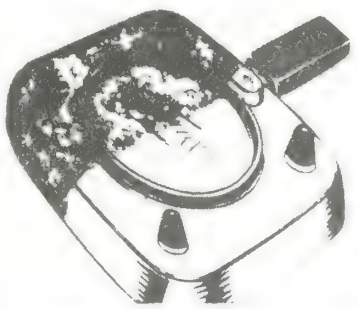
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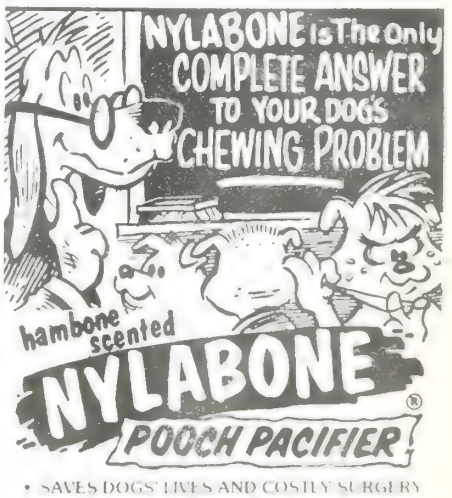
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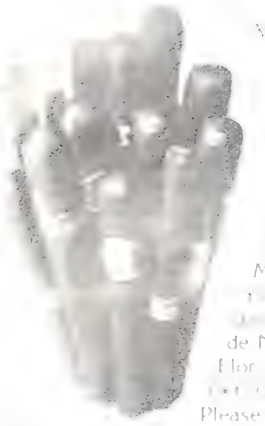
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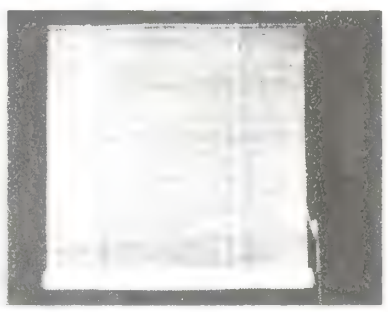
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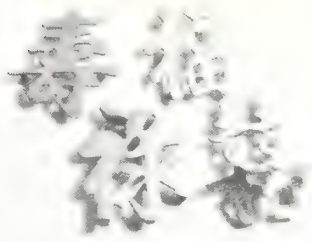
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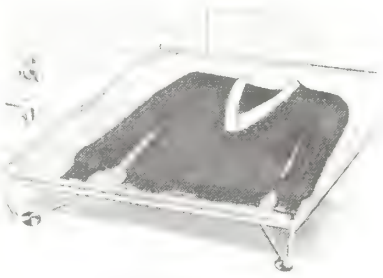
The perennially popular shades in natural matchstick type are well made in Taiwan. Hanging hooks included. All 72" long. 24" w. $6; 30" w. $7; 36" w. $8.50; 42" w. $10. Add $2 post. for each shade. Catalogue 25c. Fran's Basket House, HG6, Route 10, Succasunna, NJ 07876.

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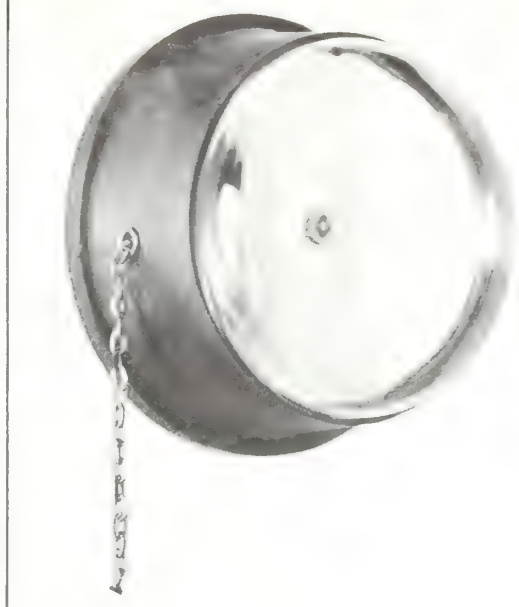


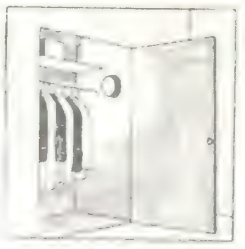
Fringe, lacing and beads give moccasins the Indian look, built-in wedge heel and glove leather are modern extras. White, natural or black. Full and ½ sizes 4-10M, 5-10N. $12 with 1½" wedge heel $13.90 plus $1 post. Old Pueblo Traders, HG6, 600 S. Country Club, Tucson, AZ 85716.

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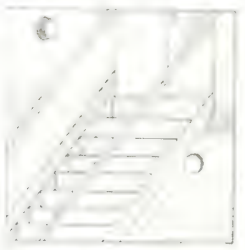


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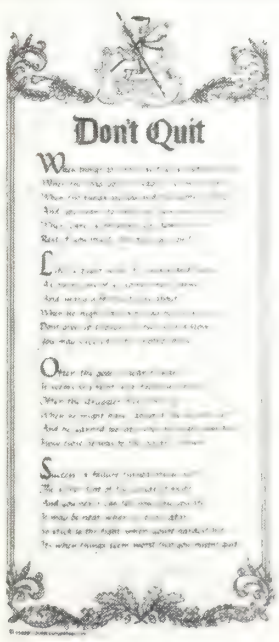
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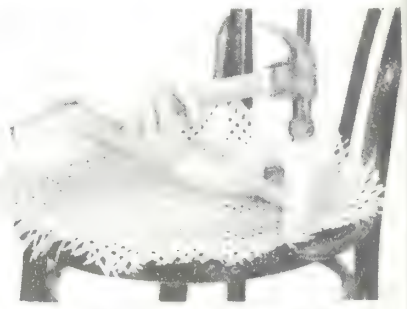
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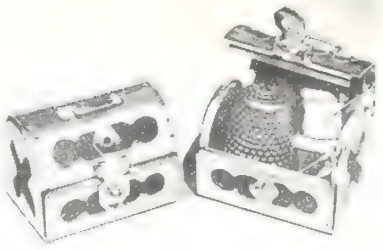
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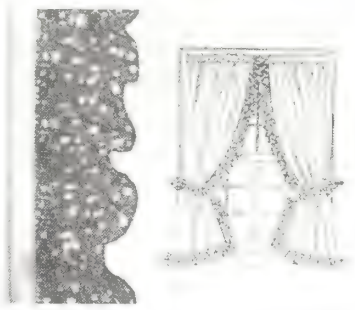
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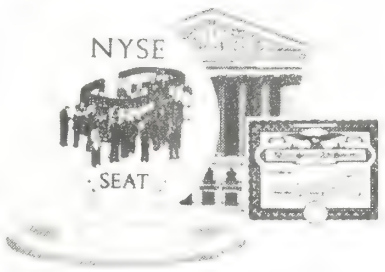
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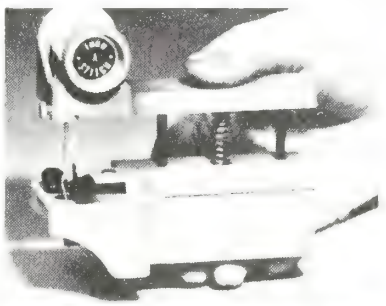
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### BROKER JOKER



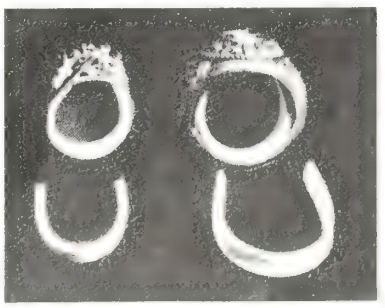

Insignia of NY Stock Exchange imparts distinction to toilet seat of good quality enameled hardwood. Will fit all standard fixtures. With certificate: 25 shares Wall Street Aid Society. $18.95 plus 95c post. Holiday Gifts, Inc., Dept. 306-F, Wheat Ridge, CO 80033.

### SPEED SEWING



Dexter hand machine can baste, tack, zigzag, sew on buttons and zippers. Blind-stitches hem you're wearing. Does draperies and curtains while they're hanging. With needle threader, booklet. $6.98 plus 40c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.

### HOLD IT!



Keep rings in place on finger with Ring-Insert-Guard-Sizer. Vinyl liner slides inside ring after it's on. Works for any size ring, any finger, woman's or man's. Holds boys' rings in place on girls' fingers, $3 ppd. Rigs, HG6, 1400 So. Collyer, 1401-E, Longmont, CO 80501.



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Beat the heat! You can be cucumber cool anywhere, anytime. Just flick on the portable mini fan for the freshest breeze this side of the shore. Battery operated (battery not included). Lightweight plastic with stand for desk or table use.

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11 oz. PERFECT SERVE®
15 oz. COOL SERVE®
*Immediate delivery.*



Perfect Serve or Cool Serve @ $7.95 per set . . . or both for only $15.00
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Please add $5.00 shipping and handling
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## TENNIS PILLOWS

**The most unusual tennis trophy ever sewn!**

Circa 1920 his or her's tennis players in their colorful attire, predominately red and green. Flip the 19″x10″ cotton pillows over and see the player's rear view. They deserve a spot in the home of the tennis buff in your life. $13. ea. or 2 for $25. plus $1.75 handling and shipping. Specify male or female.

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Practical key holder does away with fumbling and groping. Reel clips inside purse: unreels keys, automatically rewinds into case. Does away with fumbling. Clip to bag, pocket or belt. $1.98 plus 20c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.



### MINIATURE MARVEL

Esther Baker turns a black and white or color shot into a delicate antique ivory-like oval miniature, 2½" by 3½". Actual photo is used by a special process; if cannot be returned. 3-4 weeks del. $7.50 each plus 75c post. Easel, $1. Esther Baker, HG6, Box 1022, Lompoc, CA 93436.



### HERE'S GLENDA

Comes in navy, black, beige, white, gray/black/white, ombre blue, ombre beige, deep-multi and multi-pastel kid. 1¾" wedge; AAAA-EE, sizes 2½ to 10, $27.95; 10½-12, $28.95. Add $1 post; 25c each add'l pair. Free catalogue. Solby Bayes, HG6, 45 Winter St., Boston, MA 02108.



### WHOLE TEETH

Emergency repair kit for plastic dentures replaces loosened teeth in upper and lower plates, fixes cracks. Easy to use. Keep a kit on hand at all times. Indispensable for travelers! $2.98 plus 25c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.


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22"L x 16"W x 18"H - $18.95 ppd.

20"L x 14"W x 17"H - $16.95 ppd.

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Only $11.95 ppd.

FOR PATIOS — [illegible] lamp

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[illegible] design

[illegible]. Made in U.S.A. [illegible]

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Gift House
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GROW A BEAUTIFUL HOUSE PLANT FROM AN AVOCADO SEED



With this new ceramic planter its EASY, FUN and DECORATIVE to sprout house plants from leftover avocado seeds. This unusual planter is shaped like half an avocado and specially designed to hold a seed just right for sprouting. Finished in hi-gloss, two-tone avocado green, it looks great anywhere. 6 inches long. Uses only water. Comes with comlete instructions (seed not included). Send **$3.50** + 50¢ handling; 2 for **$6.00** + $1.00 handling

*(Calif. residents, only, add 6% sales tax)*

**K MILLER SPECIALTIES,** Dept. HG-65
P.O. Box 4621, Whittier, CA. 91789

## COUNTRY AIR



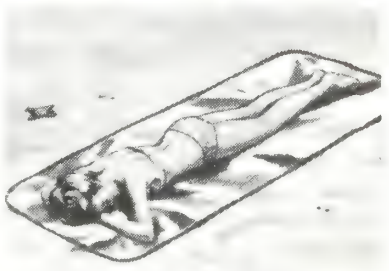
Work table has butcher block top 2" thick, handy drawer. 34" h. or 30" h. 36" by 24" $164; 48" by 24" $180; 48" by 30" $194; 60" by 24" $194; 60" by 30" $215; 72" by 36" $260. Exp. coll. 52-page catalogue $1. J & D Brauner, HG6, 1331 So. Michigan Ave., Chicago, IL 60605.

## TREASURE REFLECTIONS



Glass door and shelves plus mirror back reflect the contents of a curio cabinet. Pediment top, teardrop turnings. 26" h., 20½" w., 5½" d. Mahogany finish, $79.95; add $10 for gold or white. Add $6 for delivery. Catalogue, $1. Magnolia Hall, HG6 726 Andover, Atlanta, GA 30327.

## SUNTAN SHORTCUT



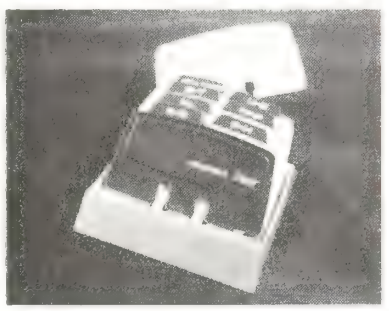
Big reflector blanket helps to acquire a healthy looking tan more quickly. Soft cotton with silicone coating attracts sun's rays but won't heat up, stays comfortable. Wipes clean with damp cloth. 38" by 72". $4.98 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

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Oh, those miserable moments when eyeglass frames part company! To cope, a clever kit that helps get it all together: professional optical screwdriver and an assortment of tiny frame screws. $1.98 plus 15c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.

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You've got to see it in action. If not 100% pleased, FULL REFUND

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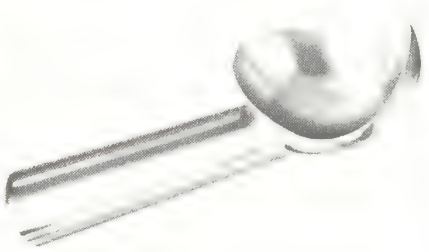
**Leaves No Ring**

**NOW,** your own professional spoting kit in one bottle. "Goof proof". Just spray on and wipe away. Coffee, liquor, colas, juices, ink, polish, grass, pet stains — you name it. Try it on any fine colorfast fabrics including ties. 8 oz. $2.95. Check or M. O.

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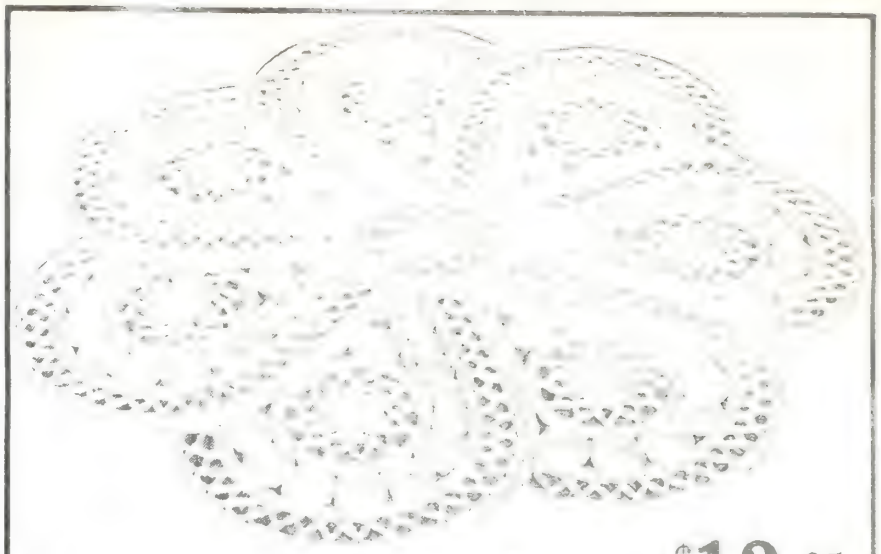




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6 ft. diam. $23.95 plus $2.50 post.

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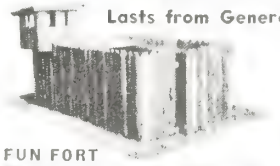
Harriet Carter Dept. HG-13056, Plymouth Meeting, Pa. 19462



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satisfaction guaranteed

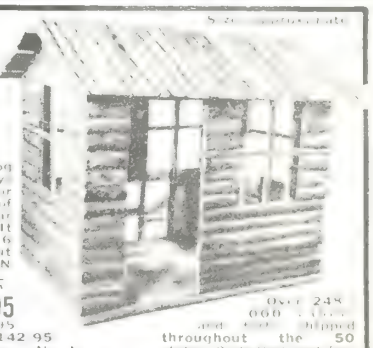
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Sturdy all weather log cabin for junior cowboy or as a dream house for junior misses. Made of long lasting Split Cedar Wood logs with bark. It comes preassembled in 6 sections and can be put together in minutes. CAN ALSO BE USED AS UTILITY SHED AND CABANA 4 x 5 on ground **$52.95** 5½ high

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With shutters and door $142.95

All prices F.O.B. Camden N.J.



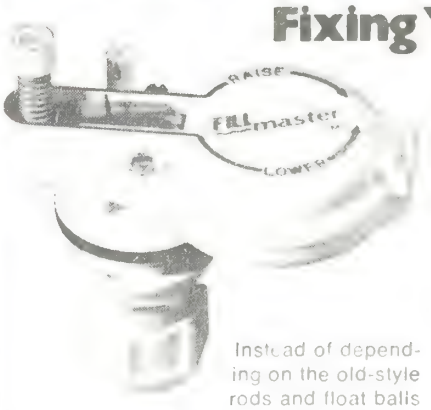
Over 248 000 [illegible] and [illegible] shipped throughout the 50 [illegible]. Get that [illegible] They [illegible]

CEDAR PRODUCTS, Dept. HG-8, Box 84, N. Baldwin, N.Y. 11510



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[illegible] residents add 6% [illegible]

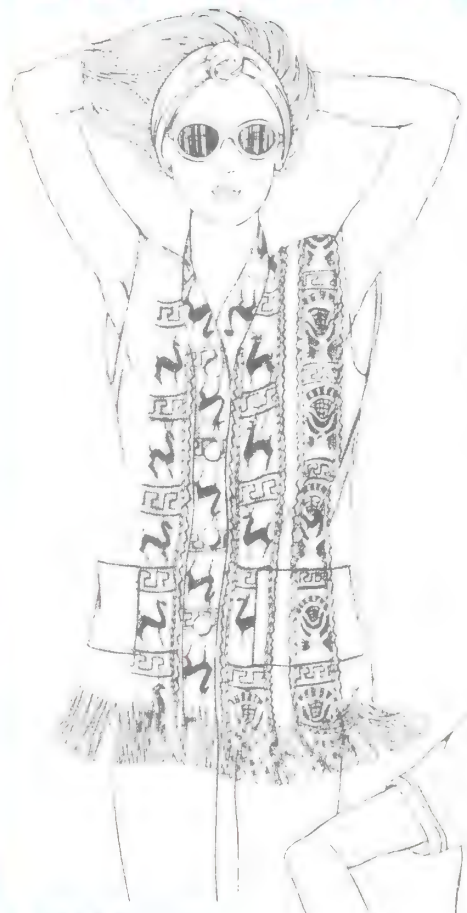
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10" x 80" **2.75** ea.



England housewives have used charming Country Curtains in their ... beige-tone or sparkling white blend of cotton and polyester.

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COUNTRY CURTAINS
At The Red Lion Inn
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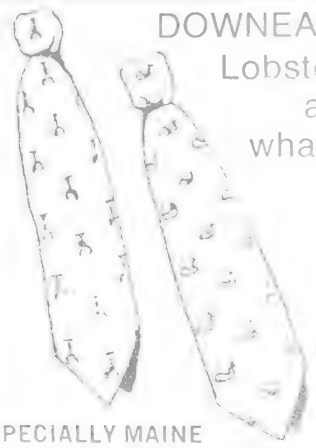
...Additional letters 35¢ each. Specify occasion: we giftwrap accordingly, include card and mail postpaid to you or ...



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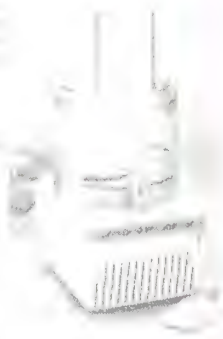
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Maine products packed in 12-inch authentic clam basket. Lobster bisque, clam bisque, lobster Newburgh, deviled lobster, clam chowder, whole clams, crab meat, clam juice, clams in the shell, lobster, clam, crab and sardine spreads, lobster, shrimp, clam and smoky fish dips, $29 ppd. Free catalogue, Especially Maine, Dept. 6, Vinegar Hill Rd., Arundel, ME 04046.



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## PATCHWORK SKIRT KIT

**Colorful! Fashionable! Fun to do!**



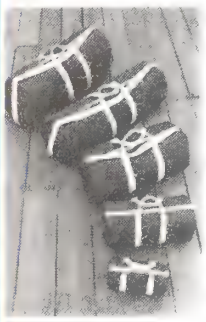
Kit includes pre-cut squares, sash fabric, petticoat fabric with lace and ribbon trim, elastic for waist and easy to follow instructions. **$18.00** ppd.

**Choose colors from: a. red, white and blue. b. black and white. c. blue and green. d. garden colors. e. primary colors.**

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**1 HOCKEY BAG . . 25.75**
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**Captain's Quarters**
Dept. HG6 Box [illegible]
Bar Harbor, Maine 04609

## tenniswear



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Two Piece Tennis Dress 50% Poly 50% Cotton Double Knit. Cotton backing for absorbency. Tank Top and Colorful Bias Cut Skirt. Knit Bike Denim Pockets and to Belt with Jean Type Top Stitching Trim. Included matching Bikini Panty with Lace and Top Stitching. $32.00 Sizes 5, 6, 7, 8, 9, 10, 11, 12, 13, 14

the STITCH SMITHS
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~RAISES & LOWERS IN THE SAME MANNER AS VENETIAN BLINDS~

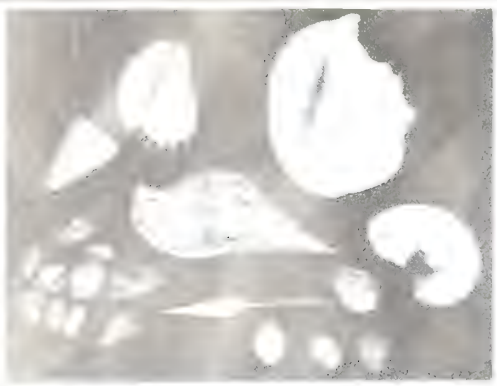
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Your choice of the elephant (11" H x 7" D) or Hippo (9" H x 7" D). **$23 plus $1.50 shipping**
A planter with personality.

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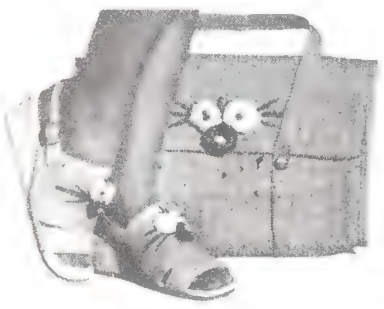
KEEP COOL

For summer it's a carefree shift of polyester and cotton. Assorted prints. 10-20 $4; two for $7.50. 42-44-46; two for $8. Add 75c post. Write for free color brochure (just send a stamped envelope with your address). Wendy Dale, HG6, P.O. Box 91-G6, Newton Centre, MA 02159.



GRACEFUL LINES

Lovely longdress in muslin with an embroidered waist panel and sash, intriguing topstitching, 2 pockets. XXP (3-4) to L (15-16). Natural $22.60; blue, raspberry, or brick $21.60. Ppd. Tantra Imports, Inc., HG6, Box 489, 335 Westminster St., Providence, RI 02903.



PRETTY PAIR

Handmade flowers on straw bag and sandals from Italy. Crepe rubber soles. White, lime, sky blue or lemon. S 7-12; N 5-12, 13; M 3-12, 13; W 6-11; WW 6-10. Shoes $15.99; bag $14.99. Ppd. Catalogue free. Hill Brothers, Dept. 943, 241 Crescent St., Waltham, MA 02154.



MAGIC TOUCH

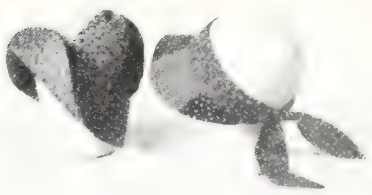
One stroke of "Almond Stick" and superficial scratches disappear from pianos, furniture, woodwork. For mahogany, walnut, oak and other finishes. Used by professionals. $1.98 plus 25c post each. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.




HAVE A PICNIC

If you go camping, boating or on roadside picnics, carry all supplies in a big tote. 20" by 12". Great also for travel and shopping. Rolls up for storing. Heavy-duty natural color canvas; cherry red lettering. $12.49 ppd. The Buckboard, HG6, Box 45, Garden City, NY 11530.

## KITS FOR HATS



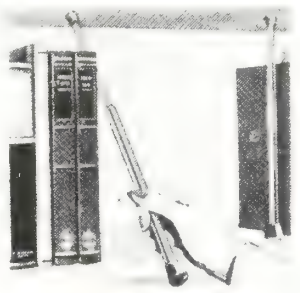
Bright calico headgear for summer. Clever patchwork hat ties in back, adjusts to head size. Crisp brim protects but doesn't hide face. Kit $5. Bias-cut visor band also ties in back to hold securely. Kit $4 Ppd. Ginger Snap Station, HG6, Box 81086, Atlanta, GA 30341.

## GROUND BEAUTY



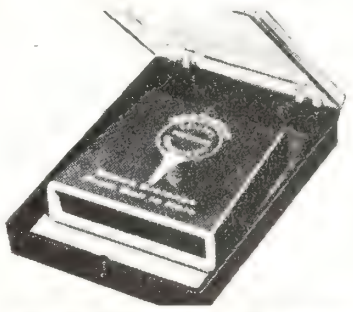
Hardy periwinkle thrives and spreads in sun or shade, any hard places. Blue flowers in spring, glossy green foilage all year. Plant 1′ apart, never get over 4-6″ tall. 25 plants $1.98; 50 $2.98; 100 $4.98. Ppd. House of Wesley, Nursery Div., 3638-38, Bloomington, IL 61701.

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Spring post bookends keep bookshelves neat and orderly. Gold anodized aluminum encases a steel tension spring. Poles fit shelves 9½″ to 13½″ h.; slim enough to be unobtrusive. $1.98 a pair plus 40c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105

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Take guesswork out of distance judging. Automatic precision range finder tells the number of yards your ball lies from hole. Fits in shirt pocket. A great gift for golfers. $8.50 ppd. Custom Crafts of California, 933 Edith Ct., Dept. HG-575, Rohnert Park, CA 94928.

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Pearl mist greenhouse with heavy redwood frame; acrylic, glass content fiber glass. Pre-cut; fabricated Dutch door. Model shown 8′ by 12′, $314.95 Exp. Coll. Other models from $119.95. Free catalogue. Peter Reimuller/ Greenhouseman™, Box 2666-KP6, Santa Cruz, CA 95063.




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Keep hair dry while bathing or swimming. Absorbent Dry Band gives positive seal against moisture. Keeps hair-do safe, dry. Easy to use —practical for all ages. Simply wrap poly-foam band around head to cover hairline. Wear under shower or bathing caps. Adjustable.

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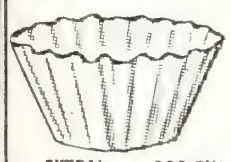



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Stick to any smooth surface. No moistening. Use them on letters, sports equipment, cameras, tapes, etc. Any message to 4 lines, 26 spaces each. Printed in black ink on your choice of White, Gold, Silver, . . . or Blue, Pink, Yellow pastel labels. 1⅜″ x ⅞″ in handy plastic sleeve dispenser. 225 for $3; 450 [alike] $5; or 1000 [alike] for $10. All postpaid. Specify color desired. 80-page Useful Gift Catalog, 25¢. From BRUCE BOLIND, 26-P BOLIND BLDG., BOULDER, COLORADO 80302. Since 1956, thanks to you!

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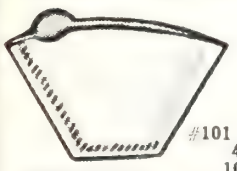
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EXTRA! 2000 FILTERS Reg. $50.00 **$27.50**

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Another handsome example of solid, hand-hammered wrought iron light fixtures from our *new, 40 page catalog*. Fixture is wall-mounted, 22″ high by 12″ wide, weighs 10 lbs. and comes completely wired. Add $2.95 postage and handling for each.

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Now you can select from hundreds of different art needlecraft kits in The Stitchery's exciting, full color catalogs. You'll find page after page of pillows, pictures, doorstops, bell pulls, handbags, tote bags, luggage straps and racks, footstools and footstool canvas, belts, dolls, rugs, eyeglass cases, pin cushions, afghans, etc. Many designs are exclusive. Send only 25¢ for the next 4 colorful issues.

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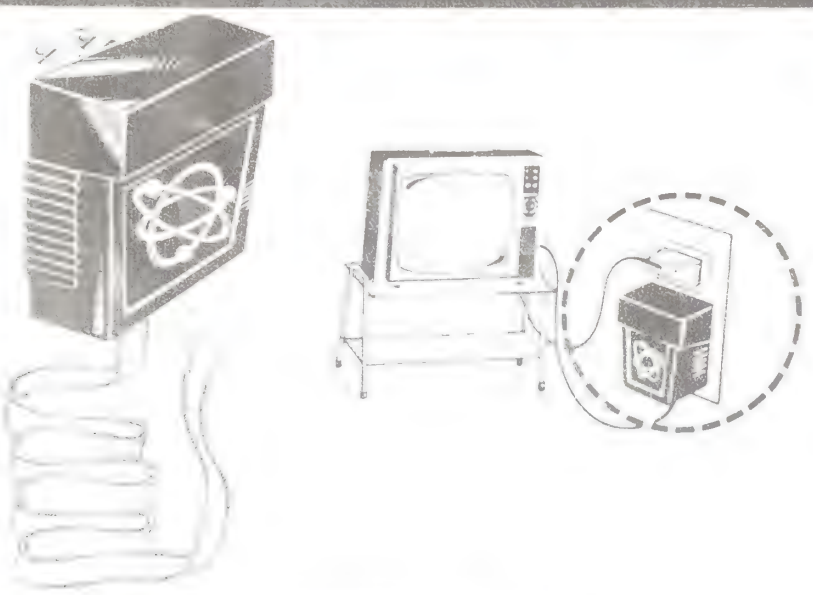
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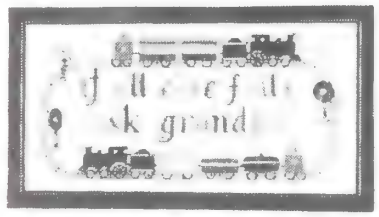
*Anthony Enterprises* [illegible] Market St. [illegible], Calif. 94105


## SHOPPING AROUND



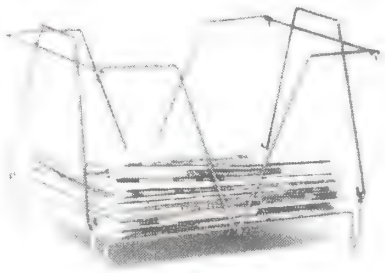
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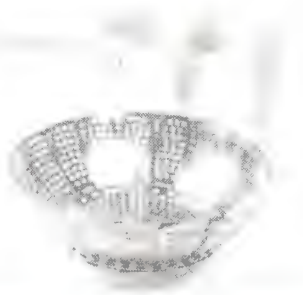
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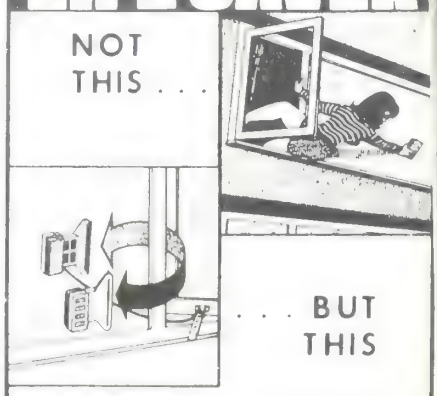
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*Elizabeth Mc Caffrey*

Dept. HG-5

Northport, New York 11768

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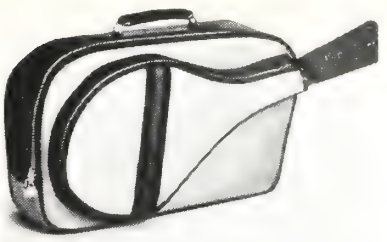

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Tennis bag holds two racquets plus balls, shoes, sweaters, towels. Brown canvas with dark brown vinyl, green and red canvas stripes. 22″ by 13″ by 4½″. Brass zipper, lock. $39.95 plus $2 post. Round-Up Products, HG6, 14 So. Barkway, Box 135, State College, PA 16801.



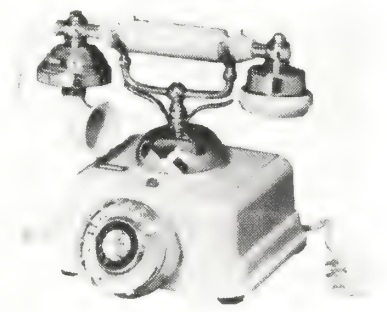
## CURTAIN CLAMPS

Shower curtains won't blow out of the tub when plastic magnetic holders are snapped on to the curtain. Permanently magnetized; won't rust or mar. Eliminate wet floors. Set of three, $1.98 plus 20c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.



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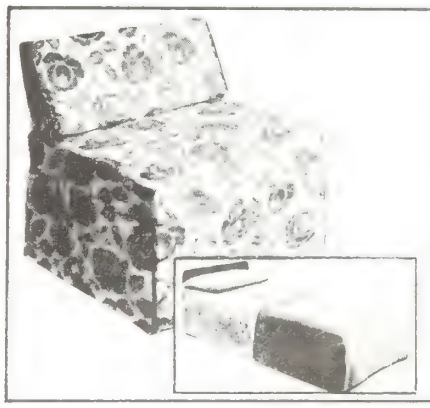
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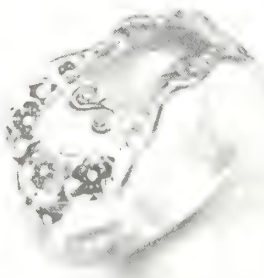


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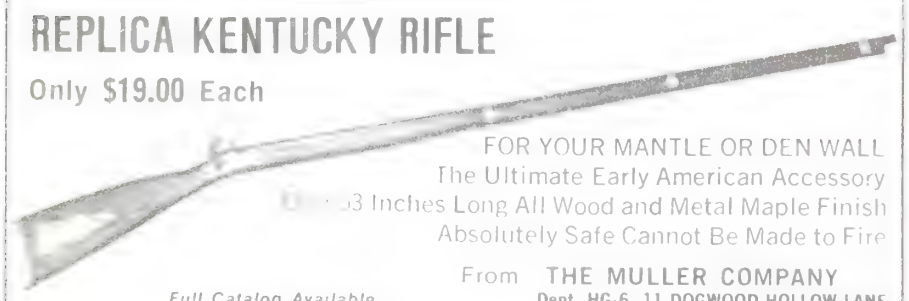
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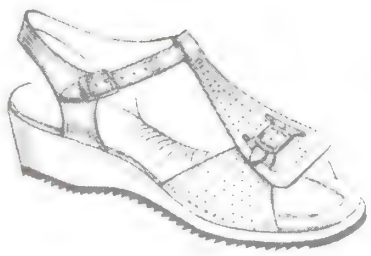
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Full willow is used by European craftsmen to weave attractively shaped jardinieres to hold your favorite plants. Decorative at a window or on patio. 20" long by 9" wide by 25" high. $24.95 plus $3 postage. Catalogue 25c. Fran's Basket House, HG6, Route 10, Succasunna, NJ 07876.



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Open toe, heel padded lining and insoles as well as arch support make sandals unbeatable for summer comfort and airy good looks. 1½" wedge. Full and ½. 6-10N, 4-10M, 4½-10W. White, red or camel. $18 plus $1 post. Old Pueblo Traders, 600 S. Country Club, H6D, Tucson AZ 85716.



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Cooks love the efficient work of a pure aluminum spatter shield that protects against flying frying spots, mixing bowl batter. Three hinged panels, 9" h., fold flat for storage. $2.98 plus 45c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, Calif. 94105



## CUSTOM CUTTING

Swiss slicing knife with stainless steel blade adjusts to thickness wanted. Use for bread, cheese, meats, fruits, vegetables. No moving parts. Enameled die cast aluminum body, dishwasher safe. 2" by 10". $10.29 plus 80c post. Regal Gifts, HG6, Box 430353, So. Miami, FL 33143.



## GREEN HAIRED PADDY

Bald ceramic character becomes a bit of old Erin with a glossy cap of green grass, once he's planted with quick-growing seeds. Fun to watch as his "hair" grows. Paddy, seeds, instructions, $4.25; two, $7.75. Ppd. Sleepy Hollow Gifts, HG6, 6651 Arlington Blvd., Falls Church, VA 22042.



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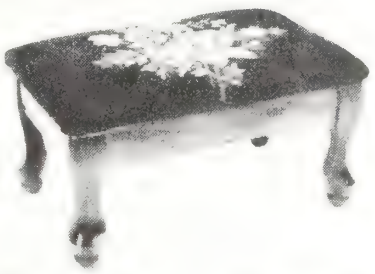
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### BEJEWELLED BUTTERFLY



Exotic green jade butterfly pin with eyes of contrasting genuine coral is set in 14K gold electroplated mounting, approx. 1⅞ x ½". A pin to add a flair to summer costumes and all year long. An oriental import. $9.95 ppd. The Crown Jewels, HG6, 8444 Kedvale Ave., Skokie, IL 60076.

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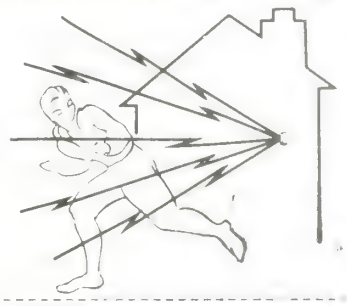
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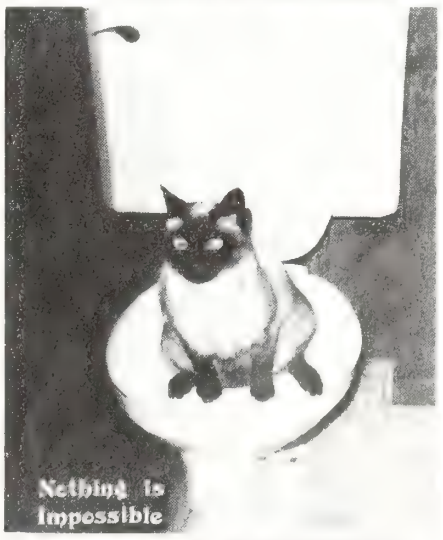
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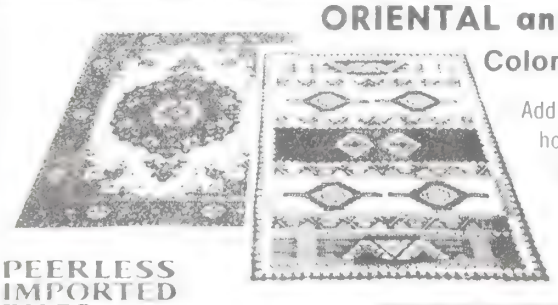
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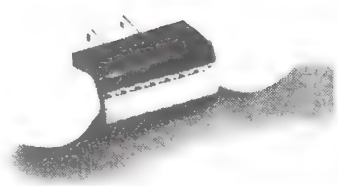
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# SHOPPING AROUND



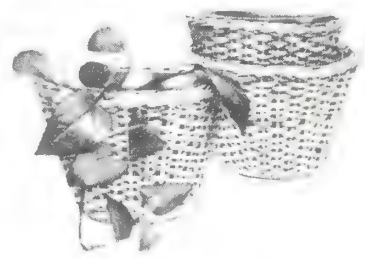
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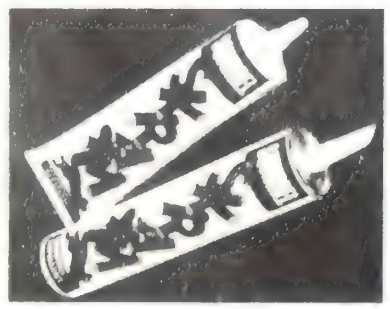
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## BUNCHING TABLES



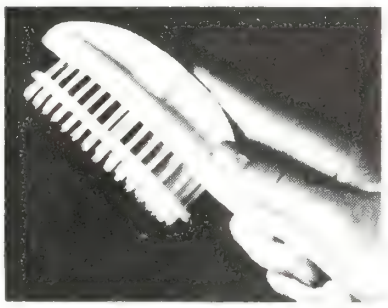
Country French pieces that are at home in a city apartment or rural house. Fine detailing and real parquet tops. 20″ by 20″, 16″ high. Pair $134.40 exp. coll. Catalogue showing other matching pieces 50c. Bryan Robeson, HG-128, Route 10, Box 793, Hickory, NC 28601.

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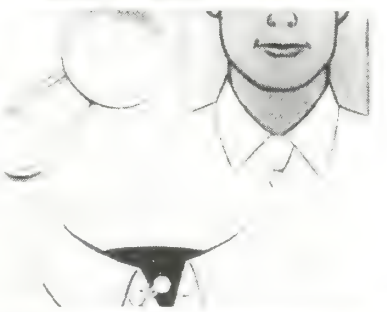
Elegant dessert plates and matching cups in snowy white porcelain with oriental dragons in rust and green. Plates are 7½″ dia. Handsome service. Set of 4 plates, $16 plus $2.25 post.; 4 cups, $16 plus $2.25 post. Elizabeth McCaffrey, HG6, Northport, NY 11768.

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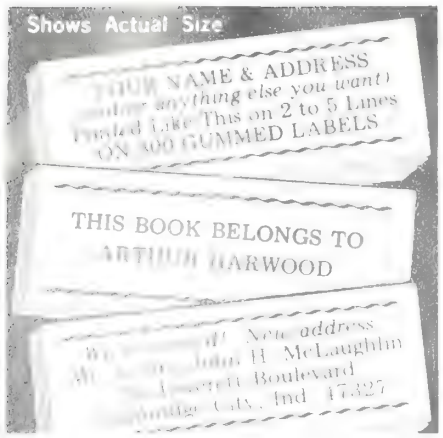
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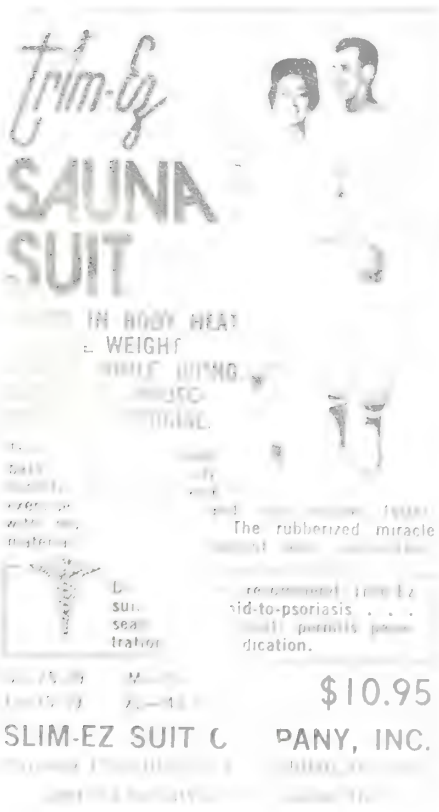
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Groomette is a neat little instrument of fine surgical steel to trim hairs in nostrils and ears. Insert in nostril or ear, twist knob, hair is snipped off without damage to sensitive tissues. $2.98 plus 30c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.



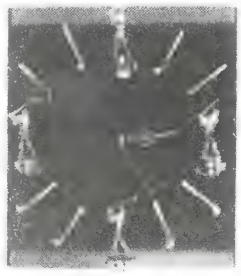

## WILD, WACKY SLOGANS

Choose any message or slogan up to 30 letters—it's printed on swinging sweatshirt or T-shirt. Quality cotton; machine washable; non-fading printing. Navy or powder blue. S, M, L, XL. Sweatshirt, $6.95, T-shirt, $4.95 ppd. Holiday Gifts, Dept. 306-G, Wheat Ridge, CO 80033.



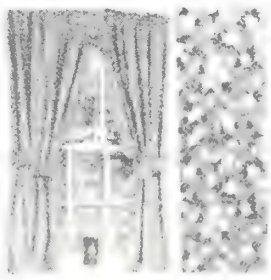
## CHINESE TO EMBROIDER

Classic design to do in crewel embroidery for a 14" by 14" box pillow cover. Kit includes design on bittersweet rayon and cotton fabric, crewel yarns in yellow, pristine white, green, piping, zipper, needle, directions. $6.95 plus 50c post. The Stitchery, HG6, Wellesley Hills, MA 02181.



## SPORTS TIME

Gold- or silver-plated figures on smoke lucite. Golf, tennis, bowling, motorcycles, riding. Others custom designed. 12" by 14" by 2½". Runs 1 year on "C" battery. His or hers. 3 weeks delivery. $34.95 plus $1.85 post. Contempo, Ltd., HG6, Box 314, Sunnymead, CA 92388.



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Red, gold, green, blue, brown or black ground on no-iron cotton blend. 70" w. a pair, 2½" ruffle; 30" l., $6.50; 36", $7; 45", $8; 54", $9; 63", $10; 72", $11. Valance, $3; tiebacks, $1; post. $1.25. Brochure 50c. Mather's, HG6, 31 E. Main St., Westminster, MD 21157.

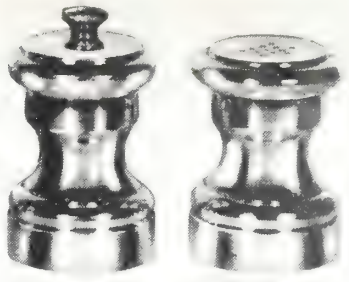


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Portraits or action painting hand painted in oil from your photograph or snapshot. Finished size, 12" by 16". From $69.95 ppd. unframed, sizes to 30" x 40" available. Free brochure and information. Oil Portraits & Paintings Ltd., GR 68 390, E. Ramon Rd., Palm Springs, CA 92262.

# SHOPPING AROUND

## PEWTER WITH PATINA



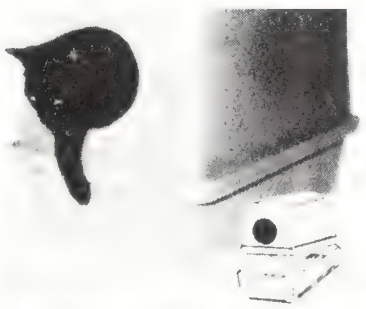
Salt shaker and pepper mill in the English style are pewter that has its own soft patina and never needs polishing. It has a fine mechanism for grinding corns as you like them. $9.95 plus 75c post. each pr. Wickford Gift Galleries, Dept. 222, 290 Westminster St., Providence, RI 02903.

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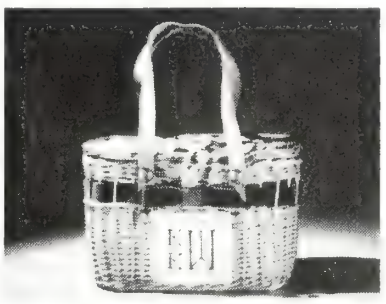
Kilo of gold comes in its own velvet pouch, makes an unusual collector's item, paperweight. $10 plus $1.50 post. Also (not shown) High Rollers crate of 24 gold bars $200 plus $10 post. Andy's, HG6, 2829 W. Northwest Highway, Rhine River Bldg. #160, Dallas, TX 75220.

## FELINE HYGIENE



This litter pan confines odors, hides wastes and stops litter spills. Top removes. Molded plastic, 16″ w., 22″ l., 18″ h. $18.95; 20″ l. by 14″ w. by 17″ h. $16.95 Ppd. Blue, beige, yellow, brown, avocado or white. Haugen Products, HG6, 709 W. Huron, Ann Arbor, MI 48103.

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A wicker basket, needlepointed monogram. Kit includes 10½″ x 6″ x 5½″ basket, wool, instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, $4.95; lidded $6.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

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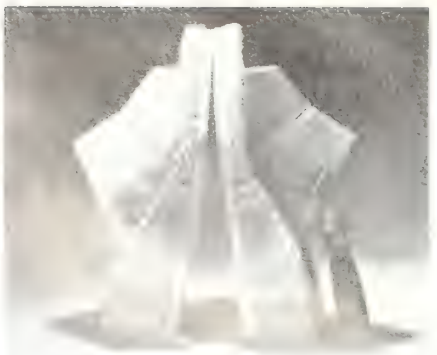


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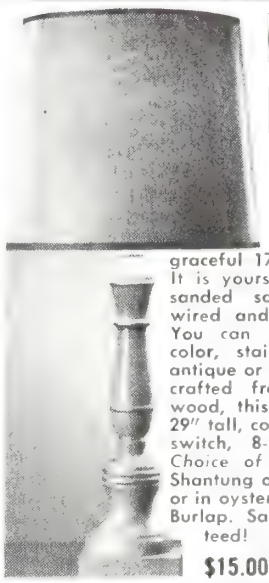
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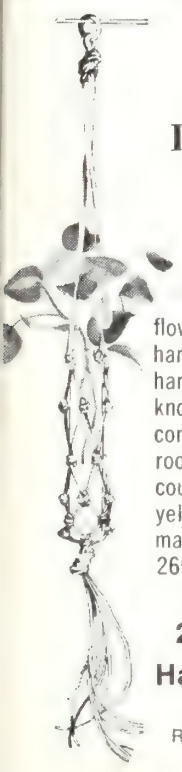


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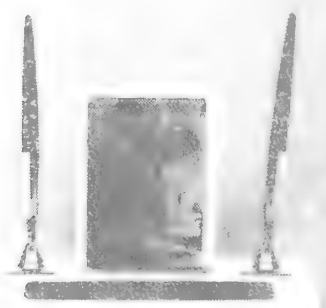
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LAS OJAS

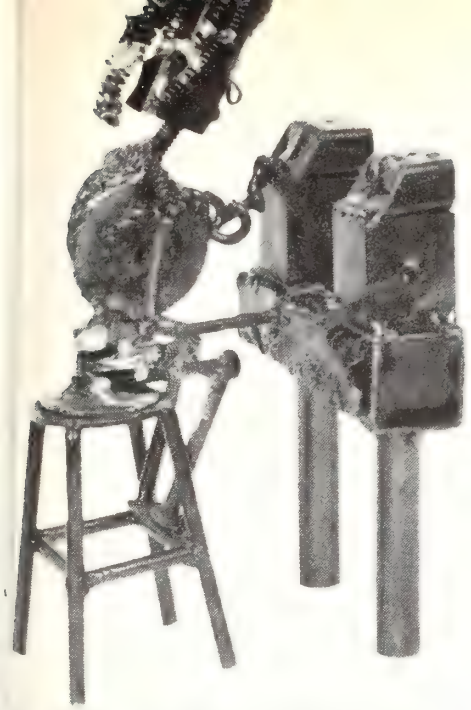
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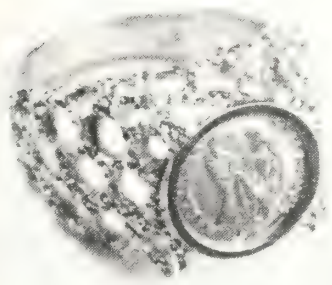
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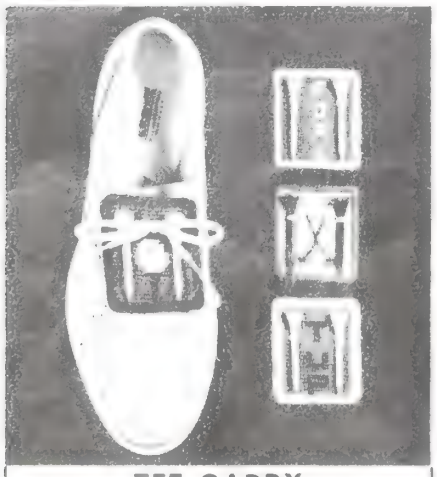


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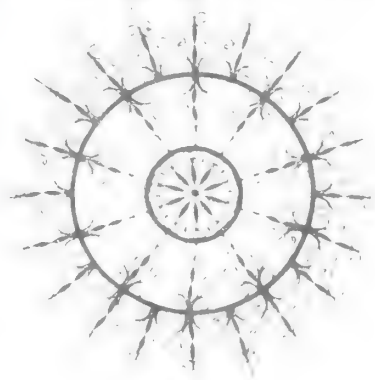
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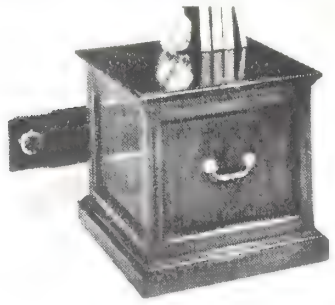
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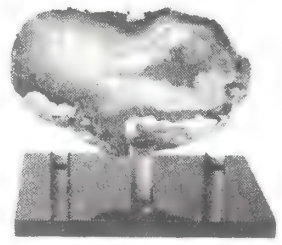
Spanish Villa

# SHOPPING AROUND



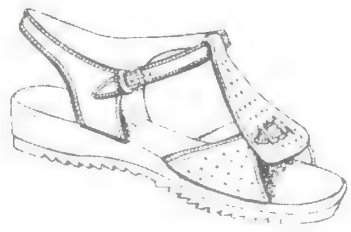
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Looking like an antique bedside chest, this hardwood case with mahogany veneer top and sides conceals a 14½" w., 17" h., 15" d. safe with combination lock. Exterior 20¼" sq., 20" h. $220; exp. coll. Catalogue, $1. Ephraim Marsh Co., Dept. 311, Box 266, Concord, NC 28025.



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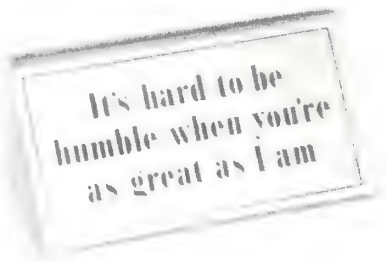
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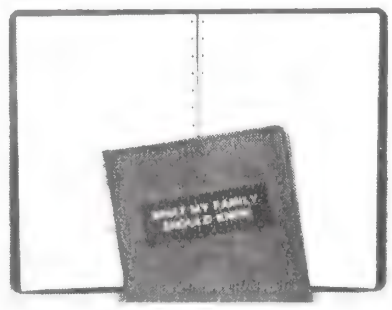
## LET IT SHINE

Precious family silver pieces marred by a missing part here, a dent there can be restored by Simmons, fine silver platers, repairers of silver, gold, pewter, brass and copper. Free catalogue. Simmons Silver Plating Co., Inc., HG6, 409 Whitehall St., S.W., Atlanta, GA 30303.




## LOUD AND CLEAR

Gold colored metal desk plaque proclaims in black lettering: It's hard to be humble when you're as great as I am. No false modesty or is it ego-assuaging? 4" x 4" stained wooden stand. $2.98 plus 25c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.



## FAMILY MATTERS

Compact book keeps all assets and liabilities, bank accounts, insurance, real estate, other data listed for executors and survivors. Leatherette cover, 5" by 8", 32 pages. $1.85 plus 50c post.; two $3.95 ppd. The Writewell Co., HG6, 870 Transit Bldg., Boston, MA 02115.

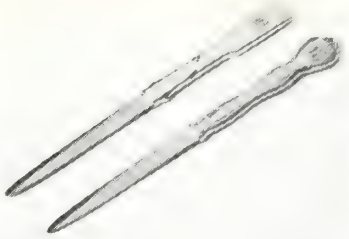


## WEDGE PILLOW

Wedge shape tapers to that two pillow height without the bunch or scrunch a nest of pillows often causes. Non-allergenic foam makes for breathing ease. 27" by 27" by 7½" tapering to "0". $9.95 plus $2 post. Toni Stern, HG6, 54 W. So. Orange Ave., So. Orange, NJ 07079.

## ELEGANT OPENER

Monogrammed letter opener in chrome with blade of stainless steel is a stunning piece for a desk at home or in an office. Boxed for gift-giving. Specify initial and American or graceful Georgian pattern. $4.95 ppd. Carter Jewelers, HG6, 410 East Capitol Street, Jackson, MS 39201.



## OAKEN BEAUTY

You'll appreciate the sturdy quality of perfectly seasoned solid oak. Flat grain sanded, ready to finish. Table comes in three sizes: 36" $130; 42" $140; 48" $150. Natural oak finish, $10 extra. Exp. coll. Write to Marion Travis, HG6, Box 292, Statesville, NC 28677.



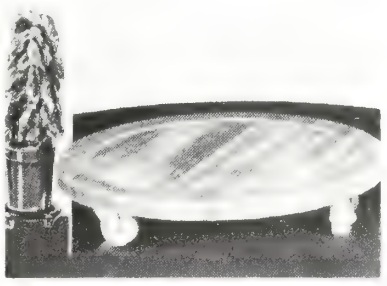
## REAL CUT-UP

If you love snipping recipes, coupons, ads and *Shopping Around,* clipit paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20c post. from Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.



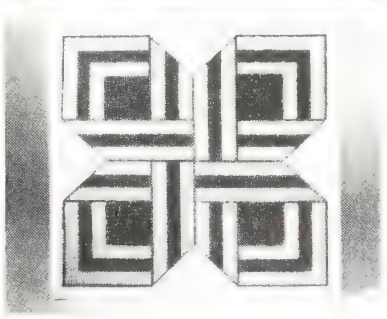
## MOVE WITH EASE

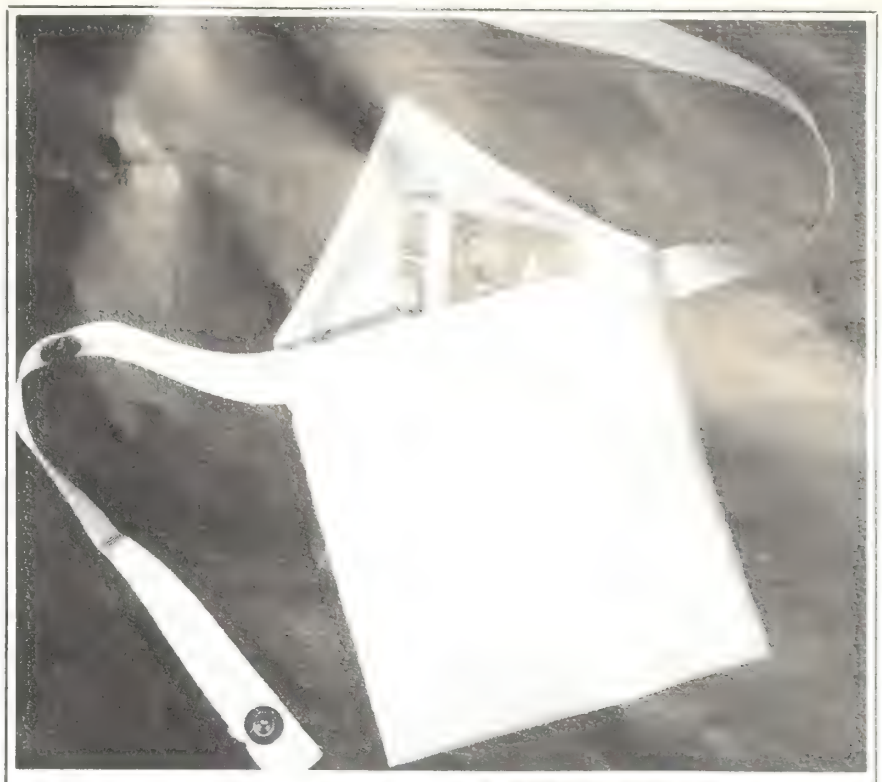
Even large plants in heavy tubs roll easily on a sturdy stand of rugged particle board. Great for cleaning, for catching patio or window sun. Waterproof plastic finish looks like walnut. 3 casters. 11½" dia., 2¼" h. $4.99 ppd. Walter Drake, HG18, Drake Bldg., Colorado Springs, CO 80940.



## "ORAGAMI" KIT

Japanese-inspired design to be cross-stitched in gleaming red and gold floss on ecru, 12" by 12"; full-size color graph; 16" by 16" canvas (with margin for stretching); instructions and needle. $31.95 ppd. Decorator Needlepoint, HG6, 30 E. 60th St., New York, NY 10022.



# MEN AND WOMEN'S MONEY HOLDERS

Bosom Money Cache snaps onto the bra or slip straps. Holds folding money or other valuables. Plastic lined with a fold-over flap. Washable. Also Men or Women's Adjustable Money Belt with zippered compartments.

**Bosom Money Holder** ..... **$2.98 + 20¢ Mailing**
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*No COD's or Billing* *California Residents add 6% Sales Tax*

Satisfaction Guaranteed or Your Money Back

*Anthony Enterprises* Dept. HG-65 585 Market St., San Francisco, Calif. 94105

## CAMEL BACK LOVESEAT

This is perfect for a traditional decor or a focal point in a room that's decorative mélange of many periods. Sturdy hardwood frame. Double coil springs. H. 35 W. 58 D. 33. Finish is Fruitwood. Color available at a $5.00 extra charge; details in catalogue.

Price: Your fabric ..... $253.00
Our fabric ..... $329.95

Shipping charges collect. No C.O.D.
Send 50¢ for catalogue

*Bryan Robeson*
Dept. HG-115
Route 10, Box 793, Hickory, N.C. 28601



Yes, you can have a FULL COLOR POSTER blown up from your color photo or slide at a fraction of the price. All color posters printed on Kodak paper. Great gift idea!



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| 2 ft. x 3 ft. | $3.50 | Laminated Posters up to 2 ft. x 3 ft. $3.00 addt'l. |
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*Congers Color Labs*
Dept. HG-65, Congers, N.Y. 10920




Send 50¢ for Illustrated Catalog
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6 GROWING HAWAIIAN PLANTS

$7.00



6 EXOTIC PLANTS

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Van Dyke Oil Portraits, Ltd. DEPT. G. 153 EAST 57 ST.

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Elizabeth McCaffrey



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| Spirit of '76 Kit | $1.95 |
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[illegible] Bryn Mawr, Pa. 19018

# SHOPPING AROUND



COOL COMFORT

A backwrap dress is such a handy one to own. It's on in a jiffy, sashed and tidy. Red and white checked cotton with crisp rick-rack trim. Jr. 11-17; misses 12-20; half 16½-24½; women's 36-44. $12 plus $1 post. Order from Old Village Shop, Dept. M538, Hanover, PA 17331.



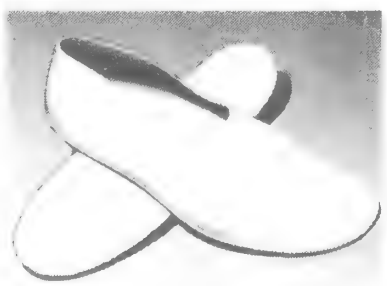
INSTANT SKIRT

Just seam it and wear it. Delightfully different. A kaleidoscope of colors, textures and fabrics, embroidery and braiding. Elasticized embroidered waistband. Fits all sizes (up to size 16). $17.95 ppd. Make - It - Easy Clothes, Inc., HG6, Box 182, Glen Rock, NJ 07452.



AT YOUR SERVICE

Beautiful assistants at a buffet table are ornate silverplated fork and spoon holders by Adams. Each holds a dozen silver pieces; 5¼" x 3¼". Set of two, $15.98. Knife Holder, not shown, $10.98 Ppd. Creative Enterprises, HG6, 1732 Butler Ave., Los Angeles, CA 90025.



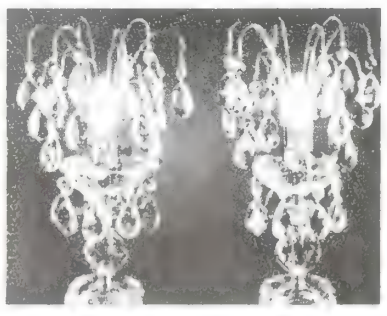
IN THE SWIM

Wear rubber bathing sneakers with thick-tread soles, built-in insoles for sure footing on shore rocks, pool or boat deck, shower room. White, blue, red, yellow. For all ages: give shoe size, width. $6.98 plus 50c post. pr. Dorsay, Dept. REB-9, 240 Kinderkamack Rd., Oradell, NJ 07649.



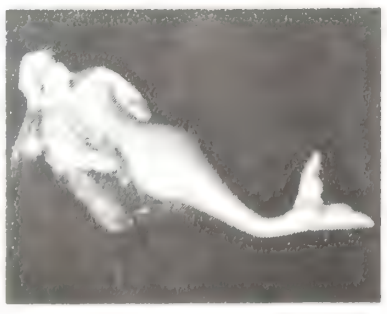
PATIO TORCH

Replica of an ancient Tol-Tek fire god adds dramatic effect. Of heavy simulated lava. 12" h. Complete with red torch that burns up to 3 hours. Color-flame replacements available in blue, red or green. $14.95. ppd. Tol-Tek, Dept. L75, Box 4455, Chicago, IL 60677.



BOUQUETS OF LIGHT

Hand-cut crystal showered with prisms gives a soft diffused light on dining room buffet or a mantel. Light bulb almost concealed by crystal flower-like drops. [illegible]" h., 9" dia. Pair, $39.95. Catalogue 25c. Exp. coll. Luigi Crystal, HG6, 7332 Frankford Ave., Philadelphia, PA 19136.



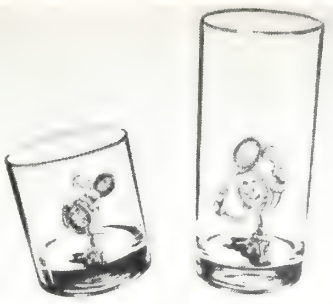
LO, THE LORELEI!

Modern mermaid makes merry madness poolside. Big blond beauty has an inflatable green body, long raffia hair. And she's a tall one—a full six feet. Great gift for a new pool owner and she floats! $9.95 plus $1 post. The Patio, HG6, 550 Powell, San [illegible], CA [illegible]

# SHOPPING AROUND
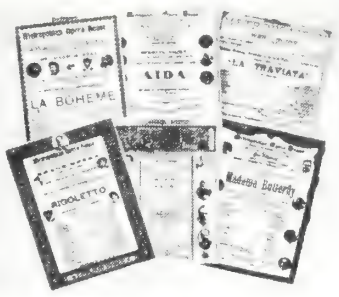
## GLASSES, ANYONE?

After a strenuous tennis game, the "Cool Serve" (15-ounce) is perfect for a tall drink. For cocktails, the "Perfect Serve" (11-ounce) is cool. Set of six, either size, $8.95; two sets (12 glasses) $17 Ppd. Write to Mr. Tennis, HG6, P.O. Box 6906, Grosse Pointe, MI 48236.



## NOSTALGIC FIRSTS

Metropolitan Opera posters tell of famous opening nights: debut of Toscanini conducting Aida, Caruso in Rigoletto, first performance of Faust, La Boheme, Madame Butterfly; other greats. 12" by 16". $1.25 ea., six $5. Ppd. Free brochure. Fiesta Arts, HG6, Greenvale, NY 11548.



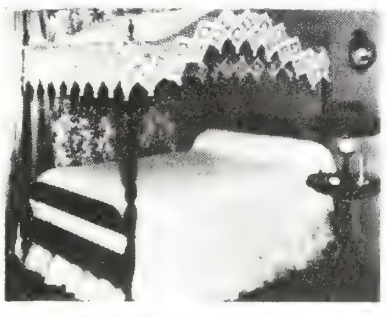

## PROTECTION!

Non-allergenic foam fleece mask slips over mouth and nose to protect from sick room germs, paint, cleaning fluids or garden sprays. One size fits all. Washable and reusable. $1.69 each plus 15c post. Anthony Enterprises, HG6, 585 Market St., San Francisco, CA 94105.



## HONEYCOMB SPREAD

Cream, green, yellow, rose, walnut, red, indigo, delft or lt. blue, avocado on white. Single or double with fringe, $82.50. Fishnet canopy in white or cream in four designs. Tester, 87½" by 56½", $92.50. Ppd. Literature, 25c. Virginia Goodwin, HG6, Dilworth Sta., Charlotte, NC 28203.



## COMMUTER'S BREW

Take that second cup of coffee in the car in perfect safety. Velcro plastic fastener anchors cup holder to any metal, plastic or carpet surface. Drink-through lid prevents spillage. $3.45 each; two, $6.25 Ppd. Sleepy Hollow Gifts, HG6, 6651 Arlington Blvd., Falls Church, VA 22042.



## Personalized Suitcase Suspenders

### 3 for $4.98

The perfect personalized gift, and terrific two ways! They'll make luggage easy to identify —it stands out from the crowd so you can spot it in an instant! And they'll really save the day if a latch or a zip ever gives way! Rugged elastic webbing in striped red-white-and-blue, or beige-brown — both boast a gleamy Gold-finished metal luggage tag custom-engraved with your initials. American-made in assorted sizes to fit any bag. Set of three.

#1197—Red-white-blue $4.98
#1341 Beige-brown $4.98

*Please PRINT initials, add 35¢ post. & hdlg. N.Y. residents add applicable taxes*

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Mt. Vernon, N.Y. 10550





## HAIR CATCH-IT TRAY

For every home barbershop. Handy catch-all hair tray snaps on quickly. Keeps itchy hair from falling down back and on floor. You don't have to sweep floor afterwards. Just empty hair clippings in wastebasket. Soft plastic shoulder tray wipes clean easily. Keeps hair off clothing. Ideal for use when giving home permanents too. Saves clothing from spots, stains. **$1.69** plus 35¢ hdlg.

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Span small streams, enhance a garden landscape with this new, attractive arched footbridge. Ruggedly built, fully finished, the bridge is 8 ft. long, 4 ft. wide. Crafted of tough, laminated hardwoods with 9 ft. handrails. In redwood, weathered gray, or rustic brown. $195.00 delivered. Check, BankAmericard, Master Charge. Free brochure

**Curting, Inc.**
**P.O. Box 891G, Thomasville, NC 27360**

## "Home From the Fields"

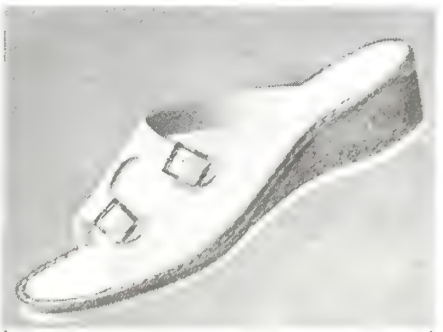


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Eminent Design Consultant, Phyllis Brackett, presents her charming Ecru Pussy-Cats nestled on silver grey, pewter, and charcoal pussy willows with golden brown stems on a rich dark brown background. Designs worked in brilliantly colored floss from full size (12"x12") "easy-on-the-eye" colored graphs. 18"x18" canvas allows enlargement of the background.

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**CHARMING WIDE-RUFFLED "NO-IRON" MUSLIN CURTAINS!**

Enjoy old-fashioned charm PLUS today's easy care with these W-I-D-E ruffled Perma-Press priscilla tieback curtains.

Styled like those which adorned windows in the Colonies, they're made of modern poplin of polyester and cotton woven to resist wrinkles. Choose white. Fully 86" wide to the pair, with extra-wide, extra-full ruffles and ribbon-ruffled valance.

EASY, EASY CARE! Fabric is specially treated so curtains IRON THEMSELVES in the dryer! BONUS FEATURE! They're pre-shrunk. Maximum shrinkage only 1%.

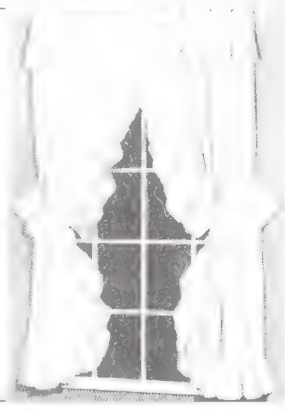
Avoid delay. Order style "SALEM" Specify Natural or White.

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| 15" long | $11.00 |
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Relax in blissful comfort. The soft strength of a good rope hammock that's guaranteed to last. Made of polypropylene, it resists rot, raveling and discoloration. Sizes: large (60" x 84") $47; medium (54" x 82") $40; small (48" x 82") $33. Ppd. Twin Oaks Hammocks, HG6, Louisa, VA 23093.



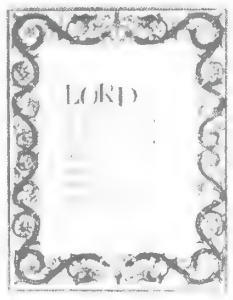

### EMBROIDERY NEWS

Full-color catalogue with everything in the finest Swedish designs, from pictures to panels, wall hangings, cloths and cushions. Florals, figures, delicate and spectacular colors. Exclusive "long stitch" designs included. $1. Skon, GE6, 55 Lambert La., New Rochelle, NY 10804.



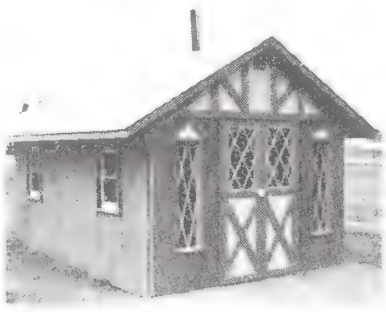
### FANCY FOOTWORK

Petal-pretty flats of fine kidskin have everlasting flowers on the toes, ¾" heels. Black, navy, red, lt. blue, hot pink, yellow, emerald, white. Sizes 5½-10 in N and M widths. $21 plus $1.25 post. Write for free catalogue. The Talbots, Dept. GL, Hingham, MA 02043.



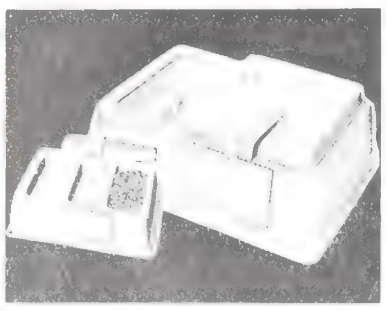

### WINNING TEAM

Inspirational 8" by 6" wooden plaque reads, "Lord, help me to remember that nothing is going to happen to me today that you and I together can't handle." Italian scroll border. Laminated. $1.98 plus 35c post. Cadlyn's, Dept. HG6, 2077 New York Ave., Huntington Sta., NY 11746.



### BUILDING PROJECT

Swiss chalet style structure to build for storage, workshop, playhouse. 14' by 10' by 9¾'h. 4' double door. On skids: portable. No costly tools. Plans, materials list, full instructions. $4.25 ppd. Free brochure. Hammond Barns, HG6, Box 584, New Castle, IN 47362.



### WHEN MASTER'S AWAY

Three compartment feeder with dial is for owners who must be out at cat or dog's regular meal time. Compartments hold two cans of food, one of water. Set for two to 15 hours. Lid pops up when timer goes off. $19.95 ppd. Graymar Co., HG6, 2511 St. Paul St., Baltimore, MD 21218.



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# SHOPPING AROUND

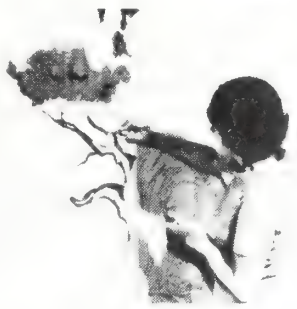
## MARTIN HOUSES

Welcome mosquito-eating purple martins to clean-easy aluminum house, 18″ by 20″ by 16″ h. Kit form with 14′ steel post. Left, $33 plus $3 post.; center, $43 plus $5 post.; right, $63 plus $6 post. Catalogue 50c. Purple Martin Castle Co., HG65, 2701 N. 13th St., Terre Haute, IN 47804.



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Wall murals you can paint yourself, by-the-number, shown in catalogue. Choose from 74 designs up to 12′ wide. Guaranteed fool-proof. Kits include patterns, brushes, paints, from $4.95. Catalogue 25c. Double M Marketing, Dept. HG-506E, Box 8500, Fountain Valley, CA 92708.



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Wedgie with walking comfort and open-toed cool. The Edna says it in luggage tan, bone, black, white, navy, brown, low 1″ wedgie heel. 4 to 10, $18.95. 10½ to 12, $19.95. For widths AAAA to EE. Add $1 post., 25c each add'l pair. Solby Bayes, HG6, 45 Winter St., Boston, MA 02108.



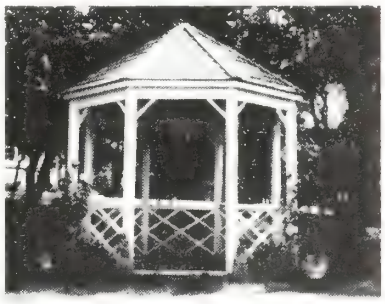
## TIMELY KITTEN

Fun design, "Hang in There Baby" wristwatch, 1-jewel Swiss movement, sweep second hand. Goldtone case, stainless steel back; anti-magnetic. Men's band black leather; women's mod leather. $19.95 plus 75c post. The Wretched Mess News, HG6, West Yellowstone, MT 59758.




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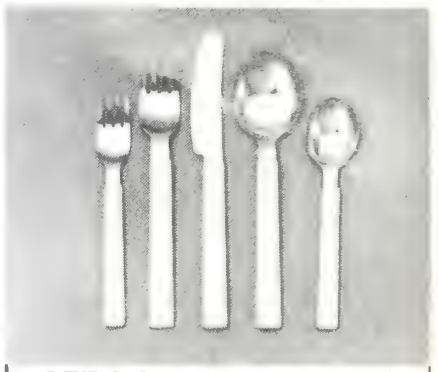
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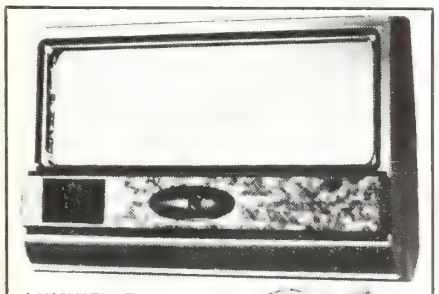
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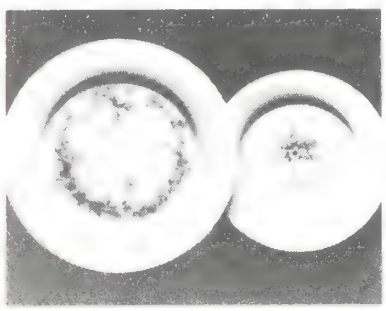

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Lollipop flowers, daisies or golf, tennis, bowling, sailing, skiing designs on 2" by 3½" key tags. Stitch initials on the back. Includes canvas, Paterna Persian wool, design chart, needle, chain. $2.25 each, six, $11.95. Add 50c post. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.



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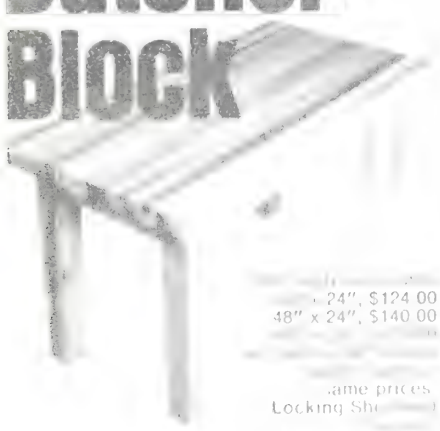
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## HAPPILY APPLE-Y



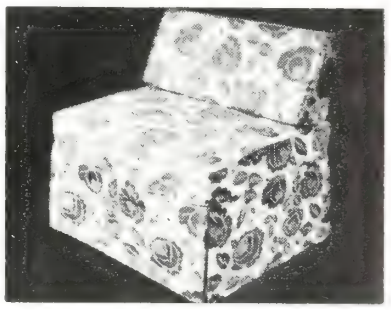
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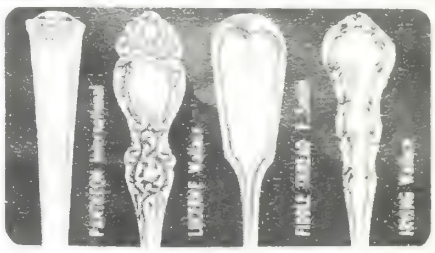
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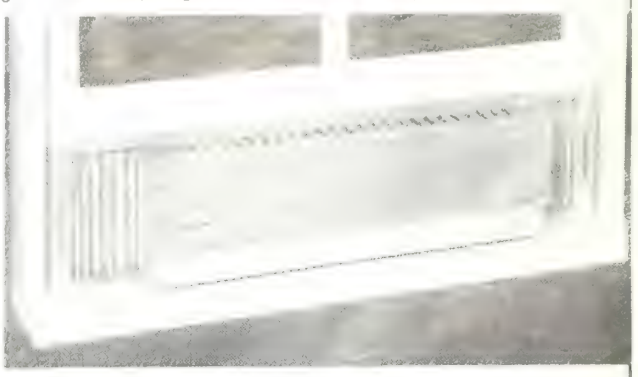
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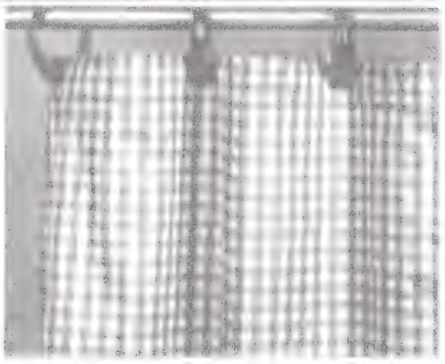
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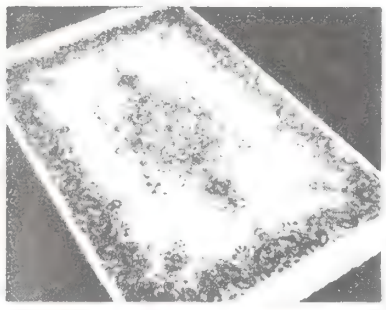
## BARELY THERE

Don a pair of these satin-smooth leather thong sandals and note the chic look with easy-going attire. Covered foam rubber inner soles for comfort. Black or snow white. Sizes 5 through 10. $4.95; 2 pr. $8.95. Post. 50c per order. Elizabeth McCaffrey, HG6, Northport, NY 11768.



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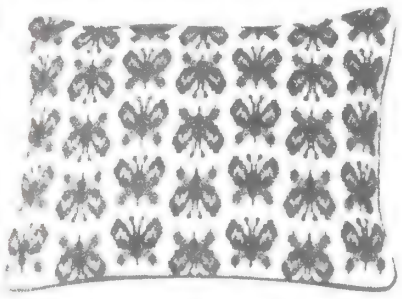
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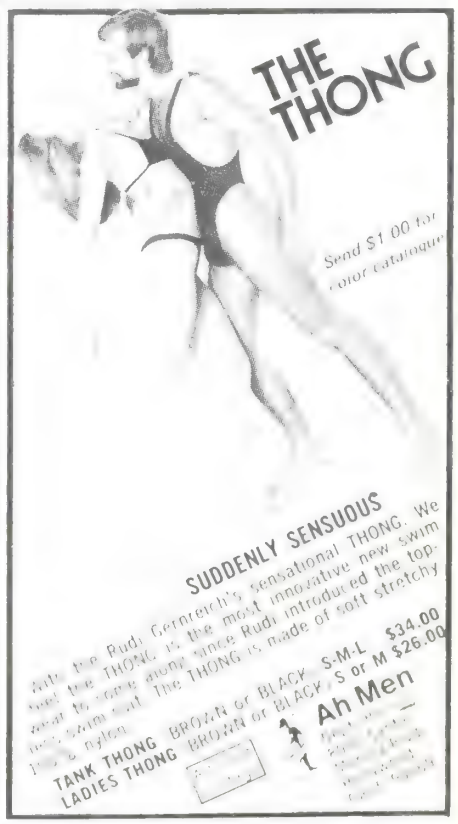
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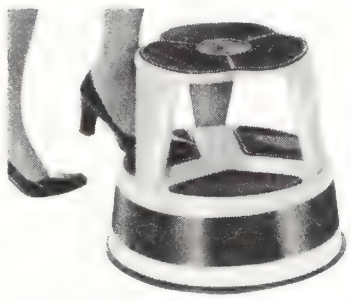
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Natural air cooling. Adaptair adjusts angle of blades (on 52″ only). 2 speeds. 5 yr. guarantee. 52″ fan with adaptair lever $299; without, $259. 36″ fan $179. Light Adapter kit $20. F.O.B. Memphis. Free brochure. The Ceiling Fan Gallery, HG6, Indian Neck Lane, Peconic, NY 11958.

### A STEP UP



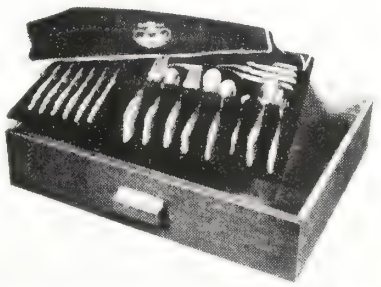
Better than the average stepstool, Kik-Step rolls at the touch of a toe, yet grips the floor securely when someone stands on it. Silver, blue, white, olive, red, yellow, black, sage, copper-glo $17.95 plus $2 post. A. C. Gifts, HG6, 2642 Central Park Ave., Yonkers, NY 10710.

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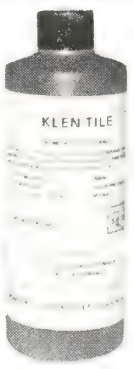
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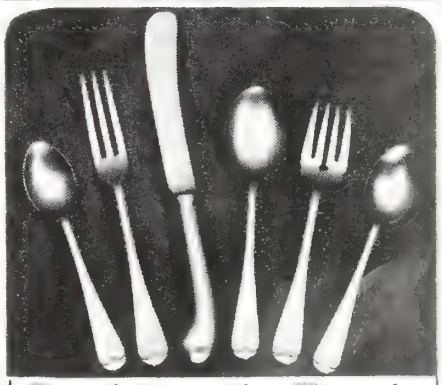
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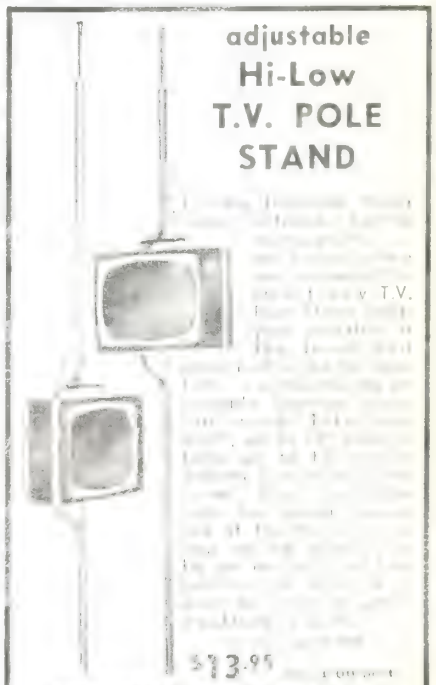
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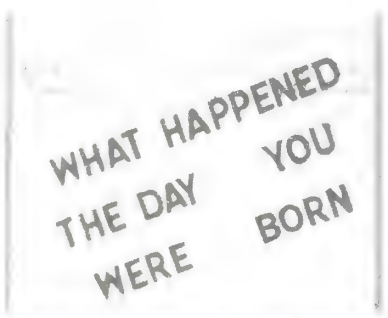
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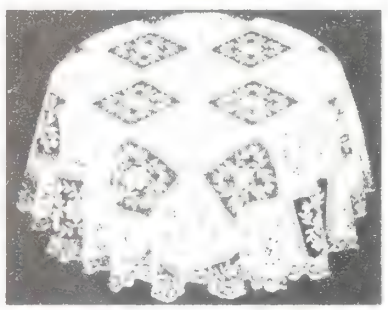

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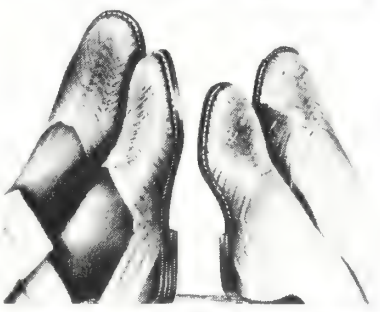
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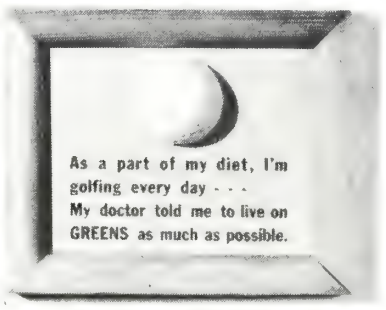

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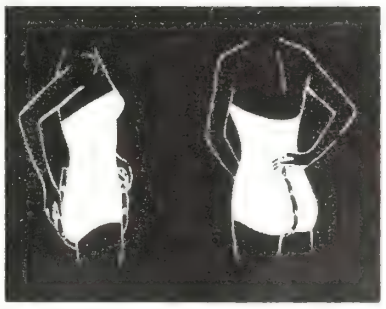
## SLEEPS AND EATS GOLF?

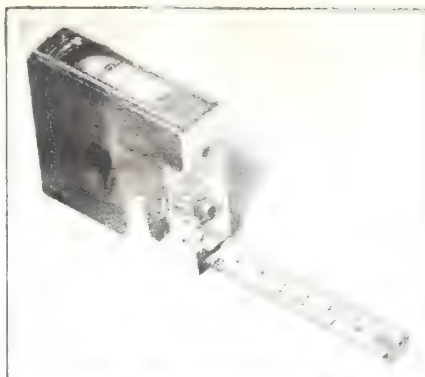
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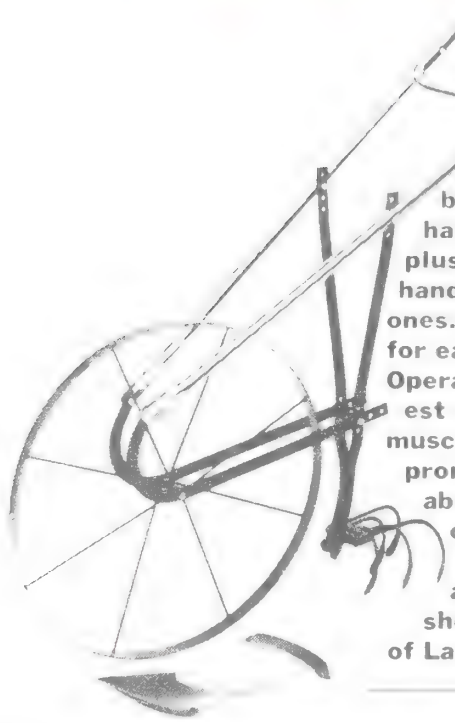
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# Gardener's Notes

By James Fanning



**The spidery elegance of oldtime garden tools is beginning to reappear. The Lambert high-wheel cultivator, *left*, has the simple grace of an antique, plus the lightness of modern metal handlebars instead of bulky wooden ones. The large diameter wheel makes for easy pushing and maneuverability. Operating energy comes from the oldest and most reliable source, human muscles. In addition to the cultivator prongs, there are two interchangeable blades, one for plowing and the other for row marking. The high wheel cultivator is available for about $40 at farm and garden shops wherever the extensive line of Lambert products is for sale.**

**The summer travel season is at hand** and anyone planning to visit the Chicago area should make a point of stopping at the George J. Ball Company in West Chicago. Ball is a name familiar to gardeners, of course, as the generous packets of high quality Ball seeds are a prominent feature of garden and hardware shops throughout the U.S. All of the plant varieties sold by Ball are tested at the West Chicago trial gardens. Here, prospective seed buyers are given a preview of what they will be growing next year or the year after in their own gardens. The trial gardens show practical ideas for plant arrangements and combinations, and all kinds of containers for indoor and outdoor growing are also demonstrated. Ball welcomes groups of garden-minded people, and any interested organization may write George J. Ball, Inc., P.O. Box 355, West Chicago, Ill. 60185.

**"The new plant moisture meter probe is long enough to reach the bottom of average-sized pots, so there can be no question of soil being wet on top, dry on bottom"**

***The 3M Company has put its talented scientists to work on fertilizers, and one of the first results is a slow-release formulation named Precise. The Precise formula for vegetable gardens is 9-12-6; for flowers it is 6-12-6, and there is another special combination for tomatoes. All are in the form of tiny beads. Clean and easy to handle, the beads should be scattered along garden rows at planting times will release their nutrients throughout the growing season.***



## A native American tree

[illegible] we should be seeing more of [illegible]. The cup-shaped glistening white flowers appear [illegible] summer among fresh [illegible] leaves. All year round, though, the tree itself [illegible] attention on account of the [illegible] and flaky bark. Its natural home is in [illegible] Appalachians but [illegible] all flower profusely [illegible] This one is S. [illegible] S. [illegible] one other American [illegible] several more [illegible] which seems a [illegible] found [illegible] by looking and [illegible]

Deciding when pot plants need water is one of a gardener's most puzzling problems. Hefting the pot to judge soil moisture by weight can be wearisome if you have more than a dozen plants. Rapping the pot to judge moisture by sound takes a practiced ear, is also tiresome. Scientific moisture [illegible] have been around for years, but at a cost [illegible] the reach of home gardeners. Finally, the Sav-a-plant meter, right, is available and it is a pleasure to report it really works. The probe is long enough to reach the bottom of average-sized pots, so there can be no question of soil being wet on top, dry on bottom, as so often happens. Electrolytic action between two metals in the probe tip generates electricity to work the meter—it needs no batteries, is practically foolproof. It may also be used on lawns and gardens. Sav-a-plant is about $15, available through garden supply shops.




***When you harvest vegetable crops, don't give carrot tops, pea pods, or corn husks to the garbage man. Put them back in the soil, where they belong. Simplest way is to drop the waste along the garden rows, where it will be worked into the ground in the normal course of cultivating. A bit messy, but that's the way nature works. Technically, the process is known as sheet composting. Result is the same as though you piled up the waste material, let it decay, and spread it on the garden. Most home gardens don't produce enough waste to keep the level of their soil humus as high as it should be. An outside source of humus is often right at hand—leaves from street trees. Municipalities are gradually becoming aware of this way of using leaves that were considered simply a nuisance. A leader in the movement to make leaves and other municipal waste useful is Brookside Nurseries in Darien, Conn., who gathers tons of leaves and debris, composts it, and markets the product in sacks with added nutrients according to how the mix is to be used. The Brookside mix has been given top rating by the Plant Science Department of the University of Connecticut. These soil mixes are shipped all over the U.S. from Brookside Nurseries, Brookside Rd., Darien, Conn. 06854.*** ■

# Shopping Information

**All of the prices quoted are approximate.**
***Consult your interior decorator or decorating department in your local stores.**
**Cost of postage is indicated in parenthesis.**

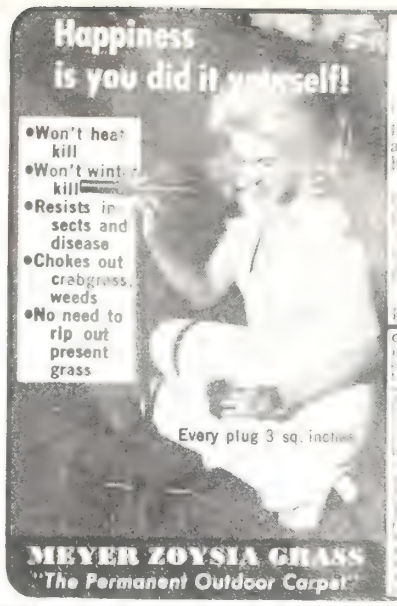
**AN OUTDOOR ROOM**
**Pages 68–69:**
*Tablesetting*
Chili soup bowls, wooden plates, chop plates, wood-handled flatware from Bailey/Huebner; wineglasses by J.G. Durand at Bailey/Huebner. "Prasad" sisal matting covering dining deck at Bailey/Huebner. Batik fabric pillows on sun mats at Bailey/Huebner. Portable umbrellas with carrying cases by Zip-Jac. Table base by Umbo; weathered wood removable top. White canvas chairs by Moreddi.

**NEW BUILDING MATERIALS**
**Pages 70–71:**
1. **"Antigua" terra-cotta tile:** 12" sq., shown in natural. $1.49 a sq. ft.; in other stains, $1.79 a sq. ft. By Agency Tile*.
2. **Plastic laminates:** 4' x 8' sheets, in sky fiesta and autumn fiesta, low glare finish. By Westinghouse Micarta.
3. **Redwood boards:** clear grade, sapstreaked tongue-and-groove redwood, one smooth, one roughsawn side. By the California Redwood Association.
4. **"Oregon Trail" plywood paneling:** 4' x 8' x 7/16" thick, easy care, in colors of granite, agate, redrock, onyx. By Georgia-Pacific.
5. **Ceramic tile:** 12" sq. with 3" x 12" border and 3" sq. corner piece, plaid pattern from the Franciscan Custom Ceramic Series by Interpace.
6. **"Teorama I" and "Teorama II" ceramic tiles:** 8" glazed tile, suitable for walls. At Hastings Tile.
7. **"Crossroads" no-wax vinyl tile:** 12" sq. shown, also available in 9" sq., 6" sq., and 2" x 36" stripping. By Amtico. Coordinating fabric and wallcovering are both available through Carleton V*.
8. **"Rhomboids" ceramic tiles:** 10¼" long. $6.75 a sq. ft. At Country Floors.
9. **"Briarwood" ceramic tiles:** 4" sq., 8" sq., 4" x 8", 8" hexagon, and 2 curving shapes, for interior and exterior walls and moderately trafficked areas. By American Olean.
10. **"Dutch Royale" sheet vinyl flooring:** 12' widths with 9" match in two directions. $10.95 a sq. yd. From the Gafstar Supreme collection by GAF.
11. **"Designer Planks" wall planks:** 16" x 8' long, hardboard with an easy-care plastic finish. $8.53 per plank. By Marlite.
12. **Ceramic tiles:** 3½" hexagon in glacier (white) and earth (brown beige). $1.54 a sq. ft. loose; $1.69 a sq. ft. mounted on sheets. From the Mountains and Water series for the Good Earth Collection by Mid-State Tile.
13. **"Tara Brick" wall panels:** 4' x 8', in white. By Wal-lite division of United States Gypsum.
14. **"Guanajuato" ceramic tiles:** 4" sq. glazed tiles, handmade and hand-painted in Mexico, suitable for walls, countertops, lightly trafficked floors. By Elon.
15. **"Plainsman" wall paneling:** 4' x 8' hardboard paneling, in white, gray, brown. $10-$12 per panel. By Masonite.

**GREAT AMERICAN GLASSWARE**
**Pages 78–79:**
1. **"Revere" crystal cake stand:** 11" diam., $18; **"Candlewick" goblet:** $8. Both by Imperial Glass.
2. **"Antique" clear crystal goblet:** $7. By Lenox Crystal.
3. **"Purple Marble" glass candlesticks:** $7.50 a pr. By Westmoreland Glass.
4. **"Moon and Star" glass compote:** 8" diam. $12. By L. E. Smith.
5. **"Revere" crystal dinner plate:** 10½" diam. $8. By Imperial Glass.
6. **"Biarritz" crystal goblet:** $17. By Franciscan Masterpiece Crystal.
7. **"Gold Brocade" lead crystal goblet:** $17. By Seneca Glass. **"Dolphin" glass candlestick:** one of a pair, $42.50 the pair. By Imperial Glass, exclusively for The Metropolitan Museum of Art.
8. **"Cranberry Glass" crystal dinner bell:** $10. By Pilgrim Glass. **"Georgian" goblet:** $4. By Viking Glass. **"Moon and Star" goblet:** $3.75. By L. E. Smith.
9. **"Rose Satin" pitcher:** $15. By Fenton Art Glass.
**Pages 80–81:**
1. **Handblown bottle:** 16" high. $15; **handblown bottle:** 15" high. $12. Both by Blenko Glass.
2. **"Jade Slag" box and cover:** $9; **"Jade Slag" pint pitcher:** $11. Both by Imperial Glass.
3. **"Leaf" crystal salad bowl:** large, $5; small $2. By Viking Glass.
4. **"Old Dominion" crystal cake plate:** 11" diam. $8. By L.E. Smith.
5. **Salad bowl:** 6 7/8" high. $10; **salad bowl:** 5" high. $6; **6" plates:** 75c each. All by West Virginia Glass Specialty Co.
6. **"Argus" Old Fashioned flint glass:** $7.50. By Fostoria.
7. **"Moon and Star" crystal tumbler:** $3. By L.E. Smith.
8. **"Country Craft" crystal basket:** 18" long, 11" high. $16.50. By Viking Glass.
9. **Left to right:** "Alta" double Old Fashioned glass, $6.50; "Stowe" double Old Fashioned glass, $5; "Aspen" double Old Fashioned glass, $5. From the Centennial II Collection by Fostoria. All glassware available at Great American Idea Centers across America. See page 40 for locations of these Centers.

**NEW COUNTRY CHARM**
**Pages 88–89:**
2. **Antique cabbage plates:** from John-Lewis Antiques and Decorations. **Antique Japanese stoneware vessel:** 6" diam. x 12" high. From Joseph Rondina Antiques.
**Floral napkins:** at Lord & Taylor.
4. **Accessories in bookcase:** top shelf, 18th-cent. tray; 2nd shelf, urns with lion motif; bottom shelf, urns with lion motif; **on mantel:** sterling pointed Brazil nuts; **on coffee table:** wooden box with cover. From Garvin Mecking. **"Untitled" sculpture:** plaster, 12" high, by Emil Hess. At Betty Parsons Gallery.
**Antique baskets:** from Jean-Jacques Bloos Ltd.

*Continued on page 151*


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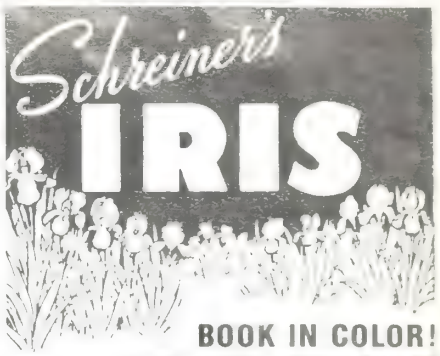
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## Building and Remodeling

**1. STAINLESS-STEEL SINKS** [illegible] booklet [illegible] Kitchen, bath, and laundry [illegible] home. Also [illegible] magazine. Elkay Manufacturing Company. $1

**2. "HANDYMAN'S GUIDE"** [illegible] booklet from the United States Gypsum Company [illegible] and much, much more. Extra-large [illegible] 25c

**3. DO-IT-YOURSELF PANELING:** [illegible] Mahogany. Charts show [illegible] unique new ways with walls. Paneling Research Bureau, [illegible] the book of Limed Oak, a comparable [illegible] the wonderful look of old America.

**4. HOME FURNISHINGS CATALOGUE** [illegible] in full color [illegible] for [illegible] bedspreads, [illegible] and [illegible] d. $2

**5. LUXURY [illegible] AND WALLS** [illegible] Wallcoverings [illegible] Wallcoverings [illegible] Wallcoverings

# Building Facts

### Materials and equipment used in the new wing of the house on pages 58-61

ARCHITECTS: Dagit/Saylor
INTERIOR DESIGNERS: Dagit/Saylor and Ruth Irion
LANDSCAPE ARCHITECTS: Dagit/Saylor and Owen B. Schmidt
CONTRACTOR: Trident Corp.
SIZE OF ADDITION: 2,450 square feet in new area; 1,359 square feet in renovated area.

**STRUCTURE—NEW ADDITION**
**Foundation:** Poured concrete.
**Framing:** Standard wood frame construction.

**EXTERIOR OF HOUSE—NEW ADDITION**
**Exterior walls:** Stucco and fieldstone by Penn Crete Products Co., Inc.
**Exterior finish:** White paint by Sherwin-Williams Co.
**Roof:** Red cedar shingles.
**Insulation:** Aluminum foil and blanket glass fiber by Johns-Manville Corp.
**Windows:** Wood-frame windows with fixed sash by Pella, a division of Rolscreen Co.
**Skylights:** Glass skylights by Super Sky.
**Doors:** Wood and glass doors by Mehl & Latta.

**INTERIOR OF HOUSE—NEW ADDITION**
**Walls and ceilings:** Dry-wall board by U.S. Gypsum Co.
**Interior finish:** Bone white paint by Sherwin-Williams Co.
**Floors:** In major rooms, random width, pegged oak planks by Derr floors; in loggia, rug by Eurotex, Inc. supplied by Rittenhouse Carpets; in bathrooms, ceramic tile by American Olean Tile Co., subsidiary of National Gypsum Co.
**Lighting fixtures:** Wall washer fixtures, spotlights and light track fixtures by Lightolier, Inc.
**Hardware:** Polished chrome by the General Lock Mfg. Co.
**Bathroom cabinets:** Metal by St. Charles Mfg. Co.
**Bathroom countertops:** Ceramic tile and Formica.

### Materials and equipment used in the greenhouse kitchen on pages 54-57

ARCHITECTS: Adolf DeRoy Mark & Girvin W. Kurtz
CONTRACTOR: Deaver Construction Co.
SIZE OF REMODELED AREA: Approximately 500 square feet.

**EXTERIOR OF RENOVATION**
**Exterior walls:** 1886 Chestnut Hill stone walls 24 inches thick.
**Exterior finish:** Paint, ivory tone.
**Roof:** Shingles.
**Windows:** Custom made, arched wood frame with fixed glass panels.
**Doors:** Custom made, arched wood frame, swinging glass doors.
**Greenhouse:** Wood frame with fixed glass panels.

**INTERIOR OF RENOVATION**
**Interior walls:** Stone walls, 24 inches thick, wallboard, and blue-glazed Mexican ceramic tile.
**Interior finish:** Cement dashed on walls in stone barn technique.
**Ceiling:** Pine boards with exposed wood beams and joists painted.
**Interior door:** White pine arched plank door.
**Floor:** Recycled stone paving street blocks with Monothane sealer.
**Lighting fixtures:** Movable track lighting, cylindrical canister ceiling fixtures, recessed circular ceiling fixtures and ornamental bulbs; dimmer controls.
**Hardware:** Door hardware by Richards-Wilcox Mfg. Co. Cabinet hardware by Stanley Hardware Div., Stanley Works.
**Deck chairs:** Triconfort Furniture.
**China, glass, and kitchen utensils:** Design Research.
**Table napkins:** Bloomingdale's.
**Kitchen cabinets:** Custom made, white pine planking doors.
**Kitchen countertops:** 2-inch red oak planks with urethane finish.
**Plumbing fixtures:** Stainless steel bar type sink by American-Standard, Inc.; custom made round copper sink.

**MECHANICAL EQUIPMENT AND APPLIANCES**
Six-burner gas range by Garland Div., Welbilt Corp.; refrigerator by Vemc National Refrigeration Co., Inc.; food waste disposer, KitchenAid dishwasher by Hobart Mfg. Co.
**Heating system:** Forced warm air, SpacePak high velocity distribution system by Dunham-Bush, Inc.

## Shopping Information

*continued from page 151*

**Photo insert living room**
Antique quill box, bamboo box, and silver-edged wooden bowl from Garvin Mecking.

**Pages 90–91:**
3. **Blue and white vase and bowl; tole boxes** on rear table. From Joseph Rondina Antiques.
4. **White chargers:** on kitchen table. From John-Lewis Antiques and Decorations.
6. **Bleached pine tray:** on bed. From Robert Webb; white ceramic lamps designed by Edward Zajac. At That Special Something.
7. **Plate:** on reading table. At Henri Bendel.

**NEW FURNITURE**
**Pages 92–93**
1. **Rattan lamp table:** 27" diam. x 21" high, imported from Spain. $115. By Broyhill Furniture Industries.
2. **Baker's rack:** 48" x 21" x 46" high, black-painted metal with brass trim, laminated butcher-block shelf. By Meadowcraft, a division of Birmingham Ornamental Iron Co.
3. **Club chair and ottoman:** chair, 25½" x 31" x 41" high, $75; ottoman, 19" x 20¼" x 16" high, $27. Vinyl straps on a weatherproofed frame. By Telescope Folding Furniture.
4. **"Corde" cocktail table:** 39¼" x

*Continued on next page*

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## Shopping Information

*continued from preceding page*

[illegible] x 15½" high; white lacquered finish; rope handles. $75. By Lunstrum for fort.

5. **"Deck" chairs:** 40" x 34" x 27" high; [illegible] seat; beechwood frame, unfinished. $70. By Folk Craft Furniture. $70. By Calo Flooring Systems.

6. **Console table:** 48" x 15" x 30" high. Mahogany top; stainless steel [illegible] stretcher base. $850. By The Lane Company.

**Nesting tables:** [illegible] wide, European type. $325 [illegible] By Ficks-Reed.

8. **Reclining chair:** 30" x 27" x 48" high; canvas [illegible] seat; natural ash frame, designed by Marco Pegla. $750. At LCS.

9. **Armchair:** [illegible] 20" x 36½" high; split rattan seat and back; metal frame. Fiber [illegible] By Calo Associates. $70.

10. **Stacking trays:** 20" x 14" x 2" deep; heavy-gauge plastic; designed by Kenneth Bonner. $5 [illegible] Illinois [illegible] late June.

11. **Chaise:** 24" x 40" x 16" high; covered in Lycra suit; [illegible] material. $85.00. By [illegible]

12. **Table and chairs:** [illegible] 42" x 42" x 27" high. Chairs 19" x 21" x 27" high; tortoise [illegible] upholstery.

13. **"Loud Mouth" portable 8-track player:** 2-speaker system, microphone input jack, earphone jack, automatic or manual channel sequencing, removable heavy-duty strap. $56.96. By General [illegible].

**Large photo right: "Woodgrain" vinyl wallcovering:** [illegible] wide, 30" repeat. "Woodgrain" ceramic dinner plate, 10" diam. $20; large mixing bowl, 13" diam. $36; small mixing bowl, 10" diam. $27.

**Photo inset top: "Flax" cotton fabric:** [illegible] wide, 28" repeat. **"Flax" ceramic bowl:** 11¾" diam. $36.50; 13½" [illegible] $85.

**Photo inset lower left: "Spatter" vinyl wallcovering:** 21" wide, 30" repeat. **"Spatter" bowl:** 13½" diam. $60.

**Photo inset lower right: Moiré cotton fabric:** 48" wide, 26½" repeat. **Moiré plate:** 14" diam. $60. Wallcoverings and fabrics designed by Alma Connecticut for the "Naturally Colorful" by Hinson & Co. Ceramics adapted from the collection and hand painted by Roy Hampton. Ceramics available through Hinson and Henri Bendel.

### Addresses of stores mentioned in Shopping Information pages and elsewhere throughout the issue

[illegible]
[illegible] Main Street
[illegible]

BARCLAY BUTCHER
[illegible] Hemlock Hollow
[illegible]

BARCLAY BUTCHER Ltd.
HENRI BENDEL
10 West 57th Street
New York, N.Y. 10019

BETTY PARSONS GALLERY,
24 East 57th Street
New York, N.Y. 10022

BLOOMINGDALE's,
Lexington Avenue at 59th Street
New York, N.Y. 10022

CRESSEY FLOORS, INC.,
981 Third Avenue
New York, N.Y. 10021

ELON, INC.,
[illegible] Third Avenue
New York, N.Y. 10022

[illegible]
[illegible]

[illegible]
964 Third Avenue
[illegible]

[illegible]
[illegible]

JEAN JACQUES BLOOS LTD.,
1025 Lexington Avenue
New York, N.Y. 10021

JOHN LEWIS ANTIQUES & DECORATIONS,
328 East 59th Street,
New York, N.Y. 10022

JOSEPH RONDINA ANTIQUES,
26 East 62nd Street,
New York, N.Y. 10021

LORD & TAYLOR,
424 Fifth Avenue,
New York, N.Y. 10018

MACY's,
Herald Square
New York, N.Y. 10001

MARSHALL FIELD & COMPANY,
111 North State Street,
Chicago, Ill. 60690

METROPOLITAN MUSEUM OF ART,
Fifth Avenue at 82nd Street,
New York, N.Y. 10028

NEIMAN-MARCUS,
Main & Ervay Streets,
Dallas, Tex. 75201

RICH'S, ATLANTA,
45 Broad Street at Alabama Street,
Atlanta, Ga. 30302

SAKS FIFTH AVENUE,
611 Fifth Avenue
New York, N.Y. 10022

### Manuscripts

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